2020 RESULTS BOOK

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INDIVIDUAL SPORTS RESULTS										
BOWLING										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Bowling - Men's Doubles	50-54 Male	Jody	Faux	Des Moines	IA	M	53	1083	1	Gold
Bowling - Men's Doubles	50-54 Male	Mike	Mathews	Des Moines	IA	M	72	1083	1	Gold
Bowling - Men's Doubles	55-59 Male	Michael	Morgan	Polk City	IA	M	58	1111	1	Gold
Bowling - Men's Doubles	55-59 Male	Jim	Kopacek	Urbandale	IA	M	57	1111	1	Gold
Bowling - Men's Doubles	60-64 Male	Tim	Paulus	Urbandale	IA	M	63	972	1	Gold
Bowling - Men's Doubles	60-64 Male	Ted	Paulus	Champlin	MN	M	64	972	1	Gold
Bowling - Men's Doubles	70-74 Male	Gary	DenHartog	Des Moines	IA	M	73	1076	1	Gold
Bowling - Men's Doubles	70-74 Male	Gary	Schmerbeck	Des Moines	IA	M	71	1076	1	Gold
Bowling - Men's Doubles	75-79 Male	Denny	Torgerson	Urbandale	IA	M	78	1219	1	Gold
Bowling - Men's Doubles	75-79 Male	Danny	Gordon	West Des Moines	IA	M	77	1219	1	Gold
Bowling - Men's Doubles	75-79 Male	Ronald	Sorem	Nevada	IA	M	77	1120	2	Silver
Bowling - Men's Doubles	75-79 Male	Lowell	Huggins	Maxwell	IA	M	80	1120	2	Silver
Bowling - Women's Doubles	70-74 Female	Charlene	Montgormery	Des Moines	IA	F	71	827	1	Gold
Bowling - Women's Doubles	70-74 Female	Sandy	Mathews	Des Moines	IA	F	76	827	1	Gold
Bowling - Women's Doubles	80-84 Female	Judy	Unger	Ames	IA	F	83	946	1	Gold
Bowling - Women's Doubles	80-84 Female	Jan	Schmldt	Ames	IA	F	86	946	1	Gold
Bowling - Mixed Doubles	60-64	Kathy	DenHartog	DES MOINES	IA	F	63	923	1	Gold
Bowling - Mixed Doubles	60-64	Gary	DenHartog	DES MOINES	IA	M	73	923	1	Gold
Bowling - Mixed Doubles	60-64	Belinda	Smalley	Cambridge	IA	F	62	887	2	Silver
Bowling - Mixed Doubles	60-64	Ronald	Sorem	Nevada	IA	M	77	887	2	Silver
Bowling - Mixed Doubles	70-74	Mike	Mathews	Des Moines	IA	M	72	994	1	Gold
Bowling - Mixed Doubles	70-74	Sandy	Mathews	Des Moines	IA	F	76	994	1	Gold
Bowling - Mixed Doubles	70-74	Charlene	Montgormery	Des Moines	IA	F	71	831	2	Silver
Bowling - Mixed Doubles	70-74	Phil	Mckee	Des Moines	IA	M	92	831	2	Silver
Bowling - Mixed Doubles	80-84	Judy	Unger	Ames	IA	F	83	1067	1	Gold
Bowling - Mixed Doubles	80-84	Lowell	Huggins	Maxwell	IA	M	80	1067	1	Gold
Bowling - Singles	55-59 Male	Jim	Kopacek	Urbandale	IA	M	57	517	1	Gold
Bowling - Singles	60-64 Male	Len	Twaroski	Urbandale	IA	M	64	704	1	Gold
Bowling - Singles	60-64 Male	Ted	Paulus	Champlin	MN	M	64	538	2	Silver
Bowling - Singles	70-74 Male	Gary	DenHartog	DES MOINES	IA	M	73	582	1	Gold
Bowling - Singles	70-74 Male	Mike	Mathews	Des Moines	IA	M	72	522	2	Silver

***Record performances are highlighted in yellow

Bowling - Singles	70-74 Male	Gary	Schmerbeck	Des Moines	IA	M	71	435	3	Bronze
Bowling - Singles	75-79 Male	Ronald	Sorem	Nevada	IA	M	77	485	1	Gold
Bowling - Singles	80-84 Male	Lowell	Huggins	Maxwell	IA	M	80	600	1	Gold
Bowling - Singles	90-94 Male	Phil	Mckee	Des Moines	IA	M	92	387	1	Gold
Bowling - Singles	60-64 Female	Belinda	Smalley	Cambridge	IA	F	62	401	1	Gold
Bowling - Singles	60-64 Female	Kathy	DenHartog	DES MOINES	IA	F	63	361	2	Silver
Bowling - Singles	70-74 Female	Charlene	Montgormery	Des Moines	IA	F	71	332	1	Gold
Bowling - Singles	75-79 Female	Sandy	Mathews	Des Moines	IA	F	76	519	1	Gold
Bowling - Singles	80-84 Female	Judy	Unger	Ames	IA	F	83	476	1	Gold
DISC GOLF										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Disc Golf	50-54 Male	Bryan	Bane	Granger	IA	M	53	48	1	Gold
Disc Golf	65-69 Male	Kenneth	Mitchell	DES MOINES	IA	M	65	49	1	Gold
Disc Golf	65-69 Male	Mike	Kurtz	BOONE	IA	M	66	54	2	Silver
Disc Golf	75-79 Male	Ron	Peterson	Waukee	IA	M	76	57	1	Gold
Disc Golf	75-79 Male	Denny	Bane	Urbandale	IA	M	76	78	2	Silver
Disc Golf	85-89 Male	Carroll	Marty	Ames	IA	M	86	72	1	Gold
Disc Golf	85-89 Male	Bart	Young	Indianola	IA	M	89	84	2	Silver
GOLF										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Golf	50-54 Female	Rachael	OHanlon	DES MOINES	IA	F	50	81	1	Gold
Golf	50-54 Female	Jennifer	Clemen	Urbandale	IA	F	54	91	2	Silver
Golf	50-54 Female	Tami	Draper	Des Moines	IA	F	50	120	3	Bronze
Golf	55-59 Female	Tricia	Lloyd	Urbandale	IA	F	58	108	1	Gold
Golf	55-59 Male	Daryl	Wolff	West Burlington	IA	M	55	75	1	Gold
Golf	55-59 Male	Brent	Alexander	West Des Moines	IA	M	59	85	2	Silver
Golf	60-64 Male	Elliott	Smith	Des Moines	IA	M	61	77	1	Gold
Golf	60-64 Male	Bob	Askelson	Norwalk	IA	M	61	77	2	Silver
Golf	60-64 Male	Jim	Draper	Des Moines	IA	M	61	84	3	Bronze
Golf	65-69 Female	Judith	Rhodes	Omaha	NE	F	67	88	1	Gold
Golf	65-69 Male	Randy	Cullin	Iowa City	IA	M	65	76	1	Gold
Golf	65-69 Male	Gary	Myers	Urbandale	IA	M	67	79	2	Silver

