Event	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal
Swimming - 200 I.M.	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	3:45.77	1	Gold
Swimming - 200 I.M.	50-54 Male	Andrew	Korenak	Blair	NE	M	50	2:44.86	1	Gold
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Swimming - 200 I.M.	55-59 Male	Tom	Kealy	Council Bluffs	IA	M	59	2:38.04	1	Gold
Swimming - 200 I.M.	60-64 Male	Robert	Kubicek	Lincoln	NE	М	61	<mark>2:38.99</mark>	1	Gold
Swimming - 200 I.M.	65-69 Male	Stan	LeMaster	Council Bluffs	IA	М	68	<mark>2:53.95</mark>	1	Gold
Swimming - 200 I.M.	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	3:57.52	2	Silver
Swimming - 200 I.M.	75-79 Male	David	Easterla	Maryville	MO	M	77	4:19.12	1	Gold
Swimming - 200 Freestyle	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	3:01.97	1	Gold
Swimming - 200 Freestyle	50-54 Male	Andrew	Korenak	Blair	NE	M	50	2:25.32	1	Gold
Swimming - 200 Freestyle	55-59 Female	Debbie	Fisk	Waukee	IA	F	58	2:50.00	1	Gold
Swimming - 200 Freestyle	55-59 Male	Tom	Kealy	Council Bluffs	IA	M	59	2:16.73	1	Gold
Swimming - 200 Freestyle	60-64 Male	Robert	Kubicek	Lincoln	NE	M	61	<mark>2:19.37</mark>	1	Gold
Swimming - 200 Freestyle	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M		<mark>2:24.12</mark>	1	Gold
Swimming - 200 Freestyle	65-69 Male	David	Brown	Des Moines	IA	М	69	6:07.92	2	Silver
Swimming - 200 Freestyle	70-74 Male	Rich	Collins	Urbandale	IA	М	72	3:32.34	1	Gold
Swimming - 200 Freestyle	70-74 Male	Ruben	Rullan	Urbandale	IA	М	74	6:43.19	2	Silver
Swimming - 200 Freestyle	75-79 Male	David	Easterla	Maryville	MO	M	77	4:40.36	1	Gold
Swimming - 200 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	М	75	6:01.05	2	Silver
Swimming - 200 Freestyle	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	4:40.32	1	Gold

Swimming - 200 Freestyle	85-89 Male	Stuart	Ashmead	Ottumwa	IA	М	87	5:25.63	1	Gold
Swimming - 100 Backstroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F		1:40.01		Gold
Swimming - 100 Backstroke	50-54 Female	Jean	Dingeman	Pella	IA	F	51	2:15.10	2	Silver
Swimming - 100 Backstroke	50-54 Male	Andrew	Korenak	Blair	NE	M	50	1:19.70	1	Gold
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Swimming - 100 Backstroke	55-59 Female	Danette	Botts	Newton	IA	F	57	1:41.66	1	Gold
Swimming - 100 Backstroke	55-59 Male	Tom	Kealy	Council Bluffs	IA	M	59	1:15.24	1	Gold
Surimming 100 Decketroko	CO CA Mala	Dohort	Kubiaak	Lincoln			61	1.10.00	1	Cold
Swimming - 100 Backstroke	60-64 Male	Robert	Kubicek	Lincoln	NE	M		1:19.00		Gold
Swimming - 100 Backstroke	60-64 Male	John	Burns	West Des Moines	IA	M		1:22.00		Gold
Swimming - 100 Backstroke	60-64 Male	Joe	Bohlke	Des Moines	IA	М	60	2:32.84	2	Silver
Swimming - 100 Backstroke	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	2:01.92	1	Gold
Swimming - 100 Backstroke	65-69 Male	David	Brown	Des Moines	IA	М	69	3:54.71	2	Silver
Swimming - 100 Backstroke	75-79 Male	David	Easterla	Maryville	МО	M	77	2:50.50	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	75	2:58.10	2	Silver
