

2022 Summer Iowa Senior Games Track and Field
Tiger Field | Meet Results

Event	Age Group	First Name	Last Name	Gender	City	State	Result	Place	Medal	NSGA
Track & Field - 1,500M Run	50-54 Female	Cinda	Blake	F	Wayland	IA	6.30	1	Gold	X
Track & Field - 1,500M Run	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	8.26	1	Gold	X
Track & Field - 1,500M Run	55-59 Female	Jean	Dingeman	F	Pella	IA	9.44	2	Silver	X
Track & Field - 1,500M Run	50-54 Male	Jason	Hahn	M	Des Moines	IA	5.31	1	Gold	X
Track & Field - 1,500M Run	50-54 Male	Scott	Mills	M	Des Moines	IA	6.38	2	Silver	X
Track & Field - 1,500M Run	55-59 Male	Martin	Sabo	M	Denver	CO	6.14	1	Gold	X
Track & Field - 1,500M Run	60-64 Male	Keith	Kauten	M	NOrth Liberty	IA	7.24	1	Gold	X
Track & Field - 1,500M Run	65-69 Male	THOMAS	MCBRIDE	M	Des Moines	IA	5.55	1	Gold	X
Track & Field - 1,500M Run	65-69 Male	Brad	Ewest	M	Ankeny	IA	7.47	2	Silver	X
Track & Field - 1,500M Run	70-74 Male	Perry	Linn	M	Corning	IA	5.55	1	Gold	X
Track & Field - 1,500M Run	70-74 Male	David	Miller	M	Urbandale	IA	6.22	2	Silver	X
Track & Field - 1,500M Run	70-74 Male	Larry	Hamm	M	Des Moines	IA	7.41	3	Bronze	X
Track & Field - 1,500M Run	70-74 Male	Chuck	Ward	M	Urbandale	IA	7.50	4		X
Track & Field - 1,500M Run	75-79 Male	Tom	Kirkwood	M	Dyersville	IA	7.41	1	Gold	X
Track & Field - 100M Dash	50-54 Female	Denise	Kinsella	F	Center Point	IA	18.14	1	Gold	X
Track & Field - 100M Dash	50-54 Female	Cinda	Blake	F	Wayland	IA	19.34	2	Silver	X
Track & Field - 100M Dash	50-54 Female	Theresa	McGivern	F	Clarion	IA	.	DNF	DNF	
Track & Field - 100M Dash	55-59 Female	Mindy	Blasberg	F	Des Moines	IA	17.47	1	Gold	X
Track & Field - 100M Dash	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	22.42	2	Silver	X
Track & Field - 100M Dash	55-59 Female	Rosanne	Wicks	F	Waukon	IA	22.66	3	Bronze	X
Track & Field - 100M Dash	55-59 Female	Jean	Dingeman	F	Pella	IA	.	DNF	DNF	
Track & Field - 100M Dash	60-64 Female	Toni	Banks	F	Omaha	NE	17.55	1	Gold	X
Track & Field - 100M Dash	60-64 Female	Greta	Budweg	F	Ankeny	IA	26.53	1	Gold	X
Track & Field - 100M Dash	65-69 Female	Ann	Hegstrom	F	De Soto	IA	19.76	1	Gold	X
Track & Field - 100M Dash	70-74 Female	Coralyn	Duhlstine Feeney	F	East Moline	IL	21.71	1	Gold	X
Track & Field - 100M Dash	70-74 Female	Neva	Weisskopf	F	Lehigh Acres	FL	28.34	2	Silver	X
Track & Field - 100M Dash	70-74 Female	Christine	Carroll	F	West Des Moines	IA	33.32	1	Gold	X
Track & Field - 100M Dash	85-89 Female	Norma	Ramker	F	Urbandale	IA	37.11	1	Gold	X
Track & Field - 100M Dash	50-54 Male	Nate	Sickerson	M	Ankeny	IA	11.86	1	Gold	X
Track & Field - 100M Dash	50-54 Male	Bob	Pratt	M	eau claire	WI	14.31	2	Silver	X
Track & Field - 100M Dash	50-54 Male	Troy	Lilly	M	Bondurant	IA	14.50	2	Silver	X
Track & Field - 100M Dash	50-54 Male	Scott	Mills	M	Des Moines	IA	17.96	3	Bronze	X
Track & Field - 100M Dash	50-54 Male	Kevin	Lazard	M	Urbandale	IA	22.93	4		X
Track & Field - 100M Dash	55-59 Male	Marvin	Wittig	M	Hartford	WI	13.59	1	Gold	X
Track & Field - 100M Dash	55-59 Male	Timothy	Hellyer	M	Zumbrota	MN	15.9	2	Silver	X
Track & Field - 100M Dash	55-59 Male	Brian	Andrae	M	Orion	IL	15.9	1	Gold	X
Track & Field - 100M Dash	55-59 Male	Thomas	Shide	M	Urbandale	IA	18.4	3	Bronze	X
Track & Field - 100M Dash	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	16.69	1	Gold	X
Track & Field - 100M Dash	60-64 Male	Keith	Kauten	M	NOrth Liberty	IA	19.7	2	Silver	X
Track & Field - 100M Dash	65-69 Male	Tom	Cahalan	M	Norway	IA	14.44	1	Gold	X
Track & Field - 100M Dash	65-69 Male	David	Wilson	M	Garrison	IA	14.69	2	Silver	X
Track & Field - 100M Dash	65-69 Male	Robert	Donaldson	M	Galesburg	IL	15.70	3	Bronze	X
Track & Field - 100M Dash	65-69 Male	Michael	Laualle	M	Des Moines	IA	16.15	3	Bronze	X
Track & Field - 100M Dash	70-74 Male	Tony	Laird	M	Hastings	NE	17.7	1	Gold	X
Track & Field - 100M Dash	70-74 Male	Billy	Potter	M	Coal Valley	IL	17.31	2	Silver	X
Track & Field - 100M Dash	70-74 Male	Chuck	Ward	M	Urbandale	IA	17.46	1	Gold	X
Track & Field - 100M Dash	70-74 Male	Douglas	Obye	M	Phoenix	AZ	17.91	3	Bronze	X
Track & Field - 100M Dash	70-74 Male	Rod	Speidel	M	Bettendorf	IA	18.93	2	Silver	X
Track & Field - 100M Dash	70-74 Male	Dennis	Hinckley	M	Sioux Falls	SD	19.63	4		X
Track & Field - 100M Dash	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	20.31	5		
Track & Field - 100M Dash	70-74 Male	Douglas	Potter	M	altoona	IA	23.41	3	Bronze	X
Track & Field - 100M Dash	70-74 Male	Denny	Adair	M	Osceola	IA	27.14	4		X

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Track & Field - 100M Dash	75-79 Male	James	Trent	M	Midwest City	OK	16.14	1	Gold	X
Track & Field - 100M Dash	75-79 Male	Randall	Olson	M	Nebraska City	NE	18.38	2	Silver	X
Track & Field - 100M Dash	75-79 Male	Jerry	Bauer	M	Waukesha	WI	18.67	3	Bronze	X
Track & Field - 100M Dash	75-79 Male	Dennis	Tevis	M	Hornick	IA	22.99	1	Gold	X
Track & Field - 100M Dash	75-79 Male	Wendell	Whitcher	M	West Union	IA	28.68	2	Silver	X
Track & Field - 100M Dash	80-84 Male	Frank	Perez	M	West Des Moines	IA	20.79	1	Gold	X
Track & Field - 100M Dash	80-84 Male	Ken	Stewart	M	Batavia	OH	22.62	2	Silver	X
Track & Field - 100M Dash	80-84 Male	Rich	Hoidahl	M	Johnston	IA	23.23	2	Silver	X
