Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 500 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	6:28.80	1	Gold
Swimming - 500 Freestyle	50-54 Female	Sue	Shivers	Bondurant	IA	F	50	11:32.53	2	Silver
Swimming - 500 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F		10:55.73		Bronze
Swimming - 500 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F		9:36.64		Silver
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	6:29.91	1	Gold
Swimming - 500 Freestyle	60-64 Female	Nancy	Fox	Marion	IA	F	61	9:07.44	1	Gold
Swimming - 500 Freestyle	60-64 Male	David	Luers	Bondurant	IA	М		10:44.97		Silver
Swimming - 500 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	6:35.96	1	Gold
Swimming - 500 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	7:43.44	1	Gold
Swimming - 500 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	8:03.75	1	Gold
Swimming - 500 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	6:50.73	1	Gold
Swimming - 500 Freestyle	70-74 Male	Richard	Rounds	Boone	IA	М	71	19:11.43	2	Silver
Swimming - 500 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	76	10:20.15	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	16:45.31	2	Silver
Swimming - 500 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	18:17.11	3	Bronze
Swimming - 500 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	13:15.84	1	Gold
Swimming - 500 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F		16:27.34	2	Silver
Swimming - 200 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	2:49.90	1	Gold
Swimming - 200 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	3:41.99	2	Silver
Swimming - 200 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55			Gold
Swimming - 200 I.M.	55-59 Male	David	Ross	Des Moines	IA	M	57	2:20.33	1	Gold
200 1.141.	33 33 141010	David	11.033	Des Monies		141		2.20.33		Join

