

1996 Iowa Senior Olympics

First Name	Last Name	City	State	Division	Sport/Event	Performance/Team	Place	Medal	Year
K.	Monson	Indianola	Iowa	M/50-54	Golf		81	1 Gold	1996
R.	Bagg	Des Moines	Iowa	M/50-54	Golf		88	2 Silver	1996
K.	Miller	West Des Moines	Iowa	M/50-54	Golf		89	3 Bronze	1996
B.	Madsoon	Ankeny	Iowa	M/55-59	Golf		85	1 Gold	1996
D.	Moomaw	Colfax	Iowa	M/55-59	Golf		91	2 Silver	1996
J.	Mor	Ankeny	Iowa	M/55-59	Golf		91	2 Silver	1996
R.	Wheeler	Cedar Falls	Iowa	M/55-59	Golf		95	3 Bronze	1996
J.	Roan	Toledo	Iowa	M/60-64	Golf		75	1 Gold	1996
S.	Forrester	Des Moines	Iowa	M/60-64	Golf		80	2 Silver	1996
J.	Lundsford	Freeman	Iowa	M/60-64	Golf		81	3 Bronze	1996
D.	Stout	Des Moines	Iowa	M/65-69	Golf		84	1 Gold	1996
B.	Esbeck	Elk Horn	Iowa	M/65-69	Golf		87	2 Silver	1996
B.	Chadima	Cedar Rapids	Iowa	M/65-69	Golf		88	3 Bronze	1996
P.	Hanson	Elk Horn	Iowa	M/70-74	Golf		85	1 Gold	1996
P.	Covington	Des Moines	Iowa	M/70-74	Golf		89	2 Silver	1996
G.	Glade	Des Moines	Iowa	M/70-74	Golf		104	3 Bronze	1996
T.	Wright	Urbandale	Iowa	M/70-74	Golf		104	3 Bronze	1996
L.	Larsen	Audubon	Iowa	M/75-79	Golf		92	1 Gold	1996
C.	Crouse	Adel	Iowa	M/75-79	Golf		95	2 Silver	1996
R.	Gunson	Urbandale	Iowa	M/80-84	Golf		91	1 Gold	1996
S.	Landstrum	Des Moines	Iowa	W/50-54	Golf		90	1 Gold	1996
H.	James	Monona	Iowa	W/50-54	Golf		101	2 Silver	1996
B.	Roberts	Ft. Worth	Texas	W/55-59	Golf		92	1 Gold	1996
F.	Hall	Monroe City	Iowa	W/55-59	Golf		119	1 Gold	1996
C.	Brandt	Sioux City	Iowa	W/60-64	Golf		144	1 Gold	1996
B.	Hoff	Decorah	Iowa	W/60-64	Golf		155	2 Silver	1996
M.	Stuber	West Des Moines	Iowa	W/65-69	Golf		137	1 Gold	1996
Bob	Kreamer	Des Moines	Iowa	M/50-54	Racquetball			1 Gold	1996
Murray	Childers	Quincy	Illinois	M/50-54	Racquetball			2 Silver	1996
Charles	Shafer	Pella	Iowa	M/55-59	Racquetball			1 Gold	1996
John	Carr	Hannibal	Missouri	M/55-59	Racquetball			2 Silver	1996
Carroll	Marty	Ames	Iowa	M/55-59	Racquetball			3 Bronze	1996
Jerry	Gardner	Ames	Iowa	M/65-69	Racquetball			1 Gold	1996
Eugene	Hall	Monroe City	Missouri	M/65-69	Racquetball			2 Silver	1996
John	Campana	Des Moines	Iowa	M/65-69	Racquetball			1 Gold	1996
Richard	Truesdell	Cedar Rapids	Iowa	M/70-74	Racquetball			2 Silver	1996
Virgil	Woodford	Cedar Rapids	Iowa	M/80-84	Racquetball			1 Gold	1996
Sandy	Hanson	Johnston	Iowa	W/55-59	Racquetball			2 Silver	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Racquetball			3 Bronze	1996
	Kreamer	Des Moines	Iowa	M/55-59	Racquetball Doubles			1 Gold	1996
	Riley	Des Moines	Iowa	M/55-59	Racquetball Doubles			2 Silver	1996
	Childers	Quincy	Illinois	M/55-59	Racquetball Doubles			1 Gold	1996
	Carr	Hannibal	Missouri	M/55-59	Racquetball Doubles			2 Silver	1996
Gary	Vigen	Grand Forks	North Dakota	M/50-54	Badminton			1 Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Badminton			2 Silver	1996
Bob	Tallman	Knoxville	Iowa	M/55-59	Badminton			1 Gold	1996
John	Ballard	Cedar Rapids	Iowa	M/55-59	Badminton			2 Silver	1996
Tom	Link	Stuart	Iowa	M/55-59	Badminton			3 Bronze	1996
Jack	Elgin	West Des Moines	Iowa	M/60-64	Badminton			1 Gold	1996
Elmer	Smith	Neoga	Illinois	M/60-64	Badminton			2 Silver	1996
Norman	Micheletti	Blue Springs	Missouri	M/60-64	Badminton			3 Bronze	1996
Eugene	Hall	Monroe City	Missouri	M/65-69	Badminton			1 Gold	1996
Tom	Cady	Des Moines	Iowa	M/65-69	Badminton			1 Gold	1996
Jerry	Gardner	Ames	Iowa	M/65-69	Badminton			2 Silver	1996
Keith	Baker	Clive	Iowa	M/65-69	Badminton			3 Bronze	1996
Dawn	McDonald	Ames	Iowa	W/60-64	Badminton			1 Gold	1996
Sally	Wiese	Florissant	Missouri	W/60-64	Badminton			2 Silver	1996
Jan	Beran	Ames	Iowa	W/65-69	Badminton			1 Gold	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Badminton			2 Silver	1996
Ronnie	Danbert	Davenport	Iowa	M/50-54	Table Tennis			1 Gold	1996
Mike	Murray	Clive	Iowa	M/55-59	Table Tennis			1 Gold	1996
Joe	Morr	Ankeny	Iowa	M/55-59	Table Tennis			2 Silver	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Table Tennis			3 Bronze	1996
Marty	Offergeld	Moline	Illinois	M/60-64	Table Tennis			1 Gold	1996
Tom	Little	Knoxville	Iowa	M/60-64	Table Tennis			1 Gold	1996
Alden	Norem	Des Moines	Iowa	M/60-64	Table Tennis			2 Silver	1996
Jack	Sargent	Des Moines	Iowa	M/65-69	Table Tennis			1 Gold	1996
Mario	Soria	West Des Moines	Iowa	M/65-69	Table Tennis			2 Silver	1996

Don	Taylor	Stuart	Iowa	M/65-69	Table Tennis		3	Bronze	1996
Sol	Davidson	Des Moines	Iowa	M/70-74	Table Tennis		1	Gold	1996
Stan	McElvain	Des Moines	Iowa	M/70-74	Table Tennis		2	Silver	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Table Tennis		3	Bronze	1996
Herbert	Smith	Des Moines	Iowa	M/75-79	Table Tennis		1	Gold	1996
John	Cress	Skokie	Illinois	M/75-79	Table Tennis		2	Silver	1996
Laura	Baetz	Ankeny	Iowa	W/50-54	Table Tennis		1	Gold	1996
Joyce	Hicks	Stuart	Iowa	W/60-64	Table Tennis		1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Table Tennis		2	Silver	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Table Tennis		3	Bronze	1996
Simone	Soria	West Des Moines	Iowa	W/65-69	Table Tennis		1	Gold	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Table Tennis		2	Silver	1996
Geneva	Carman	Des Moines	Iowa	W/65-69	Table Tennis		3	Bronze	1996
Rose	Hayne	West Des Moines	Iowa	W/70-74	Table Tennis		1	Gold	1996
Norma	Cranberg	Des Moines	Iowa	W/70-74	Table Tennis		2	Silver	1996
Janicie	Burns	Des Moines	Iowa	W/70-74	Table Tennis		3	Bronze	1996
Margaret	McCullum	Des Moines	Iowa	W/75-79	Table Tennis Doubles		1	Gold	1996
Marty	Offergeld	Moline	Illinois	M/50-54	Table Tennis Doubles		1	Gold	1996
Ronnie	Dankert	Davenport	Iowa	M/50-54	Table Tennis Doubles		1	Gold	1996
Albert	Baetz	Ankeny	Iowa	M/55-59	Table Tennis Doubles		1	Gold	1996
Mack	Maffett	Ames	Iowa	M/55-59	Table Tennis Doubles		1	Gold	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Table Tennis Doubles		2	Silver	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	Table Tennis Doubles		2	Silver	1996
Mario	Soria	West Des Moines	Iowa	M/65-69	Table Tennis Doubles		1	Gold	1996
Sol	Davidson	Des Moines	Iowa	M/65-69	Table Tennis Doubles		1	Gold	1996
Robert	Bishop	Des Moines	Iowa	M/65-69	Table Tennis Doubles		2	Silver	1996
James	Bishop	Des Moines	Iowa	M/65-69	Table Tennis Doubles		2	Silver	1996
Herbert	Smith	Des Moines	Iowa	M/80-84	Table Tennis Doubles		1	Gold	1996
Gerry	VanGinkle	West Des Moines	Iowa	M/80-84	Table Tennis Doubles		1	Gold	1996
Margaret	McCullum	Des Moines	Iowa	W/50-54	Table Tennis Doubles		1	Gold	1996
Laura	Baetz	Ankeny	Iowa	W/50-54	Table Tennis Doubles		1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Table Tennis Doubles		1	Gold	1996
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Table Tennis Doubles		1	Gold	1996
Sally	Weise	Florrisant	Missouri	W/60-64	Table Tennis Doubles		2	Silver	1996
Janice	Burns	Des Moines	Iowa	W/60-64	Table Tennis Doubles		2	Silver	1996
Simone	Soria	West Des Moines	Iowa	W/65-69	Table Tennis Doubles		1	Gold	1996
Helen	Cain	Des Moines	Iowa	W/65-69	Table Tennis Doubles		1	Gold	1996
Richard	Marlin	Hamilton	Iowa	M/50-54	Tennis		1	Gold	1996
Steve	Conway	Des Moines	Iowa	M/50-54	Tennis		2	Silver	1996
Al	Baetz	Ankeny	Iowa	M/55-59	Tennis		1	Gold	1996
Don	Wente	Des Moines	Iowa	M/55-59	Tennis		2	Silver	1996
Mack	Maffett	Ames	Iowa	M/55-59	Tennis		3	Bronze	1996
Paul	Straub	Cedar Rapids	Iowa	M/60-64	Tennis		1	Gold	1996
Bob	Cowan	West Des Moines	Iowa	M/60-64	Tennis		2	Silver	1996
Harvey	Condon	Fairfield	Iowa	M/65-69	Tennis		1	Gold	1996
Bob	Young	Des Moines	Iowa	M/65-69	Tennis		2	Silver	1996
Frank	Miller	Panora	Iowa	M/65-69	Tennis		3	Bronze	1996
John	Melton	Des Moines	Iowa	M/70-74	Tennis		1	Gold	1996
Gerry	VanGinkle	West Des Moines	Iowa	M/70-74	Tennis		2	Silver	1996
Jack	Miller	Urbandale	Iowa	M/70-74	Tennis		3	Bronze	1996
Emory	Gaffney	Lincoln	Nebraska	M/75-79	Tennis		1	Gold	1996
Harold	McCullum	Des Moines	Iowa	M/75-79	Tennis		2	Silver	1996
Walt	Shotwell	Des Moines	Iowa	M/75-79	Tennis		3	Bronze	1996
Carroll	Crouse	Adel	Iowa	M/80-84	Tennis		1	Gold	1996
Laura	Baetz	Ankeny	Iowa	W/50-54	Tennis		1	Gold	1996
Bonnie	Baum	Colfax	Iowa	W/50-54	Tennis		2	Silver	1996
Dawn	McDonald	Ames	Iowa	W/60-64	Tennis		1	Gold	1996
Joyce	Hick	Stuart	Iowa	W/60-64	Tennis		2	Silver	1996
Jean	Murray	Clive	Iowa	W/60-64	Tennis		3	Bronze	1996
Dawn	Slyfield	McGregor	Iowa	W/65-69	Tennis		1	Gold	1996
Ruth	Allen	Newton	Iowa	W/65-69	Tennis		2	Silver	1996
Jan	Burns	Des Moines	Iowa	W/70-74	Tennis		1	Gold	1996
Nancy	Ritchie	Indianola	Iowa	W/70-74	Tennis		2	Silver	1996
Margaret	McCullum	Des Moines	Iowa	W/75-79	Tennis		1	Gold	1996
Mary Helen	Muell	Urbandale	Iowa	W/75-79	Tennis		2	Silver	1996
Elizabeth	Dahm	Ames	Iowa	W/75-79	Tennis		3	Bronze	1996
Richard	Marlin	Hamilton	Iowa	M/50-54	Tennis Doubles		1	Gold	1996
Richard	Hart	Hart	Iowa	M/50-54	Tennis Doubles		1	Gold	1996
Don	Ditto	Des Moines	Iowa	M/50-54	Tennis Doubles		2	Silver	1996
Dick	Ansher	Des Moines	Iowa	M/50-54	Tennis Doubles		2	Silver	1996
Al	Baetz	Ankeny	Iowa	M/55-59	Tennis Doubles		1	Gold	1996

Mack	Maffett	Ames	Iowa	M/55-59	Tennis Doubles			1	Gold	1996
Tom	Link	Stuart	Iowa	M/55-59	Tennis Doubles			2	Silver	1996
Don	Taylor	Stuart	Iowa	M/55-59	Tennis Doubles			2	Silver	1996
Gerry	VanGinkle	West Des Moines	Iowa	M/60-64	Tennis Doubles			1	Gold	1996
Paul	Straub	Cedar Rapids	Iowa	M/60-64	Tennis Doubles			1	Gold	1996
Bob	Cowan	West Des Moines	Iowa	M/60-64	Tennis Doubles			2	Silver	1996
Don	Ellingson	West Des Moines	Iowa	M/60-64	Tennis Doubles			2	Silver	1996
Harvey	Condon	Fairfield	Iowa	M/65-69	Tennis Doubles			1	Gold	1996
Peter	Gonzalez	Waterloo	Iowa	M/65-69	Tennis Doubles			1	Gold	1996
Dave	Sisam	Cumming	Iowa	M/65-69	Tennis Doubles			2	Silver	1996
Bob	Thompson	Des Moines	Iowa	M/65-69	Tennis Doubles			2	Silver	1996
Jack	Miller	Urbandale	Iowa	M/70-74	Tennis Doubles			1	Gold	1996
Walt	Shotwell	Des Moines	Iowa	M/70-74	Tennis Doubles			1	Gold	1996
Sol	Davidson	Des Moines	Iowa	M/70-74	Tennis Doubles			2	Silver	1996
Gilbert	Cranberg	Des Moines	Iowa	M/70-74	Tennis Doubles			2	Silver	1996
Harold	McCollum	Des Moines	Iowa	M/75-79	Tennis Doubles			1	Gold	1996
Ernest	Greene	St. Paul	Minnesota	M/75-79	Tennis Doubles			1	Gold	1996
Sharon	Mathes	Ames	Iowa	W/50-54	Tennis Doubles			1	Gold	1996
Dawn	McDonald	Ames	Iowa	W/50-54	Tennis Doubles			1	Gold	1996
Jana	Cowan	West Des Moines	Iowa	W/55-59	Tennis Doubles			1	Gold	1996
Shirley	Ellingson	West Des Moines	Iowa	W/55-59	Tennis Doubles			1	Gold	1996
Bonnie	Bailey	Oskaloosa	Iowa	W/60-64	Tennis Doubles			1	Gold	1996
Sally	Posovich	Oskaloosa	Iowa	W/60-64	Tennis Doubles			1	Gold	1996
Joyce	Hick	Stuart	Iowa	W/60-64	Tennis Doubles			2	Silver	1996
Jean	Murray	Clive	Iowa	W/60-64	Tennis Doubles			2	Silver	1996
Nancy	Harvey	Des Moines	Iowa	W/65-69	Tennis Doubles			1	Gold	1996
Jeanne	Giles	Des Moines	Iowa	W/65-69	Tennis Doubles			1	Gold	1996
Joanne	Metzger	Des Moines	Iowa	W/65-69	Tennis Doubles			2	Silver	1996
Mary Helen	Muell	Urbandale	Iowa	W/65-69	Tennis Doubles			2	Silver	1996
Betty	Dahm	Ames	Iowa	W/70-74	Tennis Doubles			1	Gold	1996
Janice	Burns	Des Moines	Iowa	W/70-74	Tennis Doubles			1	Gold	1996
Al	Baetz	Ankeny	Iowa	Coed/50-54	Tennis Doubles			1	Gold	1996
Laura	Baetz	Ankeny	Iowa	Coed/50-54	Tennis Doubles			1	Gold	1996
Richard	Marlin	Hamilton	Iowa	Coed/50-54	Tennis Doubles			2	Silver	1996
Sally	Posovich	Oskaloosa	Iowa	Coed/50-54	Tennis Doubles			2	Silver	1996
Jim	Provines	Gilbert	Arizona	Coed/55-59	Tennis Doubles			1	Gold	1996
Amy	Provines	Gilbert	Arizona	Coed/55-59	Tennis Doubles			1	Gold	1996
Mike	Murray	Clive	Iowa	Coed/55-59	Tennis Doubles			2	Silver	1996
Jean	Murray	Clive	Iowa	Coed/55-59	Tennis Doubles			2	Silver	1996
Richard	Hart	Delta	Iowa	Coed/60-64	Tennis Doubles			1	Gold	1996
Bonnie	Bailey	Oskaloosa	Iowa	Coed/60-64	Tennis Doubles			1	Gold	1996
Jim	Bishop	Des Moines	Iowa	Coed/60-64	Tennis Doubles			2	Silver	1996
Teresa	Bishop	Des Moines	Iowa	Coed/60-64	Tennis Doubles			2	Silver	1996
Bob	Bishop	Des Moines	Iowa	Coed/65-69	Tennis Doubles			1	Gold	1996
Nancy	Harvey	Des Moines	Iowa	Coed/65-69	Tennis Doubles			1	Gold	1996
Walt	Shotwell	Des Moines	Iowa	Coed/65-69	Tennis Doubles			2	Silver	1996
Joanne	Metzger	Des Moines	Iowa	Coed/65-69	Tennis Doubles			2	Silver	1996
Gilbert	Cranberg	Des Moines	Iowa	Coed/70-74	Tennis Doubles			1	Gold	1996
Berniece	Moss	Des Moines	Iowa	Coed/70-74	Tennis Doubles			1	Gold	1996
Harold	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Doubles			1	Gold	1996
Margaret	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Doubles			1	Gold	1996
Don	Ditto	Des Moines	Iowa	M/50-54	Bridge		2630	1	Gold	1996
Howard	Weisser	Columbus	Nebraska	M/50-54	Bridge		280	2	Silver	1996
Fred	Bankus	West Des Moines	Iowa	M/60-64	Bridge		2750	1	Gold	1996
Francis	Tasler	Jefferson	Iowa	M/65-69	Bridge		1960	1	Gold	1996
Keith	Hummel	Radcliffe	Iowa	M/65-69	Bridge		1360	2	Silver	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Bridge		1860	1	Gold	1996
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Bridge		900	2	Silver	1996
Nellie	Bobenhouse	West Des Moines	Iowa	W/55-59	Bridge		1770	1	Gold	1996
NA				W/55-59	Bridge			2	Silver	1996
Kathryn	Gifford	Cumming	Iowa	W/60-64	Bridge		2360	1	Gold	1996
Laura	Walker	Ottumwa	Iowa	W/60-64	Bridge		1950	2	Silver	1996
Joan	Tasler	Jefferson	Iowa	W/65-69	Bridge		2890	1	Gold	1996
Joanne	Metzger	Des Moines	Iowa	W/65-69	Bridge		640	2	Silver	1996
Joan	Himmel	Radcliffe	Iowa	W/70-74	Bridge		1440	1	Gold	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Bridge		2550	1	Gold	1996
Virginia	Davis	Des Moines	Iowa	W/75-79	Bridge		1920	2	Silver	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	Bridge		1140	1	Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Cribbage			1	Gold	1996
Ken	Clark	Des Moines	Iowa	M/55-59	Cribbage			1	Gold	1996
Ralph	Scott	West Des Moines	Iowa	M/65-69	Cribbage			1	Gold	1996
Robert	Bishop	Des Moines	Iowa	M/65-69	Cribbage			2	Silver	1996

