

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal	NSGA Qualifier
Track & Field - 100 Meter Dash	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	51	17.02	1	Gold	X
Track & Field - 100 Meter Dash	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	20.28	2	Silver	X
Track & Field - 100 Meter Dash	50-54 Female	Jean	Dingeman	Pella	IA	F	52	21.31	3	Bronze	X
Track & Field - 100 Meter Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	52	12.99	1	Gold	X
Track & Field - 100 Meter Dash	50-54 Male	Julius	Davis	Fridley	MN	M	54	14.24	2	Silver	X
Track & Field - 100 Meter Dash	50-54 Male	John	Brandt	Sioux City	IA	M	54	15.27	1	Gold	X
Track & Field - 100 Meter Dash	50-54 Male	Max	Haefele	Mission	KS	M	52	15.65	4		X
Track & Field - 100 Meter Dash	50-54 Male	John	Malloy	Sioux City	IA	M	53	15.86	2	Silver	X
Track & Field - 100 Meter Dash	50-54 Male	Mark	Seaton	Urbandale	IA	M	54	16.2	3	Bronze	X
Track & Field - 100 Meter Dash	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	17.44	4		X
Track & Field - 100 Meter Dash	55-59 Female	Deb	Olson	Trimont	MN	F	55	14.86	1	Gold	X
Track & Field - 100 Meter Dash	55-59 Female	Laurie	Lartz	Bettendorf	IA	F	56	19.64	1	Gold	X
Track & Field - 100 Meter Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	M	56	12.68	1	Gold	X
Track & Field - 100 Meter Dash	55-59 Male	David	Roberts	Boone	IA	M	59	14.22	2	Silver	X
Track & Field - 100 Meter Dash	55-59 Male	Tom	Cahalan	Norway	IA	M	59	14.43	3	Bronze	X
Track & Field - 100 Meter Dash	55-59 Male	David	Wilson	GARRISON	IA	M	59	14.71	4		X
Track & Field - 100 Meter Dash	55-59 Male	Robert	Klampe	Des Moines	IA	M	55	14.87	5		
Track & Field - 100 Meter Dash	55-59 Male	Jim	Harpole	Newhall	IA	M	57	15.09	6		
Track & Field - 100 Meter Dash	55-59 Male	David	Brown	Omaha	NE	M	56	15.4	7		
Track & Field - 100 Meter Dash	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	15.82	7		
Track & Field - 100 Meter Dash	55-59 Male	Randal	StLouis	Franklin	WI	M	57	15.92	9		
Track & Field - 100 Meter Dash	60-64 Female	Joyce	Burch	Pella	IA	F	61	20.58	1	Gold	X
Track & Field - 100 Meter Dash	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	25.4	2	Silver	X
Track & Field - 100 Meter Dash	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	33.65	3	Bronze	X
Track & Field - 100 Meter Dash	60-64 Male	Dick	Swade	Lemont	IL	M	60	14.87	1	Gold	X
Track & Field - 100 Meter Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	14.89	1	Gold	X
Track & Field - 100 Meter Dash	60-64 Male	David	Rainey	Waterloo	IA	M	62	15.62	2	Silver	X
Track & Field - 100 Meter Dash	60-64 Male	Gail	Davis	Waukee	IA	M	64	16.35	3	Bronze	X
Track & Field - 100 Meter Dash	60-64 Male	Robert	Donaldson	Burlington	IA	M	62	16.49	4		X
Track & Field - 100 Meter Dash	60-64 Male	Larry	Price	Belton	TX	M	62	16.9	6		
Track & Field - 100 Meter Dash	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	17.38	5		
Track & Field - 100 Meter Dash	60-64 Male	conroy	smith	des moines	IA	M	62	17.67	6		
Track & Field - 100 Meter Dash	60-64 Male	Charles	Goodman	Johnston	IA	M	64	22.42	7		

Record performances are highlighted in yellow

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Track & Field - 100 Meter Dash	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	19.18	1	Gold	X
Track & Field - 100 Meter Dash	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	20.13	2	Silver	X
Track & Field - 100 Meter Dash	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	25.08	1	Gold	X
Track & Field - 100 Meter Dash	65-69 Female	Christine	Carroll	Urbandale	IA	F	67	31.02	2	Silver	X
Track & Field - 100 Meter Dash	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	16.16	1	Gold	X
Track & Field - 100 Meter Dash	65-69 Male	Dan	Bobenhouse	St. Charles	IA	M	67	16.62	2	Silver	X
Track & Field - 100 Meter Dash	65-69 Male	Denny	Adair	Osceola	IA	M	68	21.37	3	Bronze	X
Track & Field - 100 Meter Dash	70-74 Female	Connie	Hines	Weldon	IA	F	73	22.62	1	Gold	X
Track & Field - 100 Meter Dash	70-74 Female	Phyllis	Weeda	Des Moines	IA	F	72	24.41	2	Silver	X
Track & Field - 100 Meter Dash	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	23.87	1	Gold	X
Track & Field - 100 Meter Dash	70-74 Male	David	Brown	Des Moines	IA	M	70	35.58	2	Silver	X
Track & Field - 100 Meter Dash	75-79 Female	Carol	Linderman	Clive	IA	F	79	23.21	1	Gold	X
Track & Field - 100 Meter Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	18.65	1	Gold	X
Track & Field - 100 Meter Dash	75-79 Male	Jimm	Ites	Waterloo	IA	M	77	18.86	2	Silver	X
Track & Field - 100 Meter Dash	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	20.47	3	Bronze	X
Track & Field - 100 Meter Dash	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	21.56	4		X
Track & Field - 100 Meter Dash	75-79 Male	Gary	Smidt	Ankeny	IA	M	79	21.78	5		
Track & Field - 100 Meter Dash	75-79 Male	Phillip	Kern	Fairfield	IA	M	75	23.87	6		
Track & Field - 100 Meter Dash	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	31.19	1	Gold	X
Track & Field - 100 Meter Dash	80-84 Male	Martin	Tangora	Chicago	IL	M	80	18.92	1	Gold	X
Track & Field - 100 Meter Dash	80-84 Male	Don	Zimmer	West Des Moines	IA	M	82	19.59	1	Gold	X
Track & Field - 100 Meter Dash	80-84 Male	Jerry	Anderson	Ellsworth	WI	M	80	19.91	3	Bronze	X
Track & Field - 100 Meter Dash	80-84 Male	Ed	Killin	Des Moines	IA	M	80	26.76	2	Silver	X
Track & Field - 100 Meter Dash	80-84 Male	Ken	Clark	Urbandale	IA	M	80	32.81	3	Bronze	X
Track & Field - 100 Meter Dash	90-94 Male	Melvin	Larsen	Ames	IA	M	92	21.19	1	Gold	X
Track & Field - 1500 Meter Race Walk	50-54 Female	Rebecca	Yoxall	Minneapolis	KS	F	51	11:55.5	1	Gold	X
Track & Field - 1500 Meter Race Walk	50-54 Female	Jean	Dingeman	Pella	IA	F	52	12:31.6	1	Gold	X
Track & Field - 1500 Meter Race Walk	50-54 Male	Andy	Beljaars	Des Moines	IA	M	51	11:02.8	1	Gold	X
Track & Field - 1500 Meter Race Walk	50-54 Male	Kelly	Yoxall	Minneapolis	KS	M	51	13:02.5	2	Silver	X
Track & Field - 1500 Meter Race Walk	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	14:55.2	2	Silver	X

