

2017 Western Iowa Senior ChallengeTrack and Field Competition
Iowa Western Community College, Council Bluffs, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Track & Field 1,500M Race Walk	55-59 Male	Monty	Mathews	Omaha	NE	M	58	09:56.7	1	Gold
Track & Field 1,500M Race Walk	55-59 Male	Robert	Finch	Council Bluffs	IA	M	58	12:14.1	2	Silver
Track & Field 1,500M Race Walk	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	09:38.4	1	Gold
Track & Field 1,500M Race Walk	60-64 Female	Char	TenClay	Orange City	IA	F	60	13:03.4	2	Silver
Track & Field 1,500M Race Walk	60-64 Female	Cathy	Soto	El Paso	TX	F	64	13:54.9	3	Bronze
Track & Field 1,500M Race Walk	60-64 Male	Steve	Hoger	Seward	NE	M	60	07:57.4	1	Gold
Track & Field 1,500M Race Walk	60-64 Male	Randy	Davis	Altoona	IA	M	61	12:13.9	2	Silver
Track & Field 1,500M Race Walk	65-69 Male	Randall	Schuh	Des Moines	IA	M	69	10:31.4	1	Gold
Track & Field 1,500M Race Walk	70-74 Male	Stanley	Wiechert	Topeka	KS	M	71	10:13.0	1	Gold
Track & Field 1,500M Race Walk	75-79 Male	davis	eidahl	richland	IA	M	76	09:46.1	1	Gold
Track & Field 1,500M Race Walk	75-79 Male	Dean	Jungman	Omaha	NE	M	77	10:46.6	2	Silver
Track & Field 1,500M Race Walk	75-79 Male	Alex	Meyer	Scribner	NE	M	76	12:56.7	3	Bronze
Track & Field 1,500M Run	55-59 Female	Cindy	Shaw	Auburn	NE	F	59	07:42.1	1	Gold
Track & Field 1,500M Run	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	07:45.2	1	Gold
Track & Field 1,500M Run	60-64 Male	Randy	Davis	Altoona	IA	M	61	07:38.0	1	Gold
Track & Field 1,500M Run	65-69 Female	CAROLE	ROWLAND	PLEASANTVILLE	IA	F	65	14:21.5	1	Gold
Track & Field 100M Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	53	12.98	1	Gold
Track & Field 100M Dash	50-54 Male	Andy	Ketterson	Omaha	NE	M	53	14.24	2	Silver
Track & Field 100M Dash	55-59 Female	DeAnn	Fritsch	Council Bluffs	IA	F	59	19.16	1	Gold
Track & Field 100M Dash	55-59 Male	Steve	Davis	Lincoln	NE	M	57	12.98	1	Gold
Track & Field 100M Dash	55-59 Male	Randy	Hansen	Ames	NE	M	55	13.26	2	Silver

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Track & Field 400M Run	55-59 Male	John	Brandt	Sioux City	IA	M	55	01:06.0	1	Gold
Track & Field 400M Run	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	01:37.9	1	Gold
Track & Field 400M Run	60-64 Male	David	Roberts	Boone	IA	M	60	01:04.7	1	Gold
Track & Field 400M Run	60-64 Male	David	Wilson	Garrison	IA	M	60	01:05.2	2	Silver
Track & Field 400M Run	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	62	01:07.9	3	Bronze
Track & Field 400M Run	60-64 Male	TOM	CAHALAN	Norway	IA	M	60	01:12.1	4	
Track & Field 400M Run	60-64 Male	Trip	Reynolds	Crete	NE	M	64	01:12.4	5	
Track & Field 400M Run	60-64 Male	paul	christiani	omaha	NE	M	61	01:21.6	6	
Track & Field 400M Run	65-69 Female	CAROLE	ROWLAND	PLEASANTVILLE	IA	F	65	03:26.1	1	Gold
Track & Field 400M Run	65-69 Male	Gene	Iwen	Columbus	NE	M	67	01:32.0	1	Gold
Track & Field 400M Run	65-69 Male	Bruce	Cardwell	Omaha	NE	M	67	01:33.0	2	Silver
Track & Field 400M Run	75-79 Male	Ross	Greathouse	Lincoln	NE	M	79	01:41.7	1	Gold
