

20



IOWA
senior games

25

PROGRAM

PRESENTED BY  Edencrest



IOWA senior games

2025 HALL OF FAME INDUCTEES

Karen Hansen



Karen Hansen was a passionate and dedicated supporter of the Iowa Sports Foundation, especially the Iowa Games and Iowa Senior Games. Over the years, she became a familiar and beloved presence at more than 50 events, where her unwavering commitment and cheerful spirit left a lasting impact on athletes, volunteers, and staff alike.

Originally from Luverne, MN, Karen developed a deep love for the outdoors and animals early in life. She pursued a career in education and spent many years teaching in Minnesota. Her work with Camp of the Hills Girls Scouts eventually brought her to Iowa - a place she quickly embraced and made her home.

Settling in Ames, Karen became deeply involved in the Iowa Games and the Iowa Senior Games, where she was instrumental in helping run the welcome center. Known for her strong organizational skills and warm demeanor, Karen "ran a tight ship," but always with a smile and a kind word for everyone.

Karen's dedication extended beyond Iowa, as she also volunteered at numerous national events, including the National Seniors Games and the State Games of America. Her

presence and energy made her a cornerstone of the Senior Games community.

Sadly, Karen passed away peacefully in April in her home away from home in Sioux Falls, SD. Her legacy lives on in the countless lives she touched and the strength she brought to every event she supported. We are proud to honor Karen Hansen as a 2025 inductee into the Iowa Senior Games Hall of Fame. Her memory and contributions will never be forgotten.

John Hartung



A native of Des Moines, IA, John Hartung distinguished himself as a multi-sport athlete at East High School, excelling in football, basketball, and tennis. He continued his athletic career at Grinnell College, where he played football and competed in track and field, earning a spot in the Grinnell College Athletic Hall of Fame in 1995.

John's commitment to sports extended beyond college. He became a key figure in the Iowa Senior Olympics, now the Iowa Senior Games, serving on its board for over 25 years. Since 1998, he has competed in a range of events, including Shot Put, Discus, Standing Long Jump, and Golf. He particularly enjoyed competing in Shot Put, challenging himself to achieve greater distances as he advanced through the age brackets. Despite retiring from Shot Put due to a shoulder replacement, John remains an active participant, now focusing on golf to stay fit and engaged. A true advocate for the Senior Games, John volunteers at events, helps secure sponsorships, and continues to nurture the spirit of healthy competitions among athletes of all ages.

John lives in Indianola with his wife and cherishes time spent with their three children and seven grandchildren.

2025 SCHEDULE OF EVENTS

DAY	TIME	EVENT	LOCATION
SUNDAY, MAY 18, 2025			
Sunday	8:00 AM	Triathlon (Transition area opens at 6:00 AM)	Big Creek State Park Beach, Polk City
WEDNESDAY, JUNE 4, 2025			
Wednesday	7:00 AM	Pickleball (50-64): Mxd Dbls, Dbls/Sgls to follow	Dinks Pickleball - Merle Hay Mall
Wednesday	8:00 AM	Shuffleboard: Singles/Doubles	Indian Hills Junior High
THURSDAY, JUNE 5, 2025			
Thursday	7:00 AM	Pickleball (65+): Mxd Dbls, Dbls/Sgls to follow	Dinks Pickleball - Merle Hay Mall
Thursday	8:00 AM	Golf Tournament	Willow Creek Golf Course
Thursday	1:00 PM	Disc Golf Tournament	Pete Crivaro Park
Thursday	2:00 PM	Horseshoes	Holiday Park, West Des Moines
FRIDAY, JUNE 6, 2025			
Friday	8:30 AM	Tennis: Singles	Valley Southwoods Freshman HS
Friday	8:30-10:00 AM	Accuracy & Distance: Basketball Shooting: Free Throws	Valley High School
Friday	9:00 AM	Table Tennis: Singles	Four Mile Community Center, DSM
Friday	10:00-11:30 AM	Accuracy & Distance: Basketball Shooting: Around the World	Valley High School
Friday	11:00 AM-12:30 PM	Accuracy & Distance: Football Throws: Distance and Accuracy	Valley High School Track
Friday	11:00 AM-12:30 PM	Accuracy & Distance: Softball Throws: Distance and Accuracy	Valley High School Track
Friday	12:00 PM	Table Tennis: Doubles/Mixed	Four Mile Community Center, DSM
Friday	1:00 PM	Racquetball: Singles	Wellmark YMCA, Des Moines
Friday	1:00 PM	Bowling: Mixed Doubles	Bowlerama Lanes, Des Moines
Friday	1:00 PM	3-on-3 Basketball	Valley High School
Friday	1:00-2:00 PM	Accuracy & Distance: Frisbee Throw: Distance and Accuracy	Valley High School Track
Friday	2:30-4:00 PM	Accuracy & Distance: Football Field Goal Kick	Valley High School Track
Friday	2:30-4:00 PM	Accuracy & Distance: Soccer Kick Accuracy	Valley High School Track
SATURDAY, JUNE 7, 2025			
Saturday	8:30 AM	Granny Basketball	Valley High School
Saturday	8:30 AM	Tennis: Doubles/Mixed	Valley Southwoods Freshman HS
Saturday	12:00 PM	Bowling: Singles	Bowlerama Lanes, Des Moines
Saturday	12:00 PM	Hall of Fame Induction Ceremony	Valley High School Track
Saturday	12:00 PM	Racquetball: Doubles/Mixed	Wellmark YMCA, Des Moines
Saturday	8:00 AM	STEVE LYNN MEMORIAL TRACK & FIELD	Valley High School Track
FIELD EVENTS			
Saturday	8:00-9:30 AM	Triple Jump	Valley High School Track
Saturday	8:00-8:45 AM	Javelin Throw (75+)	Valley High School Track
Saturday	8:45-9:30 AM	Javelin Throw (65-74)	Valley High School Track
Saturday	9:30-10:15 AM	Javelin Throw (50-64)	Valley High School Track
Saturday	10:00-11:30 AM	Standing Long Jump	Valley High School Track
Saturday	10:00-11:30 AM	High Jump (65+)	Valley High School Track
Saturday	12:30-2:00 PM	Running Long Jump	Valley High School Track
Saturday	12:30-2:00 PM	High Jump (50-64)	Valley High School Track
Saturday	1:00-1:30 PM	Shot Put (80+)	Valley High School Track
Saturday	1:00-1:30 PM	Discus (70-79)	Valley High School Track
Saturday	1:30-2:00 PM	Shot Put (70-79)	Valley High School Track
Saturday	1:30-2:00 PM	Discus (80+)	Valley High School Track
Saturday	2:00-2:30 PM	Shot Put (65-69)	Valley High School Track
Saturday	2:00-2:30 PM	Discus (60-64)	Valley High School Track
Saturday	2:30-3:00 PM	Shot Put (60-64)	Valley High School Track
Saturday	2:30-3:00 PM	Discus (50-59)	Valley High School Track

