

2018 Western Iowa Senior Challenge Track Meet Results
Iowa Western Community College, Council Bluffs, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field - 1,500M Race Walk	55-59 Female	Diane	White	Neola	IA	F	56	13:37.66	1	Gold
Track & Field - 1,500M Race Walk	55-59 Male	Fred	White	Neola	IA	M	57	14:23.50	1	Gold
Track & Field - 1,500M Race Walk	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	09:32.55	1	Gold
Track & Field - 1,500M Race Walk	60-64 Male	Steve	Hoger	Seward	NE	M	61	08:22.95	1	Gold
Track & Field - 1,500M Race Walk	60-64 Male	Willie	Markmann	Bennington	NE	M	62	09:54.36	2	Silver
Track & Field - 1,500M Race Walk	65-69 Male	Michael	Devaney	Globe	AZ	M	68	09:54.03	1	Gold
Track & Field - 1,500M Run	55-59 Female	Janean	Griffith	Omaha	NE	F	59	07:09.78	1	Gold
Track & Field - 1,500M Run	60-64 Female	Cindy	Shaw	Auburn	NE	F	60	08:17.23	1	Gold
Track & Field - 1,500M Run	60-64 Male	Tom	Loch	Dubuque	IA	M	61	06:06.52	1	Gold
Track & Field - 1,500M Run	60-64 Male	Robert	Hanish	Badger	IA	M	61	06:43.89	2	Silver
Track & Field - 1,500M Run	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	14:55.73	1	Gold
Track & Field - 1,500M Run	65-69 Male	Michael	Devaney	Globe	AZ	M	68	09:23.82	1	Gold
Track & Field - 1,500M Run	80-84 Male	Jose	Badillo	Bellevue	NE	M	80	07:12.36	1	Gold
Track & Field - 100M Dash	50-54 Female	Jacqueline	Riekema	West Des Moines	IA	F	53	00:27.92	1	Gold
Track & Field - 100M Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	54	00:12.93	1	Gold
Track & Field - 100M Dash	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	00:18.02	1	Gold
Track & Field - 100M Dash	60-64 Male	David	Wilson	Garrison	IA	M	61	00:13.23	1	Gold
Track & Field - 100M Dash	60-64 Male	David	Roberts	Boone	IA	M	61	00:13.47	2	Silver
Track & Field - 100M Dash	60-64 Male	Lei	Sowell	Topeka	KS	M	60	00:13.57	3	Bronze

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Track & Field - 100M Dash	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	00:35.87	1	Gold
Track & Field - 100M Dash	65-69 Male	Timothy	Kearley	Laramie	WY	M	69	00:14.47	1	Gold
Track & Field - 100M Dash	65-69 Male	Tony	Laird	Hastings	NE	M	66	00:15.05	2	Silver
Track & Field - 100M Dash	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	00:16.30	1	Gold
Track & Field - 100M Dash	75-79 Male	Alex	Meyer	Scribner	NE	M	77	00:23.00	1	Gold
Track & Field - 200M Dash	50-54 Female	Jacqueline	Riekema	West Des Moines	IA	F	53	01:07.05	1	Gold
Track & Field - 200M Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	54	00:26.48	1	Gold
Track & Field - 200M Dash	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	00:37.92	1	Gold
Track & Field - 200M Dash	60-64 Male	David	Wilson	Garrison	IA	M	61	00:27.57	1	Gold
Track & Field - 200M Dash	60-64 Male	David	Roberts	Boone	IA	M	61	00:27.91	2	Silver
Track & Field - 200M Dash	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	01:42.44	1	Gold
Track & Field - 200M Dash	65-69 Male	Tony	Laird	Hastings	NE	M	66	00:32.73	1	Gold
Track & Field - 200M Dash	65-69 Male	Thomas	Fitzgerald	Arlington	NE	M	65	00:44.47	2	Silver
Track & Field - 200M Dash	70-74 Male	Kenneth	Carlson	Rock Island	IL	M	70	00:32.83	1	Gold
Track & Field - 200M Dash	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	00:38.23	2	Silver
Track & Field - 200M Dash	75-79 Male	Alex	Meyer	Scribner	NE	M	77	00:57.97	1	Gold
Track & Field - 400M Run	50-54 Male	Jeff	Hageman	Omaha	NE	M	54	01:00.31	1	Gold
Track & Field - 400M Run	55-59 Female	Janean	Griffith	Omaha	NE	F	59	01:31.86	1	Gold
Track & Field - 400M Run	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	01:25.22	1	Gold
Track & Field - 400M Run	60-64 Male	David	Wilson	Garrison	IA	M	61	01:02.48	1	Gold