60-64 Male									Gold
60-64 Male									
	Daniel	Kealy	Des Moines	IA	М	60	2:46.75	1	Gold
70-74 Female	Patricia	Smith	Cedar Ranids	ΙΔ	F	71	4 ⋅09 89	1	Gold
70 741 emale	Tatricia	Simen	ccaar Napias	171		, 1	4.03.03		Gold
70-74 Male	Doug	Chew	urbandale	IA	М	70	DQ		
70-74 Male	Alan	Schenck	Clarinda	ΙA	М	72	4:12.45	2	Silver
70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	3:00.83	1	Gold
50-54 Female	Sue	Shivers	Bondurant	IA	F	50	4:27.88	1	Gold
55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	4:03.91	2	Silver
55-59 Female	Jean	Dingeman	Pella	IA	F	55	3:40.54	1	Gold
60-64 Female	Debbie	Fisk	The Villages	FL	F	61	2:51.29	1	Gold
60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	4:05.66	3	Bronze
60-64 Female	Nancy	Fox	Marion	IA	F	61	3:29.85	2	Silver
60-64 Male	Dave	Wells	Omaha	NE	M	60	2:11.94	1	Gold
60-64 Male	David	Luers	Bondurant	IA	М	61	3:39.68	4	
60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	2:21.70	3	Bronze
60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:19.54	2	Silver
65-69 Female	Cindy	Hauber	Ames	IA	F	65	2:53.14	1	Gold
65-69 Male	Marco	Recalde	Overland Park	KS	M	65	2:49.90	1	Gold
70-74 Male	Don	Utsinger	Urbandale	IA	M	72	4:03.28	1	Gold
75-79 Male	David	Leslie	West Des Moines	IA	M	76	3:51.45	1	Gold
	.		Lincoln	NE	М	78			Silver
75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	7:00.91		Bronze
	70-74 Male 70-74 Male 50-54 Female 55-59 Female 55-59 Female 60-64 Female 60-64 Female 60-64 Male 60-64 Male 60-64 Male 60-64 Male 75-79 Male 75-79 Male	70-74 Male Doug 70-74 Male Alan 70-74 Male Stan 50-54 Female Sue 55-59 Female Sonya 55-59 Female Debbie 60-64 Female Diane 60-64 Female Nancy 60-64 Male David 60-64 Male David 60-64 Male Daniel 65-69 Female Cindy 65-69 Male Marco 70-74 Male Don 75-79 Male David 75-79 Male Ivan	70-74 Male Doug Chew 70-74 Male Alan Schenck 70-74 Male Stan LeMaster 50-54 Female Sue Shivers 55-59 Female Jean Dingeman 60-64 Female Debbie Fisk 60-64 Female Diane Kealy-Lincoln 60-64 Male David Luers 60-64 Male David Luers 60-64 Male Daniel Kealy 60-64 Male Daniel Kealy 65-69 Female Cindy Hauber 65-69 Male Marco Recalde 70-74 Male Don Utsinger 75-79 Male David Leslie 75-79 Male Ivan Maggert	70-74 Male Doug Chew urbandale 70-74 Male Alan Schenck Clarinda 70-74 Male Stan LeMaster Council Bluffs 50-54 Female Sue Shivers Bondurant 55-59 Female Jean Dingeman Pella 60-64 Female Diane Kealy-Lincoln Hartford 60-64 Female Dave Wells Omaha 60-64 Male David Luers Bondurant 60-64 Male Daniel Kealy Council Bluffs 60-64 Male David Luers Bondurant 60-64 Male Daniel Kealy Council Bluffs 60-65 Female Cindy Hauber Ames 65-69 Male Marco Recalde Overland Park 70-74 Male Don Utsinger Urbandale 75-79 Male David Leslie West Des Moines	70-74 Male Doug Chew urbandale IA 70-74 Male Alan Schenck Clarinda IA 70-74 Male Stan LeMaster Council Bluffs IA 50-54 Female Sue Shivers Bondurant IA 55-59 Female Jean Dingeman Pella IA 60-64 Female Diane Kealy-Lincoln Hartford WI 60-64 Male Dave Wells Omaha NE 60-64 Male David Luers Bondurant IA 60-64 Male Daniel Kealy Council Bluffs IA 60-64 Male Daniel Kealy Council Bluffs IA 60-65 Female Cindy Hauber Ames IA 65-69 Male Marco Recalde Overland Park KS 70-74 Male David Leslie West Des Moines IA 75-79 Male David Leslie West Des Moines IA	70-74 Male Doug Chew urbandale IA M 70-74 Male Alan Schenck Clarinda IA M 70-74 Male Stan LeMaster Council Bluffs IA M 50-54 Female Sue Shivers Bondurant IA F 55-59 Female Jean Dingeman Pella IA F 60-64 Female Diane Kealy-Lincoln Hartford WI F 60-64 Female Nancy Fox Marion IA F 60-64 Male David Luers Bondurant IA M 60-64 Male Daniel Kealy Council Bluffs IA M 60-64 Male Daniel Kealy Des Moines IA M 60-64 Male Daniel Kealy Does Moines IA M 60-65-69 Female Cindy Hauber Ames IA F 65-69 Male Marco Recalde Overland Park KS M 70-74 Male David Leslie West Des Moines IA M 75-79 Male David Leslie West Des Moines IA M 75-79 Male Ivan Maggert Lincoln NE M	70-74 Male Doug Chew urbandale IA M 70 70-74 Male Alan Schenck Clarinda IA M 72 70-74 Male Stan LeMaster Council Bluffs IA M 71 50-54 Female Sue Shivers Bondurant IA F 50 55-59 Female Jean Dingeman Pella IA F 55 60-64 Female Diane Kealy-Lincoln Hartford WI F 62 60-64 Female David Luers Bondurant IA F 61 60-64 Male David Luers Bondurant IA M 61 60-64 Male Daniel Kealy Des Moines IA M 62 60-64 Male Daniel Kealy Des Moines IA M 62 60-69 Female Cindy Hauber Ames IA F 65 65-69 Male Marco Recalde Overland Park KS M 65 70-74 Male David Leslie West Des Moines IA M 72 75-79 Male David Leslie West Des Moines IA M 76 75-79 Male David Leslie West Des Moines IA M 76 75-79 Male David Leslie West Des Moines IA M 76 75-79 Male David Leslie West Des Moines IA M 76 75-79 Male David Leslie West Des Moines IA M 76	70-74 Male	70-74 Male Doug Chew Urbandale IA M 70 DQ DQ T0-74 Male Alan Schenck Clarinda IA M 72 4:12.45 2 2 70-74 Male Stan LeMaster Council Bluffs IA M 71 3:00.83 1 1 1 1 1 1 1 1 1

