

2016 Iowa Senior Games Football Accuracy/Distance Throw Results  
Valley Stadium, West Des Moines, IA

| Event                   | Age Group    | Last Name      | First Name  | City            | State | Gender | Age | Score | Place | Medal  |
|-------------------------|--------------|----------------|-------------|-----------------|-------|--------|-----|-------|-------|--------|
| Football Accuracy Throw | 50-54 Female | Jacqueline     | Riekona     | West Des Moines | IA    | F      | 51  | 80    | 1     | Gold   |
| Football Accuracy Throw | 50-54 Female | Jody           | Walter      | Des Moines      | IA    | F      | 54  | 70    | 2     | Silver |
| Football Accuracy Throw | 50-54 Female | Kim            | Hicks       | Allerton        | IA    | F      | 50  | 70    | 3     | Bronze |
| Football Accuracy Throw | 50-54 Female | Jennifer       | Shide       | Urbandale       | IA    | F      | 50  | 40    |       |        |
| Football Accuracy Throw | 50-54 Female | Rosalind (Roz) | Smith       | Pleasant Hill   | IA    | F      | 53  | 40    |       |        |
|                         |              |                |             |                 |       |        |     |       |       |        |
| Football Accuracy Throw | 50-54 Male   | Quinn          | Falk        | Bloomfeild      | IA    | M      | 51  | 110   | 1     | Gold   |
| Football Accuracy Throw | 50-54 Male   | Tom            | Shide       | Urbandale       | IA    | M      | 53  | 100   | 2     | Silver |
| Football Accuracy Throw | 50-54 Male   | Davin          | Roberts     | West Des Moines | IA    | M      | 50  | 20    | 3     | Bronze |
| Football Accuracy Throw | 50-54 Male   | Jeff           | Miller      | Des Moines      | IA    | M      | 53  | 10    |       |        |
|                         |              |                |             |                 |       |        |     |       |       |        |
| Football Accuracy Throw | 55-59 Female | Janice         | Leinen      | North English   | IA    | F      | 58  | 30    | 1     | Gold   |
|                         |              |                |             |                 |       |        |     |       |       |        |
| Football Accuracy Throw | 55-59 Male   | Jeff           | Pfundheller | Urbandale       | IA    | M      | 55  | 90    | 1     | Gold   |
| Football Accuracy Throw | 55-59 Male   | David          | Strege      | Winterset       | IA    | M      | 58  | 90    | 2     | Silver |
| Football Accuracy Throw | 55-59 Male   | Jeff           | McLain      | St. Charles     | IA    | M      | 58  | 80    | 3     | Bronze |
| Football Accuracy Throw | 55-59 Male   | Brent          | Alexander   | West Des Moines | IA    | M      | 55  | 70    |       |        |
| Football Accuracy Throw | 55-59 Male   | Scott          | Ickes       | Bettendorf      | IA    | M      | 56  | 60    |       |        |
| Football Accuracy Throw | 55-59 Male   | Dennis         | Lehr        | Orion           | IL    | M      | 56  | 50    |       |        |
| Football Accuracy Throw | 55-59 Male   | Tim            | Pew         | Des Moines      | IA    | M      | 55  | 10    |       |        |
|                         |              |                |             |                 |       |        |     |       |       |        |
| Football Accuracy Throw | 60-64 Female | Gloria         | Wichman     | Williamsburg    | IA    | F      | 64  | 100   | 1     | Gold   |
| Football Accuracy Throw | 60-64 Female | Rhonda         | Penquite    | Cumming         | IA    | F      | 60  | 60    | 2     | Silver |
| Football Accuracy Throw | 60-64 Female | Margaret       | Beuter      | Iowa City       | IA    | F      | 62  | 40    | 3     | Bronze |
| Football Accuracy Throw | 60-64 Female | CAROLE         | ROWLAND     | PLEASANTVILLE   | IA    | F      | 64  | 40    |       |        |
| Football Accuracy Throw | 60-64 Female | Cheryl         | Sander      | Altoona         | IA    | F      | 62  | 40    |       |        |
|                         |              |                |             |                 |       |        |     |       |       |        |
| Football Accuracy Throw | 60-64 Male   | KIM            | ZESCH       | GILMAN          | IA    | M      | 64  | 100   | 1     | Gold   |
| Football Accuracy Throw | 60-64 Male   | Randy          | Davis       | Altoona         | IA    | M      | 60  | 50    | 2     | Silver |
| Football Accuracy Throw | 60-64 Male   | Brad           | Ewest       | Ankeny          | IA    | M      | 63  | 50    | 3     | Bronze |
| Football Accuracy Throw | 60-64 Male   | Mike           | Bergman     | Mt Vernon       | IA    | M      | 62  | 40    |       |        |
| Football Accuracy Throw | 60-64 Male   | Joe            | Bohlke      | Des Moines      | IA    | M      | 61  | 40    |       |        |
| Football Accuracy Throw | 60-64 Male   | Kenneth        | Hopper      | Waukee          | IA    | M      | 60  | 40    |       |        |

