Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 500 Yard Freestyle	55-59 Female	Valerie	Hammond	Grinnell	IA	F	59	10:40.0	1	Gold
Swimming - 500 Yard Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	11:34.4	1	Gold
Swimming - 500 Yard Freestyle	50-54 Male	Paul	Eure	West Des Moines	IA	M	53	05:47.8	1	Gold
Swimming - 500 Yard Freestyle	65-69 Male	John	Hoeller	Davenport	IA	M	69	07:57.5	1	Gold
Swimming - 500 Yard Freestyle	75-79 Male	James	Carey	Clinton	IA	M	77	09:26.2	1	Gold
Swimming - 500 Yard Freestyle	80-84 Male	Buz	Brenton	Des Moines	IA	M	84	09:06.9	1	Gold
Swimming - 200 Yard IM	65-69 Male	John	Hoeller	Davenport	IA	M	69	03:41.3	1	Gold
Swimming - 200 Yard IM	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	04:15.1	1	Gold
Swimming - 200 Yard IM	75-79 Male	Craig	Walker	Redlands	CA	M	78	07:08.3	1	Gold
Swimming - 200 Yard IM	80-84 Male	David	Easterla	Maryville	MO	M	80	06:06.7	1	Gold
Swimming - 200 Yard Freestyle	55-59 Female	Tonya	Armstrong	Muscatine	IA	F	57	02:49.4	1	Gold
Swimming - 200 Yard Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	04:19.2	1	Gold
Swimming - 200 Yard Freestyle	50-54 Male	Dennis	Bennett	Norwalk	IA	М	52	01:55.8	1	Gold
Swimming - 200 Yard Freestyle	55-59 Male	Wayne	Huebener	lowa City	IA	М	56	02:17.3	1	Gold
Swimming - 200 Yard Freestyle	60-64 Male	Ted	Goudge	Maryville	MO	M	62	04:12.2	1	Gold
Swimming - 200 Yard Freestyle	65-69 Male	John	Hoeller	Davenport	IA	M	69	03:01.8	1	Gold
Swimming - 200 Yard Freestyle	75-79 Male	James	Carey	Clinton	IA	M	77	03:36.2	1	Gold

Swimming - 100 Yard Backstroke	55-59 Female	Tonya	Armstrong	Muscatine	IA	F	57	01:44.2	1 Gold
Swimming - 100 Yard Backstroke	50-54 Male	Paul	Eure	West Des Moines	IA	М	53	01:11.6	1 Gold
Swimming - 100 Yard Backstroke	65-69 Male	Norm	Bower	Davenport	IA	М	65	01:27.6	1 Gold
Swimming - 100 Yard Backstroke	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	М	66	01:29.5	2 Silve
Swimming - 100 Yard Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	02:13.2	1 Gold
Swimming - 100 Yard Backstroke	75-79 Male	Craig	Walker	Redlands	CA	M	78	02:45.3	1 Gold
Swimming - 50 Yard Breaststroke	60-64 Female	Amy	Groskopf	Davenport	IA	F	60	45.07	1 Gold
Swimming - 50 Yard Breaststroke	55-59 Male	David	Ross	Des Moines	IA	M	56	30.44	1 Gold
Swimming - 50 Yard Breaststroke	55-59 Male	Brian	McSpadden	Cedar Rapids	IA	M	56	37.6	2 Silve
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Swimming - 50 Yard Breaststroke	60-64 Male	Ted	Goudge	Maryville	MO	М	62	01:06.5	1 Gold
Swimming - 50 Yard Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	01:00.1	1 Gold
Swimming - 50 Yard Breaststroke	80-84 Male	David	Easterla	Maryville	MO	M	80	58.8	1 Gold
		Davia	Lasteria	iviar yvinc			00	50.0	1 0010
Swimming - 50 Yard Butterfly	50-54 Male	Joe	Barger	Cedar Rapids	IA	М	52	27.69	1 Gold
Swimming - 50 Yard Butterfly	55-59 Male	Wayne	Huebener	lowa City	IA	М	56	31.81	1 Gold
Swimming - 50 Yard Butterfly	65-69 Male	John	Hoeller	Davenport	IA	M	69	38.23	1 Gold
Swimming - 50 Yard Butterfly	65-69 Male	Norm	Bower	Davenport	IA	M		01:01.7	2 Silve
Swimming - 50 Yard Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	М	72	47.76	1 Gold
Swimming - 50 Yard Butterfly	80-84 Male	David	Easterla	Maryville	MO	M	80	01:33.3	1 Gold

