2019 RESULTS BOOK





ROAT



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I-Cubs Iowa State Bank

Hartung & Schroeder Law Office

Miller, Fidler, and Hinke Nordstrom Rack Pella Regional Health Center West Bank

			PORTS RESULTS							
			STANCE EVENTS							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Basketball Shooting Around the World	50-54 Female	Sherry	Adney	McGregor	IA	F	53	9	2	Silver
Basketball Shooting Around the World	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	13	1	Gold
Basketball Shooting Around the World	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	9	3	Bronze
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Basketball Shooting Around the World	50-54 Male	Bob	Hallgren	Des Moines	IA	М	50	5	2	Silver
Basketball Shooting Around the World	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	6	1	Gold
Basketball Shooting Around the World	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	55	12	2	Silver
Basketball Shooting Around the World	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	11	3	Bronze
Basketball Shooting Around the World	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	6	4	
Basketball Shooting Around the World	55-59 Female	Karen	Wagner	Dubuque	IA	F	57	6	5	Bronze
Basketball Shooting Around the World	55-59 Female	Jody	Walter	Des Moines	IA	F	57	12	1	Gold
Basketball Shooting Around the World	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	М	55	12	1	Gold
Basketball Shooting Around the World	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	3	4	1
Basketball Shooting Around the World	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	8	1	Gold
Basketball Shooting Around the World	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	7	2	Silver
Basketball Shooting Around the World	55-59 Male	Dennis	Lehr	Orion	IL	М	58	11	2	Silver
Basketball Shooting Around the World	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	5	3	Bronze
Basketball Shooting Around the World	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	60	9	2	Silver
Basketball Shooting Around the World	60-64 Female	Colette	Cook	Cedar Rapids	IA	F	61	10	1	Gold
Basketball Shooting Around the World	60-64 Male	Brad	Staley	Hampton	IA	М	60	6	3	Bronze
Basketball Shooting Around the World	60-64 Male	Andrew	Bean	waukee	IA	М	60	7	2	Silver
Basketball Shooting Around the World	60-64 Male	David	Strege	Winterset	IA	М	60	6	4	
Basketball Shooting Around the World	60-64 Male	Randy	Davis	Altoona	IA	М	62	6	3	Bronze
Basketball Shooting Around the World	60-64 Male	Jeff	Hallgren	West Des Moines	IA	Μ	62	8	1	Gold
Basketball Shooting Around the World	65-69 Female	Margaret	Beuter	Iowa City	IA	F	65	7	1	Gold
Basketball Shooting Around the World	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	65	4	4	
Basketball Shooting Around the World	65-69 Female	Sue	Manning	Monroe	IA	F	65	5	3	Bronze
Basketball Shooting Around the World	65-69 Female	Paula	Schultz	Indianola	IA	F	65	6	2	Silver
Basketball Shooting Around the World	65-69 Female	Donna	Matti	Eastman	WI	F	66	10	1	Gold
Basketball Shooting Around the World	65-69 Female	Gloria	Wichman	Williamsburg	IA	F	66	4	5	
Basketball Shooting Around the World	65-69 Female	Pat	Duer	Ankeny	IA	F	67	5	3	Bronze
Basketball Shooting Around the World	65-69 Female	Patsy	Tallman	Urbandale	IA	F	68	3	6	
Basketball Shooting Around the World	65-69 Male	Brad	Ewest	Ankeny	IA	М	65	8	1	Gold
Basketball Shooting Around the World	65-69 Male	Chuck	Ward	Urbandale	IA	М	67	1	4	

Basketball Shooting Around the World	65-69 Male	Lynn	Isenberger	Johnston	IA	М	68	7	2	Silver
Basketball Shooting Around the World	65-69 Male	Dale	Thede	Urbandale	IA	М	68	5	3	Bronze
Basketball Shooting Around the World	70-74 Female	Georgia	Jones	McGregor	IA	F	72	4	1	Gold
Basketball Shooting Around the World	70-74 Male	Denny	Posekany	Solon	IA	М	70	14	3	Bronze
Basketball Shooting Around the World	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	12	4	
Basketball Shooting Around the World	70-74 Male	Tarry	Cory	Clive	IA	М	71	14	2	Silver
Basketball Shooting Around the World	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	8	6	
Basketball Shooting Around the World	70-74 Male	Robert	Kranz	Apple Valley	MN	М	72	12	5	
Basketball Shooting Around the World	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	7	7	
Basketball Shooting Around the World	70-74 Male	Skip	Hills	Altoona	IA	М	73	14	1	Gold
Basketball Shooting Around the World	75-79 Female	Jewell	Chapman	Waukee	IA	F	75	4	2	Silver
Basketball Shooting Around the World	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	75	4	2	Silver
Basketball Shooting Around the World	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	9	1	Gold
Basketball Shooting Around the World	75-79 Male	Charles	Fenimore	West Des Moines	IA	М	75	7	2	Silver
Basketball Shooting Around the World	75-79 Male	Ron	Peterson	Waukee	IA	М	75	9	1	Gold
Basketball Shooting Around the World	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	5	3	Bronze
Basketball Shooting Around the World	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	3	4	
Basketball Shooting Around the World	75-79 Male	Martin	Zanger	Robbinsdale	MN	М	77	14	1	Gold
Basketball Shooting Around the World	75-79 Male	Ralph	Pantoga	WDM	IA	М	78	5	3	Bronze
Basketball Shooting Around the World	80-84 Male	Don	Newton	West Des Moines	IA	М	80	7	1	Gold
Basketball Shooting Around the World	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	13	1	Gold
Basketball Shooting Around the World	80-84 Male	Ken	Clark	Urbandale	IA	М	82	3	3	Bronze
Basketball Shooting Around the World	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	5	2	Silver
Basketball Shooting Around the World	85-89 Female	Maria	Eaton	West Des Moines	IA	F	89	5	1	Gold
Basketball Shooting Around the World	85-89 Male	Bart	Young	Indianola	IA	М	88	9	1	Gold
Basketball Shooting Free Throws	50-54 Female	Sherry	Adney	McGregor	IA	F	53	10	3	Bronze
Basketball Shooting Free Throws	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	15	1	Gold
Basketball Shooting Free Throws	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	14	2	Silver
Basketball Shooting Free Throws	50-54 Male	Bob	Hallgren	Des Moines	IA	М	50	12	1	Gold
Basketball Shooting Free Throws	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	7	2	Silver
Basketball Shooting Free Throws	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	55	13	1	Gold
Basketball Shooting Free Throws	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	7	4	
Basketball Shooting Free Throws	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	7	4	

Basketball Shooting Free Throws	55-59 Female	Karen	Wagner	Dubuque	IA	F	57	10	3	Bronze
Basketball Shooting Free Throws	55-59 Female	Jody	Walter	Des Moines	IA	F	57	11	2	Silver
Basketball Shooting Free Throws	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	М	55	12	2	Silver
Basketball Shooting Free Throws	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	13	1	Gold
Basketball Shooting Free Throws	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	12	2	Silver
Basketball Shooting Free Throws	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	11	3	Bronze
Basketball Shooting Free Throws	55-59 Male	Dennis	Lehr	Orion	IL	М	58	11	4	
Basketball Shooting Free Throws	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	6	5	
Basketball Shooting Free Throws	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	60	8	1	Gold
Basketball Shooting Free Throws	60-64 Female	Colette	Cook	Cedar Rapids	IA	F	61	6	2	Silver
Basketball Shooting Free Throws	60-64 Male	Brad	Staley	Hampton	IA	М	60	7	4	
Basketball Shooting Free Throws	60-64 Male	Andrew	Bean	waukee	IA	М	60	13	2	Silver
Basketball Shooting Free Throws	60-64 Male	David	Strege	Winterset	IA	М	60	10	3	
Basketball Shooting Free Throws	60-64 Male	Randy	Davis	Altoona	IA	М	62	13	2	Silver
Basketball Shooting Free Throws	60-64 Male	Jeff	Hallgren	West Des Moines	IA	М	62	14	1	Gold
Basketball Shooting Free Throws	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	6	5	
Basketball Shooting Free Throws	65-69 Female	Margaret	Beuter	Iowa City	IA	F	65	3	7	
Basketball Shooting Free Throws	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	65	9	3	Bronze
Basketball Shooting Free Throws	65-69 Female	Sue	Manning	Monroe	IA	F	65	3	8	
Basketball Shooting Free Throws	65-69 Female	Paula	Schultz	Indianola	IA	F	65	6	6	
Basketball Shooting Free Throws	65-69 Female	Donna	Matti	Eastman	WI	F	66	8	5	
Basketball Shooting Free Throws	65-69 Female	Gloria	Wichman	Williamsburg	IA	F	66	11	2	Silver
Basketball Shooting Free Throws	65-69 Female	Pat	Duer	Ankeny	IA	F	67	12	1	Gold
Basketball Shooting Free Throws	65-69 Female	Patsy	Tallman	Urbandale	IA	F	68	9	4	
Basketball Shooting Free Throws	65-69 Male	Brad	Ewest	Ankeny	IA	М	65	11	3	Bronze
Basketball Shooting Free Throws	65-69 Male	Lynn	Isenberger	Johnston	IA	М	68	12	2	Silver
Basketball Shooting Free Throws	65-69 Male	Dale	Thede	Urbandale	IA	М	68	12	1	Gold
Basketball Shooting Free Throws	70-74 Female	Georgia	Jones	McGregor	IA	F	72	2	1	Gold
Basketball Shooting Free Throws	70-74 Male	Denny	Posekany	Solon	IA	М	70	14	1	Gold
Basketball Shooting Free Throws	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	14	2	Silver
Basketball Shooting Free Throws	70-74 Male	Tarry	Cory	Clive	IA	М	71	14	1	Gold
Basketball Shooting Free Throws	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	11	4	
Basketball Shooting Free Throws	70-74 Male	Robert	Kranz	Apple Valley	MN	М	72	15	1	Gold
Basketball Shooting Free Throws	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	12	3	Bronze
Basketball Shooting Free Throws	70-74 Male	Skip	Hills	Altoona	IA	М	73	10	5	
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Basketball Shooting Free Throws	75-79 Female	Jewell	Chapman	Waukee	IA	F	75	7	2	Silver
Basketball Shooting Free Throws	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	75	3	3	Bronze
Basketball Shooting Free Throws	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	8	1	Gold
Basketball Shooting Free Throws	75-79 Male	Charles	Fenimore	West Des Moines	IA	М	75	7	2	Silver
Basketball Shooting Free Throws	75-79 Male	Ron	Peterson	Waukee	IA	М	75	13	1	Gold
Basketball Shooting Free Throws	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	2	6	
Basketball Shooting Free Throws	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	6	3	Bronze
Basketball Shooting Free Throws	75-79 Male	Rich	Hoidahl	Johnston	IA	Μ	77	6	4	
Basketball Shooting Free Throws	75-79 Male	Martin	Zanger	Robbinsdale	MN	Μ	77	8	2	Silver
Basketball Shooting Free Throws	75-79 Male	Ralph	Pantoga	WDM	IA	М	78	5	5	
Basketball Shooting Free Throws	80-84 Male	Don	Newton	West Des Moines	IA	М	80	4	2	Silver
Basketball Shooting Free Throws	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	15	1	Gold
Basketball Shooting Free Throws	80-84 Male	Ken	Clark	Urbandale	IA	Μ	82	3	3	Bronze
Basketball Shooting Free Throws	80-84 Male	Richard	Anderson	West Des Moines	IA	Μ	83	7	1	Gold
Basketball Shooting Free Throws	85-89 Female	Maria	Eaton	West Des Moines	IA	F	89	3	1	Gold
Basketball Shooting Free Throws	85-89 Male	Bart	Young	Indianola	IA	Μ	88	6	1	Gold
Football Accuracy Throw	50-54 Female	Sherry	Adney	McGregor	IA	F	53	20	3	Bronze
Football Accuracy Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	40	2	Silver
Football Accuracy Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	60	1	Gold
Football Accuracy Throw	50-54 Male	Bob	Hallgren	Des Moines	IA	Μ	50	40	2	Silver
Football Accuracy Throw	50-54 Male	Brian	Andrae	Orion	IL	Μ	51	80	2	Silver
Football Accuracy Throw	50-54 Male	Stacey	Davis	Clive	IA	Μ	51	160	1	Gold
Football Accuracy Throw	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	40	3	Bronze
Football Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	70	2	Silver
Football Accuracy Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	20	2	Silver
Football Accuracy Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	57	130	1	Gold
Football Accuracy Throw	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	Μ	54	10		
Football Accuracy Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	60	1	Gold
Football Accuracy Throw	55-59 Male	Timothy	Pew	Des Moines	IA	Μ	57	40	2	Silver
Football Accuracy Throw	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	40	2	Silver
Football Accuracy Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	58	110	1	Gold
Football Accuracy Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	60	1	Gold
Football Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	70	1	Gold

Football Accuracy Throw	60-64 Male	Brad	Staley	Hampton	IA	М	59	90	1	Gold
Football Accuracy Throw	60-64 Male	David	Strege	Winterset	IA	М	60	30	4	
Football Accuracy Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	40	3	Bronze
Football Accuracy Throw	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	50	2	Silver
Football Accuracy Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	70	1	Gold
Football Accuracy Throw	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	64	0		
Football Accuracy Throw	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65	60	2	Silver
Football Accuracy Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	10	4	
Football Accuracy Throw	65-69 Female	Gloria	Wichman	Williamsburg	IA	F	66	40	3	Bronze
Football Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	30	2	Silver
Football Accuracy Throw	65-69 Male	Chuck	Ward	Urbandale	IA	М	67	30	2	Silver
Football Accuracy Throw	65-69 Male	Dale	Thede	Urbandale	IA	М	68	120	1	Gold
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Football Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	40	1	Gold
Football Accuracy Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	10	2	Silver
Football Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	М	70	30	5	
Football Accuracy Throw	70-74 Male	Denny	Posekany	Solon	IA	М	70	60	3	Bronze
Football Accuracy Throw	70-74 Male	Stanley	Allspach	Baxter	IA	М	71	30	6	
Football Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	50	4	
Football Accuracy Throw	70-74 Male	Tarry	Cory	Clive	IA	Μ	71	110	1	Gold
Football Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	Μ	71	80	3	Bronze
Football Accuracy Throw	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	20	7	
Football Accuracy Throw	70-74 Male	Skip	Hills	Altoona	IA	М	73	80	2	Silver
Football Accuracy Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	74	40	1	Gold
Football Accuracy Throw	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	40	2	Silver
Football Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	20	3	Bronze
Football Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	74	70	1	Gold
Football Accuracy Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	10	4	
Football Accuracy Throw	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	60	2	Silver
Football Accuracy Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	0		
Football Accuracy Throw	75-79 Male	Ralph	Pantoga	WDM	IA	М	78	20	3	Bronze
Football Accuracy Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	0		
Football Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	80	20	2	Silver
Football Accuracy Throw	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	30	1	Gold
Football Accuracy Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	0		

Football Accuracy Throw	85-89 Male	Bart	Young	Indianola	IA	М	88	50	1	Gold
Football Distance Throw	50-54 Female	Sherry	Adney	McGregor	IA	F	53	51'	3	Bronze
Football Distance Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	66'	1	Gold
Football Distance Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	64.5'	2	Silver
Football Distance Throw	50-54 Male	Brian	Andrae	Orion	IL	M	51	151.5'	1	Gold
Football Distance Throw	50-54 Male	Stacey	Davis	Clive	IA	М	51	141'	1	Gold
Football Distance Throw	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	109.5'	2	Silver
Football Distance Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	69'	3	Bronze
Football Distance Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	66'	3	Bronze
Football Distance Throw	55-59 Female	Karen			IA	F	57	81'	2	Silver
			Wagner	Dubuque Des Meines		F	57	84'		
Football Distance Throw	55-59 Female	ypor	Walter	Des Moines	IA	F	57	84	1	Gold
Football Distance Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	105'	3	Bronze
Football Distance Throw	55-59 Male	Timothy	Pew	Des Moines	IA	Μ	57	139.5'	1	Gold
Football Distance Throw	55-59 Male	Dennis	Lehr	Orion	IL	Μ	58	123'	3	Bronze
Football Distance Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	130.5'	2	Silver
Football Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	63'	1	Gold
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Football Distance Throw	60-64 Male	Brad	Staley	Hampton	IA	М	59	130.5'	2	Silver
Football Distance Throw	60-64 Male	David	Strege	Winterset	IA	Μ	60	136.5'	1	Gold
Football Distance Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	108'	3	Bronze
Football Distance Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	76.5'	1	Gold
Football Distance Throw	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	64	61.5'	2	Silver
Football Distance Throw	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65	43.5'	4	
Football Distance Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	48'	3	Bronze
Football Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	108'	2	Silver
Football Distance Throw	65-69 Male	Chuck	Ward	Urbandale	IA	M	67	108	2	Bronze
Football Distance Throw									1	-
Football Distance Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	68	114'	1	Gold
Football Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	63'	1	Gold
Football Distance Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	36'	1	Gold
Football Distance Throw	70-74 Male	Denny	Posekany	Solon	IA	M	70	81'	3	Bronze
Football Distance Throw	70-74 Male	Stanley	Allspach	Baxter	IA	М	71	79.5'	4	1
Football Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	M	71	84'	2	Silver
Football Distance Throw	70-74 Male	Tarry	Cory	Clive	IA	М	71	162'	1	Gold
Football Distance Throw	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	75'	5	

Football Distance Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	74	43.5'	1	Gold
Football Distance Throw	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	33'	3	Bronze
Football Distance Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	42'	2	Silver
Football Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	74	88.5'	1	Gold
Football Distance Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	60'	4	
Football Distance Throw	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	82.5'	2	Silver
Football Distance Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	64.5'	3	Bronze
Football Distance Throw	75-79 Male	Ralph	Pantoga	WDM	IA	М	78	48'	5	
Football Distance Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	18'	1	Gold
Football Distance Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	80	75'	1	Gold
Football Distance Throw	80-84 Male	Duane	Shaw	Kansas City	KS	M	80	69'	2	Silver
Football Distance Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	M	83	45'	2	Silver
Football Distance Throw	85-89 Male	Bart	Young	Indianola	IA	M	88	51'	1	Gold
Softball Accuracy Throw	50-54 Female	Sherry	Adney	McGregor	IA	F	53	50	2	Silver
Softball Accuracy Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	100	1	Gold
Softball Accuracy Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	30	3	Bronze
Softball Accuracy Throw	50-54 Male	Brian	Andrae	Orion	IL	M	51	10	3	Bronze
Softball Accuracy Throw	50-54 Male	Stacey	Davis	Clive	IA	Μ	51	90	1	Gold
Softball Accuracy Throw	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	30	2	Silver
Softball Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	40	4	
Softball Accuracy Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	90	1	Gold
Softball Accuracy Throw	55-59 Female	Karen	Wagner	Dubuque	IA	F	57	80	2	Silver
Softball Accuracy Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	57	60	3	Bronze
Softball Accuracy Throw	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	M	54	100	1	Gold
Softball Accuracy Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	80	1	Gold
Softball Accuracy Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	50	4	Bronze
Softball Accuracy Throw	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	50	3	Silver
Softball Accuracy Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	58	90	2	Silver
Softball Accuracy Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	Μ	58	50	5	
Softball Accuracy Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	59	50	2	Silver
Softball Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	60	1	Gold
Softball Accuracy Throw	60-64 Male	Brad	Staley	Hampton	IA	M	59	70	3	Bronze

Softball Accuracy Throw	60-64 Male	David	Strege	Winterset	IA	М	60	120	1	Gold
Softball Accuracy Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	70	2	Silver
Softball Accuracy Throw	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	30	4	
Softball Accuracy Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	120	1	Gold
Softball Accuracy Throw	65-69 Female	Barb	Malone	, Pleasant Hill	IA	F	64	50	5	
Softball Accuracy Throw	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65	60	4	
Softball Accuracy Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	80	3	Bronze
Softball Accuracy Throw	65-69 Female	Gloria	Wichman	Williamsburg	IA	F	66	90	2	Silver
Softball Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	130	2	Silver
Softball Accuracy Throw	65-69 Male	Chuck	Ward	Urbandale	IA	M	67	10	4	
Softball Accuracy Throw	65-69 Male	Lynn	Isenberger	Johnston	IA	M	68	50	3	Bronze
Softball Accuracy Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	68	160	1	Gold
		Duic	incuc				00	100	-	0010
Softball Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	70	1	Gold
Softball Accuracy Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	10	1	Gold
						·				
Softball Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	М	70	30	5	
Softball Accuracy Throw	70-74 Male	Denny	Posekany	Solon	IA	М	70	80	2	Silver
Softball Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	60	3	Bronze
Softball Accuracy Throw	70-74 Male	Tarry	Cory	Clive	IA	М	71	180	1	Gold
Softball Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	20	6	
Softball Accuracy Throw	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	50	4	
Softball Accuracy Throw	70-74 Male	Skip	Hills	Altoona	IA	М	73	10	7	
Softball Accuracy Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	74	20	1	Gold
Softball Accuracy Throw	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	10	2	Silver
Softball Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	10	2	Silver
Softball Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	74	70	1	Gold
Softball Accuracy Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	75	10	4	0010
Softball Accuracy Throw	75-79 Male	Franc P.	Connor	Crossville	TN	M	76	30	3	Bronze
Softball Accuracy Throw	75-79 Male	Frank	Perez	West Des Moines	IA	M	76	40	2	Silver
Softball Accuracy Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	M	77	0	-	onver
Softball Accuracy Throw	75-79 Male	Ralph	Pantoga	WDM	IA	M	78	0		
Softball Accuracy Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	0		
Softball Accuracy Throw	80-84 Male	Don	Newton	West Des Moines	IA	M	80	30	1	Gold
Softball Accuracy Throw	80-84 Male	Duane	Shaw	Kansas City	KS	M	80	40	1	Gold
Softball Accuracy Throw	80-84 Male	Ken	Clark	Urbandale	IA	M	80	20	2	Silver
Softball Accuracy Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	M	83	10	3	Bronze
Solibali Accuracy Throw		INCIAL	Anderson	WEST DES WOITIES	А		03	10	3	DIOIIZE