Swimming - 100 Backstroke	75-79 Male	Roger	Holthaus	Omaha	NE	М	76	3:08.70	3	Bronze
Swimming - 100 Backstroke	80-84 Female	Dorothy	Whitehead	Indianola	IA	F	80	1:57.64	1	Gold
Swimming - 100 Backstroke	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	2:05.03	2	Silver
Swimming - 100 Backstroke	80-84 Male	Dick	Hekl	Omaha	NE	M	82	2:59.23	1	Gold
Swimming - 100 Backstroke	80-84 Male	David	Dietz	West Des Moines	IA	М		3:55.40	1	Gold
Swimming - 100 Backstroke	85-89 Male	Stuart	Ashmead	Ottumwa	IA	M	87	2:35.25	1	Gold
Swimming - 100 Backstroke	85-89 Male	Bob	Severance	Behoit	KS	M		3:11.72		Silver
Swimming - 100 Backstroke	90-94 Male	Donald	Huntoon	Des Moines	IA	M	92	3:58.91	1	Gold
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Swimming - 100 Butterfly	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	1:53.49	1	Gold
Swimming - 100 Butterfly	50-54 Male	Andrew	Korenak	Blair	NE	M	50	1:17.37	1	Gold
Swimming - 100 Butterfly	55-59 Male	Tom	Kealy	Council Bluffs	IA	Μ	59	1:11.47	1	Gold
Swimming - 100 Butterfly	65-69 Female	Barbara	Gullingsrud	Sun City West	AZ	F	65	1:59.00	1	Gold
Swimming - 50 Breaststroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	52.59	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Andrew	Korenak	Blair	NE	M	50	32.84	1	Gold
Swimming - 50 Breaststroke	55-59 Female	Kim	Newman	West Des Moines	IA	F	58	1:06.08	1	Gold
Swimming - 50 Breaststroke	55-59 Male	КС	Cornish	Grinnell	IA	M	59	<mark>33.53</mark>	1	Gold
Swimming - 50 Breaststroke	55-59 Male	Ted	Goudge	Maryville	MO	Μ	59	54.03	2	Silver
Swimming - 50 Breaststroke	60-64 Male	John	Burns	West Des Moines	IA	Μ		40.22		Gold
Swimming - 50 Breaststroke	60-64 Male	Joe	Bohlke	Des Moines	IA	M	60	1:01.15	2	Silver
Swimming - 50 Breaststroke	65-69 Male	Stan	LeMaster	Council Bluffs	IA	М		<mark>39.22</mark>		Gold
Swimming - 50 Breaststroke	65-69 Male	Alan	Schenck	Clarinda	IA	M	69	52.50	2	Silver
Swimming - 50 Breaststroke	70-74 Male	Rich	Collins	Urbandale	IA	м	72	54.41	1	Gold
Swimming - 50 Breaststroke	75-79 Male	David	Easterla	Maryville	MO	M	77	1:00.65	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М		1:10.73	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Roger	Holthaus	Omaha	NE	Μ	76	2:09.53	3	Bronze
Swimming - 50 Breaststroke	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	<mark>1:01.04</mark>	1	Gold
Swimming - 50 Breaststroke	80-84 Male	Dick	Hekl	Omaha	NE	M	82	1:45.00	1	Gold
Swimming - 50 Breaststroke	85-89 Male	Bob	Severance	Behoit	KS	M	89	1:52.95	1	Gold

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Swimming - 50 Butterfly	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	48.99	1	Gold
Swimming - 50 Butterfly	50-54 Male	Andrew	Korenak	Blair	NE	Μ	50	31.18	1	Gold
Swimming - 50 Butterfly	55-59 Male	David	Wells	Omaha	NE	М	56	28.64	1	Gold
Swimming - 50 Butterfly	55-59 Male	Tom	Kealy	Council Bluffs	IA	М	59	32.05	1	Gold
Swimming - 50 Butterfly	60-64 Male	Robert	Kubicek	Lincoln	NE	M	61	<mark>29.29</mark>	1	Gold