Record performances are highlighted in yellow

2016 Iowa Senior Games Football Accuracy/Distance Throw Results  
Valley Stadium, West Des Moines, IA

|                         |              |         |             |                 |    |   |    |      |   |        |
|-------------------------|--------------|---------|-------------|-----------------|----|---|----|------|---|--------|
| Football Accuracy Throw | 60-64 Male   | Rick    | Klein       | Waterloo        | IA | M | 63 | 20   |   |        |
| Football Accuracy Throw | 60-64 Male   | Greg    | Palmersheim | Des Moines      | IA | M | 61 | 20   |   |        |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 65-69 Female | Roberta | Blakeman    | Altoona         | IA | F | 66 | 90   | 1 | Gold   |
| Football Accuracy Throw | 65-69 Female | Neva    | Weisskopf   | Lehigh Acres    | FL | F | 68 | 20   | 2 | Silver |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 65-69 Male   | Tarry   | Cory        | Urbandale       | IA | M | 68 | 60   | 1 | Gold   |
| Football Accuracy Throw | 65-69 Male   | Dale    | Thede       | Urbandale       | IA | M | 65 | 50   | 2 | Silver |
| Football Accuracy Throw | 65-69 Male   | Denny   | Posekany    | Cedar Rapids    | IA | M | 67 | 40   | 3 | Bronze |
| Football Accuracy Throw | 65-69 Male   | Marvin  | Burton      | Des Moines      | IA | M | 69 | 20   |   |        |
| Football Accuracy Throw | 65-69 Male   | Richard | Rounds      | Boone           | IA | M | 69 | 20   |   |        |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 70-74 Female | Jewell  | Chapman     | Waukee          | IA | F | 72 | 20   | 1 | Gold   |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 70-74 Male   | Skip    | Hills       | Altoona         | IA | M | 71 | 120  | 1 | Gold   |
| Football Accuracy Throw | 70-74 Male   | Ron     | Peterson    | Waukee          | IA | M | 72 | 60   | 2 | Silver |
| Football Accuracy Throw | 70-74 Male   | Alan    | Schenck     | Clarinda        | IA | M | 70 | 20   | 3 | Bronze |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 75-79 Male   | Duane   | Shaw        | Kansas City     | KS | M | 78 | 60   | 1 | Gold   |
| Football Accuracy Throw | 75-79 Male   | Gary    | Smidt       | Ankeny          | IA | M | 79 | 40   | 1 | Gold   |
| Football Accuracy Throw | 75-79 Male   | Don     | Wente       | Clive           | IA | M | 77 | 30   | 2 | Silver |
| Football Accuracy Throw | 75-79 Male   | Ronald  | Stoutenberg | pleasant Hill   | IA | M | 75 | 20   | 3 | Bronze |
| Football Accuracy Throw | 75-79 Male   | Mike    | Schaumburg  | West Des Moines | IA | M | 75 | 20   | 3 | Bronze |
| Football Accuracy Throw | 75-79 Male   | Ralph   | Pantoga     | West Des Moines | IA | M | 76 | 10   |   |        |
| Football Accuracy Throw | 75-79 Male   | Wilbur  | Veenstra    | Pella           | IA | M | 78 | 10   |   |        |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 80-84 Male   | Dick    | Hekl        | Omaha           | NE | M | 83 | 30   | 1 | Gold   |
| Football Accuracy Throw | 80-84 Male   | Bill    | Park        | Muscatine       | IA | M | 83 | 20   | 1 | Gold   |
| Football Accuracy Throw | 80-84 Male   | Richard | Anderson    | West Des Moines | IA | M | 81 | 10   | 2 | Silver |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Accuracy Throw | 85-89 Male   | Bart    | Young       | Indianola       | IA | M | 85 | 30   | 1 | Gold   |
|                         |              |         |             |                 |    |   |    |      |   |        |
| Football Distance Throw | 50-54 Female | Kim     | Hicks       | Allerton        | IA | F | 50 | 85-1 | 1 | Gold   |
| Football Distance Throw | 50-54 Female | Jody    | Walter      | Des Moines      | IA | F | 54 | 84-7 | 2 | Silver |