Softball Accuracy Throw	85-89 Male	Don	Zimmer	West Des Moines	IA	М	84	0		
Softball Accuracy Throw	85-89 Male	Bart	Young	Indianola	IA	M	88	20	1	Gold
		Built						20	-	Colu
Softball Distance Throw	50-54 Female	Sherry	Adney	McGregor	IA	F	53	66.6'	3	Bronze
Softball Distance Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	75.6'	1	Gold
Softball Distance Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	54	75'	2	Silver
Softball Distance Throw	50-54 Male	Brian	Andrae	Orion	IL	М	51	183'	1	Gold
Softball Distance Throw	50-54 Male	Stacey	Davis	Clive	IA	Μ	51	159'	2	Silver
Softball Distance Throw	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	108.6'	3	Bronze
Softball Distance Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	56	87'	3	Bronze
Softball Distance Throw	55-59 Female	Linda	Mahr	Dorchester	IA	F	56	81'	3	Bronze
Softball Distance Throw	55-59 Female	Karen				F	50	111.6'	1	Gold
			Wagner	Dubuque Des Maines	IA	F	-			
Softball Distance Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	57	105.6'	2	Silver
Softball Distance Throw	55-59 Male	Jim	Klampe	Des Moines	IA	M	57	108.3'	3	Bronze
Softball Distance Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	177'	1	Gold
Softball Distance Throw	55-59 Male	, Dennis	Lehr	Orion	IL	М	58	147'	2	Silver
Softball Distance Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	141'	2	Silver
Softball Distance Throw	60-64 Female	Judy	Kelly	Prairie du Chien	WI	F	59	87.6'	1	Gold
Softball Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	75'	1	Gold
Softball Distance Throw	60-64 Male	Brad	Staley	Hampton	IA	Μ	59	156'	2	Silver
Softball Distance Throw	60-64 Male	David	Strege	Winterset	IA	Μ	60	171'	1	Gold
Softball Distance Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	144'	3	Bronze
							C (001		Cult
Softball Distance Throw	65-69 Female	Margaret	Beuter	Iowa City	IA	F	64	99'	1	Gold
Softball Distance Throw	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	64	72'	2	Silver
Softball Distance Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	66.6'	3	Bronze
Softball Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	126'	3	Bronze
Softball Distance Throw	65-69 Male	Chuck	Ward	Urbandale	IA	М	67	126.6'	2	Silver
Softball Distance Throw	65-69 Male	Dale	Thede	Urbandale	IA	М	68	129'	1	Gold
Softball Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	72.6'	1	Gold
Softball Distance Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	45'	1	Gold
Softball Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	108'	2	Silver
Softball Distance Throw	70-74 Male	Tarry	Cory	Clive	IA	М	71	204'	1	Gold
Softball Distance Throw	70-74 Male	Denny	Posekany	Solon	IA	Μ	70	99.3'	3	Bronze

Softball Distance Throw	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	81'	4	
Softball Distance Throw	75-79 Female	Jewell	Chapman	Waukee	IA	F	74	57'	1	Gold
Softball Distance Throw	75-79 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	57'	1	Gold
Softball Distance Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	57'	1	Gold
	75.70 Mala	Derr	Deterror	Marches	1.0	N 4	74	122		Cald
Softball Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	M	74 75	132' 69.3'	1	Gold
Softball Distance Throw	75-79 Male 75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	_			-	Cold
Softball Distance Throw		Franc P.	Connor	Crossville	TN	M	76 76	132.3' 99'	1	Gold
Softball Distance Throw	75-79 Male	Frank	Perez	West Des Moines	IA	_			2	Silver
Softball Distance Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	M	77	81'	5	Duraura
Softball Distance Throw	75-79 Male	Ralph	Pantoga	WDM	IA	M	78	81.6'	3	Bronze
Softball Distance Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	27'	1	Gold
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Softball Distance Throw	80-84 Male	Don	Newton	West Des Moines	IA	М	80	84.3'	1	Gold
Softball Distance Throw	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	84'	2	Silver
Softball Distance Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	54'	2	Silver
		-							-	
Softball Distance Throw	85-89 Male	Don	Zimmer	West Des Moines	IA	Μ	84	93.3'	1	Gold
Softball Distance Throw	85-89 Male	Bart	Young	Indianola	IA	Μ	88	63.6'	2	Silver
Football Field Goal Kick	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	5	1	Gold
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Football Field Goal Kick	50-54 Male	Quinn	Falk	Bloomfeild	IA	M	53	25	1	Gold
Football Field Goal Kick	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	М	54	10	2	Silver
Football Field Goal Kick	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	5	1	Gold
Football Field Goal Kick	55-59 Male	Dennis	Lehr	Orion	IL	М	58	15	1	Gold
Football Field Goal Kick	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	5	1	Gold
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Football Field Goal Kick	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	5	1	Gold
Football Field Goal Kick	60-64 Male	Brad	Staley	Hampton	IA	M	59	10	1	Gold
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Football Field Goal Kick	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	10	1	Gold
Football Field Goal Kick	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	10	1	Gold
Football Field Goal Kick	65-69 Male	Kurt	Tausche	Atlanta	GA	M	66	20	1	Gold
Football Field Goal Kick	65-69 Male	Rowdy	Burdick	Las Vegas	NV	M	67	15	2	Silver
Football Field Goal Kick	65-69 Male	Dale	Thede	Urbandale	IA	M	68	5	2	Silver
Football Field Goal Kick	70-74 Male	Tarry	Cory	Clive	IA	М	71	15	1	Gold

Football Field Goal Kick	75-79 Male	Ron	Peterson	Waukee	IA	М	74	5	2	Silver
Football Field Goal Kick	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	15	1	Gold
Football Field Goal Kick	80-84 Male	Richard	Anderson	West Des Moines	IA	M	83	0		
	80-84 Male	Richard	Anderson	west bes womes			83	0		
Frisbee Accuracy Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	1	1	Gold
Frisbee Accuracy Throw	50-54 Male	Bryan	Bane	Granger	IA	M	52	4	1	Gold
Frisbee Accuracy Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	57	0		
	55-55 Temale	JOUY	walter	Des Wollies		1	57	0		
Frisbee Accuracy Throw	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	М	54	0		
Frisbee Accuracy Throw	55-59 Male	Jim	Kopacek	Urbandale	IA	М	56	15	1	Gold
Frisbee Accuracy Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	1	3	Bronze
Frisbee Accuracy Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	6	2	Silver
Frisbee Accuracy Throw	55-59 Male	Gary	Marty	Abbotsford	BC	М	59	11	2	Silver
Frisbee Accuracy Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	1	1	Gold
Frisbee Accuracy Throw	60-64 Male	Rodney	Smith	Altoona	IA	М	61	3	3	Bronze
Frisbee Accuracy Throw	60-64 Male	Randy	Davis	Altoona	IA	Μ	62	5	1	Gold
Frisbee Accuracy Throw	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	2	4	
Frisbee Accuracy Throw	60-64 Male	Steve	Schuette	lowa City	IA	М	63	4	2	Silver
Frisbee Accuracy Throw	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	2	1	Gold
Frisbee Accuracy Throw	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	64	2	2	Silver
Frisbee Accuracy Throw	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65	1	3	Bronze
Frisbee Accuracy Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	0		
Friches Assurage Throw	65-69 Male	Brad	Ewest	Ankony	1.0	M	65	5	1	Gold
Frisbee Accuracy Throw				Ankeny	IA				1	
Frisbee Accuracy Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	68	4	2	Silver
Frisbee Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	2	1	Gold
Frisbee Accuracy Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	0		
Frisbee Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	M	70	3	3	Bronze
Frisbee Accuracy Throw	70-74 Male	Denny	Posekany	Solon	IA	M	70	2	4	5101120
Frisbee Accuracy Throw	70-74 Male	Tarry	Cory	Clive	IA	M	71	4	1	Gold
Frisbee Accuracy Throw	70-74 Male	Richard	Rounds	Boone	IA	M	71	2	4	3010
Frisbee Accuracy Throw	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	4	2	Silver
Frisbee Accuracy Throw	75-79 Male	Ron	Peterson	Waukee	IA	М	74	8	1	Gold

Frisbee Accuracy Throw	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	2	2	Silver
Frisbee Accuracy Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	2	2	Silver
Frisbee Accuracy Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	0		
Frisbee Accuracy Throw	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	4	1	Gold
Frisbee Accuracy Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	3	1	Gold
	85-89 Male	Carrall	D 4 a sets s	A	1.0		0.4		2	Cilver
Frisbee Accuracy Throw		Carroll	Marty	Ames	IA	M	84	1	2	Silver
Frisbee Accuracy Throw	85-89 Male	Bart	Young	Indianola	IA	M	88	2	1	Gold
Frisbee Distance Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	81'	1	Gold
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Frisbee Distance Throw	50-54 Male	Bryan	Bane	Granger	IA	М	52	282'	1	Gold
Frisbee Distance Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	195'	2	Silver
Frisbee Distance Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	252'	1	Gold
Frisbee Distance Throw	55-59 Male	Gary	Marty	Abbotsford	BC	М	59	408'	1	Gold
Frisbee Distance Throw	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	72'	1	Gold
		Greta					00	72	-	Gold
Frisbee Distance Throw	60-64 Male	Rodney	Smith	Altoona	IA	М	61	249'	2	Silver
Frisbee Distance Throw	60-64 Male	Randy	Davis	Altoona	IA	Μ	62	180'	3	Bronze
Frisbee Distance Throw	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	174'	4	
Frisbee Distance Throw	60-64 Male	Steve	Schuette	Iowa City	IA	М	63	252'	1	Gold
Frisbee Distance Throw	65-69 Female	Margarat	Beuter	lowa City	IA	F	64	106.5'	2	Silver
Frisbee Distance Throw	65-69 Female	Margaret Barb	Malone	Pleasant Hill		F	64	106.5 117'		Gold
Frisbee Distance Throw	65-69 Female	Cheryl	Sander	Ankeny	IA IA	F	65	69'	1	Bronze
Frisbee Distance Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	69 60'	4	BIOIIZE
	05-05 Temale		Schutz			1	05	00		
Frisbee Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	М	65	219'	2	Silver
Frisbee Distance Throw	65-69 Male	Chris	Ostlund	waukee	IA	М	66	336'	1	Gold
Frisbee Distance Throw	65-69 Male	Dale	Thede	Urbandale	IA	М	68	180'	3	Bronze
Frisbee Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	81'	1	Gold
Frisbee Distance Throw	70-74 Female	Suzan	French	Ankeny	IA	F	73	33'	1	Gold
Frisbee Distance Throw		Tarry	Cory	Clive	IA	M	71	207'	1	Gold
Frisbee Distance Throw	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	177'	2	Silver
Frisbee Distance Throw	75-79 Male	Ron	Peterson	Waukee	IA	М	74	195'	1	Gold
Frisbee Distance Throw	75-79 Male	Frank	Perez	West Des Moines	IA	Μ	76	123'	3	Bronze

Frisbee Distance Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	177'	2	Silver
			- ·			_				
Frisbee Distance Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	36'	1	Gold
Frisbee Distance Throw	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	129'	1	Gold
Frisbee Distance Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	75'	1	Gold
Frisbee Distance Throw	85-89 Male	Carroll	Marty	Ames	IA	M	84	147'	1	Gold
Frisbee Distance Throw	85-89 Male	Bart	Young	Indianola	IA	М	88	93'	2	Silver
Soccer Kick Accuracy	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	15	1	Gold
Soccer Kick Accuracy	50-54 Male	Bryan	Bane	granger	IA	M	52	29	1	Gold
Soccer Kick Accuracy	55-59 Male	Patrick	Oligschlaeger	St. Louis	MO	M	54	15	2	Silver
Soccer Kick Accuracy	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	15	1	Gold
Soccer Kick Accuracy	55-59 Male	Brent	Alexander	West Des Moines	IA	М	58	12	3	Bronze
Soccer Kick Accuracy	55-59 Male	Dennis	Lehr	Orion	IL	М	58	21	1	Gold
Soccer Kick Accuracy	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	13	2	Silver
Soccer Kick Accuracy	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	10	1	Gold
Soccer Kick Accuracy	60-64 Male	Brad	Staley	Hampton	IA	М	59	14	5	
Soccer Kick Accuracy	60-64 Male	David	Strege	Winterset	IA	М	60	19	2	Silver
Soccer Kick Accuracy	60-64 Male	Randy	Davis	Altoona	IA	М	62	20	1	Gold
Soccer Kick Accuracy	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	14	4	
Soccer Kick Accuracy	60-64 Male	Steve	Schuette	lowa City	IA	М	63	18	3	Bronze
Soccer Kick Accuracy	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	21	1	Gold
Soccer Kick Accuracy	65-69 Female	Barb	Malone	Pleasant Hill	IA	F	64	22	2	Silver
Soccer Kick Accuracy	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65	20	3	Bronze
Soccer Kick Accuracy	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	20	1	Gold
Soccer Kick Accuracy	65-69 Male	Rowdy	Burdick	Las Vegas	NV	М	67	17	2	Silver
Soccer Kick Accuracy	65-69 Male	Dale	Thede	Urbandale	IA	М	68	12	3	Bronze
Soccer Kick Accuracy	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	19	1	Gold
Soccer Kick Accuracy	70-74 Male	Denny	Adair	Osceola	IA	M	70	17	2	Silver
Soccer Kick Accuracy	70-74 Male	Denny	Posekany	Solon	IA	M	70	17	3	Bronze
Soccer Kick Accuracy	70-74 Male	Richard	Rounds	Boone	_	M	70	12	4	BIOIIZE
Soccer Kick Accuracy	70-74 Male	Alan	Schenck	Clarinda	IA IA	M	71	20	4	Gold
	70-74 IVIdIE	AldII	SCHEHCK		нА	IVI	/2	20		Golu

Soccer Kick Accuracy	75-79 Male	Ron	Peterson	Waukee	IA	М	74	19	1	Gold
Soccer Kick Accuracy	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	14	2	Silver
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Soccer Kick Accuracy	80-84 Male	Ken	Clark	Urbandale	IA	М	82	12	2	Silver
Soccer Kick Accuracy	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	24	1	Gold
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Soccer Kick Accuracy	85-89 Male	Bart	Young	Indianola	IA	М	88	17	1	Gold
		ARC	HERY		<u>.</u>	•	4		<u>.</u>	•
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Archery - Barebow (Target)	Male 50-54	Rusty	Waller	Newton	IA	М	51	302	1	Gold
Archery - Bowhunter Freestyle	Male 50-54	Roger	Jackson	Johnston	IA	М	53	1127	1	Gold
Archery - Freestyle	Male 50-54	Craig	Wenndt	Lacona	IA	М	52	1084	1	Gold
Archery - Freestyle	Male 55-59	Don	Miller	Webster City	IA	М	55	1124	2	Silver
Archery - Freestyle	Male 55-59	Dean	Piagentini	Knoxville	IA	М	59	1150	1	Gold
Archery - Freestyle Limited Recurve	Male 60-64	Michael	Trudell	Rock Island	IL	М	60	658	1	Gold
Archery - Freestyle	Male 65-69	Richard	Pauley	Centervill	IA	М	69	1116	1	Gold
Archery - Freestyle Limited Recurve	Male 65-69	Ted	Bieth	Plymouth	IA	М	67	991	1	Gold
Archery - Freestyle	Male 70-74	Roger	Wilson	Grimes	IA	М	73	1155	1	Gold
			IINTON						<u>.</u>	<u>.</u>
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Badminton - Men's Doubles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	М	52		1	Gold
Badminton - Men's Doubles	50-54 Male	Jingyang	Li	Clive	IA	М	54		1	Gold
Badminton - Men's Doubles	55-59 Male	Timothy	Pew	Des Moines	IA	М	58		1	Gold
Badminton - Men's Doubles	55-59 Male	Richard	Rounds	Boone	IA	М	72		1	Gold
Badminton - Men's Doubles	65-69 Male	John	Anderson	Ames	IA	М	69		1	Gold
Badminton - Men's Doubles	65-69 Male	Carroll	Marty	Ames	IA	М	85		1	Gold
Badminton - Women's Doubles	65-69 Female	Nita	Lechner	Grand Island	NE	F	68		1	Gold
Badminton - Women's Doubles	65-69 Female	Carolyn	Foster	St Paul	NE	F	71		1	Gold
Badminton - Mixed Doubles	50-54	Nita	Lechner	Grand Island	NE	F	68		1	Gold
Badminton - Mixed Doubles	50-54	Manoj	Rajbhandary	Waukee	IA	М	52		1	Gold
Badminton - Mixed Doubles	50-54	Carolyn	Foster	St Paul	NE	F	71		2	Silver
Budininton Mixed Boubles	J0-J4	Carolyn	103101	501 441			1 1 1			

Badminton - Singles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	М	52		1	Gold
Badminton - Singles	50-54 Male	Jingyang	Li	Clive	IA	М	54		2	Silver
Badminton - Singles	55-59 Male	Timothy	Pew	Des Moines	IA	М	58		1	Gold
Badminton - Singles	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63			Gold
Badminton - Singles	60-64 Male	Roger	Hulvey	Mount Sterling	IL	М	62		1	Gold
Badminton - Singles	65-69 Female	Nita	Lechner	Grand Island	NE	F	68		1	Gold
Badminton - Singles		INICA	Lecinei				08			Golu
Badminton - Singles	65-69 Male	John	Anderson	Ames	IA	М	69		1	Gold
Badminton - Singles	70-74 Female	Carolyn	Foster	St Paul	NE	F	71		1	Gold
Badminton - Singles	70-74 Male	Richard	Rounds	Boone	IA	М	72		1	Gold
				•						
Badminton - Singles	85-89 Male	Carroll	Marty	Ames	IA	Μ	85		1	Gold
Event	Age Group	First Name	VLING Last Name	City	State	Gender	Age I	Pocult	Place	Medal
Bowling - Men's Doubles	55-59 Male	Jim	Kopacck	Urbandale	IA	M	Age 1	1218		Gold
Bowling - Men's Doubles	55-59 Male	Michael	Morgan	Polk City	IA	M	57	1218		Gold
			morgan			1	5,	1210		
Bowling - Men's Doubles	60-64 Male	Mark	Herdliska	Norway	IA	М	61	992	1	Gold
Bowling - Men's Doubles	60-64 Male	Larry	Favourite	Solon	IA	М	82	992	1	Gold
Bowling - Men's Doubles	65-69 Male	Ronald	Holden	Marshalltown	IA	М	66	1123	1	Gold
Bowling - Men's Doubles	65-69 Male	Jerry	Coughlin	Marshalltown	IA	М	75	1123	1	Gold
Bowling - Men's Doubles	70-74 Male	Gary	DenHartog	Des Moines	IA	M	72	984	1	Gold
Bowling - Men's Doubles	70-74 Male	Gary	Schmerbeck	Des Moines	IA	M	70	984		Gold
Bowling - Men's Doubles	70-74 Male	Mike	Montgomery	Ankeny	IA	M	72	926		Silver
Bowling - Men's Doubles	70-74 Male	Mike	Mathews	Des Moines	IA	М	70	926	2	Silver
Bowling - Men's Doubles	75-79 Male	Lowell	Huggins	Maxwell	IA	М	79	997	1	Gold
Bowling - Men's Doubles	75-79 Male	Ronald	Sorem	Nevada	IA	M	76	997		Gold
Bowling - Women's Doubles	65-69 Female	Barbara	Denny	Solon	IA	F	67	871	1	Gold
Bowling - Women's Doubles	65-69 Female	Julie	Herdliska	Norway	IA	F	65	871	1	Gold
Bowling - Women's Doubles	70-74 Female	Charlene	Montgomery	Ankeny	IA	F	70	893		Gold
Bowling - Women's Doubles	70-74 Female	Sandy	Mathews	Des Moines	IA	F	75	893	1	Gold

Bowling - Women's Doubles	75-79 Female	Sharon	Guber	Ames	IA	F	75	991	1	Gold
Bowling - Women's Doubles	75-79 Female	Judy	Unger	Ames	IA	F	82	991	1	Gold
Bowling - Mixed Doubles	60-64	Mark	Herdliska	Norway	IA	М	61	905	1	Gold
Bowling - Mixed Doubles	60-64	Julie	Herdliska	Norway	IA	F	65	905	1	Gold
Bowling - Mixed Doubles	60-64	Belinda	Smalley	Cambridge	IA	F	61	880	2	Silver
Bowling - Mixed Doubles	60-64	Ronald	Sorem	Nevada	IA	М	76	880	2	Silver
Bowling - Mixed Doubles	65-69	Barbara	Denny	Solon	IA	F	67	944	1	Gold
Bowling - Mixed Doubles	65-69	Larry	Favourite	Solon	IA	М	82	944	1	Gold
Bowling - Mixed Doubles	65-69	Connie	Pomagier	Cary	IL	F	65	851	2	Silver
Bowling - Mixed Doubles	65-69	Gregory	Pomagier	Cary	IL	М	70	851	2	Silver
Bowling - Mixed Doubles	70-74	Mike	Mathews	Des Moines	IA	M	70	1067	1	Gold
Bowling - Mixed Doubles	70-74	Sandy	Mathews	Des Moines	IA	F	74	1067	1	Gold
Bowling - Mixed Doubles	70-74	Mike	Montgomery	Ankeny	IA	М	72	745	2	Silver
Bowling - Mixed Doubles	70-74	Charlene	Montgomery	Ankeny	IA	F	70	745	2	Silver
Bowling - Mixed Doubles	75-79	Lowell	Huggins	Maxwell	IA	M	79	998	1	Gold
Bowling - Mixed Doubles	75-79	Judy	Unger	Ames	IA	F	82	998	1	Gold
Bowling - Singles	50-54 Male	Joe	Hernandez	Newton	IA	M	52	755	1	Gold
Bowling - Singles	55-59 Male	Jim	Kopacck	Urbandale	IA	M	56	616	1	Gold
Bowling - Singles	55-59 Male	Michael	Morgan	Polk City	IA	М	57	587	2	Silver
Bowling - Singles	60-64 Female	Belinda	Smalley	Cambridge	IA	F	61	434	1	Gold
Bowling - Singles	60-64 Male	Terry	Dunlap	Bondurant	IA	M	64	577	1	Gold
Bowling - Singles	60-64 Male	Mark	Herdliska	Norway	IA	М	61	315	4	
Bowling - Singles	60-64 Male	Kenneth	Hopper	Waukee	IA	Μ	63	427	3	Bronze
Bowling - Singles	60-64 Male	Len	Twaroski	Urbandale	IA	M	62	531	2	Silver
Bowling - Singles	65-69 Female	Barbara	Denny	Solon	IA	F	67	440	1	Gold
Bowling - Singles	65-69 Female	Julie	Herdliska	Norway	IA	F	65	440	1	Gold
Bowling - Singles	65-69 Female	Connie	Pomagier	Cary	IL	F	65	323	3	Bronze
Bowling - Singles	65-69 Male	Ronald	Holden	Marshalltown	IA	M	66	473	1	Gold
Bowling - Singles	70-74 Female	Charlene	Montgomery	Ankeny	IA	F	70	412	2	Silver
Bowling - Singles	70-74 Female	Pam	Slippy	Ankeny	IA	F	72	478	1	Gold
Bowling - Singles	70-74 Male	Marvin	Burton	Des Moines	IA	M	71	556	2	Silver

