

## 1995 Iowa Senior Olympics

First Name	Last Name	City	State	Division	Sport/Event	Performance/Team	Place	Medal	Year
Ken	Miller	West Des Moines	Iowa	M/50-54	Golf	85	1	Gold	1995
Tom	James	Monona	Iowa	M/60-64	Golf	95	1	Gold	1995
Merilyn	Knudson	Harlan	Iowa	M/60-64	Golf	95	2	Silver	1995
Richard	Mugan	Des Moines	Iowa	M/60-64	Golf	97	3	Bronze	1995
Phil	Covington	Des Moines	Iowa	M/65-69	Golf	86	1	Gold	1995
Donald	Stout	Des Moines	Iowa	M/65-69	Golf	84	2	Silver	1995
Dick	Fry	West Des Moines	Iowa	M/65-69	Golf	87	3	Bronze	1995
Wayne	Devine	Des Moines	Iowa	M/70-74	Golf	92	1	Gold	1995
Bill	Wavner	Des Moines	Iowa	M/70-74	Golf	95	2	Silver	1995
Clancy	Dickson	West Des Moines	Iowa	M/70-74	Golf	95	3	Bronze	1995
Leroy	Larsen	Audubon	Iowa	M/75-79	Golf	90	1	Gold	1995
Bill	Vance	West Des Moines	Iowa	M/75-79	Golf	93	2	Silver	1995
Roy	Gunson	Des Moines	Iowa	M/80-84	Golf	n/a	1	Gold	1995
Carroll	Crouse	Adel	Iowa	M/80-84	Golf	100	2	Silver	1995
Jack	Wells	Des Moines	Iowa	M/80-84	Golf	112	3	Bronze	1995
Helen	James	Monona	Iowa	W/50-54	Golf	107	1	Gold	1995
Jean	Mugan	Des Moines	Iowa	W/55-59	Golf	137	1	Gold	1995
Carol	Brandt	Sioux City	Iowa	W/55-59	Golf	144	2	Silver	1995
Opal	Berard	West Des Moines	Iowa	W/65-69	Golf	125	1	Gold	1995
Robert	Kreamer	Johnston	Iowa	M/50-54	Racquetball		1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Racquetball		1	Gold	1995
Robert	Riley	Des Moines	Iowa	M/60-64	Racquetball		1	Gold	1995
John	Campana	Des Moines	Iowa	M/65-69	Racquetball		1	Gold	1995
Jerry	Gardner	Ames	Iowa	M/65-69	Racquetball		2	Silver	1995
L.B.	Eaton	Iowa City	Iowa	M/75-79	Racquetball		1	Gold	1995
Virgil	Woodford	Cedar Rapids	Iowa	M/80-84	Racquetball		1	Gold	1995
	Kreamer	Johnston		Men	Racquetball Doubles		1	Gold	1995
	Riley	Des Moines		Men	Racquetball Doubles		1	Gold	1995
	Gardner	Ames		Men	Racquetball Doubles		2	Silver	1995
	Lang	Ankeny		Men	Racquetball Doubles		2	Silver	1995
Norm	Micheletti	Blue Springs	Missouri	M/55-59	Badminton		1	Gold	1995
John	Bullard	Cedar Rapids	Iowa	M/55-59	Badminton		1	Gold	1995
Joe	Morr	Ankeny	Iowa	M/55-59	Badminton		2	Silver	1995
Jack	Elgin	West Des Moines	Iowa	M/60-64	Badminton		1	Gold	1995
Tom	Cady	Des Moines	Iowa	M/65-69	Badminton		1	Gold	1995
Jack	Sargent	Des Moines	Iowa	M/65-69	Badminton		2	Silver	1995
Don	Taylor	Stuart	Iowa	M/65-69	Badminton		3	Bronze	1995
Dawn	McDonald	Ames	Iowa	W/60-64	Badminton		1	Gold	1995
Jan	Beran	Ames	Iowa	W/60-64	Badminton		2	Silver	1995
Joyce	Hick	Stuart	Iowa	W/60-64	Badminton		3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Badminton		1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Badminton		1	Gold	1995
Janice	Burns	Des Moines	Iowa	W/70-74	Badminton		1	Gold	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Badminton		2	Silver	1995
Mary	Muell	Des Moines	Iowa	W/75-79	Badminton		1	Gold	1995
Margaret	McCollum	Des Moines	Iowa	W/75-79	Badminton		2	Silver	1995
Joe	Morr	Ankeny	Iowa	Men	Badminton Doubles		1	Gold	1995
Norm	Micheletti	Blue Springs	Missouri	Men	Badminton Doubles		1	Gold	1995
Jack	Elgin	West Des Moines	Iowa	Men	Badminton Doubles		2	Silver	1995
Tom	Cady	Des Moines	Iowa	Men	Badminton Doubles		2	Silver	1995
Dawn	McDonald	Ames	Iowa	W/60-64	Badminton Doubles		1	Gold	1995
Jan	Beran	Ames	Iowa	W/60-64	Badminton Doubles		1	Gold	1995
Margaret	McCollum	Des Moines	Iowa	W/75-79	Badminton Doubles		1	Gold	1995
Mary	Muell	Des Moines	Iowa	W/75-79	Badminton Doubles		1	Gold	1995
	Micheletti			Coed/55-59	Badminton Doubles		1	Gold	1995
	McDonald			Coed/55-59	Badminton Doubles		1	Gold	1995
	Elgin			Coed/60-64	Badminton Doubles		1	Gold	1995
	Beran			Coed/60-64	Badminton Doubles		1	Gold	1995
Joyce	Hick	Stuart	Iowa	Coed/60-64	Badminton Doubles		2	Silver	1995
Don	Taylor	Stuart	Iowa	Coed/60-64	Badminton Doubles		2	Silver	1995
Tom	Cady	Des Moines	Iowa	Coed/65-69	Badminton Doubles		1	Gold	1995
Dorothy	McClelland	Des Moines	Iowa	Coed/65-69	Badminton Doubles		1	Gold	1995
Janice	Burns	Des Moines	Iowa	Coed/65-69	Badminton Doubles		2	Silver	1995
Dick	Ansher	Des Moines	Iowa	Coed/65-69	Badminton Doubles		2	Silver	1995

John	Bullard	Cedar Rapids	Iowa	M/55-59	Table Tennis			1	Gold	1995
Joe	Moor	Ankeny	Iowa	M/55-59	Table Tennis			2	Silver	1995
Ted	Frank	Belleville	Illinois	M/55-59	Table Tennis			2	Silver	1995
Marty	Offergeld	Moline	Illinois	M/60-64	Table Tennis			1	Gold	1995
Paul	Williams	Spencer	Iowa	M/60-64	Table Tennis			1	Gold	1995
Lee	Kane	Urbandale	Iowa	M/60-64	Table Tennis			2	Silver	1995
Jack	Sargent	Des Moines	Iowa	M/65-69	Table Tennis			1	Gold	1995
Robert	Bishop	Des Moines	Iowa	M/65-69	Table Tennis			2	Silver	1995
Mario	Soria	West Des Moines	Iowa	M/65-69	Table Tennis			3	Bronze	1995
Sol	Davidson	West Des Moines	Iowa	M/70-74	Table Tennis			1	Gold	1995
Wayne	Devine	Des Moines	Iowa	M/70-74	Table Tennis			1	Gold	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Table Tennis			3	Bronze	1995
Herb	Smith	Des Moines	Iowa	M/80-84	Table Tennis			1	Gold	1995
Carroll	Crouse	Adel	Iowa	M/80-84	Table Tennis			2	Silver	1995
Wyline	Gardner	Des Moines	Iowa	W/55-59	Table Tennis			1	Gold	1995
Joyce	Hicks	Stuart	Iowa	W/60-64	Table Tennis			1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Table Tennis			2	Silver	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Table Tennis			3	Bronze	1995
Simone	Soria	West Des Moines	Iowa	W/65-69	Table Tennis			1	Gold	1995
Helen	Carr	Des Moines	Iowa	W/65-69	Table Tennis			2	Silver	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Table Tennis			3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Table Tennis			3	Bronze	1995
Norma	Cranberg	Des Moines	Iowa	W/70-74	Table Tennis			1	Gold	1995
Isobel	Dunsmoor	Knoxville	Iowa	W/70-74	Table Tennis			2	Silver	1995
Laura	Boehmler	Knoxville	Iowa	W/70-74	Table Tennis			3	Bronze	1995
Albert	Baetz	Ankeny	Iowa	M/55-59	Tennis			1	Gold	1995
Don	Wente	Des Moines	Iowa	M/55-59	Tennis			2	Silver	1995
John	Bullard	Cedar Rapids	Iowa	M/55-59	Tennis			3	Bronze	1995
Paul	Straub	Cedar Rapids	Iowa	M/60-64	Tennis			1	Gold	1995
Tom	Little	Knoxville	Iowa	M/60-64	Tennis			2	Silver	1995
Ken	Chipman	Mission	Kansas	M/60-64	Tennis			3	Bronze	1995
Harvey	Condon	Fairfield	Iowa	M/65-69	Tennis			1	Gold	1995
Bob	Thompson	Des Moines	Iowa	M/65-69	Tennis			2	Silver	1995
Chic	Heckart	Oswatomie	Kansas	M/65-69	Tennis			3	Bronze	1995
Dave	Sisam	Cumming	Iowa	M/65-69	Tennis			3	Bronze	1995
John	Milton	Des Moines	Iowa	M/70-74	Tennis			1	Gold	1995
Gerry	Van Ginkel	West Des Moines	Iowa	M/70-74	Tennis			2	Silver	1995
Jack	Miller	Des Moines	Iowa	M/70-74	Tennis			3	Bronze	1995
Harold	McCallum	Des Moines	Iowa	M/75-79	Tennis			1	Gold	1995
Carroll	Crouse	Adel	Iowa	M/80-84	Tennis			1	Gold	1995
Dawn	McDonald	Ames	Iowa	W/60-64	Tennis			1	Gold	1995
Martha	Baumgarten	Ames	Iowa	W/65-69	Tennis			1	Gold	1995
Janice	Burns	Des Moines	Iowa	W/70-74	Tennis			1	Gold	1995
Margaret	McCollum	Des Moines	Iowa	W/75-79	Tennis			1	Gold	1995
Mary Helen	Muell	Des Moines	Iowa	W/75-79	Tennis			1	Gold	1995
Lyle	Abbes	Clear Lake	Iowa	M/60-64	Tennis Doubles			1	Gold	1995
Richard	Downs	Mason City	Iowa	M/60-64	Tennis Doubles			1	Gold	1995
Bob	Cowan	West Des Moines	Iowa	M/60-64	Tennis Doubles			2	Silver	1995
Don	Ellingson	West Des Moines	Iowa	M/60-64	Tennis Doubles			2	Silver	1995
Paul	Straub	Cedar Rapids	Iowa	M/65-69	Tennis Doubles			1	Gold	1995
Gerry	Van Ginkel	West Des Moines	Iowa	M/65-69	Tennis Doubles			1	Gold	1995
Chic	Heckert	Oswatomie	Kansas	M/65-69	Tennis Doubles			2	Silver	1995
Harvey	Condon	Fairfield	Iowa	M/65-69	Tennis Doubles			2	Silver	1995
Dave	Sisam	Cumming	Iowa	M/65-69	Tennis Doubles			3	Bronze	1995
Bob	Thompson	Des Moines	Iowa	M/65-69	Tennis Doubles			3	Bronze	1995
Jack	Miller	Urbandale	Iowa	M/70-74	Tennis Doubles			1	Gold	1995
Harold	McCollam	Des Moines	Iowa	M/70-74	Tennis Doubles			1	Gold	1995
Gilbert	Cranberg	Des Moines	Iowa	M/70-74	Tennis Doubles			2	Silver	1995
Sol	Davidson	West Des Moines	Iowa	M/70-74	Tennis Doubles			2	Silver	1995
Merle	Van Cline	Des Moines	Iowa	M/70-74	Tennis Doubles			3	Bronze	1995
Charles	Ruth	Des Moines	Iowa	M/70-74	Tennis Doubles			3	Bronze	1995
Shirley	Ellingson	West Des Moines	Iowa	W/60-64	Tennis Doubles			1	Gold	1995
Jan	Cawan	West Des Moines	Iowa	W/60-64	Tennis Doubles			1	Gold	1995
Jean	Murray	Clive	Iowa	W/60-64	Tennis Doubles			2	Silver	1995
Joyce	Hicks	Stuart	Iowa	W/60-64	Tennis Doubles			2	Silver	1995
Marjean	Wegner	Johnston	Iowa	W/60-64	Tennis Doubles			3	Bronze	1995
Colleen	Irving	Des Moines	Iowa	W/60-64	Tennis Doubles			3	Bronze	1995
Teresa	Bishop	Des Moines	Iowa	W/65-69	Tennis Doubles			1	Gold	1995
Betty	Koepser	Des Moines	Iowa	W/65-69	Tennis Doubles			1	Gold	1995
Marian	Jacobs	Des Moines	Iowa	W/70-74	Tennis Doubles			1	Gold	1995

