Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Football Accuracy Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	53	70	1	Gold
Football Accuracy Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	60	2	Silver
Football Accuracy Throw	50-54 Female	Jennifer	Shide	Urbandale	IA	F	52	30	3	Bronze
Football Accuracy Throw	50-54 Male	Brett	Redies	Boone	IA	М	53	110	1	Gold
Football Accuracy Throw	50-54 Male	Brian	Dunn	Jackson	TN	М	52	90	2	Silver
Football Accuracy Throw	50-54 Male	Stacey	Davis	Clive	IA	М	51	70	2	Silver
Football Accuracy Throw	50-54 Male	Quinn	Falk	Bloomfeild	IA	М	53	30	3	Bronze
Football Accuracy Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	56	110	1	Gold
Football Accuracy Throw	55-59 Female	Denise	Fechner	Urbandale	IA	F	56			Silver
Football Accuracy Throw	55-59 Female	Linda	Donahue	Monroe	IA	F	59	70		Bronze
Football Accuracy Throw	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	55	60		2.020
Football Accuracy Throw	55-59 Female	KAREN	WAGNER	DUBUQUE	IA	F	57	30		
Football Accuracy Throw	55-59 Female	Judy	Kelly	Prairie du Chien	WI	F	59	20		
Football Accuracy Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	55		1	
Football Accuracy Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	58	90	1	Gold
Football Accuracy Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	57	70	1	Gold
Football Accuracy Throw	55-59 Male	Brent	Alexander	West Des Moines	IA	М	57	60	2	Silver
Football Accuracy Throw	55-59 Male	Jim	Klampe	Des Moines	IA	М	56	60	2	Silver
Football Accuracy Throw	55-59 Male	Brad	Staley	Hampton	IA	М	59	60	2	Silver
Football Accuracy Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	57	30		
Football Accuracy Throw	55-59 Male	Tom	Shide	Urbandale	IA	М	55	20		
Football Accuracy Throw	60-64 Female	Jennifer	Roberts	West Des Moines	IA	F	62	50	1	Gold
Football Accuracy Throw	60-64 Female		Beuter		IA	F	64	30		Silver
Football Accuracy Throw	60-64 Female	Margaret	Sander	Iowa City ANKENY	IA	F	64	30		Bronze
Football Accuracy Throw	60-64 Female	Cheryl Susan	Gullion	Des Moines	IA	F	61	20		БГОПZЕ
Football Accuracy Throw	60-64 Female	Ellen	Johnson	Des Moines	IA	F	60			
•	60-64 Female	Janice	Leinen		IA	F	60			
Football Accuracy Throw	00-64 remaie	Janne	Lemen	North English	IA	it.	00	20		

Football Accuracy Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	110	1	Gold
Football Accuracy Throw	60-64 Male	Joe	Bohlke	Des Moines	IA	М	63	60	2	Silver
Football Accuracy Throw	60-64 Male	David	Strege	Winterset	ΙA	М	60	40	3	Bronze
Football Accuracy Throw	60-64 Male	Kenneth	Hopper	Waukee	IA	М	62	30		
Football Accuracy Throw	65-69 Female	Marilyn	Arends	West Des Moines	IA	F	67	70	1	Gold
Football Accuracy Throw	65-69 Female	Donna	Matti	Eastman	WI	F	66	30	2	Silver
Football Accuracy Throw	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	30	2	Silver
Football Accuracy Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	10	3	Bronze
Football Accuracy Throw	65-69 Male	Dennis	Kelly	Clive	IA	M	67	70	1	Gold
Football Accuracy Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	67	70		Gold
Football Accuracy Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	40		Bronze
Football Accuracy Throw	65-69 Male	Denny	Posekany	Cedar Rapids	IA	M	69	30		DIONEC
Football Accuracy Throw	65-69 Male	Chuck	Ward	Urbandale	IA	M	66	0		
Tootball Accuracy Throw	03 03 IVIAIC	CHUCK	VVara	Orbandale	I/A	101	00	J		
Football Accuracy Throw	70-74 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	70	1	Gold
Football Accuracy Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	70	1	Gold
Football Accuracy Throw	70-74 Female	Susan	Furland	Runnells	IA	F	70	50	3	Bronze
Football Accuracy Throw	70-74 Female	Jewell	Chapman	Waukee	IA	F	74	40		
Football Accuracy Throw	70-74 Male	Ron	Peterson	Waukee	IA	M	74	90	1	Gold
