



2022 RESULTS BOOK



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INDIVIDUAL SPORTS RESULTS										
ACCURACY & DISTANCE EVENTS										
Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	50-54 Female	Tami	Draper	Des Moines	IA	F	51	11	1	Gold
Basketball Shooting Around the World	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	58	11	1	Gold
Basketball Shooting Around the World	55-59 Female	Kim	Tomes	Jones	OK	F	58	10	2	Silver
Basketball Shooting Around the World	55-59 Female	Sherry	Adney	McGregor	IA	F	56	9	2	Silver
Basketball Shooting Around the World	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	59	10	3	Bronze
Basketball Shooting Around the World	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	9	3	Bronze
Basketball Shooting Around the World	55-59 Female	Kay	Haroldson	Adel	IA	F	59	4		
Basketball Shooting Around the World	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	4		
Basketball Shooting Around the World	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	2		
Basketball Shooting Around the World	60-64 Female	Virginia	McFadden	Marion	IA	F	64	13	1	Gold
Basketball Shooting Around the World	60-64 Female	Lisa	Kuehl	Ames	IA	F	63	11	2	Silver
Basketball Shooting Around the World	60-64 Female	Patty	Dyar	Des Moines	IA	F	61	10	3	Bronze
Basketball Shooting Around the World	60-64 Female	Jody	Walter	Des Moines	IA	F	60	9		
Basketball Shooting Around the World	60-64 Female	Judy	Kelly	farming	WI	F	62	7		
Basketball Shooting Around the World	60-64 Female	Janice	Leinen	North English	IA	F	63	5		
Basketball Shooting Around the World	65-69 Female	paula	Schultz	Indianola	IA	F	69	11	1	Gold
Basketball Shooting Around the World	65-69 Female	Doris	Garland	Indianola	IA	F	65	10	2	Silver
Basketball Shooting Around the World	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	7	3	Bronze
Basketball Shooting Around the World	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	4		
Basketball Shooting Around the World	65-69 Female	Sue	Manning	Monroe	IA	F	68	6		
Basketball Shooting Around the World	65-69 Female	Kathi	Mitchell	Canton	MN	F	68	3		
Basketball Shooting Around the World	70-74 Female	Vicki	Morris	New Virginia	IA	F	71	7	1	Gold
Basketball Shooting Around the World	75-79 Female	Diana	Schultz	Topeka	KS	F	76	8	1	Gold
Basketball Shooting Around the World	75-79 Female	Georgia	Jones	McGregor	IA	F	75	4	1	Gold
Basketball Shooting Around the World	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	6	1	Gold
Basketball Shooting Around the World	50-54 Male	Kirk	Hardcastle	Mason City	IA	M	53	11	1	Gold
Basketball Shooting Around the World	50-54 Male	Michael	Carroll	Boone	IA	M	52	7	2	Silver
Basketball Shooting Around the World	50-54 Male	Scott	Mills	Des Moines	IA	M	51	2	3	Bronze
Basketball Shooting Around the World	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	6	1	Gold
Basketball Shooting Around the World	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	3	2	Silver
Basketball Shooting Around the World	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	11	1	Gold
Basketball Shooting Around the World	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	2	2	Silver
Basketball Shooting Around the World	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	13	1	Gold
Basketball Shooting Around the World	65-69 Male	Harold	Bayley	Los Lunas	NM	M	68	9	2	Silver
Basketball Shooting Around the World	65-69 Male	Paul	Brees	Urbandale	IA	M	64	7	2	Silver
Basketball Shooting Around the World	65-69 Male	Randy	Davis	Altoona	IA	M	65	5	3	Bronze
Basketball Shooting Around the World	70-74 Male	Denny	Posekany	OLON	IA	M	73	13	1	Gold
Basketball Shooting Around the World	70-74 Male	Tarry	CORY	Clive	IA	M	74	11	2	Silver
Basketball Shooting Around the World	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	11	3	Bronze
Basketball Shooting Around the World	70-74 Male	Dale	Thede	Urbandale	IA	M	71	10	3	Bronze

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	70-74 Male	Lynn	Isenberger	Johnston	IA	M	71	9		
Basketball Shooting Around the World	70-74 Male	Ron	Kohler	Robins	IA	M	71	8		
Basketball Shooting Around the World	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	6		
Basketball Shooting Around the World	70-74 Male	Tim	Phillips	Hiawatha	IA	M	72	5		
Basketball Shooting Around the World	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	5		
Basketball Shooting Around the World	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	4		
Basketball Shooting Around the World	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	14	1	Gold
Basketball Shooting Around the World	75-79 Male	Jim	Heger	Des Moines	IA	M	75	12	2	Silver
Basketball Shooting Around the World	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	10	3	Bronze
Basketball Shooting Around the World	75-79 Male	Ron	Peterson	Waukee	IA	M	77	10		
Basketball Shooting Around the World	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	80	12	1	Gold
Basketball Shooting Around the World	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	11	2	Silver
Basketball Shooting Around the World	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	8	1	Gold
Basketball Shooting Around the World	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	2	2	Silver
Basketball Shooting Around the World	80-84 Male	Ken	Stewart	Batavia	OH	M	82	6	3	Bronze
Basketball Shooting Around the World	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	14	1	Gold
Basketball Shooting Around the World	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	10	1	Gold
Basketball Shooting Around the World	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	8	2	Silver
Basketball Shooting Around the World	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	4	3	Bronze
Basketball Shooting Free Throws	50-54 Female	Tami	Draper	Des Moines	IA	F	51	9	1	Gold
Basketball Shooting Free Throws	55-59 Female	Kim	Tomes	Jones	OK	F	58	11	1	Gold
Basketball Shooting Free Throws	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	58	10	1	Gold
Basketball Shooting Free Throws	55-59 Female	Sherry	Adney	McGregor	IA	F	56	8	2	Silver
Basketball Shooting Free Throws	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	8	2	Silver
Basketball Shooting Free Throws	55-59 Female	Kay	Haroldson	Adel	IA	F	59	6	3	Bronze
Basketball Shooting Free Throws	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	59	6		
Basketball Shooting Free Throws	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	5		
Basketball Shooting Free Throws	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	2		
Basketball Shooting Free Throws	60-64 Female	Virginia	McFadden	Marion	IA	F	64	13	1	Gold
Basketball Shooting Free Throws	60-64 Female	Jody	Walter	Des Moines	IA	F	60	13	2	Silver
Basketball Shooting Free Throws	60-64 Female	Lisa	Kuehl	Ames	IA	F	63	11	3	Bronze
Basketball Shooting Free Throws	60-64 Female	Patty	Dyar	NA	NA	F	NA	10		
Basketball Shooting Free Throws	60-64 Female	Judy	Kelly	farming	WI	F	62	7		
Basketball Shooting Free Throws	65-69 Female	Doris	Garland	Indianola	IA	F	65	10	1	Gold
Basketball Shooting Free Throws	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	10	2	Silver
Basketball Shooting Free Throws	65-69 Female	Kathi	Mitchell	Canton	MN	F	68	10	3	Bronze
Basketball Shooting Free Throws	65-69 Female	Sue	Manning	Monroe	IA	F	68	8		
Basketball Shooting Free Throws	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	7		
Basketball Shooting Free Throws	65-69 Female	LuAnne	Brown	NA	IA	F	NA	4		
Basketball Shooting Free Throws	70-74 Female	Vicki	Morris	New Virginia	IA	F	71	4	1	Gold
Basketball Shooting Free Throws	75-79 Female	Georgia	Jones	McGregor	IA	F	75	3	2	Silver
Basketball Shooting Free Throws	75-79 Female	Diana	Schultz	Topeka	KS	F	76	5	1	Gold
Basketball Shooting Free Throws	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	8	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Free Throws	50-54 Male	Kirk	Hardcastle	Mason City	IA	M	53	12	1	Gold
Basketball Shooting Free Throws	50-54 Male	Michael	Carroll	Boone	IA	M	52	10	2	Silver
Basketball Shooting Free Throws	50-54 Male	Scott	Mills	Des Moines	IA	M	51	2	3	Bronze
Basketball Shooting Free Throws	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	12	1	Gold
Basketball Shooting Free Throws	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	6	2	Silver
Basketball Shooting Free Throws	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	9	1	Gold
Basketball Shooting Free Throws	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	4	2	Silver
Basketball Shooting Free Throws	65-69 Male	Harold	Bayley	Los Lunas	NM	M	68	12	1	Gold
Basketball Shooting Free Throws	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	12	1	Gold
Basketball Shooting Free Throws	65-69 Male	Randy	Davis	Altoona	IA	M	65	11	2	Silver
Basketball Shooting Free Throws	65-69 Male	Paul	Brees	Urbandale	IA	M	64	5	3	Bronze
Basketball Shooting Free Throws	70-74 Male	Lynn	Isenberger	Johnston	IA	M	71	12	1	Gold
Basketball Shooting Free Throws	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74	12	2	Silver
Basketball Shooting Free Throws	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	11	3	Bronze
Basketball Shooting Free Throws	70-74 Male	Denny	Posekany	OLON	IA	M	73	9	3	Bronze
Basketball Shooting Free Throws	70-74 Male	Ron	Kohler	Robins	IA	M	71	7		
Basketball Shooting Free Throws	70-74 Male	Tim	Phillips	Hiawatha	IA	M	72	7		
Basketball Shooting Free Throws	70-74 Male	Andy	Steinfeldt	Minnertonka	MN	M	74	7		
Basketball Shooting Free Throws	70-74 Male	Dale	Thede	Urbandale	IA	M	71	7		
Basketball Shooting Free Throws	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	5		
Basketball Shooting Free Throws	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	3		
Basketball Shooting Free Throws	75-79 Male	Jim	Heger	Des Moines	IA	M	75	15	1	Gold
Basketball Shooting Free Throws	75-79 Male	Ron	Peterson	Waukee	IA	M	77	13	2	Silver
Basketball Shooting Free Throws	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	12	3	Bronze
Basketball Shooting Free Throws	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	10		
Basketball Shooting Free Throws	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	80	13	1	Gold
Basketball Shooting Free Throws	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	7	1	Gold
Basketball Shooting Free Throws	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	9	2	Silver
Basketball Shooting Free Throws	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	5	2	Silver
Basketball Shooting Free Throws	80-84 Male	Ken	Stewart	Batavia	OH	M	82	8	3	Bronze
Basketball Shooting Free Throws	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	11	1	Gold
Basketball Shooting Free Throws	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	8	1	Gold
Basketball Shooting Free Throws	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	7	2	Silver
Football Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	51	90	1	Gold
Football Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	90	1	Gold
Football Accuracy Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	70	2	Silver
Football Accuracy Throw	55-59 Female	Kay	Haroldson	Adel	IA	F	59	70	3	Bronze
Football Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	59	50	4	
Football Accuracy Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	40	5	
Football Accuracy Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	20	6	
Football Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	60	90	1	Gold
Football Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	70	2	Silver
Football Accuracy Throw	60-64 Female	Judy	Kelly	farming	WI	F	62	60	3	Bronze

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	50	4	Bronze
Football Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	30	6	
Football Accuracy Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	63	50	5	
Football Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	90	1	Gold
Football Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	60	2	Silver
Football Accuracy Throw	65-69 Female	LuAnne	Brown	Ankeny	IA	F	65	40	3	Bronze
Football Accuracy Throw	65-69 Female	Cheryl	Sander	ANKENY	IA	F	68	30	4	
Football Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	80	1	Gold
Football Accuracy Throw	70-74 Female	Vicki	Morris	New Virgina	IA	F	72	40	2	Gold
Football Accuracy Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	30	3	Silver
Football Accuracy Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	40	1	Gold
Football Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	10	1	Gold
Football Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	70	1	Gold
Football Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	85	0	NP	NP
Football Accuracy Throw	50-54 Male	Michael	Carroll	Boone	IA	M	52	110	1	Gold
Football Accuracy Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	51	40	2	Silver
Football Accuracy Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	51	10	3	Bronze
Football Accuracy Throw	55-59 Male	Jim	Kopacek	Urbandale	IA	M	59	130	1	Gold
Football Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	54	100	2	Silver
Football Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	50	3	Silver
Football Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	20	4	Bronze
Football Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	120	1	Gold
Football Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	80	2	Silver
Football Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	50	3	Bronze
Football Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	120	1	Gold
Football Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	80	2	Silver
Football Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	20	3	Bronze
Football Accuracy Throw	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74	140	1	Gold
Football Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnertonka	MN	M	74	80	2	Silver
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	71	50	3	Bronze
Football Accuracy Throw	70-74 Male	Ron	Kohler	Robins	IA	M	71	50	3	Bronze
Football Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	M	72	30	5	
Football Accuracy Throw	70-74 Male	Denny	Posekany	OLON	IA	M	73	40	4	
Football Accuracy Throw	70-74 Male	Kurt	Tausche	Atlanta	GA	M	69	30	5	
Football Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	10	6	
Football Accuracy Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	30	5	
Football Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	100	1	Gold
Football Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	75	50	2	Silver
Football Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	30	3	Bronze
Football Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	10	4	
Football Accuracy Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	40	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	80	20	2	Silver
Football Accuracy Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	10	3	Bronze
Football Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	0	4	
Football Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	50	1	Gold
Football Accuracy Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	20	2	Gold
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	10	3	Silver
Football Accuracy Throw	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	10	3	Silver
Football Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	51	68'	1	Gold
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	57'	1	Gold
Football Distance Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	54' 4"	2	Silver
Football Distance Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	53' 6"	3	Bronze
Football Distance Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	48' 4"	4	
Football Distance Throw	55-59 Female	Kay	Haroldson	Adel	IA	F	59	39' 2"	5	
Football Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	60	74' 11"	1	Gold
Football Distance Throw	60-64 Female	Judy	Kelly	farming	WI	F	62	59' 8"	2	Silver
Football Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	49' 4"	3	Silver
Football Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	44' 8"	4	Bronze
Football Distance Throw	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	41' 5"	5	
Football Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	60' 4"	1	Gold
Football Distance Throw	65-69 Female	LuAnne	Brown	Ankeny	IA	F	65	54'	2	Silver
Football Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	55' 3"	2	Gold
Football Distance Throw	70- 74 Female	Vicki	Morris	New Virginia	IA	F	72	49' 6"	1	Gold
Football Distance Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	36' 6"	3	Silver
Football Distance Throw	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	35' 8"	4	Bronze
Football Distance Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	54' 4"	1	Gold
Football Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	29'	2	Gold
Football Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	44' 1"	1	Gold
Football Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	84	15'	1	Gold
Football Distance Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	51	132' 3"	1	Gold
Football Distance Throw	50-54 Male	Scott	Mills	Des Moines	IA	M	51	84' 3"	2	Silver
Football Distance Throw	50-54 Male	Michael	Carroll	Boone	IA	M	52	73' 7"	3	Bronze
Football Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	54	121' 10"	1	Gold
Football Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	99'	2	Gold
Football Distance Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	53'	3	Silver
Football Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	133'	1	Gold
Football Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	116'	2	Silver
Football Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	101' 10"	1	Gold
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	90' 7"	2	Silver
Football Distance Throw	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74	161' 3"	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	98' 6"	2	Silver
Football Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	92' 8"	3	Silver
Football Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	71	77' 4"	4	Bronze
Football Distance Throw	70-74 Male	Denny	Posekany	SOLON	IA	M	73	70'	6	
Football Distance Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	72' 7"	5	
Football Distance Throw	70-74 Male	Ron	Kohler	Robins	IA	M	71	72' 7"	5	
Football Distance Throw	75-79 Male	Randall	Olson	Nebraska City	NE	M	74	121' 4"	1	Gold
Football Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	79' 4"	2	Gold
Football Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	75	77' 6"	3	Silver
Football Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	68' 5"	4	Bronze
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	55' 4"	5	
Football Distance Throw	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	67' 2"	2	Gold
Football Distance Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	73'	1	Gold
Football Distance Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	82	57' 6"	4	Silver
Football Distance Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	58' 5"	3	Bronze
Football Distance Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	50' 4"	5	
Football Distance Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	72' 8"	1	Gold
Football Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	72' 7"	2	Silver
Football Distance Throw	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	45' 7"	3	Silver
Football Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	43' 4"	4	Bronze
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	91	28' 9"	1	Gold
Softball Accuracy Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	51	50	1	Gold
Softball Accuracy Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	80	1	Gold
Softball Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	50	3	Silver
Softball Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	59	60	2	Silver
Softball Accuracy Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	40	4	Bronze
Softball Accuracy Throw	55-59 Female	Kay	Haroldson	Adel	IA	F	59	0	6	
Softball Accuracy Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	30	5	
Softball Accuracy Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	60	70	1	Gold
Softball Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	70	2	Silver
Softball Accuracy Throw	60-64 Female	Judy	Kelly	farming	WI	F	62	50	3	Bronze
Softball Accuracy Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	63	40	4	Bronze
Softball Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	30	5	
Softball Accuracy Throw	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	20	6	
Softball Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	120	1	Gold
Softball Accuracy Throw	65-69 Female	LuAnne	Brown	Ankeny	IA	F	65	40	2	Silver
Softball Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	20	4	Bronze
Softball Accuracy Throw	65-69 Female	Cheryl	Sander	ANKENY	IA	F	68	30	3	
Softball Accuracy Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	50	2	Gold
Softball Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	70	1	Gold
Softball Accuracy Throw	70-74 Female	Vicki	Morris	New Virginia	IA	F	71	30	3	Silver
Softball Accuracy Throw	70-74 Female	Reta	Callahan	Dysart	IA	F	70	20	4	Bronze
Softball Accuracy Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	50	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	10	2	Gold
Softball Accuracy Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	10	1	Gold
Softball Accuracy Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	84	0	NP	NP
Softball Accuracy Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	51	90	1	Gold
Softball Accuracy Throw	50-54 Male	Michael	Carroll	Boone	IA	M	52	40	2	Silver
Softball Accuracy Throw	55-59 Male	Jim	Kopacek	Urbandale	IA	M	59	70	1	Gold
Softball Accuracy Throw	55-59 Male	Brian	Andrae	Orion	IL	M	54	50	2	Silver
Softball Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	30	3	Silver
Softball Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	10	4	Bronze
Softball Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	90	1	Gold
Softball Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	30	2	Silver
Softball Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	80	1	Gold
Softball Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	50	2	Silver
Softball Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	10	3	Bronze
Softball Accuracy Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	90	1	Gold
Softball Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	71	70	2	Silver
Softball Accuracy Throw	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74	60	3	Bronze
Softball Accuracy Throw	70-74 Male	Lynn	Isenberger	Johnston	IA	M	71	40	6	
Softball Accuracy Throw	70-74 Male	Ron	Kohler	Robins	IA	M	71	40	6	
Softball Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	M	72	60	4	
Softball Accuracy Throw	70-74 Male	Denny	Posekany	SOLO	IA	M	73	50	5	
Softball Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	30	7	
Softball Accuracy Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	40	6	
Softball Accuracy Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	80	1	Gold
Softball Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	40	2	Silver
Softball Accuracy Throw	75-79 Male	Greg	Eastman	Clive	IA	M	75	30	3	Bronze
Softball Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	20	4	
Softball Accuracy Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	60	1	Gold
Softball Accuracy Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	30	2	Gold
Softball Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	0	3	
Softball Accuracy Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	80	1	Gold
Softball Accuracy Throw	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	40	2	Silver
Softball Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	30	3	Bronze
Softball Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	20	4	
Softball Accuracy Throw	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	10	5	
Softball Distance Throw	50-54 Female	Carrie	Mills	Des Moines	IA	F	51	110' 2"	1	Gold
Softball Distance Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	72' 9"	1	Gold
Softball Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	71' 11"	2	Silver
Softball Distance Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	67' 11"	3	Bronze
Softball Distance Throw	55-59 Female	Kay	Haroldson	Adel	IA	F	59	62' 11"	4	
Softball Distance Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	54' 3"	5	

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Distance Throw	60-64 Female	Jody	Walter	Des Moines	IA	F	60	91' 10"	1	Gold
Softball Distance Throw	60-64 Female	Judy	Kelly	farming	WI	F	62	81' 2"	2	Silver
Softball Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	64' 4"	3	Silver
Softball Distance Throw	60-64 Female	Shelly	Lewis	New Virginia	IA	F	63	61' 9"	4	Bronze
Softball Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	56' 1"	5	
Softball Distance Throw	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	55' 10"	6	
Softball Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	97' 5"	1	Gold
Softball Distance Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	76' 10"	2	Silver
Softball Distance Throw	65-69 Female	LuAnne	Brown	Ankeny	IA	F	65	73' 1"	3	Bronze
Softball Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	73' 5"	1	Gold
Softball Distance Throw	70-74 Female	Vicki	Morris	New Virginia	IA	F	71	65' 10"	2	Gold
Softball Distance Throw	70-74 Female	Reta	Callahan	Dysart	IA	F	70	46' 6"	3	Silver
Softball Distance Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	44' 10"	4	Bronze
Softball Distance Throw	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	39' 4"	5	
Softball Distance Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	72' 4"	1	Gold
Softball Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	37' 2"	2	Gold
Softball Distance Throw	80-84 Female	Jean	Minahan	Des Moines	IA	F	80	48' 10"	1	Gold
Softball Distance Throw	85-89 Female	Wylene	Gardner	Des Moines	IA	F	84	24' 6"	1	Gold
Softball Distance Throw	50-54 Male	Kevin	Lazard	Urbandale	IA	M	51	144' 5"	1	Gold
Softball Distance Throw	55-59 Male	Brian	Andrae	Orion	IL	M	54	181'	1	Gold
Softball Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	109'	2	Gold
Softball Distance Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	65'	3	Silver
Softball Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	134' 2"	1	Gold
Softball Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	123'	1	Gold
Softball Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	122' 7"	2	Silver
Softball Distance Throw	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74	203' 3"	1	Gold
Softball Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	113' 11"	2	Silver
Softball Distance Throw	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	109'	3	Silver
Softball Distance Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	M	72	101' 8"	4	Bronze
Softball Distance Throw	70-74 Male	Denny	Posekany	OLON	IA	M	73	95'	5	
Softball Distance Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	86' 5"	6	
Softball Distance Throw	70-74 Male	Dale	Thede	Urbandale	IA	M	71	87' 4"		
Softball Distance Throw	75-79 Male	Randall	Olson	Nebraska City	NE	M	74	158' 5"	1	Gold
Softball Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	117' 2"	2	Gold
Softball Distance Throw	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	99' 10"	3	Silver
Softball Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	75	96' 2"	4	Bronze
Softball Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	65'	5	
Softball Distance Throw	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	118' 7"	1	Gold
Softball Distance Throw	80-84 Male	Frank	Perez	West Des Moines	IA	M	79	81' 11"	2	Gold
Softball Distance Throw	80-84 Male	Dale	Dewey	Altoona	IA	M	82	66' 2"	3	Silver
Softball Distance Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	58' 4"	4	Bronze

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Softball Distance Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	55' 2"	5	
Softball Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	98' 7"	1	Gold
Softball Distance Throw	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	77'	2	Gold
Softball Distance Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	73' 6"	3	Silver
Softball Distance Throw	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	68' 2"	4	Bronze
Softball Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	57' 10"	5	
Softball Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	91	34' 3"	1	Gold
Football Field Goal Kick	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	15	1	Gold
Football Field Goal Kick	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	15	1	Gold
Football Field Goal Kick	50-54 Male	Michael	Carroll	Boone	IA	M	52	20	1	Gold
Football Field Goal Kick	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	20	1	Gold
Football Field Goal Kick	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	35	1	Gold
Football Field Goal Kick	60-64 Male	Brad	Staley	hampton	IA	M	62	25	2	Silver
Football Field Goal Kick	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	25	3	Bronze
Football Field Goal Kick	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	30	1	Gold
Football Field Goal Kick	65-69 Male	David	Roberts	Boone	IA	M	65	25	2	Silver
Football Field Goal Kick	65-69 Male	Paul	Brees	Urbandale	IA	M	64	25	3	Bronze
Football Field Goal Kick	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	20		
Football Field Goal Kick	70-74 Male	Kurt	Tausche	Atlanta	GA	M	69	30	1	Gold
Football Field Goal Kick	70-74 Male	Dale	Thede	Urbandale	IA	M	71	25	1	Gold
Football Field Goal Kick	70-74 Male	Tarry	Cory	Clive, IA	IA	M	74	25	2	Silver
Football Field Goal Kick	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	25	3	Bronze
Football Field Goal Kick	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	20		
Football Field Goal Kick	75-79 Male	Randall	Olson	Nebraska City	NE	M	74	25	1	Gold
Football Field Goal Kick	75-79 Male	Ron	Peterson	Waukee	IA	M	77	20	1	Gold
Football Field Goal Kick	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	15	1	Gold
Frisbee Accuracy Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	1	1	Gold
Frisbee Accuracy Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	1	1	Gold
Frisbee Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	3	1	Gold
Frisbee Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	3	1	Silver
Frisbee Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	5	1	Gold
Frisbee Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	2	1	Silver
Frisbee Accuracy Throw	70-74 Female	Reta	Callahan	Dysart	IA	F	70	3	1	Gold
Frisbee Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	1	2	Silver
Frisbee Accuracy Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	0		
Frisbee Accuracy Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	0		

