

2016 Iowa Senior Games Swim Meet Results  
West Des Moines Valley High School Pool, West Des Moines, IA

Event	Age Group	First Name	Last Name	Age	City	State	Gender	Result	Place	Medal
Swimming - 500 Freestyle	50-54 Female	Jean	Dingeman	52	Pella	IA	F	09:27.7	1	Gold
Swimming - 500 Freestyle	55-59 Female	Ann	Kealy	57	Marion	IA	F	07:38.6	1	Gold
Swimming - 500 Freestyle	60-64 Female	Cindy	Hauber	63	Ames	IA	F	07:57.6	1	Gold
Swimming - 500 Freestyle	60-64 Female	Theresa	Carr	61	Ottumwa	IA	F	07:58.7	2	Silver
Swimming - 500 Freestyle	60-64 Female	Joyce	Burch	61	Pella	IA	F	11:41.1	3	Bronze
Swimming - 500 Freestyle	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	17:24.4	4	
Swimming - 500 Freestyle	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	07:59.1	1	Gold
Swimming - 500 Freestyle	75-79 Female	Ann	Smith	77	Chicago	IL	F	14:51.9	1	Gold
Swimming - 500 Freestyle	50-54 Male	Davin	Roberts	50	West Des Moines	IA	M	09:31.7	1	Gold
Swimming - 500 Freestyle	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	06:14.2	1	Gold
Swimming - 500 Freestyle	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	06:09.3	1	Gold
Swimming - 500 Freestyle	70-74 Male	Rich	Collins	73	Urbandale	IA	M	09:10.4	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	14:47.6	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ruben	Rullan	75	Urbandale	IA	M	17:04.3	1	Gold
Swimming - 200 I.M.	55-59 Female	Debbie	Fisk	59	Waukee	IA	F	03:19.9	1	Gold
Swimming - 200 I.M.	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	03:31.2	1	Gold
Swimming - 200 I.M.	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	02:39.8	1	Gold
Swimming - 200 I.M.	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	03:12.5	1	Gold
Swimming - 200 I.M.	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	04:08.2	1	Gold

Record performances are highlighted in yellow

2016 Iowa Senior Games Swim Meet Results  
West Des Moines Valley High School Pool, West Des Moines, IA

Swimming - 200 Freestyle	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	03:02.0	1	Gold
Swimming - 200 Freestyle	50-54 Female	Jean	Dingeman	52	Pella	IA	F	03:37.8	2	Silver
Swimming - 200 Freestyle	55-59 Female	Ann	Kealy	57	Marion	IA	F	02:45.4	1	Gold
Swimming - 200 Freestyle	55-59 Female	Ann	Emmrich	59	Plainfield	IL	F	02:58.5	2	Silver
Swimming - 200 Freestyle	60-64 Female	Cindy	Hauber	63	Ames	IA	F	02:59.5	1	Gold
Swimming - 200 Freestyle	60-64 Female	Joyce	Burch	61	Pella	IA	F	04:15.6	2	Silver
Swimming - 200 Freestyle	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	05:50.9	3	Bronze
Swimming - 200 Freestyle	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	03:28.2	1	Gold
Swimming - 200 Freestyle	75-79 Female	Ann	Smith	77	Chicago	IL	F	06:26.6	1	Gold
Swimming - 200 Freestyle	50-54 Male	Dennis	Bennett	50	Norwalk	IA	M	02:03.6	1	Gold
Swimming - 200 Freestyle	50-54 Male	Eric	Wortman	52	Iowa City	IA	M	03:04.5	2	Silver
Swimming - 200 Freestyle	50-54 Male	Davin	Roberts	50	West Des Moines	IA	M	03:31.5	3	Bronze
Swimming - 200 Freestyle	55-59 Male	David	Wells	57	Omaha	NE	M	02:07.0	1	Gold
Swimming - 200 Freestyle	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	02:15.7	1	Gold
Swimming - 200 Freestyle	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	02:17.3	1	Gold
Swimming - 200 Freestyle	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	03:19.8	1	Gold
Swimming - 200 Freestyle	70-74 Male	Rich	Collins	73	Urbandale	IA	M	03:24.4	1	Gold
Swimming - 200 Freestyle	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	05:44.4	1	Gold
Swimming - 200 Freestyle	75-79 Male	Ruben	Rullan	75	Urbandale	IA	M	06:26.6	1	Gold
Swimming - 100 Backstroke	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	01:38.9	1	Gold
Swimming - 100 Backstroke	50-54 Female	Jean	Dingeman	52	Pella	IA	F	02:13.0	2	Silver

