Event	Age Group	First Name	Last Name	City	State	Gender	Age	Score	Place	Medal
Football Accuracy Throw	50-54 Female	Rosalind	Smith	Pleasant Hill	IA	F	54	40	1	Gold
Football Accuracy Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	52	40	2	Silver
Football Accuracy Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	52	30	3	Bronze
Football Accuracy Throw	50-54 Female	Jennifer	Shide	Urbandale	IA	F	51	10	4	
Football Accuracy Throw	50-54 Male	Brett	Redies	Boone	IA	М	52	130	1	Gold
Football Accuracy Throw	50-54 Male	Tom	Shide	Urbandale	IA	М	54	50	2	Silver
Football Accuracy Throw	55-59 Female	Ellen	Johnson	Des Moines	IA	F	59	60	1	Gold
Football Accuracy Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	55	60	2	Silver
Football Accuracy Throw	55-59 Female	Denise	Fechner	Urbandale	IA	F	55	50	3	Bronze
Football Accuracy Throw	55-59 Female	Linda	Donahue	Monroe	IA	F	56	20	4	
Football Accuracy Throw	55-59 Female	Carmena	Cataldo	Clive	IA	F	59	10	5	
Football Accuracy Throw	55-59 Female	Janice	Leinen	North English	IA	F	59	0	6	
Football Accuracy Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	57	90	1	Gold
Football Accuracy Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	56	70	1	Gold
Football Accuracy Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	56	70	1	Gold
Football Accuracy Throw	55-59 Male	David	Strege	Winterset	IA	М	59	60	3	Bronze
Football Accuracy Throw	55-59 Male	Brent	Alexander	West Des Moines	IA	М	56	60	5	
Football Accuracy Throw	55-59 Male	Jeff	McLain	St. Charles	IA	М	59	60	5	
Football Accuracy Throw	55-59 Male	Brad	Staley	Hampton	IA	М	58	60	5	
Football Accuracy Throw	55-59 Male	Joe	Cataldo	Clive	IA	М	59	10	8	
Football Accuracy Throw	55-59 Male	Robert	Klampe	Mooresville	IN	М	56	10	8	
Football Accuracy Throw	55-59 Male	Scott	Ickes	LeClaire	IA	М	57	0	10	
Football Accuracy Throw	60-64 Female	Susan	Gullion	Des Moines	IA	F	60	90	1	Gold
Football Accuracy Throw	60-64 Female	Rhonda	Penquite	Cumming	IA	F	61	80	2	Silver
Football Accuracy Throw	60-64 Female	Margaret	Beuter	Iowa City	IA	F	62	40	3	Bronze
Football Accuracy Throw	60-64 Female	Jennifer	Roberts	West Des Moines	IA	F	61	30	4	
Football Accuracy Throw	60-64 Female	LuAnne	Brown	Ankeny	IA	F	60	0	5	
Football Accuracy Throw	60-64 Male	Ted	Goudge	Maryville	МО	М	61	50	1	Gold

Football Accuracy Throw	60-64 Male	Brad	Ewest	Ankeny	IA	М	64	40	1	Gold
Football Accuracy Throw	60-64 Male	Randy	Davis	Altoona	IA	М	61	30	2	Silver
Football Accuracy Throw	60-64 Male	Kenneth	Hopper	Waukee	ΙA	М	61	10	3	Bronze
Football Accuracy Throw	60-64 Male	Joe	Bohlke	Des Moines	IΑ	М	62	0	5	
·										
Football Accuracy Throw	65-69 Female	Gloria	Wichmann	Williamsburg	IA	F	65	50	1	Gold
Football Accuracy Throw	65-69 Female	Denise	Johnston	Wichita	KS	F	67	50	2	Silver