Jack	Roush	West Des Moines	Iowa	M/75-79	Cribbage		1	Gold	1996	
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Cribbage		2	Silver	1996	
Teresa	Bishop	Des Moines	Iowa	W/60-64	Cribbage		1	Gold	1996	
Fred	Bankus	West Des Moines	Iowa	Coed/60-64	500 Cards		1	Gold	1996	
Kathryn	Gifford	Cumming	Iowa	Coed/60-64	500 Cards		2	Silver	1996	
Helen	Cain	Des Moines	Iowa	Coed/65-69	500 Cards		1	Gold	1996	
Lorraine	Stanek	Ft. Dodge	Iowa	Coed/70-74	500 Cards		1	Gold	1996	
George	Glade	Des Moines	Iowa	Coed/70-74	500 Cards		2	Silver	1996	
Marvin	Stanek	Ft. Dodge	Iowa	Coed/75-79	500 Cards		1	Gold	1996	
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Shuffleboard		1	Gold	1996	
Ken	Clark	Des Moines	Iowa	M/55-59	Shuffleboard		1	Gold	1996	
Larry	Kahler	Topeka	Kansas	M/55-59	Shuffleboard		2	Silver	1996	
Alden	Norem	Des Moines	Iowa	M/60-64	Shuffleboard		1	Gold	1996	
Andy	Gorman	Tecumseh	Kansas	M/60-64	Shuffleboard		2	Silver	1996	
Dale	Godbey	Des Moines	Iowa	M/65-69	Shuffleboard		1	Gold	1996	
Slim	Allen	West Des Moines	Iowa	M/65-69	Shuffleboard		1	Gold	1996	
Joe	Townsley	Oskaloosa	Iowa	M/65-69	Shuffleboard		2	Silver	1996	
Ralph	Scott	Des Moines	Iowa	M/65-69	Shuffleboard		3	Bronze	1996	
Michael	Jacobs	Sparland	Illinois	M/70-74	Shuffleboard		1	Gold	1996	
Dick	McElvaine	Quincy	Illinois	M/70-74	Shuffleboard		2	Silver	1996	
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Shuffleboard		1	Gold	1996	
Charles	Stevens	Merrifield	Minnesota	M/75-79	Shuffleboard		2	Silver	1996	
Ted	Joplin	Des Moines	Iowa	M/90+	Shuffleboard		1	Gold	1996	
Dolly	Jacobs	Sparland	Illinois	W/55-59	Shuffleboard		1	Gold	1996	
Sharlene	Norem	Des Moines	Iowa	W/60-64	Shuffleboard		1	Gold	1996	
Janet	Townsley	Oskaloosa	Iowa	W/60-64	Shuffleboard		2	Silver	1996	
Dolores	Murray	Galva	Illinois	W/65-69	Shuffleboard		1	Gold	1996	
Marie	McElvaine	Galesburg	Illinois	W/65-69	Shuffleboard		2	Silver	1996	
Dorothy	Mekensom	Humboldt	Iowa	W/65-69	Shuffleboard		3	Bronze	1996	
Lorraine	Stanek	Ft. Dodge	Iowa	W/70-74	Shuffleboard		1	Gold	1996	
Charlene	Stevenson	Knoxville	Iowa	W/70-74	Shuffleboard		2	Silver	1996	
Yvonne	Stockseth	Humboldt	Iowa	W/70-74	Shuffleboard		3	Bronze	1996	
Richard	Huitt	Des Moines	Iowa	M/50-54	Horseshoe Pitching Tournament		1	Gold	1996	
Joe	Morr	Ankeny	Iowa	M/55-59	Horseshoe Pitching Tournament		1	Gold	1996	
Larry	Kahler	Topeka	Kansas	M/55-59	Horseshoe Pitching Tournament		2	Silver	1996	
Erwin	Hippen	Topeka	Kansas	M/55-59	Horseshoe Pitching Tournament		3	Bronze	1996	
Marvin	Engstler	Garner	Iowa	M/60-64	Horseshoe Pitching Tournament		1	Gold	1996	
Stan	Norenberg	Adel	Iowa	M/60-64	Horseshoe Pitching Tournament		2	Silver	1996	
Andy	Gorman	Tecumseh	Kansas	M/60-64	Horseshoe Pitching Tournament		3	Bronze	1996	
Keith	Baker	Clive	Iowa	M/65-69	Horseshoe Pitching Tournament		1	Gold	1996	
Slim	Allen	West Des Moines	Iowa	M/65-69	Horseshoe Pitching Tournament		2	Silver	1996	
Herb	Hansen	Prairie City	Iowa	M/65-69	Horseshoe Pitching Tournament		3	Bronze	1996	
Russ	Martin	Clarksville	Iowa	M/70-74	Horseshoe Pitching Tournament		1	Gold	1996	
Richard	Truesdell	Cedar Rapids	Iowa	M/70-74	Horseshoe Pitching Tournament		2	Silver	1996	
Charles	Phipps	Grimes	Iowa	M/70-74	Horseshoe Pitching Tournament		3	Bronze	1996	
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Horseshoe Pitching Tournament		1	Gold	1996	
Jack	Roush	West Des Moines	Iowa	M/75-79	Horseshoe Pitching Tournament		2	Silver	1996	
Bob	Walters	Eldora	Iowa	M/75-79	Horseshoe Pitching Tournament		3	Bronze	1996	
Wilbur	Ott	Lakeland	Florida	M/80-84	Horseshoe Pitching Tournament		1	Gold	1996	
Donna	Toombs	Des Moines	Iowa	W/55-59	Horseshoe Pitching Tournament		1	Gold	1996	
Jean	Soller	Cincinnati	Ohio	W/60-64	Horseshoe Pitching Tournament		1	Gold	1996	
Norma	Sicheneder	Urbandale	Iowa	W/65-69	Horseshoe Pitching Tournament		1	Gold	1996	
Helen	Cain	Des Moines	Iowa	W/65-69	Horseshoe Pitching Tournament		2	Silver	1996	
Dorothy	Platt	Frost Proof	Florida	W/70-74	Horseshoe Pitching Tournament		1	Gold	1996	
Ron	Peterson	Waukee	Iowa	M/50-54	Basketball Around the World		13	1	Gold	1996
Gene	Okeson	Hodgenville	Kentucky	M/50-54	Basketball Around the World		12	2	Silver	1996
Ronald	McKay	Chariton	Iowa	M/50-54	Basketball Around the World		10	2	Silver	1996
Wayne	Hugen	Des Moines	Iowa	M/50-54	Basketball Around the World		10	3	Bronze	1996
Dennis	Hurley	Perry	Iowa	M/55-59	Basketball Around the World		13	1	Gold	1996
Larry	Kahler	Topeka	Kansas	M/55-59	Basketball Around the World		9	2	Silver	1996
Joe	Morr	Ankeny	Iowa	M/55-59	Basketball Around the World		9	2	Silver	1996
Dennis	Kirstmacher	Muscatine	Iowa	M/55-59	Basketball Around the World		9	3	Bronze	1996
Lee	Kane	Urbandale	Iowa	M/60-64	Basketball Around the World		14	1	Gold	1996
Wendell	Roehrs	Warrenton	Missouri	M/60-64	Basketball Around the World		12	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	Basketball Around the World		11	2	Silver	1996
Bob	Bell	Marshalltown	Iowa	M/60-64	Basketball Around the World		10	3	Bronze	1996
Ken	Sutten	Marshalltown	Iowa	M/60-64	Basketball Around the World		10	3	Bronze	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Basketball Around the World		15	1	Gold	1996
Bob	Thompson	Des Moines	Iowa	M/65-69	Basketball Around the World		12	1	Gold	1996
John	Boggs	Topeka	Kansas	M/65-69	Basketball Around the World		12	2	Silver	1996

Ralph	Scott	West Des Moines	Iowa	M/65-69	Basketball Around the World		9	2	Silver	1996
Chic	Heckart	Oswatomie	Kansas	M/65-69	Basketball Around the World		9	3	Bronze	1996
Ed	Failor	Muscatine	Iowa	M/65-69	Basketball Around the World		9	3	Bronze	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	Basketball Around the World		11	1	Gold	1996
Michael	Jacobs	Spartland	Illinois	M/70-74	Basketball Around the World		10	2	Silver	1996
Leroy	Reistoffer	Bellevue	Iowa	M/70-74	Basketball Around the World		9	2	Silver	1996
Howard	Dewell	Quincey	Illinois	M/70-74	Basketball Around the World		6	3	Bronze	1996
Roy	McKay	Des Moines	Iowa	M/70-74	Basketball Around the World		3	3	Bronze	1996
Harold	Lambert	West Des Moines	Iowa	M/75-79	Basketball Around the World		7	1	Gold	1996
Don	Hamann	Des Moines	Iowa	M/75-79	Basketball Around the World		4	2	Silver	1996
Ora	Rew	Iowa City	Iowa	M/80-84	Basketball Around the World		9	1	Gold	1996
John	Cress	Skokie	Illinois	M/80-84	Basketball Around the World		8	2	Silver	1996
Roy	Gunson	Urbandale	Iowa	M/80-84	Basketball Around the World		6	2	Silver	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Basketball Around the World		7	3	Bronze	1996
Robert	Bex	Marion	Iowa	M/80-84	Basketball Around the World		3	3	Bronze	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	Basketball Around the World		7	1	Gold	1996
Wayne	Steward	Knoxville	Iowa	M/85-89	Basketball Around the World		4	2	Silver	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Basketball Around the World		8	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Basketball Around the World		2	2	Silver	1996
Pat	Sutten	Marshalltown	Iowa	W/55-59	Basketball Around the World		11	1	Gold	1996
Dolly	Jacobs	Spartland	Illinois	W/55-59	Basketball Around the World		6	2	Silver	1996
Nancy	Baker	Clive	Iowa	W/60-64	Basketball Around the World		9	1	Gold	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Basketball Around the World		9	2	Silver	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Basketball Around the World		5	3	Bronze	1996
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Around the World			1	Gold	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Basketball Around the World		6	2	Silver	1996
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Around the World		6	2	Silver	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	Basketball Around the World		4	3	Bronze	1996
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Basketball Around the World		4	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Basketball Around the World		6	1	Gold	1996
Dorothy	Platt	Frost Proof	Florida	W/70-74	Basketball Around the World		2	1	Gold	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Basketball Around the World		2	1	Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Basketball Freethrow			1	Gold	1996
Joe	Morr	Ankeny	Iowa	M/50-54	Basketball Freethrow			2	Silver	1996
Richard	Huitt	Des Moines	Iowa	M/50-54	Basketball Freethrow			3	Bronze	1996
Frank	Perez	West Des Moines	Iowa	M/50-54	Basketball Freethrow			3	Bronze	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Basketball Freethrow			1	Gold	1996
Richard	Snively	Des Moines	Iowa	M/55-59	Basketball Freethrow			1	Gold	1996
Dennis	Kirstenmacker	Muscatine	Iowa	M/55-59	Basketball Freethrow			2	Silver	1996
Donald	Wente	Des Moines	Iowa	M/55-59	Basketball Freethrow			2	Silver	1996
Bill	Biederman	Glen Elyn	Illinois	M/55-59	Basketball Freethrow			3	Bronze	1996
Lee	Fane	NA	Iowa	M/60-64	Basketball Freethrow			1	Gold	1996
John	Carr	Hannibal	Missouri	M/60-64	Basketball Freethrow			2	Silver	1996
Fred	Bankus	West Des Moines	Iowa	M/60-64	Basketball Freethrow			2	Silver	1996
Dick	Lang	Ankeny	Iowa	M/60-64	Basketball Freethrow			3	Bronze	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Basketball Freethrow			1	Gold	1996
Richard	Willock	Des Moines	Iowa	M/65-69	Basketball Freethrow			2	Silver	1996
Bob	Thompson	Des Moines	Iowa	M/65-69	Basketball Freethrow			3	Bronze	1996
Michael	Jacobs	Spartland	Florida	M/70-74	Basketball Freethrow			1	Gold	1996
Jack	Nicholson	West Des Moines	Iowa	M/70-74	Basketball Freethrow			1	Gold	1996
Howard	Dewell	Quincey	Illinois	M/70-74	Basketball Freethrow			2	Silver	1996
Bud	Weis	Des Moines	Iowa	M/70-74	Basketball Freethrow			2	Silver	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	Basketball Freethrow			3	Bronze	1996
Harold	Lambert	West Des Moines	Iowa	M/75-79	Basketball Freethrow			1	Gold	1996
Don	Hamann	Des Moines	Iowa	M/75-79	Basketball Freethrow			2	Silver	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Basketball Freethrow			1	Gold	1996
Carroll	Crouse	Adel	Iowa	M/80-84	Basketball Freethrow			1	Gold	1996
John	Cress	Skokie	Illinois	M/80-84	Basketball Freethrow			2	Silver	1996
Clyde	Bailey	Mt. Ayr	Iowa	M/80-84	Basketball Freethrow			2	Silver	1996
Orra	Rew	Iowa City	Iowa	M/80-84	Basketball Freethrow			3	Bronze	1996
Wayne	Steward	Knoxville	Iowa	M/85-89	Basketball Freethrow			1	Gold	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Basketball Freethrow			1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Basketball Freethrow			2	Silver	1996
Pat	Sutten	Marshalltown	Iowa	W/55-59	Basketball Freethrow			1	Gold	1996
Dolly	Jacobs	Spartland	Illinois	W/55-59	Basketball Freethrow			2	Silver	1996
Doona	Toombs	Des Moines	Iowa	W/55-59	Basketball Freethrow			2	Silver	1996
Carol	Brittain	Des Moines	Iowa	W/55-59	Basketball Freethrow			3	Bronze	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Basketball Freethrow			1	Gold	1996
Nancy	Baker	Clive	Iowa	W/60-64	Basketball Freethrow			2	Silver	1996
Nellie	Bobenhouse	West Des Moines	Iowa	W/60-64	Basketball Freethrow			3	Bronze	1996
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Freethrow			1	Gold	1996
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Freethrow			2	Silver	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Basketball Freethrow			3	Bronze	1996