Track & Field 400M Run	75-79 Male	Alex	Meyer	Scribner	NE	M	76	01:52.9	2	Silver
Track & Field 400M Run	85-89 Male	Les	Carlson	Manchester	IA	M	85	03:02.7	1	Gold
Track & Field 50M Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	53	7.04	1	Gold
Track & Field 50M Dash	50-54 Male	Andy	Ketterson	Omaha	NE	M	53	7.53	2	Silver
Track & Field 50M Dash	55-59 Female	DeAnn	Fritsch	Council Bluffs	IA	F	59	10.04	1	Gold
Track & Field 50M Dash	55-59 Male	Steve	Davis	Lincoln	NE	M	57	7.11	1	Gold
Track & Field 50M Dash	55-59 Male	John	Brandt	Sioux City	IA	M	55	7.6	2	Silver
Track & Field 50M Dash	55-59 Male	james	heineman	Kearney	NE	M	56	8.23	3	Bronze
Track & Field 50M Dash	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	9.65	1	Gold
Track & Field 50M Dash	60-64 Female	Cathy	Soto	El Paso	TX	F	64	15.35	2	Silver
Track & Field 50M Dash	60-64 Male	TOM	CAHALAN	Norway	IA	M	60	7.33	1	Gold

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Track & Field 800M Run	75-79 Male	Ross	Greathouse	Lincoln	NE	M	79	04:10.8	1	Gold
Track & Field Discus	50-54 Male	Darwin	Gushard	Ralston	NE	M	50	127' 5"	1	Gold
Track & Field Discus	55-59 Male	Rick	Anderson	Lawrence	KS	M	58	150'2"	1	Gold
Track & Field Discus	55-59 Male	Doug	Roby	sioux falls	SD	M	57	109'1"	2	Silver
Track & Field Discus	55-59 Male	Dennis	Lehr	Orion	IL	M	57	101'5"	3	Bronze
Track & Field Discus	60-64 Female	Cathy	Soto	El Paso	TX	F	64	40'11"	1	Gold
Track & Field Discus	60-64 Female	Char	TenClay	Orange City	IA	F	60	39'10"	2	Silver
Track & Field Discus	60-64 Male	Brian	Roegiers	Brandon	SD	M	60	151'10.5"	1	Gold
Track & Field Discus	60-64 Male	Howard	Brown	Brandon	SD	M	61	141'2"	2	Silver
Track & Field Discus	60-64 Male	David	Brandt	Sprague	NE	M	63	125'10"	3	Bronze
Track & Field Discus	60-64 Male	Joe	Bohlke	Des Moines	IA	M	62	97'8"	4	
Track & Field Discus	60-64 Male	paul	christiani	omaha	NE	M	61	86'2"	5	
Track & Field Discus	65-69 Female	CAROLE	ROWLAND	PLEASANTVILLE	IA	F	65	49'7"	1	Gold
Track & Field Discus	65-69 Female	Martha	Green	Des Moines	IA	F	66	45'11"	2	Silver
Track & Field Discus	65-69 Male	Michael	Venekamp	sioux falls	SD	M	69	95'9"	1	Gold
Track & Field Discus	65-69 Male	Douglas	Teener	Manhattan	KS	M	67	77'2"	2	Silver
Track & Field Discus	70-74 Male	Terry	Medjo	Grand Island	NE	M	70	115'11"	1	Gold
Track & Field Discus	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	115'7"	2	Silver
Track & Field Discus	70-74 Male	Robert	Wortman	Curtis	NE	M	70	104'11"	3	Bronze
Track & Field Discus	70-74 Male	Stanley	Wiechert	Topeka	KS	M	71	88'	4	
Track & Field Discus	70-74 Male	Kenneth	Baker	Henderson	NV	M	74	87'1"	5	
Track & Field Discus	70-74 Male	Larry	Henson	Olathe	KS	M	70	86'9"	6	
Track & Field Discus	70-74 Male	Larry	Gold	Council Bluffs	IA	M	71	69'4"	7	
Track & Field Discus	75-79 Male	Jerrold	Springer	Westmoreland	KS	M	78	103'3"	1	Gold
Track & Field Discus	75-79 Male	Alex	Meyer	Scribner	NE	M	76	84'1"	2	Silver
Track & Field Discus	75-79 Male	Al	Salmon	Kansas City	MO	M	79	73'8"	3	Bronze