Track & Field - 100M Dash	80-84 Male	Gary	Sonderland	M	Petersburg	ND	24.79	3	Bronze	X
Track & Field - 100M Dash	85-89 Male	Don	Zimmer	M	West Des Moines	IA	23.84	1	Gold	X
Track & Field - 100M Dash	85-89 Male	Richard	Anderson	M	West Des Moines	IA	26.50	2	Silver	X
Track & Field - 100M Dash	85-89 Male	Gary	Smidt	M	Ankeny	IA	27.29	3	Bronze	X
Track & Field - 200M Dash	50-54 Female	Cinda	Blake	F	Wayland	IA	42.46	1	Gold	X
Track & Field - 200M Dash	50-54 Female	Denise	Kinsella	F	Center Point	IA	45.47	2	Silver	X
Track & Field - 200M Dash	55-59 Female	Mindy	Blasberg	F	Des Moines	IA	38.78	1	Gold	X
Track & Field - 200M Dash	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	54.31	2	Silver	X
Track & Field - 200M Dash	60-64 Female	Jody	Walter	F	Des Moines	IA	42.85	1	Gold	X
Track & Field - 200M Dash	60-64 Female	Greta	Budweg	F	Ankeny	IA	1:7.40	2	Silver	X
Track & Field - 200M Dash	65-69 Female	Ann	Hegstrom	F	De Soto	IA	41.89	1	Gold	X
Track & Field - 200M Dash	70-74 Female	Coralyn	Duhlstine Feeney	F	East Moline	IL	52.45	1	Gold	X
Track & Field - 200M Dash	50-54 Male	Wayne	Douet	M	Ames	IA	28.58	1	Gold	X
Track & Field - 200M Dash	50-54 Male	Bob	Pratt	M	eau claire	WI	30.78	2	Silver	X
Track & Field - 200M Dash	50-54 Male	Scott	Mills	M	Des Moines	IA	40.65	2	Silver	X
Track & Field - 200M Dash	50-54 Male	Kevin	Lazard	M	Urbandale	IA	44.45	3	Bronze	X
Track & Field - 200M Dash	55-59 Male	Marvin	Wittig	M	Hartford	WI	28.82	1	Gold	X
Track & Field - 200M Dash	55-59 Male	Timothy	Hellyer	M	Zumbrota	MN	32.35	2	Silver	X
Track & Field - 200M Dash	55-59 Male	Thomas	Shide	M	Urbandale	IA	39.9	1	Gold	X
Track & Field - 200M Dash	60-64 Male	Doug	Walker	M	Manhattan	KS	31.82	1	Gold	X
Track & Field - 200M Dash	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	34.4	1	Gold	X
Track & Field - 200M Dash	60-64 Male	Keith	Kauten	M	NOrth Liberty	IA	40.19	2	Silver	X
Track & Field - 200M Dash	65-69 Male	Tom	Cahalan	M	Norway	IA	30.31	1	Gold	X
Track & Field - 200M Dash	65-69 Male	David	Roberts	M	Boone	IA	31.34	2	Silver	X
Track & Field - 200M Dash	65-69 Male	David	Wilson	M	Garrison	IA	31.57	3	Bronze	X
Track & Field - 200M Dash	65-69 Male	Keith	Dahlstrom	M	CEDAR FALLS	IA	31.95	4	X	
Track & Field - 200M Dash	65-69 Male	Michael	Laualle	M	Des Moines	IA	35.9	5		
Track & Field - 200M Dash	65-69 Male	Robert	Donaldson	M	Galesburg	IL	36.28	6		
Track & Field - 200M Dash	70-74 Male	Douglas	Obye	M	Phoenix	AZ	36.19	1	Gold	X
Track & Field - 200M Dash	70-74 Male	David	Miller	M	Urbandale	IA	38.4	1	Gold	X
Track & Field - 200M Dash	70-74 Male	Chuck	Ward	M	Urbandale	IA	40.8	2	Silver	X
Track & Field - 200M Dash	70-74 Male	Rod	Speidel	M	Bettendorf	IA	43.16	3	Bronze	X
Track & Field - 200M Dash	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	47.28	4	X	
Track & Field - 200M Dash	70-74 Male	Darwin	Ramker	M	Waverly	IA	53.29	4	X	
Track & Field - 200M Dash	70-74 Male	Denny	Adair	M	Osceola	IA	1:10.31	5		
Track & Field - 200M Dash	75-79 Male	James	Trent	M	Midwest City	OK	34.84	1	Gold	X
Track & Field - 200M Dash	80-84 Male	Greuling(G)	Schellhorn	M	Boscobel.	WI	48.70	1	Gold	X
Track & Field - 200M Dash	80-84 Male	Rich	Hoidahl	M	Johnston	IA	53.31	1	Gold	X
Track & Field - 200M Dash	80-84 Male	Ken	Stewart	M	Batavia	OH	54.63	2	Silver	X
Track & Field - 200M Dash	85-89 Male	Don	Zimmer	M	West Des Moines	IA	47.28	1	Gold	X
Track & Field - 200M Dash	85-89 Male	Gary	Smidt	M	Ankeny	IA	1:15.22	2	Silver	X
Track & Field - 400M Run	50-54 Female	Cinda	Blake	F	Wayland	IA	1:31.38	1	Gold	X
Track & Field - 400M Run	55-59 Female	Jean	Dingeman	F	Pella	IA	1:44.11	1	Gold	X
Track & Field - 400M Run	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	2:0.6	2	Silver	X

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Track & Field - 400M Run	60-64 Female	Susan	Fray	F	Clive	IA	1:20.72	1	Gold	X
Track & Field - 400M Run	65-69 Female	Ann	Hegstrom	F	De Soto	IA	1:3.28	1	Gold	X
Track & Field - 400M Run	70-74 Female	Shari	Hintermeister	F	North Liberty	IA	2:53.15	1	Gold	X
Track & Field - 400M Run	50-54 Male	Wayne	Douet	M	Ames	IA	1:1.67	1	Gold	X
Track & Field - 400M Run	50-54 Male	Scott	Mills	M	Des Moines	IA	1:45.97	1	Gold	X
Track & Field - 400M Run	55-59 Male	Marvin	Wittig	M	Hartford	WI	1:8.28	1	Gold	X
Track & Field - 400M Run	60-64 Male	Doug	Walker	M	Manhattan	KS	1:9.50	1	Gold	X
Track & Field - 400M Run	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	1:21.9	1	Gold	X
Track & Field - 400M Run	60-64 Male	Keith	Kauten	M	NORth Liberty	IA	1:29.41	2	Silver	X
Track & Field - 400M Run	65-69 Male	David	Roberts	M	Boone	IA	1:9.51	1	Gold	X
Track & Field - 400M Run	65-69 Male	Tom	Cahalan	M	Norway	IA	1:10.95	2	Silver	X
Track & Field - 400M Run	65-69 Male	David	Wilson	M	Garrison	IA	1:12.15	3	Bronze	X
Track & Field - 400M Run	65-69 Male	Keith	Dahlstrom	M	CEDAR FALLS	IA	1:15.44	4		X
Track & Field - 400M Run	65-69 Male	Tom	Loch	M	Pella	IA	1:18.81	5		
Track & Field - 400M Run	70-74 Male	David	Miller	M	Urbandale	IA	1:20.38	1	Gold	X
Track & Field - 400M Run	70-74 Male	Dennis	Hinckley	M	Sioux Falls	SD	1:20.78	2	Silver	X
Track & Field - 400M Run	70-74 Male	Douglas	Obye	M	Phoenix	AZ	1:21.41	3	Bronze	X
