



RESULTS BOOK



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2023 Iowa Senior Games Basketball Shooting Around The World Results
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	50-54 Female	Amy	Nagel	Cumming	IA	F	50	8	1	G
Basketball Shooting Around the World	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	10	1	G
Basketball Shooting Around the World	55-59 Female	Sherry	Adney	McGregor	IA	F	57	8	2	S
Basketball Shooting Around the World	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	5	3	B
Basketball Shooting Around the World	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	9	1	G
Basketball Shooting Around the World	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	8	2	G
Basketball Shooting Around the World	60-64 Female	Jody	Walter	Des Moines	IA	F	61	8	3	G
Basketball Shooting Around the World	60-64 Female	Sonja	Gibbs	Marion	IA	F	61	7	4	S
Basketball Shooting Around the World	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	6	5	B
Basketball Shooting Around the World	60-64 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	63	6		
Basketball Shooting Around the World	60-64 Female	Linda	Donahue	monroe	IA	F	63	2		
Basketball Shooting Around the World	65-69 Female	Chris	Crowe	NA	TX	F	65	13	1	G
Basketball Shooting Around the World	65-69 Female	Doris	Garland	Indianola	IA	F	66	12	2	G
Basketball Shooting Around the World	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	11	3	S
Basketball Shooting Around the World	65-69 Female	Virginia	McFadden	Marion	IA	F	65	7	4	B
Basketball Shooting Around the World	65-69 Female	Janice	Leinen	North English	IA	F	64	4		
Basketball Shooting Around the World	65-69 Female	Susan	Gullion	Des Moines	IA	F	65	2		
Basketball Shooting Around the World	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	9	1	G
Basketball Shooting Around the World	70-74 Female	Sue	Manning	Monroe	IA	F	69	4	2	S
Basketball Shooting Around the World	70-74 Female	Paula	Schultz	Indianola	IA	F	70	4	3	B
Basketball Shooting Around the World	70-74 Female	Vicki	Morris	New virginia	IA	F	72	3		
Basketball Shooting Around the World	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	1		
Basketball Shooting Around the World	75-79 Female	Georgia	Jones	McGregor	IA	F	76	5	1	G
Basketball Shooting Around the World	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	2	2	S
Basketball Shooting Around the World	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	3	1	G
Basketball Shooting Around the World	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	1	1	G
Basketball Shooting Around the World	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	51	4	1	G
Basketball Shooting Around the World	50-54 Male	Scott	Mills	Des Moines	IA	M	52	0	2	S
Basketball Shooting Around the World	55-59 Male	Mark	Barinque	Lubbock	TX	M	56	8	1	G
Basketball Shooting Around the World	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	7	2	S
Basketball Shooting Around the World	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	6	3	B
Basketball Shooting Around the World	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	12	1	G
Basketball Shooting Around the World	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	9	2	S
Basketball Shooting Around the World	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	7	3	S
Basketball Shooting Around the World	60-64 Male	Mark	Tjelta	Story City	IA	M	62	7	4	B
Basketball Shooting Around the World	60-64 Male	Mitch	Anderson	Indianola	IA	M	63	6		
Basketball Shooting Around the World	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	6		
Basketball Shooting Around the World	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	6		
Basketball Shooting Around the World	60-64 Male	Brad	Staley	hampton	IA	M	62	2		
Basketball Shooting Around the World	65-69 Male	Randy	Davis	Altoona	IA	M	66	9	1	G
Basketball Shooting Around the World	65-69 Male	Paul	Brees	Urbandale	IA	M	65	6	2	S
Basketball Shooting Around the World	70-74 Male	Denny	Posekany	Solon	IA	M	74	13	1	G
Basketball Shooting Around the World	70-74 Male	Harold	Bayley	Los Lunas	NM	M	69	10	2	S
Basketball Shooting Around the World	70-74 Male	Lynn	Isenberger	Johnston	IA	M	72	10	3	S
Basketball Shooting Around the World	70-74 Male	Al	Flick	Raymond	IA	M	69	10	4	B
Basketball Shooting Around the World	70-74 Male	Kurt	Tausche	Atlanta	GA	M	70	8		
Basketball Shooting Around the World	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	3		
Basketball Shooting Around the World	70-74 Male	Dale	Thede	Urbandale	IA	M	72	7		
Basketball Shooting Around the World	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	8		
Basketball Shooting Around the World	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	9		
Basketball Shooting Around the World	70-74 Male	Rowdy	Burdick	Las Vegas	NV	M	71	0		
Basketball Shooting Around the World	75-79 Male	Jim	Heger	Des Moines	IA	M	76	14	1	G
Basketball Shooting Around the World	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	13	2	S
Basketball Shooting Around the World	75-79 Male	Robert	Kranz	Princeville	HI	M	76	11	3	B
Basketball Shooting Around the World	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	10	4	B
Basketball Shooting Around the World	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	8		
Basketball Shooting Around the World	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	6		

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Basketball Shooting Around The World Results
Valley High School | West Des Moines, IA

Basketball Shooting Around the World	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	11	1	G
Basketball Shooting Around the World	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	10	2	S
Basketball Shooting Around the World	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	9	3	G
Basketball Shooting Around the World	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	6	4	S
Basketball Shooting Around the World	80-84 Male	Don	Newton	West Des Moines	IA	M	84	4	5	B
Basketball Shooting Around the World	80-84 Male	Ralph	Pantoga	West Des Moines	IA	M	83	1		
Basketball Shooting Around the World	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	10	1	G
Basketball Shooting Around the World	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	6	2	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Basketball Shooting Free Throw
Valley High School | West Des Moines, IA

Event	Division	First	Last	City	State	Gender	Age	Score	Place	Medal
Basketball Shooting Free Throws	50-54 Female	Amy	Nagel	Cumming	IA	F	50	7	1	G
Basketball Shooting Free Throws	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	12	1	G
Basketball Shooting Free Throws	55-59 Female	Sherry	Adney	McGregor	IA	F	57	9	2	S
Basketball Shooting Free Throws	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	5	3	B
Basketball Shooting Free Throws	60-64 Female	Jody	Walter	Des Moines	IA	F	61	15	1	G
Basketball Shooting Free Throws	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	7	2	S
Basketball Shooting Free Throws	60-64 Female	Gertrude	Fitzpatrick	Cedar Rapids	IA	F	63	7	3	S
Basketball Shooting Free Throws	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	5	5	B
Basketball Shooting Free Throws	60-64 Female	Sonja	Gibbs	Marion	IA	F	61	5	5	B
Basketball Shooting Free Throws	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	3		
Basketball Shooting Free Throws	65-69 Female	Virginia	McFadden	Marion	IA	F	65	14	1	G
Basketball Shooting Free Throws	65-69 Female	Chris	Crowe	Montgomery	TX	F	65	12	2	S
Basketball Shooting Free Throws	65-69 Female	Doris	Garland	Indianola	IA	F	66	11	3	S
Basketball Shooting Free Throws	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	8	4	B
Basketball Shooting Free Throws	70-74 Female	Sue	Manning	Monroe	IA	F	69	6	1	G
Basketball Shooting Free Throws	70-74 Female	Vicki	Morris	New virginia	IA	F	72	3	2	S
Basketball Shooting Free Throws	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	3	3	B
Basketball Shooting Free Throws	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	1		
Basketball Shooting Free Throws	70-74 Female	Paula	Schultz	Indianola	IA	F	70	1		
Basketball Shooting Free Throws	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	6	1	G
Basketball Shooting Free Throws	75-79 Female	Georgia	Jones	McGregor	IA	F	76	2	2	S
Basketball Shooting Free Throws	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	10	1	G
Basketball Shooting Free Throws	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	2	1	G
Basketball Shooting Free Throws	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	51	6	1	G
Basketball Shooting Free Throws	50-54 Male	Scott	Mills	Des Moines	IA	M	52	3	2	S
Basketball Shooting Free Throws	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	7	3	G
Basketball Shooting Free Throws	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	13	1	G
Basketball Shooting Free Throws	55-59 Male	Mark	Barinque	Lubbock	TX	M	56	11	2	S
Basketball Shooting Free Throws	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	12	1	G
Basketball Shooting Free Throws	60-64 Male	Mark	Tjelta	Story City	IA	M	62	11	2	S
Basketball Shooting Free Throws	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	11	3	B
Basketball Shooting Free Throws	60-64 Male	Mitch	Anderson	Indianola	IA	M	63	10		
Basketball Shooting Free Throws	60-64 Male	Brad	Staley	hampton	IA	M	62	6		
Basketball Shooting Free Throws	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	3		
Basketball Shooting Free Throws	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	9		
Basketball Shooting Free Throws	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	7		
Basketball Shooting Free Throws	65-69 Male	Randy	Davis	Altoona	IA	M	66	13	1	G
Basketball Shooting Free Throws	65-69 Male	Paul	Brees	Urbandale	IA	M	65	8	2	S
Basketball Shooting Free Throws	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	8	3	B
Basketball Shooting Free Throws	70-74 Male	Lynn	Isenberger	Johnston	IA	M	72	14	1	G
Basketball Shooting Free Throws	70-74 Male	Harold	Bayley	Los Lunas	NM	M	69	13	2	S
Basketball Shooting Free Throws	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	13	3	S
Basketball Shooting Free Throws	70-74 Male	Denny	Posekany	Solon	IA	M	74	13	4	B
Basketball Shooting Free Throws	70-74 Male	Kurt	Tausche	Atlanta	GA	M	70	2		
Basketball Shooting Free Throws	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	6		
Basketball Shooting Free Throws	70-74 Male	Dale	Thede	Urbandale	IA	M	72	8		
Basketball Shooting Free Throws	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	9		
Basketball Shooting Free Throws	70-74 Male	Rowdy	Burdick	Las Vegas	NV	M	71	2		
Basketball Shooting Free Throws	70-74 Male	Al	Flick	Raymond	IA	M	69	12		

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Basketball Shooting Free Throw
Valley High School | West Des Moines, IA

Basketball Shooting Free Throws	75-79 Male	Jim	Heger	Des Moines	IA	M	76	14	1	G
Basketball Shooting Free Throws	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	11	3	S
Basketball Shooting Free Throws	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	10	4	B
Basketball Shooting Free Throws	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	6		
Basketball Shooting Free Throws	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	6		
Basketball Shooting Free Throws	75-79 Male	Greg	Eastman	Clive	IA	M	76	5		
Basketball Shooting Free Throws	75-79 Male	Robert	Kranz	Princeville	HI	M	76	12	2	S
Basketball Shooting Free Throws	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	14	1	G
Basketball Shooting Free Throws	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	9	2	G
Basketball Shooting Free Throws	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	6	3	S
Basketball Shooting Free Throws	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	6	4	S
Basketball Shooting Free Throws	80-84 Male	Don	Newton	West Des Moines	IA	M	84	5	5	B
Basketball Shooting Free Throws	80-84 Male	Ralph	Pantoga	West Des Moines	IA	M	83	2		
Basketball Shooting Free Throws	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	12	1	G
Basketball Shooting Free Throws	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	5	2	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Football Accuracy Results
Valley High School | West Des Moines, IA

Event	Division	First	Last	City	State	Gender	Age	Score	Result	Medal
Football Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	30	1	G
Football Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	20	2	S
Football Accuracy Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	70	1	G
Football Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	57	70	2	S
Football Accuracy Throw	55-59 Female	Deatra	Waller	Hiawatha	IA	F	56	10	3	B
Football Accuracy Throw	55-59 Female	Kristin	Ferrick	Waukee	IA	F	56	10	3	B
Football Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	61	120	1	G
Football Accuracy Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	70	2	S
Football Accuracy Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	64	40	3	B
Football Accuracy Throw	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	30		
Football Accuracy Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	30		
Football Accuracy Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	30		
Football Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	90	1	G
Football Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	60	2	S
Football Accuracy Throw	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	50	3	B
Football Accuracy Throw	65-69 Female	Ann	Schmidt	Des Moines	IA	F	65	50		
Football Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	20		
Football Accuracy Throw	65-69 Female	Susan	Gullion	Des Moines	IA	F	65	30		
Football Accuracy Throw	65-69 Female	Cheryl	Sander	ANKENY	IA	F	69	20		
Football Accuracy Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	72	20	1	G
Football Accuracy Throw	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	20	2	S
Football Accuracy Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	10	3	B
Football Accuracy Throw	70-74 Female	Paula	Schultz	Indianola	IA	F	70	10	3	B
Football Accuracy Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	20	1	G
Football Accuracy Throw	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	74	20	1	G
Football Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	20	1	G
Football Accuracy Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	30	1	G
Football Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	85	10	2	S
Football Accuracy Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	50	1	G
Football Accuracy Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	40	2	S
Football Accuracy Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	51	30	3	B
Football Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	52	0		
Football Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	90	1	G
Football Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	60	2	G
Football Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	55	30	3	B
Football Accuracy Throw	55-59 Male	Steve	Ferrick	Waukee	IA	M	58	20	4	S
Football Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	90	1	G
Football Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	90	2	S
Football Accuracy Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	70	3	B
Football Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	70	3	B
Football Accuracy Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	63	20		
Football Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	50		
Football Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	20		
Football Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	60		
Football Accuracy Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	60		
Football Accuracy Throw	65-69 Male	David	Strege	Winterset	IA	M	64	110	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Football Accuracy Results
Valley High School | West Des Moines, IA

Football Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	80	2	S
Football Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	50	3	B
Football Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	M	72	90	1	G
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	70	2	S
Football Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	60	3	B
Football Accuracy Throw	70-74 Male	Denny	Posekany	Solon	IA	M	74	30		
Football Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	M	73	40		
Football Accuracy Throw	70-74 Male	Kurt	Tausche	Atlanta	GA	M	70	30		
Football Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	50		
Football Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	30		
Football Accuracy Throw	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	50		
Football Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	90	1	G
Football Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	60	2	S
Football Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	76	30	3	S
Football Accuracy Throw	75-79 Male	Robert	Kranz	Princeville	HI	M	76	30	4	B
Football Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	10		
Football Accuracy Throw	75-79 Male	Stanley	Allspach	Baxter	IA	M	75	10		
Football Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	20		
Football Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	80	1	G
Football Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	60	2	G
Football Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	M	82	60	2	S
Football Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	20	4	B
Football Accuracy Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	83	20	5	B
Football Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	84	10		
Football Accuracy Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	0		
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	70	1	G
Football Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	30	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Footbal Distance Results
Valley High School | West Des Moines, IA

Event	Division	First	Last	City	State	Gender	Age	Distance	Result	Medal
Football Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	24	1	G
Football Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	24	1	G
Football Distance Throw	55-59 Female	Kristin	Ferrick	Waukee	IA	F	56	26	1	G
Football Distance Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	19	2	S
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	57	18	3	B
Football Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	17		
Football Distance Throw	60-64 Female	Shari	Baker	Overland Park	KS	F	60	26	1	G
Football Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	61	26	1	G
Football Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	21	4	S
Football Distance Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	23	3	B
Football Distance Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	18	6	B
Football Distance Throw	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	20	5	
Football Distance Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	64	15		
Football Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	23	1	G
Football Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	23	1	G
Football Distance Throw	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	21	3	B
Football Distance Throw	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	18		
Football Distance Throw	65-69 Female	Susan	Gullion	Norway	IA	F	65	16		
Football Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	15		
Football Distance Throw	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	22	1	G
Football Distance Throw	70-74 Female	Paula	Schultz	Indianola	IA	F	70	17	2	S
Football Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	72	15	3	B
Football Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	14		
Football Distance Throw	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	18	1	G
Football Distance Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	14	2	S
Football Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	16	1	G
Football Distance Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	11	1	G
Football Distance Throw	85-89 Female	Wylene	Gardener		IA	F	89	5.5	2	S
Football Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	70	1	G
Football Distance Throw	50-54 Male	Bob	Pratt	eau claire	WI	M	52	55	2	S
Football Distance Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	45	3	S
Football Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	52	23	4	B
Football Distance Throw	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	51	21		
Football Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	55	47	1	G
Football Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	39	2	S
Football Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	46	1	G
Football Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	46	2	S
Football Distance Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	42	3	B
Football Distance Throw	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	29		
Football Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	36		
Football Distance Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	31		
Football Distance Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	32		
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	43	1	G
Football Distance Throw	65-69 Male	David	Strege	Winterset	IA	M	64	32	2	S
Football Distance Throw	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	39	1	G
Football Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	36	2	S
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	33	3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Footbal Distance Results
Valley High School | West Des Moines, IA

Football Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	32	4	B
Football Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	26		
Football Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	52	1	G
Football Distance Throw	75-79 Male	Robert	Kranz	Princeville	HI	M	76	31	2	S
Football Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	76	26	3	S
Football Distance Throw	75-79 Male	Marvin	Burton		IA	M	76	25	4	B
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	18		
Football Distance Throw	75-79 Male	Stanley	Allspach	Baxter	IA	M	75	19		
Football Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	19		
Football Distance Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	24	2	G
Football Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	29	1	G
Football Distance Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	84	19	4	S
Football Distance Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	23	3	B
Football Distance Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	83	18	5	B
Football Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	18		
Football Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	27	1	G
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	92	9	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Softball Accuracy Throw Results
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	80	1	G
Softball Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	50	2	S
Softball Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	57	70	1	G
Softball Accuracy Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	20	3	B
Softball Accuracy Throw	55-59 Female	Kristin	Ferrick	Waukee	IA	F	56	40	2	S
Softball Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	10		
Softball Accuracy Throw	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	20		
Softball Accuracy Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	40	4	B
Softball Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	61	50	3	S
Softball Accuracy Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	70	1	G
Softball Accuracy Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	60	2	G
Softball Accuracy Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	64	10		
Softball Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	130	1	G
Softball Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	70	2	S
Softball Accuracy Throw	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	50	3	B
Softball Accuracy Throw	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	40		
Softball Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	20		
Softball Accuracy Throw	65-69 Female	Susan	Gullion	Des Moines	IA	F	65	40		
Softball Accuracy Throw	65-69 Female	Cheryl	Sander	ANKENY	IA	F	69	40		
Softball Accuracy Throw	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	140	1	G
Softball Accuracy Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	72	80	2	S
Softball Accuracy Throw	70-74 Female	Paula	Schultz	Indianola	IA	F	70	50	3	B
Softball Accuracy Throw	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	20		
Softball Accuracy Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	0		
Softball Accuracy Throw	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	74	30	1	G
Softball Accuracy Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	0		
Softball Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	20	1	G
Softball Accuracy Throw	85-89 Female	Bonnie	Haroldson	Urbandale	IA	F	87	10	1	G
Softball Accuracy Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	80	1	G
Softball Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	52	30	2	S
Softball Accuracy Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	20	3	B
Softball Accuracy Throw	55-59 Male	Steve	Ferrick	Waukee	IA	M	58	40	2	G
Softball Accuracy Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	60	1	G
Softball Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	10	4	S
Softball Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	55	30	3	B
Softball Accuracy Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	90	1	G
Softball Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	90	2	S
Softball Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	80	3	B
Softball Accuracy Throw	60-64 Male	Mark	Tjelta	Story City	IA	M	62	70		
Softball Accuracy Throw	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	0		
Softball Accuracy Throw	60-64 Male	Mitch	Anderson	Indianola	IA	M	63	60		
Softball Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	60		
Softball Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	30		
Softball Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	40		
Softball Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	40		
Softball Accuracy Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	10		
Softball Accuracy Throw	65-69 Male	David	Strege	Winterset	IA	M	64	70	1	G
Softball Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	70	1	G
Softball Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	10	3	S
Softball Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	130	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Softball Accuracy Throw Results
Valley High School | West Des Moines, IA

Softball Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	M	72	60	2	S
Softball Accuracy Throw	70-74 Male	Denny	Posekany	Solon	IA	M	74	50	3	B
Softball Accuracy Throw	70-74 Male	James	Taylor	Polk City	IA	M	71	40		
Softball Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	M	73	50		
Softball Accuracy Throw	70-74 Male	Lynn	Isenberger	Johnston	IA	M	72	30		
Softball Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	40		
Softball Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	50		
Softball Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	30		
Softball Accuracy Throw	70-74 Male	Rowdy	Burdick	Las Vegas	NV	M	71	0		
Softball Accuracy Throw	75-79 Male	Robert	Kranz	Princeville	HI	M	76	90	1	G
Softball Accuracy Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	90	1	G
Softball Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	76	40	2	S
Softball Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	30	3	B
Softball Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	20		
Softball Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	0		
Softball Accuracy Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	83	40	1	G
Softball Accuracy Throw	80-84 Male	Kent	Rolfing	Sioux Falls	SD	M	82	130	1	G
Softball Accuracy Throw	80-84 Male	Frank	Perez		IA	M		40	2	S
Softball Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	30	3	B
Softball Accuracy Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	30	3	B
Softball Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	84	20		
Softball Accuracy Throw	80-84 Male	Ralph	Pantoga	West Des Moines	IA	M	83	0		
Softball Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	60	1	G
Softball Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	10	2	S
Softball Accuracy Throw	85-89 Male	Kenneth	Clark	Urbandale	IA	M	86	0		

