

2025 Iowa Senior Games Results - Swimming
Valley High School



Age Division	Event	First Name	Last Name	City	State	Age	Time	Place	Medal
Female 50 - 54	100 Backstroke	Kari	Krzemkowski	Lagrange	IL	50	1.19.39	1	Gold
Female 60 - 64	100 Backstroke	Sonya	Reynolds	Council Bluffs	IA	63	2.31.85	1	Gold
Male 60 - 64	100 Backstroke	Dave	Ross	Des Moines	IA	63	1.06.06	1	Gold
Male 60 - 64	100 Backstroke	Richard	Korneisel	Davenport	IA	62	1.29.80	2	Silver
Female 65 - 69	100 Backstroke	Debbie	Fisk	The Villages	FL	68	1.28.93	1	Gold
Female 70 - 74	100 Backstroke	Cindy	Hauber	Ames	IA	72	1.31.58	1	Gold
Female 75 - 79	100 Backstroke	Jan	Sedivy	Valley	NE	75	2.28.32	1	Gold
Male 75 - 79	100 Backstroke	Michael (mick)	Barry	Ankeny	IA	75	1.36.05	1	Gold
Male 75 - 79	100 Backstroke	Doug	Chew	Urbandale	IA	77	2.27.13	2	Silver
Female 55 - 59	100 Breaststroke	Alison	Robertson	Ames	IA	56	1.10.64	1	Gold
Male 55 - 59	100 Breaststroke	Steve	Mouw	Sioux Center	IA	56	1.20.84	1	Gold
Male 60 - 64	100 Breaststroke	Wayne	Huebener	Iowa City	IA	63	1.22.17	1	Gold

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Male 70 - 74	200 Freestyle	Dan	Heppplewhite	Polk City Iowa	IA	72	3.31.20	1	Gold
Female 75 - 79	200 Freestyle	Patricia	Smith	Cedar Rapids	IA	78	3.36.29	1	Gold
Female 80 - 84	200 Freestyle	Patsy	Lillehei	Minneapolis	MN	81	5.21.09	1	Gold
Male 55 - 59	200 IM	Dennis	Bennett	Norwalk	IA	59	2.15.62	1	Gold
Male 60 - 64	200 IM	Richard	Korneisel	Davenport	IA	62	3.12.17	1	Gold
Female 70 - 74	200 IM	Elizabeth	Smith	Des Moines	IA	73	3.38.48	1	Gold
Female 75 - 79	200 IM	Susan	Dengler-Clausen	Leon	IA	75	4.15.95	1	Gold
Female 75 - 79	200 IM	Patricia	Smith	Cedar Rapids	IA	78	4.54.57	2	Silver
Male 75 - 79	200 IM	Michael (mick)	Barry	Ankeny	IA	75	3.17.24	1	Gold
Male 75 - 79	200 IM	Doug	Chew	Urbandale	IA	77	5.07.91	2	Silver
Male 65 - 69	400 IM	Mike	Weeks	Batesville	AR	69	9.25.80	1	Gold
Male 75 - 79	400 IM	Michael (mick)	Barry	Ankeny	IA	75	7.15.80	1	Gold
Female 50 - 54	50 Backstroke	Kari	Krzemkowski	Lagrange	IL	50	37.91	1	Gold
Female 60 - 64	50 Backstroke	Karen	Kiel Rosser	Ames	IA	63	41.74	1	Gold
Female 60 - 64	50 Backstroke	Rebecca	Murdock	Tulsa	OK	63	57.27	2	Silver
Female 60 - 64	50 Backstroke	Sonya	Reynolds	Council Bluffs	IA	63	1.11.72	3	Bronze
Male 60 - 64	50 Backstroke	Dave	Ross	Des Moines	IA	63	29.57	1	Gold
Male 60 - 64	50 Backstroke	Brian	McSpadden	Cedar Rapids	IA	63	38.46	2	Silver
Male 60 - 64	50 Backstroke	Richard	Korneisel	Davenport	IA	62	41.11	3	Bronze
Male 65 - 69	50 Backstroke	Tom	Kealy	Council Bluffs	IA	69	39.66	1	Gold

