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senior games
2024

RESULTS BOOK

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2024 Iowa Senior Games Football Distance Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result (ft)	Place	Medal
Football Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	80	1	G
Football Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	70	2	S
Football Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	52	192	1	G
Football Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	90	2	S
Football Distance Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	51	3	B
Football Distance Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	78	1	G
Football Distance Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	56	1	G
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	52	2	S
Football Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	45	3	B
Football Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	138	1	G
Football Distance Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	96	2	S
Football Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	81	3	B
Football Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	66	1	G
Football Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	61	2	S
Football Distance Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	60	3	B
Softball Distance Throw	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	54	3	B
Football Distance Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	51		
Football Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	132	1	G
Football Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	126	2	S
Football Distance Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	120	3	B
Football Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	102		
Football Distance Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	96		
Football Distance Throw	60-64 Male	Robert	Rydberg	Prior Lake	MN	M	60	78		
Football Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	102	1	G
Football Distance Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	90	2	S
Football Distance Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	64	3	B
Football Distance Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	61	3	B
Football Distance Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	61		
Football Distance Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	44		
Football Distance Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	44		
Football Distance Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	44		
Football Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	40		
Football Distance Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	117	1	G
Football Distance Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	114	2	S
Football Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	99	3	B
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	90	3	B
Football Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	81		
Football Distance Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	67	1	G
Football Distance Throw	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	65	2	S
Football Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	49	3	B
Football Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	33		
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	93	1	G
Football Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	93	1	G
Football Distance Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	90	2	S
Football Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	81	3	B

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Football Distance Throw
Waukee High School | Waukee, IA

Football Distance Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	59	1	G
Football Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	57	2	S
Football Distance Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	46	3	B
Football Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	141	1	G
Football Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	84	2	S
Football Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	72	3	B
Football Distance Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	66		
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	39		
Football Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	54		
Football Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	43	1	G
Football Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	84	1	G
Football Distance Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	69	1	G
Football Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	51	2	S
Football Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	15	1	G
Football Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	66	1	G
Football Distance Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	60	1	G
Football Distance Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	51	2	S
Football Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	42	3	B
Football Distance Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	27	1	G
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	93	27	1	G

2024 Iowa Senior Games Football Accuracy Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	50	1	G
Football Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	20	2	S
Football Accuracy Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	30	1	G
Football Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	10	2	S
Football Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	60	1	G
Football Accuracy Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	60	2	S
Football Accuracy Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	20	3	B
Football Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	10	3	B
Football Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	40	1	G
Football Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	40	2	S
Football Accuracy Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	0		
Football Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	80	1	G
Football Accuracy Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	40	2	S
Football Accuracy Throw	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	30	3	B
Football Accuracy Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	30		
Football Accuracy Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	10		
Football Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	100	1	G
Football Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	90	2	S
Football Accuracy Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	80	3	B
Football Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	60		
Football Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	50		
Football Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	61	50		
Football Accuracy Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	40		
Football Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	30		
Football Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	100	1	G
Football Accuracy Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	60	2	S
Football Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	20	3	B
Football Accuracy Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	20		
Football Accuracy Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	10		
Football Accuracy Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	10		
Football Accuracy Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	10		
Football Accuracy Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	10		
Football Accuracy Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	10		
Football Accuracy Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	60	1	G
Football Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	50	2	S
Football Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	40	3	B
Football Accuracy Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	40	3	B
Football Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	40	3	B
Football Accuracy Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	50	1	G
Football Accuracy Throw	70-74 Female	Roanne	Wiley	CENTER JUNCTION	IA	F	71	40	2	S
Football Accuracy Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	40	3	B
Football Accuracy Throw	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	20		
Football Accuracy Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	0		
Football Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	90	1	G

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Football Accuracy Throw
Waukee High School | Waukee, IA

Football Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	80	2	S
Football Accuracy Throw	70-74 Male	Jim	Ronan	Naperville	IL	M	72	70	3	B
Football Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	M	73	50	2	S
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	50	3	B
Football Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	50	3	B
Football Accuracy Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	20		
Football Accuracy Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	50	1	G
Football Accuracy Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	30	2	S
Football Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	0		
Football Accuracy Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	60	1	G
Football Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	50	2	S
Football Accuracy Throw	75-79 Male	Denny	Posekany	Solon	IA	M	75	40	3	B
Football Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	40	3	B
Football Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	30		
Football Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	10		
Football Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	10		
Football Accuracy Throw	75-79 Male	Stanley	Allspach	Baxter	IA	M	76	0		
Football Accuracy Throw	75-79 Male	Skip	Hills	Altoona	IA	M	78	0		
Football Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	10	1	G
Football Accuracy Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	80	1	G
Football Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	70	2	S
Football Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	M	83	70	2	S
Football Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	40	4	B
Football Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	20		
Football Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	0		
Football Accuracy Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	30	1	G
Football Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	20	2	S
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	20	2	S
Football Accuracy Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	0		
Football Accuracy Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	0		

2024 Iowa Senior Games Field Goal Kick
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Yardage Line	Place	Medal
Football Field Goal Kick	50-54 Female	Sue	Francksen	Olin	IA	F	53	5	1	G
Football Field Goal Kick	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	0	2	S
Football Field Goal Kick	50-54 Male	Scott	Mills	Des Moines	IA	M	53	5	1	G
Football Field Goal Kick	55-59 Female	Cheryl	Hall	Weston	WI	F	57	20	1	G
Football Field Goal Kick	55-59 Female	Janet	Drew	Lowden	IA	F	59	0		
Football Field Goal Kick	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	0		
Football Field Goal Kick	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	0		
Football Field Goal Kick	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	0		
Football Field Goal Kick	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	15	1	G
Football Field Goal Kick	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	10	2	S
Football Field Goal Kick	60-64 Male	Robert	Rydberg	Prior Lake	MN	M	60	5	3	B
Football Field Goal Kick	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	5	1	G
Football Field Goal Kick	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	0		
Football Field Goal Kick	65-69 Male	Brad	Staley	Hampton	IA	M	64	10	1	G
Football Field Goal Kick	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	5	2	S
Football Field Goal Kick	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	0		
Football Field Goal Kick	70-74 Female	Conti	Roberts	Cedar Rapids	IA	F	74	0		
Football Field Goal Kick	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	0		
Football Field Goal Kick	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	15	1	G
Football Field Goal Kick	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	10	2	S
Football Field Goal Kick	70-74 Male	Dale	Thede	Urbandale	IA	M	73	10	2	S
Football Field Goal Kick	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	5	3	B
Football Field Goal Kick	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	0		
Football Field Goal Kick	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	0		
Football Field Goal Kick	75-79 Male	Greg	Eastman	Clive	IA	M	77	5	1	G
Football Field Goal Kick	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	0		
Football Field Goal Kick	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	0		
Football Field Goal Kick	80-84 Male	Ron	Peterson	Waukee	IA	M	79	15	1	G
Football Field Goal Kick	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	0		
Football Field Goal Kick	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	0		

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Frisbee Distance Throws
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Distance (Yds)	Place	Medal
Frisbee Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	40	1	G
Frisbee Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	32	2	S
Frisbee Distance Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	38	1	G
Frisbee Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	35	1	G
Frisbee Distance Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	27	2	S
Frisbee Distance Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	32	1	G
Frisbee Distance Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	33	1	G
Frisbee Distance Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	16	1	G
Frisbee Distance Throw	60-64 Male	Gary	Marty	Abbotsford	BC	M	64	100	1	G
Frisbee Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	76	1	G
Frisbee Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	72	2	S
Frisbee Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	62	3	B
Frisbee Distance Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	48		
Frisbee Distance Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	54		
Frisbee Distance Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	39	1	G
Frisbee Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	29	2	S
Frisbee Distance Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	26	3	B
Frisbee Distance Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	25		
Frisbee Distance Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	25		
Frisbee Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	19		
Frisbee Distance Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	61	1	G
Frisbee Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	60	2	S
Frisbee Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	59	3	B
Frisbee Distance Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	54		
Frisbee Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	49		
Frisbee Distance Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	36	1	G
Frisbee Distance Throw	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	71	93	1	G
Frisbee Distance Throw	70-74 Male	Danny	Kruzic	Pleasant Hill	IA	M	69	65	2	S
Frisbee Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	54	3	B
Frisbee Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	52	3	B
Frisbee Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	47		
Frisbee Distance Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	25	1	G
Frisbee Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	52	1	G
Frisbee Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	49	2	S
Frisbee Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	38	3	B
Frisbee Distance Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	53	1	G
Frisbee Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	40	2	S
Frisbee Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	7	1	G
Frisbee Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	25	1	G
Frisbee Distance Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	25	1	G

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Frisbee Distance Throws
Waukee High School | Waukee, IA

Frisbee Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	17	2	S
Frisbee Distance Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	21	1	G
Frisbee Distance Throw	90-94 Male	carroll	marty	Ames	IA	M	89	29	1	G
Frisbee Distance Throw	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	21	2	S
Frisbee Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	93	19	3	B

2024 Iowa Senior Games Frisbee Accuracy Throws
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Results	Place	Medal
Frisbee Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	1	1	G
Frisbee Accuracy Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	2	1	G
Frisbee Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	2	1	G
Frisbee Accuracy Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	1	2	S
Frisbee Accuracy Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	5	1	G
Frisbee Accuracy Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	2	1	G
Frisbee Accuracy Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	0		
Frisbee Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	61	13	1	G
Frisbee Accuracy Throw	60-64 Male	Gary	Marty	Abbotsford	BC	M	64	11	2	S
Frisbee Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	6	2	S
Frisbee Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	5	3	B
Frisbee Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	4		
Frisbee Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	4		
Frisbee Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	1		
Frisbee Accuracy Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	6	1	G
Frisbee Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	4	2	S
Frisbee Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	3	3	B
Frisbee Accuracy Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	2		
Frisbee Accuracy Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	1		
Frisbee Accuracy Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	0		
Frisbee Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	9	1	G
Frisbee Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	6	1	G
Frisbee Accuracy Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	5	2	S
Frisbee Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	5	3	B
Frisbee Accuracy Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	3		
Frisbee Accuracy Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	2	1	G
Frisbee Accuracy Throw	70-74 Male	Danny	Kruzic	Pleasant Hill	IA	M	69	7	1	G
Frisbee Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	5	2	S
Frisbee Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	2	3	B
Frisbee Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	2	3	B
Frisbee Accuracy Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	1	1	G
Frisbee Accuracy Throw	75-79 Male	Denny	Posekany	Solon	IA	M	75	5	1	G
Frisbee Accuracy Throw	75-79 Male	Denny	Adair	Osceola	IA	M	75	3	2	S
Frisbee Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	2	3	B
Frisbee Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	2	3	B
Frisbee Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	2	1	G
Frisbee Accuracy Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	2	1	G
Frisbee Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	0		

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Frisbee Accuracy Throws
Waukee High School | Waukee, IA

Frisbee Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	6	1	G
Frisbee Accuracy Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	3	1	G
Frisbee Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	3	2	S
Frisbee Accuracy Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	3	1	G
Frisbee Accuracy Throw	90-94 Male	carroll	marty	Ames	IA	M	89	3	1	G
Frisbee Accuracy Throw	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	2	2	S
Frisbee Accuracy Throw	90-94 Male	Bart	Young	Indianola	IA	M	93	1	3	B

2024 Iowa Senior Games Soccer Accuracy Kick
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Soccer Kick Accuracy	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	13	1	G
Soccer Kick Accuracy	50-54 Female	Sue	Francksen	Olin	IA	F	53	13	2	S
Soccer Kick Accuracy	50-54 Male	Scott	Mills	Des Moines	IA	M	53	12	1	G
Soccer Kick Accuracy	55-59 Female	Cheryl	Hall	Weston	WI	F	57	20	1	G
Soccer Kick Accuracy	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	15	1	G
Soccer Kick Accuracy	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	13	2	S
Soccer Kick Accuracy	55-59 Male	Tim	Lund	Montrose	CO	M	57	21	1	G
Soccer Kick Accuracy	60-64 Female	Diane	Lund	Montrose	CO	F	60	14	1	G
Soccer Kick Accuracy	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	12	1	G
Soccer Kick Accuracy	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	22	1	G
Soccer Kick Accuracy	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	22	2	S
Soccer Kick Accuracy	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	17	3	B
Soccer Kick Accuracy	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	14	3	B
Soccer Kick Accuracy	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	13		
Soccer Kick Accuracy	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	12		
Soccer Kick Accuracy	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	15	1	G
Soccer Kick Accuracy	65-69 Female	Linda	Donahue	monroe	IA	F	64	14	2	S
Soccer Kick Accuracy	65-69 Female	Ann	Schmidt	Urbandale	IA	F	66	12	3	B
Soccer Kick Accuracy	65-69 Female	Janice	Leinen	North English	IA	F	65	11		
Soccer Kick Accuracy	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	7		
Soccer Kick Accuracy	65-69 Male	Mike	Weeks	Batesville	AR	M	68	20	1	G
Soccer Kick Accuracy	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	17	1	G
Soccer Kick Accuracy	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	14	2	S
Soccer Kick Accuracy	65-69 Male	Brad	Staley	Hampton	IA	M	64	14	3	B
Soccer Kick Accuracy	65-69 Male	Randy	Davis	Altoona	IA	M	67	13		
Soccer Kick Accuracy	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	20	1	G
Soccer Kick Accuracy	70-74 Female	Conti	Roberts	Cedar Rapids	IA	F	74	20	2	S
Soccer Kick Accuracy	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	9	3	B
Soccer Kick Accuracy	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	19	1	G
Soccer Kick Accuracy	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	18	2	S
Soccer Kick Accuracy	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	17	3	B
Soccer Kick Accuracy	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	15	1	G
Soccer Kick Accuracy	75-79 Female	Suzan	French	Ankeny	IA	F	78	12	1	G
Soccer Kick Accuracy	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	9	2	S
Soccer Kick Accuracy	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	22	1	G
Soccer Kick Accuracy	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	18	1	G
Soccer Kick Accuracy	75-79 Male	Denny	Adair	Osceola	IA	M	75	16	2	S
Soccer Kick Accuracy	75-79 Male	Denny	Posekany	Solon	IA	M	75	13	3	B
Soccer Kick Accuracy	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	20	1	G

2024 Iowa Senior Games Soccer Accuracy Kick
Waukee High School | Waukee, IA

Soccer Kick Accuracy	80-84 Male	Ron	Peterson	Waukee	IA	M	79	13	2	S
Soccer Kick Accuracy	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	14	1	G
Soccer Kick Accuracy	85-89 Male	Ken	Clark	Urbandale	IA	M	87	15	1	G
Soccer Kick Accuracy	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	14	2	S
Soccer Kick Accuracy	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	13	3	B
Soccer Kick Accuracy	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	20	1	G
Soccer Kick Accuracy	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	19	1	G
Soccer Kick Accuracy	90-94 Male	carroll	marty	Ames	IA	M	89	14	2	S
Soccer Kick Accuracy	90-94 Male	Bart	Young	Indianola	IA	M	93	7	3	B

2024 Iowa Senior Games Softball Distance Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result (ft)	Place	Medal
Softball Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	110	1	G
Softball Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	79	2	S
Softball Distance Throw	50-54 Female	Cindy	Riniker	Elkader	IA	F	53	65	3	B
Softball Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	52	267	1	G
Softball Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	102	2	S
Softball Distance Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	65	3	B
Softball Distance Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	88	1	G
Softball Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	79	1	G
Softball Distance Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	60	2	S
Softball Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	59	3	B
Softball Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	183	1	G
Softball Distance Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	121	2	S
Softball Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	113	3	B
Softball Distance Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	116	1	G
Softball Distance Throw	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	93	1	G
Softball Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	82	2	S
Softball Distance Throw	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	78	3	B
Softball Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	74		
Softball Distance Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	67		
Softball Distance Throw	60-64 Male	Ed	Witt	Des Moines	IA	M	60	198		G
Softball Distance Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	183		S
Softball Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	179		B
Softball Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	140		
Softball Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	109		
Softball Distance Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	108		
Softball Distance Throw	60-64 Male	Robert	Rydberg	Prior Lake	MN	M	60	106		
Softball Distance Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	89		
Softball Distance Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	112	1	G
Softball Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	81	2	S
Softball Distance Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	80	3	B
Softball Distance Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	73	3	B
Softball Distance Throw	65-69 Female	Rhonda	Meyer	Spencer	IA	F	68	72		
Softball Distance Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	65		
Softball Distance Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	58		
Softball Distance Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	53		
Softball Distance Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	143	1	G
Softball Distance Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	135	2	S
Softball Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	127	3	B
Softball Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	95		
Softball Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	92		
Softball Distance Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	94	1	G
Softball Distance Throw	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	78	2	S
Softball Distance Throw	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	71	75	3	B
Softball Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	67		

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Softball Distance Throw
Waukee High School | Waukee, IA

Softball Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	38		
Softball Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	120	1	G
Softball Distance Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	111	2	S
Softball Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	111	3	B
Softball Distance Throw	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	110		
Softball Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	99		
Softball Distance Throw	70-74 Male	Jim	Ronan	Naperville	IL	M	72	97		
Softball Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	76		
Softball Distance Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	70	1	G
Softball Distance Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	63	2	S
Softball Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	37	3	B
Softball Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	177	1	G
Softball Distance Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	98.5	2	S
Softball Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	96.5	3	B
Softball Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	89		
Softball Distance Throw	75-79 Male	Denny	Posekany	Solon	IA	M	75	79		
Softball Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	75		
Softball Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	51		
Softball Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	51	1	G
Softball Distance Throw	80-84 Female	Arlene	Bich	Sioux Falls	SD	F	82	34	2	S
Softball Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	117	1	G
Softball Distance Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	100	1	G
Softball Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	73	2	S
Softball Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	86	24	1	G
Softball Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	92	1	G
Softball Distance Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	68	1	G
Softball Distance Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	64	2	S
Softball Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	52	3	B
Softball Distance Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	33	1	G
Softball Distance Throw	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	73	1	G
Softball Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	93	35.5	2	S

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Softball Accuracy Throw
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	53	70	1	G
Softball Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	53	40	2	S
Softball Accuracy Throw	50-54 Female	Cindy	Riniker	Elkader	IA	F	53	0		
Softball Accuracy Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	50	1	G
Softball Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	53	40	2	S
Softball Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	58	80	1	G
Softball Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	60	2	S
Softball Accuracy Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	40	3	B
Softball Accuracy Throw	55-59 Female	Cheryl	Hall	Weston	WI	F	57	30		
Softball Accuracy Throw	55-59 Female	Janet	Drew	Lowden	IA	F	59	10		
Softball Accuracy Throw	55-59 Female	Angela	Raue	Walford	IA	F	58	0		
Softball Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	56	60	1	G
Softball Accuracy Throw	55-59 Male	Tim	Lund	Montrose	CO	M	57	50	2	S
Softball Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	40	3	B
Softball Accuracy Throw	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	110	1	G
Softball Accuracy Throw	60-64 Female	Diane	Lund	Montrose	CO	F	60	110	2	S
Softball Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	62	100	2	S
Softball Accuracy Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	50	3	B
Softball Accuracy Throw	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	10		
Softball Accuracy Throw	60-64 Male	Ed	Witt	Des Moines	IA	M	60	110	1	G
Softball Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	90	2	S
Softball Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	61	80	3	B
Softball Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	70		
Softball Accuracy Throw	60-64 Male	George	Antolik	Urbandale	IA	M	64	70		
Softball Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	60		
Softball Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	60		
Softball Accuracy Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	50		
Softball Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	30		
Softball Accuracy Throw	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	70	1	G
Softball Accuracy Throw	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	60	2	S
Softball Accuracy Throw	65-69 Female	Linda	Donahue	monroe	IA	F	64	60	2	S
Softball Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	67	50	3	B
Softball Accuracy Throw	65-69 Female	Greta	Budweg	Ankeny	IA	F	65	40		
Softball Accuracy Throw	65-69 Female	Ellen	Johnson	Ankeny	IA	F	66	30		
Softball Accuracy Throw	65-69 Female	Rhonda	Meyer	Spencer	IA	F	68	30		
Softball Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	65	10		
Softball Accuracy Throw	65-69 Female	Shelly	Lewis	New Virginia	IA	F	65	10		
Softball Accuracy Throw	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	10		
Softball Accuracy Throw	65-69 Male	Brad	Staley	Hampton	IA	M	64	130	1	G
Softball Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	67	120	2	S
Softball Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	M	68	70	3	B
Softball Accuracy Throw	65-69 Male	Jim	Nespor	Ames	IA	M	66	70	3	B
Softball Accuracy Throw	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	69	40		
Softball Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	40		
Softball Accuracy Throw	70-74 Female	Roanne	Wiley	CENTER JUNCTION	IA	F	71	60	1	G

2024 Iowa Senior Games Softball Accuracy Throw
Waukee High School | Waukee, IA

Softball Accuracy Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	73	40	2	S
Softball Accuracy Throw	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	30	3	B
Softball Accuracy Throw	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	20		
Softball Accuracy Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	70	0		
Softball Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	110	1	G
Softball Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	73	90	2	S
Softball Accuracy Throw	70-74 Male	Jim	Ronan	Naperville	IL	M	72	70	3	B
Softball Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	40	3	B
Softball Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	30		
Softball Accuracy Throw	70-74 Male	Jim	Kobus	Ankeny	IA	M	74	30		
Softball Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	M	73	20		
Softball Accuracy Throw	70-74 Male	Lynn	Isenberger	Johnston	IA	M	73	0		
Softball Accuracy Throw	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	0		
Softball Accuracy Throw	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	150	1	G
Softball Accuracy Throw	75-79 Female	Neva	Weisskopf	Lehigh Acres	FL	F	75	100	2	S
Softball Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	78	0		
Softball Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	110	1	G
Softball Accuracy Throw	75-79 Male	Denny	Posekany	Solon	IA	M	75	50	2	S
Softball Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	40	3	B
Softball Accuracy Throw	75-79 Male	Tim	Phillips	Hiawatha	IA	M	74	40	3	B
Softball Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	77	20		
Softball Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	20		
Softball Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	20		
Softball Accuracy Throw	75-79 Male	Skip	Hills	Altoona	IA	M	78	10		
Softball Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	0		
Softball Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	40	1	G
Softball Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	30	2	S
Softball Accuracy Throw	80-84 Male	Ron	Peterson	Waukee	IA	M	79	30	1	G
Softball Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	30	2	S
Softball Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	M	83	20	3	B
Softball Accuracy Throw	85-89 Female	Wyline	Gardner	Des Moines	IA	F	86	0		
Softball Accuracy Throw	85-89 Male	Dale	Dewey	Altoona	IA	M	84	20	1	G
Softball Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	20	2	S
Softball Accuracy Throw	85-89 Male	Don	Newton	West Des Moines	IA	M	85	20	2	S
Softball Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	10	3	B
Softball Accuracy Throw	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	40	1	G
Softball Accuracy Throw	90-94 Male	Don	Zimmer	West Des Moines	IA	M	89	10	1	G

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games

Archery Results

Sport	Event	Age Group	Last Name	First Name	City	State	Gender	Age	Result	Place	Medal	NSGA
Archery	Bowhunter Freestyle Senior Male	55-59 Male	Tingley	Brad	Ankeny	IA	M	58	1165	1	G	x
Archery	Bowhunter Freestyle Silver Senior Male	60-64 Male	asche	allan	clear lake	IA	M	64	1143	1	G	x
Archery	Freestyle Silver Senior Male	60-64 Male	Anthony	Stretch	Anamosa	IA	M	63	1174	1	G	x
Archery	Freestyle Silver Senior Male	60-64 Male	Wymore	Scott	STOUT	IA	M	62	1157	2	S	x
Archery	Freestyle Silver Senior Male	60-64 Male	Morman	Mike	Chicago	IL	M	62	914	3	B	x
Archery	Freestyle Limited Recurve Silver Senior Female	65-69 Female	Farrow Walker	Mary	Carol Stream	IL	F	69	844	1	G	x
Archery	Freestyle Limited Recurve Silver Senior Male	65-69 Male	Trudell	Michael	Rock Island	IL	M	65	881	1	G	x
Archery	Barebow (Target) Master Senior Male	70-74 Male	Richardson	Craig	Bettendorf	IA	M	70	863	1	G	x
Archery	Freestyle Limited Recurve Master Senior Male	70-74 Male	Walker	Priest	Carol Stream	IL	M	70	1061	1	G	x
Archery	Bowhunter Freestyle Master Senior Male	70-74 Male	Keul	William	Winterset	IA	M	73	1086	1	G	x
Archery	Freestyle Master Senior Male	70-74 Male	Jurik	Tom	Ames	IA	M	72	1218	1	G	x
Archery	Freestyle Limited Master Senior Male	75-79 Male	Witt	Terry	Huxley	IA	M	77	1078	1	G	x
Archery	Freestyle Limited Recurve Master Senior Male	75-79 Male	Wilson	Roger	Grimes	IA	M	78	1161	1	G	x
Archery	Barebow (Target) Master Senior Male	80-84 Male	Wertanen	Roger	Peterson	MN	M	84	559	1	G	x

*Yellow Scores are all-time records

2024 Iowa Senior Games | Badminton Results
Valley Southwoods | West Des Moines, IA

Sport	Event	Age Group	First Name	Last Name	Gender	Age	City	State	Place	Medal
Badminton	Men's Doubles	55-59 Male	Vidhan	Chandra	M	59	Rochester	MN	1	G
Badminton	Men's Doubles	55-59 Male	Samuel	Prabhakar	M	69	rochester	MN	1	G
Badminton	Men's Doubles	55-59 Male	Manoj	Rajbhandary	M	56	Waukee	IA	1	G
Badminton	Men's Doubles	55-59 Male	Sahib	Iqbal	M	63	Waukee	IA	1	G
Badminton	Men's Doubles	60-64 Male	Qijing	Zhang	M	61	Ames	IA	1	G
Badminton	Men's Doubles	60-64 Male	Qing	Zhu	M	63	Grimes	IA	1	G
Badminton	Men's Doubles	65-69 Male	Rajeev	Trehan	M	68	Lawrence	KS	1	G
Badminton	Men's Doubles	65-69 Male	Doug	Wicks	M	78	Boone	IA	1	G
Badminton	Men's Doubles	65-69 Male	Mark	Miller	M	68	Ankeny	IA	1	G
Badminton	Men's Doubles	65-69 Male	James Paul	Clark	M	80	Ames	IA	1	G
Badminton	Men's Doubles	80-84 Male	Ron	Peterson	M	79	Waukee	IA	1	G
Badminton	Men's Doubles	80-84 Male	carroll	marty	M	89	Ames	IA	1	G
Badminton	Men's Doubles	90-94 Male	Don	Zimmer	M	89	West Des Moines	IA	DNP	
Badminton	Women's Doubles	50-54 Female	Julie	Parker	F	53	Pleasantville	IA	1	G
Badminton	Women's Doubles	50-54 Female	Jill	Kohlert	F	60	Ashton	IL	1	G
Badminton	Women's Doubles	55-59 Female	Vanessa	pfizenmaier	F	55	Rochester	MN	1	G
Badminton	Women's Doubles	55-59 Female	Noriko	Abe	F	66	Coralville	IA	1	G
Badminton	Women's Doubles	65-69 Female	Anne	Stark	F	66	Nevada	IA	1	G
Badminton	Women's Doubles	65-69 Female	Jan	Beran	F	93	Ames	IA	1	G
Badminton	Mixed Doubles	50-54	Carrie	Mills	F	53	Des Moines	IA	1	G
Badminton	Mixed Doubles	50-54	Scott	Mills	M	53	Des Moines	IA	1	G
Badminton	Mixed Doubles	55-59	Vanessa	pfizenmaier	F	55	Rochester	MN	1	G
Badminton	Mixed Doubles	55-59	Samuel	Prabhakar	M	69	rochester	MN	1	G
Badminton	Mixed Doubles	55-59	Manoj	Rajbhandary	M	56	Waukee	IA	1	G
Badminton	Mixed Doubles	55-59	Noriko	Abe	F	66	Coralville	IA	1	G
Badminton	Mixed Doubles	60-64	Qijing	Zhang	M	61	Ames	IA	1	G
Badminton	Mixed Doubles	60-64	Shujing	Dong	F	64	Ames	IA	1	G
Badminton	Mixed Doubles	65-69	Anne	Stark	F	66	Nevada	IA	1	G
Badminton	Mixed Doubles	65-69	Rajeev	Trehan	M	68	Lawrence	KS	1	G
Badminton	Mixed Doubles	90-94	Jan	Beran	F	93	Ames	IA	1	G
Badminton	Mixed Doubles	90-94	carroll	marty	M	89	Ames	IA	1	G
Badminton	Singles	50-54 Female	Carrie	Mills	F	53	Des Moines	IA	1	G
Badminton	Singles	50-54 Male	Scott	Mills	M	53	Des Moines	IA	1	G
Badminton	Singles	55-59 Female	Vanessa	pfizenmaier	F	55	Rochester	MN	1	G
Badminton	Singles	55-59 Male	Vidhan	Chandra	M	59	Rochester	MN	1	G
Badminton	Singles	55-59 Male	Manoj	Rajbhandary	M	56	Waukee	IA	1	G

2024 Iowa Senior Games | Badminton Results
Valley Southwoods | West Des Moines, IA

Badminton	Singles	55-59 Male	Nanh	Lovanh	M	56	Bowling green	KY	3	B
Badminton	Singles	60-64 Male	Qing	Zhu	M	63	Grimes	IA	1	G
Badminton	Singles	60-64 Male	Timothy	Pew	M	62	Des Moines	IA	2	S
Badminton	Singles	60-64 Male	Mark	Walter	M	60	Des Moines	IA	3	B
Badminton	Singles	60-64 Female	Jill	Kohlert	F	60	Ashton	IL	1	G
Badminton	Singles	65-69 Female	Noriko	Abe	F	66	Coralville	IA	1	G
Badminton	Singles	65-69 Female	Anne	Stark	F	66	Nevada	IA	2	S
Badminton	Singles	65-69 Male	Rajeev	Trehan	M	68	Lawrence	KS	1	G
Badminton	Singles	65-69 Male	Mark	Miller	M	68	Ankeny	IA	1	G
Badminton	Singles	65-69 Male	Roger	Hulvey	M	66	Mount Sterling	IL	3	B
Badminton	Singles	70-74 Male	Samuel	Prabhakar	M	69	rochester	MN	1	G
Badminton	Singles	75-79 Male	Doug	Wicks	M	78	Boone	IA	1	G
Badminton	Singles	75-79 Male	LARRY	HAMM	M	75	Des Moines	IA	2	S
Badminton	Singles	80-84 Male	James Paul	Clark	M	80	Ames	IA	1	G
Badminton	Singles	80-84 Male	Ron	Peterson	M	79	Waukee	IA	2	S
Badminton	Singles	90-94 Female	Jan	Beran	F	93	Ames	IA	1	G
Badminton	Singles	90-94 Male	carroll	marty	M	89	Ames	IA	1	G
Badminton	Singles	90-94 Male	Don	Zimmer	M	89	West Des Moines	IA	2	S



2024 IOWA SENIOR GAMES 3 ON 3 BASKETBALL TOURNAMENT

FRIDAY, JUNE 7

WAUKEE HIGH SCHOOL

COURTS 1-3 – FIELDHOUSE

Team #	Team List	Division	Record	Place
M1	Bucket Makers (Westendorf)	75+	2-0	1
M2	Minnesota Shooters	70+	0-2	2
M3	Bucketmakers 70 (Kahler)	70+	1-1	1
M4	Nebraska ZV4	65+	2-0	1
M5	Corridor Cagers	50+		
M6	5 Guys	50+	1-1	1
M7	Wizards	50+	0-2	2
W1	Dubuque Stars	55+	1-1	1
W2	GWG 65	65+	0-2	1
W3	Rock of Ages	50+	2-0	1

GAME SCHEDULE

Time	Court 1	Court 2	Court 3
1:00 PM	<u>M1</u> v M2	<u>W1</u> v W2	<u>M4</u> v M6
1:45 PM	<u>M3</u> v M2	<u>W3</u> vs W1	<u>M6</u> v M7
2:30 PM	<u>M1</u> v M3	<u>W3</u> v W2	<u>M4</u> v M7

** All teams will play 2 games.

Medals will be awarded based on head-to-head results within your age group.