Football Accuracy Throw	65-69 Female	Carole	Rowland	Pleasantville	IA	F	65	40	2	Silver
Football Accuracy Throw	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	69	30	4	
Football Accuracy Throw	65-69 Female	Susan	Furland	Runnells	IA	F	69	30	3	Bronze
Football Accuracy Throw	65-69 Female	Martha	Green	Des Moines	IA	F	66	20	4	
Football Accuracy Throw	65-69 Male	Dale	Thede	Urbandale	ΙA	М	66	90	1	Gold
Football Accuracy Throw	65-69 Male	Douglas	Teener	Manhattan	KS	М	67	60	2	Silver
Football Accuracy Throw	65-69 Male	Denny	Posekany	Cedar Rapids	IA	M	68	40	2	Silver
Football Accuracy Throw	65-69 Male	Stanley	Allspach	Baxter	ΙA	М	69	40	2	Silver
Football Accuracy Throw	65-69 Male	KIM	ZESCH	GILMAN	ΙA	М	65	20	4	
Football Accuracy Throw	65-69 Male	Dennis	Kelly	Clive	ΙA	М	66	20	4	
Football Accuracy Throw	65-69 Male	Craig	Nash	Atalissa	IA	M	66	20	4	
Football Accuracy Throw	65-69 Male	james	Castelblanco	Des Moines	IA	М	69	10	8	
Football Accuracy Throw	70-74 Female	Phyllis	Weeda	Des Moines	IA	F	73	50	1	Gold
Football Accuracy Throw	70-74 Male	Ron	Peterson	Waukee	IA	М	73	70	1	Gold
Football Accuracy Throw	70-74 Male	Skip	Hills	Altoona	ΙA	М	72	50	2	Silver
Football Accuracy Throw	70-74 Male	Greg	Eastman	Des Moines	IA	М	70	40	3	Bronze
Football Accuracy Throw	70-74 Male	Alan	Schenck	Clarinda	IA	М	71	20	4	
Football Accuracy Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	70	20	4	
Football Accuracy Throw	70-74 Male	Richard	Rounds	Boone	IA	М	70	0	6	
Football Accuracy Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	75	50	1	Gold
			_							
Football Accuracy Throw	75-79 Male	Mike	Schaumburg	West Des Moines	IA	М	76	60	1	Gold
Football Accuracy Throw	75-79 Male	Ralph	Pantoga	West Des Moines	IA	М	77	40	2	Silver

Football Accuracy Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	М	76	30	3	Bronze
Football Accuracy Throw	75-79 Male	Wilbur	Veenstra	Pella	IA	М	79	30	3	Bronze
Football Accuracy Throw	75-79 Male	David	Easterla	Maryville	МО	М	79	30	3	Bronze
Football Accuracy Throw	75-79 Male	Duane	Shaw	Kansas City	KS	М	79	20	6	
Football Accuracy Throw	75-79 Male	Frank	Perez jr	WDM	IA	М	75	0	7	
Football Accuracy Throw	75-79 Male	ron	stoutenberg	pleasant Hill	IA	М	76	0	7	
Football Accuracy Throw	80-84 Female	Carol	Linderman	Clive	IA	F	80	40	1	Gold
Football Accuracy Throw	80-84 Male	Richard	Anderson	West Des Moines	ΙA	М	82	50	1	Gold
Football Accuracy Throw	80-84 Male	Fred	Bankus	Pella	IA	М	81	50	2	Silver
Football Accuracy Throw	80-84 Male	Bob	McCoid	West Alexander	PA	М	80	30	3	Bronze
Football Accuracy Throw	80-84 Male	Gary	Smidt	Ankeny	ΙA	М	80	20	3	Bronze
Football Accuracy Throw	80-84 Male	Ken	Clark	Urbandale	ΙA	М	81	0	5	
Football Accuracy Throw	80-84 Male	Dick	Hekl	Omaha	NE	М	84	0	5	