Bowling - Singles	70-74 Male	Gary	DenHartog	DES MOINES	IA	Μ	72	499	3	Bronze
Bowling - Singles	70-74 Male	Mike	Mathews	Des Moines	IA	M	70	564		Gold
Bowling - Singles	70-74 Male	Mike	Montgomery	Ankeny	IA	M	72	367		
Bowling - Singles	70-74 Male	Gregory	Pomagier	Cary	IL	M	70	530		Bronze
Bowling - Singles	70-74 Male	Gary	Schmerbeck	Des Moines	IA	M	70	457	4	
									-	
Bowling - Singles	75-79 Female	Sharon	Guber	Ames	IA	F	75	503	1	Gold
Bowling - Singles	75-79 Female	Sandy	Mathews	Des Moines	IA	F	75	473	2	Silver
Bowling - Singles	75-79 Male	Don	Barber	Ames	IA	М	76	466	3	Bronze
Bowling - Singles	75-79 Male	Jerry	Coughlin	Marshalltown	IA	Μ	75	541	1	Gold
Bowling - Singles	75-79 Male	Ronald	Sorem	Nevada	IA	М	76	467	2	Silver
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Bowling - Singles	80-84 Female	Judy	Unger	Ames	IA	F	82	445	1	Gold
Bowling - Singles	80-84 Male	Larry	Favourite	Solon	IA	M	82	549	1	Gold
Bowling - Singles	80-84 Male	Gordon	Nell	Clive	IA	M	83	455		Silver
Bowling - Singles	80-84 Male	Jerry	Yates	Newton	IA	M	81	436		Bronze
bowing singles		,	ROAD RACE	Newton	1// (1.41	01	450	5	BIONZC
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Road Race	Female 1 Lap Ages 55-59	Ronda	Johnson	Palo	IA	F	58			Gold
Cycling Road Race	Female 1 Lap Ages 60-64	Susan	Paulson	Alexandria	MN	F	64		1	Gold
Cycling Road Race	Female 1 Lap Ages 60-64	Rozalyn	Boyer	Adel	IA	F	62		1	Gold
Cycling Road Race	Female 1 Lap Ages 70-74	Shirley	King	Sioux City	IA	F	73		1	Gold
Cycling Road Race	Male 1 Lap Ages 50-54	Quinn	Falk	Bloomfeild	IA	М	54		1	Gold
			-							
Cycling Road Race	Male 1 Lap Ages 55-59	Curtis	Tesch	Waseca	MN	Μ	58			Gold
Cycling Road Race	Male 1 Lap Ages 55-59	Lowell	Johnson	Palo	IA	М	59		1	Gold
Cycling Road Race										
Cycling Rudu Race		John	Porgman	Urbandalo	10	NA	62		2	Silvor
Cycling Road Raco	Male 1 Lap Ages 60-64	John	Bergman	Urbandale	IA	M	63			Silver
Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 60-64	John David	Bergman Ertl	Urbandale Waukee	IA IA	M M	63 61			Silver Gold
	Male 1 Lap Ages 60-64	David	Ertl	Waukee	IA	M	61		1	Gold
Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 65-69	David Dennis	Ertl Maurer	Waukee Rochester	IA MN	M M	61 68		1	Gold Gold
	Male 1 Lap Ages 60-64	David	Ertl	Waukee	IA	M	61		1	Gold
Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 65-69	David Dennis	Ertl Maurer	Waukee Rochester	IA MN	M M	61 68 65		1 1 1	Gold Gold
Cycling Road Race Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 65-69 Male 1 Lap Ages 65-69	David Dennis David	Ertl Maurer Carscadden	Waukee Rochester Adel	IA MN IA	M M M	61 68		1 1 1	Gold Gold Gold
Cycling Road Race Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 65-69 Male 1 Lap Ages 65-69	David Dennis David	Ertl Maurer Carscadden	Waukee Rochester Adel	IA MN IA	M M M	61 68 65		1 1 1 1	Gold Gold Gold
Cycling Road Race Cycling Road Race Cycling Road Race Cycling Road Race	Male 1 Lap Ages 60-64 Male 1 Lap Ages 65-69 Male 1 Lap Ages 65-69 Male 1 Lap Ages 65-69 Male 1 Lap Ages 70-74	David Dennis David Earl	Ertl Maurer Carscadden Hill	Waukee Rochester Adel Britt	IA MN IA IA	M M M M M	61 68 65 73		1 1 1 1 1	Gold Gold Gold Gold

Cycling	Road Race	Male 1 Lap Ages 80-84	John	Keiser	Cedar Falls	IA	М	80		1	Gold
, 01			CYCLING -	TIME TRIAL							
Event		Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling	Time Trial-5K	50-54 Female	Lynn	Banderob	Marion	IA	F	54	10:53	1	Gold
Cycling	Time Trial-5K	50-54 Male	Artur	Bobeliewski	Clive	IA	Μ	51	7:34	1	Gold
Cycling	Time Trial-5K	50-54 Male	Troy	Bauer	Dallas Center	IA	М	54	8:34	2	Silver
Cycling	Time Trial-5K	50-54 Male	Colton	Keasler	lowa City	IA	М	54	8:57	3	Bronze
Cycling	Time Trial-5K	50-54 Male	Rollin	Banderob	Marion	IA	Μ	53	10:13		
	Time Trial-5K	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	9:57	1	Gold
Cycling	Time Trial-5K	55-59 Female	Ronda	Johnson	Palo	IA	F	58	10:40	2	Silver
	Time Trial-5K	55-59 Male	David	Gannon	West Des Moines	IA	Μ	57	8:32	_	Gold
	Time Trial-5K	55-59 Male	Lowell	Johnson	Palo	IA	М	59	8:38	_	Silver
Cycling	Time Trial-5K	55-59 Male	David	LaMar	Ames	IA	М	58	10:10	3	Bronze
	-					_					
	Time Trial-5K	60-64 Female	Susan	Paulson	Alexandria	MN	F	64	9:47		Gold
Cycling	Time Trial-5K	60-64 Female	Rozalyn	Boyer	Adel	IA	F	62	11:51	1	Gold
	Time Trial-5K	60-64 Male	Dan	Shaffer	Ely	IA	M	64	7:02	_	Gold
	Time Trial-5K	60-64 Male	kevin	rose	Bettendorf	IA	M	62	7:23	-	Silver
	Time Trial-5K	60-64 Male	Rick	Gladson	Des Moines	IA	M	60	8:08	3	Bronze
	Time Trial-5K	60-64 Male	John	Bregar	Madrid	IA	M	62	8:13		
Cycling	Time Trial-5K	60-64 Male	John	Bergman	Urbandale	IA	М	63	10:21		
Cuelline I			T	Lieuth e un	Omaha		N 4	67	0.05	1	Cald
	Time Trial-5K	65-69 Male	Tom	Hanthorn	Omaha Maraha Iltarum	NE	M	67	9:05		Gold
	Time Trial-5K Time Trial-5K	65-69 Male 65-69 Male	Mike Rick	Bergman	Marshalltown	IA	M M	66 65	7:52	_	Gold Silver
		65-69 Male	Greg	Campbell Bailey	Grimes Oskaloosa	IA	M	65	9:30 9:00		Bronze
	Time Trial-5K	05-09 Male	Greg	balley	USKaluusa	IA		05	9.00	3	ыопze
Cycling	Time Trial-5K	70-74 Male	Stephen	Penkhus	Mankato	MN	M	74	8:14	1	Gold
	Time Trial-5K	70-74 Male	paul	Black	Des Moines	IA	M	74	8:42		Gold
	Time Trial-5K	70-74 Male	Hollis	Anderson	Lincoln	NE	M	72	9:40		Bronze
	Time Trial-5K	70-74 Male	Earl	Hill	Britt	IA	M	72	11:07	_	Silver
	Time Trial-5K	70-74 Male	David	Brown	Des Moines	IA	M	73	14:36		Bronze
Cycing			Davia	BIOWII				, ,	14.50	5	DIGHZE
Cycling	Time Trial-5K	75-79 Female	Ann	Shuman	West Des Moines	IA	F	76	9:56	1	Gold
-,				C. arriari			-		3.30		
Cycling	Time Trial-5K	75-79 Male	Jerry	Duerksen	Corydon	IA	М	78	13:35	2	Silver
	Time Trial-5K	75-79 Male	John	Hartwig	Ankeny	IA	M	78	9:13		Gold
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Cycling Time Trial-5K	85-89 Male	Robert	Peterson	Marshalltown	IA	М	89	9:47	1 Gold
Cycling Time Trial-5K	85-89 Male	ALVIN	RAVENSCROFT	AMES	IA	М	86	12:57	2 Silver
Cycling Time Trial-10K	50-54 Female	Lynn	Banderob	Marion	IA	F	54	20:04	1 Gold
Cycling Time Trial-10K	50-54 Male	Artur	Bobeliewski	Clive	IA	М	51	15:09	1 Gold
Cycling Time Trial-10K	50-54 Male	Troy	Bauer	Dallas Center	IA	Μ	54	16:03	2 Silver
Cycling Time Trial-10K	50-54 Male	Colton	Keasler	lowa City	IA	М	54	17:55	3 Bronze
Cycling Time Trial-10K	50-54 Male	Rollin	Banderob	Marion	IA	М	53	18:59	
Cycling Time Trial-10K	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	19:13	1 Gold
Cycling Time Trial-10K	55-59 Female	Ronda	Johnson	Palo	IA	F	58	19:52	2 Silver
Cycling Time Trial-10K	55-59 Male	David	Gannon	West Des Moines	IA	M	57	16:04	1 Gold
Cycling Time Trial-10K	55-59 Male	Lowell	Johnson	Palo	IA	M	59	16:59	2 Silver
Cycling Time Trial-10K	55-59 Male	David	LaMar	Ames	IA	M	58	20:22	3 Bronze
		Buviu		741103			50	20.22	5 5101120
Cycling Time Trial-10K	60-64 Female	Susan	Paulson	Alexandria	MN	F	64	18:19	1 Gold
Cycling Time Trial-10K	60-64 Female	Rozalyn	Boyer	Adel	IA	F	62	22:03	1 Gold
Cycling Time Trial-10K	60-64 Male	Dan	Shaffer	Ely	IA	Μ	64	13:01	1 Gold
Cycling Time Trial-10K	60-64 Male	kevin	rose	Bettendorf	IA	Μ	62	14:24	2 Silver
Cycling Time Trial-10K	60-64 Male	Rick	Gladson	Des Moines	IA	М	60	15:40	3 Bronze
Cycling Time Trial-10K	60-64 Male	John	Bregar	Madrid	IA	М	62	16:21	
Cycling Time Trial-10K	60-64 Male	John	Bergman	Urbandale	IA	М	63	19:28	
Cueling Time Trial 10K		Tom	Llenthern	Omeha		N 4	67	17.25	1 Cald
Cycling Time Trial-10K	65-69 Male	Tom	Hanthorn	Omaha Marahalltarun	NE	M	67	17:25	1 Gold
Cycling Time Trial-10K	65-69 Male	Mike	Bergman	Marshalltown	IA	M	66	17:59	1 Gold
Cycling Time Trial-10K	65-69 Male	Rick	Campbell	Grimes Oskaloosa	IA	M	65	18:20	2 Silver
Cycling Time Trial-10K	65-69 Male	Greg	Bailey	USKaloosa	IA	IVI	65	20:16	3 Bronze
Cycling Time Trial-10K	70-74 Male	Stephen	Penkhus	Mankato	MN	М	74	18:19	1 Gold
Cycling Time Trial-10K	70-74 Male	paul	Black	Des Moines	IA	М	70	17:16	1 Gold
Cycling Time Trial-10K	70-74 Male	Hollis	Anderson	Lincoln	NE	М	72	18:27	3 Bronze
Cycling Time Trial-10K	70-74 Male	Earl	Hill	Britt	IA	М	73	22:08	2 Silver
Cycling Time Trial-10K	70-74 Male	David	Brown	Des Moines	IA	М	73	28:20	3 Bronze
Cycling Time Trial-10K	75-79 Female	Ann	Shuman	West Des Moines	IA	F	76	<u>19:43</u>	1 Gold
Cycling Time Trial-10K	75-79 Male	Jerry	Duerksen	Corydon	IA	M	78	26:06	2 Silver
Cycling Time Trial-10K	75-79 Male	John	Hartwig	Ankeny	IA	M	78	18:04	1 Gold
		30111	i lai twig				70	10.04	
Cycling Time Trial-10K	85-89 Male	Robert	Peterson	Marshalltown	IA	М	89	19:03	1 Gold

Cycling Time Trial-10K	85-89 Male	ALVIN	RAVENSCROFT	AMES	IA	М	86	24:43	2	Silver
		DISC	GOLF							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Disc Golf	50-54 Male	Bryan	Bane	Granger	IA	М		52	2	Silver
Disc Golf	50-54 Male	Don	Hillyard	Newton	IA	M		45	1	Gold
Dias Calf		C-1	Unuding	Tadakilla	1.0			10	1	Cald
Disc Golf	55-59 Male	Cal	Hawkins	Toddville	IA	M		<mark>49</mark>		Gold
Disc Golf	55-59 Male	Jim	Kopacck	Urbandale	IA	M	-	55		Silver
Disc Golf	55-59 Male	Dan	Lucht	Des Moines	IA	M	-	49		Gold
Disc Golf	55-59 Male	Gary	Marty	ABBOTSFORD	BC	M	-	43		Gold
Disc Golf	55-59 Male	Timothy	Pew	Des Moines	IA	M		56	3	Bronze
Disc Golf	60-64 Male	Kenneth	Mitchell	DES MOINES	IA	M		51	1	Gold
Disc Golf	60-64 Male	Rodney	Smith	Altoona	IA	M	-	55		Silver
		Rouncy								
Disc Golf	70-74 Male	Richard	Rounds	Boone	IA	М		85	1	Gold
Dias Calf	75.70 Mala	Disk	l la ida h l	lah sata s	1.0			74	2	Cilver
Disc Golf	75-79 Male	Rich	Hoidahl	Johnston	IA	M	-	71		Silver
Disc Golf	75-79 Male	Ron	Peterson	Waukee	IA	M	-	60		Gold
Disc Golf	75-79 Male	Steve	Wilson	West Des Moines	IA	M		73	3	Bronze
Disc Golf	85-89 Male	Bart	Young	Indianola	IA	M		79	1	Gold
			DLF					-	1	
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Golf	50-54 Male	Duke	Burrell	Ankeny	IA	М	53	92	1	Gold
Golf	50-54 Male	Pat	Dorsey	Osceola	IA	М	51	. 101	2	Silver
Golf	50-54 Female	Kim	Hicks	Allerton	IA	F	53	79	1	Gold
Golf	55-59 Female	Tricia	Lloyd	Urbandale	IA	F	56	114	2	Silver
Golf	55-59 Female	Susan	Sibbernsen	Altoona	IA	F	58	94	1	Gold
Golf	55-59 Female	Jody	Walter	Des Moines		F	57	120	3	Bronze
Golf	55-59 Male	Brent	Alexander	West Des Moines	IA	Μ	58			Silver
Golf	55-59 Male	Rick	Radcliff	Urbandale	IA	Μ	58			Bronze
Golf	55-59 Male	Tim	Riddle	Osceola	IA	М	55	88	1	Gold
Golf	60-64 Male	Bob	Askelson	Norwalk	IA	M	59	85	2	Silver
Golf	60-64 Male	Raymond	Bloom	Honey Creek	IA	M	61	_		
Golf	60-64 Male	Timothy	Gibler	Council Bluffs	IA	M	60			Bronze
Golf	60-64 Male	Doug	Gould	Ankeny	IA	М	60			Gold
Golf	60-64 Male	Rick	Humpal	Jefferson	IA	М	61	_		

Golf	65-69 Female	Jennifer	Long	lowa City	IA	F	66	115	2	Silver
Golf	65-69 Female	Sandy	Stewart	Cedar Rapids	IA	F	64	101	1	Gold
Golf	65-69 Male	Mike	Flattery	West Des Moines	IA	М	69	76	1	Gold
Golf	65-69 Male	Steven	Hartman	Winterset	IA	М	68	82	4	
Golf	65-69 Male	Edward	McDaniel	Winterset	IA	М	65	94	5	
Golf	65-69 Male	Philip	Morrow	Onawa	IA	М	69	78	2	Silver
Golf	65-69 Male	Gary	Myers	Urbandale	IA	М	65	80	3	Bronze
Golf	65-69 Male	Dan	Zimmerman	West Des Moines	IA	М	67	105	6	
Golf	70-74 Female	Кау	Bromert	Des Moines	IA	F	73	101	3	Bronze
Golf	70-74 Female	Susan	Furland	Runnells	IA	F	70	102	4	
Golf	70-74 Female	Jan	Hogan	Urbandale, I	IA	F	71	103	5	
Golf	70-74 Female	Sylvia	Lenz	Clive	IA	F	73	90	2	Silver
Golf	70-74 Female	Joyce	Weigel	Earlham	IA	F	72	88	1	Gold
Golf	70-74 Male	Pat	Archibald	Melrose	IA	М	72	82	4	
Golf	70-74 Male	Dennis	Baysinger	Norwalk	IA	М	69	77	2	Silver
Golf	70-74 Male	Mark	Braun	Ames	IA	М	70	100	9	
Golf	70-74 Male	Blaine	Carter	Albia	IA	М	72	83	5	
Golf	70-74 Male	Larry	Castagnoli	Clive	IA	М	69	73	1	Gold
Golf	70-74 Male	Larry	Goers	Coralville	IA	М	72	92	7	
Golf	70-74 Male	Jim	Heger	Des Moines	IA	М	72	81	3	Bronze
Golf	70-74 Male	Rick	Judge	Albia	IA	М	70	86	6	
Golf	70-74 Male	earl	rutledge	tama	IA	М	72	95	8	
Golf	75-79 Male	Dennis	Countryman	West Des Moines	IA	М	74	114	6	
Golf	75-79 Male	John	Eyerly	Winterset	IA	М	75	95	5	
Golf	75-79 Male	Virgil	Goodrich	Parkersburg	IA	М	75	90	4	
Golf	75-79 Male	Allan	Hjelle	Elk Horn	IA	М	75	84	1	Gold
Golf	75-79 Male	John	Judge	Albia	IA	М	75	85	2	Silver
Golf	75-79 Male	jerry	ommen	tama	IA	М	79	88	3	Bronze
Golf	80-84 Female	Ellie	Radcliff	West Des Moines	IA	F	79	108	2	Silver
Golf	80-84 Female	Roberta	Rush	Des Moines	IA	F	84	128	3	Bronze
Golf	80-84 Female	Kathy	Vansloan	Des Moines	IA	F	83	100	1	Gold
Golf	80-84 Male	Joe	Montenguise	Colona	IL	М	80	105	1	Gold
Golf	85-89 Male	Merlyn	Knudsen	Elk Horn	IA	М	85	97	2	Silver
Golf	85-89 Male	Jim	Roan	Toledo	IA	М	86	84	1	Gold
Golf	90-94 Male	Robert	Harris	Urbandale	IA	М	91	97	1	Gold

90-94 Male	Phillip	McKee	Urbandale	IA	М	91	115	2	Silver
	HORSE	SHOES							
Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	70	1	Gold
50-54 Male	Bob	Hallgren	Des Moines	IA	M	50	64	1	. Gold
55-59 Female	Melanie	Bintz	Dayton	IA	F	55	62	3	Bronze
	Roz	Smith	, Pleasant Hill		F				Gold
55-59 Female	Jody	Walter	Des Moines	IA	F				Silver
55-59 Male	Timothy	Pew	Des Moines	IA	M	57	137	1	Gold
55-59 Male	Robert	Klampe	Mooresville	IN	M			1	Gold
60-64 Male	Kenneth	Hopper	Waukee	IA	M	63	64	1	Gold
60-64 Male	Joe	Bohlke	Des Moines	IA	М				Silver
65-69 Female	Chris	Jordan	Peru	IA	F	67	133	1	Gold
65-69 Female	Cheryl	Sander	Ankeny	IA	F				Silver
65-69 Female	Shari	Tenney	Des Moines	IA	F				Bronze
65-69 Male	Steve	Jacobs	Urbandale	IA	M	68	90	1	. Gold
70-74 Female	Pam	Slippy	Ankeny	IA	F	72	111	1	. Gold
70-74 Male	David	Brown	Des Moines	IA	M	72	21	4	-
70-74 Male	Richard		Boone	IA	М			3	Bronze
70-74 Male	Skip	Hills	Altoona	IA	М				Silver
70-74 Male	Reggie	Crumes	Altoona	IA	М	72	177	1	Gold
75-79 Female	Ronda	Moffatt	Homestead	IA	F	78	85	1	. Gold
75-79 Male	Ron	Peterson	Waukee	IA	M	75	77	2	Silver
75-79 Male	Dharmvir		West Des Moines	IA	М	-		4	
75-79 Male	Rich	Hoidahl	Johnston	IA	М				Bronze
75-79 Male	Garen	Rains	Solon	IA	М	76	129+		Gold
80-84 Male	Ken	Clark	Urbandale	IA	M	82	55	2	Silver
80-84 Male	Duane	Shaw	Kansas City	KS	М	80	113	1	Gold
85-89 Male	Don	Zimmer	West Des Moines	IA	M	85	50	2	Silver
85-89 Male	Bart	Young	Indianola	IA	М	88	77	1	Gold
	Age Group 50-54 Female 50-54 Male 50-59 Female 55-59 Male 55-59 Male 60-64 Male 60-64 Male 60-64 Male 60-64 Male 65-69 Female 65-69 Female 65-69 Female 65-69 Female 65-69 Female 65-69 Female 70-74 Female 70-74 Male 70-79 Female 80-84 Male 80-84 Male 80-84 Male 80-84 Male 80-84 Male	Age GroupFirst Name50-54 FemaleJacqueline50-54 MaleBob50-54 MaleBob55-59 FemaleMelanie55-59 FemaleRoz55-59 FemaleJody55-59 MaleTimothy55-59 MaleTimothy55-59 MaleKenneth60-64 MaleJoe60-64 MaleJoe65-69 FemaleChris65-69 FemaleChris65-69 FemaleCheryl65-69 FemaleCheryl65-69 FemaleSteve70-74 FemalePam70-74 MaleDavid70-74 MaleSkip70-74 MaleReggie75-79 FemaleRon75-79 MaleRon75-79 MaleBarnivir75-79 MaleRich75-79 MaleSkip75-79 MaleSaren80-84 MaleLen85-89 MaleDon	Age GroupFirst NameLast Name50-54 FemaleJacquelineRiekena50-54 MaleBobHallgren50-54 MaleBobHallgren55-59 FemaleMelanieBintz55-59 FemaleJodyWalter55-59 FemaleJodyWalter55-59 MaleTimothyPew55-59 MaleRobertKlampe60-64 MaleKennethHopper60-64 MaleJoeBohlke65-69 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Jacquelline Rickena West Des Moines IA F 53 70 1 50-54 Male Bob Hallgren Des Moines IA M 50 64 1 55-59 Fernale Melanie Bintz Dayton IA F 55 62 3 55-59 Fernale Jody Walter Des Moines IA F 57 63 2 55-59 Male Timothy Pew Des Moines IA M 57 137 137 1 55-59 Male Robert Klampe Mooresville IN M 58 133 1 60-64 Male Joe Bohlke Des Moines IA M 64 42 2 65-69 Fernale Cheryl Sander Ankeny IA F 65 20 2 2</td>	Age Group First Name Last Name City State Gender Age Result Place 50-54 Fernale Jacquelline Rickena West Des Moines IA F 53 70 1 50-54 Male Bob Hallgren Des Moines IA M 50 64 1 55-59 Fernale Melanie Bintz Dayton IA F 55 62 3 55-59 Fernale Jody Walter Des Moines IA F 57 63 2 55-59 Male Timothy Pew Des Moines IA M 57 137 137 1 55-59 Male Robert Klampe Mooresville IN M 58 133 1 60-64 Male Joe Bohlke Des Moines IA M 64 42 2 65-69 Fernale Cheryl Sander Ankeny IA F 65 20 2 2