***Record performances are highlighted in yellow

Golf	65-69 Male	Edward	McDaniel	Winterset	IA	M	67	82	3	Bronze
Golf	65-69 Male	Terry	Flattery	Fort Dodge	IA	M	65	85	4	
Golf	65-69 Male	Mark	McDowell	Hampton	IA	M	67	86	5	
Golf	65-69 Male	Dennis	Johnson	Tama	IA	M	67	86	6	
Golf	65-69 Male	John	Jordan	Boone	IA	M	67	91	7	
Golf	65-69 Male	Steve	Gustafson	Boone	IA	M	67	103	8	
Golf	70-74 Female	Sylvia	Lenz	Clive	IA	F	74	83	1	Gold
Golf	70-74 Female	Jane	O'Hollearn	Johnston	IA	F	70	90	2	Silver
Golf	70-74 Female	Joyce	Weigel	Earlham	IA	F	74	90	3	Bronze
Golf	70-74 Female	Diane	Cavanaugh	West Des Moines	IA	F	72	94	4	
Golf	70-74 Male	Larry	Castagnoli	Clive	IA	M	71	69	1	Gold
Golf	70-74 Male	Dennis	Baysinger	Norwalk	IA	M	71	71	2	Silver
Golf	70-74 Male	Jason	Douglas	West Des Moines	IA	M	70	78	3	Bronze
Golf	70-74 Male	Mike	Flattery	West Des Moines	IA	M	70	78	4	
Golf	70-74 Male	Steven	Hartman	Winterset	IA	M	70	81	5	
Golf	70-74 Male	Jim	Heger	Des Moines	IA	M	73	83	6	
Golf	70-74 Male	Mark	Braun	Ames	IA	M	71	85	7	
Golf	70-74 Male	Earl	Rutledge	tama	IA	M	74	103	8	
Golf	75-79 Female	Kay	Bromert	Urbandale	IA	F	75	102	1	Gold
Golf	75-79 Male	John	Eyerly	Winterset	IA	M	76	92	1	Gold
Golf	80-84 Female	Ellie	Radcliff	West Des Moines	IA	F	81	114	1	Gold
Golf	80-84 Male	Jerry	Ommen	tama	IA	M	80	82	1	Gold
Golf	80-84 Male	Robert	Cowan	Clive	IA	M	84	89	2	Silver
Golf	85-89 Male	Jim	Roan	Toledo	IA	M	88	82	1	Gold
HORSESHOES										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Horseshoes	50-54 Male	Bryan	Bane	Granger	IA	M	53	79	1	Gold
Horseshoes	65-69 Male	Tom	Stensland	Forest City	IA	M	69	156	1	Gold
Horseshoes	70-74 Male	Reggie	Crumes	Altoona	IA	M	74	154	1	Gold
Horseshoes	75-79 Male	Skip	Hills	Altoona	IA	M	75	198	1	Gold
Horseshoes	75-79 Male	Garen	Rains	Solon	IA	M	77	79	2	Silver
Horseshoes	85-89 Male	Bart	Young	Indianola	IA	M	89	51	1	Gold
Horseshoes	65-69 Female	Christine	Jordan	Peru	IA	F	69	106	1	Gold
Horseshoes	80-84 Female	Ronda	Moffatt	Homestead	IA	F	80	112	1	Gold

***Record performances are highlighted in yellow

PICKLEBALL										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	50-54	Tammy	Stone	Des moines	IA	F	54		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	50-54	Mike	Matera	Clive	IA	M	55		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	50-54	Tonni	Matera	Clive	IA	F	54		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	50-54	Arthur	Woodcock	West Des Moines	IA	M	65		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	55-59	Barb	Erickson	Massena	IA	F	59		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	55-59	Steve	Erickson	Massena	IA	M	57		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	60-64	Merle	Brendeland	Huxley	IA	M	68		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	60-64	Helen	Smith	Ankeny	IA	F	64		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	60-64	Kim	Thede	Urbandale	IA	F	61		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	60-64	Dennis	Lauterbach	West Des Moines	IA	M	66		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	65-69	Sharon	Sallee	Indianola	IA	F	73		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	65-69	Michael	Monohon	Indianola	IA	M	69		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	65-69	Linda	Sorg	Indianola	IA	F	69		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	65-69	Jan	Schmidt	Indianola	IA	M	72		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	70-74	Jeanne	Rost	Manson	IA	F	72		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	70-74	Delbert	Rost	Manson	IA	M	72		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	70-74	Marjorie	Leeper	Indianola	IA	F	71		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	70-74	Hugh	Hammond	urbandale	IA	M	75		2	Silver
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	80-84	Richard	Edington	West Des Moines	IA	M	80		1	Gold
Pickleball - Mixed Doubles | Division 3 (1.0-3.0)	80-84	Jan	Godfrey	West Des Moines	IA	F	81		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Jennifer	Clemen	Urbandale	IA	F	54		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Sean	Stevens	Urbandale	IA	M	54		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Don	Wright	Marion	IA	M	54		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Laurel	Derry	BLAIR	NE	F	60		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Manoj	Rajbhandary	Waukee	IA	M	53		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Jan	Davis	Des Moines	IA	F	59		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Jane	Stevens	Robins	IA	F	62		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	50-54	Steve	Jensen	Cedar Falls	IA	M	53		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Jackie	Peters	Cedar Rapids	IA	F	60		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	John	Peters	CEDAR RAPIDS	IA	M	55		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Kathleen	Macke	Carroll	IA	F	55		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Dean	Black	Somers	IA	M	59		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Denise	Fechner	Urbandale	IA	F	58		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Clifford	Cavalier	Norwalk	IA	M	60		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Kristine	Wilson	AMES	IA	F	56		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	55-59	Jim	Schoenrock	Ames	IA	M	61		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Deb	Holtkamp	Oakdale	MN	F	61		1	Gold