Football Accuracy Throw	70-74 Male	Stanley	Allspach	Baxter	IA	М	70	90		Silver
Football Accuracy Throw	70-74 Male	Andy	Steinfeldt	Minnetonka	MN	М	70	70		Bronze
Football Accuracy Throw	70-74 Male	William	Dabbs	Hattiesburg	MS	М	71	60		
Football Accuracy Throw	70-74 Male	Denny	Adair	Osceola	IA	М	70	40	3	Bronze
Football Accuracy Throw	70-74 Male	james	Castelblanco	Des Moines	IA	М	70	40		
Football Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	20		
Football Accuracy Throw	70-74 Male	Skip	Hills	Altoona	IA	М	73	20		
Football Accuracy Throw	70-74 Male	greg	Eastman	des moines	IA	М	71	10		
Football Accuracy Throw	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	0		
Football Assurasy Through	75 70 Famala	loan	Minahan	Dos Maines	IA	F	76	50	1	Gold
Football Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	ור	76	50		GOIG

Football Accuracy Throw	75-79 Female	Ruth	Burrows	Urbandale	IA	F	76	10	2	Silver
Football Accuracy Throw	75-79 Male	Frank	Perez jr	WDM	IA	М	76	70	1	Gold
Football Accuracy Throw	75-79 Male	Ralph	Pantoga	West Des Moines	IA	М	78	10	2	Silver
Football Accuracy Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	0		
Football Accuracy Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	0		
Football Accuracy Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	0		
Football Accuracy Throw	80-84 Male	Fred	Bankus	Pella	IA	M	82	60	1	Gold
Football Accuracy Throw	80-84 Male	Duane	Shaw	Kansas City	KS	M	80	30	2	Silver
Football Accuracy Throw	80-84 Male	Gary	Smidt	Ankeny	IA	M	81	30	2	Silver
Football Accuracy Throw	80-84 Male	Wilbur	Veenstra	Pella	IA	М	80	30	3	Bronze
Football Accuracy Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	10		
Football Accuracy Throw	85-89 Female	Carolyn	Dodd	Des Moines	IA	F	86	0		
Football Accuracy Throw	85-89 Male	Bart	Young	Indianola	IA	M	87	30	1	Gold
Football Accuracy Throw	85-89 Male	Lee	Kane	Urbandale	IA	M	85	30		Silver
						_				
Football Distance Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	68		Gold
Football Distance Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	53	57-1		Silver
Football Distance Throw	50-54 Female	Jennifer	Shide	Urbandale	IA	F	52	55-1	3	Bronze
Football Distance Throw	50-54 Male	Stacey	Davis	Clive	ΙA	М	50	125-11	1	Gold
Football Distance Throw	50-54 Male	Brian	Dunn	Jackson	TN	М	52	115-2	2	Silver
Football Distance Throw	50-54 Male	Brett	Redies	Boone	IA	М	53	110-5	2	Silver
Football Distance Throw	55-59 Female	Roz	Smith	Pleasant Hill	IA	F	55	85-8	1	Gold
Football Distance Throw	55-59 Female	KAREN	WAGNER	DUBUQUE	ΙA	F	57	85-5	2	Silver
Football Distance Throw	55-59 Female	Jody	Walter	Boone 56	ΙA	F	56	77-1	3	Bronze
Football Distance Throw	55-59 Female	Tina	Hendrix	Prairie du Chien	WI	F	55	75		
Football Distance Throw	55-59 Female	Denise	Fechner	Urbandale	ΙA	F	56	63-4		

Football Distance Throw	55-59 Female	Judy	Kelly	Prairie du Chien	WI	F	59	59-7		
Football Distance Throw	55-59 Female	Linda	Donahue	Monroe	IA	F	59	52-10		
Football Distance Throw	60-64 Female	Janice	Leinen	North English	IA	F	59	46-10		
1 Ootball Distance Tillow	00-04 emale	Janice	Lemen	NOI til Liigiisii		·	33	40-10		
Football Distance Throw	55-59 Male	Tom	Shide	Urbandale	IA	М	55	133-3	1	Gold
Football Distance Throw	55-59 Male	Jeff	Pfundheller	Urbandale	ΙA	М	57	133	2	Silver
Football Distance Throw	55-59 Male	Timothy	Pew	Des Moines	ΙA	М	57	132-8	3	Bronze
Football Distance Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	58	121-4		
Football Distance Throw	55-59 Male	Brad	Staley	Hampton	IA	М	59	112-1		
Football Distance Throw	60-64 Female	Jennifer	Roberts	West Des Moines	IA	F	62	72-6	1	Gold
Football Distance Throw	60-64 Female	Margaret	Beuter	Iowa City	IA	F	64	72-2		Silver
Football Distance Throw	60-64 Female	Ellen	Johnson	Des Moines	IA	F	60	69-9		Bronze