Janet	Parker	Des Moines	Iowa	W/70-74	Tennis Doubles		1	Gold	1995
Norma	Cranberg	Des Moines	Iowa	W/70-74	Tennis Doubles		2	Silver	1995
Janice	Burns	Des Moines	Iowa	W/70-74	Tennis Doubles		2	Silver	1995
Margaret	McCollum	Des Moines	Iowa	W/75-79	Tennis Doubles		1	Gold	1995
Mary Helen	Morell	Des Moines	Iowa	W/75-79	Tennis Doubles		1	Gold	1995
Laura	Baetz	Ankeny	Iowa	Coed/50-54	Tennis Doubles		1	Gold	1995
Albert	Baetz	Ankeny	Iowa	Coed/50-54	Tennis Doubles		1	Gold	1995
Janet	Cowan	West Des Moines	Iowa	Coed/55-59	Tennis Doubles		1	Gold	1995
Bob	Cowan	West Des Moines	Iowa	Coed/55-59	Tennis Doubles		1	Gold	1995
Jean	Murray	Clive	Iowa	Coed/55-59	Tennis Doubles		2	Silver	1995
Mike	Murray	Clive	Iowa	Coed/55-59	Tennis Doubles		2	Silver	1995
Joyce	Hicks	Stuart	Iowa	Coed/60-64	Tennis Doubles		1	Gold	1995
Don	Taylor	Stuart	Iowa	Coed/60-64	Tennis Doubles		1	Gold	1995
Teresa	Bishop	Des Moines	Iowa	Coed/60-64	Tennis Doubles		2	Silver	1995
Jim	Bishop	Des Moines	Iowa	Coed/60-64	Tennis Doubles		2	Silver	1995
Betty	Koepeel	Des Moines	Iowa	Coed/65-69	Tennis Doubles		1	Gold	1995
Bob	Bishop	Des Moines	Iowa	Coed/65-69	Tennis Doubles		1	Gold	1995
Simone	Soria	West Des Moines	Iowa	Coed/65-69	Tennis Doubles		2	Silver	1995
Mario	Soria	West Des Moines	Iowa	Coed/65-69	Tennis Doubles		2	Silver	1995
Martha	Baumgarten	Ames	Iowa	Coed/65-69	Tennis Doubles		3	Bronze	1995
Joe	Baumgarten	Ames	Iowa	Coed/65-69	Tennis Doubles		3	Bronze	1995
Janice	Burns	Des Moines	Iowa	Coed/70-74	Tennis Doubles		1	Gold	1995
Jack	Miller	Urbandale	Iowa	Coed/70-74	Tennis Doubles		1	Gold	1995
Gilbert	Cranberg	Des Moines	Iowa	Coed/70-74	Tennis Doubles		2	Silver	1995
Norma	Cranberg	Des Moines	Iowa	Coed/70-74	Tennis Doubles		2	Silver	1995
Margaret	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Doubles		1	Gold	1995
Harold	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Doubles		1	Gold	1995
Howard	Weisser	Columbus	Nebraska	M/55-59	Bridge	n/a	1	Gold	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Bridge	1790	1	Gold	1995
Paul	Williams	Spencer	Iowa	M/60-64	Bridge	1860	1	Gold	1995
Robert	Dodd	Des Moines	Iowa	M/65-69	Bridge	n/a	1	Gold	1995
Francis	Tasler	Jefferson	Iowa	M/65-69	Bridge	1670	2	Silver	1995
Roy	Voorhees	Ames	Iowa	M/70-74	Bridge	3430	1	Gold	1995
Monnie	Stouffer	Sheldahl	Iowa	M/85-89	Bridge	1750	1	Gold	1995
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Bridge	n/a	1	Gold	1995
Nellie	Bobenhouse	West Des Moines	Iowa	W/55-59	Bridge	2110	1	Gold	1995
Connie	Williams	Spencer	Iowa	W/60-64	Bridge	2860	1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Bridge	n/a	2	Silver	1995
Kathryn	Gifford	Cumming	Iowa	W/60-64	Bridge	1600	3	Bronze	1995
Greta	Faye Mix	Des Moines	Iowa	W/65-69	Bridge	2230	1	Gold	1995
Martha	Baumgarten	Ames	Iowa	W/65-69	Bridge	n/a	2	Silver	1995
Mary Ann	McManus	Des Moines	Iowa	W/65-69	Bridge	n/a	3	Bronze	1995
Jean	Winegar	West Des Moines	Iowa	W/70-74	Bridge	1650	1	Gold	1995
Genevieve	McCargar	Des Moines	Iowa	W/70-74	Bridge	1970	2	Silver	1995
Viola	Baker	Des Moines	Iowa	W/75-79	Bridge	2510	1	Gold	1995
Charlotte	Beal	Des Moines	Iowa	W/75-79	Bridge	2430	2	Silver	1995
Mary	Voorhees	Ames	Iowa	W/75-79	Bridge	2060	3	Bronze	1995
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Bridge	1430	1	Gold	1995
Pancratya	Eddy	Anita	Iowa	W/85-89	Bridge	4100	1	Gold	1995
Darrell	Curry	Spencer	Iowa	W/60-64	Cribbage		1	Gold	1995
Harold	Ethell	Knoxville	Iowa	W/65-69	Cribbage		1	Gold	1995
Gerald	Akes	Grimes	Iowa	W/70-74	Cribbage		1	Gold	1995
Marvin	Stanek	Fort Dodge	Iowa	W/70-74	Cribbage		2	Silver	1995
Merle	Van Cleve	Des Moines	Iowa	W/70-74	Cribbage		3	Bronze	1995
Jack	Roush	West Des Moines	Iowa	W/75-79	Cribbage		1	Gold	1995
Harriet	Waugh	Des Moines	Iowa	W/55-59	Cribbage		1	Gold	1995
Teresa	Bishop	Des Moines	Iowa	W/60-64	Cribbage		1	Gold	1995
Lucille	Curry	Spencer	Iowa	W/60-64	Cribbage		2	Silver	1995
Colleen	Irving	Des Moines	Iowa	W/65-69	Cribbage		1	Gold	1995
Marjorie	Clark	Knoxville	Iowa	W/65-69	Cribbage		2	Silver	1995
Cletus	Weis	Harlan	Iowa	M/65-69	Pinochle		1	Gold	1995
Gerald	Akes	Indianola	Iowa	M/70-74	Pinochle		1	Gold	1995
Willis	Myrtue	Harlan	Iowa	M/75-79	Pinochle		1	Gold	1995
Lowell	Fox	Indianola	Iowa	M/75-79	Pinochle		2	Silver	1995
Harriet	Waugh	West Des Moines	Iowa	W/55-59	Pinochle		1	Gold	1995
Wylene	Gardner	Des Moines	Iowa	W/55-59	Pinochle		2	Silver	1995
Carolyn	Fox	Indianola	Iowa	W/60-64	Pinochle		1	Gold	1995
Teresa	Bishop	Des Moines	Iowa	W/60-64	Pinochle		2	Silver	1995
Alyce	Myrtue	Harlan	Iowa	W/70-74	Pinochle		1	Gold	1995

Bernice	Gaul	Earling	Iowa	W/70-74	Pinochle		2	Silver	1995	
Alden	Norem	Des Moines	Iowa	M/60-64	Cribbage		1	Gold	1995	
Slim	Allen	West Des Moines	Iowa	M/65-69	Cribbage		1	Gold	1995	
Ralph	Scott	West Des Moines	Iowa	M/65-69	Cribbage		2	Silver	1995	
Dick	Ansher	Des Moines	Iowa	M/65-69	Cribbage		3	Bronze	1995	
Don	Fitzsimmons	Grimes	Iowa	M/75-79	Cribbage		1	Gold	1995	
Marvin	Stanek	Fort Dodge	Iowa	M/75-79	Cribbage		2	Silver	1995	
Harold	Lambert	West Des Moines	Iowa	M/75-79	Cribbage		3	Bronze	1995	
Ted	Joplin	Des Moines	Iowa	M/90+	Cribbage		1	Gold	1995	
Sharlene	Norem	Des Moines	Iowa	W/60-64	Shuffleboard		1	Gold	1995	
Lorraine	Stanek	Fort Dodge	Iowa	W/65-69	Shuffleboard		1	Gold	1995	
Marjorie	Clark	Knoxville	Iowa	W/65-69	Shuffleboard		2	Silver	1995	
Charlene	Stephenson	Knoxville	Iowa	W/65-69	Shuffleboard		3	Bronze	1995	
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Shuffleboard		1	Gold	1995	
Keith	Baker	Clive	Iowa	M/All Ages	Horseshoe Tournament	58.60%	1	Gold	1995	
Marv	Engstler	Garner	Iowa	M/All Ages	Horseshoe Tournament	54.60%	2	Silver	1995	
Slim	Allin	West Des Moines	Iowa	M/All Ages	Horseshoe Tournament	46.70%	3	Bronze	1995	
Marv	Engstler	Garner	Iowa	M/60-64	Horseshoe Tournament	64.20%	1	Gold	1995	
Dick	Walker	Cambridge	Iowa	M/60-64	Horseshoe Tournament	42.40%	2	Silver	1995	
Don	Madsen	Kimballton	Iowa	M/60-64	Horseshoe Tournament	31.20%	3	Bronze	1995	
Slim	Allen	West Des Moines	Iowa	M/65-69	Horseshoe Tournament	46.60%	1	Gold	1995	
Keith	Baker	Clive	Iowa	M/65-69	Horseshoe Tournament	44.80%	2	Silver	1995	
Herb	Hansen	Prairie City	Iowa	M/65-69	Horseshoe Tournament	36.30%	3	Bronze	1995	
Marv	Stanek	Fort Dodge	Iowa	M/70-74	Horseshoe Tournament	53.70%	1	Gold	1995	
Russ	Martin	Clarksville	Iowa	M/70-74	Horseshoe Tournament	33.30%	2	Silver	1995	
Jim	Kempkes	Des Moines	Iowa	M/70-74	Horseshoe Tournament	24.20%	3	Bronze	1995	
Bill	Wieser	Waterloo	Iowa	M/75-79	Horseshoe Tournament	25.40%	1	Gold	1995	
Don	Fitzsimmons	Grimes	Iowa	M/75-79	Horseshoe Tournament	25.30%	2	Silver	1995	
Jack	Roush	West Des Moines	Iowa	M/75-79	Horseshoe Tournament	18.30%	3	Bronze	1995	
Irene	Kerwin	Peoria	Illinois	W/All Ages	Horseshoe Tournament	10.20%	1	Gold	1995	
Helen	Cain	Des Moines	Iowa	W/All Ages	Horseshoe Tournament	4.40%	1	Gold	1995	
Norma	Sichender	Des Moines	Iowa	W/All Ages	Horseshoe Tournament	7.70%	3	Bronze	1995	
Donna	Toombs	Des Moines	Iowa	W/55-59	Horseshoe Tournament	4.40%	1	Gold	1995	
Wylene	Gardner	Des Moines	Iowa	W/55-59	Horseshoe Tournament	0%	2	Silver	1995	
Irene	Kerwin	Peoria	Illinois	W/65-69	Horseshoe Tournament	10.20%	1	Gold	1995	
Helen	Cain	Des Moines	Iowa	W/65-69	Horseshoe Tournament	4.40%	1	Gold	1995	
Norma	Sichender	Des Moines	Iowa	W/70-74	Horseshoe Tournament	7.70%	3	Bronze	1995	
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Horseshoe Tournament	3.30%	1	Gold	1995	
Mike	Smith	Des Moines	Iowa	W/50-54	Basketball Around the World		8	1	Gold	1995
Ken	Clark	Des Moines	Iowa	W/55-59	Basketball Around the World		12	1	Gold	1995
Ted	Frank	Belleville	Illinois	W/55-59	Basketball Around the World		11	2	Silver	1995
Joe	Morr	Ankeny	Iowa	W/55-59	Basketball Around the World		11	2	Silver	1995
Howard	Weisser	Columbus	Nebraska	W/55-59	Basketball Around the World	n/a	3	Bronze	1995	
Don	Wente	Des Moines	Iowa	W/55-59	Basketball Around the World		5	3	Bronze	1995
Bob	Bell	Marshalltown	Iowa	W/60-64	Basketball Around the World		13	1	Gold	1995
Lee	Kane	Urbandale	Iowa	W/60-64	Basketball Around the World		11	2	Silver	1995
Otto	Welfring	Marshalltown	Iowa	W/60-64	Basketball Around the World		10	3	Bronze	1995
Raymond	Schumann	Hull	Illinois	W/65-69	Basketball Around the World		15	1	Gold	1995
Bob	Thompson	Des Moines	Iowa	W/65-69	Basketball Around the World		13	1	Gold	1995
Richard	Cummings	West Des Moines	Iowa	W/65-69	Basketball Around the World		9	2	Silver	1995
Ed	Failor	Muscatine	Iowa	W/65-69	Basketball Around the World		9	3	Bronze	1995
Roy	McKay	Des Moines	Iowa	W/70-74	Basketball Around the World		8	1	Gold	1995
Leroy	Reistroffer	Bellevue	Iowa	W/70-74	Basketball Around the World		7	2	Silver	1995
Harold	Lambert	West Des Moines	Iowa	W/70-74	Basketball Around the World		6	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	W/75-79	Basketball Around the World		3	1	Gold	1995
E. Lee	Todd	Grant	Nebraska	W/80-84	Basketball Around the World		5	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	W/80-84	Basketball Around the World		5	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	W/80-84	Basketball Around the World		4	1	Gold	1995
Roy	Gunson	Des Moines	Iowa	W/80-84	Basketball Around the World		n/a	2	Silver	1995
Wylene	Gardner	Des Moines	Iowa	W/55-59	Basketball Around the World		n/a	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Basketball Around the World		5	1	Gold	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Basketball Around the World		5	2	Silver	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Basketball Around the World		3	3	Bronze	1995
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Around the World		11	1	Gold	1995
Irene	Kerwin	Peoria	Iowa	W/65-69	Basketball Around the World		9	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Basketball Around the World		6	2	Silver	1995
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Around the World		4	3	Bronze	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Basketball Around the World		5	1	Gold	1995