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Softball Distance Throw
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	34	1	G
Softball Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	29	2	S
Softball Distance Throw	55-59 Female	Kristin	Ferrick	Waukee	IA	F	56	38	1	G
Softball Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	57	26	2	S
Softball Distance Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	19	3	B
Softball Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	19	3	B
Softball Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	61	29	1	G
Softball Distance Throw	60-64 Female	Shari	Baker	Overland Park	KS	F	60	32	1	G
Softball Distance Throw	60-64 Female	Linda	Mahr	Dorchester	IA	F	60	23	2	S
Softball Distance Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	63	28	3	B
Softball Distance Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	20	3	B
Softball Distance Throw	60-64 Female	Kay	Haroldson	Adel	IA	F	60	22		
Softball Distance Throw	60-64 Female	Tina	Hendrix	Prairie du Chien	WI	F	60	24		
Softball Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	31	1	G
Softball Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	30	2	S
Softball Distance Throw	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	28	3	B
Softball Distance Throw	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	22.5		
Softball Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	17		
Softball Distance Throw	70-74 Female	Roanne	Wiley	CENTER JUNCTION	IA	F	70	24	1	G
Softball Distance Throw	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	23	2	S
Softball Distance Throw	70-74 Female	Vicki	Morris	New virginia	IA	F	72	23	3	B
Softball Distance Throw	70-74 Female	Joyce	Kitson	Marengo	IA	F	69	13		
Softball Distance Throw	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	17		
Softball Distance Throw	70-74 Female	Paula	Schultz	Indianola	IA	F	70	17		
Softball Distance Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	78	19	1	G
Softball Distance Throw	75-79 Female	Neva	Weisskopf	Middle Amana	FL	F	74	24	1	G
Softball Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	19	1	G
Softball Distance Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	16.5	1	G
Softball Distance Throw	85-89 Female	Bonnie	Haroldson	Urbandale	IA	F	86	13	2	S
Softball Distance Throw	85-89 Female	Wyline	Gardner	Des Moines	IA	F	85	8	3	B
Softball Distance Throw	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	87	1	G
Softball Distance Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	59	3	S
Softball Distance Throw	50-54 Male	Bob	Pratt	eau claire	WI	M	52	81	2	S
Softball Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	52	27	4	B
Softball Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	55	63	1	G
Softball Distance Throw	55-59 Male	Doug	Kane	Scottsdale	AZ	M	58	49	2	S
Softball Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	57	1	G
Softball Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	55	2	S
Softball Distance Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	51.5	3	B
Softball Distance Throw	60-64 Male	Mark	Tjelta	Story City	IA	M	62	44	5	
Softball Distance Throw	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	35.5	7	
Softball Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	44.5	4	
Softball Distance Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	30.5	9	
Softball Distance Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	36.5	6	
Softball Distance Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	31	8	
Softball Distance Throw	65-69 Male	David	Strege	Winterset	IA	M	64	55	1	G
Softball Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	41	2	S
Softball Distance Throw	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	49	1	G
Softball Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	41	2	S
Softball Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	39	3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Softball Distance Throw
Valley High School | West Des Moines, IA

Softball Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	33	5	
Softball Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	35.5	4	
Softball Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	71	1	G
Softball Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	32	2	S
Softball Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	76	29	4	B
Softball Distance Throw	75-79 Male	Robert	Kranz	Princeville	HI	M	76	32	3	B
Softball Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	22	6	
Softball Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	25	5	
Softball Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	38	1	G
Softball Distance Throw	80-84 Male	Frank	Perez		IA	M		27	2	G
Softball Distance Throw	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	24	3	S
Softball Distance Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	83	21	4	B
Softball Distance Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	84	21	4	B
Softball Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	33.5	1	G
Softball Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	92	12	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Field Goal Kick Results
Valley High School | West Des Moines, IA

Event	Age Group	First	Last	City	State	Gender	Age	Yardage	Place	Medal
Football Field Goal Kick	50-54 Female	Sue	Francksen	Olin	IA	F	52	1	1	G
Football Field Goal Kick	55-59 Female	Kristin	Ferrick	Waukee	IA	F	56	10	1	G
Football Field Goal Kick	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	0	2	S
Football Field Goal Kick	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	0	2	S
Football Field Goal Kick	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	15	1	G
Football Field Goal Kick	50-54 Male	Scott	Mills	Des Moines	IA	M	52	10	1	G
Football Field Goal Kick	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	0	2	S
Football Field Goal Kick	55-59 Male	Steve	Ferrick	Waukee	IA	M	58	10	1	G
Football Field Goal Kick	60-64 Male	Brad	Staley	hampton	IA	M	62	20	1	G
Football Field Goal Kick	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	15	2	S
Football Field Goal Kick	60-64 Male	Jan	Warwick	Ames	IA	M	64	15	2	S
Football Field Goal Kick	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	10		
Football Field Goal Kick	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	10		
Football Field Goal Kick	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	5		
Football Field Goal Kick	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	0		
Football Field Goal Kick	65-69 Male	Paul	Brees	Urbandale	IA	M	65	15	1	G
Football Field Goal Kick	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	10	2	S
Football Field Goal Kick	70-74 Male	Kurt	Tausche	Atlanta	GA	M	70	15	1	G
Football Field Goal Kick	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	15	1	G
Football Field Goal Kick	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	15	1	G
Football Field Goal Kick	70-74 Male	Rowdy	Burdick	Las Vegas	NV	M	71	10	2	S
Football Field Goal Kick	70-74 Male	Dale	Thede	Urbandale	IA	M	72	5	3	B
Football Field Goal Kick	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	15	1	G
Football Field Goal Kick	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	10	2	S
Football Field Goal Kick	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	0		
Football Field Goal Kick	75-79 Male	Greg	Eastman	Clive	IA	M	76	0		
Football Field Goal Kick	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	5	1	G
Football Field Goal Kick	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	0		
Football Field Goal Kick	85-89 Male	Bart	Young	Des Moines	IA	M	90	0		

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Frisbee Accuracy Results
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Frisbee Accuracy Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	1	1	G
Frisbee Accuracy Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	5	1	G
Frisbee Accuracy Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	2	2	S
Frisbee Accuracy Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	3	1	G
Frisbee Accuracy Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	64	3	2	S
Frisbee Accuracy Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	5	1	G
Frisbee Accuracy Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	4	2	S
Frisbee Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	1	3	B
Frisbee Accuracy Throw	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	1	3	B
Frisbee Accuracy Throw	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	0		
Frisbee Accuracy Throw	75-79 Female	Neva	Weisskopf	Middle Amana	FL	F	74	2	1	G
Frisbee Accuracy Throw	85-89 Female	Wylne	Gardner	Des Moines	IA	F	85	2	1	G
Frisbee Accuracy Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	0		
Frisbee Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	2	1	G
Frisbee Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	6	1	G
Frisbee Accuracy Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	4	2	S
Frisbee Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	4	2	S
Frisbee Accuracy Throw	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	3		
Frisbee Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	3		
Frisbee Accuracy Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	2		
Frisbee Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	3		
Frisbee Accuracy Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	2		
Frisbee Accuracy Throw	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	5	1	G
Frisbee Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	2	2	S
Frisbee Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	6	1	G
Frisbee Accuracy Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	4	2	S
Frisbee Accuracy Throw	70-74 Male	Denny	Posekany		IA	M		4	3	B
Frisbee Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	2		
Frisbee Accuracy Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	3	1	G
Frisbee Accuracy Throw	75-79 Male	Denny	Adair	Osceola	IA	M	74	1	1	G
Frisbee Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	0		
Frisbee Accuracy Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	1	1	G
Frisbee Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	4	1	G
Frisbee Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	4	1	G
Frisbee Accuracy Throw	85-89 Male	Kenneth	Clark	Urbandale	IA	M	86	0		
Frisbee Accuracy Throw	90-94 Male	Bart	Young	Indianola	IA	M	92	2	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Frisbee Distance Results
Valley High School | West Des Moines, IA

Event	Division	First	Last	City	State	Gender	Age	Score	Result	Medal
Frisbee Distance Throw	50-54 Female	Sue	Francksen	Olin	IA	F	52	31	1	G
Frisbee Distance Throw	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	33	1	G
Frisbee Distance Throw	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	57	26	2	S
Frisbee Distance Throw	60-64 Female	Linda	Donahue	monroe	IA	F	63	29	1	G
Frisbee Distance Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	64	23	2	S
Frisbee Distance Throw	65-69 Female	Doris	Garland	Indianola	IA	F	66	46	1	G
Frisbee Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	33	2	S
Frisbee Distance Throw	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	25	3	B
Frisbee Distance Throw	65-69 Female	Janice	Leinen	North English	IA	F	64	15		
Frisbee Distance Throw	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	17	1	G
Frisbee Distance Throw	75-79 Female	Darlene	Greeley	Ames	IA	F	77	32	1	G
Frisbee Distance Throw	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	74	20	2	S
Frisbee Distance Throw	85-89 Female	Wylina	Gardner	Des Moines	IA	F	85	15	1	G
Frisbee Distance Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	14	2	S
Frisbee Distance Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	32	1	G
Frisbee Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	70	1	G
Frisbee Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	70	1	G
Frisbee Distance Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	66	2	S
Frisbee Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	55	3	B
Frisbee Distance Throw	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	45		
Frisbee Distance Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	48		
Frisbee Distance Throw	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	52		
Frisbee Distance Throw	65-69 Male	Steve	Schuetz	Iowa City	IA	M	67	71	1	G
Frisbee Distance Throw	65-69 Male	Dennis	Kelly	Pella	IA	M	66	61	2	S
Frisbee Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	66	41	3	B
Frisbee Distance Throw	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	85	1	G
Frisbee Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	67	2	S
Frisbee Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	72	59	2	S
Frisbee Distance Throw	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	55	3	B
Frisbee Distance Throw	75-79 Male	Tarry	CORY	Clive, IA	IA	M	75	50	1	G
Frisbee Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	76	48	2	S
Frisbee Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	39	3	B
Frisbee Distance Throw	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	23		
Frisbee Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	29	1	G
Frisbee Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	14	2	S
Frisbee Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	92	17	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Soccer Kick Results
Valley High School | West Des Moines, IA

Event	Division	First	Last	City	State	Gender	Age	Result	Place	Medal
Soccer Kick Accuracy	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	22	1	G
Soccer Kick Accuracy	50-54 Female	Sue	Francksen	Olin	IA	F	52	20	2	S
Soccer Kick Accuracy	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	25	1	G
Soccer Kick Accuracy	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	24	2	S
Soccer Kick Accuracy	60-64 Female	Linda	Donahue	monroe	IA	F	63	20	1	G
Soccer Kick Accuracy	65-69 Female	Janice	Leinen	North English	IA	F	64	32	1	G
Soccer Kick Accuracy	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	28	2	S
Soccer Kick Accuracy	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	15	3	B
Soccer Kick Accuracy	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	32	1	G
Soccer Kick Accuracy	75-79 Female	Neva	Weisskopf	Indianola	IA	F	75	27	1	G
Soccer Kick Accuracy	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	14	1	G
Soccer Kick Accuracy	85-89 Female	Wylene	Gardner	Des Moines	IA	F	85	10	2	S
Soccer Kick Accuracy	50-54 Male	Scott	Mills	Des Moines	IA	M	52	20	1	G
Soccer Kick Accuracy	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	18	2	S
Soccer Kick Accuracy	55-59 Male	Davin	Roberts	West Des Moines	IA	M	57	11	1	G
Soccer Kick Accuracy	55-59 Male	Steve	Ferrick	Waukee	IA	M	58	11	2	S
Soccer Kick Accuracy	60-64 Male	Jan	Warwick	Ames	IA	M	64	34	1	G
Soccer Kick Accuracy	60-64 Male	Brad	Staley	hampton	IA	M	62	32	2	S
Soccer Kick Accuracy	60-64 Male	Brent	Alexander	West Des Moines	IA	M	62	31	3	B
Soccer Kick Accuracy	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	18		
Soccer Kick Accuracy	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	28		
Soccer Kick Accuracy	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	61	26		
Soccer Kick Accuracy	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	19		
Soccer Kick Accuracy	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	9		
Soccer Kick Accuracy	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	29	1	G
Soccer Kick Accuracy	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	23	2	S
Soccer Kick Accuracy	65-69 Male	Randy	Davis	Altoona	IA	M	66	16	3	B
Soccer Kick Accuracy	70-74 Male	Kurt	Tausche	Atlanta	GA	M	70	27	1	G
Soccer Kick Accuracy	70-74 Male	Dale	Thede	Urbandale	IA	M	72	22	2	G
Soccer Kick Accuracy	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	19	4	S
Soccer Kick Accuracy	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	19	5	B
Soccer Kick Accuracy	70-74 Male	Rowdy	Burdick	Las Vegas	NV	M	71	21	3	B
Soccer Kick Accuracy	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	29	1	G
Soccer Kick Accuracy	75-79 Male	Denny	Adair	Osceola	IA	M	74	28	2	S
Soccer Kick Accuracy	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	21	3	B
Soccer Kick Accuracy	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	23	1	G
Soccer Kick Accuracy	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	24	1	G
Soccer Kick Accuracy	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	16	2	G
Soccer Kick Accuracy	85-89 Male	Kenneth	Clark	Urbandale	IA	M	86	11	3	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Soccer Kick Results
Valley High School | West Des Moines, IA

Soccer Kick Accuracy	90-94 Male	Bart	Young	Indianola	IA	M	92	13	1	G
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*** Record performances are highlighted in yellow

2023 Iowa Senior Games
Target Archery Results

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Archery - Compound Fingers	75-79 Male	Terry	Witt	Huxley	IA	M	76	1032	1	Gold
Archery - Recurve Bow with a sight	60-64 Male	Michael	Trudell	Rock Island	IL	M	64	653	1	Gold
Archery - Compound Release	65-69 Female	carolyn	kiefer	Farmington	MN	F	65	1063	1	Gold
Archery - Compound Release	55-59 Male	Michael	Kiefer	Farmington	MN	M	59	1148	1	Gold
Archery - Barebow Compound	65-69 Male	Craig	Richardson	Bettendorf	IA	M	69	746	1	Gold
Archery - Compound Release	70-74 Male	William	Keul	Winterset	IA	M	72	1074	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Badminton Results
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Badminton - Men's Doubles	55-59 Male	Manoj	Rajbhandary	Waukee	IA	M	55		1	G
Badminton - Men's Doubles	55-59 Male	Anthony	Snyder	Muscatine	IA	M	55		1	G
Badminton - Men's Doubles	60-64 Male	Qiang	Liu	Urbandale	IA	M	60		1	G
Badminton - Men's Doubles	60-64 Male	Sahib	Iqbal	Waukee	IA	M	62		1	G
Badminton - Mixed Doubles	55-59 Female	Julie	Qi	Urbandale	IA	F	57		1	G
Badminton - Mixed Doubles	55-59 Male	Anthony	Snyder	Muscatine	IA	M	55		1	G
Badminton - Mixed Doubles	60-64 Female	Ning	Truitt	Ames	IA	F	59		1	G
Badminton - Mixed Doubles	64-64 Male	Lawrence	Truitt	AMES	IA	M	73		1	G
Badminton - Singles	50-54 Male	Nate	Reagen	Des Moines	IA	M	50		1	G
Badminton - Singles	55-59 Male	Manoj	Rajbhandary	Waukee	IA	M	55		2	S
Badminton - Singles	55-59 Male	Anthony	Snyder	Muscatine	IA	M	55		1	G
Badminton - Singles	60-64 Male	Qing	Zhu	Grimes	IA	M	62		1	G
Badminton - Singles	60-64 Male	Sahib	Iqbal	Waukee	IA	M	62		2	S
Badminton - Singles	60-64 Male	Timothy	Pew	Des Moines	IA	M	61		3	B
Badminton - Singles	65-69 Male	Faruque	Hossain	Marion	IA	M	68		3	B
Badminton - Singles	65-69 Male	Roger	Hulvey	Mount Sterling	IL	M	65		2	S
Badminton - Singles	65-69 Male	Mark	Miller	Ankeny	IA	M	67		1	G
Badminton - Singles	70-74 Male	John	Anderson	Ames	IA	M	72		2	S
Badminton - Singles	70-74 Male	Lawrence	Truitt	AMES	IA	M	73		1	G
Badminton - Singles	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70		3	B
Badminton - Singles	60-64 Female	Ning	Truitt	Ames	IA	F	59		1	G
Badminton - Singles	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65		1	G
Badminton - Singles	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	72		1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Bowling Results
Val Lanes | West Des Moines

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Bowling - Men's Doubles	55-59 Male	Steve	Wallingford	Atlantic	IA	M	56	935	1	G
Bowling - Men's Doubles	55-59 Male	Roger	Wallingford	Atlantic	IA	M	77	935	1	G
Bowling - Men's Doubles	60-64 Male	Michael	Morgan	Polk City	IA	M	61	698	1	G
Bowling - Men's Doubles	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	698	1	G
Bowling - Men's Doubles	65-69 Male	Mark	Herdliska	Norway	IA	M	65	771	1	G
Bowling - Men's Doubles	65-69 Male	Larry	Favourite	Solon	IA	M	86	771	1	G
Bowling - Men's Doubles	70-74 Male	Ronald	Holden	Marshalltown	IA	M	71	1045	1	G
Bowling - Men's Doubles	70-74 Male	Jerry	Coughlin	Marshalltown	IA	M	79	1045	1	G
Bowling - Men's Doubles	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	987	1	G
Bowling - Men's Doubles	75-79 Male	Bill	Cox	URBANDALE	IA	M	72	987	1	G
Bowling - Men's Doubles	80-84 Male	Ronald	Sorem	Nevada	IA	M	80	953	1	G
Bowling - Men's Doubles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	83	953	1	G
Bowling - Women's Doubles	70-74 Female	Julie	Herdliska	Norway	IA	F	69	937	1	G
Bowling - Women's Doubles	70-74 Female	Barb	Denny	Solon	IA	F	71	937	1	G
Bowling - Women's Doubles	85-89 Female	Jan	Schmidt	Ames	IA	F	89	755	1	G
Bowling - Women's Doubles	85-89 Female	Judy	Unger	Ames	IA	F	86	755	1	G
Bowling - Mixed Doubles	50-54 Male	Scott	Mills	Des Moines	IA	M	52	788	1	G
Bowling - Mixed Doubles	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	788	1	G
Bowling - Mixed Doubles	60-64 Male	Kenneth	Hopper	Waukee	IA	M	67	815	1	G
Bowling - Mixed Doubles	60-64 Female	Tamie	Hopper	WAUKEE	IA	F	61	815	1	G
Bowling - Mixed Doubles	65-69 Male	Mark	Herdliska	Norway	IA	M	65	933	1	G
Bowling - Mixed Doubles	65-69 Female	Julie	Herdliska	Norway	IA	F	69	933	1	G
Bowling - Mixed Doubles	65-69 Female	Belinda	Purvis	Cambridge	IA	F	65	926	2	S
Bowling - Mixed Doubles	65-69 Male	Ronald	Sorem	Nevada	IA	M	80	926	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Bowling Results
Val Lanes | West Des Moines

Bowling - Mixed Doubles	70-74 Female	sherry	felton	Dallas Center	IA	F	72	1035	1	G
Bowling - Mixed Doubles	70-74 Male	Denny	Felton	Dallas Center	IA	M	72	1035	1	G
Bowling - Mixed Doubles	70-74 Male	Larry	Favourite	Solon	IA	M	86	787	2	S
Bowling - Mixed Doubles	70-74 Female	Barb	Denny	Solon	IA	F	71	787	2	S
Bowling - Mixed Doubles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	83	975	1	G
Bowling - Mixed Doubles	80-84 FeMale	Judy	Unger	Ames	IA	F	86	975	1	G
Bowling - Singles	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	370	1	G
Bowling - Singles	65-69 Female	Belinda	Purvis	Cambridge	IA	F	65	427	1	G
Bowling - Singles	70-74 Female	Sherry	Felton	Dallas Center	IA	F	72	535	1	G
Bowling - Singles	70-74 Female	Julie	Herdlska	Norway	IA	F	69	453	2	S
Bowling - Singles	70-74 Female	Barb	Denny	Solon	IA	F	71	405	3	B
Bowling - Singles	75-79 Female	Pam	Slippy	Ankeny	IA	F	76	461	1	G
Bowling - Singles	85-89 Female	Judy	Unger	Ames	IA	F	86	463	1	G
Bowling - Singles	85-89 Female	Jan	Schmltd	Ames	IA	F	89	363	2	S
Bowling - Singles	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	51	366	1	G
Bowling - Singles	50-54 Male	Scott	Mills	Des Moines	IA	M	52	353	2	S
Bowling - Singles	55-59 Male	Steve	Wallingford	Atlantic	IA	M	56	543	1	G
Bowling - Singles	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	591	1	G
Bowling - Singles	65-69 Male	Mark	Herdlska	Norway	IA	M	65	468	1	G
Bowling - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA	M	67	421	2	S
Bowling - Singles	70-74 Male	Ronald	Holden	Marshalltown	IA	M	71	551	1	G
Bowling - Singles	70-74 Male	Denny	Felton	Dallas Center	IA	M	72	493	2	S
Bowling - Singles	70-74 Male	Bill	Cox	URBANDALE	IA	M	72	436	3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Bowling Results
Val Lanes | West Des Moines

Bowling - Singles	75-79 Male	Roger	Wallingford	Atlantic	IA	M	77	551	1	G
Bowling - Singles	75-79 Male	Marvin	Burton	Des Moines	IA	M	75	434	2	S
Bowling - Singles	75-79 Male	Jerry	Coughlin	Marshalltown	IA	M	79	421	3	B
Bowling - Singles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	83	506	1	G
Bowling - Singles	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	453	2	S
Bowling - Singles	80-84 Male	Ronald	Sorem	Nevada	IA	M	80	385	3	B
Bowling - Singles	85-89 Male	Larry	Favourite	Solon	IA	M	86	428	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Cornhole Results
Clive Aquatic Center | West Des Moines, IA

Sport	Age Group	First Name	Last Name	Gender	Age	City	State	Place	Medal
Cornhole	Doubles Open 50 - 69	Timothy	Pew	M	62	Des Moines	IA	1	Gold
Cornhole	Doubles Open 50 - 69	Kenneth	Clark	M	87	Urbandale	IA	1	Gold
Cornhole	Doubles Open 50 - 69	Kenneth	Hopper	M	67	Waukee	IA	2	Silver
Cornhole	Doubles Open 50 - 69	Tamie	Hopper	F	62	WAUKEE	IA	2	Silver
Cornhole	Doubles Open 70 - 79	Reta	Callahan	F	73	Dysart, IA	IA	1	Gold
Cornhole	Doubles Open 70 - 79	Duane	Forbes	M	74	West Liberty	IA	1	Gold
Cornhole	Doubles Open 70 - 79	Marvin	Burton	M	76	Des Moines	IA	2	Silver
Cornhole	Doubles Open 70 - 79	Bill	Cox	M	72	URBANDALE	IA	2	Silver
Cornhole	Doubles Open 80 +	Colin	McBee	M	81	West Des Moines	IA	1	Gold
Cornhole	Doubles Open 80 +	Steve	Wilson	M	80	West Des Moines	IA	1	Gold
Cornhole	Singles Open 50 - 69	Brian	Hahn	M	53	Kensett	IA	1	Gold
Cornhole	Singles Open 50 - 69	Timothy	Pew	M	62	Des Moines	IA	2	Silver
Cornhole	Singles Open 50 - 69	Danny	Martin	M	60	Des Moines	IA	3	Bronze
Cornhole	Singles Open 70 - 79	Reta	Callahan	F	73	Dysart, IA	IA	1	Gold
Cornhole	Singles Open 70 - 79	Bill	Cox	M	72	URBANDALE	IA	2	Silver
Cornhole	Singles Open 70 - 79	Duane	Forbes	M	74	West Liberty	IA	3	Bronze
Cornhole	Singles Open 80 +	Colin	McBee	M	81	West Des Moines	IA	1	Gold
Cornhole	Singles Open 80 +	Steve	Wilson	M	80	West Des Moines	IA	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games
Cycling Road Race Results

