

2021 Iowa Senior Games Road Race  
Results Sheet

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Road Race - 5K	50-54 Female	Tami	Draper	Des Moines	IA	F	51	28:20	1	Gold
Road Race - 5K	55-59 Female	Lori	Goetzinger	Carroll	IA	F	59	35:19	1	Gold
Road Race - 5K	60-64 Female	Susan	Fray	Clive	IA	F	61	24:12	1	Gold
Road Race - 5K	60-64 Female	Kathy	Ford	Clive	IA	F	64	43:00	2	Silver
Road Race - 5K	55-59 Male	Mark	Seaton	Urbandale	IA	M	59	21:14	1	Gold
Road Race - 5K	55-59 Male	Neil	Goetzinger	Carroll	IA	M	59	30:23	2	Silver
Road Race - 5K	60-64 Male	Monty	Hahn	INDIANOLA	IA	M	64	27:49	1	Gold
Road Race - 5K	65-69 Male	Mark	Joye	Waukee	IA	M	65	30:18	1	Gold
Road Race - 5K	70-74 Male	Mike	May	Indianola	IA	M	74	26:13	1	Gold
Road Race - 5K	70-74 Male	Roy	Ney	Des Moines	IA	M	73	27:10	2	Silver
Road Race - 5K	70-74 Male	Larry	Hamm	Des Moines	IA	M	73	27:46	3	Bronze
Road Race - 5K	70-74 Male	Simon	Casady	Des Moines	IA	M	72	28:13	4	
Road Race - 5K	75-79 Male	Dennis	Kruger	Dike	IA	M	79	24:40	1	Gold
Road Race - 10K	50-54 Female	Cinda	Blake	Wayland	IA	F	53	57:33	1	Gold
Road Race - 10K	60-64 Female	LuAnn	Ostergaard	Johnston	IA	F	63	1:05:22.6	1	Gold
Road Race - 10K	60-64 Female	Laurie	Canady	Iowa City	IA	F	63	1:32:33.9	2	Silver
Road Race - 10K	50-54 Male	Rob	Hammann	Pella	IA	M	50	42:50	1	Gold
Road Race - 10K	50-54 Male	Matt	Kamp	Clive	IA	M	52	52:22	2	Silver
Road Race - 10K	55-59 Male	John	Ross	Ottumwa	IA	M	59	46:55	1	Gold
Road Race - 10K	55-59 Male	Pat	Horton	West Des Moines	IA	M	59	49:34	2	Silver
Road Race - 10K	55-59 Male	John	DeAngelis	Des Moines	IA	M	57	58:37	3	Bronze
Road Race - 10K	60-64 Male	Rick	Scharff	West Des Moines	IA	M	60	45:04	1	Gold
Road Race - 10K	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	78	58:11	1	Gold