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Frisbee Accuracy Throw	85-89 Female	Wylne	Gardner	Des Moines	IA	F	84	0		
Frisbee Accuracy Throw	55-59 Male	Jim	Kopacek	Urbandale	IA	M	59	9	1	Gold
Frisbee Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	8	2	Silver
Frisbee Accuracy Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	2	3	Bronze
Frisbee Accuracy Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	9	1	Gold
Frisbee Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	7	2	Bronze
Frisbee Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	5	3	Silver
Frisbee Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	3	1	Gold
Frisbee Accuracy Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	1	2	Silver
Frisbee Accuracy Throw	70-74 Male	Denny	Posekany	OLON	IA	M	73	6	1	Gold
Frisbee Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	M	73	3	2	Silver
Frisbee Accuracy Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	2	2	Bronze
Frisbee Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	2	3	Bronze
Frisbee Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	0		
Frisbee Accuracy Throw	70-74 Male	James	Taylor	Polk City	IA	M	70	0		
Frisbee Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	4	1	Gold
Frisbee Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2	2	Silver
Frisbee Accuracy Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	3	1	Gold
Frisbee Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	0		
Frisbee Accuracy Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	4	1	Gold
Frisbee Accuracy Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	4	1	Gold
Frisbee Accuracy Throw	85-89 Male	carroll	marty	Ames	IA	M	87	3	2	Silver
Frisbee Accuracy Throw	85-89 Male	Kenneth	Clark	Urbandale	IA	M	85	2	3	Bronze
Frisbee Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	1		
Frisbee Accuracy Throw	90-94 Male	Bart	Young	Indianola	IA	M	91	0		
Frisbee Distance Throw	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	36	1	Gold
Frisbee Distance Throw	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	27	2	Silver
Frisbee Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	28	1	Gold
Frisbee Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	19	2	Silver
Frisbee Distance Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	40	1	Gold
Frisbee Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	34	2	Silver
Frisbee Distance Throw	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	25	1	Gold
Frisbee Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	24	2	Silver
Frisbee Distance Throw	70-74 Female	Reta	Callahan	Dysart	IA	F	70	21	3	Bronze
Frisbee Distance Throw	75-79 Female	Diana	Schultz	Topeka	KS	F	76	21	1	Gold
Frisbee Distance Throw	85-89 Female	Wylne	Gardner	Des Moines	IA	F	84	7	1	Gold
Frisbee Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	48	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Frisbee Distance Throw	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	29	2	Silver
Frisbee Distance Throw	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	74	1	Gold
Frisbee Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	40	2	Silver
Frisbee Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	73	1	Gold
Frisbee Distance Throw	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	44	2	Silver
Frisbee Distance Throw	70-74 Male	Tarry	Cory	Clive, IA	IA	M	74	68	1	Gold
Frisbee Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	61	2	Silver
Frisbee Distance Throw	70-74 Male	KIM	ZESCH	GILMAN	IA	M	70	49	3	Silver
Frisbee Distance Throw	70-74 Male	James	Taylor	Polk City	IA	M	70	45	3	Bronze
Frisbee Distance Throw	70-74 Male	Denny	Posekany	OLON	IA	M	73	25		
Frisbee Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	51	1	Gold
Frisbee Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	44	2	Silver
Frisbee Distance Throw	75-79 Male	Greg	Eastman	Clive	IA	M	75	31	3	Bronze
Frisbee Distance Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	41	1	Gold
Frisbee Distance Throw	80-84 Male	Ken	Stewart	Batavia	OH	M	82	34	2	Silver
Frisbee Distance Throw	85-89 Male	carroll	marty	Ames	IA	M	87	46	1	Gold
Frisbee Distance Throw	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	43	2	Silver
Frisbee Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	23	3	Bronze
Frisbee Distance Throw	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	36	3	Bronze
Frisbee Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	91	17	1	Gold
Soccer Kick Accuracy	50-54 Female	Carrie	Mills	Des Moines	IA	F	51	12	1	Gold
Soccer Kick Accuracy	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	19	1	Gold
Soccer Kick Accuracy	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	18	2	Silver
Soccer Kick Accuracy	55-59 Female	Kay	Haroldson	Adel	IA	F	59	10	3	Bronze
Soccer Kick Accuracy	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	15	1	Gold
Soccer Kick Accuracy	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	13	2	Silver
Soccer Kick Accuracy	60-64 Female	Janice	Leinen	North English	IA	F	63	11	3	Bronze
Soccer Kick Accuracy	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	18	1	Gold
Soccer Kick Accuracy	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	16	2	Silver
Soccer Kick Accuracy	70-74 Female	Reta	Callahan	Dysart	IA	F	70	22	1	Gold
Soccer Kick Accuracy	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	16	2	Silver
Soccer Kick Accuracy	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	73	19	2	Silver
Soccer Kick Accuracy	75-79 Female	Suzan	French	Ankeny	IA	F	76	16	1	Gold
Soccer Kick Accuracy	75-79 Female	Diana	Schultz	Topeka	KS	F	76	14	2	Silver
Soccer Kick Accuracy	85-89 Female	Wylene	Gardner	Des Moines	IA	F	84	11	1	Gold
Soccer Kick Accuracy	50-54 Male	Michael	Carroll	Boone	IA	M	52	20	1	Gold
Soccer Kick Accuracy	50-54 Male	Scott	Mills	Des Moines	IA	M	51	9	2	Silver

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Soccer Kick Accuracy	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	18	1	Gold
Soccer Kick Accuracy	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	12	2	Silver
Soccer Kick Accuracy	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	60	13	1	Gold
Soccer Kick Accuracy	60-64 Male	Brad	Staley	hampton	IA	M	62	12	2	Silver
Soccer Kick Accuracy	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	12	3	Bronze
Soccer Kick Accuracy	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	8		
Soccer Kick Accuracy	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	22	1	Gold
Soccer Kick Accuracy	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	16	2	Silver
Soccer Kick Accuracy	70-74 Male	Dale	Thede	Urbandale	IA	M	71	22	1	Gold
Soccer Kick Accuracy	70-74 Male	Denny	Adair	Osceola	IA	M	73	18	2	Silver
Soccer Kick Accuracy	70-74 Male	Denny	Posekany	OLON	IA	M	73	17	3	Bronze
Soccer Kick Accuracy	70-74 Male	KIM	Zesch	GILMAN	IA	M	70	15		
Soccer Kick Accuracy	70-74 Male	Kurt	Tausche	Atlanta	GA	M	69	12		
Soccer Kick Accuracy	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	10		
Soccer Kick Accuracy	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	8		
Soccer Kick Accuracy	70-74 Male	Tarry	CORY	Clive, IA	IA	M	74			
Soccer Kick Accuracy	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	20	1	Gold
Soccer Kick Accuracy	75-79 Male	Ron	Peterson	Waukee	IA	M	77	16	2	Silver
Soccer Kick Accuracy	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	16 (10)	1	Gold
Soccer Kick Accuracy	80-84 Male	Ken	Stewart	Batavia	OH	M	82	16 (3)	2	Silver
Soccer Kick Accuracy	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	18	1	Gold
Soccer Kick Accuracy	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	17	2	Silver
Soccer Kick Accuracy	85-89 Male	Kenneth	Clark	Urbandale	IA	M	85	15 (11)	3	Bronze
Soccer Kick Accuracy	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85	15 (8)		
Soccer Kick Accuracy	85-89 Male	Bob	McCoid	West Alexander	PA	M	84	15 (3)		
Soccer Kick Accuracy	90-94 Male	Bart	Young	Indianola	IA	M	91	11	1	Gold
ARCHERY										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Archery - Compound Release	60-64 Male	Scott	Wymore	STOUT	IA	M	61	1436	1	Gold
Archery - Compound Release	60-64 Male	allan	asche	clear lake	IA	M	60	1402	1	Silver
Archery - Compound Release	60-64 Male	Dean	Piagentini	Knoxville	IA	M	62	1386	2	Bonze
Archery - Compound Release	75-79 Male	Roger	Wilson	Grimes	IA	M	76	1421	1	Gold
Archery - Recurve Bow With a Sight	60-64 Male	Michael	Trudell	Rock Island	IL	M	63	994	1	Gold
Archery - Recurve Bow With a Sight	65-69 Male	Priest	Walker	Carol Stream	IL	M	68	1354	1	Gold
Archery - Recurve Bow With a Sight	65-69 Female	Mary	Farrow Walker	Carol Stream	IL	F	67	1022	1	Gold
BADMINTON										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Badminton - Men's Doubles	50-54 Male	James	Zhang	West Des Moines	IA	M	52		1	Gold
Badminton - Men's Doubles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	M	54		1	Gold
Badminton - Men's Doubles	60-64 Male	Timothy	Pew	Des Moines	IA	M	60		1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Badminton - Men's Doubles	60-64 Male	Rajeev	Trehan	Lawrence	KS	M	67		1	Gold
Badminton - Men's Doubles	65-69 Male	Mark	Miller	Ankeny	IA	M	66		1	Gold
Badminton - Men's Doubles	65-69 Male	James Paul	Clark	Ames	IA	M	78		1	Gold
Badminton - Women's Doubles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	74		1	Gold
Badminton - Women's Doubles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		1	Gold
Badminton - Women's Doubles	90-94 Female	Jan	Beran	Ames	IA	F	91		1	Gold
Badminton - Women's Doubles	90-94 Female	Jan	Bal	Ames	IA	F	89		1	Gold
Badminton - Mixed Doubles	60-64	Timothy	Pew	Des Moines	IA	M	60		1	Gold
Badminton - Mixed Doubles	60-64	Carolyn	Foster	St. Paul	NE	F	74		1	Gold
Badminton - Mixed Doubles	65-69	Rajeev	Trehan	Lawrence	KS	M	67		1	Gold
Badminton - Mixed Doubles	65-69	Nita	Lechner	Grand Island	NE	F	71		1	Gold
Badminton - Mixed Doubles	85-89	carroll	marty	Ames	IA	M	87		1	Gold
Badminton - Mixed Doubles	85-89	Jan	Beran	Ames	IA	F	91		1	Gold
Badminton - Singles	50-54 Male	James	Zhang	West Des Moines	IA	M	52		1	Gold
Badminton - Singles	55-59 Male	Manoj	Rajbhandary	Waukee	IA	M	54		1	Gold
Badminton - Singles	60-64 Male	Timothy	Pew	Des Moines	IA	M	60		1	Gold
Badminton - Singles	65-69 Male	Mark	Miller	Ankeny	IA	M	66		1	Gold
Badminton - Singles	65-69 Male	Rajeev	Trehan	Lawrence	KS	M	67		1	Gold
Badminton - Singles	75-79 Male	James Paul	Clark	Ames	IA	M	78		1	Gold
Badminton - Singles	85-89 Male	carroll	marty	Ames	IA	M	87		1	Gold
Badminton - Singles	65-69 Female	Noriko	Abe	Coralville	IA	F	64		1	Gold
Badminton - Singles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	74		1	Gold
Badminton - Singles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		1	Gold
Badminton - Singles	90-94 Female	Jan	Beran	Ames	IA	F	91		1	Gold
Badminton - Singles	90-94 Female	Jan	Bal	Ames	IA	F	89		1	Gold
BOWLING										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Bowling - Men's Doubles	55-59	Jim	Kopacek	Urbandale	IA	M	59	1240	1	Gold
Bowling - Men's Doubles	55-59	Michael	Morgan	Polk City	IA	M	60	1240	1	Gold
Bowling - Men's Doubles	65-69	Ted	Paulus	Champlin	MN	M	65	1073	1	Gold
Bowling - Men's Doubles	65-69	Tim	Paulus	high Ridge	MO	M	64	1073	1	Gold
Bowling - Men's Doubles	65-69	Mark	Herdlika	Norway	IA	M	64	793	1	Gold
Bowling - Men's Doubles	65-69	Larry	Favourite	Solon	IA	M	85	793	1	Gold
Bowling - Men's Doubles	70-74	Bill	Cox	URBANDALE	IA	M	71	1002	1	Gold
Bowling - Men's Doubles	70-74	Marvin	Burton	Des Moines	IA	M	74	1002	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Bowling - Men's Doubles	70-74	Ronald	Holden	Marshalltown	IA	M	69	948	2	Silver
Bowling - Men's Doubles	70-74	Jerry	Coughlin	Marshalltown	IA	M	78	948	2	Silver
Bowling - Men's Doubles	70-74	Mike	Mathews	Des Moines	IA	M	73	924	3	Bronze
Bowling - Men's Doubles	70-74	Phil	Mckee	Urbandale	IA	M	94	924	3	Bronze
Bowling - Men's Doubles	75-79	Ronald	Sorem	Nevada	IA	M	79	968	1	Gold
Bowling - Men's Doubles	75-79	Lowell	Huggins	Maxwell	IA	M	82	968	1	Gold
Bowling - Women's Doubles	65-69	Julie	Herdliska	Norway	IA	F	64	853	1	Gold
Bowling - Women's Doubles	65-69	Barbara	Denny	Solon	IA	F	70	853	1	Gold
Bowling - Women's Doubles	70-74	Charlene	Montgomery	Ankeny	IA	F	73	784	1	Gold
Bowling - Women's Doubles	70-74	Sandra	Mathews	Des Moines	IA	F	77	784	1	Gold
Bowling - Women's Doubles	85-89	Judy	Unger	Ames	IA	F	85	887	1	Gold
Bowling - Women's Doubles	85-89	Jan	Schmidt	Ames	IA	F	88	887	1	Gold
Bowling - Mixed Doubles	50-54	Carrie	Mills	Des Moines	IA	F	51	711	1	Gold
Bowling - Mixed Doubles	50-54	Scott	Mills	Des Moines	IA	M	51	711	1	Gold
Bowling - Mixed Doubles	60-64	Belinda	Purvis	Cambridge	IA	F	64	882	1	Gold
Bowling - Mixed Doubles	60-64	Ronald	Sorem	Nevada	IA	M	79	882	1	Gold
Bowling - Mixed Doubles	65-69	Julie	Herdliska	Norway	IA	F	64	882	1	Gold
Bowling - Mixed Doubles	65-69	Mark	Herdliska	Norway	IA	M	64	882	1	Gold
Bowling - Mixed Doubles	70-74	sherry	felton	Dallas Center	IA	F	71	1064	1	Gold
Bowling - Mixed Doubles	70-74	Denny	Felton	Dallas Center	IA	M	71	1064	1	Gold
Bowling - Mixed Doubles	70-74	Mike	Mathews	Des Moines	IA	M	73	1057	2	Silver
Bowling - Mixed Doubles	70-74	Sandra	Mathews	Des Moines	IA	F	77	1057	2	Silver
Bowling - Mixed Doubles	70-74	Barbara	Denny	Solon	IA	F	70	846	3	Bronze
Bowling - Mixed Doubles	70-74	Larry	Favourite	Solon	IA	M	85	846	3	Bronze
Bowling - Mixed Doubles	80-84	Lowell	Huggins	Maxwell	IA	M	82	1084	1	Gold
Bowling - Mixed Doubles	80-84	Judy	Unger	Ames	IA	F	85	1084	1	Gold
Bowling - Singles	50-54 Male	Michael	Carroll	Boone	IA	M	52	475	1	Gold
Bowling - Singles	55-59 Male	Jim	Kopacek	Urbandale	IA	M	59	608	1	Gold
Bowling - Singles	65-69 Male	Ted	Paulus	Champlin	MN	M	65	612	1	Gold
Bowling - Singles	65-69 Male	Tim	Paulus	high Ridge	MO	M	64	505	2	Silver
Bowling - Singles	65-69 Male	Len	Twaroski	Urbandale	IA	M	65	496	1	Gold
Bowling - Singles	65-69 Male	Mark	Herdliska	Norway	IA	M	64	319	2	Silver
Bowling - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	382	3	Bronze
Bowling - Singles	70-74 Male	Ronald	Holden	Marshalltown	IA	M	69	574	1	Gold
Bowling - Singles	70-74 Male	Mike	Mathews	Des Moines	IA	M	73	542	2	Silver
Bowling - Singles	70-74 Male	Bill	Cox	URBANDALE	IA	M	71	503	3	Bronze
Bowling - Singles	70-74 Male	Wayne	Van Mersbergen	Pella	IA	M	71	468		
Bowling - Singles	75-79 Male	Marvin	Burton	Des Moines	IA	M	74	523	1	Gold
Bowling - Singles	75-79 Male	Ronald	Sorem	Nevada	IA	M	79	459	2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Bowling - Singles	75-79 Male	Jerry	Coughlin	Marshalltown	IA	M	78	426	3	Bronze
Bowling - Singles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	82	489	1	Gold
Bowling - Singles	80-84 Male	Colin	McBee	West Des Moines	IA	M	79	488	2	Silver
Bowling - Singles	85-89 Male	Larry	Favourite	Solon	IA	M	85	392	1	Gold
Bowling - Singles	90-94 Male	Phil	McKee	Urbandale	IA	M	94	471	1	Gold
Bowling - Singles	60-64 Female	Belinda	Purvis	Cambridge	IA	F	64	407	1	Gold
Bowling - Singles	65-69 Female	Julie	Herdlika	Norway	IA	F	64	496	1	Gold
Bowling - Singles	70-74 Female	Barbara	Denny	Solon	IA	F	70	408	1	Gold
Bowling - Singles	70-74 Female	Charlene	Montgomery	Ankeny	IA	F	73	362	2	Silver
Bowling - Singles	75-79 Female	Sandra	Mathews	Des Moines	IA	F	77	472	1	Gold
Bowling - Singles	75-79 Female	Pam	Slippy	Ankeny	IA	F	75	429	2	Silver
Bowling - Singles	85-89 Female	Judy	Unger	Ames	IA	F	85	430	1	Gold
Bowling - Singles	85-89 Female	Jan	Schmidt	Ames	IA	F	88	390	2	Silver
CORNHOLE										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cornhole	Doubles Open 50 - 69	Darwin	Rouw	Clive	IA	M	57		1	Gold
Cornhole	Doubles Open 50 - 69	Lawrence	Rouw	New Sharon	IA	M	82		1	Gold
Cornhole	Doubles Open 50 - 69	Jacqueline	Riekens	West Des Moines	IA	F	56		2	Silver
Cornhole	Doubles Open 50 - 69	Davin	Roberts	West Des Moines	IA	M	56		2	Silver
Cornhole	Doubles Open 70 - 79	Reta	Callahan	Dysart	IA	F	70		1	Gold
Cornhole	Doubles Open 70 - 79	Duane	Forbes	West Liberty	IA	M	72		1	Gold
Cornhole	Doubles Open 70 - 79	Ron	Peterson	Waukee	IA	M	77		2	Silver
Cornhole	Doubles Open 70 - 79	Steve	Wilson	West Des Moines	IA	M	78		2	Silver
Cornhole	Doubles Open 70 - 79	Bill	Cox	URBANDALE	IA	M	71		3	Bronze
Cornhole	Doubles Open 70 - 79	Marvin	Burton	Des Moines	IA	M	74		3	Bronze
Cornhole	Doubles Open 80 +	Kenneth	Clark	Urbandale	IA	M	85		1	Gold
Cornhole	Doubles Open 80 +	Don	Zimmer	West Des Moines	IA	M	87		1	Gold
Cornhole	Singles Open 50 - 69	Davin	Roberts	West Des Moines	IA	M	56		1	Gold
Cornhole	Singles Open 50 - 69	Jacqueline	Riekens	West Des Moines	IA	F	56		2	Silver
Cornhole	Singles Open 70 - 79	Doug	Pool	Douds	IA	M	71		1	Gold
Cornhole	Singles Open 70 - 79	Bill	Cox	URBANDALE	IA	M	71		2	Silver
Cornhole	Singles Open 70 - 79	Ron	Peterson	Waukee	IA	M	77		3	Bronze
Cornhole	Singles Open 70 - 79	Steve	Wilson	West Des Moines	IA	M	78		4	
Cornhole	Singles Open 70 - 79	Skip	Hills	Altoona	IA	M	76		5	
Cornhole	Singles Open 70 - 79	Reta	Callahan	Dysart	IA	F	70		6	
Cornhole	Singles Open 70 - 79	Marvin	Burton	Des Moines	IA	M	74		7	
Cornhole	Singles Open 80 +	Colin	McBee	West Des Moines	IA	M	79		1	Gold
Cornhole	Singles Open 80 +	Kenneth	Clark	Urbandale	IA	M	85		2	Silver
Cornhole	Singles Open 80 +	Don	Zimmer	West Des Moines	IA	M	87		3	Bronze

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CYCLING - ROAD RACE										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Road Race	55-59 Female	Tracey	Goforth	Ankeny	IA	F	56		1	Gold
Cycling Road Race	55-59 Female	Christine	Smith	Rochester	MN	F	56		2	Silver
Cycling Road Race	55-59 Female	Tina	Latham	Wildwood	MO	F	56		3	Bronze
Cycling Road Race	55-59 Female	Julie	Summers	PELLA	IA	F	54		4	Silver
Cycling Road Race	60-64 Female	Dessa	Paris	St. Louis	MO	F	60		1	Gold
Cycling Road Race	60-64 Female	Cindy	Shaw	Auburn	NE	F	63		2	Silver
Cycling Road Race	65-69 Female	Susan	Paulson	Alexandria	MN	F	66		1	Gold
Cycling Road Race	50-54 Male	Ted	Longnecker	Johnston	IA	M	53		1	Gold
Cycling Road Race	50-54 Male	Jess	Dunn	Grimes	IA	M	52		2	Silver
Cycling Road Race	50-54 Male	Sean	O'Brien	DES MOINES	IA	M	52		3	Bronze
Cycling Road Race	50-54 Male	Manuel	Acevedo	Boone	IA	M	50		4	
Cycling Road Race	55-59 Male	Scott	Wall	Ames	IA	M	59		1	Gold
Cycling Road Race	55-59 Male	Sidney	Ryan	Washington	IA	M	55		2	Silver
Cycling Road Race	55-59 Male	Barry	Bean	Gideon	MO	M	58		3	Bronze
Cycling Road Race	55-59 Male	Kevin	Garner	Rolla	MO	M	55		4	
Cycling Road Race	55-59 Male	Ron	Gillette	Des Moines	IA	M	57		5	Bronze
Cycling Road Race	55-59 Male	Frank	Sadilek	Johnson Creek	WI	M	55		6	
Cycling Road Race	55-59 Male	Bill	Kelly	West Des Moines	IA	M	59		7	
Cycling Road Race	60-64 Male	Michael	Heffern	Cedar Rapids	IA	M	62		1	Gold
Cycling Road Race	60-64 Male	Matthew	Hall	Weston	WI	M	62		2	Silver
Cycling Road Race	60-64 Male	Randy	Bamsey	Johnston	IA	M	32		3	Silver
Cycling Road Race	60-64 Male	David	Ertl	Waukee	IA	M	63		4	Bronze
Cycling Road Race	60-64 Male	Rick	Gladson	Des Moines	IA	M	63		5	
Cycling Road Race	60-64 Male	Bob	Anderson	Neenah	WI	M	63		6	
Cycling Road Race	65-69 Male	John	Reichardt	Sioux Falls	SD	M	67		1	Gold
Cycling Road Race	65-69 Male	Mark	Kieffer	Rochester	MN	M	65		2	Silver
Cycling Road Race	65-69 Male	Dennis	Noel	rolla	MO	M	67		3	Bronze
Cycling Road Race	65-69 Male	Tim	OBrien	Waverly	IA	M	66		4	Silver
Cycling Road Race	65-69 Male	Daniel	McGrail	Cedar Rapids	IA	M	68		5	Bronze
Cycling Road Race	65-69 Male	Joe	MARTIN	Homer	AK	M	67		6	
Cycling Road Race	70-74 Male	Thomas	Zoumaras	Des Moines	IA	M	71		1	Gold
Cycling Road Race	70-74 Male	Richard	Gilmore	Washington	IA	M	70		2	Silver
Cycling Road Race	70-74 Male	Dennis	Maurer	Hudson	IA	M	70		3	Bronze
Cycling Road Race	75-79 Male	Joseph	Carnazzo	Omaha	NE	M	75		1	Gold
Cycling Road Race	80-84 Male	John	Hartwig	Ankeny	IA	M	81		1	Gold
CYCLING - TIME TRIAL										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	55-59 Female	Tina	Latham	Wildwood	MO	F	56	8:24.13	1	Gold
Cycling Time Trial - 5K	55-59 Female	Christine	Smith	Rochester	MN	F	57	9:22.58	2	Silver
Cycling Time Trial - 5K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	56	9:54.84	1	Gold
Cycling Time Trial - 5K	55-59 Male	Scott	Wall	Ames	IA	M	59	6:44.88	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	56	07:04.7	2	Silver
Cycling Time Trial - 5K	55-59 Male	Frank	Sadilek	Johnson Creek	WI	M	55	7:57.6	3	Bronze
Cycling Time Trial - 5K	60-64 Female	Debra	Irving	Ankeny	IA	F	61	8:16.6	1	Gold
Cycling Time Trial - 5K	60-64 Female	Dessa	Paris	St. Louis	MO	F	60	8:18.0	2	Silver
Cycling Time Trial - 5K	60-64 Male	Matthew	Hall	Weston	WI	M	62	07:09.7	1	Gold
Cycling Time Trial - 5K	60-64 Male	Rick	Gladson	Des Moines	IA	M	63	7:15.14	1	Gold
Cycling Time Trial - 5K	60-64 Male	Brad	Lones	Urbandale	IA	M	62	7:23.15	2	Silver
Cycling Time Trial - 5K	60-64 Male	Gregory	Bennett	Versailles	MO	M	60	7:21.13	3	Bronze
Cycling Time Trial - 5K	60-64 Male	Kent	Lewis	LEES SUMMIT	MO	M	61	7:31.18	4	
Cycling Time Trial - 5K	60-64 Male	Dennis	O'Neel	West Des Moines	IA	M	61	08:05.0	3	Bronze
Cycling Time Trial - 5K	60-64 Male	Steve	Heilskov	Iowa Falls	IA	M	64	8:51.13	5	
Cycling Time Trial - 5K	65-69 Male	Dan	Shaffer	Ely	IA	M	67	6:46.2	1	Gold
Cycling Time Trial - 5K	65-69 Male	Kevin	Rose	BETTENDORF	IA	M	64	6:50.38	2	Silver
Cycling Time Trial - 5K	65-69 Male	Tim	OBrien	Waverly	IA	M	66	7:34.9	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Johnny	Bregar	Madrid	IA	M	64	7:35	4	
Cycling Time Trial - 5K	65-69 Male	Joe	MARTIN	Homer	AK	M	67	09:03.8	5	
Cycling Time Trial - 5K	65-69 Male	Daniel	McGrail	Cedar Rapids	IA	M	68	9:32.15	6	
Cycling Time Trial - 5K	65-69 Male	Stan	Boyer	Adel	IA	M	66	9:56.51	7	
Cycling Time Trial - 5K	65-69 Female	Susan	Paulson	Alexandria	MN	F	66	8:12.0	1	Gold
Cycling Time Trial - 5K	70-74 Male	Thomas	Zoumaras	Des Moines	IA	M	71	7:24.45	1	Gold
Cycling Time Trial - 5K	70-74 Male	Joe	Robinson	Bondurant	IA	M	71	7:44.55	2	Silver
Cycling Time Trial - 5K	70-74 Male	Al	Cruise	Rolla	MO	M	70	08:02.7	3	Bronze
Cycling Time Trial - 5K	70-74 Male	Jim	Jenkins	Newton	IA	M	72	8:22.6	3	Bronze
Cycling Time Trial - 5K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	76	7:37.19	1	Gold
Cycling Time Trial - 5K	75-79 Male	Bill	Earp	Independence	MO	M	79	7:50.4	2	Silver
Cycling Time Trial - 5K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	74	8:47.18	3	Bronze
Cycling Time Trial - 5K	75-79 Male	Earl	Hill	Britt	IA	M	76	10:47.33	1	Gold
Cycling Time Trial - 5K	75-79 Male	John	Weber	Creston	IA	M	75	13:57.22	2	Silver
Cycling Time Trial - 5K	80-84 Male	John	Hartwig	Ankeny	IA	M	81	8:32.65	1	Gold
Cycling Time Trial - 5K	80-84 Male	Colin	McBee	West Des Moines	IA	M	79	10:43.28	2	Silver
Cycling Time Trial - 10K	55-59 Female	Tina	Latham	Wildwood	MO	F	56	17:47.0	1	Gold
Cycling Time Trial - 10K	55-59 Female	Christine	Smith	Rochester	MN	F	57	19:08.4	2	Silver
Cycling Time Trial - 10K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	56	23:06.2	1	Gold
Cycling Time Trial - 10K	55-59 Male	Scott	Wall	Ames	IA	M	59	14:15.28	1	Gold
Cycling Time Trial - 10K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	56	15:45.47	2	Silver
Cycling Time Trial - 10K	55-59 Male	Frank	Sadilek	Johnson Creek	WI	M	55	17:16.93	3	Bronze
Cycling Time Trial - 10K	60-64 Female	Debra	Irving	Ankeny	IA	F	61	17:16.32	1	Gold
Cycling Time Trial - 10K	60-64 Female	Dessa	Paris	St. Louis	MO	F	60	18:27.82	2	Silver
Cycling Time Trial - 10K	60-64 Male	Matthew	Hall	Weston	WI	M	62	15:33.47	1	Gold
Cycling Time Trial - 10K	60-64 Male	Rick	Gladson	Des Moines	IA	M	63	15:57.72	1	Gold
Cycling Time Trial - 10K	60-64 Male	Brad	Lones	Urbandale	IA	M	62	15:48.65	2	Silver
Cycling Time Trial - 5K	60-64 Male	Gregory	Bennett	Versailles	MO	M	60	16:02.8	3	