2024 Iowa Senior Games Around the World
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	50-54 Female	Tracy	Arndt	Shullsburg	WI	F	51	10	1	G
Basketball Shooting Around the World	50-54 Female	Sue	Francksen	Olin	IA	F	53	3	1	G
Basketball Shooting Around the World	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	6	1	G
Basketball Shooting Around the World	50-54 Male	Scott	Mills	Des Moines	IA	M	53	5	2	S
Basketball Shooting Around the World	55-59 Female	Sherry	Adney	McGregor	IA	F	58	12	1	G
Basketball Shooting Around the World	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	58	9	2	S
Basketball Shooting Around the World	55-59 Female	Cheryl	Hall	Weston	WI	F	57	3	3	B
Basketball Shooting Around the World	55-59 Male	Kirk	Hardcastle	Mason City	IA	M	55	7	1	G
Basketball Shooting Around the World	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	7	2	S
Basketball Shooting Around the World	55-59 Male	Tim	Lund	Montrose	CO	M	57	1	3	B
Basketball Shooting Around the World	60-64 Female	Jody	Walter	Des Moines	IA	F	62	15	1	G
Basketball Shooting Around the World	60-64 Female	Roz	Smith	Pleasant Hill	IA	F	60	14	2	S
Basketball Shooting Around the World	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	12	3	B
Basketball Shooting Around the World	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	61	10		
Basketball Shooting Around the World	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	9		
Basketball Shooting Around the World	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	9		
Basketball Shooting Around the World	60-64 Female	Cheryl	Vandevoorde	Davenport	IA	F	59	8		
Basketball Shooting Around the World	60-64 Female	Deb	Kipper	Dubuque	IA	F	63	8		
Basketball Shooting Around the World	60-64 Female	Diane	Lund	Montrose	CO	F	60	8		
Basketball Shooting Around the World	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	6		
Basketball Shooting Around the World	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	8	1	G
Basketball Shooting Around the World	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	7	2	S
Basketball Shooting Around the World	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	6	3	B
Basketball Shooting Around the World	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	5		
Basketball Shooting Around the World	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	4		
Basketball Shooting Around the World	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	4		
Basketball Shooting Around the World	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	4		
Basketball Shooting Around the World	65-69 Female	Virginia	McFadden	Marion	IA	F	66	13	1	G
Basketball Shooting Around the World	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	10	2	S
Basketball Shooting Around the World	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	9	3	B
Basketball Shooting Around the World	65-69 Female	Doris	Garland	Indianola	IA	F	67	7	3	B
Basketball Shooting Around the World	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	7		
Basketball Shooting Around the World	65-69 Female	Lisa	Kuehl	Ames	IA	F	65	6		
Basketball Shooting Around the World	65-69 Female	Linda	Donahue	monroe	IA	F	64	5		
Basketball Shooting Around the World	65-69 Female	Janice	Leinen	North English	IA	F	65	5		
Basketball Shooting Around the World	65-69 Male	Randy	Davis	Altoona	IA	M	67	9	1	G
Basketball Shooting Around the World	65-69 Male	Mike	Weeks	Batesville	AR	M	68	6	2	S
Basketball Shooting Around the World	65-69 Male	Brad	Staley	Hampton	IA	M	64	5	2	S
Basketball Shooting Around the World	65-69 Male	David	Strege	Winterset	IA	M	65	0	3	B
Basketball Shooting Around the World	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	9	1	G
Basketball Shooting Around the World	70-74 Female	Donna	Matti	Eastman	WI	F	71	8	2	S
Basketball Shooting Around the World	70-74 Female	Sue	Manning	Monroe	IA	F	70	5	2	S
Basketball Shooting Around the World	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	5	3	B
Basketball Shooting Around the World	70-74 Female	Vicki	Morris	New virginia	IA	F	73	5	3	B
Basketball Shooting Around the World	70-74 Female	Bev	Brewer	Dubuque	IA	F	72	3		
Basketball Shooting Around the World	70-74 Male	Al	Flick	Raymond	IA	M	70	12	1	G
Basketball Shooting Around the World	70-74 Male	Steve	Opsal	Clive	IA	M	70	10	2	S
Basketball Shooting Around the World	70-74 Male	Lynn	Isenberger	Johnston	IA	M	73	7	3	B
Basketball Shooting Around the World	70-74 Male	Jim	Ronan	Naperville	IL	M	72	6		
Basketball Shooting Around the World	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	5		
Basketball Shooting Around the World	70-74 Male	Dale	Thede	Urbandale	IA	M	73	4		
Basketball Shooting Around the World	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	3		
Basketball Shooting Around the World	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	2		
Basketball Shooting Around the World	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	0		

*** 2024 Records Highlighted in Yellow

2024 Iowa Senior Games Around the World
Waukee High School | Waukee, IA

Basketball Shooting Around the World	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	8	1	G
Basketball Shooting Around the World	75-79 Female	Georgia	Jones	McGregor	IA	F	77	7	2	S
Basketball Shooting Around the World	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	13	1	G
Basketball Shooting Around the World	75-79 Male	Jim	Heger	Des Moines	IA	M	77	12	2	S
Basketball Shooting Around the World	75-79 Male	Denny	Posekany	Solon	IA	M	75	10	3	B
Basketball Shooting Around the World	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	9		
Basketball Shooting Around the World	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	8		
Basketball Shooting Around the World	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	6		
Basketball Shooting Around the World	75-79 Male	Stanley	Allspach	Baxter	IA	M	76	4		
Basketball Shooting Around the World	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	5	1	G
Basketball Shooting Around the World	80-84 Male	Ron	Peterson	Waukee	IA	M	79	11	1	G
Basketball Shooting Around the World	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	8	2	S
Basketball Shooting Around the World	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	6	2	S
Basketball Shooting Around the World	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	5	3	B
Basketball Shooting Around the World	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	9	1	G
Basketball Shooting Around the World	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	8	1	G
Basketball Shooting Around the World	85-89 Male	Don	Newton	West Des Moines	IA	M	85	4	2	S
Basketball Shooting Around the World	90-94 Male	Lloyd	Kempf	Woonsocket	SD	M	90	10	1	G

2024 Iowa Senior Games Free Throws
Waukee High School | Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Free Throws	50-54 Female	Tracy	Arndt	Shullsburg	WI	F	51	5	1	G
Basketball Shooting Free Throws	50-54 Female	Sue	Francksen	Olin	IA	F	53	5	1	G
Basketball Shooting Free Throws	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	4	1	G
Basketball Shooting Free Throws	50-54 Male	Scott	Mills	Des Moines	IA	M	53	3	2	S
Basketball Shooting Free Throws	55-59 Female	Sherry	Adney	McGregor	IA	F	58	11	1	G
Basketball Shooting Free Throws	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	58	8	2	S
Basketball Shooting Free Throws	55-59 Female	Cheryl	Hall	Weston	WI	F	57	3	3	B
Basketball Shooting Free Throws	55-59 Female	Angela	Raue	Walford	IA	F	58	2	3	B
Basketball Shooting Free Throws	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57			
Basketball Shooting Free Throws	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	14	1	G
Basketball Shooting Free Throws	55-59 Male	Kirk	Hardcastle	Mason City	IA	M	55	13	1	G
Basketball Shooting Free Throws	55-59 Male	Tim	Lund	Montrose	CO	M	57	3	3	B
Basketball Shooting Free Throws	60-64 Female	Jody	Walter	Des Moines	IA	F	62	14	1	G
Basketball Shooting Free Throws	60-64 Female	Roz	Smith	Pleasant Hill	IA	F	60	14	2	S
Basketball Shooting Free Throws	60-64 Female	Diane	Lund	Montrose	CO	F	60	12	3	B
Basketball Shooting Free Throws	60-64 Female	Linda	Mahr	Dorchester	IA	F	61	11	3	B
Basketball Shooting Free Throws	60-64 Female	Patricia	Dyar	Des Moines	IA	F	62	10		
Basketball Shooting Free Throws	60-64 Female	Deb	Kipper	Dubuque	IA	F	63	7		
Basketball Shooting Free Throws	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	61	5		
Basketball Shooting Free Throws	60-64 Female	KAREN	WAGNER	Dubuque	IA	F	62	5		
Basketball Shooting Free Throws	60-64 Female	Sonja	Gibbs	Marion	IA	F	62	4		
Basketball Shooting Free Throws	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	10	1	G
Basketball Shooting Free Throws	60-64 Male	Brent	Alexander	West Des Moines	IA	M	63	10	2	S
Basketball Shooting Free Throws	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	9	3	B
Basketball Shooting Free Throws	60-64 Male	Mitch	Anderson	Indianola	IA	M	64	7		
Basketball Shooting Free Throws	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	7		
Basketball Shooting Free Throws	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	6		
Basketball Shooting Free Throws	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	5		
Basketball Shooting Free Throws	65-69 Female	Virginia	McFadden	Marion	IA	F	66	14	1	G
Basketball Shooting Free Throws	65-69 Female	Lisa	Kuehl	Ames	IA	F	65	12	2	S
Basketball Shooting Free Throws	65-69 Female	Doris	Garland	Indianola	IA	F	67	12	3	B
Basketball Shooting Free Throws	65-69 Female	Rhonda	Penquite	Cumming	IA	F	67	9		
Basketball Shooting Free Throws	65-69 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	64	5		
Basketball Shooting Free Throws	65-69 Female	Judy	Kelly	Prairie du Chien	WI	F	64	5		
Basketball Shooting Free Throws	65-69 Male	Randy	Davis	Altoona	IA	M	67	10	1	G
Basketball Shooting Free Throws	65-69 Male	Mike	Weeks	Batesville	AR	M	68	10	2	S
Basketball Shooting Free Throws	65-69 Male	Kenneth	Hopper	Waukee	IA	M	68	5	2	S
Basketball Shooting Free Throws	65-69 Male	Brad	Staley	Hampton	IA	M	64	4	3	B
Basketball Shooting Free Throws	70-74 Female	Donna	Matti	Eastman	WI	F	71	8	1	G
Basketball Shooting Free Throws	70-74 Female	Vicki	Morris	New virginia	IA	F	73	7	1	G
Basketball Shooting Free Throws	70-74 Female	Margaret	Beuter	Iowa City	IA	F	69	5	2	S
Basketball Shooting Free Throws	70-74 Female	Bev	Brewer	Dubuque	IA	F	72	4	3	B
Basketball Shooting Free Throws	70-74 Female	Barb	Malone	Pleasant Hill	IA	F	69	4	3	B
Basketball Shooting Free Throws	70-74 Female	Sue	Manning	Monroe	IA	F	70	3		
Basketball Shooting Free Throws	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	14	1	G

2024 Iowa Senior Games Free Throws
Waukee High School | Waukee, IA

Basketball Shooting Free Throws	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	12	1	G
Basketball Shooting Free Throws	70-74 Male	Jim	Ronan	Naperville	IL	M	72	13	2	S
Basketball Shooting Free Throws	70-74 Male	Dale	Thede	Urbandale	IA	M	73	11	2	S
Basketball Shooting Free Throws	70-74 Male	Al	Flick	Raymond	IA	M	70	11	3	B
Basketball Shooting Free Throws	70-74 Male	Steve	Opsal	Clive	IA	M	70	11		
Basketball Shooting Free Throws	70-74 Male	Kurt	Tausche	Atlanta	GA	M	71	8		
Basketball Shooting Free Throws	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	4		
Basketball Shooting Free Throws	70-74 Male	Lynn	Isenberger	Johnston	IA	M	73	9		
Basketball Shooting Free Throws	75-79 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	75	6	1	G
Basketball Shooting Free Throws	75-79 Female	Georgia	Jones	McGregor	IA	F	77	1	2	S
Basketball Shooting Free Throws	75-79 Male	Denny	Posekany	Solon	IA	M	75	12	1	G
Basketball Shooting Free Throws	75-79 Male	Jim	Heger	Des Moines	IA	M	77	12	2	S
Basketball Shooting Free Throws	75-79 Male	Marvin	Burton	Des Moines	IA	M	76	11	3	B
Basketball Shooting Free Throws	75-79 Male	Tarry	CORY	Clive, IA	IA	M	76	11		
Basketball Shooting Free Throws	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	76	9		
Basketball Shooting Free Throws	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	7		
Basketball Shooting Free Throws	75-79 Male	Stanley	Allspach	Baxter	IA	M	76	4		
Basketball Shooting Free Throws	75-79 Male	Greg	Eastman	Clive	IA	M	77	1		
Basketball Shooting Free Throws	80-84 Female	Jean	Minahan	Des Moines	IA	F	81	6	1	G
Basketball Shooting Free Throws	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	11	1	G
Basketball Shooting Free Throws	80-84 Male	Howard	Bich	Sioux Falls	SD	M	84	11	2	S
Basketball Shooting Free Throws	80-84 Male	Ron	Peterson	Waukee	IA	M	79	10	1	G
Basketball Shooting Free Throws	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	3	2	S
Basketball Shooting Free Throws	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	11	1	G
Basketball Shooting Free Throws	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	11	1	G
Basketball Shooting Free Throws	85-89 Male	Don	Newton	West Des Moines	IA	M	85	7	2	S
Basketball Shooting Free Throws	90-94 Male	Lloyd	Kempf	Woonsocket	SD	M	90	10	1	G

2024 Iowa Senior Games Bowling Results
Val Lanes | West Des Moines, IA

Sport	Age Group	Event	First Name	Last Name	City	State	Gender	Age	Score	Place	Medal	NSGA
Bowling	60-64 Male	Men's Double	Jim	Kopacek	Urbandale	IA	M	61	578	1	G	x
Bowling	60-64 Male	Men's Double	Len	Twaroski	Urbandale	IA	M	68	501	1	G	x
Bowling	65-69 Male	Men's Double	Tim	Paulus	high Ridge	MO	M	67	467	1	G	x
Bowling	65-69 Male	Men's Double	Ted	Paulus	Champlin	MN	M	68	509	1	G	x
Bowling	70-74 Male	Men's Double	Bill	Cox	URBANDALE	IA	M	73	468	1	G	x
Bowling	70-74 Male	Men's Double	Marvin	Burton	Des Moines	IA	M	77	515	1	G	x
Bowling	80-84 Male	Men's Double	Lowell	Huggins	Maxwell	IA	M	84	492	1	G	x
Bowling	80-84 Male	Men's Double	Ronald	Sorem	Nevada	IA	M	81	406	1	G	x
Bowling	85-89 Male	Men's Double	Larry	Favourite	Solon	IA	M	87	419	NA	NA	
Bowling	70-74 Female	Women's Double	Barb	Denny	Solon	IA	F	72	449	1	G	x
Bowling	70-74 Female	Women's Double	Julie	Herdlska	Norway	IA	F	71	436	1	G	x
Bowling	85-89 Female	Women's Double	Judy	Unger	Ames	IA	F	87	379	1	G	x
Bowling	85-89 Female	Women's Double	Jan	Schmldt	Ames	IA	F	90	364	1	G	x
Bowling	50-54	Mixed Double	Carrie	Mills	Des Moines	IA	F	53	447	1	G	x
Bowling	50-54	Mixed Double	Scott	Mills	Des Moines	IA	M	53	387	1	G	x
Bowling	65-69	Mixed Double	Belinda	Purvis	Cambridge	IA	F	66	475	1	G	x
Bowling	65-69	Mixed Double	Ronald	Sorem	Nevada	IA	M	81	506	1	G	x
Bowling	70-74	Mixed Double	sherry	felton	Dallas Center	IA	F	73	447	1	G	x
Bowling	70-74	Mixed Double	dennis	felton	dallas center	IA	M	73	512	1	G	x
Bowling	70-74	Mixed Double	Barb	Denny	Solon	IA	F	72	372	2	S	x
Bowling	70-74	Mixed Double	Larry	Favourite	Solon	IA	M	87	506	2	S	x
Bowling	70-74	Mixed Double	connie	pomagier	cary	IL	F	70	294	3	B	x
Bowling	70-74	Mixed Double	gregory	pomagier	cary	IL	M	75	374	3	B	x
Bowling	70-74	Mixed Double	Julie	Herdlska	Norway	IA	F	71	432		NA	
Bowling	80-84	Mixed Double	Lowell	Huggins	Maxwell	IA	M	84	469	1	G	x
Bowling	80-84	Mixed Double	Judy	Unger	Ames	IA	F	87	468	1	G	x
Bowling	50-54 Female	Singles	Carrie	Mills	Des Moines	IA	F	53	400	1	G	x
Bowling	50-54 Male	Singles	Scott	Mills	Des Moines	IA	M	53	385	1	G	x

2024 Iowa Senior Games Bowling Results
Val Lanes | West Des Moines, IA

Bowling	60-64 Male	Singles	Jim	Kopacek	Urbandale	IA	M	61	634	1 G	x	
Bowling	60-64 Male	Singles	Frederick	Anderson	ANKENY	IA	M	63	468	2 S	x	
Bowling	65-69 Female	Singles	Belinda	Purvis	Cambridge	IA	F	66	417	1 G	x	
Bowling	65-69 Male	Singles	Ted	Paulus	Champlin	MN	M	68	557	1 G	x	
Bowling	65-69 Male	Singles	Len	Twaroski	Urbandale	IA	M	68	544	1 G	x	
Bowling	65-69 Male	Singles	Tim	Paulus	high Ridge	MO	M	67	463	3 B	x	
Bowling	70-74 Female	Singles	Barb	Denny	Solon	IA	F	72	435	1 G	x	
Bowling	70-74 Female	Singles	Julie	Herdlska	Norway	IA	F	71	425	2 S	x	
Bowling	70-74 Female	Singles	sherry	felton	Dallas Center	IA	F	73	420	3 B	x	
Bowling	70-74 Female	Singles	connie	pomagier	cary	IL	F	70	312	4	x	
Bowling	70-74 Male	Singles	dennis	felton	dallas center	IA	M	73	506	1 G	x	
Bowling	70-74 Male	Singles	Bill	Cox	URBANDALE	IA	M	73	488	2 S	x	
Bowling	75-79 Female	Singles	Pam	Slippy	Ankeny	IA	F	77	434	1 G	x	
Bowling	75-79 Male	Singles	Marvin	Burton	Des Moines	IA	M	77	473	1 G	x	
Bowling	75-79 Male	Singles	gregory	pomagier	cary	IL	M	75	407	2 S	x	
Bowling	80-84 Male	Singles	Colin	McBee	West Des Mo	IA	M	82	486	1 G	x	
Bowling	80-84 Male	Singles	Lowell	Huggins	Maxwell	IA	M	84	481	2 S	x	
Bowling	80-84 Male	Singles	Ronald	Sorem	Nevada	IA	M	81	471	3 B	x	
Bowling	85-89 Female	Singles	Judy	Unger	Ames	IA	F	87	424	1 G	x	
Bowling	85-89 Male	Singles	Larry	Favourite	Solon	IA	M	87	386	1 G	x	
Bowling	90-94 Female	Singles	Jan	Schmldt	Ames	IA	F	90	309	1 G	x	
Bowling	95-99 Male	Singles	Darrell	Mitchell	Marshalltown	IA	M	96	370	1 G	x	

2024 Iowa Senior Games

Cornhole Results

Sport	Age Group	Event	Last Name	First Name	Gender	Age	City	State	Place	Medal	NSGA
Cornhole	Open 50 - 69	Doubles	Hoing	Todd	M	57	Grimes	IA	1	G	x
Cornhole	Open 50 - 69	Doubles	Martin	Mike	M	59	Grimes	IA	1	G	x
Cornhole	Open 50 - 69	Doubles	Pew	Timothy	M	62	Des Moines	IA	2	S	x
Cornhole	Open 50 - 69	Doubles	Ewest	Brad	M	70	Ankeny	IA	2	S	x
Cornhole	Open 50 - 69	Doubles	Rojas	D	F	61	Minneapolis	MN	3	B	x
Cornhole	Open 50 - 69	Doubles	Rojas	Deb	F	61	Minnetonka	MN	3	B	x
Cornhole	Open 50 - 69	Doubles	Pfundheller	Jeff	M	63	Urbandale	IA	3	B	x
Cornhole	Open 50 - 69	Doubles	Alexander	Brent	M	63	West Des Moines	IA	3	B	x
Cornhole	Open 50 - 69	Doubles	Roberts	Davin	M	58	West Des Moines	IA			x
Cornhole	Open 50 - 69	Doubles	Riekana	Jacqueline	F	58	West Des Moines	IA			x
Cornhole	Open 50 - 69	Doubles	Ferrick	Steven	M	59	Waukee	IA			x
Cornhole	Open 50 - 69	Doubles	Ferrick	Kristin	F	57	Waukee	IA			x
Cornhole	Open 70 - 79	Doubles	Burton	Marvin	M	76	Des Moines	IA	1	G	x
Cornhole	Open 70 - 79	Doubles	Cox	Bill	M	73	URBANDALE	IA	1	G	x
Cornhole	Open 80 +	Doubles	Zimmer	Don	M	89	West Des Moines	IA	1	G	x
Cornhole	Open 80 +	Singles	Wagoner	Charles	M	82	Newton	IA	1	G	x
Cornhole	Open 80 +	Doubles	Peterson	Ron	M	79	Waukee	IA	2	S	x
Cornhole	Open 80 +	Doubles	Wilson	Steve	M	80	West Des Moines	IA	2	S	x
Cornhole	Open 50 - 69	Singles	Martin	Mike	M	59	Grimes	IA	1	G	x
Cornhole	Open 50 - 69	Singles	Hoing	Todd	M	57	Grimes	IA	2	S	x
Cornhole	Open 50 - 69	Singles	Pew	Timothy	M	62	Des Moines	IA	3	B	x
Cornhole	Open 50 - 69	Singles	Alexander	Brent	M	63	West Des Moines	IA			x
Cornhole	Open 50 - 69	Singles	Mech	Bill	M	68	CLIVE	IA			x
Cornhole	Open 50 - 69	Singles	Pfundheller	Jeff	M	63	Urbandale	IA			x
Cornhole	Open 50 - 69	Singles	Riekana	Jacqueline	F	58	West Des Moines	IA			x
Cornhole	Open 50 - 69	Singles	Roberts	Davin	M	58	West Des Moines	IA			x
Cornhole	Open 50 - 69	Singles	Rojas	D	F	61	Minneapolis	MN			x
Cornhole	Open 50 - 69	Singles	Rojas	Deb	F	61	Minnetonka	MN			x
Cornhole	Open 70 - 79	Singles	Ewest	Brad	M	70	Ankeny	IA	1	G	x
Cornhole	Open 70 - 79	Singles	Cox	Bill	M	73	URBANDALE	IA	2	S	x
Cornhole	Open 70 - 79	Singles	HAMM	LARRY	M	75	Des Moines	IA	3	B	x
Cornhole	Open 80 +	Singles	Peterson	Ron	M	79	Waukee	IA	1	G	x
Cornhole	Open 80 +	Singles	Wilson	Steve	M	80	West Des Moines	IA	2	S	x
Cornhole	Open 80 +	Singles	Wagoner	Charles	M	82	Newton	IA	3	B	x

2024 Iowa Senior Games
Cycling | Road Race Results

Sport	Age Group	Last Name	First Name	Gender	Age	City	State	Place	Medal	NSGA
Cycling Road Race	50-54 Female	Phelps	Julie	F	51	Depere	WI	1	G	x
Cycling Road Race	50-54 Female	Llewellyn	Jessie	F	53	Neenah	WI	2	S	x
Cycling Road Race	50-54 Female	Strottmann	Kathy	F	54	Ankeny	IA	3	G	x
Cycling Road Race	50-54 Female	Bierling	Jess	F	50	West Des Moines	IA	4	S	x
Cycling Road Race	50-54 Male	Moran	Derek	M	49	Eden	WI	1	G	x
Cycling Road Race	50-54 Male	Dunn	Jess	M	54	Grimes	IA	2	G	x
Cycling Road Race	50-54 Male	Sauser	Dan	M	54	Monticello	IA	3	S	x
Cycling Road Race	50-54 Male	VanGambleare	Shane	M	52	Grimes	IA	4	B	x
Cycling Road Race	50-54 Male	Phelps	Nathan	M	51	De Pere	WI	5		
Cycling Road Race	55-59 Female	Goforth	Tracey	F	58	Ankeny	IA	1	G	x
Cycling Road Race	55-59 Female	Christine	Smith	F	58	Rochester	MN	2	S	x
Cycling Road Race	55-59 Female	Summers	Julie	F	56	Windsor Heights	IA	3	S	x
Cycling Road Race	55-59 Female	McIntosh	Tracy	F	58	Glidden	IA	4	B	x
Cycling Road Race	55-59 Female	Fox	Leisa	F	55	Waukee	IA	5		x
Cycling Road Race	55-59 Male	Franz	Daniel	M	58	Coralville	IA	1	G	x
Cycling Road Race	55-59 Male	Sadilek	Frank	M	57	Johnson Creek	WI	2	S	x
Cycling Road Race	55-59 Male	Douet	Wayne	M	55	Ames	IA	3	S	x
Cycling Road Race	55-59 Male	Mitchell	Andy	M	58	Johnston	IA	4	B	x
Cycling Road Race	60-64 Male	Wall	Scott	M	61	Ames	IA	1	G	x
Cycling Road Race	60-64 Male	Hall	Matthew	M	64	Weston	WI	2	S	x
Cycling Road Race	60-64 Male	Eastburn	Bennett	M	62	Monticello	IA	3	S	x
Cycling Road Race	60-64 Male	Gillette	Ron	M	59	Des Moines	IA	4	B	x
Cycling Road Race	60-64 Male	Bowlus	Chad	M	64	Williamsport	IN	5		
Cycling Road Race	60-64 Female	Gillum	Gail	F	60	Overland Park	KS	1	G	x
Cycling Road Race	65-69 Female	Paulson	Susan	F	68	Alexandria	MN	1	G	x
Cycling Road Race	65-69 Female	Stone	Pam	F	66	DeKalb	IL	2	S	x
Cycling Road Race	65-69 Female	Boyer	Rozalyn	F	66	Adel	IA	3	G	x
Cycling Road Race	65-69 Male	Grinter	Greg	M	66	Edwardsville	IL	1	G	x
Cycling Road Race	65-69 Male	Heffern	Michael	M	65	Cedar Rapids	IA	2	S	x
Cycling Road Race	65-69 Male	Anderson	Bob	M	65	Neenah	WI	3	B	x
Cycling Road Race	65-69 Male	Wisecup	Bob	M	67	Independence	MO	4		x
Cycling Road Race	65-69 Male	Gavinski	David	M	64	Allenton	WI	5		
Cycling Road Race	70-74 Male	Beachy	Landon	M	71	Kalona	IA	1	G	x
Cycling Road Race	70-74 Male	Gilmore	Richard	M	72	Washington	IA	1	G	x
Cycling Road Race	70-74 Male	Gillum	Charles	M	70	Overland Park	KS	2	B	x
Cycling Road Race	70-74 Male	Eilering	David	M	70	Maryville	IL	3		x
Cycling Road Race	70-74 Male	Kinney	John	M	71	Burlington	IA	4	B	x
Cycling Road Race	75-79 Male	Hill	Earl	M	78	Britt	IA	1	G	x

2024 Iowa Senior Games
Cycling | Time Trial Results

Sport	Age Group	Event	Last Name	First Name	City	State	Gender	Age	Result	Place	Medal	NSGA
Cycling Time Trial	50-54 Female	5K	Phelps	Julie	Depere	WI	F	51	8.14	1	G	x
Cycling Time Trial	50-54 Female	5K	Llewellyn	Jessie	Neenah	WI	F	53	8.25	2	S	x
Cycling Time Trial	50-54 Female	5K	Bierling	Jess	West Des Moines	IA	F	49	8.56	3	G	x
Cycling Time Trial	50-54 Male	5K	Moran	Derek	Eden	WI	M	49	7.01	1	G	x
Cycling Time Trial	50-54 Male	5K	Phelps	Nathan	De Pere	WI	M	51	7.35	2	S	x
Cycling Time Trial	55-59 Female	5K	Smith	Christine	Rochester	MN	F	58	9.24	1	G	x
Cycling Time Trial	55-59 Male	5K	Green	David	Des Moines	IA	M	57	7.56	1	G	x
Cycling Time Trial	55-59 Male	5K	Mahoney	Craig	West des Moines	IA	M	56	8.01	2	S	x
Cycling Time Trial	55-59 Male	5K	Sadilek	Frank	Johnson Creek	WI	M	57	8.46	3	B	x
Cycling Time Trial	60-64 Female	5K	Gillum	Gail	Overland Park	KS	F	60	8.53	1	G	x
Cycling Time Trial	60-64 Male	5K	Wall	Scott	Ames	IA	M	61	7.3	1	G	x
Cycling Time Trial	60-64 Male	5K	Francken	Gregory	Elm Grove	WI	M	62	7.5	2	S	x
Cycling Time Trial	60-64 Male	5K	Lones	Brad	Urbandale	IA	M	63	7.53	2	S	x
Cycling Time Trial	60-64 Male	5K	Hoffman	William	Peoria	IL	M	60	8.01	4		x
Cycling Time Trial	60-64 Male	5K	Tesch	Curtis	Waseca	MN	M	62	8.23	5		
Cycling Time Trial	60-64 Male	5K	Hall	Matthew	Weston	WI	M	64	8.32	6		
Cycling Time Trial	65-69 Female	5K	Paulson	Susan	Alexandria	MN	F	68	9.2	1	G	x
Cycling Time Trial	65-69 Female	5K	Stone	Pam	DeKalb	IL	F	66	10.01	2	S	x
Cycling Time Trial	65-69 Female	5K	Boyer	Rozalyn	Adel	IA	F	66	10.46	3	G	x
Cycling Time Trial	65-69 Male	5K	Rose	Kevin	BETTENDORF	IA	M	66	6.45	1	G	x
Cycling Time Trial	65-69 Male	5K	Shaffer	Dan	Ely	IA	M	69	7.39	2	S	x
Cycling Time Trial	65-69 Male	5K	Gladson	Rick	Des Moines	IA	M	65	7.51	3	B	x
Cycling Time Trial	65-69 Male	5K	Anderson	Bob	Neenah	WI	M	65	8.06	4		x
Cycling Time Trial	65-69 Male	5K	OBrien	Tim	Waverly	IA	M	68	8.51	5		x
Cycling Time Trial	70-74 Male	5K	Beachy	Landon	Kalona	IA	M	71	6.58	1	G	x
Cycling Time Trial	70-74 Male	5K	Gillum	Charles	Overland Park	KS	M	70	7.11	2	S	x
Cycling Time Trial	70-74 Male	5K	Bergman	Mike	West Des Moines	IA	M	71	8.11	2	S	x
Cycling Time Trial	70-74 Male	5K	Fortney	Harry	Kelley	IA	M	73	8.21	3	B	x
Cycling Time Trial	70-74 Male	5K	Cruise	Al	Rolla	MO	M	72	8.27	5		
Cycling Time Trial	70-74 Male	5K	Knoedel	Bill	Urbandale	IA	M	70	8.28	6		x
Cycling Time Trial	70-74 Male	5K	Hanna	David	Fargo	ND	M	71	8.39	7		
Cycling Time Trial	70-74 Male	5K	Maurer	Dennis	Hudson	IA	M	72	9.18	8		
Cycling Time Trial	75-79 Male	5K	Hill	Earl	Britt	IA	M	78	11.18	1	G	x
Cycling Time Trial	75-79 Male	5K	Hardin	William	Clive, IA	IA	M	79	11.56	2	S	x
Cycling Time Trial	50-54 Female	10K	Phelps	Julie	Depere	WI	F	51	16.28	1	G	x
Cycling Time Trial	50-54 Female	10K	Llewellyn	Jessie	Neenah	WI	F	53	16.47	2	S	x
Cycling Time Trial	50-54 Female	10K	Bierling	Jess	West Des Moines	IA	F	49	18.17	3	G	x
Cycling Time Trial	50-54 Male	10K	Moran	Derek	Eden	WI	M	49	14.16	1	G	x
Cycling Time Trial	50-54 Male	10K	Phelps	Nathan	De Pere	WI	M	51	15.16	2	S	x
Cycling Time Trial	55-59 Female	10K	Smith	Christine	Rochester	MN	F	58	18.53	1	G	x
Cycling Time Trial	55-59 Male	10K	Green	David	Des Moines	IA	M	57	16.08	1	G	x
Cycling Time Trial	55-59 Male	10K	Mahoney	Craig	West des Moines	IA	M	56	16.11	2	S	x
Cycling Time Trial	55-59 Male	10K	Sadilek	Frank	Johnson Creek	WI	M	57	17.34	3	B	x
Cycling Time Trial	60-64 Female	10K	Gillum	Gail	Overland Park	KS	F	60	17.56	1	G	x
Cycling Time Trial	60-64 Male	10K	Wall	Scott	Ames	IA	M	61	14.11	1	G	x
Cycling Time Trial	60-64 Male	10K	Hall	Matthew	Weston	WI	M	64	15.09	2	S	x
Cycling Time Trial	60-64 Male	10K	Francken	Gregory	Elm Grove	WI	M	62	15.36	3	B	x
Cycling Time Trial	60-64 Male	10K	Lones	Brad	Urbandale	IA	M	63	15.59	4	S	x
Cycling Time Trial	60-64 Male	10K	Hoffman	William	Peoria	IL	M	60	16.47	5		