Category	Sub Event	First Name	Last Name	City	State	Gender	Age	Place	Medal
Cycling Road Race	55-59 Female	Joli	Vollers	Ames	IA	F	59	1	Gold
Cycling Road Race	55-59 Female	Christine	Olsen	Dupo	IL	F	59	1	Gold
Cycling Road Race	55-59 Male	Ron	Gillette	Des Moines	IA	M	59	1	Gold
Cycling Road Race	60-64 Male	Nick	Giovanetti	Dupo	IL	M	63	1	Gold
Cycling Road Race	60-64 Male	Berry	Bean	Gideon	MO	M	60	2	Silver
Cycling Road Race	60-64 Male	Tim	Uden	Juniata	NE	M	63	2	Silver
Cycling Road Race	70-74 Male	harry	fortney	Kelley	IA	M	73	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games
Cycling Time Trial | Results

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	55-59 Female	Christine	Olsen	Dupo	IL	F	59	9:37	1	Gold
Cycling Time Trial - 5K	55-59 Female	Joli	Vollers	Ames	IA	F	59	10:05	1	Gold
Cycling Time Trial - 5K	55-59 Female	Robin	McNeely	Ames	IA	F	59	10:40:00	2	Silver
Cycling Time Trial - 5K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	58	12:23	3	Bronze
Cycling Time Trial - 5K	60-64 Female	Debra	Irving	Ankeny	IA	F	63	9:00:00	1	Gold
Cycling Time Trial - 5K	50-54 Male	Chris	Ramirez	St. Louis	MO	M	54	7:50	1	Gold
Cycling Time Trial - 5K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	57	7:46	1	Gold
Cycling Time Trial - 5K	55-59 Male	John	Weiler	Ankeny	IA	M	59	8:57	2	Silver
Cycling Time Trial - 5K	55-59 Male	Boyd	Burnham	Altoona	IA	M	56	11:22	3	Bronze
Cycling Time Trial - 5K	60-64 Male	Brad	Lones	Urbandale	IA	M	63	7:43	1	Gold
Cycling Time Trial - 5K	60-64 Male	Nick	Giovanetti	Dupo	IL	M	63	7:43	1	Gold
Cycling Time Trial - 5K	60-64 Male	Rick	Gladson	Des Moines	IA	M	64	7:48	2	Silver
Cycling Time Trial - 5K	60-64 Male	David	Gannon	West Des Moines	IA	M	61	8:07	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Bill	Knoedel	Urbandale	IA	M	69	8:26	1	Gold
Cycling Time Trial - 5K	65-69 Male	Johnny	Bregar	Madrid	IA	M	66	8:57	2	Silver
Cycling Time Trial - 5K	65-69 Male	Tim	O'Brien	Waverly	IA	M	67	9:00	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Steve	Heilskov	Iowa Falls	IA	M	65	9:52	4	
Cycling Time Trial - 5K	70-74 Male	Joe	Robinson	Bondurant	IA	M	72	8:21	1	Gold
Cycling Time Trial - 5K	70-74 Male	Mike	Bergman	West Des Moines	IA	M	70	8:50	2	Silver
Cycling Time Trial - 5K	70-74 Male	Dennis	Maurer	Hudson	IA	M	72	9:44	3	Bronze
Cycling Time Trial - 5K	70-74 Male	Harry	Fortney	Kelley	IA	M	73	10:13	4	
Cycling Time Trial - 5K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	78	8:33	1	Gold
Cycling Time Trial - 5K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	76	9:37	2	Silver
Cycling Time Trial - 5K	80-84 Male	John	Hartwig	Ankeny	IA	M	82	10:09	1	Gold
Cycling Time Trial - 5K	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	12:09	2	Silver
Cycling Time Trial - 10K	55-59 Female	Christine	Olsen	Dupo	IL	F	59	18:50:35	1	Gold
Cycling Time Trial - 10K	55-59 Female	Joli	Vollers	Ames	IA	F	59	19:36:49	1	Gold
Cycling Time Trial - 10K	55-59 Female	Robin	McNeely	Ames	IA	F	59	20:56:35	2	Silver
Cycling Time Trial - 10K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	58	24:04:35	3	Bronze
Cycling Time Trial - 10K	60-64 Female	Debra	Irving	Ankeny	IA	F	63	17:19:20	1	Gold
Cycling Time Trial - 10K	50-54 Male	Chris	Ramirez	St. Louis	MO	M	54	15:24:07	1	Gold
Cycling Time Trial - 10K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	57	15:17:17	1	Gold
Cycling Time Trial - 10K	55-59 Male	John	Weiler	Ankeny	IA	M	59	16:57:10	2	Silver
Cycling Time Trial - 10K	55-59 Male	Boyd	Burnham	Altoona	IA	M	56	21:59:17	3	Bronze
Cycling Time Trial - 10K	60-64 Male	Brad	Lones	Urbandale	IA	M	63	15:20:49	1	Gold
Cycling Time Trial - 10K	60-64 Male	Rick	Gladson	Des Moines	IA	M	64	15:32:00	2	Silver
Cycling Time Trial - 10K	60-64 Male	Nick	Giovanetti	Dupo	IL	M	63	15:45:17	3	Bronze
Cycling Time Trial - 10K	60-64 Male	David	Gannon	West Des Moines	IA	M	61	15:49:48	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Bill	Knoedel	Urbandale	IA	M	69	16:28:20	1	Gold
Cycling Time Trial - 10K	65-69 Male	Tim	O'Brien	Waverly	IA	M	67	17:23:20	2	Silver
Cycling Time Trial - 10K	65-69 Male	Johnny	Bregar	Madrid	IA	M	66	17:27:31	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Steve	Heilskov	Iowa Falls	IA	M	65	19:03:10	4	
Cycling Time Trial - 10K	70-74 Male	Mike	Bergman	West Des Moines	IA	M	70	15:06:35	1	Gold
Cycling Time Trial - 10K	70-74 Male	Joe	Robinson	Bondurant	IA	M	72	16:18:38	2	Silver
Cycling Time Trial - 10K	70-74 Male	Dennis	Maurer	Hudson	IA	M	72	19:20:25	3	Bronze
Cycling Time Trial - 10K	70-74 Male	Harry	Fortney	Kelley	IA	M	73	20:11:21	4	
Cycling Time Trial - 10K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	78	16:44:25	1	Gold
Cycling Time Trial - 10K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	76	19:03:21	2	Silver
Cycling Time Trial - 10K	80-84 Male	John	Hartwig	Ankeny	IA	M	82	19:30:38	1	Gold
Cycling Time Trial - 10K	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	23:42:10	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Disc Golf
Centennial Park Disc Golf Course | Waukee IA

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Disc Golf	50-54 Male	Scott	Mills	Des Moines	IA	M	52	93	1	G
Disc Golf	55-59 Female	Jennifer	Shide	Urbandale	IA	F	56	100	1	G
Disc Golf	55-59 Male	Steve	Kenton	Ames	IA	M	54	46	1	G
Disc Golf	60-64 Male	Jim	Kopacek	Urbandale	IA	M	60	68	1	G
Disc Golf	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	78	3	B
Disc Golf	60-64 Male	Timothy	Pew	Des Moines	IA	M	61	70	2	S
Disc Golf	65-69 Male	Neils	Johnson	Ames	IA	M	66	62	1	G
Disc Golf	65-69 Male	William	Brouwer	Marshalltown	IA	M	68	71	3	B
Disc Golf	65-69 Male	Jeff	Winters	Hampton	IA	M	64	69	2	S
Disc Golf	70-74 Male	Brad	Ewest	Ankeny	IA	M	69	75	3	B
Disc Golf	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	67	1	G
Disc Golf	70-74 Male	Don	Smalley	Marquette	IA	M	70	74	2	S
Disc Golf	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	88	1	G