Track & Field - 400M Run	70-74 Male	Chuck	Ward	M	Urbandale	IA	1:53.42	2	Silver	X
Track & Field - 400M Run	70-74 Male	Douglas	Potter	M	altoona	IA	1:53.42	2	Silver	X
Track & Field - 400M Run	75-79 Male	Tom	Kirkwood	M	Dyersville	IA	1:42.24	1	Gold	X
Track & Field - 400M Run	75-79 Male	Wendell	Whitcher	M	West Union	IA	2:1.28	1	Gold	X
Track & Field - 400M Run	80-84 Male	Greuling(G)	Schellhorn	M	Boscobel.	WI	1:55.10	1	Gold	X
Track & Field - 400M Run	80-84 Male	Ken	Stewart	M	Batavia	OH	2:10.80	2	Silver	X
Track & Field - 400M Run	80-84 Male	Rich	Hoidahl	M	Johnston	IA	2:30.49	1	Gold	X
Track & Field - 50M Dash	50-54 Female	Theresa	McGivern	F	Clarion	IA	8.95	1	Gold	X
Track & Field - 50M Dash	50-54 Female	Denise	Kinsella	F	Center Point	IA	9.84	2	Silver	X
Track & Field - 50M Dash	50-54 Female	Cinda	Blake	F	Wayland	IA	9.90	3	Bronze	X
Track & Field - 50M Dash	55-59 Female	Mindy	Blasberg	F	Des Moines	IA	8.91	1	Gold	X
Track & Field - 50M Dash	55-59 Female	Jean	Dingeman	F	Pella	IA	11.91	2	Silver	X
Track & Field - 50M Dash	55-59 Female	Rosanne	Wicks	F	Waukon	IA	11.94	3	Bronze	X
Track & Field - 50M Dash	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	15.3	4		X
Track & Field - 50M Dash	60-64 Female	Toni	Banks	F	Omaha	NE	9.34	1	Gold	X
Track & Field - 50M Dash	60-64 Female	Jody	Walter	F	Des Moines	IA	11.95	1	Gold	X
Track & Field - 50M Dash	60-64 Female	Greta	Budweg	F	Ankeny	IA	12.85	2	Silver	X
Track & Field - 50M Dash	65-69 Female	Ann	Hegstrom	F	De Soto	IA	10.32	1	Gold	X
Track & Field - 50M Dash	65-69 Female	Micki	Marolf	F	Dubuque	IA	13.35	2	Silver	X
Track & Field - 50M Dash	70-74 Female	Coralyn	Duhstine Feeney	F	East Moline	IL	11.8	1	Gold	X
Track & Field - 50M Dash	85-89 Female	Norma	Ramker	F	Urbandale	IA	19.72	1	Gold	X
Track & Field - 50M Dash	50-54 Male	Bob	Pratt	M	eau claire	WI	7.56	1	Gold	X
Track & Field - 50M Dash	50-54 Male	Troy	Lilly	M	Bondurant	IA	7.93	1	Gold	X
Track & Field - 50M Dash	50-54 Male	Scott	Mills	M	Des Moines	IA	10.56	2	Silver	X
Track & Field - 50M Dash	50-54 Male	Kevin	Lazard	M	Urbandale	IA	13.95	3	Bronze	X
Track & Field - 50M Dash	55-59 Male	Marvin	Wittig	M	Hartford	WI	7.51	1	Gold	X
Track & Field - 50M Dash	55-59 Male	Brian	Andrae	M	Orion	IL	8.4	2	Silver	X
Track & Field - 50M Dash	55-59 Male	Timothy	Hellyer	M	Zumbrota	MN	8.8	3	Bronze	X
Track & Field - 50M Dash	55-59 Male	Thomas	Shide	M	Urbandale	IA	9.62	1	Gold	X
Track & Field - 50M Dash	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	8.67	1	Gold	X
Track & Field - 50M Dash	60-64 Male	Dana	Cossmann	M	Clinton	IA	9.6	2	Silver	X
Track & Field - 50M Dash	60-64 Male	Keith	Kauten	M	NORth Liberty	IA	11.5	3	Bronze	X
Track & Field - 50M Dash	65-69 Male	Greg	Bruno	M	Naperville	IL	7.53	1	Gold	X
Track & Field - 50M Dash	65-69 Male	Tom	Cahalan	M	Norway	IA	7.60	1	Gold	X
Track & Field - 50M Dash	65-69 Male	David	Wilson	M	Garrison	IA	8.3	2	Silver	X

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Track & Field - 50M Dash	65-69 Male	Robert	Donaldson	M	Galesburg	IL	8.73	3	Bronze	X
Track & Field - 50M Dash	65-69 Male	Michael	Breen	M	Council Bluffs	IA	9.66	3	Bronze	X
Track & Field - 50M Dash	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	8.16	1	Gold	X
Track & Field - 50M Dash	70-74 Male	Tony	Laird	M	Hastings	NE	8.70	2	Silver	X
Track & Field - 50M Dash	70-74 Male	Rod	Speidel	M	Bettendorf	IA	9.30	1	Gold	X
Track & Field - 50M Dash	70-74 Male	Billy	Potter	M	Coal Valley	IL	9.55	3	Bronze	X
Track & Field - 50M Dash	70-74 Male	Chuck	Ward	M	Urbandale	IA	10.2	2	Silver	X
Track & Field - 50M Dash	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	10.2	4		
Track & Field - 50M Dash	70-74 Male	Darwin	Ramker	M	Waverly	IA	10.54	3	Bronze	X
Track & Field - 50M Dash	70-74 Male	Denny	Adair	M	Osceola	IA	12.81	4		X
Track & Field - 50M Dash	75-79 Male	James	Trent	M	Midwest City	OK	8.54	1	Gold	X
Track & Field - 50M Dash	75-79 Male	Randall	Olson	M	Nebraska City	NE	9.46	2	Silver	X
Track & Field - 50M Dash	75-79 Male	Wendell	Whitcher	M	West Union	IA	9.64	1	Gold	X
Track & Field - 50M Dash	75-79 Male	Ron	Peterson	M	Waukee	IA	9.98	2	Silver	X
Track & Field - 50M Dash	75-79 Male	Jerry	Bauer	M	Waukesha	WI	10.36	3	Bronze	X
Track & Field - 50M Dash	75-79 Male	Greg	Eastman	M	Clive	IA	10.36	3	Bronze	X
Track & Field - 50M Dash	75-79 Male	Dennis	Tevis	M	Hornick	IA	11.28	4		X
Track & Field - 50M Dash	80-84 Male	Frank	Perez	M	West Des Moines	IA	10.70	1	Gold	X
Track & Field - 50M Dash	80-84 Male	Ken	Stewart	M	Batavia	OH	11.52	2	Silver	X
Track & Field - 50M Dash	80-84 Male	Rich	Hoidahl	M	Johnston	IA	13.7	2	Silver	X
Track & Field - 50M Dash	85-89 Male	Don	Zimmer	M	West Des Moines	IA	12.18	1	Gold	X
Track & Field - 800M Run	50-54 Female	Cinda	Blake	F	Wayland	IA	3:27.75	1	Gold	X
Track & Field - 800M Run	55-59 Female	Jean	Dingeman	F	Pella	IA	3:50.41	1	Gold	X
Track & Field - 800M Run	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	4:30.52	2	Silver	X
Track & Field - 800M Run	60-64 Female	Susan	Fray	F	Clive	IA	3:36.7	1	Gold	X
Track & Field - 800M Run	70-74 Female	Shari	Hintermeister	F	North Liberty	IA	6:30.4	1	Gold	X
Track & Field - 800M Run	50-54 Male	Jason	Hahn	M	Des Moines	IA	2:45.97	1	Gold	X
