

2025 Iowa Senior Games | Duathlon Results
Big Creek State Park | May 18, 2025

Sport	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal
Duathlon	Ages 50-54	Heather	Stephens	Ankeny	IA	Female	50	1:37:34	1	Gold
Duathlon	Ages 50-54	Natalie	Anderson	Hayward	WI	Female	55	1:54:13	2	Silver
Duathlon	Ages 50-54	Mark	Hookham	Dysart	IA	Male	55	1:43:55	1	Gold
Duathlon	Ages 50-54	Phoukham	Baccam	Urbandale	IA	Male	53	1:47:34	2	Silver
Duathlon	Ages 50-54	Bryce	Whitmore	Boone	IA	Male	51	1:55:16	3	Bronze
Duathlon	Ages 55-59	Juli	Kneale	Des Moines	IA	Female	57	1:38:32	1	Gold
Duathlon	Ages 55-59	Tami	Draper	Des Moines	IA	Female	55	1:50:48	2	Silver
Duathlon	Ages 55-59	Nate	Marfal	Johnson	IA	Male	55	1:32:48	1	Gold
Duathlon	Ages 55-59	Michael	Stephens	Ankeny	IA	Male	55	1:33:06	2	Silver
Duathlon	Ages 55-59	Phillip	Vaassen	Indianola	IA	Male	59	2:04:46	3	Bronze
Duathlon	Ages 55-59	Neil	Glaser	Bondurant	IA	Male	56	2:04:52	4	
Duathlon	Ages 60-64	Sherri	Huff	Winterset	IA	Female	63	1:51:11	1	Gold
Duathlon	Ages 60-64	Charlie	Neibergall	Urbandale	IA	Male	61	1:45:25	1	Gold
Duathlon	Ages 70-74	Mark	Stelmacher	West Des Moines	IA	Male	71	1:37:59	1	Gold
Duathlon	Ages 70-74	Johnny	Ytzen	Creston	IA	Male	71	1:48:07	2	Silver
Duathlon	Ages 70-74	Alan	Gross	Des Moines	IA	Male	71	1:54:06	3	Bronze
Duathlon	Ages 75-79	Steve	Boyd	Anthem	AZ	Male	78	2:22:33	1	Gold