Irene	kerwin	Peoria	Iowa	W/70-74	Basketball Freethrow		1	Gold	1996
Dorothy	Platt	For	Florida	W/70-74	Basketball Freethrow		2	Silver	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Basketball Freethrow		1	Gold	1996
Helen	Stwe	Knoxville	Iowa	W/80-84	Basketball Freethrow		1	Gold	1996
Duane	Snyder		Iowa	Coed/50-54	Handicap Bowling (Mixed Doubles)	1102	1	Gold	1996
Lester	Parker		Iowa	Coed/50-54	Handicap Bowling (Mixed Doubles)	1102	1	Gold	1996
Charlotte	Weisser		Nebraska	Coed/50-54	Handicap Bowling (Mixed Doubles)	1252	1	Gold	1996
Harold	Weisser		Nebraska	Coed/50-54	Handicap Bowling (Mixed Doubles)	1252	1	Gold	1996
Nancy	Evans		Iowa	Coed/60-64	Handicap Bowling (Mixed Doubles)	1177	1	Gold	1996
Warren	Thornton		Iowa	Coed/60-64	Handicap Bowling (Mixed Doubles)	1177	1	Gold	1996
Joan	Soller		Ohio	Coed/60-64	Handicap Bowling (Mixed Doubles)	1217	1	Gold	1996
Richard	Soller		Ohio	Coed/60-64	Handicap Bowling (Mixed Doubles)	1217	1	Gold	1996
Velma	Gardner		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1234	1	Gold	1996
	Gullard		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1234	1	Gold	1996
Delilah	King		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1196	2	Silver	1996
Gary	King		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1196	2	Silver	1996
Marjorie	Clark		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1178	3	Bronze	1996
Harold	Ethell		Iowa	Coed/65-69	Handicap Bowling (Mixed Doubles)	1178	3	Bronze	1996
Alyce	Myrtue		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1191	1	Gold	1996
Willis	Myrtue		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1191	1	Gold	1996
Bernice	Gaul		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1177	2	Silver	1996
Mel	Book		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1177	2	Silver	1996
L.	Stanek		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1098	3	Bronze	1996
M.	Stanek		Iowa	Coed/70-74	Handicap Bowling (Mixed Doubles)	1098	3	Bronze	1996
Audrey	Clark		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1269	1	Gold	1996
Dale	Godbey		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1269	1	Gold	1996
Virginia	Davis		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1236	2	Silver	1996
Ernest	Buzzard		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1236	2	Silver	1996
Margaret	Slocum		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1200	3	Bronze	1996
Don	Slocum		Iowa	Coed/75-79	Handicap Bowling (Mixed Doubles)	1200	3	Bronze	1996
Charlotte	Weisser		Nebraska	Coed/50-54	Bowling (Mixed Doubles)	1108	1	Gold	1996
Howard	Weisser		Nebraska	Coed/50-54	Bowling (Mixed Doubles)	1108	1	Gold	1996
Diane	Snyder		Iowa	Coed/50-54	Bowling (Mixed Doubles)	928	1	Gold	1996
Lester	Parker		Iowa	Coed/50-54	Bowling (Mixed Doubles)	928	1	Gold	1996
Jean	Soller		Ohio	Coed/60-64	Bowling (Mixed Doubles)	989	1	Gold	1996
Richard	Soller		Ohio	Coed/60-64	Bowling (Mixed Doubles)	989	1	Gold	1996
Nancy	Evans		Iowa	Coed/60-64	Bowling (Mixed Doubles)	931	1	Gold	1996
Warren	Thornton		Iowa	Coed/60-64	Bowling (Mixed Doubles)	931	1	Gold	1996
Meta	Rolak		Illinois	Coed/65-69	Bowling (Mixed Doubles)	1005	1	Gold	1996
Michael	Rolak		Illinois	Coed/65-69	Bowling (Mixed Doubles)	1005	1	Gold	1996
Joanne	Carmon		Iowa	Coed/65-69	Bowling (Mixed Doubles)	983	1	Gold	1996
Bill	Woodard		Iowa	Coed/65-69	Bowling (Mixed Doubles)	983	1	Gold	1996
Marjorie	Clark		Iowa	Coed/65-69	Bowling (Mixed Doubles)	953	2	Silver	1996
Harold	Ethell		Iowa	Coed/65-69	Bowling (Mixed Doubles)	953	2	Silver	1996
Velma	Gardner		Iowa	Coed/65-69	Bowling (Mixed Doubles)	910	3	Bronze	1996
S.	Gullord		Iowa	Coed/65-69	Bowling (Mixed Doubles)	910	3	Bronze	1996
Alice	Myrtue		Iowa	Coed/70-74	Bowling (Mixed Doubles)	903	1	Gold	1996
Willis	Myrtue		Iowa	Coed/70-74	Bowling (Mixed Doubles)	903	1	Gold	1996
Bernice	Gaul		Iowa	Coed/70-74	Bowling (Mixed Doubles)	883	2	Silver	1996
Mel	Book		Iowa	Coed/70-74	Bowling (Mixed Doubles)	883	2	Silver	1996
Lorraine	Stanek		Iowa	Coed/70-74	Bowling (Mixed Doubles)	768	3	Bronze	1996
Marvin	Stanek		Iowa	Coed/70-74	Bowling (Mixed Doubles)	768	3	Bronze	1996
Virginia	Davis		Iowa	Coed/75-79	Bowling (Mixed Doubles)	975	1	Gold	1996
Ernest	Buzzard		Iowa	Coed/75-79	Bowling (Mixed Doubles)	975	1	Gold	1996
Lois	Kahler		Iowa	Coed/75-79	Bowling (Mixed Doubles)	952	2	Silver	1996
Albert	Jensen		Iowa	Coed/75-79	Bowling (Mixed Doubles)	952	2	Silver	1996
Margaret	Slocum		Iowa	Coed/75-79	Bowling (Mixed Doubles)	918	3	Bronze	1996
Don	Slocum		Iowa	Coed/75-79	Bowling (Mixed Doubles)	918	3	Bronze	1996
Larry	Kahler		Kansas	M/55-59	Handicap Bowling (Doubles)	1168	1	Gold	1996
Andy	Gorman		Kansas	M/55-59	Handicap Bowling (Doubles)	1168	1	Gold	1996
John	Boggs		Iowa	M/55-59	Handicap Bowling (Doubles)	1075	1	Gold	1996
Edwin	Hippen		Iowa	M/55-59	Handicap Bowling (Doubles)	1075	1	Gold	1996
Keith	Wee		Iowa	M/60-64	Handicap Bowling (Doubles)	1220	1	Gold	1996
Ray	Longnecker		Iowa	M/60-64	Handicap Bowling (Doubles)	1220	1	Gold	1996
Jerry	Lundsford		Iowa	M/60-64	Handicap Bowling (Doubles)	1169	2	Silver	1996
John	Campbell		Iowa	M/60-64	Handicap Bowling (Doubles)	1169	2	Silver	1996
Dick	Stothseth		Iowa	M/65-69	Handicap Bowling (Doubles)	1278	1	Gold	1996
Bill	McKenson		Iowa	M/65-69	Handicap Bowling (Doubles)	1278	1	Gold	1996
Bill	Woodard		Iowa	M/65-69	Handicap Bowling (Doubles)	1179	2	Silver	1996
Bob	Jacobson		Iowa	M/65-69	Handicap Bowling (Doubles)	1179	2	Silver	1996
Warren	Thornton		Iowa	M/65-69	Handicap Bowling (Doubles)	1068	3	Bronze	1996

Lester	Parker		Iowa	M/65-69	Handicap Bowling (Doubles)	1068	3	Bronze	1996
Mel	Book		Iowa	M/70-74	Handicap Bowling (Doubles)	1274	1	Gold	1996
Willis	Myrtue		Iowa	M/70-74	Handicap Bowling (Doubles)	1274	1	Gold	1996
Albert	Jensen		Iowa	M/70-74	Handicap Bowling (Doubles)	1230	2	Silver	1996
Bud	Weis		Iowa	M/70-74	Handicap Bowling (Doubles)	1230	2	Silver	1996
Mike	Vloglavich		Iowa	M/70-74	Handicap Bowling (Doubles)	1170	3	Bronze	1996
John	Riker		Iowa	M/70-74	Handicap Bowling (Doubles)	1170	3	Bronze	1996
Don	Gordon		Iowa	M/75-79	Handicap Bowling (Doubles)	1159	1	Gold	1996
Don	Mallory		Iowa	M/75-79	Handicap Bowling (Doubles)	1159	1	Gold	1996
Diane	Snyder		Iowa	W/50-54	Handicap Bowling (Doubles)	1137	1	Gold	1996
Nancy	Evans		Iowa	W/50-54	Handicap Bowling (Doubles)	1137	1	Gold	1996
Donna	Paarman		Iowa	W/55-59	Handicap Bowling (Doubles)	1209	1	Gold	1996
Irene	Cassens		Iowa	W/55-59	Handicap Bowling (Doubles)	1209	1	Gold	1996
Virg	Van Dierenoonck		Iowa	W/55-59	Handicap Bowling (Doubles)	1150	2	Silver	1996
Norma	Rose		Iowa	W/55-59	Handicap Bowling (Doubles)	1150	2	Silver	1996
Leona	Gaines		Iowa	W/55-59	Handicap Bowling (Doubles)	1140	3	Bronze	1996
Marie	Reistroffer		Iowa	W/55-59	Handicap Bowling (Doubles)	1140	3	Bronze	1996
Elinor	Nelson		Illinois	W/60-64	Handicap Bowling (Doubles)	1091	1	Silver	1996
Phyllis	Anderson		Illinois	W/60-64	Handicap Bowling (Doubles)	1091	1	Gold	1996
Ruth	Kleinendorst		Iowa	W/65-69	Handicap Bowling (Doubles)	1137	1	Gold	1996
Jean	Winegar		Iowa	W/65-69	Handicap Bowling (Doubles)	1137	1	Gold	1996
Lois	Kahler		Iowa	W/65-69	Handicap Bowling (Doubles)	1134	2	Silver	1996
Wilma	Jensen		Iowa	W/65-69	Handicap Bowling (Doubles)	1134	2	Silver	1996
Dorothy	Erickson		Iowa	W/65-69	Handicap Bowling (Doubles)	1127	3	Bronze	1996
Audrey	Clark		Iowa	W/65-69	Handicap Bowling (Doubles)	1127	3	Bronze	1996
Alyce	Myrtue		Iowa	W/70-74	Handicap Bowling (Doubles)	1155	1	Gold	1996
Bernice	Gaul		Iowa	W/70-74	Handicap Bowling (Doubles)	1155	1	Gold	1996
Mary	Batcheller		Iowa	W/75-79	Handicap Bowling (Doubles)	1056	1	Gold	1996
Nadine	Wilson		Iowa	W/75-79	Handicap Bowling (Doubles)	1056	1	Gold	1996
Larry	Kahler		Kansas	M/55-59	Bowling (Scratch Doubles)	937	1	Gold	1996
Andy	Forman		Iowa	M/55-59	Bowling (Scratch Doubles)	937	1	Gold	1996
John	Boggs		Iowa	M/55-59	Bowling (Scratch Doubles)	787	1	Gold	1996
Erwin	Hippen		Iowa	M/55-59	Bowling (Scratch Doubles)	787	1	Gold	1996
Jerry	Lundsford		Iowa	M/60-64	Bowling (Scratch Doubles)	1106	1	Gold	1996
John	Campbell		Iowa	M/60-64	Bowling (Scratch Doubles)	1106	1	Gold	1996
Keith	Wee		Iowa	M/60-64	Bowling (Scratch Doubles)	859	2	Silver	1996
Ray	Longnecker		Iowa	M/60-64	Bowling (Scratch Doubles)	859	2	Silver	1996
William	Woodard		Iowa	M/65-69	Bowling (Scratch Doubles)	1005	1	Gold	1996
Bob	Jacobson		Iowa	M/65-69	Bowling (Scratch Doubles)	1005	1	Gold	1996
Dick	Stockseth		Iowa	M/65-69	Bowling (Scratch Doubles)	999	2	Silver	1996
Bill	Mekemson		Iowa	M/65-69	Bowling (Scratch Doubles)	999	2	Silver	1996
Warren	Thornton		Iowa	M/65-69	Bowling (Scratch Doubles)	846	3	Bronze	1996
Lester	Parker		Iowa	M/65-69	Bowling (Scratch Doubles)	846	3	Bronze	1996
Albert	Jenson		Iowa	M/70-74	Bowling (Scratch Doubles)	1083	1	Gold	1996
Bud	Weis		Iowa	M/70-74	Bowling (Scratch Doubles)	1083	1	Gold	1996
Mike	Vloglavich		Iowa	M/70-74	Bowling (Scratch Doubles)	1017	2	Silver	1996
John	Riker		Iowa	M/70-74	Bowling (Scratch Doubles)	1017	2	Silver	1996
Mel	Book		Iowa	M/70-74	Bowling (Scratch Doubles)	986	3	Bronze	1996
Willis	Myrtue		Iowa	M/70-74	Bowling (Scratch Doubles)	986	3	Bronze	1996
Don	Gordon		Iowa	M/75-79	Bowling (Scratch Doubles)	934	1	Gold	1996
Don	Mallory		Iowa	M/75-79	Bowling (Scratch Doubles)	934	1	Gold	1996
Diane	Snyder		Iowa	W/50-54	Bowling (Scratch Doubles)	918	1	Gold	1996
Nancy	Evans		Iowa	W/50-54	Bowling (Scratch Doubles)	918	1	Gold	1996
Virg	Van Dierenoonck		Iowa	W/55-59	Bowling (Scratch Doubles)	1045	1	Gold	1996
Norma	Rose		Iowa	W/55-59	Bowling (Scratch Doubles)	1045	1	Gold	1996
Donna	Paarman		Iowa	W/55-59	Bowling (Scratch Doubles)	951	2	Silver	1996
Irene	Cassens		Iowa	W/55-59	Bowling (Scratch Doubles)	951	2	Silver	1996
Leona	Gaines		Iowa	W/55-59	Bowling (Scratch Doubles)	927	3	Bronze	1996
Marie	Reistroffer		Iowa	W/55-59	Bowling (Scratch Doubles)	927	3	Bronze	1996
Elinor	Nelson		Illinois	W/60-64	Bowling (Scratch Doubles)	830	1	Gold	1996
Phyllis	Anderson		Illinois	W/60-64	Bowling (Scratch Doubles)	830	1	Gold	1996
Lois	Kahler		Kansas	W/65-69	Bowling (Scratch Doubles)	823	1	Gold	1996
Wilma	Weis		Iowa	W/65-69	Bowling (Scratch Doubles)	823	1	Gold	1996
Dorothy	Erickson		Iowa	W/65-69	Bowling (Scratch Doubles)	803	2	Silver	1996
Audrey	Clark		Iowa	W/65-69	Bowling (Scratch Doubles)	803	2	Silver	1996
Billie	Dennis		Iowa	W/65-69	Bowling (Scratch Doubles)	784	3	Bronze	1996
Velma	Gardner		Iowa	W/65-69	Bowling (Scratch Doubles)	784	3	Bronze	1996
Alyce	Myrtue		Iowa	W/70-74	Bowling (Scratch Doubles)	864	1	Gold	1996
Bernice	Gaul		Iowa	W/70-74	Bowling (Scratch Doubles)	864	1	Gold	1996
Mary	Batcheller		Iowa	W/75-79	Bowling (Scratch Doubles)	729	1	Gold	1996
Nadine	Wilson		Iowa	W/75-79	Bowling (Scratch Doubles)	729	1	Gold	1996
Larry	Favorite	Solon	Iowa	M/55-59	Handicap Bowling (Singles)	588	1	Gold	1996