***Record performances are highlighted in yellow

Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Bryan	Kanis	Altoona	IA	M	62		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Gayle	Kelm	Cresco	IA	F	63		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	douglas	berg	CRESCO	IA	M	62		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Craig	Rhodes	Marshalltown	IA	M	69		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Brenda	Jones	Pella	IA	F	61		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Diane	Bonnstetter	Waukee	IA	F	60		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Denny	Warren	Ankeny	IA	M	73		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Rhonda	Buckley	Valley	NE	F	63		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Ted	Paulus	Champlin	MN	M	64		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Dawn	Vircks	Hiawatha	IA	F	63		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	60-64	Randy	Butler	Cedar Rapids	IA	M	61		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Pamela	Crain	Overland Park	KS	F	68		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	gene	berg	Litchfield	NH	M	68		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Susan	Kimball	Indianola	IA	F	67		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Tom	Kimball	Indianola	IA	M	68		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Michael	Berkey	LeGrand	IA	M	68		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Deanna	Berkey	LeGrand	IA	F	68		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Jerry	Armstrong	West Des Moines	IA	M	69		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	65-69	Nancy	Armstrong	West Des Moines	IA	F	70		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Meg	Vigmostad	FAIRFIELD	IA	F	72		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	David	Coffinger	Fairfield	IA	M	70		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Mary	Kurtz	Bettendorf	IA	F	71		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Craig	Humphreys	Davenport	IA	M	79		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Judith	Petersen	Bettendorf	IA	F	74		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Larry	Miller	Port Byron	IL	M	78		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Gail	Henderson	Atlantic	IA	F	72		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Bruce	Henderson	Atlantic	IA	M	72		3	Bronze
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Raymond	Beauregard	Johnston	IA	M	72		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74	Kim	Taylor	Des Moines	IA	F	72		4	
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	75-79	David	Langrock	Davenport	IA	M	78		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	75-79	Barbara	Shinbori	Davenport	IA	F	76		1	Gold
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	75-79	Theodore (Ted)	Anderson	Ankeny	IA	M	75		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	75-79	Connie	Lidster	Adel	IA	F	76		2	Silver
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	50-54 Female	Tammy	Stone	Des moines	IA	F	54		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	50-54 Female	Barb	Jeffrey	Urbandale	IA	F	62		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	55-59 Female	Shari	Mertens	Grinnell	IA	F	60		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	55-59 Female	Deborah 'Doby'	Williams	Toledo	IA	F	59		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	60-64 Female	Michelle	McKelvogue	West Des Moines	IA	F	61		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	60-64 Female	Kim	Thede	Urbandale	IA	F	61		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	60-64 Female	Judith	Kanis	Altoona	IA	F	63		2	Silver
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	60-64 Female	Karol	Crumes	Altoona	IA	F	68		2	Silver

***Record performances are highlighted in yellow

Pickleball - Women's Doubles | Division 3 (1.0-3.0)	65-69 Female	Linda	Sorg	Indianola	IA	F	69		1	Gold
Pickleball - Women's Doubles | Division 3 (1.0-3.0)	65-69 Female	Marjorie	Leeper	Indianola	IA	F	71		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Kathleen	Macke	Carroll	IA	F	55		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Kelly	Schubert	Carroll	IA	F	60		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Angela	Edmonson	Urbandale	IA	F	59		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Jan	Davis	Des Moines	IA	F	59		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Kris	Miller	West Des Moines	IA	F	55		3	Bronze
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Cathie	Beals	West Des Moines	IA	F	60		3	Bronze
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Jennifer	Roberts	West Des Moines	IA	F	64		4	
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	55-59 Female	Denise	Fechner	Urbandale	IA	F	58		4	
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Laurel	Derry	BLAIR	NE	F	60		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Rhonda	Buckley	Valley	NE	F	63		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Dawn	Vircks	Hiawatha	IA	F	63		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Jane	Stevens	Robins	IA	F	62		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Jill	Allen	Grinnell	IA	F	60		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Linda	Erickson	Sioux Falls	SD	F	62		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Diane	Bonnstetter	Waukee	IA	F	60		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Susan	Kimball	Indianola	IA	F	67		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Barb	Brondyke	Clinton	IA	F	64		3	Bronze
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	60-64 Female	Jackie	Peters	Cedar Rapids	IA	F	60		3	Bronze
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Susan	Peters	Independence	MO	F	67		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Susan	Burton	Independence	MO	F	65		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Roxanne	Kulman	Fort Dodge	IA	F`	65		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Dianne	Krebs	Fort Dodge	IA	F	67		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Pamela	Crain	Overland Park	KS	F	68		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	65-69 Female	Karen	White	Blue Springs	MO	F	69		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	70-74 Female	Judith	Petersen	Bettendorf	IA	F	74		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	70-74 Female	Barbara	Shinbori	Davenport	IA	F	76		1	Gold
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	70-74 Female	Gail	Henderson	Atlantic	IA	F	72		2	Silver
Pickleball - Women's Doubles | Division 2 (3.5-4.0)	70-74 Female	Jeanne	Rost	Manson	IA	F	72		2	Silver
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	Mike	Matera	Clive	IA	M	55		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	Arthur	Woodcock	West Des Moines	IA	M	65		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	John	Bolin	Ankeny	IA	M	57		2	Silver
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	Jay	Fifield	Windsor Heights	IA	M	57		2	Silver
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	Brent	Alexander	West Des Moines	IA	M	59		3	Bronze
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	55-59 Male	Jeoff	Block	West Des Moines	IA	M	59		3	Bronze
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	65-69 Male	Dennis	Lauterbach	West Des Moines	IA	M	66		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	65-69 Male	Tom	Stenger	West Des Moines	IA	M	67		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	65-69 Male	Michael	Monohon	Indianola	IA	M	69		2	Silver
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	65-69 Male	Jan	Schmidt	Indianola	IA	M	72		2	Silver