Swimming - 4	00 Yard IM	50-54 Male	Paul	Eure	West Des Moines	IA	М	53	05:33.4	1 Gold
Swimming - 4	00 Yard IM	75-79 Male	Craig	Walker	Redlands	CA	M	78	15:56.0	1 Gold
Swimming - 4	00 Yard IM	80-84 Male	Buz	Brenton	Des Moines	IA	M	84	08:41.4	1 Gold
Swimming - 1	.00 Yard Freestyle	55-59 Female	Valerie	Hammond	Grinnell	IA	F	59	01:25.1	1 Gold
Swimming - 1	.00 Yard Freestyle	55-59 Female	Tonya	Armstrong	Muscatine	IA	F	57	01:45.1	2 Silver
Swimming - 1	.00 Yard Freestyle	65-69 Female	Joan	McCarthy	Bettendorf	IA	F	69	01:38.8	1 Gold
Swimming - 1	.00 Yard Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	01:59.3	1 Gold
Swimming - 1	.00 Yard Freestyle	50-54 Male	Dennis	Bennett	Norwalk	IA	M	52	51.47	1 Gold
Swimming - 1	.00 Yard Freestyle	55-59 Male	Brian	McSpadden	Cedar Rapids	IA	M	56	01:00.9	1 Gold
	.00 Yard Freestyle	55-59 Male	Dan	Bonthius	lowa City	IA	M		01:09.1	2 Silver
	.00 Yard Freestyle	55-59 Male	Mark	Bobbin	Toddville	IA	M		07:20.6	3 3
Swimming - 1	.00 Yard Freestyle	60-64 Male	Ted	Goudge	Maryville	MO	M	62	01:42.2	1 Gold
Swimming - 1	.00 Yard Freestyle	65-69 Male	Norm	Bower	Davenport	IA	M	65	01:18.8	1 Gold
	.00 Yard Freestyle	65-69 Male	John	Hoeller	Davenport	IA	М		01:43.2	2 Silver
Swimming - 1	.00 Yard Freestyle	70-74 Male	Steve	Buck	Amana	IA	M	71	02:14.6	1 Gold
Swimming - 1	.00 Yard Freestyle	75-79 Male	James	Carey	Clinton	IA	M	77	02:33.0	1 Gold
Swimming - 1	.00 Yard Breaststroke	60-64 Female	Amy	Groskopf	Davenport	IA	F	60	01:43.1	1 Gold
Swimming - 1	.00 Yard Breaststroke	55-59 Male	Wayne	Huebener	lowa City	IA	M	56	01:18.6	1 Gold
Swimming - 1	.00 Yard Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	02:14.5	1 Gold

Swimming -	- 100 Yard Breaststroke	80-84 Male	David	Easterla	Maryville	MO	М	80	02:32.7	1	Gold
Swimming -	- 50 Yard Backstroke	55-59 Female	Tonya	Armstrong	Muscatine	IA	F	57	49.7	1	Gold
Swimming -	- 50 Yard Backstroke	65-69 Female	Joan	McCarthy	Bettendorf	IA	F	69	54.63	1	Gold
Swimming -	- 50 Yard Backstroke	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	01:05.3	1	Gold
Swimming -	- 50 Yard Backstroke	50-54 Male	Joe	Barger	Cedar Rapids	IA	M	52	30.85	1	Gold
Swimming -	- 50 Yard Backstroke	50-54 Male	Paul	Eure	West Des Moines	IA	М	53	33.07	2	Silver
Swimming -	- 50 Yard Backstroke	55-59 Male	Brian	McSpadden	Cedar Rapids	IA	M	56	34.55	1	Gold
Swimming ·	- 50 Yard Backstroke	60-64 Male	Ted	Goudge	Maryville	MO	M	62	01:10.8	1	Gold
Swimming ·	- 50 Yard Backstroke	65-69 Male	Norm	Bower	Davenport	IA	M	65	38.84	1	Gold
	- 50 Yard Backstroke	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	М	66	40.88		Silver
Swimming -	- 50 Yard Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	57.47	1	Gold
Swimming -	- 50 Yard Backstroke	75-79 Male	James	Carey	Clinton	IA	M	77	50.6	1	Gold
_	- 50 Yard Backstroke	75-79 Male	Craig	Walker	Redlands	CA	М	78	01:12.0	2	Silver
Swimming -	- 50 Yard Backstroke	80-84 Male	David	Easterla	Maryville	МО	M	80	01:26.9	1	Gold
Swimming -	- 200 Yard Breaststroke	80-84 Male	David	Easterla	Maryville	MO	M	80	06:12.2	1	Gold
Swimming	100 Vord IM	60.64 Formalia	A 1991 /	Crackanf	Davaanart	1.0	F	60	01.42.7	1	Cold
- Swimming	- 100 Yard IM	60-64 Female	Amy	Groskopf	Davenport	IA	F	60	01:42.7	T	Gold
Swimming -	- 100 Yard IM	55-59 Male	Wayne	Huebener	Iowa City	IA	М	56	01:11.9	1	Gold
Swimming -	- 100 Yard IM	65-69 Male	John	Hoeller	Davenport	IA	M	69	01:34.3	1	Gold
Swimming -	- 100 Yard IM	65-69 Male	Norm	Bower	Davenport	IA	Μ	65	01:46.0	2	Silver