Robert	Anderson	Marion	Iowa	M/60-64	Handicap Bowling (Singles)	686	1	Gold	1996
Robert	Paton	Des Moines	Iowa	M/60-64	Handicap Bowling (Singles)	619	2	Silver	1996
Jerry	Lundford	Freeman	Iowa	M/60-64	Handicap Bowling (Singles)	592	3	Bronze	1996
Bob	Jacobson	West Des Moines	Iowa	M/65-69	Handicap Bowling (Singles)	615	1	Gold	1996
Bill	Woodard	Des Moines	Iowa	M/65-69	Handicap Bowling (Singles)	611	2	Silver	1996
Art	Lundell	Ft. Dodge	Iowa	M/65-69	Handicap Bowling (Singles)	59	3	Bronze	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Handicap Bowling (Singles)	682	1	Gold	1996
Roy	Longnecker	Ankeny	Iowa	M/70-74	Handicap Bowling (Singles)	657	2	Silver	1996
Michael	Jacobs	Sparland	Illinois	M/70-74	Handicap Bowling (Singles)	616	3	Bronze	1996
Bill	Owens	West Des Moines	Iowa	M/70-74	Handicap Bowling (Singles)	598	3	Bronze	1996
Don	Slocum	Knoxville	Iowa	M/75-79	Handicap Bowling (Singles)	638	1	Gold	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Handicap Bowling (Singles)	633	2	Silver	1996
Lloyd	Store	N.A.	Iowa	M/75-79	Handicap Bowling (Singles)	616	3	Bronze	1996
Dennis	Freed	Gowrie	Iowa	M/80-84	Handicap Bowling (Singles)	643	1	Gold	1996
Carroll	Crouse	Adel	Iowa	M/80-84	Handicap Bowling (Singles)	605	2	Silver	1996
Ernest	Buzzard	Des Moines	Iowa	M/80-84	Handicap Bowling (Singles)	576	3	Bronze	1996
Frank	Zenor	Humboldt	Iowa	M/90+	Handicap Bowling (Singles)	545	1	Gold	1996
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Handicap Bowling (Singles)	571	1	Gold	1996
Diane	Snyder	Des Moines	Iowa	W/50-54	Handicap Bowling (Singles)	564	1	Gold	1996
Irene	Cassens	Sigourney	Iowa	W/55-59	Handicap Bowling (Singles)	660	1	Gold	1996
Virg	Van Dierenonck	De Witt	Iowa	W/55-59	Handicap Bowling (Singles)	586	2	Silver	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Handicap Bowling (Singles)	544	3	Bronze	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Handicap Bowling (Singles)	611	1	Gold	1996
Nancy	Evans	Des Moines	Iowa	W/60-64	Handicap Bowling (Singles)	580	1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Handicap Bowling (Singles)	569	2	Silver	1996
Kathy	Gifford	Cumming	Iowa	W/60-64	Handicap Bowling (Singles)	526	3	Bronze	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Handicap Bowling (Singles)	638	1	Gold	1996
Dorothy	Milton	Des Moines	Iowa	W/65-69	Handicap Bowling (Singles)	629	2	Silver	1996
Shirley	Zenor	Humboldt	Iowa	W/65-69	Handicap Bowling (Singles)	607	3	Bronze	1996
Audrey	Clark	Carlisle	Iowa	W/70-74	Handicap Bowling (Singles)	593	1	Gold	1996
Pauline	Street	N.A.		W/70-74	Handicap Bowling (Singles)	567	2	Silver	1996
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Handicap Bowling (Singles)	550	3	Bronze	1996
Helen	Mallory	Des Moines	Iowa	W/75-79	Handicap Bowling (Singles)	602	1	Gold	1996
Nadine	Williams	N.A.		W/75-79	Handicap Bowling (Singles)	556	2	Silver	1996
Virginia	Davis	Des Moines	Iowa	W/75-79	Handicap Bowling (Singles)	540	3	Bronze	1996
Leora	Jester	Des Moines	Iowa	W/90+	Handicap Bowling (Singles)	537	1	Gold	1996
Larry	Favorite	Solon	Iowa	M/55-59	Bowling (Singles Scratch)	507	1	Gold	1996
John	Campbell	N.A.		M/60-64	Bowling (Singles Scratch)	569	1	Gold	1996
Gary	King	N.A.		M/60-64	Bowling (Singles Scratch)	545	2	Silver	1996
Jerry	Lundford	Freeman	Iowa	M/60-64	Bowling (Singles Scratch)	544	3	Bronze	1996
Merle	Haselhuhn	N.A.		M/65-69	Bowling (Singles Scratch)	545	1	Gold	1996
Bill	Woodard	Des Moines	Iowa	M/65-69	Bowling (Singles Scratch)	533	2	Silver	1996
Bob	Jacobson	West Des Moines	Iowa	M/65-69	Bowling (Singles Scratch)	519	3	Bronze	1996
Bill	Owens	West Des Moines	Iowa	M/70-74	Bowling (Singles Scratch)	559	1	Gold	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Bowling (Singles Scratch)	544	2	Silver	1996
Michael	Jacobs	Sparland	Illinois	M/70-74	Bowling (Singles Scratch)	535	3	Bronze	1996
Mike	Vioglavich	West Des Moines	Iowa	M/70-74	Bowling (Singles Scratch)	518	3	Bronze	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Bowling (Singles Scratch)	496	1	Gold	1996
Lloyd	Stuber	West Des Moines	Iowa	M/75-79	Bowling (Singles Scratch)	487	2	Silver	1996
Don	Slocum	Knoxville	Iowa	M/75-79	Bowling (Singles Scratch)	476	3	Bronze	1996
Dennis	Freed	Gowrie	Iowa	M/80-84	Bowling (Singles Scratch)	535	1	Gold	1996
Carroll	Crouse	Adel	Iowa	M/80-84	Bowling (Singles Scratch)	515	2	Silver	1996
Ernest	Buzzard	Des Moines	Iowa	M/80-84	Bowling (Singles Scratch)	453	3	Bronze	1996
Frank	Zenor	Humboldt	Iowa	M/90+	Bowling (Singles Scratch)	425	1	Gold	1996
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Bowling (Singles Scratch)	514	1	Gold	1996
Diane	Snyder	Des Moines	Iowa	W/50-54	Bowling (Singles Scratch)	477	1	Gold	1996
Irene	Cassens	Sigourney	Iowa	W/55-59	Bowling (Singles Scratch)	540	1	Gold	1996
Virg	Dierendonck	De Witt	Iowa	W/55-59	Bowling (Singles Scratch)	538	2	Silver	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Bowling (Singles Scratch)	463	3	Bronze	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Bowling (Singles Scratch)	507	1	Gold	1996
Norma	Rose	D.M.	Iowa	W/60-64	Bowling (Singles Scratch)	468	1	Gold	1996
Nancy	Evans	Des Moines	Iowa	W/60-64	Bowling (Singles Scratch)	448	2	Silver	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Bowling (Singles Scratch)	431	3	Bronze	1996
Dorothy	Milton	Des Moines	Iowa	W/65-69	Bowling (Singles Scratch)	548	1	Gold	1996
Shirley	Zenor	Humboldt	Iowa	W/65-69	Bowling (Singles Scratch)	511	2	Silver	1996
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Bowling (Singles Scratch)	468	3	Bronze	1996
Lorraine	Stanek	Ft. Dodge	Iowa	W/70-74	Bowling (Singles Scratch)	458	1	Gold	1996
Audrey	Clark	Carlisle	Iowa	W/70-74	Bowling (Singles Scratch)	425	2	Silver	1996
Jean	Winegar	West Des Moines	Iowa	W/70-74	Bowling (Singles Scratch)	377	3	Bronze	1996
Helen	Mallory	Des Moines	Iowa	W/75-79	Bowling (Singles Scratch)	446	1	Gold	1996
Virginia	Davis	Des Moines	Iowa	W/75-79	Bowling (Singles Scratch)	423	2	Silver	1996
Mary	Batcheller	Paton	Iowa	W/75-79	Bowling (Singles Scratch)	374	3	Bronze	1996
Leora	Jester	Des Moines	Iowa	W/90+	Bowling (Singles Scratch)	381	1	Gold	1996

Albert	Baetz	Ankeny	Iowa	M/55-59	Croquet		1	Gold	1996	
Gene	Okeson	Hodgenville	Iowa	M/55-59	Croquet		1	Gold	1996	
Dale	Godbey	Des Moines	Iowa	M/65-69	Croquet		1	Gold	1996	
Carol	Brittain	Des Moines	Iowa	W/55-59	Croquet		1	Gold	1996	
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Croquet		1	Gold	1996	
Anna	LeMaster	Urbandale	Iowa	W/65-69	Croquet		1	Gold	1996	
Frances	Young	Des Moines	Iowa	W/65-69	Croquet		2	Silver	1996	
Ron	Peterson	Waukee	Iowa	M/50-54	Softball Throw (Accuracy)		30	1	Gold	1996
Wayne	Hugen	Des Moines	Iowa	M/50-54	Softball Throw (Accuracy)		20	2	Silver	1996
Frank	Perez	West Des Moines	Iowa	M/50-54	Softball Throw (Accuracy)		10	3	Bronze	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Softball Throw (Accuracy)		40	1	Gold	1996
Don	Wente	Des Moines	Iowa	M/55-59	Softball Throw (Accuracy)		40	1	Gold	1996
Glen	Mente	Muscatine	Iowa	M/55-59	Softball Throw (Accuracy)		30	2	Silver	1996
Joe	Morr	Ankeny	Iowa	M/55-59	Softball Throw (Accuracy)		30	2	Silver	1996
Ken	Clark	Des Moines	Iowa	M/55-59	Softball Throw (Accuracy)		30	2	Silver	1996
Erwin	Heppen	Topeka	Kansas	M/55-59	Softball Throw (Accuracy)		30	2	Silver	1996
Larry	Kahler	Topeka	Kansas	M/55-59	Softball Throw (Accuracy)		20	3	Bronze	1996
Ken	Autten	N.A.		M/60-64	Softball Throw (Accuracy)		60	1	Gold	1996
Lee	Kane	Urbandale	Iowa	M/60-64	Softball Throw (Accuracy)		40	2	Silver	1996
Wendell	Roehrs	Warrenton	Missouri	M/60-64	Softball Throw (Accuracy)		40	3	Bronze	1996
Richard	Doyle	Toledo	Iowa	M/60-64	Softball Throw (Accuracy)		30	3	Bronze	1996
Keith	Baker	Clive	Iowa	M/65-69	Softball Throw (Accuracy)		60	1	Gold	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Softball Throw (Accuracy)		50	2	Silver	1996
Bob	Thompson	Des Moines	Iowa	M/65-69	Softball Throw (Accuracy)		50	2	Silver	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Softball Throw (Accuracy)		40	3	Bronze	1996
Cletus	Weis	Harlan	Iowa	M/70-74	Softball Throw (Accuracy)		40	1	Gold	1996
Mike	Jacobs	Sparland	Illinois	M/70-74	Softball Throw (Accuracy)		30	2	Silver	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Softball Throw (Accuracy)		30	2	Silver	1996
Mel	Book	Portsmouth	Iowa	M/70-74	Softball Throw (Accuracy)		10	3	Bronze	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Softball Throw (Accuracy)		10	3	Bronze	1996
Dale	Buysse	Longmont	Colorado	M/75-79	Softball Throw (Accuracy)		40	1	Gold	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Softball Throw (Accuracy)		20	1	Gold	1996
Willis	Myrtue	Harlan	Iowa	M/75-79	Softball Throw (Accuracy)		20	1	Gold	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	Softball Throw (Accuracy)		20	2	Silver	1996
Harold	Lambert	West Des Moines	Iowa	M/75-79	Softball Throw (Accuracy)		10	3	Bronze	1996
Carroll	Crouse	Adel	Iowa	M/80-84	Softball Throw (Accuracy)		30	1	Gold	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Softball Throw (Accuracy)		30	1	Gold	1996
Virgil	Woodford	Cedar Rapids	Iowa	M/80-84	Softball Throw (Accuracy)		20	2	Silver	1996
John	Cress	Skokie	Illinois	M/80-84	Softball Throw (Accuracy)		20	3	Bronze	1996
Ott	Rew	Iowa City	Iowa	M/80-84	Softball Throw (Accuracy)		10	3	Bronze	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Softball Throw (Accuracy)		70	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Softball Throw (Accuracy)		30	2	Silver	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Softball Throw (Accuracy)		30	1	Gold	1996
Pat	Sutten	Marshalltown	Iowa	W/55-59	Softball Throw (Accuracy)		10	2	Silver	1996
Donna	Toombs	Des Moines	Iowa	W/55-59	Softball Throw (Accuracy)		10	2	Silver	1996
Dolly	Jacobs	Sparland	Illinois	W/55-59	Softball Throw (Accuracy)		10	2	Silver	1996
Joyce	Hick	N.A.		W/60-64	Softball Throw (Accuracy)		70	1	Gold	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Softball Throw (Accuracy)		30	2	Silver	1996
Bertha	Aldrich	Alden	Iowa	W/60-64	Softball Throw (Accuracy)		30	2	Silver	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Softball Throw (Accuracy)		20	3	Bronze	1996
Barbara	Marston	N.A.		W/65-69	Softball Throw (Accuracy)		30	1	Gold	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Softball Throw (Accuracy)		30	2	Silver	1996
Dolores	Murray	Galva	Illinois	W/65-69	Softball Throw (Accuracy)		30	2	Silver	1996
Joan	Tasler	Knoxville	Iowa	W/65-69	Softball Throw (Accuracy)		20	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Softball Throw (Accuracy)		40	1	Gold	1996
Alyce	Myrtue	Harlan	Iowa	W/70-74	Softball Throw (Accuracy)		10	1	Gold	1996
Dorothy	Platt	Frost Proof	Florida	W/70-74	Softball Throw (Accuracy)		20	2	Silver	1996
Mary	Buysse	Longmont	Colorado	W/70-74	Softball Throw (Accuracy)		20	2	Silver	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Softball Throw (Accuracy)		20	1	Gold	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Softball Throw (Accuracy)		10	2	Silver	1996
Mae	Green	Des Moines	Iowa	W/80-84	Softball Throw (Accuracy)		10	1	Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Football Throw (Accuracy)		40	1	Gold	1996
Frank	Perez	West Des Moines	Iowa	M/50-54	Football Throw (Accuracy)		40	2	Silver	1996
Richard	Huitt	Des Moines	Iowa	M/50-54	Football Throw (Accuracy)		20	3	Bronze	1996
Ken	Clark	Des Moines	Iowa	M/55-59	Football Throw (Accuracy)		40	1	Gold	1996
Erwin	Hippen	Topeka	Kansas	M/55-59	Football Throw (Accuracy)		40	2	Silver	1996
Larry	Kahler	Topeka	Kansas	M/55-59	Football Throw (Accuracy)		30	2	Silver	1996
Joe	Morr	Ankeny	Iowa	M/55-59	Football Throw (Accuracy)		20	3	Bronze	1996
Ross	Vrooman	Tulsa	Oklahoma	M/60-64	Football Throw (Accuracy)		50	1	Gold	1996
Norman	Robinson	Knoxville	Iowa	M/60-64	Football Throw (Accuracy)		40	1	Gold	1996
Pete	Stopoulos	East Moline	Illinois	M/60-64	Football Throw (Accuracy)		40	2	Silver	1996