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 10K	60-64 Male	Kent	Lewis	LEES SUMMIT	MO	M	61	16:09.7	4	
Cycling Time Trial - 10K	60-64 Male	Dennis	O'Neel	West Des Moines	IA	M	61	19:17.0	3	Bronze
Cycling Time Trial - 10K	60-64 Male	Steve	Heilskov	Iowa Falls	IA	M	64	19:34.1	4	
Cycling Time Trial - 10K	65-69 Male	Dan	Shaffer	Ely	IA	M	67	14:33.86	1	Gold
Cycling Time Trial - 10K	65-69 Male	Kevin	Rose	BETTENDORF	IA	M	64	14:36.0	2	Silver
Cycling Time Trial - 10K	65-69 Male	Johnny	Bregar	Madrid	IA	M	64	16:41.50	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Tim	OBrien	Waverly	IA	M	66	18:42.9	4	
Cycling Time Trial - 10K	65-69 Male	Daniel	McGrail	Cedar Rapids	IA	M	68	20:54.68	5	
Cycling Time Trial - 10K	65-69 Male	Stan	Boyer	Adel	IA	M	66	21:26.82	6	
Cycling Time Trial - 10K	65-69 Male	Joe	MARTIN	Homer	AK	M	67	22:01.6	7	
Cycling Time Trial - 10K	65-69 Female	Susan	Paulson	Alexandria	MN	F	66	18:7.72	1	Gold
Cycling Time Trial - 10K	70-74 Male	Joe	Robinson	Bondurant	IA	M	71	16:43.40	1	Gold
Cycling Time Trial - 10K	70-74 Male	Al	Cruise	Rolla	MO	M	70	17:24.93	2	Silver
Cycling Time Trial - 10K	70-74 Male	Jim	Jenkins	Newton	IA	M	72	17:51.82	2	Silver
Cycling Time Trial - 10K	70-74 Male	Thomas	Zoumaras	Des Moines	IA	M	71	32:08.8	3	Bronze
Cycling Time Trial - 10K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	76	16:27.50	1	Gold
Cycling Time Trial - 10K	75-79 Male	Bill	Earp	Independence	MO	M	79	17:05.2	2	Silver
Cycling Time Trial - 10K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	74	19:32.72	3	Bronze
Cycling Time Trial - 10K	75-79 Male	Earl	Hill	Britt	IA	M	76	25:28.3	1	Gold
Cycling Time Trial - 10K	75-79 Male	John	Weber	Creston	IA	M	75	31:15.68	2	Silver
Cycling Time Trial - 10K	80-84 Male	John	Hartwig	Ankeny	IA	M	81	19:10.15	1	Gold
Cycling Time Trial - 10K	80-84 Male	Colin	McBee	West Des Moines	IA	M	79	24:44.57	2	Silver
DISC GOLF										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Disc Golf	50-54 Male	Scott	Mills	Des Moines	IA	M	51	68	1	Gold
Disc Golf	55-59 Female	Jennifer	Shide	Urbandale	IA	F	55	70	1	Gold
Disc Golf	55-59 Male	Jim	Kopacek	Urbandale	IA	M	59	60	1	Gold
Disc Golf	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	65	2	Silver
Disc Golf	60-64 Female	Sandra	Cheney	Newton	IA	F	64	57	1	Gold
Disc Golf	60-64 Female	Laura	Dolley	Ankeny	IA	F	59	66	2	Silver
Disc Golf	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	51	1	Gold
Disc Golf	60-64 Male	Mike	Dolley	Ankeny	IA	M	61	71	2	Silver
Disc Golf	65-69 Male	Neils	Johnson	Ames	IA	M	65	47	1	Gold
Disc Golf	65-69 Male	Kenneth	Mitchell	DES MOINES	IA	M	66	51	2	Silver
Disc Golf	65-69 Male	Dennis	Kelly	Pella	IA	M	65	54	3	Bronze
Disc Golf	70-74 Male	Mike	Wulbecker	Council Bluffs	IA	M	71	51	1	Gold
Disc Golf	70-74 Male	Don	Smalley	Marquette	IA	M	69	54	2	Silver
Disc Golf	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	66	3	Bronze
Disc Golf	75-79 Male	Ron	Peterson	Waukee	IA	M	77	56	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Disc Golf	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	70	1	Gold
Disc Golf	85-89 Female	Norma	Ramker	Urbandale	IA	F	88	108	1	Gold
Disc Golf	85-89 Male	carroll	marty	Ames	IA	M	87	77	1	Gold
GOLF										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Golf	50-54 Male	Chris	Dorsey	Osceola	IA	M	54	91	1	Gold
Golf	50-54 Male	Bob	Pratt	eau claire	WI	M	52	93	2	Silver
Golf	50-54 Male	John	Walling	Leon, IA	IA	M	51	104	2	Silver
Golf	50-54 Male	Scott	Mills	Des Moines	IA	M	51	127	3	Bronze
Golf	55-59 Female	Linda	Mahr	Dorchester	IA	F	59	82	1	Gold
Golf	55-59 Female	Beth	Goedken	Des Moines	IA	F	58	95	2	Silver
Golf	55-59 Female	Pam	McDowell	Ames	IA	F	58	97	3	Bronze
Golf	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	59	117	4	
Golf	55-59 Male	Daryl	Wolff	west Burlington	IA	M	57	77	1	Gold
Golf	55-59 Male	Tim	Riddle	Osceola	IA	M	58	87	2	Silver
Golf	55-59 Male	Jim	Lloyd	Urbandale	IA	M	58	97	3	Bronze
Golf	60-64 Female	susan	sibbernson	Altoona	IA	F	62	91	1	Gold
Golf	60-64 Female	Lisa	Lemons	Ames	IA	F	62	96	2	Silver
Golf	60-64 Female	Tricia	Lloyd	Urbandale	IA	F	60	105	3	Bronze
Golf	60-64 Female	Judy	Kelly	farming	WI	F	63	118	4	
Golf	60-64 Female	Jody	Walter	Des Moines	IA	F	60	151	5	
Golf	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	77	1	Gold
Golf	60-64 Male	Jim	Riley	Albia	IA	M	63	77	2	Silver
Golf	60-64 Male	Mike	Erickson	Tama	IA	M	62	81	4	Bronze
Golf	60-64 Male	Steve	Erickson	Iowa City	IA	M	61	82	5	
Golf	60-64 Male	Elliott	Smith	Des Moines	IA	M	63	83	6	
Golf	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61	95	7	
Golf	60-64 Male	Rick	Radcliff	Urbandale	IA	M	61	105	8	
Golf	65-69 Female	Roxanne	Kuhlman	Fort Dodge	IA	F	67	78	1	Gold
Golf	65-69 Female	Mary	Hannan	Des Moines	IA	F	66	122	2	Silver
Golf	65-69 Male	Scott	Hornstein	Huxley	IA	M	68	70	1	Gold
Golf	65-69 Male	Randy	Cullin	Iowa City	IA	M	67	71	2	Silver
Golf	65-69 Male	Gary	Myers	Urbandale	IA	M	69	77	3	Bronze
Golf	65-69 Male	Phil	Matlage	Winterset	IA	M	67	80	4	
Golf	65-69 Male	Al	Hodgeman	New Sharon	IA	M	65	82	5	
Golf	65-69 Male	John E.	Stoops	Champaign	IL	M	69	83	6	
Golf	65-69 Male	Edward	McDaniel	Winterset	IA	M	69	89	7	
Golf	65-69 Male	Mark	McDowell	Hampton	IA	M	69	90	8	
Golf	65-69 Male	Harold	Bayley	Los Lunas	NM	M	69	99	9	
Golf	70-74 Female	Jane	O'Hollearn	Johnston	IA	F	72	92	1	Gold
Golf	70-74 Female	Susan	Furland	Runnells	IA	F	74	122	2	Silver
Golf	70-74 Male	Larry	Castagnoli	Clive	IA	M	73	68	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Golf	70-74 Male	Dennis	Baysinger	Norwalk	IA	M	73	76	2	Silver
Golf	70-74 Male	Jason	Douglas	West Des Moines	IA	M	72	76	3	Bronze
Golf	70-74 Male	Jerry	Hora	Iowa City	IA	M	71	79	4	
Golf	70-74 Male	Kendal	Jass	Albia	IA	M	73	87	5	
Golf	70-74 Male	Steven	Hartman	Winterset	IA	M	72	88	6	
Golf	70-74 Male	Dan	Zimmerman	West Des Moines	IA	M	71	113	7	
Golf	75-79 Female	Joyce	Weigel	Earlham	IA	F	76	85	1	Gold
Golf	75-79 Female	Paula	Smith	Champaign	IL	F	76	91	2	Silver
Golf	75-79 Female	Leanna	Hansch	Des Moines	IA	F	79	109	2	Silver
Golf	75-79 Female	Kay	Bromert	Urbandale	IA	F	77	113	3	Bronze
Golf	75-79 Female	Jan	Hogan	Urbandale	IA	F	75	113	4	
Golf	75-79 Male	Ed	Pech	Iowa city	IA	M	77	81	1	Gold
Golf	75-79 Male	Bob	Newsum	Waukee	IA	M	76	85	2	Silver
Golf	75-79 Male	Jim	Heger	Des Moines	IA	M	75	85	3	Bronze
Golf	75-79 Male	Blaine	Carter	Albia	IA	M	75	88	4	
Golf	75-79 Male	Allan	Hjelle	Elk Horn	IA	M	79	93	5	
Golf	75-79 Male	Bill	Renner	Ankeny	IA	M	78	94	6	
Golf	75-79 Male	Jerry	Vaske	Tama	IA	M	77	97	7	
Golf	75-79 Male	Pat	Archbald	Albia	IA	M	76	98	8	
Golf	75-79 Male	Virgil	Goodrich	Parkersburg	IA	M	78	102	9	
Golf	75-79 Male	JOHN	JACKSON	Norwalk	IA	M	75	103	10	
Golf	75-79 Male	earl	rutledge	tama	IA	M	76	104	11	
Golf	75-79 Male	Greg	Eastman	Clive	IA	M	75	105	12	
Golf	80-84 Female	Ellie	Radcliff	West Des Moines	IA	F	83	114	1	Gold
Golf	80-84 Male	Harry	Shackelford	Bagley	IA	M	81	89	1	Gold
Golf	80-84 Male	Jerry	ommen	Tama	IA	M	83	91	2	Silver
Golf	80-84 Male	Colin	McBee	West Des Moines	IA	M	80	97	3	Bronze
Golf	80-84 Male	Mike	Richardson	Tama	IA	M	80	97	4	
Golf	85-89 Female	Kathy	Vansioun	Des Moines	IA	F	87	121	1	Gold
Golf	90-94 Male	James	Roan	Toledo	IA	M	90	90	1	Gold
HORSESHOES										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Horseshoes	50-54 Male	Steven	Miller	WAYLAND	IA	M	51	117	1st	Gold
Horseshoes	50-54 Male	Scott	Mills	Des Moines	IA	M	51	85	2nd	Silver
Horseshoes	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	58	126	1st	Gold
Horseshoes	55-59 Female	melanie	bintz	dayton	IA	F	58	75	2nd	Silver
Horseshoes	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	56	44	3rd	Bronze
Horseshoes	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56	28	1st	Gold
Horseshoes	60-64 Female	Jody	Walter	Des Moines	IA	F	60	83	1st	Gold
Horseshoes	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	166	1st	Gold
Horseshoes	65-69 Male	Fred	Allgood	New Virginia	IA	M	64	90	1st	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Horseshoes	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66	31	2nd	Silver
Horseshoes	70-74 Female	Reta	Callahan	Dysart	IA	F	70	57	1st	Gold
Horseshoes	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70	47	2nd	Silver
Horseshoes	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	126	1st	Gold
Horseshoes	75-79 Female	Pam	Slippy	Ankeny	IA	F	75	95	1st	Gold
Horseshoes	75-79 Male	Reggie	Crumes	Altoona	IA	M	75	215	1st	Gold
Horseshoes	75-79 Male	Skip	Hills	Altoona	IA	M	76	171	2nd	Silver
Horseshoes	75-79 Male	Jerry	Hartwick	Ankeny	IA	M	74	153	3rd	Bronze
Horseshoes	80-84 Female	Ronda	Moffatt	Homestead	IA	F	81	95	1st	Gold
Horseshoes	80-84 Male	Bert	Logsdon	Pleasantville	IA	M	82	248	1st	Gold
Horseshoes	80-84 Male	Colin	McBee	West Des Moines	IA	M	79	61	2nd	Silver
Horseshoes	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	59	3rd	Bronze
Horseshoes	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	106	1st	Gold
Horseshoes	85-89 Male	Don	Zimmer	West Des Moines	IA	M	87	63	2nd	Silver
PICKLEBALL										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Men's Doubles Div.1	50-54 Male	Michael	Derrick	Waukee	IA	M	53		1	Gold
Pickleball - Men's Doubles Div.1	50-54 Male	John	Stroud	West Des Moines	IA	M	58		1	Gold
Pickleball - Men's Doubles Div.1	50-54 Male	Rob	Paulsen	Clive	IA	M	52		2	Silver
Pickleball - Men's Doubles Div.1	50-54 Male	Dean	Nihart	Johnston	IA	M	62		2	Silver
Pickleball - Men's Doubles Div.1	50-54 Male	Calvin	Moss	Bettendorf	IA	M	61		3	Bronze
Pickleball - Men's Doubles Div.1	50-54 Male	adil	saliu	de witt	IA	M	51		3	Bronze
Pickleball - Men's Doubles Div.2	50-54 Male	John	Peters	Cedar Rapids	IA	M	57		1	Gold
Pickleball - Men's Doubles Div.2	50-54 Male	Tony	Saylor	marion	IA	M	54		1	Gold
Pickleball - Men's Doubles Div.2	50-54 Male	Michael	Anderson	Urbandale	IA	M	51		2	Silver
Pickleball - Men's Doubles Div.2	50-54 Male	Bart	Warford	West Des Moines	IA	M	62		2	Silver
Pickleball - Men's Doubles Div.2	50-54 Male	Anthony	Spradlin	Hampton	IA	M	52		3	Bronze
Pickleball - Men's Doubles Div.2	50-54 Male	Tom	Teggatz	Hampton	IA	M	58		3	Bronze
Pickleball - Men's Doubles Div.1	55-59 Male	Manoj	Rajbhandary	Waukee	IA	M	55		1	Gold
Pickleball - Men's Doubles Div.1	55-59 Male	Sean	Stevens	Urbandale	IA	M	56		1	Gold
Pickleball - Men's Doubles Div.2	55-59 Male	Brian	Loynachan	West Des Moines	IA	M	59		1	Gold
Pickleball - Men's Doubles Div.2	55-59 Male	Rick	Kolz	Urbandale	IA	M	63		1	Gold
Pickleball - Men's Doubles Div.2	55-59 Male	Steve	Erickson	Massena	IA	M	59		2	Silver
Pickleball - Men's Doubles Div.2	55-59 Male	Kirk	Nelson	Atlantic	IA	M	65		2	Silver
Pickleball - Men's Doubles Div.2	55-59 Male	GREG	BRIDGE	WEST DES MOINES	IA	M	59		3	Bronze
Pickleball - Men's Doubles Div.2	55-59 Male	Rich	Edwards	West Des Moines	IA	M	59		3	Bronze
Pickleball - Men's Doubles Div.3	55-59 Male	Mark	Walter	Des Moines	IA	M	59		1	Gold
Pickleball - Men's Doubles Div.3	55-59 Male	Rich	McGee	Huxley	IA	M	61		1	Gold
Pickleball - Men's Doubles Div.2	60-64 Male	Joel	Price	Fairfield	IA	M	61		1	Gold
Pickleball - Men's Doubles Div.2	60-64 Male	Steven	Blum	Fairfield	IA	M	71		1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Men's Doubles Div.2	60-64 Male	Jim	Langhurst	Swisher	IA	M	64		2	Silver
Pickleball - Men's Doubles Div.2	60-64 Male	Ben	Mims	Cedar Rapids	IA	M	62		2	Silver
Pickleball - Men's Doubles Div.2	60-64 Male	Steve	Huling	Hampton	IA	M	62		3	Bronze
Pickleball - Men's Doubles Div.2	60-64 Male	Brad	Staley	hampton	IA	M	63		3	Bronze
Pickleball - Men's Doubles Div.2	60-64 Male	Dean	Black	Somers	IA	M	61		4	
Pickleball - Men's Doubles Div.2	60-64 Male	Andy	Kennebeck	fort dodge	IA	M	60		4	
Pickleball - Men's Doubles Div.2	60-64 Male	Brent	Alexander	West Des Moines	IA	M	61			
Pickleball - Men's Doubles Div.2	60-64 Male	Steve	Schoon	Urbandale	IA	M	65			
Pickleball - Men's Doubles Div.2	60-64 Male	Bill	Rieck	Ankeny	IA	M	61			
Pickleball - Men's Doubles Div.2	60-64 Male	Tom	Rooney	Maxwell	IA	M	66			
Pickleball - Men's Doubles Div.2	60-64 Male	Brian	Veach	Grinnell	IA	M	63			
Pickleball - Men's Doubles Div.2	60-64 Male	Alan	Knaack	Grinnell	IA	M	65			
Pickleball - Men's Doubles Div.2	60-64 Male	Dave	Gascho	Ankeny	IA	M	64			
Pickleball - Men's Doubles Div.2	60-64 Male	Leland	Harker	West Des Moines	IA	M	64			
Pickleball - Men's Doubles Div.2	60-64 Male	Rusty	Bentzinger	Pella	IA	M	60			
Pickleball - Men's Doubles Div.2	60-64 Male	Jim	Schoenrock	Ames	IA	M	63			
Pickleball - Men's Doubles Div.2	60-64 Male	Tony	Savick	Ogden	IA	M	64			
Pickleball - Men's Doubles Div.2	60-64 Male	Brian	Fort	Ankeny	IA	M	62			
Pickleball - Men's Doubles Div.2	60-64 Male	Craig	Tjebben	West Des Moines	IA	M	64			
Pickleball - Men's Doubles Div.2	60-64 Male	Steve	Opsal	Clive	IA	M	69			
Pickleball - Men's Doubles Div.2	60-64 Male	Tom	Weis	Marshalltown	IA	M	61			
Pickleball - Men's Doubles Div.2	60-64 Male	RUSS	WELP	Marshalltown	IA	M	62			
Pickleball - Men's Doubles Div.2	65-69 Male	Neil	Bullock	Fairfield	IA	M	69		1	Gold
Pickleball - Men's Doubles Div.2	65-69 Male	Terry	Kruse	Agency	IA	M	70		1	Gold
Pickleball - Men's Doubles Div.2	65-69 Male	Tom	Stenger	WEST DES MOINES	IA	M	69		2	Silver
Pickleball - Men's Doubles Div.2	65-69 Male	Dennis	Lauterbach	West Des Moines	IA	M	68		2	Silver
Pickleball - Men's Doubles Div.2	65-69 Male	Stephen	Sheehan	Forest City	IA	M	66		3	Bronze
Pickleball - Men's Doubles Div.2	65-69 Male	Mark	Miller	Ankeny	IA	M	66		3	Bronze
Pickleball - Men's Doubles Div.2	65-69 Male	Ted	Paulus	Champlin	MN	M	66		4	
Pickleball - Men's Doubles Div.2	65-69 Male	Patrick	Casey	Marion	IA	M	67		4	
Pickleball - Men's Doubles Div.3	65-69 Male	Ed	Cox	Marshalltown	IA	M	72		1	Gold
Pickleball - Men's Doubles Div.3	65-69 Male	Duane	Bossman	Toledo	IA	M	68		1	Gold
Pickleball - Men's Doubles Div.3	65-69 Male	Garry	Kalitzki	Ankeny	IA	M	65		2	Silver
Pickleball - Men's Doubles Div.3	65-69 Male	Jeff	Prouty	Ankeny	IA	M	71		2	Silver
Pickleball - Men's Doubles Div.2	70-74 Male	Michael	Berkey	LeGrand	IA	M	70		1	Gold
Pickleball - Men's Doubles Div.2	70-74 Male	Craig	Rhodes	Marshalltown	IA	M	71		1	Gold
Pickleball - Men's Doubles Div.2	70-74 Male	David	Coffinger	Fairfield	IA	M	72		2	Silver
Pickleball - Men's Doubles Div.2	70-74 Male	Glenn	Graf	Mt Pleasant	IA	M	72		2	Silver
Pickleball - Men's Doubles Div.2	70-74 Male	Bob	Farber	Johnston	IA	M	71		3	Bronze
Pickleball - Men's Doubles Div.2	70-74 Male	Dale	Thede	Urbandale	IA	M	71		3	Bronze
Pickleball - Men's Doubles Div.2	70-74 Male	Jerry	Armstrong	West Des Moines	IA	M	71		4	
Pickleball - Men's Doubles Div.2	70-74 Male	John	Wilson	Urbandale	IA	M	72		4	
Pickleball - Men's Doubles Div.2	70-74 Male	Terry	Brueggeman	Marshalltown	IA	M	72		5	
Pickleball - Men's Doubles Div.2	70-74 Male	Kent	Cocking	State Center	IA	M	72		5	
Pickleball - Men's Doubles Div.2	70-74 Male	Calvin	Griffiths	Ankeny	IA	M	72		6	
Pickleball - Men's Doubles Div.2	75-79 Male	Don	Pisel	Ankeny	IA	M	77		6	
Pickleball - Men's Doubles Div.2	70-74 Male	Merle	Brendeland	Huxley	IA	M	70		7	
Pickleball - Men's Doubles Div.2	70-74 Male	Lawrence	Victoria	Atlantic	IA	M	72		7	
Pickleball - Men's Doubles Div.3	70-74 Male	Harold	Lande	Huxley	IA	M	74		1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Men's Doubles Div.3	70-74 Male	Ronald	Smith	West Des Moines	IA	M	78		1	Gold
Pickleball - Men's Doubles Div.2	75-79 Male	Denny	Bane	Urbandale	IA	M	78		1	Gold
Pickleball - Men's Doubles Div.2	75-79 Male	John	Accola	Urbandale	IA	M	77		1	Gold
Pickleball - Men's Doubles Div.2	75-79 Male	Theodore (Ted)	Anderson	Ankeny	IA	M	77		2	Silver
Pickleball - Men's Doubles Div.2	75-79 Male	David	Langrock	Davenport	IA	M	81		2	Silver
Pickleball - Men's Doubles Div.2	75-79 Male	Michael	Finn	Mesa	AZ	M	75		3	Bronze
Pickleball - Men's Doubles Div.2	75-79 Male	Larry	Lehrkamp	Willis	TX	M	77		3	Bronze
Pickleball - Men's Doubles Div.3	75-79 Male	Mike	Copple	Norwalk	IA	M	75		1	Gold
Pickleball - Men's Doubles Div.3	75-79 Male	Brian	Donahue	Urbandale	IA	M	75		1	Gold
Pickleball - Men's Doubles Div.2	80-84 Male	Jim	Cline	Des Moines	IA	M	82		1	Gold
Pickleball - Men's Doubles Div.2	80-84 Male	Dale	Dewey	Altoona	IA	M	83		1	Gold
Pickleball - Men's Doubles Div.3	80-84 Male	Earle	Peters	Mankato	MN	M	80		1	Gold
Pickleball - Men's Doubles Div.3	80-84 Male	Michael	Middlemiss	Davenport	IA	M	86		1	Gold
Pickleball - Men's Doubles Div.3	80-84 Male	Kenneth	Beaird	Keokuk	IA	M	84		1	Gold
Pickleball - Men's Doubles Div.3	80-84 Male	Ronald	Scott	Keokuk	IA	M	86		1	Gold
Div.										
Pickleball - Women's Doubles Div.1	50-54 Female	Jennifer	Clemen	Urbandale	IA	F	56		1	Gold
Pickleball - Women's Doubles Div.1	50-54 Female	Angela	Torgerson	clive	IA	F	52		1	Gold
Pickleball - Women's Doubles Div.2	50-54 Female	Gina	Link	Ankeny	IA	F	53		1	Gold
Pickleball - Women's Doubles Div.2	50-54 Female	Michele	Starkenbug	Ankeny	IA	F	54		1	Gold
Pickleball - Women's Doubles Div.2	50-54 Female	Gretchen	Varineau	Ankeny	IA	F	54		2	Silver
Pickleball - Women's Doubles Div.2	50-54 Female	Jean	Hollinrake	Ankeny	IA	F	56		2	Silver
Pickleball - Women's Doubles Div.3	50-54 Female	Amy	Boom	Altoona	IA	F	52		1	Gold
Pickleball - Women's Doubles Div.3	50-54 Female	Susan	Wellman	West Des Moines	IA	F	55		1	Gold
Pickleball - Women's Doubles Div.2	55-59 Female	Kathleen	Macke	Carroll	IA	F	57		1	Gold
Pickleball - Women's Doubles Div.2	55-59 Female	Kelly	Schubert	Carroll	IA	F	62		1	Gold
Pickleball - Women's Doubles Div.2	55-59 Female	Carrie	Jeske	Kansas City	MO	F	58		2	Silver
Pickleball - Women's Doubles Div.2	55-59 Female	Jan	Davis	Des Moines	IA	F	61		2	Silver
Pickleball - Women's Doubles Div.2	55-59 Female	Diana	Richardson	Searsboro	IA	F	58		2	Silver
Pickleball - Women's Doubles Div.2	55-59 Female	Brenda	Jones	Pella	IA	F	63		2	Silver
Pickleball - Women's Doubles Div.2	55-59 Female	Kris	Miller	West Des Moines	IA	F	55		3	Bronze
Pickleball - Women's Doubles Div.2	55-59 Female	Cathie	Beals	Clive	IA	F	62		3	Bronze
Pickleball - Women's Doubles Div.2	55-59 Female	Rene	Kerr	Moline	IL	F	59		5	
Pickleball - Women's Doubles Div.2	55-59 Female	Julie	Miller	Bettendorf	IA	F	62		5	
Pickleball - Women's Doubles Div.2	55-59 Female	Eileen	Gosvig	Fairfield	IA	F	58		4	
Pickleball - Women's Doubles Div.2	55-59 Female	Colleen	Stone	Fairfield	IA	F	55		4	
Pickleball - Women's Doubles Div.2	55-59 Female	Leslie	Marks	Fairfield	IA	F	58		5	
Pickleball - Women's Doubles Div.2	55-59 Female	Jody	Walter	Des Moines	IA	F	60		5	
Pickleball - Women's Doubles Div.3	55-59 Female	Beth	Engels	West Des Moines	IA	F	56		1	Gold
Pickleball - Women's Doubles Div.3	55-59 Female	DeAnne	Savick	Ogden	IA	F	64		1	Gold
Pickleball - Women's Doubles Div.3	55-59 Female	Margaret	Fehrle	Marshalltown	IA	F	59		2	Silver
Pickleball - Women's Doubles Div.3	55-59 Female	Terry	Gray	Marshalltown	IA	F	71		2	Silver
Pickleball - Women's Doubles Div.3	55-59 Female	Patty	Prouty	Ankeny	IA	F	58		3	Bronze
Pickleball - Women's Doubles Div.3	55-59 Female	Becky	Kalitzki	Ankeny	IA	F	63		3	Bronze
Pickleball - Women's Doubles Div.3	55-59 Female	Michele	Peck	Burlington	IA	F	58		4	