Football Accuracy Throw	80-84 Male	Bill	Park	Muscatine	ΙA	М	84	0	5	
Football Accuracy Throw	85-89 Female	Carolyn	Dodd	Des Moines	ΙA	F	85	10	1	Gold
Football Accuracy Throw	85-89 Male	Bart	Young	Indianola	ΙA	М	86	50	1	Gold
Football Distance Throw	50-54 Female	Rosalind	Smith	Pleasant Hill	ΙA	F	54	92-6	1	Gold
Football Distance Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	52	72-7	2	Silver
Football Distance Throw	50-54 Female	Jean	Duffy	DES MOINES	IA	F	52	67-9	3	Bronze
Football Distance Throw	50-54 Female	Jennifer	Shide	Urbandale	IA	F	51	65	4	
Football Distance Throw	50-54 Male	Tom	Shide	Urbandale	ΙA	М	54	138-7	1	Gold
Football Distance Throw	50-54 Male	Brett	Redies	Boone	IA	М	52	119-8	2	Silver
Football Distance Throw	55-59 Female	Jody	Walter	Des Moines	IA	F	55	92-7	1	Gold
Football Distance Throw	55-59 Female	Ellen	Johnson	Des Moines	IA	F	59	76-4	2	Silver
Football Distance Throw	55-59 Female	Denise	Fechner	Urbandale	IA	F	55	73-4	3	Bronze
Football Distance Throw	55-59 Female	Linda	Donahue	Monroe	IA	F	56	62-6	4	
Football Distance Throw	55-59 Female	Carmena	Cataldo	Clive	IA	F	59	57-5	5	

Football Distance Throw	55-59 Female	Janice	Leinen	North English	IA	F	59	50-1	6	
Football Distance Throw	55-59 Male	Doug	Roby	sioux falls	SD	М	57	166-8	1	Gold
Football Distance Throw	55-59 Male	David	Strege	Winterset	IA	М	59	159-3	1	Gold
Football Distance Throw	55-59 Male	Timothy	Pew	Des Moines	IA	М	56	153-7	2	Silver
Football Distance Throw	55-59 Male	Brad	Staley	Hampton	IA	М	58	130-2	3	Bronze
Football Distance Throw	55-59 Male	Dennis	Lehr	Orion	IL	М	57	126-4	5	
Football Distance Throw	55-59 Male	Jeff	Pfundheller	Urbandale	IA	М	56	118-9	6	
Football Distance Throw	55-59 Male	Jeff	McLain	St. Charles	IA	М	59	113-8	7	
Football Distance Throw	55-59 Male	Joe	Cataldo	Clive	IA	М	59	63-6	8	
Football Distance Throw	60-64 Female	Rhonda	Penquite	Cumming	IA	F	61	104-2	1	Gold
Football Distance Throw	60-64 Female	Margaret	Beuter	Iowa City	IA	F	62	75-6		Silver
Football Distance Throw	60-64 Female	Jennifer	Roberts	West Des Moines	IA	F	61	75-6		Bronze
Football Distance Throw	60-64 Female	LuAnne	Brown	Ankeny	IA	F	60	64-6	4	2.020
Football Distance Throw	60-64 Female	Susan	Gullion	Des Moines	IA	F	60	46-3	5	
Football Distance Throw	60-64 Male	Chris	Ostlund	Waukee	IA	М	64	157-6	1	Gold
Football Distance Throw	60-64 Male	Ted	Goudge	Maryville	МО	М	61	139-3	2	Silver
Football Distance Throw	60-64 Male	Joe	Bohlke	Des Moines	IA	М	62	135-4	2	Silver
Football Distance Throw	60-64 Male	Brad	Ewest	Ankeny	IA	М	64	117	3	Bronze
Football Distance Throw	60-64 Male	Randy	Davis	Altoona	IA	М	61	116	5	
Football Distance Throw	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	69	64-7	1	Gold
Football Distance Throw	65-69 Female	Carole	Rowland	Pleasantville	IA	F	65	55-2		Gold
