Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal	NSGA
Swimming - 500 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	54	9:41.52	1	Gold	Х
Swimming - 500 Freestyle	55-59 Female	Ann	Kealy	Marion	IA	F	59	7:39.78	1	Gold	Х
Swimming - 500 Freestyle	60-64 Female	Theresa	Carr	Ottumwa	IA	F	63	7:58.32		Gold	Х
Swimming - 500 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	63	12:14.69	2	Silver	Х
Swimming - 500 Freestyle	65-69 Female	Elizabeth	Smith	Des Moines	IA	F	66	7:18.82		Gold	Х
Swimming - 500 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	7:41.99	1	Gold	X
Swimming - 500 Freestyle	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	8:01.59	1	Gold	X
Swimming - 500 Freestyle	70-74 Female	Barbara	Larsen	Rochester	MN	F	71	8:25.56		Silver	Х
Swimming - 500 Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	12:06.28	1	Gold	Х
Swimming - 500 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	6:05.63		Gold	Х
Swimming - 500 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	6:25.76	2	Silver	Х
Swimming - 500 Freestyle	60-64 Male	David	Clark	Boone	IA	М	61	6:46.77	3	Bronze	Х
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	16:23.01		Gold	Х
Swimming - 500 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	18:04.19	1	Gold	Х
Swimming - 200 I.M.	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	3:41.94	1	Gold	X
	50.54.5		1			_		0.47.50	_	0.11	.,
Swimming - 200 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	3:17.53	1	Gold	X
Swimming - 200 I.M.	65-69 Female	Karen	Loring	SUN CITY WEST	AZ	F	68	3:49.59	1	Gold	X
Swimming - 200 i.ivi.	03-03 l'elliale	Karen	LOTTING	JOIN CITT WEST	72		00	3.43.33		Gold	^
Swimming - 200 I.M.	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	4:24.46	1	Gold	Х
0 11											
Swimming - 200 I.M.	55-59 Male	David	Wells	Omaha	NE	М	59	2:29.63	1	Gold	Х
Swimming - 200 I.M.	55-59 Male	Wayne	Huebener	Iowa City	IA	М	56	2:33.94	1	Gold	Х
	55-59 Male	John	Burke	Ames	IA	М	57	2:47.56	2	Silver	Х
Swimming - 200 I.M.	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	2:42.69		Gold	Х
Swimming - 200 I.M.	60-64 Male	David	Clark	Boone	IA	M	61	2:44.07	1	Gold	Х

Swimming - 200 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	4:17.51	1	Gold	Х
Swimming - 200 Freestyle	50-54 Female	Sharill	Prey-Luedtke	Martell	NE	F	54	2:33.65		Gold	X
Swimming - 200 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	54	3:41.80	1	Gold	X
Swimming - 200 Freestyle	55-59 Female	Ann	Kealy	Marion	IA	F	59	2:47.98	1	Gold	Х
Swimming - 200 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	63	4:24.95	1	Gold	Х
Swimming - 200 Freestyle	60-64 Female	Diane	Kealy	Hartford	WI	F F	61	4:33.51		Silver	X
Swimming 200 Freestyle	00 04 i ciliaic	Diane	Really	Tiditioid	001	'		4.55.51		Silver	Α
Swimming - 200 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	2:55.09	1	Gold	Х
Swimming - 200 Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	4:34.03	1	Gold	Х
									_		
Swimming - 200 Freestyle	55-59 Male	damian	krysan	lowa City	IA	М	56	2:14.52	1	Gold	Х
C : : 200 F	50.54.84.1	5 . 1	12 1	D 14 :		10.0		2.40.42		6.11	