Dorothy	Platt	Frostproof	Florida	W/70-74	Basketball Around the World	3	1	Gold	1995
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Basketball Around the World	2	1	Gold	1995
Mike	Smith	Des Moines	Iowa	M/50-54	Basketball Free Throw	7	1	Gold	1995
Donald	Wente	Des Moines	Iowa	M/55-59	Basketball Free Throw	13	1	Gold	1995
Joe	Morr	Ankeny	Iowa	M/55-59	Basketball Free Throw	12	2	Silver	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Basketball Free Throw	11	3	Bronze	1995
Bob	Bell	Marshalltown	Iowa	M/60-64	Basketball Free Throw	12	1	Gold	1995
Vince	Wultz	Kellogg	Iowa	M/60-64	Basketball Free Throw	12	1	Gold	1995
Bill	Park	Muscatine	Iowa	M/60-64	Basketball Free Throw	11	2	Silver	1995
Charles	Greenwood	Des Moines	Iowa	M/60-64	Basketball Free Throw	11	2	Silver	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Basketball Free Throw	10	3	Bronze	1995
Richard	Willock	Des Moines	Iowa	M/65-69	Basketball Free Throw	14	1	Gold	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Basketball Free Throw	13	1	Gold	1995
Don	Hamann	Des Moines	Iowa	M/65-69	Basketball Free Throw	10	2	Silver	1995
Harold	Lambert	West Des Moines	Iowa	M/65-69	Basketball Free Throw	7	3	Bronze	1995
Robert	Bex	Marion	Iowa	M/70-74	Basketball Free Throw	5	1	Gold	1995
Orrie	Rew	Iowa City	Iowa	M/70-74	Basketball Free Throw	5	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Basketball Free Throw	12	1	Gold	1995
Lee	Todd	Grant	Nebraska	M/80-84	Basketball Free Throw	7	2	Silver	1995
Roy	Gunson	Des Moines	Iowa	M/80-84	Basketball Free Throw	6	1	Gold	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Basketball Free Throw	4	2	Silver	1995
Mary	Mercury	Altoona	Iowa	W/50-54	Basketball Free Throw	6	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Basketball Free Throw	2	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Basketball Free Throw	7	1	Gold	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Basketball Free Throw	5	2	Silver	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Basketball Free Throw	1	3	Bronze	1995
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Free Throw	12	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Basketball Free Throw	9	2	Silver	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Basketball Free Throw	8	3	Bronze	1995
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Free Throw	4	3	Bronze	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Basketball Free Throw	9	1	Gold	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Basketball Free Throw	4	2	Silver	1995
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Basketball Free Throw	2	2	Silver	1995
Viola	Baker	Des Moines	Iowa	W/75-79	Basketball Free Throw	3	1	Gold	1995
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Basketball Free Throw	3	1	Gold	1995
C	Weisser	Columbus	Nebraska	W/50-54	Bowling Doubles	531	1	Gold	1995
N	Sichender	Des Moines	Iowa	W/50-54	Bowling Doubles	523	1	Gold	1995
					Total: 1054				
D	Robinson	Knoxville	Iowa	W/55-59	Bowling Doubles	541	1	Gold	1995
L	Gaines	Mt. Veron	Iowa	W/55-59	Bowling Doubles	547	1	Gold	1995
					Total: 1088				
D	Fitzgibbon	Webster City	Iowa	W/60-64	Bowling Doubles	639	1	Gold	1995
M	Morton	Webster City	Iowa	W/60-64	Bowling Doubles	589	1	Gold	1995
					Total: 1228				
N	Evans	Des Moines	Iowa	W/60-64	Bowling Doubles	575	2	Silver	1995
N	Blanchard	Creston	Iowa	W/60-64	Bowling Doubles	546	2	Silver	1995
					Total: 1121				
A	Myrtue	Harlan	Iowa	W/70-74	Bowling Doubles	612	1	Gold	1995
B	Gaul	Earling	Iowa	W/70-74	Bowling Doubles	531	1	Gold	1995
					Total: 1143				
K	Wee	Huxley	Iowa	M/60-64	Bowling Doubles	528	1	Gold	1995
R	Longnecker	Ankeny	Iowa	M/60-64	Bowling Doubles	600	1	Gold	1995
					Total: 1128				
C	Weis	Harlan	Iowa	M/65-69	Bowling Doubles	654	1	Gold	1995
W	Myrtue	Harlan	Iowa	M/65-69	Bowling Doubles	608	1	Gold	1995
					Total: 1262				
B	Woodard	Des Moines	Iowa	M/65-69	Bowling Doubles	548	2	Silver	1995
M	Uioglavich	West Des Moines	Iowa	M/65-69	Bowling Doubles	565	2	Silver	1995
					Total: 1113				
R	Stockseth	Humboldt	Iowa	M/65-69	Bowling Doubles	576	3	Bronze	1995
B	Mekemson	Humboldt	Iowa	M/65-69	Bowling Doubles	623	3	Bronze	1995
					Total: 1199				
D	Mallory	Des Moines	Iowa	M/75-79	Bowling Doubles	606	1	Gold	1995
D	Gordon	Des Moines	Iowa	M/75-79	Bowling Doubles	606	1	Gold	1995
					Total: 1212				
C.	Weisser	Columbus	Nebraska	Coed/50-54	Bowling Doubles	707	1	Gold	1995
N.	Sichender	Des Moines	Iowa	Coed/50-54	Bowling Doubles	636	1	Gold	1995
					Total: 1343				1995
L	Vander Linden	Tracy	Iowa	Coed/55-59	Bowling Doubles	567	1	Gold	1995
D	Piagentini	n/a		Coed/55-59	Bowling Doubles	536	1	Gold	1995

						Total: 1103			1995
N	Evans	Des Moines	Iowa	Coed/60-64	Bowling Doubles	594	1	Gold	1995
W	Thornton	Urbandale	Iowa	Coed/60-64	Bowling Doubles	546	1	Gold	1995
						Total: 1140			
C	Williams	Spencer	Iowa	Coed/60-64	Bowling Doubles	551	2	Silver	1995
P	Williams	Spencer	Iowa	Coed/60-64	Bowling Doubles	582	2	Silver	1995
						Total: 1133			
L	Curry	Spencer	Iowa	Coed/60-64	Bowling Doubles	538	3	Bronze	1995
D	Curry	Spencer	Iowa	Coed/60-64	Bowling Doubles	577	3	Bronze	1995
						Total: 1115			
W	Woodard	Cedar Rapids	Iowa	Coed/65-69	Bowling Doubles	615	1	Gold	1995
J	Carman	Des Moines	Iowa	Coed/65-69	Bowling Doubles	633	1	Gold	1995
						Total: 1248			
M	Clark	Knoxville	Iowa	Coed/65-69	Bowling Doubles	669	2	Silver	1995
H	Ethell	Knoxville	Iowa	Coed/65-69	Bowling Doubles	556	2	Silver	1995
						Total: 1225			
A	Clark	Carlisle	Iowa	Coed/65-69	Bowling Doubles	583	3	Bronze	1995
D	Godbey	Des Moines	Iowa	Coed/65-69	Bowling Doubles	583	3	Bronze	1995
						Total: 1066			
A	Myrtue	Harlan	Iowa	Coed/70-74	Bowling Doubles	593	1	Gold	1995
W	Myrtue	Harlan	Iowa	Coed/70-74	Bowling Doubles	662	1	Gold	1995
						Total: 1255			
H	Starrett	Des Moines	Iowa	Coed/70-74	Bowling Doubles	500	2	Silver	1995
D	Gordon	Des Moines	Iowa	Coed/70-74	Bowling Doubles	466	2	Silver	1995
						Total: 966			
H	Mallory	Des Moines	Iowa	Coed/75-79	Bowling Doubles	538	1	Gold	1995
D	Mallory	Des Moines	Iowa	Coed/75-79	Bowling Doubles	538	1	Gold	1995
						Total: 1126			
M	Slocum	Knoxville	Iowa	Coed/75-79	Bowling Doubles	469	2	Silver	1995
D	Slocum	Knoxville	Iowa	Coed/75-79	Bowling Doubles	592	2	Silver	1995
Larry	Favorite	Solon	Iowa	M/55-59	Bowling	580	1	Gold	1995
Robert	Anderson	Marion	Iowa	M/60-64	Bowling	661	1	Gold	1995
Jerry	Evans	Des Moines	Iowa	M/60-64	Bowling	622	2	Silver	1995
Robert	Paton	Des Moines	Iowa	M/60-64	Bowling	582	3	Bronze	1995
Harold	Ethell	Knoxville	Iowa	M/65-69	Bowling	597	1	Gold	1995
Bill	Woodard	Des Moines	Iowa	M/65-69	Bowling	585	2	Silver	1995
Robert	Tangman	Des Moines	Iowa	M/65-69	Bowling	574	3	Bronze	1995
Bud	Peterson	Galva	Iowa	M/70-74	Bowling	635	1	Gold	1995
Curtis	Sanck	Fort Dodge	Iowa	M/70-74	Bowling	608	2	Silver	1995
Raymond	Longnecker	Ankeny	Iowa	M/70-74	Bowling	601	3	Bronze	1995
Dennis	Freed	Gowrie	Iowa	M/75-79	Bowling	633	1	Gold	1995
Don	Slocum	Knoxville	Iowa	M/75-79	Bowling	608	2	Silver	1995
Don	Gordon	Des Moines	Iowa	M/75-79	Bowling	589	3	Bronze	1995
Frank	Zenor	Humboldt	Iowa	M/85-89	Bowling	570	1	Gold	1995
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Bowling	525	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Bowling	568	1	Gold	1995
Kathy	Gifford	Cumming	Iowa	W/60-64	Bowling	626	1	Gold	1995
Dee	Fitzgibbon	Webster City	Iowa	W/60-64	Bowling	621	2	Silver	1995
Pat	Parker	Des Moines	Iowa	W/60-64	Bowling	551	3	Bronze	1995
Shirley	Zenor	Humboldt	Iowa	W/65-69	Bowling	661	1	Gold	1995
Dorothy	Milton	Des Moines	Iowa	W/65-69	Bowling	643	2	Silver	1995
Marjorie	Clark	Knoxville	Iowa	W/65-69	Bowling	627	3	Bronze	1995
Audrey	Clark	Carlisle	Iowa	W/70-74	Bowling	602	1	Gold	1995
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Bowling	600	2	Silver	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Bowling	594	3	Bronze	1995
Helen	Mallory	Des Moines	Iowa	W/75-79	Bowling	574	1	Gold	1995
Vivian	Gavin	West Des Moines	Iowa	W/75-79	Bowling	562	2	Silver	1995
Marian	Morton	Webster City	Iowa	W/75-79	Bowling	528	3	Bronze	1995
Leora	Jester	Des Moines	Iowa	W/100+	Bowling	587	1	Gold	1995
Larry	Favorite	Solon	Iowa	M/55-59	Bowling (Scratch)	499	1	Gold	1995
John	Campbell	Oskaloosa	Iowa	M/60-64	Bowling (Scratch)	523	1	Gold	1995
Jerry	Evans	Des Moines	Iowa	M/60-64	Bowling (Scratch)	496	2	Silver	1995
Robert	Anderson	Marion	Iowa	M/60-64	Bowling (Scratch)	487	3	Bronze	1995
Robert	Tangeman	Des Moines	Iowa	M/65-69	Bowling (Scratch)	526	1	Gold	1995
Harold	Ethell	Knoxville	Iowa	M/65-69	Bowling (Scratch)	522	2	Silver	1995
Bill	Woodard	Des Moines	Iowa	M/65-69	Bowling (Scratch)	483	3	Bronze	1995
Bud	Peterson	Galva	Iowa	M/70-74	Bowling (Scratch)	563	1	Gold	1995
Curtis	Sanck	Fort Dodge	Iowa	M/70-74	Bowling (Scratch)	522	2	Silver	1995
Mike	Vioglavich	West Des Moines	Iowa	M/70-74	Bowling (Scratch)	507	3	Bronze	1995
Dennis	Freed	Gowrie	Iowa	M/75-79	Bowling (Scratch)	519	1	Gold	1995

