



# IOWA senior games

Thank you for your interest in volunteering for the Iowa Senior Games. The Iowa Senior Games (ISG) is an Olympic-style sports festival for men and women who are at least 50 years of age. Nearly 1,000 athletes are expected for the 38<sup>th</sup> Annual Iowa Senior Games. All events take place around the Des Moines & Waukee area.

Several different days and times, as well as many different opportunities, are available for our volunteers. No expertise or knowledge is necessary to volunteer! Below is a list of volunteer positions that we are seeking.

## FRIDAY, May 31, 2024

- Iowa Senior Games Softball Tournament – *Raccoon River Park, West Des Moines*
  - 4:00-6:00 PM | Registration Table | 2 spots available
  - 4:00-9:30 PM | Scorekeepers | 6 spots available

## TUESDAY, JUNE 4, 2024

- Athlete Packet Assembly – *Location TBD*
  - 9:00-11:00 AM | Athlete Packet Assembly | 8 spots available
- Shuffleboard – *Indian Hills Junior High Gym*
  - 2:00-4:00 PM | Event Setup | 8 spots available

## WEDNESDAY, JUNE 5, 2024

- Registration Table – *Dinks Pickleball – Merle Hay Mall*
  - 6:30 AM-Noon | Athlete/Volunteer Check In & Awards | 2 spots available
  - Noon-6:00 PM | Athlete/Volunteer Check In & Awards | 1 spot available
- Pickleball – *Dinks Pickleball, Merle Hay Mall*
  - 7:00 AM-Noon | Results/General Assistance | 5 spots available
  - Noon-6:00 PM | Results/General Assistance | 5 spots available
- Shuffleboard – *Indian Hills Junior High Gym*
  - 7:30 AM-Noon | Scorekeeping/Results | 10 spots available
  - Noon-4:00 PM | Scorekeeping/Results | 10 spots available
- Help Where Needed – *Will be assigned to help where ever it is needed that day*
  - 7:00 AM-Noon | General Volunteers
  - Noon-5:00 PM | General Volunteers



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## THURSDAY, JUNE 6, 2024

- Registration Table – *Dinks Pickleball – Merle Hay Mall*
  - 6:30 AM-Noon | Athlete/Volunteer Check In & Awards | 5 spots available
  - Noon-6:00 PM | Athlete/Volunteer Check In & Awards | 2 spots available
- Pickleball – *Dinks Pickleball – Merle Hay Mall*
  - 7:00 AM-Noon | Results/General Assistance | 5 spots available
  - Noon-6:00 PM | Results/General Assistance | 5 spots available
- Disc Golf – *Centennial Park, Waukee*
  - 12:30-3:00 PM | Athlete Check In/Results | 1 spot available
- Golf Tournament – *Willow Creek Golf Course, West Des Moines*
  - 7:30- 10:00 AM | Athlete Check In Volunteer | 1 spot available
- Help Where Needed – *Will be assigned to help where ever it is needed*
  - 7:00 AM-Noon | General Volunteers
  - Noon-6:00 PM | General Volunteers

## FRIDAY, JUNE 7, 2024

- Registration Table – *Waukee High School*
  - 7:45 AM-Noon | Athlete/Volunteer Check In | 4 spots available
  - 9:00 AM-1:00 PM | Awards Distribution | 2 spots available
  - Noon-6:00 PM | Athlete/Volunteer Check In/Awards | 4 spots available
- Tennis – *West Des Moines Valley Southwoods Tennis Courts*
  - 8:00 AM-Noon | Court Monitors | 6 spots available
  - Noon-4:00 PM | Court Monitors | 6 spots available
- Table Tennis – *Four Mile Community Center, Des Moines*
  - 8:30 AM-Noon | Athlete Check In/Misc. | 4 spots available
  - Noon-3:30 PM | Athlete Check In/Misc. | 4 spots available
- Accuracy & Distance Events – *Waukee High School Fieldhouse (basketball) & Stadium (all others)*  
*\*\*Volunteers are needed to assist with measuring, recording, and retrieving footballs, softballs, frisbees, and soccer balls.*
  - 8:15-11:30 AM | Basketball Shooting Competitions | 12 spots available
  - 10:30 AM-12:30 PM | Football/Softball Throws | 12 spots available
  - 12:30–2:00 PM | Frisbee Throws | 10 spots available
  - 2:15-4:00 PM | Field Goal/Soccer Kick | 10 spots available
  - 10:30 AM-4:00 PM | Help with all Waukee Stadium Events | 40 spots available
- Racquetball – *Wellmark YMCA, downtown Des Moines*
  - 12:30-5:00 PM | Athlete Check In/Results | 2 spots available
- 3 on 3 Basketball – *Waukee High School - Fieldhouse*
  - 12:30-4:30 PM | Scorekeepers | 6 spots available
- Help Where Needed – *Will be assigned to help where ever it is needed*
  - 8:00 AM-Noon | General Volunteers
  - Noon-5:00 PM | General Volunteers