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Track & Field - Discus	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	39-7	1	Gold
Track & Field - Discus	50-54 Male	Todd	Davis	Council Bluffs	IA	M	53	157-2	2	Silver
Track & Field - Discus	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52	152-7	1	Gold
Track & Field - Discus	55-59 Male	Bruce	Cook	Omaha	NE	M	56	146-8	1	Gold
Track & Field - Discus	55-59 Male	Rick	Anderson	Lawrence	KS	M	59	136-6	2	Silver
Track & Field - Discus	55-59 Male	Bob	Jones	Duluth	MN	M	56	130-3	3	Bronze
Track & Field - Discus	60-64 Male	Brian	Roegiers	Brandon	SD	M	61	144-7	1	Gold
Track & Field - Discus	60-64 Male	David	Brandt	Sprague	NE	M	64	123-1	2	Silver
Track & Field - Discus	60-64 Male	Jim	Squires	Faifield	NE	M	63	116-7	3	Bronze
Track & Field - Discus	65-69 Female	Kay	Glynn	Hastings	IA	F	65	63-9	1	Gold
Track & Field - Discus	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	50-0	2	Silver
Track & Field - Discus	65-69 Female	Cathy	Soto	El Paso	TX	F	65	38-9	3	Bronze
Track & Field - Discus	65-69 Female	Martha	Green	Des Moines	IA	F	67	38-3	4	
Track & Field - Discus	65-69 Male	Charles	Shrader	Abilene	KS	M	69	80-2	1	Gold
Track & Field - Discus	70-74 Male	Michael	Venekamp	sioux falls	SD	M	70	119-2	1	Gold
Track & Field - Discus	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	111-9	2	Silver
Track & Field - Discus	70-74 Male	Bob	Maltby	Omaha	NE	M	72	72-0	3	Bronze
Track & Field - Discus	75-79 Female	Leona	Bellrichard	Stewartville	MN	F	78	18-0	1	Gold
Track & Field - Discus	75-79 Male	Alex	Meyer	Scribner	NE	M	77	80-4	1	Gold
Track & Field - Discus	80-84 Male	Al	Salmon	Kansas City	MO	M	80	68-10	1	Gold
Track & Field - Hammer Throw	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	48-10	1	Gold
Track & Field - Hammer Throw	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52	90-7	1	Gold
Track & Field - Hammer Throw	55-59 Male	Bruce	Cook	Omaha	NE	M	56	143-4	1	Gold

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Track & Field - Hammer Throw	55-59 Male	Bob	Jones	Duluth	MN	M	56	128-5	2	Silver
Track & Field - Hammer Throw	60-64 Male	Brian	Roegiers	Brandon	SD	M	61	114-6	1	Gold
Track & Field - Hammer Throw	60-64 Male	David	Brandt	Sprague	NE	M	64	100-6	2	Silver
Track & Field - Hammer Throw	65-69 Female	Kay	Glynn	Hastings	IA	F	65	72-8	1	Gold
Track & Field - Hammer Throw	65-69 Female	Martha	Green	Des Moines	IA	F	67	60-1	2	Silver
Track & Field - Hammer Throw	65-69 Male	Charles	Shrader	Abilene	KS	M	69	64-7	1	Gold
Track & Field - Hammer Throw	70-74 Male	Michael	Venekamp	sioux falls	SD	M	70	110-8	1	Gold
Track & Field - Hammer Throw	70-74 Male	Bob	Maltby	Omaha	NE	M	72	109-8	2	Silver
Track & Field - Hammer Throw	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	89-11	3	Bronze
Track & Field - Hammer Throw	75-79 Male	Alex	Meyer	Scribner	NE	M	77	70-2	1	Gold
Track & Field - High Jump	55-59 Male	Randy	Hansen	Ames	NE	M	56	4-6	1	Gold
Track & Field - High Jump	55-59 Male	Jeff	Stephens	morton	IL	M	58	4-6	1	Gold
Track & Field - High Jump	60-64 Male	David	Brandt	Sprague	NE	M	64	4-8	1	Gold
Track & Field - High Jump	60-64 Male	David	Rainey	Waterloo	IA	M	64	4-2	2	Silver
Track & Field - High Jump	65-69 Female	Kay	Glynn	Hastings	IA	F	65	4-0	1	Gold
Track & Field - High Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	4-0	1	Gold
Track & Field - High Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	77	3-7	1	Gold
Track & Field - Javelin	50-54 Female	Jacqueline	Riekema	West Des Moines	IA	F	53	45-2	1	Gold
Track & Field - Javelin	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52	112-2	1	Gold
Track & Field - Javelin	55-59 Male	Randy	Hansen	Ames	NE	M	56	109-8	1	Gold
Track & Field - Javelin	60-64 Male	Brian	Roegiers	Brandon	SD	M	61	103-6	1	Gold