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Pickleball - Mixed Doubles	50-54	Don	Wright	Marion	IA	М	52		1	Gold
Pickleball - Mixed Doubles	50-54	Laurel	Derry	BLAIR	NE	F	58		1	Gold
Pickleball - Mixed Doubles	50-54	Colleen	Stone	Fairfield	IA	F	52		1	Gold
Pickleball - Mixed Doubles	50-54	Mark	Cole	Fairfield	IA	М	65		1	Gold
Pickleball - Mixed Doubles	50-54	Manoj	Rajbhandary	Waukee	IA	М	51		2	Silver
Pickleball - Mixed Doubles	50-54	Jan	Davis	Des Moines	IA	F	57		2	Silver
Pickleball - Mixed Doubles	50-54	Deb	Malone	Dubuque	IA	F	52		3	Bronze
Pickleball - Mixed Doubles	50-54	Ron	Reeg	Bellevue	IA	М	60		3	Bronze
Pickleball - Mixed Doubles	55-59	Lane	Hawley	Fairfield	IA	F	59		1	Gold
Pickleball - Mixed Doubles	55-59	Joel	Price	Fairfield	IA	Μ	58		1	Gold
Pickleball - Mixed Doubles	55-59	Diane	Bonnstetter	Waukee	IA	F	58		2	Silver
Pickleball - Mixed Doubles	55-59	Denny	Warren	Ankeny	IA	М	72		2	Silver
Pickleball - Mixed Doubles	55-59	Julie	Miller	Bettendorf	IA	F	59		3	Bronze
Pickleball - Mixed Doubles	55-59	Barry	Murchie	Bettendorf	IA	М	63		3	Bronze
Pickleball - Mixed Doubles	60-64	Tracey	Thompson	Prescott	AZ	F	61		1	Gold
Pickleball - Mixed Doubles	60-64	Kim	Kuester	Sauk Rapids	MN	М	63		1	Gold
Pickleball - Mixed Doubles	60-64	Grace	Jaworsky	Kansas City	MO	F	61		2	Silver
Pickleball - Mixed Doubles	60-64	Steve	Stone	Des Moines	IA	М	61		2	Silver
Pickleball - Mixed Doubles	60-64	Deb	Holtkamp	Oakdale	MN	F	60		3	Bronze
Pickleball - Mixed Doubles	60-64	Brian	Kanis	Altoona	IA	Μ	61		3	Bronze
Pickleball - Mixed Doubles	65-69	Dale	Thede	Urbandale	IA	М	68		1	Gold
Pickleball - Mixed Doubles	65-69	Linda	Richman	Windsor Heights,	IA	F	70		1	Gold
Pickleball - Mixed Doubles	65-69	Mark	Hermanson	Bettendorf	IA	М	65		2	Silver
Pickleball - Mixed Doubles	65-69	Connie	Coene	Moline	IL	F	70		2	Silver
Pickleball - Mixed Doubles	65-69	Cathy	Brent	Ankeny	IA	F	65		2	Silver
Pickleball - Mixed Doubles	65-69	Richard	Brent	Ankeny	IA	М	66		2	Silver
Pickleball - Mixed Doubles	70-74	Jean	Martin	Davenport	IA	F	70		1	Gold
Pickleball - Mixed Doubles	70-74	Steve	Buck	Amana	IA	М	71		1	Gold
Pickleball - Mixed Doubles	70-74	Judith	Petersen	Bettendorf	IA	F	72		2	Silver
Pickleball - Mixed Doubles	70-74	Craig	Humphreys	Davenport	IA	М	77		2	Silver
Pickleball - Mixed Doubles	70-74	Carol	Cincola	Rock Island	IL	F	71		3	Bronze
Pickleball - Mixed Doubles	70-74	Larry	Miller	Port Byron	IL	М	76		3	Bronze
Pickleball - Mixed Doubles	70-74	Gail	Henderson	Atlantic	IA	F	71		3	Bronze
Pickleball - Mixed Doubles	70-74	Bruce	Henderson	Atlantic	IA	М	71		3	Bronze
Pickleball - Mixed Doubles	75-79	Barbara	Shinbori	Davenport	IA	F	75		1	Gold
Pickleball - Mixed Doubles	75-79	dave	langrock	davenport	IA	М	77		_	Gold
Pickleball - Mixed Doubles	75-79	Jan	Fife	Carlisle	IA	F	75		_	Silver

Pickleball - Mixed Doubles	75-79	Ronald	Smith	West Des Moines	IA	Μ	75	2 S	Silver
Pickleball - Mixed Doubles	75-79	Donna	Crookham	Oskaloosa	IA	F	76	3 B	Bronze
Pickleball - Mixed Doubles	75-79	robert	smyth	west des moines	IA	М	76	3 B	Bronze
Pickleball - Mixed Doubles	80-84	Theresa	Schmitz	Delhi	IA	F	80	10	Gold
Pickleball - Mixed Doubles	80-84	Kenneth	Beaird	Keokuk	IA	Μ	80	10	Gold
Pickleball - Men's Doubles	50-54 Male	Don	Wright	Marion	IA	Μ	52	10	Gold
Pickleball - Men's Doubles	50-54 Male	Brad	Staley	Hampton	IA	Μ	59	10	Gold
Pickleball - Men's Doubles	50-54 Male	Manoj	Rajbhandary	Waukee	IA	Μ	51	2 S	Silver
Pickleball - Men's Doubles	50-54 Male	Leland	Harker	West Des Moines	IA	М	60	2 S	Silver
Pickleball - Men's Doubles	55-59 Male	Joel	Price	Fairfield	IA	M	58	1 6	Gold
Pickleball - Men's Doubles	55-59 Male	Steven	Blum	Fairfield	IA	M	68		Gold
Pickleball - Men's Doubles	55-59 Male	Steve	Huling	Hampton	IA	M	58		Silver
Pickleball - Men's Doubles	55-59 Male	Kaiguo	Chang	Gretna	NE	M	58		Silver
Pickleball - Men's Doubles	55-59 Male	Clifford	Cavalier	Norwalk	IA	M	59		Silver
Pickleball - Men's Doubles	55-59 Male	Bruce	Wagner	Waukee	IA	M	58		Silver
Pickleball - Men's Doubles	55-59 Male	Dean	Nihart	Johnston	IA	M	58		Bronze
Pickleball - Men's Doubles	55-59 Male	Jeff	Nihart	Ankeny	IA	M	61		Bronze
There built internet bounded		3011		/ uncerty	17.		01		JIONZC
Pickleball - Men's Doubles	60-64 Male	Kim	Kuester	Sauk Rapids	MN	М	63	10	Gold
Pickleball - Men's Doubles	60-64 Male	Steve	Stone	Des Moines	IA	М	61		Gold
Pickleball - Men's Doubles	60-64 Male	Brian	Kanis	Altoona	IA	М	61	10	Gold
Pickleball - Men's Doubles	60-64 Male	Craig	Rhodes	Marshalltown	IA	М	68		Gold
Pickleball - Men's Doubles	60-64 Male	Ric	Anderson	Mashalltown	IA	М	63	3 S	Silver
Pickleball - Men's Doubles	60-64 Male	Mark	Lorenz	Springville	IA	М	69	3 S	Silver
Diablahall Marila Davidaa		laha	la huata u a	Dhua Caraa		.	65	10	
Pickleball - Men's Doubles	65-69 Male 65-69 Male	John	Johnstone	Blue Grass	IA	M	65		Gold
Pickleball - Men's Doubles		Mark	Hermanson	Bettendorf	IA	M	65 68		Gold
Pickleball - Men's Doubles	65-69 Male 65-69 Male	Larry	Trine	Lady Lake	FL	M	_		Silver
Pickleball - Men's Doubles		Theodore (Ted)	Anderson	Ankeny	IA	M	74 68		Silver
Pickleball - Men's Doubles	65-69 Male	Bob	Farber	Des Moines	IA	M			Silver
Pickleball - Men's Doubles	65-69 Male	Rick	Chimienti	Ankeny	IA	M	68		Silver
Pickleball - Men's Doubles	65-69 Male	Jerry	Armstrong	West Des Moines	IA	M	68		Bronze
Pickleball - Men's Doubles	65-69 Male	John	Wilson	Urbandale	IA	M	69	4 8	Bronze
Pickleball - Men's Doubles	70-74 Male	Steve	Buck	Amana	IA	М	71	10	Gold
Pickleball - Men's Doubles	70-74 Male	Robert	Pyles	Mt Vernon	IA	Μ	75	10	Gold
Pickleball - Men's Doubles	70-74 Male	William	Stalter	Urbandale	IA	Μ	70	2 S	Silver
Pickleball - Men's Doubles	70-74 Male	Terry	Pogge	Ankeny	IA	Μ	71	2 S	Silver
Pickleball - Men's Doubles	70-74 Male	Larry	Bouvier	Davenport	IA	Μ	71	3 B	Bronze
Pickleball - Men's Doubles	70-74 Male	dave	langrock	davenport	IA	М	77	3 B	Bronze

Pickleball - Men's Doubles	75-79 Male	Larry	Miller	Port Byron	IL	М	76	1	Gold
Pickleball - Men's Doubles	75-79 Male	Craig	Humphreys	Davenport	IA	Μ	77	1	Gold
Pickleball - Men's Doubles	80-84 Male	Kenneth	Beaird	Keokuk	IA	М	80	1	Gold
Pickleball - Men's Doubles	80-84 Male	Douglas	Reynolds	Davenport	IA	М	85	1	Gold
Pickleball - Men's Doubles	80-84 Male	Don	Newton	West Des Moines	IA	Μ	80	2	Silver
Pickleball - Men's Doubles	80-84 Male	Richard	Baskerville	West Des Moines	IA	Μ	83	2	Silver
Pickleball - Women's Doubles	50-54 Female	Colleen	Stone	Fairfield	IA	F	52	1	Gold
Pickleball - Women's Doubles	50-54 Female	Lane	Hawley	Fairfield	IA	F	59	1	Gold
Pickleball - Women's Doubles	50-54 Female	Kathleen	Macke	Carroll	IA	F	53	2	Silver
Pickleball - Women's Doubles	50-54 Female	Kelly	Schubert	Carroll	IA	F	58	2	Silver
Pickleball - Women's Doubles	50-54 Female	Tammy	Stone	Des moines	IA	F	52	3	Bronze
Pickleball - Women's Doubles	50-54 Female	Grace	Jaworsky	Kansas City	MO	F	61	3	Bronze
Pickleball - Women's Doubles	50-54 Female	Tina	Donald-Talbot	Indianola	IA	F	50	3	Bronze
Pickleball - Women's Doubles	50-54 Female	Cathy	Brent	Ankeny	IA	F	64	3	Bronze
Pickleball - Women's Doubles	55-59 Female	Brenda	Jones	Pella	IA	F	59	1	Gold
Pickleball - Women's Doubles	55-59 Female	Diana	Richardson	Searsboro	IA	F	55	1	Gold
Pickleball - Women's Doubles	55-59 Female	Laurel	Derry	BLAIR	NE	F	58	2	Silver
Pickleball - Women's Doubles	55-59 Female	Rhonda	Buckley	Valley	NE	F	61	2	Silver
Pickleball - Women's Doubles	55-59 Female	Jan	Davis	Des Moines	IA	F	57	2	Silver
Pickleball - Women's Doubles	55-59 Female	Margeret	Walter	West Des Moines	IA	F	59	2	Silver
Pickleball - Women's Doubles	55-59 Female	Laura	Lindauer	omaha	NE	F	59	1	Gold
Pickleball - Women's Doubles	55-59 Female	Sherrie	Hascall	Valley	NE	F	62	1	Gold
Pickleball - Women's Doubles	55-59 Female	Denise	Fechner	Urbandale	IA	F	57	3	Bronze
Pickleball - Women's Doubles	55-59 Female	Jennifer	Roberts	WEST DES MOINES	IA	F	62	3	Bronze
Pickleball - Women's Doubles	60-64 Female	Chris	Prellwitz	Mt.Pleasant	IA	F	60	1	Gold
Pickleball - Women's Doubles	60-64 Female	Cathy	Linn	Bettendorf	IA	F	61	1	Gold
Pickleball - Women's Doubles	60-64 Female	Vicki	Ryan	Davenport	IA	F	60	2	Silver
Pickleball - Women's Doubles	60-64 Female	Cindy	Wiseman	Davenport	IA	F	62	2	Silver
Pickleball - Women's Doubles	60-64 Female	Deborah A	Olson	Clinton	IA	F	60	3	Bronze
Pickleball - Women's Doubles	60-64 Female	Barb	Brondyke	Clinton	IA	F	62	3	Bronze
Pickleball - Women's Doubles	60-64 Female	Barb	McIntyre	Lincoln	NE	F	64	3	Bronze
Pickleball - Women's Doubles	60-64 Female	Darcy	McBride	Lincoln	NE	F	67	3	Bronze
Pickleball - Women's Doubles	65-69 Female	Donna	Leslie	Independence	MO	F	67	1	Gold
Pickleball - Women's Doubles	65-69 Female	Mary	Williams	Independence	MO	F	67	1	Gold
Pickleball - Women's Doubles	65-69 Female	valle	Smith	Independence	MO	F	68	2	Silver
Pickleball - Women's Doubles	65-69 Female	Diane	Kyser	Independence	MO	F	73	2	Silver
Pickleball - Women's Doubles	65-69 Female	Nancy	South	Des Moines	IA	F	66	1	Gold

Pickleball - Women's Doubles	65-69 Female Je	ean	Golliher	West Des Moines	IA	F	68		L Gold
Pickleball - Women's Doubles	65-69 Female m	iyra	waggenspack	West Des Moines	IA	F	65		2 Silver
Pickleball - Women's Doubles	65-69 Female Li	nda	Bloomer	WDM	IA	F	73		2 Silver
Pickleball - Women's Doubles	65-69 Female Li	nda	Sorg	Indianola	IA	F	67		Bronze
Pickleball - Women's Doubles	65-69 Female N	larjorie	Leeper	Indianola	IA	F	69		Bronze
Pickleball - Women's Doubles		heryl	Crawford	Windsor Heights	IA	F	70		L Gold
Pickleball - Women's Doubles		nda	Richman	Windsor Heights,	IA	F	70		L Gold
Pickleball - Women's Doubles		arol	Cincola	Rock Island	IL	F	71		2 Silver
Pickleball - Women's Doubles		onnie	Coene	Moline	IL	F	70		2 Silver
Pickleball - Women's Doubles		an	Martin	Davenport	IA	F	70		2 Silver
Pickleball - Women's Doubles		uth	Senneff	Bettendorf	IA	F	70		2 Silver
Pickleball - Women's Doubles	70-74 Female Ju	ıdith	Petersen	Bettendorf	IA	F	72		Bronze
Pickleball - Women's Doubles	70-74 Female Ba	arbara	Shinbori	Davenport	IA	F	75		Bronze
Pickleball - Women's Doubles	70-74 Female Co	onnie	Lidster	Adel	IA	F	74		L Gold
Pickleball - Women's Doubles			_	Waukee	-		74		L Gold
		usan	Burgess		IA	F	79		
Pickleball - Women's Doubles		ollie	Bates	Greenfield	IA				2 Silver
Pickleball - Women's Doubles	80-84 Female TI	heresa	Schmitz	Delhi	IA	F	80		2 Silver
Pickleball - Singles	50-54 Female	ammy	Stone	Des moines	IA	F	52		L Gold
Pickleball - Singles		eb	Malone	Dubuque	IA	F	52		2 Silver
Pickleball - Singles	55-59 Female Ki	ristine	Wilson	Ames	IA	F	55		L Gold
Pickleball - Singles	55-59 Female A	ngela	Edmonson	Urbandale	IA	F	58		2 Silver
Pickleball - Singles	55-59 Female Jo	ody	Walter	Des Moines	IA	F	57	:	Bronze
Pickleball - Singles	60-64 Female G	race	Jaworsky	Kansas City	MO	F	61		L Gold
Pickleball - Singles	50-54 Male D	on	Wright	Marion	IA	M	52		L Gold
Pickleball - Singles		lanoj	Rajbhandary	Waukee	IA	M	51		2 Silver
Pickleball - Singles	55-59 Male D	ean	Nihart	Johnston	IA	М	58		L Gold
Pickleball - Singles	55-59 Male N	1ike	Mertens	Grinnell	IA	М	56		2 Silver
Pickleball - Singles	55-59 Male Ka	aiguo	Chang	Gretna	NE	М	58	:	Bronze
Pickleball - Singles	60-64 Male Bi	rad	Staley	Hampton	IA	M	60		L Gold
Pickleball - Singles		eff	Nihart	Ankeny	IA	M	61		2 Silver
Pickleball - Singles		eland	Harker	West Des Moines	IA	M	60		Bronze
				West Des Wollies			00	· · · · · · · · · · · · · · · · · · ·	BIOIIZE
Pickleball - Singles	70-74 Male TI	heodore (Ted)	Anderson	Ankeny	IA	М	74		L Gold
Pickleball - Singles	70-74 Male D	onald	Taylor	WEST DES MOINES	IA	М	72		2 Silver
Pickleball - Singles	70-74 Male Fr	red	Bovee	Ankeny	IA	М	71		Bronze

Pickleball - Singles	75-79 Male	Denny	Bane	Urbandale	IA	М	75		1	Gold
Pickleball - Singles	75-79 Male	Ron	Peterson	Waukee	IA	М	75		2	Silver
Pickleball - Singles	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75		3	Bronze
Pickleball - Singles	80-84 Male	Tom	Stadtlander	Belmond	IA	М	81		1	Gold
Pickleball - Singles	85-89 Male	Douglas	Reynolds	Davenport	IA	М	85		1	Gold
			JETBALL							
Event	Age Group	First Name	Last Name	City		Gender	Age R	Result P		Medal
Racquetball - Men's Doubles	60-64 Male	Jeffrey	Witt	Ames	IA	М	60			Bronze
Racquetball - Men's Doubles	60-64 Male	Duane	Faas	Ames	IA	Μ	67			Bronze
Racquetball - Men's Doubles	60-64 Male	Ric	Anderson	Mashalltown	IA	Μ	63			Silver
Racquetball - Men's Doubles	60-64 Male	Jim	Johnson	Marshalltown	IA	Μ	70			Silver
Racquetball - Men's Doubles	60-64 Male	Dan	King	Ankeny	IA	Μ	60			Gold
Racquetball - Men's Doubles	60-64 Male	Fasil	Kebede	Clive	IA	М	67		1	Gold
Racquetball - Men's Doubles	70-74 Male	Mike	Waters	Atlantic	IA	M	72		1	Gold
Racquetball - Men's Doubles	70-74 Male	Dewey	Clark	Lamoni	IA	M	77			Gold
		Dewey		Lamon						Gold
Racquetball - Women's Doubles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	60		1	Gold
Racquetball - Women's Doubles	60-64 Female	Susan	Acoymo	Ankeny	IA	F	62		1	Gold
Racquetball - Mixed Doubles	60-64	Renae	Lampkin	Pleasant Hill	IA	F	60		1	Gold
Racquetball - Mixed Doubles	60-64	Fasil	Kebede	Clive	IA	M	67			Gold
Racquetball - Mixed Doubles	60-64	Susan	Acoymo	Ankeny	IA	F	62			Silver
Racquetball - Mixed Doubles	60-64	Mike	Waters	Atlantic	IA	M	72			Silver
Racquetball - Singles	60-64 Female	Renae	Lampkin	Pleasant Hill	IA	F	60		1	Gold
Racquetball - Singles	60-64 Female	Susan	Acoymo	Ankeny	IA	F	62		2	Silver
Racquetball - Singles	60-64 Male	Ric	Anderson	Mashalltown	IA	M	63		2	Silver
Racquetball - Singles	60-64 Male	Dan	King	Ankeny	IA	M	60			Gold
Racquetball - Singles	60-64 Male	Bradley	Squires	Waterloo	IA	M	60			Bronze
		Diduley								Bronze
Racquetball - Singles	70-74 Male	mike	waters	atlantic	IA	М	72		2	Silver
Racquetball - Singles	70-74 Male	Jim	Johnson	Marshalltown	IA	Μ	70		1	Gold
Racquetball - Singles	70-74 Male	Don	Utsinger	Urbandale	IA	М	72		3	Bronze
Racquetball - Singles	75-79 Male	Dewey	Clark	Lamoni	IA	M	77		1	Gold
		Dewey							1	5010
Racquetball - Singles	80-84 Male	Ed	Killin	Des Moines	IA	М	83		1	Gold