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Women's Doubles Div.3	55-59 Female	Rhonda	Peterson	Biggsville	IL	F	66		4	
Pickleball - Women's Doubles Div.2	60-64 Female	Karen	Petersen	Clinton	IA	F	63		1	Gold
Pickleball - Women's Doubles Div.2	60-64 Female	Deborah A	Olson	Clinton	IA	F	64		1	Gold
Pickleball - Women's Doubles Div.2	60-64 Female	Diane	Mynster	OMAHA	NE	F	62		2	Silver
Pickleball - Women's Doubles Div.2	60-64 Female	Melanie	Shellberg	Council Bluffs	IA	F	63		2	Silver
Pickleball - Women's Doubles Div.2	60-64 Female	Jackie	Peters	Cedar Rapids	IA	F	62		2	Silver
Pickleball - Women's Doubles Div.2	60-64 Female	Laurie	Slater	cedar rapids	IA	F	60		2	Silver
Pickleball - Women's Doubles Div.2	60-64 Female	Jill	Allen	Grinnell	IA	F	62		3	Bronze
Pickleball - Women's Doubles Div.2	60-64 Female	Jan	Veach	Grinnell	IA	F	63		3	Bronze
Pickleball - Women's Doubles Div.2	60-64 Female	Tammie	Allsup	Burlington	IA	F	64		4	
Pickleball - Women's Doubles Div.2	60-64 Female	Julie	Luttenegger	Burlington	IA	F	65		4	
Pickleball - Women's Doubles Div.2	60-64 Female	Mary	Knox	Marshalltown	IA	F	63			
Pickleball - Women's Doubles Div.2	60-64 Female	Fauna	Nord	Marshalltown	IA	F	61			
Pickleball - Women's Doubles Div.2	60-64 Female	Jody	Walter	Des Moines	IA	F	60			
Pickleball - Women's Doubles Div.2	60-64 Female	Kathy	Temme	West Des Moines	IA	F	63			
Pickleball - Women's Doubles Div.2	60-64 Female	Jane	Burt	Ogden	IA	F	64			
Pickleball - Women's Doubles Div.2	60-64 Female	Susan	Fort	Ankeny	IA	F	63			
Pickleball - Women's Doubles Div.3	60-64 Female	Michelle	McKelvogue	West Des Moines	IA	F	63		1	Gold
Pickleball - Women's Doubles Div.3	60-64 Female	Kim	Thede	Urbandale	IA	F	63		1	Gold
Pickleball - Women's Doubles Div.3	60-64 Female	Kristi	Ahrens	Stratford	IA	F	60		2	Silver
Pickleball - Women's Doubles Div.3	60-64 Female	Lisa	Schaa	Webster City	IA	F	62		2	Silver
Pickleball - Women's Doubles Div.3	60-64 Female	Barb	Erickson	Massena	IA	F	61		3	Bronze
Pickleball - Women's Doubles Div.3	60-64 Female	Linda	Olsen	Brayton	IA	F	66		3	Bronze
Pickleball - Women's Doubles Div.3	60-64 Female	Diane	Nelson	Ankeny	IA	F	63		4	
Pickleball - Women's Doubles Div.3	60-64 Female	Deborah	Layland	Ankeny	IA	F	68		4	
Pickleball - Women's Doubles Div.2	65-69 Female	Rhonda	Marchant	Indianola	IA	F	69		1	Gold
Pickleball - Women's Doubles Div.2	65-69 Female	Linda	Richman	Windsor Heights,	IA	F	74		1	Gold
Pickleball - Women's Doubles Div.2	65-69 Female	Theresa	Proud	Great Falls	MT	F	67		2	Silver
Pickleball - Women's Doubles Div.2	65-69 Female	Rachele	Shaw	Fairfield	IA	F	71		2	Silver
Pickleball - Women's Doubles Div.2	65-69 Female	Jennifer	Roberts	WEST DES MOINES	IA	F	66		2	Silver
Pickleball - Women's Doubles Div.2	65-69 Female	Margie	Rowland	West Des Moines	IA	F	68		2	Silver
Pickleball - Women's Doubles Div.3	65-69 Female	Sheree	Heard	West Des Moines	IA	F	69		1	Gold
Pickleball - Women's Doubles Div.3	65-69 Female	Jeanie	Golliher	West Des Moines	IA	F	71		1	Gold
Pickleball - Women's Doubles Div.3	65-69 Female	Karen	Schulz	Carroll	IA	F	66		2	Silver
Pickleball - Women's Doubles Div.3	65-69 Female	Colette	Scott	Lake View	IA	F	68		2	Silver
Pickleball - Women's Doubles Div.3	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	68		3	Bronze
Pickleball - Women's Doubles Div.3	65-69 Female	Linda	Smith	Pleasant Hill	IA	F	68		3	Bronze
Pickleball - Women's Doubles Div.2	70-74 Female	Gail	Henderson	Atlantic	IA	F	74		1	Gold
Pickleball - Women's Doubles Div.2	70-74 Female	Jean	Ryan	Atlantic	IA	F	74		1	Gold
Pickleball - Women's Doubles Div.3	70-74 Female	Jeanne	Rost	Manson	IA	F	74		1	Gold
Pickleball - Women's Doubles Div.3	70-74 Female	elizabeth	peters	MANKATO	MN	F	75		1	Gold
Pickleball - Women's Doubles Div.3	70-74 Female	Connie	Boettcher	Indianola	IA	F	72		1	Gold
Pickleball - Women's Doubles Div.3	70-74 Female	C. Jean	Schroeder	Indianola	IA	F	72		1	Gold
Pickleball - Women's Doubles Div.3	70-74 Female	Nancy	Armstrong	West Des Moines	IA	F	72		2	Silver
Pickleball - Women's Doubles Div.3	70-74 Female	Annette	Banh	Ankeny	IA	F	71		2	Silver
Pickleball - Women's Doubles Div.2	75-79 Female	Sue	Finn	Mesa	AZ	F	75		1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Women's Doubles Div.2	75-79 Female	Debbie	Thornton	Des Moines	IA	F	76		1	Gold
Pickleball - Women's Doubles Div.2	75-79 Female	Judith	Petersen	Bettendorf	IA	F	76		1	Gold
Pickleball - Women's Doubles Div.2	75-79 Female	Barbara	Shinbori	Davenport	IA	F	78		1	Gold
Pickleball - Women's Doubles Div.2	75-79 Female	Jan	Fife	Carlisle	IA	F	78		2	Silver
Pickleball - Women's Doubles Div.2	75-79 Female	Sharon	Sallee	Indianola	IA	F	75		2	Silver
Div.										
Pickleball - Mixed Doubles Div.1	50-54	Angela	Torgerson	clive	IA	F	52		1	Gold
Pickleball - Mixed Doubles Div.1	50-54	Manoj	Rajbhandary	Waukee	IA	M	55		1	Gold
Pickleball - Mixed Doubles Div.1	50-54	Michele	Peck	Burlington	IA	F	58		2	Silver
Pickleball - Mixed Doubles Div.1	50-54	Rob	Paulsen	Clive	IA	M	52		2	Silver
Pickleball - Mixed Doubles Div.2	50-54	Jan	Davis	Des Moines	IA	F	61		1	Gold
Pickleball - Mixed Doubles Div.2	50-54	Michael	Derrick	Waukee	IA	M	53		1	Gold
Pickleball - Mixed Doubles Div.2	50-54	Gina	Link	Ankeny	IA	F	53		2	Silver
Pickleball - Mixed Doubles Div.2	50-54	Michael	Anderson	Urbandale	IA	M	51		2	Silver
Pickleball - Mixed Doubles Div.2	50-54	Rene	Kerr	Moline	IL	F	59		3	Bronze
Pickleball - Mixed Doubles Div.2	50-54	adil	saliu	de witt	IA	M	51		3	Bronze
Pickleball - Mixed Doubles Div.3	50-54	Amy	Boom	Altoona	IA	F	52		1	Gold
Pickleball - Mixed Doubles Div.3	50-54	Steve	Boom	Altoona	IA	M	59		1	Gold
Pickleball - Mixed Doubles Div.1	55-59	Jennifer	Clemen	Urbandale	IA	F	56		1	Gold
Pickleball - Mixed Doubles Div.1	55-59	Sean	Stevens	Urbandale	IA	M	56		1	Gold
Pickleball - Mixed Doubles Div.2	55-59	Kathleen	Macke	Carroll	IA	F	57		1	Gold
Pickleball - Mixed Doubles Div.2	55-59	Dean	Nihart	Johnston	IA	M	62		1	Gold
Pickleball - Mixed Doubles Div.2	55-59	Jill	Allen	Grinnell	IA	F	62		2	Silver
Pickleball - Mixed Doubles Div.2	55-59	Mike	Mertens	Grinnell	IA	M	59		2	Silver
Pickleball - Mixed Doubles Div.2	55-59	Diana	Richardson	Searsboro	IA	F	58		3	Bronze
Pickleball - Mixed Doubles Div.2	55-59	Craig	Rhodes	Marshalltown	IA	M	71		3	Bronze
Pickleball - Mixed Doubles Div.2	55-59	Jackie	Peters	Cedar Rapids	IA	F	62		4	
Pickleball - Mixed Doubles Div.2	55-59	John	Peters	Cedar Rapids	IA	M	57		4	
Pickleball - Mixed Doubles Div.2	55-59	Anna	Buss	Urbandale	IA	F	55			
Pickleball - Mixed Doubles Div.2	55-59	Jim	Cobb	De Soto	IA	M	66			
Pickleball - Mixed Doubles Div.2	55-59	Beth	Engels	West Des Moines	IA	F	56			
Pickleball - Mixed Doubles Div.2	55-59	Andy	Kennebeck	fort dodge	IA	M	60			
Pickleball - Mixed Doubles Div.2	55-59	Eileen	Gosvig	Fairfield	IA	F	58			
Pickleball - Mixed Doubles Div.2	55-59	Jon	Wiens	Spring Park	MN	M	64			
Pickleball - Mixed Doubles Div.2	55-59	Jean	Hollinrake	Ankeny	IA	F	56			
Pickleball - Mixed Doubles Div.2	55-59	Leland	Harker	West Des Moines	IA	M	64			
Pickleball - Mixed Doubles Div.2	55-59	Carrie	Jeske	Kansas City	MO	F	58			
Pickleball - Mixed Doubles Div.2	55-59	Dave	Gascho	Ankeny	IA	M	64			
Pickleball - Mixed Doubles Div.2	55-59	Kristine	Wilson	Ames	IA	F	58			
Pickleball - Mixed Doubles Div.2	55-59	Jim	Schoenrock	Ames	IA	M	63			
Pickleball - Mixed Doubles Div.2	55-59	Jody	Walter	Des Moines	IA	F	60			
Pickleball - Mixed Doubles Div.2	55-59	Mark	Walter	Des Moines	IA	M	59			
Pickleball - Mixed Doubles Div.3	55-59	Patty	Prouty	Ankeny	IA	F	58		1	Gold
Pickleball - Mixed Doubles Div.3	55-59	Jeff	Prouty	Ankeny	IA	M	71		1	Gold
Pickleball - Mixed Doubles Div.1	60-64	Brenda	Jones	Pella	IA	F	63		1	Gold
Pickleball - Mixed Doubles Div.1	60-64	Mike	Williams	Marshalltown	IA	M	64		1	Gold
Pickleball - Mixed Doubles Div.1	60-64	Julie	Miller	Bettendorf	IA	F	62		2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Mixed Doubles Div.1	60-64	Calvin	Moss	Bettendorf	IA	M	61		2	Silver
Pickleball - Mixed Doubles Div.2	60-64	Janette	Harrington	Bettendorf	IA	F	66		1	Gold
Pickleball - Mixed Doubles Div.2	60-64	Frank	Ludgate	Bettendorf	IA	M	64		1	Gold
Pickleball - Mixed Doubles Div.2	60-64	Lane	Cole	Fairfield	IA	F	62		2	Silver
Pickleball - Mixed Doubles Div.2	60-64	Joel	Price	Fairfield	IA	M	61		2	Silver
Pickleball - Mixed Doubles Div.2	60-64	Kelly	Schubert	Carroll	IA	F	62		3	Bronze
Pickleball - Mixed Doubles Div.2	60-64	Dean	Black	Somers	IA	M	61		3	Bronze
Pickleball - Mixed Doubles Div.2	60-64	Fauna	Nord	Marshalltown	IA	F	61		4	
Pickleball - Mixed Doubles Div.2	60-64	RUSS	WELP	Marshalltown	IA	M	62		4	
Pickleball - Mixed Doubles Div.2	60-64	Mary	Knox	Marshalltown	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Tom	Weis	Marshalltown	IA	M	61			
Pickleball - Mixed Doubles Div.2	60-64	Diane	Bonnstetter	Waukee	IA	F	62			
Pickleball - Mixed Doubles Div.2	60-64	Denny	Warren	Ankeny	IA	M	75			
Pickleball - Mixed Doubles Div.2	60-64	Jane	Burt	Ogden	IA	F	64			
Pickleball - Mixed Doubles Div.2	60-64	Rich	McGee	Huxley	IA	M	61			
Pickleball - Mixed Doubles Div.2	60-64	Susan	Fort	Ankeny	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Brian	Fort	Ankeny	IA	M	62			
Pickleball - Mixed Doubles Div.2	60-64	Stacey	Rooney	Maxwell	IA	F	64			
Pickleball - Mixed Doubles Div.2	60-64	Tom	Rooney	Maxwell	IA	M	66			
Pickleball - Mixed Doubles Div.2	60-64	DeAnne	Savick	Ogden	IA	F	64			
Pickleball - Mixed Doubles Div.2	60-64	Tony	Savick	Ogden	IA	M	64			
Pickleball - Mixed Doubles Div.2	60-64	Myrna	Seline	BETTENDORF	IA	F	64			
Pickleball - Mixed Doubles Div.2	60-64	Ben	Mims	Cedar Rapids	IA	M	62			
Pickleball - Mixed Doubles Div.2	60-64	Melanie	Shellberg	Council Bluffs	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Brad	Staley	hampton	IA	M	63			
Pickleball - Mixed Doubles Div.2	60-64	Laurie	Slater	cedar rapids	IA	F	60			
Pickleball - Mixed Doubles Div.2	60-64	Jim	Langhurst	Swisher	IA	M	64			
Pickleball - Mixed Doubles Div.2	60-64	Kim	Thede	Urbandale	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Tom	Stenger	WEST DES MOINES	IA	M	69			
Pickleball - Mixed Doubles Div.2	60-64	Jan	Veach	Grinnell	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Alan	Knaack	Grinnell	IA	M	65			
Pickleball - Mixed Doubles Div.2	60-64	Margie	Walter	West Des Moines	IA	F	63			
Pickleball - Mixed Doubles Div.2	60-64	Steve	Opsal	Clive	IA	M	69			
Pickleball - Mixed Doubles Div.2	60-64	Laurie	Wyatt	Kansas City	MO	F	64			
Pickleball - Mixed Doubles Div.2	60-64	Anthony	Wyatt	Kansas City	MO	M	60			
Pickleball - Mixed Doubles Div.2	60-64	Bobbie	Van Vark	Pella	IA	F	65			
Pickleball - Mixed Doubles Div.2	60-64	Rusty	Bentzinger	Pella	IA	M	60			
Pickleball - Mixed Doubles Div.3	60-64	Michelle	McKelvogue	West Des Moines	IA	F	63		1	Gold
Pickleball - Mixed Doubles Div.3	60-64	Denny	Bane	Urbandale	IA	M	78		1	Gold
Pickleball - Mixed Doubles Div.3	60-64	Kristi	Ahrens	Stratford	IA	F	60		2	Silver
Pickleball - Mixed Doubles Div.3	60-64	Brett	Ahrens	Stratford	IA	M	60		2	Silver
Pickleball - Mixed Doubles Div.3	60-64	Kim	Zahnle	Ames	IA	F	62		3	Bronze
Pickleball - Mixed Doubles Div.3	60-64	Merle	Brendeland	Huxley	IA	M	70		3	Bronze
Pickleball - Mixed Doubles Div.3	60-64	Becky	Kalitzki	Ankeny	IA	F	63		4	
Pickleball - Mixed Doubles Div.3	60-64	Garry	Kalitzki	Ankeny	IA	M	65		4	
Pickleball - Mixed Doubles Div.2	65-69	Rhonda	Marchant	Indianola	IA	F	69		1	Gold
Pickleball - Mixed Doubles Div.2	65-69	Michael	Berkey	LeGrand	IA	M	70		1	Gold
Pickleball - Mixed Doubles Div.2	65-69	Cherie	Lower	Lanark	IL	F	66		2	Silver
Pickleball - Mixed Doubles Div.2	65-69	Mark	Lower	Lanark	IL	M	67		2	Silver
Pickleball - Mixed Doubles Div.2	65-69	Jennifer	Roberts	WEST DES MOINES	IA	F	66		2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Mixed Doubles Div.2	65-69	Sid	Gordon	Johnston	IA	M	73		2	Silver
Pickleball - Mixed Doubles Div.2	65-69	Barb	Brondyke	Clinton	IA	F	66		3	Bronze
Pickleball - Mixed Doubles Div.2	65-69	Randy	Schmitt	Clinton	IA	M	66		3	Bronze
Pickleball - Mixed Doubles Div.2	65-69	Julie	Luttenegger	Burlington	IA	F	65		4	
Pickleball - Mixed Doubles Div.2	65-69	Stephen	Sheehan	Forest City	IA	M	66		4	
Pickleball - Mixed Doubles Div.2	65-69	Theresa	Proud	Great Falls	MT	F	67			
Pickleball - Men's Doubles Div.2	65-69	Lawrence	Victoria	Atlantic	IA	M	72			
Pickleball - Mixed Doubles Div.2	65-69	Deborah	Layland	Ankeny	IA	F	68			
Pickleball - Mixed Doubles Div.2	65-69	Calvin	Griffiths	Ankeny	IA	M	72			
Pickleball - Mixed Doubles Div.2	65-69	Karen	Schulz	Carroll	IA	F	66			
Pickleball - Mixed Doubles Div.2	65-69	Gary	Schulz	Carroll	IA	M	68			
Pickleball - Mixed Doubles Div.3	65-69	tafi	Iorinser	Sioux City	IA	F	66		1	Gold
Pickleball - Mixed Doubles Div.3	65-69	Randy	Hansen	Sioux City	IA	M	72		1	Gold
Pickleball - Mixed Doubles Div.3	65-69	Sheree	Heard	West Des Moines	IA	F	69		2	Silver
Pickleball - Mixed Doubles Div.3	65-69	Tim	Solinger	Des Moines	IA	M	66		2	Silver
Pickleball - Mixed Doubles Div.3	65-69	Rachelle	Pultrone	Iowa City	IA	F	68		3	Bronze
Pickleball - Mixed Doubles Div.3	65-69	Don	Pisel	Ankeny	IA	M	77		3	Bronze
Pickleball - Mixed Doubles Div.3	65-69	Nancy	Hanna	Altoona	IA	F	66		4	
Pickleball - Mixed Doubles Div.3	65-69	Jeff	Hanna	Altoona	IA	M	68		4	
Pickleball - Mixed Doubles Div.3	65-69	Rhonda	Peterson	Biggsville	IL	F	66		5	
Pickleball - Mixed Doubles Div.3	65-69	Michael	Middlemiss	Davenport	IA	M	86		5	
Pickleball - Mixed Doubles Div.2	70-74	Linda	Richman	Windsor Heights,	IA	F	74		1	Gold
Pickleball - Mixed Doubles Div.2	70-74	Dale	Thede	Urbandale	IA	M	71		1	Gold
Pickleball - Mixed Doubles Div.2	70-74	Rachele	Shaw	Fairfield	IA	F	71		2	Silver
Pickleball - Mixed Doubles Div.2	70-74	Terry	Kruse	Agency	IA	M	70		2	Silver
Pickleball - Mixed Doubles Div.2	70-74	Meg	Vigmostad	FAIRFIELD	IA	F	74		3	Bronze
Pickleball - Mixed Doubles Div.2	70-74	David	Coffinger	Fairfield	IA	M	72		3	Bronze
Pickleball - Mixed Doubles Div.2	70-74	Gail	Henderson	Atlantic	IA	F	74		4	
Pickleball - Mixed Doubles Div.2	70-74	Bruce	Henderson	Atlantic	IA	M	74		4	
Pickleball - Mixed Doubles Div.2	70-74	Pam	Smalley	Marquette	IA	F	70		5	
Pickleball - Mixed Doubles Div.2	70-74	Don	Smalley	Marquette	IA	M	70		5	
Pickleball - Mixed Doubles Div.2	70-74	Jeanne	Rost	Manson	IA	F	74		6	
Pickleball - Mixed Doubles Div.2	70-74	Del	Rost	Manson	IA	M	74		6	
Pickleball - Mixed Doubles Div.2	70-74	Jan	Fife	Carlisle	IA	F	78		7	
Pickleball - Mixed Doubles Div.2	70-74	Harold	Lande	Huxley	IA	M	74		7	
Pickleball - Mixed Doubles Div.3	70-74	Jeanie	Golliher	West Des Moines	IA	F	71		1	Gold
Pickleball - Mixed Doubles Div.3	70-74	Chuck	Golliher	West Des Moines	IA	M	71		1	Gold
Pickleball - Mixed Doubles Div.3	70-74	Jean	Ryan	Atlantic	IA	F	74		2	Silver
Pickleball - Mixed Doubles Div.3	70-74	Larry	Lehrkamp	Willis	TX	M	77		2	Silver
Pickleball - Mixed Doubles Div.3	70-74	Dian	Schmiedeskamp	Urbandale	IA	F	72		2	Silver
Pickleball - Mixed Doubles Div.3	70-74	Roger	Schmiedeskamp	Urbandale	IA	M	73		2	Silver
Pickleball - Mixed Doubles Div.2	75-79	Judith	Petersen	Bettendorf	IA	F	76		1	Gold
Pickleball - Mixed Doubles Div.2	75-79	Theodore (Ted)	Anderson	Ankeny	IA	M	77		1	Gold
Pickleball - Mixed Doubles Div.2	75-79	Debbie	Thornton	Des Moines	IA	F	76		2	Silver
Pickleball - Mixed Doubles Div.2	75-79	Brian	Donahue	Urbandale	IA	M	75		2	Silver
Pickleball - Mixed Doubles Div.2	75-79	Barbara	Shinbori	Davenport	IA	F	78		3	Bronze
Pickleball - Mixed Doubles Div.2	75-79	David	Langrock	Davenport	IA	M	81		3	Bronze
Pickleball - Mixed Doubles Div.2	75-79	Sharon	Sallee	Indianola	IA	F	75		4	
Pickleball - Mixed Doubles Div.3	75-79	Jim	Cline	Des Moines	IA	M	82		4	