2024 Iowa Senior Games
Cycling | Time Trial Results

Cycling Time Trial	60-64 Male	10K	Tesch	Curtis	Waseca	MN	M	62	17.04	6		
Cycling Time Trial	65-69 Female	10K	Paulson	Susan	Alexandria	MN	F	68	18.4	1	G	x
Cycling Time Trial	65-69 Female	10K	Stone	Pam	DeKalb	IL	F	66	20.11	2	S	x
Cycling Time Trial	65-69 Female	10K	Boyer	Rozalyn	Adel	IA	F	66	21.38	3	G	x
Cycling Time Trial	65-69 Male	10K	Rose	Kevin	BETTENDORF	IA	M	66	14.33	1	G	x
Cycling Time Trial	65-69 Male	10K	Shaffer	Dan	Ely	IA	M	69	15.04	2	S	x
Cycling Time Trial	65-69 Male	10K	Anderson	Bob	Neenah	WI	M	65	16.23	3	B	x
Cycling Time Trial	65-69 Male	10K	Gladson	Rick	Des Moines	IA	M	65	16.35	3	B	x
Cycling Time Trial	65-69 Male	10K	OBrien	Tim	Waverly	IA	M	68	17.46	5		x
Cycling Time Trial	70-74 Male	10K	Gillum	Charles	Overland Park	KS	M	70	15.32	1	G	x
Cycling Time Trial	70-74 Male	10K	Bergman	Mike	West Des Moines	IA	M	71	16.24	1	G	x
Cycling Time Trial	70-74 Male	10K	Hanna	David	Fargo	ND	M	71	16.58	3	B	x
Cycling Time Trial	70-74 Male	10K	Cruise	Al	Rolla	MO	M	72	17.09	4		x
Cycling Time Trial	70-74 Male	10K	Knoedel	Bill	Urbandale	IA	M	70	17.11	2	S	x
Cycling Time Trial	70-74 Male	10K	Beachy	Landon	Kalona	IA	M	71	18.15	3	B	x
Cycling Time Trial	70-74 Male	10K	Maurer	Dennis	Hudson	IA	M	72	19.09	7		x
Cycling Time Trial	70-74 Male	10K	Fortney	Harry	Kelley	IA	M	73	21.26	8		
Cycling Time Trial	75-79 Male	10K	Hill	Earl	Britt	IA	M	78	23.38	1	G	x
Cycling Time Trial	75-79 Male	10K	Hardin	William	Clive, IA	IA	M	79	38	2	S	x

2024 Iowa Senior Games Disc Golf
Centennial Park Disc Golf Course | Waukee IA

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Disc Golf	50-54 Male	Scott	Mills	Des Moines	IA	M	53	88	1	Gold
Disc Golf	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	121	1	Gold
Disc Golf	60-64 Female	Jean	Dingeman	Pella	IA	F	60	122	1	Gold
Disc Golf	60-64 Male	Gary	Marty	Abbotsford	BC	M	64	70	1	Gold
Disc Golf	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	79	1	Gold
Disc Golf	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	63	94	2	Silver
Disc Golf	60-64 Male	Thomas	Shide	Urbandale	IA	M	61	110	3	Bronze
Disc Golf	65-69 Female	Denise	Izatt	The Villages	FL	F	68	84	1	Gold
Disc Golf	65-69 Male	Dennis	Kelly	Pella	IA	M	67	67	1	Gold
Disc Golf	65-69 Male	Neils	Johnson	Ames	IA	M	67	71	2	Silver
Disc Golf	65-69 Male	Jeff	Winters	Hampton	IA	M	65	76	3	Bronze
Disc Golf	65-69 Male	William	Brouwer	Marshalltown	IA	M	69	80	4	
Disc Golf	65-69 Male	Mike	Weeks	Batesville	AR	M	68	101	5	
Disc Golf	70-74 Male	Danny	Kruzic	Pleasant Hill	IA	M	69	48	1	Gold
Disc Golf	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	59	2	Silver
Disc Golf	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	66	3	Bronze
Disc Golf	75-79 Male	John	Stoll	Plattsmouth	NE	M	75	52	1	Gold
Disc Golf	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	63	1	Gold
Disc Golf	80-84 Male	Ron	Peterson	Waukee	IA	M	79	66	1	Gold
Disc Golf	80-84 Male	Steve	Wilson	West Des Moines	IA	M	80	80	1	Silver
Disc Golf	90-94 Female	Norma	Ramker	Urbandale	IA	F	90	160	1	Gold
Disc Golf	90-94 Male	carroll	marty	Ames	IA	M	89	85	1	Gold

Blue -Completed 12 Holes

2024 ISG Golf Results
Willow Creek Golf Course | West Des Moines, IA

Category	Sub Event	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal	NSGA
Golf	50-54 Male	Jeffrey	Christowski	Orlando	FL	M	53	94	1	Gold	X
Golf	55-59 Female	Jeanne	Glass	Naperville	IL	F	56	100	1	Gold	X
Golf	55-59 Male	Daryl	Wolff	west Burlington	IA	M	59	77	1	Gold	X
Golf	55-59 Male	Nanh	Lovanh	Bowling green	KY	M	56	83	2	Silver	
Golf	55-59 Male	Rob	Vincent	Polk City	IA	M	56	93	3	Silver	
Golf	55-59 Male	Chris	Dorsey	Osceola	IA	M	56	94	4	Bronze	
Golf	60-64 Female	Mary	Howell	Ames	IA	F	60	86	1	Gold	X
Golf	60-64 Female	susan	sibbersen	Altoona	IA	F	63	89	2	Silver	
Golf	60-64 Female	Dixie	Harms	Clive	IA	F	63	98	3	Bronze	
Golf	60-64 Female	Heidi	Annear	Polk City	IA	F	63	118	4		
Golf	60-64 Male	Mike	Erickson	Tama	IA	M	63	79	1	Gold	X
Golf	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	83	2	Silver	
Golf	60-64 Male	Steve	Erickson	Iowa City	IA	M	62	84	3	Bronze	
Golf	60-64 Male	Mark	Kocak	Jackson	MN	M	63	84	3	Bronze	
Golf	60-64 Male	willie	sugar	Jacksonville	FL	M	63	87	4		
Golf	60-64 Male	Tim	Riddle	Osceola	IA	M	60	91	5		
Golf	65-69 Female	Lois	Ostroga	Goodyear	AZ	F	69	88	1	Gold	X
Golf	65-69 Female	Teresa	Brandt	Altoona	IA	F	66	104	2	Gold	
Golf	65-69 Female	Joy	Vallosio	Mapleton	IL	F	64	110	3	Bronze	
Golf	65-69 Female	Greta	Budweg	Ankeny	IA	F	65				
Golf	65-69 Male	Jim	Annear	Polk City	IA	M	65	79	1	Gold	X
Golf	65-69 Male	William	Corrick	fairfield	IA	M	65	79	2	Silver	
Golf	65-69 Male	Al	Hodgeman	New Sharon	IA	M	66	80	3	Bronze	
Golf	65-69 Male	Jim	Riley	Albia	IA	M	64	80	4		
Golf	65-69 Male	Bob	Askelson	Norwalk	IA	M	64	82	5		
Golf	65-69 Male	Jimmer	Pech	Polk City	IA	M	68	82	6		
Golf	65-69 Male	Elliott	Smith	Des Moines	IA	M	64	83	7		
Golf	65-69 Male	Roger	Hulvey	Mount Sterling	IL	M	66	88	8		
Golf	65-69 Male	Randy	Cullin	Iowa City	IA	M	69	89	9		
Golf	65-69 Male	Pat	Graham	Albia	IA	M	69	90	10		
Golf	65-69 Male	Mel	Miller	Osceola	IA	M	65	93	11		
Golf	65-69 Male	Leroy	Olsen	Toledo	IA	M	66	95	12		
Golf	65-69 Male	Phil	Matlage	Winterset	IA	M	68	97	13		
Golf	65-69 Male	Bruce	Kentner	Osceola	IA	M	66	99	14		
Golf	70-74 Female	Jane	O'Hollearn	Johnston	IA	F	73	92	1	Gold	X
Golf	70-74 Female	Sandy	Stewart	Marion	IA	F	69	98	2	Silver	
Golf	70-74 Female	Jennifer	Long	Iowa City	IA	F	71	105	3	Bronze	
Golf	70-74 Female	Kathy	(Bickford) Leong	West Branch	IA	F	72	110	4		
Golf	70-74 Male	Jerry	Hora	Iowa City	IA	M	73	78	1	Gold	X
Golf	70-74 Male	Scott	Hornstein	Huxley	IA	M	69	79	2	Silver	
Golf	70-74 Male	Michael	Vallosio	MAPLETON	IL	M	70	82	3	Bronze	
Golf	70-74 Male	Jason	Douglas	West Des Moines	IA	M	74	84	4	Bronze	
Golf	70-74 Male	Gary	Myers	Urbandale	IA	M	70	85	5		
Golf	70-74 Male	Terry	Richardson	Carson	IA	M	73	86	6		
Golf	70-74 Male	Gordon	Freeman	Robins	IA	M	72	89	7		
Golf	70-74 Male	Edward	McDaniel	Winterset	IA	M	70	92	8		

2024 ISG Golf Results
Willow Creek Golf Course | West Des Moines, IA

Golf	70-74 Male	Mark	McDowell	Hampton	IA	M	70	92	9		
Golf	70-74 Male	Allan	Blue	Altoona	IA	M	71	93	10		
Golf	70-74 Male	Steven	Hartman	Winterset	IA	M	73	96	11		
Golf	70-74 Male	Dan	Zimmerman	West demoines	IA	M	72	122	12		
Golf	75-79 Female	Sylvia	Lenz	Clive	IA	F	78	85	1	Gold	X
Golf	75-79 Female	Joyce	Weigel	Earlham	IA	F	77	104	2	Silver	
Golf	75-79 Male	Larry	Castagnoli	Clive	IA	M	74	68	1	Gold	X
Golf	75-79 Male	Dennis	Baysinger	Norwalk	IA	M	74	83	2	Silver	X
Golf	75-79 Male	Jim	Heger	Des Moines	IA	M	77	86	3	Bronze	
Golf	75-79 Male	Ed	Pech	Iowa city	IA	M	78	87	4		
Golf	75-79 Male	Bob	Newsum	Waukee	IA	M	77	88	5		
Golf	75-79 Male	Charles	Heintz	Anderson	TX	M	78	89	6		
Golf	75-79 Male	Jerry	Vaske	Tama	IA	M	78	97	7		
Golf	75-79 Male	Blaine	Carter	Albia	IA	M	77	97	8		
Golf	75-79 Male	Earl	Rutledge	Tama	IA	M	77	101	9		
Golf	80-84 Male	Allan	Hjelle	Elk Horn	IA	M	80	92	1	Gold	X
Golf	80-84 Male	Virgil	Goodrich	Parkersburg	IA	M	80	94	2	Silver	
Golf	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	97	3	Bronze	
Golf	80-84 Male	Harry	Shackelford	Bagley	IA	M	82	97	4		
Golf	80-84 Male	James	Gehling	Cedar rapids	IA	M	79	103	5		
Golf	85-89 Male	Jerry	Ommen	Tama	IA	M	85	93	1	Gold	X
Golf	90-94 Male	James	Roan	Toledo	IA	M	91	88	1	Gold	X

2024 Iowa Senior Games Horseshoes Results

Holiday Park | West Des Moines, IA

Event	Age Group	Full Name	Age	Email	State	Phone 1	Result	Place	Medal
Horseshoes	50-54 Male	Steven Miller	53	Papabeargh95@yahoo.com	IA	3195514272	119	1	G
Horseshoes	50-54 Male	Scott Mills	53	mills1.scott@msn.com	IA	515-537-4175	75	2	S
Horseshoes	55-59 Female	Jacqueline Riekana	58	jriekana@msn.com	IA	406-360-4979	67	1	G
Horseshoes	60-64 Female	melanie bintz	60	baadebintz@yahoo.com	IA	5153511687	90	1	G
Horseshoes	60-64 Female	Jody Walter	62	jwplay4him@gmail.com	IA	5159714441	58	2	S
Horseshoes	60-64 Male	Timothy Pew	62	timbo5861@gmail.com	IA	5157718021	132	1	G
Horseshoes	60-64 Male	Brett Hestdalen	62	behestdalen@gmail.com	SD	6052804475	58	2	S
Horseshoes	60-64 Male	Mark Walter	60	walterinsurance@msn.com	IA	5159714440	11	2	S
Horseshoes	65-69 Male	Kenneth Hopper	68	Insure43@aol.com	IA	5154785410	32	1	G
Horseshoes	70-74 Female	Christine Jordan	72	1973unipanther@gmail.com	IA	5156693085	107	1	G
Horseshoes	70-74 Female	Carole Rowland	72	N/A	IA	5152497652	30	2	S
Horseshoes	70-74 Male	Dennis Hinckley	72	dennishinckley@yahoo.com	SD	605-370-8024	113	1	G
Horseshoes	70-74 Male	Brad Ewest	70	ewestb@gmail.com	IA	641-590-6218	101	1	G
Horseshoes	70-74 Male	Dale Wagner	73	dalewagner51@gmail.com	ND	7017524346	38	2	S
Horseshoes	75-79 Female	Pam Slippy	77	slip2ankeney@aol.com	IA	5152490077	99	1	G
Horseshoes	75-79 Male	Reggie Crumes	77	reggiecrumes@icloud.com	IA	5153711624	153	1	G
Horseshoes	75-79 Male	Skip Hills	78	skiptomysue@gmail.com	IA	5159797819	121	1	S
Horseshoes	80-84 Male	Colin McBee	81	colinmcbee@gmail.com	IA	515-229-2814	97	1	G
Horseshoes	90-94 Male	Don Zimmer	89	N/A	IA	5156337860	47	1	G

All Time Record Highlighted in Yellow

2024 Iowa Senior Games - Pickleball Results

Dinks Pickleball - Des Moines, IA

Event	Division	Age Group	First Name	Last Name	Gender	Age	City	State	Place	Medal	NSGA
Pickleball - Men's Doubles	Division 1	50-54 Male	Kevin	Kersey	M	50	Papillion	NE	1 G		x
Pickleball - Men's Doubles	Division 1	50-54 Male	Rick	Nelson	M	60	Papillion	NE	1 G		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Dustin	Frank	M	51	Elkhorn	NE	1 G		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Brett	Hanson	M	55	Omaha	NE	1 G		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Rogelio	Dejano	M	54	Omaha	NE	2 S		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Marlon	Polk	M	58	Omaha	NE	2 S		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Brian	Vaudt	M	53	Adel	IA	3 B		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Brad	Vaudt	M	59	Elk River	MN	3 B		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Michael	Anderson	M	52	Urbandale	IA	1 G		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Ronald	Coe	M	55	Ankeny	IA	1 G		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Charles	Besick	M	53	Des Moines	IA	2 S		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Glenn	Mackey	M	62	West Des Moines	IA	2 S		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Jon	Ferchen	M	54	Urbandale	IA	3 B		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Josh	Konkol	M	50	Norwalk	IA	3 B		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Chris	Lane	M	51	Ankeny	IA	4		x
Pickleball - Men's Doubles	Division 2	50-54 Male	Johnny	Velman	M	54	Des moines	IA	4		x
Pickleball - Men's Doubles	Division 2	55-59 Male	Erik	Eggland	M	56	Ankeny	IA	1 G		x
Pickleball - Men's Doubles	Division 2	55-59 Male	Tom	Franklin	M	65	Waukee	IA	1 G		x
Pickleball - Men's Doubles	Division 3	55-59 Male	Joe	Ikemire	M	58	Glenwood	IA	1 G		x
Pickleball - Men's Doubles	Division 3	55-59 Male	Matthew	Garrett	M	63	Glenwood	IA	1 G		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Dean	Nihart	M	63	Grimes	IA	1 G		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Scott	Cawley	M	61	Urbandale	IA	1 G		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Lane	Williams	M	63	Toledo	IA	2 S		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Mike	Williams	M	65	Marshalltown	IA	2 S		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Bart	Warford	M	64	West Des Moines	IA	3 B		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Rob	Elgin	M	68	Urbandale	IA	3 B		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Brian	Loynachan	M	60	West Des Moines	IA	4		x
Pickleball - Men's Doubles	Division 2	60-64 Male	Rick	Kolz	M	65	Urbandale	IA	4		x
Pickleball - Men's Doubles	Division 3	60-64 Male	Jim	Whitcomb	M	64	Bellevue	NE	1 G		x
Pickleball - Men's Doubles	Division 3	60-64 Male	Michael	Long	M	66	Council Bluffs	IA	1 G		x
Pickleball - Men's Doubles	Division 3	60-64 Male	Mark	Schleuger	M	63	Cumming	IA	1 G		x
Pickleball - Men's Doubles	Division 3	60-64 Male	Mark	Buster	M	64	Urbandale	IA	1 G		x
Pickleball - Men's Doubles	Division 1	65-69 Male	Steve	Stone	M	66	Des Moines	IA	1 G		x
Pickleball - Men's Doubles	Division 1	65-69 Male	Tom	Stenger	M	70	WEST DES MOINES	IA	1 G		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Eric	Kennedy	M	65	Omaha	NE	1 G		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Brad	Staley	M	64	Hampton	IA	1 G		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Randy	Thorman	M	68	Omaha	NE	2 S		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Bruce	Van Maanen	M	68	Omaha	NE	2 S		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Kirk	Nelson	M	67	Atlantic	IA	1 G		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Gary	Sullivan	M	66	Atlantic	IA	1 G		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Jeff	Kleckner	M	68	Omaha	NE	4		x
Pickleball - Men's Doubles	Division 2	65-69 Male	John	Derry	M	71	BLAIR	NE	4		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Jim	Cobb	M	68	De Soto	IA	2 S		x
Pickleball - Men's Doubles	Division 2	65-69 Male	Paul	Curtis	M	67	West Des Moines	IA	2 S		x
Pickleball - Men's Doubles	Division 3	65-69 Male	Bill	Mech	M	68	CLIVE	IA	1 G		x
Pickleball - Men's Doubles	Division 3	65-69 Male	Frank	Atzeni	M	65	West Des Moines	IA	1 G		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Dale	Thede	M	73	Urbandale	IA	1 G		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Steve	Opsal	M	70	Clive	IA	1 G		x
Pickleball - Men's Doubles	Division 2	70-74 Male	STEVE	LOTZ	M	71	BETTENDORF	IA	2 S		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Cecil	Roth	M	79	Geneseo	IL	2 S		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Stephen	Dean	M	73	Johnston	IA	2 S		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Phil	Ramsey	M	72	Grimes	IA	2 S		x
Pickleball - Men's Doubles	Division 2	70-74 Male	Jerry	Armstrong	M	73	West Des Moines	IA	3 B		x

2024 Iowa Senior Games - Pickleball Results

Dinks Pickleball - Des Moines, IA

Pickleball - Men's Doubles	Division 2	70-74 Male	John	Wilson	M	74	Urbandale	IA	3 B	x
Pickleball - Men's Doubles	Division 2	70-74 Male	Michael	Berkey	M	71	LeGrand	IA	4	x
Pickleball - Men's Doubles	Division 2	70-74 Male	Craig	Rhodes	M	73	Marshalltown	IA	4	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Mark	Hein	M	71	Clive	IA	1 G	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Gino	Alexander	M	78	Altoona	IA	1 G	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Terry	Brueggeman	M	74	Marshalltown	IA	2 S	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Daniel	Klein	M	74	Cumming	IA	2 S	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Lawrence	Victoria	M	74	Atlantic	IA	3 B	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Rick	Pellett	M	72	Atlantic	IA	3 B	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Don	Pisel	M	79	Ankeny	IA	4	x
Pickleball - Men's Doubles	Division 3	70-74 Male	Calvin	Griffiths	M	73	Ankeny	IA	4	x
Pickleball - Men's Doubles	Division 2	75-79 Male	Brad	Baley	M	78	Burlington	WI	1 G	x
Pickleball - Men's Doubles	Division 2	75-79 Male	Warren	Luehring	M	78	Lake Geneva	WI	1 G	x
Pickleball - Men's Doubles	Division 2	75-79 Male	John	Accola	M	78	Urbandale	IA	1 G	x
Pickleball - Men's Doubles	Division 2	75-79 Male	Theodore (Ted)	Anderson	M	79	Ankeny	IA	1 G	x
Pickleball - Men's Doubles	Division 2	75-79 Male	Denny	Bane	M	80	Urbandale	IA	2 S	x
Pickleball - Men's Doubles	Division 2	75-79 Male	Sid	Gordon	M	75	Johnston	IA	2 S	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Larry	Lehrkamp	M	78	Willis	TX	1 G	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Larry	Martin	M	76	Cedar falls	IA	1 G	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Constantine	Roussos	M	76	ARRINGTON	VA	2 S	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Earle	Peters	M	81	Mankato	MN	2 S	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Terry	Pogge	M	76	Ankeny	IA	1 G	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Terry	Brennan	M	74	Des Moines	IA	1 G	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Dave	Niegsch	M	79	Ames	IA	2 S	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Doug	Wicks	M	78	Boone	IA	2 S	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Harold	Lande	M	76	Huxley	IA	3 B	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Ronald	Smith	M	79	West Des Moines	IA	3 B	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Hugh	Hammond	M	78	urbandale	IA	4	x
Pickleball - Men's Doubles	Division 3	75-79 Male	Chuck	Haas	M	81	Des moines	IA	4	x
Pickleball - Men's Doubles	Division 2	80-84 Male	bob	powers	M	83	bella vista	AR	1 G	x
Pickleball - Men's Doubles	Division 2	80-84 Male	Larry	Miller	M	81	Delmar	IA	1 G	x
Pickleball - Men's Doubles	Division 2	80-84 Male	Dave	Langrock	M	82	Davenport	IA	1 G	x
Pickleball - Men's Doubles	Division 2	80-84 Male	William Craig	Humphreys	M	82	Bettendorf	IA	1 G	x
Pickleball - Men's Doubles	Division 2	80-84 Male	Kent	Rolfing	M	83	Sioux Falls	SD	3 B	x
Pickleball - Men's Doubles	Division 2	80-84 Male	Howard	Bich	M	84	Sioux Falls	SD	3 B	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Angela	Torgerson	F	54	Clive	IA	1	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Brandee	Morrow	F	51	West Des Moines	IA	1	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Kristie	Dye	F	53	Omaha	NE	2	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Cathy	Frank	F	50	Elkhorn	NE	2	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Christine	Fish	F	54	Norwalk	IA	2	x
Pickleball - Women's Doubles	Division 2	50-54 Female	leslie	dobbs	F	50	urbandale	IA	2	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Teresa	Hill	F	52	Mccallsburg	IA	3	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Nicole	Ruffcorn	F	50	Radcliffe	IA	3	x
Pickleball - Women's Doubles	Division 2	50-54 Female	Tami	Draper	F	53	Des Moines	IA		x
Pickleball - Women's Doubles	Division 2	50-54 Female	elisa	Mortensen	F	55	Norwalk	IA		x
Pickleball - Women's Doubles	Division 3	50-54 Female	Shirley	Weuve	F	52	Johnston	IA	1 G	x
Pickleball - Women's Doubles	Division 3	50-54 Female	Jamie	Kendall	F	55	Pella	IA	1 G	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Martha	Chleborad	F	54	Urbandale	IA	1 G	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Bobbijo	Wolfe	F	54	Grimes	IA	1 G	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Nan	Sansoucie	F	56	Wentzville	MO	2 S	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Laurel	Derry	F	63	Blair	NE	2 S	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Susan	Wellman	F	56	West Des Moines	IA	2 S	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Diana	Richardson	F	60	Searsboro	IA	2 S	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Jody	Walter	F	62	Des Moines	IA	3 B	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Stephanie	Rousseau	F	58	PLEASANT HILL	IA	3 B	x
Pickleball - Women's Doubles	Division 2	55-59 Female	Kasey	Kliegl	F	57	Prote	IA	4	x

Dinks Pickleball - Des Moines, IA

Pickleball - Women's Doubles	Division 2	55-59 Female	Jennifer	Eastman	F	59	West Des Moines	IA	4		x
Pickleball - Women's Doubles	Division 3	55-59 Female	Sue	Cunningham	F	59	Ames	IA	1	G	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Margaret	Saddoris	F	60	Jefferson	IA	1	G	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Jean	Hollinrake	F	58	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Gretchen	Varineau	F	55	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Brenda	Sickels	F	56	Des Moines	IA	3	B	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Kristi	Bahl	F	59	Bondurant	IA	3	B	x
Pickleball - Women's Doubles	Division 3	55-59 Female	Lori	Hall	F	64	Carlisle	IA	4		x
Pickleball - Women's Doubles	Division 3	55-59 Female	Tammy	Stone	F	57	Des moines	IA	4		x
Pickleball - Women's Doubles	Division 2	60-64 Female	Shelley	Kolz	F	62	Urbandale	IA	1	G	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Mary	Witherall	F	68	Urbandale	IA	1	G	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Diane	Mynster	F	63	Omaha	NE	2	S	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Melanie	Shellberg	F	65	Council Bluffs	IA	2	S	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Jill	Allen	F	63	Ginnell	IA	3	B	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Linda	Erickson	F	65	Sioux Falls	SD	3	B	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Darla	Christensen	F	60	North Las Vegas	NV	4		x
Pickleball - Women's Doubles	Division 2	60-64 Female	Theresa	Proud	F	68	Great Falls	MT	4		x
Pickleball - Women's Doubles	Division 2	60-64 Female	Jeanna	Fowler	F	60	Altoona	IA	2	S	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Karol	Crumes	F	71	Altoona	IA	2	S	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Julie	Nelson	F	60	Mason city	IA	3	B	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Deb	Nielsen	F	65	Mason City	IA	3	B	x
Pickleball - Women's Doubles	Division 2	60-64 Female	Peggy	Schleuger	F	64	Cumming	IA	4		x
Pickleball - Women's Doubles	Division 2	60-64 Female	Patty	Zimmer	F	67	LeClaire	IA	4		x
Pickleball - Women's Doubles	Division 3	60-64 Female	Cindy	Tolliver	F	63	Clive	IA	1	G	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Jill	Bouslog	F	65	Urbandale	IA	1	G	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Jean	Stadtlander	F	60	Manning	IA	2	S	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Lisa	Dreier	F	62	Manning	IA	2	S	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Janie	Garrett	F	63	Glenwood	IA	3	B	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Nancy	Lincoln	F	64	Glenwood	IA	3	B	x
Pickleball - Women's Doubles	Division 3	60-64 Female	Barb	Erickson	F	62	Massena	IA	4		x
Pickleball - Women's Doubles	Division 3	60-64 Female	Linda	Olsen	F	67	Brayton	IA	4		x
Pickleball - Women's Doubles	Division 2	65-69 Female	Rhonda	Buckley	F	66	Valley	NE	1	G	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Michele	Kennedy	F	66	Omaha	NE	1	G	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Teresa	Barker	F	67	Bettendorf	IA	1	G	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Myrna	Seline	F	66	Bettendorf	IA	1	G	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Susan	Fort	F	64	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Cathy	Brent	F	69	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Jennifer	Roberts	F	67	WEST DES MOINES	IA	3	B	x
Pickleball - Women's Doubles	Division 2	65-69 Female	Pamala	Gilmore	F	65	Des Moines	IA	3	B	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Michelle	McKelvogue	F	64	West Des Moines	IA	1	G	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Kim	Thede	F	65	Urbandale	IA	1	G	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Susan	Thorman	F	65	Omaha	NE	2	S	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Donna	Hoover	F	70	Omaha	NE	2	S	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Jolene	Maggert	F	65	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Renee	Rittman	F	70	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Jean	Pletchette	F	66	Altoona	IA	3	B	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Linda	Smith	F	69	Pleasant Hill	IA	3	B	x
Pickleball - Women's Doubles	Division 3	65-69 Female	Becky	Kalitzki	F	64	Ankeny	IA	4		x
Pickleball - Women's Doubles	Division 3	65-69 Female	Deborah	Layland	F	69	Ankeny	IA	4		x
Pickleball - Women's Doubles	Division 2	70-74 Female	Jolene	Halbur	F	71	URBANDALE	IA	1	G	x
Pickleball - Women's Doubles	Division 2	70-74 Female	Sandi	Christopherson	F	76	Urbandale	IA	1	G	x
Pickleball - Women's Doubles	Division 3	70-74 Female	Jane	Hein	F	70	Clive	IA	1	G	x
Pickleball - Women's Doubles	Division 3	70-74 Female	Ewa	Pratt	F	69	West Des Moines	IA	1	G	x
Pickleball - Women's Doubles	Division 3	70-74 Female	Julia	Wulf	F	69	Ankeny	IA	2	S	x
Pickleball - Women's Doubles	Division 3	70-74 Female	Diane	Bemrich	F	70	Ankeny	IA	2	S	x

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Dinks Pickleball - Des Moines, IA

Pickleball - Women's Doubles	Division 2	75-79 Female	Judith	Petersen	F	77	Bettendorf	IA	1 G	x
Pickleball - Women's Doubles	Division 2	75-79 Female	barbara	powers	F	76	bella vista	AR	1 G	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Cheryl	Crawford	F	75	Windsor Heights	IA	1 G	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Linda	Richman	F	75	Windsor Heights,	IA	1 G	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Sue	Finn	F	76	Mesa	AZ	3 B	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Debbie	Thornton	F	78	Des Moines	IA	3 B	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Gail	Henderson	F	76	Atlantic	IA	2 S	x
Pickleball - Women's Doubles	Division 2	75-79 Female	Jean	Ryan	F	76	Atlantic	IA	2 S	x
Pickleball - Women's Doubles	Division 3	75-79 Female	elizabeth	peters	F	76	MANKATO	MN	1 G	x
Pickleball - Women's Doubles	Division 3	75-79 Female	Rebecca	Shivvers	F	78	Ames	IA	1 G	x
Pickleball - Women's Doubles	Division 2	80-84 Female	Barbara	Shinbori	F	80	Davenport	IA	1 G	x
Pickleball - Women's Doubles	Division 2	80-84 Female	Susan	Cole	F	83	Oakwood Hills	IL	1 G	x
Pickleball - Women's Doubles	Division 2	80-84 Female	Jan	Fife	F	79	Carlisle	IA	1 G	x
Pickleball - Women's Doubles	Division 2	80-84 Female	Dollie	Accola	F	79	Urbandale	IA	1 G	x
Pickleball - Women's Doubles	Division 3	80-84 Female	Jane	Goke	F	79	Eden Prairie	MN	1 G	x
Pickleball - Women's Doubles	Division 3	80-84 Female	Kate	Ordway	F	81	Rockford	IL	1 G	x
Pickleball - Mixed Doubles	Division 2	50-54	Charles	Besick	M	53	Des Moines	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	50-54	Bobbijo	Wolfe	F	54	Grimes	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	50-54	Sarah	Morrow	F	50	Urbandale	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	50-54	Jeff	Steffen	M	55	Carlisle	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	50-54	Cathy	Frank	F	50	Elkhorn	NE	3 B	x
Pickleball - Mixed Doubles	Division 2	50-54	Dustin	Frank	M	51	Elkhorn	NE	3 B	x
Pickleball - Mixed Doubles	Division 2	50-54	Kristie	Dye	F	53	Omaha	NE	4	x
Pickleball - Mixed Doubles	Division 2	50-54	Brett	Hanson	M	55	Omaha	NE	4	x
Pickleball - Mixed Doubles	Division 2	50-54	leslie	dobbs	F	50	urbandale	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	50-54	Chris	Lane	M	51	Ankeny	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	50-54	Brandee	Morrow	F	51	West Des Moines	IA	4	x
Pickleball - Mixed Doubles	Division 2	50-54	Tim	Bianchi	M	58	West Des Moines	IA	4	x
Pickleball - Mixed Doubles	Division 3	50-54	Shirley	Weuve	F	52	Johnston	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	50-54	Delon	Weuve	M	56	Johnston	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	55-59	Susan	Wellman	F	56	West Des Moines	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	55-59	Erik	Eggland	M	56	Ankeny	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	55-59	Martha	Chleborad	F	54	Urbandale	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	55-59	Dean	Nihart	M	63	Grimes	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	55-59	Stephanie	Rousseau	F	58	PLEASANT HILL	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	55-59	Scott	Ingebrand	M	57	Grimes	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	55-59	Sheri	Stark	F	61	Omaha	NE	4	x
Pickleball - Mixed Doubles	Division 2	55-59	Marlon	Polk	M	58	Omaha	NE	4	x
Pickleball - Mixed Doubles	Division 2	55-59	Therese	Morgan	F	58	Ankeny	IA	4	x
Pickleball - Mixed Doubles	Division 2	55-59	Craig	Peck	M	59	Ankeny	IA	4	x
Pickleball - Mixed Doubles	Division 3	55-59	Karrie	Schaeffer	F	59	Omaha	NE	1 G	x
Pickleball - Mixed Doubles	Division 3	55-59	Rick	Hansen	M	64	Council Bluffs	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	55-59	Tammy	Stone	F	57	Des moines	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	55-59	Gino	Alexander	M	78	Altoona	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	55-59	Joe	Ikemire	M	58	Glenwood	IA	2 S	x
Pickleball - Mixed Doubles	Division 3	55-59	Nancy	Lincoln	F	64	Glenwood	IA	2 S	x
Pickleball - Mixed Doubles	Division 3	55-59	Lori	Hall	F	64	Carlisle	IA	4	x
Pickleball - Mixed Doubles	Division 3	55-59	Frank	Sadilek	M	57	Johnson Creek	WI	4	x
Pickleball - Mixed Doubles	Division 2	60-64	Laurel	Derry	F	63	Blair	NE	1 G	x
Pickleball - Mixed Doubles	Division 2	60-64	Rick	Nelson	M	60	Papillion	NE	1 G	x
Pickleball - Mixed Doubles	Division 2	60-64	Diana	Richardson	F	60	Searsboro	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	60-64	Craig	Rhodes	M	73	Marshalltown	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	60-64	Linda	Erickson	F	65	Sioux Falls	SD	3 B	x
Pickleball - Mixed Doubles	Division 2	60-64	Jim	Wynstra	M	63	Sioux Falls	SD	3 B	x
Pickleball - Mixed Doubles	Division 2	60-64	Jill	Allen	F	63	Grinnell	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	60-64	Mike	Mertens	M	61	Grinnell	IA	2 S	x