Racquetball - Singles	85-89 Male	Carroll	Marty	Ames	IA	М	85		1	Gold
		ROAD	RACE							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Road Race - 5k	50-54 Male	terry	kruse	clive	IA	М	52	19:34	1	Gold
Road Race - 5k	50-54 Male	Matt	Катр	Clive	IA	М	51	25:42	2	Silver
Road Race - 5k	55-59 Female	Susan	Fray	Clive	IA	F	59	26:31	1	. Gold
Road Race - 5k	55-59 Male	ROADOG	MCKIBBEN	CLIVE	IA	M	58	25:38	3	Bronze
Road Race - 5k	55-59 Male	John	Ross	Ottumwa	IA	М		23:32	2	Silver
Road Race - 5k	55-59 Male	Rick	Scharff	West Des Moines	IA	M		21:45		. Gold
Road Race - 5k	60-64 Male	Kevin	Houston	Boone	IA	M	60	35:15	2	Silver
Road Race - 5k	60-64 Male	John	Blaser	DeWitt	IA	M		21:01		Gold
Road Race - 5k	65-69 Male	Steve	Bergeron	West Des Moines	IA	M	65	28:50		
Road Race - 5k	65-69 Male	Tim	Murphy	lowa City	IA	М		22:02	1	Gold
Road Race - 5k	65-69 Male	Randy	Clarke	Ankeny	IA	М		23:55	_	Silver
Road Race - 5k	65-69 Male	Paul	James	Stanley	IA	М		25:33		
Road Race - 5k	65-69 Male	Gary	Reeder	, Delhi	IA	М		25:01	3	Bronze
Road Race - 5k	75-79 Male	Tom	Kirkwood	Dyersville	IA	M	76	29:49	1	. Gold
Road Race - 5k	80-84 Male	David	Hoffman	Ames	IA	M	81	55:14	1	. Gold
		SHUFFL	EBOARD							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Shuffleboard - Doubles	50-54	Bryan	Bane	Granger	IA	Μ	52		1	Gold
Shuffleboard - Doubles	50-54	Mike	Fruhling	West Des Moines	IA	М	52		1	. Gold
Shuffleboard - Doubles	60-64	Joe	Bohlke	Des Moines	IA	M	64		1	. Gold
Shuffleboard - Doubles	60-64	Randy	Davis	Altoona	IA	М	62		1	Gold
Shuffleboard - Doubles	65-69	Cheryl	Sander	Ankeny	IA	F	65		1	. Gold
Shuffleboard - Doubles	65-69	Wyline	Gardner	Des Moines	IA	F	81			Gold
Shuffleboard - Doubles	70-74	Richard	Rounds	Boone	IA	M	71		1	Gold
Shuffleboard - Doubles	70-74	Michael	Seyfer	Cedar Rapids	IA	M	71		_	Gold
Shuffleboard - Doubles	70-74	Hugen	Ruth	Des Moines	IA	F	73			Silver
Shuffleboard - Doubles	70-74	Zimmer	Don	West Des Moines	IA	M	84			Silver
							04			JIIVEI
Shuffleboard - Doubles	75-79	Connie	Thrasher	Pleasant Hill	IA	F	76		2	Silver
Shuffleboard - Doubles	75-79	Jim	Thrasher	Pleasant Hill	IA	М	76		2	Silver
Shuffleboard - Doubles	75-79	Ron	Peterson	Waukee	IA	М	75		1	Gold

Shuffleboard - Doubles	75-79	Steve	Wilson	West Des Moines	IA	М	75		1	Gold
Shuffleboard - Doubles	80-84	Ken	Clark	Urbandale	IA	М	82		1	Gold
Shuffleboard - Doubles	80-84	Jack	Behmer	Urbandale	IA	Μ	86		1	Gold
Shuffleboard - Singles	50-54 Male	Bryan	Bane	Granger	IA	М	52		1	Gold
Shuffleboard - Singles	55-59 Male	Jim	Klampe	Des Moines	IA	M	57		4	
Shuffleboard - Singles	55-59 Male	Robert	Klampe	Mooresville	IN	M	58			Bronze
Shuffleboard - Singles	55-59 Male	Timothy	Pew	Des Moines	IA	M	57			Gold
Shuffleboard - Singles	55-59 Male	Bruce	Wagner	Waukee	IA	M	58			Silver
Shuffleboard - Singles	60-64 Male	Joe	Bohlke	Des Moines	IA	М	64		2	Silver
Shuffleboard - Singles	60-64 Male	Randy	Davis	Altoona	IA	М	62		1	Gold
Shuffleboard - Singles	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63		3	Bronze
Shuffleboard - Singles	65-69 Female	Cheryl	Sander	Ankeny	IA	F	65		1	Gold
Shuffleboard - Singles	70-74 Male	Richard	Rounds	Boone	IA	M	71		2	Silver
Shuffleboard - Singles	70-74 Male	Michael	Seyfer	Cedar Rapids	IA	M	71			Gold
Shuffleboard - Singles	75-79 Female	Connie	Thrasher	Pleasant Hill	IA	F	76		1	Gold
Shuffleboard - Singles	75-79 Male	Rich	Hoidahl	Johnston	IA	M	77		4	
Shuffleboard - Singles	75-79 Male	Ron	Peterson	Waukee	IA	М	75		2	Silver
Shuffleboard - Singles	75-79 Male	Jim	Thrasher	Pleasant Hill	IA	М	76		3	Bronze
Shuffleboard - Singles	75-79 Male	Steve	Wilson	West Des Moines	IA	М	75		1	Gold
Shuffleboard - Singles	80-84 Male	Ken	Clark	Urbandale	IA	M	82		1	Gold
Shuffleboard - Singles	85-89 Male	Jack	Behmer	Urbandale	IA	M	86		1	Gold
Shameboard Singles			IMING	orbandule	17.3	IVI	00			0010
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 500 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53		1	Gold
Swimming - 500 Freestyle	50-54 Female	Sue	Shivers	Bondurant	IA	F	50	11:32.53	2	Silver
Swimming E00 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	10	F	FG	10.55 72	2	Bronze
Swimming - 500 Freestyle Swimming - 500 Freestyle	55-59 Female	Sonya Jean	Dingeman	Pella	IA IA	F	55	10:55.73 9:36.64		Silver
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE		55			Gold
		Sildfill	FTEy-Lueutke		INE		55	0.29.91		Guiu
Swimming - 500 Freestyle	60-64 Female	Nancy	Fox	Marion	IA	F	61	9:07.44	1	Gold
Swimming - 500 Freestyle	60-64 Male	David	Luers	Bondurant	IA	M	61	10:44.97	2	Silver

Swimming - 500 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	Μ	62	6:35.96	1	Gold
Suring residence - EQO Fine patholo		Circhy	lloubor		1.0	F		7.42.44	1	Cold
Swimming - 500 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	7:43.44	1	Gold
Swimming - 500 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	8:03.75	1	Gold
		-								
Swimming - 500 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	6:50.73		Gold
Swimming - 500 Freestyle	70-74 Male	Richard	Rounds	Boone	IA	M	71	19:11.43	2	Silver
Swimming - 500 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	76	10:20.15	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	16:45.31	2	Silver
Swimming - 500 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	18:17.11	3	Bronze
Swimming - 500 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	13:15.84	1	Gold
Swimming - 500 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F		16:27.34		Silver
						-				
Swimming - 200 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	2:49.90	1	Gold
Swimming - 200 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	3:41.99	2	Silver
Swimming - 200 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55			Gold
	55-55 Tennale	Sharm	Trey-Lueutke	Warten			55	2.33.00		Gold
Swimming - 200 I.M.	55-59 Male	David	Ross	Des Moines	IA	М	57	2:20.33	1	Gold
						-				
Swimming - 200 I.M.	60-64 Female	Ann	Kealy	Marion	IA	F	60	3:13.45	1	Gold
Swimming - 200 I.M.	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:46.75	1	Gold
Swimming - 200 I.M.	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	4:09.89	1	Gold
Swimming - 200 I.M.	70-74 Male	Doug	Chew	urbandale	IA	Μ	70	-		
Swimming - 200 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72			Silver
Swimming - 200 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	3:00.83	1	Gold
Swimming - 200 Freestyle	50-54 Female	Sue	Shivers	Bondurant	IA	F	50	4:27.88	1	Gold
		_				_				
Swimming - 200 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56			Silver
Swimming - 200 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	3:40.54	1	Gold
Swimming - 200 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	2:51.29	1	Gold
Swimming - 200 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	4:05.66	3	Bronze
Swimming - 200 Freestyle	60-64 Female	Nancy	Fox	Marion	IA	F	61	3:29.85	2	Silver
Swimming - 200 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	M	60	2:11.94	1	Gold
Swittining - 200 HEESLYIE		Dave	VV CIIS		INE	141	00	2.11.94	1	Julu

Swimming - 200 Freestyle	60-64 Male	David	Luers	Bondurant	IA	М	61	3:39.68	3	Bronze
Swimming - 200 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	2:21.70	2	Silver
Swimming - 200 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:19.54	1	Gold
Swimming - 200 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	2:53.14	1	Gold
Swimming - 200 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	2:49.90	1	Gold
Swimming - 200 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	4:03.28	1	Gold
Swimming - 200 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	76	3:51.45	1	Gold
Swimming - 200 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	Μ	78		2	Silver
Swimming - 200 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	7:00.91	3	Bronze
Swimming - 200 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F	83	6:38.09	1	Gold
Swimming - 200 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	4:30.38	1	Gold
Swimming - 100 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	1:44.37	2	Silver
Swimming - 100 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:07.40	3	Bronze
Swimming - 100 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	1:17.13	1	Gold
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:21.99	1	Gold
Swimming - 100 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	1:13.27	1	Gold
Swimming - 100 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1	Gold
Swimming - 100 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	М	65	1:35.10	1	Gold
Swimming - 100 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	3:18.30	2	Silver
Swimming - 100 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	Μ	72	2:03.21	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	2:49.03	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	3:19.65	2	Silver
Swimming - 100 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:31.96	1	Gold
Swimming - 100 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	М	83	2:49.06	1	Gold
Swimming - 100 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	4:16.96	1	Gold
Swimming - 100 Butterfly	60-64 Female	Ann	Kealy	Marion	IA	F	60	1:46.62	1	Gold

Swimming - 100 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	1:16.59	1	Gold
Swimming - 100 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	М	70	2:09.67	3	Bronze
Swimming - 100 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	2:02.08		Silver
Swimming - 100 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	1:24.20	1	Gold
Swimming - 50 Breaststroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	40.94	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Dennis	Bennett	Norwalk	IA	M	53	31.17	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	М	50	33.00		Silver
Swimming - 50 Breaststroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	55.30		Silver
Swimming - 50 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56			Bronze
Swimming - 50 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	44.90	1	Gold
Swimming - 50 Breaststroke	55-59 Male	David	Ross	Des Moines	IA	M	57	31.21	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:00.08	2	Silver
Swimming - 50 Breaststroke	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	1:09.38	3	Bronze
Swimming - 50 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	45.57	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	M	60	DQ		
Swimming - 50 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	39.52	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:12.76	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	51.94	1	Gold
Curinensian - EO Desentaturales	70.74.04-1-	Davia	Chew				70	1 00 10		Durana
Swimming - 50 Breaststroke Swimming - 50 Breaststroke	70-74 Male 70-74 Male	Doug Alan	Schenck	urbandale Clarinda	IA IA	M M	70	1:08.13 56.78		Bronze Gold
Swimming - 50 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	56.92		Silver
	70-74 Wale	Don	Otsinger				12	50.92	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	1:32.49	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	1:24.49	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	1:55.63	3	Bronze
Swimming - 50 Breaststroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:23.67	2	Silver
Swimming - 50 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:12.59		Gold
Swithing - 30 Dicasistioke				West Des Womes			63	1.12.39	1	
Swimming - 50 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	М	92	2:29.98	1	Gold
Swimming - 50 Butterfly	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	34.60	1	Gold
Swittining - SO bulleting	JU-J4 Feilidie	пеашег	пиетшег		1/2	Г	55	54.00	1	Guiu

Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	М	50	29.83	1	Gold
Swimming - 50 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	50.79	1	Gold
Swimming - 50 Butterfly	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:06.60	2	Silver
Swimming - 50 Butterfly	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	37.05	1	Gold
Swimming - 50 Butterfly	60-64 Male	Dave	Wells	Omaha	NE	М	60	29.56	1	Gold
Swimming - 50 Butterfly	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	31.16	2	Silver
Swimming - 50 Butterfly	65-69 Female	Cindy	Hauber	Ames	IA	F	65	40.51	1	Gold
Swimming - 50 Butterfly	65-69 Male	Norman	Bower	Davenport	IA	М	65	45.22	2	Silver
Swimming - 50 Butterfly	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	37.29	1	Gold
Swimming - 50 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	53.43	1	Gold
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	М	70	50.62	1	Gold
Swimming - 50 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	50.67	2	Silver
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	5:59.37	1	Gold
Swimming - 400 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	6:18.67	1	Gold
Swimming - 100 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:06.37	1	Gold
Swimming - 100 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:48.38	2	Silver
Swimming - 100 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:43.81	1	Gold
Swimming - 100 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:17.52		Gold
Swimming - 100 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62			Silver
Swimming - 100 Freestyle	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	2:00.97	3	Bronze
Swimming - 100 Freestyle	60-64 Male	Brad	Staley	Hampton	IA	Μ	60			Bronze
Swimming - 100 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	1:03.35		Silver
Swimming - 100 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	Μ	60	1:01.14	1	Gold
Swimming - 100 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69	2:14.65		Silver
Swimming - 100 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:19.94	1	Gold
Swimming - 100 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	Μ	65	1:15.15	1	Gold

Swimming - 100 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	1:29.51	1	Gold
Swimming - 100 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	Μ	70	1:55.87		Silver
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	1:43.08	1	Gold
Swimming - 100 Freestyle	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	75	1:41.24	1	Gold
Swimming - 100 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	Μ	78	3:02.82	2	Silver
Swimming - 100 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	3:32.15	3	Bronze
Swimming - 100 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	4:11.96	2	Silver
Swimming - 100 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:23.01		Gold
Swimming - 100 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	2:10.52	1	Gold
Swimming - 100 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	3:36.00	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	1:15.64	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	3:38.79	1	Gold
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:17.55	2	Silver
Swimming - 100 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60			Gold
Swimming - 100 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	M	60	2:04.25	2	Silver
Swimming - 100 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:27.76		Gold
Swimming - 100 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:36.21	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	2:38.60		Silver
Swimming - 100 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	4:46.91	1	Gold
Swimming - 100 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	5:50.15	2	Silver
Swimming - 50 Backstroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	38.18	1	Gold
Swimming - So Backstroke	30-34 Temale	heather	ndetther		KJ	1	55	58.18	L	
Swimming - 50 Backstroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56			Bronze
Swimming - 50 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:03.85	2	Silver
Swimming - 50 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	35.74	1	Gold
Swimming - 50 Backstroke	55-59 Male	David	ross	Des Moines	IA	М	57	28.34	1	Gold
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:04.93	3	Bronze
Swimming - 50 Backstroke	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	58.14	2	Silver

Swimming - 50 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	59	41.77	1	Gold
Swimming - 50 Backstroke	60-64 Male	Kenneth	Hopper	Waukee	IA	M	63	1:11.57	2	Silver
	60-64 Male	Daniel		Des Moines		M	60			Gold
Swimming - 50 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	IVI	60	<u>32.33</u>	1	Gold
Swimming - 50 Backstroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:06.28	2	Silver
Swimming - 50 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	43.03	1	Gold
Swimming - 50 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	65	40.89	1	Gold
Swimming - 50 Backstroke	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	47.01		Silver
Swittining - So Backstroke		Wiarco	Recalde				05	47.01	2	Silver
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	М	70	1:11.40	4	
Swimming - 50 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	52.69	2	Silver
Swimming - 50 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	Μ	71	1:25.93	5	
Swimming - 50 Backstroke	70-74 Male	Robert	Kranz	Apple Valley	MN	Μ	72	1:06.28	3	Bronze
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	49.21	1	Gold
Swimming - 50 Backstroke	75-79 Male	lvan	Maggert	Lincoln	NE	M	78	1:38.38	2	Silver
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	1:29.69		Gold
		Konald	Shirth				75	1.25.05	<u> </u>	0010
Swimming - 50 Backstroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:01.94	2	Silver
Swimming - 50 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:22.10	1	Gold
Swimming - 50 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	1:20.77	1	Gold
		,		•						
Swimming - 50 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	1:07.82	1	Gold
Swimming - 50 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	м	92	1:58.98	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Dave	Wells	Omaha	NE	M	60	3:01.69	1	Gold
Swimming 200 Proactatroka	70-74 Male	Ctan	LeMaster	Council Bluffs	IA	M	71	5.21.04	1	Gold
Swimming - 200 Breaststroke	70-74 Wale	Stan					71	5:31.94	1	Golu
Swimming - 200 Breaststroke	75-79 Male	David	Leslie	West Des Moines	IA	М	76	4:34.86	1	Gold
Swimming - 200 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	5:59.47	2	Silver
Swimming - 200 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	3:21.59	1	Gold
								0121100	-	0010
Swimming - 200 Butterfly	50-54 Male	Dennis	Bennett	Norwalk	IA	М	53	2:21.77	1	Gold
Swimming - 200 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	4:19.07	2	Silver
Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	3:06.59		Gold
			,							

Swimming - 200 Butterfly	60-64 Female	Ann	Kealy	Marion	IA	F	60	4:00.22	1	Gold
Swimming - 200 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	3:08.92	1	Gold
							02	0100102	-	Colu
Swimming - 200 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	4:40.88	1	Gold
Swimming - 200 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	3:20.91	1	Gold
Swimming - 100 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:18.76	1	Gold
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	1:08.83	1	Gold
Swimming - 100 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55			Gold
Swimming - 100 I.M.	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:05.20	2	Silver
Swimming - 100 I.M.	55-59 Male	David	ross	Des Moines	IA	М	57	1:09.41	1	Gold
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:27.25	1	Gold
Swimming - 100 I.M.	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:15.95	1	Gold
Swimming - 100 I.M.	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1	Gold
Swimming - 100 I.M.	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	1:50.04	1	Gold
Swimming - 100 I.M.	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	2:05.70	1	Gold
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	M	70	2:12.11	3	Bronze
Swimming - 100 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	1:52.10	2	Silver
Swimming - 100 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:18.49	1	Gold
Swimming - 50 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	30.11	1	Gold
Swimming - 50 Freestyle	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	26.88	2	Silver
Swimming - 50 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	39.31	1	Gold
Swimming - 50 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	49.37		Bronze
Swimming - 50 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	45.39		Silver
Swimming - 50 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	33.80	1	Gold
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	48.43		Silver
Swimming - 50 Freestyle	60-64 Male	Brad	Staley	Hampton	IA	M	60	43.03	2	Silver

Swimming - 50 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	Μ	60	27.69	1	Gold
Swimming - 50 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69			Silver
Swimming - 50 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	35.56	1	Gold
Swimming - 50 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	35.24	1	Gold
Swimming - 50 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	46.36	1	Gold
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	M	70	47.54	3	Bronze
Swimming - 50 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	38.40	2	Silver
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	37.89	1	Gold
Swimming - 50 Freestyle	75-79 Male	lvan	Maggert	Lincoln	NE	M	78	1:05.74	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	1:10.46	2	Silver
Swimming - 50 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:04.93	1	Gold
Swimming - 50 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	М	83	1:08.92	1	Gold
Swimming - 50 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	1:39.14	1	Gold
Swimming - 200 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	3:53.12	2	Silver
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55			Gold
Swimming - 200 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	3:17.76	1	Gold
Swimming - 200 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:36.82	1	Gold
Swimming - 200 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	7:18.76	2	Silver
Swimming - 200 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	4:43.56	1	Gold
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	8:16.69	2	Silver
Swimming - 200 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	7:38.59	1	Gold
Swimming - 200 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	5:20.71	1	Gold
Swimming - 200 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	5:10.08	1	Gold
			TENNIS							
Event	Age Group	First Name	Last Name	City		Gender	-	Result	-	Medal
Table Tennis - Singles	55-59 Female	Nancy	Shaw	Ames	IA	F	55		1	Gold
Table Tennis - Singles	60-64 Female	Wenxia	Li	Ames	IA	F	60		1	Gold

Table Tennis - Singles	60-64 Female	Marcia	Klingbeil	Estherville	IA	F	63	2 Silver
Table Tennis - Singles	60-64 Female	Debbi	Cooper	Ankeny	IA	F	61	3 Bronze
				·				
Table Tennis - Singles	65-69 Female	Mary Jo	Glanville	Ames	IA	F	67	1 Gold
Table Tennis - Singles	65-69 Female	Jeanne	Warning	Ames	IA	F	68	2 Silver
Table Tennis - Singles	65-69 Female	Judy	Peterson	West Des Moines	IA	F	65	3 Bronze
Table Tennis - Singles	70-74 Female	Sally	Bohmer	Estherville	IA	F	73	1 Gold
Table Tennis - Singles	75-79 Female	Ruth	Jensen	Sioux City	IA	F	75	1 Gold
Table Tennis - Singles	55-59 Male	Kevin	Nabity	Polk City	IA	M	56	1 Gold
Table Tennis - Singles	55-59 Male	Paul	Anderson	Des Moines	IA	M	57	2 Silver
Table Tennis - Singles	55-59 Male	Ben	Chatman	Polk City	IA	M	58	3 Bronze
Table Tennis - Singles	60-64 Male	Kevin	Ripp	Des Moines	IA	M	62	1 Gold
Table Tennis - Singles	60-64 Male	Steve	Stone	Des Moines	IA	M	61	2 Silver
Table Tennis - Singles	60-64 Male	Kenneth	Mitchell	DES MOINES	IA	M	63	3 Bronze
Table Tennis - Singles	65-69 Male	Charles	Voss	Clive	IA	Μ	67	1 Gold
Table Tennis - Singles	65-69 Male	Steve	Jacobs	Urbandale	IA	Μ	68	2 Silver
Table Tennis - Singles	65-69 Male	nikola	grabovac	johnston	IA	M	65	3 Bronze
Table Tennis - Singles	70-74 Male	Dennis	Dahl	Pocahontas	IA	M	71	1 Gold
Table Tennis - Singles	70-74 Male	Rich	Kern	Lincoln	NE	Μ	70	2 Silver
Table Tennis - Singles	70-74 Male	Rick	Flynn	Cedar Rapids	IA	Μ	74	2 Silver
Table Tennis - Singles	70-74 Male	Larry	Bouvier	Davenport	IA	М	71	3 Bronze
Table Tennis - Singles	75-79 Male	Bob	Jensen	Sioux City	IA	M	78	1 Gold
Table Tennis - Singles	75-79 Male	Gary	Oxley	Lincoln	NE	М	75	2 Silver
Table Tennis - Singles	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	2 Silver
Table Tennis - Singles	80-84 Male	David	Goin	Jefferson	IA	M	83	1 Gold
Table Tennis - Singles	80-84 Male	Tom	Stadtlander	Belmond	IA	M	81	2 Silver
Table Terris - Cingles		Clarance	labores			N 4	05	1 Cald
Table Tennis - Singles	85-89 Male	Clarence	Johanns	Ames	IA	M	85	1 Gold
Table Tennis - Men's Doubles	55-59 Male	Kevin	Nabity	Polk City	IA	М	56	1 Gold
Table Tennis - Men's Doubles	55-59 Male	Kevin	Ripp	Des Moines	IA	М	62	1 Gold
Table Tennis - Men's Doubles	60-64 Male	Steve	Stone	Des Moines	IA	M	61	1 Gold
Table Tennis - Men's Doubles	60-64 Male	Dennis	Dahl	Pocahontas	IA	M	71	1 Gold
Table Tennis - Men's Doubles	60-64 Male	Randy	Davis	Altoona	IA	M	62	2 Silver