Swimming - 200 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	2:19.12		Gold	X
Swimming - 200 Freestyle	60-64 Male	Robert	Phelps	cedar rapids	IA	М	61	3:10.90	2	Silver	Х
Swimming - 200 Freestyle	65-69 Male	Bob	Hennings	Bellevue	NE	М	68	4:45.17	1	Gold	Х
Swimming - 200 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	71	3:39.91	1	Gold	X
Swimming - 200 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	6:04.81		Gold	Х
Swimming - 200 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	7:10.19	1	Gold	Х
Swimming - 100 Backstroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	1:43.27	1	Gold	Х
Swimming - 100 Backstroke	50-54 Female	Jean	Dingeman	Pella	IA	F	54	2:07.76		Silver	Х
Swimming - 100 Backstroke	55-59 Female	Ann	Kealy	Marion	IA	F	59	1:30.72	1	Gold	Х
Swimming - 100 Backstroke	60-64 Female	Danette	Botts	Newton	IA	F	60	1:48.16	1	Gold	Х
Swimming - 100 Backstroke	60-64 Female	Joyce	Burch	Pella	IA	F	63	2:19.23	2	Silver	Х
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy	Hartford	WI	F	61	2:24.17	3	Bronze	Х
Swimming - 100 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:36.57	1	Gold	X
Swimming - 100 Backstroke				SUN CITY WEST	AZ	F	68	1:46.20		Silver	X
Swittilling - TOO Backstloke	65-69 Female	Karen	Loring	SUN CITY WEST	AL	Г	08	1.40.20		Silver	۸

80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:29.45	1	Gold	Х
60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	1:16.15	1	Gold	Х
65-69 Male	Norman	Bower	Davenport	IA	М	65	1:26.01	1	Gold	Х
65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	М	66	1:28.04	2	Silver	Х
70-74 Male	Don	Utsinger	Urbandale	IA	М	71	1:46.46	1	Gold	Х
70-74 Male	Alan	Schenck	Clarinda	IA	М	72	2:16.97	2	Silver	Х
70-74 Male	Ronald	Smith	West Des Moines	IA	М	74	3:16.26	3	Bronze	Х
75-79 Male	Roger	Wertanen	Peterson	MN	M	78	2:34 60	1	Gold	Х
	1			_						X
73 73 Widic	Ivan	Widgert	Lincom	INE	141	1 70	3.23.30		Silvei	Α
90-94 Male	Robert	Severance	Beloit	KS	М	92	4:01.81	1	Gold	Х
70-74 Female	Pat	Smith	Cedar Rapids	ΙA	F	71	2:05.87	1	Gold	Х
55-59 Male	Nathan	Harvey	Highland Park	MI	М	59	1:32.77	1	Gold	Х
70 7444							4.57.05		6.11	.,
70-74 Male	Doug	Cnew	urbandale	IA	IVI	70	1:57.35	1	Gold	Х
50 54 Female	Diama	Hammal	Faut Dades	1.0	-	F.4	F4 F7	1	Cald	V
				_						X
50-54 Female	Sara	Douglas-Poock	Cedar Falls	IA	F	51	1:02.68		Silver	X
55-59 Female	Michelle	Ross	Des Moines	IA	F	56	39.79	1	Gold	Х
	+				F	_				X
	-			_	F					X
60-64 Female	Debbie	Fisk	The Villages	FL	F	61	46.31	1	Gold	Х
60-64 Female	Diane	Kealy	Hartford	WI	F	61	1:13.44	2	Silver	Х
65-69 Female	Jan	Sedivy	Valley	NE	F	68	1:13.19	1	Gold	Х
80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:09.84	1	Gold	Х
50-54 Male	Dennis	Rennett	Norwalk	ΙΔ	M	52	31 58	1	Gold	Х
	+									X