***Record performances are highlighted in yellow

Pickleball - Men's Doubles | Division 3 (1.0-3.0)	70-74 Male	Mark	Ferner	Urbandale	IA	M	71		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	70-74 Male	Sid	Gordon	West Des Moines	IA	M	71		1	Gold
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	70-74 Male	Brian	Donahue	Waukee	IA	M	73		2	Silver
Pickleball - Men's Doubles | Division 3 (1.0-3.0)	70-74 Male	Mike	Copple	Norwalk	IA	M	73		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Manoj	Rajbhandary	Waukee	IA	M	53		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Sean	Stevens	Urbandale	IA	M	54		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Rob	Paulsen	Clive	IA	M	50		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Steve	Erickson	Massena	IA	M	57		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Don	Wright	Marion	IA	M	54		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	BOB	HARPER	Johnston	IA	M	59		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Michael	McKillip	West Des Moines	IA	M	51		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	50-54 Male	Graeme	Armstrong	Waukee	IA	M	62		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Andy	Kennebeck	Fort Dodge	IA	M	58		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Dean	Black	Somers	IA	M	59		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Lane	Williams	Toledo	IA	M	59		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Mike	Mertens	Grinnell	IA	M	57		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Tom	Teggatz	Hampton	IA	M	56		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Dave	Krukow	Hampton	IA	M	59		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	John	Peters	Cedar Rapids	IA	M	55		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	55-59 Male	Leland	Harker	West Des Moines	IA	M	62		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	douglas	berg	Cresco	IA	M	62		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	bruce	newhouse	Decorah	IA	M	62		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	Clifford	Cavalier	Norwalk	IA	M	60		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	Bruce	Wagner	Waukee	IA	M	60		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	Mike	Williams	Marshalltown	IA	M	62		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	60-64 Male	Robert	Anson	Marshalltown	IA	M	71		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Michael	Berkey	LeGrand	IA	M	68		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Craig	Rhodes	Marshalltown	IA	M	69		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Craig	Minnich	Overland Park	KS	M	66		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Bob	Dickerson	Overland Park	KS	M	68		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Tom	Kimball	Indianola	IA	M	68		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Denny	Warren	Ankeny	IA	M	73		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Lowell	Snyder	Adel	IA	M	77		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	RD	Core	Des Moines	IA	M	67		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Merle	Brendeland	Huxley	IA	M	68		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	gene	berg	Litchfield	NH	M	68		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Tom	Suckow	West Des Moines	IA	M	67		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	65-69 Male	Bruce	Harris	Osceola	IA	M	68		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	Glenn	Graf	Mt Pleasant	IA	M	70		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	David	Coffinger	Fairfield	IA	M	70		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	Craig	Hamilton	Altoona	IA	M	72		2	Silver

***Record performances are highlighted in yellow

Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	70-74 Male	Hugh	Hammond	urbandale	IA	M	75		2	Silver
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	William	Stalter	Urbandale	IA	M	72		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	Terry	Pogge	Ankeny	IA	M	73		3	Bronze
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	Jim	Barns	Bella Vista	AR	M	72		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	70-74 Male	Kent	Cocking	State Center	IA	M	70		4	
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	75-79 Male	David	Langrock	Davenport	IA	M	78		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	75-79 Male	Larry	Miller	Port Byron	IL	M	78		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	75-79 Male	Denny	Bane	Urbandale	IA	M	76		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	75-79 Male	Ron	Peterson	Waukee	IA	M	76		1	Gold
Pickleball - Men's Doubles | Division 2 (3.5-4.0)	75-79 Male	Theodore (Ted)	Anderson	Ankeny	IA	M	75		2	Silver
Pickleball - Mixed Doubles | Division 2 (3.5-4.0)	75-79 Male	Richard	Edington	W DES MOINES	IA	M	80		2	Silver
Pickleball - Men's Doubles | Division 1 (4.5-5.0)	60-64 Male	Rob	Paulsen	Clive	IA	M	50		1	Gold
Pickleball - Men's Doubles | Division 1 (4.5-5.0)	60-64 Male	Steve	Stone	Des Moines	IA	M	62		1	Gold
Pickleball - Singles | Division 3 (1.0-3.0)	50-54 Female	Tammy	Stone	Des moines	IA	F	54		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	50-54 Female	Jennifer	Clemen	Urbandale	IA	F	54		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	55-59 Female	Angela	Edmonson	Urbandale	IA	F	59		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Female	Linda	Erickson	Sioux Falls	SD	F	62		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Female	Jackie	Peters	Cedar Rapids	IA	F	60		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Female	Diane	Bonnstetter	Waukee	IA	F	60		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Female	Jane	Stevens	Robins	IA	F	62		3	Bronze
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Female	Susan	Peters	Independence	MO	F	67		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Female	Susan	Burton	Independence	MO	F	65		2	Silver
Pickleball - Singles | Division 3 (1.0-3.0)	55-59 Male	Jeoff	Block	West Des Moines	IA	M	59		1	Gold
Pickleball - Singles | Division 3 (1.0-3.0)	55-59 Male	Brent	Alexander	West Des Moines	IA	M	59		2	Silver
Pickleball - Singles | Division 3 (1.0-3.0)	55-59 Male	Steve	Erickson	Massena	IA	M	57		3	Bronze
Pickleball - Singles | Division 3 (1.0-3.0)	70-74 Male	Jan	Schmidt	Indianola	IA	M	72		1	Gold
Pickleball - Singles | Division 3 (1.0-3.0)	70-74 Male	Mike	Copple	Norwalk	IA	M	73		2	Silver
Pickleball - Singles | Division 3 (1.0-3.0)	75-79 Male	Larry	Lehrkamp	Willis	TX	M	75		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	50-54 Male	Rob	Paulsen	Clive	IA	M	50		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	50-54 Male	Don	Wright	Marion	IA	M	54		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	55-59 Male	Mike	Mertens	Grinnell	IA	M	57		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	55-59 Male	Dean	Black	Somers	IA	M	59		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	55-59 Male	John	Peters	CEDAR RAPIDS	IA	M	55		3	Bronze
Pickleball - Singles | Division 2 (3.5-4.0)	55-59 Male	Tom	Teggatz	Hampton	IA	M	56		4	