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Track & Field - 1500 Meter Race Walk	55-59 Male	Steve	Hoger	Seward	NE	M	59	08:45.6	1	Gold	X
Track & Field - 1500 Meter Race Walk	60-64 Female	Joyce	Burch	Pella	IA	F	61	11:48.6	1	Gold	X
Track & Field - 1500 Meter Race Walk	60-64 Female	Diana	Bohlke	Des Moines	IA	F	61	14:08.8	2	Silver	X
Track & Field - 1500 Meter Race Walk	60-64 Female	Neelam	Bhatnagar	West Des Moines	IA	F	61	14:26.3	3	Bronze	X
Track & Field - 1500 Meter Race Walk	60-64 Male	Brad	Ewest	Ankeny	IA	M	63	11:02.5	1	Gold	X
Track & Field - 1500 Meter Race Walk	60-64 Male	Randy	Davis	Altoona	IA	M	60	12:33.6	2	Silver	X
Track & Field - 1500 Meter Race Walk	65-69 Female	Faith	Rulapaugh	Oelwein	IA	F	69	12:16.8	1	Gold	X
Track & Field - 1500 Meter Race Walk	65-69 Male	Randy	Schuh	Des Moines	IA	M	68	10:10.5	1	Gold	X
Track & Field - 1500 Meter Race Walk	65-69 Male	Kenny	Jones	Edmond	OK	M	69	12:29.2	2	Silver	X
Track & Field - 1500 Meter Race Walk	65-69 Male	Denny	Adair	Osceola	IA	M	68	13:30.4	2	Silver	X
Track & Field - 1500 Meter Race Walk	70-74 Male	gary	graber	Des Moines	IA	M	70	11:27.5	1	Gold	X
Track & Field - 1500 Meter Race Walk	70-74 Male	thomas	purcell	Edgewood	IA	M	74	11:38.6	2	Silver	X
Track & Field - 1500 Meter Race Walk	70-74 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	73	13:09.6	3	Bronze	X
Track & Field - 1500 Meter Race Walk	70-74 Male	David	Brown	Des Moines	IA	M	70	14:06.4	4		X
Track & Field - 1500 Meter Race Walk	70-74 Male	Pranbir	Bhatnagar	West Des Moines	IA	M	70	15:12.2	5		
Track & Field - 1500 Meter Race Walk	75-79 Female	Shirley	Sprague	BERWICK	IA	F	75	14:32.9	1	Gold	X
Track & Field - 1500 Meter Race Walk	75-79 Male	James	Veenstra	Jacksonville	IL	M	78	13:09.7	1	Gold	X
Track & Field - 1500 Meter Race Walk	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	14:53.5	1	Gold	X
Track & Field - 1500 Meter Run	50-54 Female	Kimberly	Eaves	Fort Madison	IA	F	53	06:40.2	1	Gold	X
Track & Field - 1500 Meter Run	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	07:13.6	2	Silver	X
Track & Field - 1500 Meter Run	50-54 Female	Jean	Dingeman	Pella	IA	F	52	07:14.8	3	Bronze	X
Track & Field - 1500 Meter Run	50-54 Male	Mark	Seaton	Urbandale	IA	M	54	05:58.2	1	Gold	X
Track & Field - 1500 Meter Run	50-54 Male	Chuck	Long	Dubuque	IA	M	53	06:33.8	2	Silver	X
Track & Field - 1500 Meter Run	50-54 Male	Gavin	Quill	Clive	IA	M	53	06:39.2	3	Bronze	X
Track & Field - 1500 Meter Run	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	07:28.6	4		X
Track & Field - 1500 Meter Run	55-59 Male	Dan	Bonthius	Iowa City	IA	M	56	05:06.8	1	Gold	X
Track & Field - 1500 Meter Run	55-59 Male	Thomas	Loch	Dubuque	IA	M	59	06:07.1	2	Silver	X
Track & Field - 1500 Meter Run	55-59 Male	Robert	Hanish	Badger	IA	M	59	06:24.8	3	Bronze	X

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Track & Field - 1500 Meter Run	60-64 Female	Joyce	Burch	Pella	IA	F	61	08:32.3	1	Gold	X
Track & Field - 1500 Meter Run	60-64 Female	Rosanne	Ullman	Wilmette	IL	F	63	09:43.6	2	Silver	X
Track & Field - 1500 Meter Run	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	14:11.1	2	Silver	X
Track & Field - 1500 Meter Run	60-64 Male	Tim	Murphy	Iowa City	IA	M	64	05:37.9	1	Gold	X
Track & Field - 1500 Meter Run	60-64 Male	Stephen	Harrison	Fulton	IL	M	60	05:39.5	2	Silver	X
Track & Field - 1500 Meter Run	60-64 Male	Paul	Ryan	De witt	IA	M	62	06:04.4	2	Silver	X
Track & Field - 1500 Meter Run	60-64 Male	Brad	Ewest	Ankeny	IA	M	63	06:32.0	3	Bronze	X
Track & Field - 1500 Meter Run	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	06:58.6	4		X
Track & Field - 1500 Meter Run	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	09:30.3	1	Gold	X
Track & Field - 1500 Meter Run	65-69 Female	Shari	Hintermeister	North Liberty	IA	F	67	10:06.8	2	Silver	X
Track & Field - 1500 Meter Run	65-69 Male	Mick	Snell	Hampton	IA	M	68	06:36.1	1	Gold	X
Track & Field - 1500 Meter Run	65-69 Male	kenneth	carlson	rock island	IL	M	68	07:20.1	2	Silver	X
Track & Field - 1500 Meter Run	65-69 Male	Larry	Hamm	Des Moines	IA	M	68	07:21.5	2	Silver	X
Track & Field - 1500 Meter Run	65-69 Male	William	Jesse	Waukee	IA	M	66	07:26.5	3	Bronze	X
Track & Field - 1500 Meter Run	65-69 Male	Laurence	Cobb	Peoria	IL	M	66	07:34.4	5		
Track & Field - 1500 Meter Run	70-74 Male	thomas	purcell	Edgewood	IA	M	74	09:38.0	1	Gold	X
Track & Field - 1500 Meter Run	75-79 Male	Ruben	Rullan	Urbandale	IA	M	75	10:16.8	1	Gold	X
Track & Field - 1500 Meter Run	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	11:02.0	2	Silver	X
Track & Field - 1500 Meter Run	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	12:53.1	3	Bronze	X
Track & Field - 1500 Meter Run	80-84 Male	Alvin	Ravenscroft	AMES	IA	M	83	11:03.1	1	Gold	X
Track & Field - 200 Meter Dash	50-54 Female	Jean	Dingeman	Pella	IA	F	52	47.38	1	Gold	X
Track & Field - 200 Meter Dash	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	51.68	2	Silver	X
Track & Field - 200 Meter Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	52	26.07	1	Gold	X
Track & Field - 200 Meter Dash	50-54 Male	John	Brandt	Sioux City	IA	M	54	31.61	1	Gold	X
Track & Field - 200 Meter Dash	50-54 Male	Max	Haefele	Mission	KS	M	52	32.38	3	Bronze	X
Track & Field - 200 Meter Dash	50-54 Male	John	Malloy	Sioux City	IA	M	53	32.89	2	Silver	X
Track & Field - 200 Meter Dash	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	40.98	3	Bronze	X
Track & Field - 200 Meter Dash	55-59 Female	Deb	Olson	Trimont	MN	F	55	37.09	1	Gold	X
Track & Field - 200 Meter Dash	55-59 Female	Julie	Vose	Omaha	NE	F	59	47.94	2	Silver	X
Track & Field - 200 Meter Dash	55-59 Female	Kathy	Ford	Clive	IA	F	59	56.54	1	Gold	X

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Waukee High School Track, Waukee, IA