	60-64 Male 65-69 Male 70-74 Male 70-74 Male 70-74 Male 75-79 Male 75-79 Male 70-74 Female 55-59 Male 50-54 Female 50-54 Female 55-59 Female 55-59 Female 60-64 Female 60-64 Female 60-64 Female 60-64 Female	60-64 Male Daniel 65-69 Male Norman 65-69 Male Glenn 70-74 Male Don 70-74 Male Ronald 75-79 Male Roger 75-79 Male Ivan 90-94 Male Robert 70-74 Female Pat 55-59 Male Nathan 70-74 Male Doug 50-54 Female Diane 50-54 Female Glynis 55-59 Female Lisa 60-64 Female Debbie 60-64 Female Diane 80-84 Female Florence 50-54 Male Dennis	60-64 Male Daniel Kealy 65-69 Male Norman Bower 65-69 Male Glenn Prochaska 70-74 Male Don Utsinger 70-74 Male Ronald Smith 75-79 Male Roger Wertanen 75-79 Male Ivan Maggert 90-94 Male Robert Severance 70-74 Female Pat Smith 55-59 Male Nathan Harvey 70-74 Male Doug Chew 50-54 Female Diane Happel 50-54 Female Glynis Worthington 55-59 Female Lisa Backer 60-64 Female Diane Kealy 65-69 Female Jan Sedivy 80-84 Female Florence Dietz	60-64 Male Daniel Kealy Des Moines 65-69 Male Glenn Prochaska Cedar Rapids 70-74 Male Don Utsinger Urbandale 70-74 Male Alan Schenck Clarinda 70-74 Male Ronald Smith West Des Moines 75-79 Male Ivan Maggert Lincoln 90-94 Male Robert Severance Beloit 70-74 Female Pat Smith Cedar Rapids 55-59 Male Nathan Harvey Highland Park 70-74 Male Doug Chew urbandale 50-54 Female Sara Douglas-Poock Cedar Falls 55-59 Female Glynis Worthington Hudson 55-59 Female Lisa Backer Holland 60-64 Female Diane Kealy Hartford 60-64 Female Diane Kealy Hartford 65-69 Female Jan Sedivy Valley 80-84 Female Florence Dietz West Des Moines 50-54 Male Dennis Bennett Norwalk	60-64 Male Daniel Kealy Des Moines IA 65-69 Male Norman Bower Davenport IA 65-69 Male Glenn Prochaska Cedar Rapids IA 70-74 Male Don Utsinger Urbandale IA 70-74 Male Alan Schenck Clarinda IA 70-74 Male Ronald Smith West Des Moines IA 75-79 Male Roger Wertanen Peterson MN 75-79 Male Ivan Maggert Lincoln NE 90-94 Male Robert Severance Beloit KS 70-74 Female Pat Smith Cedar Rapids IA 55-59 Male Nathan Harvey Highland Park MI 70-74 Male Doug Chew urbandale IA 55-54 Female Diane Happel Fort Dodge IA 50-54 Female Sara Douglas-Poock Cedar Falls IA 55-59 Female Glynis Worthington Hudson IA 55-59 Female Lisa Backer Holland IA 60-64 Female Debbie Fisk The Villages FL 60-64 Female Diane Kealy Walley NE 80-84 Female Florence Dietz West Des Moines IA	60-64 Male Daniel Kealy Des Moines IA M 65-69 Male Norman Bower Davenport IA M 65-69 Male Glenn Prochaska Cedar Rapids IA M 70-74 Male Don Utsinger Urbandale IA M 70-74 Male Alan Schenck Clarinda IA M 70-74 Male Ronald Smith West Des Moines IA M 75-79 Male Roger Wertanen Peterson MN M 75-79 Male Ivan Maggert Lincoln NE M 90-94 Male Robert Severance Beloit KS M 70-74 Female Pat Smith Cedar Rapids IA F 55-59 Male Nathan Harvey Highland Park MI M 70-74 Male Doug Chew Urbandale IA M 50-54 Female Sara Douglas-Poock Cedar Falls IA F 55-59 Female Michelle Ross Des Moines IA F 55-59 Female Michelle Ross Des Moines IA F 55-59 Female Debbie Fisk The Villages FL F 60-64 Female Diane Kealy Hartford WI F 80-84 Female Florence Dietz West Des Moines IA F	60-64 Male Daniel Kealy Des Moines IA M 60 65-69 Male Norman Bower Davenport IA M 65 65-69 Male Glenn Prochaska Cedar Rapids IA M 65 70-74 Male Don Utsinger Urbandale IA M 71 70-74 Male Ronald Smith West Des Moines IA M 74 75-79 Male Roger Wertanen Peterson MN M 