Don	Gordon	Des Moines	Iowa	M/75-79	Bowling (Scratch)	481	2	Silver	1995
Don	Slocum	Know	Iowa	M/75-79	Bowling (Scratch)	452	3	Bronze	1995
Frank	Zenor	Humboldt	Iowa	M/85-89	Bowling (Scratch)	450	1	Gold	1995
Charlotte	Weisser	Columbus	Nebraska	W/50-54	Bowling (Scratch)	465	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Bowling (Scratch)	487	1	Gold	1995
Dee	Fitzgibbon	Webster City	Iowa	W/60-64	Bowling (Scratch)	489	1	Gold	1995
Kathy	Gifford	Cumming	Iowa	W/60-64	Bowling (Scratch)	422	2	Silver	1995
Nancy	Evans	Des Moines	Iowa	W/60-64	Bowling (Scratch)	390	3	Bronze	1995
Shirley	Zenor	Humboldt	Iowa	W/65-69	Bowling (Scratch)	574	1	Gold	1995
Dorothy	Milton	Des Moines	Iowa	W/65-69	Bowling (Scratch)	562	2	Silver	1995
JoAnn	Carman	Des Moines	Iowa	W/65-69	Bowling (Scratch)	534	3	Bronze	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Bowling (Scratch)	462	1	Gold	1995
Audrey	Clark	Carlisle	Iowa	W/70-74	Bowling (Scratch)	434	2	Silver	1995
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Bowling (Scratch)	427	3	Bronze	1995
Helen	Mallory	Des Moines	Iowa	W/75-79	Bowling (Scratch)	421	1	Gold	1995
Vivian	Gavin	West Des Moines	Iowa	W/75-79	Bowling (Scratch)	415	2	Silver	1995
Marian	Morton	Webster City	Iowa	W/75-79	Bowling (Scratch)	375	3	Bronze	1995
Leora	Jester	Des Moines	Iowa	W/90-100+	Bowling (Scratch)	416	1	Gold	1995
Robert	Kreamer	Des Moines	Iowa	M/50-54	Croquet		1	Gold	1995
Robert	Dodd	Des Moines	Iowa	M/65-69	Croquet		1	Gold	1995
Dale	Godbey	Des Moines	Iowa	M/65-69	Croquet		1	Gold	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Croquet		1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Croquet		2	Silver	1995
Frances	Young	Des Moines	Iowa	W/65-69	Croquet		1	Gold	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	Croquet		1	Gold	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Football Throw (Accuracy)	50	1	Gold	1995
Don	Wente	Des Moines	Iowa	M/55-59	Football Throw (Accuracy)	20	2	Silver	1995
Ken	Clark	Des Moines	Iowa	M/55-59	Football Throw (Accuracy)	10	3	Bronze	1995
Ted	Frank	Belleville	Illinois	M/55-59	Football Throw (Accuracy)	10	3	Bronze	1995
Joe	Morr	Ankeny	Iowa	M/55-59	Football Throw (Accuracy)	10	3	Bronze	1995
Bill	Park	Muscatine	Iowa	M/60-64	Football Throw (Accuracy)	70	1	Gold	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Football Throw (Accuracy)	70	1	Gold	1995
Tom	James	Monona	Iowa	M/60-64	Football Throw (Accuracy)	40	2	Silver	1995
Paul	Williams	Spencer	Iowa	M/60-64	Football Throw (Accuracy)	40	2	Silver	1995
Chuck	Greenwood	Des Moines	Iowa	M/60-64	Football Throw (Accuracy)	40	2	Silver	1995
Bill	Sanks	Prairie Village	Kansas	M/60-64	Football Throw (Accuracy)	30	3	Bronze	1995
Buzz	Curry	Spencer	Iowa	M/60-64	Football Throw (Accuracy)	20	3	Bronze	1995
Tom	Little	Knoxville	Iowa	M/60-64	Football Throw (Accuracy)	20	3	Bronze	1995
Charles	Lathrum	Altoona	Iowa	M/60-64	Football Throw (Accuracy)	20	3	Bronze	1995
Herbert	Hanson	Prairie City	Iowa	M/65-69	Football Throw (Accuracy)	50	1	Gold	1995
Chic	Heckart	Oswatomie	Kansas	M/65-69	Football Throw (Accuracy)	40	2	Silver	1995
Keith	Baker	Clive	Iowa	M/65-69	Football Throw (Accuracy)	20	2	Silver	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Football Throw (Accuracy)	10	3	Bronze	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Football Throw (Accuracy)	30	1	Gold	1995
Mervin	Stanek	Fort Dodge	Iowa	M/70-74	Football Throw (Accuracy)	30	1	Gold	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Football Throw (Accuracy)	30	1	Gold	1995
Willis	Myrtue	Harlan	Iowa	M/75-79	Football Throw (Accuracy)	20	2	Silver	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Football Throw (Accuracy)	20	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Football Throw (Accuracy)	n/a	2	Silver	1995
Carol	Brandt	Sioux City	Iowa	W/55-59	Football Throw (Distance)	30	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Football Throw (Distance)	20	2	Silver	1995
Joyce	Hick	Stuart	Iowa	W/60-64	Football Throw (Distance)	30	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Football Throw (Distance)	10	2	Silver	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Football Throw (Distance)	10	3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Football Throw (Distance)	30	1	Gold	1995
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Football Throw (Distance)	10	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Football Throw (Distance)	10	1	Gold	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Football Throw (Distance)	20	1	Gold	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Football Throw (Distance)	20	1	Gold	1995
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Football Throw (Distance)	10	2	Silver	1995
Ken	Clark	Des Moines	Iowa	M/55-59	Softball Throw (Accuracy)	80	1	Gold	1995
Don	Wente	Des Moines	Iowa	M/55-59	Softball Throw (Accuracy)	50	2	Silver	1995
Ted	Frank	Belleville	Illinois	M/55-59	Softball Throw (Accuracy)	50	2	Silver	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Softball Throw (Accuracy)	40	3	Bronze	1995
Tom	Little	Knoxville	Iowa	M/60-64	Softball Throw (Accuracy)	90	1	Gold	1995
Paul	Williams	Spencer	Iowa	M/60-64	Softball Throw (Accuracy)	60	2	Silver	1995
Bob	Bell	Marshalltown	Iowa	M/60-64	Softball Throw (Accuracy)	60	2	Silver	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Softball Throw (Accuracy)	60	2	Silver	1995

Ed	Failor	Muscatine	Iowa	M/65-69	Softball Throw (Accuracy)	60	1	Gold	1995
Herbert	Hansen	Prairie City	Iowa	M/65-69	Softball Throw (Accuracy)	50	2	Silver	1995
Raymond	Schumann	Hull	Iowa	M/65-69	Softball Throw (Accuracy)	n/a	3	Bronze	1995
Richard	Willock	Des Moines	Iowa	M/65-69	Softball Throw (Accuracy)	n/a	3	Bronze	1995
Marvin	Stanek	Fort Dodge	Iowa	M/70-74	Softball Throw (Accuracy)	20	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	Softball Throw (Accuracy)	10	2	Silver	1995
Harold	Lambert	West Des Moines	Iowa	M/70-74	Softball Throw (Accuracy)	10	2	Silver	1995
Wayne	Devine	Des Moines	Iowa	M/70-74	Softball Throw (Accuracy)	10	2	Silver	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Softball Throw (Accuracy)	40	1	Gold	1995
Willis	Myrtue	Harlan	Iowa	M/75-79	Softball Throw (Accuracy)	30	2	Silver	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Softball Throw (Accuracy)	40	1	Gold	1995
Carroll	Crouse	Adel	Iowa	M/80-84	Softball Throw (Accuracy)	30	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Softball Throw (Accuracy)	10	3	Bronze	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Softball Throw (Accuracy)	10	3	Bronze	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Softball Throw (Accuracy)	20	1	Gold	1995
Donna	Toombs	Des Moines	Iowa	W/55-59	Softball Throw (Accuracy)	30	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Softball Throw (Accuracy)	10	2	Silver	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Softball Throw (Accuracy)	30	1	Gold	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Softball Throw (Accuracy)	20	2	Silver	1995
Joyce	Hick	Stuart	Iowa	W/60-64	Softball Throw (Accuracy)	20	2	Silver	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Softball Throw (Accuracy)	30	1	Gold	1995
Norma	Sicheneder	Des Moines	Iowa	W/65-69	Softball Throw (Accuracy)	20	2	Silver	1995
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Softball Throw (Accuracy)	10	3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Softball Throw (Accuracy)	10	3	Bronze	1995
Ernestine	Davis	Des Moines	Iowa	W/65-69	Softball Throw (Accuracy)	10	3	Bronze	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Softball Throw (Accuracy)	60	1	Gold	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Softball Throw (Accuracy)	20	2	Silver	1995
Alyce	Myrtue	Harlan	Iowa	W/70-74	Softball Throw (Accuracy)	10	2	Silver	1995
Lorraine	Stanek	Fort Dodge	Iowa	W/70-74	Softball Throw (Accuracy)	10	3	Bronze	1995
Viola	Baker	Des Moines	Iowa	W/75-79	Softball Throw (Accuracy)	10	1	Gold	1995
Mae	Green	Des Moines	Iowa	W/75-79	Softball Throw (Accuracy)	10	2	Silver	1995
Ted	Frank	Belleville	Illinois	M/55-59	Softball Throw (Distance)	198'	1	Gold	1995
Donald	Wente	Des Moines	Iowa	M/55-59	Softball Throw (Distance)	195'	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Softball Throw (Distance)	193' 10"	2	Silver	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Softball Throw (Distance)	186' 2"	3	Bronze	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Softball Throw (Distance)	220'	1	Gold	1995
John	Watson	St. Joseph	Missouri	M/60-64	Softball Throw (Distance)	165'9"	1	Gold	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	Softball Throw (Distance)	214'	2	Silver	1995
Bill	Sanks	Prairie Village	Kansas	M/60-64	Softball Throw (Distance)	116'4"	2	Silver	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Softball Throw (Distance)	206'7"	3	Bronze	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Softball Throw (Distance)	180'2"	1	Gold	1995
Edward	Failor Sr.	Muscatine	Iowa	M/65-69	Softball Throw (Distance)	170'	1	Gold	1995
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	Softball Throw (Distance)	153'	2	Silver	1995
Robert	Dodd	Des Moines	Iowa	M/65-69	Softball Throw (Distance)	85'	3	Bronze	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Softball Throw (Distance)	136'10"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Softball Throw (Distance)	135'	1	Gold	1995
Marvin	Stanek	Fort Dodge	Iowa	M/70-74	Softball Throw (Distance)	91'7"	2	Silver	1995
Dean	Barber	Milford	Iowa	M/70-74	Softball Throw (Distance)	85'	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Softball Throw (Distance)	123'	1	Gold	1995
Robert	Bex	Marion	Iowa	M/75-79	Softball Throw (Distance)	32'3"	2	Silver	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Softball Throw (Distance)	150'4"	1	Gold	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Softball Throw (Distance)	85'	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Softball Throw (Distance)	86'7"	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Softball Throw (Distance)	82'4"	2	Silver	1995
Mel	Flachs	Davenport	Iowa	M/80-84	Softball Throw (Distance)	75'9"	3	Bronze	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Softball Throw (Distance)	58'4"	1	Gold	1995
Ted	Joplin	Des Moines	Iowa	M/90+	Softball Throw (Distance)	54'5"	1	Gold	1995
Mary	Mercury	Altoona	Iowa	W/55-59	Softball Throw (Distance)	117'9"	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Softball Throw (Distance)	69'10"	1	Gold	1995
Donna	Toombs	Des Moines	Iowa	W/55-59	Softball Throw (Distance)	59'4"	2	Silver	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Softball Throw (Distance)	85'	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Softball Throw (Distance)	67'6"	2	Silver	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Softball Throw (Distance)	65'7"	3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Softball Throw (Distance)	97'	1	Gold	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	Softball Throw (Distance)	74'	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Softball Throw (Distance)	70'3"	2	Silver	1995
Ernestine	Davis	Des Moines	Iowa	W/65-69	Softball Throw (Distance)	68'5"	3	Bronze	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Softball Throw (Distance)	56'8"	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Softball Throw (Distance)	51'6"	1	Gold	1995
Winifred	Canady	Marion	Iowa	W/70-74	Softball Throw (Distance)	38'6"	2	Silver	1995
M. Gurere	Gurere	Des Moines	Iowa	W/75-79	Softball Throw (Distance)	41'9"	1	Gold	1995