Swimming - 200 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F	83	6:38.09	1 Gold
Swimming - 200 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	4:30.38	1 Gold
8									
Swimming - 100 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	ΙA	F	55	1:44.37	2 Silver
Swimming - 100 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:07.40	3 Bronze
Swimming - 100 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	1:17.13	1 Gold
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:21.99	1 Gold
Swimming - 100 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	1:13.27	1 Gold
Swimming - 100 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1 Gold
Swimming - 100 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	65	1:35.10	1 Gold
Swimming - 100 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	3:18.30	2 Silver
Swimming - 100 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	2:03.21	1 Gold
Swimming - 100 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	2:49.03	1 Gold
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	3:19.65	2 Silver
Swimming - 100 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:31.96	1 Gold
Swimming - 100 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	2:49.06	1 Gold
Swimming - 100 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	4:16.96	1 Gold
Swimming - 100 Butterfly	60-64 Female	Ann	Kealy	Marion	IA	F	60	1:46.62	1 Gold
Swimming - 100 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:16.59	1 Gold
Swimming - 100 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	70	2:09.67	3 Bronze
Swimming - 100 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	70		2 Silver

Swimming - 100 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	1:24.20	1	Gold
Continue of the Continue of th	50 54 Famala	I I a a tha a u	Herette en	Overale and Bende	KC.	-	5 2	40.04	4	Cald
Swimming - 50 Breaststroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	40.94	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Dennis	Bennett	Norwalk	IA	М	53	31.17	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	М	50	33.00	2	Silver
Swimming - 50 Breaststroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	55.30	2	Silver
Swimming - 50 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:22.44	3	Bronze
Swimming - 50 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	44.90	1	Gold
Swimming - 50 Breaststroke	55-59 Male	David	Ross	Des Moines	IA	M	57	31.21	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:00.08	2	Silver
Swimming - 50 Breaststroke	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	1:09.38	3	Bronze
Swimming - 50 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	45.57	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	M	60	DQ		
Swimming - 50 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	39.52	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:12.76	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	51.94	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:08.13	3	Bronze
Swimming - 50 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	56.78		Gold
Swimming - 50 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	56.92	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:32.49	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	1:24.49	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	1:55.63	3	Bronze
Swimming - 50 Breaststroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:23.67	2	Silver
Swimming - 50 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F		1:12.59		Gold

Swimming - 50 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	М	92	2:29.98	1 Gold
Swimming - 50 Butterfly	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	34.60	1 Gold
C	50 54 14 1	6.		6: 0 .		-		20.02	4 6 11
Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	29.83	1 Gold
Swimming - 50 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	50.79	1 Gold
Swimming - 50 Butterfly	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:06.60	2 Silver
Swimming - 50 Butterfly	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	37.05	1 Gold
Swiffining - 50 Butterny	00-04 l'elliale	Debble	113K	The villages	1 L	1	1 01	37.03	1 Gold
Swimming - 50 Butterfly	60-64 Male	Dave	Wells	Omaha	NE	М	60	29.56	1 Gold
Swimming - 50 Butterfly	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	31.16	2 Silver
Swimming - 50 Butterfly	65-69 Female	Cindy	Hauber	Ames	IA	F	65	40.51	1 Gold
Swimming - 50 Butterfly	65-69 Male	Norman	Bower	Davenport	IA	M	65	45.22	2 Silver
Swimming - 50 Butterfly	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	37.29	1 Gold
Swimming - 50 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	53.43	1 Gold
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	70	50.62	1 Gold
Swimming - 50 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	50.67	2 Silver
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	5:59.37	1 Gold
Swimming - 400 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	6:18.67	1 Gold
Curing main at 100 Fire and de	E0 E4 E	Hookle en	Lluotha	Overdend David	KC.	F	F.2	1.00 27	1 Cala
Swimming - 100 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:06.37	1 Gold
Swimming - 100 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56		2 Silver
Swimming - 100 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:43.81	1 Gold