78 75-79 Male Ivan Maggert Lincoln NE M 78 75-79 Male Robert Severance Beloit KS M 92 70-74 Female Pat Smith Cedar Rapids IA F 71 55-59 Male Nathan Harvey Highland Park MI M 59 70-74 Male Doug Chew urbandale IA M 70 50-54 Female Diane Happel Fort Dodge IA F 54 50-54 Female Glynis Worthington Hudson IA F 57 55-59 Female Lisa Backer Holland IA F 58 60-64 Female Debbie Fisk The Villages FL F 61 60-64 Female Diane Kealy Hartford WI F 63 80-84 Female Florence Dietz West Des Moines IA F 68 80-84 Female Florence Dietz West Des Moines IA F 68 80-84 Female Florence Dietz West Des Moines IA F 68 80-84 Female Florence Dietz West Des Moines IA F 68 80-84 Female Florence Dietz West Des Moines IA F 83 50-54 Male Dennis Bennett Norwalk IA M 52	60-64 Male Daniel Kealy Des Moines IA M 60 1:16.15	Colored Male Daniel Kealy Des Moines IA M 60 1:16.15 1	60-64 Male Daniel Kealy Des Moines IA M 60 1:16.15 1 Gold

Swimming - 50 Breaststroke	55-59 Male	John	Burke	Ames	IA	М	57	36.34	1	Gold	Х
Swimming - 50 Breaststroke	65-69 Male	Joseph	Nora	Waterloo	IA	M	65	43.51	1	Gold	X
Swimming - 50 Breaststroke	65-69 Male	Bob	Hennings	Bellevue	NE	M	68	48.99		Silver	X
Swiffining - 30 breaststroke	05-05 Iviale	ВОВ	Tierinings	Delievae	INC	IVI	08	40.55		Silver	^
Swimming - 50 Breaststroke	70-74 Male	Tony	Riker	Los Alamos	NM	М	74	41.92	1	Gold	Х
Swimming - 50 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	71	52.33	1	Gold	Х
Swimming - 50 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	58.33	2	Silver	Х
Swimming - 50 Breaststroke	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:06.77	3	Bronze	Х
Swimming - 50 Breaststroke	70-74 Male	Ronald	Smith	West Des Moines	IA	М	74	1:24.83	4		X
Swimming - 50 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:36.51	1	Gold	X
Swimming - 50 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	1:48.35		Gold	X
Swimming - 50 Breaststroke	75-79 Male	Ruben	Kullafi	Orbandale	IA	IVI	//	1:46.33	1	Gold	^
Swimming - 50 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	М	92	2:14.34	1	Gold	Х
Swimming - 50 Butterfly	65-69 Female	Cindy	Hauber	Ames	IA	F	65	40.27		Gold	Х
Swimming - 50 Butterfly	65-69 Female	Karen	Loring	SUN CITY WEST	AZ	F	68	46.35	2	Silver	Х
Swimming - 50 Butterfly	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	52.97	1	Gold	X
Swimming - 50 Butterfly	55-59 Male	David	ross	Des Moines	IA	M	56	25.96	1	Gold	X
Swimming - 50 Butterfly	55-59 Male	David	Wells	Omaha	NE	M	59	28.28		Silver	X
Swimming - 50 Butterfly	55-59 Male	Nathan	Harvey	Highland Park	MI	M	59	33.18		Bronze	X
-											
Swimming - 50 Butterfly	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	31.31		Gold	Х
Swimming - 50 Butterfly	60-64 Male	Al	Hodgeman	New Sharon	IA	M	61	38.62	2	Silver	X
Swimming - 50 Butterfly	65-69 Male	Norman	Bower	Davenport	IA	M	65	39.94	1	Gold	Х
Swimming - 50 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	46.01	1	Gold	Χ
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	М	70	49.98	2	Silver	Х
Swimming - 400 I.M.	50-54 Female	Sharill	Prey-Luedtke	Martell	NE	F	54	6:00.68	1	Gold	Х