Track & Field - 800M Run	50-54 Male	Scott	Mills	M	Des Moines	IA	3:35.13	2	Silver	X
Track & Field - 800M Run	55-59 Male	Martin	Sabo	M	Denver	CO	3:4.41	1	Gold	X
Track & Field - 800M Run	55-59 Male	Thomas	Shide	M	Urbandale	IA	3:26.47	1	Gold	X
Track & Field - 800M Run	60-64 Male	Doug	Walker	M	Manhattan	KS	3:1.8	1	Gold	X
Track & Field - 800M Run	60-64 Male	Keith	Kauten	M	NOOrth Liberty	IA	3:47.89	1	Gold	X
Track & Field - 800M Run	65-69 Male	Keith	Dahlstrom	M	CEDAR FALLS	IA	3:3.47	1	Gold	X
Track & Field - 800M Run	65-69 Male	Tom	Loch	M	Pella	IA	3:9.46	2	Silver	X
Track & Field - 800M Run	65-69 Male	Randy	Davis	M	Altoona	IA	4:23.31	3	Bronze	X
Track & Field - 800M Run	70-74 Male	Perry	Linn	M	Corning	IA	2:53.68	1	Gold	X
Track & Field - 800M Run	70-74 Male	David	Miller	M	Urbandale	IA	3:5.77	2	Silver	X
Track & Field - 800M Run	70-74 Male	Larry	Hamm	M	Des Moines	IA	3:34.86	3	Bronze	X
Track & Field - 800M Run	75-79 Male	Tom	Kirkwood	M	Dyersville	IA	4:6.54	1	Gold	X
Track & Field - Power Walk 1,500 M	55-59 Female	KELLY	BANKOLE	F	Lakeville	MN	9:1.40	1	Gold	X
Track & Field - Power Walk 1,500 M	55-59 Female	Rosanne	Wicks	F	Waukon	IA	11:7.50	1	Gold	X
Track & Field - Power Walk 1,500 M	55-59 Female	Kay	Haroldson	F	Adel	IA	13:32.80	2	Silver	X
Track & Field - Power Walk 1,500 M	60-64 Female	Lori	Groom	F	Leawood	KS	9:2.70	1	Gold	X
Track & Field - Power Walk 1,500 M	60-64 Female	Cindy	Beatty	F	Atkins	IA	13:34.30	1	Gold	X
Track & Field - Power Walk 1,500 M	65-69 Female	Ann	Hegstrom	F	De Soto	IA	10:6.60	1	Gold	X
Track & Field - Power Walk 1,500 M	75-79 Female	Faith	Rulapaugh	F	Oelwein	IA	13:41.50	1	Gold	X
Track & Field - Power Walk 1,500 M	50-54 Male	Aaron	Hartje	M	Des Moines	IA	12:31.10	1	Gold	X
Track & Field - Power Walk 1,500 M	60-64 Male	Brian	Beatty	M	Atkins	IA	9:54.0	1	Gold	X
Track & Field - Power Walk 1,500 M	60-64 Male	Keith	Kauten	M	NOOrth Liberty	IA	12:31.40	2	Silver	X
Track & Field - Power Walk 1,500 M	65-69 Male	Steve	Hoger	M	Seward	NE	8:57.70	1	Gold	X

2022 Summer Iowa Senior Games Track and Field
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Track & Field - Power Walk 1,500 M	65-69 Male	Randy	Davis	M	Altoona	IA	10:16.10	1	Gold	X
Track & Field - Power Walk 1,500 M	65-69 Male	Brad	Ewest	M	Ankeny	IA	13:35.60	2	Silver	X
Track & Field - Power Walk 1,500 M	70-74 Male	Tim	Phillips	M	Hiawatha	IA	10:5.60	1	Gold	X
Track & Field - Power Walk 1,500 M	70-74 Male	Denny	Adair	M	Osceola	IA	14:2.80	2	Silver	X
Track & Field - Power Walk 1,500 M	75-79 Male	Tom	Kirkwood	M	Dyersville	IA	9:13.10	1	Gold	X
Track & Field - Power Walk 1,500 M	80-84 Male	Ken	Stewart	M	Batavia	OH	13:35.60	1	Gold	X
Track & Field - Race Walk 5,000 M	60-64 Female	Lori	Groom	F	Leawood	KS		NT	NT	
Track & Field - Race Walk 5,000 M	65-69 Female	Ann	Hegstrom	F	De Soto	IA		NT	NT	
Track & Field - Race Walk 5,000 M	65-69 Female	Jane	Hein	F	Clive	IA		NT	NT	
Track & Field - Race Walk 5,000 M	75-79 Female	Faith	Rulapaugh	F	Oelwein	IA		NT	NT	
Track & Field - Race Walk 5,000 M	55-59 Male	Davin	Roberts	M	West Des Moines	IA		NT	NT	
Track & Field - Race Walk 5,000 M	60-64 Male	Timothy	Pew	M	Des Moines	IA		NT	NT	
Track & Field - Race Walk 5,000 M	65-69 Male	Randy	Davis	M	Altoona	IA		NT	NT	
Track & Field - Race Walk 5,000 M	65-69 Male	Steve	Hoger	M	Seward	NE		NT	NT	
Track & Field - Race Walk 5,000 M	65-69 Male	Brad	Ewest	M	Ankeny	IA		NT	NT	
Track & Field - Race Walk 5,000 M	70-74 Male	Tim	Phillips	M	Hiawatha	IA		NT	NT	
Track & Field - Race Walk 5,000 M	75-79 Male	Tom	Kirkwood	M	Dyersville	IA		NT	NT	
Track & Field - Race Walk 5,000 M	80-84 Male	Gary	O'Daniels	M	Creston	IA		NT	NT	
Track & Field - Discus	55-59 Female	Nancy	Tesdall	F	Sioux Falls	SD	84'2.5"	1	Gold	X
Track & Field - Discus	55-59 Female	melanie	bintz	F	dayton	IA	43'07"	1	Gold	X
Track & Field - Discus	55-59 Female	Jacqueline	Riekema	F	West Des Moines	IA	42'05"	2	Silver	X
Track & Field - Discus	55-59 Female	Kay	Haroldson	F	Adel	IA	40'00"	3	Bronze	X
Track & Field - Discus	60-64 Female	Ann	Schmidt	F	Waukee	IA	49'08"	1	Gold	X
Track & Field - Discus	60-64 Female	Greta	Budweg	F	Ankeny	IA	45'10.50"	2	Silver	X
Track & Field - Discus	60-64 Female	Judi	Clevenger	F	Alexis	IL	45'00"	3	Bronze	X
Track & Field - Discus	60-64 Female	Jody	Walter	F	Des Moines	IA	"	ND	ND	
Track & Field - Discus	65-69 Female	Barbara	Reddick	F	Remlap	AL	64'01.50"	1	Gold	X
Track & Field - Discus	65-69 Female	Rozalyn	Boyer	F	Adel	IA	37'08"	1	Gold	X
Track & Field - Discus	70-74 Female	Neva	Weisskopf	F	Lehigh Acres	FL	51'08"	1	Gold	X
Track & Field - Discus	70-74 Female	Martha	Green	F	Des Moines	IA	38'04"	1	Gold	X
Track & Field - Discus	75-79 Female	Diana	Schultz	F	Topeka	KS	41'07"	1	Gold	X
Track & Field - Discus	75-79 Female	Suzan	French	F	Ankeny	IA	27'06.50"	1	Gold	X
Track & Field - Discus	50-54 Male	Scott	Mills	M	Des Moines	IA	63'03.50"	1	Gold	X
Track & Field - Discus	55-59 Male	Troy	Bellrichard	M	Spring Valley	MN	143'06.50"	1	Gold	X
Track & Field - Discus	55-59 Male	Doug	Johanson	M	Johnston	IA	99'09"	1	Gold	X
Track & Field - Discus	60-64 Male	Rick	Anderson	M	Lawrence	KS	146'09.50"	1	Gold	X
Track & Field - Discus	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	90'10"	1	Gold	X