Swimming - 50 Butterfly	65-69 Female	Barbara	Gullingsrud	Sun City West	AZ	F	65	50.68	1	Gold
Swimming - 50 Butterfly	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M	68	36.11	1	Gold
Swimming - 50 Butterfly	65-69 Male	james	chew	urbandale	IA	М	67	43.40	2	Silver
Swimming - 50 Butterfly	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	44.37	3	Bronze
Swimming - 50 Butterfly	70-74 Male	Rich	Collins	Urbandale	IA	M	72	47.41	1	Gold
Swimming - 50 Butterfly	75-79 Male	David	Easterla	Maryville	MO	M	77	1:17.74	1	Gold
Swimming - 100 Freestyle	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	1:21.36	1	Gold
Swimming - 100 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	51	1:41.35	2	Silver
Swimming - 100 Freestyle	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	51	2:33.00	3	Bronze
Swimming - 100 Freestyle	50-54 Male	Andrew	Korenak	Blair	NE	М	50	1:04.81	1	Gold
Swimming - 100 Freestyle	55-59 Female	Debbie	Fisk	Waukee	IA	F	58	1:12.69	1	Gold
Swimming - 100 Freestyle	55-59 Female	Ann	Tippins	West Des Moines	IA	F	58	1:24.80	2	Silver
Swimming - 100 Freestyle	55-59 Male	David	Wells	Omaha	NE	M	56	57.27	1	Gold
Swimming - 100 Freestyle	55-59 Male	Tom	Kealy	Council Bluffs	IA	М	59	1:03.05	1	Gold
Swimming - 100 Freestyle	55-59 Male	Ted	Goudge	Maryville	MO	М	59	1:33.30	3	Bronze
Swimming - 100 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	60	2:02.91	1	Gold

Swimming - 100 Freestyle	60-64 Male	Robert	Kubicek	Lincoln	NE	Μ	61	1:02.35	1	Gold
Swimming - 100 Freestyle	60-64 Male	Steven	Traynor	Cedar Rapids	IA	М	60	1:35.62	1	Gold
Swimming - 100 Freestyle	65-69 Female	nancy	romalov	iowa city	IA	F	69	<mark>1:24.65</mark>	1	Gold
Swimming - 100 Freestyle	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M	68	1:07.77	1	Gold
Swimming - 100 Freestyle	65-69 Male	james	chew	urbandale	IA	M		1:33.94		Silver
Swimming - 100 Freestyle	65-69 Male	Alan	Schenck	Clarinda	IA	M		2:30.88		Bronze
Swimming - 100 Freestyle	65-69 Male	David	Brown	Des Moines	IA	M		3:44.24		
Swimming - 100 Freestyle	70-74 Male	Rich	Collins	Urbandale	IA	M	72	1:36.87	1	Gold
Swimming - 100 Freestyle	70-74 Male	Ruben	Rullan	Urbandale	IA	M	74	3:02.00	2	Silver
Swimming - 100 Freestyle	75-79 Male	David	Easterla	Maryville	МО	Μ	77	2:06.50	1	Gold
Swimming - 100 Freestyle	80-84 Male	Dick	Hekl	Omaha	NE	M	82	2:50.51	1	Gold
Swimming - 100 Freestyle	85-89 Male	Stuart	Ashmead	Ottumwa	IA	M	87	2:25.19	1	Gold
Swimming - 100 Freestyle	85-89 Male	Bob	Severance	Behoit	KS	Μ	89	2:48.99	2	Silver
Swimming - 100 Breaststroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	1:55.91	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Andrew	Korenak	Blair	NE	M	50	1:15.94	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Kim	Newman	West Des Moines	IA	F	58	1:48.61	1	Gold
Swimming - 100 Breaststroke	55-59 Male	КС	Cornish	Grinnell	IA	M	59	1:13.80	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Ted	Goudge	Maryville	MO	Μ	59	2:17.48	2	Silver
Swimming - 100 Breaststroke	60-64 Male	John	Burns	West Des Moines	IA	M		1:31.22		Gold