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2016 Iowa Senior Games Swim Meet Results  
West Des Moines Valley High School Pool, West Des Moines, IA

Swimming - 100 Backstroke	55-59 Female	Ann	Kealy	57	Marion	IA	F	01:31.6	1	Gold
Swimming - 100 Backstroke	55-59 Female	Dannette	Botts	58	Newton	IA	F	02:07.3	2	Silver
Swimming - 100 Backstroke	60-64 Female	Cindy	Hauber	63	Ames	IA	F	01:34.8	1	Gold
Swimming - 100 Backstroke	60-64 Female	Joyce	Burch	61	Pella	IA	F	01:58.3	2	Silver
Swimming - 100 Backstroke	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	04:19.6	3	Bronze
Swimming - 100 Backstroke	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	01:30.7	1	Gold
Swimming - 100 Backstroke	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	01:58.9	1	Gold
Swimming - 100 Backstroke	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	02:33.7	2	Silver
Swimming - 100 Backstroke	75-79 Female	Ann	Smith	77	Chicago	IL	F	04:01.4	1	Gold
Swimming - 100 Backstroke	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	01:14.3	1	Gold
Swimming - 100 Backstroke	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	01:12.3	1	Gold
Swimming - 100 Backstroke	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	01:19.5	1	Gold
Swimming - 100 Backstroke	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	01:37.9	1	Gold
Swimming - 100 Backstroke	65-69 Male	Richard	Rounds	69	Boone	IA	M	03:28.5	2	Silver
Swimming - 100 Backstroke	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	02:03.0	1	Gold
Swimming - 100 Backstroke	75-79 Male	Roger	Wertanen	76	Peterson	MN	M	02:41.1	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	03:19.2	2	Silver
Swimming - 100 Backstroke	80-84 Male	Dick	Hekl	83	Omaha	NE	M	03:09.6	1	Gold
Swimming - 100 Backstroke	90-94 Male	Robert	Severance	90	Beloit	KS	M	03:30.8	1	Gold
Swimming - 100 Butterfly	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	01:15.8	1	Gold
Swimming - 100 Butterfly	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	01:09.4	1	Gold

Record performances are highlighted in yellow

2016 Iowa Senior Games Swim Meet Results  
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Swimming - 50 Breaststroke	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	53.1	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	53.01	1	Gold
Swimming - 50 Breaststroke	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	38.37	1	Gold
Swimming - 50 Breaststroke	55-59 Male	Steven	Jones	58	Des Moines	IA	M	39.04	2	Silver
Swimming - 50 Breaststroke	55-59 Male	Chris	Benda	56	Gilbert	IA	M	47.63	3	Bronze
Swimming - 50 Breaststroke	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	53.06	1	Gold
Swimming - 50 Breaststroke	65-69 Male	James	Castelblanco	68	Des Moines	IA	M	58.88	2	Silver
Swimming - 50 Breaststroke	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	56.25	1	Gold
Swimming - 50 Breaststroke	80-84 Male	Dick	Hekl	83	Omaha	NE	M	01:45.1	1	Gold
Swimming - 50 Breaststroke	90-94 Male	Robert	Severance	90	Beloit	KS	M	02:10.1	1	Gold
Swimming - 50 Butterfly	55-59 Female	Debbie	Fisk	59	Waukee	IA	F	37.45	1	Gold
Swimming - 50 Butterfly	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	56.67	1	Gold
Swimming - 50 Butterfly	50-54 Male	Greg	Divis	53	Papillion	NE	M	26.37	1	Gold
Swimming - 50 Butterfly	60-64 Male	Tom	Kealy	60	Cedar Rapids	IA	M	34.72	1	Gold
Swimming - 50 Butterfly	65-69 Male	James	Chew	68	Urbandale	IA	M	44.67	1	Gold
Swimming - 50 Butterfly	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	47.32	1	Gold
Swimming - 400 I.M.	55-59 Female	Ann	Emmrich	59	Plainfield	IL	F	07:01.9	1	Gold
Swimming - 400 I.M.	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	07:26.3	1	Gold