Track & Field - 200 Meter Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	M	56	25.79	1	Gold	X
Track & Field - 200 Meter Dash	55-59 Male	David	Roberts	Boone	IA	M	59	28.43	2	Silver	X
Track & Field - 200 Meter Dash	55-59 Male	Tom	Cahalan	Norway	IA	M	59	28.6	3	Bronze	X
Track & Field - 200 Meter Dash	55-59 Male	David	Olsgaard	Indianola	IA	M	57	30.14	4		X
Track & Field - 200 Meter Dash	55-59 Male	David	Wilson	GARRISON	IA	M	59	30.84	5		
Track & Field - 200 Meter Dash	55-59 Male	Jim	Harpole	Newhall	IA	M	57	31.22	6		
Track & Field - 200 Meter Dash	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	31.35	7		
Track & Field - 200 Meter Dash	55-59 Male	David	Brown	Omaha	NE	M	56	32.74	8		
Track & Field - 200 Meter Dash	60-64 Female	Joyce	Burch	Pella	IA	F	61	45.64	1	Gold	X
Track & Field - 200 Meter Dash	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	01:15.7	2	Silver	X
Track & Field - 200 Meter Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	30.39	1	Gold	X
Track & Field - 200 Meter Dash	60-64 Male	Larry	Price	Belton	TX	M	62	34.38	2	Silver	X
Track & Field - 200 Meter Dash	60-64 Male	Randy	Davis	Altoona	IA	M	60	37.3	2	Silver	X
Track & Field - 200 Meter Dash	60-64 Male	conroy	smith	des moines	IA	M	62	39.47	3	Bronze	X
Track & Field - 200 Meter Dash	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	41.47	4		X
Track & Field - 200 Meter Dash	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	44.39	1	Gold	X
Track & Field - 200 Meter Dash	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	48.46	2	Silver	X
Track & Field - 200 Meter Dash	65-69 Male	Dan	Bobenhouse	St. Charles	IA	M	67	33.5	1	Gold	X
Track & Field - 200 Meter Dash	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	36.2	2	Silver	X
Track & Field - 200 Meter Dash	65-69 Male	Denny	Adair	Osceola	IA	M	68	46.59	3	Bronze	X
Track & Field - 200 Meter Dash	70-74 Female	Connie	Hines	Weldon	IA	F	73	54.54	1	Gold	X
Track & Field - 200 Meter Dash	70-74 Male	peter	lazzari	arlington hgts	IL	M	74	39.37	1	Gold	X
Track & Field - 200 Meter Dash	70-74 Male	Ron	Peterson	Waukee	IA	M	72	40.67	1	Gold	X
Track & Field - 200 Meter Dash	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	48.42	2	Silver	X
Track & Field - 200 Meter Dash	75-79 Female	Carol	Linderman	Clive	IA	F	79	59.55	1	Gold	X
Track & Field - 200 Meter Dash	75-79 Male	Jimm	Ites	Waterloo	IA	M	77	41.66	1	Gold	X
Track & Field - 200 Meter Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	42.14	2	Silver	X
Track & Field - 200 Meter Dash	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	49.4	3	Bronze	X
Track & Field - 200 Meter Dash	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	54.44	4		X
Track & Field - 200 Meter Dash	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	01:22.6	1	Gold	X

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Track & Field - 200 Meter Dash	80-84 Male	Martin	Tangora	Chicago	IL	M	80	41.65	1	Gold	X
Track & Field - 400 Meter Dash	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	01:37.1	1	Gold	X
Track & Field - 400 Meter Dash	50-54 Female	Jean	Dingeman	Pella	IA	F	52	01:38.1	2	Silver	X
Track & Field - 400 Meter Dash	50-54 Male	Jeff	Hageman	Omaha	NE	M	52	56.97	1	Gold	X
Track & Field - 400 Meter Dash	50-54 Male	Max	Haefele	Mission	KS	M	52	01:12.4	2	Silver	X
Track & Field - 400 Meter Dash	50-54 Male	John	Malloy	Sioux City	IA	M	53	01:12.5	1	Gold	X
Track & Field - 400 Meter Dash	50-54 Male	Jeff	Alaimo	Johnston	IA	M	54	01:15.2	2	Silver	X
Track & Field - 400 Meter Dash	55-59 Female	Kathy	Ford	Clive	IA	F	59	01:59.7	1	Gold	X
Track & Field - 400 Meter Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	M	56	58.75	1	Gold	X
Track & Field - 400 Meter Dash	55-59 Male	David	Roberts	Boone	IA	M	59	01:03.4	2	Silver	X
Track & Field - 400 Meter Dash	55-59 Male	David	Wilson	GARRISON	IA	M	59	01:07.1	3	Bronze	X
Track & Field - 400 Meter Dash	55-59 Male	Tom	Cahalan	Norway	IA	M	59	01:07.8	4		X
Track & Field - 400 Meter Dash	55-59 Male	Richard	Neufeld	Fairfax	IA	M	56	01:09.0	5		
Track & Field - 400 Meter Dash	55-59 Male	David	Olsgaard	Indianola	IA	M	57	01:12.1	6		
Track & Field - 400 Meter Dash	55-59 Male	Thomas	Loch	Dubuque	IA	M	59	01:19.1	7		
Track & Field - 400 Meter Dash	60-64 Female	Joyce	Burch	Pella	IA	F	61	01:46.7	1	Gold	X
Track & Field - 400 Meter Dash	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	03:03.8	2	Silver	X
Track & Field - 400 Meter Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	01:12.4	1	Gold	X
Track & Field - 400 Meter Dash	60-64 Male	Gail	Davis	Waukee	IA	M	64	01:21.6	2	Silver	X
Track & Field - 400 Meter Dash	60-64 Male	Randy	Davis	Altoona	IA	M	60	01:23.5	3	Bronze	X
Track & Field - 400 Meter Dash	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	01:25.4	4		X
Track & Field - 400 Meter Dash	60-64 Male	conroy	smith	des moines	IA	M	62	01:33.7	5		
Track & Field - 400 Meter Dash	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	01:58.7	1	Gold	X
Track & Field - 400 Meter Dash	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	02:04.5	1	Gold	X
Track & Field - 400 Meter Dash	65-69 Female	Shari	Hintermeister	North Liberty	IA	F	67	02:28.4	2	Silver	X
Track & Field - 400 Meter Dash	65-69 Male	Dan	Bobenhouse	St. Charles	IA	M	67	01:18.1	1	Gold	X
Track & Field - 400 Meter Dash	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	01:27.0	2	Silver	X
Track & Field - 400 Meter Dash	65-69 Male	Larry	Hamm	Des Moines	IA	M	68	01:30.7	3	Bronze	X
Track & Field - 400 Meter Dash	65-69 Male	Larry	Henson	Olathe	KS	M	69	01:35.9	4		X
Track & Field - 400 Meter Dash	70-74 Female	Connie	Hines	Weldon	IA	F	73	02:15.0	1	Gold	X