*** Record performances are highlighted in yellow

2023 ISG Golf Results
Willow Creek Golf Course | West Des Moines, IA

Category	Sub Event	First Name	Last Name	City	State	Age	Result	Place	Medal
Golf	50-54 Male	Bob	Pratt	eau claire	WI	52	96	1	G
Golf	50-54 Male	John	Walling	Leon, IA	IA	51	106	2	G
Golf	55-59 Female	Beth	Goedken	Des Moines	IA	59	96	1	G
Golf	55-59 Male	Daryl	Wolff	west Burlington	IA	58	82	1	G
Golf	55-59 Male	Rob	Vincent	Polk City	IA	55	84	2	S
Golf	55-59 Male	Tim	Wickett	TRURO	IA	59	84	3	B
Golf	55-59 Male	Tim	Riddle	Osceola	IA	59	84	4	NO
Golf	55-59 Male	Chris	Dorsey	Osceola	IA	55	99	5	NO
Golf	60-64 Female	Dixie	Harms	Clive	IA	62	87	1	G
Golf	60-64 Female	susan	sibbernsen	Altoona	IA	62	88	2	S
Golf	60-64 Female	Tricia	Lloyd	Urbandale	IA	60	109	3	B
Golf	60-64 Female	Jody	Walter	Des Moines	IA	61	129	4	NO
Golf	60-64 Male	Steve	Erickson	Iowa City	IA	61	76	1	G
Golf	60-64 Male	Elliott	Kissam	Bettendorf	IA	61	76	2	G
Golf	60-64 Male	Jim	Riley	Albia	IA	63	78	3	B
Golf	60-64 Male	Elliott	Smith	Des Moines	IA	63	81	4	NO
Golf	60-64 Male	Mike	Erickson	Tama	IA	62	83	5	NO
Golf	60-64 Male	Gary	Wambold	Osceola	IA	64	85	6	NO
Golf	65-69 Male	Randy	Cullin	Iowa City	IA	68	69	1	G
Golf	65-69 Male	William	Corrick	fairfield	IA	64	79	2	S
Golf	65-69 Male	Mel	Miller	Osceola	IA	64	90	3	B
Golf	65-69 Male	Donald	Rierson	Des Moines	IA	68	97	4	NO
Golf	70-74 Female	Jane	O'Hollearn	Johnston	IA	72	93	1	G
Golf	70-74 Male	Larry	Castagnoli	Clive	IA	73	66	1	G
Golf	70-74 Male	Jason	Douglas	West Des Moines	IA	73	77	2	S
Golf	70-74 Male	Dennis	Baysinger	Norwalk	IA	73	77	3	B
Golf	70-74 Male	Allan	Blue	Altoona	IA	70	78	4	NO
Golf	70-74 Male	Gary	Myers	Urbandale	IA	69	82	5	NO
Golf	70-74 Male	Jerry	Hora	Iowa City	IA	72	82	5	NO
Golf	70-74 Male	Tom	Frank	Winterset	IA	69	83	7	NO
Golf	70-74 Male	Kendal	Jass	Albia	IA	74	83	7	NO
Golf	70-74 Male	Steven	Heartman	Winterset	IA	72	88	9	NO
Golf	70-74 Male	Edward	McDaniel	Winterset	IA	69	90	10	NO
Golf	70-74 Male	John	Rivera	Des Moines	IA	73	96	11	NO
Golf	70-74 Male	Dan	Zimmerman	West demoinies	IA	71	115	12	NO
Golf	70-74 Male	Gordon	Freeman	Robins	IA	71	NS	NA	NA
Golf	75-79 Female	Sylvia	Lenz	Clive	IA	77	94	1	G
Golf	75-79 Female	Joyce	Weigel	Earlham	IA	76	97	2	S
Golf	75-79 Female	Susan	Furland	Runnells	IA	74	112	3	B
Golf	75-79 Female	Jan	Hogan	Urbandale	IA	75	115	4	NO
Golf	75-79 Male	Jim	Heger	Des Moines	IA	76	76	1	G
Golf	75-79 Male	Ed	Pech	Iowa city	IA	77	77	2	S
Golf	75-79 Male	Thomas	Szary	Grinnell	IA	77	80	3	B
Golf	75-79 Male	Bob	Newsum	Waukee	IA	76	82	4	NO
Golf	75-79 Male	Joseph C.	Dillon	Davenport	IA	76	84	5	NO
Golf	75-79 Male	Blaine	Carter	Albia	IA	76	85	6	NO
Golf	75-79 Male	Pat	Archbald	Albia	IA	76	88	7	NO
Golf	75-79 Male	Bill	Renner	Ankeny	IA	79	89	8	NO
Golf	75-79 Male	Virgil	Goodrich	Parkersburg	IA	79	90	9	NO
Golf	75-79 Male	Earl	Rutledge	Tama	IA	76	96	10	NO
Golf	75-79 Male	Jerry	Vaske	Tama	IA	77	103	11	NO
Golf	75-79 Male	Steve	Burgett	Des Moines	IA	75	113	12	NO
Golf	80-84 Male	Jay	Marcus	Fairfield	IA	81	73	1	G
Golf	80-84 Male	Jerry	Ommen	Tama	IA	84	81	2	S
Golf	80-84 Male	Allan	Hjelle	Elk Horn	IA	79	87	3	B
Golf	80-84 Male	Colin	McBee	West Des Moines	IA	80	96	4	NO
Golf	90-94 Male	James	Roan	Toledo	IA	90	85	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Horseshoes Results
Holiday Park | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Age	Result	Place	Medal
Horseshoes	50-54 Male	Steven	Miller	WAYLAND	IA	53	137	1	G
Horseshoes	50-54 Male	Scott	Mills	Des Moines	IA	52	47	2	S
Horseshoes	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	58	72	1	G
Horseshoes	55-59 Male	Davin	Roberts	West Des Moines	IA	57	32	1	G
Horseshoes	60-64 Female	melanie	bintz	dayton	IA	60	84	1	G
Horseshoes	60-64 Female	Roz	Smith	Pleasant Hill	IA	60	82	2	S
Horseshoes	60-64 Female	Jody	Walter	Des Moines	IA	61	67	3	B
Horseshoes	60-64 Male	Timothy	Pew	Des Moines	IA	62	161	1	G
Horseshoes	60-64 Male	Jan	Warwick	Ames	IA	64	141	2	S
Horseshoes	60-64 Male	Matthew	Harvey	Des Moines	IA	60	16	3	B
Horseshoes	65-69 Male	Kenneth	Hopper	Waukee	IA	67	49	1	G
Horseshoes	70-74 Female	Reta	Callahan	Dysart, IA	IA	73	85	1	G
Horseshoes	70-74 Male	tom	stensland	forest city	IA	72	182	1	G
Horseshoes	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	72	135	2	S
Horseshoes	70-74 Male	Dale	Wagner	Pettibone	ND	72	36	3	B
Horseshoes	75-79 Female	Pam	Slippy	Ankeny	IA	76	119	1	G
Horseshoes	75-79 Male	Reggie	Crumes	Altoona	IA	77	178	1	G
Horseshoes	75-79 Male	Skip	Hills	Altoona	IA	78	134	2	S
Horseshoes	75-79 Male	Doyce	Bailey	Cedar Rapids	IA	77	1	3	B
Horseshoes	80-84 Female	Ronda	Moffatt	Homestead	IA	83	90	1	G
Horseshoes	80-84 Male	Bert	Logsdon	Pleasantville	IA	83	259	1	G
Horseshoes	80-84 Male	Colin	McBee	West Des Moines	IA	81	87	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Event	Sub Event	First Name	Last Name	Gender	Age	City	State	Place	Medal
Pickleball - Men's Doubles Div. 1	50-54 Male	Saed	Ibsais	M	50	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 1	50-54 Male	Dean	Nihart	M	62	Johnston	IA	2	G
Pickleball - Men's Doubles Div. 1	50-54 Male	Michael	Minear	M	62	Clive	IA	1	S
Pickleball - Men's Doubles Div. 1	50-54 Male	Sean	Stevens	M	56	Urbandale	IA	2	S
Pickleball - Men's Doubles Div. 2	50-54 Male	Brian	Vaudt	M	52	Adel	IA	1	G
Pickleball - Men's Doubles Div. 2	50-54 Male	Brent	Alexander	M	62	West Des Moines	IA	1	G
Pickleball - Men's Doubles Div. 2	50-54 Male	Ronald	Coe	M	54	Ankeny	IA	2	S
Pickleball - Men's Doubles Div. 2	50-54 Male	Rusty	Bentzinger	M	61	Pella	IA	2	S
Pickleball - Men's Doubles Div. 2	50-54 Male	Glenn	Mackey	M	62	West Des Moines	IA	3	B
Pickleball - Men's Doubles Div. 2	50-54 Male	Charles	Besick	M	52	Cedar	IA	3	B
Pickleball - Men's Doubles Div. 2	50-54 Male	Dustin	Frank	M	50	Elkhorn	NE	4	
Pickleball - Men's Doubles Div. 2	50-54 Male	Dean	Dreher	M	50	Elkhorn	NE	4	
Pickleball - Men's Doubles Div. 1	55-59 Male	Erik	Eggland	M	55	Ankeny	IA	1	G
Pickleball - Men's Doubles Div. 1	55-59 Male	Michael	Matera	M	58	Clive	IA	1	G
Pickleball - Men's Doubles Div. 2	55-59 Male	Rick	Nelson	M	59	Papillion	NE	1	G
Pickleball - Men's Doubles Div. 2	55-59 Male	Tom	Galgerud	M	56	Papillon	NE	1	G
Pickleball - Men's Doubles Div. 2	55-59 Male	Carlos	Lavastida	M	56	Urbandale	IA	2	G
Pickleball - Men's Doubles Div. 2	55-59 Male	Dave	Gascho	M	65	Ankeny	IA	2	G
Pickleball - Men's Doubles Div. 2	55-59 Male	Tim	Bianchi	M	57	West Des Moines	IA	3	S
Pickleball - Men's Doubles Div. 2	55-59 Male	Jozef	Kautzky	M	59	Waukee	IA	3	S
Pickleball - Men's Doubles Div. 3	55-59 Male	Joe	Ikemire	M	57	Glenwood	IA	1	G
Pickleball - Men's Doubles Div. 3	55-59 Male	Matthew	Garrett	M	63	Glenwood	IA	1	G
Pickleball - Men's Doubles Div. 1	60-64 Male	Joel	Price	M	62	Fairfield	IA	1	G
Pickleball - Men's Doubles Div. 1	60-64 Male	Steven	Blum	M	72	Fairfield	IA	1	G
Pickleball - Men's Doubles Div. 2	65-69 Male	Rob	Elgin	M	67	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 2	60-64 Male	Bart	Warford	M	63	West Des Moines	IA	1	G
Pickleball - Men's Doubles Div. 2	60-64 Male	Steve	Boom	M	60	Altoona	IA	2	S
Pickleball - Men's Doubles Div. 2	60-64 Male	Gary	Galasso	M	59	Des Moines	IA	2	S
Pickleball - Men's Doubles Div. 2	60-64 Male	Lane	Williams	M	62	Toledo	IA	3	B
Pickleball - Men's Doubles Div. 2	60-64 Male	Mike	Mertens	M	60	Grinnell	IA	3	B
Pickleball - Men's Doubles Div. 2	60-64 Male	Kirk	Nelson	M	66	Atlantic	IA	4	
Pickleball - Men's Doubles Div. 2	60-64 Male	Steve	Erickson	M	60	Massena	IA	4	
Pickleball - Men's Doubles Div. 3	60-64 Male	Bob	Harper	M	61	JOHNSTON	IA	1	G
Pickleball - Men's Doubles Div. 3	60-64 Male	Jim	Lacona	M	60	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 2	65-69 Male	Craig	Tjebben	M	64	West Des Moines	IA	1	G
Pickleball - Men's Doubles Div. 2	65-69 Male	Steve	Opsal	M	68	Clive	IA	1	G
Pickleball - Men's Doubles Div. 2	65-69 Male	Dennis	Lauterbach	M	69	West Des Moines	IA	2	S
Pickleball - Men's Doubles Div. 2	65-69 Male	Tom	Stenger	M	69	WEST DES MOINES	IA	2	S
Pickleball - Men's Doubles Div. 2	65-69 Male	Greg	Brown	M	66	Urbandale	IA	3	B
Pickleball - Men's Doubles Div. 2	65-69 Male	Clyde	Miller	M	65	West Des moines	IA	3	B
Pickleball - Men's Doubles Div. 2	65-69 Male	Leland	Harker	M	65	West Des Moines	IA	4	
Pickleball - Men's Doubles Div. 2	65-69 Male	Graeme	Armstrong	M	64	Waukee	IA	4	
Pickleball - Men's Doubles Div. 1	70-74 Male	Michael	Berkey	M	70	LeGrand	IA	1	G
Pickleball - Men's Doubles Div. 1	70-74 Male	Craig	Rhodes	M	72	Marshalltown	IA	1	G
Pickleball - Men's Doubles Div. 1	70-74 Male	Brad	Drew	M	71	URBANDALE	IA	2	S
Pickleball - Men's Doubles Div. 1	70-74 Male	Timothy	Asper	M	70	Urbandale	IA	2	S
Pickleball - Men's Doubles Div. 2	70-74 Male	Bob	Farber	M	72	Johnston	IA	1	G
Pickleball - Men's Doubles Div. 2	70-74 Male	Dale	Thede	M	72	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 2	70-74 Male	terry	kruse	M	71	Agency	IA	2	S
Pickleball - Men's Doubles Div. 2	70-74 Male	Neil	Bullock	M	70	Fairfield	IA	2	S
Pickleball - Men's Doubles Div. 2	70-74 Male	Jerry	Armstrong	M	72	West Des Moines	IA	3	B
Pickleball - Men's Doubles Div. 2	70-74 Male	John	Wilson	M	73	Urbandale	IA	3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Men's Doubles Div. 2	70-74 Male	John	Accola	M	77	Urbandale	IA	4	
Pickleball - Men's Doubles Div. 2	70-74 Male	michael	anthony	M	72	West Des Moines	IA	4	
Pickleball - Men's Doubles Div. 3	70-74 Male	Sid	Gordon	M	74	Johnston	IA	1	G
Pickleball - Men's Doubles Div. 3	70-74 Male	Denny	Bane	M	79	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 3	70-74 Male	Terry	Brueggeman	M	73	Marshalltown	IA	2	S
Pickleball - Men's Doubles Div. 3	70-74 Male	Daniel	Klein	M	73	Cumming	IA	2	S
Pickleball - Men's Doubles Div. 3	70-74 Male	Calvin	Griffiths	M	72	Ankeny	IA	3	B
Pickleball - Men's Doubles Div. 3	70-74 Male	Don	Pisel	M	78	Ankeny	IA	3	B
Pickleball - Men's Doubles Div. 3	70-74 Male	Harold	Bayley	M	69	Los Lunas	NM	4	
Pickleball - Men's Doubles Div. 3	70-74 Male	Larry	Martin	M	75	Cedar falls	IA	4	
Pickleball - Men's Doubles Div. 3	70-74 Male	Terry	Stanley	M	72	Glenwood	IA	5	
Pickleball - Men's Doubles Div. 3	70-74 Male	Kreg	Kinzle	M	73	Glenwood	IA	5	
Pickleball - Men's Doubles Div. 2	75-79 Male	Theodore (Ted)	Anderson	M	78	Ankeny	IA	1	G
Pickleball - Men's Doubles Div. 2	75-79 Male	Alan	Coleman	M	74	Surprise	AZ	1	G
Pickleball - Men's Doubles Div. 2	75-79 Male	Donald	Taylor	M	76	West Des Moines	IA	2	G
Pickleball - Men's Doubles Div. 2	75-79 Male	Dennis	Kaven	M	78	Ankeny	IA	2	G
Pickleball - Men's Doubles Div. 3	75-79 Male	Brian	Donahue	M	75	Urbandale	IA	1	G
Pickleball - Men's Doubles Div. 3	75-79 Male	Mike	Copple	M	75	Norwalk	IA	1	G
Pickleball - Men's Doubles Div. 3	75-79 Male	Ronald	Smith	M	78	West Des Moines	IA	2	S
Pickleball - Men's Doubles Div. 3	75-79 Male	Harold	Lande	M	75	Huxley	IA	2	S
Pickleball - Men's Doubles Div. 2	80-84 Male	Howard	Bich	M	83	Sioux Falls	SD	1	G
Pickleball - Men's Doubles Div. 2	80-84 Male	Kent	Rolfing	M	82	Sioux Falls	SD	1	G
Pickleball - Men's Doubles Div. 2	80-84 Male	David	Langrock	M	81	Davenport	IA	2	G
Pickleball - Men's Doubles Div. 2	80-84 Male	Blair	Lawson	M	82	Indianola	IA	2	G
Pickleball - Women's Doubles Div. 1	50-54 Female	Golda	Curry	F	49	Norwalk	IA	1	G
Pickleball - Women's Doubles Div. 1	50-54 Female	Sarah	Morrow	F	49	Urbandale	IA	1	G
Pickleball - Women's Doubles Div. 2	50-54 Female	Amy	Brunkow	F	53	Elkhart	IA	1	G
Pickleball - Women's Doubles Div. 2	50-54 Female	Ana	Buss	F	51	Des Moines	IA	1	G
Pickleball - Women's Doubles Div. 2	50-54 Female	Martha	Chleborad	F	53	Urbandale	IA	2	S
Pickleball - Women's Doubles Div. 2	50-54 Female	Bobbilo	Wolfe	F	53	Grimes	IA	2	S
Pickleball - Women's Doubles Div. 2	50-54 Female	Christine	Fish	F	53	Norwalk	IA	3	B
Pickleball - Women's Doubles Div. 2	50-54 Female	Susan	Wellman	F	55	West Des Moines	IA	3	B
Pickleball - Women's Doubles Div. 2	50-54 Female	Kristie	Dye	F	52	Omaha	NE	4	
Pickleball - Women's Doubles Div. 2	50-54 Female	Sherrie	Hascall	F	66	Valley	NE	4	
Pickleball - Women's Doubles Div. 2	50-54 Female	Tina	Pearson	F	50	Urbandale	IA	5	
Pickleball - Women's Doubles Div. 2	50-54 Female	Amy	Boom	F	52	Altoona	IA	5	
Pickleball - Women's Doubles Div. 1	55-59 Female	Brenda	Jones	F	63	Pella	IA	1	G
Pickleball - Women's Doubles Div. 1	55-59 Female	Diana	Richardson	F	59	Searsboro	IA	1	G
Pickleball - Women's Doubles Div. 2	55-59 Female	Cheryl	Symens	F	61	Urbandale	IA	1	G
Pickleball - Women's Doubles Div. 2	55-59 Female	Shelly	Olson	F	58	CLIVE	IA	1	G
Pickleball - Women's Doubles Div. 2	55-59 Female	Kathleen	Macke	F	57	Carroll	IA	2	S
Pickleball - Women's Doubles Div. 2	55-59 Female	Kelly	Schubert	F	62	Carroll	IA	2	S
Pickleball - Women's Doubles Div. 2	55-59 Female	Gretchen	Varineau	F	54	Ankeny	IA	3	B
Pickleball - Women's Doubles Div. 2	55-59 Female	Jean	Hollinrake	F	57	Ankeny	IA	3	B
Pickleball - Women's Doubles Div. 2	55-59 Female	Therese	Morgan	F	57	Ankeny	IA	4	
Pickleball - Women's Doubles Div. 2	55-59 Female	Linda	Ballard	F	63	Ankeny	IA	4	
Pickleball - Women's Doubles Div. 3	55-59 Female	Jeanna	Fowler	F	59	Altoona	IA	1	G
Pickleball - Women's Doubles Div. 3	55-59 Female	Karol	Crumes	F	70	Altoona	IA	1	G
Pickleball - Women's Doubles Div. 2	60-64 Female	Rhonda	Buckley	F	65	Valley	NE	1	G
Pickleball - Women's Doubles Div. 2	60-64 Female	Laurel	Derry	F	62	Blair	NE	1	G
Pickleball - Women's Doubles Div. 2	60-64 Female	Diane	Mynster	F	62	Omaha	NE	2	G
Pickleball - Women's Doubles Div. 2	60-64 Female	Rhonda	Marchant	F	70	Indianola	IA	2	G
Pickleball - Women's Doubles Div. 2	60-64 Female	Diane	Bonnstetter	F	63	Waukee	IA	3	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Women's Doubles Div. 2	60-64 Female	Melanie	Shellberg	F	64	Council Bluffs	IA	3	S
Pickleball - Women's Doubles Div. 2	60-64 Female	Susan	Fort	F	63	Ankeny	IA	4	S
Pickleball - Women's Doubles Div. 2	60-64 Female	Cathy	Brent	F	68	Ankeny	IA	4	S
Pickleball - Women's Doubles Div. 2	60-64 Female	Jane	Burt	F	65	Ogden	IA	5	B
Pickleball - Women's Doubles Div. 2	60-64 Female	Julie	Spaid	F	60	Ames	IA	5	B
Pickleball - Women's Doubles Div. 2	60-64 Female	Jody	Walter	F	61	Des Moines	IA	6	
Pickleball - Women's Doubles Div. 2	60-64 Female	Joyce	Rockwell	F	61	Council Bluffs	IA	6	
Pickleball - Women's Doubles Div. 3	60-64 Female	Kim	Thede	F	64	Urbandale	IA	1	G
Pickleball - Women's Doubles Div. 3	60-64 Female	Michelle	McKelvogue	F	63	West Des Moines	IA	1	G
Pickleball - Women's Doubles Div. 3	60-64 Female	Deborah	Layland	F	64	West Des Moines	IA	2	S
Pickleball - Women's Doubles Div. 3	60-64 Female	Becky	Kalitzki	F	63	Ankeny	IA	2	S
Pickleball - Women's Doubles Div. 3	60-64 Female	Pamala	Gilmore	F	64	Des Moines	IA	3	B
Pickleball - Women's Doubles Div. 3	60-64 Female	Melanie	Carmichael	F	60	Des Moines	IA	3	B
Pickleball - Women's Doubles Div. 3	60-64 Female	Barb	Erickson	F	61	Massena	IA	4	
Pickleball - Women's Doubles Div. 3	60-64 Female	Linda	Olsen	F	66	Brayton	IA	4	
Pickleball - Women's Doubles Div. 1	65-69 Female	Janette	Harrington	F	66	Bettendorf	IA	1	G
Pickleball - Women's Doubles Div. 1	65-69 Female	Cherie	Lower	F	66	Lanark	IL	1	G
Pickleball - Women's Doubles Div. 2	65-69 Female	Darcy	McBride	F	71	Lincoln	NE	1	G
Pickleball - Women's Doubles Div. 2	65-69 Female	Cindy	Jorgensen	F	64	Lincoln	NE	1	G
Pickleball - Women's Doubles Div. 2	65-69 Female	tafi	Iorinser	F	66	Sioux City	IA	2	G
Pickleball - Women's Doubles Div. 2	65-69 Female	Coleen	Beacom	F	72	SERGEANT BLUFF	IA	2	G
Pickleball - Women's Doubles Div. 2	65-69 Female	Jennifer	Roberts	F	66	WEST DES MOINES	IA	3	S
Pickleball - Women's Doubles Div. 2	65-69 Female	Margie	Rowland	F	69	West Des Moines	IA	3	S
Pickleball - Women's Doubles Div. 3	65-69 Female	Susan	Thorman	F	64	Omaha	NE	1	G
Pickleball - Women's Doubles Div. 3	65-69 Female	Donna	Hoover	F	69	Omaha	NE	1	G
Pickleball - Women's Doubles Div. 3	65-69 Female	Jill	Bouslog	F	64	Urbandale	IA	2	G
Pickleball - Women's Doubles Div. 3	65-69 Female	Barbara	Covert	F	66	Clive	IA	2	G
Pickleball - Women's Doubles Div. 3	65-69 Female	Jean	Pletchette	F	65	Altoona	IA	3	S
Pickleball - Women's Doubles Div. 3	65-69 Female	Linda	Smith	F	67	Clive	IA	3	S
Pickleball - Women's Doubles Div. 3	65-69 Female	Maxine	Woods	F	66	Glenwood	IA	4	B
Pickleball - Women's Doubles Div. 3	65-69 Female	Anne	Smith	F	65	Glenwood	IA	4	B
Pickleball - Women's Doubles Div. 3	65-69 Female	Barb	Malone	F	68	Pleasant Hill	IA	5	
Pickleball - Women's Doubles Div. 3	65-69 Female	Michele	Clark	F	66	Berryton	KS	5	
Pickleball - Women's Doubles Div. 3	65-69 Female	Julia	Wulf	F	68	Ankeny	IA	6	
Pickleball - Women's Doubles Div. 3	65-69 Female	Jolene	Maggert	F	64	Ankeny	IA	6	
Pickleball - Women's Doubles Div. 3	70-74 Female	Sheree	Heard	F	69	West Des Moines	IA	1	G
Pickleball - Women's Doubles Div. 3	70-74 Female	Jean	Golliher	F	72	West Des Moines	IA	1	G
Pickleball - Women's Doubles Div. 3	70-74 Female	C. Jean	Schroeder	F	73	Indianola	IA	2	S
Pickleball - Women's Doubles Div. 3	70-74 Female	Connie	Boettcher	F	72	Indianola	IA	2	S
Pickleball - Women's Doubles Div. 3	70-74 Female	Merry	Wilson	F	73	Urbandale	IA	3	B
Pickleball - Women's Doubles Div. 3	70-74 Female	Nancy	Armstrong	F	72	West Des Moines	IA	3	B
Pickleball - Women's Doubles Div. 3	70-74 Female	Linda	Sorg	F	71	Indianola	IA	4	
Pickleball - Women's Doubles Div. 3	70-74 Female	Marjorie	Leeper	F	73	Indianola	IA	4	
Pickleball - Women's Doubles Div. 2	75-79 Female	Sue	Finn	F	75	Mesa	AZ	1	G
Pickleball - Women's Doubles Div. 2	75-79 Female	Debbie	Thornton	F	77	Des Moines	IA	1	G
Pickleball - Women's Doubles Div. 2	75-79 Female	Judith	Petersen	F	76	Bettendorf	IA	2	G
Pickleball - Women's Doubles Div. 2	75-79 Female	Barbara	Shinbori	F	79	Davenport	IA	2	G
Pickleball - Women's Doubles Div. 2	75-79 Female	Jan	Fife	F	78	Carlisle	IA	3	S
Pickleball - Women's Doubles Div. 2	75-79 Female	Sharon	Sallee	F	75	Indianola	IA	3	S
Pickleball - Women's Doubles Div. 2	75-79 Female	Jean	Ryan	F	75	Atlantic	IA	4	B
Pickleball - Women's Doubles Div. 2	75-79 Female	Gail	Henderson	F	75	Atlantic	IA	4	B
Pickleball - Mixed Doubles Div. 1	50-54	Golda	Curry	F	49	Norwalk	IA	1	G
Pickleball - Mixed Doubles Div. 1	50-54 Male	Sean	Stevens	M	56	Urbandale	IA	1	G
Pickleball - Mixed Doubles Div. 1	50-54	Susan	Wellman	F	55	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 1	50-54	Saed	Ibsais	M	50	Urbandale	IA	2	S
Pickleball - Mixed Doubles Div. 1	50-54	Christine	Fish	F	52	Urbandale	IA	3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Mixed Doubles Div. 1	50-54	Rob	Paulsen	M	53	Clive	IA	3	B
Pickleball - Mixed Doubles Div. 2	50-54	Dustin	Frank	M	50	Elkhorn	NE	1	G
Pickleball - Mixed Doubles Div. 2	50-54	Kristie	Dye	F	52	Omaha	NE	1	G
Pickleball - Mixed Doubles Div. 2	50-54	Sarah	Morrow	F	49	Urbandale	IA	2	G
Pickleball - Mixed Doubles Div. 2	50-54	Jeff	Steffen	M	54	Carlisle	IA	2	G
Pickleball - Mixed Doubles Div. 2	50-54	BobbiJo	Wolfe	F	53	Grimes	IA	3	S
Pickleball - Mixed Doubles Div. 2	50-54	Charles	Besick	M	52	Cedar	IA	3	S
Pickleball - Mixed Doubles Div. 2	50-54	Dave	Gascho	M	54	Indianola	IA	4	B
Pickleball - Mixed Doubles Div. 2	50-54	Amy	Brunkow	F	53	Elkhart	IA	4	B
Pickleball - Mixed Doubles Div. 2	50-54	Amy	Boom	F	52	Altoona	IA	5	
Pickleball - Mixed Doubles Div. 2	50-54	Steve	Boom	M	60	Altoona	IA	5	
Pickleball - Mixed Doubles Div. 1	55-59	Diana	Richardson	F	59	Searsboro	IA	1	G
Pickleball - Mixed Doubles Div. 1	55-59	Craig	Rhodes	M	72	Marshalltown	IA	1	G
Pickleball - Mixed Doubles Div. 2	55-59	Kathleen	Macke	F	57	Carroll	IA	2	S
Pickleball - Mixed Doubles Div. 1	55-59	Dean	Nihart	M	62	Johnston	IA	2	S
Pickleball - Mixed Doubles Div. 2	55-59	Jill	Carpenter	F	55	Indianola	IA	1	G
Pickleball - Mixed Doubles Div. 2	55-59	Glenn	Mackey	M	62	West Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 2	55-59	Melanie	Carmichael	F	60	Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 2	55-59	Tim	Bianchi	M	57	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 2	55-59	Jean	Hollinrake	F	57	Ankeny	IA	3	B
Pickleball - Mixed Doubles Div. 2	55-59	Leland	Harker	M	65	West Des Moines	IA	3	B
Pickleball - Mixed Doubles Div. 2	55-59	Pierre	Varineau	M	60	Ankeny	IA	4	
Pickleball - Mixed Doubles Div. 2	55-59	Gretchen	Varineau	F	54	Ankeny	IA	4	
Pickleball - Mixed Doubles Div. 3	55-59	Jeanna	Fowler	F	59	Altoona	IA	1	G
Pickleball - Mixed Doubles Div. 3	55-59	Rusty	Fowler	M	59	Altoona	IA	1	G
Pickleball - Mixed Doubles Div. 3	55-59	Melissa	Marko	F	55	Excelsior	MN	2	S
Pickleball - Mixed Doubles Div. 3	55-59	Bruce	Quitmeyer	M	55	Excelsior	MN	2	S
Pickleball - Mixed Doubles Div. 3	55-59	Pam	Kellogg	F	58	Clear Lake	IA	3	S
Pickleball - Mixed Doubles Div. 3	55-59	Doug	Kellogg	M	60	Clear Lake	IA	3	S
Pickleball - Mixed Doubles Div. 3	55-59	Margaret	Saddoris	F	59	Jefferson	IA	4	B
Pickleball - Mixed Doubles Div. 3	55-59	Jeff	Schubert	M	62	Carroll	IA	4	B
Pickleball - Mixed Doubles Div. 3	55-59	Joe	Ikemire	M	57	Glenwood	IA	5	
Pickleball - Mixed Doubles Div. 3	55-59	Maxine	Woods	F	66	Glenwood	IA	5	
Pickleball - Mixed Doubles Div. 1	60-64	Lane	Cole	F	63	Fairfield	IA	2	G
Pickleball - Mixed Doubles Div. 1	60-64	Joel	Price	M	62	Fairfield	IA	1	G
Pickleball - Mixed Doubles Div. 1	60-64	Brenda	Jones	F	63	Pella	IA	2	S
Pickleball - Mixed Doubles Div. 1	60-64	Mike	Williams	M	64	Marshalltown	IA	2	S
Pickleball - Mixed Doubles Div. 2	60-64	Laurel	Derry	F	62	Blair	NE	1	G
Pickleball - Mixed Doubles Div. 2	60-64	Rick	Nelson	M	59	Papillion	NE	1	G
Pickleball - Mixed Doubles Div. 2	60-64	Melanie	Shellberg	F	64	Council Bluffs	IA	2	G
Pickleball - Mixed Doubles Div. 2	60-64	Brad	Staley	M	62	hampton	IA	2	G
Pickleball - Mixed Doubles Div. 2	60-64	Kelly	Schubert	F	62	Carroll	IA	3	S
Pickleball - Mixed Doubles Div. 2	60-64	Dean	Black	M	61	Somers	IA	3	S
Pickleball - Mixed Doubles Div. 2	60-64	Diane	Mynster	F	62	Omaha	NE	4	B
Pickleball - Mixed Doubles Div. 2	60-64	Jim	Wheat	M	62	Glenwood	IA	4	B
Pickleball - Mixed Doubles Div. 2	60-64	Susan	Fort	F	63	Ankeny	IA	5	B
Pickleball - Mixed Doubles Div. 2	60-64	Timothy	Asper	M	70	Urbandale	IA	5	B
Pickleball - Mixed Doubles Div. 2	60-64	Diane	Bonnstetter	F	63	Waukee	IA	6	
Pickleball - Mixed Doubles Div. 2	60-64	Denny	Warren	M	63	Waukee	IA	6	
Pickleball - Mixed Doubles Div. 3	60-64	Pamala	Gilmore	F	64	Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 3	60-64	Frank	Atzeni	M	63	West Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 3	60-64	Michelle	McKelvogue	F	63	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 3	60-64	Denny	Bane	M	79	Urbandale	IA	2	S
Pickleball - Mixed Doubles Div. 3	60-64	Kim	Zahnle	F	62	Ames	IA	3	B
Pickleball - Mixed Doubles Div. 3	60-64	Merle	Brendeland	M	70	Huxley	IA	3	B
Pickleball - Mixed Doubles Div. 3	60-64	Kim	Thede	F	64	Urbandale	IA	4	

