



IOWA senior games.org f 🔰



GOLF SPONSORS

21st Century Rehab PC Edward Jones - Andy Leech Grinnell Mutual Hartung & Schroeder Law Office Iowa State Bank Kum & Go McCormick & Associates Midwest Heritage Bank Miller,Fidler, and Hinke Pella Regional Health Center People's Bank Pinemeadow Shull, Shrum, et al Wagner's Golf Wallaby's West Bank

		INDIV	DUAL SPORTS RE	SULTS						
		ACCUR	ACY & DISTANCE	EVENTS						
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	50-54 Male	Bob	Hallgren	Des Moines	IA	М	53	7	1	Gold
Basketball Shooting Around the World	55-59 Male	Thomas	Shide	Urbandale	IA	М	58	6	1	Gold
Basketball Shooting Around the World	60-64 Male	Brent	Alexander	West Des Moines	IA	М	60	11	1	Gold
Basketball Shooting Around the World	60-64 Male	David	Strege	Winterset	IA	М	63	10	2	Silver
Basketball Shooting Around the World	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	9	3	Bronze
Basketball Shooting Around the World	60-64 Male	Keith	Kauten	Coralville	IA	М	61	2	6	
Basketball Shooting Around the World	60-64 Male	Dennis	Lehr	Orion	IL	М	61	7	4	
Basketball Shooting Around the World	60-64 Male	Brad	Staley	hampton	IA	М	62	4	4	
Basketball Shooting Around the World	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	3	5	
Basketball Shooting Around the World	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	9	1	Gold
Basketball Shooting Around the World	65-69 Male	Harold	Bayley	Los Lunas	NM	М	68	10	1	Gold
Basketball Shooting Around the World	65-69 Male	Mike	Weeks	Batesville	AR	М	65	6	2	Silver
Basketball Shooting Around the World	65-69 Male	Randy	Davis	Altoona	IA	М	65	6	2	Silver
Basketball Shooting Around the World	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	3	3	Bronze
Basketball Shooting Around the World	65-69 Male	Chuck	Ward	Urbandale	IA	М	69	0	4	
Basketball Shooting Around the World	70-74 Male	Phil	Ramsey	Grimes	IA	М	70	13	1	Gold
Basketball Shooting Around the World	70-74 Male	Marvin	Burton	Des Moines	IA	М	74	12	2	Silver
Basketball Shooting Around the World	70-74 Male	Denny	Posekany	SOLON	IA	М	72	11	3	Bronze
Basketball Shooting Around the World	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	11	3	Bronze
Basketball Shooting Around the World	70-74 Male	Tarry	CORY	CLIVE	IA	М	73	8		
Basketball Shooting Around the World	70-74 Male	Dale	Thede	Urbandale	IA	М	70	7		
Basketball Shooting Around the World	70-74 Male	Lynn	Isenberger	Johnston	IA	М	71	9	4	
Basketball Shooting Around the World	70-74 Male	Ándy	Steinfeldt	Minnetonka	MN	М	73	6	7	
Basketball Shooting Around the World	75-79 Male	Neil	Westendorf	West Des Moines	IA	М	76	12	1	Gold
Basketball Shooting Around the World	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	9		Silver
Basketball Shooting Around the World	75-79 Male	Ron	Peterson	Waukee	IA	М	77	9		Bronze
Basketball Shooting Around the World	75-79 Male	Robert	Dixon	Lawrence	KS	М	79	8		
Basketball Shooting Around the World	75-79 Male	Frank	Perez	West Des Moines	IA	М	79	8		
			_							
Basketball Shooting Around the World	80-84 Male	Don	Newton	West Des Moines	IA	м	82	6	1	Gold
Basketball Shooting Around the World	80-84 Male	James	Brown	Rockwall	TX	M	81	9		Gold
Basketball Shooting Around the World	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	5		Silver
Basketball Shooting Around the World	80-84 Male	Martin	Zanger	Robbinsdale	MN	M	80	9		Silver
Basketball Shooting Around the World	80-84 Male	Ken	Stewart	Batavia	ОН	M	81	7		Bronze

Basketball Shooting A	Around the World	85-89 Male	William	Brennan	Cedar Rapids	IA	M	85	9	1	Gold
Basketball Shooting A		85-89 Male	Richard	Anderson	West Des Moines	IA	М	86	9	2	Silver
Basketball Shooting A		85-89 Male	Fred	Bankus	Pella	IA	М	85	7	3	Bronze
Basketball Shooting A	Around the World	90-94 Male	Bart	Young	Indianola	IA	М	90	5	1	Gold
Basketball Shooting A		55-59 Female	Kim	Tomes	Jones	ОК	F	57	14		Gold
Basketball Shooting A		55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	10		Gold
Basketball Shooting A		55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	58	9		Silver
Basketball Shooting A		55-59 Female	Sherry	Adney	McGregor	IA	F	56	6		Silver
Basketball Shooting A	Around the World	55-59 Female	Geri	Westman	Mustang	ОК	F	57	5	3	Bronze
Basketball Shooting A	Around the World	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	4	3	Bronze
Basketball Shooting A	Around the World	60-64 Female	LuAnne	Brown	Ankeny	IA	F	64	10	1	Gold
Basketball Shooting A		60-64 Female	Janice	Leinen	North English	IA	F	63	8		Silver
Basketball Shooting A		60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	8		Bronze
Basketball Shooting A		60-64 Female	Virginia	McFadden	Marion	IA	F	63	8	-	Bronze
Basketball Shooting A		60-64 Female	ANGELA	WEAVER	Del City	OK	F	60	4	5	DIONZE
Basketball Shooting A		60-64 Female	Michele	Clark	Berryton	ks	F	64	5	4	
			WIICHEIE		Berryton	N3	r	04	5	4	
Basketball Shooting A	Around the World	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	11	1	Gold
Basketball Shooting A	Around the World	65-69 Female	Sue	Manning	Monroe	IA	F	68	6	2	Silver
Basketball Shooting A	Around the World	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	6	2	Silver
Basketball Shooting A	Around the World	65-69 Female	Paula	Schultz	Indianola	IA	F	68	5	3	Bronze
Basketball Shooting A	Around the World	65-69 Female	Kathi	Mitchell	Canton	MN	F	67	4	4	
Basketball Shooting A		75-79 Female	Dorothea	DeQuasie	Choctaw	ОК	F	76	8		Gold
Basketball Shooting A		75-79 Female	Jean	Minahan	Des Moines	IA	F	79	6		Gold
Basketball Shooting A	Around the World	75-79 Female	Georgia	Jones	McGregor	IA	F	75	4	2	Silver
Basketball Shooting A	Around the World	80-84 Female	Imogene	Clark	Oklahoma City	ОК	F	81	7	1	Gold
Basketball Shooting F	ree Throws	50-54 Male	Bob	Hallgren	Des Moines	IA	Μ	53	13	1	Gold
Basketball Shooting F	ree Throws	55-59 Male	Thomas	Shide	Urbandale	IA	Μ	58	11	1	Gold
Basketball Shooting F	ree Throws	60-64 Male	David	Strege	Winterset	IA	M	63	14	1	Gold
Basketball Shooting F		60-64 Male	Dennis	Lehr	Orion	IL	M	61	14		Gold
Basketball Shooting F		60-64 Male	Brent	Alexander	West Des Moines	IA	M	60	13		Silver
Basketball Shooting F		60-64 Male	Timothy	Pew	Des Moines	IA	M	60	13		Bronze
Basketball Shooting F		60-64 Male	Keith	Kauten	Coralville	IA	M	61	8	4	5101120

Basketball Shooting Free Th	rows 60-64 N	/lale B	rad	Staley	hampton	IA	М	62	7	5	
Basketball Shooting Free Th	rows 60-64 N	/lale Je	eff	Pfundheller	Urbandale	IA	М	60	4	6	
Basketball Shooting Free Th	rows 65-69 N	/lale B	rad	Ewest	Ankeny	IA	М	68	14	1	Gold
Basketball Shooting Free Th	rows 65-69 N	/lale R	andy	Davis	Altoona	IA	М	65	10	2	Silver
Basketball Shooting Free Th	rows 65-69 N	/lale H	larold	Bayley	Los Lunas	NM	М	68	13	2	Silver
Basketball Shooting Free Th	rows 65-69 N	/lale Jo	be	Bohlke	Des Moines	IA	М	66	8	3	Bronze
Basketball Shooting Free Th	rows 65-69 N	/lale N	/like	Weeks	Batesville	AR	М	65	7	4	
Basketball Shooting Free Th	rows 70-74 N	/lale D	ennis	Hinckley	Sioux Falls	SD	М	70	14	1	Gold
Basketball Shooting Free Th	rows 70-74 N	/lale P	hil	Ramsey	Grimes	IA	М	70	12	1	Gold
Basketball Shooting Free Th	rows 70-74 N	/lale Ta	arry	CORY	CLIVE	IA	М	73	12	2	Silver
Basketball Shooting Free Th	rows 70-74 N	/lale N	/larvin	Burton	Des Moines	IA	М	74	12	3	Bronze
Basketball Shooting Free Th	rows 70-74 N	/lale D	enny	Posekany	SOLON	IA	М	72	12	4	
Basketball Shooting Free Th	rows 70-74 N	/lale G	ireg	Eastman	Clive	IA	М	74	7	7	
Basketball Shooting Free Th	rows 70-74 N	/lale D	ale	Thede	Urbandale	IA	М	70	9	6	
Basketball Shooting Free Th	rows 70-74 N	/lale Ly	ynn	Isenberger	Johnston	IA	М	71	10	5	
Basketball Shooting Free Th	rows 70-74 N	/lale A	ndy	Steinfeldt	Minnetonka	MN	М	73	7	7	
Basketball Shooting Free Th	rows 75-79 N	/lale Fi	rank	Perez	West Des Moines	IA	М	79	14	1	Gold
Basketball Shooting Free Th	rows 75-79 N	/lale R	obert	Dixon	Lawrence	KS	М	79	12	2	Silver
Basketball Shooting Free Th	rows 75-79 N	/lale N	leil	Westendorf	Onawa	IA	М	78	12	2	Silver
Basketball Shooting Free Th	rows 75-79 N	/lale A	lan	Schenck	Clarinda	IA	М	75	9	3	Bronze
Basketball Shooting Free Th	rows 75-79 N	/lale R	on	Peterson	Waukee	IA	М	77	9	4	
Basketball Shooting Free Th	rows 80-84 N	/lale D	on	Newton	West Des Moines	IA	М	82	7	1	Gold
Basketball Shooting Free Th	rows 80-84 N	/lale N	/lartin	Zanger	Robbinsdale	MN	М	80	10	1	Gold
Basketball Shooting Free Th	rows 80-84 N	/lale Ja	ames	Brown	Rockwall	ТΧ	М	81	10	2	Silver
Basketball Shooting Free Th	rows 80-84 N	/lale R	ich	Hoidahl	Johnston	IA	М	80	5	2	Silver
Basketball Shooting Free Th	rows 80-84 N	/lale K	en	Stewart	Batavia	ОН	М	81	8	3	Bronze
Basketball Shooting Free Th	rows 85-89 N	/lale W	Villiam	Brennan	Cedar Rapids	IA	М	85	10	1	Gold
Basketball Shooting Free Th	rows 85-89 N	/lale R	ichard	Anderson	West Des Moines	IA	М	86	7	2	Silver
Basketball Shooting Free Th	rows 85-89 N	/lale Fi	red	Bankus	Pella	IA	Μ	85	6	3	Bronze
Basketball Shooting Free Th	rows 55-59 F	emale Ja	acqueline	Riekena	West Des Moines	IA	F	56	12	1	Gold
Basketball Shooting Free Th	rows 55-59 F	emale Ki	im	Tomes	Jones	ОК	F	57	11	2	Silver
Basketball Shooting Free Th	rows 55-59 F	emale Sl	herry	Adney	McGregor	IA	F	56	8	2	Silver
Basketball Shooting Free Th	rows 55-59 F				Prairie du Chien	WI	F	58	7	3	Bronze
Basketball Shooting Free Th	rows 55-59 F	emale Je	ennifer	Amy Shide	Urbandale	IA	F	55	5	3	Bronze
Basketball Shooting Free Th	rows 55-59 F	emale G	ieri	Westman	Mustang	OK	F	57	6	4	

Basketball Shooting Free Throws	60-64 Female	Virginia	McFadden	Marion	IA	F	63	9	1	Gold
Basketball Shooting Free Throws	60-64 Female	Michele	Clark	Berryton	KS	F	64	9	2	Silver
Basketball Shooting Free Throws	60-64 Female	LuAnne	Brown	Ankeny	IA	F	64	8		Silver
Basketball Shooting Free Throws	60-64 Female	ANGELA	WEAVER	Del City	ОК	F	60	6	3	Bronze
Basketball Shooting Free Throws	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	6	4	
Basketball Shooting Free Throws	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	11	1	Gold
Basketball Shooting Free Throws	65-69 Female	Paula	Schultz	Indianola	IA	F	68	10	2	Silver
Basketball Shooting Free Throws	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	4	3	Bronze
Basketball Shooting Free Throws	65-69 Female	Kathi	Mitchell	Canton	MN	F	67	7	3	Bronze
Basketball Shooting Free Throws	65-69 Female	Sue	Manning	Monroe	IA	F	68	3	4	
Basketball Shooting Free Throws	75-79 Female	Georgia	Jones	McGregor	IA	F	75	8	1	Gold
Basketball Shooting Free Throws	75-79 Female	Dorothea	DeQuasie	Choctaw	ОК	F	76	7	2	Silver
Basketball Shooting Free Throws	75-79 Female	Jean	Minahan	Des Moines	IA	F	79	7	2	Silver
Basketball Shooting Free Throws	80-84 Female	Imogene	Clark	Oklahoma City	ОК	F	81	6	1	Gold
Football Accuracy Throw	50-54 Male	Bob	Hallgren	Des Moines	IA	Μ	53	120		Gold
Football Accuracy Throw	50-54 Male	Brian	Andrae	Orion	IL	Μ	54	100		Silver
Football Accuracy Throw	50-54 Male	Tony	Goodrich	Clive	IA	м	50	40	2	Silver
Football Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	40	1	Gold
Football Accuracy Throw	55-59 Male	James	Kopacek	Urbandale	IA	М	58	30	2	Silver
Football Accuracy Throw	60-64 Male	Dennis	Lehr	Orion	IL	M	61	140	1	Gold
Football Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	M	60	60		Gold
Football Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	60	50		Silver
Football Accuracy Throw	60-64 Male	Brad	Staley	hampton	IA	M	62	40		Bronze
Football Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	40	4	
Football Accuracy Throw	60-64 Male	David /	Strege	Winterset	IA	М	63	30	5	
Football Accuracy Throw	60-64 Male	Doug	Roby	sioux falls	SD	М	61	20	6	
Football Accuracy Throw	60-64 Male	Keith	Kauten	Coralville	IA	М	61	10	7	
Football Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	М	65	80	1	Gold
Football Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	60		Gold
Football Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	М	65	50		Silver
Football Accuracy Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	50		Bronze
Football Accuracy Throw	65-69 Male	Chuck	Ward	Urbandale	IA	М	69	20	4	
Football Accuracy Throw	70-74 Male	Tarry	CORY	CLIVE	IA	М	73	110		Gold
Football Accuracy Throw	70-74 Male	Phil	Ramsey	Grimes	IA	Μ	70	60	2	Silver

Football Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	М	70	50	3	Bronze
Football Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	74	50	4	
Football Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	73	50	4	
Football Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	М	72	40	5	
Football Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	М	70	40	5	
Football Accuracy Throw	70-74 Male	Denny	Posekany	SOLON	IA	М	72	30	6	
Football Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	М	73	30	6	
Football Accuracy Throw	70-74 Male	Greg	Eastman	Clive	IA	М	74	20	7	
Football Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	10	8	
Football Accuracy Throw	70-74 Male	Stanley	Allspach	Baxter	IA	М	73	10	8	
Football Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	М	77	30	1	Gold
Football Accuracy Throw	75-79 Male	Frank	Perez	West Des Moines	IA	М	79	30	1	Gold
Football Accuracy Throw	80-84 Male	Ken	Stewart	Batavia	ОН	M	81	40	1	Gold
Football Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	82	10		Silver
Football Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	0		
								-		
Football Accuracy Throw	85-89 Male	Donald	Hutchinson	West Des Moines	IA	М	85	40	1	Gold
Football Accuracy Throw	85-89 Male	Gary	Sechrist	Minneapolis	KS	М	86	20	2	Silver
Football Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	м	86	0		
	EE EO Fomala	lacqualina	Riekena	Wast Das Mainas	IA	r.	56	100	1	Gold
Football Accuracy Throw	55-59 Female	Jacqueline		West Des Moines		F	56	70		Silver
Football Accuracy Throw	55-59 Female 55-59 Female	Sherry Jennifer	Adney Amy Shide	McGregor Urbandale	IA IA	F	55	70 10		Bronze
Football Accuracy Throw	55-59 Female	Jennier	Arriy Shide	Urbandale				10	3	вгопzе
Football Accuracy Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	70	1	Gold
Football Accuracy Throw	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	70		Gold
Football Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	30	2	Silver
Football Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	10		Bronze
Football Accuracy Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	40	1	Gold
Football Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	40		Silver
Football Accuracy Throw	65-69 Female	Yvonne	Fielder	Des Moines	IA	F	69	0	2	5/17(1
	05 05 1 Cillate						05	0		
Football Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	79	50	1	Gold
Football Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	0		
Football Accuracy Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	0		
Feetball Distance Throw		Drian	Andras	Orion		N.4	E A	150	1	Cold
Football Distance Throw	50-54 Male	Brian	Andrae	Orion	IL	M	54	159'		Gold
Football Distance Throw	50-54 Male	Bob	Hallgren	Des Moines	IA	М	53	156'	2	Silver

Football Distance Throw	50-54 Male	Tony	Goodrich	Clive	IA	М	50	132'	3	Bronze
Football Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	120'	1	Gold
Football Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	141'	1	Gold
Football Distance Throw	60-64 Male	Doug	Roby	sioux falls	SD	Μ	61	132'	2	Silver
Football Distance Throw	60-64 Male	David	Strege	Winterset	IA	Μ	63	120'	2	Silver
Football Distance Throw	60-64 Male	Dennis	Lehr	Orion	IL	Μ	61	120'	3	Bronze
Football Distance Throw	60-64 Male	Brad	Staley	hampton	IA	Μ	62	117'	4	,
Football Distance Throw	60-64 Male	andrew	Bean	waukee	IA	Μ	63	105'	5	ı
Football Distance Throw	60-64 Male	Keith	Kauten	Coralville	IA	M	61	87'	6	
Football Distance Throw	65-69 Male	Chris	Ostlund	waukee	IA	M	68	132'	1	Gold
Football Distance Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	Μ	66	102'	2	Silver
Football Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	Μ	68	102'	3	Bronze
Football Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	Μ	65	96'	4	
Football Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	Μ	65	90'	5	,
Football Distance Throw	65-69 Male	Chuck	Ward	Urbandale	IA	M	69	90'	6	
Football Distance Throw	70-74 Male	Tarry	CORY	CLIVE	IA	M	73	177'	1	Gold
Football Distance Throw	70-74 Male	Phil	Ramsey	Grimes	IA	Μ	70	144'	2	Silver
Football Distance Throw	70-74 Male	Randall	Olson	Nebraska City	NE	Μ	74	129'	3	Bronze
Football Distance Throw	70-74 Male	Ronald	Kohler	Robins	IA	Μ	70	84'	3	Bronze
Football Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	Μ	70	105'	4	
Football Distance Throw	70-74 Male	Greg	Eastman	Clive	IA	Μ	74	81'	5	,
Football Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	Μ	74	81'	6	,
Football Distance Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	Μ	72	78'	7	
Football Distance Throw	70-74 Male	Stanley	Allspach	Baxter	IA	M	73	66'	8	
Football Distance Throw	75-79 Male	Tony	Toigo	Indianola	IA	M	75	102'	1	Gold
Football Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	М	77	84'	2	Silver
Football Distance Throw	75-79 Male	Frank	Perez	West Des Moines	IA	Μ	79	84'	3	Bronze
Football Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	69'		
Football Distance Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	82	69'	1	. Gold
Football Distance Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	Μ	80	63'		Silver
Football Distance Throw	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	54'	3	Bronze
Football Distance Throw	85-89 Male	Donald	Hutchinson	West Des Moines	IA	M	85	84'	1	. Gold
Football Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	М	86	39'	2	Silver
Football Distance Throw	90-94 Male	Bart	Young	Indianola	IA	M	90	39'	1	. Gold

Football Distance Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	57'	1	Gold
Football Distance Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	57'	2	Silver
Football Distance Throw	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	54'	3	Bronze
Football Distance Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	66'	1	Gold
Football Distance Throw	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	63'	1	Gold
Football Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	54'	2	Silver
Football Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	42'	3	Bronze
Football Distance Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	75'	1	Gold
Football Distance Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	51'	2	Silver
Football Distance Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	68	42'	3	Bronze
Football Distance Throw	65-69 Female	Yvonne	Fielder	Des Moines	IA	F	69	42'	4	
Football Distance Throw	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	45'	1	Gold
Football Distance Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	79	45'	1	Gold
Football Distance Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	30'	2	Silver
Football Distance Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	33'	1	Gold
Softball Accuracy Throw	50-54 Male	Bob	Hallgren	Des Moines	IA	M	53	110	1	Gold
Softball Accuracy Throw	50-54 Male	Brian	Andrae	Orion	IL	М	54	90	2	Silver
Softball Accuracy Throw	50-54 Male	Tony	Goodrich	Clive	IA	M	50	60	2	Silver
Softball Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	80	1	Gold
Softball Accuracy Throw	55-59 Male	James	Kopacek	Urbandale	IA	M	58	0		
Softball Accuracy Throw	60-64 Male	David	Strege	Winterset	IA	M	63	80	1	Gold
Softball Accuracy Throw	60-64 Male	Brad	Staley	hampton	IA	М	62	70	2	Silver
Softball Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	70	2	Silver
Softball Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	70	2	Silver
Softball Accuracy Throw	60-64 Male	Dennis	Lehr	Orion	IL	М	61	60	3	Bronze
Softball Accuracy Throw	60-64 Male	Brent	Alexander	West Des Moines	IA	М	60	60	3	Bronze
Softball Accuracy Throw	60-64 Male	Doug	Roby	sioux falls	SD	М	61	60	3	Bronze
Softball Accuracy Throw	60-64 Male	Keith	Kauten	Coralville	IA	M	61	20	4	
Softball Accuracy Throw	65-69 Male	Tom	Suckow	West Des Moines	IA	M	68	120		Gold
Softball Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	М	65	110		Silver
Softball Accuracy Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	50	2	Silver
Softball Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	Μ	68	40	3	Bronze

Softball Accuracy Throw	65-69 Male	Kevin	Barker	Lincoln	NE	Μ	67	30	4	
Softball Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	М	65	20	5	
Softball Accuracy Throw	65-69 Male	Chuck	Ward	Urbandale	IA	М	69	10	6	
Softball Accuracy Throw	70-74 Male	Phil	Ramsey	Grimes	IA	Μ	70	140	1	Gold
Softball Accuracy Throw	70-74 Male	Tarry	CORY	CLIVE	IA	Μ	73	110	2	Silver
Softball Accuracy Throw	70-74 Male	Ronald	Kohler	Robins	IA	Μ	70	80	3	Bronze
Softball Accuracy Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	Μ	72	60	4	
Softball Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	Μ	74	50	5	
Softball Accuracy Throw	70-74 Male	Denny	Posekany	SOLON	IA	Μ	72	40	6	
Softball Accuracy Throw	70-74 Male	Dale	Thede	Urbandale	IA	Μ	70	30	7	
Softball Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	Μ	73	30	8	
Softball Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	Μ	73	20	9	
Softball Accuracy Throw	70-74 Male	Greg	Eastman	Clive	IA	Μ	74	10	10	
Softball Accuracy Throw	70-74 Male	Lynn	Isenberger	Johnston	IA	Μ	71	10	10	
Softball Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	Μ	70	10	10	
Softball Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	М	77	90	1	Gold
Softball Accuracy Throw	75-79 Male	Frank	Perez	West Des Moines	IA	М	79	70	2	Silver
Softball Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	50	3	Bronze
Softball Accuracy Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	Μ	78	0		
Softball Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	Μ	80	40	1	Gold
Softball Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	М	82	0		
Softball Accuracy Throw	85-89 Male	Don	Zimmer	West Des Moines	IA	М	87	50		Gold
Softball Accuracy Throw	85-89 Male	Donald	Hutchinson	West Des Moines	IA	М	85	50		Silver
Softball Accuracy Throw	85-89 Male	Gary	Sechrist	Minneapolis	KS	М	86	10	3	Bronze
Softball Accuracy Throw	85-89 Male	Kenneth	Clark	Urbandale	IA	М	85	0		
Softball Accuracy Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	100		Gold
Softball Accuracy Throw	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	70		Silver
Softball Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	58	70		Bronze
Softball Accuracy Throw	55-59 Female	Sherry	Adney	McGregor	IA	F	56	60	3	Bronze
Softball Accuracy Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	70		Gold
Softball Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	60		Gold
Softball Accuracy Throw	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	10		Silver
Softball Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	0	3	Bronze
Softball Accuracy Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	67	80		Gold
Softball Accuracy Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	68	20	2	Silver

Softball Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	20	3	Bronze
Softball Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	79	20		Gold
Softball Accuracy Throw	75-79 Female	Suzan	French	Ankeny	IA	F	76	10	2	Silver
Softball Accuracy Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	10	1	Gold
Softball Distance Throw	50-54 Male	Brian	Andrae	Orion	IL	M	54	192'	1	Gold
Softball Distance Throw	50-54 Male	Tony	Goodrich	Clive	IA	М	50	147'		Silver
Softball Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	141'	1	Gold
Softball Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	M	60	177'	1	Gold
Softball Distance Throw	60-64 Male	Doug	Roby	Sioux Falls	SD	М	61	162'	2	Silver
Softball Distance Throw	60-64 Male	David	Strege	Winterset	IA	М	63	156'	2	Silver
Softball Distance Throw	60-64 Male	Brad	Staley	Hampton	IA	М	62	150'	3	Bronze
Softball Distance Throw	60-64 Male	Dennis	Lehr	Waukee	IL	М	61	147'	4	
Softball Distance Throw	60-64 Male	Keith	Kauten	Coralville	IA	М	61	123'	5	
Softball Distance Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	117'	6	
Softball Distance Throw	65-69 Male	Chris	Ostlund	Waukee	IA	M	68	174'	1	Gold
Softball Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	174		Silver
		· · · ·			IA	M	68	126		Silver
Softball Distance Throw Softball Distance Throw	65-69 Male 65-69 Male	Brad Chuck	Ewest Ward	Ankeny Urbandale	IA	M	69	120	5	Silver
					AR	M	65	123	4	
Softball Distance Throw	65-69 Male	Mike	Weeks Barker	Batesville	NE	M	65	105	5	-
Softball Distance Throw	65-69 Male	Kevin		Lincoln		M	66	96'	6 7	
Softball Distance Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	M		96 90'		
Softball Distance Throw	65-69 Male	Tom	Suckow	West Des Moines	IA		68	90	8	
Softball Distance Throw	70-74 Male	Tarry	CORY	Clive	IA	М	73	231'	1	Gold
Softball Distance Throw	70-74 Male	Phil	Ramsey	Grimes	IA	М	70	183'	2	Silver
Softball Distance Throw	70-74 Male	Randall	Olson	Nebraska City	NE	М	74	168'	3	Bronze
Softball Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	126'	3	Bronze
Softball Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	74	102'	4	
Softball Distance Throw	70-74 Male	Tim	Phillips	Hiawatha	IA	М	72	99'	5	
Softball Distance Throw	70-74 Male	Greg	Eastman	Clive	IA	М	74	96'	6	
Softball Distance Throw	75-79 Male	Tony	Toigo	Indianola	IA	M	75	132'	1	Gold
Softball Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	129'		Silver
Softball Distance Throw	75-79 Male	Frank	Perez	West Des Moines	IA	M	79	96'		Bronze
Softball Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	84'	4	