Football Distance Throw	65-69 Female	Denise	Johnston	Wichita	KS	F	67	59-3	3	Bronze
Football Distance Throw	65-69 Female	Martha	Green	Des Moines	IA	F	66	45-4	2	Silver
Football Distance Throw	65-69 Female	Christine	Carroll	Urbandale	IA	F	68	43-6	3	Bronze
Football Distance Throw	65-69 Male	Dennis	Kelly	Clive	IA	M	66	153-2	1	Gold
Football Distance Throw	65-69 Male	Craig	Nash	Atalissa	IA	M	66	121-2		Silver
Football Distance Throw	65-69 Male	Dale	Thede	Urbandale	IA	M	66			Bronze
Football Distance Throw	65-69 Male	Dennis	Hinckley	Sioux Falls	SD	M	66	102	4	51 01120
Football Distance Throw	65-69 Male	Douglas	Teener	Manhattan	KS	M	67	95-6	5	

Football Distance Throw	65-69 Male	Stanley	Allspach	Baxter	IA	М	69	89-6	6	
Football Distance Throw	65-69 Male	Denny	Posekany	Cedar Rapids	IA	М	68	84-4	7	
Football Distance Throw	65-69 Male	Jim	Castelblanco	Des Moines	NE	М	69	56-5	8	
Football Distance Throw	70-74 Female	Phyllis	Weeda	Des Moines	IA	F	73	56-5	1	Gold
Football Distance Throw	70-74 Male	Marvin	Burton	Des Moines	IA	М	70	97-8		Gold
Football Distance Throw	70-74 Male	Ron	Peterson	Waukee	IA	М	73	96-2	2	Silver
Football Distance Throw	70-74 Male	Alan	Schenck	Clarinda	IA	М	71	87-7	3	Bronze
Football Distance Throw	70-74 Male	Greg	Eastman	Des Moines	IA	М	70	87	4	
Football Distance Throw	75-79 Female	Jean	Minahan	Des Moines	IA	F	75	47-6		Gold
Football Distance Throw	75-79 Female	Sharon	Powell	West Des Moines	IA	F	77	27	2	Silver
Football Distance Throw	75-79 Male	David	Easterla	Maryville	МО	M	79	91-4	1	Gold
Football Distance Throw	75-79 Male	Frank	Perez jr	WDM	IA	M	75	91-4		Gold
Football Distance Throw	75-79 Male	Mike	Schaumburg	West Des Moines	IA	M	76	73-5		Silver
Football Distance Throw	75-79 Male	Duane	Shaw	Kansas City	KS	M	79	72-7	<u>Z</u>	Silver
Football Distance Throw	75-79 Male	Rich	Hoidahl	Johnston	IA	M	76	69-5		Bronze
Football Distance Throw	75-79 Male	Wilbur	Veenstra	Pella	IA	M	79	60-2	<u>5</u>	BIOIIZE
FOOLDAII DISTAILCE TIIIOW	73-79 IVIale	VVIIDUI	veeristra	rena	IA	IVI	79	00-2	<u> </u>	
Football Distance Throw	80-84 Female	Carol	Linderman	Clive	IA	F	80	44-9	1	Gold
Football Distance Throw	80-84 Male	Don	Hutchinson	West Des Moines	IA	M	81	117	1	Gold
Football Distance Throw	80-84 Male	Gary	Smidt	Ankeny	IA	М	80	90-5	2	Silver
Football Distance Throw	80-84 Male	Fred	Bankus	Pella	IA	М	81	79-7	3	Bronze
Football Distance Throw	80-84 Male	Bob	McCoid	West Alexander	PA	М	80	73-11	4	
Football Distance Throw	80-84 Male	Richard	Anderson	West Des Moines	IA	М	82	52-1	5	
Football Distance Throw	80-84 Male	Bill	Park	Muscatine	IA	М	84	51-4	6	
Football Distance Throw	85-89 Female	Carolyn	Dodd	Des Moines	IA	F	85	25-3	1	Gold
Football Distance Throw	85-89 Male	Bart	Young	Indianola	IA	M	86	65-4	1	Gold