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Mixed Doubles Div. 3	60-64	Jim	Lacona	M	60	Urbandale	IA	4	
Pickleball - Mixed Doubles Div. 1	65-69	Janette	Harrington	F	66	Bettendorf	IA	1	G
Pickleball - Mixed Doubles Div. 1	65-69	Frank	Ludgate	M	64	Bettendorf	IA	1	G
Pickleball - Mixed Doubles Div. 2	65-69	Michele	Kennedy	F	65	Omaha	NE	1	G
Pickleball - Mixed Doubles Div. 2	65-69	Eric	Kennedy	M	64	Omaha	NE	1	G
Pickleball - Mixed Doubles Div. 2	65-69	Jane	Burt	F	65	Ogden	IA	2	G
Pickleball - Mixed Doubles Div. 2	65-69	Graeme	Armstrong	M	64	Waukee	IA	2	G
Pickleball - Mixed Doubles Div. 2	65-69	Michele	Clark	F	66	Berryton	KS	3	S
Pickleball - Mixed Doubles Div. 2	65-69	Dale	Thede	M	72	Urbandale	IA	3	S
Pickleball - Mixed Doubles Div. 2	65-69	Marjorie	Leeper	F	73	Indianola	IA	4	S
Pickleball - Mixed Doubles Div. 2	65-69	Dennis	Lauterbach	M	69	West Des Moines	IA	4	S
Pickleball - Mixed Doubles Div. 2	65-69	Sherrie	Hascall	F	66	Valley	NE	5	B
Pickleball - Mixed Doubles Div. 2	65-69	Randy	Thorman	M	67	Omaha	NE	5	B
Pickleball - Mixed Doubles Div. 2	65-69	Jennifer	Roberts	F	66	WEST DES MOINES	IA	6	B
Pickleball - Mixed Doubles Div. 2	65-69	Timothy	SOLINGER	M	67	DES MOINES	IA	6	B
Pickleball - Mixed Doubles Div. 2	65-69	Cherie	Lower	F	66	Lanark	IL	7	
Pickleball - Mixed Doubles Div. 2	65-69	Mark	Lower	M	67	Lanark	IL	7	
Pickleball - Mixed Doubles Div. 2	65-69	Nick	Wynen	M	68	Ankeny	IA	8	
Pickleball - Mixed Doubles Div. 2	65-69	Ruth	Senneff	F	74	Bettendorf	IA	8	
Pickleball - Mixed Doubles Div. 3	65-69	Deborah	Layland	F	68	Ankeny	IA	1	G
Pickleball - Mixed Doubles Div. 3	65-69	Don	Pisel	M	69	Ames	IA	1	G
Pickleball - Mixed Doubles Div. 3	65-69	Jolene	Webb	F	67	Woodbine	IA	2	S
Pickleball - Mixed Doubles Div. 3	65-69	Ted	Webb	M	68	Woodbine	IA	2	S
Pickleball - Mixed Doubles Div. 1	70-74	Meg	Vigmostad	F	74	FAIRFIELD	IA	1	G
Pickleball - Mixed Doubles Div. 1	70-74	Steven	Blum	M	72	Fairfield	IA	1	G
Pickleball - Mixed Doubles Div. 1	70-74	Connie	Boettcher	F	72	Indianola	IA	2	S
Pickleball - Mixed Doubles Div. 1	70-74	Michael	Berkey	M	70	LeGrand	IA	2	S
Pickleball - Mixed Doubles Div. 2	70-74	Sally	Prickett	F	75	Glenwood	IA	1	G
Pickleball - Mixed Doubles Div. 2	70-74	Angier	Spaulding	M	71	Council Bluffs	IA	1	G
Pickleball - Mixed Doubles Div. 2	70-74	Sheree	Heard	F	72	Indianola	IA	2	S
Pickleball - Mixed Doubles Div. 2	70-74	michael	anthony	M	72	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 2	70-74	Pam	Smalley	F	70	Marquette	IA	3	B
Pickleball - Mixed Doubles Div. 2	70-74	Don	Smalley	M	70	Marquette	IA	3	B
Pickleball - Mixed Doubles Div. 2	70-74	Sue	Finn	F	75	Mesa	AZ	4	
Pickleball - Mixed Doubles Div. 2	70-74	Sid	Gordon	M	74	Johnston	IA	4	
Pickleball - Mixed Doubles Div. 2	70-74	Vernell	Steffen	F	70	Moville	IA	5	
Pickleball - Mixed Doubles Div. 2	70-74	Randy	Hansen	M	73	Sioux City	IA	5	
Pickleball - Mixed Doubles Div. 3	70-74	Chuck	Golliher	M	71	West Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 3	70-74	Jean	Golliher	F	72	West Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 3	70-74	Donna	Hoover	F	69	Omaha	NE	2	S
Pickleball - Men's Doubles Div. 2	70-74	Howard	Bich	M	83	Sioux Falls	SD	2	S
Pickleball - Mixed Doubles Div. 3	70-74	Bonnie	Bickett	F	70	Cedar Falls	IA	3	S
Pickleball - Mixed Doubles Div. 3	70-74	Larry	Martin	M	75	Cedar falls	IA	3	S
Pickleball - Mixed Doubles Div. 3	70-74	Nancy	Bristow	F	71	Glenwood	IA	4	B
Pickleball - Mixed Doubles Div. 3	70-74	Terry	Stanley	M	72	Glenwood	IA	3	B
Pickleball - Mixed Doubles Div. 3	70-74	Annette	Banh	F	71	Ankeny	IA	4	
Pickleball - Mixed Doubles Div. 3	70-74	Dave	Beltrame	M	70	Ankeny	IA	4	
Pickleball - Mixed Doubles Div. 2	75-79	Gail	Henderson	F	75	Atlantic	IA	1	G
Pickleball - Mixed Doubles Div. 2	75-79	Bruce	Henderson	M	75	Atlantic	IA	1	G
Pickleball - Mixed Doubles Div. 2	75-79	Judith	Petersen	F	76	Bettendorf	IA	2	S
Pickleball - Mixed Doubles Div. 2	75-79	Theodore (Ted)	Anderson	M	78	Ankeny	IA	2	S
Pickleball - Mixed Doubles Div. 2	75-79	Jean	Ryan	F	75	Atlantic	IA	3	B
Pickleball - Mixed Doubles Div. 2	75-79	Kent	Rolfing	M	82	Sioux Falls	SD	3	B
Pickleball - Mixed Doubles Div. 2	75-79	Dollie	Accola	F	78	Urbandale	IA	4	B
Pickleball - Mixed Doubles Div. 2	75-79	John	Accola	M	77	Urbandale	IA	4	B
Pickleball - Mixed Doubles Div. 2	75-79	Barbara	Shinbori	F	79	Davenport	IA	5	

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Mixed Doubles Div. 2	75-79	David	Langrock	M	81	Davenport	IA	5	
Pickleball - Mixed Doubles Div. 3	75-79	Debbie	Thornton	F	77	Des Moines	IA	1	G
Pickleball - Mixed Doubles Div. 3	75-79	Brian	Donahue	M	75	Urbandale	IA	1	G
Pickleball - Mixed Doubles Div. 3	75-79	Kathy	Letz	F	77	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 3	75-79	Ronald	Smith	M	78	West Des Moines	IA	2	S
Pickleball - Mixed Doubles Div. 2	80-84	Charlotte	Noble	F	84	Johnston	IA	1	G
Pickleball - Mixed Doubles Div. 2	80-84	Don	Stracke	M	81	Perry	IA	1	G
Pickleball - Singles Div. 2	50-54 Female	Amy	Brunkow	F	53	Elkhart	IA	1	G
Pickleball - Singles Div. 1	50-54 Male	Saed	Ibsais	M	50	Urbandale	IA	1	G
Pickleball - Singles Div. 1	50-54 Male	Rob	Paulsen	M	53	Clive	IA	2	S
Pickleball - Singles Div. 2	50-54 Male	Brian	Vaudt	M	52	Adel	IA	1	G
Pickleball - Singles Div. 2	50-54 Male	Jeff	Steffen	M	54	Carlisle	IA	2	S
Pickleball - Singles Div. 2	50-54 Male	Charles	Besick	M	52	Cedar	IA	3	B
Pickleball - Singles Div. 1	55-59 Female	Diana	Richardson	F	59	Searsboro	IA	1	G
Pickleball - Singles Div. 3	55-59 Female	Sue	Cunningham	F	58	Ames	IA	1	G
Pickleball - Singles Div. 1	55-59 Male	Erik	Eggland	M	55	Ankeny	IA	1	G
Pickleball - Singles Div. 3	55-59 Male	Joe	Ikemire	M	57	Glenwood	IA	1	G
Pickleball - Singles Div. 2	60-64 Female	Jody	Walter	F	61	Des Moines	IA	1	G
Pickleball - Singles Div. 2	60-64 Female	Lisa	Schaa	F	62	Webster City	IA	2	S
Pickleball - Singles Div. 2	60-64 Female	Lori	Cutter	F	60	Pella	IA	3	B
Pickleball - Singles Div. 3	60-64 Female	Joyce	Rockwell	F	61	Council Bluffs	IA	1	G
Pickleball - Singles Div. 1	60-64 Male	Dean	Nihart	M	62	Johnston	IA	1	G
Pickleball - Singles Div. 2	60-64 Male	Randy	Hildreth	M	59	Humboldt	IA	1	G
Pickleball - Singles Div. 2	60-64 Male	Rusty	Bentzinger	M	61	Pella	IA	2	S
Pickleball - Singles Div. 2	60-64 Male	Brent	Alexander	M	62	West Des Moines	IA	3	B
Pickleball - Singles Div. 2	60-64 Male	Jim	Wheat	M	62	Glenwood	IA	4	
Pickleball - Singles Div. 3	60-64 Male	Matthew	Garrett	M	61	West Des Moines	IA	1	G
Pickleball - Singles Div. 2	65-69 Female	Cherie	Lower	F	66	Lanark	IL	1	G
Pickleball - Singles Div. 3	65-69 Female	Michele	Clark	F	66	Berryton	KS	1	G
Pickleball - Singles Div. 3	65-69 Female	Janet	Wilson	F	67	Clutier	IA	2	S
Pickleball - Singles Div. 3	65-69 Female	Peg	Mullen	F	67	Dysart	IA	3	B
Pickleball - Singles Div. 1	65-69 Male	Mike	Williams	M	64	Marshalltown	IA	1	G
Pickleball - Singles Div. 1	65-69 Male	Ralph	Allbee	M	64	Eldora	IA	2	S
Pickleball - Singles Div. 2	65-69 Male	Graeme	Armstrong	M	62	Altoona	IA	1	G
Pickleball - Singles Div. 2	65-69 Male	Leland	Harker	M	64	Des Moines	IA	2	S
Pickleball - Singles Div. 3	70-74 Female	Sheree	Heard	F	69	West Des Moines	IA	1	G
Pickleball - Singles Div. 3	70-74 Female	Bonnie	Bickett	F	70	Cedar Falls	IA	2	S
Pickleball - Singles Div. 3	70-74 Female	Debra	Oliver	F	69	Dysart	IA	3	B
Pickleball - Singles Div. 1	70-74 Male	Michael	Berkey	M	70	LeGrand	IA	1	G
Pickleball - Singles Div. 2	70-74 Male	Craig	Rhodes	M	72	Marshalltown	IA	1	G
Pickleball - Singles Div. 2	70-74 Male	Mike	Wulbecker	M	72	Council Bluffs	IA	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Pickleball Results
Valley High School | West Des Moines, IA

Pickleball - Singles Div. 3	70-74 Male	Harold	Bayley	M	69	Los Lunas	NM	1	G
Pickleball - Singles Div. 2	75-79 Male	Theodore (Ted)	Anderson	M	78	Ankeny	IA	1	G
Pickleball - Singles Div. 2	75-79 Male	Jan	Schmidt	M	75	Indianola	IA	2	S
Pickleball - Singles Div. 2	75-79 Male	John	Accola	M	77	Urbandale	IA	3	B
Pickleball - Singles Div. 3	75-79 Male	Larry	Martin	M	75	Cedar falls	IA	1	G
Pickleball - Singles Div. 3	75-79 Male	Mike	Copple	M	75	Norwalk	IA	2	S
Pickleball - Singles Div. 2	80-84 Male	Kent	Rolfing	M	82	Sioux Falls	SD	1	G
Pickleball - Singles Div. 3	80-84 Male	Dave	Langrock	M	83	Altoona	IA	1	G
Pickleball - Singles Div. 3	80-84 Male	Dale	Dewey	M	83	Altoona	IA	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Road Race Results
Clive Running Festival | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Results	Place	Medal
Road Race	50-54 Female	Tami	Draper	Des Moines	IA	F	53	31:30:00	1	Gold
Road Race	50-54 Male	Tony	Guerra	Ankeny	IA	M	51	23:52	1	Gold
Road Race	50-54 Male	Scott	Mills	Des Moines	IA	M	52	29:14:00	2	Silver
Road Race	55-59 Female	Jean	Dingeman	Pella	IA	F	59	27:04:00	1	Gold
Road Race	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	33:48:00	2	Silver
Road Race	60-64 Female	Kathleen	Mullin	Ames	IA	F	63	30:19:00	1	Gold
Road Race	60-64 Male	Rick	Scharff	West Des Moines	IA	M	62	21:35	1	Gold
Road Race	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	26:30:00	2	Silver
Road Race	65-69 Male	alan	fukushima	Ames	IA	M	68	37:04:00	1	Gold
Road Race	65-69 Male	Conroy	Smith	Des Moines	IA	M	69	47:38:00	2	Silver
Road Race	70-74 Male	Clarence	Mason	Sioux City	IA	M	72	25:26:00	1	Gold
Road Race	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	35:59:00	2	Silver
Road Race	75-79 Female	Avis	James	Urbandale	IA	F	77	42:11:00	1	Gold
Road Race	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	79	30:41:00	1	Gold
Road Race	85-89 Male	David	Hoffman	Ames	IA	M	85	41:20:00	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Shuffleboard Results
Indian Hills Junior High | West Des Moines, IA

Session Title	Sub Event	Participant First Name	Participant Last Name	City	State	Result	Place	Medal
Shuffleboard - Doubles	60-64 Male	Timothy	Pew	DSM	IA		1	G
Shuffleboard - Doubles	60-64 Male	Kenneth	Hopper	Waukee	IA		2	S
Shuffleboard - Doubles	60-64 Female	Tamie	Hopper	Waukee	IA		2	S
Shuffleboard - Doubles	65-69 Female	Mary Rose	Cassell	Bridgeton	MO		1	G
Shuffleboard - Doubles	65-69 Male	Stu	Cassell	Bridgeton	MO		1	G
Shuffleboard - Doubles	70-74 Male	Jim	Cook	Mesa	AZ		1	G
Shuffleboard - Doubles	70-74 Female	Beth	Cook	Mesa	AZ		1	G
Shuffleboard - Doubles	70-74 Male	Dennis	Hinkley	Sioux Falls	IA		2	S
Shuffleboard - Doubles	70-74 Female	Wanda	Venenga	Renner	SD		2	S
Shuffleboard - Doubles	70-74 Male	James	Uchtman	Elkhorn	NE		3	B
Shuffleboard - Doubles	70-74 Female	Phyllis	A Uchtman	Elkhorn	NE		3	B
Shuffleboard - Doubles	75-79 Male	David	Nelson	DSM	IA		1	G
Shuffleboard - Doubles	75-79 Female	Ruth	Hugen		IA		1	G
Shuffleboard - Doubles	80-84 Male	Steve	Wilson	WDM	IA		1	G
Shuffleboard - Doubles	80-84 Male	Colin	McBee	WDM	IA		1	G
Shuffleboard - Doubles	80-84 Female	Arlene	Bich	Sioux Falls	SD		2	S
Shuffleboard - Doubles	80-84 Male	Howard	Bich	Sioux Falls	SD		2	S
Shuffleboard - Doubles	80-84 Female	Connie	Thrasher	Pleasant Hi	IA		2	S
Shuffleboard - Doubles	80-84 Male	JAMES	THRASHER	Pleasant Hi	IA		2	S
Shuffleboard - Doubles	85-89 Male	Kenneth	Clark	Urbandale	IA		1	G
Shuffleboard - Doubles	85-89 Male	Bob	Dieleman	Pella	IA		1	G
Shuffleboard - Singles	60-64 Female	Tamie	Hopper	Waukee	IA		1	G
Shuffleboard - Singles	65-69 Female	Mary Rose	Cassell	Bridgeton	MO		1	G
Shuffleboard - Singles	70-74 Female	Wanda	Venenga	Renner	SD		1	G
Shuffleboard - Singles	70-74 Female	Phyllis	A Uchtman	Elkhorn	NE		2	S
Shuffleboard - Singles	70-74 Female	Beth	Cook	Mesa	AZ		3	B
Shuffleboard - Singles	80-84 Female	Connie	Thrasher	Pleasant Hi	IA		1	G
Shuffleboard - Singles	80-84 Female	Arlene	Bich	Sioux Falls	SD		2	S
Shuffleboard - Singles	60-64 Male	Timothy	Pew	DSM	IA		1	G
Shuffleboard - Singles	60-64 Male	Matthew	Harvey	DSM	IA		2	S
Shuffleboard - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA		1	G
Shuffleboard - Singles	70-74 Male	Brad	Ewest	Ankeny	IA		1	G
Shuffleboard - Singles	70-74 Male	James	Uchtman	Elkhorn	NE		2	S
Shuffleboard - Singles	70-74 Male	Jim	Cook	Mesa	AZ		3	B
Shuffleboard - Singles	70-74 Male	Dennis	Hinckley	Sioux Falls	SD		4	
Shuffleboard - Singles	75-79 Male	Stu	Cassell	Bridgeton	MO		1	G
Shuffleboard - Singles	75-79 Male	David	Nelson	DSM	IA		1	G
Shuffleboard - Singles	75-79 Male	Doyce	Bailey	Cedar Rapi	IA		2	S
Shuffleboard - Singles	80-84 Male	JAMES	THRASHER	Pleasant Hi	IA		1	G
Shuffleboard - Singles	80-84 Male	Colin	McBee	WDM	IA		2	S
Shuffleboard - Singles	80-84 Male	Steve	Wilson	WDM	IA		3	B
Shuffleboard - Singles	80-84 Male	Howard	Bich	Sioux Falls	SD		4	
Shuffleboard - Singles	85-89 Male	Bob	Dieleman	Pella	IA		1	G
Shuffleboard - Singles	85-89 Male	Kenneth	Clark	Urbandale	IA		2	S
Shuffleboard - Singles	85-89 Male	Richard	Anderson	WDM	IA		3	B

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Swimming Results
Valley High School | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 100 Backstroke	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	01:43.00	1	G
Swimming - 100 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	01:16.95	1	G
Swimming - 100 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	01:54.36	2	G
Swimming - 100 Backstroke	55-59 Male	Thomas	Wubben	Ankeny	IA	M	57	01:13.80	1	G
Swimming - 100 Backstroke	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	01:08.39	1	G
Swimming - 100 Backstroke	70-74 Female	Cindy	Hauber	Ames	IA	F	70	01:36.45	1	G
Swimming - 100 Backstroke	70-74 Female	Elizabeth	Smith	Johnston	IA	F	71	01:38.21	2	S
Swimming - 100 Backstroke	70-74 Female	Jan	Sedivy	Valley	NE	F	73	02:23.25	3	B
Swimming - 100 Backstroke	70-74 Female	Barb	Ewest	Ankeny	IA	F	70	02:49.63	4	B
Swimming - 100 Backstroke	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	03:06.93	1	G
Swimming - 100 Backstroke	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	02:29.25	1	G
Swimming - 100 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	02:40.03	1	G
Swimming - 100 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	04:09.45	1	G
Swimming - 100 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	97	DQ	-	-
Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	54	01:17.71	1	G
Swimming - 100 Breaststroke	55-59 Female	Judith	Stucky	Omaha	NE	F	57	01:47.44	1	G
Swimming - 100 Breaststroke	55-59 Male	Dennis	Bennett	Norwalk	IA	M	57	01:09.55	1	G
Swimming - 100 Breaststroke	55-59 Male	Thomas	Wubben	Ankeny	IA	M	57	01:58.68	2	S
Swimming - 100 Breaststroke	60-64 Female	KELLY	BANKOLE	Lakeville	MN	F	60	02:01.63	1	G
Swimming - 100 Breaststroke	65-69 Female	Amy	Groskopf	Davenport	IA	F	65	01:41.93	1	G
Swimming - 100 Breaststroke	65-69 Male	Steven	Jones	Ankeny	IA	M	65	01:16.82	1	G
Swimming - 100 Breaststroke	70-74 Female	Elizabeth	Smith	Johnston	IA	F	71	01:56.53	1	G
Swimming - 100 Breaststroke	70-74 Female	Barb	Ewest	Ankeny	IA	F	70	DQ	-	-
Swimming - 100 Breaststroke	70-74 Male	Bill	Klahn	Cedar Rapids	IA	M	70	01:42.72	1	G
Swimming - 100 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	03:12.58	1	G
Swimming - 100 Breaststroke	80-84 Male	David	Leslie	West Des Moines	IA	M	81	02:13.30	1	G
Swimming - 100 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	97	DQ	-	-
Swimming - 100 Butterfly	55-59 Male	Thomas	Wubben	Ankeny	IA	M	57	01:12.91	1	G
Swimming - 100 Butterfly	65-69 Female	Debbie	Fisk	The Villages	FL	F	66	01:34.88	1	G
Swimming - 100 Butterfly	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	02:26.82	1	G
Swimming - 100 Butterfly	75-79 Male	Doug	Chew	urbandale	IA	M	75	02:10.72	1	G
Swimming - 100 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	01:34.47	1	G
Swimming - 100 Freestyle	65-69 Female	Debbie	Fisk	The Villages	FL	F	66	01:14.12	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Swimming Results
Valley High School | West Des Moines, IA

Swimming - 100 Freestyle	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	01:18.04	2	S
Swimming - 100 Freestyle	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	01:07.01	1	G
Swimming - 100 Freestyle	65-69 Male	Randy	Davis	Altoona	IA	M	67	02:58.96	2	S
Swimming - 100 Freestyle	70-74 Female	Jan	Sedivy	Valley	NE	F	73	02:20.91	1	G
Swimming - 100 Freestyle	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	01:37.44	1	G
Swimming - 100 Freestyle	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	02:14.87	2	S
Swimming - 100 Freestyle	75-79 Male	Doug	Chew	urbandale	IA	M	75	01:58.05	1	G
Swimming - 100 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	02:56.83	1	G
Swimming - 100 I.M.	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	01:41.02	1	G
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	M	54	01:11.62	1	G
Swimming - 100 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	01:19.74	1	G
Swimming - 100 I.M.	55-59 Female	Judith	Stucky	Omaha	NE	F	57	01:44.20	2	S
Swimming - 100 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	01:55.27	3	G
Swimming - 100 I.M.	55-59 Male	Thomas	Wubben	Ankeny	IA	M	57	01:09.82	1	G
Swimming - 100 I.M.	60-64 Female	KELLY	BANKOLE	Lakeville	MN	F	60	02:13.75	1	G
Swimming - 100 I.M.	60-64 Male	Dave	Wells	Omaha	NE	M	64	01:09.81	1	G
Swimming - 100 I.M.	65-69 Female	Debbie	Fisk	The Villages	FL	F	66	01:27.03	1	G
Swimming - 100 I.M.	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	01:41.14	2	S
Swimming - 100 I.M.	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	01:19.28	1	G
Swimming - 100 I.M.	65-69 Male	Ted	Webb	Woodbine	IA	M	69	02:08.03	2	S
Swimming - 100 I.M.	70-74 Female	Cindy	Hauber	Ames	IA	F	70	01:36.92	1	G
Swimming - 100 I.M.	70-74 Male	Charles	Cooper	Cape Coral	FL	M	73	DQ	-	-
Swimming - 100 I.M.	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	02:13.59	1	G
Swimming - 100 I.M.	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	02:29.76	2	S
Swimming - 100 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	02:06.86	1	G
Swimming - 100 I.M.	75-79 Male	Doug	Chew	urbandale	IA	M	75	02:15.80	2	S
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	02:37.79	1	G
Swimming - 200 Backstroke	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	03:21.74	1	G
Swimming - 200 Backstroke	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	02:34.37	1	G
Swimming - 200 Backstroke	70-74 Female	Cindy	Hauber	Ames	IA	F	70	03:27.77	1	G
Swimming - 200 Backstroke	70-74 Female	Jan	Sedivy	Valley	NE	F	73	05:05.19	2	S
Swimming - 200 Backstroke	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	76	03:14.69	1	G
Swimming - 200 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	06:21.41	1	G
Swimming - 200 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	03:11.85	1	G
Swimming - 200 Breaststroke	55-59 Female	Judith	Stucky	Omaha	NE	F	57	03:56.04	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Swimming Results
Valley High School | West Des Moines, IA