80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	78'		Gold
80-84 Male	Don	Newton	West Des Moines	IA	М	82	72'	2	Silver
85-89 Male	Gary	Sechrist	Minneapolis	KS	М		123'		Gold
85-89 Male	Donald	Hutchinson	West Des Moines	IA					Silver
85-89 Male	Don	Zimmer	West Des Moines	IA	М			3	Bronze
85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	51'	4	L .
90-94 Male	Bart	Young	Indianola	IA	M	90	45'	1	. Gold
55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	78'		Gold
55-59 Female	Sherry	Adney	McGregor	IA	-	56	72'	2	Silver
55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	72'	3	Bronze
60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	62	90'	1	. Gold
60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	90'	1	Gold
60-64 Female	Greta	Budweg	Ankeny	IA	F	63	66'	2	Silver
60-64 Female	Janice	Leinen	North English	IA	F	63	54'	3	Bronze
65-69 Female	Margaret	Beuter	lowa City	IA	F	67	90'	1	. Gold
65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	72'	2	Silver
65-69 Female	Paula	Schultz	Indianola	IA	F	68	66'	3	Bronze
70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	42'	1	. Gold
75-79 Female	Jean	Minahan	Des Moines	IA	F	79	51'	1	. Gold
75-79 Female	Suzan	French	Ankeny	IA	F	76	36'	2	Silver
85-89 Female	Norma	Ramker	Urbandale	IA	F	87	60'	1	Gold
50-54 Male	Tony	Goodrich	Clive	IA	M	50	20	1	. Gold
50-54 Male	Bob	Hallgren	Des Moines	IA	M	53	20	1	Gold
55-59 Male	Thomas	Shide	Urbandale	IA	М	58	20	1	Gold
60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	60	35		Gold
60-64 Male	Brad	Staley	hampton	IA	М	62	25		Silver
60-64 Male	Brent	Alexander	West Des Moines	IA	М	60	20		Bronze
60-64 Male	Dennis	Lehr	Orion	IL	М	61	20	3	Bronze
60-64 Male	Timothy	Pew	Des Moines	IA	М	60	20	3	Bronze
60-64 Male	Keith	Kauten	Coralville	IA	Μ	61	15	4	
	80-84 Male 85-89 Male 90-94 Male 55-59 Female 55-59 Female 55-59 Female 60-64 Female 60-64 Female 60-64 Female 60-64 Female 65-69 Female 65-69 Female 65-69 Female 70-74 Female 75-79 Female 75-79 Female 75-79 Female 85-89 Female 60-54 Male 50-54 Male 50-54 Male 60-64 Male	80-84 MaleDon85-89 MaleGary85-89 MaleDonald85-89 MaleDon85-89 MaleDon85-89 MaleRichard85-89 MaleBart90-94 MaleBart55-59 FemaleJennifer55-59 FemaleJennifer55-59 FemaleJacqueline60-64 FemaleJudy60-64 FemaleJudy60-64 FemaleJanice60-64 FemaleJanice60-64 FemaleJanice60-64 FemaleBarbara65-69 FemaleBarbara65-69 FemaleBarbara65-69 FemaleBarbara65-69 FemaleBarbara65-69 FemaleSuzan70-74 FemaleChristine75-79 FemaleSuzan85-89 FemaleSuzan85-89 FemaleSuzan60-54 MaleBob60-64 MaleJeff60-64 MaleBrent60-64 MaleDennis60-64 MaleDennis	80-84 MaleDonNewton85-89 MaleGarySechrist85-89 MaleDonaldHutchinson85-89 MaleDonZimmer85-89 MaleDonZimmer85-89 MaleRichardAnderson90-94 MaleBartYoung90-94 MaleBartYoung55-59 FemaleJenniferAmy Shide55-59 FemaleJacquelineRiekena90-64 FemaleJudyKelly60-64 FemaleJudyKelly60-64 FemaleGretaBudweg60-64 FemaleJaniceLeinen60-64 FemaleJaniceLeinen60-64 FemaleBarbaraMalone65-69 FemaleBarbaraMalone65-69 FemaleBarbaraMalone65-69 FemaleBarbaraMalone70-74 FemaleChristineCarroll70-74 FemaleJeanMinahan75-79 FemaleJeanMinahan75-79 FemaleSuzanFrench85-89 FemaleNormaRamker90-94 MaleTonyGoodrich90-94 MaleBobHallgren91-94 MaleJeffPfundheller92-94 MaleBrentAlexander	80-84 Male Don Newton West Des Moines 85-89 Male Gary Sechrist Minneapolis 85-89 Male Donald Hutchinson West Des Moines 85-89 Male Don Zimmer West Des Moines 85-89 Male Richard Anderson West Des Moines 90-94 Male Bart Young Indianola 90-94 Male Bart Young Indianola 55-59 Female Jennifer Amy Shide Urbandale 55-59 Female Jacqueline Riekena West Des Moines 60-64 Female Judy Kelly Prairie du Chien 60-64 Female Judy Kelly Prairie du Chien 60-64 Female Janice Leinen North English 65-69 Female Margaret Beuter Iowa City 65-69 Female Barbara Malone Pleasant Hill 65-69 Female Paula Schultz Indianola 70-74 Female Christine Carroll West Des Moines 75-79 Female Jean Minahan Des Moines	80-84 Male Don Newton West Des Moines IA 85-89 Male Gary Sechrist Minneapolis KS 85-89 Male Donald Hutchinson West Des Moines IA 85-89 Male Don Zimmer West Des Moines IA 85-89 Male Richard Anderson West Des Moines IA 90-94 Male Bart Young Indianola IA 55-59 Female Jennifer Amy Shide Urbandale IA 55-59 Female Jennifer Amy Shide Urbandale IA 60-64 Female Jacqueline Riekena West Des Moines IA 60-64 Female Judy Kelly Prairie du Chien WI 60-64 Female Judy Kelly Prairie du Chien WI 60-64 Female Janice Leinen North English IA 65-69 Female Barbara Malone Pleasant Hill IA 65-69 Female Barbara Malone Pleasant Hill IA 70-74 Female Christine Carroll West Des	80-84 Male Don Newton West Des Moines IA M 85-89 Male Gary Sechrist Minneapolis KS M 85-89 Male Don Zimmer West Des Moines IA M 85-89 Male Don Zimmer West Des Moines IA M 85-89 Male Don Zimmer West Des Moines IA M 90-94 Male Bart Young Indianola IA M 90-94 Male Bart Young Indianola IA F 90-94 Male Bart Young Indianola IA F 90-94 Male Bart Young Indianola IA F 90-94 Male Jacqueline Riekena West Des Moines IA F 55-59 Female Jacqueline Riekena West Des Moines IA F 60-64 Female Judy Kelly Prairie du Chien WI F 60-64 Female Judy Kelly Prairie du Chien WI F 60-64 Female Judy Kelly Prairie du Chien WI F 60-64 Female Jacqueline Reuter Iowa City IA F	80-84 Male Don Newton West Des Moines IA M 82 85-89 Male Gary Sechrist Minneapolis KS M 86 85-89 Male Donald Hutchinson West Des Moines IA M 85 85-89 Male Don Zimmer West Des Moines IA M 86 85-89 Male Richard Anderson West Des Moines IA M 86 90-94 Male Bart Young Indianola IA M 90 55-59 Female Jennifer Amy Shide Urbandale IA F 56 55-59 Female Jacqueline Rickena West Des Moines IA F 56 60-64 Female Judy Kelly Prairie du Chien WI F 63 60-64 Female Greta Budweg Ankeny IA F 63 60-64 Female Janice Leinen North English IA F 63 65-69 Female Barbara Malone Pleasant Hill IA F <td>80-84 Male Don Newton West Des Moines IA M 82 72' 85-89 Male Gary Sechrist Minneapolis KS M 86 123' 85-89 Male Donald Hutchinson West Des Moines IA M 85' 93' 85-89 Male Don Zimmer West Des Moines IA M 85' 93' 90-94 Male Bart Young Indianola IA M 86' 51' 90-94 Male Bart Young Indianola IA M 90' 45' 55-59 Female Jacquelline Rickard McGregor IA F 56' 72' 55-59 Female Jacquelline Rickard West Des Moines IA F 56' 72' 60-64 Female Judy Kelly Praire du Chien WI F 62' 90' 60-64 Female Jacquelline Nellone Donson Donson Donson F 63' 66' 60-64 Female Janice Leinen North</td> <td>80-84 Male Don Newton West Des Moines IA M 82 72' 2 85-89 Male Gary Sechrist Minneapolis KS M 86 123' 1 85-89 Male Donald Hutchinson West Des Moines IA M 85 93' 2 85-89 Male Nichard Anderson West Des Moines IA M 85 5'' 4 90-94 Male Bart Young Indianola IA M 86 5'' 1 55-59 Female Sherry Adney McGregor IA F 55 72' 2 55-59 Female Jacqueline Riekena West Des Moines IA F 62 72' 3 60-64 Female Judy Kelly Prairie du Chiem Wit F 62 90' 1 60-64 Female Ianice Leinen North English IA F 63 66' 2 <tr< td=""></tr<></td>	80-84 Male Don Newton West Des Moines IA M 82 72' 85-89 Male Gary Sechrist Minneapolis KS M 86 123' 85-89 Male Donald Hutchinson West Des Moines IA M 85' 93' 85-89 Male Don Zimmer West Des Moines IA M 85' 93' 90-94 Male Bart Young Indianola IA M 86' 51' 90-94 Male Bart Young Indianola IA M 90' 45' 55-59 Female Jacquelline Rickard McGregor IA F 56' 72' 55-59 Female Jacquelline Rickard West Des Moines IA F 56' 72' 60-64 Female Judy Kelly Praire du Chien WI F 62' 90' 60-64 Female Jacquelline Nellone Donson Donson Donson F 63' 66' 60-64 Female Janice Leinen North	80-84 Male Don Newton West Des Moines IA M 82 72' 2 85-89 Male Gary Sechrist Minneapolis KS M 86 123' 1 85-89 Male Donald Hutchinson West Des Moines IA M 85 93' 2 85-89 Male Nichard Anderson West Des Moines IA M 85 5'' 4 90-94 Male Bart Young Indianola IA M 86 5'' 1 55-59 Female Sherry Adney McGregor IA F 55 72' 2 55-59 Female Jacqueline Riekena West Des Moines IA F 62 72' 3 60-64 Female Judy Kelly Prairie du Chiem Wit F 62 90' 1 60-64 Female Ianice Leinen North English IA F 63 66' 2 <tr< td=""></tr<>

Football Field Goal Kick	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	25	1	Gold
Football Field Goal Kick	65-69 Male	Mike	Weeks	Batesville	AR	М	65	25	1	Gold
Football Field Goal Kick	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	20	2	Silver
Football Field Goal Kick	65-69 Male	Kenneth	Hopper	Waukee	IA	М	65	20		Silver
Football Field Goal Kick	65-69 Male	Kurt	Tausche	Atlanta	GA	М	69	15		Bronze
Football Field Goal Kick	65-69 Male	Randy	Davis	Altoona	IA	М	65	0		
Football Field Goal Kick	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	25	1	Gold
Football Field Goal Kick	70-74 Male	Greg	Eastman	Clive	IA	М	74	20	1	Gold
Football Field Goal Kick	70-74 Male	Steve	Roe	PANORA	IA	М	74	20	1	Gold
Football Field Goal Kick	70-74 Male	Tarry	CORY	CLIVE	IA	М	73	15	2	Silver
Football Field Goal Kick	70-74 Male	Randall	Olson	Nebraska City	NE	М	74	0		
Football Field Goal Kick	75-79 Male	Frank	Perez	West Des Moines	IA	M	79	20	1	Gold
Football Field Goal Kick	75-79 Male	Ron	Peterson	Waukee	IA	М	77	20	1	Gold
Football Field Goal Kick	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	0		
Football Field Goal Kick	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	0		
Football Field Goal Kick	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	0		
Football Field Goal Kick	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	0		
Football Field Goal Kick	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	0		
Football Field Goal Kick	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	0		
Football Field Goal Kick	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	0		
Football Field Goal Kick	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	20	1	Gold
Football Field Goal Kick	65-69 Female	Yvonne	Fielder	Des Moines	IA	F	69	0		
Football Field Goal Kick	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	0		
Football Field Goal Kick	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	0		
Frisbee Accuracy Throw	50-54 Male	Tony	Goodrich	Clive	IA	M	50	2	1	Gold
Frisbee Accuracy Throw	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	7		Gold
Frisbee Accuracy Throw	55-59 Male	James	Kopacek	Urbandale	IA	M	58	5	2	Silver
Frisbee Accuracy Throw	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	60	6	1	Gold
Frisbee Accuracy Throw	60-64 Male	Timothy	Pew	Des Moines	IA	Μ	60	5	2	Silver
Frisbee Accuracy Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	M	66	6	1	Gold

Frisbee Accuracy Throw	65-69 Male	Mike	Weeks	Batesville	AR	М	65	5	2 Silver
Frisbee Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	4	2 Silver
Frisbee Accuracy Throw	65-69 Male	Kevin	Barker	Lincoln	NE	M	67	5	3 Bronze
Frisbee Accuracy Throw	65-69 Male	Steve	Schuette	lowa City	IA	M	65	4	3 Bronze
Frisbee Accuracy Throw	65-69 Male	Randy	Davis	Altoona	IA	M	65	3	4
		Randy	Davis	Altoona			05	5	4
Frisbee Accuracy Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70	6	1 Gold
Frisbee Accuracy Throw	70-74 Male	Phil	Ramsey	Grimes	IA	M	70	6	1 Gold
Frisbee Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	M	73	2	2 Silver
	7074 Male	Denny	Addii				75		2 511701
Frisbee Accuracy Throw	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	9	1 Gold
Frisbee Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	77	3	2 Silver
	73731410			Wance			,,,	5	2 511701
Frisbee Accuracy Throw	80-84 Male	Ken	Stewart	Batavia	ОН	M	81	3	1 Gold
Frisbee Accuracy Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	1	2 Silver
			lioiddill	Johnston			00		
Frisbee Accuracy Throw	85-89 Male	carroll	marty	Ames	IA	M	87	2	1 Gold
Frisbee Accuracy Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	2	2 Silver
Frisbee Accuracy Throw	90-94 Male	Bart	Young	Indianola	IA	M	90	2	1 Gold
,			Ŭ						
Frisbee Accuracy Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	4	1 Gold
Frisbee Accuracy Throw	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	1	2 Silver
Frisbee Accuracy Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	4	1 Gold
Frisbee Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	1	2 Silver
Frisbee Accuracy Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	3	1 Gold
Frisbee Accuracy Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	2	2 Silver
Frisbee Accuracy Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	2	1 Gold
Frisbee Distance Throw	50-54 Male	Tony	Goodrich	Clive	IA	Μ	50	77	1 Gold
Frisbee Distance Throw	55-59 Male	Thomas	Shide	Urbandale	IA	Μ	58	54	1 Gold
Frisbee Distance Throw	60-64 Male	Doug	Roby	sioux falls	SD	М	61	79	1 Gold
Frisbee Distance Throw	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	72	1 Gold
Frisbee Distance Throw	60-64 Male	Keith	Kauten	Coralville	IA	М	61	37	2 Silver
Frisbee Distance Throw	65-69 Male	Chris	Ostlund	waukee	IA	М	68	105	1 Gold
Frisbee Distance Throw	65-69 Male	Steve	Schuette	lowa City	IA	Μ	65	75	2 Silver

		1	-							т
Frisbee Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	68	68	3	Bronze
Frisbee Distance Throw	65-69 Male	Kevin	Barker	Lincoln	NE	Μ	67	66	4	
Frisbee Distance Throw	65-69 Male	Randy	Davis	Altoona	IA	Μ	65	61	5	i
Frisbee Distance Throw	65-69 Male	Mike	Weeks	Batesville	AR	Μ	65	55	6	
Frisbee Distance Throw	65-69 Male	Joe	Bohlke	Des Moines	IA	Μ	66	46	7	'
Frisbee Distance Throw	70-74 Male	Phil	Ramsey	Grimes	IA	Μ	70	90	1	Gold
Frisbee Distance Throw	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	Μ	70	58	2	Silver
Frisbee Distance Throw	70-74 Male	Greg	Eastman	Clive	IA	Μ	74	47	2	Silver
Frisbee Distance Throw	70-74 Male	Tarry	CORY	CLIVE	IA	Μ	73	36	3	Bronze
Frisbee Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	Μ	77	50	1	Gold
Frisbee Distance Throw	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	42	2	Silver
Frisbee Distance Throw	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	50	1	Gold
Frisbee Distance Throw	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	25		Silver
					-					
Frisbee Distance Throw	85-89 Male	carroll	marty	Ames	IA	M	87	45	1	Gold
Frisbee Distance Throw	85-89 Male	Richard	Anderson	West Des Moines	IA	М	86	20		Silver
Frisbee Distance Throw	90-94 Male	Bart	Young	Indianola	IA	М	90	18	1	Gold
Frisbee Distance Throw	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	34	1	Gold
Frisbee Distance Throw	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	27	2	Silver
Frisbee Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	23		Gold
Frisbee Distance Throw	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	18		Silver
Frisbee Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	63	17	3	Bronze
Frisbee Distance Throw	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	34	1	Gold
Frisbee Distance Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	32		Silver
Frisbee Distance Throw	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	17	1	Gold
Soccer Kick Accuracy	50-54 Male	Tony	Goodrich	Clive	IA	М	50	16	1	Gold
Soccer Kick Accuracy	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	10	1	Gold
Soccer Kick Accuracy	60-64 Male	Brad	Staley	hampton	IA	M	62	21	1	Gold
Soccer Kick Accuracy	60-64 Male	Dennis	Lehr	Orion	IL	М	61	20	2	Silver
Soccer Kick Accuracy	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	19	2	Silver
Soccer Kick Accuracy	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	14		Bronze

Soccer Kick Accuracy	60-64 Male	Brent	Alexander	West Des Moines	IA	М	60	8	4	
Soccer Kick Accuracy	65-69 Male	Mike	Weeks	Batesville	AR	М	65	21		Gold
Soccer Kick Accuracy	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	20		Gold
Soccer Kick Accuracy	65-69 Male	Randy	Davis	Altoona	IA	Μ	65	18		Silver
Soccer Kick Accuracy	65-69 Male	Tom	Suckow	West Des Moines	IA	Μ	68	18		Silver
Soccer Kick Accuracy	65-69 Male	Kenneth	Hopper	Waukee	IA	Μ	65	17	3	Bronze
Soccer Kick Accuracy	65-69 Male	Brad	Ewest	Ankeny	IA	Μ	68	16		
Soccer Kick Accuracy	65-69 Male	Steve	Schuette	Iowa City	IA	Μ	65	16	5	
Soccer Kick Accuracy	65-69 Male	Kurt	Tausche	Atlanta	GA	М	69	8	6	
Soccer Kick Accuracy	70-74 Male	Denny	Adair	Osceola	IA	M	73	15	1	Gold
Soccer Kick Accuracy	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	19	1	Gold
Soccer Kick Accuracy	75-79 Male	Ron	Peterson	Waukee	IA	M	77	18	1	Gold
Soccer Kick Accuracy	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	16		Silver
Soccer Kick Accuracy	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	12	1	Gold
Soccer Kick Accuracy	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	15		Gold
Soccer Kick Accuracy	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	17	1	Gold
Soccer Kick Accuracy	85-89 Male	Kenneth	Clark	Urbandale	IA	M	85	16		Silver
Soccer Kick Accuracy	85-89 Male	Don	Zimmer	West Des Moines	IA	M	87	8		Bronze
Soccer Kick Accuracy	90-94 Male	Bart	Young	Indianola	IA	M	90	14	1	Gold
Soccer Kick Accuracy	55-59 Female	Jennifer	Amy Shide	Urbandale	IA	F	55	19	1	Gold
Soccer Kick Accuracy	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	11		Silver
Soccer Kick Accuracy	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	12	1	Gold
Soccer Kick Accuracy	60-64 Female	Janice	Leinen	North English	IA	F	63	11		Silver
Soccer Kick Accuracy	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	20	1	Gold
Soccer Kick Accuracy	65-69 Female	Yvonne	Fielder	Des Moines	IA	F	69	15		Silver
Soccer Kick Accuracy	65-69 Female	Barbara	Malone	Pleasant Hill	IA	F	67	11		Bronze
Soccer Kick Accuracy	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	11	1	Gold
		<u>+</u>	ARCHERY	• •		+	· · · · ·		•	
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Archery - Barebow Compound	60-64 Male	Jess	Hicks	DES MOINES	IA	Μ	67	536	1	Gold
Archery - Compound Fingers	75-79 Male	Terry	Witt	Huxley	IA	M	75	1093	1	Gold

Archery - Compound Release	50-54 Male	Craig	Wenndt	Lacona	IA	М	54	1081	1	Gold
Archery - Compound Release	50-54 Male	Shannon	Flickinger	Earlham	IA	M	52	508		Silver
Archery - Compound Release	50-54 Male	Kevin	Lazard	Urbandale	IA	M	51	462		Bronze
Archery - Compound Release	60-64 Male	Allan	Asche	Clear Lake	IA	М	61	1134	1	Gold
Archery - Compound Release	60-64 Male	Dean	Piagentini	Knoxville	IA	М	62	1148	2	Silver
Archery - Compound Release	80-84 Male	John	Law	Clinton	IA	М	80	890	1	Gold
			BADMINTON							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Badminton - Men's Doubles	50-54 Male	Anthony	Snyder	Muscatine	IA	Μ	53		1	Gold
Badminton - Men's Doubles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	М	54		1	Gold
Badminton - Men's Doubles	60-64 Male	Timothy	Pew	Des Moines	IA	M	60		1	Gold
Badminton - Men's Doubles	60-64 Male	Rajeev	Trehan	Lawrence	KS	М	66		1	Gold
	70 74 14									
Badminton - Men's Doubles	70-74 Male	John	Anderson	Ames	IA	M	71			Gold
Badminton - Men's Doubles	70-74 Male	carroll	marty	Ames	IA	М	87		1	Gold
Badminton - Women's Doubles	65-69 Female	Anne	Stark	Nevada	IA	F	65		1	Gold
Badminton - Women's Doubles	65-69 Female	Jan	Beran	Ames	IA	F	90			Gold
Badminton - Women's Doubles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		1	Gold
Badminton - Women's Doubles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73		1	Gold
Badminton - Mixed Doubles	50-54	Manoj	Rajbhandary	Waukee	IA	Μ	54	-	1	Gold
Badminton - Mixed Doubles	50-54	Diana	Richardson	Searsboro	IA	F	57		1	Gold
Badminton - Mixed Doubles	50-54	Jennifer	Clemen	Urbandale	IA	F	55		2	Silver
Badminton - Mixed Doubles	50-54	Anthony	Snyder	Muscatine	IA	М	53		2	Silver
Badminton - Mixed Doubles	50-54	Tony	Goodrich	Clive	IA	Μ	50		3	Bronze
Badminton - Mixed Doubles	50-54	Stacy	Raines	Clive	IA	F	55			Bronze
Badminton - Mixed Doubles	55-59	Mette	McLoughlin	New Brighton	MN	F	59		1	Gold
Badminton - Mixed Doubles	55-59	Julius	Davis	New Brighton	MN	М	59		1	Gold
Badminton - Mixed Doubles	60-64	Caralun	Factor	St. Paul	NE	F	73		1	Gold
	60-64	Carolyn	Foster		IA	M	60			Gold
Badminton - Mixed Doubles	00-04	Timothy	Pew	Des Moines	IA		60			3010
Badminton - Mixed Doubles	65-69	Rajeev	Trehan	Lawrence	KS	M	66		1	Gold
Badminton - Mixed Doubles	65-69	Anne	Stark	Nevada	IA	F	65		1	Gold
						-				
Badminton - Mixed Doubles	70-74	Nita	Lechner	Grand Island	NE	F	71		1	Gold

Badminton - Mixed Doubles	70-74	John	Anderson	Ames	IA	Μ	71		1	Gold
Badminton - Mixed Doubles	85-89	carroll	marty	Ames	IA	М	87		1	Gold
Badminton - Mixed Doubles	85-89	Jan	Beran	Ames	IA	F	90		1	Gold
Badminton - Singles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	M	54		1	Gold
Badminton - Singles	50-54 Male	Anthony	Snyder	Muscatine	IA	М	53		2	Silver
Badminton - Singles	50-54 Male	Tony	Goodrich	Clive	IA	М	50			Bronze
Badminton - Singles	60-64 Male	Timothy	Pew	Des Moines	IA	M	60		1	Gold
Badminton - Singles	65-69 Male	Rajeev	Trehan	Lawrence	KS	M	66		1	Gold
Badminton - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA	M	65			Gold
Badminton - Singles	65-69 Male	Kevin	Barker	Lincoln	NE	M	67			Silver
Badminton - Singles	70-74 Male	John	Anderson	Ames	IA	M	71		1	Gold
Badminton - Singles	85-89 Male	carroll	marty	Ames	IA	Μ	87		1	Gold
Badminton - Singles	55-59 Female	Jennifer	Clemen	Urbandale	IA	F	55		1	Gold
Badminton - Singles	65-69 Female	Anne	Stark	Nevada	IA	F	65		1	Gold
Badminton - Singles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		2	Silver
Badminton - Singles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73		1	Gold
Badminton - Singles	90-94 Female	Jan	Beran	Ames	IA	F	90		1	Gold
			BOWLING							
Event	Age Group	First Name	Last Name	City	State	Gender		Result		Medal
Bowling - Men's Doubles	55-59 Male	Michael	Morgan	Polk City	IA	М	59	1236	1	Gold
Bowling - Men's Doubles	55-59 Male	James	Kopacek	Urbandale	IA	М	58	1236	1	Gold
Bowling - Men's Doubles	60-64 Male	Mark	Herdliska	Norway	IA	M	64	846	1	Gold
Bowling - Men's Doubles	60-64 Male	Larry	Favourite	Solon	IA	M	84	846	1	Gold
Bowling - Men's Doubles	65-69 Male	Ronald	Holden	Marshalltown	IA	M	69	1105	1	Gold
Bowling - Men's Doubles	65-69 Male	Jerry	Coughlin	Marshalltown	IA	Μ	77	1105	1	Gold
Bowling - Men's Doubles	70-74 Male	Mike	Mathews	Des Moines	IA	M	73	1005	1	Gold
Bowling - Men's Doubles	70-74 Male	Phil	Mckee	Des Moines	IA	М	93	1005	1	Gold
Bowling - Men's Doubles	70-74 Male	BILL	Сох	URBANDALE	IA	М	70	975		Silver
Bowling - Men's Doubles	70-74 Male	Marvin	Burton	Des Moines	IA	М	74	975	2	Silver

Bowling - Men's Doubles	75-79 Male	Ronald	Sorem	Nevada	IA	М	78	1031	1	Gold
Bowling - Men's Doubles	75-79 Male	Lowell	Huggins	Maxwell	IA	Μ	81	1031	1	Gold
Bowling - Men's Doubles	80-84 Male	LeRoy	Jero	Marshalltown	IA	M	82	877		Gold
Bowling - Men's Doubles	80-84 Male	Darrell	Mitchell	Marshalltown	IA	M	93	877	1	Gold
Bowling - Women's Doubles	65-69 Female	Julie	Herdliska	Norway	IA	F	68	905		Gold
Bowling - Women's Doubles	65-69 Female	Barb	Denny	Solon	IA	F	69	905	1	Gold
Bowling - Women's Doubles	80-84 Female	Judy	Unger	Ames	IA	F	84	991		Gold
Bowling - Women's Doubles	80-84 Female	Jan	Schmldt	Ames	IA	F	87	991	1	Gold
Bowling - Mixed Doubles	60-64	Belinda	Purvis	Cambrige	IA	F	63	897		Gold
Bowling - Mixed Doubles	60-64	Ronald	Sorem	Nevada	IA	М	78	897		Gold
Bowling - Mixed Doubles	60-64	Mark	Herdliska	Norway	IA	М	64	868		Silver
Bowling - Mixed Doubles	60-64	Julie	Herdliska	Norway	IA	F	68	868	2	Silver
Bowling - Mixed Doubles	65-69	Barb	Denny	Solon	IA	F	69	901		Gold
Bowling - Mixed Doubles	65-69	Larry	Favourite	Solon	IA	M	84	901	1	Gold
Bowling - Mixed Doubles	70-74	Mike	Mathews	Des Moines	IA	M	73	1061		Gold
Bowling - Mixed Doubles	70-74	Sandy	Mathews	Des Moines	IA	F	77	1061	1	Gold
Bowling - Mixed Doubles	80-84	Judy	Unger	Ames	IA	F	84	1102		Gold
Bowling - Mixed Doubles	80-84	Lowell	Huggins	Maxwell	IA	M	81	<u>1102</u>	1	Gold
Bowling - Singles	50-54 Male	Tony	Goodrich	Clive	IA	M	50	417	1	Gold
Bowling - Singles	55-59 Male	James	Kopacek	Urbandale	IA	M	58	603	1	Gold
Bowling - Singles	55-59 Male	Michael	Morgan	Polk City	IA	Μ	59	560	2	Silver
Bowling - Singles	55-59 Male	Jim	Baack	Des Moines	IA	М	59	544	3	Bronze
Bowling - Singles	60-64 Male	Mark	Herdliska	Norway	IA	M	64	393	1	Gold
Bowling - Singles	65-69 Male	Ronald	Holden	Marshalltown	IA	M	69	576	1	Gold
Bowling - Singles	65-69 Male	Len	Twaroski	Urbandale	IA	Μ	65	526	2	Silver
Bowling - Singles	65-69 Male	Kenneth	Hopper	Waukee	IA	M	65	461	3	Bronze
Bowling - Singles	70-74 Male	Mike	Mathews	Des Moines	IA	M	73	<u>650</u>	1	Gold
Bowling - Singles	70-74 Male	Marvin	Burton	Des Moines	IA	М	74	563	2	Silver
Bowling - Singles	70-74 Male	BILL	Сох	URBANDALE	IA	Μ	70	478	3	Bronze

