

2012 Swimming / 50 Backstroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Cindy	Hauber	Ames	IA	59	42.31	1	Gold
Nita	Lechner	Grand Island	NE	62	44.29	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	59.14	1	Gold
Dorothy	Whitehead	Indianola	IA	77	49.74	1	Gold
Florence	Dietz	West Des Moines	IA	77	59.48	2	Silver
Glenda	Sharp	Cedar Rapids	IA	77	1:19.93	3	Bronze

Men

Bill	Klahn	Cedar Rapids	IA	59	50.04	1	Gold
Michael	Seyfer	Cedar Rapids	IA	64	1:02.46	1	Gold
Alan	Schenck	Clarinda	IA	66	55.32	1	Gold
David	Brown	Des Moines	IA	66	1:37.18	2	Silver
David	Easterla	Maryville	MO	74	55.89	1	Gold
Roger	Holthaus	Omaha	NE	73	1:04.56	2	Silver
Thomas	Monroe	Glendale	AZ	72	1:28.35	3	Bronze
Dick	Hekl	Omaha	NE	79	1:19.39	1	Gold
David	Dietz	West Des Moines	IA	77	1:30.18	2	Gold
Stuart	Ashmead	Ottumwa	IA	84	1:10.43	1	Gold
Robert	Severance	Beloit	KS	86	1:21.61	1	Gold
Donald	Huntoon	Des Moines	IA	89	1:35.51	2	Gold

2012 Swimming / 50 Breaststroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Barbara	Anderson	Omaha	NE	59	47.02	1	Gold
Brigitte	Crouse	Des Moines	IA	64	53.48	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	50.42	1	Gold
Florence	Dietz	West Des Moines	IA	77	60.60	1	Gold

Men

Steven	Jones	Martensdale	IA	54	35.49	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	34.73	1	Gold
Tom	Kealy	Council Bluffs	IA	56	36.76	2	Silver
Steve	Bobbenhouse	Clive	IA	60	42.22	1	Gold
Alan	Schenck	Clarinda	IA	66	54.01	1	Gold
David	Easterla	Maryville	MO	74	51.16	1	Gold
Thomas	Monroe	Glendale	AZ	72	1:13.73	2	Silver
Stuart	Ashmead	Ottumwa	IA	84	1:32.23	1	Gold
Robert	Severance	Beloit	KS	86	1:41.96	1	Gold

2012 Swimming / 50 Butterfly

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Debbie	Fisk	Waukee	IA	55	36.93	1	Gold
Barbara	Anderson	Omaha	NE	59	47.82	2	Silver
Wendy	Weinberg	Scottsdale	AZ	67	48.86	1	Gold
Ruth	Johnson	Davenport	IA	79	60.46	1	Gold

Men

Tom	Kealy	Council Bluffs	IA	56	29.21	1	Gold
John	Barron	Guttenberg	IA	58	32.28	2	Silver
Rick	Vanscoy	Martensdale	IA	56	34.88	3	Bronze
James	Chew	Urbandale	IA	64	44.89	1	Gold
Alan	Schenck	Clarinda	IA	66	47.00	1	Gold
Roger	Holthaus	Omaha	NE	73	55.86	1	Gold
David	Easterla	Maryville	MO	74	58.04	2	Silver
Thomas	Monroe	Glendale	AZ	72	1:36.95	3	Bronze

2012 Swimming / 50 Freestyle

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Lynn	Kurutz	Papillion	NE	51	33.05	1	Gold
Debbie	Fisk	Waukee	IA	55	33.13	1	Gold
Barbara	Anderson	Omaha	NE	59	39.20	2	Silver
Nita	Lechner	Grand Island	NE	62	39.87	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	42.43	1	Gold
Ruth	Johnson	Davenport	IA	79	46.92	1	Gold
Florence	Dietz	West Des Moines	IA	77	55.99	2	Silver
Glenda	Sharp	Cedar Rapids	IA	77	1:19.46	3	Bronze

Men

Brian	Steffen	Cedar Rapids	IA	51	24.72	1	Gold
Tom	Kealy	Council Bluffs	IA	56	26.36	1	Gold
John	Barron	Guttenberg	IA	58	28.11	2	Silver
Bill	Klahn	Cedar Rapids	IA	59	32.26	3	Bronze
James	Chew	Urbandale	IA	64	41.03	1	Gold
Michael	Seyfer	Cedar Rapids	IA	64	56.15	2	Silver
Richard	Collins	Urbandale	IA	69	38.43	1	Gold
Alan	Schenck	Clarinda	IA	66	41.09	2	Silver
David	Brown	Des Moines	IA	66	1:37.60	3	Bronze
Thomas	Monroe	Glendale	AZ	72	1:08.23	1	Gold
Ruben	Rullan	Urbandale	IA	71	1:23.76	2	Gold
Dick	Hekl	Omaha	NE	79	1:05.19	1	Gold
Stuart	Ashmead	Ottumwa	IA	84	1:02.96	1	Gold
Robert	Severance	Beloit	KS	86	1:09.51	1	Gold