Track & Field - Discus	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	87'10"	2	Silver	X
Track & Field - Discus	60-64 Male	Brad	Bonin	M	Clear Lake	IA	65'02.50"	3	Bronze	X
Track & Field - Discus	65-69 Male	David	Brandt	M	Sprague	NE	126'02.50"	1	Gold	X
Track & Field - Discus	65-69 Male	Jeffrey	Carl	M	Sterling	IL	120'01"	2	Silver	X
Track & Field - Discus	65-69 Male	Hiram	Melendez	M	Dubuque	IA	119'05"	1	Gold	X
Track & Field - Discus	65-69 Male	Jim	Franzen	M	Denver	IA	116'07.25"	2	Silver	X
Track & Field - Discus	65-69 Male	Lance	Platt	M	Moville	IA	39'08"	3	Bronze	X
Track & Field - Discus	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	121'08.50"	1	Gold	X
Track & Field - Discus	70-74 Male	Billy	Potter	M	Coal Valley	IL	83'00"	2	Silver	X
Track & Field - Discus	70-74 Male	Rod	Speidel	M	Bettendorf	IA	70'05.50"	1	Gold	X
Track & Field - Discus	75-79 Male	Randall	Olson	M	Nebraska City	NE	88'04"	1	Gold	X

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Track & Field - Discus	75-79 Male	Ron	Peterson	M	Waukee	IA	78'03"	1	Gold	X
Track & Field - Discus	75-79 Male	Greg	Eastman	M	Clive	IA	70'02.50"	2	Silver	X
Track & Field - Discus	75-79 Male	Alan	Schenck	M	Clarinda	IA	41'06.50"	3	Bronze	X
Track & Field - Discus	80-84 Male	Martin	Zanger	M	Robbinsdale	MN	68'09"	1	Gold	X
Track & Field - Discus	80-84 Male	Howard	Bich	M	Sioux Falls	SD	62'01.50"	2	Silver	X
Track & Field - Discus	80-84 Male	Ken	Stewart	M	Batavia	OH	58'07"	3	Bronze	X
Track & Field - Discus	80-84 Male	Don	Newton	M	West Des Moines	IA	47'11.50"	1	Gold	X
Track & Field - Discus	80-84 Male	Frank	Perez	M	West Des Moines	IA	42'09"	2	Silver	X
Track & Field - Discus	80-84 Male	Rich	Hoidahl	M	Johnston	IA	40'01"	3	Bronze	X
Track & Field - Discus	85-89 Male	John	Manning	M	Cedar Rapids	IA	69'00"	1	Gold	X
Track & Field - Discus	85-89 Male	Otto	Welfring	M	Marshalltown	IA	66'02"	2	Silver	X
Track & Field - Discus	85-89 Male	Gary	Smidt	M	Ankeny	IA	51'07"	3	Bronze	X
Track & Field - Discus	85-89 Male	Bob	McCoid	M	West Alexander	PA	46'10"	4		X
Track & Field - Discus	85-89 Male	Richard	Anderson	M	West Des Moines	IA	40'11"	5		X
Track & Field - Discus	90-94 Male	Bart	Young	M	Indianola	IA	26'10"	1	Gold	X
Track & Field - Javelin	55-59 Female	Nancy	Tesdall	F	Sioux Falls	SD	49'10"	1	Gold	X
Track & Field - Javelin	55-59 Female	melanie	bintz	F	dayton	IA	45'01"	1	Gold	X
Track & Field - Javelin	55-59 Female	Jacqueline	Riekena	F	West Des Moines	IA	37'01"	2	Silver	X
Track & Field - Javelin	60-64 Female	Ann	Schmidt	F	Waukee	IA	38'00"	1	Gold	X
Track & Field - Javelin	60-64 Female	Greta	Budweg	F	Ankeny	IA	29'00"	2	Silver	X
Track & Field - Javelin	65-69 Female	Barbara	Reddick	F	Remlap	AL	45'00"	1	Gold	X
Track & Field - Javelin	65-69 Female	Rozalyn	Boyer	F	Adel	IA	22'01"	1	Gold	X
Track & Field - Javelin	70-74 Female	Neva	Weisskopf	F	Lehigh Acres	FL	46'10"	1	Gold	X
Track & Field - Javelin	70-74 Female	Martha	Green	F	Des Moines	IA	30'09"	1	Gold	X
Track & Field - Javelin	70-74 Female	Christine	Carroll	F	West Des Moines	IA	28'03"	2	Silver	X
Track & Field - Javelin	75-79 Female	Diana	Schultz	F	Topeka	KS	53'03"	1	Gold	X
Track & Field - Javelin	75-79 Female	Suzan	French	F	Ankeny	IA	26'00"	1	Gold	X
Track & Field - Javelin	50-54 Male	Scott	Mills	M	Des Moines	IA	49'09"	1	Gold	X
Track & Field - Javelin	55-59 Male	Troy	Bellrichard	M	Spring Valley	MN	119'08"	1	Gold	X
Track & Field - Javelin	55-59 Male	Thomas	Shide	M	Urbandale	IA	76'10"	1	Gold	X
Track & Field - Javelin	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	65'01"	1	Gold	X
Track & Field - Javelin	65-69 Male	Randy	Davis	M	Altoona	IA	56'09"	1	Gold	X
Track & Field - Javelin	65-69 Male	Robert	Donaldson	M	Galesburg	IL	48'02"	2	Silver	X
Track & Field - Javelin	65-69 Male	Brad	Ewest	M	Ankeny	IA	47'01"	2	Silver	X
Track & Field - Javelin	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	92'07"	1	Gold	X
Track & Field - Javelin	70-74 Male	Dennis	Hinckley	M	Sioux Falls	SD	75'01"	2	Silver	X
Track & Field - Javelin	70-74 Male	Rod	Speidel	M	Bettendorf	IA	74'08"	1	Gold	X
Track & Field - Javelin	70-74 Male	Douglas	Potter	M	altoona	IA	43'09"	2	Silver	X
Track & Field - Javelin	70-74 Male	Chuck	Ward	M	Urbandale	IA	41'05"	3	Bronze	X
Track & Field - Javelin	75-79 Male	Randall	Olson	M	Nebraska City	NE	103'02"	1	Gold	X
Track & Field - Javelin	75-79 Male	Ron	Peterson	M	Waukee	IA	51'02"	1	Gold	X
Track & Field - Javelin	75-79 Male	Alan	Schenck	M	Clarinda	IA	44'06"	2	Silver	X
Track & Field - Javelin	80-84 Male	Howard	Bich	M	Sioux Falls	SD	60'07"	1	Gold	X
Track & Field - Javelin	80-84 Male	Rich	Hoidahl	M	Johnston	IA	51'00"	1	Gold	X
Track & Field - Javelin	80-84 Male	Frank	Perez	M	West Des Moines	IA	47'01"	2	Silver	X
Track & Field - Javelin	80-84 Male	Ken	Stewart	M	Batavia	OH	33'02"	3	Bronze	X
Track & Field - Javelin	85-89 Male	John	Manning	M	Cedar Rapids	IA	62'02"	1	Gold	X
Track & Field - Javelin	85-89 Male	Bob	McCoid	M	West Alexander	PA	44'07"	2	Silver	X
Track & Field - Javelin	85-89 Male	Gary	Smidt	M	Ankeny	IA	35'00"	2	Silver	X
Track & Field - Javelin	90-94 Male	Bart	Young	M	Indianola	IA	17'03"	1	Gold	X
Track & Field - Shot Put	55-59 Female	Nancy	Tesdall	F	Sioux Falls	SD	27'01.50"	1	Gold	X