Swimming - 400 I.M.	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	7:44.56		Gold	X
								7.07.65			
Swimming - 400 I.M.	70-74 Female	Barbara	Larsen	Rochester	MN	F	71	7:37.32	1	Gold	Х

Swimming - 400 I.M.	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	9:02.29	1	Gold	Х
Swimming - 400 I.M.	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	5:50.97	1	Gold	Х
Swimming - 400 I.M.	60-64 Male	David	Clark	Boone	IA	М	61	6:00.78	2	Silver	Х
Swimming - 100 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	54	1:43.77	1	Gold	Х
Swimming - 100 Freestyle	50-54 Female	Sara	Douglas-Poock	Cedar Falls	IA	М	51	1:53.33	2	Silver	Х
Swimming - 100 Freestyle	55-59 Female	Ann	Kealy	Marion	IA	F	59	1:18.83	1	Gold	X
Swimming - 100 Freestyle	60-64 Female	Theresa	Carr	Ottumwa	IA	F	63	1:23.58		Gold	Х
Swimming - 100 Freestyle	60-64 Female	Danette	Botts	Newton	IA	F	60	1:28.34	2	Silver	X
Swimming - 100 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	63	2:06.00	3	Bronze	Х
Swimming - 100 Freestyle	65-69 Female	Karen	Loring	SUN CITY WEST	ΑZ	F	68	1:22.95		Gold	Х
Swimming - 100 Freestyle	65-69 Female	Elizabeth	Smith	Des Moines	IA	F	66	1:26.59		Gold	Х
Swimming - 100 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:26.86	2	Silver	Х
Swimming - 100 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	68	2:12.47	4		Х
Swimming - 100 Freestyle	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	1:29.71	1	Gold	Х
Swimming - 100 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:25.56	1	Gold	Х
Swimming - 100 Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	2:00.37	1	Gold	Х
				·							
Swimming - 100 Freestyle	50-54 Male	Robert	Duryea	Waterloo	IA	М	50	1:08.56	1	Gold	Х
Swimming - 100 Freestyle	55-59 Male	damian	krysan	lowa City	IA	M	56	1:00.53	1	Gold	X
Swimming - 100 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	1:00.88		Gold	Х
Swimming - 100 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	1:01.43		Silver	Х
Swimming - 100 Freestyle	60-64 Male	Al	Hodgeman	New Sharon	IA	M	61	1:14.69	3	Bronze	Х
Swimming - 100 Freestyle	60-64 Male	Robert	Phelps	cedar rapids	IA	М	61	1:23.59	4		Х
Swimming - 100 Freestyle	65-69 Male	Norman	Bower	Davenport	IA	M	65	1:27.65	1	Gold	Х
,											
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	М	71	1:32.18	1	Gold	Х
Swimming - 100 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	М	70	1:53.33	2	Silver	Х

Swimming - 100 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	2:49.26	1	Gold	Х
Swimming - 100 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	3:10.59	1	Gold	Х
Swimming - 100 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	3:30.59	1	Gold	Х
Swimming - 100 Breaststroke	55-59 Female	Michelle	Ross	Des Moines	IA	F	56	1:29.45	1	Gold	Х
Swimming - 100 Breaststroke	55-59 Female	Lisa	Backer	Holland	IA	F	58	2:10.90		Silver	X
Swimming - 100 Breaststroke	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:41.27	1	Gold	Х
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy	Hartford	WI	F	61	2:47.74	2	Silver	Х
G :	50.54.84) A / / I				1 26 07		6.11	V