Ruth	Spaulding	Des Moines	Iowa	W/75-79	Softball Throw (Distance)	36'7"	2	Silver	1995
Helen	Steward	Knoxville	Iowa	W/75-79	Softball Throw (Distance)	42'10"	3	Bronze	1995
Pancratya	Eddy	Anita	Iowa	W/85-89	Softball Throw (Distance)	45'	1	Gold	1995
Ted	Frank	Belleville	Iowa	M/55-59	Football Throw (Distance)	179'5"	1	Gold	1995
Donald	Wente	Des Moines	Iowa	M/55-59	Football Throw (Distance)	146'8"	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Football Throw (Distance)	141'5"	2	Silver	1995
Fred	Bankus	West Des Moines	Iowa	M/55-59	Football Throw (Distance)	121'	3	Bronze	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Football Throw (Distance)	169'2"	1	Gold	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	Football Throw (Distance)	168'17"	2	Silver	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Football Throw (Distance)	141'7"	3	Bronze	1995
Bill	Sanks	Prairie Village	Kansas	M/60-64	Football Throw (Distance)	87'4"	1	Gold	1995
Budd	Hamilton	Phoenix	Arizona	M/60-64	Football Throw (Distance)	86'5"	2	Silver	1995
Edward	Failor	Muscatine	Iowa	M/65-69	Football Throw (Distance)	147'3"	1	Gold	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Football Throw (Distance)	123'5"	1	Gold	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Football Throw (Distance)	112'8"	2	Silver	1995
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	Football Throw (Distance)	111'10"	3	Bronze	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Football Throw (Distance)	113'10"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Football Throw (Distance)	96'4"	1	Gold	1995
Dean	Barber	Milford	Iowa	M/70-74	Football Throw (Distance)	67'10"	2	Silver	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Football Throw (Distance)	86'	1	Gold	1995
Robert	Bex	Marion	Iowa	M/75-79	Football Throw (Distance)	32'3"	2	Silver	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Football Throw (Distance)	87'4"	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Football Throw (Distance)	75'8"	2	Silver	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Football Throw (Distance)	67'7"	1	Gold	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Football Throw (Distance)	58'5"	2	Silver	1995
Mel	Flachs	Davenport	Iowa	M/80-84	Football Throw (Distance)	57'10"	3	Bronze	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Football Throw (Distance)	45'11"	1	Gold	1995
Ted	Joplin	Des Moines	Iowa	M/90+	Football Throw (Distance)	43'3"	1	Gold	1995
Mary	Mercury	Altoona	Iowa	W/55-59	Football Throw (Distance)	71'1"	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Football Throw (Distance)	62'7"	1	Gold	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Football Throw (Distance)	54'10"	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Football Throw (Distance)	47'4"	2	Silver	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Football Throw (Distance)	46'	3	Bronze	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Football Throw (Distance)	72'9"	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Football Throw (Distance)	56'3"	1	Gold	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	Football Throw (Distance)	47'	2	Silver	1995
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Football Throw (Distance)	40'11"	3	Bronze	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Football Throw (Distance)	45'7"	1	Gold	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Football Throw (Distance)	43'2"	1	Gold	1995
Winifred	Canady	Marion	Iowa	W/70-74	Football Throw (Distance)	31'	2	Silver	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Football Throw (Distance)	26'1"	3	Bronze	1995
Helen	Steward	Knoxville	Iowa	W/75-79	Football Throw (Distance)	30'	1	Gold	1995
Ruth	Spaulding	Des Moines	Iowa	W/75-79	Football Throw (Distance)	28'10"	2	Silver	1995
Mae	Green	Des Moines	Iowa	W/75-79	Football Throw (Distance)	28'	3	Bronze	1995
Pancryata	Eddy	Anita	Iowa	W/85-89	Football Throw (Distance)	20'1"	1	Gold	1995
Bob	Gallagher	Des Moines	Iowa		Checkers		1	Gold	1995
Monnie	Stauffer	Sheldahl	Iowa		Checkers		2	Silver	1995
Harold	Lambert	West Des Moines	Iowa		Checkers		3	Bronze	1995
Joe	Morr	Ankeny	Iowa	M/55-59	Larry Anderson Horeshoe Classic		1	Gold	1995
Ken	Clark	Des Moines	Iowa	M/55-59	Larry Anderson Horeshoe Classic		2	Silver	1995
Bill	Sanks	Prairie Village	Kansas	M/60-64	Larry Anderson Horeshoe Classic		1	Gold	1995
Keith	Baker	Clive	Iowa	M/65-69	Larry Anderson Horeshoe Classic		1	Gold	1995
W.	Allen	West Des Moines	Iowa	M/65-69	Larry Anderson Horeshoe Classic		2	Silver	1995
Herb	Hansen	Prairie City	Iowa	M/65-69	Larry Anderson Horeshoe Classic		2	Silver	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Larry Anderson Horeshoe Classic		3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	Larry Anderson Horeshoe Classic		1	Gold	1995
Marvin	Stanek	Fort Dodge	Iowa	M/70-74	Larry Anderson Horeshoe Classic		1	Gold	1995
Harold	Lambert	West Des Moines	Iowa	M/70-74	Larry Anderson Horeshoe Classic		2	Silver	1995
Abbie	Polito	Urbandale	Iowa	M/70-74	Larry Anderson Horeshoe Classic		2	Silver	1995
William	Wieser	Waterloo	Iowa	M/75-79	Larry Anderson Horeshoe Classic		1	Gold	1995
J.C.	Roush	West Des Moines	Iowa	M/75-79	Larry Anderson Horeshoe Classic		1	Gold	1995
Don	Fitzsimmons	Grimes	Iowa	M/75-79	Larry Anderson Horeshoe Classic		2	Silver	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Larry Anderson Horeshoe Classic		1	Gold	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Larry Anderson Horeshoe Classic		1	Gold	1995
Norma	Sicheneder	Des Moines	Iowa	W/65-69	Larry Anderson Horeshoe Classic		1	Gold	1995
Dorothy	Platt	Frostproof	Florida	W/70-74	Larry Anderson Horeshoe Classic		1	Gold	1995
Dorothy	McClelland	Des Moines	Iowa	W/70-74	Larry Anderson Horeshoe Classic		1	Gold	1995
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Larry Anderson Horeshoe Classic		1	Gold	1995

Ted	Frank	Belleville	Iowa	M/55-59	Scrabble			1	Gold	1995
Duane	Troester	Des Moines	Iowa	M/55-59	Scrabble			2	Silver	1995
Don	Hamann	Des Moines	Iowa	M/70-74	Scrabble			1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Scrabble			1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Scrabble			1	Gold	1995
Bess	Vancleve	Des Moines	Iowa	W/70-74	Scrabble			1	Gold	1995
Rockwell-Collins				M/55-59	Basketball (3X3)			1	Gold	1995
Illinois Railsplitters				M/55-59	Basketball (3X3)			1	Gold	1995
Tigers				M/55-59	Basketball (3X3)			2	Silver	1995
Old Guys				M/60-64	Basketball (3X3)			1	Gold	1995
Aces				W/55-59	Basketball (3X3)			1	Gold	1995
Geodes				W/60-64	Basketball (3X3)			1	Gold	1995
Pink Panthers				W/65-69	Basketball (3X3)			1	Gold	1995
Spencer				M/50-54	Team Softball			1	Gold	1995
Tigers				M/55-59	Team Softball			1	Gold	1995
Silver Stars				W/55-59	Team Softball			1	Gold	1995
Silver Streaks				W/60-64	Team Softball			1	Gold	1995
Susie's Maruders				M/50-54	Team Volleyball			1	Gold	1995
Maruders				M/50-54	Team Volleyball			2	Silver	1995
Tigers				M/55-59	Team Volleyball			1	Gold	1995
Heartbeats				M/55-59	Team Volleyball			2	Silver	1995
Silveradis				W/55-59	Team Volleyball			1	Gold	1995
Alleycats				W/60-64	Team Volleyball			1	Gold	1995
Rich	Hoidahl	Johnston	Iowa	M/50-54	50 Meter Dash		8.75	1	Gold	1995
Mike	Murphy	Blue Grass	Iowa	M/55-59	50 Meter Dash		6.87	1	Gold	1995
Howard	Weisser	Columbus	Nebraska	M/55-59	50 Meter Dash		6.91	2	Silver	1995
Wendell	Roehrs	Warrentown	Missouri	M/55-59	50 Meter Dash		6.93	3	Bronze	1995
Richard	Snively	Des Moines	Iowa	M/55-59	50 Meter Dash		7	2	Silver	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	50 Meter Dash		6.87	1	Gold	1995
Vince	Waltz	Kellogg	Iowa	M/60-64	50 Meter Dash		6.91	2	Silver	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	50 Meter Dash		7.19	3	Bronze	1995
Darrel	Mitchell	Marshalltown	Iowa	M/65-69	50 Meter Dash		7.81	1	Gold	1995
Francis	Tasler	Jefferson	Iowa	M/65-69	50 Meter Dash		8.68	2	Silver	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	50 Meter Dash		9.06	3	Bronze	1995
Howard	Dewell	Quincy	Illinois	M/70-74	50 Meter Dash		8.37	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	50 Meter Dash		8.75	1	Gold	1995
Paul	Calder	Johnston	Iowa	M/70-74	50 Meter Dash		9.5	2	Silver	1995
Richard	Lowder	West Des Moines	Iowa	M/70-74	50 Meter Dash		10.19	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	50 Meter Dash		9.963	1	Gold	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	50 Meter Dash		7.94	1	Gold	1995
Madeleo	Blake	Letts	Iowa	M/80-84	50 Meter Dash		9.19	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	50 Meter Dash		9.7	2	Silver	1995
Wilbur	Ott	Lakeland	Iowa	M/80-84	50 Meter Dash		9.99	3	Bronze	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	50 Meter Dash		10.87	3	Bronze	1995
Helen	James	Monona	Iowa	W/50-54	50 Meter Dash		8.75	1	Gold	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	50 Meter Dash		9.75	1	Gold	1995
Leona	Gaines	Des Moines	Iowa	W/55-59	50 Meter Dash		11	2	Silver	1995
Mary Lou	Lathrum	Des Moines	Iowa	W/60-64	50 Meter Dash		9.01	1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	50 Meter Dash		10.32	2	Silver	1995
Nancy	Baker	Clive	Iowa	W/60-64	50 Meter Dash		12.06	3	Bronze	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	50 Meter Dash		10	1	Gold	1995
Frances	Young	Des Moines	Iowa	W/65-69	50 Meter Dash		12.06	2	Silver	1995
Helen	Calder	Johnston	Iowa	W/75-79	50 Meter Dash		12.84	1	Gold	1995
Pancratya	Eddy	Anita	Iowa	W/85-89	50 Meter Dash		22	1	Gold	1995
Rich	Hoidahl	Johnston	Iowa	M/50-54	100 Meter Dash		13.87	1	Gold	1995
Wendell	Roehrs	Warrentown	Missouri	M/55-59	100 Meter Dash		12.94	1	Gold	1995
Howard	Weisser	Columbus	Nebraska	M/55-59	100 Meter Dash		13.06	2	Silver	1995
Mike	Murphy	Blue Grass	Iowa	M/55-59	100 Meter Dash		13.12	1	Gold	1995
Thomas	Ciesielski	Independence	Iowa	M/55-59	100 Meter Dash		13.13	2	Silver	1995
Richard	Snively	Des Moines	Iowa	M/55-59	100 Meter Dash		13.93	3	Bronze	1995
Vince	Waltz	Kellogg	Iowa	M/60-64	100 Meter Dash		13.31	1	Gold	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	100 Meter Dash		13.37	2	Silver	1995
Tom	Novak	Cedar Rapids	Iowa	M/60-64	100 Meter Dash		14.81	3	Bronze	1995
Darrel	Mitchell	Marshalltown	Iowa	M/65-69	100 Meter Dash		14.93	1	Gold	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	100 Meter Dash		26.19	2	Silver	1995
Roy	McKay	Des Moines	Iowa	M/70-74	100 Meter Dash		15.88	1	Gold	1995
Abbie	Polito	Urbandale	Iowa	M/70-74	100 Meter Dash		16.12	2	Silver	1995
Dean	Barber	Milford	Iowa	M/70-74	100 Meter Dash		18.69	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	100 Meter Dash		25	1	Gold	1995