Football Distance Throw	60-64 Female	Susan	Gullion	Des Moines	IA	F	61	46-10		Bronze
Football Distance Throw	60-64 Female	Cheryl	Sander	ANKENY	IA	F	64	43-10		
Tooloan Bistariee Timew	l co o i i emaie	Chery	Gariaer	/ IIIII	., ,	•	0.	15 16		
Football Distance Throw	60-64 Male	David	Strege	Winterset	ΙA	М	60	144-9	1	Gold
Football Distance Throw	60-64 Male	Joe	Bohlke	Des Moines	IA	М	63	117-5	2	Silver
Football Distance Throw	60-64 Male	Randy	Davis	Altoona	IA	М	62	106-2	3	Bronze
Football Distance Throw	65-69 Female	Marilyn	Arends	West Des Moines	IA	F	67	73	1	Gold
Football Distance Throw	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	45-7	2	Silver
Football Distance Throw	65-69 Female	Christine	Carroll	Urbandale	IA	F	69	42-9	3	Bronze
Football Distance Throw	65-69 Female	Paula	Schultz	Indianola	IA	F	65	42-6		
Football Distance Throw	65-69 Male	Chris	Ostlund	waukee	IA	М	65	136-6		Gold
Football Distance Throw	65-69 Male	Dennis	Kelly	Clive	IA	M	67	131-8		Silver
Football Distance Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	67	108-3	3	Bronze
Football Distance Throw	65-69 Male	Brad	Ewest	Ankeny	IA	M	65	108-1		
Football Distance Throw	65-69 Male	Chuck	Ward	Urbandale	IA	M	66	93		
Football Distance Throw	65-69 Male	Denny	Posekany	Cedar Rapids	IA	М	69	86-2		
Football Distance Throw	70-74 Female	Neva	Weisskopf	Lehigh Acres	FL	F	70	61-9	1	Gold
FOOLDAII DISTAIRCE THIOW	70-74 Female	ineva	weisskopi	Lenigh Acres	ΓL	IL.	70	01-9		Julu

	T	I	1	1	1	1_	1 _ 1			
Football Distance Throw	70-74 Female	Jewell	Chapman	Waukee	IA	F	74	45-6		Gold
Football Distance Throw	70-74 Female	Nancy Jo	Henning	West Des Moines	IA	F	74	37	2	Silver
Football Distance Throw	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	148	1	Gold
Football Distance Throw	70-74 Male	William	Dabbs	Hattiesburg	MS	М	71	113-6	2	Silver
Football Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	71	88	1	Gold
Football Distance Throw	70-74 Male	Ron	Peterson	Waukee	IA	М	74	77-3	2	Silver
Football Distance Throw	70-74 Male	Stanley	Allspach	Baxter	IA	М	70	75-8	3	Bronze
Football Distance Throw	70-74 Male	greg	Eastman	des moines	IA	М	71	75-5		
Football Distance Throw	70-74 Male	Denny	Adair	Osceola	IA	М	70	72		
Football Distance Throw	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	65		
Football Distance Throw	70-74 Male	james	Castelblanco	Des Moines	IA	М	70	56-2		
Factball Distance Through	75.70.5	1	NA: In a se	DanMaina	1.0	F	7.0	46.4		Calal
Football Distance Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	76	46-4		Gold
Football Distance Throw	75-79 Female	Ruth	Burrows	Urbandale	IA	F	76	36-4		Silver
Football Distance Throw	75-79 Female	Sharon	Powell	West Des Moines	IA	F	78	21-9	3	Bronze
Football Distance Throw	75-79 Male	Frank	Perez jr	WDM	IA	M	76	77	1	Gold
Football Distance Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	77	71	2	Silver
Football Distance Throw	75-79 Male	Ralph	Pantoga	West Des Moines	IA	М	77	52-5	3	Bronze
Football Distance Throw	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	М	75	41-6		
Football Distance Throw	80-84 Female	Wyline	Gardner	Des Moines	IA	F	81	17-5	1	Gold
Football Distance Throw	80-84 Male	Donald	Hutchinson	West Des Moines	IA	M	82	97-2	1	Gold
Football Distance Throw	80-84 Male	Gary	Smidt	Ankeny	IA	М	81	77	2	Silver
Football Distance Throw	80-84 Male	Fred	Bankus	Pella	IA	М	82	66-9	3	Bronze
Football Distance Throw	80-84 Male	Duane	Shaw	Kansas City	KS	М	80	61-1		
Football Distance Throw	80-84 Male	Wilbur	Veenstra	Pella	IA	М	80	54-4		
Football Distance Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	83	50-6		
Football Distance Throw	85-89 Male	Lee	Kane	Urbandale	IA	M	85	62-4	1	Gold
Football Distance Throw	85-89 Male	Bart	Young	Indianola	IA	М	87	54-5		Silver