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Dinks Pickleball - Des Moines, IA

Pickleball - Mixed Doubles	Division 2	60-64	Diane	Bonnstetter	F	63	Waukee	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	60-64	Tom	Franklin	M	65	Waukee	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	60-64	Christopher	Covert	M	67	Clive	IA	4		x
Pickleball - Mixed Doubles	Division 2	60-64	Jennifer	Eastman	F	59	West Des Moines	IA	4		x
Pickleball - Mixed Doubles	Division 3	60-64	Peggy	Schleuger	F	64	Cumming	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	60-64	Mark	Schleuger	M	63	Cumming	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	60-64	Jim	Lacona	M	61	Urbandale	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	60-64	Kim	Thede	F	65	Urbandale	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	60-64	Janie	Garrett	F	63	Glenwood	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	60-64	Matthew	Garrett	M	63	Glenwood	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	60-64	Kim	Zahnle	F	63	Ames	IA	4		x
Pickleball - Mixed Doubles	Division 3	60-64	Merte	Brendeland	M	71	Huxley	IA	4		x
Pickleball - Mixed Doubles	Division 1	65-69	Mike	Williams	M	65	Marshalltown	IA	1	G	x
Pickleball - Mixed Doubles	Division 1	65-69	Brenda	Jones	F	64	Pella	IA	1	G	x
Pickleball - Mixed Doubles	Division 1	65-69	Randy	Thorman	M	68	Omaha	NE	2	S	x
Pickleball - Mixed Doubles	Division 1	65-69	Rhonda	Buckley	F	66	Valley	NE	2	S	x
Pickleball - Mixed Doubles	Division 1	65-69	Brad	Staley	M	64	Hampton	IA	2	S	x
Pickleball - Mixed Doubles	Division 1	65-69	Melanie	Shellberg	F	65	Council Bluffs	IA	2	S	x
Pickleball - Mixed Doubles	Division 1	65-69	Mary	Witherall	F	68	Urbandale	IA	3	B	x
Pickleball - Mixed Doubles	Division 1	65-69	Dave	Gascho	M	66	Ankeny	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	65-69	Myrna	Seline	F	66	Bettendorf	IA	1	G	x
Pickleball - Mixed Doubles	Division 2	65-69	Marc	Bunn	M	64	Muscatine	IA	1	G	x
Pickleball - Mixed Doubles	Division 2	65-69	Susan	Fort	F	64	Ankeny	IA	2	S	x
Pickleball - Mixed Doubles	Division 2	65-69	Todd	Schwartz	M	66	Polk City	IA	2	S	x
Pickleball - Mixed Doubles	Division 2	65-69	Linda	Olsen	F	67	Brayton	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	65-69	Kirk	Nelson	M	67	Atlantic	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	65-69	Jennifer	Roberts	F	67	WEST DES MOINES	IA	4		x
Pickleball - Mixed Doubles	Division 2	65-69	Tim	Solinger	M	68	Des Moines	IA	4		x
Pickleball - Mixed Doubles	Division 3	65-69	Pamala	Gilmore	F	65	Des Moines	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	65-69	Frank	Atzeni	M	65	West Des Moines	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	65-69	Michelle	McKelvogue	F	64	West Des Moines	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	65-69	Denny	Bane	M	80	Urbandale	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	65-69	Becky	Anthony	F	65	West Des Moines	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	65-69	Michael	Anthony	M	73	West Des Moines	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	65-69	Gail	Huckins	F	66	Altoona	IA	4		x
Pickleball - Mixed Doubles	Division 3	65-69	Greg	Smith	M	65	Des Moines	IA	4		x
Pickleball - Mixed Doubles	Division 2	70-74	Terri	Knudsvig	F	72	Cedar Falls	IA	1	G	x
Pickleball - Mixed Doubles	Division 2	70-74	Paul	Rottinghaus	M	70	Waterloo	IA	1	G	x
Pickleball - Mixed Doubles	Division 2	70-74	Linda	Richman	F	75	Windsor Heights,	IA	2	S	x
Pickleball - Mixed Doubles	Division 2	70-74	Dale	Thede	M	73	Urbandale	IA	2	S	x
Pickleball - Mixed Doubles	Division 2	70-74	Michael	Berkey	M	71	LeGrand	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	70-74	Rhonda	Marchant	F	71	Indianola	IA	3	B	x
Pickleball - Mixed Doubles	Division 2	70-74	Keith	Kreiman	M	69	Carlisle	IA	4		x
Pickleball - Mixed Doubles	Division 2	70-74	Ruth	Senneff	F	75	Ankeny	IA	4		x
Pickleball - Mixed Doubles	Division 3	70-74	Donna	Hoover	F	70	Omaha	NE	1	G	x
Pickleball - Mixed Doubles	Division 3	70-74	Howard	Bich	M	84	Sioux Falls	SD	1	G	x
Pickleball - Mixed Doubles	Division 3	70-74	Jane	Hein	F	70	Clive	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	70-74	Mark	Hein	M	71	Clive	IA	1	G	x
Pickleball - Mixed Doubles	Division 3	70-74	Deborah	Layland	F	69	Ankeny	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	70-74	Don	Pisel	M	79	Ankeny	IA	2	S	x
Pickleball - Mixed Doubles	Division 3	70-74	Bonnie	Bickett	F	71	Cedar Falls	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	70-74	Larry	Martin	M	76	Cedar falls	IA	3	B	x
Pickleball - Mixed Doubles	Division 3	70-74	Terry	Brennan	M	74	Des Moines	IA	4		x
Pickleball - Mixed Doubles	Division 3	70-74	C. Jean	Schroeder	F	74	Indianola	IA	4		x
Pickleball - Mixed Doubles	Division 2	75-79	Cheryl	Crawford	F	75	Windsor Heights	IA	1	G	x
Pickleball - Mixed Doubles	Division 2	75-79	Tom	Moore	M	77	Johnston	IA	1	G	x

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Pickleball - Mixed Doubles	Division 2	75-79	barbara	powers	F	76	bella vista	AR	2 S	x
Pickleball - Mixed Doubles	Division 2	75-79	Brad	Baley	M	78	Burlington	WI	2 S	x
Pickleball - Mixed Doubles	Division 2	75-79	Judith	Petersen	F	77	Bettendorf	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	75-79	Theodore (Ted)	Anderson	M	79	Ankeny	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	75-79	Mary	Kurtz	F	74	Bettendorf	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	75-79	William Craig	Humphreys	M	82	Bettendorf	IA	3 B	x
Pickleball - Mixed Doubles	Division 2	75-79	Gail	Henderson	F	76	Atlantic	IA	4	x
Pickleball - Mixed Doubles	Division 2	75-79	Bruce	Henderson	M	76	Atlantic	IA	4	x
Pickleball - Mixed Doubles	Division 3	75-79	elizabeth	peters	F	76	MANKATO	MN	1 G	x
Pickleball - Mixed Doubles	Division 3	75-79	Earle	Peters	M	81	Mankato	MN	1 G	x
Pickleball - Mixed Doubles	Division 3	75-79	Debbie	Thornton	F	78	Des Moines	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	75-79	Brian	Donahue	M	76	Urbandale	IA	1 G	x
Pickleball - Mixed Doubles	Division 3	75-79	Rebecca	Shivvers	F	78	Ames	IA	3 B	x
Pickleball - Mixed Doubles	Division 3	75-79	Larry	Lehrkamp	M	78	Willis	TX	3 B	x
Pickleball - Mixed Doubles	Division 3	75-79	Jan	Fife	F	79	Carlisle	IA	2 S	x
Pickleball - Mixed Doubles	Division 3	75-79	Hugh	Hammond	M	78	urbandale	IA	2 S	x
Pickleball - Mixed Doubles	Division 2	80-84	Susan	Cole	F	83	Oakwood Hills	IL	1 G	x
Pickleball - Mixed Doubles	Division 2	80-84	Larry	Miller	M	81	Delmar	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	80-84	Barbara	Shinbori	F	80	Davenport	IA	1 G	x
Pickleball - Mixed Doubles	Division 2	80-84	Dave	Langrock	M	82	Davenport	IA	1 G	x
Pickleball - Singles	Division 2	50-54 Male	Brian	Vaudt	M	53	Adel	IA	1 G	x
Pickleball - Singles	Division 2	50-54 Male	Rogelio	Dejano	M	54	Omaha	NE	2 S	x
Pickleball - Singles	Division 2	50-54 Male	Jon	Ferchen	M	54	Urbandale	IA	2 S	x
Pickleball - Singles	Division 2	50-54 Male	Charles	Besick	M	53	Des Moines	IA	3 B	x
Pickleball - Singles	Division 2	50-54 Male	Josh	Konkol	M	50	Norwalk	IA	4	x
Pickleball - Singles	Division 2	50-54 Female	Sarah	Morrow	F	50	Urbandale	IA	1 G	x
Pickleball - Singles	Division 2	55-59 Male	Marlon	Polk	M	58	Omaha	NE	1 G	x
Pickleball - Singles	Division 2	55-59 Male	Jeff	Steffen	M	55	Carlisle	IA	1 G	x
Pickleball - Singles	Division 2	55-59 Male	Erik	Eggland	M	56	Ankeny	IA	2 S	x
Pickleball - Singles	Division 2	55-59 Male	Brett	Hanson	M	55	Omaha	NE	4	x
Pickleball - Singles	Division 3	55-59 Male	Nanh	Lovanh	M	56	Bowling green	KY	1 G	x
Pickleball - Singles	Division 3	55-59 Male	Joe	Ikemire	M	58	Glenwood	IA	1 G	x
Pickleball - Singles	Division 3	55-59 Male	Frank	Sadilek	M	57	Johnson Creek	WI	3 B	x
Pickleball - Singles	Division 2	55-59 Female	Jennifer	Clemen	F	57	Urbandale	IA	1 G	x
Pickleball - Singles	Division 2	55-59 Female	Nan	Sansoucie	F	56	Wentzville	MO	2 S	x
Pickleball - Singles	Division 2	55-59 Female	Jean	Kelly	F	54	Des Moines	IA	2 S	x
Pickleball - Singles	Division 3	55-59 Female	Jean	Hollinrake	F	58	Ankeny	IA	1 G	x
Pickleball - Singles	Division 3	55-59 Female	Karrie	Schaeffer	F	59	Omaha	NE	2 S	x
Pickleball - Singles	Division 3	55-59 Female	Tammy	Stone	F	57	Des moines	IA	2 S	x
Pickleball - Singles	Division 2	60-64 Male	Dean	Nihart	M	63	Grimes	IA	1 G	x
Pickleball - Singles	Division 2	60-64 Male	Randy	Hildreth	M	60	Humboldt	IA	2 S	x
Pickleball - Singles	Division 2	60-64 Male	Jim	Wheat	M	63	Glenwood	IA	3 B	x
Pickleball - Singles	Division 2	60-64 Male	Brent	Alexander	M	63	West Des Moines	IA	4	x
Pickleball - Singles	Division 3	60-64 Male	Matthew	Garrett	M	63	Glenwood	IA	1 G	x
Pickleball - Singles	Division 3	60-64 Male	Jim	Whitcomb	M	64	Bellevue	NE	2 S	x
Pickleball - Singles	Division 2	60-64 Female	Diana	Richardson	F	60	Searsboro	IA	1 G	x
Pickleball - Singles	Division 2	60-64 Female	Jody	Walter	F	62	Des Moines	IA	2 S	x
Pickleball - Singles	Division 2	60-64 Female	Sheri	Stark	F	61	Omaha	NE	3 B	x
Pickleball - Singles	Division 3	60-64 Female	Margaret	Saddoris	F	60	Jefferson	IA	1 G	x
Pickleball - Singles	Division 3	60-64 Female	Peggy	Schleuger	F	64	Cumming	IA	2 S	x
Pickleball - Singles	Division 3	60-64 Female	Lori	Hall	F	64	Carlisle	IA	3 B	x
Pickleball - Singles	Division 3	60-64 Female	Joyce	Rockwell	F	62	Glenwood	IA	4	x

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Pickleball - Singles	Division 2	65-69 Male	Mike	Williams	M	65	Marshalltown	IA	1 G	x
Pickleball - Singles	Division 2	65-69 Male	Tom	Franklin	M	65	Waukee	IA	2 S	x
Pickleball - Singles	Division 2	65-69 Male	Brad	Staley	M	64	Hampton	IA	3 B	x
Pickleball - Singles	Division 2	65-69 Male	andrew	Bean	M	65	waukee	IA	4	x
Pickleball - Singles	Division 2	65-69 Female	Mary	Witherall	F	68	Urbandale	IA	1 G	x
Pickleball - Singles	Division 2	65-69 Female	Cherie	Lower	F	67	Lanark	IL	2 S	x
Pickleball - Singles	Division 2	65-69 Female	Theresa	Proud	F	68	Great Falls	MT	3 B	x
Pickleball - Singles	Division 2	65-69 Female	Susan	Fort	F	64	Ankeny	IA	2 S	x
Pickleball - Singles	Division 2	70-74 Male	Doug	Forsberg	M	72	Moline	IL	1 G	x
Pickleball - Singles	Division 2	70-74 Male	Fred	Ricaurte	M	70	Ankeny	IA	1 G	x
Pickleball - Singles	Division 2	70-74 Male	Craig	Rhodes	M	73	Marshalltown	IA	2 S	x
Pickleball - Singles	Division 2	70-74 Male	Steve	Opsal	M	70	Clive	IA	3 B	x
Pickleball - Singles	Division 3	70-74 Male	Terry	Stanley	M	73	Glenwood	IA	1 G	x
Pickleball - Singles	Division 3	70-74 Male	Galen	Wilke	M	73	AMES	IA	2 S	x
Pickleball - Singles	Division 3	70-74 Male	Dennis	Maurer	M	72	Hudson	IA	3 B	x
Pickleball - Singles	Division 3	70-74 Female	Jane	Hein	F	70	Clive	IA	1 G	x
Pickleball - Singles	Division 3	70-74 Female	Bonnie	Bickett	F	71	Cedar Falls	IA	2 S	x
Pickleball - Singles	Division 3	70-74 Female	Miao	Ching Chang	F	72	Ames	IA	3 B	x
Pickleball - Singles	Division 3	70-74 Female	Debra	Oliver	F	70	Dysart	IA	4	x
Pickleball - Singles	Division 2	75-79 Male	Paul	Stokstad	M	74	Fairfield	IA	1 G	x
Pickleball - Singles	Division 2	75-79 Male	Theodore (Ted)	Anderson	M	79	Ankeny	IA	2 S	x
Pickleball - Singles	Division 2	75-79 Male	Bruce	Henderson	M	76	Atlantic	IA	3 B	x
Pickleball - Singles	Division 2	75-79 Male	John	Accola	M	78	Urbandale	IA	4	x
Pickleball - Singles	Division 3	75-79 Male	Larry	Martin	M	76	Cedar falls	IA	1 G	x
Pickleball - Singles	Division 3	75-79 Male	Doug	Wicks	M	78	Boone	IA	2 S	x
Pickleball - Singles	Division 3	75-79 Male	Larry	Lehrkamp	M	78	Willis	TX	3 B	x
Pickleball - Singles	Division 3	75-79 Female	Rebecca	Shivvers	F	78	Ames	IA	1 G	x
Pickleball - Singles	Division 2	80-84 Male	Cecil	Roth	M	79	Geneseo	IL	1 G	x
Pickleball - Singles	Division 2	80-84 Male	bob	powers	M	83	bella vista	AR	2 S	x
Pickleball - Singles	Division 2	80-84 Male	Kent	Rolfing	M	83	Sioux Falls	SD	3 B	x
Pickleball - Singles	Division 3	80-84 Male	Dave	Langrock	M	82	Davenport	IA	1 G	x
Pickleball - Singles	Division 3	80-84 Male	Earle	Peters	M	81	Mankato	MN	2 S	x
Pickleball - Singles	Division 3	80-84 Male	Denny	Bane	M	80	Urbandale	IA	2 S	x
Pickleball - Singles	Division 3	80-84 Male	Howard	Bich	M	84	Sioux Falls	SD	4	x
Pickleball - Singles	Division 3	90-94 Male	Douglas	Reynolds	M	90	Bettendorf	IA	1 G	x

2024 Iowa Senior Games Racquetball Results
Wellmark YMCA | Des Moines, IA

Sport	Age Group	Event	First Name	Last Name	City	State	Gender	Age	Place	Medal	NSGA
Racquetball	50-54 Male	Men's Doubles	Blake	Brown	Des Moines	IA	M	53	1	G	x
Racquetball	50-54 Male	Men's Doubles	Mark	Velko	Ankeny	IA	M	55	1	G	x
Racquetball	55-59 Male	Men's Doubles	Dave	Anderson	Omaha	NE	M	66	1	G	x
Racquetball	55-59 Male	Men's Doubles	Mike	Lewis	Omaha	NE	M	57	1	G	x
Racquetball	55-59 Male	Men's Doubles	Dave	Harbeck		IA	M	58	1	G	x
Racquetball	55-59 Male	Men's Doubles	Ron	Sweeney	Waukee, Iowa	IA	M	72	1	G	x
Racquetball	60-64 Male	Men's Doubles	Ross	Cameron	West Des Moines	IA	M	68	1		x
Racquetball	60-64 Male	Men's Doubles	Randy	Schneider	Ankeny	IA	M	60	1		x
Racquetball	60-64 Male	Men's Doubles	Steve	Bock	Ames	IA	M	62	2		x
Racquetball	60-64 Male	Men's Doubles	Tim	Panyard	Ames	IA	M	61	2		x
Racquetball	60-64 Male	Men's Doubles	Ric	Anderson	Marshalltown	IA	M	68	3		x
Racquetball	60-64 Male	Men's Doubles	David	Chizek	Toledo	IA	M	63	3		x
Racquetball	60-64 Male	Men's Doubles	Steven	Dressel	Des Moines	IA	M	62	4		x
Racquetball	60-64 Male	Men's Doubles	Joe	Williams	COLORADO SPRINGS	CO	M	60	4		x
Racquetball	70-74 Male	Men's Doubles	Robert	Born	Shoreview	MN	M	75	1	G	x
Racquetball	70-74 Male	Men's Doubles	Bennett	Roy	Eden Prairie	MN	M	69	1	G	x
Racquetball	70-74 Male	Men's Doubles	William	Fitzgerald	Adel	IA	M	70	1	G	x
Racquetball	70-74 Male	Men's Doubles	Jim	Johnson	Marshalltown	IA	M	74	2	G	x
Racquetball	75-79 Male	Men's Doubles	Earle	Peters	Mankato	MN	M	81	1	G	x
Racquetball	75-79 Male	Men's Doubles	larry	schlepphorst	desmoines	IA	M	76	1	G	x
Racquetball	75-79 Male	Men's Doubles	Joel	Markert	Ankeny	IA	M	78	1	G	x
Racquetball	75-79 Male	Men's Doubles	Mike	Waters	atlantic	IA	M	76	1	G	x
Racquetball	60-64 Female	Women's Doubles	Sue	Beckwith	Waukee	IA	F	66	1	G	x
Racquetball	60-64 Female	Women's Doubles	Amy	Pivovar	Omaha	NE	F	61	1	G	x
Racquetball	65-69 Female	Women's Doubles	Susan	Acoymo	Ankeny	IA	F	66	1	G	x
Racquetball	65-69 Female	Women's Doubles	Renae	Lampkin	Pleasant Hill	IA	F	64	1	G	x
Racquetball	55-59	Mixed Doubles	Amy	Pivovar	Omaha	NE	F	61	1	G	x
Racquetball	55-59	Mixed Doubles	Mike	Lewis	Omaha	NE	M	57	1	G	x
Racquetball	60-64	Mixed Doubles	Renae	Lampkin	Pleasant Hill	IA	F	64	1	G	x
Racquetball	60-64	Mixed Doubles	Randy	Schneider	Ankeny	IA	M	60	1	G	x
Racquetball	60-64	Mixed Doubles	Susan	Acoymo	Ankeny	IA	F	66	2	S	x
Racquetball	60-64	Mixed Doubles	Joe	Williams	COLORADO SPRINGS	CO	M	60	2	S	x
Racquetball	65-69	Mixed Doubles	Sue	Beckwith	Waukee	IA	F	66	1	G	x
Racquetball	65-69	Mixed Doubles	Ron	Sweeney	Waukee, Iowa	IA	M	72	1	G	x
Racquetball	50-54 Male	Singles	Blake	Brown	Des Moines	IA	M	53	1	G	x
Racquetball	50-54 Male	Singles	Scott	Bonestroo	Alton	IA	M	51	2	S	x
Racquetball	55-59 Male	Singles	Mike	Lewis	Omaha	NE	M	57	1	G	x
Racquetball	55-59 Male	Singles	Mark	Velko	Ankeny	IA	M	55	1	G	x
Racquetball	60-64 Male	Singles	Randy	Schneider	Ankeny	IA	M	60	1	G	x
Racquetball	60-64 Male	Singles	Steve	Bock	Ames	IA	M	62	2	S	x
Racquetball	60-64 Male	Singles	Tim	Panyard	Ames	IA	M	61	3	B	x
Racquetball	60-64 Male	Singles	Steven	Dressel	Des Moines	IA	M	62	4		x

2024 Iowa Senior Games Racquetball Results
Wellmark YMCA | Des Moines, IA

Racquetball	60-64 Male	Singles	David	Chizek	Toledo	IA	M	63	5		
Racquetball	60-64 Male	Singles	Joe	Williams	COLORADO SPRINGS	CO	M	60	6		
Racquetball	60-64 Male	Singles	Mark	Walter	Des Moines	IA	M	60	7		
Racquetball	65-69 Female	Singles	Renae	Lampkin	Pleasant Hill	IA	F	64	1	G	x
Racquetball	65-69 Female	Singles	Susan	Acoymo	Ankeny	IA	F	66	2	S	x
Racquetball	65-69 Male	Singles	Ric	Anderson	Marshalltown	IA	M	68	1	G	x
Racquetball	65-69 Male	Singles	Greg	Schuler	Atlantic	IA	M	67	2	S	x
Racquetball	65-69 Male	Singles	Elliott	Smith	Des Moines	IA	M	64	3	B	x
Racquetball	70-74 Male	Singles	Bennett	Roy	Eden Prairie	MN	M	69	1	G	x
Racquetball	70-74 Male	Singles	William	Fitzgerald	Adel	IA	M	70	1	G	x
Racquetball	70-74 Male	Singles	Al	Flick	Raymond	IA	M	70	2	S	x
Racquetball	75-79 Male	Singles	Robert	Born	Shoreview	MN	M	75	1	G	x
Racquetball	75-79 Male	Singles	Mike	Veeder	peoria, il	IL	M	76	2	S	x
Racquetball	75-79 Male	Singles	Joel	Markert	Ankeny	IA	M	78	1	G	x
Racquetball	75-79 Male	Singles	Jim	Johnson	Marshalltown	IA	M	74	2	S	x
Racquetball	75-79 Male	Singles	Mike	Waters	atlantic	IA	M	76	3	B	x
Racquetball	75-79 Male	Singles	larry	schlepphorst	desmoines	IA	M	76	4		x
Racquetball	75-79 Male	Singles	Larry	Lehrkamp	Willis	TX	M	78	7		
Racquetball	80-84 Male	Singles	Earle	Peters	Mankato	MN	M	81	1	G	x

2024 Iowa Senior Games Road Race Results
Clive Running Festival | West Des Moines, IA

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Results	Place	Medal	NSGA
Road Race	50-54 Female	Tami	Draper	Des Moines	IA	F	53	27:38:00	1	G	x
Road Race	50-54 Female	Molly	Weber	Adel	IA	F	50	28:39:00	2	S	x
Road Race	50-54 Male	Paxton	Bennett	West Des Moines	IA	M	50	18:59	1	G	x
Road Race	50-54 Male	Darwin	Fish	Ottumwa	IA	M	53	21:58	2	S	x
Road Race	55-59 Female	Christine	Comito	Des Moines	IA	F	56	22:53:00	1	G	x
Road Race	55-59 Female	Amy	Lindgren	Des Moines	IA	F	55	25:14:00	2	S	x
Road Race	55-59 Female	Allison	Fish	Ottumwa	IA	F	54	42:24:00	3	B	x
Road Race	55-59 Male	John	Bannantine	Ames	IA	M	58	20:39	1	G	x
Road Race	55-59 Male	Brendan	Comito	Des Moines	IA	M	57	23:41	2	S	x
Road Race	60-64 Female	kathleen	mullin	ames	IA	F	63	29:59:00	1	G	x
Road Race	60-64 Female	Heather	Stilborn	Clive	IA	F	61	32:00:00	2	S	x
Road Race	60-64 Male	Rick	Scharff	West Des Moines	IA	M	62	21:50	1	G	x
Road Race	60-64 Male	Mark	Seaton	Waukee	IA	M	61	23:43	2	S	x
Road Race	60-64 Male	Wayne	Ostergaard	Johnston	IA	M	61	41:00:00	3	B	x
Road Race	65-69 Female	Joyce	Burch	Pella	IA	F	68	33:09:00	1	G	x
Road Race	65-69 Female	LuAnn	Ostergaard	Johnston	IA	F	65	36:16:00	2	S	x
Road Race	65-69 Female	Judith	Cusack	Des Moines	IA	F	67	36:29:00	3	B	x
Road Race	65-69 Female	Kathy	Ford	Clive	IA	F	66	48:02:00	4		x
Road Race	65-69 Male	William	Cherrier	Clive	IA	M	66	21:39	1	G	x
Road Race	65-69 Male	Rick	Ewald	Ankeny	IA	M	66	25:22:00	2	S	x
Road Race	70-74 Male	Chuck	Ward	Urbandale	IA	M	72	38:13:00	1	G	x
Road Race	70-74 Female	Toni	Miller	Henderson	NV	F	72	29:25:00	1	G	x
Road Race	75-79 Female	Avis	James	urbandale	IA	F	77	41:09:00	1	G	x
Road Race	75-79 Male	LARRY	HAMM	Des Moines	IA	M	75	31:48:00	1	G	x
Road Race	75-79 Male	Roy	Ney	Des Moines	IA	M	75	33:54:00	2	S	x
Road Race	75-79 Male	Kenneth	Carlson	Rock Island	IL	M	75	38:35:00	3	B	x

***All Time Records highlighted in Yellow

2024 Iowa Senior Games Shuffleboard Results
Indian Hills Junior High | West Des Moines, IA

Sport	Event	Age Group	First Name	Last Name	Gender	Age	City	State	Place	Medal
Shuffleboard	Doubles	60-64 Male	Patrick	Oligschlaeger	M	59	St. Louis	MO	1	G
Shuffleboard	Doubles	60-64 Male	Timothy	Pew	M	62	Des Moines	IA	1	G
Shuffleboard	Doubles	60-64 Female	Tamie	Hopper	F	62	Waukee	IA	2	S
Shuffleboard	Doubles	60-64 Male	Kenneth	Hopper	M	68	Waukee	IA	2	S
Shuffleboard	Doubles	60-64 Female	Laurinda	Ramonda	F	60	Scranton	KS	3	B
Shuffleboard	Doubles	90-94 Female	Kathleen	Ramonda	F	90	Topeka	KS	3	B
Shuffleboard	Doubles	60-64 Female	D	Rojas	F	61	Minneapolis	MN	4	
Shuffleboard	Doubles	60-64 Female	Deb	Rojas	F	61	Minnetonka	MN	4	
Shuffleboard	Doubles	65-69 Female	Diane	Grooms	F	65	Maple Grove	MN	1	G
Shuffleboard	Doubles	65-69 Female	Joy	Rivera	F	67	Minneapolis	MN	1	G
Shuffleboard	Doubles	65-69 Female	Jacque	Wilson	F	66	Minneapolis	MN	2	S
Shuffleboard	Doubles	65-69 Female	Marian	Holmes	F	66	Little Canada	MN	2	S
Shuffleboard	Doubles	70-74 Female	Beth	Cook	F	70	Omaha	NE	1	G
Shuffleboard	Doubles	70-74 Male	Jim	Cook	M	71	Omaha	NE	1	G
Shuffleboard	Doubles	70-74 Female	Wanda	Venenga	F	73	Renner	SD	1	G
Shuffleboard	Doubles	70-74 Female	Cheryl	Sander	F	70	ANKENY	IA	1	G
Shuffleboard	Doubles	70-74 Female	Phyllis	A Uchtman	F	73	Elkhorn	NE	3	B
Shuffleboard	Doubles	70-74 Male	James	Uchtman	M	74	Elkhorn	NE	3	B
Shuffleboard	Doubles	75-79 Male	David	Nelson	M	78	Des Moines	IA	1	G
Shuffleboard	Doubles	75-79 Female	Ruth	Hugen	F	77	Des Moines	IA	1	G
Shuffleboard	Doubles	75-79 Male	Galen	Frisbie	M	75	Blue Earth	MN	2	S
Shuffleboard	Doubles	75-79 Male	Richard	Frisbie	M	84	North Mankato	MN	2	S
Shuffleboard	Doubles	80-84 Male	Dave	Rees	M	80	Camp Point	IL	1	G
Shuffleboard	Doubles	80-84 Male	Paul	Endres	M	79	Buffalo	MN	1	G
Shuffleboard	Doubles	80-84 Male	Ron	Peterson	M	79	Waukee	IA	1	G
Shuffleboard	Doubles	80-84 Male	Steve	Wilson	M	80	West Des Moines	IA	1	G
Shuffleboard	Doubles	80-84 Male	Howard	Bich	M	84	Sioux Falls	SD	3	B
Shuffleboard	Doubles	80-84 Female	Arlene	Bich	F	82	Sioux Falls	SD	3	B
Shuffleboard	Doubles	85-89 Male	Thomas	Wiehle	M	86	Elk River	MN	1	G
Shuffleboard	Doubles	85-89 Male	Willard	Peterson	M	84	Owatonna	MN	1	G
Shuffleboard	Doubles	85-89 Male	Ken	Clark	M	87	Urbandale	IA	1	G
Shuffleboard	Doubles	90-94 Male	Don	Zimmer	M	89	West Des Moines	IA	1	G
Shuffleboard	Doubles	85-89 Male	Richard	Anderson	M	88	West Des Moines	IA	2	S
Shuffleboard	Doubles	85-89 Female	Wylene	Gardner	F	86	Des Moines	IA	2	S
Shuffleboard	Singles	60-64 Female	Deb	Rojas	F	61	Minnetonka	MN	1	G
Shuffleboard	Singles	60-64 Female	Tamie	Hopper	F	62	Waukee	IA	1	G
Shuffleboard	Singles	60-64 Female	D	Rojas	F	61	Minneapolis	MN	2	S
Shuffleboard	Singles	60-64 Female	Laurinda	Ramonda	F	60	Scranton	KS	3	B
Shuffleboard	Singles	60-64 Male	Patrick	Oligschlaeger	M	59	St. Louis	MO	1	G
Shuffleboard	Singles	60-64 Male	Timothy	Pew	M	62	Des Moines	IA	1	G