Record performances are highlighted in yellow

2016 Iowa Senior Games Football Accuracy/Distance Throw Results  
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|                         |              |                |             |                 |    |   |    |        |   |        |
|-------------------------|--------------|----------------|-------------|-----------------|----|---|----|--------|---|--------|
| Football Distance Throw | 50-54 Female | Rosalind (Roz) | Smith       | Pleasant Hill   | IA | F | 53 | 84-2   | 3 | Bronze |
| Football Distance Throw | 50-54 Female | Jacqueline     | Riekona     | West Des Moines | IA | F | 51 | 69-9   |   |        |
| Football Distance Throw | 50-54 Female | Jennifer       | Shide       | Urbandale       | IA | F | 50 | 67     |   |        |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 50-54 Male   | Larry          | Daniels     | Midland         | MI | M | 54 | 175-8  | 1 | Gold   |
| Football Distance Throw | 50-54 Male   | Tom            | Shide       | Urbandale       | IA | M | 53 | 157    | 1 | Gold   |
| Football Distance Throw | 50-54 Male   | Jeff           | Miller      | Des Moines      | IA | M | 53 | 134    | 2 | Silver |
| Football Distance Throw | 50-54 Male   | Quinn          | Falk        | Bloomfeild      | IA | M | 51 | 97-1   | 3 | Bronze |
| Football Distance Throw | 50-54 Male   | Davin          | Roberts     | West Des Moines | IA | M | 50 | 88-2   |   |        |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 55-59 Female | Janice         | Leinen      | North English   | IA | F | 58 | 53-3   | 1 | Gold   |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 55-59 Male   | Doug           | Roby        | sioux falls     | SD | M | 56 | 175    | 1 | Gold   |
| Football Distance Throw | 55-59 Male   | Tim            | Pew         | Des Moines      | IA | M | 55 | 164-5  | 1 | Gold   |
| Football Distance Throw | 55-59 Male   | David          | Strege      | Winterset       | IA | M | 58 | 155-10 | 2 | Silver |
| Football Distance Throw | 55-59 Male   | Jeff           | Pfundheller | Urbandale       | IA | M | 55 | 147-5  | 3 | Bronze |
| Football Distance Throw | 55-59 Male   | Dennis         | Lehr        | Orion           | IL | M | 56 | 122-7  |   |        |
| Football Distance Throw | 55-59 Male   | Jeff           | McLain      | St. Charles     | IA | M | 58 | 110-2  |   |        |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 60-64 Female | Rhonda         | Penquite    | Cumming         | IA | F | 60 | 101-7  | 1 | Gold   |
| Football Distance Throw | 60-64 Female | Margaret       | Beuter      | Iowa City       | IA | F | 62 | 74-3   | 2 | Silver |
| Football Distance Throw | 60-64 Female | CAROLE         | ROWLAND     | PLEASANTVILLE   | IA | F | 64 | 55-6   | 3 | Bronze |
| Football Distance Throw | 60-64 Female | Cheryl         | Sander      | Altoona         | IA | F | 62 | 52-1   |   |        |
| Football Distance Throw | 60-64 Female | Paula          | Schultz     | Indianola       | IA | F | 63 | 45-7   |   |        |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 60-64 Male   | Joe            | Bohlke      | Des Moines      | IA | M | 61 | 133-7  | 1 | Gold   |
| Football Distance Throw | 60-64 Male   | Brad           | Ewest       | Ankeny          | IA | M | 63 | 107-3  | 2 | Silver |
| Football Distance Throw | 60-64 Male   | Randy          | Davis       | Altoona         | IA | M | 60 | 102-1  | 3 | Bronze |
| Football Distance Throw | 60-64 Male   | Kenneth        | Hopper      | Waukee          | IA | M | 60 | 81-9   |   |        |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 65-69 Female | Neva           | Weisskopf   | Lehigh Acres    | FL | F | 68 | 71     | 1 | Gold   |
|                         |              |                |             |                 |    |   |    |        |   |        |
| Football Distance Throw | 65-69 Male   | Tarry          | Cory        | Urbandale       | IA | M | 68 | 159-1  | 1 | Gold   |
| Football Distance Throw | 65-69 Male   | Marvin         | Burton      | Des Moines      | IA | M | 69 | 103-4  | 2 | Silver |