Bowling - Singles	75-79 Male	Stephen	Delles	lexington	КҮ	М	78	574	1	Gold
Bowling - Singles	75-79 Male	Jerry	Coughlin	Marshalltown	IA	М	77	510		Gold
Bowling - Singles	75-79 Male	Ronald	Sorem	Nevada	IA	М	78	402		Gold
Bowling - Singles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	81	533	1	Gold
Bowling - Singles	80-84 Male	Larry	Favourite	Solon	IA	M	84	506		Silver
Bowling - Singles	80-84 Male	LeRoy	Jero	Marshalltown	IA	M	82	396		Bronze
							02	550		DIGITZE
Bowling - Singles	90-94 Male	Phil	Mckee	Des Moines	IA	М	93	451	1	Gold
Bowling - Singles	90-94 Male	Darrell	Mitchell	Marshalltown	IA	М	93	439	2	Silver
Bowling - Singles	60-64 Female	Belinda	Purvis	Cambrige	IA	F	63	442	1	Gold
Bowling - Singles	65-69 Female	Julie	Herdliska	Norway	IA	F	68	456	1	Gold
Bowling - Singles	65-69 Female	Barb	Denny	Solon	IA	F	69	438		Silver
	03-03 Temale		Denny	501011		1	05	430	2	Silver
Bowling - Singles	75-79 Female	Sandy	Mathews	Des Moines	IA	F	77	466	1	Gold
Bowling - Singles	80-84 Female	Judy	Unger	Ames	IA	F	84	472	1	Gold
Bowling - Singles	85-89 Female	Jan	Schmldt	Ames	IA	F	87	453	1	Gold
			CORNHOLE							
Event	Age Group	First Name	Last Name	City	State		Age	Result	Place	Medal
	1.80 0.044						-			<u> </u>
Cornhole - Doubles	Open 50 - 69	Timothy	Pew	Des Moines	IA	Μ	60		1	Gold
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69	Timothy Mike	Martin	Des Moines Grimes	IA	М	60 56		1	Gold
Cornhole - Doubles	Open 50 - 69	Timothy		Des Moines		M M	60 56 57		1 2	
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69	Timothy Mike	Martin	Des Moines Grimes	IA	М	60 56		1	Gold
Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69	Timothy Mike Shawn	Martin Moore	Des Moines Grimes Urbandale	IA IA	M M	60 56 57		1 2	Gold Silver
Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 70 - 79	Timothy Mike Shawn Steve	Martin Moore Chambers Peterson	Des Moines Grimes Urbandale Des Moines Waukee	IA IA IA IA	M M M M	60 56 57 63 77		1 2 2 1	Gold Silver Silver
Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 70 - 79 Open 70 - 79	Timothy Mike Shawn Steve Ron Steve	Martin Moore Chambers	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines	IA IA IA IA IA	M M M	60 56 57 63 77 77 78		1 2 2 1 1	Gold Silver Silver Gold Gold
Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 70 - 79	Timothy Mike Shawn Steve Ron	Martin Moore Chambers Peterson Wilson	Des Moines Grimes Urbandale Des Moines Waukee	IA IA IA IA	M M M M M	60 56 57 63 77		1 2 2 1	Gold Silver Silver Gold
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 70 - 79	Timothy Mike Shawn Steve Ron Steve Garen Ronda	Martin Moore Chambers Peterson Wilson Rains Moffatt	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead	IA IA IA IA IA IA IA	M M M M M M F	60 56 57 63 77 78 78 81		1 2 2 1 1 2 2 2	Gold Silver Silver Gold Gold Silver Silver
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 70 - 80	Timothy Mike Shawn Steve Ron Steve Garen Ronda Don	Martin Moore Chambers Peterson Wilson Rains Moffatt Zimmer	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead West Des Moines	IA	M M M M M M F F M	60 56 57 63 77 78 78 78 81 81 81 87		1 2 2 1 1 2 2 2 1	Gold Silver Silver Gold Gold Silver Silver Gold
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 70 - 79	Timothy Mike Shawn Steve Ron Steve Garen Ronda	Martin Moore Chambers Peterson Wilson Rains Moffatt	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead	IA IA IA IA IA IA IA	M M M M M M F	60 56 57 63 77 78 78 81		1 2 2 1 1 2 2 2	Gold Silver Silver Gold Gold Silver Silver
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 70 - 80	Timothy Mike Shawn Steve Ron Steve Garen Ronda Don	Martin Moore Chambers Peterson Wilson Rains Moffatt Zimmer	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead West Des Moines	IA	M M M M M M F F M	60 56 57 63 77 78 78 78 81 81 81 87		1 2 2 1 1 2 2 2 1	Gold Silver Silver Gold Gold Silver Silver Gold
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 80 + Open 80 +	Timothy Mike Shawn Steve Ron Steve Garen Ronda Don Kenneth	Martin Moore Chambers Peterson Wilson Rains Moffatt Zimmer Clark	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead West Des Moines Urbandale	IA	M M M M M F F M M M M	60 56 57 63 77 78 78 78 78 81 81 81 87 85 85 57 60		1 2 2 1 1 2 2 2 1 1 1	Gold Silver Silver Gold Gold Silver Silver Gold Gold
Cornhole - Doubles Cornhole - Doubles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 80 + Open 50 - 69	Timothy Mike Shawn Steve Ron Steve Garen Ronda Don Kenneth Shawn	Martin Moore Chambers Peterson Wilson Rains Moffatt Zimmer Clark Moore	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead West Des Moines Urbandale Urbandale	IA	M M M M M F F M M M M M M M	60 56 57 63 77 78 78 78 78 81 81 81 81 87 85 57		1 2 2 1 1 2 2 2 1 1 1 1	Gold Silver Silver Gold Gold Silver Silver Gold Gold Gold
Cornhole - Doubles Cornhole - Singles Cornhole - Singles	Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 50 - 69 Open 70 - 79 Open 70 - 79 Open 70 - 79 Open 70 - 79 Open 80 + Open 80 + Open 50 - 69 Open 50 - 69 Open 50 - 69	Timothy Mike Shawn Steve Ron Steve Garen Ronda Don Kenneth Shawn Timothy	Martin Moore Chambers Peterson Wilson Rains Moffatt Zimmer Clark Moore Pew	Des Moines Grimes Urbandale Des Moines Waukee West Des Moines Solon Homestead West Des Moines Urbandale Urbandale Des Moines	IA IA	M M M M M F F M M M M M M	60 56 57 63 77 78 78 78 78 81 81 81 87 85 85 57 60		1 2 2 1 1 2 2 2 1 1 1 1 2 2	Gold Silver Silver Gold Silver Silver Gold Gold Gold Silver

Cornhole - Singles	Open 50 - 69	Tony	Goodrich	Clive	IA	М	50		6	
Cornhole - Singles	Open 50 - 69	Jacqueline	Riekena	West Des Moines	IA	F	56		7	
Cornhole - Singles	Open 70 - 79	Ron	Peterson	Waukee	IA	М	77		1	Gold
Cornhole - Singles	Open 70 - 79	Steve	Wilson	West Des Moines	IA	М	78		2	Silver
Cornhole - Singles	Open 70 - 79	Garen	Rains	Solon	IA	М	78		3	Bronze
Cornhole - Singles	Open 80 +	Ronda	Moffatt	Homestead	IA	F	81		1	Gold
Cornhole - Singles	Open 80 +	Kenneth	Clark	Urbandale	IA	М	85		2	Silver
		CYC	LING - ROAD RA	CE						
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Road Race	55-59 Female	Tracey	Goforth	Polk City	IA	F	55		1	Gold
Cycling Road Race	55-59 Female	Christine	Smith	Rochester	MN	F	56		2	Silver
Cycling Road Race	55-59 Female	Joli	Vollers	Ames	IA	F	57		2	Silver
Cycling Road Race	55-59 Female	Tracy	McIntosh	Glidden	IA	F	56		3	Bronze
Cycling Road Race	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55		4	
Cycling Road Race	60-64 Female	Firth	Whitehouse	Ames	IA	F	61		1	Gold
Cycling Road Race	60-64 Female	Cindy	Shaw	Auburn	NE	F	63		1	Gold
Cycling Road Race	60-64 Female	Rozalyn	Boyer	Adel	IA	F	64		2	Silver
Cycling Road Race	65-69 Female	Susan	Paulson	Alexandria	MN	F	66		1	Gold
Cycling Road Race	50-54 Male	Jess	Dunn	Grimes	IA	М	51		1	Gold
Cycling Road Race	50-54 Male	Manuel	Acevedo	Boone	IA	М	50		2	Silver
Cycling Road Race	50-54 Male	Artur	Golebiewski	Clive	IA	М	53		3	Bronze
Cycling Road Race	50-54 Male	Wayne	Douet	Ames	IA	М	52		4	
Cycling Road Race	55-59 Male	Scott	Wall	Ames	IA	М	58		1	Gold
Cycling Road Race	55-59 Male	Greg	Dace	Ames	IA	М	56		2	Silver
Cycling Road Race	55-59 Male	Sidney	Ryan	Washington	IA	М	55		3	Bronze
Cycling Road Race	55-59 Male	Troy	Bauer	Dallas Center	IA	М	55		4	
Cycling Road Race	55-59 Male	Bill	Kelly	Ankeny	IA	М	58		5	
Cycling Road Race	55-59 Male	Joe	McCarville	Fort Dodge	IA	М	59		6	
Cycling Road Race	55-59 Male	Thomas	Shide	Urbandale	IA	М	58		7	
Cycling Road Race	55-59 Male	Greg	Campbell	Dayton	IA	М	58		8	
Cycling Road Race	60-64 Male	David	Ertl	Waukee	IA	М	63			Gold
Cycling Road Race	60-64 Male	Rick	Gladson	Des Moines	IA	М	62		2	Silver
Cycling Road Race	60-64 Male	Lowell	Johnson	Palo	IA	М	61		3	Bronze
Cycling Road Race	60-64 Male	Dennis	O'Neel	West Des Moines	IA	М	61		4	

					1	-				
Cycling Road Race	65-69 Male	Doug	Reichardt	Des Moines	IA	М	67			Gold
Cycling Road Race	65-69 Male	Mark	Kieffer	Rochester	MN	М	65			2 Silver
Cycling Road Race	65-69 Male	Tim	OBrien	Waverly	IA	М	65			2 Silver
Cycling Road Race	65-69 Male	Jim	Pratt	Boone	IA	М	68			Bronze
Cycling Road Race	65-69 Male	Johnny	Thompson	Minnetonka	MN	М	69		3	Bronze
Cycling Road Race	65-69 Male	John	Bergman	Urbandale	IA	М	65		4	,
Cycling Road Race	70-74 Male	Thomas	Zoumaras	Des Moines	IA	M	71		1	Gold
Cycling Road Race	70-74 Male	Jim	Jenkins	Newton	IA	M	72			2 Silver
Custing L Decid Dece	75 70 Mala	Dishand	llementen	O Faller			70			Cald
Cycling Road Race	75-79 Male	Richard	Hampton	O Fallon Britt	IL	M	76 75			Gold
Cycling Road Race	75-79 Male	Earl	Hill		IA	M				Gold
Cycling Road Race	75-79 Male	Jim	Floyd	Urbandale	IA	M	79		2	2 Silver
Cycling Road Race	80-84 Male	John	Hartwig	Ankeny	IA	М	80		1	Gold
		CY	CLING - TIME TRI	AL						
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	50-54 Female	Mary	Topf	West Des Moines	IA	F	53	8:35.30	1	Gold
Cycling Time Trial - 5K	50-54 Female	Terri	Cosselman	Mason City	IA	F	52	9:32.00	2	Silver
Cycling Time Trial - 5K	55-59 Female	Christine	Smith	Rochester	MN	F	56	7:58.40	1	Gold
Cycling Time Trial - 5K	55-59 Female		Vollers	Ames	IA	F		8:47.50		Gold
Cycling Time Trial - 5K	55-59 Female		McNeely	Ames	IA	F		9:23.30		2 Silver
Cycling Time Trial - 5K	55-59 Female		Wall	Ames	IA	F		11:14.60		Bronze
Cucling Time Trial _ EK	60.64 Famala	Cindu	Show	Auburn		F	62	7:30.60	1	Gold
Cycling Time Trial - 5K	60-64 Female	· · ·	Shaw	Auburn	NE	F				
Cycling Time Trial - 5K	60-64 Female		Whitehouse	Ames	IA	-		9:09.60		Gold
Cycling Time Trial - 5K	60-64 Female	Rozalyn	Boyer	Adel	IA	F	64	9:25.90	2	Silver
Cycling Time Trial - 5K	65-69 Female	Susan	Paulson	Alexandria	MN	F	66	7:50.60	1	Gold
Cycling Time Trial - 5K	50-54 Male	Wayne	Douet	Ames	IA	M	52	14:48.60	1	Gold
				-						
Cycling Time Trial - 5K	55-59 Male	Scott	Wall	Ames	IA	M		6:26.50		Gold
Cycling Time Trial - 5K	55-59 Male	Troy	Bauer	Dallas Center	IA	М		6:54.90		2 Silver
Cycling Time Trial - 5K	55-59 Male	David	Gannon	West Des Moines	IA	М		7:22.90	-	Bronze
Cycling Time Trial - 5K	55-59 Male	Thomas	Shide	Urbandale	IA	М		9:35.40	4	
Cycling Time Trial - 5K	55-59 Male	John	Weiler	Ankeny	IA	Μ	57	16:39.80	5	•
Cycling Time Trial - 5K	60-64 Male	Kevin	Rose	BETTENDORF	IA	M	64	6:34.10	1	Gold
Cycling Time Trial - 5K					1		1			
	60-64 Male	Rick	Gladson	Des Moines	IA	M	62	6:52.60	2	Silver

Cycling Time Trial - 5K	60-64 Male	Lowell	Johnson	Palo	IA	М	61	7:35.50	4	
Cycling Time Trial - 5K	65-69 Male	Dan	Shaffer	Ely	IA	Μ	66	6:23.30		Gold
Cycling Time Trial - 5K	65-69 Male	Mike	Bergman	West Des Moines	IA	М	68	6:52.00	2	Silver
Cycling Time Trial - 5K	65-69 Male	Johnny	Thompson	Minnetonka	MN	М	69	6:59.00	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Tim	OBrien	Waverly	IA	М	65	7:46.70	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Don	Plesser	Raytown	MO	М	67	7:21.90	4	
Cycling Time Trial - 5K	65-69 Male	Stan	Boyer	Adel	IA	Μ	66	9:10.30	4	
Cycling Time Trial - 5K	65-69 Male	Tom	Suckow	West Des Moines	IA	Μ	68	9:20.40	5	
Cycling Time Trial - 5K	70-74 Male	John	Bolton	Ogden	IA	М	71	7:08.50	1	Gold
Cycling Time Trial - 5K	70-74 Male	Jim	Jenkins	Newton	IA	М	72	7:52.20	2	Silver
Cycling Time Trial - 5K	70-74 Male	harry	fortney	kelley	IA	М	71	8:13.20	3	Bronze
Cycling Time Trial - 5K	70-74 Male	Hollis	Anderson	Lincoln	NE	М	74	8:25.90	4	
Cycling Time Trial - 5K	75-79 Male	Steve	Penkhus	Johns Island	SC	Μ	76	7:08.50		Gold
Cycling Time Trial - 5K	75-79 Male	Earl	Hill	Britt	IA	М	75	8:18.70	1	Gold
Cycling Time Trial - 5K	80-84 Male	John	Hartwig	Ankeny	IA	Μ	80	8:14.20	1	Gold
Cycling Time Trial - 5K	80-84 Male	John	Keiser	Cedar Falls	IA	М	82	8:48.20	2	Silver
Cycling Time Trial - 10K	50-54 Female	Mary	Topf	West Des Moines	IA	F	53	18:56.30	1	Gold
Cycling Time Trial - 10K	50-54 Female	Terri	Cosselman	Mason City	IA	F	52	21:41.20	2	Silver
Cycling Time Trial - 10K	55-59 Female	Christine	Smith	Rochester	MN	F		18:09.70		Gold
Cycling Time Trial - 10K	55-59 Female	Joli	Vollers	Ames	IA	F	57	19:52.10	1	Gold
Cycling Time Trial - 10K	55-59 Female	Robin	McNeely	Ames	IA	F	57	21:39.10	2	Silver
Cycling Time Trial - 10K	55-59 Female	Michelle	Wall	Ames	IA	F	59	26:35.00	3	Bronze
Cycling Time Trial - 10K	60-64 Female	Cindy	Shaw	Auburn	NE	F	63	19:24.00		Gold
Cycling Time Trial - 10K	60-64 Female	Rozalyn	Boyer	Adel	IA	F		21:01.40	1	Gold
Cycling Time Trial - 10K	60-64 Female	Firth	Whitehouse	Ames	IA	F	61	21:17.30	2	Silver
Cycling Time Trial - 10K	65-69 Female	Susan	Paulson	Alexandria	MN	F	66	17:45.00	1	Gold
Cycling Time Trial - 10K	50-54 Male	Wayne	Douet	Ames	IA	М	52	17:37.10	2	Silver
Cycling Time Trial - 10K	55-59 Male	Scott	Wall	Ames	IA	М		14:12.90		Gold
Cycling Time Trial - 10K	55-59 Male	Troy	Bauer	Dallas Center	IA	М		15:20.10		Silver
Cycling Time Trial - 10K	55-59 Male	John	Weiler	Ankeny	IA	М		16:39.80		Bronze
Cycling Time Trial - 10K	55-59 Male	David	Gannon	West Des Moines	IA	М		16:43.10	4	
Cycling Time Trial - 10K	55-59 Male	Thomas	Shide	Urbandale	IA	Μ	58	20:00.70	5	

Cycling Time Trial - 10K	60-64 Male	Kevin	Rose	BETTENDORF	IA	М	64	14:21.90	1	Gold
Cycling Time Trial - 10K	60-64 Male	Rick	Gladson	Des Moines	IA	М	62	15:33.30	2	Silver
Cycling Time Trial - 10K	60-64 Male	Lowell	Johnson	Palo	IA	М	61	17:06.20	3	Bronze
Cycling Time Trial - 10K	60-64 Male	Johnny	Bregar	Madrid	IA	М	64	17:11.60	4	
Cycling Time Trial - 10K	65-69 Male	Dan	Shaffer	Ely	IA	М		14:30.80		Gold
Cycling Time Trial - 10K	65-69 Male	Mike	Bergman	West Des Moines	IA	М		15:28.60		Silver
Cycling Time Trial - 10K	65-69 Male	Johnny	Thompson	Minnetonka	MN	М		15:55.70		Bronze
Cycling Time Trial - 10K	65-69 Male	Tim	OBrien	Waverly	IA	Μ		17:55.70	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Tom	Suckow	West Des Moines	IA	Μ		22:08.90	4	
Cycling Time Trial - 10K	65-69 Male	Don	Plesser	Raytown	MO	Μ	67	21:16.50	5	
Cycling Time Trial - 10K	65-69 Male	Stan	Boyer	Adel	IA	М	66	21:05.20	5	
Cycling Time Trial - 10K	70-74 Male	Jim	Jenkins	Newton	IA	M	72	17:39.70	1	Gold
Cycling Time Trial - 10K	70-74 Male	Hollis	Anderson	Lincoln	NE	M		19:23.00		Silver
Cycling Time Trial - 10K	70-74 Male		fortney	kelley	IA	M		19:23.00		Silver
	70-74 Male	harry	Tortney	Kelley	IA		/1	19.24.30	2	Silver
Cycling Time Trial - 10K	75-79 Male	Earl	Hill	Britt	IA	М	75	20:00.70	1	Gold
, , , , , , , , , , , , , , , , , , , ,										
Cycling Time Trial - 10K	80-84 Male	John	Hartwig	Ankeny	IA	М	80	19:35.50	1	Gold
Cycling Time Trial - 10K	80-84 Male	John	Keiser	Cedar Falls	IA	М	82	21:15.00	2	Silver
			DISC GOLF							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
						М				Gold
Disc Golf	50-54 Male	Tony	Goodrich	Clive	IA	IVI	50	68	1	Golu
Disc Golf	50-54 Male	Tony	Goodrich	Clive	IA		50	68	1	Golu
Disc Golf Disc Golf	50-54 Male 55-59 Male	Tony James	Goodrich Kopacek	Clive Urbandale	IA IA	M	58	68 50		Gold
		,							1	
Disc Golf	55-59 Male	James	Kopacek Shide	Urbandale	IA IA	M M	58 58	50 65	1	Gold Silver
Disc Golf	55-59 Male	James	Kopacek	Urbandale	IA	M	58	50	1	Gold
Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female	James Thomas Jennifer Amy	Kopacek Shide Shide	Urbandale Urbandale Urbandale Urbandale	IA IA IA	M M F	58 58 55 55	50 65 70	1 2 1	Gold Silver Gold
Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male	James Thomas Jennifer Amy Neils	Kopacek Shide Shide Johnson	Urbandale Urbandale Urbandale Urbandale Ames	IA IA IA IA	M M F M M	58 58 58 55 55 64	50 65 70 46	1 2 1 1	Gold Silver Gold Gold
Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female	James Thomas Jennifer Amy	Kopacek Shide Shide	Urbandale Urbandale Urbandale Urbandale	IA IA IA	M M F	58 58 55 55	50 65 70	1 2 1 1	Gold Silver Gold
Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male	James Thomas Jennifer Amy Neils	Kopacek Shide Shide Johnson	Urbandale Urbandale Urbandale Urbandale Ames	IA IA IA IA	M M F M M	58 58 58 55 55 64	50 65 70 46	1 2 1 1 2	Gold Silver Gold Gold
Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male 60-64 Male	James Thomas Jennifer Amy Neils Timothy	Kopacek Shide Shide Johnson Pew	Urbandale Urbandale Urbandale Urbandale Ames Des Moines	IA IA IA IA IA IA	M M F M M M	58 58 55 55 64 60	50 65 70 46 52	1 2 1 1 2 1 2 1	Gold Silver Gold Gold Silver
Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male 60-64 Male 60-64 Male	James Thomas Jennifer Amy Neils Timothy Kenneth	Kopacek Shide Shide Johnson Pew Mitchell	Urbandale Urbandale Urbandale Urbandale Ames Des Moines DES MOINES	IA IA IA IA IA IA	M M F M M M M M	58 58 55 55 64 60 60 66	50 65 70 46 52 50	1 2 1 1 2 2 1 1 2 2	Gold Silver Gold Gold Silver Gold
Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male 60-64 Male 60-64 Male 65-69 Male 65-69 Male 65-69 Male	James Thomas Jennifer Amy Neils Timothy Kenneth Joe Mike	Kopacek Shide Shide Johnson Pew Mitchell Bohlke Weeks	Urbandale Urbandale Urbandale Urbandale Ames Des Moines DES MOINES Des Moines Batesville	IA IA IA IA IA IA IA IA AR	M M F M M M M M M M M	58 58 55 64 60 66 66 66 65	50 65 70 46 52 50 58 66	1 2 1 1 2 2 1 1 2 2 3 3	Gold Silver Gold Silver Silver Silver Bronze
Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male 60-64 Male 60-64 Male 65-69 Male 65-69 Male	James Thomas Jennifer Amy Neils Timothy Kenneth Joe	Kopacek Shide Shide Johnson Pew Mitchell Bohlke	Urbandale Urbandale Urbandale Urbandale Ames Des Moines DES MOINES Des Moines	IA IA IA IA IA IA IA	M M F M M M M M M	58 58 55 55 64 60 60 66 66	50 65 70 46 52 50 58	1 2 1 1 2 2 1 1 2 2 3 3	Gold Silver Gold Silver Gold Silver Gold Silver
Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf Disc Golf	55-59 Male 55-59 Male 55-59 Male 55-59 Female 60-64 Male 60-64 Male 60-64 Male 65-69 Male 65-69 Male 65-69 Male	James Thomas Jennifer Amy Neils Timothy Kenneth Joe Mike	Kopacek Shide Shide Johnson Pew Mitchell Bohlke Weeks	Urbandale Urbandale Urbandale Urbandale Ames Des Moines DES MOINES Des Moines Batesville	IA IA IA IA IA IA IA IA AR	M M F M M M M M M M M	58 58 55 64 60 66 66 66 65	50 65 70 46 52 50 58 66	1 2 1 1 2 2 1 1 2 2 3 3 1	Gold Silver Gold Silver Silver Silver Bronze

Disc Golf	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	82	2	Silver
Disc Golf	75-79 Male	Ron	Peterson	Waukee	IA	М	77	53		Gold
Disc Golf	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	75	1	Gold
Disc Golf	85-89 Male	carroll	marty	Ames	IA	М	87	66	1	Gold
Disc Golf	85-89 Female	Norma	Ramker	Urbandale	IA	F	87	116	1	Gold
			GOLF							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Golf	50-54 Male	Scott	Mills	Des Moines	IA	Μ	50	125	1	Gold
Golf	50-54 Female	Tami	Draper	Des Moines	IA	F	51	125	1	Gold
Golf	55-59 Male	Daryl	Wolff	west Burlington	IA	М	56	81	1	Gold
Golf	55-59 Female	Jennifer	Clemen	Urbandale	IA	F	55	105		Gold
Golf	55-59 Female	Tricia	Lloyd	Urbandale	IA	F	59	115		Silver
Golf	55-59 Female	Beth	Goedken	Des Moines	IA	F	57	115	3	Bronze
Golf	60-64 Male	Jim	Riley	Albia	IA	М	62	76		Gold
Golf	60-64 Male	Al	Hodgeman	New Sharon	IA	М	64	78		Silver
Golf	60-64 Male	Timothy	Gibler	Council Bluffs	IA	М	62	81		Bronze
Golf	60-64 Male	Raymond	Bloom	Honey Creek	IA	М	64	81		
Golf	60-64 Male	Bob	Askelson	Norwalk	IA	М	62	81		
Golf	60-64 Male	Jim	Draper	Des Moines	IA	М	62	84		
Golf	60-64 Male	Tim	Daugherty	Council Bluffs	IA	М	64	86		
Golf	60-64 Male	Elliott	Smith	Des Moines	IA	М	62	87		
Golf	60-64 Male	Rick	Radcliff	Urbandale	IA	М	60	102	9	1
Golf	60-64 Female	susan	sibbernsen	Altoona	IA	F	61	91		Gold
Golf	60-64 Female	Dixie	Harms	Clive	IA	F	61	98	2	Silver
					-			74		
Golf	65-69 Male	Randy	Cullin	lowa City	IA	M	66	74		Gold
Golf	65-69 Male	Mike	Weeks	Batesville	AR	M	65	78		Silver
Golf	65-69 Male	Gary	Myers	Urbandale	IA	M	68	80		Silver
Golf	65-69 Male	Mark	McDowell	Hampton	IA	M	68	81		Bronze
Golf	65-69 Male	Doran	Dahms	Ankeny	IA	M	68	82		-
Golf	65-69 Male	Edward	McDaniel	Winterset	IA	M	68	85		
Golf	65-69 Male	gary	tomas	tama	IA	M	70	87		
Golf	65-69 Male	Bill	Parton	Ankeny	IA	Μ	69	88	7	'

Golf	65-69 Male	Steve	Gustafson	Boone	IA	Μ	68	100	8	
Golf	65-69 Male	Donald	Motz	Perry	IA	М	68	100	9	
Golf	65-69 Male	Harold	Bayley	Los Lunas	NM	М	68	102	10	
Golf	65-69 Female	Roxanne	Kuhlman	Fort Dodge	IA	F	66	85	1	Gold
Golf	65-69 Female	Sandy	Stewart	Cedar Rapids	IA	F	67	89	2	Silver
Golf	65-69 Female	Jennifer	Long	lowa City	IA	F	68	112	3	Bronze
						-			-	
Golf	70-74 Male	Larry	Castagnoli	Clive	IA	M	72	71	1	Gold
Golf	70-74 Male	Dennis	Baysinger	Norwalk	IA	Μ	72	73	2	Silver
Golf	70-74 Male	Gordon	Freeman	Robins	IA	Μ	70	75	3	
Golf	70-74 Male	Jerry	Hora	lowa City	IA	Μ	70	77	4	
Golf	70-74 Male	Jim	Heger	Des Moines	IA	Μ	74	84	5	
Golf	70-74 Male	Roger	Schmiedeskamp	Urbandale	IA	М	72	84	6	
Golf	70-74 Male	Steven	Hartman	Winterset	IA	Μ	71	85	7	
Golf	70-74 Male	Blaine	Carter	Albia	IA	Μ	74	85	8	
Golf	70-74 Male	Philip	Morrow	Onawa	IA	М	71	92	9	
Golf	70-74 Male	Mike	Tomas	Tama	IA	Μ	68	94	10	
Golf	70-74 Male	Thomas	Brandt	Altoona	IA	Μ	73	94	11	
Golf	70-74 Male	Greg	Eastman	Clive	IA	М	74	107	12	
Golf	70-74 Male	John	Jackson	Waukee	IA	Μ	74	107	13	
Golf	70-74 Male	Dan	Zimmerman	West Des Moines	IA	М	70	109	14	
Golf	70-74 Female	Jane	O'Hollearn	Johnston	IA	F	71	91	1	Gold
Golf	70-74 Female	Jane	Suiter	Marion	IA	F	73	99		Silver
Golf	70-74 Female	Diane	Cavanaugh	West Des Moines	IA	F	73			Bronze
0011	70-74 Temale	Diane	Cavanaugh	west des momes		r	/3	105	3	BIOIIZE
Golf	75-79 Male	Ed	Pech	lowa city	IA	Μ	76	79	1	Gold
Golf	75-79 Male	Dennis	MacLaren	Coralville	IA	М	75	82		Silver
Golf	75-79 Male	Virgil	Goodrich	Parkersburg	IA	Μ	77	83	3	Bronze
Golf	75-79 Male	Pat	Archibald	Melrose	IA	Μ	75	86	4	
Golf	75-79 Male	John	Judge	Albia	IA	Μ	77	87	5	
Golf	75-79 Male	Allan	Hjelle	Elk Horn	IA	Μ	78	87	6	
Golf	75-79 Male	Bill	Renner	Ankeny	IA	Μ	77	87	7	
Golf	75-79 Male	Jerry	Vaske	Tama	IA	Μ	76	96	8	
Golf	75-79 Male	earl	rutledge	tama	IA	М	75	105	9	
Golf	75-79 Female	Sylvia	Lenz	Clive	IA	F	75		1	Gold
Golf	75-79 Female	Joyce	Weigel	Earlham	IA	F	75	93	2	Silver
Golf	75-79 Female	Leanna	Hansch	Des Moines	IA	F	78	103	3	Bronze
Golf	75-79 Female	Кау	Bromert	Urbandale	IA	F	76	110	4	