***Record performances are highlighted in yellow

Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Male	Mike	Williams	Marshalltown	IA	M	62		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Male	douglas	berg	CRESCO	IA	M	62		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Male	bruce	newhouse	decorah	IA	M	62		3	Bronze
Pickleball - Singles | Division 2 (3.5-4.0)	60-64 Male	Graeme	Armstrong	Waukee	IA	M	62		4	
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	Chuck	Auer	Lee's Summit	MO	M	68		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	Craig	Rhodes	Marshalltown	IA	M	69		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	CRAIG	MINNICH	OVERLAND PARK	KS	M	66		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	Michael	Berkey	LeGrand	IA	M	68		2	Silver
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	Merle	Brendeland	Huxley	IA	M	68		3	Bronze
Pickleball - Singles | Division 2 (3.5-4.0)	65-69 Male	George	Rivera-Davis	Des Moines	IA	M	68		4	
Pickleball - Singles | Division 2 (3.5-4.0)	70-74 Male	Denny	Warren	Ankeny	IA	M	73		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	75-79 Male	Theodore (Ted)	Anderson	Ankeny	IA	M	75		1	Gold
Pickleball - Singles | Division 2 (3.5-4.0)	75-79 Male	Cecil	Roth	Geneseo	IL	M	76		2	Silver
Tennis										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Age**	**Gender**	**Result**	**Place**	**Medal**
Tennis - Men's Doubles	50-54 Male	Dan	Polson	Des Moines	IA	50	M		2	Silver
Tennis - Men's Doubles	50-54 Male	Gennaro	Ligouri	Des Moines	IA	70	F		2	Silver
Tennis - Men's Doubles	50-54 Male	Brian	Rohr	Iowa City	IA	53	M		1	Gold
Tennis - Men's Doubles	50-54 Male	Fred	Pedersen	Iowa City	IA	61	M		1	Gold
Tennis - Men's Doubles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	60	M		1	Gold
Tennis - Men's Doubles	60-64 Male	john	wenzel	COUNCIL BLUFFS	IA	68	M		1	Gold
Tennis - Men's Doubles	75-79 Male	Hugh	Hammond	urbandale	IA	75	M		1	Gold
Tennis - Men's Doubles	75-79 Male	Phil	Schroeder	West Des Moines	IA	78	M		1	Gold
Tennis - Women's Doubles	50-54 Female	Debbie	Mackaman	Ankeny	IA	54	F		1	Gold
Tennis - Women's Doubles	50-54 Female	Becky	Flander	Ankeny	IA	57	F		1	Gold
Tennis - Women's Doubles	55-59 Female	Janalee	Kosowski	Cedar Rapids	IA	66	F		1	Gold
Tennis - Women's Doubles	55-59 Female	Penny	Raia	Cedar Rapids	IA	56	F		1	Gold
Tennis - Mixed Doubles	50-54	Brian	Rohr	Iowa City	IA	53	M		1	Gold
Tennis - Mixed Doubles	50-54	Penny	Raia	Cedar Rapids	IA	56	F		1	Gold
Tennis - Mixed Doubles	50-54	Joseph	Lopez-Wilson	Omaha	NE	60	M		1	Gold
Tennis - Mixed Doubles	50-54	Tammy	Bourland	Omaha	NE	53	F		1	Gold
Tennis - Mixed Doubles	60-64	Patti	Rolf	Northboro	IA	62	F		1	Gold
Tennis - Mixed Doubles	60-64	Russ	Dailey	Shenandoah	IA	61	M		1	Gold
Tennis - Mixed Doubles	60-64	john	wenzel	COUNCIL BLUFFS	IA	68	M		1	Gold
Tennis - Mixed Doubles	60-64	Eileen	Halpine	Omaha	NE	56	F		1	Gold

Tennis - Singles	50-54 Male	Dan	Polson	Des Moines	IA	50	M		2	Silver
Tennis - Singles	50-54 Male	Brian	Rohr	Iowa City	IA	53	M		1	Gold
Tennis - Singles	55-59 Male	Mike	Conlon	Urbandale	IA	58	M		1	Gold
Tennis - Singles	60-64 Male	Joseph	Lopez-Wilson	Omaha	NE	60	M		1	Gold
Tennis - Singles	60-64 Male	Fred	Pedersen	Iowa City	IA	61	M		1	Gold
Tennis - Singles	60-64 Male	Russ	Dailey	Shenandoah	IA	61	M		2	Silver
Tennis - Singles	70-74 Male	Gennaro	Ligouri	Des Moines	IA	70	F		1	Gold
Tennis - Singles	75-79 Male	Phil	Schroeder	West Des Moines	IA	78	M		1	Gold
Tennis - Singles	75-79 Male	Gary	McCoy	De Soto	KS	75	M		1	Gold
Tennis - Singles	55-59 Female	Penny	Raia	Cedar Rapids	IA	56	F		1	Gold
Tennis - Singles	60-64 Female	Patti	Rolf	Northboro	IA	62	F		1	Gold
Tennis - Singles	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	66	F		1	Gold
Triathlon										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gendar**	**Age**	**Time**	**Place**	**Medal**
Triathlon	50-54 | Female	Sarah	Patterson	Panora	IA	F	54	1:12:20	1	Gold
Triathlon	50-54 | Female	Sandy	Leiferman	Newton	IA	F	50	1:15:32	2	Silver
Triathlon	50-54 | Female	Shelley	Goecke	Marshalltown	IA	F	53	1:21:07	3	Bronze
Triathlon	55-59 | Female	Jean	Dingeman	Des Moines	IA	F	56	1:11:54	1	Gold
Triathlon	55-59 | Female	Sherri	Huff	Winterset	IA	F	58	1:12:18	2	Silver
Triathlon	55-59 | Female	Heather	Stilborn	Clive	IA	F	58	1:19:31	3	Bronze
Triathlon	55-59 | Female	Joleen	Henning	Polk city	IA	F	57	1:19:42	4	
Triathlon	55-59 | Female	Martha	Van Walbeek	Monroe	IA	F	55	1:24:34	5	
Triathlon	55-59 | Female	Mary	Spreng	Arion	IA	F	55	1:28:01	6	
Triathlon	60-64 | Female	Ssang	Gebelein	West Des Moines	IA	F	61	1:23:21	1	Gold
Triathlon	60-64 | Female	Joy	Bonnett	Des Moines	IA	F	63	1:48:08	2	Silver
Triathlon	65-69 | Female	Ann	Vestle	Cedar Rapids	IA	F	66	1:19:29	1	Gold
Triathlon	65-69 | Female	Joyce	Burch	Des Moines	IA	F	65	1:24:34	2	Silver
Triathlon	50-54 | Male	Barry	Breffle	Cedar Rapids	IA	M	50	0:51:47	1	Gold
Triathlon	50-54 | Male	Reed	Rinderknecht	Des Moines	IA	M	50	0:56:10	2	Silver
Triathlon	50-54 | Male	Chris	Mielke	Des Moines	IA	M	50	0:58:00	3	Bronze
Triathlon	50-54 | Male	Christopher	Birler	Des Moines	IA	M	52	1:00:42	4	
Triathlon	50-54 | Male	Eduardo	Perez	Eldridge	IA	M	53	1:04:01	5	
Triathlon	50-54 | Male	Matthew	Rodine	Des Moines	IA	M	50	1:04:57	6	
Triathlon	50-54 | Male	Thomas	Wubben	Ankeny	IA	M	54	1:08:43	7	
Triathlon	50-54 | Male	Tom	Vlach	Des Moines	IA	M	54	1:09:02	8	