Fred	Bankus	West Des Moines	Iowa	M/60-64	Football Throw (Accuracy)	30	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	Football Throw (Accuracy)	20	3	Bronze	1996
Andy	Gorman	Tecumseh	Kansas	M/60-64	Football Throw (Accuracy)	20	3	Bronze	1996
Ralph	Scott	West Des Moines	Iowa	M/65-69	Football Throw (Accuracy)	50	1	Gold	1996
Joe	Craze	Montrose	Colorado	M/65-69	Football Throw (Accuracy)	30	2	Silver	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Football Throw (Accuracy)	30	2	Silver	1996
Edward	Failor	Muscatine	Iowa	M/65-69	Football Throw (Accuracy)	30	2	Silver	1996
Keith	Baker	Clive	Iowa	M/65-69	Football Throw (Accuracy)	30	2	Silver	1996
Cletus	Weis	Harlan	Iowa	M/70-74	Football Throw (Accuracy)	50	1	Gold	1996
Sol	Davidson	Des Moines	Iowa	M/70-74	Football Throw (Accuracy)	30	2	Silver	1996
Jess	Keown	Dyer	Indiana	M/70-74	Football Throw (Accuracy)	20	3	Bronze	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Football Throw (Accuracy)	20	3	Bronze	1996
Dale	Buyse	Longmont	Colorado	M/75-79	Football Throw (Accuracy)	70	1	Gold	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Football Throw (Accuracy)	30	1	Gold	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	Football Throw (Accuracy)	20	2	Silver	1996
Willis	Myrtue	Harlan	Iowa	M/75-79	Football Throw (Accuracy)	10	2	Silver	1996
Virgil	Woodford	Cedar Rapids	Iowa	M/80-84	Football Throw (Accuracy)	30	1	Gold	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Football Throw (Accuracy)	20	2	Silver	1996
Lee	Todd	Grant	Nebraska	M/80-84	Football Throw (Accuracy)	10	3	Bronze	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Football Throw (Accuracy)	30	1	Gold	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Football Throw (Accuracy)	10	1	Gold	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Football Throw (Accuracy)	20	1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Football Throw (Accuracy)	20	1	Gold	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Football Throw (Accuracy)	10	2	Silver	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Football Throw (Accuracy)	40	1	Gold	1996
Ruth	Allen	Newton	Iowa	W/65-69	Football Throw (Accuracy)	30	2	Silver	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Football Throw (Accuracy)	20	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Football Throw (Accuracy)	30	1	Gold	1996
Dorothy	Platt	Frost Proof	Florida	W/70-74	Football Throw (Accuracy)	20	2	Silver	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Football Throw (Accuracy)	10	1	Gold	1996
Helen	Steward	Knoxville	Iowa	W/80-84	Football Throw (Accuracy)	10	1	Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Softball Throw (Distance)	177'.11"	1	Gold	1996
Ken	Miller	West Des Moines	Iowa	M/50-54	Softball Throw (Distance)	154'.3"	2	Silver	1996
Wayne	Hugan	Des Moines	Iowa	M/50-54	Softball Throw (Distance)	112'.9"	3	Bronze	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	Softball Throw (Distance)	96'.1"			1996
Pat	Sutten	Marshalltown	Iowa	M/55-59	Softball Throw (Distance)	86'.7"	1	Gold	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Softball Throw (Distance)	63'.8"	2	Silver	1996
Carol	Brittain	Des Moines	Iowa	W/55-59	Softball Throw (Distance)	39'.6"	3	Bronze	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Softball Throw (Distance)	109'.5"	1	Gold	1996
Sally	Wiese	Florissant	Missouri	W/60-64	Softball Throw (Distance)		1	Gold	1996
Bertha	Aldrich	Alden	Iowa	W/60-64	Softball Throw (Distance)	91'.9"	2	Silver	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Softball Throw (Distance)	63'.11"	3	Bronze	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Softball Throw (Distance)	82'.9"	1	Gold	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	Softball Throw (Distance)	72'.8"	2	Silver	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Softball Throw (Distance)	63'.7"	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Softball Throw (Distance)	76'.10"	1	Gold	1996
Mary	Buyse	Longmont	Colorado	W/70-74	Softball Throw (Distance)	49'.25"	2	Silver	1996
Dorothy	Platt	Frost Proof	Illinois	W/70-74	Softball Throw (Distance)	47'.9"	3	Bronze	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Softball Throw (Distance)	44'.10"	1	Gold	1996
Ruth	Spaulding	Des Moines	Iowa	W/75-79	Softball Throw (Distance)	37'.5"	2	Silver	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	Softball Throw (Distance)	32'.3"	3	Bronze	1996
Mae	Green	Des Moines	Iowa	W/80-84	Softball Throw (Distance)	40'.2"	1	Gold	1996
Helen	Steward	Knoxville	Iowa	W/80-84	Softball Throw (Distance)	38'.7"	2	Silver	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	Softball Throw (Distance)	37'.4"	1	Gold	1996
Ken	Miller	West Des Moines	Iowa	M/50-54	Football Throw (Distance)	124'.1"	1	Gold	1996
Ron	Peterson	Waukee	Iowa	M/50-54	Football Throw (Distance)	113'.4"	2	Silver	1996
Frank	Perez	West Des Moines	Iowa	M/50-54	Football Throw (Distance)	102'.3"	3	Bronze	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	Football Throw (Distance)	145'.2"	1	Gold	1996
Pete	Wilson	West Des Moines	Iowa	M/55-59	Football Throw (Distance)	139'.6"	1	Gold	1996
Ron	Wheeler	Cedar Falls	Iowa	M/55-59	Football Throw (Distance)	139'.6"	2	Silver	1996
Howard	Weisser	Columbus	Nebraska	M/55-59	Football Throw (Distance)	101'.10"	3	Bronze	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	Football Throw (Distance)	162'.6"	1	Gold	1996
Pete	Stopoulos	East Moline	Illinois	M/60-64	Football Throw (Distance)	133'	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	Football Throw (Distance)	149'.9"	2	Silver	1996
Ross	Vrooman	Tulsa	Oklahoma	M/60-64	Football Throw (Distance)	119'.1"	2	Silver	1996
Dick	Lang	Ankeny	Iowa	M/60-64	Football Throw (Distance)	146'.3"	3	Bronze	1996
Edward	Failor	Muscatine	Iowa	M/65-69	Football Throw (Distance)	129'.1"	1	Gold	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Football Throw (Distance)	109'.6"	2	Silver	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Football Throw (Distance)	91'.11"	3	Bronze	1996
Bud	Weis	Des Moines	Iowa	M/70-74	Football Throw (Distance)	110'.11"	1	Gold	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Football Throw (Distance)	96'.1"	2	Silver	1996
Gilbert	Hill	Omaha	Nebraska	M/70-74	Football Throw (Distance)	91'	2	Silver	1996

Mick	Donahue	West Des Moines	Iowa	M/70-74	Football Throw (Distance)	80'.4"	2	Silver	1996
Dale	Buyse	Longmont	Colorado	M/75-79	Football Throw (Distance)	115'.6"	1	Gold	1996
Harold	Lambert	West Des Moines	Iowa	M/75-79	Football Throw (Distance)	66'.7"	1	Gold	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	Football Throw (Distance)	113'.3"	2	Silver	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Football Throw (Distance)	59'.9"	2	Silver	1996
Orra	Rew	Iowa City	Iowa	M/80-84	Football Throw (Distance)	70'	1	Gold	1996
Wilbut	Ott	Lakeland	Florida	M/80-84	Football Throw (Distance)	72'.2"	2	Silver	1996
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Football Throw (Distance)	59'.5"	2	Silver	1996
Mel	Flachs	Davenport	Iowa	M/80-84	Football Throw (Distance)	55'.7"	3	Bronze	1996
John	Cress	Skokie	Illinois	M/80-84	Football Throw (Distance)	43'.11"	3	Bronze	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	Football Throw (Distance)	61'.2"	1	Gold	1996
Wayne	Steward	Knoxville	Iowa	M/85-89	Football Throw (Distance)	46'.6"	1	Gold	1996
Ted	Joplin	Des Moines	Iowa	M/90+	Football Throw (Distance)	41'.9"	1	Gold	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Football Throw (Distance)	65'.3"	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Football Throw (Distance)	65'.3"	2	Silver	1996
Pat	Sutten	Marshalltown	Iowa	W/55-59	Football Throw (Distance)	60'.1"	1	Gold	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Football Throw (Distance)	58'.10"	2	Silver	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Football Throw (Distance)	79'.11"	1	Gold	1996
Bertha	Aldrich	Alden	Iowa	W/60-64	Football Throw (Distance)	73'.10"	1	Gold	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Football Throw (Distance)	47'	2	Silver	1996
Nancy	Baker	Clive	Iowa	W/60-64	Football Throw (Distance)	42'	3	Bronze	1996
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Football Throw (Distance)	57'.7"	1	Gold	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Football Throw (Distance)	48'.8"	2	Silver	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	Football Throw (Distance)	48'.1"	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Football Throw (Distance)	66'.8"	1	Gold	1996
Dorothy	Platt	Frost Proof	Illinois	W/70-74	Football Throw (Distance)	43'.1"	2	Silver	1996
Mary	Buyse	Longmont	Colorado	W/70-74	Football Throw (Distance)	31'.3"	3	Bronze	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Football Throw (Distance)	39'	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	Football Throw (Distance)	13'.8"	2	Silver	1996
Mae	Green	Des Moines	Iowa	W/80-84	Football Throw (Distance)	26'	1	Gold	1996
Helen	Steward	Knoxville	Iowa	W/80-84	Football Throw (Distance)	25'.8"	2	Silver	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	Football Throw (Distance)	25'.1"	1	Gold	1996
Richard	Huitt	Des Moines	Iowa	M/50-54	Rec. Horseshoes	36.3	1	Gold	1996
Wayne	Hugen	Des Moines	Iowa	M/50-54	Rec. Horseshoes	21.6	2	Silver	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	Rec. Horseshoes	26	1	Gold	1996
Ken	Clark	Des Moines	Iowa	M/55-59	Rec. Horseshoes	24.6	1	Gold	1996
Keith	Baker	Clive	Iowa	M/65-69	Rec. Horseshoes	91	1	Gold	1996
Slim	Allen	West Des Moines	Iowa	M/65-69	Rec. Horseshoes	72.3	2	Silver	1996
Herb	Hansen	Prairie City	Iowa	M/65-69	Rec. Horseshoes	72	3	Bronze	1996
Gilbert	Nickell	Renwick	Iowa	M/70-74	Rec. Horseshoes	52.6	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	Rec. Horseshoes	41.3	2	Silver	1996
Jack	Roush	West Des Moines	Iowa	M/75-79	Rec. Horseshoes	46.6	1	Gold	1996
Harold	Lambert	West Des Moines	Iowa	M/75-79	Rec. Horseshoes	34.3	2	Silver	1996
Marvin	Stanek	Ft. Dodge	Iowa	M/75-79	Rec. Horseshoes	60.6	1	Gold	1996
Donna	Toombs	Des Moines	Iowa	W/55-59	Rec. Horseshoes	33'.3"	1	Gold	1996
Carol	Brittain	Des Moines	Iowa	W/55-59	Rec. Horseshoes	12'.3"	2	Silver	1996
Norma	Sichenedev	Urbandale	Iowa	W/65-69	Rec. Horseshoes	32'	1	Gold	1996
Velma	Gardner	Carlisle	Iowa	W/65-69	Rec. Horseshoes	26'	2	Silver	1996
Delores	Murray	Galva	Illinois	W/65-69	Rec. Horseshoes	20'.6"	3	Bronze	1996
Irene	Kerwin	Peoria	Iowa	W/70-74	Rec. Horseshoes	30'.3"	1	Gold	1996
Viola	Baker	Des Moines	Iowa	W/75-79	Rec. Horseshoes	5'.5"	1	Gold	1996
Don	Hamann	Des Moines	Iowa	Coed/50-54	Scrabble		1	Gold	1996
K.	Scott Smith			Coed/50-54	Scrabble		2	Silver	1996
Nancy	Baker	Clive	Iowa	Coed/50-54	Scrabble		3	Bronze	1996
Gray Beards			Minnesota	M/50-54	3X3 Basketball		1	Gold	1996
Muscatine Munch			Iowa	M/50-54	3X3 Basketball		2	Silver	1996
Tigers			Iowa	M/50-54	3X3 Basketball		3	Bronze	1996
Jay Hawks			Iowa	M/55-59	3X3 Basketball		1	Gold	1996
56 Crown Vic			Iowa	M/55-59	3X3 Basketball		2	Silver	1996
Illinois Railsplitters			Illinois	M/55-59	3X3 Basketball		2	Silver	1996
Topeka Seniors			Kansas	M/55-59	3X3 Basketball		3	Bronze	1996
Rockwell Collins			Iowa	M/60-64	3X3 Basketball		1	Gold	1996
Old Guys/Bob Cats			Iowa	M/60-64	3X3 Basketball		2	Silver	1996
Chicago Sharks			Illinois	M/65-69	3X3 Basketball		1	Gold	1996
Jets			Iowa	W/50-54	3X3 Basketball		1	Gold	1996
Silvers			Iowa	W/60-64	3X3 Basketball		1	Gold	1996
Los Vejos		N.A.	Iowa/Kansas	M/50-54	Team Softball		1	Gold	1996
Tigers		West Des Moines	Iowa	M/55-59	Team Softball		1	Gold	1996
Minnesota Rainbow		St. Paul	Minnesota	M/60-64	Team Softball		1	Gold	1996
Vets			Iowa	W/50-54	Team Softball		1	Gold	1996

Mercy III			Iowa	M/50-54	Team Volleyball		1	Gold	1996
Mercy Hearts			Iowa	M/50-54	Team Volleyball		2	Silver	1996
Tigers			Iowa	M/55-59	Team Volleyball		1	Gold	1996
Topeka Seniors			Kansas	M/55-59	Team Volleyball		1	Gold	1996
Mercy Misfits II			Iowa	M/55-59	Team Volleyball		2	Silver	1996
Silverados			Iowa	W/50-54	Team Volleyball		1	Gold	1996
Ronald	Beasley	Des Moines	Iowa	M/50-54	50 Meter Dash	6.75	1	Gold	1996
Richard	Hoidahl	Johnston	Iowa	M/50-54	50 Meter Dash	7.34	2	Silver	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	50 Meter Dash	7.84	3	Bronze	1996
Jim	Pyle	Marshalltown	Iowa	M/50-54	50 Meter Dash	8.56	3	Bronze	1996
Mike	Murphy	Blue Grass	Iowa	M/55-59	50 Meter Dash	6.93	1	Gold	1996
Glenn	Mente	Muscatine	Iowa	M/55-59	50 Meter Dash	7.14	2	Silver	1996
Richard	Snively	Des Moines	Iowa	M/55-59	50 Meter Dash	7.18	3	Bronze	1996
Pete	Stopoulos	East Moline	Illinois	M/60-64	50 Meter Dash	6.98	1	Gold	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	50 Meter Dash	7.15	1	Gold	1996
Wendell	Roehrs	Warrenton	Missouri	M/60-64	50 Meter Dash	7.19	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	50 Meter Dash	7.5	2	Silver	1996
Dick	Lang	Ankeny	Iowa	M/60-64	50 Meter Dash	8.09	3	Bronze	1996
Tom	Williams	Milford	Iowa	M/65-69	50 Meter Dash	7.91	1	Gold	1996
Richard	Soller	Cincinnati	Ohio	M/65-69	50 Meter Dash	8.27	2	Silver	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	50 Meter Dash	8.3	2	Silver	1996
Bud	Hamilton	Phoenix	Arizona	M/65-69	50 Meter Dash	8.3	3	Bronze	1996
Robert	Bishop	Des Moines	Iowa	M/65-69	50 Meter Dash	8.37	3	Bronze	1996
Kelly	Green	Mayetta	Kansas	M/70-74	50 Meter Dash	7.887	1	Gold	1996
Gilbert	Hill	Omaha	Nebraska	M/70-74	50 Meter Dash	8.3	2	Silver	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	50 Meter Dash	8.2	1	Gold	1996
Dale	Buysse	Longmont	Colorado	M/75-79	50 Meter Dash	8.9	2	Silver	1996
Lee	Todd	Grant	Nebraska	M/80-84	50 Meter Dash	8.37	1	Gold	1996
Mel	Flachs	Davenport	Iowa	M/80-84	50 Meter Dash	9.95	1	Gold	1996
Orra	Rew	Iowa City	Iowa	M/80-84	50 Meter Dash	10.41	2	Silver	1996
Adolph	Peschke	West Des Moines	Iowa	M/80-84	50 Meter Dash	11.68	3	Bronze	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	50 Meter Dash	10.2	1	Gold	1996
Wayne	Steward	Knoxville	Iowa	M/85-89	50 Meter Dash	18.26	1	Gold	1996
Emmett	Bennett	Rapid City	South Dakota	M/85-89	50 Meter Dash	10.81	2	Silver	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	50 Meter Dash	10.16	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	50 Meter Dash	8.64	1	Gold	1996
Pauline	Robinson	Des Moines	Iowa	W/55-59	50 Meter Dash	9.7	2	Silver	1996
Bertha	Aldrich	Alden	Iowa	W/60-64	50 Meter Dash	9.61	1	Gold	1996
Elinor	Nelson	Dover	Illinois	W/60-64	50 Meter Dash	9.88	2	Silver	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	50 Meter Dash	10.77	2	Silver	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	50 Meter Dash	10.98	3	Bronze	1996
Lois	Ribbens	Hull	Iowa	W/65-69	50 Meter Dash	9.56	1	Gold	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	50 Meter Dash	9.81	2	Silver	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	50 Meter Dash	10.66	3	Bronze	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	50 Meter Dash	12.88	1	Gold	1996
Ruth	Spaulding	Des Moines	Iowa	W/75-79	50 Meter Dash	13.07	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	50 Meter Dash	14.99	2	Silver	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	50 Meter Dash	21.46	1	Gold	1996
Ronald	Beasley	Des Moines	Iowa	M/50-54	100 Meter Dash	12.81	1	Gold	1996
LeRoy	Corey	Des Moines	Iowa	M/50-54	100 Meter Dash	13.2	2	Silver	1996
Jim	Munch	Blue Grass	Iowa	M/50-54	100 Meter Dash	13.69	3	Bronze	1996
Mike	Murphy	Blue Grass	Iowa	M/55-59	100 Meter Dash	13.25	1	Gold	1996
Thomas	Ciesielski	Independence	Iowa	M/55-59	100 Meter Dash	13:25.6	2	Silver	1996
Glen	Miente	Muscatine	Iowa	M/55-59	100 Meter Dash	13.77	3	Bronze	1996
Wendell	Roehrs	Warrenton	Missouri	M/60-64	100 Meter Dash	12.88	1	Gold	1996
Vince	Waltz	Kellogg	Iowa	M/60-64	100 Meter Dash	13.68	1	Gold	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	100 Meter Dash	13.69	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	100 Meter Dash	14.01	3	Bronze	1996
Paul	Bambrook	Bakersfield	California	M/65-69	100 Meter Dash	13.87	1	Gold	1996
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	100 Meter Dash	15.37	1	Gold	1996
Richard	Soller	Cincinnati	Ohio	M/65-69	100 Meter Dash	15.5	2	Silver	1996
Budd	Hamilton	Phoenix	Arizona	M/65-69	100 Meter Dash	15.63	2	Silver	1996
Gaylord	Sandrett			M/65-69	100 Meter Dash	18.25	3	Bronze	1996
Kelly	Green	Mayetta	Kansas	M/70-74	100 Meter Dash	14.93	1	Gold	1996
Charles	Obye	Spirit Lake	Iowa	M/70-74	100 Meter Dash	15.41	1	Gold	1996
Mike	Jacobs	Sparland	Illinois	M/70-74	100 Meter Dash	16.5	2	Silver	1996
Ray	McKay	Des Moines	Iowa	M/70-74	100 Meter Dash	16.55	2	Silver	1996
Tom	Walsh	Hannibal	Missouri	M/80-84	100 Meter Dash	16.81	1	Gold	1996
Mel	Flachs	Davenport	Iowa	M/80-84	100 Meter Dash	19.31	1	Gold	1996
Carroll	Crouse	Adel	Iowa	M/80-84	100 Meter Dash	21.6	2	Silver	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	100 Meter Dash	22.04	2	Silver	1996