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Female 70 - 74	50 Backstroke	Cindy	Hauber	Ames	IA	71	44.52	1	Gold
Female 70 - 74	50 Backstroke	Pam	Gilchrist	Iowa City	IA	74	1.24.95	2	Silver
Female 75 - 79	50 Backstroke	Jan	Sedivy	Valley	NE	75	1.07.51	1	Gold
Male 75 - 79	50 Backstroke	Michael (mick)	Barry	Ankeny	IA	75	45.16	1	Gold
Male 75 - 79	50 Backstroke	Doug	Chew	Urbandale	IA	77	1.09.11	2	Silver
Male 50 - 54	50 Breaststroke	Javier	Pena	Des Moines	IA	51		1	Gold
Female 55 - 59	50 Breaststroke	Alison	Robertson	Ames	IA	56	36.32	1	Gold
Male 55 - 59	50 Breaststroke	Steve	Mouw	Sioux Center	IA	56		1	Gold
Female 60 - 64	50 Breaststroke	Martha	Korneisel	Davenport	IA	61	59.23	1	Gold
Female 60 - 64	50 Breaststroke	Rebecca	Murdock	Tulsa	OK	64	1.11.14	2	Silver
Female 60 - 64	50 Breaststroke	Sonya	Reynolds	Council Bluffs	IA	63	1.26.12	3	Bronze
Male 60 - 64	50 Breaststroke	Craig	Gaumer	Ankeny	IA	63	38.63	1	Gold
Male 60 - 64	50 Breaststroke	Wayne	Huebener	Iowa City	IA	63	38.75	2	Silver
Male 60 - 64	50 Breaststroke	Richard	Korneisel	Davenport	IA	62	39.63	3	Bronze
Male 60 - 64	50 Breaststroke	Brian	McSpadden	Cedar Rapids	IA	63	40.63	4	NA
Female 65 - 69	50 Breaststroke	Amy	Groskopf	Davenport	IA	67	45.46	1	Gold
Male 65 - 69	50 Breaststroke	Mike	Weeks	Batesville	AR	69	54.58	1	Gold
Female 70 - 74	50 Breaststroke	Elizabeth	Smith	Des Moines	IA	73	52.46	1	Gold
Female 70 - 74	50 Breaststroke	Heidi	Benson	Colfax	IA	72	54.17	2	Silver
Female 70 - 74	50 Breaststroke	Pam	Gilchrist	Iowa City	IA	74	1.21.43	3	Bronze
Male 70 - 74	50 Breaststroke	Bill	Klahn	Cedar Rapids	IA	72	43.71	1	Gold

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Female 75 - 79	50 Breaststroke	Susan	Dengler-Clausen	Leon	IA	75	53.43	1	Gold
Male 75 - 79	50 Breaststroke	Stan	LeMaster	Council Bluffs	IA	78	42.33	1	Gold
Male 75 - 79	50 Breaststroke	Brian	Conley	West Des Moines	IA	76	1.03.33	2	Silver
Female 80 - 84	50 Breaststroke	Patsy	Lillehei	Minneapolis	MN	81	1.24.12	1	Gold
Male 55 - 59	50 Butterfly	Dennis	Bennett	Norwalk	IA	59	27.58	1	Gold
Male 55 - 59	50 Butterfly	Steve	Mouw	Sioux Center	IA	56	31.61	2	Silver
Female 60 - 64	50 Butterfly	Karen	Kiel Rosser	Ames	IA	63	40.84	1	Gold
Male 60 - 64	50 Butterfly	Dave	Ross	Des Moines	IA	63	28.38	1	Gold
Male 60 - 64	50 Butterfly	Richard	Korneisel	Davenport	IA	62	37.23	2	Silver
Male 60 - 64	50 Butterfly	Craig	Gaumer	Ankeny	IA	63	39.31	3	Bronze
Male 65 - 69	50 Butterfly	Tom	Kealy	Council Bluffs	IA	69	33.59	1	Gold
Male 65 - 69	50 Butterfly	David	Wells	Omaha	NE	66	33.62	2	Silver
Female 70 - 74	50 Butterfly	Cindy	Hauber	Ames	IA	72	43.64	1	Gold
Female 75 - 79	50 Butterfly	Susan	Dengler-Clausen	Leon	IA	75	58.08	1	Gold
Male 75 - 79	50 Butterfly	Michael (mick)	Barry	Ankeny	IA	75	36.73	1	Gold
Male 75 - 79	50 Butterfly	Stan	LeMaster	Council Bluffs	IA	78	39.17	2	Silver
Male 75 - 79	50 Butterfly	Doug	Chew	Urbandale	IA	77	53.53	3	Bronze
Female 80 - 84	50 Butterfly	Patsy	Lillehei	Minneapolis	MN	81	2.15.48	1	Gold
Female 50 - 54	50 Freestyle	Kari	Krzemkowski	Lagrange	IL	50	30.44	1	Gold
Male 50 - 54	50 Freestyle	Javier	Pena	Des Moines	IA	51	30.22	1	Gold