***Record performances are highlighted in yellow

Triathlon	50-54 | Male	John	Urban	Urbandale	IA	M	53	1:09:59	9	
Triathlon	50-54 | Male	Stephen	Ash	West Des Moines	IA	M	53	1:12:30	10	
Triathlon	55-59 | Male	Jeffery	Gust	Des Moines	IA	M	57	1:05:23	1	Gold
Triathlon	55-59 | Male	Joel	Dentlinger	Des Moines	IA	M	56	1:07:56	2	Silver
Triathlon	55-59 | Male	Darren	Knopic	Des Moines	IA	M	58	1:08:39	3	Bronze
Triathlon	60-64 | Male	Ricks	Polk	Hubbard	IA	M	64	1:06:29	1	Gold
Triathlon	60-64 | Male	Robert	Phelps	Cedar Rapids	IA	M	63	1:10:12	2	Silver
Triathlon	60-64 | Male	Andrew	Stroud	Des Moines	IA	M	62	1:14:57	3	Bronze
Triathlon	60-64 | Male	Tom	Loch	Dubuque	IA	M	63	1:17:03	4	
Triathlon	65-69 | Male	Tom	Snyder	Sanborn	IA	M	66	1:12:35	1	Gold
Triathlon	65-69 | Male	Paul	Riggs	Oskaloosa	IA	M	66	1:16:14	2	Silver
Triathlon	75-79 | Male	Fred	Hemsath	Cedar Rapids	IA	M	77	1:19:34	1	Gold

Virtual Swim Meet

Event	Age Group	First Name	Last Name	City	State	Gendar	Age	Result	Place	Medal
Virtual Swim Meet - 50 Freestyle	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	48.02	1	Gold
Virtual Swim Meet - 50 Freestyle	65-69 Female	Barb	Ewest	Ankeny	IA	F	67	1:10.00	1	Gold
Virtual Swim Meet - 50 Freestyle	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	48.80	1	Gold
Virtual Swim Meet - 50 Freestyle	55-59 Male	James	Thrasher	Little Rock	AR	M	59	34.00	1	Gold
Virtual Swim Meet - 50 Freestyle	70-74 Male	Mick	Barry	Ankeny	IA	M	70	28.50	1	Gold
Virtual Swim Meet - 50 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	50.00	2	Silver
Virtual Swim Meet - 50 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	M	80	59.30	1	Gold
Virtual Swim Meet - 100 Freestyle	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	1:49.00	1	Gold
Virtual Swim Meet - 100 Freestyle	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	1:48.80	1	Gold
Virtual Swim Meet - 100 Freestyle	55-59 Male	James	Thrasher	Little Rock	AR	M	59	1:29.00	1	Gold
Virtual Swim Meet - 100 Freestyle	70-74 Male	Mick	Barry	Ankeny	IA	M	70	1:07.80	1	Gold
Virtual Swim Meet - 100 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	1:48.00	2	Silver
Virtual Swim Meet - 100 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	M	80	2:19.80	1	Gold
Virtual Swim Meet - 200 Freestyle	55-59 Female	Pamela	Walston	Hoover	AL	F	57	3:19.00	1	Gold
Virtual Swim Meet - 200 Freestyle	55-59 Male	James	Thrasher	Little Rock	AR	M	59	3:49.00	1	Gold
Virtual Swim Meet - 200 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	4:17.00	1	Gold

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Virtual Swim Meet - 200 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	M	80	4:53.01	1	Gold
Virtual Swim Meet - 50 Breaststroke	55-59 Female	Pamela	Walston	Hoover	AL	F	57	1:01.00	1	Gold
Virtual Swim Meet - 50 Breaststroke	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	48.71	1	Gold
Virtual Swim Meet - 50 Breaststroke	65-69 Female	Barb	Ewest	Ankeny	IA	F	67	1:22.00	1	Gold
Virtual Swim Meet - 50 Breaststroke	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	58.24	1	Gold
Virtual Swim Meet - 50 Breaststroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	52.00	1	Gold
Virtual Swim Meet - 50 Breaststroke	70-74 Male	Mick	Barry	Ankeny	IA	M	70	39.51	1	Gold
Virtual Swim Meet - 50 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	1:19.00	2	Silver
Virtual Swim Meet - 50 Breaststroke	80-84 Male	Ken	Stewart	Batavia	OH	M	80	1:27.80	1	Gold
Virtual Swim Meet - 100 Breaststroke	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	2:31.40	1	Gold
Virtual Swim Meet - 100 Breaststroke	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	2:09.20	1	Gold
Virtual Swim Meet - 100 Breaststroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	2:04.00	1	Gold
Virtual Swim Meet - 100 Breaststroke	70-74 Male	Mick	Barry	Ankeny	IA	M	70	1:30.50	1	Gold
Virtual Swim Meet - 100 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	2:50.00	2	Silver
Virtual Swim Meet - 100 Breaststroke	80-84 Male	Ken	Stewart	Batavia	OH	M	80	3:30.50	1	Gold
Virtual Swim Meet - 200 Breaststroke	55-59 Female	Pamela	Walston	Hoover	AL	F	57	4:23.00	1	Gold
Virtual Swim Meet - 200 Breaststroke	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	5:24.00	1	Gold
Virtual Swim Meet - 200 Breaststroke	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	4:54.00	1	Gold
Virtual Swim Meet - 200 Breaststroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	4:25.00	1	Gold
Virtual Swim Meet - 200 Breaststroke	70-74 Male	Mick	Barry	Ankeny	IA	M	70	3:15.30	1	Gold
Virtual Swim Meet - 200 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	6:25.00	2	Silver
Virtual Swim Meet - 50 Backstroke	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	1:03.00	1	Gold
Virtual Swim Meet - 50 Backstroke	65-69 Female	Barb	Ewest	Ankeny	IA	F	67	1:23.00	1	Gold
Virtual Swim Meet - 50 Backstroke	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	1:10.90	1	Gold
Virtual Swim Meet - 50 Backstroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	54.00	1	Gold