Swimming - 100 Breaststroke	50-54 Male	Robert	Duryea	Waterloo	IA	M	50	1:26.97	1	Gold	X
Swimming - 100 Breaststroke	65-69 Male	Joseph	Nora	Waterloo	IA	М	65	1:36.40	1	Gold	Х
Swimming - 100 Breaststroke	65-69 Male	Bob	Hennings	Bellevue	NE	М	68	2:29.87	2	Silver	Х
Swimming - 100 Breaststroke	70-74 Male	Tony	Riker	Los Alamos	NM	М	74	1:37.35	1	Gold	Х
Swimming - 100 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	2:12.10	1	Gold	Х
Swimming - 100 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	71	2:13.20	2	Silver	X
Swimming - 50 Backstroke	50-54 Female	Jean	Dingeman	Pella	IA	F	54	58.39	1	Gold	Х
JWITHINING - 50 Backstroke	30-34 l'elliale	Jean	Dirigerilari	i ena	1/^	•	34	38.33		Gold	^
Swimming - 50 Backstroke	55-59 Female	Ann	Kealy	Marion	IA	F	59	41.77	1	Gold	Х
Swimming - 50 Backstroke	55-59 Female	Glynis	Worthington	Hudson	IA	F	57	44.26	2	Silver	Х
Continue di la FO De electro les	CO CA Famala	D	Botts	Newton	1.0	F		F4 70		Gold	X
Swimming - 50 Backstroke	60-64 Female	Danette		Newton Pella	IA	F	60	51.78		Silver	
Swimming - 50 Backstroke	60-64 Female	Joyce	Burch		IA	F	63 61	57.09			X
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy	Hartford	WI	F	91	1:09.28	3	Bronze	X
Swimming - 50 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	44.74	1	Gold	Х
Swimming - 50 Backstroke	65-69 Female	Karen	Loring	SUN CITY WEST	ΑZ	F	68	45.67	2	Silver	Х
Swimming - 50 Backstroke	65-69 Female	Jan	Sedivy	Valley	NE	F	68	1:09.90	3	Bronze	X
Continue to D. L. L. L.	00.04.5	El	D:-+-)	1.0	-	1 00	4.05.70		Calal	v
Swimming - 50 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:05.70	1	Gold	Х
Swimming - 50 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	34.93	1	Gold	Х

Swimming - 50 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	М	65	38.19	1	Gold	Х
Swimming - 50 Backstroke	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	М	66	39.88	2	Silver	Х
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	71	46.20	1	Gold	Х
Swimming - 50 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	56.74	2	Silver	Х
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	М	70	1:04.23	3	Bronze	Х
Swimming - 50 Backstroke	70-74 Male	Ronald	Smith	West Des Moines	IA	М	74	1:26.25	4		Х
Swimming - 50 Backstroke	75-79 Male	Roger	Wertanen	Peterson	MN	М	78	1:10.25	1	Gold	X
Swimming - 50 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	1:43.37	2	Silver	X
Swimming - 50 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	1:49.31	1	Gold	Χ
Swimming - 200 Breaststroke	55-59 Female	Ann	Kealy	Marion	IA	F	59	3:50.58	1	Gold	X
Swimming - 200 Breaststroke	60-64 Female	Diane	Kealy	Hartford	WI	F	61	5:56.22	1	Gold	Х
				_					_		.,
Swimming - 200 Breaststroke	60-64 Male	David	Clark	Boone	IA	М	61	3:20.71	1	Gold	X
Suring ratio 200 Broad status la	CE CO Mala	Dak	Hampings	Dellerus	NE	D.4	CO	4.44.40	1	Cald	V
Swimming - 200 Breaststroke	65-69 Male	Bob	Hennings	Bellevue	NE	М	68	4:44.49	1	Gold	X
Swimming - 200 Breaststroke	70-74 Male	Tony	Riker	Los Alamos	NM	M	74	3:32.58	1	Gold	X
Swiffining - 200 Breaststroke	70-74 IVIale	TOTTY	NIKEI	LOS Aldillos	INIVI	IVI	74	3.32.30	1	Gold	^