Track & Field - Shot Put	55-59 Female	melanie	bintz	F	dayton	IA	22'05.25"	1	Gold	X
Track & Field - Shot Put	55-59 Female	Jacqueline	Riekena	F	West Des Moines	IA	22'02.75"	2	Silver	X

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Track & Field - Shot Put	60-64 Female	Greta	Budweg	F	Ankeny	IA	20'06"	1	Gold	X
Track & Field - Shot Put	60-64 Female	Judi	Clevenger	F	Alexis	IL	19'03.75"	2	Silver	X
Track & Field - Shot Put	60-64 Female	Ann	Schmidt	F	Waukee	IA	18'07.75"	2	Silver	X
Track & Field - Shot Put	65-69 Female	Margaret	Beuter	F	Iowa City	IA	27'08"	1	Gold	X
Track & Field - Shot Put	65-69 Female	Barbara	Reddick	F	Remlap	AL	26'07"	2	Silver	X
Track & Field - Shot Put	65-69 Female	Rozalyn	Boyer	F	Adel	IA	15'02.75"	2	Silver	X
Track & Field - Shot Put	70-74 Female	Vicki	Morris	F	New Virginia	IA	23'09"	1	Gold	X
Track & Field - Shot Put	70-74 Female	Neva	Weisskopf	F	Lehigh Acres	FL	19'02.75"	2	Silver	X
Track & Field - Shot Put	70-74 Female	Christine	Carroll	F	West Des Moines	IA	18'03.50"	2	Silver	X
Track & Field - Shot Put	70-74 Female	Martha	Green	F	Des Moines	IA	18'00.50"	3	Bronze	X
Track & Field - Shot Put	75-79 Female	Diana	Schultz	F	Topeka	KS	21'06"	1	Gold	X
Track & Field - Shot Put	75-79 Female	Suzan	French	F	Ankeny	IA	13'01.75"	1	Gold	X
Track & Field - Shot Put	50-54 Male	Aaron	Hartje	M	Des Moines	IA	28'10.75"	1	Gold	X
Track & Field - Shot Put	50-54 Male	Scott	Mills	M	Des Moines	IA	22'06.25"	2	Silver	X
Track & Field - Shot Put	55-59 Male	Troy	Bellrichard	M	Spring Valley	MN	45'00.50"	1	Gold	X
Track & Field - Shot Put	55-59 Male	Doug	Johanson	M	Johnston	IA	30'06"	1	Gold	X
Track & Field - Shot Put	55-59 Male	Martin	Sabo	M	Denver	CO	28'07.75"	2	Silver	X
Track & Field - Shot Put	55-59 Male	Timothy	Hellyer	M	Zumbrota	MN	27'04.50"	3	Bronze	X
Track & Field - Shot Put	60-64 Male	Rick	Anderson	M	Lawrence	KS	41'10"	1	Gold	X
Track & Field - Shot Put	60-64 Male	Elliott	Kissam	M	Bettendorf	IA	26'05.50"	1	Gold	X
Track & Field - Shot Put	60-64 Male	Brad	Bonin	M	Clear Lake	IA	21'06.25"	2	Silver	X
Track & Field - Shot Put	65-69 Male	David	Brandt	M	Sprague	NE	38'10.75"	1	Gold	X
Track & Field - Shot Put	65-69 Male	Jeffrey	Carl	M	Sterling	IL	31'10.50"	2	Silver	X
Track & Field - Shot Put	65-69 Male	Jim	Franzen	M	Denver	IA	31'02.75"	1	Gold	X
Track & Field - Shot Put	65-69 Male	Lance	Platt	M	Moville	IA	19'02.25"	2	Silver	X
Track & Field - Shot Put	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	42'10.75"	1	Gold	X
Track & Field - Shot Put	70-74 Male	Billy	Potter	M	Coal Valley	IL	30'02.75"	2	Silver	X
Track & Field - Shot Put	70-74 Male	Rod	Speidel	M	Bettendorf	IA	26'10.50"	1	Gold	X
Track & Field - Shot Put	70-74 Male	Denny	Adair	M	Osceola	IA	18'10.50"	2	Silver	X
Track & Field - Shot Put	75-79 Male	Randall	Olson	M	Nebraska City	NE		1	Gold	X
Track & Field - Shot Put	75-79 Male	Charles	Lynch	M	Iowa City	IA	27'03"	2	Silver	X
Track & Field - Shot Put	75-79 Male	Ron	Peterson	M	Waukee	IA		3	Bronze	X
Track & Field - Shot Put	75-79 Male	Greg	Eastman	M	Clive	IA	25'05.25"	4		X
Track & Field - Shot Put	80-84 Male	Martin	Zanger	M	Robbinsdale	MN	32'05.75"	1	Gold	X
Track & Field - Shot Put	80-84 Male	Howard	Bich	M	Sioux Falls	SD	28'08.50"	2	Silver	X
Track & Field - Shot Put	80-84 Male	Don	Newton	M	West Des Moines	IA	23'06.75"	1	Gold	X
Track & Field - Shot Put	80-84 Male	Rich	Hoidahl	M	Johnston	IA	23'06"	2	Silver	X
Track & Field - Shot Put	80-84 Male	Frank	Perez	M	West Des Moines	IA	22'09.75"	3	Bronze	X
Track & Field - Shot Put	80-84 Male	Dale	Dewey	M	Altoona	IA	22'06.75"	4		X
Track & Field - Shot Put	80-84 Male	Ken	Stewart	M	Batavia	OH	22'00.50"	5		
Track & Field - Shot Put	85-89 Male	John	Manning	M	Cedar Rapids	IA	32'09.25"	1	Gold	X
Track & Field - Shot Put	85-89 Male	Gary	Smidt	M	Ankeny	IA	28'07"	2	Silver	X
Track & Field - Shot Put	85-89 Male	Otto	Welfring	M	Marshalltown	IA	26'06.50"	3	Bronze	X
Track & Field - Shot Put	85-89 Male	Jerry	Anderson	M	Ellsworth	WI	20'09.25"	4		X
Track & Field - Shot Put	85-89 Male	Bob	McCoid	M	West Alexander	PA	19'10"	5		
Track & Field - Shot Put	90-94 Male	Bart	Young	M	Indianola	IA	12'07.50"	1	Gold	X
Track & Field - Running Long Jump	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	5'10"	1	Gold	X
Track & Field - Running Long Jump	55-59 Female	Jacqueline	Riekema	F	West Des Moines	IA	4'06.50"	2	Silver	X
Track & Field - Running Long Jump	60-64 Female	Jody	Walter	F	Des Moines	IA	8'03"	1	Gold	X
Track & Field - Running Long Jump	60-64 Female	Judi	Clevenger	F	Alexis	IL	7'02"	2	Silver	X
Track & Field - Running Long Jump	65-69 Female	Ann	Hegstrom	F	De Soto	IA	9'08"	1	Gold	X
Track & Field - Running Long Jump	65-69 Female	Micki	Marolf	F	Dubuque	IA	5'02.75"	2	Silver	X
Track & Field - Running Long Jump	70-74 Female	Coralyn	Duhstine Feeney	F	East Moline	IL	8'00.50"	1	Gold	X

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Track & Field - Running Long Jump	50-54 Male	Scott	Mills	M	Des Moines	IA	8'01"	1	Gold	X
Track & Field - Running Long Jump	55-59 Male	Mark	Barinque	M	Lubbock	TX	15'06.50"	1	Gold	X
Track & Field - Running Long Jump	55-59 Male	Marvin	Wittig	M	Hartford	WI	15'04"	2	Silver	X