Swimming - 100 Breaststroke	60-64 Male	Joe	Bohlke	Des Moines	IA	Μ	60	2:38.99	2	Silver
Swimming - 100 Breaststroke	65-69 Male	Stan	LeMaster	Council Bluffs	IA	М	68	1:25.70	1	Gold

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Swimming - 100 Breaststroke	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	2:04.96	2	Silver
Swimming - 100 Breaststroke	75-79 Male	David	Easterla	Maryville	MO	Μ		2:32.42		Gold
Swimming - 100 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М		2:55.00		Silver
Swimming - 100 Breaststroke	75-79 Male	Roger	Holthaus	Omaha	NE	М	76	4:22.87	3	Bronze
Swimming - 50 Backstroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	45.66	1	Gold
Swimming - 50 Backstroke	50-54 Male	Andrew	Korenak	Blair	NE	М	50	33.58	1	Gold
Swimming - 50 Backstroke	55-59 Female	Danette	Botts	Newton	IA	F	57	45.74	1	Gold
Swimming - 50 Backstroke	55-59 Male	David	Wells	Omaha	NE	М		33.77	1	Gold
Swimming - 50 Backstroke	55-59 Male	Tom	Kealy	Council Bluffs	IA	Μ	59	37.90	1	Gold
Swimming - 50 Backstroke	55-59 Male	Ted	Goudge	Maryville	MO	Μ	59	1:12.20	3	Bronze
Swimming - 50 Backstroke	60-64 Female	Joyce	Burch	Pella	IA	F	60	57.15	1	Gold
Swimming - 50 Backstroke	60-64 Male	Robert	Kubicek	Lincoln	NE	М	61	<mark>35.06</mark>	1	Gold
Swimming - 50 Backstroke	60-64 Male	John	Burns	West Des Moines	IA	М	61	37.72	1	Gold
Swimming - 50 Backstroke	60-64 Male	Joe	Bohlke	Des Moines	IA	М	60	1:04.52	2	Silver
Swimming - 50 Backstroke	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	53.88	1	Gold
Swimming - 50 Backstroke	65-69 Male	David	Brown	Des Moines	IA	М	69	1:38.34	2	Silver
Swimming - 50 Backstroke	75-79 Male	David	Easterla	Maryville	MO	М	77	1:11.55	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	75	1:17.78	2	Silver
Swimming - 50 Backstroke	75-79 Male	Roger	Holthaus	Omaha	NE	М	76	1:18.97	3	Bronze
Swimming - 50 Backstroke	80-84 Female	Dorothy	Whitehead	Indianola	IA	F	80	53.05	1	Gold
Swimming - 50 Backstroke	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	53.74	2	Silver
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Swimming - 50 Backstroke	80-84 Male	Dick	Hekl	Omaha	NE	М	82	1:27.60	1	Gold
Swimming - 50 Backstroke	80-84 Male	David	Dietz	West Des Moines	IA	М	80	1:44.33	1	Gold

Swimming - 50 Backstroke	85-89 Male	Stuart	Ashmead	Ottumwa	IA	М	87	1:13.15	1 Gold
Swimming EQ Backstroka	90-94 Male	Donald	Huntoon	Des Moines	IA	M	02	1:52.50	1 Gold
Swimming - 50 Backstroke	90-94 Male	Donald	Huntoon	Des Molhes	IA	IVI	92	1:52.50	I Gold
Swimming - 200 Breaststroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	4:05.05	1 Gold
Swimming - 200 Breaststroke	55-59 Female	Kim	Newman	West Des Moines	IA	F	58	4:06.75	1 Gold
Swimming - 200 Breaststroke	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M	68	<mark>3:06.72</mark>	1 Gold
Swimming - 200 Breaststroke	75-79 Male	David	Easterla	Maryville	MO	M	77	6:03.14	1 Gold
Swimming - 200 Breaststroke	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	<mark>4:39.99</mark>	1 Gold