Swimming - 200 Butterfly	50-54 Female	Sharill	Prey-Luedtke	Martell	NE	F	54	3:02.75	1	Gold	Х
Swimming - 200 Butterfly	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	4:09.82		Gold	X
Switting 200 Butterny	30 34 Telliale	Diane	Паррег	Tore Bouge	1,,	•	37	4.03.02		GOIG	Λ
Swimming - 200 Butterfly	70-74 Female	Barbara	Larsen	Rochester	MN	F	71	3:40.34	1	Gold	Х
Swimming - 200 Butterfly	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	4:36.43		Gold	Х
,											
Swimming - 200 Butterfly	55-59 Male	Wayne	Huebener	Iowa City	IA	М	56	2:54.87	1	Gold	Х
Swimming - 200 Butterfly	55-59 Male	Nathan	Harvey	Highland Park	MI	М	59	3:53.46	2	Silver	Х
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Swimming - 200 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	М	62	3:03.92	1	Gold	Х
Swimming - 200 Butterfly	60-64 Male	David	Clark	Boone	IA	М	61	3:06.85	2	Silver	Х
Swimming - 100 I.M.	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	1:48.18	1	Gold	Х
Swimming - 100 I.M.	50-54 Female	Jean	Dingeman	Pella	IA	F	54	2:02.03	2	Silver	Х

Swimming - 100 I.M.	55-59 Female	Michelle	Ross	Des Moines	IA	F	56	1:23.54	1	Gold	Х
,											
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:25.82	1	Gold	Х
Swimming - 100 I.M.	60-64 Female	Joyce	Burch	Pella	IA	F	63	2:29.22	1	Gold	Х
Swimming - 100 I.M.	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:33.48	1	Gold	Х
Swimming - 100 I.M.	65-69 Female	Karen	Loring	SUN CITY WEST	ΑZ	F	68	1:39.98	2	Silver	Х
Swimming - 100 I.M.	70-74 Female	Pat	Smith	Cedar Rapids	IA	F	71	1:59.09	1	Gold	X
Swimming - 100 I.M.	50-54 Male	Robert	Duryea	Waterloo	IA	M	50	1:20.30	1	Gold	X
	55.50.44		147.11					1 00 00		0.11	
Swimming - 100 I.M.	55-59 Male	David	Wells	Omaha	NE	M	59	1:08.33		Gold	X
Swimming - 100 I.M.	55-59 Male	damian	krysan	Iowa City	IA	М	56	1:18.20	1	Gold	Х
Swimming - 100 I.M.	60-64 Male	Al	Hodgeman	New Sharon	IA	М	61	1:49.31	1	Gold	Х
Swimming - 100 I.M.	65-69 Male	Norman	Bower	Davenport	IA	M	65	1:29.25	1	Gold	X
Swimming - 100 I.M.	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	M	66	1:32.14		Silver	X
Swiffining - 100 i.ivi.	03-03 Iviale	Gieriii	TTOCHASKA	cedai Napids	IA	IVI	- 00	1.52.14		Silver	_ ^
Swimming - 100 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	1:52.12	1	Gold	Х
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	М	70	2:06.93	2	Silver	Х
Swimming - 50 Freestyle	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	36.91		Gold	Х
Swimming - 50 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	54	46.03		Silver	Х
Swimming - 50 Freestyle	50-54 Female	Sara	Douglas-Poock	Cedar Falls	IA	F	51	48.72	3	Bronze	Х
Swimming - 50 Freestyle	55-59 Female	Michelle	Ross	Des Moines	IA	F	56	33.36	1	Gold	X
Swimming - 50 Freestyle	60-64 Female	Theresa	Carr	Ottumwa	IA	F	63	36.41	1	Gold	Х
Swimming - 50 Freestyle	60-64 Female	Danette	Botts	Newton	IA	F	60	39.38	2	Silver	Х
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy	Hartford	WI	F	61	50.55	3	Bronze	Х
Swimming - 50 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	63	55.87	4		X