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Track & Field - 400 Meter Dash	70-74 Male	peter	lazzari	arlington hgts	IL	M	74	01:41.8	1	Gold	X
Track & Field - 400 Meter Dash	70-74 Male	David	Brown	Des Moines	IA	M	70	02:56.2	1	Gold	X
Track & Field - 400 Meter Dash	75-79 Male	Jimm	Ites	Waterloo	IA	M	77	01:44.4	1	Gold	X
Track & Field - 400 Meter Dash	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	02:06.0	2	Silver	X
Track & Field - 400 Meter Dash	75-79 Male	Ruben	Rullan	Urbandale	IA	M	75	02:06.7	3	Bronze	X
Track & Field - 400 Meter Dash	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	02:17.9	4		X
Track & Field - 400 Meter Dash	80-84 Male	Martin	Tangora	Chicago	IL	M	80	01:55.4	1	Gold	X
Track & Field - 400 Meter Dash	80-84 Male	Alvin	Ravenscroft	AMES	IA	M	83	02:08.6	1	Gold	X
Track & Field - 400 Meter Dash	85-89 Male	Darrell	Mitchell	Marshalltown	IA	M	88	02:03.6	1	Gold	X
Track & Field - 50 Meter Dash	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	51	9.00	1	Gold	X
Track & Field - 50 Meter Dash	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	10.23	2	Silver	X
Track & Field - 50 Meter Dash	50-54 Female	Jean	Dingeman	Pella	IA	F	52	11.45	3	Bronze	X
Track & Field - 50 Meter Dash	50-54 Male	Julius	Davis	Fridley	MN	M	54	7.69	1	Gold	X
Track & Field - 50 Meter Dash	50-54 Male	John	Brandt	Sioux City	IA	M	54	7.95	1	Gold	X
Track & Field - 50 Meter Dash	50-54 Male	John	Malloy	Sioux City	IA	M	53	8.35	2	Silver	X
Track & Field - 50 Meter Dash	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	9.66	3	Bronze	X
Track & Field - 50 Meter Dash	55-59 Female	Deb	Olson	Trimont	MN	F	55	7.74	1	Gold	X
Track & Field - 50 Meter Dash	55-59 Female	Laurie	Lartz	Bettendorf	IA	F	56	9.72	1	Gold	X
Track & Field - 50 Meter Dash	55-59 Female	Kathy	Ford	Clive	IA	F	59	12.47	2	Silver	X
Track & Field - 50 Meter Dash	55-59 Male	Michael	Fitzgerald	Mason City	IA	M	56	6.89	1	Gold	X
Track & Field - 50 Meter Dash	55-59 Male	Tom	Cahalan	Norway	IA	M	59	7.37	2	Silver	X
Track & Field - 50 Meter Dash	55-59 Male	Robert	Klampe	Des Moines	IA	M	55	7.51	3	Bronze	X
Track & Field - 50 Meter Dash	55-59 Male	Jim	Harpole	Newhall	IA	M	57	7.59	4		X
Track & Field - 50 Meter Dash	55-59 Male	David	Olsgaard	Indianola	IA	M	57	7.61	5		X
Track & Field - 50 Meter Dash	55-59 Male	David	Wilson	GARRISON	IA	M	59	7.66	6		X
Track & Field - 50 Meter Dash	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	8.04	7		
Track & Field - 50 Meter Dash	60-64 Female	Joyce	Burch	Pella	IA	F	61	10.48	1	Gold	X
Track & Field - 50 Meter Dash	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	11.53	2	Silver	X
Track & Field - 50 Meter Dash	60-64 Female	Micki	Marolf	Dubuque	IA	F	60	11.89	3	Bronze	X
Track & Field - 50 Meter Dash	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	15.84	4		X
Track & Field - 50 Meter Dash	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	8.00	1	Gold	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - 50 Meter Dash	60-64 Male	David	Rainey	Waterloo	IA	M	62	8.14	2	Silver	X
Track & Field - 50 Meter Dash	60-64 Male	Gail	Davis	Waukee	IA	M	64	8.27	3	Bronze	X
Track & Field - 50 Meter Dash	60-64 Male	conroy	smith	des moines	IA	M	62	8.65	4		X
Track & Field - 50 Meter Dash	60-64 Male	Larry	Price	Belton	TX	M	62	8.86	5		
Track & Field - 50 Meter Dash	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	9.16	5		
Track & Field - 50 Meter Dash	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	9.8	1	Gold	X
Track & Field - 50 Meter Dash	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	9.92	2	Silver	X
Track & Field - 50 Meter Dash	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	8.53	1	Gold	X
Track & Field - 50 Meter Dash	65-69 Male	Dan	Bobenhouse	St. Charles	IA	M	67	8.55	2	Silver	X
Track & Field - 50 Meter Dash	65-69 Male	Denny	Adair	Osceola	IA	M	68	10.48	3	Bronze	X
Track & Field - 50 Meter Dash	70-74 Female	Connie	Hines	Weldon	IA	F	73	11.58	1	Gold	X
Track & Field - 50 Meter Dash	70-74 Female	Phyllis	Weeda	Des Moines	IA	F	72	12.01	2	Silver	X
Track & Field - 50 Meter Dash	70-74 Male	James	Zohrer	West Des Moines	IA	M	71	8.86	1	Gold	X
Track & Field - 50 Meter Dash	70-74 Male	Ron	Peterson	Waukee	IA	M	72	9.05	2	Silver	X
Track & Field - 50 Meter Dash	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	11.59	3	Bronze	X
Track & Field - 50 Meter Dash	70-74 Male	David	Brown	Des Moines	IA	M	70	15.27	4		X
Track & Field - 50 Meter Dash	75-79 Female	Carol	Linderman	Clive	IA	F	79	11.11	1	Gold	X
Track & Field - 50 Meter Dash	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	9.73	1	Gold	X
Track & Field - 50 Meter Dash	75-79 Male	Jimm	Ites	Waterloo	IA	M	77	9.87	2	Silver	X
Track & Field - 50 Meter Dash	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	10.7	3	Bronze	X
Track & Field - 50 Meter Dash	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	11.89	4		X
Track & Field - 50 Meter Dash	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	15.72	1	Gold	X
Track & Field - 50 Meter Dash	80-84 Male	Martin	Tangora	Chicago	IL	M	80	9.69	1	Gold	X
Track & Field - 50 Meter Dash	80-84 Male	Jerry	Anderson	Ellsworth	WI	M	80	10.3	2	Silver	X
Track & Field - 50 Meter Dash	80-84 Male	Ed	Killin	Des Moines	IA	M	80	12.89	1	Gold	X
Track & Field - 50 Meter Dash	90-94 Male	Melvin	Larsen	Ames	IA	M	92	11.3	1	Gold	X
Track & Field - 5000 Meter Race Walk	55-59 Female	Debbi	Cooper	Ankeny	IA	F	59	37:46.0	1	Gold	X
Track & Field - 5000 Meter Race Walk	55-59 Male	Steve	Hoger	Seward	NE	M	59	29:55.6	1	Gold	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - 5000 Meter Race Walk	60-64 Female	jane	hein	Clive	IA	F	63	34:27.6	1	Gold	X
Track & Field - 5000 Meter Race Walk	60-64 Male	Brad	Ewest	Ankeny	IA	M	63	38:05.3	1	Gold	X
Track & Field - 5000 Meter Race Walk	65-69 Female	Faith	Rulapaugh	Oelwein	IA	F	69	37:54.0	1	Gold	X
Track & Field - 5000 Meter Race Walk	65-69 Male	Randy	Schuh	Des Moines	IA	M	68	34:27.6	1	Gold	X
Track & Field - 5000 Meter Race Walk	65-69 Male	Michael	Devaney	Globe	AZ	M	66	35:54.8	2	Silver	X
Track & Field - 5000 Meter Race Walk	65-69 Male	Kenny	Jones	Edmond	OK	M	69	41:41.4	3	Bronze	X
Track & Field - 5000 Meter Race Walk	65-69 Male	Denny	Adair	Osceola	IA	M	68	51:19.5	2	Silver	X
Track & Field - 5000 Meter Race Walk	70-74 Male	Gary	O'Daniels	Creston	IA	M	74	38:04.7	1	Gold	X
Track & Field - 5000 Meter Race Walk	70-74 Male	thomas	purcell	Edgewood	IA	M	74	39:13.2	2	Silver	X
Track & Field - 5000 Meter Race Walk	70-74 Male	David	Brown	Des Moines	IA	M	70	52:02.5	3	Bronze	X
Track & Field - 5000 Meter Race Walk	75-79 Male	James	Veenstra	Jacksonville	IL	M	78	34:52.6	1	Gold	X
Track & Field - 800 Meter Run	50-54 Female	Kimberly	Eaves	Fort Madison	IA	F	53	03:10.4	1	Gold	X
Track & Field - 800 Meter Run	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	03:41.2	2	Silver	X
Track & Field - 800 Meter Run	50-54 Female	Jean	Dingeman	Pella	IA	F	52	03:41.6	3	Bronze	X
Track & Field - 800 Meter Run	50-54 Male	Gavin	Quill	Clive	IA	M	53	03:09.3	1	Gold	X
Track & Field - 800 Meter Run	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	03:52.3	2	Silver	X
Track & Field - 800 Meter Run	55-59 Female	Kathy	Ford	Clive	IA	F	59	04:41.4	1	Gold	X
Track & Field - 800 Meter Run	55-59 Male	Dan	Bonthius	Iowa City	IA	M	56	02:34.1	1	Gold	X
Track & Field - 800 Meter Run	55-59 Male	Richard	Neufeld	Fairfax	IA	M	56	02:39.4	2	Silver	X
Track & Field - 800 Meter Run	55-59 Male	Thomas	Loch	Dubuque	IA	M	59	03:06.5	3	Bronze	X
Track & Field - 800 Meter Run	55-59 Male	Robert	Hanish	Badger	IA	M	59	03:08.7	4		X
Track & Field - 800 Meter Run	60-64 Female	Joyce	Burch	Pella	IA	F	61	04:31.0	1	Gold	X
Track & Field - 800 Meter Run	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	07:00.0	2	Silver	X
Track & Field - 800 Meter Run	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	02:57.7	1	Gold	X
Track & Field - 800 Meter Run	60-64 Male	Paul	Ryan	De witt	IA	M	62	02:58.8	2	Silver	X
Track & Field - 800 Meter Run	60-64 Male	Brad	Ewest	Ankeny	IA	M	63	03:26.7	3	Bronze	X
Track & Field - 800 Meter Run	60-64 Male	Randy	Davis	Altoona	IA	M	60	03:37.0	4		X
Track & Field - 800 Meter Run	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	04:50.7	1	Gold	X