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Virtual Swim Meet - 50 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	67	1:43.00	1	Gold
Virtual Swim Meet - 50 Backstroke	70-74 Male	Mick	Barry	Ankeny	IA	M	70	37.39	1	Gold
Virtual Swim Meet - 50 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	1:08.00	2	Silver
Virtual Swim Meet - 50 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	M	80	1:10.30	1	Gold
Virtual Swim Meet - 100 Backstroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	1:58.00	1	Gold
Virtual Swim Meet - 100 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	67	3:57.00	1	Gold
Virtual Swim Meet - 100 Backstroke	70-74 Male	Mick	Barry	Ankeny	IA	M	70	1:35.50	1	Gold
Virtual Swim Meet - 100 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	2:33.00	2	Silver
Virtual Swim Meet - 100 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	M	80	2:41.60	1	Gold
Virtual Swim Meet - 200 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	67	3:35.40	1	Gold
Virtual Swim Meet - 200 Backstroke	55-59 Male	James	Thrasher	Little Rock	AR	M	59	4:31.00	1	Gold
Virtual Swim Meet - 200 Backstroke	65-69 Male	Brad	Ewest	Ankeny	IA	M	67	8:03.00	1	Gold
Virtual Swim Meet - 200 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	5:29.00	1	Gold
Virtual Swim Meet - 200 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	M	80	6:08.70	1	Gold
Virtual Swim Meet - 50 Butterfly	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	58.69	1	Gold
Virtual Swim Meet - 50 Butterfly	55-59 Male	James	Thrasher	Little Rock	AR	M	59	54.00	1	Gold
Virtual Swim Meet - 50 Butterfly	70-74 Male	Mick	Barry	Ankeny	IA	M	70	32.58	1	Gold
Virtual Swim Meet - 50 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	56.00	2	Silver
Virtual Swim Meet - 100 Butterfly	55-59 Male	James	Thrasher	Little Rock	AR	M	59	2:21.00	1	Gold
Virtual Swim Meet - 100 Butterfly	70-74 Male	Mick	Barry	Ankeny	IA	M	70	1:22.90	1	Gold
Virtual Swim Meet - 100 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	2:10.00	2	Silver
Virtual Swim Meet - 200 Butterfly	55-59 Female	Pamela	Walston	Hoover	AL	F	57	4:22.00	1	Gold
Virtual Swim Meet - 200 Butterfly	55-59 Male	James	Thrasher	Little Rock	AR	M	59	4:49.00	1	Gold
Virtual Swim Meet - 200 Butterfly	70-74 Male	Mick	Barry	Ankeny	IA	M	70	3:10.20	1	Gold
Virtual Swim Meet - 200 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	5:45.00	2	Silver
Virtual Swim Meet - 100 Individual Medley	65-69 Female	Cindy	Hauber	Ames	IA	F	67	1:40.10	1	Gold

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Virtual Swim Meet - 100 Individual Medley	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	2:15.00	1	Gold
Virtual Swim Meet - 100 Individual Medley	55-59 Male	James	Thrasher	Little Rock	AR	M	59	1:52.00	1	Gold
Virtual Swim Meet - 100 Individual Medley	70-74 Male	Mick	Barry	Ankeny	IA	M	70	1:17.10	1	Gold
Virtual Swim Meet - 100 Individual Medley	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	2:19.00	2	Silver
Virtual Swim Meet - 200 Individual Medley	65-69 Female	Cindy	Hauber	Ames	IA	F	67	3:33.30	1	Gold
Virtual Swim Meet - 200 Individual Medley	55-59 Male	James	Thrasher	Little Rock	AR	M	59	4:23.00	1	Gold
Virtual Swim Meet - 200 Individual Medley	70-74 Male	Mick	Barry	Ankeny	IA	M	70	2:50.50	1	Gold
Virtual Swim Meet - 200 Individual Medley	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	5:13.00	2	Silver
Virtual Swim Meet - Distance Event	60-64 Female	Diane	Kealy Lincoln	Hartford	WI	F	63	20064 yds	1	Gold
Virtual Swim Meet - Distance Event	50-54 Male	Hakan	Eksi	Overland Park	KS	M	51	1257.65 yds	1	Gold
Virtual Swim Meet - Distance Event	70-74 Male	Alan	Schenck	Clarinda	IA	M	74	4175 yds	1	Gold
Virtual Track Meet										
Event	**Age Group**	**First Name**	**Last Name**	**City**	**State**	**Gender**	**Age**	**Result**	**Place**	**Medal**
Virtual Track Meet - 50 M Dash	50 - 54 Female	Rachelle	Mattson	Cedar Falls	IA	F	50	9.02	1	Gold
Virtual Track Meet - 50 M Dash	65 - 69 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	69	9.78	1	Gold
Virtual Track Meet - 50 M Dash	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	7.03	1	Gold
Virtual Track Meet - 50 M Dash	55 - 59 Male	Ashley	Wagel	Marion	IA	M	55	6.84	1	Gold
Virtual Track Meet - 50 M Dash	60 - 64 Male	David	Wilson	Garrison	IA	M	63	7.43	1	Gold
Virtual Track Meet - 50 M Dash	70 - 74 Male	Steve	Bertholf	OTTERTAIL	MN	M	73	7.66	1	Gold
Virtual Track Meet - 50 M Dash	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	7.89	2	Silver
Virtual Track Meet - 50 M Dash	75 - 79 Male	James	Snook	Overland Park	KS	M	78	8.66	1	Gold
Virtual Track Meet - 50 M Dash	80 - 84 Male	Ken	Stewart	Batavia	OH	M	80	11.10	1	Gold
Virtual Track Meet - 100 M Dash	50 - 54 Female	Rachelle	Mattson	Cedar Falls	IA	F	50	17.52	1	Gold
Virtual Track Meet - 100 M Dash	60 - 64 Female	Susan	Fray	Clive	IA	F	60	17.53	1	Gold
Virtual Track Meet - 100 M Dash	65 - 69 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	69	19.93	1	Gold
Virtual Track Meet - 100 M Dash	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	14.66	1	Gold