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Track & Field High Jump	60-64 Male	David	Brandt	Sprague	NE	M	63	4'10"	1	Gold
Track & Field High Jump	60-64 Male	David	Wilson	Garrison	IA	M	60	4'4"	2	Silver
Track & Field High Jump	60-64 Male	Joe	Bohlke	Des Moines	IA	M	62	4'	3	Bronze
Track & Field High Jump	60-64 Male	Randy	Davis	Altoona	IA	M	61	3'10"	4	
Track & Field High Jump	60-64 Male	Ted	Goudge	Maryville	MO	M	61	3'10"	4	
Track & Field High Jump	65-69 Male	David	Black	Falcon Heights	MN	M	65	4'4"	1	Gold
Track & Field High Jump	65-69 Male	Gene	Iwen	Columbus	NE	M	67	3'10"	2	Silver
Track & Field High Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	4'	1	Gold
Track & Field High Jump	70-74 Male	Robert	Wortman	Curtis	NE	M	70	4'	1	Gold
Track & Field High Jump	75-79 Male	Fred	Dillemoth	Stockton	CA	M	76	3'8"	1	Gold
Track & Field High Jump	75-79 Male	David	Easterla	Maryville	MO	M	79	3'8"	1	Gold
Track & Field High Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	76	3'8"	1	Gold
Track & Field High Jump	75-79 Male	Jerrol	Springer	Westmoreland	KS	M	78	3'4"	4	
Track & Field Javelin	55-59 Female	Cindy	Shaw	Auburn	NE	F	59	53'3"	1	Gold
Track & Field Javelin	55-59 Male	Doug	Roby	sioux falls	SD	M	57	128'1"	1	Gold
Track & Field Javelin	55-59 Male	Randy	Hansen	Ames	NE	M	55	114'.5"	2	Silver
Track & Field Javelin	55-59 Male	Dennis	Lehr	Orion	IL	M	57	90'4"	3	Bronze
Track & Field Javelin	60-64 Female	Kay	Glynn	Hastings	IA	F	64	73'.5"	1	Gold
Track & Field Javelin	60-64 Female	Cathy	Soto	El Paso	TX	F	64	34'5"	2	Silver
Track & Field Javelin	60-64 Male	Brian	Roegiers	Brandon	SD	M	60	109'3"	1	Gold
Track & Field Javelin	60-64 Male	Howard	Brown	Brandon	SD	M	61	100'2"	2	Silver
Track & Field Javelin	60-64 Male	Ted	Goudge	Maryville	MO	M	61	93'10"	3	Bronze
Track & Field Javelin	60-64 Male	Joe	Bohlke	Des Moines	IA	M	62	68'3"	4	
Track & Field Javelin	60-64 Male	Jose	Soto	El Paso	TX	M	62	58'9"	5	
Track & Field Javelin	60-64 Male	Randy	Davis	Altoona	IA	M	61	55'	6	
Track & Field Javelin	65-69 Female	CAROLE	ROWLAND	PLEASANTVILLE	IA	F	65	48'3"	1	Gold

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Track & Field Javelin	65-69 Female	Martha	Green	Des Moines	IA	F	66	35'5"	2	Silver
Track & Field Javelin	65-69 Male	Keevan	Morgan	Wilmette	IL	M	67	94'3.75"	2	Silver
Track & Field Javelin	65-69 Male	Douglas	Teener	Manhattan	KS	M	67	60'2"	3	Bronze
Track & Field Javelin	65-69 Male	Michael	Venekamp	sioux falls	SD	M	69	107'9"	1	Gold
Track & Field Javelin	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	116'2"	1	Gold
Track & Field Javelin	70-74 Male	Kenneth	Baker	Henderson	NV	M	74	85'7"	2	Silver
Track & Field Javelin	70-74 Male	Robert	Wortman	Curtis	NE	M	70	80'6"	3	Bronze
Track & Field Javelin	70-74 Male	Larry	Henson	Olathe	KS	M	70	64'7"	4	
Track & Field Javelin	75-79 Male	davis	eidahl	richland	IA	M	76	76'8"	1	Gold
Track & Field Javelin	75-79 Male	Alex	Meyer	Scribner	NE	M	76	76'5"	2	Silver
Track & Field Javelin	75-79 Male	David	Easterla	Maryville	MO	M	79	57'.5"	3	Bronze
Track & Field Javelin	80-84 Male	Ronald	Henning	Omaha	NE	M	81	44'4"	1	Gold