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2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - 800 Meter Run	65-69 Female	Shari	Hintermeister	North Liberty	IA	F	67	05:37.9	2	Silver	X
Track & Field - 800 Meter Run	65-69 Male	Mick	Snell	Hampton	IA	M	68	03:11.9	1	Gold	X
Track & Field - 800 Meter Run	65-69 Male	Larry	Hamm	Des Moines	IA	M	68	03:37.0	2	Silver	X
Track & Field - 800 Meter Run	65-69 Male	William	Jesse	Waukee	IA	M	66	03:40.7	3	Bronze	X
Track & Field - 800 Meter Run	65-69 Male	Denny	Adair	Osceola	IA	M	68	04:55.5	4		X
Track & Field - 800 Meter Run	75-79 Male	Ruben	Rullan	Urbandale	IA	M	75	04:55.6	1	Gold	X
Track & Field - 800 Meter Run	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	05:35.3	2	Silver	X
Track & Field - 800 Meter Run	75-79 Male	Eugene	Brown	Des Moines	IA	M	77	06:44.4	3	Bronze	X
Track & Field - 800 Meter Run	80-84 Male	Alvin	Ravenscroft	AMES	IA	M	83	05:05.0	1	Gold	X
Track & Field - Discus	50-54 Female	Jean	Dingeman	Pella	IA	F	52	30-08	1	Gold	X
Track & Field - Discus	50-54 Male	Todd	Davis	Omaha	NE	M	51	162-10	1	Gold	X
Track & Field - Discus	50-54 Male	Doug	Johanson	Grimes	IA	M	53	120-06	1	Gold	X
Track & Field - Discus	50-54 Male	Wayne	Schope	Eagle Grove	IA	M	53	110-04.50	2	Silver	X
Track & Field - Discus	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	69-00	3	Bronze	X
Track & Field - Discus	55-59 Male	Dennis	Lehr	Orion	IL	M	56	92-00	1	Gold	X
Track & Field - Discus	55-59 Male	Jim	Harpole	Newhall	IA	M	57	91-08	1	Gold	X
Track & Field - Discus	60-64 Female	Kay	Glynn	Hastings	IA	F	63	62-08	1	Gold	X
Track & Field - Discus	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	59-06.50	2	Silver	X
Track & Field - Discus	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	50-01	3	Bronze	X
Track & Field - Discus	60-64 Female	Joyce	Burch	Pella	IA	F	61	36-04	4		X
Track & Field - Discus	60-64 Male	David	Brandt	Sprague	NE	M	62	117-10.50	1	Gold	X
Track & Field - Discus	60-64 Male	Gail	Davis	Waukee	IA	M	64	87-02	1	Gold	X
Track & Field - Discus	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	85-00	2	Silver	X
Track & Field - Discus	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	73-01	3	Bronze	X
Track & Field - Discus	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	63-01	1	Gold	X
Track & Field - Discus	65-69 Male	Michael	Venekamp	sioux falls	SD	M	68	128-05	1	Gold	X
Track & Field - Discus	65-69 Male	Larry	Henson	Olathe	KS	M	69	99-06	2	Silver	X
Track & Field - Discus	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	94-03	1	Gold	X
Track & Field - Discus	65-69 Male	David	Walford	Urbandale	IA	M	69	85-02	2	Silver	X
Track & Field - Discus	65-69 Male	greg	Eastman	des moines	IA	M	69	79-03	3	Bronze	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Discus	65-69 Male	James	Castelblanco	Des Moines	IA	M	68	56-02	4		X
Track & Field - Discus	70-74 Male	Tony	Toigo	Indianola	IA	M	70	85-05	1	Gold	X
Track & Field - Discus	70-74 Male	Ron	Peterson	Waukee	IA	M	72	85-03.50	2	Silver	X
Track & Field - Discus	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	61-04	3	Bronze	X
Track & Field - Discus	70-74 Male	Skip	Hills	Altoona	IA	M	71	58-10	4		X
Track & Field - Discus	70-74 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	73	38-00	5		
Track & Field - Discus	70-74 Male	Pranbir	Bhatnagar	West Des Moines	IA	M	70	31-00	6		
Track & Field - Discus	75-79 Female	Sharon	Powell	Urbandale	IA	F	76	26-01	1	Gold	X
Track & Field - Discus	75-79 Male	Ronald	Stoutenberg	pleasant Hill	IA	M	75	55-09	1	Gold	X
Track & Field - Discus	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	54-04	2	Silver	X
Track & Field - Discus	80-84 Male	carroll	marty	ames	IA	M	82	60-09	1	Gold	X
Track & Field - Discus	80-84 Male	Bill	Park	Muscatine	IA	M	83	53-07	2	Silver	X
Track & Field - Discus	80-84 Male	Dick	Hekl	Omaha	NE	M	83	36-09	3	Bronze	X
Track & Field - Discus	85-89 Female	Nancy	Baker	Clive	IA	F	85	30-03	1	Gold	X
Track & Field - Discus	85-89 Male	Vic	Durchholz	Peoria	IL	M	87	55-04	1	Gold	X
Track & Field - Discus	85-89 Male	Bart	Young	Indianola	IA	M	85	48-07.50	1	Gold	X
Track & Field - High Jump	50-54 Male	Tom	Shide	Urbandale	IA	M	53	4-08.00	1	Gold	X
Track & Field - High Jump	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	3-00.00	2	Silver	X
Track & Field - High Jump	55-59 Male	Mark	Roberts	Cedar Falls	IA	M	57	5-00.00	1	Gold	X
Track & Field - High Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	56	4-08.00	2	Silver	X
Track & Field - High Jump	55-59 Male	David	Wilson	GARRISON	IA	M	59	4-06.00	2	Silver	X
Track & Field - High Jump	55-59 Male	Randal	StLouis	Franklin	WI	M	57	4-06.00	4		X
Track & Field - High Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	4-04.00	3	Bronze	X
Track & Field - High Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	63	3-08.00	1	Gold	X
Track & Field - High Jump	60-64 Male	David	Brandt	Sprague	NE	M	62	4-08.00	1	Gold	X
Track & Field - High Jump	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	4-04.00	1	Gold	X
Track & Field - High Jump	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	4-02.00	2	Silver	X
Track & Field - High Jump	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	4-01.00	1	Gold	X
Track & Field - High Jump	65-69 Male	Gene	Iwen	Columbus	NE	M	66	3-10.00	2	Silver	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - High Jump	65-69 Male	Keevan	Morgan	Wilmette	IL	M	66	3-02.00	3	Bronze	X
Track & Field - High Jump	70-74 Male	Ron	Peterson	Waukee	IA	M	72	4-00.00	1	Gold	X
Track & Field - High Jump	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	3-06.00	2	Silver	X
Track & Field - High Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	3-02.00	1	Gold	X
Track & Field - High Jump	75-79 Male	Gary	Smidt	Ankeny	IA	M	79	3-02.00	2	Silver	X
Track & Field - High Jump	80-84 Male	Martin	Tangora	Chicago	IL	M	80	3-04.00	1	Gold	X
Track & Field - Javelin	50-54 Female	Rebecca	Yoxall	Minneapolis	KS	F	51	54-01	1	Gold	X
Track & Field - Javelin	50-54 Female	Jody	Walter	Des Moines	IA	F	54	49-10	1	Gold	X
Track & Field - Javelin	50-54 Male	matthew	gottlieb	Des Moines	IA	M	53	134-02	1	Gold	X
Track & Field - Javelin	50-54 Male	Kelly	Yoxall	Minneapolis	KS	M	51	121-09	2	Silver	X
Track & Field - Javelin	50-54 Male	Tom	Shide	Urbandale	IA	M	53	97-08	2	Silver	X
Track & Field - Javelin	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	59-10	3	Bronze	X
Track & Field - Javelin	55-59 Male	Doug	Roby	sioux falls	SD	M	56	130-08	1	Gold	X
Track & Field - Javelin	55-59 Male	Dennis	Lehr	Orion	IL	M	56	99-09	2	Silver	X
Track & Field - Javelin	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	97-09	1	Gold	X
Track & Field - Javelin	55-59 Male	David	Strege	Winterset	IA	M	58	58-11	2	Silver	X
Track & Field - Javelin	60-64 Female	Kay	Glynn	Hastings	IA	F	63	58-02	1	Gold	X
Track & Field - Javelin	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	47-03	2	Silver	X
Track & Field - Javelin	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	44-09	3	Bronze	X
Track & Field - Javelin	60-64 Female	Rosanne	Ullman	Wilmette	IL	F	63	25-01	4		X
Track & Field - Javelin	60-64 Male	Dan	Mehlbrech	Crooks	SD	M	64	98-01	1	Gold	X
Track & Field - Javelin	60-64 Male	Gail	Davis	Waukee	IA	M	64	88-02	1	Gold	X
Track & Field - Javelin	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	78-04	2	Silver	X
Track & Field - Javelin	60-64 Male	Randy	Davis	Altoona	IA	M	60	53-10	3	Bronze	X
Track & Field - Javelin	60-64 Male	Robert	Donaldson	Burlington	IA	M	62	48-08	4		X
Track & Field - Javelin	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	60-11	1	Gold	X
Track & Field - Javelin	65-69 Female	Christine	Carroll	Urbandale	IA	F	67	28-08	1	Gold	X
Track & Field - Javelin	65-69 Male	Michael	Venekamp	sioux falls	SD	M	68	116-06	1	Gold	X
Track & Field - Javelin	65-69 Male	Keevan	Morgan	Wilmette	IL	M	66	97-11	2	Silver	X
Track & Field - Javelin	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	91-02	1	Gold	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Javelin	65-69 Male	James	Castelblanco	Des Moines	IA	M	68	38-10	2	Silver	X
Track & Field - Javelin	70-74 Male	Franc	Connor	Crossville	TN	M	74	76-01	1	Gold	X
Track & Field - Javelin	70-74 Male	Ron	Peterson	Waukee	IA	M	72	67-02	1	Gold	X
Track & Field - Javelin	70-74 Male	James	Zohrer	West Des Moines	IA	M	71	65-07	2	Silver	X
Track & Field - Javelin	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	52-07	3	Bronze	X
Track & Field - Javelin	70-74 Male	Pranbir	Bhatnagar	West Des Moines	IA	M	70	40-08	4		X
Track & Field - Javelin	70-74 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	73	40-08	5		
Track & Field - Javelin	75-79 Female	Carol	Linderman	Clive	IA	F	79	34-03	1	Gold	X
Track & Field - Javelin	75-79 Female	Sharon	Powell	Urbandale	IA	F	76	21-03	2	Silver	X
Track & Field - Javelin	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	78-11	1	Gold	X
Track & Field - Javelin	75-79 Male	Ronald	Stoutenberg	pleasant Hill	IA	M	75	74-08	2	Silver	X
Track & Field - Javelin	80-84 Male	Bill	Park	Muscatine	IA	M	83	51-06	1	Gold	X
Track & Field - Javelin	85-89 Male	Bart	Young	Indianola	IA	M	85	42-07	1	Gold	X
Track & Field - Long Jump	50-54 Female	Mindy	Blasberg	Des Moines	IA	F	51	12-00.75	1	Gold	X
Track & Field - Long Jump	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	6-06.00	2	Silver	X
Track & Field - Long Jump	50-54 Female	Jean	Dingeman	Pella	IA	F	52	6-01.00	3	Bronze	X
Track & Field - Long Jump	50-54 Male	Tom	Shide	Urbandale	IA	M	53	12-10.00	1	Gold	X
Track & Field - Long Jump	50-54 Male	Julius	Davis	Fridley	MN	M	54	11-04.75	2	Silver	X