Golf	80-84 Male	Harry	Shackelford	Bagley	IA	М	80	86	1	Gold
Golf	80-84 Male	Jerry	ommen	Tama	IA	М	82	94	2	Silver
Golf	80-84 Female	Ellie	Radcliff	West Des Moines	IA	F	82	119	1	Gold
Golf	85-89 Male	Robert	Cowan	Clive	IA	М	85	90	1	Gold
Golf	85-89 Male	James	Roan	Toledo	IA	М	89	90	2	Silver
			HORSESHOES		•					
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Horseshoes	50-54 Male	Steve	Miller	Wayland	IA	М	51	91	1	Gold
Horseshoes	50-54 Male	Scott	Mills	Des Moines	IA	М	50	65	2	Silver
Horseshoes	50-54 Male	Bob	Hallgren	Des Moines	IA	М	53	59		Bronze
Horseshoes	50-54 Male	Tony	Goodrich	Clive	IA	М	50	29		
Horseshoes	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	56	1	Gold
Horseshoes	55-59 Female	melanie	bintz	dayton	IA	F	58	52	2	Silver
Horseshoes	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	122	1	Gold
Horseshoes	65-69 Male	Kenneth	Hopper	Waukee	IA	М	65	41	1	Gold
Horseshoes	65-69 Male	Joe	Bohlke	Des Moines	IA	М	66	32	2	Silver
Horseshoes	65-69 Female	Carole	Rowland	Pleasantville	IA	F	69	37	1	Gold
Horseshoes	65-69 Female	Diana	Bohlke	Des Moines	IA	F	66	1	2	Silver
Horseshoes	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	133	1	Gold
Horseshoes	70-74 Male	Steve	Jacobs	Urbandale	IA	М	71	76	2	Silver
Horseshoes	70-74 Female	Christine	Jordan	Peru	IA	F	70	96	1	Gold
Horseshoes	75-79 Male	Reggie	Crumes	Altoona	IA	М	75	185	1	Gold
Horseshoes	75-79 Male	Skip	Hills	Altoona	IA	М	76	140	2	Silver
Horseshoes	75-79 Male	Garen	Rains	Solon	IA	М	78	74	3	Bronze
Horseshoes	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	63		
Horseshoes	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	78	22	5	
Horseshoes	75-79 Male	David	Brown	Des Moines	IA	М	75	13		
Horseshoes	80-84 Male	Bert	Logsdon	Pleasantville	IA	М	81	215	1	Gold
Horseshoes	80-84 Male	Rich	Hoidahl	Johnston	IA	м	80	34	2	Silver
Horseshoes	80-84 Female	Ronda	Moffatt	Homestead	IA	F	81	55	1	Gold

Horseshoes	85-89 Male	Don	Zimmer	West Des Moines	IA	М	87	55	5 1	Gold
Horseshoes	85-89 Male	Kenneth	Clark	Urbandale	IA	М	85	3	3 2	Silver
			PICKLEBALL							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	50-54	Rob	Paulsen	Clive	IA	М	51		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	50-54	Jan	Davis	Des Moines	IA	F	60		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	50-54	Patty	Lenz	Sioux Falls	SD	F	54		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	50-54	Manoj	Rajbhandary	Waukee	IA	М	54		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	55-59	Jennifer	Clemen	Urbandale	IA	F	55		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	55-59	Sean	Stevens	Urbandale	IA	М	55		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	60-64	Brenda	Jones	Pella	IA	F	62		1	Gold
Pickleball - Mixed Doubles Division 1 (4.5-5.0)	60-64	Craig	Rhodes	Marshalltown	IA	М	70		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Jane	Stevens	Robins	IA	F	63		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Steve	Jensen	Cedar Falls	IA	М	54		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Angela	Torgerson	Clive	IA	F	51		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Erik	Torgerson	clive	IA	М	52		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Cassandra	Regan	Waukon	IA	F	51		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Brian	Rodman	Waukon	IA	М	59		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	McKillip	Michael	West Des Moines	IA	М	52		4	
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	50-54	Owens	Peggy	Runnells	IA	F	56		4	ŀ
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Jim	Schoenrock	Ames	IA	М	62		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Kristine	Wilson	AMES	IA	F	57		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Dan	Beaudry	Des Moines	IA	М	56		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Julie	Spaid	Ames	IA	F	58		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Dean	Black	Somers	IA	М	60		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Kathleen	Macke	Carroll	IA	F	56		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Jan	Sewright	Ankeny	IA	F	62		4	
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	55-59	Jim	Baack	Des Moines	IA	М	62		4	ł
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Calvin	Moss	Bettendorf	IA	М	60		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Julie	Miller	Bettendorf	IA	F	61		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Gayle	Kelm	Cresco	IA	F	64		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	douglas	berg	CRESCO	IA	М	63		2	Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Lane	Hawley Cole	Fairfield	IA	F	61		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Joel	Price	Fairfield	IA	М	60		3	Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Angela	Edmonson	Urbandale	IA	F	60		4	ł
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	60-64	Bob	Harper	Johnston	IA	М	60		4	ł
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Barb	Brondyke	Clinton	IA	F	65		1	Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Randy	Schmitt	Clinton	IA	М	65		1	Gold

Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Pamela	Graves	Crosslake	MN	F	67	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Peter	Graves	Crosslake	MN	M	68	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Deborah	Pogel	Fairfield	IA	F	65	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Steven	Blum	Fairfield	IA	М	70	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Cherie	Lower	Lanark	IL	F	65	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Mark	Lower	Lanark	IL	М	66	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Deanna	Berkey	LeGrand	IA	F	69	3 Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Michael	Berkey	LeGrand	IA	м	69	3 Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Barb	Wolling	Perry	IA	F	66	4
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	65-69	Mark	Wiedenfeld	Urbandale	IA	М	71	4
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Linda	Richman	Windsor Heights,	IA	F	73	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Dale	Thede	Urbandale	IA	М	70	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Cheryl	Crawford	Windsor Heights	IA	F	73	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Brian	Donahue	Urbandale	IA	М	74	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Mary	Kurtz	Bettendorf	IA	F	72	3 Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Craig	Humphreys	Davenport	IA	М	80	3 Bronze
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	Meg	Vigmostad	Fairfield	IA	F	73	4
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	70-74	David	Coffinger	Fairfield	IA	М	71	4
			Ŭ					
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Petersen	Judith	Bettendorf	IA	F	75	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Lehrkamp	Larry	Willis	ΤХ	М	76	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Accola	Dollie	Urbandale	IA	F	77	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Accola	John	Urbandale	IA	М	76	1 Gold
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Langrock	Dave	Davenport	IA	М	80	2 Silver
Pickleball - Mixed Doubles Division 2 (3.5-4.0)	75-79	Shinbori	Barb	Davenport	IA	F	77	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	50-54	Kevin	Lilly	MCCOOK LAKE	SD	М	54	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	50-54	Jane	Lilly	McCook Lake	SD	F	56	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Jean	Hollinrake	Ankeny	IA	F	55	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Leland	Harker	West Des Moines	IA	М	63	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Kristi	Ahrens	Stratford	IA	F	59	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Brett	Ahrens	Stratford	IA	М	59	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Kathy	Wassenaar	Pella	IA	F	58	3 Bronze
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	55-59	Craig	Wassenaar	Pella	IA	М	59	3 Bronze
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Michelle	McKelvogue	West Des Moines	IA	F	62	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Denny	Bane	Urbandale	IA	М	77	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Kim	Thede	Urbandale	IA	F	62	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Steve	Schoon	Urbandale	IA	М	64	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Jane	Burt	Ogden	IA	F	63	3 Bronze
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Merle	Brendeland	Huxley	IA	М	69	3 Bronze
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Lisa	Schaa	Webster City	IA	F	61	4
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	60-64	Peter	Buck	Ames	IA	М	68	4

Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	Rebecca	Shivvers	Ames	IA	F	75	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	John	Anderson	Ames	IA	М	71	1 Gold
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	Marjorie	Leeper	Indianola	IA	F	72	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	John	King	Norwalk	IA	М	70	2 Silver
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	Mary	Van Steenis	Pella	IA	F	73	3 Bronze
Pickleball - Mixed Doubles Division 3 (1.0-3.0)	70-74	Carleton	Van Steenis	Pella	IA	м	75	3 Bronze
Pickleball - Men's Doubles Division 1 (4.5-5.0)	50-54 Male	Manoj	Rajbhandary	Waukee	IA	М	54	1 Gold
Pickleball - Men's Doubles Division 1 (4.5-5.0)	50-54 Male	Sean	Stevens	Urbandale	IA	м	55	1 Gold
Pickleball - Men's Doubles Division 1 (4.5-5.0)	50-54 Male	Rob	Paulsen	Clive	IA	м	51	2 Silver
Pickleball - Men's Doubles Division 1 (4.5-5.0)	50-54 Male	John	Stroud	West Des Moines	IA	м	57	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Steve	Jensen	Cedar Falls	IA	м	54	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Randy	Butler	Cedar Rapids	IA	M	62	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Michael	McKillip	West Des Moines	IA	M	52	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Steve	Boom	Altoona	IA	M	58	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Erik	Torgerson	clive	IA	M	52	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	50-54 Male	Todd	Miller	Clive	IA	M	57	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Dan	Beaudry	Des Moines	IA	м	56	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Thomas	Salley	Middle River	MD	М	63	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Clyde	Miller	West Des moines	IA	м	64	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Brian	Loynachan	West Des Moines	IA	М	58	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Mike	Matera	Clive	IA	М	56	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Arthur	Woodcock	West Des Moines	IA	М	66	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Jim	Baack	Des Moines	IA	М	59	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Leland	Harker	West Des Moines	IA	м	63	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	George	Scheppmann	West Des Moines	IA	М	57	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	55-59 Male	Brent	Alexander	West Des Moines	IA	М	60	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Calvin	Moss	Bettendorf	IA	М	60	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Ken	Beach	Davenport	IA	М	72	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Joel	Price	Fairfield	IA	М	60	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Steven	Blum	Fairfield	IA	М	70	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Brad	Stalev	hampton	IA	м	62	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Stephen	Sheehan	Forest City	IA	М	65	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Bruce	Newhouse	Decorah	IA	М	63	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	60-64 Male	Douglas	Berg	Cresco	IA	М	63	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Jerry	Strom	North Liberty	IA	M	68	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Larry	Hawkins	Coralville	IA	M	71	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Tom	Stenger	WEST DES MOINES	IA	М	68	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Dennis	Lauterbach	West Des Moines	IA	M	67	2 Silver

Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Neil	Bullock	Fairfield	IA	М	68	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Terry	Kruse	Agency	IA	М	69	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Ric	Anderson	Marshalltown	IA	Μ	65	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	65-69 Male	Mark	Lorenz	Springville	IA	М	72	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Jerry	Armstrong	West Des Moines	IA	М	70	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	John	Wilson	Urbandale	IA	Μ	71	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Glenn	Graf	Mt Pleasant	IA	Μ	71	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	David	Coffinger	Fairfield	IA	Μ	71	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Dale	Thede	Urbandale	IA	Μ	70	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Bill	Howe	West Des Moines	IA	М	72	3 Bronze
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Rick	Chimienti	Ankeny	IA	Μ	71	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	70-74 Male	Bob	Farber	Des Moines	IA	Μ	70	4
Pickleball - Men's Doubles Division 2 (3.5-4.0)	80-84 Male	Humphreys	Craig	Davenport	IA	Μ	80	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	80-84 Male	Langrock	Dave	Davenport	IA	Μ	80	1 Gold
Pickleball - Men's Doubles Division 2 (3.5-4.0)	80-84 Male	Newton	Don	West Des Moines	IA	Μ	82	2 Silver
Pickleball - Men's Doubles Division 2 (3.5-4.0)	80-84 Male	Holmes	Donald	West DesMoines	IA	Μ	83	2 Silver
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Mark	Ferner	Urbandale	IA	М	72	1 Gold
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Sid	Gordon	West Des Moines	IA	М	72	1 Gold
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	William	Stalter	Urbandale	IA	М	73	2 Silver
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Terry	Pogge	Ankeny	IA	М	74	2 Silver
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Mike	Copple	Norwalk	IA	М	74	3 Bronze
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Brian	Donahue	Urbandale	IA	М	74	3 Bronze
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Mike	Buitenwerf	lowa City	IA	М	72	4
Pickleball - Men's Doubles Division 3 (1.0-3.0)	70-74 Male	Hugh	Hammond	urbandale	IA	Μ	76	4
Pickleball - Men's Doubles Division 3 (1.0-3.0)	75-79 Male	Larry	Lehrkamp	Willis	ΤХ	Μ	76	1 Gold
Pickleball - Men's Doubles Division 3 (1.0-3.0)	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	78	1 Gold
Pickleball - Women's Doubles Division 1 (4.5-5.0)	50-54 Female	Patty	Lenz	Sioux Falls	SD	F	54	1 Gold
Pickleball - Women's Doubles Division 1 (4.5-5.0)	50-54 Female	Sue	Finn	Mesa	AZ	F	74	1 Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	50-54 Female	Jennifer	Clemen	Urbandale	IA	F	55	1 Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	50-54 Female	Angela	Torgerson	Clive	IA	F	51	1 Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	50-54 Female	Amy	Boom	Altoona	IA	F	51	2 Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	50-54 Female	Peggy	Owens	Runnells	IA	F	56	2 Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Diana	Richardson	Searsboro	IA	F	57	1 Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Brenda	Jones	Pella	IA	F	62	1 Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Kathleen	Macke	Carroll	IA	F	56	2 Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Kelly	Schubert	Carroll	IA	F	61	2 Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Julie	Miller	Bettendorf	IA	F	61	3 Bronze

Pickleball - Women's Doubles Division 2 (3.5-4.0)	55-59 Female	Lori	Holst	Dewitt	IA	F	57	3	Bronze
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Jan	Davis	Des Moines	IA	F	60	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Angela	Edmonson	Urbandale	IA	F	60	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Barb	Erickson	Massena	IA	F	60	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Jill	Allen	Grinnell	IA	F	61	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Myrna	Seline	Bettendorf	IA	F	63	2	Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Mary	Kurtz	Bettendorf	IA	F	72	2	Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Deborah A	Olson	Clinton	IA	F	63	3	Bronze
Pickleball - Women's Doubles Division 2 (3.5-4.0)	60-64 Female	Karen	Petersen	Clinton	IA	F	62	3	Bronze
Pickleball - Women's Doubles Division 2 (3.5-4.0)	65-69 Female	Jennifer	Roberts	WEST DES MOINES	IA	F	65		Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	65-69 Female	Margie	Rowland	West Des Moines	IA	F	67	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Cheryl	Crawford	Windsor Heights	IA	F	73	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Linda	Richman	Windsor Heights,	IA	F	73		Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Gail	Henderson	Atlantic	IA	F	73	-	Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Jean	Ryan	Atlantic	IA	F	73		Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Nita	Lechner	Grand Island	NE	F	71		Bronze
Pickleball - Women's Doubles Division 2 (3.5-4.0)	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73	-	Bronze
									Bronze
Pickleball - Women's Doubles Division 2 (3.5-4.0)	75-79 Female	Barb	Shinbori	Davenport	IA	F	77	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	75-79 Female	Judith	Petersen	Bettendorf	IA	F	75	1	Gold
Pickleball - Women's Doubles Division 2 (3.5-4.0)	75-79 Female	Rebecca	Shivvers	Ames	IA	F	75	2	Silver
Pickleball - Women's Doubles Division 2 (3.5-4.0)	75-79 Female	Dollie	Accola	Urbandale	IA	F	77	2	Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	50-54 Female	Gretchen	Varineau	Ankeny	IA	F	53	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	50-54 Female	Jean	Hollinrake	Ankeny	IA	F	55	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Margaret	Fehrle	Marshalltown	IA	F	58	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Fauna	Nord	Marshalltown	IA	F	60	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Julie	Spaid	Ames	IA	F	58	2	Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Jane	Burt	Ogden	IA	F	63	2	Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Kristi	Ahrens	Stratford	IA	F	59	3	Bronze
Pickleball - Women's Doubles Division 3 (1.0-3.0)	55-59 Female	Lisa	Schaa	Webster City	IA	F	61	3	Bronze
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Terry	Stockmann	St. Louis	MO	F	61	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Pamela	cordia	SAINT LOUIS	MO	F	70	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Jan	Sewright	ANKENY	IA	F	62		Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Lori	McClannahan	West Des Moines	IA	F	61	1	Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Kim	Thede	Urbandale	IA	F	62	2	Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Michelle	McKelvogue	West Des Moines	IA	F	62	2	Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Judith	Kanis	Altoona	IA	F	64	3	Bronze
Pickleball - Women's Doubles Division 3 (1.0-3.0)	60-64 Female	Karol	Crumes	Altoona	IA	F	69	3	Bronze

Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Linda	Sorg	Indianola	IA	F	70	1 Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Marjorie	Leeper	Indianola	IA	F	72	1 Gold
Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Connie	Boettcher	Indianola	IA	F	71	2 Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Jean	Schroeder	Indianola	IA	F	71	2 Silver
Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Nancy	Armstrong	West Des Moines	IA	F	71	3 Bronze
Pickleball - Women's Doubles Division 3 (1.0-3.0)	70-74 Female	Merry	Wilson	Urbandale	IA	F	71	3 Bronze
Pickleball - Singles Division 1 (4.5-5.0)	50-54 Male	Manoj	Rajbhandary	Waukee	IA	М	54	1 Gold
Pickleball - Singles Division 1 (4.5-5.0)	50-54 Male	Rob	Paulsen	Clive	IA	М	51	2 Silver
Pickleball - Singles Division 1 (4.5-5.0)	70-74 Male	Craig	Rhodes	Marshalltown	IA	М	70	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	55-59 Male	Mike	Matera	Clive	IA	М	56	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	55-59 Male	Jim	Baack	Des Moines	IA	М	59	2 Silver
Pickleball - Singles Division 2 (3.5-4.0)	55-59 Male	George	Scheppmann	West Des Moines	IA	M	57	3 Bronze
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Male	Dean	Nihart	Johnston	IA	M	61	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Male	Mike	Williams	Marshalltown	IA	M	63	2 Silver
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Male	Joel	Price	Fairfield	IA	M	60	3 Bronze
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Male	Michael	Berkey	LeGrand	IA	М	69	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Male	Randy	Nielsen	Mason City	IA	М	68	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Male	Arthur	Woodcock	West Des Moines	IA	М	66	2 Silver
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Male	Randy	Schmitt	Clinton	IA	М	65	3 Bronze
Pickleball - Singles Division 2 (3.5-4.0)	70-74 Male	Ken	Beach	Davenport	IA	M	72	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	70-74 Male	Jan	Schmidt	Indianola	IA	M	73	2 Silver
	70-74 Wale	1011	Schindt				/3	2 311761
Pickleball - Singles Division 2 (3.5-4.0)	55-59 Female	Jennifer	Clemen	Urbandale	IA	F	55	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	55-59 Female	Peggy	Owens	Runnells	IA	F	56	2 Silver
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Female	Linda	Erickson	Sioux Falls	SD	F	63	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Female	julie	hamilton	Grimes	IA	F	63	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Female	Mary	McEnaney	Calmar	IA	F	62	2 Silver
Pickleball - Singles Division 2 (3.5-4.0)	60-64 Female	Diane	Bonnstetter	Waukee	IA	F	61	3 Bronze
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Female	Pamela	Graves	Crosslake	MN	F	67	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Female	Barb	Brondyke	Clinton	IA	F	65	1 Gold
Pickleball - Singles Division 2 (3.5-4.0)	65-69 Female	Cherie	Lower	Lanark		F	65	2 Silver
	05 05 Temale	cheffe	Lower					
Pickleball - Singles Division 3 (1.0-3.0)	55-59 Male	Brett	Ahrens	Stratford	IA	М	59	1 Gold
Pickleball - Singles Division 3 (1.0-3.0)	60-64 Male	Brent	Alexander	West Des Moines	IA	M	60	1 Gold
Pickleball - Singles Division 3 (1.0-3.0)	65-69 Male	Tom	Suckow	West Des Moines	IA	M	68	1 Gold
Pickleball - Singles Division 3 (1.0-3.0)	65-69 Male	Merle	Brendeland	Huxley	IA	М	69	2 Silver

Pickleball - Singles Division 3 (1.0-3.0)	70-74 Male	Jeff	Prouty	Ankeny	IA	M	70	1	Gold
Pickleball - Singles Division 3 (1.0-3.0)	70-74 Male	John	Anderson	Ames	IA	М	71	2	Silver
Pickleball - Singles Division 3 (1.0-3.0)	75-79 Male	Larry	Lehrkamp	Willis	ТΧ	М	76		Gold
Pickleball - Singles Division 3 (1.0-3.0)	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	78	1	Gold
	00.04.04-1-	Dala	Davia	Alterne	IA	M	82		Cala
Pickleball - Singles Division 3 (1.0-3.0)	80-84 Male	Dale	Dewey	Altoona			82	1	Gold
Pickleball - Singles Division 3 (1.0-3.0)	55-59 Female	Kristi	Ahrens	Stratford	IA	F	59	1	Gold
Pickleball - Singles Division 3 (1.0-3.0)	60-64 Female	Terry	Stockmann	St. Louis	MO	F	61	1	Gold
	oo o r r cinaic	ieny	RACQUETBALL			Ţ	01		Gold
Event	Age Group	First Name	Last Name	City	State	Gender	Age Result	Place	Medal
Racquetball - Men's Doubles	55-59 Male	Randy	Schneider	Ankeny	IA	М	57	1	Gold
Racquetball - Men's Doubles	55-59 Male	Ross	Cameron	West Des Moines	IA	М	65	1	Gold
Racquetball - Men's Doubles	60-64 Male	Dan	King	Ankeny	IA	М	62	1	Gold
Racquetball - Men's Doubles	60-64 Male	Mike	Waters	atlantic	IA	М	74	1	Gold
Racquetball - Men's Doubles	65-69 Male	Ric	Anderson	Marshalltown	IA	Μ	65		Gold
Racquetball - Men's Doubles	65-69 Male	Jim	Johnson	Marshalltown	IA	М	72	1	Gold
Racquetball - Women's Doubles	C0 C4 Famala	Davaa	Leventin	Discount USU		F	62	1	Cald
	60-64 Female 60-64 Female	Renae Susan	Lampkin	Pleasant Hill	IA IA	F	64		Gold Gold
Racquetball - Women's Doubles	00-04 Female	Susan	Acoymo	Ankeny			04	1	Gold
Racquetball - Women's Doubles	70-74 Female	Nita	Lechner	Grand Island	NE	F	71	1	Gold
Racquetball - Women's Doubles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73	-	Gold
						-			
Racquetball - Mixed Doubles	55-59	Randy	Schneider	Ankeny	IA	М	57	1	Gold
Racquetball - Mixed Doubles	55-59	Susan	Acoymo	Ankeny	IA	F	64	1	Gold
		_				_			
Racquetball - Mixed Doubles	60-64	Renae	Lampkin	Pleasant Hill	IA	F	62		Gold
Racquetball - Mixed Doubles	60-64	Ross	Cameron	West Des Moines	IA	M	65		Gold
Racquetball - Mixed Doubles	60-64	Dan	King	Ankeny	IA	M	62		Silver
Racquetball - Mixed Doubles	60-64	Carolyn	Foster	St. Paul	NE	F	73	2	Silver
Racquetball - Singles	55-59 Male	Randy	Schneider	Ankeny	IA	M	57	1	Gold
Racquetball - Singles	60-64 Male	Dan	King	Ankeny	IA	М	62	1	Gold
Racquetball - Singles	65-69 Male	Ross	Cameron	West Des Moines	IA	M	65	1	Gold
Racquetball - Singles	65-69 Male	Ric	Anderson	Marshalltown	IA	M	65		Silver

Racquetball - Singles	65-69 Male	Randy	Nielsen	Mason City	IA	М	68		3	Bronze
Racquetball - Singles	70-74 Male	Jim	Johnson	Marshalltown	IA	М	72		1	Gold
Racquetball - Singles	70-74 Male	Mike	Waters	atlantic	IA	М	74			Silver
Racquetball - Singles	70-74 Male	David	bloom	Mount Pleasant	IA	М	72		3	Bronze
Racquetball - Singles	75-79 Male	John	Accola	Urbandale	IA	M	76		1	. Gold
Racquetball - Singles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	62		1	Gold
Racquetball - Singles	60-64 Female	Susan	Acoymo	Ankeny	IA	F	64		2	Silver
Racquetball - Singles		Carolyn	Foster	St. Paul	NE	F	73		1	. Gold
			ROAD RACE		÷					÷
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Road Race - 5K	50-54 Female	Tami	Draper	Des Moines	IA	F	51	28:20	1	Gold
Road Race - 5K	55-59 Female	Lori	Goetzinger	Carroll	IA	F	59	35:19	1	Gold
						-				
Road Race - 5K	60-64 Female	Susan	Fray	Clive	IA	F	61	24:12	1	Gold
Road Race - 5K	60-64 Female	Kathy	Ford	Clive	IA	F	64	43:00		Silver
Road Race - 5K	55-59 Male	Mark	Seaton	Urbandale	IA	M	59	21:14	1	Gold
Road Race - 5K	55-59 Male	Neil	Goetzinger	Carroll	IA	М	59	30:23	2	Silver
Road Race - 5K	60-64 Male	Monty	Hahn	INDIANOLA	IA	M	64	27:49	1	Gold
Road Race - 5K	65-69 Male	Mark	Joye	Waukee	IA	M	65	30:18	1	Gold
Road Race - 5K	70-74 Male	Mike	May	Indianola	IA	Μ	74	26:13		Gold
Road Race - 5K	70-74 Male	Roy	Ney	Des Moines	IA	Μ	73	27:10	2	Silver
Road Race - 5K	70-74 Male	Larry	Hamm	Des Moines	IA	М	73	27:46	3	Bronze
Road Race - 5K	70-74 Male	Simon	Casady	Des Moines	IA	M	72	28:13	4	
Road Race - 5K	75-79 Male	Dennis	Kruger	Dike	IA	M	79	24:40	1	. Gold
Road Race - 10K	50-54 Female	Cinda	Blake	Wayland	IA	F	53	57:33	1	. Gold
	50 54 44							42.50		
Road Race - 10K	50-54 Male	Rob	Hammann	Pella	IA	M	50	42:50		Gold
Road Race - 10K	50-54 Male	Matt	Kamp	Clive	IA	M	52	52:22	2	Silver
Road Race - 10K	55-59 Male	John	Ross	Ottumwa	IA	М	59	46:55	1	Gold
Road Race - 10K	55-59 Male	Pat	Horton	West Des Moines	IA	М	59	49:34	2	Silver