Track & Field Javelin	85-89 Male	Les	Carlson	Manchester	IA	M	85	35'10"	1	Gold
Track & Field Pole Vault	50-54 Male	Larry	Niemann	Omaha	NE	M	54	8'6"	1	Gold
Track & Field Pole Vault	55-59 Male	Randy	Hansen	Ames	NE	M	55	10'	1	Gold
Track & Field Pole Vault	55-59 Male	james	heineman	Kearney	NE	M	56	8'6"	2	Silver
Track & Field Pole Vault	60-64 Female	Kay	Glynn	Hastings	IA	F	64	9'6"	1	Gold
Track & Field Pole Vault	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	7'6"	1	Gold
Track & Field Pole Vault	75-79 Male	Alex	Meyer	Scribner	NE	M	76	4'6"	1	Gold
Track & Field Running Long Jump	50-54 Male	Andy	Ketterson	Omaha	NE	M	53	14'4"	1	Gold
Track & Field Running Long Jump	55-59 Male	Randy	Hansen	Ames	NE	M	55	15'	1	Gold
Track & Field Running Long Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	57	12'10"	2	Silver

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Track & Field Running Long Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	64	13'	1	Gold
Track & Field Running Long Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	10'3"	2	Silver
Track & Field Running Long Jump	60-64 Female	Cathy	Soto	El Paso	TX	F	64	3'6"	3	Bronze
Track & Field Running Long Jump	60-64 Male	Mitch	Lyster	McCook	NE	M	60	16'8"	1	Gold
Track & Field Running Long Jump	60-64 Male	David	Roberts	Boone	IA	M	60	14'4"	2	Silver
Track & Field Running Long Jump	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	62	13'4"	3	Bronze
Track & Field Running Long Jump	65-69 Male	David	Black	Falcon Heights	MN	M	65	13'3.5"	1	Gold
Track & Field Running Long Jump	65-69 Male	Keevan	Morgan	Wilmette	IL	M	67	12'9"	2	Silver
Track & Field Running Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	12'	1	Gold
Track & Field Running Long Jump	70-74 Male	Robert	Wortman	Curtis	NE	M	70	10'6"	2	Silver
Track & Field Running Long Jump	70-74 Male	Kenneth	Baker	Henderson	NV	M	74	8'3"	3	Bronze
Track & Field Running Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	76	10'9"	1	Gold
Track & Field Running Long Jump	75-79 Male	Fred	Dillemoth	Stockton	CA	M	76	9'10"	2	Silver
Track & Field Running Long Jump	75-79 Male	David	Easterla	Maryville	MO	M	79	8'5"	3	Bronze
Track & Field Shot Put	50-54 Male	Darwin	Gushard	Ralston	NE	M	50	35'3"	1	Gold
Track & Field Shot Put	55-59 Female	Cindy	Shaw	Auburn	NE	F	59	22'11"	1	Gold
Track & Field Shot Put	55-59 Female	DeAnn	Fritsch	Council Bluffs	IA	F	59	18'2"	2	Silver
Track & Field Shot Put	55-59 Male	Rick	Anderson	Lawrence	KS	M	58	45'2"	1	Gold
Track & Field Shot Put	55-59 Male	Doug	Roby	sioux falls	SD	M	57	36'5"	2	Silver
Track & Field Shot Put	55-59 Male	Randy	Hansen	Ames	NE	M	55	31'11"	3	Bronze
Track & Field Shot Put	55-59 Male	Dennis	Lehr	Orion	IL	M	57	30'1"	4	
Track & Field Shot Put	60-64 Female	Char	TenClay	Orange City	IA	F	60	18'3"	1	Gold
Track & Field Shot Put	60-64 Female	Cathy	Soto	El Paso	TX	F	64	16'5"	2	Silver
Track & Field Shot Put	60-64 Male	Brian	Roegiers	Brandon	SD	M	60	45'	1	Gold

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Track & Field Standing Long Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	64	6'6"	1	Gold