Track & Field - Long Jump	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	8-02.50	2	Silver	X
Track & Field - Long Jump	55-59 Female	Deb	Olson	Trimont	MN	F	55	13-05.00	1	Gold	X
Track & Field - Long Jump	55-59 Female	Laurie	Lartz	Bettendorf	IA	F	56	8-07.75	1	Gold	X
Track & Field - Long Jump	55-59 Male	David	Roberts	Boone	IA	M	59	14-09.50	1	Gold	X
Track & Field - Long Jump	55-59 Male	David	Olsgaard	Indianola	IA	M	57	13-10.00	2	Silver	X
Track & Field - Long Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	56	13-05.00	3	Bronze	X
Track & Field - Long Jump	55-59 Male	Randal	StLouis	Franklin	WI	M	57	13-01.50	4		X
Track & Field - Long Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	13-00.25	3	Bronze	X
Track & Field - Long Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	63	8-10.50	1	Gold	X
Track & Field - Long Jump	60-64 Female	Joyce	Burch	Pella	IA	F	61	7-05.50	2	Silver	X
Track & Field - Long Jump	60-64 Female	Neelam	Bhatnagar	West Des Moines	IA	F	61	6-05.50	3	Bronze	X
Track & Field - Long Jump	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	5-07.50	4		X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Long Jump	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	3-07.50	5		
Track & Field - Long Jump	60-64 Male	Bob	Bisenius	Johnston	IA	M	60	14-01.50	1	Gold	X
Track & Field - Long Jump	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	13-06.00	2	Silver	X
Track & Field - Long Jump	60-64 Male	David	Brandt	Sprague	NE	M	62	12-09.25	3	Bronze	X
Track & Field - Long Jump	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	12-01.00	3	Bronze	X
Track & Field - Long Jump	60-64 Male	Gail	Davis	Waukee	IA	M	64	11-07.50	4		X
Track & Field - Long Jump	60-64 Male	Larry	Price	Belton	TX	M	62	11-07.50	6		
Track & Field - Long Jump	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	7-11.25	1	Gold	X
Track & Field - Long Jump	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	7-04.00	2	Silver	X
Track & Field - Long Jump	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	6-00.00	1	Gold	X
Track & Field - Long Jump	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	12-00.75	1	Gold	X
Track & Field - Long Jump	65-69 Male	Keevan	Morgan	Wilmette	IL	M	66	11-03.00	2	Silver	X
Track & Field - Long Jump	65-69 Male	greg	Eastman	des moines	IA	M	69	10-01.00	2	Silver	X
Track & Field - Long Jump	70-74 Male	James	Zohrer	West Des Moines	IA	M	71	10-10.00	1	Gold	X
Track & Field - Long Jump	70-74 Male	Ron	Peterson	Waukee	IA	M	72	10-04.00	2	Silver	X
Track & Field - Long Jump	70-74 Male	gary	graber	Des Moines	IA	M	70	9-01.00	3	Bronze	X
Track & Field - Long Jump	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	7-06.50	4		X
Track & Field - Long Jump	75-79 Female	Shirley	Sprague	BERWICK	IA	F	75	4-10.50	1	Gold	X
Track & Field - Long Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	7-09.00	1	Gold	X
Track & Field - Long Jump	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	6-08.25	2	Silver	X
Track & Field - Long Jump	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	3-02.50	1	Gold	X
Track & Field - Long Jump	80-84 Male	Martin	Tangora	Chicago	IL	M	80	8-10.75	1	Gold	X
Track & Field - Long Jump	80-84 Male	Jerry	Anderson	Ellsworth	WI	M	80	7-04.00	2	Silver	X
Track & Field - Shot Put	50-54 Female	Jean	Dingeman	Pella	IA	F	52	19-07.00	1	Gold	X
Track & Field - Shot Put	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	18-03.00	2	Silver	X
Track & Field - Shot Put	50-54 Male	Doug	Johanson	Grimes	IA	M	53	35-01.00	1	Gold	X
Track & Field - Shot Put	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	27-06.00	2	Silver	X
Track & Field - Shot Put	55-59 Female	Debbi	Cooper	Ankeny	IA	F	59	18-00.25	1	Gold	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Shot Put	55-59 Male	Doug	Roby	sioux falls	SD	M	56	36-03.00	1	Gold	X
Track & Field - Shot Put	55-59 Male	David	Strege	Winterset	IA	M	58	32-02.00	1	Gold	X
Track & Field - Shot Put	55-59 Male	Dennis	Lehr	Orion	IL	M	56	31-09.00	3	Bronze	X
Track & Field - Shot Put	55-59 Male	Jeff	McLain	St. Charles	IA	M	58	31-08.50	2	Silver	X
Track & Field - Shot Put	55-59 Male	Jim	Harpole	Newhall	IA	M	57	28-08.50	3	Bronze	X
Track & Field - Shot Put	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	25-07.00	1	Gold	X
Track & Field - Shot Put	60-64 Female	Kay	Glynn	Hastings	IA	F	63	24-04.00	2	Silver	X
Track & Field - Shot Put	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	20-00.25	3	Bronze	X
Track & Field - Shot Put	60-64 Female	Joyce	Burch	Pella	IA	F	61	14-06.00	4		X
Track & Field - Shot Put	60-64 Male	David	Brandt	Sprague	NE	M	62	41-11.00	1	Gold	X
Track & Field - Shot Put	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	30-08.00	1	Gold	X
Track & Field - Shot Put	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	29-00.00	2	Silver	X
Track & Field - Shot Put	60-64 Male	Gail	Davis	Waukee	IA	M	64	27-05.50	3	Bronze	X
Track & Field - Shot Put	60-64 Male	Chuck	Ward	Urbandale	IA	M	64	23-06.50	4		X
Track & Field - Shot Put	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	23-02.25	1	Gold	X
Track & Field - Shot Put	65-69 Female	Christine	Carroll	Urbandale	IA	F	67	18-05.75	1	Gold	X
Track & Field - Shot Put	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	14-07.50	2	Silver	X
Track & Field - Shot Put	65-69 Male	Michael	Venekamp	sioux falls	SD	M	68	32-10.50	1	Gold	X
Track & Field - Shot Put	65-69 Male	David	Walford	Urbandale	IA	M	69	28-07.00	1	Gold	X
Track & Field - Shot Put	65-69 Male	greg	Eastman	des moines	IA	M	69	27-05.50	2	Silver	X
Track & Field - Shot Put	65-69 Male	Charles	Lynch	Iowa City	IA	M	69	26-11.00	3	Bronze	X
Track & Field - Shot Put	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	26-05.75	4		X
Track & Field - Shot Put	65-69 Male	James	Castelblanco	Des Moines	IA	M	68	26-00.50	5		
Track & Field - Shot Put	70-74 Male	Tony	Toigo	Indianola	IA	M	70	32-00.00	1	Gold	X
Track & Field - Shot Put	70-74 Male	Ron	Peterson	Waukee	IA	M	72	29-01.50	2	Silver	X
Track & Field - Shot Put	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	28-06.25	3	Bronze	X
Track & Field - Shot Put	70-74 Male	Skip	Hills	Altoona	IA	M	71	22-09.50	4		X
Track & Field - Shot Put	75-79 Female	Carol	Linderman	Clive	IA	F	79	14-01.50	1	Gold	X
Track & Field - Shot Put	75-79 Female	Sharon	Powell	Urbandale	IA	F	76	12-06.00	2	Silver	X
Track & Field - Shot Put	75-79 Male	lou	davidson	adel	IA	M	75	29-05.00	1	Gold	X
Track & Field - Shot Put	75-79 Male	Gary	Smidt	Ankeny	IA	M	79	24-04.50	2	Silver	X
Track & Field - Shot Put	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	23-06.00	3	Bronze	X
Track & Field - Shot Put	75-79 Male	Ralph	Pantoga	West Des Moines	IA	M	76	19-08.25	4		X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Shot Put	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	10-04.75	1	Gold	X
Track & Field - Shot Put	80-84 Male	Jerry	Anderson	Ellsworth	WI	M	80	28-11.00	1	Gold	X
Track & Field - Shot Put	80-84 Male	carroll	marty	ames	IA	M	82	28-01.00	1	Gold	X
Track & Field - Shot Put	80-84 Male	Bill	Park	Muscatine	IA	M	83	23-03.00	2	Silver	X
Track & Field - Shot Put	80-84 Male	Dick	Hekl	Omaha	NE	M	83	20-07.00	4		X
Track & Field - Shot Put	85-89 Male	Vic	Durchholz	Peoria	IL	M	87	23-06.75	1	Gold	X
Track & Field - Shot Put	85-89 Male	Bart	Young	Indianola	IA	M	85	20-00.25	1	Gold	X
Track & Field - Standing Long Jump	50-54 Female	Jennifer	Shide	Urbandale	IA	F	50	5-2.75	1	Gold	
Track & Field - Standing Long Jump	50-54 Female	Jody	Walter	Des Moines	IA	F	54	4-11.5	2	Silver	
Track & Field - Standing Long Jump	50-54 Female	Jean	Dingeman	Pella	IA	F	52	4-9.25	3	Bronze	
Track & Field - Standing Long Jump	50-54 Male	Julius	Davis	Fridley	MN	M	54	7-7.75	1	Gold	
Track & Field - Standing Long Jump	50-54 Male	Tom	Shide	Urbandale	IA	M	53	7-1.00	1	Gold	
Track & Field - Standing Long Jump	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	6-2.00	2	Silver	
Track & Field - Standing Long Jump	55-59 Female	Deb	Olson	Trimont	MN	F	55	7-0.25	1	Gold	
Track & Field - Standing Long Jump	55-59 Female	Laurie	Lartz	Bettendorf	IA	F	56	5-4.75	1	Gold	
Track & Field - Standing Long Jump	55-59 Male	David	Roberts	Boone	IA	M	59	8-6.00	1	Gold	
Track & Field - Standing Long Jump	55-59 Male	David	Strege	Winterset	IA	M	58	8-3.00	2	Silver	
Track & Field - Standing Long Jump	55-59 Male	Randal	StLouis	Franklin	WI	M	57	8-1.75	3	Bronze	
Track & Field - Standing Long Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	7-8.25	3	Bronze	
Track & Field - Standing Long Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	56	7-5.75	5		
Track & Field - Standing Long Jump	55-59 Male	Doug	Roby	sioux falls	SD	M	56	7-1.00	6		
Track & Field - Standing Long Jump	60-64 Female	Paula	Schultz	Indianola	IA	F	63	5-3.75	1	Gold	
Track & Field - Standing Long Jump	60-64 Female	Joyce	Burch	Pella	IA	F	61	5-2.75	2	Silver	
Track & Field - Standing Long Jump	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	4-8.75	3	Bronze	
Track & Field - Standing Long Jump	60-64 Female	Rosanne	Ullman	Wilmette	IL	F	63	3-8.5	4		
Track & Field - Standing Long Jump	60-64 Female	Neelam	Bhatnagar	West Des Moines	IA	F	61	3-5.00	4		
Track & Field - Standing Long Jump	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	3-3.00	5		
Track & Field - Standing Long Jump	60-64 Male	David	Brandt	Sprague	NE	M	62	8-0.25	1	Gold	
Track & Field - Standing Long Jump	60-64 Male	Gail	Davis	Waukee	IA	M	64	7-5.75	1	Gold	
Track & Field - Standing Long Jump	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	7-3.75	2	Silver	
Track & Field - Standing Long Jump	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	7-1.5	3	Bronze	