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Swimming - 400 I.M.	50-54 Male	Dennis	Bennett	50	Norwalk	IA	M	04:46.6	1	Gold
Swimming - 100 Freestyle	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	01:23.1	1	Gold
Swimming - 100 Freestyle	50-54 Female	Jean	Dingeman	52	Pella	IA	F	01:43.5	2	Silver
Swimming - 100 Freestyle	55-59 Female	Debbie	Fisk	59	Waukee	IA	F	01:12.0	1	Gold
Swimming - 100 Freestyle	55-59 Female	Ann	Kealy	57	Marion	IA	F	01:13.5	2	Silver
Swimming - 100 Freestyle	55-59 Female	Dannette	Botts	58	Newton	IA	F	01:22.2	3	Bronze
Swimming - 100 Freestyle	60-64 Female	Theresa	Carr	61	Ottumwa	IA	F	01:20.8	1	Gold
Swimming - 100 Freestyle	60-64 Female	Joyce	Burch	61	Pella	IA	F	01:59.0	2	Silver
Swimming - 100 Freestyle	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	02:57.9	3	Bronze
Swimming - 100 Freestyle	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	01:29.7	1	Gold
Swimming - 100 Freestyle	75-79 Female	Ann	Smith	77	Chicago	IL	F	03:14.8	1	Gold
Swimming - 100 Freestyle	50-54 Male	Greg	Divis	53	Papillion	NE	M	57.44	1	Gold
Swimming - 100 Freestyle	50-54 Male	Eric	Wortman	52	Iowa City	IA	M	01:17.2	1	Gold
Swimming - 100 Freestyle	55-59 Male	David	Wells	57	Omaha	NE	M	56.81	1	Gold
Swimming - 100 Freestyle	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	01:02.5	1	Gold
Swimming - 100 Freestyle	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	01:08.2	2	Silver
Swimming - 100 Freestyle	60-64 Male	Tom	Kealy	60	Cedar Rapids	IA	M	01:05.8	1	Gold
Swimming - 100 Freestyle	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	01:27.9	1	Gold
Swimming - 100 Freestyle	65-69 Male	James	Chew	68	Urbandale	IA	M	01:42.1	2	Silver
Swimming - 100 Freestyle	70-74 Male	Rich	Collins	73	Urbandale	IA	M	01:32.5	1	Gold
Swimming - 100 Freestyle	70-74 Male	Skip	Hills	71	Altoona	IA	M	03:37.9	2	Silver
Swimming - 100 Freestyle	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	02:47.5	1	Gold
Swimming - 100 Freestyle	75-79 Male	Ronald	Stoutenberg	75	Pleasantville	IA	M	02:52.4	1	Gold

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Swimming - 100 Freestyle	75-79 Male	Ruben	Rullan	75	Urbandale	IA	M	02:58.2	2	Silver
Swimming - 100 Freestyle	80-84 Male	Dick	Hekl	83	Omaha	NE	M	02:55.1	1	Gold
Swimming - 100 Freestyle	90-94 Male	Robert	Severance	90	Beloit	KS	M	03:05.3	1	Gold
Swimming - 100 Breaststroke	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	01:59.7	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Ashley	Wagel	51	Marion	IA	M	02:06.0	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	01:34.5	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Chris	Benda	56	Gilbert	IA	M	01:48.1	2	Silver
Swimming - 100 Breaststroke	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	01:57.9	1	Gold
Swimming - 100 Breaststroke	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	03:08.4	1	Gold
Swimming - 50 Backstroke	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	45.81	1	Gold
Swimming - 50 Backstroke	50-54 Female	Jean	Dingeman	52	Pella	IA	F	57.74	2	Silver
Swimming - 50 Backstroke	55-59 Female	Ann	Kealy	57	Marion	IA	F	43.45	1	Gold
Swimming - 50 Backstroke	55-59 Female	Dannette	Botts	58	Newton	IA	F	48.79	2	Silver
Swimming - 50 Backstroke	60-64 Female	Cindy	Hauber	63	Ames	IA	F	43.23	1	Gold
Swimming - 50 Backstroke	60-64 Female	Joyce	Burch	61	Pella	IA	F	53.37	2	Silver
Swimming - 50 Backstroke	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	01:50.3	3	Bronze
Swimming - 50 Backstroke	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	44.03	1	Gold
Swimming - 50 Backstroke	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	56.54	1	Gold
Swimming - 50 Backstroke	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	01:00.4	2	Silver
Swimming - 50 Backstroke	75-79 Female	Ann	Smith	77	Chicago	IL	F	01:48.8	1	Gold
Swimming - 50 Backstroke	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	35.28	1	Gold

