

2015 Iowa Senior Games Triathlon Results  
Easter Lake Park, Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal
Triathlon	50-54 Female	Dana	Kramer	Urbandale	IA	F	53	1:25:49	1	Gold
Triathlon	50-54 Female	Sarah	Deangelis	Des Moines	IA	F	50	1:26:27	2	Silver
Triathlon	50-54 Female	Carrie	Crawford	Des Moines	IA	F	50	1:31:35	3	Bronze
Triathlon	50-54 Female	Terasa	Cruthirds	Ankeny	IA	F	52	1:47:41		
Triathlon	50-54 Female	Martha	Van Walbeek	Monroe	IA	F	50	1:51:49		
Triathlon	50-54 Female	Lori	Burmeister	Clive	IA	F	51	2:50:57		
Triathlon	50-54 Male	Scott	Hixson	Atlantic	IA	M	54	1:22:56	1	Gold
Triathlon	50-54 Male	Tony	Dilla	West Des Moines	IA	M	50	1:24:12	2	Silver
Triathlon	50-54 Male	David	Reynolds	Norwalk	IA	M	54	1:24:27	3	Bronze
Triathlon	50-54 Male	Tim	Orr	n/a	IA	M	54	1:26:22		
Triathlon	50-54 Male	david	kent	des moines	IA	M	54	1:26:39		
Triathlon	50-54 Male	Greg	Burmeister	Clive	IA	M	52	1:29:25		
Triathlon	50-54 Male	Tom	Cavanaugh	Des Moines	IA	M	51	1:42:41		
Triathlon	50-54 Male	Wayne	Ostergaard	Des Moines	IA	M	52	1:46:25		
Triathlon	50-54 Male	kevin	mccgonigle	jewell	IA	M	50	2:00:44		
Triathlon	55-59 Female	Karen	Riley	West Des Moines	IA	F	58	1:36:18	1	Gold
Triathlon	55-59 Female	DEBRA	SHULL	ADEL	IA	F	55	1:45:27	2	Silver
Triathlon	55-59 Male	Phelan	Thomas	clive	IA	M	58	1:25:11	1	Gold
Triathlon	55-59 Male	David	Klinkenborg	Windsor Heights	IA	M	55	1:26:10	2	Silver
Triathlon	55-59 Male	Sohail	Ghaemi	Des Moines	IA	M	56	1:27:26	3	Bronze
Triathlon	55-59 Male	Don	Peddy	Ankeny	IA	M	56	1:30:38		
Triathlon	55-59 Male	W T	Grampp	Bettendorf	IA	M	58	1:34:56		
Triathlon	55-59 Male	David	Caris	Des Moines	IA	M	56	1:40:59		
Triathlon	55-59 Male	Tim	Klatt	Cedar Falls	IA	M	58	1:42:53		
Triathlon	55-59 Male	Brian	Anstedt	Iowa City	IA	M	59	1:55:33		
Triathlon	55-59 Male	Brian	Reelitz	Cumming	IA	M	56	2:06:37		
Triathlon	60-64 Female	Joyce	Burch	Pella	IA	F	60	1:43:20	1	Gold
Triathlon	60-64 Female	Cindy	Hauber	Ames	IA	F	62	1:45:44	2	Silver
Triathlon	60-64 Female	Marcie	Morrison	West Des Moines	IA	F	62	1:52:23	3	Bronze
Triathlon	60-64 Female	Sherry	Hutchins	Polk City	IA	F	62	2:27:30		
Triathlon	60-64 Male	Bobby	Dickerson	Johnston	IA	M	62	1:23:09	1	Gold
Triathlon	60-64 Male	Tom	Snyder	Sanborn	IA	M	61	1:28:09	2	Silver
Triathlon	60-64 Male	ALAN	GROSS	Des Moines	IA	M	61	1:31:14	3	Bronze
Triathlon	60-64 Male	Paul	Swenson	Oskaloosa	IA	M	64	1:32:37		
Triathlon	60-64 Male	David	Swenson	Ames	IA	M	60	1:44:16		
Triathlon	60-64 Male	Rick	Tollakson	West Des Moines	IA	M	62	1:57:29		
Triathlon	65-69 Female	Avis	James	Urbandale	IA	F	69	1:56:14	1	Gold
Triathlon	65-69 Male	Gail	Endres	Ankeny	IA	M	69	1:31:41	1	Gold
Triathlon	65-69 Male	Bruce	Marston	Hendersonville	TN	M	69	1:54:39	2	Silver
Triathlon	65-69 Male	Daniel	Murphy	Mason City	IA	M	69	2:03:08	3	Bronze
Triathlon	65-69 Male	Earl	Smith	Des Moines	IA	M	66	2:08:19		
Triathlon	70-74 Male	Dale	Olson	Cedar Falls	IA	M	74	1:39:34	1	Gold
Triathlon	70-74 Male	Paul	Gryte	Ames	IA	M	71	1:40:35	2	Silver

Record performances are highlighted in yellow

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Triathlon	75-79 Male	Richard	Nehring	Alden	IA	M	75	1:33:52	1	Gold
Triathlon	75-79 Male	David	Hoffman	Ames	IA	M	77	1:56:22	2	Silver



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