Emmett	Bennett	Rapid City	South Dakota	M/85-89	100 Meter Dash		20.74	1	Gold	1996
Helen	James	Monona	Iowa	W/50-54	100 Meter Dash		16.19	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	100 Meter Dash		16.09	1	Gold	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	100 Meter Dash		21.38	1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	100 Meter Dash		21.96	2	Silver	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	100 Meter Dash		19.19	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	100 Meter Dash		20.03	2	Silver	1996
Frances	Young	Des Moines	Iowa	W/65-69	100 Meter Dash		23.14	3	Bronze	1996
Ruth	Spaulding	Des Moines	Iowa	W/75-79	100 Meter Dash		27.98	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	100 Meter Dash		32.34	2	Silver	1996
Mildred	Crew	Lancaster	Wisconsin	W/80-84	100 Meter Dash		n.a.	1	Gold	1996
Ronald	Beasley	Des Moines	Iowa	M/50-54	200 Meter Run		27.33	1	Gold	1996
Ronald	McKay	Chariton	Iowa	M/50-54	200 Meter Run		28.31	2	Silver	1996
Rich	Hoidahl	Johnston	Iowa	M/50-54	200 Meter Run		29.48	3	Bronze	1996
Howard	Weisser	Columbus	Nebraska	M/55-59	200 Meter Run		27.35	1	Gold	1996
Thomas	Ciesielski	Independence	Iowa	M/55-59	200 Meter Run		27.37	1	Gold	1996
Mike	Murphy	Blue Grass	Iowa	M/55-59	200 Meter Run		27.46	2	Silver	1996
Glen	Miente	Muscatine	Iowa	M/55-59	200 Meter Run		27.56	3	Bronze	1996
Pete	Stopoulos	East Moline	Illinois	M/60-64	200 Meter Run		27.78	1	Gold	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	200 Meter Run		28.8	1	Gold	1996
Wendell	Roehrs	Warrenton	Missouri	M/60-64	200 Meter Run		28.56	2	Silver	1996
Vince	Waltz	Kellogg	Iowa	M/60-64	200 Meter Run		29.17	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	200 Meter Run		31.65	3	Bronze	1996
Paul	Bambrook	Bakersfield	California	M/65-69	200 Meter Run		29.4	1	Gold	1996
Tom	Williams	Milford	Iowa	M/65-69	200 Meter Run		31.41	1	Gold	1996
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	200 Meter Run		32.25	2	Silver	1996
Richard	Soller	Cincinnati	Ohio	M/65-69	200 Meter Run		33.18	3	Bronze	1996
Gene	Harding	Des Moines	Iowa	M/65-69	200 Meter Run		34.47	3	Bronze	1996
Kelly	Green	Mayetta	Kansas	M/70-74	200 Meter Run		33.76	1	Gold	1996
Dick	McElvaine	Galesburg	Illinois	M/70-74	200 Meter Run		42.43	2	Silver	1996
Howard	Dewell	Quincy	Illinois	M/70-74	200 Meter Run		59.75	3	Bronze	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	200 Meter Run		34.79	1	Gold	1996
Lee	Todd	Grant	Nebraska	M/80-84	200 Meter Run		36.39	1	Gold	1996
Mel	Flachs	Davenport	Iowa	M/80-84	200 Meter Run		42.46	1	Gold	1996
Adolph	Peschke	Des Moines	Iowa	M/80-84	200 Meter Run		53.01	2	Silver	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	200 Meter Run		53.88	3	Bronze	1996
Emmett	Bennett	Rapid City	South Dakota	M/85-89	200 Meter Run		44.84	1	Gold	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	200 Meter Run		48.55	1	Gold	1996
Helen	James	Monona	Iowa	W/50-54	200 Meter Run		34.67	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	200 Meter Run		34.8	1	Gold	1996
Pauline	Robinson	Des Moines	Iowa	W/55-59	200 Meter Run		43.94	2	Silver	1996
Elinore	Nelson	Dover	Illinois	W/60-64	200 Meter Run		44.87	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	200 Meter Run		41.88	1	Gold	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	200 Meter Run		41.89	2	Silver	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	200 Meter Run		45.53	3	Bronze	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	200 Meter Run		01:19.0	1	Gold	1996
Mildred	Crews	Lancaster	Wisconsin	W/80-84	200 Meter Run		49.87	1	Gold	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	200 Meter Run		01:48.7	1	Gold	1996
Rich	Hoidahl	Johnston	Iowa	M/50-54	400 Meter Run		01:06.0	1	Gold	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	400 Meter Run		01:22.2	2	Silver	1996
Steve	Allspach	Sioux City	Iowa	M/50-54	400 Meter Run		01:40.6	3	Bronze	1996
Tom	Ciesielski	Independence	Iowa	M/55-59	400 Meter Run		01:02.3	1	Gold	1996
Howard	Weisser	Columbus	Nebraska	M/55-59	400 Meter Run		01:02.8	2	Silver	1996
Glen	Mente	Muscatine	Iowa	M/55-59	400 Meter Run		01:05.6	2	Silver	1996
Bill	Joslyn	Cedar Falls	Iowa	M/55-59	400 Meter Run		01:08.6	3	Bronze	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	400 Meter Run		01:09.5	1	Gold	1996
Tom	Novak	Cedar Falls	Iowa	M/60-64	400 Meter Run		01:13.7	2	Silver	1996
Richard	Doyle	Toledo	Kansas	M/60-64	400 Meter Run		01:14.1	3	Bronze	1996
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	400 Meter Run		01:14.8	1	Gold	1996
Gaylord	Seandrett	Ames	Iowa	M/65-69	400 Meter Run		01:16.9	2	Silver	1996
Gene	Harding	Des Moines	Iowa	M/65-69	400 Meter Run		01:17.9	3	Bronze	1996
Dick	McElvaine	Galesburg	Illinois	M/70-74	400 Meter Run		01:38.7	1	Gold	1996
Mel	Flachs	Davenport	Iowa	M/80-84	400 Meter Run		02:01.5	1	Gold	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	400 Meter Run		02:29.3	2	Silver	1996
Emmett	Bennett	Rapid City	South Dakota	M/85-89	400 Meter Run		01:49.9	1	Gold	1996
Helen	James	Monona	Iowa	W/50-54	400 Meter Run		01:21.2	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	400 Meter Run		01:22.0	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	400 Meter Run		01:47.1	1	Gold	1996
Anna	LeMaster	Urbandale	Iowa	W/65-69	400 Meter Run		02:51.3	2	Silver	1996
Jim	Fisher	Des Moines	Iowa	M/50-54	800 Meter Race Walk		05:17.9	1	Gold	1996
Rich	Hoidahl	Johnston	Iowa	M/50-54	800 Meter Race Walk		05:18.0	2	Silver	1996

Ken	Clark	Des Moines	Iowa	M/55-59	800 Meter Race Walk	05:11.2	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	800 Meter Race Walk	04:36.6	1	Gold	1996
Tom	Novak	Cedar Rapids	Iowa	m/60-64	800 Meter Race Walk	05:45.5	2	Silver	1996
Richard	Willock	Des Moines	Iowa	M/65-69	800 Meter Race Walk	04:43.8	1	Gold	1996
Bob	McClaran	Des Moines	Iowa	M/65-69	800 Meter Race Walk	04:47.6	2	Silver	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	800 Meter Race Walk	06:37.1	3	Bronze	1996
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	800 Meter Race Walk	05:32.4	1	Gold	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	800 Meter Race Walk	07:26.6	1	Gold	1996
Ted	Joplin	Des Moines	Iowa	M/90+	800 Meter Race Walk	07:39.2	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	800 Meter Race Walk	05:33.0	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	800 Meter Race Walk	05:24.8	1	Gold	1996
Mary	Crowley	Des Moines	Iowa	W/65-69	800 Meter Race Walk	06:39.7	2	Silver	1996
Carol	Edwards	Des Moines	Iowa	W/65-69	800 Meter Race Walk	06:39.7	2	Silver	1996
Anna	LeMaster	Urbandale	Iowa	W/65-69	800 Meter Race Walk	07:09.2	3	Bronze	1996
Jean	McClaran	Des Moines	Iowa	W/70-74	800 Meter Race Walk	05:11.2	1	Gold	1996
Ruth	Spaulding	Des Moines	Iowa	W/75-79	800 Meter Race Walk	06:10.0	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	800 Meter Race Walk	07:13.1	2	Silver	1996
Ronald	McKay	Chariton	Iowa	M/50-54	800 Meter Run	02:18.7	1	Gold	1996
Rich	Hoidahl	Johnston	Iowa	M/50-54	800 Meter Run	02:45.3	2	Silver	1996
Steve	Allspach	Sioux City	Iowa	M/50-54	800 Meter Run	03:37.4	3	Bronze	1996
Thomas	Ciesielski	Independence	Iowa	M/55-59	800 Meter Run	02:44.2	1	Gold	1996
Bill	Joslyn	Cedar Falls	Iowa	M/55-59	800 Meter Run	02:56.1	2	Silver	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	800 Meter Run	03:32.1	3	Bronze	1996
Tom	Novak	Cedar Rapids	Iowa	M/60-64	800 Meter Run	02:42.1	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	800 Meter Run	02:50.9	2	Silver	1996
Gene	Harding	Des Moines	Iowa	M/65-69	800 Meter Run	02:53.8	1	Gold	1996
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	800 Meter Run	03:26.2	2	Silver	1996
Darrell	Paul	Des Moines	Iowa	M/65-69	800 Meter Run	04:24.0	3	Bronze	1996
Roy	McKay	Des Moines	Iowa	M/70-74	800 Meter Run	03:26.1	1	Gold	1996
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	800 Meter Run	04:32.2	2	Silver	1996
Emmett	Bennett	Rapid City	South Dakota	M/75-79	800 Meter Run	04:41.3	1	Gold	1996
Donald	Schultz	Des Moines	Iowa	M/75-79	800 Meter Run	06:02.2	2	Silver	1996
Helen	James	Monona	Iowa	W/50-54	800 Meter Run	03:23.2	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	800 Meter Run	03:29.6	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	800 Meter Run	04:20.3	1	Gold	1996
Anna	LeMaster	Urbandale	Iowa	W/65-69	800 Meter Run	05:51.6	2	Silver	1996
Bill	Joslyn	Cedar Falls	Iowa	M/55-59	1500 Meter Run	06:27.8	1	Gold	1996
Tom	Novak	Cedar Rapids	Iowa	M/60-64	1500 Meter Run	05:40.6	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	1500 Meter Run	05:42.2	2	Silver	1996
Richard	Doyle	Toledo	Iowa	M/60-64	1500 Meter Run	06:37.1	3	Bronze	1996
Gene	Harding	Des Moines	Iowa	M/65-69	1500 Meter Run	05:49.4	1	Gold	1996
Jerry	Gardner	Ames	Iowa	M/65-69	1500 Meter Run	06:53.2	2	Silver	1996
Ira	Steinberg	Des Moines	Iowa	M/65-69	1500 Meter Run	0:06	3	Bronze	1996
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	1500 Meter Run	09:44.7	1	Gold	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	1500 Meter Run	11:51.8	1	Gold	1996
Emmett	Bennett	Rapid City	South Dakota	M/85-89	1500 Meter Run	09:07.8	1	Gold	1996
Helen	James	Monona	Iowa	W/50-54	1500 Meter Run	06:53.6	1	Gold	1996
Betty	Hoff	Decorah	Iowa	W/55-59	1500 Meter Run	06:58.1	1	Gold	1996
Lois	Ribbens	Hull	Iowa	W/65-69	1500 Meter Run	08:54.4	1	Gold	1996
Anna	LeMaster	Urbandale	Iowa	W/65-69	1500 Meter Run	11:47.9	2	Silver	1996
Gary	O'Daniels	Creston	Iowa	M/50-54	1500 Race Walk	08:21.5	1	Gold	1996
Jim	Fisher	Des Moines	Iowa	M/50-54	1500 Race Walk	09:52.5	2	Silver	1996
Ron	Peterson	Waukee	Iowa	M/50-54	1500 Race Walk	n.a.	3	Bronze	1996
Ken	Clark	Des Moines	Iowa	M/55-59	1500 Race Walk	10:09.6	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	1500 Race Walk	08:27.3	1	Gold	1996
Fred	Bankus	West Des Moines	Iowa	M/60-64	1500 Race Walk	9:49	2	Silver	1996
Tom	Novak	Cedar Rapids	Iowa	M/60-64	1500 Race Walk	10:33.5	3	Bronze	1996
Bob	McClaran	Des Moines	Iowa	M/65-69	1500 Race Walk	09:34.1	1	Gold	1996
Richard	Willock	Des Moines	Iowa	M/65-69	1500 Race Walk	09:52.5	2	Silver	1996
Frank	Chesek	Chicago	Illinois	M/65-69	1500 Race Walk	10:08.3	3	Bronze	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	1500 Race Walk	12:25.9	3	Bronze	1996
Gilbert	Hill	Omaha	Nebraska	M/70-74	1500 Race Walk	09:16.5	1	Gold	1996
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	1500 Race Walk	09:43.0	1	Gold	1996
Michael	Rolak	Skokie	Illinois	M/70-74	1500 Race Walk	09:52.7	2	Silver	1996
Howard	Dewell	Quincy	Illinois	M/70-74	1500 Race Walk	15:51.1	3	Bronze	1996
Tom	Kirley	Kewanee	Illinois	M/75-79	1500 Race Walk	09:17.1	1	Gold	1996
Victor	Blackwell	Omaha	Nebraska	M/75-79	1500 Race Walk	13:09.3	2	Silver	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	1500 Race Walk	14:34.4	1	Gold	1996
Ted	Joplin	Des Moines	Iowa	M/90+	1500 Race Walk	14:52.2	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	1500 Race Walk	10:53.6	1	Gold	1996
Carol	Brittain	Des Moines	Iowa	W/55-59	1500 Race Walk	11:43.0	1	Gold	1996