Swimming - 200 Breaststroke	60-64 Female	KELLY	BANKOLE	Lakeville	MN	F	60	04:23.20	1	G
Swimming - 200 Breaststroke	80-84 Male	David	Leslie	West Des Moines	IA	M	81	04:45.17	1	G
Swimming - 200 Butterfly	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	05:17.91	1	G
Swimming - 200 Butterfly	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	76	06:35.34	1	G
Swimming - 200 Freestyle	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	02:57.51	1	G
Swimming - 200 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	03:25.42	1	G
Swimming - 200 Freestyle	65-69 Female	Debbie	Fisk	The Villages	FL	F	66	02:50.73	1	G
Swimming - 200 Freestyle	65-69 Female	Amy	Groskopf	Davenport	IA	F	65	02:56.74	2	G
Swimming - 200 Freestyle	65-69 Female	Sue	Wetsch	Van Meter	IA	F	69	03:14.21	3	S
Swimming - 200 Freestyle	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	02:37.10	1	G
Swimming - 200 Freestyle	65-69 Male	Randy	Davis	Altoona	IA	M	67	07:09.39	2	S
Swimming - 200 Freestyle	70-74 Male	dan	hepplewhite	polk city	IA	M	70	02:25.95	1	G
Swimming - 200 Freestyle	70-74 Male	Charles	Cooper	Cape Coral	FL	M	73	03:01.25	2	S
Swimming - 200 Freestyle	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	03:17.79	1	G
Swimming - 200 Freestyle	75-79 Male	Robert	Kranz	Princeville	HI	M	76	04:48.68	1	G
Swimming - 200 Freestyle	80-84 Male	David	Leslie	West Des Moines	IA	M	81	02:48.16	1	G
Swimming - 200 Freestyle	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	03:11.63	2	S
Swimming - 200 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	07:01.38	3	B
Swimming - 200 I.M.	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	03:35.92	1	G
Swimming - 200 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	02:47.23	1	G
Swimming - 200 I.M.	55-59 Female	Judith	Stucky	Omaha	NE	F	57	03:45.49	2	S
Swimming - 200 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	04:06.09	3	G
Swimming - 200 I.M.	55-59 Male	Dennis	Bennett	Norwalk	IA	M	57	02:15.38	1	G
Swimming - 200 I.M.	55-59 Male	Thomas	Wubben	Ankeny	IA	M	57	02:38.41	2	S
Swimming - 200 I.M.	60-64 Male	Wayne	Huebener	Iowa City	IA	M	61	02:36.64	1	G
Swimming - 200 I.M.	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	03:27.23	1	G
Swimming - 200 I.M.	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	02:59.71	1	G
Swimming - 200 I.M.	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	DQ	-	-
Swimming - 200 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	04:46.34	1	G
Swimming - 200 I.M.	75-79 Male	Doug	Chew	urbandale	IA	M	75	05:16.63	2	S
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	05:50.34	1	G
Swimming - 400 I.M.	70-74 Female	Elizabeth	Smith	Johnston	IA	F	71	07:53.90	1	G
Swimming - 400 I.M.	75-79 Female	Pat	Smith	Cedar Rapids	IA	F	76	10:18.46	1	G
Swimming - 50 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	00:55.30	1	G
Swimming - 50 Backstroke	60-64 Male	Wayne	Huebener	Iowa City	IA	M	61	00:38.63	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Swimming Results
Valley High School | West Des Moines, IA

Swimming - 50 Backstroke	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	00:45.44	1	G
Swimming - 50 Backstroke	65-69 Female	Sue	Wetsch	Van Meter	IA	F	69	01:00.23	2	G
Swimming - 50 Backstroke	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	00:31.35	1	G
Swimming - 50 Backstroke	70-74 Female	Cindy	Hauber	Ames	IA	F	70	00:45.40	1	G
Swimming - 50 Backstroke	70-74 Female	Jan	Sedivy	Valley	NE	F	73	01:07.25	2	S
Swimming - 50 Backstroke	70-74 Female	Barb	Ewest	Ankeny	IA	F	70	01:23.59	3	S
Swimming - 50 Backstroke	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	01:36.19	1	G
Swimming - 50 Backstroke	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	01:10.26	1	G
Swimming - 50 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	01:03.58	1	G
Swimming - 50 Backstroke	75-79 Male	Doug	Chew	urbandale	IA	M	75	01:09.27	2	S
Swimming - 50 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	02:19.27	1	G
Swimming - 50 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	97	02:46.83	1	G
Swimming - 50 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	54	00:33.48	1	G
Swimming - 50 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	00:42.69	1	G
Swimming - 50 Breaststroke	55-59 Female	Judith	Stucky	Omaha	NE	F	57	00:48.25	2	S
Swimming - 50 Breaststroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	00:54.45	3	G
Swimming - 50 Breaststroke	60-64 Female	KELLY	BANKOLE	Lakeville	MN	F	60	00:56.73	1	G
Swimming - 50 Breaststroke	60-64 Male	Wayne	Huebener	Iowa City	IA	M	61	00:38.62	1	G
Swimming - 50 Breaststroke	65-69 Female	Amy	Groskopf	Davenport	IA	F	65	00:46.40	1	G
Swimming - 50 Breaststroke	70-74 Female	Barb	Ewest	Ankeny	IA	F	70	DQ	-	-
Swimming - 50 Breaststroke	70-74 Male	Bill	Klahn	Cedar Rapids	IA	M	70	00:42.05	1	G
Swimming - 50 Breaststroke	70-74 Male	Brian	Conley	West Des Moines	IA	M	74	01:00.87	2	S
Swimming - 50 Breaststroke	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	01:12.06	1	G
Swimming - 50 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	01:06.20	1	G
Swimming - 50 Breaststroke	75-79 Male	Doug	Chew	urbandale	IA	M	75	01:16.05	2	S
Swimming - 50 Breaststroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	DQ	-	-
Swimming - 50 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	97	DQ	-	-
Swimming - 50 Butterfly	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	00:48.30	1	G
Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	M	54	00:30.17	1	G
Swimming - 50 Butterfly	60-64 Male	Dave	Wells	Omaha	NE	M	64	00:29.93	1	G
Swimming - 50 Butterfly	60-64 Male	Wayne	Huebener	Iowa City	IA	M	61	00:33.11	2	G
Swimming - 50 Butterfly	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	00:43.09	1	G
Swimming - 50 Butterfly	65-69 Male	Daniel	Kealy	Des Moines	IA	M	65	00:33.14	1	G
Swimming - 50 Butterfly	65-69 Male	Ted	Webb	Woodbine	IA	M	69	01:05.38	2	S
Swimming - 50 Butterfly	70-74 Female	Cindy	Hauber	Ames	IA	F	70	00:45.91	1	G
Swimming - 50 Butterfly	70-74 Female	Elizabeth	Smith	Johnston	IA	F	71	00:51.38	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Swimming Results
Valley High School | West Des Moines, IA

Swimming - 50 Butterfly	70-74 Male	Charles	Cooper	Cape Coral	FL	M	73	00:38.07	1	G
Swimming - 50 Butterfly	75-79 Male	Doug	Chew	urbandale	IA	M	75	00:53.00	1	G
Swimming - 50 Butterfly	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	00:59.40	2	S
Swimming - 50 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	59	00:41.05	1	G
Swimming - 50 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	57	00:23.80	1	G
Swimming - 50 Freestyle	60-64 Male	Wayne	Huebener	Iowa City	IA	M	61	00:31.07	1	G
Swimming - 50 Freestyle	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	00:35.23	1	G
Swimming - 50 Freestyle	65-69 Female	Amy	Groskopf	Davenport	IA	F	65	00:36.70	2	S
Swimming - 50 Freestyle	65-69 Male	Randy	Davis	Altoona	IA	M	67	01:12.08	1	G
Swimming - 50 Freestyle	70-74 Female	Elizabeth	Smith	Johnston	IA	F	71	00:39.37	1	G
Swimming - 50 Freestyle	70-74 Female	Barb	Ewest	Ankeny	IA	F	70	01:09.19	2	S
Swimming - 50 Freestyle	70-74 Male	Charles	Cooper	Cape Coral	FL	M	73	00:32.51	1	G
Swimming - 50 Freestyle	70-74 Male	Bill	Klahn	Cedar Rapids	IA	M	70	00:37.15	2	S
Swimming - 50 Freestyle	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	01:37.44	3	B
Swimming - 50 Freestyle	75-79 Female	Lynn	Johnson	Sioux City	IA	F	75	01:01.82	1	G
Swimming - 50 Freestyle	75-79 Male	Doug	Chew	urbandale	IA	M	75	00:45.56	1	G
Swimming - 50 Freestyle	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	00:48.12	2	S
Swimming - 50 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	83	01:10.59	1	G
Swimming - 50 Freestyle	95-99 Male	Robert	Severance	Beloit	KS	M	97	02:34.16	1	G
Swimming - 500 Freestyle	50-54 Female	Amy	Wilson	Council Bluffs	IA	F	50	07:53.60	1	G
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	59	06:24.19	1	G
Swimming - 500 Freestyle	65-69 Female	Melissa	Russell	Edgewood	TX	F	65	07:23.29	1	G
Swimming - 500 Freestyle	65-69 Female	Sue	Wetsch	Van Meter	IA	F	69	08:37.13	2	G
Swimming - 500 Freestyle	70-74 Female	Cindy	Hauber	Ames	IA	F	70	08:13.29	1	G
Swimming - 500 Freestyle	70-74 Male	dan	hepplewhite	polk city	IA	M	70	08:48.70	1	G
Swimming - 500 Freestyle	70-74 Male	Bill	Klahn	Cedar Rapids	IA	M	70	10:08.13	2	S
Swimming - 500 Freestyle	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	76	07:07.36	1	G
Swimming - 500 Freestyle	80-84 Male	David	Leslie	West Des Moines	IA	M	81	10:16.04	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Table Tennis Results
Four Mile Community Center | Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medals
Table Tennis - Women's Doubles	60-64 Female	Lisa	Lemons	Ames	IA	F	63	1-1'	1	G
Table Tennis - Women's Doubles	60-64 Female	Sylvana	Airan	Lincoln	NE	F	69	1-1'	1	G
Table Tennis - Women's Doubles	60-64 Female	Jill	Bouslog	Urbandale	IA	F	64	0-2	1	G
Table Tennis - Women's Doubles	65-69 Female	Marcia	Kennedy	DSM	IA	F	74	0-2	1	G
Table Tennis - Men's Doubles	75-79 Male	Rick	Kolb	lincoln	NE	M	77	3-0'	1	G
Table Tennis - Men's Doubles	65-69 Male	Matthew	Cushing	Lincoln	NE	M	68	3-0'	1	G
Table Tennis - Men's Doubles	65-69 Male	Gyan	Shakya		IA	M	65	2-1'	1	G
Table Tennis - Men's Doubles	65-69 Male	Kevin	Ripp		IA	M	67	2-1'	1	G
Table Tennis - Men's Doubles	85-89 Male	Bob	Riley	Shawnee	KS	M	85	2-0'	1	G
Table Tennis - Men's Doubles	70-74 Male	Joe	Brazil	Bellevue	NE	M	73	2-0'	1	G
Table Tennis - Men's Doubles	70-74 Male	Tom	Stadtlander		IA	M	72	1-1'	1	G
Table Tennis - Men's Doubles	70-74 Male	Dennis	Dahl		IA	M	75	1-1'	1	G
Table Tennis - Men's Doubles	70-74 Male	Nikola	Grabovac	johnston	IA	M	69	0-3	2	S
Table Tennis - Men's Doubles	70-74 Male	John	Anderson	Ames	IA	M	72	0-3	2	S
Table Tennis - Men's Doubles	70-74 Male	Dale	Wagner	Pettibone	ND	M	72	1-2'	2	S
Table Tennis - Men's Doubles	70-74 Male	Rick	UNI	Pocahontas	IA	M	68	1-2'	2	S
Table Tennis - Men's Doubles	75-79 Male	Jim	Whitt	WDM	IA	M	75	0-2'	2	G
Table Tennis - Men's Doubles	75-79 Male	Gordon	McCollum	WDM	IA	M	74	0-2'	2	G
Table Tennis - Mixed Doubles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	67	5-1'	2	G
Table Tennis - Mixed Doubles	65-59 Male	Joe	Brazil	Bellevue	NE	M	73	5-1'	2	G
Table Tennis - Mixed Doubles	60-64 Female	Lisa	Lemons	Ames	IA	F	63	1-5'	1	G
Table Tennis - Mixed Doubles	60-64 Male	John	Anderson	Ames	IA	M	72	1-5'	1	G
Table Tennis - Mixed Doubles	70-74 Female	Sylvana	Airan	Lincoln	NE	F	69	6-0'	1	G
Table Tennis - Mixed Doubles	70-74 Male	Rick	Kolb	lincoln	NE	M	77	6-0'	1	G
Table Tennis - Mixed Doubles	75-79 Female	Sally	Bohmer	Estherville	IA	F	77	4-2'	1	G
Table Tennis - Mixed Doubles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	75	4-2'	1	G
Table Tennis - Mixed Doubles	65-69 Male	Nikola	Grabovac	Johnston	IA	M	72	3-2'	1	G
Table Tennis - Mixed Doubles	65-69 Female	Cheryl	Sander	ANKENY	IA	F	69	3-2'	1	G
Table Tennis - Singles	60-64 Male	Frank	Atzeni	WDM	IA	M	63	1-3'	1	G
Table Tennis - Singles	60-64 Male	I.H.	Lee	Columbia	MO	M	63	1-3'	2	S
Table Tennis - Singles	60-64 Male	Matthew	Harvey	Des Moines	IA	M	59	0-4'	2	S
Table Tennis - Singles	65-69 Male	Matthew	Cushing	Lincoln	NE	M	68	4-0'	1	G
Table Tennis - Singles	65-69 Male	Nikola	Grabovac	johnston	IA	M	69	3-1'	1	G
Table Tennis - Singles	65-69 Male	Gyan	Shakya	Waukee	IA	M	65	2-2'	2	S
Table Tennis - Singles	70-74 Male	Joe	Brazil	Bellevue	NE	M	73	4-0'	1	G
Table Tennis - Singles	70-74 Male	Rick	Klein	Waterloo	IA	M	70	3-1'	1	G
Table Tennis - Singles	70-74 Male	Mark	Long	Rock Island	IL	M	70	2-2'	2	S
Table Tennis - Singles	70-74 Male	John	Anderson	Ames	IA	M	72	0-4'	2	S
Table Tennis - Singles	70-74 Male	Dale	Wagner	Pettibone	ND	M	72	1-3'	3	B
Table Tennis - Singles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	75	3-0'	1	G
Table Tennis - Singles	75-79 Male	Rick	Kolb	lincoln	NE	M	77	2-1'	2	S
Table Tennis - Singles	75-79 Male	Gordon	McCollum	WDM	IA	M	74	1-3'	2	S
Table Tennis - Singles	75-79 Male	Jim	Whitt	WDM	IA	M	75	0-4'	3	B
Table Tennis - Singles	85-89 Male	Bob	Riley	Shawnee	KS	M	85	1-0'	1	G
Table Tennis - Singles	85-89 Male	Tom	Stadtlander	Belmond	IA	M	85	0-1'	1	G
Table Tennis - Singles	60-64 Female	Lisa	Lemons	Ames	IA	F	63	1-0'	1	G
Table Tennis - Singles	60-64 Female	Jill	Bouslog	Urbandale	IA	F	64	0-1'	2	S
Table Tennis - Singles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	67	2-1'	1	G
Table Tennis - Singles	70-74 Female	Marcia	Kennedy	DSM	IA	F	74	1-3'	1	G
Table Tennis - Singles	70-74 Female	Sylvana	Airan	Lincoln	NE	F	69	3-0'	1	G
Table Tennis - Singles	75-79 Female	Sally	Bohmer	Estherville	IA	F	77	0-3'	1	G

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Tennis Results
Valley Southwoods | West Des Moines, IA

Event	Sub Event	First Name	Last Name	Gender	Age	City	State	Result	Place	Medal
Tennis - Men's Doubles	55-59 Male	Fred	Pedersen	M	63	Iowa City	IA	2-0'	1	G
Tennis - Men's Doubles	55-59 Male	Arthur	Khaw	M	58	North Liberty	IA	2-0'	1	G
Tennis - Men's Doubles	60-64 Male	Joseph	Lopez-Wilson	M	63	Omaha	NE	2-0'	1	G
Tennis - Men's Doubles	60-64 Male	John	wenzel	M	71	COUNCIL BLUFFS	IA	2-0'	1	G
Tennis - Men's Doubles	60-64 Male	Jay	Ewart	M	64	Des moines	IA	0-2	1	G
Tennis - Men's Doubles	60-64 Male	Matt	Whipps	M	59	West Des Moines	IA	0-2	1	G
Tennis - Men's Doubles	65-69 Male	John	Hedstrom	M	68	Decorah	IA	1-1'	1	G
Tennis - Men's Doubles	65-69 Male	Rich	Leake	M	74	Decorah	IA	1-1'	1	G
Tennis - Men's Doubles	65-69 Male	Kurt	Kinnevan	M	68	Johnston	IA	0-2	2	S
Tennis - Men's Doubles	65-69 Male	Fred	Ricaurte	M	69	Ankeny	IA	0-2	2	S
Tennis - Mixed Doubles	55-59 Female	Tami	Bourland	F	55	Omaha	NE	2-0'	1	G
Tennis - Mixed Doubles	60-64 Male	Joseph	Lopez-Wilson	M	63	Omaha	NE	2-0'	1	G
Tennis - Mixed Doubles	55-59 Female	Penny	Raia	F	58	Iowa City	IA	0-2	1	G
Tennis - Mixed Doubles	60-64 Male	Timothy	Pew	M	61	Des Moines	IA	0-2	1	G
Tennis - Mixed Doubles	65-69 Male	Kurt	Kinnevan	M	68	Johnston	IA	1-1'	1	G
Tennis - Mixed Doubles	65-69 Female	Pamela	Kinnevan	F	67	Johnston	IA	1-1'	1	G
Tennis - Singles	50-54 Male	Fred	Jensen	M	54	Johnston	IA	1-2'	1	G
Tennis - Singles	55-59 Male	Brian	Rohr	M	56	Iowa City	IA	3-0'	1	G
Tennis - Singles	60-64 Male	Timothy	Pew	M	61	Des Moines	IA	0-3	2	S
Tennis - Singles	60-64 Male	Fred	Pedersen	M	63	Iowa City	IA	2-1'	1	G
Tennis - Singles	65-69 Male	John	Hedstrom	M	68	Decorah	IA	2-0'	1	G
Tennis - Singles	65-69 Male	Larry	Fangman	M	64	Elkhorn	NE	1-1'	2	S
Tennis - Singles	70-74 Male	Gennaro	Ligouri	M	72	des moines	IA	2-1'	1	G
Tennis - Singles	70-74 Male	Robert	Rehfuss	M	70	Coralville	IA	1-2'	2	S
Tennis - Singles	75-79 Male	Rich	Leake	M	74	Decorah	IA	3-0'	1	G
Tennis - Singles	75-79 Male	Joseph C.	Dillon	M	76	Davenport	IA	0-3'	2	S

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 1,500M Run	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	8:56.52	1	Gold
Track & Field - 1,500M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M	53	05:17.8	1	Gold
Track & Field - 1,500M Run	50-54 Male	Rob	Hammann	Pella	IA	M	52	05:36.4	2	Silver
Track & Field - 1,500M Run	50-54 Male	Tony	Guerra	Ankeny	IA	M	51	05:43.7	3	Bronze
Track & Field - 1,500M Run	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	06:52.5	1	Gold
Track & Field - 1,500M Run	55-59 Female	Cinda	Blake	Wayland	IA	F	55	06:56.6	2	Silver
Track & Field - 1,500M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	59	07:23.4	3	Bronze
Track & Field - 1,500M Run	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	08:28.1	4	
Track & Field - 1,500M Run	55-59 Male	Stephen	Fyfe	Pella	IA	M	59	06:05.3	1	Gold
Track & Field - 1,500M Run	60-64 Male	Mark	Seaton	Waukee	IA	M	61	06:20.6	1	Gold
Track & Field - 1,500M Run	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	06:34.9	2	Silver
Track & Field - 1,500M Run	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	07:29.8	3	Bronze
Track & Field - 1,500M Run	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	07:42.6	1	Gold
Track & Field - 1,500M Run	65-69 Male	Thomas	Loch	Decorah	IA	M	66	06:47.0	1	Gold
Track & Field - 1,500M Run	65-69 Male	Robert	Hanish	Badger	IA	M	66	07:49.1	2	Silver
Track & Field - 1,500M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	74	14:26.4	1	Gold
Track & Field - 1,500M Run	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	07:47.7	1	Gold
Track & Field - 1,500M Run	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	07:52.0	2	Silver
Track & Field - 1,500M Run	75-79 Male	Tom	Wolfe	Cedar Rapids	IA	M	75	06:59.5	1	Gold
Track & Field - 1,500M Run	75-79 Male	Mick	Snell	Hampton	IA	M	75	07:25.5	2	Silver
Track & Field - 1,500M Run	75-79 Male	Denny	Adair	Osceola	IA	M	75	10:15.6	3	Bronze
Track & Field - 1,500M Run	75-79 Male	David	Brown	Waukee	IA	M	77	12:43.8	4	
Track & Field - 1,500M Run	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	07:53.8	1	Gold
Track & Field - 100M Dash	50-54 Female	Kristy	Matthews	Chula Vista	CA	F	50	14.23	1	Gold
Track & Field - 100M Dash	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	23.44	1	Gold
Track & Field - 100M Dash	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	30.41	2	Silver
Track & Field - 100M Dash	50-54 Male	Nate	Sickerson	Ankeny	IA	M	51	11.83	1	Gold
Track & Field - 100M Dash	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	13.03	2	Silver
Track & Field - 100M Dash	50-54 Male	Eldred	Smikle	Chula Vista	CA	M	53	13.12	3	Bronze
Track & Field - 100M Dash	50-54 Male	Nate	Reagen	Des Moines	IA	M	51	14.07	3	Bronze
Track & Field - 100M Dash	50-54 Male	Wayne	Douet	Ames	IA	M	54	14.95	4	
Track & Field - 100M Dash	50-54 Male	Rob	Hammann	Pella	IA	M	52	15.92	6	
Track & Field - 100M Dash	50-54 Male	Scott	Mills	Des Moines	IA	M	52	21.66	7	
Track & Field - 100M Dash	50-54 Male	Kevin	Lazard	Urbandale	IA	M	53	15.24	5	
Track & Field - 100M Dash	55-59 Female	Deatra	Waller	Hiawatha	IA	F	57	15.98	1	Gold
Track & Field - 100M Dash	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	17.94	2	Silver
Track & Field - 100M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	59	23.47	3	Bronze
Track & Field - 100M Dash	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	24.05		
Track & Field - 100M Dash	55-59 Male	Troy	Lilly	Bondurant	IA	M	55	14.43	2	Silver
Track & Field - 100M Dash	55-59 Male	tom	trussell	Traer	IA	M	58	12.72	1	Gold
Track & Field - 100M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	13.22	2	Silver
Track & Field - 100M Dash	55-59 Male	Brian	Andrae	Orion	IL	M	56	14.41	3	Bronze
Track & Field - 100M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	14.87	4	
Track & Field - 100M Dash	60-64 Female	Jean	Hulvey	Mount Sterling	IL	F	64	19.6	1	Gold
Track & Field - 100M Dash	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	16.41	1	Gold
Track & Field - 100M Dash	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	19.09	2	Silver
Track & Field - 100M Dash	65-69 Female	Carol	Stratemeyer	Des Moines	IA	F	68	18.11	1	Gold
Track & Field - 100M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	19.72	2	Silver
Track & Field - 100M Dash	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	20.06	3	Bronze
Track & Field - 100M Dash	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	32.57	4	