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West Des Moines Valley High School Pool, West Des Moines, IA

Swimming - 50 Backstroke	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	31.3	1	Gold
Swimming - 50 Backstroke	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	45.3	1	Gold
Swimming - 50 Backstroke	65-69 Male	James	Castelblanco	68	Des Moines	IA	M	48.24	2	Silver
Swimming - 50 Backstroke	65-69 Male	Richard	Rounds	69	Boone	IA	M	01:25.6	3	Bronze
Swimming - 50 Backstroke	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	51.53	1	Gold
Swimming - 50 Backstroke	75-79 Male	Roger	Wertanen	76	Peterson	MN	M	01:08.9	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ronald	Stoutenberg	75	Pleasantville	IA	M	01:34.7	1	Gold
Swimming - 50 Backstroke	80-84 Male	Dick	Hekl	83	Omaha	NE	M	01:26.3	1	Gold
Swimming - 50 Backstroke	90-94 Male	Robert	Severance	90	Beloit	KS	M	01:38.9	1	Gold
Swimming - 200 Breaststroke	50-54 Male	Greg	Divis	53	Papillion	NE	M	02:35.2	1	Gold
Swimming - 200 Breaststroke	50-54 Male	Ashley	Wagel	51	Marion	IA	M	04:48.3	1	Gold
Swimming - 200 Breaststroke	55-59 Male	Steven	Jones	58	Des Moines	IA	M	03:04.3	1	Gold
Swimming - 200 Breaststroke	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	03:33.6	2	Silver
Swimming - 200 Breaststroke	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	03:24.0	1	Gold
Swimming - 200 Butterfly	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	03:32.8	1	Gold
Swimming - 100 I.M.	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	01:48.2	1	Gold
Swimming - 100 I.M.	50-54 Female	Jean	Dingeman	52	Pella	IA	F	02:07.6	2	Silver
Swimming - 100 I.M.	55-59 Female	Debbie	Fisk	59	Waukee	IA	F	01:26.0	1	Gold
Swimming - 100 I.M.	60-64 Female	Cindy	Hauber	63	Ames	IA	F	01:32.2	1	Gold
Swimming - 100 I.M.	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	02:00.7	1	Gold

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West Des Moines Valley High School Pool, West Des Moines, IA

Swimming - 100 I.M.	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	02:03.4	2	Silver
Swimming - 100 I.M.	50-54 Male	Dennis	Bennett	50	Norwalk	IA	M	01:05.6	1	Gold
Swimming - 100 I.M.	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	01:17.7	2	Silver
Swimming - 100 I.M.	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	01:13.7	1	Gold
Swimming - 100 I.M.	55-59 Male	Steven	Jones	58	Des Moines	IA	M	01:19.3	2	Silver
Swimming - 100 I.M.	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	01:22.2	3	Bronze
Swimming - 100 I.M.	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	01:50.7	1	Gold
Swimming - 100 I.M.	65-69 Male	James	Chew	68	Urbandale	IA	M	02:06.6	2	Silver
Swimming - 100 I.M.	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	01:46.2	1	Gold
Swimming - 100 I.M.	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	03:02.2	1	Gold
Swimming - 100 I.M.	80-84 Male	Dick	Hekl	83	Omaha	NE	M	03:33.3	1	Gold
Swimming - 50 Freestyle	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	38	1	Gold
Swimming - 50 Freestyle	50-54 Female	Jean	Dingeman	52	Pella	IA	F	45.47	2	Silver
Swimming - 50 Freestyle	55-59 Female	Debbie	Fisk	59	Waukee	IA	F	32.8	1	Gold
Swimming - 50 Freestyle	55-59 Female	Ann	Kealy	57	Marion	IA	F	33.44	2	Silver
Swimming - 50 Freestyle	55-59 Female	Dannette	Botts	58	Newton	IA	F	37.78	3	Bronze
Swimming - 50 Freestyle	60-64 Female	Theresa	Carr	61	Ottumwa	IA	F	35.21	1	Gold
Swimming - 50 Freestyle	60-64 Female	Joyce	Burch	61	Pella	IA	F	55.67	2	Silver
Swimming - 50 Freestyle	60-64 Female	Chalice	Coleman	64	Chicago	IL	F	01:17.7	3	Bronze
Swimming - 50 Freestyle	65-69 Female	Lynn	Johnson	68	Sioux City	IA	F	58.35	1	Gold
Swimming - 50 Freestyle	75-79 Female	Ann	Smith	77	Chicago	IL	F	01:23.5	1	Gold
Swimming - 50 Freestyle	50-54 Male	Dennis	Bennett	50	Norwalk	IA	M	23.2	1	Gold