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Swimming - 100 I.M.	50-54 Female	Diane	Happel	Fort Dodge	IA	F		1:43.65	1 Gold
Swimming - 100 I.M.	50-54 Female	Jean	Dingeman	Pella	IA	F	51	2:05.30	2 Silver
Swimming - 100 I.M.	50-54 Male	Andrew	Korenak	Blair	NE	M	50	1:12.70	1 Gold
Swimming - 100 I.M.	55-59 Female	Debbie	Fisk	Waukee	IA	F	58	1:25.46	1 Gold
Swimming - 100 I.M.	55-59 Male	КС	Cornish	Grinnell	IA	M	59	1:08.92	1 Gold
Swimming - 100 I.M.	55-59 Male	Tom	Kealy	Council Bluffs	IA	M		1:24.74	2 Silver
Swimming - 100 I.M.	60-64 Male	Robert	Kubicek	Lincoln	NE	Μ	61	1:12.02	1 Gold
Swimming - 100 I.M.	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M	68	<mark>1:17.62</mark>	1 Gold
Swimming - 100 I.M.	65-69 Male	Alan	Schenck	Clarinda	IA	Μ	69	1:50.09	2 Silver
Swimming - 100 I.M.	70-74 Male	Rich	Collins	Urbandale	IA	Μ	72	<mark>1:51.65</mark>	1 Gold
Swimming - 100 I.M.	75-79 Male	David	Easterla	Maryville	MO	M	77	2:41.86	1 Gold
Swimming - 100 I.M.	75-79 Male	Ivan	Maggert	Lincoln	NE	М	75	3:05.62	2 Silver

Swimming - 100 I.M.	75-79 Male	Roger	Holthaus	Omaha	NE	Μ	76	3:43.03	3	Bronze
C	00.04.04.1	D'.I	11-11	Quarka				2 40 44		
Swimming - 100 I.M.	80-84 Male	Dick	Hekl	Omaha	NE	Μ	82	3:48.11	1	Gold
Swimming - 50 Freestyle	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	34.32	1	Gold
Swimming - 50 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	51	45.80	2	Silver
Swimming - 50 Freestyle	50-54 Female	Jacqueline	Riekena	West Des Moines	IA	F	51	1:03.68	3	Bronze
Swimming - 50 Freestyle	50-54 Male	Andrew	Korenak	Blair	NE	M	50	26.02	1	Gold
Swimming - 50 Freestyle	55-59 Female	Danette	Botts	Newton	IA	F	57	37.07	1	Gold
Swimming - 50 Freestyle	55-59 Male	David	Wells	Omaha	NE	M	56	<mark>25.63</mark>	1	Gold
Swimming - 50 Freestyle	55-59 Male	Tom	Kealy	Council Bluffs	IA	М	59	38.44	1	Gold
Swimming - 50 Freestyle	55-59 Male	Ted	Goudge	Maryville	MO	М	59	38.88	3	Bronze
Swimming - 50 Freestyle	55-59 Male	Dan	Bonthius	Iowa City	IA	М	55	48.96	2	Silver
Swimming - 50 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	60	54.26	1	Gold
Swimming - 50 Freestyle	60-64 Male	Robert	Kubicek	Lincoln	NE	M	61	27.77	1	Gold
Swimming - 50 Freestyle	60-64 Male	John	Burns	West Des Moines	IA	М	61	29.76	1	Gold
Swimming - 50 Freestyle	60-64 Male	Steven	Traynor	Cedar Rapids	IA	М	60	40.33	2	Silver
Swimming - 50 Freestyle	65-69 Male	Stan	LeMaster	Council Bluffs	IA	M	68	<mark>29.32</mark>	1	Gold
Swimming - 50 Freestyle	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	39.75	2	Silver
Swimming - 50 Freestyle	65-69 Male	james	chew	urbandale	IA	М	67	40.25	3	Bronze
Swimming - 50 Freestyle	70-74 Male	Rich	Collins	Urbandale	IA	M	72	40.67	1	Gold
Swimming - 50 Freestyle	70-74 Male	Ruben	Rullan	Urbandale	IA	М		1:18.28		Silver
Swimming - 50 Freestyle	75-79 Male	David	Easterla	Maryville	MO	M	77	57.46	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M		1:03.50		Silver
Swimming - 50 Freestyle	80-84 Male	Dick	Hekl	Omaha	NE	M	82	1:07.91	1	Gold

Swimming - 50 Freestyle	85-89 Male	Stuart	Ashmead	Ottumwa	IA	М	87	1:07.97	1	Gold