Table Tennis - Men's Doubles	60-64 Male	Kenneth	Mitchell	DES MOINES	IA	М	63		2	Silver
Table Tennis - Men's Doubles	65-69 Male	Charles	Voss	Clive	IA	М	67		1	Gold
Table Tennis - Men's Doubles	65-69 Male	nikola	grabovac	johnston	IA	М	65		1	Gold
Table Tennis - Men's Doubles	65-69 Male	John	Anderson	Ames	IA	М	68		2	Silver
Table Tennis - Men's Doubles	65-69 Male	Brad	Ewest	Ankeny	IA	М	65		2	Silver
Table Tennis - Men's Doubles	70-74 Male	Rich	Kern	Lincoln	NE	M	70		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Gary	Oxley	Lincoln	NE	М	75		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Rick	Flynn	Cedar Rapids	IA	М	74		1	Gold
Table Tennis - Men's Doubles	70-74 Male	Tom	Stadtlander	Belmond	IA	M	81			Gold
Table Tennis - Men's Doubles	70-74 Male	Bob	Jensen	Sioux City	IA	M	78			Silver
Table Tennis - Women's Doubles	60-64 Female	Marcia	Klingbeil	Estherville	IA	F	63		1	Gold
Table Tennis - Women's Doubles	60-64 Female	Sally	Bohmer	Estherville	IA	F	73		1	Gold
Table Tennis - Women's Doubles	60-64 Female	Debbi	Cooper	Ankeny	IA	F	61		2	Silver
Table Tennis - Women's Doubles	60-64 Female	Sylvia	Gieske	Bondurant	IA	F	63		2	Silver
Table Terris Minad Daubles	50.54		Chama	Desmoines		F	50		1	Cald
Table Tennis - Mixed Doubles	50-54	Tammy	Stone	Des moines	IA		52			Gold
Table Tennis - Mixed Doubles	50-54	Tom	Stadtlander	Belmond	IA	M	81		1	Gold
Table Tennis - Mixed Doubles	55-59	Wenxia	Li	Ames	IA	F	60		1	Gold
Table Tennis - Mixed Doubles	55-59	Kevin	Nabity	Polk City	IA	М	56		1	Gold
Table Tennis - Mixed Doubles	55-59	Nancy	Shaw	Ames	IA	F	55		2	Silver
Table Tennis - Mixed Doubles	55-59	Clarence	Johanns	Ames	IA	М	84			Silver
Table Tennis - Mixed Doubles	60-64	Marcia	Klingbeil	Estherville	IA	F	63			Gold
Table Tennis - Mixed Doubles	60-64	Steve	Stone	Des Moines	IA	М	61			Gold
Table Tennis - Mixed Doubles	60-64	Randy	Davis	Altoona	IA	М	62		2	Silver
Table Tennis - Mixed Doubles	60-64	Cheryl	Sander	Ankeny	IA	F	65		2	Silver
Table Tennis - Mixed Doubles	65-69 Male	John	Anderson	Ames	IA	M	68		1	Gold
Table Tennis - Mixed Doubles	70-74	Sally	Bohmer	Estherville	IA	F	73		1	Gold
Table Tennis - Mixed Doubles	70-74	Dennis	Dahl	Pocahontas	IA	М	71		1	Gold
Table Tennis - Mixed Doubles	75-79	Ruth	Jensen	Sioux City	IA	F	75		1	Gold
Table Tennis - Mixed Doubles	75-79	Bob	Jensen	Sioux City	IA	M	73			Gold
			NNIS		А		78		1	3010
Event	Age Group	First Name	Last Name	City	State	Gender	Δσρ	Result f	Place	Medal
Tennis - Men's Doubles	55-59 Male	Joseph	Lopez-Wilson	Omaha	NE	M	5 9			Gold
Tennis - Men's Doubles	55-59 Male	Steve	England	West Des Moines	IA	M				Gold
		5,676								

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Track & Field - Race Walk 5,000 M	60-64 Female	Judy	Block	West Des Moines	IA	IF	-	43:23.51	2	Silver
Track & Field - Race Walk 5,000 M	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	34:45.28	1	Gold
Track & Field - Race Walk 5,000 M	55-59 Male	Timothy	Pew	Des Moines	IA	М	58	41:51.77	1	Gold
Track & Field - Race Walk 5,000 M	50-54 Female	Sue	Shivers	Bondurant	IA	F		40:16.99	1	Gold
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
			& FIELD			•		·		•
Tennis - Singles	85-89 Male	Don	Zimmer	West Des Moines	IA	М	85		1	Gold
Tennis - Singles	80-84 Male	Don	Wente	Clive	IA	M	80			Gold
Tennis - Singles	80-84 Male	Richard	Baskerville	West Des Moines	IA	M	83		2	Silver
			wiccoy		1.3		74		2	Silver
Tennis - Singles	70-74 Male	Gary	McCoy	DeSoto	KS	M	70			Silver
Tennis - Singles	70-74 Male	Paul	Stokstad	Fairfield	IA	M	70		1	Gold
Tennis - Singles	65-69 Male	Robert	Rehfuss	CORALVILLE	IA	Μ	66			Gold
Tennis - Singles	65-69 Male	Cole	Kern	La Porte City	IA	M	69			Silver
Tanaia Cingles		Cali	l (a ma	La Danta Cit			60		-	Cibur
Tennis - Singles	60-64 Male	KEITH	HUESMAN	MASON CITY	IA	М	61		2	Silver
Tennis - Singles	60-64 Male	Fred	Pedersen	Iowa City	IA	M	60			Gold
Tennis - Singles	55-59 Male	Joseph	Lopez-Wilson	Omaha	NE	М	59		1	Gold
Tennis - Singles	50-54 Male	Brian	Rohr	lowa City	IA	M	52		1	Gold
Tennis - Mixed Doubles	80-84	Beverly	Shelton	Johnston	IA	F	90		1	Gold
Tennis - Mixed Doubles	80-84	Richard	Baskerville	West Des Moines	IA	М	83			Gold
Tennis - Mixed Doubles	65-69	Diane	Meyer-Hesler	Des Moines	IA	F	67			Gold
Tennis - Mixed Doubles	65-69	Cole	Kern	La Porte City	IA	М	69		1	Gold
Tennis - Mixed Doubles	60-64	Doug	Warning	Bloomfield	IA	M	65			Gold
Tennis - Mixed Doubles	60-64	Sandy	Warning	Bloomfield	IA	F	63		1	Gold
Tennis - Men's Doubles	70-74 Male	Albert	Cram	lowa City	IA	М	76		1	Gold
Tennis - Men's Doubles	70-74 Male	Rody	Gessner	lowa City	IA	M	72			Gold
			-							
Tennis - Men's Doubles	65-69 Male	Paul	Stokstad	Fairfield	IA	М	69		1	Gold
Tennis - Men's Doubles	65-69 Male	Bryan	Cole	Des Moines	IA	Μ	69			Gold
Tennis - Men's Doubles	65-69 Male	Doug	Warning	Bloomfield	IA	М	65			Gold
Tennis - Men's Doubles	65-69 Male	Cole	Kern	La Porte City	IA	Μ	69			Gold

Track & Field - Race Walk 5,000 M	60-64 Male	David	Luers	Bondurant	IA	М	61	45:38.34	2	Silver
Track & Field - Race Walk 5,000 M	60-64 Male	Randy	Davis	Altoona	IA	М	63	34:51.52	1	Gold
Track & Field - Race Walk 5,000 M	65-69 Male	Brad	Ewest	Ankeny	IA	М	66	41:18.82	1	Gold
Track & Field - Race Walk 5,000 M	70-74 Male	David	Brown	Des Moines	IA	М	73	52:05.13		
Track & Field - Race Walk 5,000 M	70-74 Male	Tim	Phillips	Hiawatha	IA	М	70	33:19.49	1	Gold
Track & Field - Race Walk 5,000 M	70-74 Male	Denny	Adair	Osceola	IA	Μ	71	46:10.88	3	Bronze
Track & Field - Race Walk 5,000 M	70-74 Male	Randy	Schuh	Des Moines	IA	Μ	71	34:40.19	2	Silver
Track & Field - Race Walk 5,000 M	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	76	44:27.26	1	Gold
Track & Field - 100M Dash	50-54 Female	Carole	McConnell	Ankeny	IA	F	53	19.48	2	Silver
Track & Field - 100M Dash	50-54 Female	Terri	Switzer	Cambridge	IL	F	51	19.28	2	Silver
Track & Field - 100M Dash	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	17.62	1	Gold
Track & Field - 100M Dash	50-54 Male	Marvin	Wittig	Hartford	WI	М	52	12.90	1	Gold
Track & Field - 100M Dash	50-54 Male	Tom	Trussell	Traer	IA	Μ	54	13.00	1	Gold
Track & Field - 100M Dash	50-54 Male	James	Mahaney	Mason City	IA	Μ	53	15.11		
Track & Field - 100M Dash	50-54 Male	Brian	Andrae	Orion	IL	Μ	52	14.09	3	Bronze
Track & Field - 100M Dash	50-54 Male	Michael	Willis	Sigourney	IA	М	52	15.18		
Track & Field - 100M Dash	50-54 Male	Terry	Kruse	Clive	IA	М	52	14.99	3	Bronze
Track & Field - 100M Dash	50-54 Male	Troy	Lilly	Bondurant	IA	Μ	51	14.29	2	Silver
Track & Field - 100M Dash	55-59 Female	Vilma	Bergstrom	Urbandale	IA	F	55	20.79	1	Gold
Track & Field - 100M Dash	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	21.18	2	Silver
Track & Field - 100M Dash	55-59 Female	Jean	Dingeman	Pella	IA	F	55	22.98	3	Bronze
Track & Field - 100M Dash	55-59 Male	Ed	Saunders	Coralville	IA	Μ	59	14.30	2	Silver
Track & Field - 100M Dash	55-59 Male	Jim	Klampe	Des Moines	IA	Μ	57	16.30	3	Bronze
Track & Field - 100M Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	Μ	59	12.65	1	Gold
Track & Field - 100M Dash	60-64 Female	Ann	Hegstrom	De Soto	IA	F	63	18.20	1	Gold
Track & Field - 100M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	61	22.51	2	Silver
Track & Field - 100M Dash	60-64 Female	Jean	Hulvey	Mount Sterling	IL	F	60	19.66	2	Silver
Track & Field - 100M Dash	60-64 Male	David	Roberts	Boone	IA	Μ	62	13.77	1	Gold
Track & Field - 100M Dash	60-64 Male	Dennis	Swieter	Hampton	IA	Μ	64	18.27		
Track & Field - 100M Dash	60-64 Male	Andrew	Bean	Waukee	IA	М	61	17.52		
Track & Field - 100M Dash	60-64 Male	Joe	Cosgrave	Geneseo	IL	Μ	62	14.67		
Track & Field - 100M Dash	60-64 Male	Lei	Sowell	Topeka	KS	М	61	14.21		
Track & Field - 100M Dash	60-64 Male	Jim	Harpole	Newhall	IA	М	60	14.73		
Track & Field - 100M Dash	60-64 Male	Tom	Cahalan	Norway	IA	М	62	14.04	3	Bronze

Track & Field - 100M Dash	60-64 Male	David	Wilson	Garrison	IA	М	62	13.78	2	Silver
Track & Field - 100M Dash	60-64 Male	David	Olsgaard	Indianola	IA	Μ	60	14.38		
Track & Field - 100M Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	М	64	15.41		
Track & Field - 100M Dash	65-69 Female	Paula	Schultz	Indianola	IA	F	66	22.05	1	Gold
Track & Field - 100M Dash	65-69 Male	Michael	LaValle	Des Moines	IA	Μ	66		2	Silver
Track & Field - 100M Dash	65-69 Male	Tony	Laird	Hastings	NE	Μ	67	16.57	2	Silver
Track & Field - 100M Dash	65-69 Male	Larry	Price	Belton	ТΧ	М	65	16.98	3	Bronze
Track & Field - 100M Dash	65-69 Male	Chuck	Ward	Urbandale	IA	Μ	67	17.48	1	Gold
Track & Field - 100M Dash	65-69 Male	Billy	Potter	Coal Valley	IL	Μ	68	16.29	1	Gold
Turali & Field 400M Deals	70.74 Samala	Linda	Machuna	Anlana	1.0		70	24.04	4	Cald
Track & Field - 100M Dash	70-74 Female	Linda	McClure	Ankeny	IA	F	70	31.81	1	Gold
Track & Field - 100M Dash	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	71	23.86	1	Gold
Track & Field - 100M Dash	70-74 Male	Marvin	Ripp	Middleton	WI	M	70	19.03	3	Bronze
Track & Field - 100M Dash	70-74 Male	David	Brown	Des Moines	IA	M	73	37.78	-	
Track & Field - 100M Dash	70-74 Male	Alan	Schenck	Clarinda	IA	M	73	25.03		
Track & Field - 100M Dash	70-74 Male	Denny	Adair	Osceola	IA	M	71	22.22	3	Bronze
Track & Field - 100M Dash	70-74 Male	James	ODonnell	Ankeny	IA	M	71	20.54	2	Silver
Track & Field - 100M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	71	18.51	2	Silver
Track & Field - 100M Dash	70-74 Male	Randy	Schuh	Des Moines	IA	M	71	18.28	1	Gold
		inditay	Schult				, 1	10.20	-	Gold
Track & Field - 100M Dash	75-79 Male	Alex	Meyer	Scribner	NE	М	78	20.88		
Track & Field - 100M Dash	75-79 Male	Frank	Perez	West Des Moines	IA	М	77	18.29	2	Silver
Track & Field - 100M Dash	75-79 Male	Ron	Peterson	Waukee	IA	М	75	17.68	1	Gold
Track & Field - 100M Dash	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	76	31.84		
Track & Field - 100M Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	Μ	78	20.22	3	Bronze
	00.04.14.1	D'ala a d	Anderson					22.20		Cult
Track & Field - 100M Dash	80-84 Male	Richard	Anderson	West Des Moines	IA	M	84	23.29	1	Gold
Track & Field - 100M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	М	85	19.78	1	Gold
Track & Field - 100M Dash	85-89 Male	Joe	Sassatelli	Urbandale	IA	М	85		2	Silver
Track & Field - 1,500M Run	50-54 Female	Sue	Shivers	Bondurant	IA	F	50	8:12.59	2	Silver
Track & Field - 1,500M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	51		1	Gold
Track & Field - 1,500M Run	50-54 Male	Terry	Kruse	Clive	IA	М	51	5:13.18	1	Gold
Track & Field - 1,500M Run	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	7:02.94	1	Gold
Track & Field - 1,500M Run	55-59 Female	Roxane	Franzen	Denver	IA	F	56	7:37.33	3	Bronze
Track & Field - 1,500M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	55	7:19.29	2	Silver

Track & Field - 1,500M Run	55-59 Male	Roadog	McKibben	Clive	IA	М	58	6:27.85	1	Gold
Track & Field - 1,500M Run	60-64 Male	Brad	Staley	Hampton	IA	М	60	8:05.66		
Track & Field - 1,500M Run	60-64 Male	Chris	Samson	Urbandale	IA	М	64	6:30.25	1	Gold
Track & Field - 1,500M Run	60-64 Male	David	Luers	Bondurant	IA	М	61	7:35.99	3	Bronze
Track & Field - 1,500M Run	60-64 Male	Robert	Hanish	Badger	IA	М	62	6:45.12	2	Silver
Track & Field - 1,500M Run	65-69 Male	Paul	James	Stanley	IA	M	66	6:34.99	2	Silver
Track & Field - 1,500M Run	65-69 Male	Brad	Ewest	Ankeny	IA	M	66		3	Bronze
Track & Field - 1,500M Run	65-69 Male	Chuck	Ward	Urbandale	IA	M	67			DIGHZC
Track & Field - 1,500M Run	65-69 Male	Tim	Murphy	lowa City	IA	M	67		1	Gold
			ivid pily			101	07	5.51.00	-	Gold
Track & Field - 1,500M Run	70-74 Male	Larry	Hamm	Des Moines	IA	М	71	7:08.02	1	Gold
Track & Field - 1,500M Run	70-74 Male	David	Brown	Des Moines	IA	М	73	15:01.47	3	Bronze
Track & Field - 1,500M Run	70-74 Male	Sam	Wells	West Des Moines	IA	М	73	10:19.00	2	Silver
Track & Field - 1,500M Run	75-79 Male	Ruben	Rullan	Urbandale	IA	M	78	11:23.52	1	Gold
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Track & Field - 400M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	51	1:25.91	1	Gold
Track & Field - 400M Run	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	1:27.31	2	Silver
Track & Field - 400M Run	50-54 Male	James	Mahaney	Mason City	IA	М	53	1:09.27	2	Silver
Track & Field - 400M Run	50-54 Male	Terry	Kruse	Clive	IA	М	52	1:11.66	3	Bronze
Track & Field - 400M Run	50-54 Male	Marek	Wensel	Marion	IA	М	51	53.65	1	Gold
Track & Field - 400M Run	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	1:34.93	1	Gold
Track & Field - 400M Run	55-59 Female	Roxane	Franzen	Denver	IA	F	55	1:39.81	2	Silver
Track & Field - 400M Run	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:40.06	3	Bronze
Track & Field - 400M Run	55-59 Male	Michael	Fitzgerald	Mason City	IA	M	59	58.95	1	Gold
Track & Field - 400M Run	60-64 Female	App	Hegstrom	De Soto	IA	F	62	1:24.28	1	Gold
		Ann	Hegstrom		IA		05	1.24.20	1	Golu
Track & Field - 400M Run	60-64 Male	David	Roberts	Boone	IA	М	62	1:03.81	1	Gold
Track & Field - 400M Run	60-64 Male	Joe	Cosgrave	Geneseo	IL	М	62	1:13.45		
Track & Field - 400M Run	60-64 Male	Tom	Cahalan	Norway	IA	М	62	1:07.85	3	Bronze
Track & Field - 400M Run	60-64 Male	David	Wilson	Garrison	IA	М	62	1:05.19	2	Silver
Track & Field - 400M Run	60-64 Male	David	Olsgaard	Indianola	IA	М	60	1:09.64		
Track & Field - 400M Run	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	М	64	1:11.22		
Track & Field - 400M Run	65-69 Female	Jennifer	Long	lowa City	IA	F	66	3:18.25	1	Gold
				- /						
Track & Field - 400M Run	65-69 Male	Brad	Ewest	Ankeny	IA	Μ	66	1:31.42	2	Silver