Robert	Bex	Marion	Iowa	M/75-79	100 Meter Dash	36.25	2	Silver	1995
Madeleo	Blake	Letts	Iowa	M/80-84	100 Meter Dash	17.81	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	100 Meter Dash	17.81	1	Gold	1995
Donald	Shultz	Des Moines	Iowa	M/80-84	100 Meter Dash	22.44	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	100 Meter Dash	25.44	3	Bronze	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	100 Meter Dash	19.94	1	Gold	1995
Carol	Brittain	Des Moines	Iowa	W/55-59	100 Meter Dash	32.25	2	Silver	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	100 Meter Dash	17.93	1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	100 Meter Dash	23.13	2	Silver	1995
Ernestine	Davis	Des Moines	Iowa	W/65-69	100 Meter Dash	20.5	1	Gold	1995
Frances	Young	Des Moines	Iowa	W/65-69	100 Meter Dash	25.38	2	Silver	1995
Helen	Caulder	Johnston	Iowa	W/70-74	100 Meter Dash	26.3	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	100 Meter Dash	32.13	2	Silver	1995
Pancratya	Eddy	Anita	Iowa	W/70-74	100 Meter Dash	47.13	3	Bronze	1995
Rich	Hoidahl	Johnston	Iowa	M/50-54	200 Meter Dash	28.56	1	Gold	1995
Kirk	Cunningham	Urbandale	Iowa	M/50-54	200 Meter Dash	29.87	2	Silver	1995
Ruben	Rullan	Urbandale	Iowa	M/50-54	200 Meter Dash	37.19	3	Bronze	1995
Howard	Weisser	Columbus	Nebraska	M/55-59	200 Meter Dash	27.13	1	Gold	1995
Thomas	Ciesielski	Independence	Iowa	M/55-59	200 Meter Dash	27.62	1	Gold	1995
Mike	Murphy	Blue Grass	Iowa	M/55-59	200 Meter Dash	27.81	2	Silver	1995
Weldell	Roehrs	Warrentown	Missouri	M/55-59	200 Meter Dash	28.75	3	Bronze	1995
Richard	Snively	Des Moines	Iowa	M/55-59	200 Meter Dash	29.33	3	Bronze	1995
Vince	Waltz	Kellogg	Iowa	M/60-64	200 Meter Dash	29.5	1	Gold	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	200 Meter Dash	29.58	2	Silver	1995
Charles	Lathrum	Altoona	Iowa	M/60-64	200 Meter Dash	30.25	3	Bronze	1995
Dick	Pertzborn	Des Moines	Iowa	M/65-69	200 Meter Dash	42.43	1	Gold	1995
Robert	Dodd	Des Moines	Iowa	M/65-69	200 Meter Dash	52.06	2	Silver	1995
Howard	Dewell	Quincy	Iowa	M/70-74	200 Meter Dash	53.49	1	Gold	1995
Paul	Calder	Johnston	Iowa	M/70-74	200 Meter Dash	42.19	2	Silver	1995
Dean	Barber	Milford	Iowa	M/70-74	200 Meter Dash	43.09	3	Bronze	1995
Robert	Bex	Marion	Iowa	M/75-79	200 Meter Dash	01:27.2	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	200 Meter Dash	39.6	1	Gold	1995
Madeleo	Blake	Letts	Iowa	M/80-84	200 Meter Dash	43.12	2	Silver	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	200 Meter Dash	49.75	3	Bronze	1995
Helen	James	Monona	Iowa	W/50-54	200 Meter Dash	35.5	1	Gold	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	200 Meter Dash	40.06	1	Gold	1995
Ernestine	Davis	Des Moines	Iowa	W/65-69	200 Meter Dash	46.68	1	Gold	1995
Frances	Young	Des Moines	Iowa	W/65-69	200 Meter Dash	01:02.1	2	Silver	1995
Helen	Calder	Johnston	Iowa	W/75-79	200 Meter Dash	01:06.1	1	Gold	1995
Pancratya	Eddy	Anita	Iowa	W/85-89	200 Meter Dash	01:50.0	1	Gold	1995
Rich	Hoidahl	Johnston	Iowa	M/50-54	400 Meter Run	01:05.3	1	Gold	1995
Kirk	Cunningham	Urbandale	Iowa	M/50-54	400 Meter Run	01:06.4	2	Silver	1995
Mike	Smith	Des Moines	Iowa	M/50-54	400 Meter Run	01:25.9	3	Bronze	1995
Howard	Weisser	Columbus	Nebraska	M/55-59	400 Meter Run	01:00.2	1	Gold	1995
Thomas	Ciesielski	Independence	Iowa	M/55-59	400 Meter Run	01:02.3	2	Silver	1995
Ken	Clark	Des Moines	Iowa	M/55-59	400 Meter Run	01:16.9	3	Bronze	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	400 Meter Run	01:06.2	1	Gold	1995
Charles	Lathrum	Altoona	Iowa	M/60-64	400 Meter Run	01:08.1	2	Silver	1995
Tom	Novak	Cedar Rapids	Iowa	M/60-64	400 Meter Run	01:14.0	3	Bronze	1995
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	400 Meter Run	01:12.7	1	Gold	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	400 Meter Run	01:31.0	2	Silver	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	400 Meter Run	02:01.0	3	Bronze	1995
Paul	Calder	Johnston	Iowa	M/70-74	400 Meter Run	01:36.1	1	Gold	1995
Dean	Barber	Milford	Iowa	M/70-74	400 Meter Run	01:41.3	2	Silver	1995
Madeleo	Blake	Letts	Iowa	M/80-84	400 Meter Run	01:40.3	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	400 Meter Run	01:49.2	2	Silver	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	400 Meter Run	02:27.0	3	Bronze	1995
Ken	Clark	Des Moines	Iowa	M/55-59	800 Meter Race/Walk	05:11.7	1	Gold	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	800 Meter Race/Walk	4:39	1	Gold	1995
Tom	Novak	Cedar Rapids	Iowa	M/60-64	800 Meter Race/Walk	5:28	2	Silver	1995
Don	Lovell	Carter Lake	Iowa	M/60-64	800 Meter Race/Walk	5:32	3	Bronze	1995
Richard	Willock	Des Moines	Iowa	M/65-69	800 Meter Race/Walk	4:58	1	Gold	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	800 Meter Race/Walk	5:00	2	Silver	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	800 Meter Race/Walk	6:50	3	Bronze	1995
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	800 Meter Race/Walk	05:18.1	1	Gold	1995
Dean	Barber	Milford	Iowa	M/70-74	800 Meter Race/Walk	06:05.5	2	Silver	1995
Robert	Bex	Marion	Iowa	M/75-79	800 Meter Race/Walk	10:16	1	Gold	1995
Madeleo	Blake	Letts	Iowa	M/80-84	800 Meter Race/Walk	6:34	1	Gold	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	800 Meter Race/Walk	7:20	2	Silver	1995

Ted	Joplin	Des Moines	Iowa	M/90+	800 Meter Race/Walk	7:30	1	Gold	1995
Bertha	Christiansen	Altoona	Iowa	W/55-59	800 Meter Race/Walk	4:50	1	Gold	1995
Carol	Brittain	Des Moines	Iowa	W/55-59	800 Meter Race/Walk	5:38	2	Silver	1995
Jean	McClaran	Des Moines	Iowa	W/65-69	800 Meter Race/Walk	05:07.2	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	800 Meter Race/Walk	07:21.6	1	Gold	1995
Ruth	Spaulding	Des Moines	Iowa	W/75-79	800 Meter Race/Walk	5:59	1	Gold	1995
Gary	Cloud	Ankeny	Iowa	W/50-54	800 Meter Run	02:39.8	1	Gold	1995
Ruben	Rullan	Urbandale	Iowa	W/50-54	800 Meter Run	03:08.6	2	Silver	1995
Thomas	Ciesielski	Independence	Iowa	W/55-59	800 Meter Run	02:35.6	1	Gold	1995
Howard	Weisser	Columbus	Nebraska	W/55-59	800 Meter Run	02:37.4	2	Silver	1995
Tom	Novak	Cedar Rapids	Iowa	W/60-64	800 Meter Run	02:44.2	1	Gold	1995
Franklin	Brown	Des Moines	Iowa	W/60-64	800 Meter Run	02:51.0	2	Silver	1995
Gene	Harding	Des Moines	Iowa	W/60-64	800 Meter Run	02:56.9	3	Bronze	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	800 Meter Run	03:39.7	1	Gold	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	800 Meter Run	07:01.8	2	Silver	1995
Roy	McKay	Des Moines	Iowa	M/70-74	800 Meter Run	03:28.2	1	Gold	1995
Paul	Calder	Johnston	Iowa	M/70-74	800 Meter Run	04:13.4	2	Silver	1995
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	800 Meter Run	04:27.8	3	Bronze	1995
Blake	Madeleo	Letts	Iowa	M/80-84	800 Meter Run	04:56.7	1	Gold	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	800 Meter Run	05:59.9	2	Silver	1995
Helen	James	Monona	Iowa	W/50-54	800 Meter Run	03:10.7	1	Gold	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	1500 Meter Run	05:33.4	1	Gold	1995
Tom	Novak	Cedar Rapids	Iowa	M/60-64	1500 Meter Run	05:45.0	2	Silver	1995
Gene	Harding	Des Moines	Iowa	M/60-64	1500 Meter Run	06:03.0	3	Bronze	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	1500 Meter Run	7:03	1	Gold	1995
Richard	Willock	Des Moines	Iowa	M/65-69	1500 Meter Run	07:03.5	2	Silver	1995
Dave	Hurd	Des Moines	Iowa	M/65-69	1500 Meter Run	7:10	3	Bronze	1995
Merle	VanCleve	Des Moines	Iowa	M/70-74	1500 Meter Run	9:19	1	Gold	1995
Madeleo	Blake	Letts	Iowa	M/80-84	1500 Meter Run	10:03.0	1	Gold	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	1500 Meter Run	11:27.0	2	Silver	1995
Helen	James	Monona	Iowa	W/50-54	1500 Meter Run	6:53	1	Gold	1995
Wanda	Glade	Dows	Iowa	W/65-69	1500 Meter Run	8:16	1	Gold	1995
Bertha	Christiansen	Altoona	Iowa	W/55-59	1500 Meter Race/Walk		1	Gold	1995
Franklin	Brown	Des Moines	Iowa	M/60-64	5000 Meter Race/Walk	29:31.4	1	Gold	1995
Richard	Willock	Des Moines	Iowa	M/65-69	5000 Meter Race/Walk	31:32.0	1	Gold	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	5000 Meter Race/Walk	34:09.0	2	Silver	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	5000 Meter Race/Walk	40:33.0	3	Bronze	1995
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	5000 Meter Race/Walk	35:54.0	1	Gold	1995
Dean	Barber	Milford	Iowa	M/70-74	5000 Meter Race/Walk	40:54:00	2	Silver	1995
Madeleo	Blake	Letts	Iowa	M/80-84	5000 Meter Race/Walk	41:53:00	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	5000 Meter Race/Walk	43:23:00	1	Gold	1995
Jean	McClaran	Des Moines	Iowa	W/65-69	5000 Meter Race/Walk	35:40:00	1	Gold	1995
Winifred	Canady	Marion	Iowa	W/70-74	5000 Meter Race/Walk	56:52:00	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	5000 Meter Race/Walk	56:52:00	1	Gold	1995
Gary	Cloud	Ankeny	Iowa	M/50-54	5000 Meter Run	21:09.1	1	Gold	1995
Ruben	Rullan	Urbandale	Iowa	M/50-54	5000 Meter Run	25:23:00	2	Silver	1995
Tom	Novak	Cedar Rapids	Iowa	M/60-64	5000 Meter Run	21:15	1	Gold	1995
Gene	Harding	Des Moines	Iowa	M/60-64	5000 Meter Run	22:09	2	Silver	1995
Bob	McClaran	Des Moines	Iowa	M/65-69	5000 Meter Run	23:58	1	Gold	1995
Richard	Willock	Des Moines	Iowa	M/65-69	5000 Meter Run	24:22:00	2	Silver	1995
Dave	Hurd	Des Moines	Iowa	M/65-69	5000 Meter Run	25:58:00	3	Bronze	1995
George	Brown	Ames	Iowa	M/70-74	5000 Meter Run	25:53:00	1	Gold	1995
Al	Salmon	Gladstone	Missouri	M/55-59	Discus	107'3"	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Discus	52'3"	2	Silver	1995
Otto	Welfring	Marshalltown	Iowa	M/60-64	Discus	125'6"	1	Gold	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Discus	123'11"	2	Silver	1995
Charles	Greenwood	Des Moines	Iowa	M/60-64	Discus	119'6"	3	Bronze	1995
Edward	Failor	Muscatine	Iowa	M/65-69	Discus	90'11"	1	Gold	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Discus	81'9"	2	Silver	1995
Keith	Baker	Clive	Iowa	M/65-69	Discus	65'10"	2	Silver	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Discus	103'7"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Discus	80'1"	1	Gold	1995
Wayne	Devine	Des Moines	Iowa	M/70-74	Discus	74'9"	2	Silver	1995
Dean	Barber	Milford	Iowa	M/70-74	Discus	66'5"	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Discus	82'9"	1	Gold	1995
Robert	Bex	Marion	Iowa	M/75-79	Discus	35'5"	2	Silver	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Discus	99'11"	1	Gold	1995

