

2020 Hall of Fame Inductee

Cindy Hauber has always loved to compete. While growing up in Pocahontas, Iowa, she competed in multiple high school sports including basketball and track & field. Competing in multiple state track meets in hurdles, relays, and the 100-meter dash, Cindy noticed early on that running track & field was a passion.

After high school, Cindy went to Iowa State University where she received her Master's in Exercise Science and began swimming recreationally. After attending ISU, she went on to get her Doctorate in Physical Therapy at Des Moines University. She went on to practice physical therapy for many years.



In 2000, she had a stroke which changed her perspective on life and prompted her to live a healthy and active lifestyle. After her stroke, Cindy began competing in swimming events including the Iowa Games. In 2009, Cindy was recognized as the Iowa Games Marty Mchone Female Athlete of the Year and later received the National State Games Female Athlete of the Year award.

Through her years competing in the Iowa Games, Cindy met Lynn Johnson of Sioux City. Lynn introduced her to the Iowa Senior Games. In 2010, Cindy's first year of competing, she broke two records in swimming. Over the next 5 years, Cindy received 16 medals. In 2015, Cindy was unable to compete after hitting a guardrail in a biking accident and breaking her collarbone. Once she recovered, Cindy went back to the pool and began swimming. She has participated every year since.

Cindy has made the most of her time, winning 53 medals with 44 gold and currently holds eight swimming records. Cindy recently began participating in the Triathlon and enjoys the rush it brings. Although she has taken on the new event she still feels swimming is her favorite event in the Iowa Senior Games.

Cindy's most memorable moment in the Iowa Senior Games came when she pushed herself in training for the Triathlon to break a record and get first in her age group. Cindy also enjoys the memories she creates while competing with the swimmers each year.



When Cindy is not competing, she enjoys working on stain glass projects, spending time with her family, and volunteering at her church. She is currently residing in Ames.