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Standing Long Jump	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	6-10.25	4		
Track & Field - Standing Long Jump	60-64 Male	Brad	Ewest	Ankeny	IA	M	63	5-7.75	5		
Track & Field - Standing Long Jump	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	5-3.75	1	Gold	
Track & Field - Standing Long Jump	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	5-1.5	2	Silver	
Track & Field - Standing Long Jump	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	4-3.75	1	Gold	
Track & Field - Standing Long Jump	65-69 Male	Randy	Schuh	Des Moines	IA	M	68	7-5.75	1	Gold	
Track & Field - Standing Long Jump	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	6-10.25	2	Silver	
Track & Field - Standing Long Jump	65-69 Male	Gene	Iwen	Columbus	NE	M	66	6-10.25	3	Bronze	
Track & Field - Standing Long Jump	65-69 Male	Michael	Venekamp	sioux falls	SD	M	68	6-10.00	4		
Track & Field - Standing Long Jump	65-69 Male	Keevan	Morgan	Wilmette	IL	M	66	6-6.00	5		
Track & Field - Standing Long Jump	65-69 Male	James	Castelblanco	Des Moines	IA	M	68	3-1.5	3	Bronze	
Track & Field - Standing Long Jump	70-74 Female	Phyllis	Weeda	Des Moines	IA	F	72	3-3.00	1	Gold	
Track & Field - Standing Long Jump	70-74 Male	Ron	Peterson	Waukee	IA	M	72	6-5.25	1	Gold	
Track & Field - Standing Long Jump	70-74 Male	James	Zohrer	West Des Moines	IA	M	71	6-3.25	2	Silver	
Track & Field - Standing Long Jump	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	5-3.5	3	Bronze	
Track & Field - Standing Long Jump	70-74 Male	David	Brown	Des Moines	IA	M	70	3-11.00	4		
Track & Field - Standing Long Jump	75-79 Female	Shirley	Sprague	BERWICK	IA	F	75	3-1.00	1	Gold	
Track & Field - Standing Long Jump	75-79 Male	Al	Matheis	kankakee	IL	M	78	5-11.00	1	Gold	
Track & Field - Standing Long Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	5-7.00	1	Gold	
Track & Field - Standing Long Jump	75-79 Male	Ronald	Stoutenberg	pleasant Hill	IA	M	75	5-6.25	2	Silver	
Track & Field - Standing Long Jump	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	4-10.75	3	Bronze	
Track & Field - Standing Long Jump	75-79 Male	Gary	Smidt	Ankeny	IA	M	79	4-10.25	4		
Track & Field - Standing Long Jump	80-84 Female	Carolyn	Dodd	Des Moines	IA	F	84	2-10.25	1	Gold	
Track & Field - Standing Long Jump	80-84 Male	Jerry	Anderson	Ellsworth	WI	M	80	5-7.5	1	Gold	
Track & Field - Standing Long Jump	80-84 Male	Don	Zimmer	West Des Moines	IA	M	82	5-6.5	1	Gold	
Track & Field - Standing Long Jump	80-84 Male	Martin	Tangora	Chicago	IL	M	80	4-7.5	3	Bronze	
Track & Field - Triple Jump	50-54 Male	Tom	Shide	Urbandale	IA	M	53	28-05.00	1	Gold	X
Track & Field - Triple Jump	50-54 Male	Edward	Billings	Storm Lake	IA	M	52	15-11.00	2	Silver	X
Track & Field - Triple Jump	55-59 Female	Laurie	Lartz	Bettendorf	IA	F	56	20-11.00	1	Gold	X