Wilbur	Ott	Lakeland	Florida	M/80-84	Discus	77'4"	2	Silver	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Discus	72'1"	1	Gold	1995
Donald	Shultz	Des Moines	Iowa	M/80-84	Discus	50'10"	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Discus	45'10"	3	Bronze	1995
Ted	Joplin	Des Moines	Iowa	M/90+	Discus	28'10"	1	Gold	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	Discus	32'11"	1	Gold	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Discus	50'1"	1	Gold	1995
Nancy	Baker	Clive	Iowa	W/60-64	Discus	33'3"	2	Silver	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Discus	32'1"	3	Bronze	1995
Irene	Kerwin	Peoria	Iowa	W/65-69	Discus	60'7"	1	Gold	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	Discus	37'2"	1	Gold	1995
Ernestine	Davis	Des Moines	Iowa	W/65-69	Discus	34'3"	2	Silver	1995
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Discus	33'3"	3	Bronze	1995
Winifred	Canady	Marion	Iowa	W/70-74	Discus	33'7"	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Discus	24'1"	2	Silver	1995
Al	Mathis	Kankakee	Illinois	M/60-64	Running Long Jump	14'	1	Gold	1995
Mike	Smith	Des Moines	Iowa	M/60-64	Running Long Jump	9'7.5"	1	Gold	1995
Richard	Snively	Des Moines	Iowa	M/55-59	Running Long Jump	14'3"	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Running Long Jump	13'9.5"	2	Silver	1995
Ted	Frank	Bellevue	Iowa	M/55-59	Running Long Jump	12'10.5"	2	Silver	1995
Ken	Clark	Des Moines	Iowa	M/55-59	Running Long Jump	14'3.5"	3	Bronze	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Running Long Jump	16'3.5"	1	Gold	1995
Frank	Brown	Des Moines	Iowa	M/60-64	Running Long Jump	14'9"	2	Silver	1995
Bill	Park	Muscatine	Iowa	M/60-64	Running Long Jump	12'3"	3	Bronze	1995
Ed	Failor, Sr.	Muscatine	Iowa	M/65-69	Running Long Jump	12'8"	1	Gold	1995
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	Running Long Jump	11'8.5"	2	Silver	1995
Francis	Taylor	Jefferson	Iowa	M/65-69	Running Long Jump	9'1.5"	3	Bronze	1995
Howard	Dawell	Quincy	Illinois	M/70-74	Running Long Jump	10'5"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Running Long Jump	9'5.5"	1	Gold	1995
Dean	Barber	Milford	Iowa	M/70-74	Running Long Jump	9'1"	2	Silver	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Running Long Jump	7'8"	1	Gold	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Running Long Jump	11'2.25"	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	Running Long Jump	9'3"	1	Gold	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Running Long Jump	7'2"	2	Silver	1995
Wayne	Steward	Knoxville	Iowa	M/80-84	Running Long Jump	3'5.75"	2	Silver	1995
Madeleo	Blake	Letts	Iowa	M/80-84	Running Long Jump	7'1"	3	Bronze	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Running Long Jump	6'4.5"	1	Gold	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	Running Long Jump	6'9.5"	1	Gold	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Running Long Jump	7'4.5"	1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Running Long Jump	6'9.5"	2	Silver	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Running Long Jump	7'1"	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Running Long Jump	6'1"	1	Gold	1995
Marie	Reistroffer	Bellevue	Illinois	W/65-69	Running Long Jump	5'	2	Silver	1995
Frances	Young	Des Moines	Iowa	W/65-69	Running Long Jump	4'10"	3	Bronze	1995
Mike	Murphy	Blue Grass	Iowa	M/55-59	Shot Put	28'2"	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Shot Put	27'4"	2	Silver	1995
Dick	Eaves	Waterloo	Iowa	M/60-64	Shot Put	39'11.5"	1	Gold	1995
Charles	Greenwood	Des Moines	Iowa	M/60-64	Shot Put	39'	2	Silver	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Shot Put	37'3"	3	Bronze	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Shot Put	36'9"	1	Gold	1995
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Shot Put	30'	1	Gold	1995
Edward	Failor	Muscatine	Iowa	M/65-69	Shot Put	29'7"	2	Silver	1995
Robert	Dodd	Des Moines	Iowa	M/65-69	Shot Put	25'7"	3	Bronze	1995
Dean	Barber	Milford	Iowa	M/70-74	Shot Put	30'2"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Shot Put	30'1"	2	Silver	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Shot Put	29'11'	3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	Shot Put	26'11"	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Shot Put	30'	1	Gold	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Shot Put	38'3"	1	Gold	1995
Adolph	Peschke	West Des Moines	Iowa	M/80-84	Shot Put	27'6.5"	1	Gold	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	Shot Put	23'3"	2	Silver	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Shot Put	25'0"	1	Gold	1995
Ted	Joplin	Des Moines	Iowa	M/90+	Shot Put	19'4"	1	Gold	1995
Leona	Gaines	Mt. Veron	Iowa	W/55-59	Shot Put	20'5"	1	Gold	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	Shot Put	16'9"	2	Silver	1995
Wylina	Gardner	Des Moines	Iowa	W/55-59	Shot Put	12'1"	3	Bronze	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Shot Put	22'	1	Gold	1995
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Shot Put	16'	2	Silver	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	Shot Put	20'	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Shot Put	20'	1	Gold	1995

Ernestine	Davis	Des Moines	Iowa	W/65-69	Shot Put	19'3.5"	2	Silver	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Shot Put	18'	2	Silver	1995
Frances	Young	Des Moines	Iowa	W/65-69	Shot Put	11'1.5"	3	Bronze	1995
Winifred	Canady	Marion	Iowa	W/70-74	Shot Put	14'8.5"	1	Gold	1995
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Shot Put	10'3"	2	Silver	1995
Mae	Green	Des Moines	Iowa	W/75-79	Shot Put	10'11"	1	Gold	1995
Pancratya	Eddy	Anita	Iowa	W/85-89	Shot Put	12'6"	1	Gold	1995
Rich	Hordahl	Johnston	Iowa	M/50-54	Standing Long Jump	7'6.75"	1	Gold	1995
Ted	Frank	Belleville	Illinois	M/55-59	Standing Long Jump	7'8.5"	1	Gold	1995
Richard	Lang	Ankeny	Iowa	M/55-59	Standing Long Jump	7'6.5"	1	Gold	1995
Mike	Murphy	Blue Grass	Iowa	M/55-59	Standing Long Jump	7'5.75"	2	Silver	1995
Richard	Snively	Des Moines	Iowa	M/55-59	Standing Long Jump	7'1.5"	3	Bronze	1995
Arnie	Brandt	Sioux City	Iowa	M/60-64	Standing Long Jump	8'4"	1	Gold	1995
Norman	Robinson	Knoxville	Iowa	M/60-64	Standing Long Jump	7'11.5"	2	Silver	1995
John	Watson	St. Joseph	Missouri	M/60-64	Standing Long Jump	7'5.5"	3	Bronze	1995
Bill	Park	Muscatine	Iowa	M/60-64	Standing Long Jump	7'5"	3	Bronze	1995
Ed	Failor	Muscatine	Iowa	M/65-69	Standing Long Jump	7'2"	1	Gold	1995
Raymond	Schumann	Hull	Illinois	M/65-69	Standing Long Jump	6'10.75"	2	Silver	1995
Darrell	Mitchell	Marshalltown	Iowa	M/65-69	Standing Long Jump	6'9"	2	Silver	1995
Francis	Tasler	Jefferson	Iowa	M/65-69	Standing Long Jump	6'4.5"	3	Bronze	1995
Howard	Dewell	Quincy	Illinois	M/70-74	Standing Long Jump	6'4"	1	Gold	1995
Mick	Donahue	West Des Moines	Iowa	M/70-74	Standing Long Jump	6'2"	1	Gold	1995
Leroy	Reistroffer	Bellevue	Iowa	M/70-74	Standing Long Jump	5'9"	2	Silver	1995
Dean	Barber	Milford	Iowa	M/70-74	Standing Long Jump	5'2"	3	Bronze	1995
Orrie	Rew	Iowa City	Iowa	M/75-79	Standing Long Jump	5'10"	1	Gold	1995
E. Lee	Todd	Grant	Nebraska	M/80-84	Standing Long Jump	6'9.5"	1	Gold	1995
Madeleo	Blake	Letts	Iowa	M/80-84	Standing Long Jump	5'10"	1	Gold	1995
Mel	Flachs	Davenport	Iowa	M/80-84	Standing Long Jump	4'9.25"	2	Silver	1995
Wilbur	Ott	Lakeland	Florida	M/80-84	Standing Long Jump	4'8.75"	2	Silver	1995
Donald	Schultz	Des Moines	Iowa	M/80-84	Standing Long Jump	4'4.25"	3	Bronze	1995
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Standing Long Jump	4'8"	1	Gold	1995
Pauline	Robinson	Des Moines	Iowa	W/55-59	Standing Long Jump	4'8.25"	1	Gold	1995
Mary Lou	Lathrum	Altoona	Iowa	W/60-64	Standing Long Jump	5'6"	1	Gold	1995
Dee	Robinson	Knoxville	Iowa	W/60-64	Standing Long Jump	5'5"	2	Silver	1995
Nancy	Baker	Clive	Iowa	W/60-64	Standing Long Jump	3'8"	3	Bronze	1995
Twila	Rankin	Knoxville	Iowa	W/65-69	Standing Long Jump	5'11.25"	1	Gold	1995
Irene	Kerwin	Peoria	Illinois	W/65-69	Standing Long Jump	5'10.5"	1	Gold	1995
Glendoris	Caswell	Des Moines	Iowa	W/65-69	Standing Long Jump	4'5"	2	Silver	1995
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Standing Long Jump	4'	3	Bronze	1995
Winifred	Canady	Marion	Iowa	W/70-74	Standing Long Jump	4'2"	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Meter Backstroke	01:48.1	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	100 Meter Backstroke	02:14.0	2	Silver	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Meter Backstroke	01:43.4	1	Gold	1995
Tom	Lody	Des Moines	Iowa	M/65-69	100 Meter Backstroke	01:52.3	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	100 Meter Backstroke	04:59.8	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	100 Meter Backstroke	01:42.4	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Meter Backstroke	01:56.6	2	Silver	1995
Ivan	Schultz	Humboldt	Iowa	M/90+	100 Meter Backstroke	03:41.1	1	Gold	1995
Dorothy	Whitehead	Des Moines	Iowa	W/60-64	100 Meter Backstroke	01:30.1	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Meter Backstroke	03:18.5	1	Gold	1995
Marijane	Torjesen	Des Moines	Iowa	W/75-79	100 Meter Backstroke	03:27.8	1	Gold	1995
Ronnie	Dankert	Davenport	Iowa	M/50-54	100 Meter Freestyle	01:11.1	1	Gold	1995
John	Beamer	Des Moines	Iowa	M/55-59	100 Meter Freestyle	01:05.8	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Meter Freestyle	01:29.8	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	100 Meter Freestyle	01:51.8	2	Silver	1995
Tom	Cady	Des Moines	Iowa	M/65-69	100 Meter Freestyle	01:17.6	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Meter Freestyle	01:22.6	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	100 Meter Freestyle	04:15.1	3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Meter Freestyle	01:20.8	1	Gold	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	100 Meter Freestyle	01:20.8	1	Gold	1995
Bill	Mekemson	Humboldt	Iowa	M/70-74	100 Meter Freestyle	01:48.4	2	Silver	1995
Ivan	Schultz	Humboldt	Iowa	M/90+	100 Meter Freestyle	03:32.2	1	Gold	1995
Kathleen	Dankert	Davenport	Iowa	W/50-54	100 Meter Freestyle	01:59.8	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Meter Freestyle	03:11.6	1	Gold	1995
Marijane	Torjesen	Des Moines	Iowa	W/75-79	100 Meter Freestyle		1	Gold	1995
John	Beamer	Des Moines	Iowa	M/55-59	200 Meter Freestyle	02:35.7	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	200 Meter Freestyle	03:05.6	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	200 Meter Freestyle	04:13.2	2	Silver	1995
Tom	Cady	Des Moines	Iowa	M/65-69	200 Meter Freestyle	03:00.9	1	Gold	1995