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|                         |              |          |            |                 |    |   |    |       |   |        |
|-------------------------|--------------|----------|------------|-----------------|----|---|----|-------|---|--------|
| Football Distance Throw | 65-69 Male   | Dale     | Thede      | Urbandale       | IA | M | 65 | 101-8 | 3 | Bronze |
| Football Distance Throw | 65-69 Male   | greg     | Eastman    | des moines      | IA | M | 69 | 91-4  |   |        |
| Football Distance Throw | 65-69 Male   | Denny    | Posekany   | Cedar Rapids    | IA | M | 67 | 85-2  |   |        |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 70-74 Female | Phyllis  | Weeda      | Des Moines      | IA | F | 72 | 58-3  | 1 | Gold   |
| Football Distance Throw | 70-74 Female | Jewell   | Chapman    | Waukee          | IA | F | 72 | 55-9  | 2 | Silver |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 70-74 Male   | Tony     | Toigo      | Indianola       | IA | M | 70 | 122   | 1 | Gold   |
| Football Distance Throw | 70-74 Male   | Ron      | Peterson   | Waukee          | IA | M | 72 | 89-4  | 2 | Silver |
| Football Distance Throw | 70-74 Male   | Alan     | Schenck    | Clarinda        | IA | M | 70 | 77-5  | 3 | Bronze |
| Football Distance Throw | 70-74 Male   | Dharmvir | Bhatnagar  | West Des Moines | IA | M | 73 | 54-5  |   |        |
| Football Distance Throw | 70-74 Male   | Pranbir  | Bhatnagar  | West Des Moines | IA | M | 70 | 49-7  |   |        |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 75-79 Female | Carol    | Linderman  | Clive           | IA | F | 79 | 47-3  | 1 | Gold   |
| Football Distance Throw | 75-79 Female | Sharon   | Powell     | Urbandale       | IA | F | 76 | 28-11 | 2 | Silver |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 75-79 Male   | Gary     | Smidt      | Ankeny          | IA | M | 79 | 80-11 | 1 | Gold   |
| Football Distance Throw | 75-79 Male   | Rich     | Hoidahl    | Johnston        | IA | M | 75 | 74-4  | 2 | Silver |
| Football Distance Throw | 75-79 Male   | Mike     | Schaumburg | West Des Moines | IA | M | 75 | 72-8  | 3 | Bronze |
| Football Distance Throw | 75-79 Male   | Ralph    | Pantoga    | West Des Moines | IA | M | 76 | 56-1  |   |        |
| Football Distance Throw | 75-79 Male   | Duane    | Shaw       | Kansas City     | KS | M | 78 | 67-10 |   |        |
| Football Distance Throw | 75-79 Male   | Wilbur   | Veenstra   | Pella           | IA | M | 78 | 66-3  |   |        |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 80-84 Female | Carolyn  | Dodd       | Des Moines      | IA | F | 84 | 28-9  | 1 | Gold   |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 80-84 Male   | Richard  | Anderson   | West Des Moines | IA | M | 81 | 59-5  | 1 | Gold   |
| Football Distance Throw | 80-84 Male   | Bill     | Park       | Muscatine       | IA | M | 83 | 55-6  | 2 | Silver |
|                         |              |          |            |                 |    |   |    |       |   |        |
| Football Distance Throw | 85-89 Male   | Bart     | Young      | Indianola       | IA | M | 85 | 68-6  | 1 | Gold   |

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