2024 Iowa Senior Games Shuffleboard Results
Indian Hills Junior High | West Des Moines, IA

Shuffleboard	Singles	65-69 Female	Joy	Rivera	F	67	Minneapolis	MN	1	G
Shuffleboard	Singles	65-69 Female	Marian	Holmes	F	66	Little Canada	MN	2	S
Shuffleboard	Singles	65-69 Female	Jacque	Wilson	F	66	Minneapolis	MN	3	B
Shuffleboard	Singles	65-69 Female	Diane	Grooms	F	65	Maple Grove	MN	N/A	N/A
Shuffleboard	Singles	65-69 Male	Kenneth	Hopper	M	68	Waukee	IA	1	G
Shuffleboard	Singles	70-74 Female	Wanda	Venenga	F	73	Renner	SD	1	G
Shuffleboard	Singles	70-74 Female	Cheryl	Sander	F	70	ANKENY	IA	1	G
Shuffleboard	Singles	70-74 Female	Beth	Cook	F	70	Omaha	NE	2	S
Shuffleboard	Singles	70-74 Female	Phyllis	A Uchtman	F	73	Elkhorn	NE	3	B
Shuffleboard	Singles	75-79 Male	Galen	Frisbie	M	75	Blue Earth	MN	1	G
Shuffleboard	Singles	70-74 Male	James	Uchtman	M	74	Elkhorn	NE	1	G
Shuffleboard	Singles	70-74 Male	Brad	Ewest	M	70	Ankeny	IA	1	G
Shuffleboard	Singles	75-79 Male	David	Nelson	M	78	Des Moines	IA	1	G
Shuffleboard	Singles	70-74 Male	Jim	Cook	M	71	Omaha	NE	2	S
Shuffleboard	Singles	80-84 Female	Arlene	Bich	F	82	Sioux Falls	SD	1	G
Shuffleboard	Singles	80-84 Male	Paul	Endres	M	79	Buffalo	MN	1	G
Shuffleboard	Singles	80-84 Male	Ron	Peterson	M	79	Waukee	IA	1	G
Shuffleboard	Singles	80-84 Male	Steve	Wilson	M	80	West Des Moines	IA	2	S
Shuffleboard	Singles	80-84 Male	Howard	Bich	M	84	Sioux Falls	SD	3	B
Shuffleboard	Singles	80-84 Male	Dave	Rees	M	80	Camp Point	IL		
Shuffleboard	Singles	80-84 Male	Richard	Frisbie	M	84	North Mankato	MN		
Shuffleboard	Singles	85-89 Female	Wylene	Gardner	F	86	Des Moines	IA	1	G
Shuffleboard	Singles	85-89 Male	Thomas	Wiehle	M	86	Elk River	MN	1	G
Shuffleboard	Singles	85-89 Male	Ken	Clark	M	87	Urbandale	IA	1	G
Shuffleboard	Singles	85-89 Male	Willard	Peterson	M	84	Owatonna	MN	2	S
Shuffleboard	Singles	90-94 Female	Kathleen	Ramonda	F	90	Topeka	KS	1	G
Shuffleboard	Singles	90-94 Male	Don	Zimmer	M	89	West Des Moines	IA	1	G

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Sport	Event	Age Group	Last Name	First Name	City	State	Gender	Age	Result	Place	Medal	NSGA
Swimming	100 Backstroke	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	02:36.85	1	G	x
Swimming	100 Backstroke	60-64 Male	McSpadden	Brian	Cedar Rapids	IA	M	61	01:20.81	1	G	x
Swimming	100 Backstroke	60-64 Male	Woerner	Bruce	Elgin	IL	M	61	02:01.04	2	S	x
Swimming	100 Backstroke	65-69 Female	Fisk	Debbie	The Villages	FL	F	66	01:29.61	1	G	x
Swimming	100 Backstroke	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	01:14.76	1	G	x
Swimming	100 Backstroke	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	01:39.90	1	G	x
Swimming	100 Backstroke	70-74 Female	Sedivy	Jan	Valley	NE	F	74	02:23.73	2	S	x
Swimming	100 Backstroke	70-74 Female	COLEMAN DDS	CHALICE	Chicago	IL	F	72	03:22.78	3	B	x
Swimming	100 Backstroke	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	02:20.05	1	G	x
Swimming	100 Backstroke	75-79 Male	Chew	Doug	urbandale	IA	M	75	02:34.04	1	G	x
Swimming	100 Backstroke	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	02:37.07	2	S	x
Swimming	100 Backstroke	85-89 Female	Whitehead	Dorothy	Indianola	IA	F	89	02:23.84	1	G	x
Swimming	100 Backstroke	85-89 Female	Smith	Ann	Chicago	IL	F	84	03:42.55	2	S	x
Swimming	100 Breaststroke	55-59 Female	Waddle	Sarah	Ames	IA	F	55	01:42.47	1	G	x
Swimming	100 Breaststroke	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	02:32.34	2	S	x
Swimming	100 Breaststroke	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	02:04.73	1	G	x
Swimming	100 Breaststroke	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	02:08.90	1	G	x
Swimming	100 Breaststroke	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	01:36.65	1	G	x
Swimming	100 Breaststroke	60-64 Male	Woerner	Bruce	Elgin	IL	M	61	01:54.59	2	S	x
Swimming	100 Breaststroke	65-69 Female	Groskopf	Amy	Davenport	IA	F	66	01:40.09	1	G	x
Swimming	100 Breaststroke	65-69 Female	McGiverin	Teresa	Lee's Summit	MO	F	67	01:45.64	2	S	x
Swimming	100 Breaststroke	65-69 Female	Sligh	Marcia	RIVER FOREST	IL	F	65	02:40.82	3	B	x
Swimming	100 Breaststroke	65-69 Male	Wernz	Dave	indianapolis	IN	M	64	01:52.54	1	G	x
Swimming	100 Breaststroke	65-69 Male	Weeks	Mike	Batesville	AR	M	68	02:14.50	2	S	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	100 Breaststroke	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	01:46.02	1	G	x
Swimming	100 Breaststroke	70-74 Male	Forsberg	Doug	Moline	IL	M	72	01:26.91	1	G	x
Swimming	100 Breaststroke	75-79 Female	Hoover	Mary	Edina	MN	F	74	02:13.99	1	G	x
Swimming	100 Breaststroke	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	02:18.47	1	G	x
Swimming	100 Breaststroke	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	01:33.47	1	G	x
Swimming	100 Breaststroke	75-79 Male	Conley	Brian	West Des Moines	IA	M	75	02:19.30	2	S	x
Swimming	100 Breaststroke	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	03:13.11	3	B	x
Swimming	100 Breaststroke	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	03:02.84	1	G	x
Swimming	100 Butterfly	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	01:30.59	1	G	x
Swimming	100 Butterfly	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	01:20.65	1	G	x
Swimming	100 Butterfly	65-69 Male	Weeks	Mike	Batesville	AR	M	68	02:19.64	2	S	x
Swimming	100 Butterfly	70-74 Male	Barron	John	Guttenberg	IA	M	70	01:43.06	1	G	x
Swimming	100 Butterfly	75-79 Female	Smith	Pat	Cedar Rapids	IA	F	76	02:36.32	1	G	x
Swimming	100 Butterfly	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	01:37.43	1	G	x
Swimming	100 Butterfly	75-79 Male	Chew	Doug	urbandale	IA	M	75	02:18.39	2	S	x
Swimming	100 Freestyle	55-59 Female	Waddle	Sarah	Ames	IA	F	55	01:21.88	1	G	x
Swimming	100 Freestyle	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	02:02.61	2	S	x
Swimming	100 Freestyle	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	01:34.31	1	G	x
Swimming	100 Freestyle	60-64 Male	McSpadden	Brian	Cedar Rapids	IA	M	61	01:05.27	1	G	x
Swimming	100 Freestyle	65-69 Female	Fisk	Debbie	The Villages	FL	F	66	01:13.28	1	G	x
Swimming	100 Freestyle	65-69 Female	Carr	Theresa	Ottumwa	IA	F	69	01:31.39	1	S	x
Swimming	100 Freestyle	65-69 Female	Sligh	Marcia	RIVER FOREST	IL	F	65	02:21.51	3	B	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	100 Freestyle	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	01:04.80	1	G	x
Swimming	100 Freestyle	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	01:06.98	2	S	x
Swimming	100 Freestyle	65-69 Male	Hodgeman	Al	New Sharon	IA	M	66	01:07.98	3	B	x
Swimming	100 Freestyle	65-69 Male	Wernz	Dave	Indianapolis	IN	M	64	01:15.76	4		x
Swimming	100 Freestyle	70-74 Female	Dengler-Clausen	Susan	Leon	IA	F	73	01:49.94	1	G	x
Swimming	100 Freestyle	70-74 Female	Sedivy	Jan	Valley	NE	F	74	02:11.28	2	S	x
Swimming	100 Freestyle	70-74 Female	COLEMAN DDS	CHALICE	Chicago	IL	F	72	03:00.70	3	B	x
Swimming	100 Freestyle	70-74 Male	Barron	John	Guttenberg	IA	M	70	01:16.70	1	G	x
Swimming	100 Freestyle	70-74 Male	hepplewhite	dan	polk city	IA	M	71	01:29.08	2	S	x
Swimming	100 Freestyle	70-74 Male	Underwood	Scott	Des Moines	IA	M	70	01:31.22	3	B	x
Swimming	100 Freestyle	75-79 Male	Chew	Doug	urbandale	IA	M	75	02:00.24	1	G	x
Swimming	100 Freestyle	80-84 Male	Maggert	Ivan	Lincoln	NE	M	83	03:00.38	1	G	x
Swimming	100 Freestyle	85-89 Female	Smith	Ann	Chicago	IL	F	84	02:57.75	1	G	x
Swimming	100 I.M.	55-59 Female	Waddle	Sarah	Ames	IA	F	55	01:36.49	1	G	x
Swimming	100 I.M.	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	01:49.40	1	G	x
Swimming	100 I.M.	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	02:04.21	2	S	x
Swimming	100 I.M.	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	01:24.17	1	G	x
Swimming	100 I.M.	65-69 Female	Sligh	Marcia	RIVER FOREST	IL	F	65	02:47.76	1	G	x
Swimming	100 I.M.	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	01:20.53	1	G	x
Swimming	100 I.M.	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	01:36.98	1	G	x
Swimming	100 I.M.	70-74 Male	Barron	John	Guttenberg	IA	M	70	01:33.84	1	G	x
Swimming	100 I.M.	75-79 Female	Hoover	Mary	Edina	MN	F	74	02:16.60	1	G	x
Swimming	100 I.M.	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	02:21.96	1	G	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	100 I.M.	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	01:25.99	1	G	x
Swimming	100 I.M.	75-79 Male	Chew	Doug	urbandale	IA	M	75	02:17.23	2	S	x
Swimming	100 I.M.	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	02:39.58	3	B	x
Swimming	100 I.M.	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	03:07.04	1	G	x
Swimming	200 Backstroke	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	04:04.38	1	G	x
Swimming	200 Backstroke	60-64 Male	Woerner	Bruce	Elgin	IL	M	61	04:27.58	1	G	x
Swimming	200 Backstroke	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	02:50.83	1	G	x
Swimming	200 Backstroke	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	02:52.76	2	S	x
Swimming	200 Backstroke	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	03:35.24	1	G	x
Swimming	200 Backstroke	70-74 Female	Smith	Elizabeth	Johnston	IA	F	72	04:04.63	1	G	x
Swimming	200 Backstroke	75-79 Female	Larsen	Barbara (Babs) H	Rochester	MN	F	76	03:42.29	1	G	x
Swimming	200 Backstroke	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	03:17.51	1	G	x
Swimming	200 Backstroke	85-89 Female	Whitehead	Dorothy	Indianola	IA	F	89	05:08.87	1	G	x
Swimming	200 Breaststroke	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	05:29.23	1	G	x
Swimming	200 Breaststroke	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	04:24.59	1	G	x
Swimming	200 Breaststroke	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	04:39.10	1	G	x
Swimming	200 Breaststroke	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	03:33.88	1	G	x
Swimming	200 Breaststroke	60-64 Male	Woerner	Bruce	Elgin	IL	M	61	04:00.81	2	S	x
Swimming	200 Breaststroke	65-69 Male	Weeks	Mike	Batesville	AR	M	68	05:00.19	1	G	x
Swimming	200 Breaststroke	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	03:45.91	1	G	x
Swimming	200 Breaststroke	70-74 Female	Dengler-Clausen	Susan	Leon	IA	F	73	04:30.52	1	G	x
Swimming	200 Breaststroke	70-74 Male	Forsberg	Doug	Moline	IL	M	72	03:12.74	1	G	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	200 Breaststroke	75-79 Female	Hoover	Mary	Edina	MN	F	74	04:43.95	1	G	x
Swimming	200 Breaststroke	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	03:24.36	1	G	x
Swimming	200 Breaststroke	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	06:40.28	1	G	x
Swimming	200 Butterfly	55-59 Male	Bennett	Dennis	Des Moines	IA	M	58	02:27.15	1	G	x
Swimming	200 Butterfly	65-69 Female	McGiverin	Teresa	Lee's Summit	MO	F	67	03:45.78	1	G	x
Swimming	200 Butterfly	65-69 Male	Weeks	Mike	Batesville	AR	M	68	05:33.81	1	G	x
Swimming	200 Butterfly	75-79 Female	Larsen	Barbara (Babs) H	Rochester	MN	F	76	04:06.24	1	G	x
Swimming	200 Butterfly	75-79 Female	Smith	Pat	Cedar Rapids	IA	F	76	05:34.82	1	G	x
Swimming	200 Freestyle	55-59 Female	Waddle	Sarah	Ames	IA	F	55	03:02.22	1	G	x
Swimming	200 Freestyle	55-59 Male	Bennett	Dennis	Des Moines	IA	M	58	02:23.60	1	G	x
Swimming	200 Freestyle	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	03:18.48	1	G	x
Swimming	200 Freestyle	65-69 Female	Groskopf	Amy	Davenport	IA	F	66	02:51.33	1	G	x
Swimming	200 Freestyle	65-69 Female	McGiverin	Teresa	Lee's Summit	MO	F	67	03:07.03	2	S	x
Swimming	200 Freestyle	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	02:20.80	1	G	x
Swimming	200 Freestyle	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	02:34.58	2	S	x
Swimming	200 Freestyle	65-69 Male	Wernz	Dave	Indianapolis	IN	M	64	02:58.73	3	B	x
Swimming	200 Freestyle	70-74 Female	Wetsch	Sue	Van Meter	IA	F	69	03:15.43	1	G	x
Swimming	200 Freestyle	70-74 Female	COLEMAN DDS	CHALICE	Chicago	IL	F	72	04:39.38	2	S	x
Swimming	200 Freestyle	70-74 Male	hepplewhite	dan	polk city	IA	M	71	03:24.34	1	G	x
Swimming	200 Freestyle	75-79 Female	Smith	Pat	Cedar Rapids	IA	F	76	03:38.15	1	G	x
Swimming	200 Freestyle	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	05:22.29	1	G	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	200 Freestyle	80-84 Male	Maggert	Ivan	Lincoln	NE	M	83	07:17.00	1	G	x
Swimming	200 Freestyle	85-89 Female	Smith	Ann	Chicago	IL	F	84	06:39.53	1	G	x
Swimming	200 I.M.	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	03:55.23	1	G	x
Swimming	200 I.M.	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	03:18.85	1	G	x
Swimming	200 I.M.	65-69 Female	Fisk	Debbie	The Villages	FL	F	66	03:23.54	1	G	x
Swimming	200 I.M.	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	02:58.55	1	G	x
Swimming	200 I.M.	65-69 Male	Weeks	Mike	Batesville	AR	M	68	04:45.93	2	S	x
Swimming	200 I.M.	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	03:23.54	1	G	x
Swimming	200 I.M.	70-74 Male	Barron	John	Guttenberg	IA	M	70	03:33.28	1	G	x
Swimming	200 I.M.	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	05:01.21	1	G	x
Swimming	200 I.M.	75-79 Female	Smith	Pat	Cedar Rapids	IA	F	76	05:05.12	2	S	x
Swimming	200 I.M.	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	03:33.28	1	G	x
Swimming	200 I.M.	75-79 Male	Chew	Doug	urbandale	IA	M	75	03:55.23	2	S	x
Swimming	200 I.M.	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	05:40.00	3	B	x
Swimming	400 I.M.	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	07:13.47	1	G	x
Swimming	400 I.M.	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	08:24.31	1	G	x
Swimming	400 I.M.	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	07:39.11	1	G	x
Swimming	400 I.M.	65-69 Female	McGiverin	Teresa	Lee's Summit	MO	F	67	07:13.67	1	G	x
Swimming	400 I.M.	65-69 Male	Weeks	Mike	Batesville	AR	M	68	10:34.02	1	G	x
Swimming	400 I.M.	75-79 Female	Larsen	Barbara (Babs) H	Rochester	MN	F	76	08:02.36	1	G	x
Swimming	50 Backstroke	55-59 Female	Waddle	Sarah	Ames	IA	F	55	00:49.53	1	G	x
Swimming	50 Backstroke	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	01:04.52	2	S	x

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2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	50 Backstroke	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	00:50.67	1	G	x
Swimming	50 Backstroke	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	01:12.44	2	S	x
Swimming	50 Backstroke	60-64 Male	McSpadden	Brian	Cedar Rapids	IA	M	61	00:38.17	1	G	x
Swimming	50 Backstroke	60-64 Male	Huebener	Wayne	Iowa City	IA	M	61	00:38.90	2	S	x
Swimming	50 Backstroke	65-69 Female	Fisk	Debbie	The Villages	FL	F	66	00:40.79	1	G	x
Swimming	50 Backstroke	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	00:35.32	1	G	x
Swimming	50 Backstroke	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	00:39.46	2	S	x
Swimming	50 Backstroke	65-69 Male	Hodgeman	Al	New Sharon	IA	M	66	00:45.64	3	B	x
Swimming	50 Backstroke	70-74 Female	Wetsch	Sue	Van Meter	IA	F	69	01:00.88	1	G	x
Swimming	50 Backstroke	70-74 Female	Sedivy	Jan	Valley	NE	F	74	01:08.29	2	S	x
Swimming	50 Backstroke	70-74 Female	COLEMAN DDS	CHALICE	Chicago	IL	F	72	01:35.83	3	B	x
Swimming	50 Backstroke	70-74 Male	Underwood	Scott	Des Moines	IA	M	70	00:54.51	1	G	x
Swimming	50 Backstroke	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	01:04.58	1	G	x
Swimming	50 Backstroke	75-79 Male	Chew	Doug	urbandale	IA	M	75	01:06.62	1	G	x
Swimming	50 Backstroke	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	01:15.10	2	G	x
Swimming	50 Backstroke	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	01:37.55	1	G	x
Swimming	50 Backstroke	80-84 Male	Maggert	Ivan	Lincoln	NE	M	83	01:58.40	1	G	x
Swimming	50 Backstroke	85-89 Female	Whitehead	Dorothy	Indianola	IA	F	89	01:04.58	1	G	x
Swimming	50 Backstroke	85-89 Female	Smith	Ann	Chicago	IL	F	84	01:38.84	2	S	x
Swimming	50 Breaststroke	55-59 Female	Waddle	Sarah	Ames	IA	F	55	01:04.64	1	G	x
Swimming	50 Breaststroke	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	00:55.86	1	G	x
Swimming	50 Breaststroke	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	00:55.95	1	G	x
Swimming	50 Breaststroke	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	00:42.67	1	G	x

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2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	50 Breaststroke	60-64 Male	McSpadden	Brian	Cedar Rapids	IA	M	61	00:54.09	2	S	x
Swimming	50 Breaststroke	60-64 Male	Huebener	Wayne	Iowa City	IA	M	61	00:59.20	3	B	x
Swimming	50 Breaststroke	65-69 Female	Groskopf	Amy	Davenport	IA	F	66	00:45.43	1	G	x
Swimming	50 Breaststroke	65-69 Female	Sligh	Marcia	RIVER FOREST	IL	F	65	01:05.33	2	S	x
Swimming	50 Breaststroke	65-69 Male	Wernz	Dave	Indianapolis	IN	M	64	00:49.61	1	G	x
Swimming	50 Breaststroke	65-69 Male	Weeks	Mike	Batesville	AR	M	68	01:01.41	2	S	x
Swimming	50 Breaststroke	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	00:46.90	1	G	x
Swimming	50 Breaststroke	70-74 Female	Dengler-Clausen	Susan	Leon	IA	F	73	01:23.00	1	G	x
Swimming	50 Breaststroke	70-74 Male	Forsberg	Doug	Moline	IL	M	72	00:38.53	1	G	x
Swimming	50 Breaststroke	70-74 Male	Underwood	Scott	Des Moines	IA	M	70	00:49.61	1	G	x
Swimming	50 Breaststroke	75-79 Female	Hoover	Mary	Edina	MN	F	74	01:01.95	1	G	x
Swimming	50 Breaststroke	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	01:05.51	1	G	x
Swimming	50 Breaststroke	75-79 Male	Conley	Brian	West Des Moines	IA	M	75	01:18.56	1	G	x
Swimming	50 Breaststroke	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	01:23.88	2	S	x
Swimming	50 Breaststroke	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	01:20.28	1	G	x
Swimming	50 Butterfly	55-59 Female	Waddle	Sarah	Ames	IA	F	55	01:10.09	1	G	x
Swimming	50 Butterfly	60-64 Male	Huebener	Wayne	Iowa City	IA	M	61	00:34.35	1	G	x
Swimming	50 Butterfly	60-64 Male	Korneisel	Richard	DAVENPORT	IA	M	61	00:37.30	2	S	x
Swimming	50 Butterfly	65-69 Male	Kealy	Daniel	Des Moines	IA	M	65	00:34.21	1	G	x
Swimming	50 Butterfly	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	00:34.29	2	S	x
Swimming	50 Butterfly	65-69 Male	Weeks	Mike	Batesville	AR	M	68	00:57.29	3	B	x
Swimming	50 Butterfly	70-74 Female	Pendergast	Paula	ROCHESTER	MN	F	70	00:46.78	1	G	x
Swimming	50 Butterfly	70-74 Male	Barron	John	Guttenberg	IA	M	70	00:42.27	1	G	x
Swimming	50 Butterfly	75-79 Female	Hoover	Mary	Edina	MN	F	74	01:15.56	1	G	x

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2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	50 Butterfly	75-79 Male	Chew	Doug	urbandale	IA	M	75	00:53.60	1	G	x
Swimming	50 Butterfly	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	01:26.44	2	S	x
Swimming	50 Butterfly	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	01:29.59	3	B	x
Swimming	50 Butterfly	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	01:32.82	1	G	x
Swimming	50 Freestyle	55-59 Female	Waddle	Sarah	Ames	IA	F	55	00:37.50	1	G	x
Swimming	50 Freestyle	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	00:54.12	2	S	x
Swimming	50 Freestyle	60-64 Female	Happel	Diane	Fort Dodge	IA	F	59	00:38.65	1	G	x
Swimming	50 Freestyle	60-64 Female	Korneisel	Martha	DAVENPORT	IA	F	60	00:55.24	2	S	x
Swimming	50 Freestyle	60-64 Male	McSpadden	Brian	Cedar Rapids	IA	M	61	00:29.61	1	G	x
Swimming	50 Freestyle	60-64 Male	Huebener	Wayne	Iowa City	IA	M	61	00:31.32	2	S	x
Swimming	50 Freestyle	65-69 Female	Fisk	Debbie	The Villages	FL	F	66	00:32.83	1	G	x
Swimming	50 Freestyle	65-69 Female	McGiverin	Teresa	Lee's Summit	MO	F	67	00:34.03	2	S	x
Swimming	50 Freestyle	65-69 Female	Groskopf	Amy	Davenport	IA	F	66	00:35.96	1	G	x
Swimming	50 Freestyle	65-69 Female	Carr	Theresa	Ottumwa	IA	F	69	00:37.94	2	S	x
Swimming	50 Freestyle	65-69 Female	Sligh	Marcia	RIVER FOREST	IL	F	65	01:03.82	5		
Swimming	50 Freestyle	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	00:29.83	1	G	x
Swimming	50 Freestyle	65-69 Male	Hodgeman	Al	New Sharon	IA	M	66	00:33.39	2	S	x
Swimming	50 Freestyle	65-69 Male	Wernz	Dave	indianapolis	IN	M	64	00:33.48	3	B	x
Swimming	50 Freestyle	70-74 Female	Dengler-Clausen	Susan	Leon	IA	F	73	00:38.37	1	G	x
Swimming	50 Freestyle	70-74 Female	Sedivy	Jan	Valley	NE	F	74	01:05.48	2	S	x
Swimming	50 Freestyle	70-74 Male	Forsberg	Doug	Moline	IL	M	72	00:32.13	1	G	x
Swimming	50 Freestyle	70-74 Male	Barron	John	Guttenberg	IA	M	70	00:33.96	1	G	x
Swimming	50 Freestyle	70-74 Male	Underwood	Scott	Des Moines	IA	M	70	00:37.70	2	S	x
Swimming	50 Freestyle	70-74 Male	hepplewhite	dan	polk city	IA	M	71	00:38.37	3	B	x
Swimming	50 Freestyle	75-79 Female	Johnson	Lynn	Sioux City	IA	F	76	00:32.13	1	G	x
Swimming	50 Freestyle	75-79 Male	Conley	Brian	West Des Moines	IA	M	75	00:33.96	1	G	x

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2024 Iowa Senior Games Swimming Results
Waukee YMCA | Waukee, IA

Swimming	50 Freestyle	75-79 Male	Chew	Doug	urbandale	IA	M	75	00:37.70	2	S	x
Swimming	50 Freestyle	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	00:49.95	3	B	x
Swimming	50 Freestyle	80-84 Male	Maggert	Ivan	Lincoln	NE	M	83	01:29.03	1	G	x
Swimming	50 Freestyle	85-89 Female	Smith	Ann	Chicago	IL	F	84	01:23.39	1	G	x
Swimming	500 Freestyle	60-64 Male	Huebener	Wayne	Iowa City	IA	M	61	06:20.91	1	G	x
Swimming	500 Freestyle	60-64 Male	Woerner	Bruce	Elgin	IL	M	61	09:12.98	2	S	x
Swimming	500 Freestyle	65-69 Female	Carr	Theresa	Ottumwa	IA	F	69	08:36.61	1	G	x
Swimming	500 Freestyle	65-69 Male	Kealy	Tom	Council Bluffs	IA	M	67	06:38.91	1	G	x
Swimming	500 Freestyle	70-74 Female	Smith	Elizabeth	Johnston	IA	F	72	07:42.36	1	G	x
Swimming	500 Freestyle	70-74 Female	Wetsch	Sue	Van Meter	IA	F	69	08:19.38	2	S	x
Swimming	500 Freestyle	70-74 Male	Forsberg	Doug	Moline	IL	M	72	06:53.03	1	G	x
Swimming	500 Freestyle	70-74 Male	hepplewhite	dan	polk city	IA	M	71	08:55.70	1	G	x
Swimming	500 Freestyle	75-79 Female	Larsen	Barbara (Babs) H	Rochester	MN	F	76	08:46.65	1	G	x
Swimming	500 Freestyle	75-79 Female	Smith	Pat	Cedar Rapids	IA	F	76	09:38.64	1	G	x
Swimming	500 Freestyle	75-79 Male	LeMaster	Stan	Council Bluffs	IA	M	76	07:35.79	1	G	x
Swimming	500 Freestyle	80-84 Female	Lillehei	Patsy	Minneapolis	MN	F	80	12:17.56	1	G	x
Swimming	500 Freestyle	85-89 Female	Smith	Ann	Chicago	IL	F	84	16:28.90	1	G	x

*** 2024 Records are Highlighted in Yellow

2024 Iowa Senior Games | Table Tennis Results
 Fourmile Community Center | Des Moines, IA

Sport	Event	Age Group	First Name	Last Name	City	State	Gender	Age	Place	Medal	NSGA
Table Tennis	Men's Doubles	55-59 Male	Jody	Ricci	Des Moines	IA	M	57	1 G		x
Table Tennis	Men's Doubles	55-59 Male	Dennis	Dahl	Pocahontas	IA	M	76	1 G		x
Table Tennis	Men's Doubles	55-59 Male	Changfu	Peng	Waukee	IA	M	56	2 S		x
Table Tennis	Men's Doubles	55-59 Male	Rong	Cai	Houston	TX	M	61	2 S		x
Table Tennis	Men's Doubles	55-59 Male	Dave	Chongo	ANKENY	IA	M	58	2 S		x
Table Tennis	Men's Doubles	55-59 Male	Nikola	Grabovac	johnston	IA	M	70	2 S		x
Table Tennis	Men's Doubles	60-64 Male	Kevin	Nabity	Mason City	IA	M	61	1 G		x
Table Tennis	Men's Doubles	60-64 Male	Kevin	Ripp	Des Moines	IA	M	67	1 G		x
Table Tennis	Men's Doubles	60-64 Male	Paul	Lewis	Dubuque	IA	M	63	2 S		x
Table Tennis	Men's Doubles	60-64 Male	Brad	Klug	Fort Dodge	IA	M	69	2 S		x
Table Tennis	Men's Doubles	60-64 Male	Ed	Witt	Des Moines	IA	M	60	3 B		x
Table Tennis	Men's Doubles	60-64 Male	Kevin	Witt	Des Moines	IA	M	64	3 B		x
Table Tennis	Men's Doubles	65-69 Male	Paul	Novotny	Rochester	MN	M	67	1 G		x
Table Tennis	Men's Doubles	65-69 Male	Ken	Larson	Austin	MN	M	73	1 G		x
Table Tennis	Men's Doubles	65-69 Male	Steve	Cunningham	Pleasant Hill	IA	M	68	1 G		x
Table Tennis	Men's Doubles	65-69 Male	Eric	Coustry	Indianola	IA	M	76	1 G		x
Table Tennis	Men's Doubles	70-74 Male	David	Knibbe	Omaha	NE	M	72	1 G		x
Table Tennis	Men's Doubles	70-74 Male	Rick	Kolb	lincoln	NE	M	78	1 G		x
Table Tennis	Men's Doubles	70-74 Male	Bob	Friedrichs	Clear Lake	IA	M	70	1 G		x
Table Tennis	Men's Doubles	70-74 Male	David	Hansen	Mason City	IA	M	76	1 G		x
Table Tennis	Men's Doubles	70-74 Male	Dale	Wagner	Tettibone	ND	M	73	3 B		x
Table Tennis	Men's Doubles	70-74 Male	Rick	Flynn	Cedar Rapids	IA	M	79	3 B		x
Table Tennis	Men's Doubles	70-74 Male	Rick	Klein	Waterloo	IA	M	70	2 S		x
Table Tennis	Men's Doubles	70-74 Male	carlos	polit	WATERLOO	IA	M	81	2 S		x
Table Tennis	Men's Doubles	75-79 Male	Joe	Brazil	Bellevue	NE	M	74	1 G		x
Table Tennis	Men's Doubles	75-79 Male	Ray	Pestridge	Stillwater	OK	M	87	1 G		x
Table Tennis	Men's Doubles	85-89 Male	Bob	Riley	Shawnee	KS	M	86	1 G		x
Table Tennis	Men's Doubles	85-89 Male	Tom	Stadtlander	Belmond	IA	M	86	1 G		x
Table Tennis	Women's Doubles	50-54 Female	Xun	Zhang	Waukee	IA	F	53	1 G		x
Table Tennis	Women's Doubles	50-54 Female	Xiaomei	Zhang	Houston	TX	F	61	1 G		x
Table Tennis	Women's Doubles	55-59 Female	Diane	Nabity	Mason City	IA	F	57	1 G		x
Table Tennis	Women's Doubles	55-59 Female	Debbie	Pestridge	Stillwater	OK	F	66	1 G		x
Table Tennis	Women's Doubles	65-69 Female	Sylvana	Airan	Lincoln	NE	F	70	1 G		x
Table Tennis	Women's Doubles	65-69 Female	Diana	Drummer	Altoona	IA	F	66	1 G		x
Table Tennis	Women's Doubles	65-69 Female	Jill	Bouslog	Urbandale	IA	F	65	1 G		x
Table Tennis	Women's Doubles	65-69 Female	Kathy	(Bickford) Leong	West Branch	IA	F	72	1 G		x
Table Tennis	Women's Doubles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	68	2 S		x
Table Tennis	Women's Doubles	65-69 Female	Sally	Bohmer	Estherville	IA	F	78	2 S		x
Table Tennis	Mixed Doubles	55-59	Diane	Nabity	Mason City	IA	F	57	1 G		x
Table Tennis	Mixed Doubles	55-59	Kevin	Nabity	Mason City	IA	M	61	1 G		x
Table Tennis	Mixed Doubles	60-64	Xiaomei	Zhang	Houston	TX	F	61	1 G		x
Table Tennis	Mixed Doubles	60-64	Rong	Cai	Houston	TX	M	61	1 G		x
Table Tennis	Mixed Doubles	65-69	Marcia	Klingbeil	Estherville	IA	F	68	1 G		x
Table Tennis	Mixed Doubles	65-69	Dennis	Dahl	Pocahontas	IA	M	76	1 G		x
Table Tennis	Mixed Doubles	65-69	Diana	Drummer	Altoona	IA	F	66	2 S		x
Table Tennis	Mixed Doubles	65-69	Nikola	Grabovac	johnston	IA	M	70	2 S		x
Table Tennis	Mixed Doubles	65-69	Debbie	Pestridge	Stillwater	OK	F	66	3 B		x
Table Tennis	Mixed Doubles	65-69	Ray	Pestridge	Stillwater	OK	M	87	3 B		x