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - 100M Dash	65-69 Male	TOM	CAHALAN	Norway	IA	M	66	14.03	1	Gold
Track & Field - 100M Dash	65-69 Male	David	Wilson	Garrison	IA	M	66	14.57	2	Silver
Track & Field - 100M Dash	65-69 Male	Conroy	Smith	Des Moines	IA	M	69	23.09	3	Bronze
Track & Field - 100M Dash	70-74 Female	Roanne	Wiley	CENTER JUNCTION	IA	F	70	20.5	1	Gold
Track & Field - 100M Dash	70-74 Female	Jolene	Hynes	Ames	IA	F	74	24.2	2	Silver
Track & Field - 100M Dash	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	34.4	3	Bronze
Track & Field - 100M Dash	70-74 Male	Michael	LaValle	des moines	IA	M	70	15.86	1	Gold
Track & Field - 100M Dash	70-74 Male	Charles	Pettee	Windsor	CO	M	72	15.4	1	Gold
Track & Field - 100M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	17.93	2	Silver
Track & Field - 100M Dash	70-74 Male	steve	Iustgarten	omaha	NE	M	72	20.03	3	Bronze
Track & Field - 100M Dash	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	20.34	3	Bronze
Track & Field - 100M Dash	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	26.78	1	Gold
Track & Field - 100M Dash	75-79 Male	James	Trent	Midwest City	OK	M	77	15.29	1	Gold
Track & Field - 100M Dash	75-79 Male	Denny	Adair	Osceola	IA	M	75	26.23	1	Gold
Track & Field - 100M Dash	75-79 Male	David	Brown	Waukee	IA	M	77	51.27	2	Silver
Track & Field - 100M Dash	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	17.91	2	Silver
Track & Field - 100M Dash	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	19.27	3	Bronze
Track & Field - 100M Dash	80-84 Male	Frank	Perez	West Des Moines	IA	M	81	21.9	1	Gold
Track & Field - 100M Dash	80-84 Male	James	Ites	Waterloo	IA	M	84	22.8	2	Silver
Track & Field - 100M Dash	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	38.07	1	Gold
Track & Field - 100M Dash	85-89 Male	Marvin	Champion	Denver	CO	M	85	16.6	1	Gold
Track & Field - 100M Dash	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	26.2	1	Gold
Track & Field - 100M Dash	85-89 Male	Martin	Tangora	Chicago	IL	M	87	26.7	2	Silver
Track & Field - 200M Dash	50-54 Female	Kristy	Matthews	Chula Vista	CA	F	50	27.96	1	Gold
Track & Field - 200M Dash	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	01:04.8	1	Gold
Track & Field - 200M Dash	50-54 Male	Nate	Sickerson	Ankeny	IA	M	51	24.52.00	1	Gold
Track & Field - 200M Dash	50-54 Male	Wayne	Douet	Ames	IA	M	54	27.18	2	Silver
Track & Field - 200M Dash	50-54 Male	Eldred	Smikle	Chula Vista	CA	M	53	27.21	3	Bronze
Track & Field - 200M Dash	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	35.98	1	Gold
Track & Field - 200M Dash	55-59 Female	Cinda	Blake	Wayland	IA	F	55	43.11	2	Silver
Track & Field - 200M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	59	52.22	3	Bronze
Track & Field - 200M Dash	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	01:13.2		
Track & Field - 200M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	27.76	1	Gold
Track & Field - 200M Dash	55-59 Male	tom	trussell	Traer	IA	M	58	28.1	1	Gold
Track & Field - 200M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	32.62	2	Silver
Track & Field - 200M Dash	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	39.6	1	Gold
Track & Field - 200M Dash	65-69 Female	Carol	Stratemeyer	Des Moines	IA	F	68	40.28	1	Gold
Track & Field - 200M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	44.85	2	Silver
Track & Field - 200M Dash	65-69 Male	TOM	CAHALAN	Norway	IA	M	66	29.96	1	Gold
Track & Field - 200M Dash	65-69 Male	David	Wilson	Garrison	IA	M	66	30.14	2	Silver
Track & Field - 200M Dash	65-69 Male	Paul	Brees	Urbandale	IA	M	66	35.55	3	Bronze
Track & Field - 200M Dash	65-69 Male	Conroy	Smith	Des Moines	IA	M	69	54.71	4	
Track & Field - 200M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	41.7	1	Gold
Track & Field - 200M Dash	70-74 Male	steve	Iustgarten	omaha	NE	M	72	43.29	2	Silver
Track & Field - 200M Dash	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	48.14	2	Silver
Track & Field - 200M Dash	75-79 Male	Tom	Wolfe	Cedar Rapids	IA	M	75	37.9	1	Gold
Track & Field - 200M Dash	75-79 Male	James	Trent	Midwest City	OK	M	77	33.3	1	Gold
Track & Field - 200M Dash	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	49.1	2	Silver
Track & Field - 200M Dash	75-79 Male	Denny	Adair	Osceola	IA	M	75	01:14.9	2	Silver
Track & Field - 200M Dash	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	45.1	1	Gold
Track & Field - 200M Dash	80-84 Male	James	Ites	Waterloo	IA	M	84	54.5	2	Silver
Track & Field - 200M Dash	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	83	48.9	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - 200M Dash	85-89 Male	Marvin	Champion	Denver	CO	M	85	37.8	1	Gold
Track & Field - 400M Run	50-54 Female	Kristy	Matthews	Chula Vista	CA	F	50	01:03.2	1	Gold
Track & Field - 400M Run	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	02:09.1	1	Gold
Track & Field - 400M Run	50-54 Male	Wayne	Douet	Ames	IA	M	54	01:00.6	1	Gold
Track & Field - 400M Run	50-54 Male	Rob	Hammann	Pella	IA	M	52	01:10.1	2	Silver
Track & Field - 400M Run	50-54 Male	Tony	Guerra	Ankeny	IA	M	51	01:12.7	3	Bronze
Track & Field - 400M Run	50-54 Male	Scott	Mills	Des Moines	IA	M	52	01:45.0	4	
Track & Field - 400M Run	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	01:26.4	1	Gold
Track & Field - 400M Run	55-59 Female	Cinda	Blake	Wayland	IA	F	55	01:34.6	2	Silver
Track & Field - 400M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	59	01:48.3	3	Bronze
Track & Field - 400M Run	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	02:45.0	4	
Track & Field - 400M Run	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	01:07.4	1	Gold
Track & Field - 400M Run	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	01:09.7	2	Silver
Track & Field - 400M Run	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	01:31.5	1	Gold
Track & Field - 400M Run	65-69 Female	Carol	Stratemeyer	Des Moines	IA	F	68	01:38.0	1	Gold
Track & Field - 400M Run	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	01:38.6	2	Silver
Track & Field - 400M Run	65-69 Female	Jolene	Webb	Woodbine	IA	F	68	02:21.8	3	Bronze
Track & Field - 400M Run	65-69 Male	TOM	CAHALAN	Norway	IA	M	66	01:07.7	1	Gold
Track & Field - 400M Run	65-69 Male	David	Wilson	Garrison	IA	M	66	01:09.2	2	Silver
Track & Field - 400M Run	65-69 Male	Paul	Brees	Urbandale	IA	M	66	01:18.9	3	Bronze
Track & Field - 400M Run	65-69 Male	Thomas	Loch	Decorah	IA	M	66	01:29.2	4	
Track & Field - 400M Run	65-69 Male	Conroy	Smith	Des Moines	IA	M	69	02:23.6	5	
Track & Field - 400M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	74	03:39.2	1	Gold
Track & Field - 400M Run	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	01:30.1	1	Gold
Track & Field - 400M Run	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	01:40.7	2	Silver
Track & Field - 400M Run	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	03:05.5	1	Gold
Track & Field - 400M Run	75-79 Male	Tom	Wolfe	Cedar Rapids	IA	M	75	01:26.5	1	Gold
Track & Field - 400M Run	75-79 Male	Robert	Kranz	Princeville	HI	M	76	02:04.4	2	Silver
Track & Field - 400M Run	75-79 Male	Denny	Adair	Osceola	IA	M	75	02:52.2	2	Silver
Track & Field - 400M Run	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	02:12.5	3	Bronze
Track & Field - 400M Run	75-79 Male	David	Brown	Waukee	IA	M	77	04:15.4	3	Bronze
Track & Field - 400M Run	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	01:46.2	1	Gold
Track & Field - 400M Run	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	83	02:00.6	2	Silver
Track & Field - 400M Run	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	03:44.5	1	Gold
Track & Field - 50M Dash	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	14.58	1	Gold
Track & Field - 50M Dash	50-54 Male	Nate	Sickerson	Ankeny	IA	M	51	6.63	1	Gold
Track & Field - 50M Dash	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	7.24	2	Silver
Track & Field - 50M Dash	50-54 Male	Eldred	Smikle	Chula Vista	CA	M	53	7.22	2	Silver
Track & Field - 50M Dash	50-54 Male	Wayne	Douet	Ames	IA	M	54	7.53	3	Bronze
Track & Field - 50M Dash	50-54 Male	Kevin	Lazard	Urbandale	IA	M	53	9.18	4	
Track & Field - 50M Dash	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	9.39	1	Gold
Track & Field - 50M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	59	12.35	2	Silver
Track & Field - 50M Dash	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	24.07	3	Bronze
Track & Field - 50M Dash	55-59 Male	tom	trussell	Traer	IA	M	58	7.01	1	Gold
Track & Field - 50M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	7.37	2	Silver
Track & Field - 50M Dash	55-59 Male	Brian	Andrae	Orion	IL	M	56	7.8	3	Bronze
Track & Field - 50M Dash	55-59 Male	Troy	Lilly	Bondurant	IA	M	55	7.86	3	Bronze
Track & Field - 50M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	7.97	4	
Track & Field - 50M Dash	60-64 Female	Jean	Hulvey	Mount Sterling	IL	F	64	9.72	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - 50M Dash	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	8.34	1	Gold
Track & Field - 50M Dash	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	8.52	2	Silver
Track & Field - 50M Dash	60-64 Male	Mark	Tjelta	Story City	IA	M	63	9.54	3	Bronze
Track & Field - 50M Dash	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	10.44	4	
Track & Field - 50M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	10.28	1	Gold
Track & Field - 50M Dash	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	33.26	3	Silver
Track & Field - 50M Dash	65-69 Female	Micki	Marolf	Dubuque	IA	F	67	14.9	2	Silver
Track & Field - 50M Dash	65-69 Male	TOM	CAHALAN	Norway	IA	M	66	7.63	1	Gold
Track & Field - 50M Dash	65-69 Male	Conroy	Smith	Des Moines	IA	M	69	10.5	1	Gold
Track & Field - 50M Dash	70-74 Female	Roanne	Wiley	CENTER JUNCTION	IA	F	70	10.72	1	Gold
Track & Field - 50M Dash	70-74 Female	Jolene	Hynes	Ames	IA	F	74	12.26	2	Silver
Track & Field - 50M Dash	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	18.44	3	Bronze
Track & Field - 50M Dash	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	8.07	1	Gold
Track & Field - 50M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	10.05	1	Gold
Track & Field - 50M Dash	70-74 Male	Charles	Pettee	Windsor	CO	M	72	8.14	2	Silver
Track & Field - 50M Dash	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	11.15	2	Silver
Track & Field - 50M Dash	70-74 Male	steve	Iustgarten	omaha	NE	M	72	10.22	3	Bronze
Track & Field - 50M Dash	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	12.71	1	Gold
Track & Field - 50M Dash	75-79 Male	James	Trent	Midwest City	OK	M	77	8.31	1	Gold
Track & Field - 50M Dash	75-79 Male	Greg	Eastman	Clive	IA	M	76	10.26	1	Gold
Track & Field - 50M Dash	75-79 Male	Denny	Adair	Osceola	IA	M	75	13.37	2	Silver
Track & Field - 50M Dash	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	9.3	2	Silver
Track & Field - 50M Dash	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	16.76	3	Bronze
Track & Field - 50M Dash	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	9.95	3	Bronze
Track & Field - 50M Dash	80-84 Male	Frank	Perez	West Des Moines	IA	M	81	10.61	1	Gold
Track & Field - 50M Dash	85-89 Female	Marjorie	Beatty	Atkins	IA	F	89	18.66	1	Gold
Track & Field - 50M Dash	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	19.84	2	Silver
Track & Field - 50M Dash	85-89 Female	Bonnie	Haroldson	Urbandale	IA	F	87	27.82	3	Bronze
Track & Field - 50M Dash	85-89 Male	Marvin	Champion	Denver	CO	M	85	8.67	1	Gold
Track & Field - 50M Dash	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	18.49	1	Gold
Track & Field - 50M Dash	85-89 Male	Albert	Matheis	Kankakee	IL	M	85	10.34	2	Silver
Track & Field - 50M Dash	85-89 Male	Martin	Tangora	Chicago	IL	M	87	13.41	3	Bronze
Track & Field - 800M Run	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	04:44.0	1	Gold
Track & Field - 800M Run	50-54 Male	Guy	Greigg	SIOUX CITY	IA	M	54	02:25.7	1	Gold
Track & Field - 800M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M	53	02:43.5	2	Silver
Track & Field - 800M Run	50-54 Male	Tony	Guerra	Ankeny	IA	M	51	02:47.4	3	Bronze
Track & Field - 800M Run	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	58	03:32.2	1	Gold
Track & Field - 800M Run	55-59 Female	Cinda	Blake	Wayland	IA	F	55	03:37.1	2	Silver
Track & Field - 800M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	59	03:53.0	3	Bronze
Track & Field - 800M Run	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	04:42.7	4	
Track & Field - 800M Run	55-59 Male	Stephen	Fyfe	Pella	IA	M	59	02:58.5	1	Gold
Track & Field - 800M Run	60-64 Male	Mark	Seaton	Waukee	IA	M	61	03:07.7	1	Gold
Track & Field - 800M Run	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	03:16.6	2	Silver
Track & Field - 800M Run	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	03:54.6	3	Bronze
Track & Field - 800M Run	65-69 Female	Carol	Stratemeyer	Des Moines	IA	F	68	03:54.4	1	Gold
Track & Field - 800M Run	65-69 Female	Jolene	Webb	Woodbine	IA	F	68	05:34.0	2	Silver
Track & Field - 800M Run	65-69 Male	Paul	Brees	Urbandale	IA	M	66	03:19.7	1	Gold
Track & Field - 800M Run	65-69 Male	Thomas	Loch	Decorah	IA	M	66	03:22.0	2	Silver
Track & Field - 800M Run	65-69 Male	Robert	Hanish	Badger	IA	M	66	03:59.1	3	Bronze
Track & Field - 800M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	74	08:00.9	1	Gold
Track & Field - 800M Run	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	04:09.4	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - 800M Run	75-79 Male	Tom	Wolfe	Cedar Rapids	IA	M	75	03:28.1	1	Gold
Track & Field - 800M Run	75-79 Male	Mick	Snell	Hampton	IA	M	75	03:36.7	2	Silver
Track & Field - 800M Run	75-79 Male	Denny	Adair	Osceola	IA	M	75	06:57.7	3	Bronze
Track & Field - 800M Run	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	04:03.9	1	Gold
Track & Field - Discus	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	59	87'2.50"	1	Gold
Track & Field - Discus	55-59 Female	Cheryl	Hall	Weston	WI	F	57	73'10"	1	Gold
Track & Field - Discus	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	58	41'05"	2	Silver
Track & Field - Discus	55-59 Male	Kim	Hawley	Plattsmouth	NE	M	59	98'00"	1	Gold
Track & Field - Discus	55-59 Male	Tracy	Page	Johnston	IA	M	57	78'07"	1	Gold
Track & Field - Discus	60-64 Female	melanie	bintz	dayton	IA	F	60	46'11"	1	Gold
Track & Field - Discus	60-64 Male	Rick	Anderson	Lawrence	KS	M	64	153'9.5"	1	Gold
Track & Field - Discus	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	105'09.5"	1	Gold
Track & Field - Discus	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	99'00.5"	2	Silver
Track & Field - Discus	60-64 Male	John	MacBean	Cornell	IL	M	62	137'02"	2	Silver
Track & Field - Discus	60-64 Male	Robert	Files	Urbandale	IA	M	62	93'08.5"	3	Bronze
Track & Field - Discus	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	88'06"	4	
Track & Field - Discus	60-64 Male	Mark	Tjelta	Story City	IA	M	63	63'10.5"	5	
Track & Field - Discus	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	54'2.50"	1	Gold
Track & Field - Discus	70-74 Female	Emma	Squires	Cedar Rapids, Iowa	IA	F	74	43'08"	1	Gold
Track & Field - Discus	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	32'5.50"	2	Silver
Track & Field - Discus	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	120'11"	1	Gold
Track & Field - Discus	70-74 Male	Steven	Argotsinger	Council Bluffs	IA	M	72	75'01"	1	Gold
Track & Field - Discus	70-74 Male	Robert	Kingery	Orland Park	IL	M	71	87'04.5"	2	Silver
Track & Field - Discus	70-74 Male	Robert G	Best	Des Moines	IA	M	73	47'05"	2	Silver
Track & Field - Discus	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	60'8.50"	1	Gold
Track & Field - Discus	75-79 Male	John	Thonvold	Thunburd	IA	M	76	90'04"	1	Gold
Track & Field - Discus	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	93'09"	1	Gold
Track & Field - Discus	75-79 Male	michael	venekamp	sioux falls	SD	M	75	90'00.5"	2	Silver
Track & Field - Discus	75-79 Male	Robert	Kranz	Princeville	HI	M	76	81'00"	2	Silver
Track & Field - Discus	75-79 Male	Greg	Eastman	Clive	IA	M	76	67'06.5"	3	Bronze
Track & Field - Discus	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	44'08"	4	
Track & Field - Discus	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	65'04"	1	Gold
Track & Field - Discus	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	58'09"	2	Silver
Track & Field - Discus	80-84 Male	Dale	Dewey	Altoona	IA	M	84	46'11"	2	Silver
Track & Field - Discus	80-84 Male	Don	Newton	West Des Moines	IA	M	84	42'01"	3	Bronze
Track & Field - Discus	80-84 Male	Frank	Perez	West Des Moines	IA	M	81	38'07.5"	4	
Track & Field - Discus	85-89 Male	John	Manning	Cedar Rapids	IA	M	88	62'07"	1	Gold
Track & Field - Discus	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	32'06"	2	Silver
Track & Field - Discus	90-94 Male	Otto	Welfring	Marshalltown	IA	M	90	61'01"	1	Gold
Track & Field - Discus	90-94 Male	Bart	Young	Indianola	IA	M	92	22'08"	2	Silver
Track & Field - High Jump	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	3'06"	1	Gold
Track & Field - High Jump	60-64 Male	Mark	Roberts	Cedar Falls	IA	M	64	4'08"	1	Gold
Track & Field - High Jump	60-64 Male	Mike	Krapfl	Ames	IA	M	60	4'06"	2	Silver
Track & Field - High Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	4'00"	3	Bronze
Track & Field - High Jump	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	3'08"		
Track & Field - High Jump	65-69 Female	Margaret	Beuter	Iowa City	IA	F	69	3'04"	1	Gold
Track & Field - High Jump	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	2'08"	2	Silver
Track & Field - High Jump	65-69 Male	David	Brandt	Sprague	NE	M	69	4'08"	1	Gold
Track & Field - High Jump	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	4'02"	1	Gold
Track & Field - High Jump	65-69 Male	Randy	Davis	Altoona	IA	M	67	3'00"	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - High Jump	70-74 Male	Charles	Pettee	Windsor	CO	M	72	4'02"	1	Gold
Track & Field - High Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	4'06"	1	Gold
Track & Field - High Jump	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	3'08"	2	Silver
Track & Field - High Jump	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	3'06"	3	Bronze
Track & Field - High Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	3'02"	3	Bronze
Track & Field - High Jump	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	2'10"	1	Gold
Track & Field - High Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	3'04"	1	Gold
Track & Field - High Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	3'02"	1	Gold
Track & Field - Javelin	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	106'07"	1	Gold
Track & Field - Javelin	50-54 Male	Scott	Mills	Des Moines	IA	M	52	48'06"	2	Silver
Track & Field - Javelin	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	59	56'05"	1	Gold
Track & Field - Javelin	55-59 Female	Cheryl	Hall	Weston	WI	F	57	52'02"	1	Gold
Track & Field - Javelin	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	43'03"	2	Silver
Track & Field - Javelin	55-59 Male	Tracy	Page	Johnston	IA	M	57	54'08"	1	Gold
Track & Field - Javelin	60-64 Female	melanie	bintz	dayton	IA	F	60	48'02"	1	Gold
Track & Field - Javelin	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	96'11"	1	Gold
Track & Field - Javelin	60-64 Male	Thomas	Shide	Urbandale	IA	M	60	82'09"	2	Silver
Track & Field - Javelin	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	77'07"	3	Bronze
Track & Field - Javelin	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	77'06"	4	
Track & Field - Javelin	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	66'06"	5	
Track & Field - Javelin	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	36'04"	1	Gold
Track & Field - Javelin	65-69 Male	Michael	Boldon	Camp Douglas	WI	M	65	74'04"	1	Gold
Track & Field - Javelin	65-69 Male	David	Brandt	Sprague	NE	M	69	65'04"	2	Silver
Track & Field - Javelin	65-69 Male	Randy	Davis	Altoona	IA	M	67	58'05"	1	Bronze
Track & Field - Javelin	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	25'06"	1	Gold
Track & Field - Javelin	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	80'09"	1	Gold
Track & Field - Javelin	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	55'05"	1	Gold
Track & Field - Javelin	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	50'08"	2	Silver
Track & Field - Javelin	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	79'08"	2	Silver
Track & Field - Javelin	70-74 Male	Robert	Kingery	Orland Park	IL	M	71	70'06"	3	Bronze
Track & Field - Javelin	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	49'06"	1	Gold
Track & Field - Javelin	75-79 Female	Jean	Schlemmer	Bloomington	MN	F	77	41'07"	2	Silver
Track & Field - Javelin	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	48'01"	1	Gold
Track & Field - Javelin	75-79 Male	michael	venekamp	sioux falls	SD	M	75	97'09"	1	Gold
Track & Field - Javelin	75-79 Male	Denny	Adair	Osceola	IA	M	75	40'06"	2	Silver
Track & Field - Javelin	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	84'03"	2	Silver
Track & Field - Javelin	75-79 Male	Stan	Szydlowski	Arnold	MO	M	75	66'06"	3	Bronze
Track & Field - Javelin	75-79 Male	Robert	Kranz	Princeville	HI	M	76	54'00"	4	
Track & Field - Javelin	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	56'09"	2	Silver
Track & Field - Javelin	85-89 Male	John	Manning	Cedar Rapids	IA	M	88	54'02"	1	Gold
Track & Field - Javelin	85-89 Male	Albert	Matheis	Kankakee	IL	M	85	58'06"	1	Gold
Track & Field - Javelin	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	25'00"	2	Silver
Track & Field - Javelin	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	48'00"	3	Bronze
Track & Field - Javelin	90-94 Male	Bart	Young	Indianola	IA	M	92	16'06"	1	Gold
Track & Field - Power Walk 1,500 M	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	12:08.1	1	Gold
Track & Field - Power Walk 1,500 M	50-54 Male	Aaron	Hartje	Des Moines	IA	M	53	12:45.3	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Female	Janelle	Jacobs	Johnston	IA	F	57	13:23.9	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Male	Barry	Schneiderman	Colorado Springs	CO	M	57	09:09.4	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - Power Walk 1,500 M	60-64 Female	KELLY	BANKOLE	Lakeville	MN	F	60	10:04.3	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Female	Cynthia	Beatty	Atkins	IA	F	61	13:41.1	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	09:37.4	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Brian	Beatty	Atkins	IA	M	63	10:00.5	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	12:10.4	2	Silver
Track & Field - Power Walk 1,500 M	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	12:29.46	3	Bronze
Track & Field - Power Walk 1,500 M	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	10:35.8	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	10:44.7	2	Silver
Track & Field - Power Walk 1,500 M	65-69 Male	Randy	Davis	Altoona	IA	M	67	09:40.1	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Tim	Phillips	Hiawatha	IA	M	74	10:43.3	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	13:20.5	2	Silver
Track & Field - Power Walk 1,500 M	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	12:29.4	2	Silver
Track & Field - Power Walk 1,500 M	75-79 Male	Robert	Kranz	Princeville	HI	M	76	11:06.7	1	Gold
Track & Field - Power Walk 1,500 M	75-79 Male	Denny	Adair	Osceola	IA	M	75	14:43.1	1	Gold
Track & Field - Power Walk 1,500 M	75-79 Male	David	Brown	Waukee	IA	M	77	20:21.1	2	Silver
Track & Field - Power Walk 1,500 M	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	10:10.6	1	Gold
Track & Field - Power Walk 1,500 M	80-84 Male	Greuling(G)	Schellhorn	Boscobel	WI	M	83	13:20.6	2	Silver
Track & Field - Race Walk 5,000 M	50-54 Female	Courtney	Bender	Coralville Iowa 52241	IA	F	51	38:02.7	1	Gold
Track & Field - Race Walk 5,000 M	55-59 Male	Barry	Schneiderman	Colorado Springs	CO	M	57	32:36.7	1	Gold
Track & Field - Race Walk 5,000 M	60-64 Male	Brett	Hestdalen	Sioux Falls	SD	M	62	33:20.2	1	Gold
Track & Field - Race Walk 5,000 M	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	37:48.9	1	Gold
Track & Field - Race Walk 5,000 M	65-69 Male	Randy	Davis	Altoona	IA	M	67	33:25.9	1	Gold
Track & Field - Race Walk 5,000 M	70-74 Male	Tim	Phillips	Hiawatha	IA	M	74	34:45.6	1	Gold
Track & Field - Race Walk 5,000 M	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	42:17.0	2	Silver
Track & Field - Race Walk 5,000 M	80-84 Male	Tom	Kirkwood	Dyersville	IA	M	80	34:55.4	1	Gold
Track & Field - Running Long Jump	55-59 Female	Cheryl	Hall	Weston	WI	F	57	7'03"	1	Gold
Track & Field - Running Long Jump	55-59 Female	Jean	Dingeman	Pella	IA	F	59	5'06"	1	Gold
Track & Field - Running Long Jump	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	4'00"	2	Silver
Track & Field - Running Long Jump	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	14'07"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Mark	Barinque	Lubbock	TX	M	57	14'08"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Brian	Andrae	Orion	IL	M	56	13'09"	2	Silver
Track & Field - Running Long Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	10'02"	1	Gold
Track & Field - Running Long Jump	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	9'11"	2	Silver
Track & Field - Running Long Jump	65-69 Female	Carol	Stratemeyer	Des Moines	IA	F	68	11'03"	1	Gold
Track & Field - Running Long Jump	65-69 Female	Ellen	Johnson	Desmoines	IA	F	65	8'07"	2	Silver
Track & Field - Running Long Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	8'05"	3	Bronze
Track & Field - Running Long Jump	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	3'06"	5	
Track & Field - Running Long Jump	65-69 Female	Micki	Marolf	Dubuque	IA	F	67	5'01"	4	
Track & Field - Running Long Jump	65-69 Male	David	Rainey	Waterloo	IA	M	69	13'04"	1	Gold
Track & Field - Running Long Jump	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	10'04"	2	Silver
Track & Field - Running Long Jump	75-79 Male	James	Trent	Midwest City	OK	M	77	11'05"	1	Gold
Track & Field - Running Long Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	10'09"	2	Silver
Track & Field - Running Long Jump	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	7'08"	3	Bronze
Track & Field - Running Long Jump	75-79 Male	Greg	Eastman	Clive	IA	M	76	7'06"	3	Bronze
Track & Field - Shot Put	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	23'04"	1	Gold
Track & Field - Shot Put	50-54 Male	Aaron	Hartje	Des Moines	IA	M	53	28'03"	1	Gold
Track & Field - Shot Put	50-54 Male	Scott	Mills	Des Moines	IA	M	52	19'02"	2	Silver
Track & Field - Shot Put	50-54 Male	MICHAEL	HILLIARD	DES MOINES	IA	M	52	16'03"	3	Bronze