Swimming - 100 Yard IM	70-74 Male	Alan	Schenck	Clarinda	IA	Μ	72	02:28.6	1 Gold
Swimming - 100 Yard IM	75-79 Male	Craig	Walker	Redlands	CA	Μ	78	03:03.9	1 Gold
Swimming - 100 Yard IM	80-84 Male	David	Easterla	Maryville	МО	М	80	03:06.7	1 Gold
Swimming - 50 Yard Freestyle	55-59 Female	Valerie	Hammond	Grinnell	IA	F	59	39.56	1 Gold
Swimming - 50 Yard Freestyle	55-59 Female	Tonya	Armstrong	Muscatine	IA	F	57	45.6	2 Silver
Swimming - 50 Yard Freestyle	60-64 Female	Amy	Groskopf	Davenport	IA	F	60	54.34	1 Gold
Swimming - 50 Yard Freestyle	65-69 Female	Joan	McCarthy	Bettendorf	IA	F	69	45.01	1 Gold
Swimming - 50 Yard Freestyle	85-89 Female	Ruth	Johnson	Davenport	IA	F	85	54.34	1 Gold
Swimming - 50 Yard Freestyle	50-54 Male	Dennis	Bennett	Norwalk	IA	M	52	23.67	1 Gold
Swimming - 50 Yard Freestyle	50-54 Male	Joe	Barger	Cedar Rapids	IA	М	52	27.38	2 Silver
Swimming - 50 Yard Freestyle	55-59 Male	Brian	McSpadden	Cedar Rapids	IA	M	56	27.05	1 Gold
Swimming - 50 Yard Freestyle	55-59 Male	Mark	Bobbin	Toddville	IA	М	58	31.41	2 Silver
Swimming - 50 Yard Freestyle	60-64 Male	Ted	Goudge	Maryville	МО	М	62	42.95	1 Gold
Swimming - 50 Yard Freestyle	65-69 Male	John	Hoeller	Davenport	IA	M	69	32.17	1 Gold
Swimming - 50 Yard Freestyle	65-69 Male	Norm	Bower	Davenport	IA	М	65	35.22	2 Silver
Swimming - 50 Yard Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	42.46	1 Gold
Swimming - 50 Yard Freestyle	70-74 Male	Steve	Buck	Amana	IA	М	71	52.92	2 Silver
Swimming - 50 Yard Freestyle	75-79 Male	James	Carey	Clinton	IA	M	77	41.12	1 Gold
Swimming - 50 Yard Freestyle	80-84 Male	David	Easterla	Maryville	MO	М	80	53.14	1 Gold
Swimming - 200 Yard Backstroke	50-54 Male	Paul	Eure	West Des Moines	IA	M	53	02:30.1	1 Gold

Swimming - 200 Yard Backstroke	55-59 Male	David	Ross	Des Moines	IA	Μ	56	02:17.7	1	Gold
Swimming - 200 Yard Backstroke	65-69 Male	Glenn	Prochaska	Cedar Rapids	IA	М	66	03:19.8	1	Gold
Swimming - 200 Yard Backstroke	65-69 Male	Norm	Bower	Davenport	IA	Μ	65	03:38.3	2	Silver
Swimming - 200 Yard Backstroke	75-79 Male	Craig	Walker	Redlands	CA	Μ	78	06:43.3	1	Gold