Track & Field - 400M Run	65-69 Male	Tim	Murphy	lowa City	IA	Μ	67	1:14.00	1	Gold
Track & Field - 400M Run	70-74 Female	Linda	McClure	Ankeny	IA	F	70	2:38.59	1	Gold
Track & Field - 400M Run	70-74 Male	Larry	Hamm	Des Moines	IA	Μ	71	1:32.14	1	Gold
Track & Field - 400M Run	70-74 Male	David	Brown	Des Moines	IA	М	73	3:26.90		
Track & Field - 400M Run	70-74 Male	Denny	Adair	Osceola	IA	М	71	2:13.79	3	Bronze
Track & Field - 400M Run	70-74 Male	Sam	Wells	West Des Moines	IA	М	73	2:42.24		
Track & Field - 400M Run	70-74 Male	Randy	Schuh	Des Moines	IA	М	71	1:37.20	2	Silver
Track & Field - 400M Run	75-79 Male	Alex	Meyer	Scribner	NE	M	78	2:03.87	1	Gold
Track & Field - 400M Run	75-79 Male	Ruben	Rullan	Urbandale	IA	M	78		1	Gold
		-								
Track & Field - 400M Run	80-84 Male	Ross	Greathouse	Lincoln	NE	M	81	1:41.27	1	Gold
Track & Field - Power Walk 1,500 M	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	54	16:28.96	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Female	Vilma	Bergstrom	Urbandale	IA	F	55	13:08.00	2	Silver
Track & Field - Power Walk 1,500 M	55-59 Female	Cynthia	Beatty	Atkins	IA	F		13:02.64	1	Gold
Track & Field - Power Walk 1,500 M	55-59 Male	Jim	Klampe	Des Moines	IA	М	57	11:34.57	2	Silver
Track & Field - Power Walk 1,500 M	55-59 Male	Brian	Beatty	Atkins	IA	М	59	9:23.81	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Female	Ann	Hegstrom	De Soto	IA	F	63	9:57.25	1	Gold
Track & Field - Power Walk 1,500 M	60-64 Female	Debbi	Cooper	Ankeny	IA	F	62		2	Silver
Track & Field - Power Walk 1,500 M	60-64 Female	Judy	Block	West Des Moines	IA	F		12:22.18	3	Bronze
Track & Field - Power Walk 1,500 M	60-64 Male	Randy	Davis	Altoona	IA	M	63	10:20.23	1	Gold
		india y	Davis					10.20.23	-	Gold
Track & Field - Power Walk 1,500 M	65-69 Female	Candace	Dunlap	Bondurant	IA	F	65	11:51.32	1	Gold
Track & Field - Power Walk 1,500 M	65-69 Male	Brad	Ewest	Ankeny	IA	M	66	12:16.61	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	David	Brown	Des Moines	IA	М	73	18:16.30		
Track & Field - Power Walk 1,500 M	70-74 Male	Alan	Schenck	Clarinda	IA	М		16:28.94		
Track & Field - Power Walk 1,500 M	70-74 Male	Tim	Phillips	Hiawatha	IA	М	70	9:40.80	1	Gold
Track & Field - Power Walk 1,500 M	70-74 Male	Denny	Adair	Osceola	IA	М		14:13.70	3	Bronze
Track & Field - Power Walk 1,500 M	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	11:17.59	3	Bronze
Track & Field - Power Walk 1,500 M	70-74 Male	Randy	Schuh	Des Moines	IA	М	71	9:42.96	2	Silver
Track & Field - Power Walk 1,500 M	75-79 Male	Alex	Meyer	Scribner	NE	M	78	9:42.96	1	Gold
Track & Field - Power Walk 1,500 M	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M		13:15.15	1	Gold
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85-89 Female	Marjorie	Beatty	Atkins	IA	F	85	14:14.09	1	Gold
							40.40		C'1
									Silver
50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	8.88	1	Gold
50-54 Male	Marvin	Wittig	Hartford	WI	M	52	7.00	1	Gold
50-54 Male	Tom	Trussell	Traer	IA	М	54	7.03	1	Gold
50-54 Male	James	Mahaney	Mason City	IA	М	53	8.22		
50-54 Male	Brian	Andrae	Orion	IL	М	52	7.44		
50-54 Male	Troy	Lilly	Bondurant	IA	М	51	7.69	3	Bronze
50-54 Male	Stacey	Davis	Clive	IA	М	52	7.17	2	Silver
55-59 Female	Vilma	Bergstrom	Urbandale	IA	F	55	10.37	1	Gold
					-			_	Silver
55-59 Female	Roxane	Franzen	Denver	IA	F	-		3	Bronze
EE EQ Malo	Pop	Salar	Winterset	10	N 4		7 72		
								1	Gold
									Silver
								_	Bronze
	JIII					00	7.70	3	BIOIIZE
60-64 Female	Micki	Marolf	Dubuque	IA	F	63	11.52	2	Silver
60-64 Female	Greta	Budweg	Ankeny	IA	F	61	10.69	1	Gold
60-64 Female	Jean	Hulvey	Mount Sterling	IL	F	60	10.09	1	Gold
60-64 Female	Marlene	Whittaker	Brooklyn Center	MN	F	62	11.20	3	Bronze
60-64 Male	Ralph	Allbee	Eldora	IA	M	61	7.76	3	Bronze
	·					62		2	Silver
60-64 Male	Dennis	Swieter	Hampton	IA	М	64			
60-64 Male	Jim	Franzen	Denver	IA	М	62	8.20		
60-64 Male	Joe	Cosgrave	Geneseo	IL	М	62	8.03		
60-64 Male	Tom	Cahalan	Norway	IA	М	62	7.31	1	Gold
60-64 Male	David	Wilson	Garrison	IA	М	62	7.97		
65-69 Female	Jennifer	Long	lowa City	IA	F	66	18.38	1	Gold
					-				
65-69 Male	Tony	Laird	Hastings	NE	М	67	8.35	2	Silver
65-69 Male	David	Rainey	Waterloo	IA	М	65	8.12	1	Gold
65-69 Male	Larry	Price	Belton	ТΧ	М	65	8.80		
65-69 Male	Chuck	Ward	Urbandale	IA	М	67	9.22	2	Silver
65-69 Male	Billy	Potter	Coal Valley	IL	Μ	68	8.56	3	Bronze
	S0-54 Female S0-54 Female S0-54 Female S0-54 Male S0-59 Female S5-59 Male S0-64 Female G0-64 Male	S0-54 FemaleCarole50-54 FemaleMindy50-54 MaleTom50-54 MaleTom50-54 MaleJames50-54 MaleBrian50-54 MaleBrian50-54 MaleTroy50-54 MaleStacey50-54 MaleStacey55-59 FemaleBobbi55-59 FemaleBobbi55-59 MaleJim55-59 MaleJim55-59 MaleJim55-59 MaleJim55-59 MaleJim55-59 MaleJim55-59 MaleJim55-59 MaleJim60-64 FemaleGreta60-64 FemaleJean60-64 FemaleJean60-64 FemaleDennis60-64 MaleDennis60-64 MaleJoe60-64 MaleJennifer60-64 MaleJe	So-54 FemaleCaroleMcConnell50-54 FemaleMindyBlasberg50-54 MaleMarvinWittig50-54 MaleTomTrussell50-54 MaleJamesMahaney50-54 MaleBrianAndrae50-54 MaleTroyLilly50-54 MaleStaceyDavis50-54 MaleStaceyDavis50-54 MaleStaceyDavis50-54 MaleStaceyDavis50-54 MaleStaceyDavis50-54 MaleStaceyDavis55-59 FemaleBobbiSnodgrass55-59 FemaleRoxaneFranzen55-59 MaleJimKlampe55-59 MaleDavidOlsgaard55-59 MaleJimHarpole55-59 MaleJimHarpole60-64 FemaleGretaBudweg60-64 FemaleGretaBudweg60-64 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Trussell Traer IA M 53 8.22 S0-54 Male James Mahaney Mason City IA M 52 7.42 S0-54 Male Brian Andrae Orion IL M 52 7.42 S0-54 Male Troy Lilly Bondurant IA M 52 7.47 S5-59 Female Vilma Bergstrom Urbandale IA F 55 10.37 S5-59 Female Roxane Franzen Derver IA M 55 7.72 S5-59 Male Ron Sales Winterset IA M 55 7.72 <t< td=""><td>S0-54 Female Carole McConnell Ankeny IA F 53 10.10 2 S0-54 Female Mindy Blasberg Des Moines IA F 53 10.10 2 S0-54 Male Marvin Witig Hartford Wi M 52 7.00 1 S0-54 Male James Mahaney Mason City IA M 53 8.22 S0-54 Male James Mahaney Mason City IA M 52 7.44 S0-54 Male Troy Lilly Bondurant IA M 52 7.44 S0-54 Male Troy Lilly Bondurant IA M 52 7.44 S0-54 Male Stacey Davis Clive IA M 52 7.17 2 S5-59 Female Roha Stacey Davis Indianola IA F 55 10.37 1 S5-59 Female Roxane Franze De</td></t<>	S0-54 Female Carole McConnell Ankeny IA F 53 10.10 2 S0-54 Female Mindy Blasberg Des Moines IA F 53 10.10 2 S0-54 Male Marvin Witig Hartford Wi M 52 7.00 1 S0-54 Male James Mahaney Mason City IA M 53 8.22 S0-54 Male James Mahaney Mason City IA M 52 7.44 S0-54 Male Troy Lilly Bondurant IA M 52 7.44 S0-54 Male Troy Lilly Bondurant IA M 52 7.44 S0-54 Male Stacey Davis Clive IA M 52 7.17 2 S5-59 Female Roha Stacey Davis Indianola IA F 55 10.37 1 S5-59 Female Roxane Franze De

Track & Field - 50M Dash	70-74 Female	Linda	McClure	Ankeny	IA	F	70	15.19	2	Silver
Track & Field - 50M Dash	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	71	11.77	1	Gold
Track & Field - 50M Dash	70-74 Male	Marvin	Ripp	Middleton	WI	М	70	9.53	3	Bronze
Track & Field - 50M Dash	70-74 Male	David	Brown	Des Moines	IA	М	73	17.09		
Track & Field - 50M Dash	70-74 Male	Alan	Schenck	Clarinda	IA	М	73	12.73		
Track & Field - 50M Dash	70-74 Male	Denny	Adair	Osceola	IA	М	71	11.43	3	Bronze
Track & Field - 50M Dash	70-74 Male	James	ODonnell	Ankeny	IA	М	71	10.53	2	Silver
Track & Field - 50M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	9.42	2	Silver
Track & Field - 50M Dash	70-74 Male	Randy	Schuh	Des Moines	IA	М	71	9.30	1	Gold
Track & Field - 50M Dash	75-79 Male	Alex	Meyer	Scribner	NE	М	78	11.53		
Track & Field - 50M Dash	75-79 Male	Frank	Perez	West Des Moines	IA	М	77	9.56	2	Silver
Track & Field - 50M Dash	75-79 Male	Ron	Peterson	Waukee	IA	М	75	9.35	1	Gold
Track & Field - 50M Dash	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	76	15.32		
Track & Field - 50M Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	М	78	10.03	3	Bronze
Track & Field - 50M Dash	80-84 Male	Ed	Killin	Des Moines	IA	М	83	17.02	2	Silver
Track & Field - 50M Dash	80-84 Male	Richard	Anderson	West Des Moines	IA	М	84	11.43	1	Gold
Track & Field - 50M Dash	85-89 Female	Marjorie	Beatty	Atkins	IA	F	85	16.45	1	Gold
Track & Field - 50M Dash	85-89 Male	Don	Zimmer	West Des Moines	IA	М	85	10.02	1	Gold
Track & Field - 50M Dash	85-89 Male	Joe	Sassatelli	Urbandale	IA	М	85	11.92	2	Silver
Track & Field - 800M Run	50-54 Female	Cinda	Blake	Wayland	IA	F	51	3:23.50	1	Gold
Track & Field - 800M Run	50-54 Male	James	Mahaney	Mason City	IA	М	53	2:56.99	2	Silver
Track & Field - 800M Run	50-54 Male	Terry	Kruse	Clive	IA	М	52	2:35.54	1	Gold
Track & Field - 800M Run	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	3:41.76	1	Gold
Track & Field - 800M Run	55-59 Female	Roxane	Franzen	Denver	IA	F	56	3:57.95	2	Silver
Track & Field - 800M Run	55-59 Male	Roadog	McKibben	Clive	IA	М	58	3:19.04	1	Gold
Track & Field - 800M Run	60-64 Male	Robert	Hanish	Badger	IA	М	62	3:15.38		
Track & Field - 800M Run	60-64 Male	Chris	Samson	Urbandale	IA	М	64	3:07.59	3	Bronze
Track & Field - 800M Run	60-64 Male	Randy	Davis	Altoona	IA	М	63			
Track & Field - 800M Run	60-64 Male	Kevin	Otte	Clive	IA	М	60	2:46.65	1	Gold
Track & Field - 800M Run	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	М	64	3:02.81	2	Silver
										_
Track & Field - 800M Run	65-69 Male	Paul	James	Stanley	IA	М	66	3:15.52	1	Gold
Track & Field - 800M Run	65-69 Male	Brad	Ewest	Ankeny	IA	M	66		2	Silver

Track & Field - 800M Run	70-74 Male	Randy	Schuh	Des Moines	IA	М	71	3:51.57	1	Gold
Track & Field - 800M Run	75-79 Male	Ruben	Rullan	Urbandale	IA	M	78	5:34.93	1	Gold
		litubeli					/0	5.54.55		Gold
Track & Field - 800M Run	80-84 Male	Ross	Greathouse	Lincoln	NE	Μ	81	4:27.92	1	Gold
Track & Field - 200M Dash	50-54 Female	Terri	Switzer	Cambridge	IL	F	51	42.42	3	Bronze
Track & Field - 200M Dash	50-54 Female	Cinda	Blake	Wayland	IA	F	51	39.51	2	Silver
Track & Field - 200M Dash	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	38.38	1	Gold
Track & Field - 200M Dash	50-54 Male	Marvin	Wittig	Hartford	WI	М	52	26.29	2	Silver
Track & Field - 200M Dash	50-54 Male	James	Mahaney	Mason City	IA	М	53	34.14	3	Bronze
Track & Field - 200M Dash	50-54 Male	Marek	Wensel	Marion	IA	М	51	24.68	1	Gold
Track & Field - 200M Dash	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	44.39	1	Gold
Track & Field - 200M Dash	55-59 Female	Roxane	Franzen	Denver	IA	F	56	48.15	2	Silver
Track & Field - 200M Dash	55-59 Male	Jeff	Stephens	MORTON	IL	M	59	29.84		-
Track & Field - 200M Dash	55-59 Male	Ed	Saunders	Coralville	IA	М	59	29.01	2	Silver
Track & Field - 200M Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	М	59	25.75	1	Gold
Track & Field - 200M Dash	55-59 Male	Jim	Harpole	Newhall	IA	М	60	29.69	3	Bronze
Track & Field - 200M Dash	55-59 Male	David	Olsgaard	Indianola	IA	М	60	30.13		
Track & Field - 200M Dash	55-59 Male	Roadog	McKibben	Clive	IA	М	58	37.62		
Track & Field - 200M Dash	60-64 Female	Greta	Budweg	Ankeny	IA	F	61	52.66	1	Gold
Track & Field - 200M Dash	60-64 Male	David	Roberts	Boone	IA	M	62	28.61	1	Gold
Track & Field - 200M Dash	60-64 Male	Dennis	Swieter	Hampton	IA	М	64	44.43		
Track & Field - 200M Dash	60-64 Male	Joe	Cosgrave	Geneseo	IL	М	62	31.49		
Track & Field - 200M Dash	60-64 Male	Tom	Cahalan	Norway	IA	М	62	29.43	2	Silver
Track & Field - 200M Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	М	64	30.90	3	Bronze
Track & Field - 200M Dash	65-69 Female	Jennifer	Long	lowa City	IA	F	66	1:33.40	1	Gold
Track & Field - 200M Dash	65-69 Male	Tony	Laird	Hastings	NE	M	67	37.08	2	Silver
Track & Field - 200M Dash	65-69 Male	Brad	Ewest	Ankeny	IA	M	66		2	Silver
Track & Field - 200M Dash	65-69 Male	Larry	Price	Belton	ТХ	M	65	35.69	1	Gold
Track & Field - 200M Dash	65-69 Male	Chuck	Ward	Urbandale	IA	M	67	38.58	1	Gold
Track & Field - 200M Dash	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	42.51	2	Silver
Track & Field - 200M Dash	70-74 Male	Randy	Schuh	Des Moines	IA	М	71	39.06	1	Gold

Track & Field - 200M Dash	75-79 Male	Alex	Meyer	Scribner	NE	М	78	52.02	3	Bronze
Track & Field - 200M Dash	75-79 Male	Ron	Peterson	Waukee	IA	М	75	40.85	1	Gold
Track & Field - 200M Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	М	78	45.40	2	Silver
Track & Field - 200M Dash	75-79 Male	Ruben	Rullan	Urbandale	IA	М	78	1:03.43	3	Bronze
Track & Field - 200M Dash	80-84 Male	Ross	Greathouse	Lincoln	NE	Μ	81	41.07	1	Gold
Track & Field - Discus	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	54	43-05	1	Gold
Track & Field - Discus	50-54 Male	Troy	Bellrichard	Spring Valley	MN	М	53	158-04	1	Gold
Track & Field - Discus	50-54 Male	Marek	Wensel	Marion	IA	Μ	51	105-08	2	Silver
Track & Field - Discus	55-59 Female	Melanie	Bintz	Dayton	IA	F	56	47-07	1	Gold
Track & Field - Discus	55-59 Female	Vilma	Bergstrom	Urbandale	IA	F	55	46-03	2	Silver
Track & Field - Discus	55-59 Male	Doug	Johanson	Johnston	IA	M	56	115-01	1	Gold
Track & Field - Discus	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	58		2	Silver
Track & Field - Discus	55-59 Male	Timothy	Pew	Des Moines	IA	M	58		3	Bronze
Track & Field - Discus	55-59 Male	Kim	Hawley	Bellevue	NE	М	55		2	Silver
Track & Field - Discus	55-59 Male	Dennis	Lehr	Orion	IL	М	59			
Track & Field - Discus	55-59 Male	Bruce	Cook	Omaha	NE	М	57	150-00	1	Gold
Track & Field - Discus	60-64 Female	Greta	Budweg	Ankeny	IA	F	61	57-02	1	Gold
							-			
Track & Field - Discus	60-64 Male	Rick	Anderson	Lawrence	KS	М	60	168-06	1	Gold
Track & Field - Discus	60-64 Male	Jim	Franzen	Denver	IA	Μ	62	122-02	1	Gold
Track & Field - Discus	60-64 Male	Hiram	Melendez	Dubuque	IA	М	63	122-02	1	Gold
Track & Field - Discus	60-64 Male	Steve	Schuette	Iowa City	IA	М	63	75-09.50	3	Bronze
Track & Field - Discus	60-64 Male	Kent	Carl	Sterling	IL	М	61	112-10.50		
Track & Field - Discus	60-64 Male	Jim	Harpole	Newhall	IA	M	60	98-03	2	Silver
Track & Field - Discus	65-69 Female	Margaret	Beuter	lowa City	IA	F	65	59-03	1	Gold
			D so sh				65	424.00	4	
Track & Field - Discus	65-69 Male	David	Brandt	Sprague	NE	M	65		1	Gold
Track & Field - Discus	65-69 Male	Jeffrey	Carl	Sterling	IL	M	65		2	Silver
Track & Field - Discus	65-69 Male	Steven	Argotsinger	Council Bluffs	IA	M	68		3	Bronze
Track & Field - Discus	65-69 Male	Billy	Potter	Coal Valley	IL	M	68	81-09.50		
Track & Field - Discus	70-74 Female	Suzan	French	Ankeny	IA	F	74	25-07.50	2	Silver
Track & Field - Discus	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	71	52-09	1	Gold
Track & Field - Discus	70-74 Male	Marvin	Ripp	Middleton	WI	M	70	97-04	2	Silver
Track & Field - Discus	70-74 Male	Alan	Schenck	Clarinda	IA	M		52-04.50	3	Bronze

Track & Field - Discus	70-74 Male	Tarry	Cory	Clive	IA	Μ	71	99-00	1	Gold
Track & Field - Discus	75-79 Female	Leona	Bellrichard	Stewartville	MN	F	78	28-05	1	Gold
Track & Field - Discus	75-79 Male	Alex	Meyer	Scribner	NE	M	78	77-02	2	Silver
Track & Field - Discus	75-79 Male	Ron	Peterson	Waukee	IA	М	75	77-03.50	1	Gold
Track & Field - Discus	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	76	35-09.50		
Track & Field - Discus	75-79 Male	Ralph	Pantoga	WDM	IA	М	79	37-03.50	3	Bronze
Track & Field - Discus	75-79 Male	Rich	Hoidahl	Johnston	IA	М	78	40-00	2	Silver
Track & Field - Discus	80-84 Female	Wyline	Gardner	Des Moines	IA	F	82	13-08	1	Gold
Track & Field - Discus	80-84 Male	Ed	Killin	Des Moines	IA	M	83	44-08.50	1	Gold
Track & Field - Discus	80-84 Male	Richard	Anderson	West Des Moines	IA	М	84	33-03	2	Silver
Track & Field - Discus	85-89 Female	Marjorie	Beatty	Atkins	IA	F	85	31-01	1	Gold
Track & Field - Discus	85-89 Male	Otto	Welfring	Marshalltown	IA	M	86	76-02.50	1	Gold
Track & Field - Discus	85-89 Male	Bart	Young	Indianola	IA	М	88	34-09.50	2	Silver
Track & Field - High Jump	50-54 Female	Terri	Switzer	Cambridge	IL	F	51	3-10.00	1	Gold
								0 20.00		
Track & Field - High Jump	50-54 Male	Tom	Trussell	Traer	IA	М	54	4-00.00	1	Gold
Track & Field - High Jump	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	3-00.00	1	Gold
Track & Field - High Jump	55-59 Male	Mike	Krapfl	Ames	IA	M	56	5-00.00	1	Gold
Track & Field - High Jump	55-59 Male	Jeff	Stephens	MORTON	IL	М	59	4-10.00	2	Silver
Track & Field - High Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	4-04.00	2	Silver
Track & Field - High Jump	60-64 Male	Randy	Davis	Altoona	IA	M	63	3-06.00	3	Bronze
Track & Field - High Jump	60-64 Male	Steve	Schuette	lowa City	IA	М	63	4-04.00	2	Silver
Track & Field - High Jump	60-64 Male	Mark	Roberts	Cedar Falls	IA	М	60	5-00.00	1	Gold
Track & Field - High Jump	65-69 Female	Margaret	Beuter	lowa City	IA	F	65	3-08.00	1	Gold
Track & Field - High Jump	65-69 Male	David	Brandt	Sprague	NE	M	65	4-09.00	1	Gold
Track & Field - High Jump	65-69 Male	David	Rainey	Waterloo	IA	M	65		1	Gold
Track & Field - High Jump	65-69 Male	Billy	Potter	Coal Valley	IL	M	68		2	Silver
Track & Field - High Jump	65-69 Male	Brad	Ewest	Ankeny	IA	M	66		2	Silver
Treak 9 Field - Ulat Loss	70 74 14-1	A1=	Coherral	Classic de			70	2.02.02	2	Ciliaria
Track & Field - High Jump	70-74 Male	Alan	Schenck	Clarinda	IA	M	73		2	Silver
Track & Field - High Jump	70-74 Male	Tim	Phillips	Hiawatha	IA	М	70	3-08.00	1	Gold

Track & Field - High Jump	75-79 Male	Martin	Zanger	Robbinsdale	MN	М	78	3-08.00	2	Silver
Track & Field - High Jump	75-79 Male	Alex	Meyer	Scribner	NE	М		J3-08.00	3	Bronze
Track & Field - High Jump	75-79 Male	Frank	Perez	West Des Moines	IA	М	77		3	Bronze
Track & Field - High Jump	75-79 Male	Ron	Peterson	Waukee	IA	М	75		1	Gold
Track & Field - High Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	M	78		2	Silver
Track & Field - Javelin	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	54	45-10	1	Gold
Track & Field - Javelin	50-54 Male	Troy	Bellrichard	Spring Valley	MN	М	53	124-05	2	Silver
Track & Field - Javelin	50-54 Male	Marek	Wensel	Marion	IA	М	51	133-09	1	Gold
Track & Field - Javelin	55-59 Female	Melanie	Bintz	Dayton	IA	F	56	55-01	1	Gold
Track & Field - Javelin	55-59 Female	Vilma		Urbandale	IA		55		2	Silver
		VIIIId	Bergstrom		IA			24-07	2	Silver
Track & Field - Javelin	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	85-09	1	Gold
Track & Field - Javelin	55-59 Male	Timothy	Pew	Des Moines	IA	М	58	75-01	2	Silver
Track & Field - Javelin	55-59 Male	Dennis	Lehr	Orion	IL	Μ	59	90-11	1	Gold
Track & Field - Javelin	60-64 Female	Greta	Budweg	Ankeny	IA	F	61	51-05	1	Gold
Tanah 0 Field Javalia		l'an	5 1 1 1 1	Damaan	1.0		62	64.00	2	Cilver
Track & Field - Javelin Track & Field - Javelin	60-64 Male 60-64 Male	Jim	Franzen	Denver	IA	M	62	64-09	2	Silver
Track & Field - Javelin		Randy	Davis Carl	Altoona	IA	M	63		1	Gold Gold
Track & Field - Javelin	60-64 Male	Kent	Cari	Sterling	IL		61	79-03	1	Gold
Track & Field - Javelin	65-69 Male	David	Brandt	Sprague	NE	М	65	86-11	1	Gold
Track & Field - Javelin	65-69 Male	Brad	Ewest	Ankeny	IA	М	66	50-04	2	Silver
Track & Field - Javelin	65-69 Male	Chuck	Ward	Urbandale	IA	М	67	68-08	1	Gold
Track & Field - Javelin	65-69 Male	Billy	Potter	Coal Valley	IL	М	68	73-00	2	Silver
Track & Field - Javelin	65-69 Male	Bruce	Cardwell	Omaha	NE	Μ	69	55-04		
Track & Field - Javelin	70-74 Female	Jean	Schlemmer	Bloomington	MN	F	73		2	Silver
Track & Field - Javelin	70-74 Female	Suzan	French	Ankeny	IA	F	74		1	Gold
Track & Field - Javelin	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	71	55-06	1	Gold
Track & Field - Javelin	70-74 Male	Marvin	Ripp	Middleton	WI	M	70	90-04	2	Silver
Track & Field - Javelin	70-74 Male	Alan	Schenck	Clarinda	IA	M	73		3	Bronze
Track & Field - Javelin	70-74 Male	Denny	Adair	Osceola	IA	M	71	61-00	2	Silver
Track & Field - Javelin	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	M	71	64-11	3	Bronze
Track & Field - Javelin	70-74 Male	Tarry	Cory	Clive	IA	M	71		1	Gold
Track & Field - Javelin	70-74 Male	Eugene	Czarnecki	Ankeny	IA	М	71	52-11		
Track & Field - Javelin	75-79 Male	Franc P.	Connor	Crossville	ΤN	Μ	77	66-08	3	Bronze