55-59 Male	John	DeAngelis	Des Moines	IA	Μ	57	58:37	3	Bronze
60-64 Male	Rick	Scharff	West Des Moines	IA	М	60	45:04	1	Gold
75-79 Male	Tom	Kirkwood	Dyersville	IA	M	78	58:11	1	Gold
		SHUFFLEBOARD						.	
Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
50-54	Tony	Goodrich	Clive	IA	М	50		1	Gold
50-54	Lynda	Goodrich	Johnston	IA	F	75		1	Gold
60-64	Rich	Anderson	West Des Moines	IA	M	86		1	Gold
60-64	Timothy	Pew	Des Moines	IA	М	60			Gold
65-69	Diana	Bohlke	Des Moines	IA	F	66		1	Gold
65-69	Joe	Bohlke	Des Moines	IA	М	66			Gold
65-69	Randy	Davis	Altoona	IA	Μ	65		2	Silver
65-69	Dennis	Hinckley	Sioux Falls	SD	Μ	70		2	Silver
75-79	Ron	Peterson	Waukee	IA	M	77		1	Gold
75-79	Steve	Wilson	West Des Moines	IA	М	78			Gold
									Gold
80-84	Jack	Behmer	Urbandale	IA	M	89		1	Gold
85-89	Kenneth	Clark	Urbandale	IA	M	85		1	Gold
85-89	Don	Zimmer	West Des Moines	IA	М	87		1	Gold
50-54 Male	Tony	Goodrich	Clive	IA	M	50		1	Gold
60-64 Male	Timothy	Pew	Des Moines	IA	M	60		1	Gold
65-69 Male	Joe	Bohlke	Des Moines	IA	M	66		1	Gold
65-69 Male	Randy	Davis	Altoona	IA	М	65			Silver
70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M	70		1	Gold
75 70 Mala	Don	Deterson	Waukaa	1.0	N4			1	Gold
									Silver
72-79 Male	Sleve	WIISO(1	west des moines	IA		/8		2	Silver
80-84 Male	Bob	Dieleman	Pella	IA	М	83			Gold
80-84 Male	Rich	Hoidahl	Johnston	IA	Μ	80		2	Silver
85-89 Male	Jack	Behmer	Urbandale	IA	M	89		1	Gold
	60-64 Male 60-64 Male 75-79 Male 75-79 Male 50-54 50-54 50-54 60-64 60-64 60-64 65-69 65-69 65-69 65-69 65-69 65-69 80-84 80-84 85-89 85-89 85-89 85-89 85-89 85-89 85-69 Male 65-69 Male 65-69 Male 70-74 Male 75-79 Male 75-79 Male 80-84 Male	Image: series of the series	60-64 MaleRickScharff75-79 MaleTomKirkwood75-79 MaleTomKirkwoodAge GroupFirst NameLast Name50-54TonyGoodrich50-54LyndaGoodrich60-64RichAnderson60-64TimothyPew65-69DianaBohlke65-69JoeBohlke65-69DennisHinckley75-79RonPeterson75-79SteveWilson80-84JackBehmer80-84JackBehmer80-84JackBehmer65-69DonZimmer80-84JackBehmer65-69DonZimmer80-84JackBehmer75-79SteveWilson75-79KennethClark80-84JackBehmer80-84JackBehmer999	60-64 Male Rick Scharff West Des Moines 75-79 Male Tom Kirkwood Dyersville SHUFFLEBOARD Age Group First Name Last Name City 50-54 Tony Goodrich Clive 50-54 Lynda Goodrich Johnston 60-64 Rich Anderson West Des Moines 60-64 Timothy Pew Des Moines 65-69 Diana Bohlke Des Moines 65-69 Joe Bohlke Des Moines 65-69 Diana Bohlke Des Moines 65-69 Dennis Hinckley Sioux Falls 75-79 Ron Peterson Waukee 75-79 Steve Wilson West Des Moines 80-84 Bob Dieleman Pella 80-84 Jack Behmer Urbandale 85-89 Don Zimmer West Des Moines 60-64 Male Timothy Pew Des Moines 60-64 Male Tony Goodrich Clive <td>andandandandandandandandand60-64 MaleRickScharffWest Des MoinesIA75-79 MaleTomKirkwoodDyersvilleIAAge GroupFirst NameLast NameCityState50-54TonyGoodrichCliveIA50-54LyndaGoodrichJohnstonIA60-64RichAndersonWest Des MoinesIA60-64TimothyPewDes MoinesIA65-69DianaBohlkeDes MoinesIA65-69DianaBohlkeDes MoinesIA65-69DemisHinckleySioux FallsSD75-79RonPetersonWaukeeIA75-79RonPetersonWaukeeIA80-84BobDielemanPellaIA80-84BobDielemanPellaIA85-89KennethClarkUrbandaleIA85-89KennethClarkUrbandaleIA80-64JoeBohlkeDes MoinesIA60-64TonyGoodrichCliveIA75-79SteveWilsonYeat Des MoinesIA80-84BobDielemanPellaIA80-84BobDielemanPellaIA80-64MaleTonyGoodrichCliveIA75-79SteveWilsonAltoonaIA80-64Male<td>60-64 Male Rick Scharff West Des Moines IA M 75-79 Male Tom Kirkwood Dyersville IA M SHUFFLEBOARD SHUFFLEBOARD Sturf Elst Name City State Gender 50-54 Tony Goodrich Johnston IA M 50-54 Lynda Goodrich Johnston IA M 60-64 Rich Anderson West Des Moines IA M 60-64 Timothy Pew Des Moines IA M 65-69 Diana Bohike Des Moines IA M 65-69 Randy Davis Altoona IA M 65-69 Randy Davis Altoona IA M 75-79 Ron Peterson Waukee IA M 75-79 Ron Peterson Waukee IA M 80-84 Bob Dieleman Pella IA M 80-84 Joc Clark<</td><td>60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 SHUFFLEGOARD SHUFFLEGOARD State Gender Age 50-54 Tony Goodrich Clive IA M 50 50-54 Tony Goodrich Clive IA M 50 60-64 Rich Anderson West Des Moines IA M 86 60-64 Rich Anderson West Des Moines IA M 60 65-69 Diana Bohike Des Moines IA M 65 65-69 Joe Bohike Des Moines IA M 65 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pelia IA M 85 85-89</td><td>60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 58:11 SHUFFLEDOARD Age Group First Name Last Name City State Gender Age Result 50-54 Tony Goodrich Clive IA M 50 50-54 Lynda Goodrich Clive IA M 60 60-64 Rich Anderson West Des Moines IA M 60 60-64 Timothy Pew Des Moines IA M 66 65-69 Diana Bohike Des Moines IA M 66 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pella IA M 83 80-84 Jack Behmer Urbandale IA M 80 75-79 Steve Wilson West Des Moines IA M 87 80-84 Jack Beh</td><td>Go-64 MaleRickScharffWest Des MoinesIAMGo45:04175-79 MaleTomKirkwoodDyersvilleIAM7658:111Age GroupFirst NameLast NameCityStateGenderAge ResultPlace50-54TonyGoodrichCliveIAM501150-54LyndaGoodrichJohnstonIAF75160-64RichAndersonWest Des MoinesIAM66160-64DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69RandyDavisAltoonaIAM652275-79RonPetersonWaukeeIAM771175-79SteveWilsonWest Des MoinesIAM83180-84BobDielemanPellaIAM871175-79RonPetrsonWaukeeIAM871175-79RonPetrsonWaukeeIAM871180-84JackBehmerUrbandaleIAM831160-64 MaleTonyGoodrichCliveIAM661</td></td>	andandandandandandandandand60-64 MaleRickScharffWest Des MoinesIA75-79 MaleTomKirkwoodDyersvilleIAAge GroupFirst NameLast NameCityState50-54TonyGoodrichCliveIA50-54LyndaGoodrichJohnstonIA60-64RichAndersonWest Des MoinesIA60-64TimothyPewDes MoinesIA65-69DianaBohlkeDes MoinesIA65-69DianaBohlkeDes MoinesIA65-69DemisHinckleySioux FallsSD75-79RonPetersonWaukeeIA75-79RonPetersonWaukeeIA80-84BobDielemanPellaIA80-84BobDielemanPellaIA85-89KennethClarkUrbandaleIA85-89KennethClarkUrbandaleIA80-64JoeBohlkeDes MoinesIA60-64TonyGoodrichCliveIA75-79SteveWilsonYeat Des MoinesIA80-84BobDielemanPellaIA80-84BobDielemanPellaIA80-64MaleTonyGoodrichCliveIA75-79SteveWilsonAltoonaIA80-64Male <td>60-64 Male Rick Scharff West Des Moines IA M 75-79 Male Tom Kirkwood Dyersville IA M SHUFFLEBOARD SHUFFLEBOARD Sturf Elst Name City State Gender 50-54 Tony Goodrich Johnston IA M 50-54 Lynda Goodrich Johnston IA M 60-64 Rich Anderson West Des Moines IA M 60-64 Timothy Pew Des Moines IA M 65-69 Diana Bohike Des Moines IA M 65-69 Randy Davis Altoona IA M 65-69 Randy Davis Altoona IA M 75-79 Ron Peterson Waukee IA M 75-79 Ron Peterson Waukee IA M 80-84 Bob Dieleman Pella IA M 80-84 Joc Clark<</td> <td>60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 SHUFFLEGOARD SHUFFLEGOARD State Gender Age 50-54 Tony Goodrich Clive IA M 50 50-54 Tony Goodrich Clive IA M 50 60-64 Rich Anderson West Des Moines IA M 86 60-64 Rich Anderson West Des Moines IA M 60 65-69 Diana Bohike Des Moines IA M 65 65-69 Joe Bohike Des Moines IA M 65 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pelia IA M 85 85-89</td> <td>60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 58:11 SHUFFLEDOARD Age Group First Name Last Name City State Gender Age Result 50-54 Tony Goodrich Clive IA M 50 50-54 Lynda Goodrich Clive IA M 60 60-64 Rich Anderson West Des Moines IA M 60 60-64 Timothy Pew Des Moines IA M 66 65-69 Diana Bohike Des Moines IA M 66 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pella IA M 83 80-84 Jack Behmer Urbandale IA M 80 75-79 Steve Wilson West Des Moines IA M 87 80-84 Jack Beh</td> <td>Go-64 MaleRickScharffWest Des MoinesIAMGo45:04175-79 MaleTomKirkwoodDyersvilleIAM7658:111Age GroupFirst NameLast NameCityStateGenderAge ResultPlace50-54TonyGoodrichCliveIAM501150-54LyndaGoodrichJohnstonIAF75160-64RichAndersonWest Des MoinesIAM66160-64DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69RandyDavisAltoonaIAM652275-79RonPetersonWaukeeIAM771175-79SteveWilsonWest Des MoinesIAM83180-84BobDielemanPellaIAM871175-79RonPetrsonWaukeeIAM871175-79RonPetrsonWaukeeIAM871180-84JackBehmerUrbandaleIAM831160-64 MaleTonyGoodrichCliveIAM661</td>	60-64 Male Rick Scharff West Des Moines IA M 75-79 Male Tom Kirkwood Dyersville IA M SHUFFLEBOARD SHUFFLEBOARD Sturf Elst Name City State Gender 50-54 Tony Goodrich Johnston IA M 50-54 Lynda Goodrich Johnston IA M 60-64 Rich Anderson West Des Moines IA M 60-64 Timothy Pew Des Moines IA M 65-69 Diana Bohike Des Moines IA M 65-69 Randy Davis Altoona IA M 65-69 Randy Davis Altoona IA M 75-79 Ron Peterson Waukee IA M 75-79 Ron Peterson Waukee IA M 80-84 Bob Dieleman Pella IA M 80-84 Joc Clark<	60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 SHUFFLEGOARD SHUFFLEGOARD State Gender Age 50-54 Tony Goodrich Clive IA M 50 50-54 Tony Goodrich Clive IA M 50 60-64 Rich Anderson West Des Moines IA M 86 60-64 Rich Anderson West Des Moines IA M 60 65-69 Diana Bohike Des Moines IA M 65 65-69 Joe Bohike Des Moines IA M 65 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pelia IA M 85 85-89	60-64 Male Rick Scharff West Des Moines IA M 60 75-79 Male Tom Kirkwood Dyersville IA M 78 58:11 SHUFFLEDOARD Age Group First Name Last Name City State Gender Age Result 50-54 Tony Goodrich Clive IA M 50 50-54 Lynda Goodrich Clive IA M 60 60-64 Rich Anderson West Des Moines IA M 60 60-64 Timothy Pew Des Moines IA M 66 65-69 Diana Bohike Des Moines IA M 66 65-69 Dennis Hinckley Sioux Falls SD M 70 75-79 Ron Peterson Waukee IA M 83 80-84 Bob Dieleman Pella IA M 83 80-84 Jack Behmer Urbandale IA M 80 75-79 Steve Wilson West Des Moines IA M 87 80-84 Jack Beh	Go-64 MaleRickScharffWest Des MoinesIAMGo45:04175-79 MaleTomKirkwoodDyersvilleIAM7658:111Age GroupFirst NameLast NameCityStateGenderAge ResultPlace50-54TonyGoodrichCliveIAM501150-54LyndaGoodrichJohnstonIAF75160-64RichAndersonWest Des MoinesIAM66160-64DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69DianaBohikeDes MoinesIAM66165-69RandyDavisAltoonaIAM652275-79RonPetersonWaukeeIAM771175-79SteveWilsonWest Des MoinesIAM83180-84BobDielemanPellaIAM871175-79RonPetrsonWaukeeIAM871175-79RonPetrsonWaukeeIAM871180-84JackBehmerUrbandaleIAM831160-64 MaleTonyGoodrichCliveIAM661

Shuffleboard - Singles	85-89 Male	Don	Zimmer	West Des Moines	IA	М	87		2	Silver
Shuffleboard - Singles	85-89 Male	Rich	Anderson	West Des Moines	IA	М	86		3	Bronze
Shuffleboard - Singles	85-89 Male	Kenneth	Clark	Urbandale	IA	М	85		4	
Shuffleboard - Singles	65-69 Female	Diana	Bohlke	Des Moines	IA	F	66		1	Gold
			SWIMMING							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 50 Backstroke	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	41.58	1	Gold
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:12.34	2	Silver
Swimming - 50 Backstroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	55.56	1	Gold
Swimming - 50 Backstroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:02.56	1	Gold
Swimming - 50 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	44.01	1	Gold
Swimming - 50 Backstroke	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:12.12	2	Silver
Swimming - 50 Backstroke	65-69 Female	Lola	Green	Palm Desert	CA	F	68	1:12.24	3	Bronze
Swimming - 50 Backstroke	65-69 Male	Mark	Steenrod	Aurora	со	M	65	38.42	1	Gold
Swimming - 50 Backstroke	65-69 Male	Randy	Massow	West Chicago	IL	М	65	44.18		Silver
Swimming - 50 Backstroke	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	46.36	-	Bronze
Swimming - 50 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	М	65	51.64	4	
Swimming - 50 Backstroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	1:00.93	1	Gold
Swimming - 50 Backstroke	70-74 Female	, Karen	Loring	SUN CITY WEST	AZ	F	71	47.21		Gold
Swimming - 50 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	56.24	1	Gold
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	48.98	-	Gold
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	M	73	1:03.94		Silver
Swimming - 50 Backstroke	75-79 Female	madeline	rabb	Chicago	IL	F	76	1:09.08	1	. Gold
Swimming - 50 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:00.73	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	73	1:27.46		Silver
		-				_				
Swimming - 50 Backstroke	80-84 Female	Ann	Smith	Chicago	IL	F	82	1:36.33	1	Gold
Swimming - 50 Backstroke	80-84 Male	myron	Recob	Broomfield	СО	М	80	47.33		Gold
Swimming - 50 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	М	81	1:17.53		Silver
Swimming - 50 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:42.93	3	Bronze
Swimming - 50 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	86	58.62	1	Gold
Swimming - 50 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:25.53	1	Gold

Swimming - 50 Breaststroke	50-54 Female	sarah	seamands	Wright	WY	F	53	43.60	1	Gold
Swimming EO Proactstroko	50-54 Male	Stoven	Mouw	Sioux Center	IA	M	E2	33.76	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Steven	NOUW	Sloux Center			52	55.70	1	Gold
Swimming - 50 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	М	59	46.78	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:05.95	1	Gold
Swimming - 50 Breaststroke	60-64 Male	James	Kochendorfer	Northfield	MN	M	61	29.45		Gold
Swimming - 50 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	Μ	63	53.10	2	Silver
Swimming - 50 Breaststroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:21.40	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	44.83		Gold
Swimming - 50 Breaststroke	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:21.86		Silver
Swimming - 50 Breaststroke	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	39.63	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	49.78		Gold
Swimming - 50 Breaststroke	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	50.91		Silver
			-							
Swimming - 50 Breaststroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	57.50	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	39.00	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Gordon	Freeman	Robins	IA	М	70	1:02.03	2	Silver
Swimming - 50 Breaststroke	70-74 Male	Doug	Chew	urbandale	IA	M	73	1:10.28	3	Bronze
Swimming - 50 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:01.74	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	77	1:26.68	2	Silver
Swimming - 50 Breaststroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:35.43	1	Gold
Swimming - 50 Breaststroke	80-84 Male	Ken	Stewart	Batavia	OH	M	81	1:37.41		Silver
								0.50.04		
Swimming - 50 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:53.81	1	Gold
Swimming - 50 Butterfly	50-54 Female	sarah	seamands	Wright	WY	F	53	37.10	1	Gold
Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	M	52	29.76	1	Gold
Swimming - 50 Butterfly	55-59 Male	Wayne	Huebener	Iowa City	IA	M	59	33.23	1	Gold
Swimming - 50 Butterfly	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	37.41	1	Gold
Swimming - 50 Butterfly	65-69 Male	John	Barron	Guttenberg	IA	M	67	37.21	1	Gold
Swimming - 50 Butterfly	65-69 Male	Leon	Ryan	Birmingham	AL	М	65	33.85		Gold
Swimming - 50 Butterfly	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	М	65	34.29	2	Silver
Swimming - 50 Butterfly	65-69 Male	Randy	Massow	West Chicago	IL	М	65	38.35	3	Bronze

Swimming - 50 Butterfly	65-69 Male	Marco	Recalde	Kansas City	MO	Μ	67	38.50	4	
Swimming - 50 Butterfly	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	1:00.84	1	Gold
Swimming - 50 Butterfly	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	47.09	1	Gold
Swimming - 50 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	36.31	1	Gold
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	73	50.80	2	Silver
Swimming - 50 Butterfly	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	49.97	1	Gold
Swimming - 50 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	31.81	1	Gold
Swimming - 50 Freestyle	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	DQ		
Swimming - 50 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	55	23.95	1	Gold
Swimming - 50 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	Μ	57	27.37	2	Silver
Swimming - 50 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	33.64	1	Gold
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	50.43	2	Silver
Swimming - 50 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	М	62	26.09	1	Gold
Swimming - 50 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	52.78	1	Gold
Swimming - 50 Freestyle	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:03.21		Gold
Swimming - 50 Freestyle	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:08.34	2	Silver
Swimming - 50 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	M	67	31.21	1	Gold
Swimming - 50 Freestyle	65-69 Male	Leon	Ryan	Birmingham	AL	М	65	29.89		Gold
Swimming - 50 Freestyle	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	М	65	30.80	2	Silver
Swimming - 50 Freestyle	65-69 Male	Bill	Klahn	Cedar Rapids	IA	М	68	34.41	2	Silver
Swimming - 50 Freestyle	65-69 Male	Mark	Steenrod	Aurora	СО	М	65	30.94	3	Bronze
Swimming - 50 Freestyle	65-69 Male	Randy	Massow	West Chicago	IL	M	65	33.52	4	
Swimming - 50 Freestyle	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	58.08		Gold
Swimming - 50 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:41.63	2	Silver
Swimming - 50 Freestyle	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	31.48		Gold
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	М	74	38.85		Gold
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	М	73	48.78	2	Silver
Swimming - 50 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL	М	70	52.11	3	Bronze
Swimming - 50 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	1:03.21	1	Gold
Swimming - 50 Freestyle	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	41.20		Gold
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	М	77	1:06.62	2	Silver

Swimming - 50 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	1:21.84	1	Gold
								-		
Swimming - 50 Freestyle	80-84 Male	myron	Recob	Broomfield	со	М	80	38.11	1	Gold
Swimming - 50 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	М	81	1:06.75	2	Silver
Swimming - 50 Freestyle	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	1:11.03		Bronze
Swimming - 50 Freestyle	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:16.08	1	Gold
Swimming - 100 Backstroke	55-59 Male	Joe	Barger	cedar rapids	IA	М	55	DQ		
Swimming - 100 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	1:31.17	1	Gold
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	2:29.88	1	Gold
Swimming - 100 Backstroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	2:05.83	1	Gold
Swimming - 100 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:33.57		Gold
Swimming - 100 Backstroke	65-69 Female	Lola	Green	Palm Desert	CA	F	68	2:29.83	2	Silver
Swimming - 100 Backstroke	65-69 Male	Brian	Mouch	Williamsburg	ОН	M	65	1:26.77	1	Gold
Swimming - 100 Backstroke	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	1:47.82	2	Silver
Swimming - 100 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	М	65	2:09.16	3	Bronze
Swimming - 100 Backstroke	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	DQ		
Swimming - 100 Backstroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:11.18	1	Gold
Swimming - 100 Backstroke	70-74 Female	Barbara (Babs)	Larsen	Rochester	MN	F	74	1:39.80		Gold
Swimming - 100 Backstroke	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:40.00	2	Silver
Swimming - 100 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	1:46.74	1	Gold
Swimming - 100 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	М	70	1:59.30	2	Silver
Swimming - 100 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	М	73	2:35.45	2	Silver
Swimming - 100 Backstroke	70-74 Male	Gordon	Freeman	Robins	IA	М	70	DQ		
Swimming - 100 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:26.01	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	Μ	77	3:05.69	2	Silver
Swimming - 100 Backstroke	80-84 Female	Ann	Smith	Chicago	IL	F	82	3:28.35	1	Gold
Swimming - 100 Backstroke	80-84 Male	myron	Recob	Broomfield	со	M	80	1:48.81	1	Gold
Swimming - 100 Backstroke	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	3:04.88	2	Silver
Swimming - 100 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	Μ	81	3:45.35	3	Bronze
Swimming - 100 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:20.45	1	Gold

Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	М	52	1:16.24	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Wayne	Huebener	Iowa City	IA	М	59	1:21.54		Gold
Swimming - 100 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	1:44.95	1	Gold
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	2:32.45	1	Gold
5										
Swimming - 100 Breaststroke	60-64 Male	James	Kochendorfer	Northfield	MN	М	61	1:06.71		Gold
Swimming - 100 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	М	63	2:00.81	2	Silver
Swimming - 100 Breaststroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	3:08.11	1	Gold
Swimming - 100 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:40.12		Gold
Swimming - 100 Breaststroke	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	1:32.74	1	Gold
Swimming - 100 Breaststroke	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	1:49.53		
Swimming - 100 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	2:00.18		Silver
Swimming - 100 Breaststroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:05.53	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	1:29.55	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:27.30		Gold
Swimming - 100 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	м	75	2:43.54	1	Gold
Swimming - 100 Breaststroke	80-84 Male	Ken	Stewart	Batavia	ОН	M	81	3:52.92	1	Gold
Swimming - 100 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:59.22	1	Gold
Swimming - 100 Butterfly	65-69 Male	John	Barron	Guttenberg	IA	M	67	1:34.38	1	Gold
Swimming - 100 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	1:21.91	1	Gold
Swimming - 100 Butterfly	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	1:24.89		Gold
Swimming - 100 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	М	73	2:06.83		Silver
Swimming - 100 Butterfly	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	1:54.05	1	Gold
Swimming - 100 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	1:10.18	1	Gold
									-	
Swimming - 100 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	М	55	52.76		Gold
Swimming - 100 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	M	57	1:01.04	2	Silver
Swimming - 100 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	1:15.24	1	Gold
Swimming - 100 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:56.27		Silver
Suringening 100 Freestyle	CO CA M-1-			Now Charge	1.0			1.00.22	4	Cald
Swimming - 100 Freestyle	60-64 Male	Al	Hodgeman	New Sharon	IA	М	64	1:09.32	1	Gold

Swimming - 100 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	М	62	58.82	1	Gold
Swimming - 100 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	1:56.60	1	Gold
Swimming - 100 Freestyle	65-69 Female	Joyce	Burch	Pella	IA	F	66	DQ		
Swimming - 100 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	М	67	1:20.28		Gold
Swimming - 100 Freestyle	65-69 Male	Leon	Ryan	Birmingham	AL	М	65	1:08.29		Gold
Swimming - 100 Freestyle	65-69 Male	Mark	Steenrod	Aurora	CO	М	65	1:11.26	2	Silver
Swimming - 100 Freestyle	65-69 Male	Randy	Massow	West Chicago	IL	М	65	1:19.87	3	Bronze
Swimming - 100 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	1:20.25	4	
Swimming - 100 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:25.86	1	Gold
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	1:39.76	1	Gold
			Utsinger			M				
Swimming - 100 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL		70	1:45.86	2	Silver
Swimming - 100 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	2:16.51	1	Gold
Curtavaria z 100 Faz estula	75 70 Mala	DDUCE	COONAN	Link an da la			75	1.25.42		Calif
Swimming - 100 Freestyle	75-79 Male	BRUCE	COONAN	Urbandale	IA	M	75	1:25.43	1	Gold
Swimming - 100 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	2:59.81	1	Gold
Swimming - 100 Freestyle	80-84 Male	myron	Recob	Broomfield	CO	М	80	1:32.60	1	Gold
Swimming - 100 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	М	81	2:58.93	2	Silver
Swimming - 100 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	3:02.25	3	Bronze
			6	D. 1. 11			05	E 00.05		
Swimming - 100 Freestyle	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:22.35	1	Gold
Swimming - 100 I.M.	50-54 Female	sarah	seamands	Wright	WY	F	53	1:22.21	1	Gold
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	М	52	1:12.95	1	Gold
Swimming - 100 I.M.	55-59 Male	Wayne	Huebener	lowa City	IA	M	59	1:14.31	1	Gold
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	1:26.83	1	Gold
		2000.0						1120100	_	
Swimming - 100 I.M.	60-64 Male	Al	Hodgeman	New Sharon	IA	М	64	1:26.05	1	Gold
Swimming - 100 I.M.	60-64 Male	James	Kochendorfer	Northfield	MN	M	61	1:03.86	1	Gold
Swimming - 100 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:31.10	1	Gold
Swimming - 100 I.M.	65-69 Male	John	Barron	Guttenberg	IA	М	67	1:29.76		Gold
Swimming - 100 I.M.	65-69 Male	Brian	Mouch	Williamsburg	ОН	М		1:20.49		Gold
Swimming - 100 I.M.	65-69 Male	Randy	Massow	West Chicago	IL	М	65	1:39.31		Silver
Swimming - 100 I.M.	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	1:39.76	3	Bronze

Swimming - 100 I.M.	65-69 Male	Mike	Weeks	Batesville	AR	М	65	DQ		
Swimming - 100 I.M.	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:13.53		Gold
Swimming - 100 I.M.	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:41.84	1	Gold
Swimming - 100 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:20.85	1	Gold
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	М	73	2:10.19	2	Silver
Swimming - 100 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	1:43.31	1	Gold
Swimming - 100 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	2:03.14	1	Gold
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	2:40.15	1	Gold
Swimming - 200 Backstroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	4:08.76	1	Gold
Swimming - 200 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	3:47.64	1	Gold
Swimming - 200 Backstroke	65-69 Male	Mark	Steenrod	Aurora	СО	M	65	3:08.12	1	Gold
Swimming - 200 Backstroke	65-69 Male	Brian	Mouch	Williamsburg	ОН	М	65	3:08.18	2	Silver
Swimming - 200 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	5:02.21	3	Bronze
Swimming - 200 Backstroke	70-74 Female	Barbara (Babs)	Larsen	Rochester	MN	F	74	3:38.67	1	Gold
Swimming - 200 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	4:33.85	1	Gold
Swimming - 200 Backstroke	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	4:12.45	1	Gold
Swimming - 200 Backstroke	80-84 Male	lvan	Maggert	Lincoln	NE	M	81	8:38.34	1	Gold
Swimming - 200 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	86	4:39.61	1	Gold
Swimming - 200 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	<u>3:16.79</u>	1	Gold
Swimming - 200 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	3:41.05	1	Gold
Swimming - 200 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	<u>3:54.73</u>	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	4:33.60	1	Gold
Swimming - 200 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	3:37.27	1	Gold
Swimming - 200 Breaststroke	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	3:18.51	1	Gold
Swimming - 200 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	Μ	65	4:30.35		Silver
Swimming - 200 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	3:22.10	1	Gold

Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	3:08.08	1	Gold
Swimming - 200 Butterfly	65-69 Female	Dianna	Carda	Omaha	NE	F	65	6:53.32	1	Gold
Swimming - 200 Butterfly	65-69 Male	Brian	Mouch	Williamsburg	ОН	M	65	3:50.88	1	Gold
Swimming - 200 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	3:22.03	1	Gold
Swimming - 200 Butterfly	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	4:10.34	1	Gold
Swimming - 200 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	2:33.72	1	Gold
Swimming - 200 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	55	2:15.67	1	Gold
Swimming - 200 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	M	57	2:17.79		Silver
						-		2.44.62	-	
Swimming - 200 Freestyle	60-64 Female	Ann	Kealy	Marion	IA	F	62	2:41.02		Gold
Swimming - 200 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	4:09.08	1	Gold
Swimming - 200 Freestyle	60-64 Male	AI	Hodgeman	New Sharon	IA	М	64	2:42.77	1	Gold
Swimming - 200 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	4:00.03	1	Gold
		Loid					00	4.00.05		Gold
Swimming - 200 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	М	67	2:45.56	1	Gold
Swimming - 200 Freestyle	65-69 Male	Brian	Mouch	Williamsburg	ОН	М	65	2:30.07	1	Gold
Swimming - 200 Freestyle	65-69 Male	Bill	Klahn	Cedar Rapids	IA	М	68	3:16.57	2	Silver
Swimming - 200 Freestyle	65-69 Male	Mark	Steenrod	Aurora	CO	М	65	2:41.92	2	Silver
Swimming - 200 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	2:57.72	3	Bronze
Swimming - 200 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	3:13.04	1	Gold
Swimming - 200 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	2:36.37		Gold
Swimming - 200 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	М	74	3:41.19	2	Silver
Swimming - 200 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	3:42.00	3	Bronze
Swimming - 200 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	5:01.20	1	Gold
Swimming - 200 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	79	3:43.57	1	Gold
Swimming - 200 Freestyle	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	3:19.00		Gold
Swimming - 200 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	6:28.28	1	Gold
Swimming - 200 Freestyle	80-84 Male	lvan	Maggert	Lincoln	NE	M	81	6:16.21	1	Gold
Swimming - 200 I.M.	55-59 Male	Wayne	Huebener	lowa City	IA	M	59	2:37.90	1	Gold
54411111111111111111111111111111111111	55-55 Wale	wayne	nucochei	iowa city	1/1	141	55	2.57.50	1	3010

Swimming - 200 I.M.	55-59 Male	Bruce	Woerner	Elgin	IL	М	59	3:37.87	1 (Gold
Swimming - 200 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	<u>3:22.59</u>		Gold
Swimming - 200 I.M.	65-69 Female	Dianna	Carda	Omaha	NE	F	65	5:26.47	2 5	Silver
Swimming - 200 I.M.	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	3:03.11	1 (Gold
Swimming - 200 I.M.	65-69 Male	Mike	Weeks	Batesville	AR	М	65	4:27.90	2 5	Silver
Swimming - 200 I.M.	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	4:35.39	1 (Gold
Swimming - 200 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	2:58.72	1 (Gold
Swimming - 200 I.M.	70-74 Male	Gary	Fine	Minneapolis	MN	М	71	3:05.36	2 5	Silver
Swimming - 200 I.M.	70-74 Male	Doug	Chew	urbandale	IA	М	73	DQ		
Swimming - 200 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	3:50.24	1 (Gold
Swimming - 200 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	4:28.68	1 (Gold
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	5:54.50	1 (Gold
Swimming - 400 I.M.	60-64 Female	Ann	Kealy	Marion	IA	F	62	7:21.86	1 (Gold
Swimming - 400 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	7:13.42	1 (Gold
Swimming - 400 I.M.	65-69 Male	Brian	Mouch	Williamsburg	ОН	M	65	7:33.13	1 (Gold
Swimming - 400 I.M.	70-74 Female	Barbara (Babs)	Larsen	Rochester	MN	F	74	8:17.59	1 (Gold
Swimming - 400 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	6:11.81	1 (Gold
Swimming - 400 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	8:17.78	1 (Gold
Swimming - 500 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	6:52.00	1 (Gold
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	6:22.22	1 (Gold
Swimming - 500 Freestyle	60-64 Female	Ann	Kealy	Marion	IA	F	62	7:22.11	1 (Gold
Swimming - 500 Freestyle	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	9:54.97	1 (Gold
Swimming - 500 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	10:19.15	1 (Gold
Swimming - 500 Freestyle	65-69 Male	Brian	Mouch	Williamsburg	ОН	M	65	6:54.22	1(Gold
Swimming - 500 Freestyle	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	М	65	6:59.48	2 5	Silver
Swimming - 500 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	М	67	7:45.38		Bronze