Swimming - 100 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:17.52	1	Gold
Swimming - 100 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:37.40		Silver
Swimming - 100 Freestyle	60-64 Female	DANA	REEDY	DES MOINES	ΙA	F	64	2:00.97		Bronze
3										
Swimming - 100 Freestyle	60-64 Male	Brad	Staley	Hampton	ΙA	М	60	1:41.30	3	Bronze
Swimming - 100 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	ΙA	М	62	1:03.35	2	Silver
Swimming - 100 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	1:01.14	1	Gold
Swimming - 100 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69	2:14.65	2	Silver
Swimming - 100 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:19.94	1	Gold
Swimming - 100 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	1:15.15	1	Gold
Swimming - 100 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	1:29.51	1	Gold
Swimming - 100 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:55.87	2	Silver
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	1:43.08	1	Gold
Swimming - 100 Freestyle	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	75			Gold
Swimming - 100 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	3:02.82	2	Silver
Swimming - 100 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	3:32.15	3	Bronze
Swimming - 100 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	4:11.96	2	Silver
Swimming - 100 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83			Gold
Swimming - 100 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	2:10.52	1	Gold
Swimming - 100 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	3:36.00	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	1:15.64	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	3:38.79	1	Gold
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:17.55	2	Silver

Swimming - 100 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	1:39.31	1	Gold
Swimming - 100 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	М	60	2:04.25	2 5	Silver
Swimming - 100 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	1:27.76	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	1:36.21	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	2:38.60	2 5	Silver
Swimming - 100 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	4:46.91	1	Gold
Swimming - 100 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	М	92	5:50.15	2 5	Silver
Swimming - 50 Backstroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	38.18	1	Gold
Swimming - 50 Backstroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:10.00	3	Bronze
Swimming - 50 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:03.85	2 5	Silver
Swimming - 50 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	35.74	1	Gold
Swimming - 50 Backstroke	55-59 Male	David	ross	Des Moines	IA	М	57	28.34	1	Gold
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:04.93	3	Bronze
Swimming - 50 Backstroke	60-64 Female	DANA	REEDY	DES MOINES	ΙA	F	64	58.14	2 :	Silver
Swimming - 50 Backstroke	60-64 Female	Ann	Kealy	Marion	ΙA	F	59	41.77	1	Gold
Swimming - 50 Backstroke	60-64 Male	Kenneth	Hopper	Waukee	ΙA	М	63	1:11.57	2 :	Silver
Swimming - 50 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	ΙA	М	60	32.33	1	Gold
Swimming - 50 Backstroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:06.28	2 5	Silver
Swimming - 50 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	43.03	1	Gold
Swimming - 50 Backstroke	65-69 Male	Norman	Bower	Davenport	ΙA	М	65	40.89	1	Gold
Swimming - 50 Backstroke	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	47.01	2 5	Silver
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	М	70	1:11.40	4	

Swimming - 50 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	52.69	2	Silver
Swimming - 50 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	М	71	1:25.93	5	
Swimming - 50 Backstroke	70-74 Male	Robert	Kranz	Apple Valley	MN	М	72	1:06.28	3	Bronze
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	49.21	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	1:38.38	2	Silver
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	1:29.69	1	Gold
Swimming - 50 Backstroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:01.94	2	Silver
Swimming - 50 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:22.10	1	Gold
Swimming - 50 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	1:20.77	1	Gold
Swimming - 50 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	1:07.82	1	Gold
Swimming - 50 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	М	92	1:58.98	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Dave	Wells	Omaha	NE	М	60	3:01.69	1	Gold
Swimming - 200 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	М	71	5:31.94	1	Gold
Swimming - 200 Breaststroke	75-79 Male	David	Leslie	West Des Moines	IA	М	76			Gold
Swimming - 200 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	5:59.47	2	Silver
Swimming - 200 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	3:21.59	1	Gold
	50.5444			A. II					4	
Swimming - 200 Butterfly	50-54 Male	Dennis	Bennett	Norwalk	IA	М	53	2:21.77	1	Gold
Continuosia a 200 Booth auflic	FF FO Famala	Diama	l la mara al	Faut Dadas	1.0	_		4:10.07	2	Cilver
Swimming - 200 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55			Silver
Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	3:06.59	1	Gold
Swimming 200 Buttorfly	60 64 Famala	Ann	Kealy	Marion	IA	F	60	4:00.22	1	Gold
Swimming - 200 Butterfly	60-64 Female	AIIII	Kealy	Marion	IA	IF.	60	4:00.22	Т	Gold
Swimming - 200 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	3:08.92	1	Gold
Swimming - 200 Butterny	00-04 Male	10111	Ivealy	Council bluits	ΠA	IIVI	62	3.08.92	Т	Julu