Track & Field - Javelin	75-79 Male	Alex	Meyer	Scribner	NE	М	78	74-04	1	Gold
Track & Field - Javelin	75-79 Male	Frank	Perez	West Des Moines	IA	Μ	77	54-00	3	Bronze
Track & Field - Javelin	75-79 Male	Ron	Peterson	Waukee	IA	Μ	75	72-05	1	Gold
Track & Field - Javelin	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	Μ	76	39-00		
Track & Field - Javelin	75-79 Male	Ralph	Pantoga	WDM	IA	М	79	40-08		
Track & Field - Javelin	75-79 Male	Rich	Hoidahl	Johnston	IA	М	78	60-05	2	Silver
Track & Field - Javelin	80-84 Female	Wyline	Gardner	Des Moines	IA	F	82	12-04	1	Gold
Track & Field - Javelin	80-84 Male	Richard	Anderson	West Des Moines	IA	М	84	24-09	1	Gold
Track & Field - Javelin	85-89 Male	Bart	Young	Indianola	IA	M	88	35-06	1	Gold
Track & Field - Running Long Jump	50-54 Female	Terri	Switzer	Cambridge	IL	F	51	7-06	2	Silver
Track & Field - Running Long Jump	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	3-05	3	Bronze
Track & Field - Running Long Jump	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	10-08	1	Gold
Track & Field - Running Long Jump	50-54 Male	Marvin	Wittig	Hartford	WI	M	52	15-03	1	Gold
Track & Field - Running Long Jump	50-54 Male	Brian	Andrae	Orion	IL	М	51	14-05	2	Silver
Track & Field - Running Long Jump	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	6-01	1	Gold
Track & Field - Running Long Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	58	11-11	1	Gold
Track & Field - Running Long Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	58	11-11	1	Gold
Track & Field - Running Long Jump	60-64 Female	Micki	Marolf	Dubuque	IA	F	62	7-01	1	Gold
Track & Field - Running Long Jump	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	6-09	2	Silver
Track & Field - Running Long Jump	60-64 Male	David	Roberts	Boone	IA	M	61	13-09	2	Silver
Track & Field - Running Long Jump	60-64 Male	Jim	Franzen	Denver	IA	Μ	62	11-07		
Track & Field - Running Long Jump	60-64 Male	Steve	Schuette	Iowa City	IA	М	63	11-10		
Track & Field - Running Long Jump	60-64 Male	David	Olsgaard	Indianola	IA	Μ	60	14-06	1	Gold
Track & Field - Running Long Jump	60-64 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М	64	13-01	3	Bronze
Track & Field - Running Long Jump	65-69 Male	David	Brandt	Sprague	NE	M	65	12-06	2	Silver
Track & Field - Running Long Jump	65-69 Male	David	Rainey	Waterloo	IA	М	65	12-08	1	Gold
Track & Field - Running Long Jump	65-69 Male	Larry	Price	Belton	ТΧ	Μ	65	9-07		
Track & Field - Running Long Jump	65-69 Male	Billy	Potter	Coal Valley	IL	М	67	11-08	3	Bronze
Track & Field - Running Long Jump	70-74 Male	Marvin	Ripp	Middleton	WI	M	70	8-08	2	Silver
Track & Field - Running Long Jump	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	7-04	1	Gold
Track & Field - Running Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	Μ	71	9-03	1	Gold

Track & Field - Running Long Jump	75-79 Male	Martin	Zanger	Robbinsdale	MN	М	77	6-08		
Track & Field - Running Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	М	77	9-00	2	Silver
Track & Field - Running Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	М	74	9-01	1	Gold
Track & Field - Running Long Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	7-01	2	Silver
Track & Field - Running Long Jump	80-84 Male	Ed	Killin	Des Moines	IA	М	83	5-04	1	Gold
Track & Field - Running Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	M	84	7-05	1	Gold
Track & Field - Shot Put	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	27-00.50	1	Gold
Track & Field - Shot Put	50-54 Male	Troy	Bellrichard	Spring Valley	MN	М	52	41-07.25	1	Gold
Track & Field - Shot Put	55-59 Female	melanie	bintz	dayton	IA	F	55	21-01.50	1	Gold
Track & Field - Shot Put	55-59 Female	Vilma	Bergstrom	Urbandale	IA	F	55	14-03.50	3	Bronze
Track & Field - Shot Put	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	16.00.75	2	Silver
Track & Field - Shot Put	55-59 Male	Doug	Johanson	Johnston	IA	М	55	35-03.50	1	Gold
Track & Field - Shot Put	55-59 Male	Kim	Hawley	Bellevue	NE	М	55	42-11.50	2	Silver
Track & Field - Shot Put	55-59 Male	Bruce	Cook	Omaha	NE	Μ	57	47-04.00	1	Gold
Track & Field - Shot Put	60-64 Female	Greta	Budweg	Ankeny	IA	F	60	21-11.50	1	Gold
Track & Field - Shot Put	60-64 Male	Rick	Anderson	Lawrence	KS	М	60	47-04.75	1	Gold
Track & Field - Shot Put	60-64 Male	Jim	Franzen	Denver	IA	М	62	31-03.75	1	Gold
Track & Field - Shot Put	60-64 Male	Steve	Schuette	Iowa City	IA	Μ	63	29-01.50	2	Silver
Track & Field - Shot Put	60-64 Male	Kent	Carl	Sterling	IL	Μ	60	31-07.50	2	Silver
Track & Field - Shot Put	60-64 Male	Jim	Harpole	Newhall	IA	М	60	28-07.25		
Track & Field - Shot Put	60-64 Male	David	Olsgaard	Indianola	IA	М	60	28-07.50	3	Bronze
Track & Field - Shot Put	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	25-08.50	1	Gold
Track & Field - Shot Put	65-69 Male	David	Brandt	Sprague	NE	М	65	38-05.50	1	Gold
Track & Field - Shot Put	65-69 Male	Steven	Argotsinger	Council Bluffs	IA	М		29-10.75	1	Gold
Track & Field - Shot Put	65-69 Male	Jeffrey	Carl	Sterling	IL	М		33-09.00	2	Silver
Track & Field - Shot Put	65-69 Male	Brad	Ewest	Ankeny	IA	М	65	24-03.00	2	Silver
Track & Field - Shot Put	65-69 Male	Billy	Potter	Coal Valley	IL	М	67	30-06.00	3	Bronze
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Track & Field - Shot Put	70-74 Female	Suzan	French	Ankeny	IA	F	73	12-04.00	2	Silver
Track & Field - Shot Put	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	20-05.75	1	Gold
Track & Field - Shot Put	70-74 Male	Marvin	Ripp	Middleton	WI	М	70	27-04.75	2	Silver
Track & Field - Shot Put	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	25-05.75	2	Silver

Track & Field - Shot Put	70-74 Male	Tarry	CORY	CLIVE	IA	Μ	71	33-11.50	1	Gold
Track & Field - Shot Put	75-79 Female	Leona	Bellrichard	Stewartville	MN	F	78	13-08.25	1	Gold
Track & Field - Shot Put	75-79 Male	Martin	Zanger	Robbinsdale	MN	M	77	29-09.50	1	Gold
Track & Field - Shot Put	75-79 Male	Alex	Meyer	Scribner	NE	М	77	27-05.00	2	Silver
Track & Field - Shot Put	75-79 Male	Ron	Peterson	Waukee	IA	М	75	27-03.00	1	Gold
Track & Field - Shot Put	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	16-10.00		
Track & Field - Shot Put	75-79 Male	Ralph	Pantoga	WDM	IA	М	78	16-10.50	3	Bronze
Track & Field - Shot Put	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	20-10.75	2	Silver
Track & Field - Shot Put	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	9-00.25	1	Gold
Track & Field - Shot Put	80-84 Male	John	Manning	Cedar Rapids	IA	М	83	34-06.25	1	Gold
Track & Field - Shot Put	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	22-10.50	2	Silver
Track & Field - Shot Put	85-89 Female	Marjorie	Beatty	Atkins	IA	F	85	18-08.00	1	Gold
					1			20.00.00		
Track & Field - Shot Put	85-89 Male	Otto	Welfring	Marshalltown	IA	M	85		1	Gold
Track & Field - Shot Put	85-89 Male	Bart	Young	Indianola	IA	M	88	15-01.50	2	Silver
Track & Field - Standing Long Jump	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	4-08	2	Silver
Track & Field - Standing Long Jump	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	54	6-03	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Brian	Andrae	Orion	IL	M	51	7-06	3	Bronze
Track & Field - Standing Long Jump	50-54 Male	Troy	Lilly	Bondurant	IA	M	50		2	Silver
Track & Field - Standing Long Jump	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52		2	Silver
Track & Field - Standing Long Jump	50-54 Male	Marek	Wensel	Marion	IA	M	50		1	Gold
Track 0. Field - Standing Lange Lung	55-59 Female		Deventuerre	Link and alla		F		5.00	2	Cilver
Track & Field - Standing Long Jump		Vilma	Bergstrom	Urbandale	IA	F	55		2	Silver
Track & Field - Standing Long Jump	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	5-06	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	58	7-07	1	Gold
Track & Field - Standing Long Jump	55-59 Male	Julius	Davis	Fridley	MN	М	56		2	Silver
Track & Field Standing Long Lump	CO CA Fomalo		llegstrom	Do Soto			62	F. 06	<u> </u>	Cilvor
Track & Field - Standing Long Jump	60-64 Female 60-64 Female	Ann Greta	Hegstrom	De Soto Ankeny	IA IA		63 60		2	Silver Gold
Track & Field - Standing Long Jump			Budweg			F			1	-
Track & Field - Standing Long Jump	60-64 Female	Jean	Hulvey	Mount Sterling	IL		60		1	Gold
Track & Field - Standing Long Jump	60-64 Female	Judy	Block	West Des Moines	IA		60	4-06	3	Bronze
Track & Field - Standing Long Jump	60-64 Male	David	Strege	Winterset	IA	М	60	8-00	2	Silver
Track & Field - Standing Long Jump	60-64 Male	Brad	Staley	Hampton	IA	М	60	6-05		
Track & Field - Standing Long Jump	60-64 Male	David	Roberts	Boone	IA	М	61	8-03	1	Gold

Track & Field - Standing Long Jump	60-64 Male	Kenneth	Hopper	Waukee	IA	М	63	6-01		
Track & Field - Standing Long Jump	60-64 Male	Jim	Franzen	Denver	IA	М	62	7-10	3	Bronze
Track & Field - Standing Long Jump	60-64 Male	Steve	Schuette	lowa City	IA	М	63	7-08		
Track & Field - Standing Long Jump	60-64 Male	Jim	Harpole	Newhall	IA	М	60	6-11		
Track & Field - Standing Long Jump	65-69 Female	Margaret	Beuter	lowa City	IA	F	64	5-08	2	Silver
Track & Field - Standing Long Jump	65-69 Female	Paula	Schultz	Indianola	IA	F	65	5-10	1	Gold
Track & Field - Standing Long Jump	65-69 Male	David	Brandt	Sprague	NE	М	65	7-09	2	Silver
Track & Field - Standing Long Jump	65-69 Male	David	Rainey	Waterloo	IA	М	65	7-11	1	Gold
Track & Field - Standing Long Jump	65-69 Male	Brad	Ewest	Ankeny	IA	М	65	5-06	3	Bronze
Track & Field - Standing Long Jump	65-69 Male	Chuck	Ward	Urbandale	IA	М	67	5-09	2	Silver
Track & Field - Standing Long Jump	65-69 Male	Billy	Potter	Coal Valley	IL	М	67	5-06	3	Bronze
Track & Field - Standing Long Jump	70-74 Female	Linda	McClure	Ankeny	IA	F	70	3-09	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Marvin	Ripp	Middleton	WI	М	70	5-08	2	Silver
Track & Field - Standing Long Jump	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	5-09	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	5-07	3	Bronze
Track & Field - Standing Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	М	77	6-01	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	5-07	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Ron	Peterson	Waukee	IA	М	75	6-04	1	Gold
Track & Field - Standing Long Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	4-11	3	Bronze
Track & Field - Standing Long Jump	85-89 Female	Marjorie	Beatty	Atkins	IA	F	85	3-09	1	Gold
Track & Field - Standing Long Jump	85-89 Male	Don	Zimmer	West Des Moines	IA	М	84	5-00	1	Gold
						-		40.00		
Track & Field - Triple Jump	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	10-00	1	Gold
Track & Field - Triple Jump	50-54 Male	Marvin	Wittig	Hartford	WI	M	52	32-09	1	Gold
Track & Field - Triple Jump	50-54 Male	Brian	Andrae	Orion	IL	М	51	31-03	2	Silver
Track & Field - Triple Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	58	28-09	1	Gold
Track & Field - Triple Jump	55-59 Male	Dennis	Lehr	Orion	IL	М	58	28-05	2	Silver
Track & Field - Triple Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	63	20-01	1	Gold
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Track & Field - Triple Jump	60-64 Male	David	Roberts	Boone	IA	М	61	28-05	1	Gold
Track & Field - Triple Jump	60-64 Male	Steve	Schuette	lowa City	IA	М	63	24-08	3	Bronze
Track & Field - Triple Jump	60-64 Male	Keith	Dahlstrom	CEDAR FALLS	IA	М	64	27-08	2	Silver
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Track & Field - Triple Jump	65-69 Male	David	Brandt	Sprague	NE	M	65	24-11	2	Silver
Track & Field - Triple Jump	65-69 Male	Larry	Price	Belton	ТΧ	M	65	22-04	3	Bronze
Track & Field - Triple Jump	65-69 Male	Billy	Potter	Coal Valley	IL	М	67	25-09	1	Gold
Track & Field - Triple Jump	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	15-11	1	Gold
Track & Field - Triple Jump	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	71	16-05	1	Gold
Track & Field - Triple Jump	75-79 Male	Alex	Meyer	Scribner	NE	М	77	18-05	2	Silver
Track & Field - Triple Jump	75-79 Male	Frank	Perez	West Des Moines	IA	М	76	14-09	3	Bronze
Track & Field - Triple Jump	75-79 Male	Ron	Peterson	Waukee	IA	М	74	19-10	1	Gold
Track & Field - Triple Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	17-01	2	Silver
Track & Field - Triple Jump	80-84 Male	Ken	Clark	Urbandale	IA	М	82	9-05	1	Gold
		TRIAT	HLON							
Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Triathlon	50-54 Female	Susan	Fritzell	Ames	IA	F	54	1:22:15	1	Gold
Triathlon	50-54 Female	Julie	Kneale	Des Moines	IA	F	51	1:24:03	2	Silver
Triathlon	50-54 Female	Sandy	Ball	wilton	IA	F	54	1:26:49	3	Bronze
Triathlon	50-54 Female	Michelle	Bunkers	Des Moines	IA	F	50	1:26:51	4	
Triathlon	50-54 Female	Maria	Davis	Des Moines	IA	F	50	1:27:29	5	
Triathlon	50-54 Female	Holly	Hanson	Des Moines	IA	F	51	1:33:42	6	
Triathlon	50-54 Female	Ellen	Middleswart	Urbandale	IA	F	54	1:38:04	7	
Triathlon	50-54 Female	Tracey	Yates	Story City	IA	F	51	1:38:21	8	
Triathlon	50-54 Female	Brenda	Zobel-Moody	Cambridge	IA	F	54	1:42:24	9	
Triathlon	50-54 Female	Gloria	Schettler	Indianola	IA	F	51	1:44:25	10	
Triathlon	50-54 Male	Brad	Rounds	Des Moines	IA	Μ	51	1:05:16		Gold
Triathlon	50-54 Male	David	Primeau	Des Moines	IA	Μ	51	1:08:44		Silver
Triathlon	50-54 Male	John	Hagener	Des Moines	IA	М	53	1:08:55		Bronze
Triathlon	50-54 Male	David	Courard-Hauri	Des Moines	IA	М	51	1:09:38	4	
Triathlon	50-54 Male	Karl	Overton	Des Moines	IA	М	52	1:15:11	5	
Triathlon	50-54 Male	Stephen	Ash	West Des Moines	IA	М	52	1:18:30		
Triathlon	50-54 Male	JEFF	DAVIS	West Des Moines	IA	М	51	1:22:00		
Triathlon	50-54 Male	Sam	Benton	Panora	IA	М	50	1:27:32		
Triathlon	50-54 Male	John	Meyers	Des Moines	IA	М	50	1:32:20		
Triathlon	50-54 Male	Sean	O'brian	Des Moines	IA	М	50	DNF		
Triathlon	55-59 Female	Jean	Dingeman	Des Moines	IA	F	55	1:22:20		Gold
Triathlon	55-59 Female	Sherri	Huff	Winterset	IA	F	57	1:22:44		Silver
Triathlon	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	1:28:35		Bronze
Triathlon	55-59 Female	Shelley	Oren	Altoona	IA	F	58	1:41:54		
Triathlon	55-59 Female	Brenda	Neville	CAMBRIDGE	IA	F	57	1:46:38		
Triathlon	55-59 Female	Linda	Wickett	Des Moines	IA	F	55	1:56:44	6	

Triathlon	55-59 Female	Lori	Burmeister	Clive	IA	F	55	1:57:17	7	
Triathlon	55-59 Female	Theresa	Lauer	Lady Lake	FL	F	57	2:06:18	8	
Triathlon	55-59 Male	Jeffrey	Mumma	Effingham	IL	М	55	1:07:27	1	Gold
Triathlon	55-59 Male	Robert	Sims	Des Moines	IA	Μ	59	1:11:46	1	Gold
Triathlon	55-59 Male	David	Schrader	Story City	IA	Μ	57	1:14:03	2	Silver
Triathlon	55-59 Male	Craig	Marrs	Ames	IA	Μ	58	1:14:13	3	Bronze
Triathlon	55-59 Male	Joel	Dentlinger	Des Moines	IA	Μ	55	1:18:07	4	
Triathlon	55-59 Male	Greg	Burmeister	Clive	IA	М	56	1:19:55	5	
Triathlon	55-59 Male	Travis	Kneale	Des Moines	IA	Μ	56	1:23:54	6	
Triathlon	55-59 Male	Jon	Greising	Des Moines	IA	Μ	56	1:24:11	1	
Triathlon	55-59 Male	Kent	Harfst	Webster City	IA	Μ	57	1:32:10	8	
Triathlon	55-59 Male	Wayne	Ostergaard	Johnston	IA	Μ	56	1:32:36	9	
Triathlon	60-64 Female	Joyce	Burch	Des Moines	IA	F	64	1:32:56	1	Gold
Triathlon	60-64 Female	AMY	BAUCH	MINNEAPOLIS	MN	F	61	1:50:50	2	Silver
Triathlon	60-64 Female	Joy	Bonnett	Des Moines	IA	F	62	2:06:36	2	Silver
Triathlon	60-64 Male	Robert	Phelps	cedar rapids	IA	Μ	62	1:17:51	1	Gold
Triathlon	60-64 Male	David	Luers	Bondurant	IA	Μ	61	1:23:11	2	Silver
Triathlon	60-64 Male	Chuck	Kadlecek	Dallas Center	IA	Μ	60	1:26:56	3	Bronze
Triathlon	60-64 Male	Kirk	Reeder	Des Moines	IA	Μ	60	1:37:02	4	
Triathlon	65-69 Female	Cindy	Hauber	Ames	IA	F	66	1:31:40	1	Gold
Triathlon	65-69 Female	Deb	Hankens	Cherokee	IA	F	68	1:36:16	2	Silver
Triathlon	65-69 Male	Steve	Davis	Decorah	IA	Μ	65	1:15:16	1	Gold
Triathlon	65-69 Male	Tom	Snyder	Sanborn	IA	Μ	65	1:23:59	2	Silver
Triathlon	65-69 Male	ALAN	GROSS	Des Moines	IA	М	65	1:26:58	3	Bronze
Triathlon	65-69 Male	James	Davies	Allison	IA	Μ	67	1:33:42	4	
		TEAM SPO	RTS RESULTS	-	-	-				-
		3 ON 3 B	ASKETBALL							
Event	Age Group	Te	eam Name	State		Gender	R	lecord	Place	Medal
3 on 3 Basketball Men's Division	50+	B & B		IA		Μ		2-0	1	Gold
3 on 3 Basketball Men's Division	50+	Gunners		IA		Μ		1-1	2	Silver
3 on 3 Basketball Men's Division	50+	Well Grounde	ed	IA		Μ		0-2	3	Bronze
3 on 3 Basketball Men's Division	65+	Bucketmaker	s 1	IA		М		1-1	1	Gold
3 on 3 Basketball Men's Division	65+	Minneapelets		MN		М		2-0	1	Gold
3 on 3 Basketball Men's Division	70+	Bucketmaker	s 2	IA		M		1-1	1	Gold
	50.					14/			-	C:L
3 on 3 Basketball Women's Division	50+	Model T's		IA		W		1-1	2	Silver

3 on 3 Basketball Women's Division	50+	Kim's Krushers	IA	W	0-2	3 Bronze
3 on 3 Basketball Women's Division	50+	Dubuque Stars	IA	W	2-0	1 Gold
		GRANNY BASKETBALL				
Granny Basketball	Group A	Fireflies	IA	W		1 Gold
Granny Basketball	Group A	Honey Bee's	IA	W		2 Silver
Granny Basketball	Group A	Sizzlers	IA	W		3 Bronze
Granny Basketball	Group B	Prairie Storm	IA	W		1 Gold
Granny Basketball	Group B	Dubuque Cuties	IA	W		2 Silver
Granny Basketball	Group B	Late Bloomers	IA	W		3 Bronze
		TEAM SOFTBALL				
Team Softball	50+	Blind Faith	IA	М	2-0	1 Gold
Team Softball	50+	CountrySide	IA	М	1-1	2 Silver
Team Softball	60+	Ex-Purts	IA	M	0-2	1 Gold