Swimming - 500 Freestyle	70-74 Female	Barbara (Babs)	Larsen	Rochester	MN	F	74	9:30.05	1	Gold
Swimming - 500 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	74	6:51.47	1	Gold
Swimming - 500 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	М	79	9:56.26	1	Gold
Swimming - 500 Freestyle	75-79 Male	OZ	Osborne	Hampshire	IL	М	75	8:51.27	1	Gold
Swimming - 500 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	17:28.31	1	Gold
Swimming - 500 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	М	81	16:50.66	1	Gold
-			TABLE TENNIS							
Event	Age Group	First Name	Last Name	City	State	Gender		Result		Medal
Table Tennis - Women's Doubles	60-64 Female	Sylvana	Airan	Lincoln	NE	F	67			Gold
Table Tennis - Women's Doubles	60-64 Female	Carol	Werner	West Des Moines	IA	F	62		1	Gold
Table Tennis - Women's Doubles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	65		1	Gold
Table Tennis - Women's Doubles	65-69 Female	Sally	Bohmer	Estherville	IA	F	75		1	Gold
Table Tennis - Women's Doubles	70-74 Female	Nita	Lechner	Grand Island	NE	F	70		1	Gold
Table Tennis - Women's Doubles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73		1	Gold
Table Tennis - Men's Doubles	55-59 Male	Kevin	Nabity	West Des Moines	IA	М	58			Gold
Table Tennis - Men's Doubles	55-59 Male	Kevin	Ripp	Des Moines	IA	М	64		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Gyan	Shakya	Waukee	IA	М	64		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Dennis	Dahl	Pocahontas	IA	М	73		1	Gold
Table Tennis - Men's Doubles	65-69 Male	Matthew	Cushing	lincoln	NE	М	67		1	Gold
Table Tennis - Men's Doubles	75-79 Male	Rick	Kolb	lincoln	NE	М	75		1	Gold
Table Tennis - Men's Doubles	65-69 Male	roger	miller	NORTH LIBERTY	IA	М	68		2	Silver
Table Tennis - Men's Doubles	65-69 Male	George	Taplin	Abilene	KS	М	78		2	Silver
Table Tennis - Men's Doubles	65-69 Male	Randy	Davis	Altoona	IA	М	64		2	Silver
Table Tennis - Men's Doubles	65-69 Male	roger	miller	NORTH LIBERTY	IA	М	68		2	Silver
Table Tennis - Men's Doubles	80-84 Male	Joe	Johanns	Ames	IA	М	86		1	Gold
Table Tennis - Men's Doubles	80-84 Male	Tom	Stadtlander	Belmond	IA	М	83		1	Gold
Table Tennis - Mixed Doubles	55-59	Kevin	Nabity	West Des Moines	IA	М	58		1	Gold
Table Tennis - Mixed Doubles	55-59	Carol	Werner	West Des Moines	IA	F	62			Gold
Table Tennis - Mixed Doubles	65-69	Sylvana	Airan	Lincoln	NE	F	67		1	Gold
Table Tennis - Mixed Doubles	65-69	Rick	Kolb	lincoln	NE	М	75			Gold
Table Tennis - Mixed Doubles	65-69	Marcia	Klingbeil	Estherville	IA	F	65			Silver
Table Tennis - Mixed Doubles	65-69	Matthew	Cushing	Lincoln	NE	M	67			Silver

Table Tennis - Mixed Doubles	70-74	Sally	Bohmer	Estherville	IA	F	75	10	Gold
Table Tennis - Mixed Doubles	70-74	Dennis	Dahl	Pocahontas	IA	М	73	10	Gold
Table Tennis - Mixed Doubles	70-74	Nita	Lechner	Grand Island	NE	F	70	2 5	Silver
Table Tennis - Mixed Doubles	70-74	Larry	Lehrkamp	Willis	ТХ	М	75	2 5	Silver
Table Tennis - Mixed Doubles	80-84	Leah	Duerksen	lowa City	IA	F	83	1 0	Gold
Table Tennis - Mixed Doubles	80-84	Jarol	Duerksen	Iowa City	IA	M	83		Gold
Table Tennis - Singles	60-64 Female	Carol	Werner	West Des Moines	IA	F	62	1 0	Gold
Table Tennis - Singles	60-64 Female	Kim	Thede	Urbandale	IA	F	62		Silver
Table Tennis - Singles	60-64 Female	Dawn	Drake	Platteville	WI	F	60		Bronze
Table Tennis - Singles	65-69 Female	Sylvana	Airan	Lincoln	NE	F	67	1 0	Gold
Table Tennis - Singles	65-69 Female	Marcia	Klingbeil	Estherville	IA	F	65	10	Gold
Table Tennis - Singles	70-74 Female	Nita	Lechner	Grand Island	NE	F	70	10	Gold
Table Tennis - Singles	70-74 Female	Carolyn	Foster	St. Paul	NE	F	73	2 5	Silver
Table Tennis - Singles	75-79 Female	Sally	Bohmer	Estherville	IA	F	75	1 0	Gold
Table Tennis - Singles	80-84 Female	Leah	Duerksen	Iowa City	IA	F	83	1 0	Gold
Table Tennis - Singles	50-54 Male	Noi	Sackpraseuth	Des Moines	IA	M	51	1 0	Gold
Table Tennis - Singles	55-59 Male	Kevin	Nabity	West Des Moines	IA	M	58	1 0	Gold
Table Tennis - Singles	55-59 Male	John	Stroud	West Des Moines	IA	М	57	2 5	Silver
Table Tennis - Singles	60-64 Male	GYAN	SHAKYA	Waukee	IA	M	63	1 0	Gold
Table Tennis - Singles	60-64 Male	Paul	Anderson	Des Moines	IA	M	59	2 5	Silver
Table Tennis - Singles	65-69 Male	Kevin	Ripp	Des Moines	IA	M	64	10	Gold
Table Tennis - Singles	65-69 Male	Matthew	Cushing	lincoln	NE	М	67	10	Gold
Table Tennis - Singles	65-69 Male	roger	miller	NORTH LIBERTY	IA	М	68	2 5	Silver
Table Tennis - Singles	65-69 Male	Kenneth	Mitchell	DES MOINES	IA	M	65	3 E	Bronze
Table Tennis - Singles	70-74 Male	Dennis	Dahl	Pocahontas	IA	M	73	1 0	Gold
Table Tennis - Singles	70-74 Male	Tom	Scanlan	Platteville	WI	М	70	2 5	Silver
Table Tennis - Singles	70-74 Male	Steve	Jacobs	Urbandale	IA	M	70	3 E	Bronze
Table Tennis - Singles	75-79 Male	John	Accola	Urbandale	IA	M	75	1 0	Gold
Table Tennis - Singles	75-79 Male	Rick	Kolb	lincoln	NE	М	75	10	Gold

Table Tennis - Singles	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	77		2	Silver
Table Tennis - Singles	75-79 Male	George	Taplin	Abilene	KS	М	78		2	Silver
Table Tennis - Singles	75-79 Male	Larry	Lehrkamp	Willis	ТΧ	М	75		3	Bronze
Table Tennis - Singles	80-84 Male	Jarol	Duerksen	lowa City	IA	M	83		1	. Gold
Table Tennis - Singles	85-89 Male	David	Goin	Jefferson	IA	М	85		1	Gold
			TENNIS							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Tennis - Men's Doubles	55-59 Male	Matt	Whipps	West Des Moines	IA	Μ	58		2	Silver
Tennis - Men's Doubles	55-59 Male	Jay	Ewart	Des moines	IA	М	62		2	Silver
Tennis - Men's Doubles	55-59 Male	Mike	Conlon	Urbandale	IA	Μ	59		1	Gold
Tennis - Men's Doubles	55-59 Male	Fred	Pedersen	Iowa City	IA	М	62			Gold
Tennis - Men's Doubles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	M	61			Gold
Tennis - Men's Doubles	60-64 Male	john	wenzel	COUNCIL BLUFFS	IA	M	69		1	Gold
Tennis - Women's Doubles	55-59 Female	Jane	Hein	Clive	IA	F	68		1	Gold
Tennis - Women's Doubles	55-59 Female	Penny	Raia	Cedar Rapids	IA	F	57			Gold
Tennis - Women's Doubles	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67		1	Gold
Tennis - Women's Doubles	65-69 Female	Cindy	Sale	Cedar Rapids	IA	F	65		1	Gold
Tennis - Mixed Doubles	60-64	Joseph	Lopez-Wilson	Omaha	NE	M	61		1	Gold
Tennis - Mixed Doubles	60-64	Janalee	Kosowski	Cedar Rapids	IA	F	67			Gold
	00 04	Junalee	11050W5IRI			ľ	07			Gold
Tennis - Singles	50-54 Male	Brian	Rohr	lowa City	IA	М	54		1	Gold
Tennis - Singles	55-59 Male	Mike	Conlon	Urbandale	IA	М	59		1	Gold
Tauria Ciralaa	CO CA Mala	Chaulas	Nalasa	Des Maines	1.0				2	Cilver
Tennis - Singles	60-64 Male	Charles	Nelson	Des Moines	IA	M	61			Silver
Tennis - Singles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	M	61			Bronze
Tennis - Singles	60-64 Male	Timothy	Pew	Des Moines	IA	M	60			Bronze
Tennis - Singles	60-64 Male	Fred	Pedersen	lowa City	IA	M	62		1	Gold
Tennis - Singles	65-69 Male	Kevin	Barker	Lincoln	NE	М	67		2	Silver
Tennis - Singles	65-69 Male	Robert	Rehfuss	CORALVILLE	IA	М	69			Gold
Tennis - Singles	70-74 Male	Robert	Parkins	West DesMoines	IA	М	71			Silver
Tennis - Singles	70-74 Male	Gennaro	Ligouri	des moines	IA	М	71		1	Gold
Tennis - Singles	80-84 Male	Don	Wente	Clive	IA	M	82		2	Silver
remme - omgres	00-04 WIDE		wente	Cive	іА	141	82		Ζ	JIVE

Tennis - Singles	80-84 Male	Dale	Dewey	Altoona	IA	Μ	82		1	Gold
		-								
Tennis - Singles	85-89 Male	Don	Zimmer	West Des Moines	IA	M	87		1	Gold
Tennis - Singles	90-94 Male	Neil	Reynolds	St. Joseph	мо	M	90		1	Gold
			l í	'						
Tennis - Singles	55-59 Female	Penny	Raia	Cedar Rapids	IA	F	57		1	Gold
Tennis - Singles	65-69 Female	Jane	Hein	Clive	IA	F	68		1	Gold
			TRACK & FIELD		-					1
Event	Age Group	First Name	Last Name	City	State	Gender		Result		Medal
Track & Field - 50M Dash	50-54 Female	Cathy	Petra	Elk Point	SD	F	52	9.33	1	. Gold
Track & Field - 50M Dash	50-54 Male	Brian	Andrag	Orion	IL	M	E 4	7.42	1	Gold
Track & Field - 50M Dash	50-54 Male	Brian	Andrae Lilly	Orion	IA	M		7.42		Gold
Track & Field - 50M Dash	50-54 Male	Troy Timothy	Hellyer	Bondurant	MN	M		7.48 7.91		Silver
Track & Field - 50M Dash	50-54 Male		Cook	Zumbrota Johnston	IA	M		8.91		Silver
		Troy			IA	M		8.91 10.65		
Track & Field - 50M Dash	50-54 Male	Scott	Mills	Des Moines	IA	IVI	50	10.65	3	Bronze
Track & Field - 50M Dash	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	56	8.89	1	Gold
Track & Field - 50M Dash	55-59 Female	Lisa	Hoerner Hanson	Davenport	IA	F		9.82		Silver
Track & Field - 50M Dash	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F		11.66	3	Bronze
Track & Field - 50M Dash	55-59 Female	Rosanne	Wicks	WAUKON	IA	F		11.73	4	
Treak & Field FOM Deck		Den	Calas	Minterest		N 4	F 7	7.00	1	Cald
Track & Field - 50M Dash	55-59 Male	Ron	Sales	Winterset	IA NE	M		7.99 7.21		. Gold
Track & Field - 50M Dash	55-59 Male	Tadd	Delozier	Lincoln	INE	IVI	55	7.21	I	. Gold
Track & Field - 50M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	12.18	1	Gold
Track & Field - 50M Dash	60-64 Male	Michael	Fitzgerald	Mason City	IA	М		6.78		Gold
Track & Field - 50M Dash	60-64 Male	том	CAHALAN	NORWAY	IA	М		7.25	2	Silver
Track & Field - 50M Dash	60-64 Male	Lei	Sowell	Topeka	KS	М		7.44		Bronze
Track & Field - 50M Dash	60-64 Male	Jim	Harpole	Newhall	IA	М		7.67	3	Bronze
Track & Field - 50M Dash	60-64 Male	David	Wilson	Garrison	IA	М		7.70	4	
Track & Field - 50M Dash	60-64 Male	Scott	Borchardt	Holland	IA	М		8.48	5	_
Track & Field - 50M Dash	60-64 Male	Christopher	Howard	Dubuque	IA	М		9.34	6	
Track & Field - 50M Dash	60-64 Male	Keith	Kauten	Coralville	IA	M	61	10.00	7	'
Track & Field - 50M Dash	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	11.81	1	. Gold
Track & Field - 50M Dash	65-69 Female	Jennifer	Long	Iowa City	IA	F		16.87		Silver
Track & Field - 50M Dash	65-69 Male	Antonio	Rangel	Davenport	IA	М		8.11		Gold
Track & Field - 50M Dash	65-69 Male	Robert	Simmert	Roscoe	IL	М		7.72		Gold
Track & Field - 50M Dash	65-69 Male	Dan	Mehlbrech	Crooks	SD	М	69	8.01	2	Silver

Track & Field - 50M Dash	65-69 Male	Michael	LaValle	Des Moines	IA	М	68 8.62	2 Silver
Track & Field - 50M Dash	65-69 Male	Steven	Kastning	Darien	WI	М	68 8.56	3 Bronze
Track & Field - 50M Dash	65-69 Male	John	Stamler	Iowa City	IA	М	67 12.31	3 Bronze
Track & Field - 50M Dash	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70 10.10	1 Gold
Track & Field - 50M Dash	70-74 Female	Catherine	Bishop	Versailles	KY	F	72 12.81	2 Silver
Track & Field - Solvi Dash	70-74 Female	Catherine	Bishop	Versallies	KY		72 12.81	2 Sliver
Track & Field - 50M Dash	70-74 Male	Jack	Kelly	Sulphur	ОК	М	71 7.50	1 Gold
Track & Field - 50M Dash	70-74 Male	Phil	Ramsey	Grimes	IA	М	70 7.52	1 Gold
Track & Field - 50M Dash	70-74 Male	Greg	Eastman	Clive	IA	М	74 9.66	2 Silver
Track & Field - 50M Dash	70-74 Male	Randall	Olson	Nebraska City	NE	М	74 8.89	2 Silver
Track & Field - 50M Dash	70-74 Male	Darwin	Ramker	Waverly	IA	М	73 9.79	3 Bronze
Track & Field - 50M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	73 10.31	3 Bronze
Track & Field - 50M Dash	70-74 Male	Denny	Adair	Osceola	IA	М	73 12.62	4
Track & Field - 50M Dash	75-79 Male	James	Trent	Midwest City	ОК	M	75 8.64	1 Gold
Track & Field - 50M Dash	75-79 Male	Ron	Peterson	Waukee	IA	M	77 9.38	1 Gold
Track & Field - 50M Dash	75-79 Male	Frank	Perez	West Des Moines	IA	M	79 10.65	2 Silver
Track & Field - 50M Dash	75-79 Male	Alan	Schenck	Clarinda	IA	M	75 13.70	3 Bronze
Track & Field - 50M Dash	75-79 Male	David	Brown	Des Moines	IA	M	75 17.43	4
	75-75 Wale	David	BIOWII	Des Montes			// 1/.43	4
Track & Field - 50M Dash	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80 10.92	1 Gold
Track & Field - 50M Dash	80-84 Male	Ken	Stewart	Batavia	ОН	М	81 10.86	1 Gold
Track & Field - 50M Dash	80-84 Male	Dale	Dewey	Altoona	IA	М	82 11.68	2 Silver
Track & Field - 50M Dash	80-84 Male	davis	eidahl	richland	IA	М	80 16.37	3 Bronze
Track & Field - 50M Dash	85-89 Female	Marjorie	Beatty	Atkins	IA		87 16.44	1 Gold
Track & Field - 50M Dash	85-89 Female	Norma	Ramker	Urbandale	IA	F	87 27.30	2 Silver
	85-69 Feilidie	Norma	Kalliker	Orbandale			87 27.50	2 Silver
Track & Field - 50M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	м	87 10.66	1 Gold
Track & Field - 50M Dash	85-89 Male	Richard	Anderson	West Des Moines	IA	М	86 12.75	2 Silver
Track & Field - 100M Dash	50-54 Male	Brian	Andrae	Orion	IL	M	54 14.09	1 Gold
Track & Field - 100M Dash	50-54 Male	Troy	Lilly	Bondurant	IA	M	53 14.06	1 Gold
Track & Field - 100M Dash	50-54 Male	Timothy	Hellyer	Zumbrota	MN	M	54 15.01	2 Silver
Track & Field - 100M Dash	50-54 Male	Troy	Cook	Johnston	IA	M	52 15.86	2 Silver
Track & Field - 100M Dash	50-54 Male	Scott	Mills	Des Moines	IA	M	50 17.94	3 Bronze
	50-54 Male	Scott	IVIIIIS	Des Molhes			50 17.94	5 6101120
Track & Field - 100M Dash	55-59 Female	Mindy	Blasberg	Des Moines	IA	F	56 17.53	1 Gold
Track & Field - 100M Dash	55-59 Female	Lisa	Hoerner Hanson	Davenport	IA	F	57 19.46	2 Silver
Track & Field - 100M Dash	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55 23.64	3 Bronze
Track & Field - 100M Dash	55-59 Male	Tadd	Delozier	Lincoln	NE	M	55 13.37	1 Gold
					MN	M	59 14.69	2 Silver
Track & Field - 100M Dash	55-59 Male	Julius	Davis	New Brighton	IVIN	IVI	59 14.69	2 Sliver

Track & Field - 100M Dash	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	24.48	1	Gold
Track & Field - 100M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F		24.83	1	Gold
Track & Field - 100M Dash	60-64 Male	Michael	Fitzgerald	Mason City	IA	М	61	12.57	1	Gold
Track & Field - 100M Dash	60-64 Male	John	Pflug	Omaha	NE	М	62	13.06	2	Silver
Track & Field - 100M Dash	60-64 Male	ТОМ	CAHALAN	NORWAY	IA	М		13.83		Silver
Track & Field - 100M Dash	60-64 Male	Lei	Sowell	Topeka	KS	М		14.42	3	Bronze
Track & Field - 100M Dash	60-64 Male	David	Wilson	Garrison	IA	М	64	14.28	3	Bronze
Track & Field - 100M Dash	60-64 Male	Jim	Harpole	Newhall	IA	М	62	14.65	4	
Track & Field - 100M Dash	60-64 Male	Scott	Borchardt	Holland	IA	М	62	15.60	5	
Track & Field - 100M Dash	60-64 Male	Christopher	Howard	Dubuque	IA	М	60	17.75	6	
Track & Field - 100M Dash	60-64 Male	Keith	Kauten	Coralville	IA	М	61	18.69	7	
Track & Field - 100M Dash	60-64 Male	Jeffrey	Knowling	Cedar Rapids	IA	М	60	22.18	8	
Track & Field - 100M Dash	65-69 Male	Antonio	Rangel	Davenport	IA	M	65	15.43	1	Gold
Track & Field - 100M Dash	65-69 Male	Robert	Simmert	Roscoe	IL	M		14.53	1	Gold
Track & Field - 100M Dash	65-69 Male	Michael	LaValle	Des Moines	IA	М	68	16.09	2	Silver
Track & Field - 100M Dash	65-69 Male	Steven	Kastning	Darien	WI	М	68	15.74	2	Silver
Track & Field - 100M Dash	65-69 Male	Chuck	Ward	Urbandale	IA	М	69	17.39	3	Bronze
Track & Field - 100M Dash	65-69 Male	John	Stamler	Iowa City	IA	М	67	17.90	4	
Track & Field - 100M Dash	65-69 Male	Randy	Davis	Altoona	IA	М	65	19.38	5	
Track & Field - 100M Dash	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	31.43	1	Gold
Track & Field - 100M Dash	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70	20.55	1	Gold
Track & Field - 100M Dash	70-74 Female	Catherine	Bishop	Versailles	KY	F	72	25.99	2	Silver
Track & Field - 100M Dash	70-74 Male	Jack	Kelly	Sulphur	ОК	М	71	14.75	1	Gold
Track & Field - 100M Dash	70-74 Male	Richard	Newkirk	Ankeny	IA	М	72	18.50	1	Gold
Track & Field - 100M Dash	70-74 Male	Douglas	Obye	Phoenix	AZ	М	71	16.58	2	Silver
Track & Field - 100M Dash	70-74 Male	Darwin	Ramker	Waverly	IA	М	73	18.87	2	Silver
Track & Field - 100M Dash	70-74 Male	Denny	Adair	Osceola	IA	М	73	25.15	3	Bronze
Track & Field - 100M Dash	70-74 Male	Mike	Loyd	Gilmer	ΤX	М	73	16.61	3	Bronze
Track & Field - 100M Dash	70-74 Male	Randall	Olson	Nebraska City	NE	М	74	16.97	4	
Track & Field - 100M Dash	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	17.67	5	
Track & Field - 100M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	73	19.16	6	
Track & Field - 100M Dash	75-79 Male	James	Trent	Midwest City	ОК	M	75	15.73	1	Gold
Track & Field - 100M Dash	75-79 Male	Ron	Peterson	Waukee	IA	М	77	17.38	1	Gold
Track & Field - 100M Dash	75-79 Male	Steve	Kettering	Lake View	IA	М		20.95	2	Silver
Track & Field - 100M Dash	75-79 Male	william	crider	swanton	ОН	М	75	18.57	2	Silver
Track & Field - 100M Dash	75-79 Male	Frank	Perez	West Des Moines	IA	Μ		24.16	3	Bronze
Track & Field - 100M Dash	75-79 Male	David	Brown	Des Moines	IA	М		38.07	4	1
Track & Field - 100M Dash	80-84 Male	davis	eidahl	richland	IA	M	80	18.93	1	Gold
Track & Field - 100M Dash	80-84 Male	Rich	Hoidahl	Johnston	IA	М		21.18	2	Silver