Bertha	Aldrich	Alden	Iowa	W/60-64	1500 Race Walk	09:38.1	1	Gold	1996
Elinor	Nelson	Dover	Illinois	W/60-64	1500 Race Walk	11:31.1	2	Silver	1996
Lois	Ribbens	Hull	Iowa	W/65-69	1500 Race Walk	10:50.8	1	Gold	1996
Meta	Rolak	Skokie	Illinois	W/65-69	1500 Race Walk	11:38.6	2	Silver	1996
Carol	Edwards	Des Moines	Iowa	W/65-69	1500 Race Walk	12:21.7	2	Silver	1996
Mary	Crowley	Des Moines	Iowa	W/65-69	1500 Race Walk	12:44.4	3	Bronze	1996
Jean	McClaren	Des Moines	Iowa	W/70-74	1500 Race Walk	10:07.6	1	Gold	1996
Ruth	Spaulding	Des Moines	Iowa	W/75-79	1500 Race Walk	12:13.3	1	Gold	1996
Laura	Walker	Ottumwa	Iowa	W/75-79	1500 Race Walk	12:21.7	2	Silver	1996
Jane	Blackwell	Omaha	Nebraska	W/75-79	1500 Race Walk	12:26.7	3	Bronze	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	1500 Race Walk	14:10.0	3	Bronze	1996
Mildred	Crews	Lancaster	Wisconsin	W/80-84	1500 Race Walk	12:40.3	1	Gold	1996
Gary	O'Daniels	Creston	Iowa	M/50-54	5000 Meter Race Walk	30:35:00	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	5000 Meter Race Walk	32:44:00	1	Gold	1996
Franklin	Brown	Des Moines	Iowa	M/60-64	5000 Meter Race Walk	30:09:00	1	Gold	1996
Bob	McClaran	Des Moines	Iowa	M/65-69	5000 Meter Race Walk	32:43:00	1	Gold	1996
Richard	Willock	Des Moines	Iowa	M/65-69	5000 Meter Race Walk	34:57:00	2	Silver	1996
Frank	Chesek	Chicago	Illinois	M/65-69	5000 Meter Race Walk	36:00:00	3	Bronze	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	5000 Meter Race Walk	41:08.0	3	Bronze	1996
Gilbert	Hill	Omaha	Nebraska	M/70-74	5000 Meter Race Walk	34:20:00	1	Gold	1996
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	5000 Meter Race Walk	35:41:00	1	Gold	1996
Tom	Kirley	Kewanee	Illinois	M/75-79	5000 Meter Race Walk	33:56:00	1	Gold	1996
Bertha	Aldrich	Alden	Iowa	M/60-64	5000 Meter Race Walk	34:22:00	1	Gold	1996
Jean	McClaran	Des Moines	Iowa	M/70-74	5000 Meter Race Walk	35:44:00	1	Gold	1996
Ruth	Spaulding	Des Moines	Iowa	M/75-79	5000 Meter Race Walk	43:50:00	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	M/75-79	5000 Meter Race Walk	45:00:00	2	Silver	1996
Gary	Cloud	Ankeny	Iowa	M/50-54	5000 Meter Run	21:14.3	1	Gold	1996
Tom	Novak	Cedar Rapids	Iowa	M/60-64	5000 Meter Run	21:54.4	1	Gold	1996
Gene	Harding	Des Moines	Iowa	M/65-69	5000 Meter Run	21:28.4	1	Gold	1996
Irv	Steinberg	Des Moines	Iowa	M/65-69	5000 Meter Run	25:19.9	2	Silver	1996
Richard	Willock	Des Moines	Iowa	M/65-69	5000 Meter Run	26:52.9	3	Bronze	1996
Steve	Allspach	Sioux City	Iowa	M/50-54	Discus	67'4"	1	Gold	1996
Al	Salmon	Gladstone	Missouri	M/55-59	Discus	110'4.5"	1	Gold	1996
Ron	Wheeler	Cedar Falls	Iowa	M/55-59	Discus	107'5"	1	Gold	1996
Dick	Angove	Ames	Iowa	M/55-59	Discus	83'5.75"	2	Silver	1996
Erwin	Hippen	Topeka	Kansas	M/55-59	Discus	73'5.75"	3	Bronze	1996
Pete	Wilson	West Des Moines	Iowa	M/55-59	Discus	74'2"	3	Bronze	1996
Ron	Anderson	mcPherson	Kansas	M/60-64	Discus	164'6"	1	Gold	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	Discus	105'4"	1	Gold	1996
Jim	Young	Warrensburg	Missouri	M/60-64	Discus	127'9.5"	2	Silver	1996
Bill	Park	Muscatine	Iowa	M/60-64	Discus	90'	2	Silver	1996
Ross	Vrooman	Tulsa	Oklahoma	M/60-64	Discus	114'5"	3	Bronze	1996
Tom	Christensen	St. Louis	Missouri	M/60-64	Discus	109'	3	Bronze	1996
Harold	Kroeker	Grant	Nebraska	M/65-69	Discus	109'3"	1	Gold	1996
Dale	Giese	Boone	Iowa	M/65-69	Discus	106'7"	1	Gold	1996
Ed	Failor	Muscatine	Iowa	M/65-69	Discus	88'1"	2	Silver	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Discus	85'5"	3	Bronze	1996
Jerry	Gardner	Ames	Iowa	M/65-69	Discus	70'9.5"	3	Bronze	1996
Kelly	Green	Mayetta	Kansas	M/70-74	Discus	107'8"	1	Gold	1996
Craig	Downing	Sigourney	Iowa	M/70-74	Discus	75'2.5"	1	Gold	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Discus	98'5"	2	Silver	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Discus	69'11.5"	2	Silver	1996
Dick	McElvaine	Galesburg	Illinois	M/70-74	Discus	86'2.2"	3	Bronze	1996
Mick	Donahue	West Des Moines	Iowa	M/70-74	Discus	69'5"	3	Bronze	1996
Dale	Buysse	Longmont	Colorado	M/75-79	Discus	119'7.5"	1	Gold	1996
Victor	Blackwell	Omaha	Nebraska	M/75-79	Discus	69'8.5"	2	Silver	1996
Lee	Todd	Grant	Nebraska	M/80-84	Discus	94'9.5"	1	Gold	1996
Orra	Rew	Iowa City	Iowa	M/80-84	Discus	80'7"	1	Gold	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Discus	71'7.5"	2	Silver	1996
Robert	Bex	Marion	Iowa	M/80-84	Discus	28'1.75"	2	Silver	1996
Ernest	Dennison	Sarasota	Florida	M/80-84	Discus	68'4"	3	Bronze	1996
Emmett	Bennett	Rapid City	South Dakota	M/85-89	Discus	53'9"	1	Gold	1996
Wayne	Stewart	Knoxville	Iowa	M/85-89	Discus	27'2.5"	1	Gold	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	Discus	44'11"	2	Silver	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Discus	48'25"	1	Gold	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Discus	54'6.5"	1	Gold	1996
Dolly	Jacobs	Sparland	Illinois	W/55-59	Discus	47'7.5"	2	Silver	1996
Donna	Toombs	Des Moines	Iowa	W/55-59	Discus	36'10.75"	2	Silver	1996
Pauline	Robinson	Des Moines	Iowa	W/55-59	Discus	35'5"	3	Bronze	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Discus	58'4.5"	1	Gold	1996
Mary Lou	Lathrum	Bondurant	Iowa	W/60-64	Discus	56'2"	1	Gold	1996

Carolyn	Dodd	Des Moines	Iowa	W/60-64	Discus	41'0"	2	Silver	1996
Nancy	Baker	Clive	Iowa	W/60-64	Discus	40'2.5"	3	Bronze	1996
Marie	McElvaine	Galesburg	Illinois	W/65-69	Discus	40'3.5"	1	Gold	1996
Norma	Sicheneder	Urbandale	Iowa	W/65-69	Discus	38'9.75"	1	Gold	1996
Pat	Craze	Montrose	Colorado	W/65-69	Discus	39'9.5"	2	Silver	1996
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Discus	38'7"	2	Silver	1996
Ernestine	davis	Des Moines	Iowa	W/65-69	Discus	36'1"	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Discus	51'8.75"	1	Gold	1996
Mary	Buyse	Longmont	Colorado	W/70-74	Discus	33'3"	2	Silver	1996
Dorothy	Platt	Frost Proof	Florida	W/70-74	Discus	28'6.25"	3	Bronze	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Discus	38'6.5"	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	Discus	28'5.5"	1	Gold	1996
Helen	Steward	Knoxville	Iowa	W/80-84	Discus	22'3"	1	Gold	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	Discus	21'7"	1	Gold	1996
James	Norman	Des Moines	Iowa	M/50-54	Shot Put	37'11.5"	1	Gold	1996
J.J.	Pyle	Marshalltown	Iowa	M/50-54	Shot Put	32'10.25"	2	Silver	1996
Steve	Allspach	Sioux City	Iowa	M/50-54	Shot Put	28'6"	3	Bronze	1996
Al	Salmon	Gladstone	Missouri	M/55-59	Shot Put	39'5"	1	Gold	1996
Ron	Wheeler	Cedar Falls	Iowa	M/55-59	Shot Put	36'1.5"	1	Gold	1996
Pete	Wilson	West Des Moines	Iowa	M/55-59	Shot Put	30'9"	2	Silver	1996
Richard	Angove	Ames	Iowa	M/55-59	Shot Put	29'9"	3	Bronze	1996
Ron	Anderson	mcPherson	Kansas	M/60-64	Shot Put	43'9.5"	1	Gold	1996
Fred	Bankus	West Des Moines	Iowa	M/60-64	Shot Put	31'10"	1	Gold	1996
Tom	Christensen	St. Louis	Missouri	M/60-64	Shot Put	38'4.75"	2	Silver	1996
Bob	Bell	Marshalltown	Iowa	M/60-64	Shot Put	30'1"	2	Silver	1996
Ross	Vrooman	Tulsa	Oklahoma	M/60-64	Shot Put	33'7"	3	Bronze	1996
Charles	Lathrum	Bondurant	Iowa	M/60-64	Shot Put	28'9.5"	3	Bronze	1996
Ray	Shumann	Hull	Illinois	M/65-69	Shot Put	34'11.5"	1	Gold	1996
Dale	Geise	Boone	Iowa	M/65-69	Shot Put	34'2.5"	1	Gold	1996
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Shot Put	31'2"	2	Silver	1996
Harold	Kroeker	Grant	Nebraska	M/65-69	Shot Put	30'.75"	3	Bronze	1996
Ed	Failor	Muscatine	Iowa	M/65-69	Shot Put	28'6"	3	Bronze	1996
Kelly	Green	Myerla	Kansas	M/70-74	Shot Put	36'3.25"	1	Gold	1996
Mick	Donahue	West Des Moines	Iowa	M/70-74	Shot Put	30'1"	1	Gold	1996
Dick	McElvaine	Quincy	Illinois	M/70-74	Shot Put	29'4.5"	2	Silver	1996
Wayne	Devine	Des Moines	Iowa	M/70-74	Shot Put	26'5"	2	Silver	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Shot Put	28'5"	3	Bronze	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	Shot Put	25'11.75"	3	Bronze	1996
Dale	Buyse	Longmont	Colorado	M/75-79	Shot Put	35'11.5"	1	Gold	1996
Robert	Bunte	Des Moines	Iowa	M/75-79	Shot Put	23'6.5"	1	Gold	1996
Lee	Todd	Grant	Nebraska	M/80-84	Shot Put	32'4.5"	1	Gold	1996
Orra	Rew	Iowa City	Iowa	M/80-84	Shot Put	27'1"	1	Gold	1996
Ernest	Dennison	Sarasota	Florida	M/80-84	Shot Put	25'1.75"	2	Silver	1996
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Shot Put	23'5"	2	Silver	1996
Donald	Schultz	Des Moines	Iowa	M/80-84	Shot Put	17'0"	3	Bronze	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	Shot Put	23'9.5"	1	Gold	1996
Ted	Joplin	Des Moines	Iowa	M/90+	Shot Put	17'8"	1	Gold	1996
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Shot Put	21'1.5"	1	Gold	1996
Mary	Mercury	Altoona	Iowa	W/50-54	Shot Put	21'6.5"	2	Silver	1996
Dolly	Jacobs	Sparland	Illinois	W/55-59	Shot Put	23'9.5"	1	Gold	1996
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Shot Put	21'11.5"	1	Gold	1996
Donna	Toombs	Des Moines	Iowa	W/55-59	Shot Put	17'10.25"	2	Silver	1996
Pauline	Robinson	Des Moines	Iowa	W/55-59	Shot Put	14'10.5"	3	Bronze	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Shot Put	25'1"	1	Gold	1996
Mary Lou	Lathrum	Bondurant	Iowa	W/60-64	Shot Put	21'1"	1	Gold	1996
Nancy	Baker	Clive	Iowa	W/60-64	Shot Put	19'2.5"	2	Silver	1996
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Shot Put	18'1"	3	Bronze	1996
Pat	Craze	Montrose	Colorado	W/65-69	Shot Put	21'6"	1	Gold	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	Shot Put	20'8"	1	Gold	1996
Norma	Sicheneder	Urbandale	Iowa	W/65-69	Shot Put	20'7.25"	2	Silver	1996
Helen	Sauer	Denver	Colorado	W/65-69	Shot Put	20'4"	3	Bronze	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	Shot Put	19'2"	3	Bronze	1996
Irene	Kerwin	Peoria	Illinois	W/70-74	Shot Put	15'4.25"	1	Gold	1996
Mary	Buyse	Longmont	Colorado	W/70-74	Shot Put	15'1"	2	Silver	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Shot Put	13'6.5"	1	Gold	1996
Alberta	Heckman-Lees	Anita	Iowa	W/75-79	Shot Put	11'4"	1	Gold	1996
Pancratya	Eddy	Anita	Iowa	W/85-89	Shot Put	11'7"	1	Gold	1996
Ron	Beasley	Des Moines	Iowa	M/50-54	Standing Long Jump	7'5"	1	Gold	1996
Rich	Hoidahl	Johnston	Iowa	M/50-54	Standing Long Jump	7'3.5"	2	Silver	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	Standing Long Jump	7'5"	3	Bronze	1996
Ron	Wheeler	Cedar Falls	Iowa	M/55-59	Standing Long Jump	7'5.66"	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	Standing Long Jump	7'3.75"	1	Gold	1996

Richard	Snively	Des Moines	Iowa	M/55-59	Standing Long Jump	7'4"	2	Silver	1996
Al	Mathers	Kankakee	Illinois	M/55-59	Standing Long Jump	6'11.5"	3	Bronze	1996
Ken	Clark	Des Moines	Iowa	M/55-59	Standing Long Jump	6'5"	3	Bronze	1996
Arnie	Brandt	Sioux City	Iowa	M/60-64	Standing Long Jump	8'6"	1	Gold	1996
Pete	Stopoulos	East Moline	Illinois	M/60-64	Standing Long Jump	8'3.5"	1	Gold	1996
Dick	Lang	Ankeny	Iowa	M/60-64	Standing Long Jump	7'7.75"	2	Silver	1996
Bill	Park	Muscatine	Iowa	M/60-64	Standing Long Jump	7'4.75"	3	Bronze	1996
Tom	Williams	Milford	Iowa	M/65-69	Standing Long Jump	7'1.5"	1	Gold	1996
Raymond	Schumann	Hull	Illinois	M/65-69	Standing Long Jump	6'11"	2	Silver	1996
Harold	Kroeker	Grant	Nebraska	M/65-69	Standing Long Jump	6'11"	2	Silver	1996
Ed	Failor	Muscatine	Iowa	M/65-69	Standing Long Jump	6'10"	2	Silver	1996
Francis	Tasler	Jefferson	Iowa	M/65-69	Standing Long Jump	6'4.75"	3	Bronze	1996
Kelly	Green	Mayetta	Kansas	M/70-74	Standing Long Jump	7'7.25"	1	Gold	1996
Mick	Donahue	West Des Moines	Iowa	M/70-74	Standing Long Jump	5'6.5"	1	Gold	1996
Howard	Dewell	Quincy	Illinois	M/70-74	Standing Long Jump	6'7.5"	2	Silver	1996
Gilbert	Hill	Omaha	Nebraska	M/70-74	Standing Long Jump	6'6.5"	3	Bronze	1996
Tom	Walsh	Hannibal	Missouri	M/75-79	Standing Long Jump	6'11"	1	Gold	1996
Dale	Buysse	Longmont	Colorado	M/75-79	Standing Long Jump	6'3.25"	2	Silver	1996
Lee	Todd	Grant	Nebraska	M/80-84	Standing Long Jump	6'5.75"	1	Gold	1996
Orra	Rew	Iowa City	Iowa	M/80-84	Standing Long Jump	5'8.75"	1	Gold	1996
Wilbur	Ott	Lakeland	Florida	M/80-84	Standing Long Jump	5'2"	2	Silver	1996
John	Cress	Skokie	Illinois	M/80-84	Standing Long Jump	5'2"	2	Silver	1996
Virgil	Woodford	Cedar Rapids	Iowa	M/80-84	Standing Long Jump	4'10"	2	Silver	1996
Ernest	Dennison	Sarasota	Florida	M/80-84	Standing Long Jump	4'11.5"	3	Bronze	1996
Mel	Flachs	Davenport	Iowa	M/80-84	Standing Long Jump	4'9"	3	Bronze	1996
Samuel	Allen	Kansas City	Missouri	M/85-89	Standing Long Jump	5'3"	1	Gold	1996
Wayne	Steward	Knoxville	Iowa	M/85-89	Standing Long Jump	2'10.5"	2	Silver	1996
Betty	Hoff	Decorah	Iowa	W/55-59	Standing Long Jump	5'8.25"	1	Gold	1996
Pauline	Robinson	Des Moines	Iowa	W/55-59	Standing Long Jump	4'5.75"	2	Silver	1996
Elinor	Nelson	Dover	Illinois	W/60-64	Standing Long Jump	5'4.5"	1	Gold	1996
Dee	Robinson	Knoxville	Iowa	W/60-64	Standing Long Jump	4'7"	1	Gold	1996
Nancy	Baker	Clive	Iowa	W/60-64	Standing Long Jump	3'8"	2	Silver	1996
Ernestine	Davis	Des Moines	Iowa	W/65-69	Standing Long Jump	5'3.5"	1	Gold	1996
Twila	Rankin	Knoxville	Iowa	W/65-69	Standing Long Jump	4'101.5"	2	Silver	1996
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Standing Long Jump	4'5"	3	Bronze	1996
Phyllis	Anderson	Ohio	Illinois	W/75-79	Standing Long Jump	4'.25"	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	100 Yard Backstroke	01:41.0	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	100 Yard Backstroke	01:45.4	2	Silver	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Yard Backstroke	01:40.2	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	100 Yard Backstroke	02:19.5	2	Silver	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Yard Backstroke	01:50.4	1	Gold	1996
Joe	Craze	Montrose	Colorado	M/65-69	100 Yard Backstroke	01:56.4	2	Silver	1996
Chuck	Sauer	Denver	Colorado	M/70-74	100 Yard Backstroke	01:48.7	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Yard Backstroke	01:52.4	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	100 Yard Backstroke	02:00.0	2	Silver	1996
Donald	Huntoon	Des Moines	Iowa	M/70-74	100 Yard Backstroke	02:14.4	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	100 Yard Backstroke	05:42.5	3	Bronze	1996
Clyde	Bailey	Mount Ayr	Iowa	M/75-79	100 Yard Backstroke	02:52.3	1	Gold	1996
Dorothy	Whitehead	Des Moines	Iowa	W/60-64	100 Yard Backstroke	01:30.5	1	Gold	1996
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	100 Yard Backstroke	01:36.9	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	100 Yard Backstroke	02:05.0	2	Silver	1996
Pat	Craze	Montrose	Colorado	W/65-69	100 Yard Backstroke	02:11.7	3	Bronze	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	100 Yard Backstroke	02:38.4	1	Gold	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Yard Backstroke	03:28.2	2	Silver	1996
Marijane	Torjensen	Des Moines	Iowa	W/75-79	100 Yard Backstroke	03:16.6	1	Gold	1996
Ron	Dankert	Davenport	Iowa	M/50-54	100 Yard Freestyle	01:11.6	1	Gold	1996
John	Beamer	Des Moines	Iowa	M/55-59	100 Yard Freestyle	01:13.1	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	100 Yard Freestyle	01:14.3	2	Silver	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	100 Yard Freestyle	01:32.0	3	Bronze	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Yard Freestyle	0:01	1	Gold	1996
Scott	Smith	Des Moines	Iowa	M/60-64	100 Yard Freestyle	01:20.8	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	100 Yard Freestyle	01:42.8	2	Silver	1996
Tom	Cady	Des Moines	Iowa	M/65-69	100 Yard Freestyle	01:16.2	1	Gold	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Yard Freestyle	01:25.0	2	Silver	1996
Joe	Craze	Montrose	Colorado	M/65-69	100 Yard Freestyle	01:55.8	3	Bronze	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	100 Yard Freestyle	01:12.7	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Yard Freestyle	01:26.3	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	100 Yard Freestyle	01:33.1	2	Silver	1996
Roy	McKay	Des Moines	Iowa	M/70-74	100 Yard Freestyle	01:33.9	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	100 Yard Freestyle	04:16.2	3	Bronze	1996
Roger	Smith	Davenport	Iowa	M/75-79	100 Yard Freestyle	01:44.5	1	Gold	1996
Clyde	Bailey	Mount Ayr	Iowa	M/80-84	100 Yard Freestyle	02:22.1	1	Gold	1996