Record performances are highlighted in yellow



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Swimming - 50 Freestyle	50-54 Male	Greg	Divis	53	Papillion	NE	M	25.15	2	Silver
Swimming - 50 Freestyle	50-54 Male	Phillip	Grove	51	Van Meter	IA	M	27.31	2	Silver
Swimming - 50 Freestyle	50-54 Male	Eric	Wortman	52	Iowa City	IA	M	32.39	3	Bronze
Swimming - 50 Freestyle	55-59 Male	David	Wells	57	Omaha	NE	M	25.51	1	Gold
Swimming - 50 Freestyle	55-59 Male	Chuck	Kadlecek	57	Dallas Center	IA	M	30.43	1	Gold
Swimming - 50 Freestyle	55-59 Male	Chris	Benda	56	Gilbert	IA	M	40.79	2	Silver
Swimming - 50 Freestyle	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	29.92	1	Gold
Swimming - 50 Freestyle	65-69 Male	Don	Utsinger	69	Urbandale	IA	M	38.88	1	Gold
Swimming - 50 Freestyle	65-69 Male	James	Chew	68	Urbandale	IA	M	42.86	2	Silver
Swimming - 50 Freestyle	65-69 Male	James	Castelblanco	68	Des Moines	IA	M	49.14	3	Bronze
Swimming - 50 Freestyle	65-69 Male	Michael	Seyfer	68	Cedar Rapids	IA	M	53.41	4	
Swimming - 50 Freestyle	70-74 Male	Alan	Schenck	70	Clarinda	IA	M	40.2	1	Gold
Swimming - 50 Freestyle	70-74 Male	Rich	Collins	73	Urbandale	IA	M	40.7	2	Silver
Swimming - 50 Freestyle	75-79 Male	Ronald	Stoutenberg	75	Pleasantville	IA	M	57.76	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ruben	Rullan	75	Urbandale	IA	M	01:22.2	2	Silver
Swimming - 50 Freestyle	80-84 Male	Dick	Hekl	83	Omaha	NE	M	01:12.0	1	Gold
Swimming - 50 Freestyle	90-94 Male	Robert	Severance	90	Beloit	KS	M	01:21.3	1	Gold
Swimming - 200 Backstroke	50-54 Female	Diane	Happel	52	Fort Dodge	IA	F	03:50.7	1	Gold
Swimming - 200 Backstroke	50-54 Female	Jean	Dingeman	52	Pella	IA	F	04:38.2	2	Silver
Swimming - 200 Backstroke	55-59 Female	Ann	Emmrich	59	Plainfield	IL	F	03:08.8	1	Gold
Swimming - 200 Backstroke	55-59 Female	Ann	Kealy	57	Marion	IA	F	03:21.4	1	Gold
Swimming - 200 Backstroke	60-64 Female	Joyce	Burch	61	Pella	IA	F	04:32.9	1	Gold
Swimming - 200 Backstroke	65-69 Female	Barbara	Larsen	69	Rochester	MN	F	03:19.8	1	Gold

Record performances are highlighted in yellow

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Swimming - 200 Backstroke	65-69 Female	Pat	Smith	69	Cedar Rapids	IA	F	04:11.1	1	Gold
Swimming - 200 Backstroke	55-59 Male	Daniel	Kealy	58	Des Moines	IA	M	02:32.8	1	Gold
Swimming - 200 Backstroke	60-64 Male	Tom	Kealy	60	Council Bluffs	IA	M	02:48.9	1	Gold
Swimming - 200 Backstroke	65-69 Male	Richard	Rounds	69	Boone	IA	M	07:09.5	1	Gold
Swimming - 200 Backstroke	75-79 Male	Roger	Wertanen	76	Peterson	MN	M	06:21.2	1	Gold
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	76	Lincoln	NE	M	07:10.5	2	Silver
Swimming - 200 Backstroke	80-84 Male	Dick	Hekl	83	Omaha	NE	M	07:04.4	1	Gold

Record performances are highlighted in yellow