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - Shot Put	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	59	27'12"	1	Gold
Track & Field - Shot Put	55-59 Female	Jacqueline	Riekema	West Des Moines	IA	F	58	22'00"	1	Gold
Track & Field - Shot Put	55-59 Female	Cheryl	Hall	Weston	WI	F	57	27'02"	2	Silver
Track & Field - Shot Put	55-59 Male	Kim	Hawley	Plattsmouth	NE	M	59	36'09.5"	1	Gold
Track & Field - Shot Put	55-59 Male	Tracy	Page	Johnston	IA	M	57	24'01"	1	Gold
Track & Field - Shot Put	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	28'08"	2	Silver
Track & Field - Shot Put	60-64 Female	melanie	bintz	dayton	IA	F	60	23'04"	1	Gold
Track & Field - Shot Put	60-64 Male	Rick	Anderson	Lawrence	KS	M	64	42'11"	1	Gold
Track & Field - Shot Put	60-64 Male	Robert	Files	Urbandale	IA	M	62	34'11"	1	Gold
Track & Field - Shot Put	60-64 Male	Mark	Tjelta	Story City	IA	M	63	29'09"	2	Silver
Track & Field - Shot Put	60-64 Male	Brad	Earp	Osceloa	IA	M	60	29'03"	3	Bronze
Track & Field - Shot Put	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	27'03"	4	
Track & Field - Shot Put	60-64 Male	Timothy	Pew	Des Moines	IA	M	62	25'02"		
Track & Field - Shot Put	65-69 Female	Margaret	Beuter	Iowa City	IA	F	69	26'05"	1	Gold
Track & Field - Shot Put	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	20'00"	2	Silver
Track & Field - Shot Put	65-69 Male	Jim	Franzen	Denver	IA	M	66	31'04"	1	Gold
Track & Field - Shot Put	65-69 Male	David	Brandt	Sprague	NE	M	69	40'06"	1	Gold
Track & Field - Shot Put	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	27'08"	2	Silver
Track & Field - Shot Put	65-69 Male	Michael	Boldon	Camp Douglas	WI	M	65	40'03"	2	Silver
Track & Field - Shot Put	65-69 Male	Jim	Squires	Fairfield	NE	M	68	34'07"	3	Bronze
Track & Field - Shot Put	70-74 Female	Roanne	Willey	CENTER JUNCTION	IA	F	70	22'08"	1	Gold
Track & Field - Shot Put	70-74 Female	Reta	Callahan	Dysart, IA	IA	F	73	15'10"	2	Silver
Track & Field - Shot Put	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	38'06"	1	Gold
Track & Field - Shot Put	70-74 Male	Chris	Ostlund	WAUKEE	IA	M	70	33'01"	1	Gold
Track & Field - Shot Put	70-74 Male	Steven	Argotsinger	Council Bluffs	IA	M	72	28'00"	2	Silver
Track & Field - Shot Put	70-74 Male	Robert	Kingery	Orland Park	IL	M	71	27'02"	3	Bronze
Track & Field - Shot Put	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	25'00"	3	Bronze
Track & Field - Shot Put	70-74 Male	Robert G	Best	Des Moines	IA	M	73	20'06"	4	
Track & Field - Shot Put	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	20'0.5"	1	Gold
Track & Field - Shot Put	75-79 Male	michael	venekamp	sioux falls	SD	M	75	34'01"	1	Gold
Track & Field - Shot Put	75-79 Male	John	Thonvold	Thunburd	IA	M	76	30'05"	1	Gold
Track & Field - Shot Put	75-79 Male	Greg	Eastman	Clive	IA	M	76	25'11"	2	Silver
Track & Field - Shot Put	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	26'01"	2	Silver
Track & Field - Shot Put	75-79 Male	Denny	Adair	Osceola	IA	M	75	22'00"	3	Bronze
Track & Field - Shot Put	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	19'03"	4	
Track & Field - Shot Put	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	29'09"	1	Gold
Track & Field - Shot Put	80-84 Male	Don	Newton	West Des Moines	IA	M	84	22'04"	1	Gold
Track & Field - Shot Put	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	29'01.5"	2	Silver
Track & Field - Shot Put	80-84 Male	Dale	Dewey	Altoona	IA	M	84	22'00"	2	Silver
Track & Field - Shot Put	80-84 Male	Frank	Perez	West Des Moines	IA	M	81	21'00"	3	Bronze
Track & Field - Shot Put	85-89 Female	Marjorie	Beatty	Atkins	IA	F	89	16'07"	1	Gold
Track & Field - Shot Put	85-89 Male	John	Manning	Cedar Rapids	IA	M	88	29'03.5"	1	Gold
Track & Field - Shot Put	85-89 Male	Richard	Anderson	West Des Moines	IA	M	88	25'05"	2	Silver
Track & Field - Shot Put	85-89 Male	Albert	Matheis	Kankakee	IL	M	85	26'00"	2	Silver
Track & Field - Shot Put	85-89 Male	Bob	McCoid	West Alexander	PA	M	86	21'03.5"	3	Bronze
Track & Field - Shot Put	90-94 Male	Otto	Welfring	Marshalltown	IA	M	90	24'04"	1	Gold
Track & Field - Shot Put	90-94 Male	Bart	Young	Indianola	IA	M	92	12'00"	2	Silver
Track & Field - Standing Long Jump	50-54 Female	Carrie	Mills	Des Moines	IA	F	52	5'10"	1	Gold
Track & Field - Standing Long Jump	50-54 Male	JASON	ODONNELL	Urbandale	IA	M	51	9'1"	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Kevin	Lazard	Urbandale	IA	M	53	8'5"	2	Silver
Track & Field - Standing Long Jump	50-54 Male	Scott	Mills	Des Moines	IA	M	52	5'6"	3	Bromze
Track & Field - Standing Long Jump	55-59 Female	Deatra	Waller	Hiawatha	IA	F	57	7'05"	1	Gold

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - Standing Long Jump	55-59 Female	Cheryl	Hall	Weston	WI	F	57	5'06"	2	Silver
Track & Field - Standing Long Jump	55-59 Female	Jean	Dingeman	Pella	IA	F	59	4'10"	3	Bronze
Track & Field - Standing Long Jump	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	58	4'03"	4	
Track & Field - Standing Long Jump	55-59 Female	Jennifer	Shide	Urbandale	IA	F	57	4'00"	5	
Track & Field - Standing Long Jump	55-59 Male	Troy	Lilly	Bondurant	IA	M	55	7'9"	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Mark	Barinque	Lubbock	TX	M	57	8'7"	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	56	7'8"	2	Silver
Track & Field - Standing Long Jump	55-59 Male	Brian	Andrae	Orion	IL	M	56	7'0"	3	Bronze
Track & Field - Standing Long Jump	60-64 Female	Jean	Hulvey	Mount Sterling	IL	F	64	6'07"	1	Gold
Track & Field - Standing Long Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	7'9"	1	Gold
Track & Field - Standing Long Jump	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	62	7'1"	2	Silver
Track & Field - Standing Long Jump	60-64 Male	Keith	Kauten	North Liberty	IA	M	63	5'10"	3	Bronze
Track & Field - Standing Long Jump	65-69 Female	Ellen	Johnson	Des Moines	IA	F	65	6'02"	1	Gold
Track & Field - Standing Long Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	5'09"	2	Silver
Track & Field - Standing Long Jump	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	4'05"	3	Bronze
Track & Field - Standing Long Jump	65-69 Male	Jim	Franzen	Denver	IA	M	66	7'8"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	David	Brandt	Sprague	NE	M	69	7'10"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	7'7"	2	Silver
Track & Field - Standing Long Jump	65-69 Male	David	Rainey	Waterloo	IA	M	69	7'6"	3	Bronze
Track & Field - Standing Long Jump	65-69 Male	Randy	Davis	Altoona	IA	M	67	5'4"	4	
Track & Field - Standing Long Jump	70-74 Female	Paula	Schultz	Indianola	IA	F	70	5'08"	1	Gold
Track & Field - Standing Long Jump	70-74 Female	Vicki	Morris	New virginia	IA	F	73	3'11"	2	Silver
Track & Field - Standing Long Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	7'4"	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Chuck	Ward	Urbandale	IA	M	71	6'2"	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	5'7"	2	Silver
Track & Field - Standing Long Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	72	5'11"	2	Silver
Track & Field - Standing Long Jump	75-79 Female	Neva	Weisskopf	Middle Amana	IA	F	75	3'11"	1	Gold
Track & Field - Standing Long Jump	75-79 Male	James	Trent	Midwest City	OK	M	77	7'10"	1	Gold
Track & Field - Standing Long Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	4'9"	T-1	Gold
Track & Field - Standing Long Jump	75-79 Male	Greg	Eastman	Clive	IA	M	76	4'9"	T-1	Gold
Track & Field - Standing Long Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	6'10"	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	5'6"	3	Bronze
Track & Field - Standing Long Jump	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	82	4'5"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Frank	Perez	West Des Moines	IA	M	81	4'5"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	5'6"	2	Silver
Track & Field - Standing Long Jump	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	83	5'0"	3	Bronze
Track & Field - Standing Long Jump	85-89 Female	Marjorie	Beatty	Atkins	IA	F	89	4'00"	1	Gold
Track & Field - Standing Long Jump	85-89 Female	Norma	Ramker	Urbandale	IA	F	89	2'11"	2	Silver
Track & Field - Standing Long Jump	85-89 Male	Albert	Matheis	Kankakee	IL	M	85	6'6"	1	Gold
Track & Field - Standing Long Jump	85-89 Male	Martin	Tangora	Chicago	IL	M	87	4'0"	2	
Track & Field - Triple Jump	55-59 Female	Cheryl	Hall	Weston	WI	F	57	14'04"	1	Gold
Track & Field - Triple Jump	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	58	9'02"	2	Silver
Track & Field - Triple Jump	55-59 Male	Marvin	Wittig	Hartford	WI	M	56	26'6.5"	1	Gold
Track & Field - Triple Jump	55-59 Male	Brian	Andrae	Orion	IL	M	56	29'5"	1	Gold
Track & Field - Triple Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	62	25'1"	1	Gold
Track & Field - Triple Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	67	17'03"	1	Gold
Track & Field - Triple Jump	65-69 Female	Ann	Schmidt	Urbandale	IA	F	65	11'02"	2	Silver
Track & Field - Triple Jump	65-69 Male	Steve	Schuette	Iowa City	IA	M	67	20'10"	1	Gold
Track & Field - Triple Jump	65-69 Male	Randy	Davis	Altoona	IA	M	67	16'03"	2	Silver
Track & Field - Triple Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	71	29'10'	1	Gold
Track & Field - Triple Jump	70-74 Male	Brad	Ewest	Ankeny	IA	M	70	9'11"	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Track Field Results
Valley High School Track | West Des Moines, IA

Track & Field - Triple Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	77	11'02"	1	Gold
Track & Field - Triple Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	76	20'07"	1	Gold
Track & Field - Triple Jump	75-79 Male	Robert	Kranz	Princeville	HI	M	76	17'05"	2	Silver
Track & Field - Triple Jump	75-79 Male	Andy	Steinfeldt	Minnetonka	MN	M	75	13'07"	3	Bronze
Track & Field - Triple Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	83	16'01"	1	Gold
Track & Field - Triple Jump	85-89 Male	Martin	Tangora	Chicago	IL	M	87	18'07"	1	Gold
Track & Field - Triple Jump	85-89 Male	Albert	Matheis	Kankakee	IL	M	85	10'09"	2	Silver

*** Record performances are highlighted in yellow

2023 Iowa Senior Games Triathlon Results
Big Creek State Park | July 9th, 2023

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal
Triathlon	50-54 Female	Cindy	Harris	Ankeny	IA	F	51	1:19.36	1	Gold
Triathlon	50-54 Male	Michael	Stephens	Bondurant	IA	M	52	1:15.04	1	Gold
Triathlon	50-54 Male	Mark	Hookham	Dysart	IA	M	52	1:21.50	2	Silver
Triathlon	50-54 Male	neil	glaser	bondurant	IA	M	53	1:22.46	3	Bronze
Triathlon	55-59 Female	Julie	Kneale	Des Moines	IA	F	54	1:17.19	1	Gold
Triathlon	55-59 Female	deborah	Clark	Des Moines	IA	F	55	1:30.55	2	Silver
Triathlon	55-59 Male	Chip	Overton	West Des Moines	IA	M	55	1:12.40	1	Gold
Triathlon	55-59 Male	Stephen	Ash	West Des Moines	IA	M	56	1:13.55	2	Silver
Triathlon	55-59 Male	James	Carlson	Ames	IA	M	54	1:57.34	3	Bronze
Triathlon	60-64 Female	Sherri	Huff	Winterset	IA	F	60	1:18.33	1	Gold
Triathlon	60-64 Female	Ssang	Gebelein	West Des Moines	IA	F	64	1:33.11	2	Silver
Triathlon	60-64 Female	Shelley	Oren	Altoona	IA	F	62	1:46.56	3	Bronze
Triathlon	60-64 Male	Eric	Lockwood	Marion	IA	M	62	1:13.20	1	Gold
Triathlon	60-64 Male	David	Schrader	Story City	IA	M	60	1:13.49	2	Silver
Triathlon	60-64 Male	Steven	Dressel	Des Moines	IA	M	61	1:31.17	3	Bronze
Triathlon	60-64 Male	Wayne	Ostergaard	Johnston	IA	M	60	1:40.52	4	
Triathlon	65-69 Male	Lincoln	Murdoch	Omaha	NE	M	66	1:07.14	1	Gold
Triathlon	65-69 Male	Alan	Gross	Des Moines	IA	M	68	1:22.33	2	Silver
Triathlon	65-69 Male	Paul	Riggs	Oskaloosa	IA	M	69	1:23.27	3	Bronze
Triathlon	65-69 Male	Johnny	Ytzen	Creston	IA	M	69	1:24.14	4	
Triathlon	65-69 Male	Andrew	Stroud	Des Moines	IA	M	64	1:37.11	5	
Triathlon	70-74 Female	Cindy	Hauber	Ames	IA	F	69	1:32.58	1	Gold
Triathlon	75-79 Male	George	Zehnder	Chesterland	OH	M	74	1:32.01	1	Gold

*** Record performances are highlighted in yellow