Track & Field - Running Long Jump	55-59 Male	Brian	Andrae	M	Orion	IL	12'10.50"	3	Bronze	X
Track & Field - Running Long Jump	55-59 Male	Thomas	Shide	M	Urbandale	IA	12'00"	1	Gold	X
Track & Field - Running Long Jump	55-59 Male	Mark	Walter	M	Des Moines	IA	8'00"	2	Silver	X
Track & Field - Running Long Jump	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	10'11.50"	1	Gold	X
Track & Field - Running Long Jump	65-69 Male	David	Roberts	M	Boone	IA	13'10"	1	Gold	X
Track & Field - Running Long Jump	65-69 Male	David	Rainey	M	Waterloo	IA	13'07"	2	Silver	X
Track & Field - Running Long Jump	65-69 Male	Keith	Dahlstrom	M	CEDAR FALLS	IA	13'05"	3	Bronze	X
Track & Field - Running Long Jump	65-69 Male	David	Brandt	M	Sprague	NE	12'08"	4		X
Track & Field - Running Long Jump	65-69 Male	Robert	Donaldson	M	Galesburg	IL	11'05"	5		
Track & Field - Running Long Jump	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	13'07"	1	Gold	X
Track & Field - Running Long Jump	70-74 Male	David	Black	M	Falcon Heights	MN	12'03"	2	Silver	X
Track & Field - Running Long Jump	70-74 Male	Billy	Potter	M	Coal Valley	IL	11'07.50"	3	Bronze	X
Track & Field - Running Long Jump	70-74 Male	Rod	Speidel	M	Bettendorf	IA	10'01"	1	Gold	X
Track & Field - Running Long Jump	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	6'03.50"	4		
Track & Field - Running Long Jump	75-79 Male	James	Trent	M	Midwest City	OK	10'08.75"	1	Gold	X
Track & Field - Running Long Jump	75-79 Male	Randall	Olson	M	Nebraska City	NE	10'01"	2	Silver	X
Track & Field - Running Long Jump	75-79 Male	Ron	Peterson	M	Waukee	IA	8'07"	1	Gold	X
Track & Field - Running Long Jump	75-79 Male	Larry	Lehrkamp	M	Willis	TX	6'09"	3	Bronze	X
Track & Field - Running Long Jump	75-79 Male	Alan	Schenck	M	Clarinda	IA	5'07.50"	2	Silver	X
Track & Field - Running Long Jump	80-84 Male	Ken	Stewart	M	Batavia	OH	7'0.50"	1	Gold	X
Track & Field - Running Long Jump	80-84 Male	Frank	Perez	M	West Des Moines	IA	7'02.25"	1	Gold	X
Track & Field - Running Long Jump	80-84 Male	Howard	Bich	M	Sioux Falls	SD	6'06.50"	2	Silver	X
Track & Field - Running Long Jump	80-84 Male	Rich	Hoidahl	M	Johnston	IA	3'10.50"	2	Silver	X
Track & Field - Running Long Jump	85-89 Male	Gary	Smidt	M	Ankeny	IA	6'04"	1	Gold	X
Track & Field - Running Long Jump	85-89 Male	Don	Zimmer	M	West Des Moines	IA	6'01.75"	2	Silver	X
Track & Field - Standing Long Jump	55-59 Female	Mindy	Blasberg	F	Des Moines	IA	6'02"	1	Gold	X
Track & Field - Standing Long Jump	55-59 Female	Jennifer Amy	Shide	F	Urbandale	IA	4'07.50"	2	Silver	X
Track & Field - Standing Long Jump	55-59 Female	Jacqueline	Riekena	F	West Des Moines	IA	4'02"	3	Bronze	X
Track & Field - Standing Long Jump	60-64 Female	Susan	Fray	F	Clive	IA	5'04"	1	Gold	X
Track & Field - Standing Long Jump	60-64 Female	Greta	Budweg	F	Ankeny	IA	4'04"	2	Silver	X
Track & Field - Standing Long Jump	65-69 Female	Ann	Hegstrom	F	De Soto	IA	5'02.50"	1	Gold	X
Track & Field - Standing Long Jump	70-74 Female	Coralyn	Duhstine Feeney	F	East Moline	IL	5'02"	1	Gold	X
Track & Field - Standing Long Jump	70-74 Female	Vicki	Morris	F	New Virginia	IA	3'09.50"	1	Gold	X
Track & Field - Standing Long Jump	50-54 Male	Troy	Lilly	M	Bondurant	IA	7'10"	1	Gold	X
Track & Field - Standing Long Jump	50-54 Male	Scott	Mills	M	Des Moines	IA	5'05"	2	Silver	X
Track & Field - Standing Long Jump	55-59 Male	Mark	Barinque	M	Lubbock	TX	9'01"	1	Gold	X
Track & Field - Standing Long Jump	55-59 Male	Timothy	Hellyer	M	Zumbrota	MN	7'04.50"	2	Silver	X
Track & Field - Standing Long Jump	55-59 Male	Brian	Andrae	M	Orion	IL	7'01.50"	3	Bronze	X
Track & Field - Standing Long Jump	55-59 Male	Thomas	Shide	M	Urbandale	IA	7'00"	1	Gold	X
Track & Field - Standing Long Jump	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	7'05.50"	1	Gold	X
Track & Field - Standing Long Jump	60-64 Male	Keith	Kauten	M	NOrth Liberty	IA	5'10"	2	Silver	X
Track & Field - Standing Long Jump	65-69 Male	David	Roberts	M	Boone	IA	8'01"	1	Gold	X
Track & Field - Standing Long Jump	65-69 Male	David	Brandt	M	Sprague	NE	7'11.50"	2	Silver	X
Track & Field - Standing Long Jump	65-69 Male	David	Rainey	M	Waterloo	IA	7'11"	2	Silver	X
Track & Field - Standing Long Jump	65-69 Male	Robert	Donaldson	M	Galesburg	IL	7'00"	3	Bronze	X
Track & Field - Standing Long Jump	65-69 Male	Brad	Ewest	M	Ankeny	IA	5'02.50"	3	Bronze	X
Track & Field - Standing Long Jump	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	7'03.50"	1	Gold	X
Track & Field - Standing Long Jump	70-74 Male	David	Black	M	Falcon Heights	MN	7'03"	2	Silver	X
Track & Field - Standing Long Jump	70-74 Male	Rod	Speidel	M	Bettendorf	IA	6'07.50"	1	Gold	X
Track & Field - Standing Long Jump	70-74 Male	Billy	Potter	M	Coal Valley	IL	6'04"	3	Bronze	X
Track & Field - Standing Long Jump	70-74 Male	Dennis	Hinckley	M	Sioux Falls	SD	5'10.50"	4		
Track & Field - Standing Long Jump	70-74 Male	Chuck	Ward	M	Urbandale	IA	5'02.50"	2	Silver	X

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Track & Field - Standing Long Jump	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	5'02.50"	5		
Track & Field - Standing Long Jump	75-79 Male	Randall	Olson	M	Nebraska City	NE	6'11.50"	1	Gold	X