Swimming - 50 Freestyle	65-69 Female	Karen	Loring	SUN CITY WEST	AZ	F	68	36.48	1	Gold	X
Swimming - 50 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	68	57.25		Silver	Х
Swimming - 50 Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	53.79	1	Gold	Х

Swimming - 50 Freestyle	50-54 Male	Robert	Duryea	Waterloo	IA	М	50	29.51	1	Gold	Х
Swimming - 50 Freestyle	55-59 Male	David	ross	Des Moines	IA	M	56	24.84	1	Gold	X
Swimming - 50 Freestyle	55-59 Male	damian	krysan	lowa City	IA	M	56	27.55		Silver	X
	00 00 1110.0		700	long oity	., ,				_	0	
Swimming - 50 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	27.56	1	Gold	Х
Swimming - 50 Freestyle	60-64 Male	Robert	Phelps	cedar rapids	IA	М	61	37.06	2	Silver	Х
Swimming - 50 Freestyle	65-69 Male	Norman	Bower	Davenport	IA	М	65	39.97	1	00.0	Х
Swimming - 50 Freestyle	65-69 Male	Bob	Hennings	Bellevue	NE	М	68	45.57	2	Silver	Х
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	71	37.60	1	Gold	X
Swimming - 50 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	41.55		Silver	X
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	М	70	46.29		Bronze	X
Swimming - 50 Freestyle	70-74 Male	Ronald	Smith	West Des Moines	IA	М	74	1:09.32	4		Х
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Swimming - 50 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	1:02.82	1	Gold	Х
Swimming - 50 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	М	77	1:29.85	1	Gold	Х
Swimming - 50 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	1:35.86	1	Gold	X
Swiffining - 30 Freestyle	90-94 Male	Robert	Severance	Beloit	K3	IVI	92	1.55.60		Gold	^
Swimming - 200 Backstroke	50-54 Female	Sharill	Prey-Luedtke	Martell	NE	F	54	2:45.37	1	Gold	Х
Swimming - 200 Backstroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	54	3:44.33	1		X
Swimming - 200 Backstroke	50-54 Female	Jean	Dingeman	Pella	IA	F	54	4:32.55		Silver	Х
Swimming - 200 Backstroke	55-59 Female	Ann	Kealy	Marion	IA	F	59	3:22.92	1	Gold	Х
Swimming - 200 Backstroke	60-64 Female	Joyce	Burch	Pella	IA	F	63	4:40.37	1	Gold	X
Swiffining 200 backstroke	00 04 i ciliaic	Joyce	Barch	i cha			0.5	4.40.57		Gold	^
Swimming - 200 Backstroke	65-69 Female	Karen	Loring	SUN CITY WEST	AZ	F	68	3:41.50	1	Gold	Х
Swimming - 200 Backstroke	70-74 Female	Barbara	Larsen	Rochester	MN	F	71	3:25.12	1	Gold	X
Swimming - 200 Backstroke	55-59 Male	David	ross	Des Moines	IA	M	56	2:18.59	1	Gold	X
Swimming - 200 Backstroke	55-59 Male	Wayne	Huebener	lowa City	IA	M	56	2:44.53		Silver	X
Swiffining - 200 backstroke	JJ-JJ IVIAIE	vvayne	Tidebellel	lowa City	IA .	IVI	30	2.44.33		Silvei	^
Swimming - 200 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	М	60	2:43.01	1	Gold	Х

Swimming - 200 Backstroke	60-64 Male	David	Clark	Boone	IA	М	61	2:56.55	2	Silver	Х
Swimming - 200 Backstroke	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	M	66	3:12.32	1	Gold	Х
Swimming - 200 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	М	71	3:51.37	1	Gold	Х
Swimming - 200 Backstroke	75-79 Male	Roger	Wertanen	Peterson	MN	M	78	6:08.22	1	Gold	Х
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	78	7:04.43	2	Silver	Х