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Mixed Doubles Div.3	75-79	elizabeth	peters	MANKATO	MN	F	75		1	Gold
Pickleball - Mixed Doubles Div.3	75-79	Earle	Peters	Mankato	MN	M	80		1	Gold
Pickleball - Mixed Doubles Div.3	75-79	Kathy	Letz	West Des Moines	IA	F	76		1	Gold
Pickleball - Mixed Doubles Div.3	75-79	Ronald	Smith	West Des Moines	IA	M	78		1	Gold
Pickleball - Mixed Doubles Div.2	80-84	Donna	Crookham	Oskaloosa	IA	F	80		1	Gold
Pickleball - Mixed Doubles Div.2	80-84	Robert	Smyth	west des moines	IA	M	80		1	Gold
Pickleball - Mixed Doubles Div.2	80-84	Charlotte	Noble	Johnston	IA	F	84		2	Silver
Pickleball - Mixed Doubles Div.2	80-84	Don	Newton	West Des Moines	IA	M	83		2	Silver
Pickleball - Mixed Doubles Div.3	80-84	Theresa	Schmitz	Delhi	IA	F	83		1	Gold
Pickleball - Mixed Doubles Div.3	80-84	Kenneth	Beaird	Keokuk	IA	M	84		1	Gold
Div.										
Pickleball - Singles Div.1	50-54 Male	Rob	Paulsen	Clive	IA	M	52		1	Gold
Pickleball - Singles Div.2	50-54 Male	Michael	Derrick	Waukee	IA	M	53		1	Gold
Pickleball - Singles Div.2	50-54 Male	Michael	Anderson	Urbandale	IA	M	51		2	Silver
Pickleball - Singles Div.2	50-54 Male	Tony	Saylor	marion	IA	M	54		3	Bronze
Pickleball - Singles Div.2	55-59 Male	John	Peters	Cedar Rapids	IA	M	57		1	Gold
Pickleball - Singles Div.2	55-59 Male	Mike	Young	Champlin	MN	M	56		2	Silver
Pickleball - Singles Div.3	55-59 Male	Steve	Boom	Altoona	IA	M	59		1	Gold
Pickleball - Singles Div.3	55-59 Male	Mark	Walter	Des Moines	IA	M	59		2	Silver
Pickleball - Singles Div.1	55-59 Female	Jennifer	Clemen	Urbandale	IA	F	56		1	Gold
Pickleball - Singles Div.3	55-59 Female	Beth	Engels	West Des Moines	IA	F	56		1	Gold
Pickleball - Singles Div.1	60-64 Male	Mike	Williams	Marshalltown	IA	M	64		1	Gold
Pickleball - Singles Div.2	60-64 Female	Laurie	Slater	cedar rapids	IA	F	60		1	Gold
Pickleball - Singles Div.2	60-64 Female	Jody	Walter	Des Moines	IA	F	60		2	Silver
Pickleball - Singles Div.2	60-64 Female	Jane	Burt	Ogden	IA	F	64		3	Bronze
Pickleball - Singles Div.2	65-69 Male	Stephen	Sheehan	Forest City	IA	M	66		1	Gold
Pickleball - Singles Div.2	65-69 Male	Tom	Rooney	Maxwell	IA	M	66		2	Silver
Pickleball - Singles Div.2	65-69 Male	Gregg	Bede	Lincoln	NE	M	66		3	Bronze
Pickleball - Singles Div.2	65-69 Female	Julie	Luttenegger	Burlington	IA	F	65		1	Gold
Pickleball - Singles Div.2	65-69 Female	Colette	Scott	Lake View	IA	F	68		2	Silver
Pickleball - Singles Div.2	65-69 Female	Karen	Schulz	Carroll	IA	F	66		3	Bronze
Pickleball - Singles Div.3	65-69 Male	Patrick	Casey	Marion	IA	M	67		1	Gold
Pickleball - Singles Div.2	70-74 Male	Craig	Rhodes	Marshalltown	IA	M	71		1	Gold
Pickleball - Singles Div.2	70-74 Male	Michael	Berkey	LeGrand	IA	M	70		2	Silver
Pickleball - Singles Div.2	70-74 Male	Mike	Wulbecker	Council Bluffs	IA	M	71		3	Bronze
Pickleball - Singles Div.2	70-74 Male	Kent	Cocking	State Center	IA	M	72		4	
Pickleball - Singles Div.2	70-74 Male	Terry	Brueggeman	Marshalltown	IA	M	72		5	
Pickleball - Singles Div.3	70-74 Male	Merle	Brendeland	Huxley	IA	M	70		1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Singles Div.3	70-74 Female	Annette	Banh	Ankeny	IA	F	71		1	Gold
Pickleball - Singles Div.2	75-79 Male	Theodore (Ted)	Anderson	Ankeny	IA	M	77		1	Gold
Pickleball - Singles Div.2	75-79 Male	James	Lemberger	Wever	IA	M	76		2	Silver
Pickleball - Singles Div.3	75-79 Male	Larry	Lehrkamp	Willis	TX	M	77		1	Gold
Pickleball - Singles Div.3	75-79 Male	Denny	Bane	Urbandale	IA	M	78		1	Gold
Pickleball - Singles Div.3	75-79 Male	Mike	Copple	Norwalk	IA	M	75		2	Silver
Pickleball - Singles Div.2	80-84 Male	Jim	Cline	Des Moines	IA	M	82		1	Gold
Pickleball - Singles Div.3	80-84 Male	Earle	Peters	Mankato	MN	M	80		1	Gold
Pickleball - Singles Div.3	85-89 Male	Michael	Middlemiss	Davenport	IA	M	86		1	Gold
RACQUETBALL										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Racquetball - Women's Doubles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	62		1	Gold
Racquetball - Women's Doubles	60-64 Female	Susan	Acoymo	Ankeny	IA	F	64		1	Gold
-										
Racquetball - Women's Doubles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	74		1	Gold
Racquetball - Women's Doubles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		1	Gold
Racquetball - Men's Doubles	60-64 Male	David	Chizek	Toledo	IA	M	61		1	Gold
Racquetball - Men's Doubles	60-64 Male	Jim	Johnson	Marshalltown	IA	M	72		1	Gold
-										
Racquetball - Men's Doubles	65-69 Male	Ric	Anderson	Marshalltown	IA	M	65		1	Gold
Racquetball - Men's Doubles	65-69 Male	Ross	Cameron	West Des Moines	IA	M	66		1	Gold
-										
Racquetball - Men's Doubles	75-79 Male	Joel	Markert	Ankeny	IA	M	76		1	Gold
Racquetball - Men's Doubles	75-79 Male	Mike	Waters	atlantic	IA	M	74		1	Gold
Racquetball - Men's Doubles	75-79 Male	Larry	Lehrkamp	Willis	TX	M	76		2	Silver
Racquetball - Men's Doubles	75-79 Male	Earle	Peters	Mankato	MN	M	79		2	Silver
Racquetball - Mixed Doubles	55-59 Male	Susan	Acoymo	Ankeny	IA	F	64		1	Gold
Racquetball - Mixed Doubles	55-59 Male	Carl	Occhipinti	Ankeny	IA	M	58		1	Gold
-										
Racquetball - Mixed Doubles	60-64 Female	Ross	Cameron	West Des Moines	IA	M	66		1	Gold
Racquetball - Mixed Doubles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	62		1	Gold
Racquetball - Singles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	62		1	Gold
-										
Racquetball - Singles	65-69 Female	Susan	Acoymo	Ankeny	IA	F	64		1	Gold
Racquetball - Singles	55-59 Male	Carl	Occhipinti	Ankeny	IA	M	58		1	Gold
-										
Racquetball - Singles	60-64 Male	Jon	Groskren	Orange City	IA	M	60		1	Gold
Racquetball - Singles	60-64 Male	David	Chizek	Toledo	IA	M	61		2	Silver
-										
Racquetball - Singles	65-69 Male	Ric	Anderson	Marshalltown	IA	M	65		2	Silver
Racquetball - Singles	65-69 Male	Ross	Cameron	West Des Moines	IA	M	66		1	Gold
-										
Racquetball - Singles	70-74 Male	Jim	Johnson	Marshalltown	IA	M	72		1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Racquetball - Singles	75-79 Male	Joel	Markert	Ankeny	IA	M	76		1	Gold
Racquetball - Singles	75-79 Male	Mike	Waters	atlantic	IA	M	74		2	Silver
Racquetball - Singles	75-79 Male	Larry	Lehrkamp	Willis	TX	M	76		3	Bronze
-										
Racquetball - Singles	80-84 Male	Earle	Peters	Mankato	MN	M	79		1	Gold
-										
Racquetball - Singles	85-89 Male	carroll	marty	Ames	IA	M	87		1	Gold
ROAD RACE										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Road Race	50-54 Female	Tami	Draper	Des Moines	IA	Female	51	33:41:00	1	Gold
Road Race	55-59 Female	Ann	Seuferer	West Des Moines	IA	Female	59	29:10:00	1	Gold
Road Race	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	Female	55	31:14:00	2	Silver
Road Race	55-59 Male	Thomas	Shide	Urbandale	IA	Male	59	28:27:00	1	Gold
Road Race	60-64 Female	Susan	Fray	Clive	IA	Female	61	26:44:00	1	Gold
Road Race	60-64 Female	kathleen	mullin	ames	IA	Female	61	27:52:00	2	Silver
Road Race	60-64 Male	Rick	Scharff	West Des Moines	IA	Male	60	21:53	1	Gold
Road Race	60-64 Male	Mark	Seaton	Waukee	IA	Male	59	22:51	2	Silver
Road Race	60-64 Male	Kevin	Houston	Boone	IA	Male	63	29:16:00	3	Bronze
Road Race	60-64 Male	Peter W	Zeschke	Cedar Falls	IA	Male	60	32:19:00	4	
Road Race	65-69 Male	Brad	Ewest	Ankeny	IA	Male	68	29:49:00	1	Gold
Road Race	65-69 Male	alan	fukushima	Ames	IA	Male	66	35:14:00	2	Silver
Road Race	65-69 Male	Johnny	Ytzen	Creston	IA	Male	68	40:47:00	3	Bronze
Road Race	70-74 Male	Perry	Linn	Corning	IA	Male	71	23:24	1	Gold
Road Race	70-74 Male	mark	hayes	CRESTON	IA	Male	72	26:10:00	2	Silver
Road Race	70-74 Male	Roy	Ney	Des Moines	IA	Male	73	30:04:00	3	Bronze
Road Race	70-74 Male	Chuck	Ward	Urbandale	IA	Male	70	34:11:00	4	
Road Race	80-84 Male	David	Hoffman	Ames	IA	Male	83	44:11:00	1st	Gold
SHUFFLEBOARD										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Shuffleboard - Doubles	65-69 Female	Beth	Cook	Mesa	AZ	F	68		1	Gold
Shuffleboard - Doubles	65-69 Female	Jim	Cook	Mesa	AZ	M	69		1	Gold
Shuffleboard - Doubles	75-79 Female	Diana	Schultz	Topeka	KS	F	76		1	Gold
Shuffleboard - Doubles	75-79 Female	Kathleen	Ramonda	Topeka	KS	F	88		1	Gold
Shuffleboard - Doubles	65-69 Male	Randy	Davis	Altoona	IA	M	65		1	Gold
Shuffleboard - Doubles	65-69 Male	Dennis	Hinckley	Sioux Falls	SD	M	70		1	Gold
Shuffleboard - Doubles	80-84 Male	Bob	Dieleman	Pella	IA	M	84		1	Gold
Shuffleboard - Doubles	80-84 Male	Michael	Middlemiss	Davenport	IA	M	85		1	Gold
Shuffleboard - Doubles	85-89 Male	Kenneth	Clark	Urbandale	IA	M	85		1	Gold
Shuffleboard - Doubles	85-89 Male	Don	Zimmer	West Des Moines	IA	M	87		1	Gold
Shuffleboard - Singles	65-69 Male	Randy	Davis	Altoona	IA	M	65		2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Shuffleboard - Singles	65-69 Male	Brad	Ewest	Ankeny	IA	M	68		3	Bronze
Shuffleboard - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA	M	66		1	Gold
Shuffleboard - Singles	70-74 Male	Jim	Cook	Mesa	AZ	M	69		1	Gold
Shuffleboard - Singles	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70		2	Silver
Shuffleboard - Singles	75-79 Male	Steve	Wilson	West Des Moines	IA	M	78		1	Gold
Shuffleboard - Singles	80-84 Male	Bob	Dieleman	Pella	IA	M	84		1	Gold
Shuffleboard - Singles	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80		2	Silver
Shuffleboard - Singles	85-89 Male	Kenneth	Clark	Urbandale	IA	M	85		3	Bronze
Shuffleboard - Singles	85-89 Male	Michael	Middlemiss	Davenport	IA	M	85		1	Gold
Shuffleboard - Singles	85-89 Male	Don	Zimmer	West Des Moines	IA	M	87		2	Silver
Shuffleboard - Singles	65-69 Female	Beth	Cook	Mesa	AZ	F	68		1	Gold
Shuffleboard - Singles	65-69 Female	Cheryl	Sander	ANKENY	IA	F	68		1	Gold
Shuffleboard - Singles	70-74 Female	Carole	Rowland	Pleasantville	IA	F	70		1	Gold
Shuffleboard - Singles	75-79 Female	Diana	Schultz	Topeka	KS	F	76		1	Gold
Shuffleboard - Singles	85-89 Female	Wylene	Gardner	Des Moines	IA	F	84		2	Silver
Shuffleboard - Singles	85-89 Female	Kathleen	Ramonda	Topeka	KS	F	88		1	Gold
SWIMMING										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 100 Backstroke	50-54 Female	Sarah	Seamands	Wright	WY	F	54	1:19.48	1	Gold
Swimming - 100 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	1:18.13	1	Gold
Swimming - 100 Backstroke	55-59 Female	Heather	Huettner	Overland Park	KS	F	56	1:20.18	2	Silver
Swimming - 100 Backstroke	55-59 Female	Angie	Dubbs	Des Moines	IA	F	55	1:23.13	1	Gold
Swimming - 100 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	1:35.48	1	Gold
Swimming - 100 Backstroke	65-69 Female	Barb	Ewest	Ankeny	IA	F	68	3:01.16	1	Gold
Swimming - 100 Backstroke	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	1:42.88	1	Gold
Swimming - 100 Backstroke	70-74 Female	Jan	Sedivy	Valley	NE	F	72	2:27.61	2	Silver
Swimming - 100 Backstroke	70-74 Female	Royce	Hall	West Des Moines	IA	F	74	2:40.78	1	Gold
Swimming - 100 Backstroke	75-79 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	1:47.18	1	Gold
Swimming - 100 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	87	2:09.25	1	Gold
Swimming - 100 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	1:09.06	1	Gold
Swimming - 100 Backstroke	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	1:21.98	1	Gold
Swimming - 100 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	68	1:36.19	2	Silver
Swimming - 100 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	3:42.22	3	Bronze
Swimming - 100 Backstroke	70-74 Male	Glenn	Prochaska	Cedar Rapids	IA	M	69	1:34.70	1	Gold
Swimming - 100 Backstroke	75-79 Male	Don	Utsinger	Urbandale	IA	M	75	2:03.06	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 100 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:39.74	2	Silver
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	3:18.68	3	Bronze
Swimming - 100 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	4:03.22	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Heather	Huettner	Overland Park	KS	F	56	1:30.22	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	1:36.12	2	Silver
Swimming - 100 Breaststroke	60-64 Female	Amy	Groskopf	Davenport	IA	F	64	1:40.72	1	Gold
Swimming - 100 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	1:37.14	1	Gold
Swimming - 100 Breaststroke	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	1:36.39	1	Gold
Swimming - 100 Breaststroke	70-74 Female	Royce	Hall	West Des Moines	IA	F	74	2:41.18	1	Gold
Swimming - 100 Breaststroke	60-64 Male	Steven	Jones	Ankeny	IA	M	63	1:38.96	1	Gold
Swimming - 100 Breaststroke	65-69 Male	KC	Cornish	Grinnell	IA	M	65	1:21.13	1	Gold
Swimming - 100 Breaststroke	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:28.85	1	Gold
Swimming - 100 Breaststroke	80-84 Male	David	Leslie	West Des Moines	IA	M	79	2:12.99	1	Gold
Swimming - 100 Butterfly	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	1:20.27	1	Gold
Swimming - 100 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	1:26.09	1	Gold
Swimming - 100 Butterfly	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:19.73	1	Gold
Swimming - 100 Freestyle	50-54 Female	Sarah	Seamands	Wright	WY	F	54	1:07.21	1	Gold
Swimming - 100 Freestyle	55-59 Female	Angie	Dubbs	Des Moines	IA	F	55	1:13.95	1	Gold
Swimming - 100 Freestyle	60-64 Female	Amy	Groskopf	Davenport	IA	F	64	1:19.70	1	Gold
Swimming - 100 Freestyle	60-64 Female	Becky	Montgomery	Ankeny	IA	F	61	1:23.80	2	Silver
Swimming - 100 Freestyle	65-69 Female	Debbie	Fisk	The Villages	FL	F	64	1:13.17	1	Gold
Swimming - 100 Freestyle	70-74 Female	Elizabeth	Smith	Johnston	IA	F	70	1:24.57	1	Gold
Swimming - 100 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	88	2:30.00	1	Gold
Swimming - 100 Freestyle	60-64 Male	Brian	McSpadden	Cedar Rapids	IA	M	59	1:03.69	1	Gold
Swimming - 100 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	1:05.07	2	Silver
Swimming - 100 Freestyle	65-69 Male	Norman	Bower	Davenport	IA	M	68	1:33.56	1	Gold
Swimming - 100 Freestyle	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	1:11.57	1	Gold
Swimming - 100 Freestyle	70-74 Male	Clark	Jensen	Grinnell	IA	M	70	1:23.04	2	Silver
Swimming - 100 Freestyle	75-79 Male	Don	Utsinger	Urbandale	IA	M	75	1:47.97	1	Gold
Swimming - 100 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	2:53.80	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 100 I.M.	50-54 Female	Sarah	Seamands	Wright	WY	F	54	DQ		
Swimming - 100 I.M.	55-59 Female	Heather	Huettner	Overland Park	KS	F	56	1:18.24	1	Gold
Swimming - 100 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	1:32.68	1	Gold
Swimming - 100 I.M.	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	1:29.06	1	Gold
Swimming - 100 I.M.	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	1:15.10	1	Gold
Swimming - 100 I.M.	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	1:15.78	1	Gold
Swimming - 100 I.M.	65-69 Male	Norman	Bower	Davenport	IA	M	68	1:47.15	2	Silver
Swimming - 100 I.M.	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	1:30.01	1	Gold
Swimming - 100 I.M.	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:22.68	1	Gold
Swimming - 100 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:03.62	2	Silver
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	2:43.29	1	Gold
Swimming - 200 Backstroke	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	3:14.95	1	Gold
Swimming - 200 Backstroke	70-74 Female	Elizabeth	Smith	Johnston	IA	F	70	3:34.14	1	Gold
Swimming - 200 Backstroke	75-79 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	3:37.86	1	Gold
Swimming - 200 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	87	4:44.95	1	Gold
Swimming - 200 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	2:39.66	1	Gold
Swimming - 200 Backstroke	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	2:48.89	1	Gold
Swimming - 200 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	68	3:44.42	2	Silver
Swimming - 200 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	DQ		
Swimming - 200 Backstroke	70-74 Male	Glenn	Prochaska	Cedar Rapids	IA	M	69	3:29.36	1	Gold
Swimming - 200 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	8:45.56	1	Gold
Swimming - 200 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	3:34.40	1	Gold
Swimming - 200 Breaststroke	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	3:33.83	1	Gold
Swimming - 200 Breaststroke	70-74 Female	Elizabeth	Smith	Johnston	IA	F	70	4:03.87	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Wayne	Huebener	Iowa City	IA	M	59	2:54.57	1	Gold
Swimming - 200 Breaststroke	65-69 Male	KC	Cornish	Grinnell	IA	M	65	2:59.65	1	Gold
Swimming - 200 Breaststroke	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	3:13.27	1	Gold
Swimming - 200 Breaststroke	80-84 Male	David	Leslie	West Des Moines	IA	M	79	4:48.28	1	Gold
Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	3:10.12	1	Gold
Swimming - 200 Butterfly	65-69 Female	Dianna	Carda	Omaha	NE	F	66	7:37.56	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 200 Butterfly	75-79 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	3:55.10	1	Gold
Swimming - 200 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	3:27.10	1	Gold
Swimming - 200 Freestyle	50-54 Female	Sarah	Seamands	Wright	WY	F	54	2:25.03	1	Gold
Swimming - 200 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	2:30.53	1	Gold
Swimming - 200 Freestyle	65-69 Female	Sue	Wetsch	Van Meter	IA	F	67	3:19.75	1	Gold
Swimming - 200 Freestyle	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	3:08.87	1	Gold
Swimming - 200 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	88	5:29.08	1	Gold
Swimming - 200 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	M	62	2:12.89	1	Gold
Swimming - 200 Freestyle	70-74 Male	Clark	Jensen	Grinnell	IA	M	70	3:12.69	1	Gold
Swimming - 200 Freestyle	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	2:36.62	1	Gold
Swimming - 200 Freestyle	80-84 Male	David	Leslie	West Des Moines	IA	M	79	3:51.94	1	Gold
Swimming - 200 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	6:41.31	2	Silver
Swimming - 200 I.M.	50-54 Female	Sarah	Seamands	Wright	WY	F	54	2:51.62	1	Gold
Swimming - 200 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	3:20.66	1	Gold
Swimming - 200 I.M.	65-69 Female	Dianna	Carda	Omaha	NE	F	66	5:58.62	2	Silver
Swimming - 200 I.M.	70-74 Female	Elizabeth	Smith	Johnston	IA	F	70	3:42.76	1	Gold
Swimming - 200 I.M.	60-64 Male	Wayne	Huebener	Iowa City	IA	M	59	2:39.11	1	Gold
Swimming - 200 I.M.	65-69 Male	Norman	Bower	Davenport	IA	M	68	3:52.86	1	Gold
Swimming - 200 I.M.	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	3:00.76	1	Gold
Swimming - 200 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	4:45.51	1	Gold
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	5:58.33	1	Gold
Swimming - 400 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	7:22.66	1	Gold
Swimming - 400 I.M.	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	6:50.97	1	Gold
Swimming - 400 I.M.	75-79 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	8:04.37	1	Gold
Swimming - 400 I.M.	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	6:03.73	1	Gold
Swimming - 400 I.M.	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	6:24.91	1	Gold
Swimming - 50 Backstroke	60-64 Female	Becky	Montgomery	Ankeny	IA	F	61	42.91	1	Gold
Swimming - 50 Backstroke	65-69 Female	Debbie	Fisk	The Villages	FL	F	64	41.88	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 50 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	43.97	2	Silver
Swimming - 50 Backstroke	65-69 Female	Dianna	Carda	Omaha	NE	F	66	1:14.45	3	Bronze
Swimming - 50 Backstroke	65-69 Female	Barb	Ewest	Ankeny	IA	F	68	1:22.26	1	Gold
Swimming - 50 Backstroke	70-74 Female	Jan	Sedivy	Valley	NE	F	72	1:11.00	1	Gold
Swimming - 50 Backstroke	70-74 Female	Royce	Hall	West Des Moines	IA	F	74	1:13.96	1	Gold
Swimming - 50 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	87	1:01.72	1	Gold
Swimming - 50 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	32.47	1	Gold
Swimming - 50 Backstroke	60-64 Male	Dave	Wells	Omaha	NE	M	62	35.52	2	Silver
Swimming - 50 Backstroke	60-64 Male	Brian	McSpadden	Cedar Rapids	IA	M	59	36.74	2	Silver
Swimming - 50 Backstroke	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	37.29	1	Gold
Swimming - 50 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	68	41.13	2	Silver
Swimming - 50 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	1:40.68	3	Bronze
Swimming - 50 Backstroke	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	40.52	1	Gold
Swimming - 50 Backstroke	70-74 Male	Glenn	Prochaska	Cedar Rapids	IA	M	69	43.37	2	Silver
Swimming - 50 Backstroke	70-74 Male	Clark	Jensen	Grinnell	IA	M	70	43.46	3	Bronze
Swimming - 50 Backstroke	75-79 Male	Don	Utsinger	Urbandale	IA	M	75	53.16	1	Gold
Swimming - 50 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:01.27	2	Silver
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	1:31.94	3	Bronze
Swimming - 50 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:30.84	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Amy	Groskopf	Davenport	IA	F	64	45.45	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Debbie	Fisk	The Villages	FL	F	64	45.30	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	68	45.51	2	Silver
Swimming - 50 Breaststroke	65-69 Female	Barb	Ewest	Ankeny	IA	F	68	1:22.79	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Dianna	Carda	Omaha	NE	F	66	1:30.07	3	Bronze
Swimming - 50 Breaststroke	70-74 Female	Elizabeth	Smith	Johnston	IA	F	70	51.44	1	Gold
Swimming - 50 Breaststroke	70-74 Female	Jan	Sedivy	Valley	NE	F	72	1:07.21	2	Silver
Swimming - 50 Breaststroke	70-74 Female	Royce	Hall	West Des Moines	IA	F	74	1:12.31	2	Silver
Swimming - 50 Breaststroke	50-54 Male	Scott	Mills	Des Moines	IA	M	51	59.02	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Dave	Wells	Omaha	NE	M	62	35.50	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Brian	McSpadden	Cedar Rapids	IA	M	59	38.37	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Steven	Jones	Ankeny	IA	M	63	45.31	2	Silver
Swimming - 50 Breaststroke	65-69 Male	KC	Cornish	Grinnell	IA	M	65	35.97	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	40.54	2	Silver
Swimming - 50 Breaststroke	70-74 Male	Glenn	Prochaska	Cedar Rapids	IA	M	69	50.50	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	39.54	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:12.86	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	DQ		