Track & Field Standing Long Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	5'11.5"	2	Silver
Track & Field Standing Long Jump	60-64 Female	Cathy	Soto	El Paso	TX	F	64	4'0"	3	Bronze
Track & Field Standing Long Jump	60-64 Male	David	Roberts	Boone	IA	M	60	8'8"	1	Gold
Track & Field Standing Long Jump	60-64 Male	David	Brandt	Sprague	NE	M	63	8'5.5"	2	Silver
Track & Field Standing Long Jump	60-64 Male	Joe	Bohlke	Des Moines	IA	M	62	7'2"	3	Bronze
Track & Field Standing Long Jump	60-64 Male	Ted	Goudge	Maryville	MO	M	61	6'6"	4	
Track & Field Standing Long Jump	60-64 Male	Randy	Davis	Altoona	IA	M	61	5'10.5"	5	
Track & Field Standing Long Jump	65-69 Male	David	Black	Falcon Heights	MN	M	65	7'10"	1	Gold
Track & Field Standing Long Jump	65-69 Male	Michael	Venekamp	sioux falls	SD	M	69	7'	2	Silver
Track & Field Standing Long Jump	65-69 Male	Keevan	Morgan	Wilmette	IL	M	67	6'10.5"	3	Bronze
Track & Field Standing Long Jump	65-69 Male	Douglas	Teener	Manhattan	KS	M	67	5'2"	4	
Track & Field Standing Long Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	7'4"	1	Gold
Track & Field Standing Long Jump	70-74 Male	Gary	Stephens	Grand Island	NE	M	71	7'2"	2	Silver
Track & Field Standing Long Jump	70-74 Male	Robert	Wortman	Curtis	NE	M	70	7'1"	3	Bronze
Track & Field Standing Long Jump	70-74 Male	Kenneth	Baker	Henderson	NV	M	74	6'2"	4	
Track & Field Standing Long Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	76	7'	1	Gold
Track & Field Standing Long Jump	75-79 Male	Al	Salmon	Kansas City	MO	M	79	5'11.5"	2	Silver
Track & Field Standing Long Jump	75-79 Male	David	Easterla	Maryville	MO	M	79	5'9"	3	Bronze
Track & Field Triple Jump	50-54 Male	Andy	Ketterson	Omaha	NE	M	53	26'11"	1	Gold
Track & Field Triple Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	57	28'.5"	1	Gold
Track & Field Triple Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	64	23'11"	1	Gold
Track & Field Triple Jump	60-64 Female	Ann	Hegstrom	De Soto	IA	F	61	20'8"	2	Silver
Track & Field Triple Jump	60-64 Male	Mitch	Lyster	McCook	NE	M	60	35'.5"	1	Gold
Track & Field Triple Jump	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	62	29'11"	2	Silver
Track & Field Triple Jump	60-64 Male	David	Roberts	Boone	IA	M	60	29'11"	2	Silver

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Track & Field Triple Jump	65-69 Male	David	Black	Falcon Heights	MN	M	65	25'9.5"	1	Gold
Track & Field Triple Jump	65-69 Male	Gene	Iwen	Columbus	NE	M	67	24'3"	2	Silver
Track & Field Triple Jump	65-69 Male	Douglas	Teener	Manhattan	KS	M	67	13'5"	3	Bronze
Track & Field Triple Jump	70-74 Male	Randall	Olson	Nebraska City	NE	M	70	24'4"	1	Gold
Track & Field Triple Jump	70-74 Male	Robert	Wortman	Curtis	NE	M	70	19'11"	2	Silver
Track & Field Triple Jump	75-79 Male	James	Snook	Overland Park	KS	M	75	22'5"	1	Gold
Track & Field Triple Jump	75-79 Male	Alex	Meyer	Scribner	NE	M	76	18'3"	2	Silver
Track & Field Triple Jump	75-79 Male	David	Easterla	Maryville	MO	M	79	17'11.5"	3	Bronze