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Female 55 - 59	50 Freestyle	Alison	Robertson	Ames	IA	56	29.29	1	Gold
Female 60 - 64	50 Freestyle	Rebecca	Murdock	Tulsa	OK	64	50.72	1	Gold
Female 60 - 64	50 Freestyle	Sonya	Reynolds	Council Bluffs	IA	63	55.34	2	Silver
Male 60 - 64	50 Freestyle	Dave	Ross	Des Moines	IA	63	25.93	1	Gold
Male 60 - 64	50 Freestyle	Brian	McSpadden	Cedar Rapids	IA	63	29.5	2	Silver
Male 60 - 64	50 Freestyle	Richard	Korneisel	Davenport	IA	62	31.06	3	Bronze
Male 60 - 64	50 Freestyle	Wayne	Huebener	Iowa City	IA	63	31.21	4	NA
Female 65 - 69	50 Freestyle	Debbie	Fisk	The Villages	FL	68	33.2	1	Gold
Female 65 - 69	50 Freestyle	Amy	Groskopf	Davenport	IA	67	1.26.39	2	Silver
Male 65 - 69	50 Freestyle	David	Wells	Omaha	NE	66	27.3	1	Gold
Male 65 - 69	50 Freestyle	Tom	Kealy	Council Bluffs	IA	69	30.13	2	Silver
Female 70 - 74	50 Freestyle	Cindy	Hauber	Ames	IA	72	36.62	1	Gold
Female 70 - 74	50 Freestyle	Pam	Gilchrist	Iowa City	IA	74	1.26.39	2	Silver
Male 70 - 74	50 Freestyle	Bill	Klahn	Cedar Rapids	IA	72	38.99	1	Gold
Male 70 - 74	50 Freestyle	Dan	Heppplewhite	Polk City Iowa	IA	72	39.58	2	Silver
Female 75 - 79	50 Freestyle	Jan	Sedivy	Valley	NE	75	1.04.29	1	Gold
Male 75 - 79	50 Freestyle	Stan	LeMaster	Council Bluffs	IA	78	31.68	1	Gold
Male 75 - 79	50 Freestyle	Doug	Chew	Urbandale	IA	77	46.4	2	Silver
Female 60 - 64	500 Freestyle	Sonya	Reynolds	Council Bluffs	IA	63	11.24.65	1	Gold
Male 60 - 64	500 Freestyle	Wayne	Huebener	Iowa City	IA	63	6.23.21	1	Gold
Female 65 - 69	500 Freestyle	Debbie	Fisk	The Villages	FL	68	7.41.23	1	Gold

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Male 65 - 69	500 Freestyle	Tom	Kealy	Council Bluffs	IA	69	6.46.49	1	Gold
Male 70 - 74	500 Freestyle	Dan	Heppplewhite	Polk City Iowa	IA	72	9.22.11	1	Gold
Female 75 - 79	500 Freestyle	Patricia	Smith	Cedar Rapids	IA	78	9.09.11	1	Gold
Male 75 - 79	500 Freestyle	Stan	LeMaster	Council Bluffs	IA	78	7.35.74	1	Gold
Female 80 - 84	500 Freestyle	Patsy	Lillehei	Minneapolis	MN	81	13.43.10	1	Gold