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Track & Field - Running Long Jump	65-69 Female	Cathy	Soto	El Paso	TX	F	65	3-6	1	Gold
Track & Field - Running Long Jump	65-69 Male	Michael	Devaney	Globe	AZ	M	68	6-8	1	Gold
Track & Field - Running Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	12-3	1	Gold
Track & Field - Running Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	77	8-0	1	Gold
Track & Field - Shot Put	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	53	23-2	1	Gold
Track & Field - Shot Put	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52	43-7	1	Gold
Track & Field - Shot Put	55-59 Male	Bruce	Cook	Omaha	NE	M	56	47-5	1	Gold
Track & Field - Shot Put	55-59 Male	Rick	Anderson	Lawrence	KS	M	59	42-5	2	Silver
Track & Field - Shot Put	55-59 Male	Randy	Hansen	Ames	NE	M	56	31-7	3	Bronze
Track & Field - Shot Put	55-59 Male	Fred	White	Neola	IA	M	57	26-11	4	
Track & Field - Shot Put	60-64 Female	Cindy	Shaw	Auburn	NE	F	60	21-5	1	Gold
Track & Field - Shot Put	60-64 Male	Brian	Roegiers	Brandon	SD	M	61	43-11	1	Gold
Track & Field - Shot Put	60-64 Male	David	Brandt	Sprague	NE	M	64	40-0	2	Silver
Track & Field - Shot Put	60-64 Male	Jim	Squires	Faifield	NE	M	63	39-5	3	Bronze
Track & Field - Shot Put	65-69 Female	Kay	Glynn	Hastings	IA	F	65	26-11	1	Gold
Track & Field - Shot Put	65-69 Female	Martha	Green	Des Moines	IA	F	67	19-3	2	Silver
Track & Field - Shot Put	65-69 Female	Carole	Rowland	Pleasantville	IA	F	66	17-7	3	Bronze
Track & Field - Shot Put	65-69 Female	Cathy	Soto	El Paso	TX	F	65	15-11	4	
Track & Field - Shot Put	65-69 Male	Steven	Argotsinger	Council Bluffs	IA	M	67	31-6	1	Gold
Track & Field - Shot Put	65-69 Male	Charles	Shrader	Abilene	KS	M	69	28-3	2	Silver
Track & Field - Shot Put	70-74 Male	Michael	Venekamp	sioux falls	SD	M	70	37-10	1	Gold
Track & Field - Shot Put	70-74 Male	Bob	Peters	INDEPENDENCE	MO	M	70	33-10	2	Silver
Track & Field - Shot Put	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	32-1	3	Bronze
Track & Field - Shot Put	70-74 Male	Bob	Maltby	Omaha	NE	M	72	26-6	4	

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Track & Field - Shot Put	75-79 Female	Leona	Bellrichard	Stewartville	MN	F	78	13-7	1	Gold
Track & Field - Shot Put	75-79 Male	Alex	Meyer	Scribner	NE	M	77	26-3	1	Gold
Track & Field - Shot Put	80-84 Male	Al	Salmon	Kansas City	MO	M	80	36-0	1	Gold
Track & Field - Standing Long Jump	50-54 Female	Jacqueline	Riekana	West Des Moines	IA	F	53	3-7	1	Gold
Track & Field - Standing Long Jump	50-54 Male	Troy	Bellrichard	Spring Valley	MN	M	52	8-2	1	Gold
Track & Field - Standing Long Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	5-6	1	Gold
Track & Field - Standing Long Jump	60-64 Female	Cindy	Shaw	Auburn	NE	F	60	4-10	2	Silver
Track & Field - Standing Long Jump	60-64 Male	David	Roberts	Boone	IA	M	61	8-3	1	Gold
Track & Field - Standing Long Jump	60-64 Male	David	Brandt	Sprague	NE	M	64	7-10	2	Silver
Track & Field - Standing Long Jump	60-64 Male	David	Rainey	Waterloo	IA	M	64	7-8	3	Bronze
Track & Field - Standing Long Jump	65-69 Female	Cathy	Soto	El Paso	TX	F	65	3-4	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	7-2	1	Gold
Track & Field - Standing Long Jump	70-74 Male	Michael	Venekamp	sioux falls	SD	M	70	6-10	2	Silver
Track & Field - Standing Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	77	6-0	1	Gold
Track & Field - Standing Long Jump	75-79 Male	Steve	Tucker	Independence	MO	M	76	4-10	2	Silver
Track & Field - Triple Jump	50-54 Female	Jacqueline	Riekana	West Des Moines	IA	F	53	11-3	1	Gold
Track & Field - Triple Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	62	18-10	1	Gold
Track & Field - Triple Jump	60-64 Female	Cindy	Shaw	Auburn	NE	F	60	15-1	2	Silver
Track & Field - Triple Jump	60-64 Male	David	Roberts	Boone	IA	M	61	30-1	1	Gold
Track & Field - Triple Jump	60-64 Male	David	Brandt	Sprague	NE	M	64	24-8	2	Silver
Track & Field - Triple Jump	65-69 Female	Kay	Glynn	Hastings	IA	F	65	26-1	1	Gold

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Track & Field - Triple Jump	65-69 Male	Michael	Devaney	Globe	AZ	M	68	15-11	1	Gold
Track & Field - Triple Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	71	24-6	1	Gold
Track & Field - Triple Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	77	16-4	1	Gold