Track & Field - Standing Long Jump	75-79 Male	James	Trent	M	Midwest City	OK	6'08.50"	2	Silver	X
Track & Field - Standing Long Jump	75-79 Male	Ron	Peterson	M	Waukee	IA	6'06"	1	Gold	X
Track & Field - Standing Long Jump	75-79 Male	Greg	Eastman	M	Clive	IA	4'09"	2	Silver	X
Track & Field - Standing Long Jump	75-79 Male	Alan	Schenck	M	Clarinda	IA	4'05.50"	3	Bronze	X
Track & Field - Standing Long Jump	80-84 Male	Martin	Zanger	M	Robbinsdale	MN	5'01"	1	Gold	X
Track & Field - Standing Long Jump	80-84 Male	Greuling(G)	Schellhorn	M	Boscobel.	WI	5'00.50"	2	Silver	X
Track & Field - Standing Long Jump	80-84 Male	Howard	Bich	M	Sioux Falls	SD	5'00"	3	Bronze	X
Track & Field - Standing Long Jump	80-84 Male	Frank	Perez	M	West Des Moines	IA	4'10"	1	Gold	X
Track & Field - Standing Long Jump	80-84 Male	Rich	Hoidahl	M	Johnston	IA	4'04"	2	Silver	X
Track & Field - Standing Long Jump	80-84 Male	Ken	Stewart	M	Batavia	OH	4'03"	4		
Track & Field - Standing Long Jump	85-89 Male	Don	Zimmer	M	West Des Moines	IA	4'03"	1	Gold	X
Track & Field - Standing Long Jump	85-89 Male	Gary	Smidt	M	Ankeny	IA	4'03"	1	Gold	X
Track & Field - Triple Jump	55-59 Female	Jacqueline	Riekema	F	West Des Moines	IA	10'09"	1	Gold	X
Track & Field - Triple Jump	60-64 Female	Judi	Clevenger	F	Alexis	IL	13'04"	1	Gold	X
Track & Field - Triple Jump	65-69 Female	Ann	Hegstrom	F	De Soto	IA	19'00"	1	Gold	X
Track & Field - Triple Jump	70-74 Female	Coralyn	Duhstine Feeney	F	East Moline	IL	19'06.50"	1	Gold	X
Track & Field - Triple Jump	50-54 Male	Scott	Mills	M	Des Moines	IA	14'08"	1	Gold	X
Track & Field - Triple Jump	55-59 Male	Brian	Andrae	M	Orion	IL	30'06.50"	1	Gold	X
Track & Field - Triple Jump	55-59 Male	Thomas	Shide	M	Urbandale	IA	26'01.50"	1	Gold	X
Track & Field - Triple Jump	55-59 Male	Marvin	Wittig	M	Hartford	WI	25'02.25"	2	Silver	X
Track & Field - Triple Jump	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	24'11.50"	1	Gold	X
Track & Field - Triple Jump	65-69 Male	David	Roberts	M	Boone	IA	28'07.50"	1	Gold	X
Track & Field - Triple Jump	65-69 Male	Keith	Dahlstrom	M	CEDAR FALLS	IA	26'11"	2	Silver	X
Track & Field - Triple Jump	65-69 Male	David	Brandt	M	Sprague	NE	24'05"	3	Bronze	X
Track & Field - Triple Jump	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	30'05.50"	1	Gold	X
Track & Field - Triple Jump	70-74 Male	David	Black	M	Falcon Heights	MN	25'02"	2	Silver	X
Track & Field - Triple Jump	70-74 Male	Billy	Potter	M	Coal Valley	IL	22'11.50"	3	Bronze	X
Track & Field - Triple Jump	70-74 Male	Rod	Speidel	M	Bettendorf	IA	18'07"	1	Gold	X
Track & Field - Triple Jump	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	15'07"	4		
Track & Field - Triple Jump	75-79 Male	Randall	Olson	M	Nebraska City	NE	20'11"	1	Gold	X
Track & Field - Triple Jump	75-79 Male	Alan	Schenck	M	Clarinda	IA	12'11"	1	Gold	X
Track & Field - Triple Jump	80-84 Male	Howard	Bich	M	Sioux Falls	SD	15'00.50"	1	Gold	X
Track & Field - Triple Jump	80-84 Male	Greuling(G)	Schellhorn	M	Boscobel.	WI	14'01"	2	Silver	X
Track & Field - Triple Jump	80-84 Male	Rich	Hoidahl	M	Johnston	IA	12'09.50"	1	Gold	X
Track & Field - High Jump	60-64 Female	Jody	Walter	F	Des Moines	IA	''	NH	NH	
Track & Field - High Jump	65-69 Female	Margaret	Beuter	F	Iowa City	IA	3'09"	1	Gold	X
Track & Field - High Jump	50-54 Male	Scott	Mills	M	Des Moines	IA	3'00"	1	Gold	X
Track & Field - High Jump	55-59 Male	Mike	Krapfl	M	Ames	IA	4'08"	1	Gold	X
Track & Field - High Jump	55-59 Male	Thomas	Shide	M	Urbandale	IA	4'00"	2	Silver	X
Track & Field - High Jump	60-64 Male	Peter	Hlavin	M	Iowa City	IA	4'08"	1	Gold	X
Track & Field - High Jump	60-64 Male	Jeff	Pfundheller	M	Urbandale	IA	4'00"	2	Silver	X
Track & Field - High Jump	65-69 Male	David	Brandt	M	Sprague	NE	4'06"	1	Gold	X
Track & Field - High Jump	65-69 Male	David	Rainey	M	Waterloo	IA	4'02"	1	Gold	X
Track & Field - High Jump	65-69 Male	Michael	Breen	M	Council Bluffs	IA	3'08"	2	Silver	X
Track & Field - High Jump	65-69 Male	Robert	Donaldson	M	Galesburg	IL	3'08"	3	Bronze	X
Track & Field - High Jump	65-69 Male	Brad	Ewest	M	Ankeny	IA	3'02"	3	Bronze	X
Track & Field - High Jump	65-69 Male	Randy	Davis	M	Altoona	IA	''	NH	NH	
Track & Field - High Jump	70-74 Male	Dan	Mehlbrech	M	Crooks	SD	4'07"	1	Gold	X

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Track & Field - High Jump	70-74 Male	David	Black	M	Falcon Heights	MN	4'00"	2	Silver	X
Track & Field - High Jump	70-74 Male	Rod	Speidel	M	Bettendorf	IA	3'06"	1	Gold	X
Track & Field - High Jump	70-74 Male	Billy	Potter	M	Coal Valley	IL	3'06"	3	Bronze	X
Track & Field - High Jump	70-74 Male	Andy	Steinfeldt	M	Minnetonka	MN	3'00"	4		
Track & Field - High Jump	70-74 Male	Dennis	Hinckley	M	Sioux Falls	SD	3'00"	5		
Track & Field - High Jump	75-79 Male	Ron	Peterson	M	Waukee	IA	3'06"	1	Gold	X
Track & Field - High Jump	75-79 Male	Randall	Olson	M	Nebraska City	NE	3'04"	2	Silver	X
Track & Field - High Jump	80-84 Male	Martin	Zanger	M	Robbinsdale	MN	3'00"	1	Gold	X
Track & Field - High Jump	80-84 Male	Ken	Stewart	M	Batavia	OH	2'10"	2	Silver	X
Track & Field - High Jump	80-84 Male	Howard	Bich	M	Sioux Falls	SD	2'10"	3	Bronze	X
Track & Field - High Jump	85-89 Male	Gary	Smidt	M	Ankeny	IA	"	NH	NH	