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SATURDAY, JUNE 8, 2024

- Registration Table – *Waukee High School – Fieldhouse/Stadium*
  - 7:00 AM-Noon | Athlete/Volunteer Check In | 4 spots available
  - 9:00 AM-1:00 PM | Awards Distribution | 2 spots available
  - Noon-6:00 PM | Athlete/Volunteer Check In | 3 spots available
  - 1:00-5:00 PM | Awards Distribution | 2 spots available
- Tennis – *West Des Moines Valley Southwoods Tennis Courts*
  - 8:00 AM-Noon | Court Monitors | 6 spots available
  - Noon-4:00 PM | Court Monitors | 6 spots available
- Track & Field – *Waukee High School - Stadium*
  - 7:45-10:15 AM | Triple Jump, Measure/Record | 4 spots available
  - 7:45-10:15 AM | Javelin Throw Measure/Record | 4 spots available
  - 8:00 AM-Noon | Awards Distribution | 2 spots available
  - 9:30 AM-2:30 PM | Long Jump Measure/Record | 4 spots available
  - 9:30 AM-2:30 PM | High Jump Measure/Record | 2 spots available
  - Noon-4:00 PM | Awards Distribution | 2 spots available
  - 12:30-4:00 PM | Shot Put Measure/Record | 4 spots available
  - 12:30-4:00 PM | Discus Measure/Record | 4 spots available
  - General Track Meet Help | Will be assigned to help where ever it is needed
    - 8:00 AM-Noon | General Volunteers
    - Noon-4:00 PM | General Volunteers
- Racquetball – *Wellmark YMCA, downtown Des Moines*
  - 12:30-4:00 PM | Athlete Check In/Results | 2 spots available
- Help Where Needed – *Will be assigned to help where ever it is needed*
  - 7:30 AM-Noon | General Volunteers
  - Noon-5:00 PM | General Volunteers



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## SUNDAY, JUNE 9, 2024

- Registration Table (Granny Basketball) – *Waukee High School – Fieldhouse*
  - 8:00 AM-Noon | Athlete/Volunteer Check In & Awards | 2 spot available
- Swim Meet – *Waukee Family YMCA Pool*
  - 9:30 AM-4:00 PM | Timers | 6 spots available
  - 9:30 AM-4:00 PM | Awards | 2 spots available
  - 9:30 AM-4:00 PM | Announcer | 1 spot available
- Badminton – *West Des Moines Valley Southwoods Freshman High School - Gym*
  - 8:30 AM-2:00 PM | Athlete Check In/Results | 2 spots available
- Event Teardown – *Waukee High School*
  - Noon-3:00 PM | Clean Up/Teardown | 6 spots available

## OTHER VOLUNTEER NEEDS

- Road Race – *Clive Aquatic Center*
  - Saturday, July 20 | 7:00-11:00 AM | Athlete Check In/Misc. | 1 spot available
- Cornhole – *Clive Aquatic Center*
  - Saturday, July 20 | 4:00-8:00 PM | Athlete Check In/Misc. | 2 spots available
- Cycling Time Trial – *Ballard East Elementary School, Cambridge*

\*\*These positions assist with both the Iowa Senior Games and Iowa Games Cycling Time Trial events

  - Saturday, July 20 | 7:00 AM-Noon | Registration Table | 2 spots available
  - Saturday, July 21 | 8:30 AM-2:00 PM | Course Marshalls | 4 spots available

## REGISTER

To register as a volunteer for the Iowa Senior Games, visit our SignUp Genius registration site at <https://www.iowaseniorgames.org/about/volunteers/>.

## QUESTIONS?

For questions or more information, contact the Iowa Senior Games staff.

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