80-84 Male	Ken	Stewart	Batavia	ОН	М	81	23.41	3	Bronze
80-84 Male	Dale	Dewey	Altoona	IA	М	82	23.21	4	
85-89 Female	Norma	Ramker	Urbandale	IA	F	87	1:00.29	1	Gold
85-89 Male	Don	Zimmer	West Des Moines	IA	М	87	20.68	1	Gold
85-89 Male	Gary	Sechrist	Minneapolis	KS	М	86	23.34	1	Gold
85-89 Male	Richard	Anderson	West Des Moines	IA	М	86	27.72	2	Silver
50-54 Male	Troy	Lilly	Bondurant	IA	М	53	31.39	1	Gold
50-54 Male	Timothy	Hellyer	Zumbrota	MN	М	54	32.25	1	Gold
50-54 Male	Jason	Hahn	Des Moines	IA	М	51	34.58	2	Silver
50-54 Male	Troy	Cook	Johnston	IA	М	52	35.21	3	Bronze
50-54 Male	Scott	Mills	Des Moines	IA	М	50	42.37	4	
55-59 Female	Lisa	Hoerner Hanson	Davenport	IA	F	57	46.86	1	Gold
55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	55.13	2	Silver
55-59 Male	Tadd	Delozier	Lincoln	NE	М	55	28.74	1	Gold
60-64 Female	Judi	Clevenger	Alexis	IL	F	62	55.74	1	Gold
60-64 Female	Greta	-	Ankeny	IA	F	63	58.78	1	Gold
		Ŭ							
60-64 Male	Michael	Fitzgerald	Mason City	IA	M	61	25.70	1	Gold
60-64 Male	John	Pflug	Omaha	NE	М	62	26.85	2	Silver
60-64 Male	том	CAHALAN	NORWAY	IA	М				Silver
60-64 Male	David	Wilson	Garrison	IA	М	64	31.63	3	Bronze
60-64 Male	Jim	Harpole	Newhall	IA	М	62	31.66	4	
60-64 Male	Scott		Holland	IA	М			5	
60-64 Male	Keith	Kauten	Coralville	IA	М			6	
									-
65-69 Female	Jennifer	Long	lowa City	IA	F	68	1:15.30	1	Gold
65-69 Male	Robert	Simmert	Roscoe	IL	M	65	31.18	1	Gold
									Gold
	-			IA	M				Silver
			· · ·	WI					Silver
									Bronze
								4	-
	Randy	2010				0.5	12.11	-	
70-74 Female	Coralyn	Duhlstine Feeney	Fast Moline	11	F	70	49.68	1	Gold
70-74 i enidle		Danistine reeney				70	-5.00	1	Joiu
70-74 Male	Jack	Kelly	Sulphur	ОК	M	71	31 31	1	Gold
									IV IU IU
	80-84 Male 85-89 Female 85-89 Male 50-54 Male 50-59 Female 55-59 Female 55-59 Male 60-64 Female 60-64 Male 60-64 Male	80-84 MaleDale85-89 FemaleNorma85-89 FemaleDon85-89 MaleGary85-89 MaleRichard85-89 MaleRichard85-89 MaleRichard50-54 MaleTroy50-54 MaleTimothy50-54 MaleTroy50-54 MaleTroy50-54 MaleScott50-54 MaleScott50-54 MaleScott50-54 MaleScott50-54 MaleScott50-559 FemaleLisa55-59 FemaleJennifer Amy55-59 FemaleJudi60-64 FemaleJudi60-64 FemaleGreta60-64 MaleMichael60-64 MaleJohn60-64 MaleJohn60-64 MaleJohn60-64 MaleJohn60-64 MaleScott60-64 MaleJohn60-64 MaleScott60-64 MaleScott60-64 MaleScott60-64 MaleScott60-64 MaleScott60-64 MaleKeith60-64 MaleKeith60-64 MaleKeith60-64 MaleKeith60-64 MaleScott60-64 MaleScott60-64 MaleKeith60-64 MaleKeith60-64 MaleKeith60-64 MaleKeith60-64 MaleChristopher65-69 MaleRobert65-69 MaleSteven65-69 MaleSteven65-69 MaleSteven	80-84 MaleDaleDewey85-89 FemaleNormaRamker85-89 MaleDonZimmer85-89 MaleGarySechrist85-89 MaleRichardAnderson50-54 MaleTiroyLilly50-54 MaleTimothyHellyer50-54 MaleJasonHahn50-54 MaleSectureMills50-54 MaleJasonHahn50-54 MaleSectureMills50-54 MaleSectureMills50-54 MaleJasonHahn50-55 MaleSectureMills55-59 FemaleJennifer AmyShide55-59 FemaleJennifer AmyShide55-59 MaleTaddDelozier60-64 FemaleJudiClevenger60-64 FemaleJudiClevenger60-64 MaleMichaelFitzgerald60-64 MaleJohnPflug60-64 MaleJohnPflug60-64 MaleJavidWilson60-64 MaleJohnPflug60-64 MaleJohnPflug60-64 MaleJohnHarpole60-64 MaleScottBorchardt60-64 MaleJohnHoward60-64 MaleScottBorchardt60-64 MaleChristopherHoward65-69 FemaleJenniferLong65-69 MaleRobertSimmert65-69 MaleAntonioRangel65-69 MaleStevenKastning65-69 MaleDavidMiller<	80-84 Male Dale Dewey Altoona 85-89 Female Norma Ramker Urbandale 85-89 Male Don Zimmer West Des Moines 85-89 Male Gary Sechrist Minneapolis 85-89 Male Richard Anderson West Des Moines 50-54 Male Troy Lilly Bondurant 50-54 Male Troy Cook Johnston 50-54 Male Scott Mills Des Moines 50-54 Male Troy Cook Johnston 50-54 Male Troy Cook Johnston 50-54 Male Tadd Delozier Lincoln 55-59 Female Jsan Hoerner Hanson Davenport 55-59 Female Judi Clevenger Alexis 60-64 Female Judi Clevenger Alexis 60-64 Male John Pflug Omaha <tr< td=""><td>80-84 Male Dale Dewey Altoona IA 85-89 Female Norma Ramker Urbandale IA 85-89 Male Don Zimmer West Des Moines IA 85-89 Male Gary Sechrist Minneapolis KS 85-89 Male Gary Sechrist Minneapolis KS 85-89 Male Richard Anderson West Des Moines IA 50-54 Male Troy Lilly Bondurant IA 50-54 Male Tiroy Cook Johnston IA 50-54 Male Scott Mills Des Moines IA 50-54 Male Scott Mills Des Moines IA 50-54 Male Scott Mills Des Moines IA 55-59 Female Jennifer Amy Shide Urbandale IA 55-59 Male Tad Delozier Lincoln NE 60-64 Female Judi Clevenger Alexis IL 60-64 Male John Pflug Omaha NE 60-64 Male John</td><td>80-84 Male Dale Dewey Altoona IA M 85-89 Female Norma Ramker Urbandale IA F 85-89 Male Don Zimmer West Des Moines IA M 85-89 Male Gary Sechrist Minneapolis KS M 85-89 Male Richard Anderson West Des Moines IA M 50-54 Male Richard Anderson West Des Moines IA M 50-54 Male Tiroy Lilly Bondurant IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Scott Millis Des Moines IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Janot Nu Des Moines IA M 55-59 Female Lisa Hoerner Hanson Davenport IA F 55-59 Female Judi Clevenger Alexis IL F 60-64 Female Judi Clevenger Alexis IL F 60-64 Male</td><td>80-84 Male Dale Dewey Altoona IA M 82 85-89 Female Norma Ramker Urbandale IA F 87 85-89 Male Don Zimmer West Des Moines IA M 86 85-89 Male Gary Sechrist Minneapolis KS M 86 85-89 Male Richard Anderson West Des Moines IA M 86 90-54 Male Troy Lilly Bondurant IA M 51 50-54 Male Troy Cook Johnston IA M 52 50-54 Male Troy Cook Johnston IA M 52 50-54 Male Scott Mills Des Moines IA M 52 50-54 Male Scott Mills Des Moines IA M 50 55-59 Female Jennifer Amy Shide Urbandale IA F 57 55-59 Female Jennifer Amy Shide Urbandale IA F 62 60-64 Female Judi Clevenger Alexis IL F 62 60-64 Female Judi Clevenger Alexis</td><td>80-84 Male Dale Dewey Altoona IA M 82 23.21 85-89 Female Norma Ramker Urbandale IA F 87 1.00.29 85-89 Male Don Zimmer West Des Moines IA M 86 23.34 85-89 Male Gary Sechrist Minneapolis KS M 86 23.34 85-89 Male Troy Lilly Bondurant IA M 86 23.34 50-54 Male Troy Lilly Bondurant IA M 53 31.39 50-54 Male Troy Cook Johnson IA M 53 35.21 50-54 Male Troy Cook Johnson IA M 50 35.21 50-54 Male Joon Hann Des Moines IA M 52 35.13 50-54 Male Jonn F 57 46.86 55.59 55.51 46 F 55 55.31 55-59 Female Jan Delozier Lincoln NE</td><td>80-84 Male Dale Dewey Altoona IA M 82 23.21 4 85-89 Female Norma Ramker Urbandale IA F 87 1:00.29 1 85-89 Male Don Zimmer West Des Moines IA M 86 23.34 1 85-89 Male Gary Sechrist Minneapolis KS M 86 23.34 1 85-89 Male Richard Anderson West Des Moines IA M 86 23.34 1 50-54 Male Tirothy Hellyer Zumbrota MN M 53 22.25 1 50-54 Male Tiroy Cook Johnston IA M 52 32.27 2 50-54 Male Troy Cook Johnston IA M 52 32.1 3 50-54 Male Iason Harner Hanson Davenport IA F 55 55 55 55 1</td></tr<>	80-84 Male Dale Dewey Altoona IA 85-89 Female Norma Ramker Urbandale IA 85-89 Male Don Zimmer West Des Moines IA 85-89 Male Gary Sechrist Minneapolis KS 85-89 Male Gary Sechrist Minneapolis KS 85-89 Male Richard Anderson West Des Moines IA 50-54 Male Troy Lilly Bondurant IA 50-54 Male Tiroy Cook Johnston IA 50-54 Male Scott Mills Des Moines IA 50-54 Male Scott Mills Des Moines IA 50-54 Male Scott Mills Des Moines IA 55-59 Female Jennifer Amy Shide Urbandale IA 55-59 Male Tad Delozier Lincoln NE 60-64 Female Judi Clevenger Alexis IL 60-64 Male John Pflug Omaha NE 60-64 Male John	80-84 Male Dale Dewey Altoona IA M 85-89 Female Norma Ramker Urbandale IA F 85-89 Male Don Zimmer West Des Moines IA M 85-89 Male Gary Sechrist Minneapolis KS M 85-89 Male Richard Anderson West Des Moines IA M 50-54 Male Richard Anderson West Des Moines IA M 50-54 Male Tiroy Lilly Bondurant IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Scott Millis Des Moines IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Jason Hahn Des Moines IA M 50-54 Male Janot Nu Des Moines IA M 55-59 Female Lisa Hoerner Hanson Davenport IA F 55-59 Female Judi Clevenger Alexis IL F 60-64 Female Judi Clevenger Alexis IL F 60-64 Male	80-84 Male Dale Dewey Altoona IA M 82 85-89 Female Norma Ramker Urbandale IA F 87 85-89 Male Don Zimmer West Des Moines IA M 86 85-89 Male Gary Sechrist Minneapolis KS M 86 85-89 Male Richard Anderson West Des Moines IA M 86 90-54 Male Troy Lilly Bondurant IA M 51 50-54 Male Troy Cook Johnston IA M 52 50-54 Male Troy Cook Johnston IA M 52 50-54 Male Scott Mills Des Moines IA M 52 50-54 Male Scott Mills Des Moines IA M 50 55-59 Female Jennifer Amy Shide Urbandale IA F 57 55-59 Female Jennifer Amy Shide Urbandale IA F 62 60-64 Female Judi Clevenger Alexis IL F 62 60-64 Female Judi Clevenger Alexis	80-84 Male Dale Dewey Altoona IA M 82 23.21 85-89 Female Norma Ramker Urbandale IA F 87 1.00.29 85-89 Male Don Zimmer West Des Moines IA M 86 23.34 85-89 Male Gary Sechrist Minneapolis KS M 86 23.34 85-89 Male Troy Lilly Bondurant IA M 86 23.34 50-54 Male Troy Lilly Bondurant IA M 53 31.39 50-54 Male Troy Cook Johnson IA M 53 35.21 50-54 Male Troy Cook Johnson IA M 50 35.21 50-54 Male Joon Hann Des Moines IA M 52 35.13 50-54 Male Jonn F 57 46.86 55.59 55.51 46 F 55 55.31 55-59 Female Jan Delozier Lincoln NE	80-84 Male Dale Dewey Altoona IA M 82 23.21 4 85-89 Female Norma Ramker Urbandale IA F 87 1:00.29 1 85-89 Male Don Zimmer West Des Moines IA M 86 23.34 1 85-89 Male Gary Sechrist Minneapolis KS M 86 23.34 1 85-89 Male Richard Anderson West Des Moines IA M 86 23.34 1 50-54 Male Tirothy Hellyer Zumbrota MN M 53 22.25 1 50-54 Male Tiroy Cook Johnston IA M 52 32.27 2 50-54 Male Troy Cook Johnston IA M 52 32.1 3 50-54 Male Iason Harner Hanson Davenport IA F 55 55 55 55 1

Track & Field - 200M Dash	70-74 Male	John	Roeske	Loveland	CO	M		36.53		Bronze
Track & Field - 200M Dash	70-74 Male	Randall	Olson	Nebraska City	NE	M		39.96	4	<u> </u>
Track & Field - 200M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	73	46.08	5	
Track & Field - 200M Dash	75-79 Male	James	Trent	Midwest City	ОК	M	75	35.01	1	Gold
Track & Field - 200M Dash	75-79 Male	Ron	Peterson	Waukee	IA	М	77	40.63	1	Gold
Track & Field - 200M Dash	75-79 Male	David	Ersland	Humboldt	IA	М	77	51.73	2	Silver
Track & Field - 200M Dash	75-79 Male	william	crider	swanton	ОН	М	75	39.10	2	Silver
Track & Field - 200M Dash	80-84 Male	Ken	Stewart	Batavia	ОН	M	81	1:03.72	1	Gold
Track & Field - 400M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M	51	1:13.13	1	Gold
Track & Field - 400M Run	50-54 Male	Troy	Cook	Johnston	IA	M		1:20.45		Silver
Track & Field - 400M Run	50-54 Male	Scott	Mills	Des Moines	IA	M		1:43.54		Bronze
Track & Field - 400M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	57	1:47.09	1	Gold
Track & Field - 400M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	1:57.98	2	Silver
Track & Field - 400M Run	55-59 Male	Mark	Seaton	Urbandale	IA	M	59	1:11.44	1	Gold
Treak & Field 400M Due	CO C4 Female	Fller	lahnaan	Deemeinee	1.0	F		1:46.42	2	Cilver
Track & Field - 400M Run	60-64 Female	Ellen	Johnson	Desmoines	IA	F				Silver
Track & Field - 400M Run	60-64 Female	Susan	Fray	Clive	IA	F	61	1:26.40	1	Gold
Track & Field - 400M Run	60-64 Male	Michael	Fitzgerald	Mason City	IA	M	61	58.83	1	Gold
Track & Field - 400M Run	60-64 Male	Mitch	Lyster	McCook	NE	М	64	1:06.65	2	Silver
Track & Field - 400M Run	60-64 Male	Tom	Loch	Cedar Rapids	IA	М	64	1:21.52	2	Silver
Track & Field - 400M Run	60-64 Male	Keith	Kauten	Coralville	IA	М	61	1:30.44	3	Bronze
Track & Field - 400M Run	65-69 Female	Jennifer	Long	lowa City	IA	F	68	3:07.73	1	Gold
Track & Field - 400M Run	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	M	66	1:14.90	1	Gold
Track & Field - 400M Run	65-69 Male	Antonio	Rangel	Davenport	IA	М	65	1:20.11	2	Silver
Track & Field - 400M Run	65-69 Male	David	Miller	Urbandale	IA	М		1:21.81		Bronze
Track & Field - 400M Run	65-69 Male	Randy	Davis	Altoona	IA	М		1:35.27	4	
Track & Field - 400M Run	65-69 Male	John	Stamler	Iowa City	IA	М		1:45.01	5	
Track & Field - 400M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	72	2:41.53	1	Gold
								4 24 72		
Track & Field - 400M Run	70-74 Male	Douglas	Obye	Phoenix	AZ	M		1:21.73		Gold
Track & Field - 400M Run	70-74 Male	Richard	Newkirk	Ankeny	IA	M		1:50.85		Gold
Track & Field - 400M Run	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M		1:53.10 2:09.46		Silver
Track & Field - 400M Run	70-74 Male	Robert	Kranz	Apple Valley	MN		/4	2:09.46	3	Bronze
Track & Field - 400M Run	75-79 Male	Ron	Grosh	Middleton	WI	M	79	1:37.38	1	Gold
Track & Field - 400M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	М		1:35.50	1	Gold

Track & Field - 400M Run	75-79 Male	Ed	Dieleman	Ankeny	IA	М	76	1:57.05	2	Silver
Track & Field - 400M Run	75-79 Male	David	Ersland	Humboldt	IA	M		2:10.26		Bronze
Track & Field - 400M Run	75-79 Male	David	Brown	Des Moines	IA	M		3:36.66	4	
Track & Field - 400M Run	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	2:30.10	1	Gold
Track & Field - 400M Run	80-84 Male	davis	eidahl	richland	IA	М	80	1:51.38	1	Gold
Track & Field - 800M Run	50-54 Male	Rob	Hammann	Pella	IA	М	50	2:31.54	1	Gold
Track & Field - 800M Run	50-54 Male	Jason	Hahn	Des Moines	IA	М	51	2:45.39	2	Silver
Track & Field - 800M Run	50-54 Male	Scott	Mills	Des Moines	IA	М	50	3:29.23	3	Bronze
Track & Field - 800M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	57	3:54.52		Gold
Track & Field - 800M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	4:30.58	2	Silver
			- ·							
Track & Field - 800M Run	55-59 Male	Mark	Seaton	Urbandale	IA	M	59	3:02.74	1	Gold
Track & Field - 800M Run	60-64 Female	Susan	Fray	Clive	IA	F	C1	3:33.57	1	Gold
	60-64 Female	Susan	Fray	Clive	IA		01	5.55.57	1	Golu
Track & Field - 800M Run	60-64 Male	Pandy	McDermott	Basehor	KS	M	62	2:50.58	1	Gold
Track & Field - 800M Run	60-64 Male	Randy Scott	Borchardt	Holland	IA	M		2:59.40		Gold
Track & Field - 800M Run	60-64 Male	Tom	Loch	Cedar Rapids	IA	M		3:06.47		Silver
Track & Field - 800M Run	60-64 Male	Robert	Hanish	Badger	IA	M		3:30.17		Bronze
		Keith		Coralville	IA	M		5.50.17 DNF	3	BIOIIZE
Track & Field - 800M Run	60-64 Male		Kauten	Clive	IA	M		DNF		
Track & Field - 800M Run	60-64 Male	Kevin	Otte	Clive			62	DNF		
Track & Field - 800M Run	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М	66	3:09.61	1	Gold
Track & Field - 800M Run	65-69 Male	David	Miller	Urbandale	IA	м	69	3:18.72		Silver
Track & Field - 800M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	72	5:57.48	1	Gold
Track & Field - 800M Run	70-74 Male	Larry	Hamm	Des Moines	IA	М		3:35.02	1	Gold
Track & Field - 800M Run	70-74 Male	John	Roeske	Loveland	CO	М	73	2:55.69	1	Gold
Track & Field - 800M Run	70-74 Male	Charles	Bishop	Versailles	KY	М	72	3:18.50	2	Silver
Track & Field - 800M Run	70-74 Male	Roy	Ney	Des Moines	IA	М	73	4:04.80	2	Silver
Track & Field - 800M Run	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	73	4:48.16	3	Bronze
	75 70 14							2 47 74		<u> </u>
Track & Field - 800M Run	75-79 Male	Gary	Patton	Rock Rapids	IA	M		2:47.74		Gold
Track & Field - 800M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	M		4:04.27		Silver
Track & Field - 800M Run	75-79 Male	Ed	Dieleman	Ankeny	IA	M		4:45.70		Bronze
Track & Field - 800M Run	75-79 Male	David	Ersland	Humboldt	IA	M	77	4:58.45	4	
Track & Field - 1,500M Run	50-54 Male	Rob	Hammann	Pella	IA	M	50	5:13.40	1	Gold
Track & Field - 1,500M Run	50-54 Male	Jason	Hahn	Des Moines	IA	M		5:27.03		Silver
Track & Field - 1,500M Run Track & Field - 1,500M Run	50-54 Male	Scott	Mills	Des Moines	IA	M		6:38.32		Bronze
	50-54 ividie	5000	1711112	Des Mollies	IA		50	0.30.32	З	BIOIIZE

Track & Field - Power Walk 1,500 M	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F		13:32.80		Silver
Track & Field - Power Walk 1,500 M	65-69 Female	Jane	Hein	Clive	IA	F	68	10:50.16	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Keith	Kauten	Coralville	IA	M	61	12:19.21	2	Silver
Track & Field - Power Walk 1,500 M	60-64 Male	Jeffrey	Knowling	Cedar Rapids	IA	M		10:41.65		Gold
Track & Field - Power Walk 1,500 M	60-64 Male	Steve	Hoger	Seward	NE	M		8:56.36		Gold
Track & Field - Power Walk 1,500 M	60-64 Female	LuAnne	Brown	Ankeny	IA	F	64	13:45.21	2	Silver
Track & Field - Power Walk 1,500 M	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	10:50.22	1	Gold
			,							
Track & Field - Power Walk 1,500 M	55-59 Female	Cindy	Beatty	Atkins	IA	F		13:10.61		Silver
Track & Field - Power Walk 1,500 M	55-59 Female	Jaculin	Coyle	CROSS PLAINS	WI	F		11:01.19		Gold
Track & Field - Power Walk 1,500 M	55-59 Female	Rosanne	Wicks	WAUKON	IA	F	57	12:43.16	1	Gold
Track & Field - 1,500M Run	80-84 Male	jim	mcfadden	Tulsa	ОК	M	82	10:18.00	1	Gold
	75 75 Male	Duviu						5.15.00		
Track & Field - 1,500M Run	75-79 Male	David	Ersland	Humboldt	IA	M		9:43.68	4	
Track & Field - 1,500M Run	75-79 Male	Ed	Dieleman	Ankeny	IA	M		8:57.27		Bronze
Track & Field - 1,500M Run	75-79 Male	Tom	Kirkwood	Dyersville	IA	M		7:48.26	2	
Track & Field - 1,500M Run	75-79 Male	Gary	Patton	Rock Rapids	IA	M	76	5:25.70	1	Gold
Track & Field - 1,500M Run	70-74 Male	Roy	Ney	Des Moines	IA	M	/3	8:02.50	2	Silver
Track & Field - 1,500M Run	70-74 Male	Charles	Bishop	Versailles	KY	M		7:04.02	2	
Track & Field - 1,500M Run	70-74 Male	John	Roeske	Loveland	CO	M		5:58.35	1	
Track & Field - 1,500M Run	70-74 Male	Larry	Hamm	Des Moines	IA	M		7:20.63		Gold
Track & Field - 1,500M Run	70-74 Female	Linda	McClure	Ankeny	IA	F		12:58.49	2	Silver
Track & Field - 1,500M Run	70-74 Female	Shari	Hintermeister	North Liberty	IA	F	72	10:54.29	1	Gold
	05 05 Wale	30111	Stamler	lowa city			07	5.54.00		
Track & Field - 1,500M Run Track & Field - 1,500M Run	65-69 Male 65-69 Male	David John	Miller Stamler	Urbandale Iowa City	IA	M		9:34.88	4	Bronze
Track & Field - 1,500M Run	65-69 Male	Antonio	Rangel	Davenport	IA IA	M		6:26.80 6:26.83		Silver
Track & Field - 1,500M Run	65-69 Male	THOMAS	MCBRIDE	Des Moines	IA	M		5:43.04		Gold
Track & Field - 1,500M Run	60-64 Male	Keith	Kauten	Coralville	IA	М	61	7:32.21	3	Bronze
Track & Field - 1,500M Run	60-64 Male	Robert	Hanish	Badger	IA	Μ	64	6:57.46	2	Silver
Track & Field - 1,500M Run	60-64 Male	Randy	McDermott	Basehor	KS	М	63	5:58.60	1	Gold
Track & Field - 1,500M Run	60-64 Male	Tom	Loch	Cedar Rapids	IA	М	64	6:19.82	1	Gold
Track & Field - 1,500M Run	60-64 Female	Susan	Fray	Clive			01	7:06.12	1	Golu
Treak & Field 1 FOOM Dure	CO CA Famala	Curren	Глон	Clive	IA	F	C1	7.00 12	1	Gold
Track & Field - 1,500M Run	55-59 Male	matt	davis	Red Oak	IA	M	57	6:30.72	1	Gold
Track & Field - 1,500M Run	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	8:17.36	2	Silver
Track & Field - 1,500M Run	55-59 Female	Jean	Dingeman	Pella	IA	F		7:34.17		Gold

Track & Field - Power Walk 1,500 M	65-69 Male	Randy	Davis	Altoona	IA	М	65	10:11.98	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	10:39.46	2	Silver
Track & Field - Power Walk 1,500 M	65-69 Male	Dave	Ullom	Estherville	IA	Μ	67	12:18.98	3	Bronze
Track & Field - Power Walk 1,500 M	70-74 Female	Faith	Rulapaugh	Oelwein	IA	F	74	13:42.76	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Tim	Phillips	Hiawatha	IA	М	72	10:27.22	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Robert	Kranz	Apple Valley	MN	М	74	10:32.85	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Joe	Peraud	Fredericksburg	IA	М	74	10:52.63	2	Silver
Track & Field - Power Walk 1,500 M	70-74 Male	Denny	Adair	Osceola	IA	M	73	12:50.95	3	Bronze
Track & Field - Power Walk 1,500 M	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	78	9:13.50	1	Gold
Track & Field - Power Walk 1,500 M	75-79 Male	David	Brown	Des Moines	IA	М	75	15:52.53	2	Silver
Track & Field - Power Walk 1,500 M	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	18:35.23	3	Bronze
Track & Field - Power Walk 1,500 M	80-84 Male	jim	mcfadden	Tulsa	ОК	M	82	10:50.69	1	Gold
Track & Field - Power Walk 1,500 M	80-84 Male	Ken	Stewart	Batavia	ОН	M		12:46.25		Silver
				Batavia				12.10.25	_	
Track & Field - Power Walk 1,500 M	85-89 Female	Marjorie	Beatty	Atkins	IA	F	87	16:12.41	1	Gold
Track & Field - Race Walk 5,000 M	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	36:34.76	1	Gold
Track & Field - Race Walk 5,000 M	60-64 Male	Steve	Hoger	Seward	NE	M	64	30:43.58	1	Gold
Track & Field - Race Walk 5,000 M	65-69 Male	Randy	Davis	Altoona	IA	M	65	35:03.68	1	Gold
Track & Field - Race Walk 5,000 M	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	38:59.73	2	Silver
Track & Field - Race Walk 5,000 M	65-69 Male	Dave	Ullom	Estherville	IA	M	67	42:00.57	3	Bronze
Track & Field - Race Walk 5,000 M	70-74 Female	Faith	Rulapaugh	Oelwein	IA	F	74	47:22.58	1	Gold
Track & Field - Race Walk 5,000 M		Tim	Phillips	Hiawatha	IA	M	72	34:15.25	1	Gold
							/=	0 1120120	_	
Track & Field - Race Walk 5,000 M	75-79 Male	Tom	Kirkwood	Dyersville	IA	М	78	33:40.60	1	Gold
Track & Field - Race Walk 5,000 M	75-79 Male	Gary	O'Daniels	Creston	IA	М	79	38:29.73	2	Silver
Track & Field - Race Walk 5,000 M	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	78	47:36.78	3	Bronze
Track & Field - Discus	50-54 Female	Cathy	Petra	Elk Point	SD	F	52	75'12"	1	Gold
Track & Field - Discus	50-54 Male	Scott	Mills	Des Moines	IA	M	50	61'11"	1	Gold
Track & Field - Discus	55-59 Female	melanie	bintz	dayton	IA	F	5.0	50'04"	1	Gold
Track & Field - Discus	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F		57'05"		Gold
Track & Field - Discus	55-59 Female	Lisa	Hoerner Hanson	Davenport	IA	F		43'03"		Silver
Track & Field - Discus	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F		41'11"		Bronze

Track & Field - Discus	55-59 Male	Kim	Hawley	Bellevue	NE	М	57	118'01"	1	Gold
Track & Field - Discus	55-59 Male	Doug	Johanson	Johnston	IA	М	58	110'09"	1	Gold
Track & Field - Discus	55-59 Male	Matthew	Harvey	Des Moines	IA	М	58	70'08"	2	Silver
Track & Field - Discus	60-64 Female	LuAnne	Brown	Ankeny	IA	F	64	51'03"	1	Gold
Track & Field - Discus	60-64 Female	Greta	Budweg	Ankeny	IA	F		46'10"	2	Silver
Track & Field - Discus	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	44'12"	3	Bronze
Track & Field - Discus	60-64 Female	Rozalyn	Boyer	Adel	IA	F	64	34'04"	3	Bronze
Track & Field - Discus	60-64 Male	Michael	Boldon	Camp Douglas	WI	M		126' 5"		Gold
Track & Field - Discus	60-64 Male	JAMES	Franzen	DENVER	IA	М		115'02"		Gold
Track & Field - Discus	60-64 Male	Jim	Harpole	Newhall	IA	Μ		97'02"	2	Silver
Track & Field - Discus	60-64 Male	Doug	Roby	sioux falls	SD	М	61	102' 08"	2	Silver
Track & Field - Discus	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	93' 04"	3	Bronze
Track & Field - Discus	60-64 Male	James	Coyle	CROSS PLAINS	WI	М	60	101'06"	3	Bronze
Track & Field - Discus	60-64 Male	Dennis	Lehr	Orion	IL	М	61	101'05"	4	
Track & Field - Discus	60-64 Male	Timothy	Pew	Des Moines	IA	М	60	86' 09"	4	
					_					
Track & Field - Discus	65-69 Male	Dan	Mehlbrech	Crooks	SD	Μ		127'10"		Gold
Track & Field - Discus	65-69 Male	Hiram	Melendez	Dubuque	IA	Μ		103'01"		Gold
Track & Field - Discus	65-69 Male	Steve	Schuette	Iowa City	IA	М		78'05"		Silver
Track & Field - Discus	65-69 Male	David	Brandt	Sprague	NE	Μ	-	112'10"		Silver
Track & Field - Discus	65-69 Male	Dave	Ullom	Estherville	IA	M	67	71'12"	3	Bronze
Track & Field - Discus	70.74.5	Cath a rin a	Disk su) (10/	F	70	32'04"	4	Cald
	70-74 Female	Catherine	Bishop	Versailles	KY	F	12	32 04	1	Gold
Track & Field - Discus	70-74 Male	Tarry	CORY	CLIVE	IA	M	73	102'02"	1	Gold
Track & Field - Discus	70-74 Male	Patrick	Hauser	Lake Mills	WI	М		129'06"	1	Gold
Track & Field - Discus	70-74 Male	Greg	Eastman	Clive	IA	М		72'10"		Silver
Track & Field - Discus	70-74 Male	Randall	Olson	Nebraska City	NE	М		99'03"		Silver
Track & Field - Discus	70-74 Male	Robert	Kranz	Apple Valley	MN	M		77'04"		Bronze
Track & Field - Discus	70-74 Male	Gene	lwen	Columbus	NE	М		74'08"	4	
Track & Field - Discus	75-79 Female	Suzan	French	Ankeny	IA	F	76	26'06"	1	Gold
Track & Field - Discus	75-79 Male	Ron	Peterson	Waukee	IA	М	77	80'04"	1	Gold
Track & Field - Discus	75-79 Male	Alan	Schenck	Clarinda	IA	Μ	75	49'09"	2	Silver
Track & Field - Discus	75-79 Male	Frank	Perez	West Des Moines	IA	М	79	44'11"	3	Bronze
Track & Field - Discus	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	78	37'05"	4	
Track & Field - Discus	80-84 Male	Martin	Zanger	Robbinsdale	MN	Μ		68'12"		Gold
Track & Field - Discus	80-84 Male	davis	eidahl	richland	IA	Μ		56'06"		Gold
Track & Field - Discus	80-84 Male	Don	Newton	West Des Moines	IA	Μ		47'10"		Silver
Track & Field - Discus	80-84 Male	Ken	Stewart	Batavia	OH	M	81	60'04"	2	Silver

Track & Field - Discus	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	37'11"	3	Bronze
Track & Field - Discus	80-84 Male	Alex	Meyer	Scribner	NE	М	80	50'09"	3	Bronze
Track & Field - Discus	85-89 Female	Marjorie	Beatty	Atkins	IA	F	87	28'08"	1	Gold
Track & Field - Discus	85-89 Male	Otto	Welfring	Marshalltown	IA	М	88	73'08"	1	Gold
Track & Field - Discus	85-89 Male	John	Manning	Cedar Rapids	IA	М	86	68'02"	2	Silver
Track & Field - Discus	85-89 Male	Don	Hutchinson	West Des Moines	IA	М	85	54'02"	3	Bronze
Track & Field - Discus	85-89 Male	Richard	Anderson	West Des Moines	IA	М	86	42'06"	4	
Track & Field - Discus	85-89 Male	Ed	Killin	Des Moines	IA	М	85	35'10"	5	
Track & Field - Discus	90-94 Male	Bart	Young	Indianola	IA	M	90	29'01"	1	Gold
Track & Field - High Jump	55-59 Male	Thomas	Shide	Urbandale	IA	М	58	4'00"	1	Gold
Track & Field - High Jump	60-64 Male	Mark	Roberts	Cedar Falls	IA	M	62	5'01"	1	Gold
Track & Field - High Jump	60-64 Male	Randy	McDermott	Basehor	KS	М		4'02"		Gold
Track & Field - High Jump	60-64 Male	Jeffrey	Knowling	Cedar Rapids	IA	м		4'00"		Silver
Track & Field - High Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M		4'00"		Bronze
									-	
Track & Field - High Jump	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	3'06"	1	Gold
						•				0010
Track & Field - High Jump	65-69 Male	David	Rainey	Waterloo	IA	M	67	4'04"	1	Gold
Track & Field - High Jump	65-69 Male	Dan	Mehlbrech	Crooks	SD	M	-	4'09"		Gold
Track & Field - High Jump	65-69 Male	Steve	Schuette	lowa City	IA	M		3'10"		Silver
Track & Field - High Jump	65-69 Male	David	Brandt	Sprague	NE	M		4'06"		Silver
Track & Field - High Jump	65-69 Male	John	Stamler	lowa City	IA	M		3'10"		Bronze
	05 05 Wale	50111	Stanner		10		07	5 10		DIONZC
Track & Field - High Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70	3'02"	1	Gold
Track & Field - High Jump	70-74 Female	Catherine	Bishop	Versailles	KY	F		2'10"		Silver
	70-74 Tennale	Catherine	ызпор	Versames	KI	1	12	2 10	2	311761
Track & Field - High Jump	70-74 Male	Tarry	CORY	CLIVE	IA	M	73	4'00"	1	Gold
Track & Field - High Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M		3'08"		Gold
Track & Field - High Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	M		3'06"		Silver
					MN	M		2'10"		
Track & Field - High Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	IVIIN		/3	2 10	3	Bronze
Track & Field High lump	75 70 Mala	Ron	Deterson	Waukoo	1.4	N/		2'00"	1	Cold
Track & Field - High Jump	75-79 Male	Ron	Peterson	Waukee	IA OH	M		3'08" 3'08"		Gold
Track & Field - High Jump	75-79 Male	william	crider	swanton	-			3'08"		Silver
Track & Field - High Jump	75-79 Male	Ed	Dieleman	Ankeny	IA	M				Silver
Track & Field - High Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	3'00"	3	Bronze
					-			2100	· .	
Track & Field - High Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	M	80	3'00"	1	Gold
Track & Field - Javelin	50-54 Female	Cathy	Petra	Elk Point	SD	F	52	94'08"	1	Gold