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 50 Breaststroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:46.69	1	Gold
Swimming - 50 Butterfly	50-54 Female	Sarah	Seamands	Wright	WY	F	54	35.63	1	Gold
Swimming - 50 Butterfly	55-59 Female	Heather	Huettner	Overland Park	KS	F	56	34.83	1	Gold
Swimming - 50 Butterfly	65-69 Female	Debbie	Fisk	The Villages	FL	F	64	37.42	1	Gold
Swimming - 50 Butterfly	60-64 Male	Wayne	Huebener	Iowa City	IA	M	59	32.73	1	Gold
Swimming - 50 Butterfly	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	33.46	1	Gold
Swimming - 50 Butterfly	65-69 Male	Norman	Bower	Davenport	IA	M	68	42.64	1	Gold
Swimming - 50 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	35.45	1	Gold
Swimming - 50 Butterfly	70-74 Male	Clark	Jensen	Grinnell	IA	M	70	41.53	2	Silver
Swimming - 50 Butterfly	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	54.66	1	Gold
Swimming - 50 Freestyle	50-54 Female	Sarah	Seamands	Wright	WY	F	54	30.94	1	Gold
Swimming - 50 Freestyle	55-59 Female	Angie	Dubbs	Des Moines	IA	F	55	32.96	1	Gold
Swimming - 50 Freestyle	60-64 Female	Amy	Groskopf	Davenport	IA	F	64	35.56	1	Gold
Swimming - 50 Freestyle	60-64 Female	Becky	Montgomery	Ankeny	IA	F	61	35.57	2	Silver
Swimming - 50 Freestyle	65-69 Female	Debbie	Fisk	The Villages	FL	F	64	32.28	1	Gold
Swimming - 50 Freestyle	65-69 Female	Barb	Ewest	Ankeny	IA	F	68	1:11.61	1	Gold
Swimming - 50 Freestyle	65-69 Female	Dianna	Carda	Omaha	NE	F	66	1:13.09	2	Silver
Swimming - 50 Freestyle	70-74 Female	Jan	Sedivy	Valley	NE	F	72	1:3.51	1	Gold
Swimming - 50 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	88	1:11.25	1	Gold
Swimming - 50 Freestyle	50-54 Male	Scott	Mills	Des Moines	IA	M	51	53.28	1	Gold
Swimming - 50 Freestyle	60-64 Male	Brian	McSpadden	Cedar Rapids	IA	M	59	29.33	1	Gold
Swimming - 50 Freestyle	60-64 Male	Wayne	Huebener	Iowa City	IA	M	59	31.30	2	Silver
Swimming - 50 Freestyle	65-69 Male	Norman	Bower	Davenport	IA	M	68	37.37	1	Gold
Swimming - 50 Freestyle	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	72	31.63	1	Gold
Swimming - 50 Freestyle	70-74 Male	Clark	Jensen	Grinnell	IA	M	70	33.11	2	Silver
Swimming - 50 Freestyle	70-74 Male	Kenneth	Carlson	Rock Island	IL	M	73	59.56	3	Bronze
Swimming - 50 Freestyle	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	43.94	1	Gold
Swimming - 50 Freestyle	75-79 Male	Don	Utsinger	Urbandale	IA	M	75	44.42	2	Silver
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	1:10.54	3	Bronze
Swimming - 50 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:18.65	1	Gold
Swimming - 500 Freestyle	50-54 Female	Sarah	Seamands	Wright	WY	F	54	6:19.17	1	Gold
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	6:28.83	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 500 Freestyle	55-59 Female	Heather	Huettner	Overland Park	KS	F	56	6:30.92	2	Bronze
Swimming - 500 Freestyle	60-64 Female	Amy	Groskopf	Davenport	IA	F	64	8:2.04	1	Gold
Swimming - 500 Freestyle	65-69 Female	Sue	Wetsch	Van Meter	IA	F	67	8:32.72	1	Gold
Swimming - 500 Freestyle	70-74 Female	Sharon	Lee-Sheridan	St. Paul	MN	F	70	7:39.45	1	Gold
Swimming - 500 Freestyle	75-79 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	8:36.16	1	Gold
Swimming - 500 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	88	13:53.21	1	Gold
Swimming - 500 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	63	6:42.69	1	Gold
Swimming - 500 Freestyle	65-69 Male	Tom	Kealy	Council Bluffs	IA	M	65	6:20.17	1	Gold
Swimming - 500 Freestyle	75-79 Male	Stan	LeMaster	Council Bluffs	IA	M	74	7:00.38	1	Gold
Swimming - 500 Freestyle	80-84 Male	David	Leslie	West Des Moines	IA	M	79	10:12.12	1	Gold
Swimming - 500 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	17:54.45	2	Silver
TABLE TENNIS										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Table Tennis - Women's Doubles	55-59 Female	DIANE	BORCHARDT	Mason City	IA	F	55		1	Gold
Table Tennis - Women's Doubles	55-59 Female	Lisa	Lemons	Ames	IA	F	62		1	Gold
Table Tennis - Women's Doubles	60-64 Female	Carol	Werner	WEST DES MOINES	IA	F	63		1	Gold
Table Tennis - Women's Doubles	60-64 Female	Leah	Duerksen	Iowa City	IA	F	84		1	Gold
Table Tennis - Women's Doubles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	66		1	Gold
Table Tennis - Women's Doubles	65-69 Female	Sally	Bohmer	Estherville	IA	F	76		1	Gold
Table Tennis - Women's Doubles	65-69 Female	Sylvana	Airan	Lincoln	NE	F	68		2	Silver
Table Tennis - Women's Doubles	65-69 Female	Diana	Drummer	Altoona	IA	F	64		2	Silver
Table Tennis - Women's Doubles	70-74 Female	Bev	Brewer	Dubuque	IA	F	70		3	Gold
Table Tennis - Women's Doubles	70-74 Female	Ellie	Landau	Shullsburg	WI	F	81		3	Gold
Table Tennis - Men's Doubles	55-59 Male	Kyle	Whitmore	Story City	IA	M	59		1	Gold
Table Tennis - Men's Doubles	55-59 Male	John	Johnson	Story City	IA	M	67		1	Gold
Table Tennis - Men's Doubles	60-64 Male	Kevin	Nabity	West Des Moines	IA	M	59		1	Gold
Table Tennis - Men's Doubles	60-64 Male	Kevin	Ripp	Des Moines	IA	M	65		1	Gold
Table Tennis - Men's Doubles	60-64 Male	Dale	Wagner	Petty Bona	ND	M	71		2	Silver
Table Tennis - Men's Doubles	60-64 Male	Keith	Taylor	Des Moines	IA	M	63		2	Silver
Table Tennis - Men's Doubles	65-69 Male	Matthew	Cushing	Lincoln	NE	M	67		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Joe	Brazil	Bellevue	NE	M	72		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Hank	Ostwald	Spencer	IA	M	68		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Kenneth	Mitchell	DES MOINES	IA	M	66		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Randy	Davis	Altoona	IA	M	65		2	Silver
Table Tennis - Men's Doubles	65-69 Male	Bob	Riley	Shawnee	KS	M	84		2	Silver
Table Tennis - Men's Doubles	70-74 Male	David	Knibbe	Omaha	NE	M	70		1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Table Tennis - Men's Doubles	70-74 Male	Rick	Kolb	lincoln	NE	M	76		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Eric	Coustry	Indianola	IA	M	74		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Larry	Lehrkamp	Willis	TX	M	76		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Gordon	McCollum	West Des Moines	IA	M	73		2	Silver
Table Tennis - Men's Doubles	70-74 Male	Jim	Whitt	WEST DES MOINES	IA	M	74		2	Silver
Table Tennis - Men's Doubles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	74		1	Gold
Table Tennis - Men's Doubles	80-84 Male	Tom	Stadtlander	Belmond	IA	M	84		1	Gold
Table Tennis - Men's Doubles	75-79 Male	Chuck	Semler	Story City	IA	M	78		3	Bronze
Table Tennis - Men's Doubles	80-84 Male	Gene	Schaeffer	Story City	IA	M	82		3	Bronze
Table Tennis - Men's Doubles	80-84 Male	Dallas	Kray	Story City	IA	M	83		1	Gold
Table Tennis - Men's Doubles	80-84 Male	Lee	Hansen	Story City	IA	M	83		1	Gold
Table Tennis - Mixed Doubles	55-59 Female	Tami	Bourland	Omaha	NE	F	54		1	Gold
Table Tennis - Mixed Doubles	55-59 Male	Brad	Bourland	Omaha	NE	M	55		1	Gold
Table Tennis - Mixed Doubles	55-59 Male	Kevin	Nabity	West Des Moines	IA	M	59		1	Gold
Table Tennis - Mixed Doubles	55-59 Female	DIANE	BORCHARDT	Mason City	IA	F	55		1	Gold
Table Tennis - Mixed Doubles	60-64 Female	Carol	Werner	WEST DES MOINES	IA	F	63		1	Gold
Table Tennis - Mixed Doubles	60-64 Male	Kevin	Ripp	Des Moines	IA	M	65		1	Gold
Table Tennis - Mixed Doubles	60-64 Male	Keith	Taylor	Des Moines	IA	M	63		2	Silver
Table Tennis - Mixed Doubles	60-64 Female	Lisa	Lemons	Ames	IA	F	62		2	Silver
Table Tennis - Mixed Doubles	65-69 Female	Sylvana	Airan	Lincoln	NE	F	68		1	Gold
Table Tennis - Mixed Doubles	65-69 Male	Rick	Kolb	lincoln	NE	M	76		1	Gold
Table Tennis - Mixed Doubles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	66		1	Gold
Table Tennis - Mixed Doubles	65-69 Male	Hank	Ostwald	Spencer	IA	M	68		1	Gold
Table Tennis - Mixed Doubles	65-69 Female	Cheryl	Sander	ANKENY	IA	F	68		2	Silver
Table Tennis - Mixed Doubles	65-69 Male	Randy	Davis	Altoona	IA	M	65		2	Silver
Table Tennis - Mixed Doubles	65-69 Female	Diana	Drummer	Altoona	IA	F	64		3	Bronze
Table Tennis - Mixed Doubles	65-69 Male	David	Knibbe	Omaha	NE	M	70		3	Bronze
Table Tennis - Mixed Doubles	70-74 Female	Marcia	Kennedy	Panora	IA	F	71		1	Gold
Table Tennis - Mixed Doubles	70-74 Male	Tom	Stadtlander	Belmond	IA	M	84		1	Gold
Table Tennis - Mixed Doubles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	74		1	Gold
Table Tennis - Mixed Doubles	75-79 Female	Sally	Bohmer	Estherville	IA	F	76		1	Gold
Table Tennis - Mixed Doubles	80-84 Male	Jarol	Duerksen	Iowa City	IA	M	84		1	Gold
Table Tennis - Mixed Doubles	80-84 Female	Leah	Duerksen	Iowa City	IA	F	84		1	Gold
Table Tennis - Singles	50-54 Male	Noi	Sackpraseuth	Des Moines	IA	M	52		1	Gold
Table Tennis - Singles	55-59 Male	Kyle	Whitmore	Story City	IA	M	59		1	Gold
Table Tennis - Singles	60-64 Male	Kevin	Nabity	West Des Moines	IA	M	59		1	Gold
Table Tennis - Singles	60-64 Male	Keith	Taylor	Des Moines	IA	M	63		2	Silver
Table Tennis - Singles	65-69 Male	Matthew	Cushing	Lincoln	NE	M	67		1	Gold
Table Tennis - Singles	65-69 Male	Kevin	Ripp	Des Moines	IA	M	65		1	Gold
Table Tennis - Singles	65-69 Male	John	Johnson	Story City	IA	M	67		2	Silver
Table Tennis - Singles	65-69 Male	Jim	Olsen	Macomb	IL	M	65		3	Bronze

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Table Tennis - Singles	65-69 Male	Kenneth	Mitchell	DES MOINES	IA	M	66		3	Bronze
Table Tennis - Singles	65-69 Male	Hank	Ostwald	Spencer	IA	M	68		4	
Table Tennis - Singles	70-74 Male	David	Knibbe	Omaha	NE	M	70		1	Gold
Table Tennis - Singles	70-74 Male	Eric	Coustry	Indianola	IA	M	74		1	Gold
Table Tennis - Singles	70-74 Male	Joe	Brazil	Bellevue	NE	M	72		2	Silver
Table Tennis - Singles	70-74 Male	Gordon	McCollum	West Des Moines	IA	M	73		2	Silver
Table Tennis - Singles	70-74 Male	Dale	Wagner	Petty Bona	ND	M	71		3	Bronze
Table Tennis - Singles	70-74 Male	Jim	Whitt	WEST DES MOINES	IA	M	74		4	
Table Tennis - Singles	75-79 Male	Rick	Kolb	lincoln	NE	M	76		1	Gold
Table Tennis - Singles	75-79 Male	Dennis	Dahl	Pocahontas	IA	M	74		1	Gold
Table Tennis - Singles	75-79 Male	Greg	Eastman	Clive	IA	M	75		2	Silver
Table Tennis - Singles	75-79 Male	Chuck	Semler	Story City	IA	M	78		3	Bronze
Table Tennis - Singles	75-79 Male	Larry	Lehrkamp	Willis	TX	M	76		4	
Table Tennis - Singles	80-84 Male	Bob	Riley	Shawnee	KS	M	84		1	Gold
Table Tennis - Singles	80-84 Male	Tom	Stadtlander	Belmond	IA	M	84		1	Gold
Table Tennis - Singles	80-84 Male	Gene	Schaeffer	Story City	IA	M	82		2	Silver
Table Tennis - Singles	80-84 Male	Dallas	Kray	Story City	IA	M	83		3	Bronze
Table Tennis - Singles	80-84 Male	Lee	Hansen	Story City	IA	M	83		4	
Table Tennis - Singles	85-89 Male	Jarol	Duerksen	Iowa City	IA	M	84		1	Gold
Table Tennis - Singles	85-89 Male	David	Goin	Jefferson	IA	M	86		2	Silver
Table Tennis - Singles	55-59 Female	DIANE	BORCHARDT	Mason City	IA	F	55		1	Gold
Table Tennis - Singles	60-64 Female	Lisa	Lemons	Ames	IA	F	62		1	Gold
Table Tennis - Singles	60-64 Female	Carol	Werner	WEST DES MOINES	IA	F	63		2	Silver
Table Tennis - Singles	65-69 Female	Sylvana	Airan	Lincoln	NE	F	68		1	Gold
Table Tennis - Singles	65-69 Female	Diana	Drummer	Altoona	IA	F	64		1	Gold
Table Tennis - Singles	65-69 Female	Marcia	Klingbell	Estherville	IA	F	66		2	Silver
Table Tennis - Singles	75-79 Female	Sally	Bohmer	Estherville	IA	F	76		1	Gold
Table Tennis - Singles	80-84 Female	Leah	Duerksen	Iowa City	IA	F	84		1	Gold
TENNIS										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Tennis - Men's Doubles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	M	62		1	Gold
Tennis - Men's Doubles	60-64 Male	john	wenzel	COUNCIL BLUFFS	IA	M	70		1	Gold
Tennis - Men's Doubles	65-69 Male	Scott	Hornstein	Huxley	IA	M	67		1	Gold
Tennis - Men's Doubles	65-69 Male	Ev	Cochrane	Ames	IA	M	66		1	Gold
Tennis - Men's Doubles	65-69 Male	John	Hedstrom	Decorah	IA	M	67		2	Silver
Tennis - Men's Doubles	65-69 Male	Rich	Leake	Decorah	IA	M	73		2	Silver
Tennis - Men's Doubles	70-74 Male	BRYAN	COLE	Des Moines	IA	M	72		1	Gold
Tennis - Men's Doubles	70-74 Male	Paul	Stokstad	Fairfield	IA	M	72		1	Gold
Tennis - Women's Doubles	55-59 Female	Tami	Bourland	Omaha	NE	F	54		1	Gold
Tennis - Women's Doubles	55-59 Female	Eieen	Halpine	Omaha	NE	F	64		1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Tennis - Women's Doubles	65-69 Female	Cindy	Sale	Cedar Rapids	IA	F	65		1	Gold
Tennis - Women's Doubles	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67		1	Gold
Tennis - Women's Doubles	65-69 Female	Linda	Sadler	Cedar Rapids	IA	F	69		2	Silver
Tennis - Women's Doubles	65-69 Female	Lois	Blankenship	Cedar Rapids	IA	F	70		2	Silver
Tennis - Mixed Doubles	55-59 Female	Penny	Raia	Iowa City	IA	F	57		1	Gold
Tennis - Mixed Doubles	55-59 Male	Brian	Rohr	Iowa City	IA	M	55		1	Gold
Tennis - Mixed Doubles	55-59 Female	Tami	Bourland	Omaha	NE	F	54		1	Gold
Tennis - Mixed Doubles	55-59 Female	Joseph	Lopez-Wilson	Omaha	NE	M	62		1	Gold
Tennis - Mixed Doubles	55-59 Female	Deanna	McDonald	Adel	IA	F	55		2	Silver
Tennis - Mixed Doubles	55-59 Female	Mark	McDonald	Adel	IA	M	60		2	Silver
Tennis - Mixed Doubles	65-69 Female	Eieen	Halpine	Omaha	NE	F	64		1	Gold
Tennis - Mixed Doubles	65-69 Female	john	wenzel	COUNCIL BLUFFS	IA	M	70		1	Gold
Tennis - Mixed Doubles	70-74 Male	Penny	Leake	Decorah	IA	F	74		1	Gold
Tennis - Mixed Doubles	70-74 Male	Rich	Leake	Decorah	IA	M	73		1	Gold
Tennis - Mixed Doubles	75-79 Female	elizabeth	peters	MANKATO	MN	F	74		1	Gold
Tennis - Mixed Doubles	80-84 Male	Earle	Peters	Mankato	MN	M	79		1	Gold
Tennis - Singles	55-59 Female	Debbie	Mackaman	Ankeny	IA	F	55		1	Gold
Tennis - Singles	55-59 Female	Penny	Raia	Iowa City	IA	F	57		2	Silver
Tennis - Singles	55-59 Female	Deanna	McDonald	Adel	IA	F	55		3	Bronze
Tennis - Singles	65-69 Female	Cindy	Sale	Cedar Rapids	IA	F	65		1	Gold
Tennis - Singles	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67		2	Silver
Tennis - Singles	65-69 Female	Linda	Sadler	Cedar Rapids	IA	F	69		3	Bronze
Tennis - Singles	70-74 Female	Lois	Blankenship	Cedar Rapids	IA	F	70		1	Gold
Tennis - Singles	55-59 Male	Brian	Rohr	Iowa City	IA	M	55		1	Gold
Tennis - Singles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	M	62		1	Gold
Tennis - Singles	60-64 Male	Mark	McDonald	Adel	IA	M	60		1	Gold
Tennis - Singles	65-69 Male	John	Hedstrom	Decorah	IA	M	67		1	Gold
Tennis - Singles	70-74 Male	Rich	Leake	Decorah	IA	M	73		1	Gold
Tennis - Singles	70-74 Male	Paul	Stokstad	Fairfield	IA	M	72		2	Silver
Tennis - Singles	70-74 Male	Robert	Rehfuss	Coralville	IA	M	69		3	Bronze
Tennis - Singles	70-74 Male	Gennaro	Ligouri	des moines	IA	M	71		4	
TRACK & FIELD										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 1,500M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	54	6.30	1	Gold
Track & Field - 1,500M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	8.26	1	Gold
Track & Field - 1,500M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	58	9.44	2	Silver
Track & Field - 1,500M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M	52	5.31	1	Gold
Track & Field - 1,500M Run	50-54 Male	Scott	Mills	Des Moines	IA	M	51	6.38	2	Silver