2012 Swimming / 100 Backstroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Nita	Lechner	Grand Island	NE	62	1:39.43	1	Gold
Dorothy	Whitehead	Indianola	IA	77	1:46.75	1	Gold
Florence	Dietz	West Des Moines	IA	77	2:04.00	2	Silver
Glenda	Sharp	Cedar Rapids	IA	77	3:01.39	3	Bronze

Men

Rick	Vanscoy	Martensdale	IA	56	1:34.09	1	Gold
Michael	Seyfer	Cedar Rapids	IA	64	2:32.46	1	Gold
Alan	Schenck	Clarinda	IA	66	1:53.64	1	Gold
David	Brown	Des Moines	IA	66	4:26.07	2	Silver
David	Easterla	Maryville	MO	74	2:12.43	1	Gold
Roger	Holthaus	Omaha	NE	73	2:40.08	2	Silver
Thomas	Monroe	Glendale	AZ	72	2:56.78	3	Bronze
Dick	Hekl	Omaha	NE	79	2:49.61	1	Gold
David	Dietz	West Des Moines	IA	77	3:23.29	2	Silver
Stuart	Ashmead	Ottumwa	IA	84	2:35.38	1	Gold
Donald	Huntoon	Des Moines	IA	89	3:30.90	1	Gold

2012 Swimming / 100 Breaststroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Barbara	Anderson	Omaha	NE	59	1:43.17	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	1:52.98	1	Gold
Florence	Dietz	West Des Moines	IA	77	2:06.75	1	Gold

Men

Steven	Jones	Martensdale	IA	54	1:18.39	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	1:19.53	1	Gold
Tom	Kealy	Council Bluffs	IA	56	1:20.74	2	Silver
Alan	Schenck	Clarinda	IA	66	2:12.16	1	Gold
David	Easterla	Maryville	MO	74	1:51.53	1	Gold
Thomas	Monroe	Glendale	AZ	72	2:49.14	2	Silver
Ruben	Rullan	Urbandale	IA	71	3:24.05	3	Gold
Stuart	Ashmead	Ottumwa	IA	84	3:29.52	1	Gold

2012 Swimming / 100 Butterfly

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Wendy	Weinberg	Scottsdale	AZ	67	1:57.69	1	Gold

Men

John	Barron	Guttenberg	IA	58	1:19.80	1	Gold
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2012 Swimming / 100 Freestyle

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Ruth	Johnson	Davenport	IA	79	1:41.33	1	Gold
Glenda	Sharp	Cedar Rapids	IA	77	2:51.39	2	Silver

Men

Brian	Steffen	Cedar Rapids	IA	51	54.98	1	Gold
John	Barron	Guttenberg	IA	58	1:05.37	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	1:23.73	2	Silver
Ted	Goudge	Maryville	MO	56	1:30.23	3	Bronze
James	Chew	Urbandale	IA	64	1:31.58	1	Gold
Michael	Seyfer	Cedar Rapids	IA	64	2:18.15	2	Silver
Richard	Noeth	Iowa City	IA	68	1:18.96	1	Gold
Richard	Collins	Urbandale	IA	69	1:27.81	2	Silver
Alan	Schenck	Clarinda	IA	66	1:31.50	3	Bronze
David	Brown	Des Moines	IA	66	3:36.00	4	
Thomas	Monroe	Glendale	AZ	72	2:32.44	1	Gold
Ruben	Rullan	Urbandale	IA	71	3:11.15	2	Gold
Dick	Hekl	Omaha	NE	79	2:30.01	1	Gold
Stuart	Ashmead	Ottumwa	IA	84	2:24.78	1	Gold
Robert	Severance	Beloit	KS	86	2:29.46	1	Gold

2012 Swimming / 100 Individual Medley

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Lynn	Kurutz	Papillion	NE	51	1:34.64	1	Gold
Debbie	Fisk	Waukee	IA	55	1:25.59	1	Gold
Cindy	Hauber	Ames	IA	59	1:26.31	2	Silver
Barbara	Anderson	Omaha	NE	59	1:46.03	3	Bronze
Barbara	Gullingsrud	Sun City West	AZ	62	1:47.36	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	1:51.60	1	Gold
Ruth	Johnson	Davenport	IA	79	2:05.69	1	Gold

Men

Steven	Jones	Martensdale	IA	54	1:13.82	1	Gold
John	Barron	Guttenberg	IA	58	1:25.13	1	Gold
James	Chew	Urbandale	IA	64	1:52.76	1	Gold
Alan	Schenck	Clarinda	IA	66	1:53.19	1	Gold
David	Easterla	Maryville	MO	74	2:02.01	1	Gold
Roger	Holthaus	Omaha	NE	73	2:29.40	2	Silver
Thomas	Monroe	Glendale	AZ	72	3:09.42	3	Bronze
Dick	Hekl	Omaha	NE	79	3:07.03	1	Gold
Stuart	Ashmead	Ottumwa	IA	84	3:09.85	1	Gold

2012 Swimming / 200 Backstroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Dorothy	Whitehead	Indianola	IA	77	4:06.42	1	Gold
Florence	Dietz	West Des Moines	IA	77	4:34.99	2	Silver