Track & Field - Javelin	55-59 Female	melanie	bintz	dayton	IA	F	58	48'12"	1	Gold
Track & Field - Javelin	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	57	54'09"	1	Gold
Track & Field - Javelin	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	40'04"		Silver
Track & Field - Javelin	55-59 Male	Thomas	Shide	Urbandale	IA	M	58	88'05"	1	Gold
Track & Field - Javelin	55-59 Male	Kim	Hawley	Bellevue	NE	M		77'03"		Silver
Track & Field - Javelin	55-59 Male	Matthew	Harvey	Des Moines	IA	M		41'11"		Silver
		Watthew	Thatvey				58	41 11	2	Silver
Track & Field - Javelin	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	43'11"		Gold
Track & Field - Javelin	60-64 Female	Rozalyn	Boyer	Adel	IA	F	64	19'09"	2	Silver
Track & Field - Javelin	60-64 Male	Jeff	Pfundheller	Urbandale	IA	M	60	82'03"	1	Gold
Track & Field - Javelin	60-64 Male	Doug	Roby	sioux falls	SD	M		98'11"		Gold
Track & Field - Javelin	60-64 Male	Dennis	Lehr	Orion	IL	M		90'06"		Silver
Track & Field - Javelin	60-64 Male	Timothy	Pew	Des Moines	IA	M		65'09"		Silver
Track & Field - Javelin	60-64 Male	JAMES	Franzen	DENVER	IA	M		63'10"		Bronze
Track & Field - Javelin	60-64 Male	Keith	Kauten	Coralville	IA	M		43'03"	4	
Track & Field - Javelin	65-69 Male	Randy	Davis	Altoona	IA	М	65	65'09"	1	Gold
Track & Field - Javelin	65-69 Male	Dan	Mehlbrech	Crooks	SD	М	69	82'04"	1	Gold
Track & Field - Javelin	65-69 Male	Chuck	Ward	Urbandale	IA	М	69	60'02"	2	Silver
Track & Field - Javelin	65-69 Male	Dave	Ullom	Estherville	IA	М	67	53'02"	3	Bronze
Track & Field - Javelin	65-69 Male	John	Stamler	lowa City	IA	М	67	50'10"	4	
Track & Field - Javelin	65-69 Male	Brad	Ewest	Ankeny	IA	М	68	37'08"	5	
Track & Field - Javelin	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	30'04"	1	Gold
Track & Field - Javelin	70-74 Female	Catherine	Bishop	Versailles	KY	F		35'10"		Gold
	70-741 Cillaic	Catherine	Distiop	Versames			12	55 10	-	0010
Track & Field - Javelin	70-74 Male	Tarry	CORY	CLIVE	IA	М	73	100'09"	1	Gold
Track & Field - Javelin	70-74 Male	Patrick	Hauser	Lake Mills	WI	Μ	70	112'01"		Gold
Track & Field - Javelin	70-74 Male	Randall	Olson	Nebraska City	NE	Μ	74	109'07"	2	Silver
Track & Field - Javelin	70-74 Male	Denny	Adair	Osceola	IA	М	73	45'00"	2	Silver
Track & Field - Javelin	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М	70	80'07"	3	Bronze
Track & Field - Javelin	70-74 Male	Charles	Bishop	Versailles	KY	М	72	71'05"	4	
Track & Field - Javelin	70-74 Male	Robert	Kranz	Apple Valley	MN	М	74	60'04"	5	
Track & Field - Javelin	75-79 Female	Jean	Schlemmer	Bloomington	MN	F	75	37'10"	1	Gold
Track & Field - Javelin	75-79 Female	Suzan	French	Ankeny	IA	F		25'06"		Gold
Track & Field - Javelin	75-79 Male	FRANC P.	CONNOR	CROSSVILLE	ΤN	М		69'10"	1	Gold
Track & Field - Javelin	75-79 Male	Ron	Peterson	Waukee	IA	М		69'07"	1	Gold
Track & Field - Javelin	75-79 Male	Frank	Perez	West Des Moines	IA	М		49'08"	2	Silver
Track & Field - Javelin	75-79 Male	Alan	Schenck	Clarinda	IA	М		40'09"	3	Bronze
Track & Field - Javelin	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	70	27'03"	4	

Track & Field - Javelin	80-84 Male	davis	eidahl	richland	IA	М	80	63'12"	1	Gold
Track & Field - Javelin	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	62'00"	2	Silver
Track & Field - Javelin	80-84 Male	Alex	Meyer	Scribner	NE	М	80	37'09"		Bronze
Track & Field - Javelin	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	35'02"	4	
Track & Field - Javelin	85-89 Male	Ed	Killin	Des Moines	IA	М	85	32'10"	1	Gold
		-								
Track & Field - Javelin	90-94 Male	Bart	Young	Indianola	IA	M	90	26'02"	1	Gold
Track & Field - Running Long Jump	50-54 Male	Brian	Andrae	Orion	IL	M	54	14'02"	1	Gold
Track & Field - Running Long Jump	50-54 Male	Troy	Lilly	Bondurant	IA	М	53	11'00"	1	Gold
Track & Field - Running Long Jump	50-54 Male	Scott	Mills	Des Moines	IA	М		9'01"		Silver
						F		01051		
Track & Field - Running Long Jump	55-59 Female	Diana	Richardson	Searsboro	IA			9'05"		Gold
Track & Field - Running Long Jump	55-59 Female	Mindy	Blasberg	Des Moines	IA	F		8'08"		Silver
Track & Field - Running Long Jump	55-59 Female	Jean	Dingeman	Pella	IA	F		6'05"		Bronze
Track & Field - Running Long Jump	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	4'11"	4	
Track & Field - Running Long Jump	55-59 Male	Mark	Barinque	Lubbock	тх	M	55	15'01"	1	Gold
Track & Field - Running Long Jump	55-59 Male	Thomas	Shide	Urbandale	IA	М		6'11"		Gold
Track & Field - Running Long Jump	55-59 Male	Julius	Davis	New Brighton	MN	М		13'10"		Silver
Track & Field - Running Long Jump	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	10'02"	1	Gold
Track & Field - Running Long Jump	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	6'08"	2	Silver
Track & Field - Running Long Jump	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	5'08"	2	Silver
Track & Field - Running Long Jump	60-64 Male	Mitch	Lyster	McCook	NE	M	64	13'11"	1	Gold
Track & Field - Running Long Jump		Jeff	Pfundheller	Urbandale	IA	M		11'09"		Gold
	60-64 Male	Jen	Plullullellel	Orbandale			60	1109		Golu
Track & Field - Running Long Jump	65-69 Female	Micki	Marolf	Dubuque	IA	F	65	5'07"	1	Gold
Track & Field - Running Long Jump	65-69 Male	David	Rainey	Waterloo	IA	М		13'05"		Gold
Track & Field - Running Long Jump	65-69 Male	Robert	Simmert	Roscoe	IL	М		13'00"		Gold
Track & Field - Running Long Jump	65-69 Male	Steve	Schuette	Iowa City	IA	Μ	65	9'08.50"	2	Silver
Track & Field - Running Long Jump	65-69 Male	David	Brandt	Sprague	NE	М	67	12'02"	2	Silver
Track & Field - Running Long Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70	8'01"	1	Gold
										0010
Track & Field - Running Long Jump	70-74 Male	Greg	Eastman	Clive	IA	М		8'00"		Gold
Track & Field - Running Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	Μ		10'08.5"		Gold
Track & Field - Running Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	Μ	73	7'08"	2	Silver
Track & Field - Running Long Jump	75-79 Male	James	Trent	Midwest City	ОК	M	75	9'09"	1	Gold
Track & Field - Running Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	M		9'05"		Gold
	75-79 Male	Ed	Dieleman		IA	M		7'09.5"		Silver

Track & Field - Running Long Jump	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	6'08"	3	Bronze
Track & Field - Running Long Jump	75-79 Male	Frank	Perez	West Des Moines	IA	М	79	6'04.5"	4	
Track & Field - Running Long Jump	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	7'05"	1	Gold
Track & Field - Running Long Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	5'02"	2	Silver
Track & Field - Running Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	М	87	6'01.5"	1	Gold
Track & Field - Shot Put	50-54 Female	Cathy	Petra	Elk Point	SD	F	52	24' 00"	1	Gold
Track & Field - Shot Put	50-54 Male	Timothy	Hellyer	Zumbrota	MN	М	54	30'03"	1	Gold
Track & Field - Shot Put	55-59 Female	melanie	bintz	dayton	IA	F	58	23'05"	1	Gold
Track & Field - Shot Put	55-59 Female	Nancy	Tesdall	Sioux Falls	SD	F	57	26'04"	1	Gold
Track & Field - Shot Put	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	22'08"	2	Silver
Track & Field - Shot Put	55-59 Female	Lisa	Hoerner Hanson	Davenport	IA	F	57	22'00"	3	Bronze
Track & Field - Shot Put	55-59 Female	Jaculin	Coyle	CROSS PLAINS	WI	F	59	16'10"	4	
Track & Field - Shot Put	55-59 Male	Kim	Hawley	Bellevue	NE	М	57	40'00"	1	Gold
Track & Field - Shot Put	55-59 Male	Doug	Johanson	Johnston	IA	М	58	33'03"	1	Gold
Track & Field - Shot Put	55-59 Male	Matthew	Harvey	Des Moines	IA	М	58	27'03"	2	Silver
Track & Field - Shot Put	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	19'07"	1	Gold
Track & Field - Shot Put	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	20'01"	1	Gold
Track & Field - Shot Put	60-64 Female	Rozalyn	Boyer	Adel	IA	F	64	13'05"	2	Silver
Track & Field - Shot Put	60-64 Male	Michael	Boldon	Camp Douglas	WI	М	63	41'09'	1	Gold
Track & Field - Shot Put	60-64 Male	JAMES	Franzen	DENVER	IA	М		29'09"	1	Gold
Track & Field - Shot Put	60-64 Male	Jim	Harpole	Newhall	IA	М	62	28'01"	2	Silver
Track & Field - Shot Put	60-64 Male	James	Coyle	CROSS PLAINS	WI	М		37'03"		Silver
Track & Field - Shot Put	60-64 Male	Dennis	Lehr	Orion	IL	М	61	33'06"	3	Bronze
Track & Field - Shot Put	60-64 Male	Doug	Roby	sioux falls	SD	М		32'00"	4	
		Ŭ	,							
Track & Field - Shot Put	65-69 Female	Margaret	Beuter	lowa City	IA	F	67	24'11"	1	Gold
Track & Field - Shot Put	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F		16'12"	2	Silver
				·						
Track & Field - Shot Put	65-69 Male	David	Brandt	Sprague	NE	М	67	39'03"	1	Gold
Track & Field - Shot Put	65-69 Male	Dave	Ullom	Estherville	IA	м		27'08"	1	Gold
Track & Field - Shot Put	65-69 Male	Michael	LaValle	Des Moines	IA	М		26'09"	2	Silver
Track & Field - Shot Put	65-69 Male	Dan	Mehlbrech	Crooks	SD	M		32'01"		Silver
Track & Field - Shot Put	65-69 Male	Steve	Schuette	lowa City	IA	M		24'11"	1	Bronze
Track & Field - Shot Put	65-69 Male	John	Stamler	lowa City	IA	M		22'01"	4	
Track & Field - Shot Put	65-69 Male	Lance	Platt	Moville	IA	M		20'08"	5	
							5,			
Track & Field - Shot Put	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	15'07"	1	Gold

Track & Field - Shot Put	70-74 Female	Catherine	Bishop	Versailles	KY	F	72	18'10"	1	Gold
Track & Field - Shot Put	70-74 Male	Tarry	CORY	CLIVE	IA	М		37'04"	1	Gold
Track & Field - Shot Put	70-74 Male	Patrick	Hauser	Lake Mills	WI	Μ	70	38'11'	1	Gold
Track & Field - Shot Put	70-74 Male	Greg	Eastman	Clive	IA	Μ	74	27'04"	2	Silver
Track & Field - Shot Put	70-74 Male	Randall	Olson	Nebraska City	NE	Μ	74	30'05"	2	Silver
Track & Field - Shot Put	70-74 Male	Denny	Adair	Osceola	IA	М	73	20'08"	3	Bronze
Track & Field - Shot Put	75-79 Female	Suzan	French	Ankeny	IA	F	76	11'06"	1	Gold
 Track & Field - Shot Put	75-79 Male	Ron	Peterson	Waukee	IA	M	77	26'09"	1	Gold
Track & Field - Shot Put	75-79 Male	Alan	Schenck	Clarinda	IA	M		22'02"		Silver
Track & Field - Shot Put	75-79 Male	Frank	Perez	West Des Moines	IA	M		20'03"		Bronze
Track & Field - Shot Put	75-79 Male	Dharmvir	-	West Des Moines	IA	M		16'05"	4	BIOIIZE
	75-79 Male	Dharmvir	Bhatnagar	West Des Montes	IA		/8	10 05	4	
Track & Field - Shot Put	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	23'10"	1	Gold
Track & Field - Shot Put	80-84 Male	Martin	Zanger	Robbinsdale	MN	М	80	34'08'	1	Gold
Track & Field - Shot Put	80-84 Male	Don	Newton	West Des Moines	IA	М	82	21'05"	2	Silver
Track & Field - Shot Put	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	19'11"	2	Silver
Track & Field - Shot Put	80-84 Male	Alex	Meyer	Scribner	NE	М	80	19'05"	3	Bronze
Track & Field - Shot Put	85-89 Female	Marjorie	Beatty	Atkins	IA	F	87	19'07"	1	Gold
	05.00.04	1	. ·							
Track & Field - Shot Put	85-89 Male	John	Manning	Cedar Rapids	IA	M		33'05"		Gold
Track & Field - Shot Put	85-89 Male	Otto	Welfring	Marshalltown	IA	М		27'04"		Silver
Track & Field - Shot Put	85-89 Male	Donald	Hutchinson	West Des Moines	IA	М		23'09"		Bronze
Track & Field - Shot Put	85-89 Male	Richard	Anderson	West Des Moines	IA	M	86	19'07"	4	
Track & Field - Shot Put	90-94 Male	Bart	Young	Indianola	IA	M	90	13'11"	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Brian	Andrae	Orion	IL	М		7'06"		Gold
Track & Field - Standing Long Jump	50-54 Male	Troy	Lilly	Bondurant	IA	М		7'10"		Gold
Track & Field - Standing Long Jump	50-54 Male	Timothy	Hellyer	Zumbrota	MN	М	54	7'04"	2	Silver
Track & Field - Standing Long Jump	55-59 Female	Diana	Richardson	Searsboro	IA	F	57	6'08"	1	Gold
Track & Field - Standing Long Jump	55-59 Female	Mindy	Blasberg	Des Moines	IA	F		6'00"		Silver
Track & Field - Standing Long Jump	55-59 Female	Jean	Dingeman	Pella	IA	F		4'09"		Bronze
Track & Field - Standing Long Jump	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F		4'09"	4	-
Track & Field - Standing Long Jump	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F		3'10"	5	
Track & Field - Standing Long Jump	55-59 Male	Mark	Barinque	Lubbock	ТΧ	М		9'01"	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Thomas	Shide	Urbandale	IA	М		7'01"	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Kim	Hawley	Bellevue	NE	М	57	6'00"	2	Silver
Turada 0. Eksted. Chan dina 1		Elle a	Labora	Dermei	1.0	-				Call
Track & Field - Standing Long Jump	60-64 Female	Ellen	Johnson	Desmoines	IA	F	63	5'11"	1	Gold

Track & Field - Standing Long Jump	60-64 Female	Susan	Fray	Clive	IA	F	61	5'8"	2 9	Silver
Track & Field - Standing Long Jump	60-64 Female	Greta	Budweg	Ankeny	IA	F	63	4'9"	3	Bronze
Track & Field - Standing Long Jump	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	4'6"	4	
Track & Field - Standing Long Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	7'10"	1	Gold
Track & Field - Standing Long Jump	60-64 Male	JAMES	Franzen	DENVER	IA	М	64	7'08"	2 9	Silver
Track & Field - Standing Long Jump	60-64 Male	Jim	Harpole	Newhall	IA	М	62	6'09"	3	Bronze
Track & Field - Standing Long Jump	60-64 Male	Keith	Kauten	Coralville	IA	М	61	5'07"	4	
Track & Field - Standing Long Jump	65-69 Female	Paula	Schultz	Indianola	IA	F	68	5'04"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	David	Rainey	Waterloo	IA	М	67	7'09"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	David	Brandt	Sprague	NE	М	67	7'09"	1	Gold
Track & Field - Standing Long Jump	65-69 Male	Robert	Simmert	Roscoe	IL	М	65	7'03"	2 9	Silver
Track & Field - Standing Long Jump	65-69 Male	Steve	Schuette	Iowa City	IA	М	65	7'04"	2	Silver
Track & Field - Standing Long Jump	65-69 Male	John	Stamler	lowa City	IA	М	67	5'09"	3	Bronze
Track & Field - Standing Long Jump	65-69 Male	Dave	Ullom	Estherville	IA	М	67	5'06"	4	
Track & Field - Standing Long Jump	70-74 Female	Christine	Carroll	West Des Moines	IA	F	72	2'06"	1	Gold
Track & Field - Standing Long Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70	5'02"	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Patrick	Hauser	Lake Mills	WI	М	-	7'00"		Gold
Track & Field - Standing Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	М		7'00"		Silver
Track & Field - Standing Long Jump	70-74 Male	Gene	lwen	Columbus	NE	Μ		6'06"	3	Bronze
Track & Field - Standing Long Jump	70-74 Male	Dennis	Hinckley	Sioux Falls	SD	М		6'05"	4	
Track & Field - Standing Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	м	73	5'02"	5	
Track & Field - Standing Long Jump	75-79 Male	James	Trent	Midwest City	ОК	M	75	6'06"	1	Gold
Track & Field - Standing Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	M		6'05"		Gold
Track & Field - Standing Long Jump	75-79 Male	Ed	Dieleman	Ankeny	IA	M		5'05"		Silver
Track & Field - Standing Long Jump	75-79 Male	william	crider	swanton	OH	M		6'02"		Silver
Track & Field - Standing Long Jump	75-79 Male	Alan	Schenck	Clarinda	IA	M	-	5'04"		Bronze
	75-79 Male	Frank	Perez	West Des Moines	IA	M		4'11"	4	BIOIIZE
Track & Field - Standing Long Jump		FIGIIK	Ferez	West Des Montes			79	411	4	
Track & Field - Standing Long Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	4'08"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Martin	Zanger	Robbinsdale	MN	М	80	5'03"	1	Gold
Track & Field - Standing Long Jump	80-84 Male	Ken	Stewart	Batavia	ОН	М	81	4'05"	2 5	Silver
Track & Field - Standing Long Jump	85-89 Female	Marjorie	Beatty	Atkins	IA	F	87	3'11"	1	Gold
Track & Field - Standing Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	М	87	4'11"	1	Gold
Track & Field - Triple Jump	50-54 Male	Brian	Andrae	Orion	IL	M	54	31'01"	1	Gold
- P P								-		

Track & Field - Triple Jump	55-59 Female	Jacqueline	Riekena	West Des Moines	IA	F	56	8'08"	1	L Gold
Track & Field - Triple Jump	55-59 Male	Mark	Barinque	Lubbock	ΤX	М	55	26'06"	1	L Gold
Track & Field - Triple Jump	55-59 Male	Thomas	Shide	Urbandale	IA	М	58	26'01"	1	L Gold
Track & Field - Triple Jump	55-59 Male	Julius	Davis	New Brighton	MN	М	59	24'11"	2	2 Silver
· ·				Ŭ						
Track & Field - Triple Jump	60-64 Female	Judi	Clevenger	Alexis	IL	F	62	13'10"	1	L Gold
Track & Field - Triple Jump	60-64 Male	Mitch	Lyster	McCook	NE	М	64	32'09"	1	L Gold
Track & Field - Triple Jump	60-64 Male	Jeff	Pfundheller	Urbandale	IA	М	60	24'08"	1	L Gold
Track & Field - Triple Jump	60-64 Male	Dennis	Lehr	Orion	IL	М		25'08"	2	2 Silver
Track & Field - Triple Jump	60-64 Male	Randy	McDermott	Basehor	KS	М		25'02"		Bronze
· · ·		,								
Track & Field - Triple Jump	65-69 Male	Dan	Mehlbrech	Crooks	SD	М	69	29'04"	1	L Gold
Track & Field - Triple Jump	65-69 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М		26'03"	-	L Gold
Track & Field - Triple Jump	65-69 Male	Robert	Simmert	Roscoe	IL	M		27'02"		2 Silver
Track & Field - Triple Jump	65-69 Male	Steve	Schuette	Iowa City	IA	М		21'02"		2 Silver
Track & Field - Triple Jump	65-69 Male	John	Stamler	Iowa City	IA	М		17'03"		Bronze
Track & Field - Triple Jump	65-69 Male	David	Brandt	Sprague	NE	M		23'07"		Bronze
		24114		0010800						
Track & Field - Triple Jump	70-74 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	70	19'04"	1	L Gold
Track & Field - Triple Jump	70-74 Female	Catherine	Bishop	Versailles	KY	F		10'10"		2 Silver
	707110110	Cutherine	Distrop	Versuites			,,,	10 10		
Track & Field - Triple Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	74	21'02"	1	L Gold
Track & Field - Triple Jump	70-74 Male	Gene	lwen	Columbus	NE	М		20'06"		2 Silver
· ·										
Track & Field - Triple Jump	75-79 Male	John	Yarush	Lake Geneva	WI	М	75	23'10"	1	L Gold
Track & Field - Triple Jump	75-79 Male	Ron	Peterson	Waukee	IA	М	77	19'08"	1	L Gold
Track & Field - Triple Jump	75-79 Male	Ed	Dieleman	Ankeny	IA	М	76	15'00"	2	2 Silver
Track & Field - Triple Jump	75-79 Male	Alan	Schenck	Clarinda	IA	М	75	13'00"	-	Bronze
Track & Field - Triple Jump	75-79 Male	Frank	Perez	West Des Moines	IA	М		10'11"	4	1
· ·										
Track & Field - Triple Jump	80-84 Male	Rich	Hoidahl	Johnston	IA	М	80	14'01"	1	L Gold
		1	TRIATHLON	1		1	Į			1
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Triathlon	50-54 Female	Sonya	Heitshusen	West Des Moines	IA	F	54	1:17:04	1	Gold
Triathlon	50-54 Female	Julie	Summers	PELLA	IA	F	54	1:22:55	2	Silver
Triathlon	50-54 Female	Connie	McGarrah	Waukee	IA	F	50	1:27:57	3	Bronze
Triathlon	50-54 Female	Tracey	Yates	Story City	IA	F	53	1:43:44	4	5101120
Triathlon	50-54 Female	Gloria	Schettler	Indianola	IA	F	53	1:56:28	5	
	50-54 Tenidle	Siona			174			1.50.20	5	
Triathlon	55-59 Female	ALEKSANDRA	МІКІС	Des Moines	IA	F	56	1:20:16	1	Gold
Triathlon	55-59 Female	Jean	Dingeman	Des Moines	IA	F	57	1:23:54	2	Silver

Triathlon	60-64 Female	Ssang	Gebelein	West Des Moines	IA	F	62	1:35:15	1	Gold
Triathlon	60-64 Female	Joy	Feagins	Des Moines	IA	F	64	2:00:04	2	Silver
Triathlon	65-69 Female	ann	vestle	Cedar Rapids	IA	F	67	1:30:37	1	Gold
Triathlon	65-69 Female	Joyce	Burch	Des Moines	IA	F	66	1:33:52	2	Silver
Triathlon	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:03:45	1	Gold
Triathlon	50-54 Male	Christopher	Birler	Des Moines	IA	Μ	53	1:07:05	1	Gold
Triathlon	50-54 Male	Aaron	Cook	Indian Hills Drive	IA	Μ	50	1:13:08	2	Silver
Triathlon	50-54 Male	Nate	Marfal	Johnston	IA	Μ	51	1:13:24	3	Bronze
Triathlon	50-54 Male	Karl	Overton	Des Moines	IA	Μ	54	1:17:56	4	
Triathlon	50-54 Male	David	Wrobel	Ankeny	IA	Μ	51	1:35:09	5	
Triathlon	55-59 Male	Jeffrey	Mumma	Effingham	IL	М	57	1:09:57	1	Gold
Triathlon	55-59 Male	David	Schrader	Story Clty	IA	М	59	1:12:38	2	Silver
Triathlon	55-59 Male	Joel	Dentlinger	Des Moines	IA	М	57	1:14:47	3	Bronze
Triathlon	55-59 Male	Greg	Burmeister	Clive	IA	М	58	1:17:33	4	
Triathlon	55-59 Male	Roberto	Eizmendi	Urbandale	IA	М	56	1:18:22	5	
Triathlon	55-59 Male	Dave	Hartogh	Osage	IA	М	57	1:20:16	6	
Triathlon	55-59 Male	Tom	Vlach	City	IA	М	55	1:20:40	7	
Triathlon	55-59 Male	Bill	Walsh	Johnston	IA	М	55	1:22:15	8	
Triathlon	55-59 Male	william	henninger	newton	IA	М	58	1:28:28	9	
Triathlon	55-59 Male	Matthew	Hilsabeck	Boone	IA	М	55	1:34:04	10	
Triathlon	55-59 Male	Wayne	Ostergaard	Johnston	IA	М	58	1:36:26	11	
Triathlon	55-59 Male	Jim	Norland	Des Moines	IA	М	57	1:52:18	12	
Triathlon	60-64 Male	Steve	Mayberry	AMES	IA	М	60	1:15:15	1	Gold
Triathlon	60-64 Male	Robert	Phelps	Cedar Rapids	IA	М	64	1:18:33	2	Silver
Triathlon	60-64 Male	Andrew	Stroud	Des Moines	IA	М	63	1:26:35	3	Bronze
Triathlon	60-64 Male	John	Gorman	Dell Rapids	SD	М	63	1:38:12	4	
Triathlon	65-69 Male	Ricks	Polk	Hubbard	IA	М	65	1:16:03	1	Gold
Triathlon	65-69 Male	Paul	Riggs	Oskaloosa	IA	М	67	1:26:32	2	Silver
Triathlon	65-69 Male	Alan	Gross	Des Moines	IA	М	67	1:26:39	3	Bronze
Triathlon	65-69 Male	Johnny	Ytzen	Creston	IA	М	67	1:35:54	4	
Triathlon	70-74 Male	Steve	Boyd	Cedar Falls	IA	М	74	1:31:52	1	Gold
Triathlon	75-79 Male	Fred	Hemsath	Cedar Rapids	IA	M	78	1:33:25	1	Gold
			nemouth				,0	1.55.25	-	
Triathlon	80-84 Male	Harvey	Hutchings	Rochester	MN	M	81	2:13:55	1	Gold
	ou-o4 ividle	· ·	AM SPORTS RESU				101	2.13.33	<u> </u>	Goiu

		3 ON 3 BASKETBALL					
Event	Age Group		State	Gender	Record	Place	Medal
3 on 3 Basketball Men's Division	50+	Blues Brothers	IA	Μ	2 - 0	1	Gold
3 on 3 Basketball Men's Division	60+	Gunners	IA	M	1 - 1	1	Gold
3 on 3 Basketball Men's Division	60+	A Team	NM	M	0 - 2		Silver
3 on 3 Basketball Men's Division	70+	Minnesota Shooters	MN	M	1-1	1	Gold
3 on 3 Basketball Men's Division	75+	Bucketmasters	NE	M	2 - 0		Gold
3 on 3 Basketball Men's Division	75+	Vontage Hoopsters	IA	Μ	0 - 2	2	Silver
		GRANNY BASKETBALL					
Event	Age Group	Team Name	State	Gender	Record	Place	Medal
Granny Basketball	Group A	Sizzlers	IA	F		1	Gold
Granny Basketball	Group A	Fireflies	IA	F		2	Silver
Granny Basketball	Group A	Prairie Storm	IA	F		3	Bronze
Granny Basketball	Group B	Classic Chassis	IA	F		1	Gold
Granny Basketball	Group B	Twisters	IA	F		2	Silver
Granny Basketball	Group B	Late Bloomers	IA	F		3	Bronze
		TEAM SOFTBALL					
Event	Age Group	Team Name	State	Gender	Record	Place	Medal
Team Softball	50+	BlindFaith	IA	М	2-0	1	Gold
Team Softball	50+	CountrySide	IA	М	0-2	2	Silver
Team Softball	60+	Ex-Purts	IA	М	2-0	1	Gold
Team Softball	75+	Zimmer's Oldies	IA	М	0-2	2	Silver