Swimming - 200 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	4:40.88	1 Gold
Swimming - 200 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	3:20.91	1 Gold
Swimming - 100 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:18.76	1 Gold
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	М	50	1:08.83	1 Gold
Swimming - 100 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	1:51.17	1 Gold
Swimming - 100 I.M.	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:05.20	2 Silver
Swimming - 100 I.M.	55-59 Male	David	ross	Des Moines	IA	М	57	1:09.41	1 Gold
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:27.25	1 Gold
Swimming - 100 I.M.	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	1:15.95	1 Gold
Swimming - 100 I.M.	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1 Gold
Swimming - 100 I.M.	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	1:50.04	1 Gold
Swimming - 100 I.M.	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	2:05.70	1 Gold
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	M	70	2:12.11	3 Bronze
Swimming - 100 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	1:52.10	2 Silver
Swimming - 100 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:18.49	1 Gold
Swimming - 50 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	30.11	1 Gold
Swimming - 50 Freestyle	50-54 Male	Steven	Mouw	Sioux Center	IA	М	50	26.88	2 Silver
Swimming - 50 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	39.31	1 Gold
Swimming - 50 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	49.37	3 Bronze

Swimming - 50 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	45.39	2 Silver
Swimming - 50 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	33.80	1 Gold
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	48.43	2 Silver
Swimming - 50 Freestyle	60-64 Male	Brad	Staley	Hampton	IA	М	60	43.03	2 Silver
Swimming - 50 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	27.69	1 Gold
Swimming - 50 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:05.90	2 Silver
Swimming - 50 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	35.56	1 Gold
Swimming - 50 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	М	65	35.24	1 Gold
Swimming - 50 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	46.36	1 Gold
Swimming - 30 i reestyle	70-74 emale	ratificia	Simul	Cedai Napids	TIA T	1	/1	40.30	Tidola
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	М	70	47.54	3 Bronze
Swimming - 50 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	38.40	2 Silver
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	37.89	1 Gold
Swimming - 50 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:05.74	1 Gold
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	1:10.46	2 Silver
	20.04.5					_			1011
Swimming - 50 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:04.93	1 Gold
Swimming - 50 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	1:08.92	1 Gold
Swimming - 30 Freestyle	80-84 Male	nay	iville	Spirit Lake	IA	IVI	63	1.00.92	1 0010
Swimming - 50 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	М	92	1:39.14	1 Gold
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Swimming - 200 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	ΙA	F	55	3:53.12	2 Silver
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	2:43.19	1 Gold
Swimming - 200 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	3:17.76	1 Gold
Swimming - 200 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:36.82	1 Gold
Swittining - 200 backstroke	00-04 Iviale	Parifer	Incary	Des Mones	IΑ	Livi	00	2.30.62	1 00iu

Swimming - 200 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	М	71	7:18.76	2	Silver
Swimming - 200 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	72	4:43.56	1	Gold
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	8:16.69	2	Silver
Swimming - 200 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	М	75	7:38.59	1	Gold
Swimming - 200 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	5:20.71	1	Gold
Swimming - 200 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	5:10.08	1	Gold