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 1,500M Run	55-59 Male	Martin	Sabo	Denver	CO	M	56	6.14	1	Gold
Track & Field - 1,500M Run	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	7.24	1	Gold
Track & Field - 1,500M Run	65-69 Male	THOMAS	MCBRIDE	Des Moines	IA	M	67	5.55	1	Gold
Track & Field - 1,500M Run	65-69 Male	Brad	Ewest	Ankeny	IA	M	69	7.47	2	Silver
Track & Field - 1,500M Run	70-74 Male	Perry	Linn	Corning	IA	M	71	5.55	1	Gold
Track & Field - 1,500M Run	70-74 Male	David	Miller	Urbandale	IA	M	70	6.22	2	Silver
Track & Field - 1,500M Run	70-74 Male	Larry	Hamm	Des Moines	IA	M	74	7.41	3	Bronze
Track & Field - 1,500M Run	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	7.50	4	
Track & Field - 1,500M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	79	7.41	1	Gold
Track & Field - 100M Dash	50-54 Female	Denise	Kinsella	Center Point	IA	F	53	18.14	1	Gold
Track & Field - 100M Dash	50-54 Female	Cinda	Blake	Wayland	IA	F	54	19.34	2	Silver
Track & Field - 100M Dash	50-54 Female	Theresa	McGivern	Clarion	IA	F	51	.	DNF	DNF
Track & Field - 100M Dash	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	57	17.47	1	Gold
Track & Field - 100M Dash	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	22.42	2	Silver
Track & Field - 100M Dash	55-59 Female	Rosanne	Wicks	Waukon	IA	F	58	22.66	3	Bronze
Track & Field - 100M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	58	.	DNF	DNF
Track & Field - 100M Dash	60-64 Female	Toni	Banks	Omaha	NE	F	64	17.55	1	Gold
Track & Field - 100M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	26.53	1	Gold
Track & Field - 100M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	19.76	1	Gold
Track & Field - 100M Dash	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	21.71	1	Gold
Track & Field - 100M Dash	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	74	28.34	2	Silver
Track & Field - 100M Dash	70-74 Female	Christine	Carroll	West Des Moines	IA	F	73	33.32	1	Gold
Track & Field - 100M Dash	85-89 Female	Norma	Ramker	Urbandale	IA	F	88	37.11	1	Gold
Track & Field - 100M Dash	50-54 Male	Nate	Sickerson	Ankeny	IA	M	50	11.86	1	Gold
Track & Field - 100M Dash	50-54 Male	Bob	Pratt	eau claire	WI	M	52	14.31	2	Silver
Track & Field - 100M Dash	50-54 Male	Troy	Lilly	Bondurant	IA	M	54	14.50	2	Silver
Track & Field - 100M Dash	50-54 Male	Scott	Mills	Des Moines	IA	M	51	17.96	3	Bronze
Track & Field - 100M Dash	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	22.93	4	
Track & Field - 100M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	13.59	1	Gold
Track & Field - 100M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	55	15.9	2	Silver
Track & Field - 100M Dash	55-59 Male	Brian	Andrae	Orion	IL	M	55	15.9	1	Gold
Track & Field - 100M Dash	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	18.4	3	Bronze
Track & Field - 100M Dash	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	16.69	1	Gold
Track & Field - 100M Dash	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	19.7	2	Silver
Track & Field - 100M Dash	65-69 Male	Tom	Cahalan	Norway	IA	M	65	14.44	1	Gold
Track & Field - 100M Dash	65-69 Male	David	Wilson	Garrison	IA	M	65	14.69	2	Silver
Track & Field - 100M Dash	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	15.70	3	Bronze
Track & Field - 100M Dash	65-69 Male	Michael	Laualle	Des Moines	IA	M	69	16.15	3	Bronze

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 100M Dash	70-74 Male	Tony	Laird	Hastings	NE	M	70	17.7	1	Gold
Track & Field - 100M Dash	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	17.31	2	Silver
Track & Field - 100M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	17.46	1	Gold
Track & Field - 100M Dash	70-74 Male	Douglas	Obye	Phoenix	AZ	M	72	17.91	3	Bronze
Track & Field - 100M Dash	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	18.93	2	Silver
Track & Field - 100M Dash	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	19.63	4	
Track & Field - 100M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	20.31	5	
Track & Field - 100M Dash	70-74 Male	Douglas	Potter	altoona	IA	M	71	23.41	3	Bronze
Track & Field - 100M Dash	70-74 Male	Denny	Adair	Osceola	IA	M	74	27.14	4	
Track & Field - 100M Dash	75-79 Male	James	Trent	Midwest City	OK	M	76	16.14	1	Gold
Track & Field - 100M Dash	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	18.38	2	Silver
Track & Field - 100M Dash	75-79 Male	Jerry	Bauer	Waukesha	WI	M	78	18.67	3	Bronze
Track & Field - 100M Dash	75-79 Male	Dennis	Tevis	Hornick	IA	M	75	22.99	1	Gold
Track & Field - 100M Dash	75-79 Male	Wendell	Whitcher	West Union	IA	M	75	28.68	2	Silver
Track & Field - 100M Dash	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	20.79	1	Gold
Track & Field - 100M Dash	80-84 Male	Ken	Stewart	Batavia	OH	M	82	22.62	2	Silver
Track & Field - 100M Dash	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	23.23	2	Silver
Track & Field - 100M Dash	80-84 Male	Gary	Sonderland	Petersburg	ND	M	80	24.79	3	Bronze
Track & Field - 100M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	23.84	1	Gold
Track & Field - 100M Dash	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	26.50	2	Silver
Track & Field - 100M Dash	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	27.29	3	Bronze
Track & Field - 200M Dash	50-54 Female	Cinda	Blake	Wayland	IA	F	54	42.46	1	Gold
Track & Field - 200M Dash	50-54 Female	Denise	Kinsella	Center Point	IA	F	53	45.47	2	Silver
Track & Field - 200M Dash	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	57	38.78	1	Gold
Track & Field - 200M Dash	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	54.31	2	Silver
Track & Field - 200M Dash	60-64 Female	Jody	Walter	Des Moines	IA	F	60	42.85	1	Gold
Track & Field - 200M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	1:7.40	2	Silver
Track & Field - 200M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	41.89	1	Gold
Track & Field - 200M Dash	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	52.45	1	Gold
Track & Field - 200M Dash	50-54 Male	Wayne	Douet	Ames	IA	M	53	28.58	1	Gold
Track & Field - 200M Dash	50-54 Male	Bob	Pratt	eau claire	WI	M	52	30.78	2	Silver
Track & Field - 200M Dash	50-54 Male	Scott	Mills	Des Moines	IA	M	51	40.65	2	Silver
Track & Field - 200M Dash	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	44.45	3	Bronze
Track & Field - 200M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	28.82	1	Gold
Track & Field - 200M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	55	32.35	2	Silver
Track & Field - 200M Dash	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	39.9	1	Gold
Track & Field - 200M Dash	60-64 Male	Doug	Walker	Manhattan	KS	M	60	31.82	1	Gold
Track & Field - 200M Dash	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	34.4	1	Gold
Track & Field - 200M Dash	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	40.19	2	Silver
Track & Field - 200M Dash	65-69 Male	Tom	Cahalan	Norway	IA	M	65	30.31	1	Gold
Track & Field - 200M Dash	65-69 Male	David	Roberts	Boone	IA	M	65	31.34	2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 200M Dash	65-69 Male	David	Wilson	Garrison	IA	M	65	31.57	3	Bronze
Track & Field - 200M Dash	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	67	31.95	4	
Track & Field - 200M Dash	65-69 Male	Michael	Laualle	Des Moines	IA	M	69	35.9	5	
Track & Field - 200M Dash	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	36.28	6	
Track & Field - 200M Dash	70-74 Male	Douglas	Obye	Phoenix	AZ	M	72	36.19	1	Gold
Track & Field - 200M Dash	70-74 Male	David	Miller	Urbandale	IA	M	70	38.4	1	Gold
Track & Field - 200M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	40.8	2	Silver
Track & Field - 200M Dash	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	43.16	3	Bronze
Track & Field - 200M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	47.28	4	
Track & Field - 200M Dash	70-74 Male	Darwin	Ramker	Waverly	IA	M	74	53.29	4	
Track & Field - 200M Dash	70-74 Male	Denny	Adair	Osceola	IA	M	74	1:10.31	5	
Track & Field - 200M Dash	75-79 Male	James	Trent	Midwest City	OK	M	76	34.84	1	Gold
Track & Field - 200M Dash	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	82	48.70	1	Gold
Track & Field - 200M Dash	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	53.31	1	Gold
Track & Field - 200M Dash	80-84 Male	Ken	Stewart	Batavia	OH	M	82	54.63	2	Silver
Track & Field - 200M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	47.28	1	Gold
Track & Field - 200M Dash	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	1:15.22	2	Silver
Track & Field - 400M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	54	1:31.38	1	Gold
Track & Field - 400M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	58	1:44.11	1	Gold
Track & Field - 400M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	2:0.6	2	Silver
Track & Field - 400M Run	60-64 Female	Susan	Fray	Clive	IA	F	62	1:20.72	1	Gold
Track & Field - 400M Run	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	1:3.28	1	Gold
Track & Field - 400M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	73	2:53.15	1	Gold
Track & Field - 400M Run	50-54 Male	Wayne	Douet	Ames	IA	M	53	1:1.67	1	Gold
Track & Field - 400M Run	50-54 Male	Scott	Mills	Des Moines	IA	M	51	1:45.97	1	Gold
Track & Field - 400M Run	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	1:8.28	1	Gold
Track & Field - 400M Run	60-64 Male	Doug	Walker	Manhattan	KS	M	60	1:9.50	1	Gold
Track & Field - 400M Run	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	1:21.9	1	Gold
Track & Field - 400M Run	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	1:29.41	2	Silver
Track & Field - 400M Run	65-69 Male	David	Roberts	Boone	IA	M	65	1:9.51	1	Gold
Track & Field - 400M Run	65-69 Male	Tom	Cahalan	Norway	IA	M	65	1:10.95	2	Silver
Track & Field - 400M Run	65-69 Male	David	Wilson	Garrison	IA	M	65	1:12.15	3	Bronze
Track & Field - 400M Run	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	67	1:15.44	4	
Track & Field - 400M Run	65-69 Male	Tom	Loch	Pella	IA	M	65	1:18.81	5	
Track & Field - 400M Run	70-74 Male	David	Miller	Urbandale	IA	M	70	1:20.38	1	Gold
Track & Field - 400M Run	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	1:20.78	2	Silver
Track & Field - 400M Run	70-74 Male	Douglas	Obye	Phoenix	AZ	M	72	1:21.41	3	Bronze
Track & Field - 400M Run	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	1:53.42	2	Silver
Track & Field - 400M Run	70-74 Male	Douglas	Potter	altoona	IA	M	71	1:53.42	2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 400M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	79	1:42.24	1	Gold
Track & Field - 400M Run	75-79 Male	Wendell	Whitcher	West Union	IA	M	75	2:1.28	1	Gold
Track & Field - 400M Run	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	82	1:55.10	1	Gold
Track & Field - 400M Run	80-84 Male	Ken	Stewart	Batavia	OH	M	82	2:10.80	2	Silver
Track & Field - 400M Run	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	2:30.49	1	Gold
Track & Field - 50M Dash	50-54 Female	Theresa	McGivern	Clarion	IA	F	51	8.95	1	Gold
Track & Field - 50M Dash	50-54 Female	Denise	Kinsella	Center Point	IA	F	53	9.84	2	Silver
Track & Field - 50M Dash	50-54 Female	Cinda	Blake	Wayland	IA	F	54	9.90	3	Bronze
Track & Field - 50M Dash	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	57	8.91	1	Gold
Track & Field - 50M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	58	11.91	2	Silver
Track & Field - 50M Dash	55-59 Female	Rosanne	Wicks	Waukon	IA	F	58	11.94	3	Bronze
Track & Field - 50M Dash	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	15.3	4	
Track & Field - 50M Dash	60-64 Female	Toni	Banks	Omaha	NE	F	64	9.34	1	Gold
Track & Field - 50M Dash	60-64 Female	Jody	Walter	Des Moines	IA	F	60	11.95	1	Gold
Track & Field - 50M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	12.85	2	Silver
Track & Field - 50M Dash	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	10.32	1	Gold
Track & Field - 50M Dash	65-69 Female	Micki	Marolf	Dubuque	IA	F	66	13.35	2	Silver
Track & Field - 50M Dash	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	11.8	1	Gold
Track & Field - 50M Dash	85-89 Female	Norma	Ramker	Urbandale	IA	F	88	19.72	1	Gold
Track & Field - 50M Dash	50-54 Male	Bob	Pratt	eau claire	WI	M	52	7.56	1	Gold
Track & Field - 50M Dash	50-54 Male	Troy	Lilly	Bondurant	IA	M	54	7.93	1	Gold
Track & Field - 50M Dash	50-54 Male	Scott	Mills	Des Moines	IA	M	51	10.56	2	Silver
Track & Field - 50M Dash	50-54 Male	Kevin	Lazard	Urbandale	IA	M	52	13.95	3	Bronze
Track & Field - 50M Dash	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	7.51	1	Gold
Track & Field - 50M Dash	55-59 Male	Brian	Andrae	Orion	IL	M	55	8.4	2	Silver
Track & Field - 50M Dash	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	55	8.8	3	Bronze
Track & Field - 50M Dash	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	9.62	1	Gold
Track & Field - 50M Dash	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	8.67	1	Gold
Track & Field - 50M Dash	60-64 Male	Dana	Cossmann	Clinton	IA	M	62	9.6	2	Silver
Track & Field - 50M Dash	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	11.5	3	Bronze
Track & Field - 50M Dash	65-69 Male	Greg	Bruno	Naperville	IL	M	65	7.53	1	Gold
Track & Field - 50M Dash	65-69 Male	Tom	Cahalan	Norway	IA	M	65	7.60	1	Gold
Track & Field - 50M Dash	65-69 Male	David	Wilson	Garrison	IA	M	65	8.3	2	Silver
Track & Field - 50M Dash	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	8.73	3	Bronze
Track & Field - 50M Dash	65-69 Male	Michael	Breen	Council Bluffs	IA	M	67	9.66	3	Bronze
Track & Field - 50M Dash	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	8.16	1	Gold
Track & Field - 50M Dash	70-74 Male	Tony	Laird	Hastings	NE	M	70	8.70	2	Silver
Track & Field - 50M Dash	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	9.30	1	Gold
Track & Field - 50M Dash	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	9.55	3	Bronze
Track & Field - 50M Dash	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	10.2	2	Silver
Track & Field - 50M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	10.2	4	

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 50M Dash	70-74 Male	Darwin	Ramker	Waverly	IA	M	74	10.54	3	Bronze
Track & Field - 50M Dash	70-74 Male	Denny	Adair	Osceola	IA	M	74	12.81	4	
Track & Field - 50M Dash	75-79 Male	James	Trent	Midwest City	OK	M	76	8.54	1	Gold
Track & Field - 50M Dash	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	9.46	2	Silver
Track & Field - 50M Dash	75-79 Male	Wendell	Whitcher	West Union	IA	M	75	9.64	1	Gold
Track & Field - 50M Dash	75-79 Male	Ron	Peterson	Waukee	IA	M	78	9.98	2	Silver
Track & Field - 50M Dash	75-79 Male	Jerry	Bauer	Waukesha	WI	M	78	10.36	3	Bronze
Track & Field - 50M Dash	75-79 Male	Greg	Eastman	Clive	IA	M	75	10.36	3	Bronze
Track & Field - 50M Dash	75-79 Male	Dennis	Tevis	Hornick	IA	M	75	11.28	4	
Track & Field - 50M Dash	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	10.70	1	Gold
Track & Field - 50M Dash	80-84 Male	Ken	Stewart	Batavia	OH	M	82	11.52	2	Silver
Track & Field - 50M Dash	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	13.7	2	Silver
Track & Field - 50M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	12.18	1	Gold
Track & Field - 800M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	54	3:27.75	1	Gold
Track & Field - 800M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	58	3:50.41	1	Gold
Track & Field - 800M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	4:30.52	2	Silver
Track & Field - 800M Run	60-64 Female	Susan	Fray	Clive	IA	F	62	3:36.7	1	Gold
Track & Field - 800M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	69	6:30.4	1	Gold
Track & Field - 800M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M	52	2:45.97	1	Gold
Track & Field - 800M Run	50-54 Male	Scott	Mills	Des Moines	IA	M	51	3:35.13	2	Silver
Track & Field - 800M Run	55-59 Male	Martin	Sabo	Denver	CO	M	56	3:4.41	1	Gold
Track & Field - 800M Run	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	3:26.47	1	Gold
Track & Field - 800M Run	60-64 Male	Doug	Walker	Manhattan	KS	M	60	3:1.8	1	Gold
Track & Field - 800M Run	60-64 Male	Keith	Kauten	North Liberty	IA	M	62	3:47.89	1	Gold
Track & Field - 800M Run	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	67	3:3.47	1	Gold
Track & Field - 800M Run	65-69 Male	Tom	Loch	Pella	IA	M	65	3:9.46	2	Silver
Track & Field - 800M Run	65-69 Male	Randy	Davis	Altoona	IA	M	66	4:23.31	3	Bronze
Track & Field - 800M Run	70-74 Male	Perry	Linn	Corning	IA	M	71	2:53.68	1	Gold
Track & Field - 800M Run	70-74 Male	David	Miller	Urbandale	IA	M	70	3:5.77	2	Silver
Track & Field - 800M Run	70-74 Male	Larry	Hamm	Des Moines	IA	M	74	3:34.86	3	Bronze
Track & Field - 800M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	79	4:6.54	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Female	KELLY	BANKOLE	Lakeville	MN	F	59	9:01.40	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Female	Rosanne	Wicks	Waukon	IA	F	58	11:7.50	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Female	Kay	Haroldson	Adel	IA	F	59	13:32.80	2	Silver
Track & Field - Power Walk 1,500 M	60-64 Female	Lori	Groom	Leawood	KS	F	60	9:2.70	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Female	Cindy	Beatty	Atkins	IA	F	60	13:34.30	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	10:6.60	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Power Walk 1,500 M	75-79 Female	Faith	Rulapaugh	Oelwein	IA	F	75	13:41.50	1	Gold
Track & Field - Power Walk 1,500 M	50-54 Male	Aaron	Hartje	Des Moines	IA	M	52	12:31.10	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Brian	Beatty	Atkins	IA	M	62	9:54.0	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Keith	Kauten	NORth Liberty	IA	M	62	12:31.40	2	Silver
Track & Field - Power Walk 1,500 M	65-69 Male	Steve	Hoger	Seward	NE	M	65	8:57.70	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Male	Randy	Davis	Altoona	IA	M	66	10:16.10	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Male	Brad	Ewest	Ankeny	IA	M	69	13:35.60	2	Silver
Track & Field - Power Walk 1,500 M	70-74 Male	Tim	Phillips	Hiawatha	IA	M	73	10:5.60	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Denny	Adair	Osceola	IA	M	74	14:2.80	2	Silver
Track & Field - Power Walk 1,500 M	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	79	9:13.10	1	Gold
Track & Field - Power Walk 1,500 M	80-84 Male	Ken	Stewart	Batavia	OH	M	82	13:35.60	1	Gold
Track & Field - Race Walk 5,000 M	60-64 Female	Lori	Groom	Leawood	KS	F	60		NT	NT
Track & Field - Race Walk 5,000 M	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66		NT	NT
Track & Field - Race Walk 5,000 M	65-69 Female	Jane	Hein	Clive	IA	F	69		NT	NT
Track & Field - Race Walk 5,000 M	75-79 Female	Faith	Rulapaugh	Oelwein	IA	F	75		NT	NT
Track & Field - Race Walk 5,000 M	55-59 Male	Davin	Roberts	West Des Moines	IA	M	56		NT	NT
Track & Field - Race Walk 5,000 M	60-64 Male	Timothy	Pew	Des Moines	IA	M	61		NT	NT
Track & Field - Race Walk 5,000 M	65-69 Male	Randy	Davis	Altoona	IA	M	66		NT	NT
Track & Field - Race Walk 5,000 M	65-69 Male	Steve	Hoger	Seward	NE	M	65		NT	NT
Track & Field - Race Walk 5,000 M	65-69 Male	Brad	Ewest	Ankeny	IA	M	69		NT	NT
Track & Field - Race Walk 5,000 M	70-74 Male	Tim	Phillips	Hiawatha	IA	M	73		NT	NT
Track & Field - Race Walk 5,000 M	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	79		NT	NT
Track & Field - Race Walk 5,000 M	80-84 Male	Gary	O'Daniels	Creston	IA	M	80		NT	NT
Track & Field - Discus	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	58	84'2.5"	1	Gold
Track & Field - Discus	55-59 Female	melanie	bintz	dayton	IA	F	59	43'07"	1	Gold
Track & Field - Discus	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	42'05"	2	Silver
Track & Field - Discus	55-59 Female	Kay	Haroldson	Adel	IA	F	59	40'00"	3	Bronze
Track & Field - Discus	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	49'08"	1	Gold
Track & Field - Discus	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	45'10.50"	2	Silver
Track & Field - Discus	60-64 Female	Judi	Clevenger	Alexis	IL	F	63	45'00"	3	Bronze
Track & Field - Discus	60-64 Female	Jody	Walter	Des Moines	IA	F	60	""	ND	ND
Track & Field - Discus	65-69 Female	Barbara	Reddick	Remlap	AL	F	69	64'01.50"	1	Gold
Track & Field - Discus	65-69 Female	Rozalyn	Boyer	Adel	IA	F	65	37'08"	1	Gold
Track & Field - Discus	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	74	51'08"	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Discus	70-74 Female	Martha	Green	Des Moines	IA	F	71	38'04"	1	Gold
Track & Field - Discus	75-79 Female	Diana	Schultz	Topeka	KS	F	77	41'07"	1	Gold
Track & Field - Discus	75-79 Female	Suzan	French	Ankeny	IA	F	77	27'06.50"	1	Gold
Track & Field - Discus	50-54 Male	Scott	Mills	Des Moines	IA	M	51	63'03.50"	1	Gold
Track & Field - Discus	55-59 Male	Troy	Bellrichard	Spring Valley	MN	M		143'06.50"	1	Gold
Track & Field - Discus	55-59 Male	Doug	Johanson	Johnston	IA	M		99'09"	1	Gold
Track & Field - Discus	60-64 Male	Rick	Anderson	Lawrence	KS	M	63	146'09.50"	1	Gold
Track & Field - Discus	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	90'10"	1	Gold
Track & Field - Discus	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	87'10"	2	Silver
Track & Field - Discus	60-64 Male	Brad	Bonin	Clear Lake	IA	M	64	65'02.50"	3	Bronze
Track & Field - Discus	65-69 Male	David	Brandt	Sprague	NE	M	68	126'02.50"	1	Gold
Track & Field - Discus	65-69 Male	Jeffrey	Carl	Sterling	IL	M	68	120'01"	2	Silver
Track & Field - Discus	65-69 Male	Hiram	Melendez	Dubuque	IA	M	66	119'05"	1	Gold
Track & Field - Discus	65-69 Male	Jim	Franzen	Denver	IA	M	65	116'07.25"	2	Silver
Track & Field - Discus	65-69 Male	Lance	Platt	Moville	IA	M	68	39'08"	3	Bronze
Track & Field - Discus	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	121'08.50"	1	Gold
Track & Field - Discus	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	83'00"	2	Silver
Track & Field - Discus	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	70'05.50"	1	Gold
Track & Field - Discus	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	88'04"	1	Gold
Track & Field - Discus	75-79 Male	Ron	Peterson	Waukee	IA	M	78	78'03"	1	Gold
Track & Field - Discus	75-79 Male	Greg	Eastman	Clive	IA	M	75	70'02.50"	2	Silver
Track & Field - Discus	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	41'06.50"	3	Bronze
Track & Field - Discus	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	68'09"	1	Gold
Track & Field - Discus	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	62'01.50"	2	Silver
Track & Field - Discus	80-84 Male	Ken	Stewart	Batavia	OH	M	82	58'07"	3	Bronze
Track & Field - Discus	80-84 Male	Don	Newton	West Des Moines	IA	M	83	47'11.50"	1	Gold
Track & Field - Discus	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	42'09"	2	Silver
Track & Field - Discus	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	40'01"	3	Bronze
Track & Field - Discus	85-89 Male	John	Manning	Cedar Rapids	IA	M	87	69'00"	1	Gold
Track & Field - Discus	85-89 Male	Otto	Welfring	Marshalltown	IA	M	89	66'02"	2	Silver
Track & Field - Discus	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	51'07"	3	Bronze
Track & Field - Discus	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	46'10"	4	
Track & Field - Discus	85-89 Male	Richard	Anderson	West Des Moines	IA	M	87	40'11"	5	
Track & Field - Discus	90-94 Male	Bart	Young	Indianola	IA	M	91	26'10"	1	Gold
Track & Field - Javelin	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	58	49'10"	1	Gold
Track & Field - Javelin	55-59 Female	melanie	bintz	dayton	IA	F	59	45'01"	1	Gold
Track & Field - Javelin	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	37'01"	2	Silver
Track & Field - Javelin	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	38'00"	1	Gold
Track & Field - Javelin	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	29'00"	2	Silver
Track & Field - Javelin	65-69 Female	Barbara	Reddick	Remlap	AL	F	69	45'00"	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Javelin	65-69 Female	Rozalyn	Boyer	Adel	IA	F	65	22'01"	1	Gold
Track & Field - Javelin	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	74	46'10"	1	Gold
Track & Field - Javelin	70-74 Female	Martha	Green	Des Moines	IA	F	71	30'09"	1	Gold
Track & Field - Javelin	70-74 Female	Christine	Carroll	West Des Moines	IA	F	73	28'03"	2	Silver
Track & Field - Javelin	75-79 Female	Diana	Schultz	Topeka	KS	F	77	53'03"	1	Gold
Track & Field - Javelin	75-79 Female	Suzan	French	Ankeny	IA	F	77	26'00"	1	Gold
Track & Field - Javelin	50-54 Male	Scott	Mills	Des Moines	IA	M	51	49'09"	1	Gold
Track & Field - Javelin	55-59 Male	Troy	Bellrichard	Spring Valley	MN	M	56	119'08"	1	Gold
Track & Field - Javelin	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	76'10"	1	Gold
Track & Field - Javelin	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	65'01"	1	Gold
Track & Field - Javelin	65-69 Male	Randy	Davis	Altoona	IA	M	66	56'09"	1	Gold
Track & Field - Javelin	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	48'02"	2	Silver
Track & Field - Javelin	65-69 Male	Brad	Ewest	Ankeny	IA	M	69	47'01"	2	Silver
Track & Field - Javelin	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	92'07"	1	Gold
Track & Field - Javelin	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	75'01"	2	Silver
Track & Field - Javelin	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	74'08"	1	Gold
Track & Field - Javelin	70-74 Male	Douglas	Potter	altoona	IA	M	71	43'09"	2	Silver
Track & Field - Javelin	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	41'05"	3	Bronze
Track & Field - Javelin	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	103'02"	1	Gold
Track & Field - Javelin	75-79 Male	Ron	Peterson	Waukee	IA	M	78	51'02"	1	Gold
Track & Field - Javelin	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	44'06"	2	Silver
Track & Field - Javelin	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	60'07"	1	Gold
Track & Field - Javelin	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	51'00"	1	Gold
Track & Field - Javelin	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	47'01"	2	Silver
Track & Field - Javelin	80-84 Male	Ken	Stewart	Batavia	OH	M	82	33'02"	3	Bronze
Track & Field - Javelin	85-89 Male	John	Manning	Cedar Rapids	IA	M	87	62'02"	1	Gold
Track & Field - Javelin	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	44'07"	2	Silver
Track & Field - Javelin	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	35'00"	2	Silver
Track & Field - Javelin	90-94 Male	Bart	Young	Indianola	IA	M	91	17'03"	1	Gold
Track & Field - Shot Put	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	58	27'01.50"	1	Gold
Track & Field - Shot Put	55-59 Female	melanie	bintz	dayton	IA	F	59	22'05.25"	1	Gold
Track & Field - Shot Put	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	22'02.75"	2	Silver
Track & Field - Shot Put	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	20'06"	1	Gold
Track & Field - Shot Put	60-64 Female	Judi	Clevenger	Alexis	IL	F	63	19'03.75"	2	Silver
Track & Field - Shot Put	60-64 Female	Ann	Schmidt	Waukee	IA	F	64	18'07.75"	2	Silver
Track & Field - Shot Put	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	27'08"	1	Gold
Track & Field - Shot Put	65-69 Female	Barbara	Reddick	Remlap	AL	F	69	26'07"	2	Silver
Track & Field - Shot Put	65-69 Female	Rozalyn	Boyer	Adel	IA	F	65	15'02.75"	2	Silver