2024 Iowa Senior Games | Table Tennis Results
Fourmile Community Center | Des Moines, IA

Table Tennis	Mixed Doubles	65-69	Jill	Bouslog	Urbandale	IA	F	65	4		x
Table Tennis	Mixed Doubles	65-69	Dale	Wagner	Tettibone	ND	M	73	4		x
Table Tennis	Mixed Doubles	70-74	Sylvana	Airan	Lincoln	NE	F	70	1	G	x
Table Tennis	Mixed Doubles	70-74	David	Knibbe	Omaha	NE	M	72	1	G	x
Table Tennis	Mixed Doubles	70-74	Kathy	(Bickford) Leong	West Branch	IA	F	72	1	G	x
Table Tennis	Mixed Doubles	70-74	Rick	Klein	Waterloo	IA	M	70	1	G	x
Table Tennis	Mixed Doubles	75-79	Sally	Bohmer	Estherville	IA	F	78	1	G	x
Table Tennis	Mixed Doubles	75-79	Rick	Flynn	Cedar Rapids	IA	M	79	1	G	x
Table Tennis	Mixed Doubles	75-79	Marc	Miller	Bloomington	IL	M	76	DNP		
Table Tennis	Mixed Doubles	75-79	Darlene	Miller	Bloomington	IL	F	81	DNP		
Table Tennis	Mixed Doubles	85-89	Leah	Duerksen	Iowa City	IA	F	85	DNP		
Table Tennis	Mixed Doubles	85-89	Tom	Stadtlander	Belmond	IA	M	86	DNP		
Table Tennis	Singles	50-54 Male	Baolei	Wu	Grinnell	IA	M	50	1	G	x
Table Tennis	Singles	50-54 Male	Jon	Augspurger	Urbandale	IA	M	52	2	S	x
Table Tennis	Singles	55-59 Female	Janet	Drew	Lowden	IA	F	59	1	G	x
Table Tennis	Singles	55-59 Female	Diane	Nabity	Mason City	IA	F	57	2	S	x
Table Tennis	Singles	55-59 Male	Jody	Ricci	Des Moines	IA	M	57	1	G	x
Table Tennis	Singles	55-59 Male	Dave	Chongo	ANKENY	IA	M	58	2	S	x
Table Tennis	Singles	55-59 Male	Nanh	Lovanh	Bowling green	KY	M	56	3	B	x
Table Tennis	Singles	60-64 Female	Xiaomei	Zhang	Houston	TX	F	61	1	G	x
Table Tennis	Singles	60-64 Female	Lisa	Lemons	Ames	IA	F	64	1	G	x
Table Tennis	Singles	60-64 Male	Rong	Cai	Houston	TX	M	61	1	G	x
Table Tennis	Singles	60-64 Male	Kevin	Nabity	Mason City	IA	M	61	1	G	x
Table Tennis	Singles	60-64 Male	Dongwang	Liu	Coralville	IA	M	61	2	S	x
Table Tennis	Singles	60-64 Male	Paul	Lewis	Dubuque	IA	M	63	3	B	x
Table Tennis	Singles	60-64 Male	Ed	Witt	Des Moines	IA	M	60	4		x
Table Tennis	Singles	60-64 Male	Z	Sicanica	West Des Moines	IA	M	62	5		
Table Tennis	Singles	60-64 Male	Mark	Walter	Des Moines	IA	M	60	6		
Table Tennis	Singles	65-69 Female	Diana	Drummer	Altoona	IA	F	66	1	G	x
Table Tennis	Singles	65-69 Female	Jill	Bouslog	Urbandale	IA	F	65	2	S	x
Table Tennis	Singles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	68	3	B	x
Table Tennis	Singles	65-69 Female	Debbie	Pestridge	Stillwater	OK	F	66	4		x
Table Tennis	Singles	65-69 Male	Kevin	Ripp	Des Moines	IA	M	67	1	G	x
Table Tennis	Singles	65-69 Male	Steve	Cunningham	Pleasant Hill	IA	M	68	2	S	x
Table Tennis	Singles	65-69 Male	Gyan	Shakya	Waukee	IA	M	66	3	B	x
Table Tennis	Singles	65-69 Male	Paul	Novotny	Rochester	MN	M	67	4		x
Table Tennis	Singles	65-69 Male	Kevin	Witt	Des Moines	IA	M	64	5		x
Table Tennis	Singles	70-74 Female	Sylvana	Airan	Lincoln	NE	F	70	1	G	x
Table Tennis	Singles	70-74 Female	Kathy	(Bickford) Leong	West Branch	IA	F	72	1	G	x
Table Tennis	Singles	70-74 Male	David	Knibbe	Omaha	NE	M	72	1	G	x
Table Tennis	Singles	70-74 Male	Nikola	Grabovac	johnston	IA	M	70	1	G	x
Table Tennis	Singles	70-74 Male	Ken	Larson	Austin	MN	M	73	3	B	x
Table Tennis	Singles	70-74 Male	Brad	Klug	Fort Dodge	IA	M	69	2	S	x
Table Tennis	Singles	70-74 Male	Mark	Long	Rock Island	IL	M	71	5		
Table Tennis	Singles	70-74 Male	Dale	Wagner	Tettibone	ND	M	73	6		
Table Tennis	Singles	70-74 Male	Rick	Klein	Waterloo	IA	M	70	7		x

2024 Iowa Senior Games | Table Tennis Results
 Fourmile Community Center | Des Moines, IA

Table Tennis	Singles	75-79 Female	Sally	Bohmer	Estherville	IA	F	78	1	G	x
Table Tennis	Singles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	76	1	G	x
Table Tennis	Singles	75-79 Male	Rick	Kolb	lincoln	NE	M	78	2	S	x
Table Tennis	Singles	75-79 Male	Joe	Brazil	Bellevue	NE	M	74	3	B	x
Table Tennis	Singles	75-79 Male	Eric	Coustry	Indianola	IA	M	76	2	S	x
Table Tennis	Singles	75-79 Male	Rick	Flynn	Cedar Rapids	IA	M	79	3	B	x
Table Tennis	Singles	75-79 Male	LARRY	HAMM	Des Moines	IA	M	75	4		x
Table Tennis	Singles	75-79 Male	Don	Heisler	Newton	IA	M	77	7		
Table Tennis	Singles	75-79 Male	Larry	Lehrkamp	Willis	TX	M	78	8		
Table Tennis	Singles	75-79 Male	Marc	Miller	Bloomington	IL	M	76	9		
Table Tennis	Singles	80-84 Male	carlos	polit	WATERLOO	IA	M	81	1	G	x
Table Tennis	Singles	85-89 Female	Leah	Duerksen	Iowa City	IA	F	85	1	G	x
Table Tennis	Singles	85-89 Male	Ray	Pestridge	Stillwater	OK	M	87	1	G	x
Table Tennis	Singles	85-89 Male	Bob	Riley	Shawnee	KS	M	86	2	S	x
Table Tennis	Singles	85-89 Male	Tom	Stadtlander	Belmond	IA	M	86	1	G	x

2024 Iowa Senior Games Tennis Results
Valley Southwoods Tennis Courts | West Des Moines, IA

Sport	Age Group	Event	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal	NSGA Qualify
Tennis	55-59 Male	Men's Doubles	malcolm	Gilreath	Urbandale	IA	M	58	2-0'	1	G	x
Tennis	55-59 Male	Men's Doubles	Mike	Conlon	Urbandale	IA	M	62	2-0'	1	G	x
Tennis	60-64 Male	Men's Doubles	Ronald	Bender	Grand Island	NE	M	60	1-1'	1	G	x
Tennis	60-64 Male	Men's Doubles	Rick	Ewald	Ankeny	IA	M	66	1-1'	1	G	x
Tennis	60-64 Male	Men's Doubles	Joseph	Lopez-Wilson	Omaha	NE	M	64	1-1'	2	S	x
Tennis	60-64 Male	Men's Doubles	john	wenzel	COUNCIL BLUFFS	IA	M	72	1-1'	2	S	x
Tennis	60-64 Male	Men's Doubles	Matt	Whipps	West Des Moines	IA	M	60	0-2'	3	B	x
Tennis	60-64 Male	Men's Doubles	Jay	Ewart	Des moines	IA	M	65	0-2'	3	B	x
Tennis	65-69 Male	Men's Doubles	Ev	Cochrane	Ames	IA	M	68	1-0'	1	G	x
Tennis	65-69 Male	Men's Doubles	Scott	Hornstein	Huxley	IA	M	69	1-0'	1	G	x
Tennis	65-69 Male	Men's Doubles	Fred	Pedersen	Iowa City	IA	M	64	0-1'	2	S	x
Tennis	65-69 Male	Men's Doubles	Timothy	Pratt	West Des Moines	IA	M	69	0-1	2	S	x
Tennis	65-69 Male	Men's Doubles	Larry	Fangman	Omaha	NE	M	65	DNP			
Tennis	65-69 Male	Men's Doubles	Don	Huber	Omaha	NE	M	68	DNP			
Tennis	75-79 Male	Men's Doubles	Gary	Korsun	Oklahoma City	OK	M	78	1-0'	1	G	x
Tennis	75-79 Male	Men's Doubles	Paul	Stokstad	Fairfield	IA	M	74	1-0'	1	G	x
Tennis	80-84 Male	Men's Doubles	Paul	Russ	JOHNSTON	IA	M	80	0-1'	1	G	x
Tennis	80-84 Male	Men's Doubles	Dean	Scheffert	Indianola	IA	M	82	0-1'	1	G	x
Tennis	55-59 Female	Women's Doubles	Tami	Bourland	Omaha	NE	F	56	1-0'	1	G	x
Tennis	55-59 Female	Women's Doubles	Debra	Adams	omaha	NE	F	61	1-0'	1	G	x
Tennis	70-74 Female	Women's Doubles	Jane	Hein	Clive	IA	F	70	0-1'	1	G	x
Tennis	70-74 Female	Women's Doubles	Ewa	Pratt	West Des Moines	IA	F	69	0-1'	1	G	x
Tennis	55-59	Mixed Doubles	Tami	Bourland	Omaha	NE	F	56	1-0'	1	G	x
Tennis	55-59	Mixed Doubles	Joseph	Lopez-Wilson	Omaha	NE	M	64	1-0'	1	G	x
Tennis	55-59	Mixed Doubles	Brian	Rohr	Iowa City	IA	M	57	0-1'	1	G	x
Tennis	55-59	Mixed Doubles	Penny	Raia	Iowa City	IA	F	59	0-1'	1	G	x
Tennis	65-69	Mixed Doubles	Timothy	Pratt	West Des Moines	IA	M	69	0-1'	1	G	x
Tennis	65-69	Mixed Doubles	Ewa	Pratt	West Des Moines	IA	F	69	0-1'	1	G	x
Tennis	70-74	Mixed Doubles	Jane	Hein	Clive	IA	F	70	1-0'	1	G	x
Tennis	70-74	Mixed Doubles	Mark	Hein	Clive	IA	M	71	1-0'	1	G	x
Tennis	75-79	Mixed Doubles	elizabeth	peters	MANKATO	MN	F	76	1-0'	1	G	x
Tennis	75-79	Mixed Doubles	Earle	Peters	Mankato	MN	M	81	1-0'	1	G	x
Tennis	80-84	Mixed Doubles	Joni	Bemis	Urbandale	IA	F	80	0-1'	1	G	x
Tennis	80-84	Mixed Doubles	ron	stoutenberg	pleasant Hill	IA	M	82	0-1'	1	G	x
Tennis	50-54 Male	Singles	Nick	Bal	Ames	IA	M	53	1-1'	1	G	x
Tennis	50-54 Male	Singles	Steve	Groenewold	Riverside	IA	M	50	0-2'	2	S	x
Tennis	55-59 Male	Singles	Brian	Rohr	Iowa City	IA	M	57	3-0'	1	G	x
Tennis	55-59 Male	Singles	Nanh	Lovanh	Bowling green	KY	M	56	1-1'	2	S	x
Tennis	55-59 Male	Singles	Fred	Jensen	Johnston	IA	M	55	0-1'	2	S	x
Tennis	60-64 Female	Singles	Cheryl	Vandevoorde	Davenport	IA	F	59	NA	1	G	x
Tennis	65-69 Male	Singles	Rick	Ewald	Ankeny	IA	M	66	2-0'	1	G	x
Tennis	65-69 Male	Singles	Dana	Geisler	Grimes	IA	M	67	2-1'	2	S	x
Tennis	65-69 Male	Singles	Fred	Pedersen	Iowa City	IA	M	64	2-1'	3	B	x
Tennis	65-69 Male	Singles	Don	Huber	Omaha	NE	M	68	0-2'	4		
Tennis	65-69 Male	Singles	Larry	Fangman	Omaha	NE	M	65	1-1'	5		

2024 Iowa Senior Games Tennis Results
Valley Southwoods Tennis Courts | West Des Moines, IA

Tennis	65-69 Male	Singles	Gregg	Bede	Lincoln	NE	M	68	0-2'	6		
Tennis	70-74 Male	Singles	Doug	Forsberg	Moline	IL	M	72	3-0'	1	G	x
Tennis	70-74 Male	Singles	Gennaro	Ligouri	des moines	IA	M	73	2-1'	1	G	x
Tennis	70-74 Male	Singles	Scott	Hornstein	Huxley	IA	M	69	1-1'	2	S	x
Tennis	70-74 Male	Singles	william	cooney	clear lake	IA	M	70	1-2'	3	B	x
Tennis	70-74 Male	Singles	William	Fitzgerald	Adel	IA	M	70	1-1'	4		
Tennis	70-74 Male	Singles	Michael	Kern	Waukee	IA	M	70	0-1'	5		
Tennis	70-74 Male	Singles	Robert	Rehfuss	Coralville	IA	M	71	0-2'	6		
Tennis	75-79 Male	Singles	Paul	Stokstad	Fairfield	IA	M	74	2-0'	1	G	x
Tennis	75-79 Male	Singles	Constantine	Roussos	ARRINGTON	VA	M	76	1-1'	2	S	x
Tennis	75-79 Male	Singles	Gary	Korsun	Oklahoma City	OK	M	78	0-2'	3	B	x
Tennis	85-89 Male	Singles	Don	Wente	Clive	IA	M	85	2-0'	1	G	x
Tennis	90-94 Male	Singles	Don	Zimmer	West Des Moines	IA	M	89	DNP			

2024 Iowa Senior Games Track and Field
Waukee Stadium | Waukee, IA | Meet Results

Sport	Event	Age Group	Last Name	First Name	City	State	Gender	Age	Result	Place	Medal	NSGA Qualify
Track & Field	1,500M Run	50-54 Female	Darnell	Suzie	Saint Paul	MN	F	49	06:42.49	1	G	x
Track & Field	1,500M Run	50-54 Female	Hammann	Robin	Pella	IA	F	49	06:47.95	1	G	x
Track & Field	1,500M Run	50-54 Female	Weber	Molly	Adel	IA	F	50	08:08.17	2	S	x
Track & Field	1,500M Run	50-54 Male	Bennett	Paxton	West Des Moines	IA	M	50	05:08.10	1	G	x
Track & Field	1,500M Run	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	05:19.65	2	S	x
Track & Field	1,500M Run	50-54 Male	Anderson	Matt	Des Moines	IA	M	54	05:46.70	2	S	x
Track & Field	1,500M Run	50-54 Male	Hammann	Rob	Pella	IA	M	53	06:08.61	3	B	x
Track & Field	1,500M Run	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	09:49.86	1	G	x
Track & Field	1,500M Run	55-59 Male	Scranton	Blake	Springfield	IL	M	57	05:42.43	1	G	x
Track & Field	1,500M Run	55-59 Male	Cook	Troy	Des Moines	IA	M	55	06:54.02	1	G	x
Track & Field	1,500M Run	60-64 Female	Vandevoorde	Cheryl	Davenport	IA	F	59	07:20.01	1	G	x
Track & Field	1,500M Run	60-64 Female	Dingeman	Jean	Pella	IA	F	60	07:25.97	2	S	x
Track & Field	1,500M Run	60-64 Female	Quill	Rachel	West Des Moines	IA	F	61	07:50.73	3	B	x
Track & Field	1,500M Run	60-64 Female	Fray	Susan	Clive	IA	F	63	07:53.91	4		x
Track & Field	1,500M Run	60-64 Male	Fyfe	Stephen	Pella	IA	M	59	05:54.18	1	G	x
Track & Field	1,500M Run	60-64 Male	Gleason	Bill	Elmhurst	IL	M	63	06:33.12	2	S	x
Track & Field	1,500M Run	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	06:40.85	2	S	x
Track & Field	1,500M Run	60-64 Male	Olivo	Horacio	Iowa City	IA	M	62	06:43.39	3	B	x
Track & Field	1,500M Run	60-64 Male	Quill	Gavin	West Des Moines	IA	M	60	07:41.12	5		x
Track & Field	1,500M Run	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	07:57.72	6		
Track & Field	1,500M Run	65-69 Female	Loyd	Susan	Exeter	NH	F	66	07:09.74	1	G	x
Track & Field	1,500M Run	65-69 Female	Thompson	Jane	Dumont	IA	F	68	09:25.86	1	G	x
Track & Field	1,500M Run	65-69 Male	Hayes	John	Chaska	MN	M	65	05:24.05	1	G	x
Track & Field	1,500M Run	65-69 Male	MCBRIDE	THOMAS	Des Moines	IA	M	68	06:05.36	1	G	x
Track & Field	1,500M Run	65-69 Male	Loch	Thomas	Decorah	IA	M	66	06:42.79	2	S	x
Track & Field	1,500M Run	65-69 Male	Hanish	Robert	Badger	IA	M	66	08:19.67	3	B	x
Track & Field	1,500M Run	65-69 Male	Weeks	Mike	Batesville	AR	M	68	14:04.10	5		
Track & Field	1,500M Run	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	11:43.95	1	G	x
Track & Field	1,500M Run	70-74 Male	Miller	David	Urbandale	IA	M	72	06:36.69	1	G	x
Track & Field	1,500M Run	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	08:36.72	2	S	x
Track & Field	1,500M Run	75-79 Female	Seehusen	Carol	Allison	IA	F	75	12:06.17	1	G	x
Track & Field	1,500M Run	75-79 Male	Bachmann	Bruce	Cedar Rapids	IA	M	74	07:06.56	1	G	x
Track & Field	1,500M Run	75-79 Male	Wolfe	Tom	Cedar Rapids	IA	M	75	07:21.50	2	S	x
Track & Field	1,500M Run	75-79 Male	HAMM	LARRY	Des Moines	IA	M	75	08:41.54	3	B	x
Track & Field	1,500M Run	75-79 Male	Adair	Denny	Osceola	IA	M	75	14:06.62	4		x
Track & Field	1,500M Run	80-84 Male	Kirkwood	Tom	Dyersville	IA	M	80	09:10.77	1	G	x
Track & Field	1,500M Run	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	07:57.18	1	G	x
Track & Field	1,500M Run	85-89 Male	Eno	Willam	Sheffield	IA	M	85	12:08.66	1	G	x
Track & Field	100M Dash	50-54 Female	Darnell	Suzie	Saint Paul	MN	F	49	15.73	1	G	x
Track & Field	100M Dash	50-54 Female	Long	Lori	Cedar Rapids	IA	F	52	15.73	1	G	x
Track & Field	100M Dash	50-54 Female	Plahmer	Michelle	Winona	MN	F	51	16.62	3	B	x
Track & Field	100M Dash	50-54 Female	marshall	jennifer	Moline	IL	F	51	17.89	4		x
Track & Field	100M Dash	50-54 Female	Francksen	Sue	Olin	IA	F	53	24.3	5	S	x
Track & Field	100M Dash	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	12.79	1	G	x
Track & Field	100M Dash	50-54 Male	Reagen	Nate	Des Moines	IA	M	51	13.62	2	S	x
Track & Field	100M Dash	50-54 Male	Mills	Scott	Des Moines	IA	M	53	19.11	3	B	x
Track & Field	100M Dash	55-59 Female	KIRK	JACQUELINE	St Paul	MN	F	58	14.41	1	G	x
Track & Field	100M Dash	55-59 Female	Blasberg	Mindy	DES MOINES	IA	F	59	16.98	1	G	x
Track & Field	100M Dash	55-59 Female	Pfertsch	Tady	Omaha	NE	F	58	20.76	3	B	x
Track & Field	100M Dash	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	33.72	2	S	x
Track & Field	100M Dash	55-59 Male	Douet	Wayne	Ames	IA	M	55	14.06	1	G	x
Track & Field	100M Dash	55-59 Male	trussell	tom	Traer	IA	M	58	14.23	2	S	x
Track & Field	100M Dash	55-59 Male	Andrae	Brian	Orion	IL	M	56	14.33	3	B	x
Track & Field	100M Dash	55-59 Male	Cook	Troy	Des Moines	IA	M	55	15.76	3	B	x
Track & Field	100M Dash	55-59 Male	Delozier	Tadd	Lincoln	NE	M	58	18.16			
Track & Field	100M Dash	60-64 Female	Lund	Diane	Montrose	CO	F	60	21.25	1	G	x
Track & Field	100M Dash	60-64 Female	Dingeman	Jean	Pella	IA	F	60	22.33	1	G	x
Track & Field	100M Dash	60-64 Female	Bergstrom	Vilma	Urbandale	IA	F	60	25.13	2	S	x
Track & Field	100M Dash	60-64 Male	Brandt	John	Sioux City	IA	M	61	14.54	1	G	x
Track & Field	100M Dash	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	15.27	2	S	x
Track & Field	100M Dash	60-64 Male	Heeren	Jeff	Alden	IA	M	61	15.92	3	B	x

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Track & Field	100M Dash	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	16.08	4		x
Track & Field	100M Dash	60-64 Male	Antolik	George	Urbandale	IA	M	64	17.38	5		
Track & Field	100M Dash	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	20.99	6		
Track & Field	100M Dash	65-69 Female	Loyd	Susan	Exeter	NH	F	66	16.89	1	G	x
Track & Field	100M Dash	65-69 Female	Garey	Ann	Polk	NE	F	68	18.69	2	S	x
Track & Field	100M Dash	65-69 Female	VanZytveld	Mary	Denver	CO	F	68	18.84	3	B	x
Track & Field	100M Dash	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	19.4	1	G	x
Track & Field	100M Dash	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	24.52	2	S	x
Track & Field	100M Dash	65-69 Male	CAHALAN	TOM	Norway	IA	M	66	14.24	1	G	x
Track & Field	100M Dash	65-69 Male	van Hartesveldt	Frederick	Grand Rapids	MI	M	68	14.34	2	S	x
Track & Field	100M Dash	65-69 Male	Roberts	David	Boone	IA	M	66	14.63	2	S	x
Track & Field	100M Dash	65-69 Male	Weeks	Mike	Batesville	AR	M	68	29.72	4		x
Track & Field	100M Dash	70-74 Female	Wiley	Roanne	CENTER JUNCTION	IA	F	71	21.22	1	G	x
Track & Field	100M Dash	70-74 Female	Roberts	Conti	Cedar Rapids	IA	F	74	34.22	2	S	x
Track & Field	100M Dash	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	38.35	3	B	x
Track & Field	100M Dash	70-74 Male	Pettee	Chuck	Windsor	CO	M	73	15.45	1	G	x
Track & Field	100M Dash	70-74 Male	Lavalle	Michael	Des Moines	IA	M	70	16.15	1	G	x
Track & Field	100M Dash	70-74 Male	Buck	Bruce	Osprey	FL	M	71	16.18	3	B	x
Track & Field	100M Dash	70-74 Male	Barringer	Greg	Grand Marais	MN	M	71	16.4	4		x
Track & Field	100M Dash	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	17.74	2	S	x
Track & Field	100M Dash	70-74 Male	Black	David	Falcon Heights	MN	M	71	17.85	6		
Track & Field	100M Dash	70-74 Male	Hainley	Tom	Des Moines	IA	M	70	19.63	3	B	x
Track & Field	100M Dash	70-74 Male	Godbey	David	Des Moines	IA	M	70	19.9	8		x
Track & Field	100M Dash	70-74 Male	Kobus	Jim	Ankeny	IA	M	74	21.6	9		
Track & Field	100M Dash	70-74 Male	Wand	Kevin	Edina	MN	M	73	22.38	10		
Track & Field	100M Dash	75-79 Female	Seehusen	Carol	Allison	IA	F	75	24.25	1	G	x
Track & Field	100M Dash	75-79 Female	Hynes	Jolene	Ames	IA	F	74	24.52	2	S	x
Track & Field	100M Dash	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	27.38	3	B	x
Track & Field	100M Dash	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	28.22	4		x
Track & Field	100M Dash	75-79 Female	Carroll	Christine	West Des Moines	IA	F	74	33.63	5		x
Track & Field	100M Dash	75-79 Male	Trent	James	Midwest City	OK	M	77	15.66	1	G	x
Track & Field	100M Dash	75-79 Male	Stokstad	Paul	Fairfield	IA	M	74	16.78	1	G	x
Track & Field	100M Dash	75-79 Male	Bachmann	Bruce	Cedar Rapids	IA	M	74	17.33	2	S	x
Track & Field	100M Dash	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	18.2	4		x
Track & Field	100M Dash	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	19.66	3	B	x
Track & Field	100M Dash	75-79 Male	Huggins	Andrew	North Barrington	IL	M	77	21.45	6		
Track & Field	100M Dash	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	21.45	7		
Track & Field	100M Dash	75-79 Male	Adair	Denny	Osceola	IA	M	75	30.03	8		x
Track & Field	100M Dash	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	27.33	1	G	x
Track & Field	100M Dash	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	19.24	1	G	x
Track & Field	100M Dash	85-89 Male	Anderson	Richard	West Des Moines	IA	M	88	32.83	1	G	x
Track & Field	100M Dash	85-89 Male	Thompson	Lowell	New Brighton	MN	M	85	50.14	3	B	x
Track & Field	100M Dash	90-94 Male	Kempf	Lloyd	Woonsocket	SD	M	90	22.15	1	G	x
Track & Field	100M Dash	90-94 Male	Zimmer	Don	West Des Moines	IA	M	89	25.01	1	G	x
Track & Field	200M Dash	50-54 Female	Matthews	Kristy	Chula Vista	CA	F	51	27.7	1	G	x
Track & Field	200M Dash	50-54 Female	Long	Lori	Cedar Rapids	IA	F	52	32.56	1	G	x
Track & Field	200M Dash	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	30.53	1	G	x
Track & Field	200M Dash	55-59 Female	KIRK	JACQUELINE	St Paul	MN	F	58	31.14	1	G	x
Track & Field	200M Dash	55-59 Female	Blasberg	Mindy	DES MOINES	IA	F	59	38	1	G	x
Track & Field	200M Dash	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	54.23	2	S	x
Track & Field	200M Dash	55-59 Male	Douet	Wayne	Ames	IA	M	55	28.77	1	G	x
Track & Field	200M Dash	55-59 Male	trussell	tom	Traer	IA	M	58	32.47	2	S	x
Track & Field	200M Dash	55-59 Male	Cook	Troy	Des Moines	IA	M	55	34.67	3	B	x
Track & Field	200M Dash	55-59 Male	Delozier	Tadd	Lincoln	NE	M	58	40.09	4		x
Track & Field	200M Dash	60-64 Female	Fray	Susan	Clive	IA	F	63	39.09	1	G	x
Track & Field	200M Dash	60-64 Female	Dingeman	Jean	Pella	IA	F	60	49.77	2	S	x
Track & Field	200M Dash	60-64 Male	Brandt	John	Sioux City	IA	M	61	31.77	1	G	x
Track & Field	200M Dash	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	32.34	2	S	x
Track & Field	200M Dash	60-64 Male	Antolik	George	Urbandale	IA	M	64	37.15	3	B	x
Track & Field	200M Dash	60-64 Male	Walter	Mark	Des Moines	IA	M	60	38.47	4		x
Track & Field	200M Dash	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	43.6	5		
Track & Field	200M Dash	65-69 Female	Loyd	Susan	Exeter	NH	F	66	35.37	1	G	x
Track & Field	200M Dash	65-69 Female	VanZytveld	Mary	Denver	CO	F	68	42.2	2	S	x
Track & Field	200M Dash	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	42.24	1	G	x
Track & Field	200M Dash	65-69 Female	Hulvey	Jean	Mount Sterling	IL	F	65	45.62	4		x