Saturday	3:00-3:30 PM	Shot Put (50-59)	Valley High School Track
Saturday	3:00-3:30 PM	Discus (65-69)	Valley High School Track
RUNNING EVENTS			
Saturday	8:15 AM	5,000 M Race Walk	Valley High School Track
Saturday	9:15 AM	100 M Dash	Valley High School Track
Saturday	10:15 AM	1,500 M Run	Valley High School Track
Saturday	10:45 AM	400 M Run	Valley High School Track
Saturday	11:15 AM	1,500 M Power Walk	Valley High School Track
Saturday	12:30 PM	50 M Dash	Valley High School Track
Saturday	1:00 PM	800 M Run	Valley High School Track
Saturday	1:30 PM	200 M Dash	Valley High School Track
SUNDAY, JUNE 8, 2025			
Sunday	8:30 AM	Granny Basketball	Valley High School
Sunday	9:00 AM	Badminton: Singles, Dbls/Mxd to Follow	Valley Southwoods Freshman HS
Sunday	10:00 AM	Swim Meet (Warm-up begins at 9:00 AM)	Valley High School
Sunday	12:00 PM	Bowling: Doubles	Bowlerama Lanes, Des Moines
Sunday	2:00 PM	Cornhole	Valley Community Center
SATURDAY, JULY 19, 2025			
Saturday	8:00 AM	Road Race: 5K	Clive Aquatic Center, Clive
Saturday	8:00 AM	Archery	Lot G3, Iowa State University, Ames
Saturday	9:00 AM	Cycling Time Trial	Story County Road R70, Cambridge, IA
SUNDAY, JULY 20, 2025			
Sunday	9:00 AM	Archery	Lot G3, Iowa State University, Ames
Sunday	8:00 AM	Cycling Road Race	Boone Scenic Valley Railroad, Boone

ALL FACILITIES LOCATED IN THE DES MOINES AREA, UNLESS NOTED OTHERWISE

FOR MORE INFORMATION, VISIT WWW.IOWASENIORGAMES.ORG

PRESENTING SPONSOR



GOLD SPONSORS



SILVER SPONSORS



BRONZE SPONSORS



FRIENDS OF THE GAMES Molina Health Care HealthPartners Independence Village Village Cooperative

GOLF HOLE SPONSORS 21st Century Rehab Businessolver CBRE Hubbell Commercial
Dentons Davis Brown Edward Jones (Andy Leech) Grinnell Mutual Hartung & Schroeder Law Office
Iowa Cubs Iowa Specialty Hospitals & Clinics Larry's Window Service of Altoona McCormick & Associates
McGill Junge Wealth Management Pella Regional Health Center People's Bank Peterson Contractors Inc
Pinemeadow Shull, Shrum, McClafin, & Co., Inc. Vibrant Insurance Group Weinman Insurance West Bank