Stuart	Ashmead	Ottumwa	Iowa	M/65-69	200 Meter Freestyle	03:00.1	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	200 Meter Freestyle	09:02.4	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	200 Meter Freestyle	03:17.1	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	200 Meter Freestyle	03:31.5	2	Silver	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	200 Meter Freestyle	06:55.7	1	Gold	1995
Marijane	Torjesen	Des Moines	Iowa	W/75-79	200 Meter Freestyle	07:09.1	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	100 Meter Breastroke	01:34.8	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	100 Meter Breastroke	02:29.9	2	Silver	1995
Tom	Cady	Des Moines	Iowa	M/65-69	100 Meter Breastroke	01:43.9	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Meter Breastroke	01:49.6	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	100 Meter Breastroke	04:56.6	3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	100 Meter Breastroke	02:07.3	1	Gold	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	100 Meter Breastroke	02:39.8	2	Silver	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Meter Breastroke	03:48.8	1	Gold	1995
Marijane	Torgesen	Des Moines	Iowa	W/75-79	100 Meter Breastroke	05:41.8	1	Gold	1995
John	Beamer	Des Moines	Iowa	W/55-59	100 Meter Butterfly	01:42.3	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	W/60-64	100 Meter Butterfly	01:31.5	1	Gold	1995
John	Reed	Urbandale	Iowa	W/65-69	100 Meter Butterfly	06:14.7	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	W/70-74	100 Meter Butterfly	01:54.8	1	Gold	1995
John	Beamer	Des Moines	Iowa	M/55-59	200 Meter Individual Medley	03:14.9	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	200 Meter Individual Medley	03:12.0	1	Gold	1995
Tom	Cady	Des Moines	Iowa	M/65-69	200 Meter Individual Medley	03:36.6	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	200 Meter Individual Medley	03:40.5	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	200 Meter Individual Medley	11:24.5	3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	200 Meter Individual Medley	4:16	1	Gold	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	200 Meter Individual Medley	04:37.0	2	Silver	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Meter Backstroke	12:00.0	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Meter Backstroke	24:00.0	2	Silver	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Meter Backstroke	40:48.0	1	Gold	1995
Tom	Cady	Des Moines	Iowa	M/65-69	50 Meter Backstroke	26:24.0	2	Silver	1995
Christian	Fath	Des Moines	Iowa	M/65-69	50 Meter Backstroke	01:22.6	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Meter Backstroke	00:00.0	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Meter Backstroke	48:00.0	2	Silver	1995
Bill	Mekemson	Humboldt	Iowa	M/70-74	50 Meter Backstroke	21:36.0	3	Bronze	1995
Ivan	Schultz	Humboldt	Iowa	M/90+	50 Meter Backstroke	01:46.8	1	Gold	1995
Dorothy	Whitehead	Des Moines	Iowa	W/60-64	50 Meter Backstroke	40.54	1	Gold	1995
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	50 Meter Backstroke	44.5	1	Gold	1995
Jodie	McKay	Des Moines	Iowa	W/65-69	50 Meter Backstroke	01:08.8	2	Silver	1995
Charlene	Stevenson	Knoxville	Iowa	W/65-69	50 Meter Backstroke	01:49.4	3	Bronze	1995
Laura	Boehmler	Knoxville	Iowa	W/70-74	50 Meter Backstroke	01:10.0	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Meter Backstroke	01:31.8	2	Silver	1995
Marijane	Torjesen	Des Moines	Iowa	W/75-79	50 Meter Backstroke	01:33.3	1	Gold	1995
John	Beamer	Des Moines	Iowa	M/55-59	50 Meter Butterfly	36.39	1	Gold	1995
Sam	Chilton	Omaha	Iowa	M/60-64	50 Meter Butterfly	40.77	1	Gold	1995
Tom	Cady	Des Moines	Iowa	M/65-69	50 Meter Butterfly	46.55	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Meter Butterfly	54.07	2	Silver	1995
John	Reed	Urbandale	Iowa	M/65-69	50 Meter Butterfly	02:49.1	3	Bronze	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Meter Butterfly	47.75	1	Gold	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Meter Butterfly	56.94	2	Silver	1995
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	50 Meter Butterfly	48.75	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Meter Breastroke	41.12	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Meter Breastroke	01:08.8	2	Silver	1995
Tom	Cady	Des Moines	Iowa	M/65-69	50 Meter Breastroke	44.02	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Meter Breastroke	45.41	2	Silver	1995
Christian	Fath	Des Moines	Iowa	M/65-69	50 Meter Breastroke	01:26.7	3	Bronze	1995
John	Reed	Urbandale	Iowa	M/65-69	50 Meter Breastroke	02:17.7	4		1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Meter Breastroke	53.88	1	Gold	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Meter Breastroke	58.75	2	Silver	1995
Howard	Dewell	Quincy	Illinois	M/70-74	50 Meter Breastroke	01:15.7	3	Bronze	1995
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	50 Meter Breastroke	53.12	1	Gold	1995
Jodie	McKay	Des Moines	Iowa	W/65-69	50 Meter Breastroke	01:03.9	2	Silver	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Meter Breastroke	01:36.6	1	Gold	1995
Marijane	Torgesen	Des Moines	Iowa	W/75-79	50 Meter Breastroke	03:04.3	1	Gold	1995
Ronnie	Dankert	Davenport	Iowa	M/50-54	50 Meter Freestyle	29.98	1	Gold	1995
Ruben	Rullan	Urbandale	Iowa	M/50-54	50 Meter Freestyle	45.5	2	Silver	1995

John	Beamer	Des Moines	Iowa	M/55-59	50 Meter Freestyle	29.81	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	50 Meter Freestyle	36.12	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Meter Freestyle	44.37	2	Silver	1995
Tom	Cady	Des Moines	Iowa	M/65-69	50 Meter Freestyle	36.18	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Meter Freestyle	36.74	2	Silver	1995
Christian	Fath	Des Moines	Iowa	M/65-69	50 Meter Freestyle	01:04.3	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Meter Freestyle	34.75	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	M/70-74	50 Meter Freestyle	35.19	2	Silver	1995
Roy	McKay	Des Moines	Iowa	M/70-74	50 Meter Freestyle	46.86	3	Bronze	1995
Ivan	Schultz	Humboldt	Iowa	M/90+	50 Meter Freestyle	01:25.6	1	Gold	1995
Kathleen	Dankert	Davenport	Iowa	W/50-54	50 Meter Freestyle	45.23	1	Gold	1995
Judy	Chadima	Cedar Rapids	Iowa	W/65-69	50 Meter Freestyle	38.5	1	Gold	1995
Jodie	McKay	Des Moines	Iowa	W/65-69	50 Meter Freestyle	01:00.9	2	Silver	1995
Charlene	Stevenson	Knoxville	Iowa	W/65-69	50 Meter Freestyle	01:23.2	3	Bronze	1995
Laura	Boehmler	Knoxville	Iowa	W/70-74	50 Meter Freestyle	38:24.0	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Meter Freestyle	01:37.4	2	Silver	1995
Marijane	Torjesen	Des Moines	Iowa	W/75-79	50 Meter Freestyle	1:31	1	Gold	1995
John	Beamer	Des Moines	Iowa	M/55-59	200 Meter Backstroke	03:25.0	1	Gold	1995
Sam	Chilton	Omaha	Nebraska	M/60-64	200 Meter Backstroke	03:34.5	1	Gold	1995
Richard	Hekl	Omaha	Nebraska	M/60-64	200 Meter Backstroke	04:43.1	2	Silver	1995
Stuart	Ashmead	Ottumwa	Iowa	W/65-69	200 Meter Backstroke	03:50.7	1	Gold	1995
Christian	Fath	Des Moines	Iowa	W/65-69	200 Meter Backstroke	06:17.0	2	Silver	1995
John	Reed	Urbandale	Iowa	W/65-69	200 Meter Backstroke	11:19.0	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa	W/70-74	200 Meter Backstroke	03:56.9	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa	W/70-74	200 Meter Backstroke	04:35.6	2	Silver	1995
Ivan	Schultz	Humboldt	Iowa	W/70-74	200 Meter Backstroke	07:21.8	1	Gold	1995
Dorothy	Whitehead	Des Moines	Iowa		200 Meter Backstroke	03:18.2	1	Gold	1995
Judy	Chadima	Cedar Rapids	Iowa		200 Meter Backstroke	03:29.2	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa		200 Meter Backstroke	06:59.4	1	Gold	1995
Marijane	Torjesen	Des Moines	Iowa		200 Meter Backstroke	07:18.7	1	Gold	1995
Ruben	Rullan	Urbandale	Iowa		400 Meter Freestyle	08:36.6	1	Gold	1995
John	Beamer	Des Moines	Iowa		400 Meter Freestyle	05:38.2	1	Gold	1995
Sam	Chilton	Omaha	Nebraska		400 Meter Freestyle	06:30.7	1	Gold	1995
Tom	Cady	Des Moines	Iowa		400 Meter Freestyle	06:38.6	1	Gold	1995
Stuart	Ashmead	Ottumwa	Iowa		400 Meter Freestyle	06:57.0	2	Silver	1995
Christian	Fath	Des Moines	Iowa		400 Meter Freestyle	10:17.8	3	Bronze	1995
George	Henry	Cedar Rapids	Iowa		400 Meter Freestyle	07:18.8	1	Gold	1995
Jim	Kempkes	Des Moines	Iowa		400 Meter Freestyle	08:16.3	2	Silver	1995
Judy	Chadima	Cedar Rapids	Iowa		400 Meter Freestyle	06:42.6	1	Gold	1995
Jackie	Isham	West Des Moines	Iowa		400 Meter Freestyle	14:44.8	1	Gold	1995
Marijane	Torgesen	Des Moines	Iowa		400 Meter Freestyle	15:56.1	1	Gold	1995