Record performances are highlighted in yellow

2016 Iowa Senior Games Track Field Results
Waukee High School Track, Waukee, IA

Track & Field - Triple Jump	55-59 Male	Dennis	Lehr	Orion	IL	M	56	28-08.25	1	Gold	X
Track & Field - Triple Jump	55-59 Male	Jeff	Pfundheller	Urbandale	IA	M	55	28-01.00	1	Gold	X
Track & Field - Triple Jump	60-64 Female	Kay	Glynn	Hastings	IA	F	63	20-10.75	1	Gold	X
Track & Field - Triple Jump	60-64 Female	Rhonda	Penquite	Cumming	IA	F	60	14-08.00	2	Silver	X
Track & Field - Triple Jump	60-64 Female	Carole	Rowland	PLEASANTVILLE	IA	F	64	9-02.00	3	Bronze	X
Track & Field - Triple Jump	60-64 Male	Dan	Mehlbrech	Crooks	SD	M	64	30-01.00	1	Gold	X
Track & Field - Triple Jump	60-64 Male	Keith	Dahlstrom	Cedar Falls	IA	M	61	26-06.00	1	Gold	X
Track & Field - Triple Jump	60-64 Male	Larry	Price	Belton	TX	M	62	26-02.00	3	Bronze	X
Track & Field - Triple Jump	60-64 Male	Steve	Schuette	Iowa City	IA	M	60	25-06.00	2	Silver	X
Track & Field - Triple Jump	60-64 Male	David	Brandt	Sprague	NE	M	62	23-09.00	5		
Track & Field - Triple Jump	60-64 Male	Joe	Bohlke	Des Moines	IA	M	61	19-08.25	3	Bronze	X
Track & Field - Triple Jump	60-64 Male	Randy	Davis	Altoona	IA	M	60	17-07.75	4		X
Track & Field - Triple Jump	65-69 Female	Coralyn	Feeney	East Moline	IL	F	65	20-00.00	1	Gold	X
Track & Field - Triple Jump	65-69 Female	Neva	Weisskopf	Lehigh Acres	FL	F	68	16-00.00	2	Silver	X
Track & Field - Triple Jump	65-69 Female	Linda	Sowers	Ankeny	IA	F	67	13-01.75	1	Gold	X
Track & Field - Triple Jump	65-69 Male	Gene	Iwen	Columbus	NE	M	66	23-10.25	1	Gold	X
Track & Field - Triple Jump	65-69 Male	Rod	Speidel	Bettendorf	IA	M	67	21-09.00	1	Gold	X
Track & Field - Triple Jump	70-74 Male	Ron	Peterson	Waukee	IA	M	72	21-05.75	1	Gold	X
Track & Field - Triple Jump	70-74 Male	James	Zohrer	West Des Moines	IA	M	71	19-03.50	2	Silver	X
Track & Field - Triple Jump	70-74 Male	Alan	Schenck	Clarinda	IA	M	70	17-02.75	3	Bronze	X
Track & Field - Triple Jump	75-79 Female	Shirley	Sprague	BERWICK	IA	F	75	11-03.00	1	Gold	X
Track & Field - Triple Jump	75-79 Male	Al	Matheis	kankakee	IL	M	78	19-07.25	1	Gold	X
Track & Field - Triple Jump	75-79 Male	Rich	Hoidahl	Johnston	IA	M	75	18-08.75	1	Gold	X
Track & Field - Triple Jump	80-84 Male	Martin	Tangora	Chicago	IL	M	80	19-01.75	1	Gold	X
Track & Field - Triple Jump	80-84 Male	Ken	Clark	Urbandale	IA	M	80	10-10.50	1	Gold	X

Record performances are highlighted in yellow