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Shot Put	70-74 Female	Vicki	Morris	New Virginia	IA	F	72	23'09"	1	Gold
Track & Field - Shot Put	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	74	19'02.75"	2	Silver
Track & Field - Shot Put	70-74 Female	Christine	Carroll	West Des Moines	IA	F	73	18'03.50"	2	Silver
Track & Field - Shot Put	70-74 Female	Martha	Green	Des Moines	IA	F	71	18'00.50"	3	Bronze
Track & Field - Shot Put	75-79 Female	Diana	Schultz	Topeka	KS	F	77	21'06"	1	Gold
Track & Field - Shot Put	75-79 Female	Suzan	French	Ankeny	IA	F	77	13'01.75"	1	Gold
Track & Field - Shot Put	50-54 Male	Aaron	Hartje	Des Moines	IA	M	52	28'10.75"	1	Gold
Track & Field - Shot Put	50-54 Male	Scott	Mills	Des Moines	IA	M	51	22'06.25"	2	Silver
Track & Field - Shot Put	55-59 Male	Troy	Bellrichard	Spring Valley	MN	M	56	45'00.50"	1	Gold
Track & Field - Shot Put	55-59 Male	Doug	Johanson	Johnston	IA	M	59	30'06"	1	Gold
Track & Field - Shot Put	55-59 Male	Martin	Sabo	Denver	CO	M	56	28'07.75"	2	Silver
Track & Field - Shot Put	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	55	27'04.50"	3	Bronze
Track & Field - Shot Put	60-64 Male	Rick	Anderson	Lawrence	KS	M	63	41'10"	1	Gold
Track & Field - Shot Put	60-64 Male	Elliott	Kissam	Bettendorf	IA	M	61	26'05.50"	1	Gold
Track & Field - Shot Put	60-64 Male	Brad	Bonin	Clear Lake	IA	M	64	21'06.25"	2	Silver
Track & Field - Shot Put	65-69 Male	David	Brandt	Sprague	NE	M	68	38'10.75"	1	Gold
Track & Field - Shot Put	65-69 Male	Jeffrey	Carl	Sterling	IL	M	68	31'10.50"	2	Silver
Track & Field - Shot Put	65-69 Male	Jim	Franzen	Denver	IA	M	65	31'02.75"	1	Gold
Track & Field - Shot Put	65-69 Male	Lance	Platt	Moville	IA	M	68	19'02.25"	2	Silver
Track & Field - Shot Put	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	42'10.75"	1	Gold
Track & Field - Shot Put	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	30'02.75"	2	Silver
Track & Field - Shot Put	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	26'10.50"	1	Gold
Track & Field - Shot Put	70-74 Male	Denny	Adair	Osceola	IA	M	74	18'10.50"	2	Silver
Track & Field - Shot Put	75-79 Male	Randall	Olson	Nebraska City	NE	M	75		1	Gold
Track & Field - Shot Put	75-79 Male	Charles	Lynch	Iowa City	IA	M	75	27'03"	2	Silver
Track & Field - Shot Put	75-79 Male	Ron	Peterson	Waukee	IA	M	78		3	Bronze
Track & Field - Shot Put	75-79 Male	Greg	Eastman	Clive	IA	M	75	25'05.25"	4	
Track & Field - Shot Put	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	32'05.75"	1	Gold
Track & Field - Shot Put	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	28'08.50"	2	Silver
Track & Field - Shot Put	80-84 Male	Don	Newton	West Des Moines	IA	M	83	23'06.75"	1	Gold
Track & Field - Shot Put	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	23'06"	2	Silver
Track & Field - Shot Put	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	22'09.75"	3	Bronze
Track & Field - Shot Put	80-84 Male	Dale	Dewey	Altoona	IA	M	83	22'06.75"	4	
Track & Field - Shot Put	80-84 Male	Ken	Stewart	Batavia	OH	M	82	22'00.50"	5	
Track & Field - Shot Put	85-89 Male	John	Manning	Cedar Rapids	IA	M	87	32'09.25"	1	Gold
Track & Field - Shot Put	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	28'07"	2	Silver
Track & Field - Shot Put	85-89 Male	Otto	Welfring	Marshalltown	IA	M	89	26'06.50"	3	Bronze
Track & Field - Shot Put	85-89 Male	Jerry	Anderson	Ellsworth	WI	M	86	20'09.25"	4	
Track & Field - Shot Put	85-89 Male	Bob	McCoid	West Alexander	PA	M	85	19'10"	5	
Track & Field - Shot Put	90-94 Male	Bart	Young	Indianola	IA	M	91	12'07.50"	1	Gold
Track & Field - Running Long Jump	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	5'10"	1	Gold
Track & Field - Running Long Jump	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	4'06.50"	2	Silver

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Running Long Jump	60-64 Female	Jody	Walter	Des Moines	IA	F	60	8'03"	1	Gold
Track & Field - Running Long Jump	60-64 Female	Judi	Clevenger	Alexis	IL	F	63	7'02"	2	Silver
Track & Field - Running Long Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	9'08"	1	Gold
Track & Field - Running Long Jump	65-69 Female	Micki	Marolf	Dubuque	IA	F	66	5'02.75"	2	Silver
Track & Field - Running Long Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	8'00.50"	1	Gold
Track & Field - Running Long Jump	50-54 Male	Scott	Mills	Des Moines	IA	M	51	8'01"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Mark	Barinque	Lubbock	TX	M	56	15'06.50"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	15'04"	2	Silver
Track & Field - Running Long Jump	55-59 Male	Brian	Andrae	Orion	IL	M	55	12'10.50"	3	Bronze
Track & Field - Running Long Jump	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	12'00"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Mark	Walter	Des Moines	IA	M	59	8'00"	2	Silver
Track & Field - Running Long Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	10'11.50"	1	Gold
Track & Field - Running Long Jump	65-69 Male	David	Roberts	Boone	IA	M	65	13'10"	1	Gold
Track & Field - Running Long Jump	65-69 Male	David	Rainey	Waterloo	IA	M	68	13'07"	2	Silver
Track & Field - Running Long Jump	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	67	13'05"	3	Bronze
Track & Field - Running Long Jump	65-69 Male	David	Brandt	Sprague	NE	M	68	12'08"	4	
Track & Field - Running Long Jump	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	11'05"	5	
Track & Field - Running Long Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	13'07"	1	Gold
Track & Field - Running Long Jump	70-74 Male	David	Black	Falcon Heights	MN	M	70	12'03"	2	Silver
Track & Field - Running Long Jump	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	11'07.50"	3	Bronze
Track & Field - Running Long Jump	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	10'01"	1	Gold
Track & Field - Running Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	6'03.50"	4	
Track & Field - Running Long Jump	75-79 Male	James	Trent	Midwest City	OK	M	76	10'08.75"	1	Gold
Track & Field - Running Long Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	10'01"	2	Silver
Track & Field - Running Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	M	78	8'07"	1	Gold
Track & Field - Running Long Jump	75-79 Male	Larry	Lehrkamp	Willis	TX	M	77	6'09"	3	Bronze
Track & Field - Running Long Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	5'07.50"	2	Silver
Track & Field - Running Long Jump	80-84 Male	Ken	Stewart	Batavia	OH	M	82	7'0.50"	1	Gold
Track & Field - Running Long Jump	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	7'02.25"	1	Gold
Track & Field - Running Long Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	6'06.50"	2	Silver
Track & Field - Running Long Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	3'10.50"	2	Silver
Track & Field - Running Long Jump	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	6'04"	1	Gold
Track & Field - Running Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	6'01.75"	2	Silver
Track & Field - Standing Long Jump	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	57	6'02"	1	Gold
Track & Field - Standing Long Jump	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	56	4'07.50"	2	Silver
Track & Field - Standing Long Jump	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	4'02"	3	Bronze
Track & Field - Standing Long Jump	60-64 Female	Susan	Fray	Clive	IA	F	62	5'04"	1	Gold
Track & Field - Standing Long Jump	60-64 Female	Greta	Budweg	Ankeny	IA	F	64	4'04"	2	Silver
Track & Field - Standing Long Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	5'02.50"	1	Gold

*** Record performances are highlighted in yellow

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Standing Long Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	5'02"	1	Gold
Track & Field - Standing Long Jump	70-74 Female	Vicki	Morris	New Virginia	IA	F	72	3'09.50"	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Troy	Lilly	Bondurant	IA	M	54	7'10"	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Scott	Mills	Des Moines	IA	M	51	5'05"	2	Silver
Track & Field - Standing Long Jump	55-59 Male	Mark	Barinque	Lubbock	TX	M	56	9'01"	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Timothy	Hellyer	Zumbrota	MN	M	55	7'04.50"	2	Silver
Track & Field - Standing Long Jump	55-59 Male	Brian	Andrae	Orion	IL	M	55	7'01.50"	3	Bronze
Track & Field - Standing Long Jump	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	7'00"	1	Gold
Track & Field - Standing Long Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	7'05.50"	1	Gold
Track & Field - Standing Long Jump	60-64 Male	Keith	Kauten	NORTH Liberty	IA	M	62	5'10"	2	Silver
Track & Field - Standing Long Jump	65-69 Male	David	Roberts	Boone	IA	M	65	8'01"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	David	Brandt	Sprague	NE	M	68	7'11.50"	2	Silver
Track & Field - Standing Long Jump	65-69 Male	David	Rainey	Waterloo	IA	M	68	7'11"	2	Silver
Track & Field - Standing Long Jump	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	7'00"	3	Bronze
Track & Field - Standing Long Jump	65-69 Male	Brad	Ewest	Ankeny	IA	M	69	5'02.50"	3	Bronze
Track & Field - Standing Long Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	7'03.50"	1	Gold
Track & Field - Standing Long Jump	70-74 Male	David	Black	Falcon Heights	MN	M	70	7'03"	2	Silver
Track & Field - Standing Long Jump	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	6'07.50"	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	6'04"	3	Bronze
Track & Field - Standing Long Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	5'10.50"	4	
Track & Field - Standing Long Jump	70-74 Male	Chuck	Ward	Urbandale	IA	M	70	5'02.50"	2	Silver
Track & Field - Standing Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	5'02.50"	5	
Track & Field - Standing Long Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	6'11.50"	1	Gold
Track & Field - Standing Long Jump	75-79 Male	James	Trent	Midwest City	OK	M	76	6'08.50"	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	M	78	6'06"	1	Gold
Track & Field - Standing Long Jump	75-79 Male	Greg	Eastman	Clive	IA	M	75	4'09"	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	4'05.50"	3	Bronze
Track & Field - Standing Long Jump	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	5'01"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	82	5'00.50"	2	Silver
Track & Field - Standing Long Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	5'00"	3	Bronze
Track & Field - Standing Long Jump	80-84 Male	Frank	Perez	West Des Moines	IA	M	80	4'10"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	4'04"	2	Silver
Track & Field - Standing Long Jump	80-84 Male	Ken	Stewart	Batavia	OH	M	82	4'03"	4	
Track & Field - Standing Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	M	88	4'03"	1	Gold
Track & Field - Standing Long Jump	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	4'03"	1	Gold
Track & Field - Triple Jump	55-59 Female	Jacqueline	Riekana	West Des Moines	IA	F	57	10'09"	1	Gold
Track & Field - Triple Jump	60-64 Female	Judi	Clevenger	Alexis	IL	F	63	13'04"	1	Gold
Track & Field - Triple Jump	65-69 Female	Ann	Hegstrom	De Soto	IA	F	66	19'00"	1	Gold
Track & Field - Triple Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	71	19'06.50"	1	Gold
Track & Field - Triple Jump	50-54 Male	Scott	Mills	Des Moines	IA	M	51	14'08"	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - Triple Jump	55-59 Male	Brian	Andrae	Orion	IL	M	55	30'06.50"	1	Gold
Track & Field - Triple Jump	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	26'01.50"	1	Gold
Track & Field - Triple Jump	55-59 Male	Marvin	Wittig	Hartford	WI	M	55	25'02.25"	2	Silver
Track & Field - Triple Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	24'11.50"	1	Gold
Track & Field - Triple Jump	65-69 Male	David	Roberts	Boone	IA	M	65	28'07.50"	1	Gold
Track & Field - Triple Jump	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	67	26'11"	2	Silver
Track & Field - Triple Jump	65-69 Male	David	Brandt	Sprague	NE	M	68	24'05"	3	Bronze
Track & Field - Triple Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	30'05.50"	1	Gold
Track & Field - Triple Jump	70-74 Male	David	Black	Falcon Heights	MN	M	70	25'02"	2	Silver
Track & Field - Triple Jump	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	22'11.50"	3	Bronze
Track & Field - Triple Jump	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	18'07"	1	Gold
Track & Field - Triple Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	15'07"	4	
Track & Field - Triple Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	20'11"	1	Gold
Track & Field - Triple Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	76	12'11"	1	Gold
Track & Field - Triple Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	15'00.50"	1	Gold
Track & Field - Triple Jump	80-84 Male	Greuling(G)	Schellhorn	Boscobel.	WI	M	82	14'01"	2	Silver
Track & Field - Triple Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	M	81	12'09.50"	1	Gold
Track & Field - High Jump	60-64 Female	Jody	Walter	Des Moines	IA	F	60	""	NH	NH
Track & Field - High Jump	65-69 Female	Margaret	Beuter	Iowa City	IA	F	68	3'09"	1	Gold
Track & Field - High Jump	50-54 Male	Scott	Mills	Des Moines	IA	M	51	3'00"	1	Gold
Track & Field - High Jump	55-59 Male	Mike	Krapfl	Ames	IA	M	59	4'08"	1	Gold
Track & Field - High Jump	55-59 Male	Thomas	Shide	Urbandale	IA	M	59	4'00"	2	Silver
Track & Field - High Jump	60-64 Male	Peter	Hlavin	Iowa City	IA	M	64	4'08"	1	Gold
Track & Field - High Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	61	4'00"	2	Silver
Track & Field - High Jump	65-69 Male	David	Brandt	Sprague	NE	M	68	4'06"	1	Gold
Track & Field - High Jump	65-69 Male	David	Rainey	Waterloo	IA	M	68	4'02"	1	Gold
Track & Field - High Jump	65-69 Male	Michael	Breen	Council Bluffs	IA	M	67	3'08"	2	Silver
Track & Field - High Jump	65-69 Male	Robert	Donaldson	Galesburg	IL	M	68	3'08"	3	Bronze
Track & Field - High Jump	65-69 Male	Brad	Ewest	Ankeny	IA	M	69	3'02"	3	Bronze
Track & Field - High Jump	65-69 Male	Randy	Davis	Altoona	IA	M	66	""	NH	NH
Track & Field - High Jump	70-74 Male	Dan	Mehlbrech	Crooks	SD	M	70	4'07"	1	Gold
Track & Field - High Jump	70-74 Male	David	Black	Falcon Heights	MN	M	70	4'00"	2	Silver
Track & Field - High Jump	70-74 Male	Rod	Speidel	Bettendorf	IA	M	73	3'06"	1	Gold
Track & Field - High Jump	70-74 Male	Billy	Potter	Coal Valley	IL	M	71	3'06"	3	Bronze
Track & Field - High Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	74	3'00"	4	
Track & Field - High Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	71	3'00"	5	
Track & Field - High Jump	75-79 Male	Ron	Peterson	Waukee	IA	M	78	3'06"	1	Gold
Track & Field - High Jump	75-79 Male	Randall	Olson	Nebraska City	NE	M	75	3'04"	2	Silver
Track & Field - High Jump	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	81	3'00"	1	Gold

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - High Jump	80-84 Male	Ken	Stewart	Batavia	OH	M	82	2'10"	2	Silver
Track & Field - High Jump	80-84 Male	Howard	Bich	Sioux Falls	SD	M	82	2'10"	3	Bronze
Track & Field - High Jump	85-89 Male	Gary	Smidt	Ankeny	IA	M	85	""	NH	NH
TRIATHLON										
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Triathlon	50-54 Female	Cindy	Harris	Ankeny	IA	F	50	1:23:38	1	Gold
Triathlon	50-54 Female	Lynn	Gaumer	Ankeny	IA	F	54	1:26:34	2	Silver
Triathlon	50-54 Female	Dina	Smidt	Des Moines	IA	F	52	1:28:00	3	Bronze
Triathlon	50-54 Female	Kim	Moyle	Ankeny	IA	F	53	1:30:50	4	
Triathlon	50-54 Female	Tracey	Yates	Story City	IA	F	53	1:39:51	5	
Triathlon	50-54 Male	James	Thornton	Ankeny	IA	M	51	1:12:04	1	Gold
Triathlon	50-54 Male	mathieu	cagnard	cedar rapids	IA	M	51	1:12:23	2	Silver
Triathlon	50-54 Male	Ian	Lawler	Huxley	IA	M	51	1:12:52	3	Bronze
Triathlon	50-54 Male	Mike	Hershberger	Ankeny	IA	M	50	1:13:38	4	
Triathlon	50-54 Male	Matthew	Rodine	Des Moines	IA	M	52	1:16:01	5	
Triathlon	50-54 Male	Sean	O'Brien	DES MOINES	IA	M	52	1:19:19	6	
Triathlon	50-54 Male	Juan	Madrigal	Waukee	IA	M	50	1:20:43	7	
Triathlon	50-54 Male	Ray	Seidelman	West Des Moines	IA	M	49	1:22:40	8	
Triathlon	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	56	1:29:21	1	Gold
Triathlon	55-59 Female	Scheila	Hufford	Urbandale	IA	F	59	2:00:11	2	Silver
Triathlon	55-59 Male	Stephen	Ash	West Des Moines	IA	M	55	1:16:34	1	Gold
Triathlon	55-59 Male	Dave	Briden	Van Meter	IA	M	56	1:19:50	2	Silver
Triathlon	55-59 Male	Karl	Overton	Des Moines	IA	M	54	1:21:09	3	Bronze
Triathlon	55-59 Male	Ron	Austin	Wheaton	IL	M	57	1:23:53	4	
Triathlon	55-59 Male	John	Urban	Urbandale	IA	M	54	1:24:11	5	
Triathlon	55-59 Male	Brad	Johnson	Polk City	IA	M	57	1:26:11	6	
Triathlon	55-59 Male	Wayne	Ostergaard	Johnston	IA	M	59	1:42:02	7	
Triathlon	55-59 Male	Chuck	Long	Ames	IA	M	59	1:42:12	8	
Triathlon	60-64 Female	Sherri	Huff	Winterset	IA	F	60	1:24:42	1	Gold
Triathlon	60-64 Female	Ssang	Gebelein	West Des Moines	IA	F	63	1:28:51	2	Silver
Triathlon	60-64 Female	Barb	Baker	Grinnell	IA	F	61	1:30:19	3	Bronze
Triathlon	60-64 Female	Heather	Stilborn	Clive	IA	F	59	1:36:34	4	
Triathlon	60-64 Male	Steve	Mayberry	AMES	IA	M	60	1:11:59	1	Gold
Triathlon	60-64 Male	John	Justice	Fort Dodge	IA	M	62	1:17:35	2	Silver
Triathlon	60-64 Male	Eric	Lockwood	Marion	IA	M	61	1:19:22	3	Bronze
Triathlon	60-64 Male	Craig	Marrs	Ames	IA	M	60	1:20:59	4	
Triathlon	60-64 Male	Curt	Sauve	Mason City	IA	M	60	1:24:15	5	
Triathlon	60-64 Male	Andrew	Stroud	Des Moines	IA	M	63	1:34:14	6	
Triathlon	60-64 Male	Dale	Knoshaug	Des Moines	IA	M	60	1:39:44	7	
Triathlon	65-69 Female	Laurie	Briden	Van Meter	IA	F	64	1:31:39	1	Gold
Triathlon	65-69 Female	Joyce	Burch	Pella	IA	F	66	1:36:29	2	Silver
Triathlon	65-69 Male	Paul	Carter	Clive	IA	M	67	1:26:21	1	Golf
Triathlon	65-69 Male	Ricks	Polk	Hubbard	IA	M	65	1:26:21	2	Silver
Triathlon	65-69 Male	Bill	Knoedel	Urbandale	IA	M	68	1:30:18	3	Bronze

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Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Triathlon	65-69 Male	Robert	Phelps	Cedar Rapids	IA	M	65	1:33:21	4	
Triathlon	65-69 Male	Alan	Gross	Des Moines	IA	M	68	1:36:42	5	
Triathlon	75-79 Male	Steve	Boyd	Cedar Falls	IA	M	74	1:53:28	1	Gold
TEAM SPORTS RESULTS										
3 ON 3 BASKETBALL										
Event	Age Group	Team Name		State		Gender		Record	Place	Medal
Basketball 3 on 3 Female Division	50+	Copperheads		IL		F		1-0	1	Gold
Basketball 3 on 3 Female Division	50+	Having Fun		IA		F		0-1	2	Silver
Basketball 3 on 3 Male Division	50+	Haege		MN		M		2-0	1	Gold
Basketball 3 on 3 Male Division	50+	Blues Brothers		IA		M		1-2	2	Silver
Basketball 3 on 3 Male Division	60+	Gunnars		IA		M		0-2	1	Gold
Basketball 3 on 3 Male Division	65+	Minnesota Shooters		MN		M		2-0	1	Gold
Basketball 3 on 3 Male Division	70+	Bucketmakers		NE		M		0-2	1	Gold
GRANNY BASKETBALL										
Event	Age Group	Team Name		State		Gender		Record	Place	Medal
Granny Basketball	Group A	Fire Flies		IA		F			1	Gold
Granny Basketball	Group A	Model T's		IA		F			2	Silver
Granny Basketball	Group A	Sizzlers		IA		F			3	Bronze
Granny Basketball	Group B	Oklahoma Rockers		OK		F			1	Gold
Granny Basketball	Group B	Indianola Motorcycle Grannies		IA		F			2	Silver
Granny Basketball	Group B	Kansas Prairie Storm		KS		F			3	Bronze

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