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Track & Field	200M Dash	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	58.95	2	S	x
Track & Field	200M Dash	65-69 Male	CAHALAN	TOM	Norway	IA	M	66	29.64	1	G	x
Track & Field	200M Dash	65-69 Male	Roberts	David	Boone	IA	M	66	29.8	2	S	x
Track & Field	200M Dash	65-69 Male	Dahlstrom	Keith	CEDAR FALLS	IA	M	69	33.19	3	B	x
Track & Field	200M Dash	65-69 Male	Weeks	Mike	Batesville	AR	M	68	01:27.16	4		x
Track & Field	200M Dash	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	01:33.90	1	G	x
Track & Field	200M Dash	70-74 Female	Long	Jennifer	Iowa City	IA	F	71	01:37.08	2	S	x
Track & Field	200M Dash	70-74 Male	Buck	Bruce	Osprey	FL	M	71	33.17	1	G	x
Track & Field	200M Dash	70-74 Male	Prabhakar	Samuel	rochester	MN	M	69	35.62	2	S	x
Track & Field	200M Dash	70-74 Male	Barringer	Greg	Grand Marais	MN	M	71	35.98	3	B	x
Track & Field	200M Dash	70-74 Male	Wand	Kevin	Edina	MN	M	73	35.99	4		x
Track & Field	200M Dash	70-74 Male	Black	David	Falcon Heights	MN	M	71	40.98	5		
Track & Field	200M Dash	75-79 Female	Seehusen	Carol	Allison	IA	F	75	58.99	1	G	x
Track & Field	200M Dash	75-79 Female	Hynes	Jolene	Ames	IA	F	74	01:16.40	2	S	x
Track & Field	200M Dash	75-79 Female	Hintermeister	Shari	North Liberty	IA	F	74	01:55.89	3	B	x
Track & Field	200M Dash	75-79 Male	Kearley	Timothy	Fort Collins	CO	M	74	30.78	1	G	x
Track & Field	200M Dash	75-79 Male	Trent	James	Midwest City	OK	M	77	33.02	2	S	x
Track & Field	200M Dash	75-79 Male	Wolfe	Tom	Cedar Rapids	IA	M	75	41	1	G	x
Track & Field	200M Dash	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	55.79	4		x
Track & Field	200M Dash	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	55.79	5		
Track & Field	200M Dash	80-84 Male	Kirkwood	Tom	Dyersville	IA	M	80	47.3	1	G	x
Track & Field	200M Dash	80-84 Male	Schellhorn	Greuling(G)	Boscobel	WI	M	84	53.53	2	S	x
Track & Field	200M Dash	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	01:27.22	2	S	x
Track & Field	200M Dash	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	44.13	1	G	x
Track & Field	200M Dash	90-94 Female	Ramker	Norma	Urbandale	IA	F	90	01:37.18	1	G	x
Track & Field	400M Run	50-54 Female	Matthews	Kristy	Chula Vista	CA	F	51	01:00.23	1	G	x
Track & Field	400M Run	50-54 Female	Darnell	Suzie	Saint Paul	MN	F	49	01:19.61	2	S	x
Track & Field	400M Run	50-54 Female	Long	Lori	Cedar Rapids	IA	F	52	01:19.61	1	G	x
Track & Field	400M Run	50-54 Female	Hammann	Robin	Pella	IA	F	49	01:28.21	2	S	x
Track & Field	400M Run	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	01:08.37	1	G	x
Track & Field	400M Run	50-54 Male	Hammann	Rob	Pella	IA	M	53	01:16.74	1	G	x
Track & Field	400M Run	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	02:27.23	1	G	x
Track & Field	400M Run	55-59 Male	Douet	Wayne	Ames	IA	M	55	01:03.82	1	G	x
Track & Field	400M Run	55-59 Male	Scranton	Blake	Springfield	IL	M	57	01:18.44	2	S	x
Track & Field	400M Run	55-59 Male	Cook	Troy	Des Moines	IA	M	55	01:22.68	2	S	x
Track & Field	400M Run	60-64 Female	Fray	Susan	Clive	IA	F	63	01:32.23	1	G	x
Track & Field	400M Run	60-64 Female	Dingeman	Jean	Pella	IA	F	60	01:49.48	2	S	x
Track & Field	400M Run	60-64 Female	Lund	Diane	Montrose	CO	F	60	02:03.95	3	B	x
Track & Field	400M Run	60-64 Male	Brandt	John	Sioux City	IA	M	61	01:08.07	1	G	x
Track & Field	400M Run	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	01:20.26	2	S	x
Track & Field	400M Run	60-64 Male	Olivo	Horacio	Iowa City	IA	M	62	01:27.64	3	B	x
Track & Field	400M Run	60-64 Male	Heeren	Jeff	Alden	IA	M	61	01:28.41	4		x
Track & Field	400M Run	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	01:38.19	5		
Track & Field	400M Run	65-69 Female	Loyd	Susan	Exeter	NH	F	66	01:21.65	1	G	x
Track & Field	400M Run	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	01:36.50	1	G	x
Track & Field	400M Run	65-69 Female	VanZytveld	Mary	Denver	CO	F	68	01:45.12	3	B	x
Track & Field	400M Run	65-69 Male	Hayes	John	Chaska	MN	M	65	01:10.96	1	G	x
Track & Field	400M Run	65-69 Male	Roberts	David	Boone	IA	M	66	01:12.47	1	G	x
Track & Field	400M Run	65-69 Male	CAHALAN	TOM	Norway	IA	M	66	01:18.04	2	S	x
Track & Field	400M Run	65-69 Male	Dahlstrom	Keith	CEDAR FALLS	IA	M	69	01:19.99	3	B	x
Track & Field	400M Run	65-69 Male	Loch	Thomas	Decorah	IA	M	66	01:27.81	4		x
Track & Field	400M Run	65-69 Male	Weeks	Mike	Batesville	AR	M	68	03:09.22	5		
Track & Field	400M Run	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	03:37.46	1	G	x
Track & Field	400M Run	70-74 Female	Long	Jennifer	Iowa City	IA	F	71	03:40.43	2	S	x
Track & Field	400M Run	70-74 Male	Barringer	Greg	Grand Marais	MN	M	71	01:27.82	1	G	x
Track & Field	400M Run	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	01:40.94	1	G	x
Track & Field	400M Run	75-79 Female	Hynes	Jolene	Ames	IA	F	74	03:03.43	1	G	x
Track & Field	400M Run	75-79 Female	Hintermeister	Shari	North Liberty	IA	F	74	03:53.43	2	S	x
Track & Field	400M Run	75-79 Male	Kearley	Timothy	Fort Collins	CO	M	74	01:20.04	1	G	x
Track & Field	400M Run	75-79 Male	Wolfe	Tom	Cedar Rapids	IA	M	75	01:30.11	1	G	x
Track & Field	400M Run	75-79 Male	Bachmann	Bruce	Cedar Rapids	IA	M	74	01:35.85	2	S	x

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Track & Field	400M Run	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	02:48.20	4		x
Track & Field	400M Run	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	01:56.79	1	G	x
Track & Field	400M Run	80-84 Male	Schellhorn	Greuling(G)	Boscobel	WI	M	84	02:10.62	2	S	x
Track & Field	400M Run	80-84 Male	Kirkwood	Tom	Dyersville	IA	M	80	03:33.23	2	S	x
Track & Field	400M Run	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	01:47.21	1	G	x
Track & Field	50M Dash	50-54 Female	Darnell	Suzie	Saint Paul	MN	F	49	8.26	1	G	x
Track & Field	50M Dash	50-54 Female	Plahmer	Michelle	Winona	MN	F	51	8.6	2	S	x
Track & Field	50M Dash	50-54 Female	marshall	jennifer	Moline	IL	F	51	9.01	3	B	x
Track & Field	50M Dash	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	6.92	1	G	x
Track & Field	50M Dash	55-59 Female	KIRK	JACQUELINE	St Paul	MN	F	58	7.77	1	G	x
Track & Field	50M Dash	55-59 Female	Blasberg	Mindy	DES MOINES	IA	F	59	8.62	1	G	x
Track & Field	50M Dash	55-59 Female	Pfertsch	Tady	Omaha	NE	F	58	10.9	3	B	x
Track & Field	50M Dash	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	16.3	2	S	x
Track & Field	50M Dash	55-59 Male	Okezie	Chris	Bloomfield Hills	MI	M	57	7.24	1	G	x
Track & Field	50M Dash	55-59 Male	trussell	tom	Traer	IA	M	58	7.28	1	G	x
Track & Field	50M Dash	55-59 Male	Douet	Wayne	Ames	IA	M	55	7.31	2	S	x
Track & Field	50M Dash	55-59 Male	Andrae	Brian	Orion	IL	M	56	7.56	4		x
Track & Field	50M Dash	55-59 Male	Cook	Troy	Des Moines	IA	M	55	8.53	3	B	x
Track & Field	50M Dash	55-59 Male	Delozier	Tadd	Lincoln	NE	M	58	9.74	6		
Track & Field	50M Dash	60-64 Female	Lund	Diane	Montrose	CO	F	60	10.47	1	G	x
Track & Field	50M Dash	60-64 Female	Bergstrom	Vilma	Urbandale	IA	F	60	11.24	1	G	x
Track & Field	50M Dash	60-64 Female	Dingeman	Jean	Pella	IA	F	60	11.69	2	S	x
Track & Field	50M Dash	60-64 Male	Brandt	John	Sioux City	IA	M	61	7.67	1	G	x
Track & Field	50M Dash	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	7.76	2	S	x
Track & Field	50M Dash	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	8.22	3	B	x
Track & Field	50M Dash	60-64 Male	Antolik	George	Urbandale	IA	M	64	8.78	4		x
Track & Field	50M Dash	60-64 Male	Walter	Mark	Des Moines	IA	M	60	9.98	5		
Track & Field	50M Dash	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	10.1	6		
Track & Field	50M Dash	60-64 Male	Heeren	Jeff	Alden	IA	M	61	18.79	7		
Track & Field	50M Dash	65-69 Female	Loyd	Susan	Exeter	NH	F	66	8.94	1	G	x
Track & Field	50M Dash	65-69 Female	Garey	Ann	Polk	NE	F	68	9.55	2	S	x
Track & Field	50M Dash	65-69 Female	VanZyrtveld	Mary	Denver	CO	F	68	9.66	3	B	x
Track & Field	50M Dash	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	10.03	1	G	x
Track & Field	50M Dash	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	11.52	2	S	x
Track & Field	50M Dash	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	12.47	3	B	x
Track & Field	50M Dash	65-69 Female	Marolf	Micki	Dubuque	IA	F	67	14.87	4		x
Track & Field	50M Dash	65-69 Male	CAHALAN	TOM	Norway	IA	M	66	7.51	1	G	x
Track & Field	50M Dash	65-69 Male	Rus	David	Des Moines	IA	M	65	10.13	2	S	x
Track & Field	50M Dash	65-69 Male	Weeks	Mike	Batesville	AR	M	68	15.29	3	B	x
Track & Field	50M Dash	70-74 Female	Reddick	Barbara	Remlap	AL	F	70	10.82	1	G	x
Track & Field	50M Dash	70-74 Female	Roberts	Conti	Cedar Rapids	IA	F	74	16.51	1	G	x
Track & Field	50M Dash	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	17.67	2	S	x
Track & Field	50M Dash	70-74 Female	Long	Jennifer	Iowa City	IA	F	71	25.49	3	B	x
Track & Field	50M Dash	70-74 Male	Pettee	Chuck	Windsor	CO	M	73	8.05	1	G	x
Track & Field	50M Dash	70-74 Male	Prabhakar	Samuel	rochester	MN	M	69	8.33	2	S	x
Track & Field	50M Dash	70-74 Male	Buck	Bruce	Osprey	FL	M	71	8.58	3	B	x
Track & Field	50M Dash	70-74 Male	Lavalle	Michael	Des Moines	IA	M	70	8.62	1	G	x
Track & Field	50M Dash	70-74 Male	Barringer	Greg	Grand Marais	MN	M	71	8.73	5		
Track & Field	50M Dash	70-74 Male	Black	David	Falcon Heights	MN	M	71	9.26	6		
Track & Field	50M Dash	70-74 Male	Kobus	Jim	Ankeny	IA	M	74	10.31	2	S	x
Track & Field	50M Dash	70-74 Male	Godbey	David	Des Moines	IA	M	70	11	3	B	x
Track & Field	50M Dash	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	12.1	9		x
Track & Field	50M Dash	75-79 Female	Hynes	Jolene	Ames	IA	F	74	11.82	1	G	x
Track & Field	50M Dash	75-79 Female	Seehusen	Carol	Allison	IA	F	75	11.87	2	S	x
Track & Field	50M Dash	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	12.6	3	B	x
Track & Field	50M Dash	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	13.39	4		x
Track & Field	50M Dash	75-79 Female	Carroll	Christine	West Des Moines	IA	F	74	15.49	5		x
Track & Field	50M Dash	75-79 Male	Kearley	Timothy	Fort Collins	CO	M	74	7.96	1	G	x
Track & Field	50M Dash	75-79 Male	Trent	James	Midwest City	OK	M	77	8.21	2	S	x
Track & Field	50M Dash	75-79 Male	Yarush	John	Lake Geneva	AZ	M	77	9.07	3	B	x
Track & Field	50M Dash	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	9.21	4		x
Track & Field	50M Dash	75-79 Male	Bachmann	Bruce	Cedar Rapids	IA	M	74	9.27	1	G	x
Track & Field	50M Dash	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	9.55	2	S	x
Track & Field	50M Dash	75-79 Male	Eastman	Greg	Clive	IA	M	77	10.28	3	B	x
Track & Field	50M Dash	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	10.8	8		
Track & Field	50M Dash	75-79 Male	Huggins	Andrew	North Barrington	IL	M	77	11.35	9		
Track & Field	50M Dash	75-79 Male	Adair	Denny	Osceola	IA	M	75	14.25	10		x

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Track & Field	50M Dash	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	16.61	11		
Track & Field	50M Dash	80-84 Male	Peterson	Ron	Waukee	IA	M	79	9.82	1	G	x
Track & Field	50M Dash	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	14.55	2	S	x
Track & Field	50M Dash	85-89 Male	Thompson	Lowell	New Brighton	MN	M	85	9.74	1	G	x
Track & Field	50M Dash	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	9.89	2	S	x
Track & Field	50M Dash	85-89 Male	Matheis	Al	kankakee	IL	M	86	13.59	3	B	x
Track & Field	50M Dash	85-89 Male	Anderson	Richard	West Des Moines	IA	M	88	14.89	1	G	x
Track & Field	50M Dash	90-94 Female	Ramker	Norma	Urbandale	IA	F	90	17.64	1	G	x
Track & Field	50M Dash	90-94 Male	Kempf	Lloyd	Woonsocket	SD	M	90	10.33	1	G	x
Track & Field	50M Dash	90-94 Male	Zimmer	Don	West Des Moines	IA	M	89	12.29	1	G	x
Track & Field	800M Run	50-54 Female	Matthews	Kristy	Chula Vista	CA	F	51	02:42.24	1	G	x
Track & Field	800M Run	50-54 Female	Hammann	Robin	Pella	IA	F	49	03:31.92	1	G	x
Track & Field	800M Run	50-54 Male	Bennett	Paxton	West Des Moines	IA	M	50	02:33.33	1	G	x
Track & Field	800M Run	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	02:36.98	2	S	x
Track & Field	800M Run	50-54 Male	Anderson	Matt	Des Moines	IA	M	54	02:46.01	2	S	x
Track & Field	800M Run	50-54 Male	Guerra	Tony	Ankeny	IA	M	52	02:53.86	3	B	x
Track & Field	800M Run	50-54 Male	Hammann	Rob	Pella	IA	M	53	03:00.44	4		x
Track & Field	800M Run	55-59 Female	Shide	Jennifer	Urbandale	IA	F	57	05:02.52	1	G	x
Track & Field	800M Run	55-59 Male	Scranton	Blake	Springfield	IL	M	57	02:54.63	1	G	x
Track & Field	800M Run	55-59 Male	Cook	Troy	Des Moines	IA	M	55	03:20.76	1	G	x
Track & Field	800M Run	60-64 Female	Fray	Susan	Clive	IA	F	63	03:48.54	1	G	x
Track & Field	800M Run	60-64 Female	Quill	Rachel	West Des Moines	IA	F	61	04:05.53	2	S	x
Track & Field	800M Run	60-64 Female	Dingeman	Jean	Pella	IA	F	60	04:52.80	3	B	x
Track & Field	800M Run	60-64 Male	Fyfe	Stephen	Pella	IA	M	59	02:55.72	1	G	x
Track & Field	800M Run	60-64 Male	Brandt	John	Sioux City	IA	M	61	02:55.79	2	S	x
Track & Field	800M Run	60-64 Male	Gleason	Bill	Elmhurst	IL	M	63	03:16.60	3	B	x
Track & Field	800M Run	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	03:22.06	3	B	x
Track & Field	800M Run	60-64 Male	Olivo	Horacio	Iowa City	IA	M	62	03:22.77	4		x
Track & Field	800M Run	60-64 Male	Quill	Gavin	West Des Moines	IA	M	60	03:36.07	5		
Track & Field	800M Run	65-69 Female	Loyd	Susan	Exeter	NH	F	66	03:25.06	1	G	x
Track & Field	800M Run	65-69 Female	Thompson	Jane	Dumont	IA	F	68	04:39.51	1	G	x
Track & Field	800M Run	65-69 Male	Hayes	John	Chaska	MN	M	65	02:40.87	1	G	x
Track & Field	800M Run	65-69 Male	Grinvalds	Paul	West Des Moines	IA	M	66	02:46.15	1	G	x
Track & Field	800M Run	65-69 Male	Loch	Thomas	Decorah	IA	M	66	03:14.38	2	S	x
Track & Field	800M Run	65-69 Male	Dahlstrom	Keith	CEDAR FALLS	IA	M	69	03:18.22	3	B	x
Track & Field	800M Run	65-69 Male	Hanish	Robert	Badger	IA	M	66	04:16.06	4		x
Track & Field	800M Run	65-69 Male	Weeks	Mike	Batesville	AR	M	68	07:29.84	6		
Track & Field	800M Run	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	08:11.31	1	G	x
Track & Field	800M Run	70-74 Male	Miller	David	Urbandale	IA	M	72	03:10.05	1	G	x
Track & Field	800M Run	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	04:42.06	2	S	x
Track & Field	800M Run	75-79 Female	Hintermeister	Shari	North Liberty	IA	F	74	08:45.13	1	G	x
Track & Field	800M Run	75-79 Male	Wolfe	Tom	Cedar Rapids	IA	M	75	03:39.57	1	G	x
Track & Field	800M Run	75-79 Male	HAMM	LARRY	Des Moines	IA	M	75	03:47.68	2	S	x
Track & Field	800M Run	80-84 Male	Kirkwood	Tom	Dyersville	IA	M	80	04:27.59	1	G	x
Track & Field	800M Run	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	04:11.60	1	G	x
Track & Field	800M Run	85-89 Male	Eno	Willam	Sheffield	IA	M	85	05:41.97	2	S	x
Track & Field	Discus	50-54 Female	Arndt	Tracy	Shullsburg	WI	F	51	78-02	1	G	x
Track & Field	Discus	50-54 Female	Francksen	Sue	Olin	IA	F	53	31-04	1	G	x
Track & Field	Discus	50-54 Male	goedken	jason	center point	IA	M	50	95-01	1	G	x
Track & Field	Discus	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	90-01	2	S	x
Track & Field	Discus	50-54 Male	Guerra	Tony	Ankeny	IA	M	52	78-05	3	B	x
Track & Field	Discus	50-54 Male	Mills	Scott	Des Moines	IA	M	53	62-02	4		x
Track & Field	Discus	55-59 Female	Haller	Ann	Wheeling	IL	F	59	85-00	1	G	x
Track & Field	Discus	55-59 Female	Hall	Cheryl	Weston	WI	F	57	78-11	2	S	x
Track & Field	Discus	55-59 Female	Petra	Cathy	Elk Point	SD	F	54	52-06	3	B	x
Track & Field	Discus	55-59 Female	Rickena	Jacqueline	West Des Moines	IA	F	58	40-11	1	G	x
Track & Field	Discus	55-59 Male	Bellrichard	Troy	Spring Valley	MN	M	57	116-00	1	G	x
Track & Field	Discus	60-64 Female	Tesdall	Nancy	Sioux Falls	SD	F	59	77-09	1	G	x

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Track & Field	Discus	60-64 Female	Anderson	Pat	Sun Prairie	WI	F	63	75-01	2	S	x
Track & Field	Discus	60-64 Female	bintz	melanie	dayton	IA	F	60	51-06	1	G	x
Track & Field	Discus	60-64 Female	Bergstrom	Vilma	Urbandale	IA	F	60	41-09	2	S	x
Track & Field	Discus	60-64 Male	Hawley	Kim	Plattsouth	NE	M	59	117-07	1	G	x
Track & Field	Discus	60-64 Male	Files	Robert	Urbandale	IA	M	62	106-04	1	G	x
Track & Field	Discus	60-64 Male	Pew	Timothy	Des Moines	IA	M	62	101-04	2	S	x
Track & Field	Discus	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	95-01	3	B	x
Track & Field	Discus	60-64 Male	Lehr	Dennis	Orion	IL	M	63	92-02	5		
Track & Field	Discus	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	91-07	6		x
Track & Field	Discus	60-64 Male	Greenwood	Dana	Johnston	IA	M	64	88-01	7		
Track & Field	Discus	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	58-07	1	G	x
Track & Field	Discus	65-69 Female	Schmidt	Ann	Urbandale	IA	F	66	53-11	2	S	x
Track & Field	Discus	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	47-07	3	B	x
Track & Field	Discus	65-69 Female	Boyer	Rozalyn	Adel	IA	F	66	27-07	4		x
Track & Field	Discus	65-69 Male	Anderson	Rick	Lawrence	KS	M	64	143-04	1	G	x
Track & Field	Discus	65-69 Male	Melendez	Hiram	Dubuque	IA	M	68	116-02	1	G	x
Track & Field	Discus	65-69 Male	Roegiers	Brian	Sioux Falls	SD	M	66	115-08	3	B	x
Track & Field	Discus	65-69 Male	Franzen	Jim	Denver	IA	M	67	107-01	2	S	x
Track & Field	Discus	65-69 Male	Weeks	Mike	Batesville	AR	M	68	73-03	5		
Track & Field	Discus	65-69 Male	McCandless	Mike	Decorah	IA	M	64	69-10	3	B	x
Track & Field	Discus	65-69 Male	Bonin	Brad	Clear Lake	IA	M	66	69-10	7		x
Track & Field	Discus	70-74 Female	Rowe	Linda	Bloomfield	IA	F	72	62-06	1	G	x
Track & Field	Discus	70-74 Female	Reddick	Barbara	Remlap	AL	F	70	55-07	2	S	x
Track & Field	Discus	70-74 Female	Beuter	Margaret	Iowa City	IA	F	69	52-11	2	S	x
Track & Field	Discus	70-74 Female	Wiley	Roanne	CENTER JUNCTION	IA	F	71	43-10	3	B	x
Track & Field	Discus	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	38-10	5		x
Track & Field	Discus	70-74 Female	Green	Martha	Des Moines	IA	F	73	34-09	6		
Track & Field	Discus	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	124-10	1	G	x
Track & Field	Discus	70-74 Male	Hauser	Patrick	Lake Mills	WI	M	73	122-06	2	S	x
Track & Field	Discus	70-74 Male	Ullom	Dave	Estherville	IA	M	69	66-07	1	G	x
Track & Field	Discus	70-74 Male	Ronan	Jim	Naperville	IL	M	72	65-06	4		x
Track & Field	Discus	70-74 Male	Best	Robert G	DES MOINES	IA	M	73	55-10	2	S	x
Track & Field	Discus	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	54-07	1	G	x
Track & Field	Discus	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	50-04	2	S	x
Track & Field	Discus	75-79 Female	French	Suzan	Ankeny	IA	F	78	28-10	2	S	x
Track & Field	Discus	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	90-10	1	G	x
Track & Field	Discus	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	83-06	2	S	x
Track & Field	Discus	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	81-00	3	B	x
Track & Field	Discus	75-79 Male	Eastman	Greg	Clive	IA	M	77	64-10	3	B	x
Track & Field	Discus	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	36-00	5		x
Track & Field	Discus	80-84 Male	Peterson	Robert	Windsor	CO	M	81	79-02	1	G	x
Track & Field	Discus	80-84 Male	Peterson	Ron	Waukee	IA	M	79	72-05	1	G	x
Track & Field	Discus	80-84 Male	Zanger	Martin	Robbinsdale	MN	M	82	56-03	2	S	x
Track & Field	Discus	85-89 Female	Gardner	Wylene	Des Moines	IA	F	86	12-03"	1	G	x
Track & Field	Discus	85-89 Male	McCoid	Bob	West Alexander	PA	M	86	50-06	1	G	x
Track & Field	Discus	85-89 Male	Newton	Don	West Des Moines	IA	M	85	47-06	1	G	x
Track & Field	Discus	85-89 Male	Anderson	Richard	West Des Moines	IA	M	88	36-00	2	S	x
Track & Field	Discus	90-94 Female	Kempf	Audrey	Woonsocket	SD	F	90	38-00	1	G	x
Track & Field	Discus	90-94 Male	Kempf	Lloyd	Woonsocket	SD	M	90	59-06	1	G	x
Track & Field	Discus	90-94 Male	Young	Bart	Indianola	IA	M	93	22-10	1	G	x
Track & Field	High Jump	50-54 Female	Olson	Beverly	Nebraska City	NE	F	49	3-00.00	1	G	x
Track & Field	High Jump	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	4-00.00	1	G	x
Track & Field	High Jump	50-54 Male	Mills	Scott	Des Moines	IA	M	53	3-02.00	1	G	x
Track & Field	High Jump	60-64 Female	Anderson	Pat	Sun Prairie	WI	F	63	3-08.00	1	G	x
Track & Field	High Jump	60-64 Male	Krapfl	Mike	Ames	IA	M	61	4-04.00	1	G	x
Track & Field	High Jump	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	4-02.00	2	S	x
Track & Field	High Jump	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	4-02.00	2	S	x
Track & Field	High Jump	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	3-07.00	3	B	x
Track & Field	High Jump	65-69 Female	Hulvey	Jean	Mount Sterling	IL	F	65	3-04.00	1	G	x
Track & Field	High Jump	65-69 Male	Davis	Randy	Altoona	IA	M	67	3-04.00	1	G	x
Track & Field	High Jump	65-69 Male	Weeks	Mike	Batesville	AR	M	68	3-00.00	2	S	x
Track & Field	High Jump	70-74 Female	Beuter	Margaret	Iowa City	IA	F	69	3-06.00	1	G	x

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Track & Field	High Jump	70-74 Male	Pettee	Chuck	Windsor	CO	M	73	4-05.00	1	G	x
Track & Field	High Jump	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	4-02.00	2	S	x
Track & Field	High Jump	70-74 Male	Black	David	Falcon Heights	MN	M	71	4-00.00	3	B	x
Track & Field	High Jump	70-74 Male	Ronan	Jim	Naperville	IL	M	72	3-10.00	4		x
Track & Field	High Jump	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	3-09.00	1	G	x
Track & Field	High Jump	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	NH			
Track & Field	High Jump	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	4-00.00	1	G	x
Track & Field	High Jump	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	3-06.00	2	S	x
Track & Field	High Jump	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	3-02.00	3	B	x
Track & Field	High Jump	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	2-10.00	2	S	x
Track & Field	High Jump	80-84 Male	Peterson	Ron	Waukee	IA	M	79	3-08.00	1	G	x
Track & Field	High Jump	90-94 Male	Kempf	Lloyd	Woonsocket	SD	M	90	3-04.00	1	G	x
Track & Field	Javelin	50-54 Female	Mills	Carrie	Des Moines	IA	F	53	52-01	1	G	x
Track & Field	Javelin	50-54 Female	Olson	Beverly	Nebraska City	NE	F	49	38-05	2	S	x
Track & Field	Javelin	50-54 Female	Francksen	Sue	Olin	IA	F	53	ND			
Track & Field	Javelin	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	97-06	1	G	x
Track & Field	Javelin	50-54 Male	Mills	Scott	Des Moines	IA	M	53	52-02	2	S	x
Track & Field	Javelin	55-59 Female	Petra	Cathy	Elk Point	SD	F	54	101-06	1	G	x
Track & Field	Javelin	55-59 Female	Hall	Cheryl	Weston	WI	F	57	69-08	2	S	x
Track & Field	Javelin	55-59 Female	Pfertsch	Tady	Omaha	NE	F	58	50-09	3	B	x
Track & Field	Javelin	55-59 Female	Riekens	Jacqueline	West Des Moines	IA	F	58	36-09	1	G	x
Track & Field	Javelin	55-59 Male	Bellrichard	Troy	Spring Valley	MN	M	57	110-11	1	G	x
Track & Field	Javelin	60-64 Female	Christiansen	Marcia	Deforest	WI	F	60	92-08	1	G	x
Track & Field	Javelin	60-64 Female	Anderson	Pat	Sun Prairie	WI	F	63	62-05	2	S	x
Track & Field	Javelin	60-64 Female	bintz	melanie	dayton	IA	F	60	52-05	1	G	x
Track & Field	Javelin	60-64 Female	Tesdall	Nancy	Sioux Falls	SD	F	59	51-08	4		x
Track & Field	Javelin	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	107-09	1	G	x
Track & Field	Javelin	60-64 Male	Lehr	Dennis	Orion	IL	M	63	92-03	2	S	x
Track & Field	Javelin	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	85-04	2	S	x
Track & Field	Javelin	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	70-11	3	B	x
Track & Field	Javelin	60-64 Male	Pew	Timothy	Des Moines	IA	M	62	63-08	5		x
Track & Field	Javelin	60-64 Male	Hestdalen	Brett	Sioux Falls	SD	M	62	ND	6		
Track & Field	Javelin	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	48-11	1	G	x
Track & Field	Javelin	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	45-02	2	S	x
Track & Field	Javelin	65-69 Female	Schmidt	Ann	Urbandale	IA	F	66	42-07	3	B	x
Track & Field	Javelin	65-69 Female	Boyer	Rozalyn	Adel	IA	F	66	29-07	4		x
Track & Field	Javelin	65-69 Female	Johnson	Ellen	Ankeny	IA	F	66	ND	5		
Track & Field	Javelin	65-69 Male	Franzen	Jim	Denver	IA	M	67	67-08	1	G	x
Track & Field	Javelin	65-69 Male	Davis	Randy	Altoona	IA	M	67	63-09	2	S	x
Track & Field	Javelin	65-69 Male	Hopper	Kenneth	Waukee	IA	M	68	54-02	3	B	x
Track & Field	Javelin	65-69 Male	Weeks	Mike	Batesville	AR	M	68	ND	4		x
Track & Field	Javelin	70-74 Female	Rowe	Linda	Bloomfield	IA	F	72	59-06	1	G	x
Track & Field	Javelin	70-74 Female	Reddick	Barbara	Remlap	AL	F	70	52-11	2	S	x
Track & Field	Javelin	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	39-02	2	S	x
Track & Field	Javelin	70-74 Female	Green	Martha	Des Moines	IA	F	73	32-03	3	B	x
Track & Field	Javelin	70-74 Female	Wiley	Roanne	CENTER JUNCTION	IA	F	71	ND	5		x
Track & Field	Javelin	70-74 Male	Hauser	Patrick	Lake Mills	WI	M	73	105-01	1	G	x
Track & Field	Javelin	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	92-03	2	S	x
Track & Field	Javelin	70-74 Male	Kobus	Jim	Ankeny	IA	M	74	75-07	1	G	x
Track & Field	Javelin	70-74 Male	Ronan	Jim	Naperville	IL	M	72	65-09	4		x
Track & Field	Javelin	70-74 Male	Ullom	Dave	Estherville	IA	M	69	61-07	2	S	x
Track & Field	Javelin	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	51-10	3	B	x
Track & Field	Javelin	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	46-02	7		x
Track & Field	Javelin	70-74 Male	Best	Robert G	DES MOINES	IA	M	73	38-01	8		
Track & Field	Javelin	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	48-11	1	G	x
Track & Field	Javelin	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	36-05	1	G	x
Track & Field	Javelin	75-79 Female	Carroll	Christine	West Des Moines	IA	F	74	30-01	2	S	x
Track & Field	Javelin	75-79 Female	French	Suzan	Ankeny	IA	F	78	25-00	3	B	x
Track & Field	Javelin	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	112-00	1	G	x
Track & Field	Javelin	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	94-09	2	S	x
Track & Field	Javelin	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	79-05	2	S	x
Track & Field	Javelin	75-79 Male	Stokstad	Paul	Fairfield	IA	M	74	63-08	3	B	x
Track & Field	Javelin	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	32-07	5		x
Track & Field	Javelin	75-79 Male	Adair	Denny	Osceola	IA	M	75	28-10	6		