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Virtual Track Meet - 100 M Dash	55 - 59 Male	Ashley	Wagel	Marion	IA	M	55	14.02	1	Gold
Virtual Track Meet - 100 M Dash	60 - 64 Male	David	Wilson	Garrison	IA	M	63	14.21	1	Gold
Virtual Track Meet - 100 M Dash	70 - 74 Male	Steve	Bertholf	OTTERTAIL	MN	M	73	15.32	1	Gold
Virtual Track Meet - 100 M Dash	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	15.75	2	Silver
Virtual Track Meet - 100 M Dash	75 - 79 Male	Gary	Patton	Rock Rapids	IA	M	75	16.86	1	Gold
Virtual Track Meet - 100 M Dash	75 - 79 Male	James	Snook	Overland Park	KS	M	78	17.75	2	Silver
Virtual Track Meet - 100 M Dash	80 - 84 Male	Ken	Stewart	Batavia	OH	M	80	23.20	1	Gold
Virtual Track Meet - 200 M Dash	50 - 54 Female	Rachelle	Mattson	Cedar Falls	IA	F	50	38.53	1	Gold
Virtual Track Meet - 200 M Dash	60 - 64 Female	Susan	Fray	Clive	IA	F	60	37.82	1	Gold
Virtual Track Meet - 200 M Dash	65 - 69 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	69	46.50	1	Gold
Virtual Track Meet - 200 M Dash	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	31.08	1	Gold
Virtual Track Meet - 200 M Dash	50 - 54 Male	Timothy	Hellyer	Branson	MO	M	53	32.74	2	Silver
Virtual Track Meet - 200 M Dash	55 - 59 Male	Doug	Arndt	Stockton	IL	M	57	33.00	1	Gold
Virtual Track Meet - 200 M Dash	55 - 59 Male	Larry	Harris	Brighton	IA	M	58	1:00.02	1	Gold
Virtual Track Meet - 200 M Dash	60 - 64 Male	David	Wilson	Garrison	IA	M	63	29.58	1	Gold
Virtual Track Meet - 200 M Dash	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	34.64	1	Gold
Virtual Track Meet - 200 M Dash	75 - 79 Male	Gary	Patton	Rock Rapids	IA	M	75	35.00	1	Gold
Virtual Track Meet - 200 M Dash	75 - 79 Male	James	Snook	Overland Park	KS	M	78	38.94	2	Silver
Virtual Track Meet - 200 M Dash	80 - 84 Male	Ken	Stewart	Batavia	OH	M	80	51.40	1	Gold
Virtual Track Meet - 400 M Run	60 - 64 Female	Susan	Fray	Clive	IA	F	60	1:22.68	1	Gold
Virtual Track Meet - 400 M Run	65 - 69 Female	Coralyn	Duhlstine Feeney	East Moline	IL	F	69	1:55.66	1	Gold
Virtual Track Meet - 400 M Run	50 - 54 Male	Timothy	Hellyer	Branson	MO	M	53	1:13.12	1	Gold
Virtual Track Meet - 400 M Run	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	1:13.57	2	Silver
Virtual Track Meet - 400 M Run	55 - 59 Male	Doug	Arndt	Stockton	IL	M	57	1;15.00	1	Gold
Virtual Track Meet - 400 M Run	55 - 59 Male	Ashley	Wagel	Marion	IA	M	55	1:19.37	1	Gold
Virtual Track Meet - 400 M Run	55 - 59 Male	Larry	Harris	Brighton	IA	M	58	2:01.00	2	Silver
Virtual Track Meet - 400 M Run	65 - 69 Male	Leo	Vandervlugt	Chillicothe	IL	M	68	1:21.00	1	Gold
Virtual Track Meet - 400 M Run	65 - 69 Male	Brad	Ewest	Ankeny	IA	M	67	1:29.17	1	Gold

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Virtual Track Meet - 400 M Run	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	1:15.80	1	Gold
Virtual Track Meet - 400 M Run	70 - 74 Male	Tim	Phillips	Hiawatha	IA	M	71	2:06.40	1	Gold
Virtual Track Meet - 400 M Run	75 - 79 Male	Gary	Patton	Rock Rapids	IA	M	75	1:10.92	1	Gold
Virtual Track Meet - 400 M Run	80 - 84 Male	Ken	Stewart	Batavia	OH	M	80	2:18.50	1	Gold
Virtual Track Meet - 800 M Run	60 - 64 Female	Susan	Fray	Clive	IA	F	60	3:27.54	1	Gold
Virtual Track Meet - 800 M Run	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	3:07.90	1	Gold
Virtual Track Meet - 800 M Run	50 - 54 Male	Timothy	Hellyer	Branson	MO	M	53	3:55.04	2	Silver
Virtual Track Meet - 800 M Run	55 - 59 Male	Doug	Arndt	Stockton	IL	M	57	3:04.00	1	Gold
Virtual Track Meet - 800 M Run	55 - 59 Male	Larry	Harris	Brighton	IA	M	58	4:15.00	1	Gold
Virtual Track Meet - 800 M Run	65 - 69 Male	Leo	Vandervlugt	Chillicothe	IL	M	68	3:02.00	1	Gold
Virtual Track Meet - 800 M Run	65 - 69 Male	Chris	Samson	Urbandale	IA	M	65	3:09.72	1	Gold
Virtual Track Meet - 800 M Run	65 - 69 Male	Brad	Ewest	Ankeny	IA	M	67	3:28.37	2	Silver
Virtual Track Meet - 800 M Run	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	4:05.20	1	Gold
Virtual Track Meet - 800 M Run	70 - 74 Male	Tim	Phillips	Hiawatha	IA	M	71	4:27.96	1	Gold
Virtual Track Meet - 800 M Run	75 - 79 Male	Gary	Patton	Rock Rapids	IA	M	75	2:38.80	1	Gold
Virtual Track Meet - 800 M Run	80 - 84 Male	Ken	Stewart	Batavia	OH	M	80	5:42.80	1	Gold
Virtual Track Meet - 1500 M Run	50 - 54 Male	Hakan	Eksi	Overland Park	KS	M	51	7:08.99	1	Gold
Virtual Track Meet - 1500 M Run	55 - 59 Male	Larry	Harris	Brighton	IA	M	58	7:00.95	1	Gold
Virtual Track Meet - 1500 M Run	65 - 69 Male	Leo	Vandervlugt	Chillicothe	IL	M	68	6:10.00	1	Gold
Virtual Track Meet - 1500 M Run	65 - 69 Male	David	Miller	Urbandale	IA	M	68	6:35.80	1	Gold
Virtual Track Meet - 1500 M Run	65 - 69 Male	Chris	Samson	Urbandale	IA	M	65	6:38.49	2	Silver
Virtual Track Meet - 1500 M Run	65 - 69 Male	Brad	Ewest	Ankeny	IA	M	67	7:03.17	3	Bronze
Virtual Track Meet - 1500 M Run	70 - 74 Male	Randall	Olson	Nebraska City	NE	M	73	9:15.40	1	Gold
Virtual Track Meet - 1500 M Run	75 - 79 Male	Gary	Patton	Rock Rapids	IA	M	75	5:27.20	1	Gold
Virtual Track Meet - Power Walk |1500 M	65 - 69 Male	Brad	Ewest	Ankeny	IA	M	67	11:03.31	1	Gold
Virtual Track Meet - Power Walk |1500 M	70 - 74 Male	Tim	Phillips	Hiawatha	IA	M	71	9:45.99	1	Gold
Virtual Track Meet - Power Walk |1500 M	70 - 74 Male	Kenny	Jones	Edmond	OK	M	73	12:10.00	2	Silver

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