Kathy	Dankert	Davenport	Iowa	W/60-64	100 Yard Freestyle	01:57.2	1	Gold	1996
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	100 Yard Freestyle	01:25.0	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	100 Yard Freestyle	01:50.3	2	Silver	1996
Pat	Craze	Montrose	Colorado	W/65-69	100 Yard Freestyle	01:55.8	3	Bronze	1996
Marilynne	McKee	Des Moines	Iowa	W/70-74	100 Yard Freestyle	01:47.8	1	Gold	1996
Jodie	McKay	Des Moines	Iowa	W/70-74	100 Yard Freestyle	02:13.7	2	Silver	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	100 Yard Freestyle	02:26.9	3	Bronze	1996
Marijane	Torjesen	Des Moines	Iowa	W/75-79	100 Yard Freestyle	03:21.5	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	200 Yard Freestyle	03:04.9	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	200 Yard Freestyle	03:47.2	2	Silver	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	200 Yard Freestyle	02:55.5	1	Gold	1996
Scott	Smith	Des Moines	Iowa	M/60-64	200 Yard Freestyle	03:17.2	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	200 Yard Freestyle	04:45.8	2	Silver	1996
Tom	Cady	Des Moines	Iowa	M/65-69	200 Yard Freestyle	03:00.4	1	Gold	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	200 Yard Freestyle	03:10.4	2	Silver	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	200 Yard Freestyle	03:32.0	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	200 Yard Freestyle	03:48.2	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	200 Yard Freestyle	08:58.3	2	Silver	1996
Roger	Smith	Davenport	Iowa	M/75-79	200 Yard Freestyle	03:59.2	1	Gold	1996
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	200 Yard Freestyle	03:09.9	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	200 Yard Freestyle	04:05.9	2	Silver	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	200 Yard Freestyle	05:29.4	1	Gold	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	200 Yard Freestyle	06:49.8	2	Silver	1996
Marijane	Torjesen	Des Moines	Iowa	W/75-79	200 Yard Freestyle	07:32.8	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	100 Yard Butterfly	02:11.3	1	Gold	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Yard Butterfly	01:29.6	1	Gold	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	100 Yard Butterfly	01:37.6	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Yard Butterfly	01:59.1	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	100 Yard Butterfly	02:24.1	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	100 Yard Butterfly	06:33.5	2	Silver	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	100 Yard Butterfly	04:00.1	1	Gold	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Yard Butterfly	03:10.2	1	Gold	1996
Scott	Smith	Des Moines	Iowa	M/60-64	100 Yard Butterfly	04:06.0	1	Gold	1996
Tom	Cady	Des Moines	Iowa	M/65-69	100 Yard Butterfly	03:31.0	1	Gold	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	100 Yard Butterfly	03:26.3	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Yard Butterfly	04:15.4	1	Gold	1996
Chuck	Sauer	Denver	Colorado	M/70-74	100 Yard Butterfly	03:57.2	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	100 Yard Butterfly	11:31.3	2	Silver	1996
Jess	Keown	Dyer	Indiana	M/70-74	100 Yard Butterfly	04:43.2	3	Bronze	1996
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	200 Yard Medley	03:36.4	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Backstroke	44.64	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	50 Yard Backstroke	45.38	2	Silver	1996
Donald	Umphress	Des Moines	Iowa	M/55-59	50 Yard Backstroke	53.21	2	Silver	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	50 Yard Backstroke	46.75	3	Bronze	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Yard Backstroke	44.08	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	50 Yard Backstroke	54.27	2	Silver	1996
Joe	Craze	Montrose	Colorado	M/65-69	50 Yard Backstroke	47.13	1	Gold	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Yard Backstroke	49.21	1	Gold	1996
Tom	Cady	Des Moines	Iowa	M/65-69	50 Yard Backstroke	52.19	2	Silver	1996
Chuck	Sauer	Denver	Colorado	M/70-74	50 Yard Backstroke	47.79	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Yard Backstroke	48.62	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	50 Yard Backstroke	52.67	2	Silver	1996
Bill	Mekemson	Humboldt	Iowa	M/70-74	50 Yard Backstroke	58.19	2	Silver	1996
Donald	Huntoon	Des Moines	Iowa	M/70-74	50 Yard Backstroke	59.88	3	Bronze	1996
Clyde	Bailey	Mount Ayr	Iowa	M/80-84	50 Yard Backstroke	01:05.0	1	Gold	1996
John	Cress	Skokie	Illinois	M/80-84	50 Yard Backstroke	01:24.9	1	Gold	1996
Ivan	Schultz	Humboldt	Iowa	M/90+	50 Yard Backstroke	0:02:07	1	Gold	1996
Dorothy	Whitehead	Des Moines	Iowa	W/60-64	50 Yard Backstroke	42.06	1	Gold	1996
Pat	Craze	Montrose	Colorado	W/65-69	50 Yard Backstroke	56.44	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	50 Yard Backstroke	57.33	2	Silver	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	50 Yard Backstroke	01:08.7	1	Gold	1996
Jodie	McKay	Des Moines	Iowa	W/70-74	50 Yard Backstroke	01:09.1	2	Silver	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Yard Backstroke	01:39.9	3	Bronze	1996
Marjorie	Torjesen	Des Moines	Iowa	W/75-79	50 Yard Backstroke	01:34.6	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	50 Yard Butterfly	44.61	1	Gold	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Yard Butterfly	38.44	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	50 Yard Butterfly	01:04.7	2	Silver	1996
Tom	Cady	Des Moines	Iowa	M/65-69	50 Yard Butterfly	43.11	1	Gold	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	50 Yard Butterfly	32.05	1	Gold	1996

Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Yard Butterfly	46.94	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	50 Yard Butterfly	45.82	2	Silver	1996
John	Reed	Urbandale	Iowa	M/70-74	50 Yard Butterfly	02:53.5	2	Silver	1996
Chuck	Sauer	Denver	Colorado	M/70-74	50 Yard Butterfly	50.94	3	Bronze	1996
Pat	Craze	Montrose	Colorado	W/65-69	50 Yard Butterfly	59.03	1	Gold	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	50 Yard Breaststroke	58.19	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Breaststroke	43.19	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	50 Yard Breaststroke	47.13	2	Silver	1996
Donald	Umphress	Des Moines	Iowa	M/55-59	50 Yard Breaststroke	57.11	2	Silver	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	50 Yard Breaststroke	47.81	3	Bronze	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Yard Breaststroke	40.31	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	50 Yard Breaststroke	01:09.7	2	Silver	1996
Tom	Cady	Des Moines	Iowa	M/65-69	50 Yard Breaststroke	43.94	1	Gold	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Yard Breaststroke	48.13	2	Silver	1996
Joe	Craze	Montrose	Colorado	M/65-69	50 Yard Breaststroke	49.31	3	Bronze	1996
Jess	Keown	Dyer	Indiana	M/70-74	50 Yard Breaststroke	46.99	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Yard Breaststroke	56.19	1	Gold	1996
Chuck	Sauer	Denver	Colorado	M/70-74	50 Yard Breaststroke	47.94	2	Silver	1996
Christian	Fath	Des Moines	Iowa	M/70-74	50 Yard Breaststroke	01:33.3	2	Silver	1996
Howard	Dewell	Quincy	Illinois	M/70-74	50 Yard Breaststroke	01:15.7	3	Bronze	1996
John	Reed	Urbandale	Iowa	M/70-74	50 Yard Breaststroke	02:26.2	3	Bronze	1996
John	Cress	Skokie	Illinois	M/80-84	50 Yard Breaststroke	01:33.6	1	Gold	1996
Pat	Craze	Montrose	Colorado	W/65-69	50 Yard Breaststroke	56.90	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	50 Yard Breaststroke	58.50	2	Silver	1996
Mary	McElvaine	Galesburg	Illinois	W/65-69	50 Yard Breaststroke	01:25.5	3	Bronze	1996
Jodie	McKay	Des Moines	Iowa	W/70-74	50 Yard Breaststroke	01:01.7	1	Gold	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	50 Yard Breaststroke	01:23.0	2	Silver	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Yard Breaststroke	01:37.9	3	Bronze	1996
Marjane	Torjesen	Des Moines	Iowa	W/75-79	50 Yard Breaststroke	02:06.7	1	Gold	1996
Ron	Dankert	Davenport	Iowa	M/50-54	50 Yard Freestyle	29.69	1	Gold	1996
Jim	Meltesen	Des Moines	Iowa	M/50-54	50 Yard Freestyle	47.80	2	Silver	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Freestyle	31.31	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	50 Yard Freestyle	34.69	2	Silver	1996
Donald	Umphress	Des Moines	Iowa	M/55-59	50 Yard Freestyle	39.13	2	Silver	1996
Gene	Okeson	Hodgenville	Kentucky	M/55-59	50 Yard Freestyle	36.56	3	Bronze	1996
Scott	Smith	Des Moines	Iowa	M/60-64	50 Yard Freestyle	33.75	1	Gold	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Yard Freestyle	34.13	2	Silver	1996
Frank	Newby	Richardson	Texas	M/60-64	50 Yard Freestyle	38.84	3	Bronze	1996
Tom	Cady	Des Moines	Iowa	M/65-69	50 Yard Freestyle	34.45	1	Gold	1996
Joe	Craze	Montrose	Colorado	M/65-69	50 Yard Freestyle	36.97	2	Silver	1996
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Yard Freestyle	39.31	2	Silver	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	50 Yard Freestyle	30.28	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Yard Freestyle	35.77	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	50 Yard Freestyle	39.05	2	Silver	1996
Ray	McKay	Des Moines	Iowa	M/70-74	50 Yard Freestyle	40.50	2	Silver	1996
Bill	Mekemson	Humboldt	Iowa	M/70-74	50 Yard Freestyle	44.09	3	Bronze	1996
Roger	Smith	Davenport	Iowa	M/75-79	50 Yard Freestyle	47.61	1	Gold	1996
Clyde	Bailey	Mount Ayr	Iowa	M/80-84	50 Yard Freestyle	50.38	1	Gold	1996
John	Cress	Skokie	Illinois	M/80-84	50 Yard Freestyle	58.85	2	Silver	1996
Ivan	Schultz	Humboldt	Iowa	M/90+	50 Yard Freestyle	1:40	1	Gold	1996
Kathy	Dankert	Davenport	Iowa	W/50-54	50 Yard Freestyle	48.13	1	Gold	1996
Pat	Craze	Montrose	Colorado	W/65-69	50 Yard Freestyle	46.82	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	50 Yard Freestyle	49.71	2	Silver	1996
Marie	McElvaine	Galesburg	Illinois	W/65-69	50 Yard Freestyle	01:02.8	3	Bronze	1996
Marilynne	McKee	Des Moines	Iowa	W/70-74	50 Yard Freestyle	48.06	1	Gold	1996
Jodie	McKay	Des Moines	Iowa	W/70-74	50 Yard Freestyle	58.31	2	Silver	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	50 Yard Freestyle	01:04.0	3	Bronze	1996
Marjane	Torjesen	Des Moines	Iowa	W/75-79	50 Yard Freestyle	0.00	1	Gold	1996
Tom	Filloon	Ft. Dodge	Iowa	M/55-59	200 Yard Backstroke	03:36.8	1	Gold	1996
Jack	Skilling	St. Louis	Missouri	M/55-59	200 Yard Backstroke	04:03.0	2	Silver	1996
Donal	Umphress	Des Moines	Iowa	M/55-59	200 Yard Backstroke	04:40.2	3	Bronze	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	200 Yard Backstroke	03:33.7	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	200 Yard Backstroke	05:43.7	2	Silver	1996
Stuart	Ashmead	Des Moines	Iowa	m65	200 Yard Backstroke	04:03.8	1	Gold	1996
Chuck	Sauer	Denver	Colorado	M/70-74	200 Yard Backstroke	04:16.8	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	200 Yard Backstroke	04:37.7	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	200 Yard Backstroke	04:42.5	2	Silver	1996
Donald	Huntoon	Des Moines	Iowa	M/70-74	200 Yard Backstroke	05:04.3	2	Silver	1996
Christian	Fath	Des Moines	Iowa	M/70-74	200 Yard Backstroke	05:04.3	3	Bronze	1996
John	Crees	Skokie	Illinois	M/80-84	200 Yard Backstroke	06:36.0	1	Gold	1996
Ivan	Schultz	Humboldt	Iowa	M/90+	200 Yard Backstroke	08:11.7	1	Gold	1996

Dorothy	Whitehead	Des Moines	Iowa	W/55-59	200 Yard Backstroke	03:20.3	1	Gold	1996
Helen	Sauer	Denver	Colorado	W/65-69	200 Yard Backstroke	04:38.3	1	Gold	1996
Ferne	Obye	Spirit Lake	Iowa	W/70-74	200 Yard Backstroke	05:26.6	1	Gold	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	200 Yard Backstroke	07:05.9	2	Silver	1996
Marijane	Torjesen	Des Moines	Iowa	W/75-79	200 Yard Backstroke	07:07.0	1	Gold	1996
Donald	Umphress	Des Moines	Iowa	M/55-59	400 Yard Freestyle	08:02.1	1	Gold	1996
Sam	Chilton	Omaha	Nebraska	M/60-64	400 Yard Freestyle	06:16.9	1	Gold	1996
Frank	Newby	Richardson	Texas	M/60-64	400 Yard Freestyle	10:26.4	2	Silver	1996
Tom	Cady	Des Moines	Iowa	M/65-69	400 Yard Freestyle	06:46.8	1	Gold	1996
Perry	Rockwell	Platteville	Wisconsin	M/70-74	400 Yard Freestyle	06:37.1	1	Gold	1996
Jim	Kempkes	Des Moines	Iowa	M/70-74	400 Yard Freestyle	08:01.2	1	Gold	1996
Jess	Keown	Dyer	Indiana	M/70-74	400 Yard Freestyle	07:26.2	2	Silver	1996
Roger	Smith	Davenport	Iowa	M/70-74	400 Yard Freestyle	09:15.1	2	Silver	1996
Christian	Fath	Des Moines	Iowa	M/70-74	400 Yard Freestyle	11:10.6	3	Bronze	1996
Helen	Sauer	Denver	Colorado	W/65-69	400 Yard Freestyle	08:36.9	1	Gold	1996
Jackie	Isham	West Des Moines	Iowa	W/70-74	400 Yard Freestyle	14:18.3	1	Gold	1996
Marijane	Torjesen	Des Moines	Iowa	W/75-79	400 Yard Freestyle	15:14.0	1	Gold	1996