Swimming - 50 Freestyle	85-89 Male	Bob	Severance	Behoit	KS	М	89	1:15.19	2	Silver
Swimming - 200 Backstroke	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	3:38.17	1	Gold
Swimming - 200 Backstroke	50-54 Female	Jean	Dingeman	Pella	IA	F	51	4:40.06	2	Silver
Swimming - 200 Backstroke	50-54 Male	Andrew	Korenak	Blair	NE	М	50	2:54.10	1	Gold
Swimming - 200 Backstroke	55-59 Male	Tom	Kealy	Council Bluffs	IA	М	59	3:38.17	1	Gold
Swimming - 200 Backstroke	60-64 Female	Joyce	Burch	Pella	IA	F	60	4:39.75	1	Gold
Swimming - 200 Backstroke	65-69 Male	Alan	Schenck	Clarinda	IA	М	69	5:00.25	1	Gold
Swimming - 200 Backstroke	65-69 Male	David	Brown	Des Moines	IA	М	69	5:00.30	2	Silver
Swimming - 200 Backstroke	75-79 Male	David	Easterla	Maryville	MO	М	77	6:15.86	1	Gold
Swimming - 200 Backstroke	75-79 Male	Roger	Holthaus	Omaha	NE	М	76	6:41.78	2	Silver
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	М	75	7:20.44	3	Bronze
Swimming - 200 Backstroke	80-84 Female	Dorothy	Whitehead	Indianola	IA	F	80	4:27.37	1	Gold
Swimming - 200 Backstroke	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	4:42.92	2	Silver
Swimming - 200 Backstroke	80-84 Male	Dick	Hekl	Omaha	NE	М	82	6:37.19	1	Gold
Swimming - 200 Backstroke	80-84 Male	David	Dietz	West Des Moines	IA	М	80	7:50.82	1	Gold
Swimming - 200 Backstroke	85-89 Male	Stuart	Ashmead	Ottumwa	IA	М	87	5:59.62	1	Gold
Swimming - 500 Freestyle	50-54 Female	Diane	Happel	Fort Dodge	IA	F	51	8:01.29	1	Gold
Swimming - 500 Freestyle	50-54 Female	Jean	Dingeman	Pella	IA	F	51	9:49.04	2	Silver
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Swimming - 500 Freestyle	50-54 Male	Andrew	Korenak	Blair	NE	М	50	6:36.29	1	Gold
Swimming - 500 Freestyle	55-59 Female	Ann	Tippins	West Des Moines	IA	F	58	8:43.69	1	Gold

Swimming - 500 Freestyle	55-59 Female	Anne	Bruflat	Johnston	IA	F	55	9:04.06	2	Silver
Swimming - 500 Freestyle	55-59 Male	Tom	Kealy	Council Bluffs	IA	М	59	6:01.20	1	Gold
Swimming - 500 Freestyle	55-59 Male	David	Wells	Omaha	NE	M	56	6:09.52	2	Silver
Swimming - 500 Freestyle	60-64 Female	Joyce	Burch	Pella	IA	F	60	11:56.85	1	Gold
Swimming - 500 Freestyle	60-64 Male	Robert	Kubicek	Lincoln	NE	M	61	<mark>6:28.03</mark>	1	Gold
Swimming - 500 Freestyle	60-64 Male	Steven	Traynor	Cedar Rapids	IA	Μ	60	9:35.39	1	Gold
Swimming - 500 Freestyle	65-69 Female	nancy	romalov	iowa city	IA	F	69	<mark>7:58.99</mark>	1	Gold
Swimming - 500 Freestyle	65-69 Male	Stan	LeMaster	Council Bluffs	IA	М	68	<mark>6:33.52</mark>	1	Gold
Swimming - 500 Freestyle	70-74 Male	Rich	Collins	Urbandale	IA	M	72	<mark>9:29.38</mark>	1	Gold
Swimming - 500 Freestyle	70-74 Male	Ruben	Rullan	Urbandale	IA	Μ	74	18:27.03	2	Silver
Swimming - 500 Freestyle	75-79 Male	David	Easterla	Maryville	MO	M	77	14:05.25	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	Μ	75	15:33.55	2	Silver
Swimming - 500 Freestyle	80-84 Female	Flo	Dietz	West Des Moines	IA	F	80	12:24.66	1	Gold
Swimming - 500 Freestyle	80-84 Male	David	Dietz	West Des Moines	IA	M	80	20:30.19	1	Gold