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Track & Field	Javelin	75-79 Male	Miller	Marc	Bloomington	IL	M	76	ND	7		
Track & Field	Javelin	75-79 Male	venekamp	michael	sioux falls	SD	M	75	ND	8		
Track & Field	Javelin	80-84 Female	Miller	Darlene	Bloomington	IL	F	81	ND			
Track & Field	Javelin	80-84 Male	Bich	Howard	Sioux Falls	SD	M	84	63-08	1	G	x
Track & Field	Javelin	80-84 Male	Peterson	Ron	Waukee	IA	M	79	47-05	1	G	x
Track & Field	Javelin	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	38-04	2	S	x
Track & Field	Javelin	80-84 Male	Schellhorn	Greuling(G)	Boscobel.	WI	M	84	31-07	4		x
Track & Field	Javelin	85-89 Female	Gardner	Wylene	Des Moines	IA	F	86	12-02"	1	G	x
Track & Field	Javelin	85-89 Male	McCoid	Bob	West Alexander	PA	M	86	46-03	1	G	x
Track & Field	Javelin	85-89 Male	Anderson	Richard	West Des Moines	IA	M	88	16-10	1	G	x
Track & Field	Javelin	85-89 Male	Matheis	Al	kankakee	IL	M	86	ND			
Track & Field	Javelin	85-89 Male	Sagedahl	Sherwood	Fairmont	MN	M	85	ND			
Track & Field	Javelin	85-89 Male	Smidt	Gary	Ankeny	IA	M	86	ND			
Track & Field	Javelin	90-94 Female	Kempf	Audrey	Woonsocket	SD	F	90	27-00	1	G	x
Track & Field	Javelin	90-94 Male	Young	Bart	Indianola	IA	M	93	19-03	1	G	x
Track & Field	Power Walk 1,500 M	50-54 Male	Bradecamp	Denny	Fredericksburg	VA	M	54	08:48.24	1	G	x
Track & Field	Power Walk 1,500 M	55-59 Male	Schneiderman	Barry	Colorado Springs	CO	M	57	09:02.07	1	G	x
Track & Field	Power Walk 1,500 M	60-64 Female	BANKOLE	KELLY	Lakeville	MN	F	60	10:14.31	1	G	x
Track & Field	Power Walk 1,500 M	60-64 Female	Dingeman	Jean	Pella	IA	F	60	13:21.17	1	G	x
Track & Field	Power Walk 1,500 M	60-64 Male	Hestdalen	Brett	Sioux Falls	SD	M	62	10:11.72	1	G	x
Track & Field	Power Walk 1,500 M	60-64 Male	Pew	Timothy	Des Moines	IA	M	62	12:15.76	1	G	x
Track & Field	Power Walk 1,500 M	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	12:19.62	2	S	x
Track & Field	Power Walk 1,500 M	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	10:49.78	1	G	x
Track & Field	Power Walk 1,500 M	65-69 Male	Davis	Randy	Altoona	IA	M	67	09:30.79	1	G	x
Track & Field	Power Walk 1,500 M	65-69 Male	Weeks	Mike	Batesville	AR	M	68	15:52.71	2	S	x
Track & Field	Power Walk 1,500 M	70-74 Male	Van Zytveld	Eric	DENVER	CO	M	72	10:25.40	1	G	x
Track & Field	Power Walk 1,500 M	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	12:31.26	1	G	x
Track & Field	Power Walk 1,500 M	75-79 Female	Rulapaugh	Faith	Oelwein	IA	F	77	14:52.58	1	G	x
Track & Field	Power Walk 1,500 M	75-79 Male	Phillips	Tim	Hiawatha	IA	M	74	11:26.60	1	G	x
Track & Field	Power Walk 1,500 M	75-79 Male	Adair	Denny	Osceola	IA	M	75	14:51.88	2	S	x
Track & Field	Power Walk 1,500 M	80-84 Female	Bich	Arlene	Sioux Falls	SD	F	82	19:51.22	1	G	x
Track & Field	Power Walk 1,500 M	80-84 Male	Kirkwood	Tom	Dyersville	IA	M	80	10:20.66	1	G	x
Track & Field	Power Walk 1,500 M	80-84 Male	Schellhorn	Greuling(G)	Boscobel.	WI	M	84	14:11.86	2	S	x
Track & Field	Power Walk 1,500 M	90-94 Male	marty	carroll	Ames	IA	M	89	14:53.20	1	G	x
Track & Field	Race Walk 5,000 M	55-59 Male	Schneiderman	Barry	Colorado Springs	CO	M	57	31:33.22	1	G	x
Track & Field	Race Walk 5,000 M	60-64 Male	Hestdalen	Brett	Sioux Falls	SD	M	62	35:15.77	1	G	x
Track & Field	Race Walk 5,000 M	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	41:39.11	1	G	x
Track & Field	Race Walk 5,000 M	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	36:24.25	1	G	x
Track & Field	Race Walk 5,000 M	65-69 Male	Davis	Randy	Altoona	IA	M	67	32:53.33	1	G	x
Track & Field	Race Walk 5,000 M	65-69 Male	Weeks	Mike	Batesville	AR	M	68	49:00.44	2	S	x
Track & Field	Race Walk 5,000 M	70-74 Female	Swisher	Karen	Hudson	WI	F	72	33:57.50	1	G	x
Track & Field	Race Walk 5,000 M	70-74 Male	Van Zytveld	Eric	DENVER	CO	M	72	36:27.91	1	G	x
Track & Field	Race Walk 5,000 M	70-74 Male	Kohler	Ron	Robins	IA	M	73	37:31.95	1	G	x
Track & Field	Race Walk 5,000 M	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	37:41.72	2	S	x
Track & Field	Race Walk 5,000 M	70-74 Male	Ullom	Dave	Estherville	IA	M	69	41:53.44	3	B	x
Track & Field	Race Walk 5,000 M	75-79 Female	Rulapaugh	Faith	Oelwein	IA	F	77	49:44.84	1	G	x
Track & Field	Race Walk 5,000 M	75-79 Male	Phillips	Tim	Hiawatha	IA	M	74	36:24.26	1	G	x
Track & Field	Race Walk 5,000 M	75-79 Male	Stoll	John	Plattsmouth	NE	M	75	47:56.60	2	S	x
Track & Field	Race Walk 5,000 M	80-84 Female	Stebbins	Karen	Urbandale	IA	F	81	DNF			
Track & Field	Race Walk 5,000 M	80-84 Male	O'Daniels	Gary	Creston	IA	M	81	38:15.23	1	G	x
Track & Field	Running Long Jump	50-54 Female	Hammann	Robin	Pella	IA	F	49	11-02.00	1	G	x
Track & Field	Running Long Jump	50-54 Female	Mills	Carrie	Des Moines	IA	F	53	9-01.00	2	S	x

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Track & Field	Running Long Jump	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	15-03.00	1	G	x
Track & Field	Running Long Jump	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	13-00.00	2	S	x
Track & Field	Running Long Jump	50-54 Male	Mills	Scott	Des Moines	IA	M	53	10-05.00	2	S	x
Track & Field	Running Long Jump	50-54 Male	HILLIARD	MICHAEL	DES MOINES	IA	M	52	8-08.00	3	B	x
Track & Field	Running Long Jump	55-59 Female	Pfertsch	Tady	Omaha	NE	F	58	9-04.00	1	G	x
Track & Field	Running Long Jump	55-59 Female	Hall	Cheryl	Weston	WI	F	57	8-00.00	2	S	x
Track & Field	Running Long Jump	55-59 Female	Riekens	Jacqueline	West Des Moines	IA	F	58	3-05.50	1	G	x
Track & Field	Running Long Jump	55-59 Male	Andrae	Brian	Orion	IL	M	56	13-04.00	1	G	x
Track & Field	Running Long Jump	60-64 Female	Dingeman	Jean	Pella	IA	F	60	5-08.00	1	G	x
Track & Field	Running Long Jump	60-64 Female	Fray	Susan	Clive	IA	F	63	5-03.00	2	S	x
Track & Field	Running Long Jump	60-64 Male	Lehr	Dennis	Orion	IL	M	63	11-08.50	1	G	x
Track & Field	Running Long Jump	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	11-08.00	1	G	x
Track & Field	Running Long Jump	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	11-06.00	2	S	x
Track & Field	Running Long Jump	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	11-00.00	3	B	x
Track & Field	Running Long Jump	65-69 Female	Hulvey	Jean	Mount Sterling	IL	F	65	11-00.00	1	G	x
Track & Field	Running Long Jump	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	9-04.00	1	G	x
Track & Field	Running Long Jump	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	6-02.00	2	S	x
Track & Field	Running Long Jump	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	6-01.00	3	B	x
Track & Field	Running Long Jump	65-69 Male	Roberts	David	Boone	IA	M	66	14-04.00	1	G	x
Track & Field	Running Long Jump	65-69 Male	Dahlstrom	Keith	CEDAR FALLS	IA	M	69	12-03.00	2	S	x
Track & Field	Running Long Jump	65-69 Male	Franzen	Jim	Denver	IA	M	67	11-00.00	3	B	x
Track & Field	Running Long Jump	65-69 Male	Weeks	Mike	Batesville	AR	M	68	6-01.00	4		x
Track & Field	Running Long Jump	70-74 Female	Beuter	Margaret	Iowa City	IA	F	69	8-01.50	1	G	x
Track & Field	Running Long Jump	70-74 Female	Roberts	Conti	Cedar Rapids	IA	F	74	3-05.50	2	S	x
Track & Field	Running Long Jump	70-74 Male	Rainey	David	Waterloo	IA	M	69	13-09.50	1	G	x
Track & Field	Running Long Jump	70-74 Male	Black	David	Falcon Heights	MN	M	71	12-07.00	2	S	x
Track & Field	Running Long Jump	70-74 Male	Mehlbach	Dan	Crooks	SD	M	71	12-02.00	3	B	x
Track & Field	Running Long Jump	70-74 Male	Pettee	Chuck	Windsor	CO	M	73	11-07.00	4		x
Track & Field	Running Long Jump	70-74 Male	Ullom	Dave	Estherville	IA	M	69	8-03.50	2	S	x
Track & Field	Running Long Jump	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	7-07.00	3	B	x
Track & Field	Running Long Jump	70-74 Male	Best	Robert G	DES MOINES	IA	M	73	5-04.00			x
Track & Field	Running Long Jump	75-79 Female	Seehusen	Carol	Allison	IA	F	75	6-01.00	1	G	x
Track & Field	Running Long Jump	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	4-05.50	2	S	x
Track & Field	Running Long Jump	75-79 Male	Yarush	John	Lake Geneva	AZ	M	77	13-01.00	1	G	x
Track & Field	Running Long Jump	75-79 Male	Trent	James	Midwest City	OK	M	77	12-06.50	2	S	x
Track & Field	Running Long Jump	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	10-05.50	3	B	x
Track & Field	Running Long Jump	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	10-04.00	1	G	x
Track & Field	Running Long Jump	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	7-04.00			
Track & Field	Running Long Jump	75-79 Male	Eastman	Greg	Clive	IA	M	77	7-03.00	2	S	x
Track & Field	Running Long Jump	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	5-08.00	3	B	x
Track & Field	Running Long Jump	80-84 Female	Bemis	Joni	Urbandale	IA	F	80	4-07.00	1	G	x
Track & Field	Running Long Jump	80-84 Male	Peterson	Ron	Waukee	IA	M	79	8-02.50	1	G	x
Track & Field	Running Long Jump	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	3-08.00	2	S	x
Track & Field	Running Long Jump	85-89 Male	Matheis	Al	kankakee	IL	M	86	9-05.00	1	G	x
Track & Field	Running Long Jump	90-94 Male	Zimmer	Don	West Des Moines	IA	M	89	5-05.00	1	G	x
Track & Field	Shot Put	50-54 Female	Arndt	Tracy	Shullsburg	WI	F	51	29-03.75	1	G	x
Track & Field	Shot Put	50-54 Female	Mills	Carrie	Des Moines	IA	F	53	23-07.25	1	G	x
Track & Field	Shot Put	50-54 Female	Olson	Beverly	Nebraska City	NE	F	49	21-11.50	2	S	x
Track & Field	Shot Put	50-54 Female	Francksen	Sue	Olin	IA	F	53	19-09.50	2	S	x
Track & Field	Shot Put	50-54 Male	goedken	jason	center point	IA	M	50	40-04.75	1	G	x
Track & Field	Shot Put	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	39-02.25	2	S	x
Track & Field	Shot Put	50-54 Male	Guerra	Tony	Ankeny	IA	M	52	34-04.75	3	B	x
Track & Field	Shot Put	50-54 Male	Mills	Scott	Des Moines	IA	M	53	21-05.25	4		x
Track & Field	Shot Put	50-54 Male	HILLIARD	MICHAEL	DES MOINES	IA	M	52	14-05.75	5		
Track & Field	Shot Put	55-59 Female	Haller	Ann	Wheeling	IL	F	59	31-08.00	1	G	x
Track & Field	Shot Put	55-59 Female	Hall	Cheryl	Weston	WI	F	57	27-02.75	2	S	x
Track & Field	Shot Put	55-59 Female	Pfertsch	Tady	Omaha	NE	F	58	24-03.00	3	B	x
Track & Field	Shot Put	55-59 Female	Petra	Cathy	Elk Point	SD	F	54	24-00.25	4		x
Track & Field	Shot Put	55-59 Female	Riekens	Jacqueline	West Des Moines	IA	F	58	20-10.00	1	G	x
Track & Field	Shot Put	55-59 Male	Bellrichard	Troy	Spring Valley	MN	M	57	33-02.50	1	G	x
Track & Field	Shot Put	55-59 Male	Luft	Axel	Seattle	WA	M	58	DNF			

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Track & Field	Shot Put	60-64 Female	Anderson	Pat	Sun Prairie	WI	F	63	28-06.25	1	G	x
Track & Field	Shot Put	60-64 Female	Christiansen	Marcia	Deforest	WI	F	60	27-10.25	2	S	x
Track & Field	Shot Put	60-64 Female	Tesdall	Nancy	Sioux Falls	SD	F	59	25-01.25	3	B	x
Track & Field	Shot Put	60-64 Female	bintz	melanie	dayton	IA	F	60	22-00.25	1	G	x
Track & Field	Shot Put	60-64 Female	Dingeman	Jean	Pella	IA	F	60	17-03.50	2	S	x
Track & Field	Shot Put	60-64 Male	Hawley	Kim	Plattsmouth	NE	M	59	40-01.50	1	G	x
Track & Field	Shot Put	60-64 Male	Files	Robert	Urbandale	IA	M	62	33-10.75	1	G	x
Track & Field	Shot Put	60-64 Male	Lehr	Dennis	Orion	IL	M	63	30-09.75	2	S	x
Track & Field	Shot Put	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	27-09.50	2	S	x
Track & Field	Shot Put	60-64 Male	Alexander	Brent	West Des Moines	IA	M	63	DNF			
Track & Field	Shot Put	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	DNF			
Track & Field	Shot Put	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	22-07.25	1	G	x
Track & Field	Shot Put	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	22-02.50	2	S	x
Track & Field	Shot Put	65-69 Female	Schmidt	Ann	Urbandale	IA	F	66	19-09.50	3	B	x
Track & Field	Shot Put	65-69 Female	Boyer	Rozalyn	Adel	IA	F	66	13-02.75	4		x
Track & Field	Shot Put	65-69 Male	Anderson	Rick	Lawrence	KS	M	64	45-06.50	1	G	x
Track & Field	Shot Put	65-69 Male	Roegiers	Brian	Sioux Falls	SD	M	66	38-01.50	2	S	x
Track & Field	Shot Put	65-69 Male	McCandless	Mike	Decorah	IA	M	64	30-06.50	1	G	x
Track & Field	Shot Put	65-69 Male	Franzen	Jim	Denver	IA	M	67	29-01.75	2	S	x
Track & Field	Shot Put	65-69 Male	Weeks	Mike	Batesville	AR	M	68	21-08.00	5		
Track & Field	Shot Put	65-69 Male	Bonin	Brad	Clear Lake	IA	M	66	21-07.50	3	B	x
Track & Field	Shot Put	70-74 Female	Beuter	Margaret	Iowa City	IA	F	69	26-10.00	1	G	x
Track & Field	Shot Put	70-74 Female	Reddick	Barbara	Remlap	AL	F	70	24-10.00	2	S	x
Track & Field	Shot Put	70-74 Female	Rowe	Linda	Bloomfield	IA	F	72	22-11.00	2	S	x
Track & Field	Shot Put	70-74 Female	Wiley	Roanne	CENTER JUNCTION	IA	F	71	20-03.00	3	B	x
Track & Field	Shot Put	70-74 Female	Rowland	Carole	Pleasantville	IA	F	72	17-08.00	4		x
Track & Field	Shot Put	70-74 Female	Green	Martha	Des Moines	IA	F	73	17-00.50	5		
Track & Field	Shot Put	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	39-03.25	1	G	x
Track & Field	Shot Put	70-74 Male	Ostlund	Chris	WAUKEE	IA	M	71	33-08.50	1	G	x
Track & Field	Shot Put	70-74 Male	Hauser	Patrick	Lake Mills	WI	M	73	33-07.25	2	S	x
Track & Field	Shot Put	70-74 Male	Ullom	Dave	Estherville	IA	M	69	29-08.75	2	S	x
Track & Field	Shot Put	70-74 Male	Ronan	Jim	Naperville	IL	M	72	28-05.00	5		
Track & Field	Shot Put	70-74 Male	Best	Robert G	DES MOINES	IA	M	73	18-05.75	3	B	x
Track & Field	Shot Put	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	27-02.00	1	G	x
Track & Field	Shot Put	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	18-04.25	2	S	x
Track & Field	Shot Put	75-79 Female	Carroll	Christine	West Des Moines	IA	F	74	17-08.25	2	S	x
Track & Field	Shot Put	75-79 Female	French	Suzan	Ankeny	IA	F	78	12-10.50	3	B	x
Track & Field	Shot Put	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	30-09.75	1	G	x
Track & Field	Shot Put	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	25-02.00	2	S	x
Track & Field	Shot Put	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	18-07.75	3	B	x
Track & Field	Shot Put	80-84 Male	Peterson	Robert	Windsor	CO	M	81	31-06.75	1	G	x
Track & Field	Shot Put	80-84 Male	Zanger	Martin	Robbinsdale	MN	M	82	27-10.75	2	S	x
Track & Field	Shot Put	80-84 Male	Peterson	Ron	Waukee	IA	M	79	25-11.50	1	G	x
Track & Field	Shot Put	85-89 Female	Gardner	Wylene	Des Moines	IA	F	86	8-11.50	1	G	x
Track & Field	Shot Put	85-89 Male	Newton	Don	West Des Moines	IA	M	85	23-03.50	1	G	x
Track & Field	Shot Put	85-89 Male	McCoid	Bob	West Alexander	PA	M	86	18-05.25	2	S	x
Track & Field	Shot Put	85-89 Male	Anderson	Richard	West Des Moines	IA	M	88	13-08.75	2	S	x
Track & Field	Shot Put	90-94 Female	Kempf	Audrey	Woonsocket	SD	F	90	14-09.75	1	G	x
Track & Field	Shot Put	90-94 Male	Young	Bart	Indianola	IA	M	93	12-01.25	1	G	x
Track & Field	Standing Long Jump	50-54 Female	Hammann	Robin	Pella	IA	F	49	6-01.00	1	G	x
Track & Field	Standing Long Jump	50-54 Female	Mills	Carrie	Des Moines	IA	F	53	5-05.50	2	S	x
Track & Field	Standing Long Jump	50-54 Female	Darnell	Suzie	Saint Paul	MN	F	49	ND			
Track & Field	Standing Long Jump	50-54 Female	Francksen	Sue	Olin	IA	F	53	ND			
Track & Field	Standing Long Jump	50-54 Male	ODONNELL	JASON	Urbandale	IA	M	52	8-07.00	1	G	x
Track & Field	Standing Long Jump	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	8-02.00	2	S	x
Track & Field	Standing Long Jump	50-54 Male	Mills	Scott	Des Moines	IA	M	53	5-10.00	2	S	x
Track & Field	Standing Long Jump	55-59 Female	Blasberg	Mindy	DES MOINES	IA	F	59	6-03.00	1	G	x
Track & Field	Standing Long Jump	55-59 Female	Hall	Cheryl	Weston	WI	F	57	5-06.00	2	S	x
Track & Field	Standing Long Jump	55-59 Female	Riekana	Jacqueline	West Des Moines	IA	F	58	3-08.00	2	S	x
Track & Field	Standing Long Jump	55-59 Male	Andrae	Brian	Orion	IL	M	56	6-09.00	1	G	x
Track & Field	Standing Long Jump	55-59 Male	Bellrichard	Troy	Spring Valley	MN	M	57	DNF			
Track & Field	Standing Long Jump	60-64 Female	Fray	Susan	Clive	IA	F	63	5-07.00	1	G	x
Track & Field	Standing Long Jump	60-64 Female	Dingeman	Jean	Pella	IA	F	60	4-04.00	2	S	x
Track & Field	Standing Long Jump	60-64 Female	Bergstrom	Vilma	Urbandale	IA	F	60	4-01.00	3	B	x

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Track & Field	Standing Long Jump	60-64 Female	Walter	Jody	Des Moines	IA	F	62	ND			
Track & Field	Standing Long Jump	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	7-02.00	1	G	x
Track & Field	Standing Long Jump	60-64 Male	Kissam	Elliott	Bettendorf	IA	M	62	7-01.00	2	S	x
Track & Field	Standing Long Jump	60-64 Male	Kauten	Keith	North Liberty	IA	M	64	6-03.00	3	B	x
Track & Field	Standing Long Jump	60-64 Male	Alexander	Brent	West Des Moines	IA	M	63	ND			
Track & Field	Standing Long Jump	60-64 Male	Files	Robert	Urbandale	IA	M	62	DNF			
Track & Field	Standing Long Jump	60-64 Male	Hestdalen	Brett	Sioux Falls	SD	M	62	DNF			
Track & Field	Standing Long Jump	60-64 Male	Walter	Mark	Des Moines	IA	M	60	ND			
Track & Field	Standing Long Jump	65-69 Female	Hulvey	Jean	Mount Sterling	IL	F	65	6-05.00	1	G	x
Track & Field	Standing Long Jump	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	5-01.50	1	G	x
Track & Field	Standing Long Jump	65-69 Female	Budweg	Greta	Ankeny	IA	F	65	4-09.00	2	S	x
Track & Field	Standing Long Jump	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	4-08.50	3	B	x
Track & Field	Standing Long Jump	65-69 Female	Banks	Toni	Omaha	NE	F	65	ND			
Track & Field	Standing Long Jump	65-69 Female	Johnson	Ellen	Ankeny	IA	F	66	ND			
Track & Field	Standing Long Jump	65-69 Male	Roberts	David	Boone	IA	M	66	8-01.00	1	G	x
Track & Field	Standing Long Jump	65-69 Male	Franzen	Jim	Denver	IA	M	67	7-06.00	2	S	x
Track & Field	Standing Long Jump	65-69 Male	Weeks	Mike	Batesville	AR	M	68	5-08.50	3	B	x
Track & Field	Standing Long Jump	65-69 Male	Hopper	Kenneth	Waukee	IA	M	68	5-08.00	3	B	x
Track & Field	Standing Long Jump	65-69 Male	Davis	Randy	Altoona	IA	M	67	ND			
Track & Field	Standing Long Jump	65-69 Male	Staley	Brad	Hampton	IA	M	64	ND			
Track & Field	Standing Long Jump	70-74 Female	Roberts	Conti	Cedar Rapids	IA	F	74	3-01.00	1	G	x
Track & Field	Standing Long Jump	70-74 Female	Schultz	paula	Indianola	IA	F	70	ND			
Track & Field	Standing Long Jump	70-74 Female	Willey	Roanne	CENTER JUNCTION	IA	F	71	ND			
Track & Field	Standing Long Jump	70-74 Male	Rainey	David	Waterloo	IA	M	69	7-06.00	1	G	x
Track & Field	Standing Long Jump	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	7-01.00	2	S	x
Track & Field	Standing Long Jump	70-74 Male	Barringer	Greg	Grand Marais	MN	M	71	6-09.00	3	B	x
Track & Field	Standing Long Jump	70-74 Male	Black	David	Falcon Heights	MN	M	71	6-09.00	4		x
Track & Field	Standing Long Jump	70-74 Male	Hauser	Patrick	Lake Mills	WI	M	73	6-08.00	5		
Track & Field	Standing Long Jump	70-74 Male	Ward	Chuck	Urbandale	IA	M	72	5-08.00	2	S	x
Track & Field	Standing Long Jump	70-74 Male	Ullom	Dave	Estherville	IA	M	69	5-03.00	3	B	x
Track & Field	Standing Long Jump	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	5-02.00	8		x
Track & Field	Standing Long Jump	70-74 Male	Best	Robert G	DES MOINES	IA	M	73	4-02.00	9		
Track & Field	Standing Long Jump	70-74 Male	Hainley	Tom	Des Moines	IA	M	70	ND			
Track & Field	Standing Long Jump	75-79 Female	Seehusen	Carol	Allison	IA	F	75	4-08.00	1	G	x
Track & Field	Standing Long Jump	75-79 Female	Squires	Emma	Cedar Rapids, Iowa	IA	F	75	3-09.00	2	S	x
Track & Field	Standing Long Jump	75-79 Female	Weisskopf	Neva	Lehigh Acres	FL	F	75	3-08.00	3	B	x
Track & Field	Standing Long Jump	75-79 Female	Carroll	Christine	West Des Moines	IA	F	74	3-00.00	3	B	x
Track & Field	Standing Long Jump	75-79 Male	Trent	James	Midwest City	OK	M	77	7-02.00	1	G	x
Track & Field	Standing Long Jump	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	6-06.50	1	G	x
Track & Field	Standing Long Jump	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	6-06.50	3	B	x
Track & Field	Standing Long Jump	75-79 Male	Yarush	John	Lake Geneva	AZ	M	77	6-02.00	4		x
Track & Field	Standing Long Jump	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	6-01.50	2	S	x
Track & Field	Standing Long Jump	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	4-11.50	6		
Track & Field	Standing Long Jump	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	4-03.50	3	B	x
Track & Field	Standing Long Jump	75-79 Male	Eastman	Greg	Clive	IA	M	77	4-02.00	8		x
Track & Field	Standing Long Jump	75-79 Male	Schuh	Randy	Johnston	IA	M	75	ND			
Track & Field	Standing Long Jump	75-79 Male	venekamp	michael	sioux falls	SD	M	75	ND			
Track & Field	Standing Long Jump	80-84 Female	Bemis	Joni	Urbandale	IA	F	80	4-07.50	1	G	x
Track & Field	Standing Long Jump	80-84 Male	Peterson	Ron	Waukee	IA	M	79	5-08.00	1	G	x
Track & Field	Standing Long Jump	80-84 Male	Zanger	Martin	Robbinsdale	MN	M	82	4-05.00	2	S	x
Track & Field	Standing Long Jump	80-84 Male	Bich	Howard	Sioux Falls	SD	M	84	4-04.00	3	B	x
Track & Field	Standing Long Jump	80-84 Male	Schellhorn	Greuling(G)	Boscobel.	WI	M	84	ND			
Track & Field	Standing Long Jump	85-89 Male	Matheis	Al	kankakee	IL	M	86	5-08.50	1	G	x
Track & Field	Standing Long Jump	85-89 Male	Newton	Don	West Des Moines	IA	M	85	ND			
Track & Field	Standing Long Jump	85-89 Male	Smidt	Gary	Ankeny	IA	M	86	ND			
Track & Field	Standing Long Jump	85-89 Male	Thompson	Lowell	New Brighton	MN	M	85	ND			
Track & Field	Standing Long Jump	90-94 Male	Zimmer	Don	West Des Moines	IA	M	89	3-09.50	1	G	x
Track & Field	Triple Jump	50-54 Female	Olson	Beverly	Nebraska City	NE	F	49	9-07.00	1	G	x
Track & Field	Triple Jump	50-54 Male	Bannister	Grant	Manhattan	KS	M	53	25-10.00	1	G	x
Track & Field	Triple Jump	50-54 Male	Mills	Scott	Des Moines	IA	M	53	14-04.25	1	G	x
Track & Field	Triple Jump	55-59 Female	Hall	Cheryl	Weston	WI	F	57	15-05.75	1	G	x
Track & Field	Triple Jump	55-59 Female	Riekana	Jacqueline	West Des Moines	IA	F	58	8-03.50	1	G	x
Track & Field	Triple Jump	55-59 Male	Andrae	Brian	Orion	IL	M	56	27-08.00	1	G	x
Track & Field	Triple Jump	60-64 Female	Walter	Jody	Des Moines	IA	F	62	ND			

2024 Iowa Senior Games Track and Field
Waukee Stadium | Waukee, IA | Meet Results

Track & Field	Triple Jump	60-64 Male	Pfundheller	Jeff	Urbandale	IA	M	63	23-02.00	1	G	x
Track & Field	Triple Jump	60-64 Male	Shide	Thomas	Urbandale	IA	M	61	22-03.00	2	S	x
Track & Field	Triple Jump	60-64 Male	Lehr	Dennis	Orion	IL	M	63	21-09.00	3	B	x
Track & Field	Triple Jump	65-69 Female	Hegstrom	Ann	De Soto	IA	F	68	17-07.50	1	G	x
Track & Field	Triple Jump	65-69 Female	Penquite	Rhonda	Cumming	IA	F	67	13-05.50	2	S	x
Track & Field	Triple Jump	65-69 Male	Dahlstrom	Keith	CEDAR FALLS	IA	M	69	25-06.00	1	G	x
Track & Field	Triple Jump	65-69 Male	Weeks	Mike	Batesville	AR	M	68	15-10.00	2	S	x
Track & Field	Triple Jump	65-69 Male	Davis	Randy	Altoona	IA	M	67	14-10.00	2	S	x
Track & Field	Triple Jump	65-69 Male	Franzen	Jim	Denver	IA	M	67	ND			
Track & Field	Triple Jump	65-69 Male	Barry	Michael	Wayne	NE	M	65	ND			
Track & Field	Triple Jump	70-74 Male	Mehlbrech	Dan	Crooks	SD	M	71	28-01.00	1	G	x
Track & Field	Triple Jump	70-74 Male	Black	David	Falcon Heights	MN	M	71	24-00.50	2	S	x
Track & Field	Triple Jump	70-74 Male	Ullom	Dave	Estherville	IA	M	69	14-08.00	1	G	x
Track & Field	Triple Jump	70-74 Male	Ewest	Brad	Ankeny	IA	M	70	12-09.75	2	S	x
Track & Field	Triple Jump	75-79 Male	CORY	Tarry	Clive, IA	IA	M	76	22-03.50	1	G	x
Track & Field	Triple Jump	75-79 Male	Yarush	John	Lake Geneva	AZ	M	77	21-06.25	2	S	x
Track & Field	Triple Jump	75-79 Male	Olson	Randall	Nebraska City	NE	M	76	19-08.00	3	B	x
Track & Field	Triple Jump	75-79 Male	Speidel	Rod	Bettendorf	IA	M	75	18-07.00	2	S	x
Track & Field	Triple Jump	75-79 Male	Steinfeldt	Andy	Minnetonka	MN	M	76	15-04.25	5		
Track & Field	Triple Jump	75-79 Male	Schenck	Alan	Clarinda	IA	M	77	10-11.00	3	B	x
Track & Field	Triple Jump	75-79 Male	Schuh	Randy	Johnston	IA	M	75	ND			
Track & Field	Triple Jump	80-84 Male	Peterson	Ron	Waukee	IA	M	79	17-01.25	1	G	x
Track & Field	Triple Jump	80-84 Male	Schellhorn	Greuling(G)	Boscobel	WI	M	84	11-02.50	2	S	x
Track & Field	Triple Jump	80-84 Male	Hoidahl	Rich	Johnston	IA	M	82	8-03.00	2	S	x
Track & Field	Triple Jump	80-84 Male	Bich	Howard	Sioux Falls	SD	M	84	ND			
Track & Field	Triple Jump	85-89 Male	Matheis	Al	kankakee	IL	M	86	16-00.50	1	G	x

2024 Iowa Senior Games | Triathlon Results
Big Creek State Park | May 19, 2024

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal	NSGA
Triathlon	50-54 Female	therese	slechta	schleswig	IA	F	53	1:27:00	1	G	x
Triathlon	50-54 Male	Mike	Hershberger	Ankeny	IA	M	52	1:11:05	1	G	x
Triathlon	50-54 Male	Michael	Stephens	Bondurant	IA	M	53	1:17:14	2	S	x
Triathlon	50-54 Male	Mark	Hookham	Dysart	IA	M	53	1:21:34	3	B	x
Triathlon	55-59 Female	Julie	Kneale	Des Moines	IA	F	55	1:20:20	1	G	x
Triathlon	55-59 Female	Julie	Summers	Windsor Heights	IA	F	56	1:24:31	2	S	x
Triathlon	55-59 Male	neil	glaser	bondurant	IA	M	54	1:27:48	1	G	x
Triathlon	60-64 Female	Sherri	Huff	Winterset	IA	F	61	1:25:04	1	G	x
Triathlon	60-64 Female	Heather	Stilborn	Clive	IA	F	61	1:35:48	2	S	x
Triathlon	60-64 Male	Steve	Mayberry	Ames	IA	M	62	1:09:08	1	G	x
Triathlon	60-64 Male	Ken	Winter	Sioux Falls	SD	M	63	1:11:27	2	S	x
Triathlon	60-64 Male	Charles	Nicholson	Ames	IA	M	63	1:28:33	2	S	x
Triathlon	60-64 Male	William	Henninger	Newton	IA	M	61	1:32:59	3	B	x
Triathlon	65-69 Male	Paul	Carter	Clive	IA	M	69	1:25:52	1	G	x
Triathlon	65-69 Male	John	Gorman	Dell Rapids	SD	M	66	1:39:33	2	S	x
Triathlon	65-69 Female	Joyce	Burch	Pella	IA	F	68	1:34:24	1	G	x
Triathlon	70-74 Male	Johnny	Ytzen	Creston	IA	M	70	1:23:17	1	G	x
Triathlon	70-74 Male	Alan	Gross	Des Moines	IA	M	70	1:29:31	2	S	x
Triathlon	75-79 Male	Lynn	Vogt	Ankeny	IA	M	75	1:20:05	1	G	x

*** 2024 Records are Highlighted in Yellow

