

2021 Iowa Senior Games Triathlon Results
Big Creek State Park | July 11, 2021

Category	Sub Event	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal
Triathlon	50-54 Female	Sonya	Heitshusen	West Des Moines	IA	F	54	1:17:04	1	Gold
Triathlon	50-54 Female	Julie	Summers	PELLA	IA	F	54	1:22:55	2	Silver
Triathlon	50-54 Female	Connie	McGarrah	Waukee	IA	F	50	1:27:57	3	Bronze
Triathlon	50-54 Female	Tracey	Yates	Story City	IA	F	53	1:43:44	4	
Triathlon	50-54 Female	Gloria	Schettler	Indianola	IA	F	53	1:56:28	5	
Triathlon	55-59 Female	ALEKSANDRA	MIKIC	Des Moines	IA	F	56	1:20:16	1	Gold
Triathlon	55-59 Female	Jean	Dingeman	Des Moines	IA	F	57	1:23:54	2	Silver
Triathlon	55-59 Female	Sherri	Huff	Winterset	IA	F	59	1:24:10	3	Bronze
Triathlon	60-64 Female	Ssang	Gebelein	West Des Moines	IA	F	62	1:35:15	1	Gold
Triathlon	60-64 Female	Joy	Feagins	Des Moines	IA	F	64	2:00:04	2	Silver
Triathlon	65-69 Female	ann	vestle	Cedar Rapids	IA	F	67	1:30:37	1	Gold
Triathlon	65-69 Female	Joyce	Burch	Des Moines	IA	F	66	1:33:52	2	Silver
Triathlon	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:03:45	1	Gold
Triathlon	50-54 Male	Christopher	Birler	Des Moines	IA	M	53	1:07:05	1	Gold
Triathlon	50-54 Male	Aaron	Cook	Indian Hills Drive	IA	M	50	1:13:08	2	Silver
Triathlon	50-54 Male	Nate	Marfal	Johnston	IA	M	51	1:13:24	3	Bronze
Triathlon	50-54 Male	Karl	Overton	Des Moines	IA	M	54	1:17:56	4	
Triathlon	50-54 Male	David	Wrobel	Ankeny	IA	M	51	1:35:09	5	
Triathlon	55-59 Male	Jeffrey	Mumma	Effingham	IL	M	57	1:09:57	1	Gold
Triathlon	55-59 Male	David	Schrader	Story City	IA	M	59	1:12:38	2	Silver
Triathlon	55-59 Male	Joel	Dentlinger	Des Moines	IA	M	57	1:14:47	3	Bronze
Triathlon	55-59 Male	Greg	Burmeister	Clive	IA	M	58	1:17:33	4	
Triathlon	55-59 Male	Roberto	Eizmendi	Urbandale	IA	M	56	1:18:22	5	
Triathlon	55-59 Male	Dave	Hartogh	Osage	IA	M	57	1:20:16	6	
Triathlon	55-59 Male	Tom	Vlach	City	IA	M	55	1:20:40	7	
Triathlon	55-59 Male	Bill	Walsh	Johnston	IA	M	55	1:22:15	8	

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Triathlon	55-59 Male	william	henninger	newton	IA	M	58	1:28:28	9	
Triathlon	55-59 Male	Matthew	Hilsabeck	Boone	IA	M	55	1:34:04	10	
Triathlon	55-59 Male	Wayne	Ostergaard	Johnston	IA	M	58	1:36:26	11	
Triathlon	55-59 Male	Jim	Norland	Des Moines	IA	M	57	1:52:18	12	
Triathlon	60-64 Male	Steve	Mayberry	AMES	IA	M	60	1:15:15	1	Gold
Triathlon	60-64 Male	Robert	Phelps	Cedar Rapids	IA	M	64	1:18:33	2	Silver
Triathlon	60-64 Male	Andrew	Stroud	Des Moines	IA	M	63	1:26:35	3	Bronze
Triathlon	60-64 Male	John	Gorman	Dell Rapids	SD	M	63	1:38:12	4	
Triathlon	65-69 Male	Ricks	Polk	Hubbard	IA	M	65	1:16:03	1	Gold
Triathlon	65-69 Male	Paul	Riggs	Oskaloosa	IA	M	67	1:26:32	2	Silver
Triathlon	65-69 Male	Alan	Gross	Des Moines	IA	M	67	1:26:39	3	Bronze
Triathlon	65-69 Male	Johnny	Ytzen	Creston	IA	M	67	1:35:54	4	
Triathlon	70-74 Male	Steve	Boyd	Cedar Falls	IA	M	74	1:31:52	1	Gold
Triathlon	75-79 Male	Fred	Hemsath	Cedar Rapids	IA	M	78	1:33:25	1	Gold
Triathlon	80-84 Male	Harvey	Hutchings	Rochester	MN	M	81	2:13:55	1	Gold