Men

Alan	Schenck	Clarinda	IA	66	5:12.65	1	Gold
David	Brown	Des Moines	IA	66	8:23.59	2	Silver
David	Easterla	Maryville	MO	74	5:27.66	1	Gold
Thomas	Monroe	Glendale	AZ	72	7:12.04	2	Silver
David	Dietz	West Des Moines	IA	77	7:16.30	1	Gold
Stuart	Ashmead	Ottumwa	IA	84	5:28.76	1	Gold
Donald	Huntoon	Des Moines	IA	89	7:05.64	1	Gold

2012 Swimming / 200 Breaststroke

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Brigitte	Crouse	Des Moines	IA	64	4:18.03	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	4:06.44	1	Gold
Florence	Dietz	West Des Moines	IA	77	4:33.61	1	Gold

Men

Tom	Kealy	Council Bluffs	IA	56	2:58.96	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	3:34.29	2	Silver
Alan	Schenck	Clarinda	IA	66	5:30.81	1	Gold
David	Easterla	Maryville	MO	74	4:32.14	1	Gold
Thomas	Monroe	Glendale	AZ	72	6:14.17	2	Silver
Ruben	Rullan	Urbandale	IA	71	6:50.40	3	Gold

2012 Swimming / 200 Freestyle

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Ruth	Johnson	Davenport	IA	79	3:37.26	1	Gold
Florence	Dietz	West Des Moines	IA	77	4:35.87	2	Silver

Men

Brian	Steffen	Cedar Rapids	IA	51	2:03.33	1	Gold
Tom	Kealy	Council Bluffs	IA	56	2:05.64	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	2:57.97	2	Silver
Ted	Goudge	Maryville	MO	56	3:42.26	3	Bronze
Richard	Noeth	Iowa City	IA	68	2:47.29	1	Gold
Richard	Collins	Urbandale	IA	69	3:14.75	2	Silver
David	Brown	Des Moines	IA	66	7:24.79	3	Bronze
Thomas	Monroe	Glendale	AZ	72	4:49.01	1	Gold
Ruben	Rullan	Urbandale	IA	71	6:33.94	2	Gold
Stuart	Ashmead	Ottumwa	IA	84	4:58.61	1	Gold

2012 Swimming / 200 Individual Medley							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Debbie	Fisk	Waukee	IA	55	3:22.19	1	Gold
Barbara	Gullingsrud	Sun City West	AZ	62	4:15.03	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	3:56.68	1	Gold
Men							
First Name	Last Name	City	State	Age	Time	Place	Medal
Alan	Schenck	Clarinda	IA	66	3:59.87	1	Gold
David	Easterla	Maryville	MO	74	4:41.33	1	Gold
Roger	Holthaus	Omaha	NE	73	5:44.85	2	Silver
Thomas	Monroe	Glendale	AZ	72	6:36.48	3	Bronze
2012 Swimming / 200 Medley Relay							
Women							
#1	#2	#3	#4	Division	Time	Place	Medal
C. Hauber	B. Anderson	W. Weinberg	L. Kurutz	50+	2:53.06	1	Gold
Men							
T. Kealy	B. Klahn	S. Jones	B. Setffen	50+	2:08.37	1	Gold
J. Chew	S. Bobbenhouse	A. Schenck	M. Feeney	60+	2:48.12	1	Gold
2012 Swimming / 200 Freestyle Relay							
Women							
#1	#2	#3	#4	Division	Time	Place	Medal
G. Sharp	C. Hauber	W. Weinberg	D. Fisk	55+	3:11.72	1	Gold
Men							
T. Kealy	B. Klahn	S. Jones	B. Steffen	50+	1:54.73	1	Gold
R. Noeth	T. Monroe	J. Chew	A. Schneck	60+	2:54.23	1	Gold
2012 Swimming / 500 Freestyle							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Cindy	Hauber	Ames	IA	59	7:28.80	1	Gold
Wendy	Weinberg	Scottsdale	AZ	67	8:47.35	1	Gold
Ruth	Johnson	Davenport	IA	79	10:27.92	1	Gold
Glenda	Sharp	Cedar Rapids	IA	77	15:24.39	2	Silver
Men							
Brian	Steffen	Cedar Rapids	IA	51	6:09.67	1	Gold
Bill	Klahn	Cedar Rapids	IA	59	8:17.73	1	Gold
Richard	Noeth	Iowa City	IA	68	7:18.43	1	Gold
Richard	Collins	Urbandale	IA	69	8:56.04	2	Silver
Alan	Schenck	Clarinda	IA	66	12:00.59	3	Bronze
David	Brown	Des Moines	IA	66	20:45.73	4	
David	Easterla	Maryville	MO	74	10:45.00	1	Gold
Ruben	Rullan	Urbandale	IA	71	17:16.58	2	Silver
Thomas	Monroe	Glendale	AZ	72	20:42.62	3	Bronze

Stuart	Ashmead	Ottumwa	IA	84	13:28.59	1	Gold
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