



2008 Official Results

The 2008 Iowa Senior Olympics attracted over 600 participants from 124 different cities around the State of Iowa and 15 additional states across the country. Men and women age 50 and above competed in more than 50 events.

Gold, Silver and Bronze medals were awarded to winners from Iowa as well as out-of-state athletes who placed in the overall top three in the event. Out-of-state athletes are marked in the results with a (#) before their rank. Athletes are awarded based on rank and age as well as residence.

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Thank you for your contributions to the 2008 Iowa Senior Olympics.
Athlete and friends support totaled over \$2100!
Iowa Senior Olympians – strong bodies/warm hearts.

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Ed Failor, Sr.

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Harold Templeman
Don Utsinger
Stanley Wheelchel
Dorothy Whitehead
Emily Whittle
Steve Wilson

BADMINTON

SINGLES

MEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u> Mahmud Iqbal	1 st	Johnston	IA
	<u>Overall Top 3</u> #Rajeev Trehan	1 st	Lawrence	KS
	Mahmud Iqbal	2 nd	Johnston	IA
55-59	<u>Iowa Top 3</u> No entries			
	<u>Overall Top 3</u> #Ben Desmond	1 st	Kearney	NE
60-64	<u>Iowa Top 3</u> Randal Schuh	1 st	Fort Dodge	IA
	<u>Overall Top 3</u> #Dave Waggoner	1 st	Kearney	NE
	Randal Schuh	2 nd	Fort Dodge	IA
	#Jon Benedict	3 rd	Fayetteville	AR
70-74	<u>Iowa Top 3</u> Carroll Marty	1 st	Ames	IA
	<u>Overall Top 3</u> #Robert McFarland	1 st	Grand Island	NE
	Carroll Marty	2 nd	Ames	IA
	#John McGinty	3 rd	Indianapolis	IN
80-84	<u>Iowa Top 3</u> George Beran	1 st	Ames	IA
	<u>Overall Top 3</u> George Beran	1 st	Ames	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u> Anne Stark	1 st	Nevada	IA

	<u>Overall Top 3</u>			
	Anne Stark	1 st	Nevada	IA
	#Susan Anderson	2 nd	Tucson	AZ
60-64	<u>Iowa Top 3</u>			
	No entries			
	<u>Overall Top 3</u>			
	#Carolyn Foster	1 st	St Paul	MN
	#Normimah Benedict	2 nd	Fayetteville	AR
70-74	<u>Iowa Top 3</u>			
	Dawn McDonald	1 st	Ames	IA
	<u>Overall Top 3</u>			
	Dawn McDonald	1 st	Ames	IA
75-79	<u>Iowa Top 3</u>			
	Jan Beran	1 st	Ames	IA
	<u>Overall Top 3</u>			
	Jan Beran	1 st	Ames	IA

DOUBLES

MEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Iqbal/Trehan	1 st	Johnston/Lawrence	IA/KS
	<u>Overall Top 3</u>			
	Iqbal/Trehan	1 st	Johnston/Lawrence	IA/KS
55-59	<u>Iowa Top 3</u>			
	No entries			
	<u>Overall Top 3</u>			
	#Desmond/Waggoner	1 st	Kearney/Kearney	NE/NE
60-64	<u>Iowa Top 3</u>			
	Davis/Wicks	1 st	Adel/Boone	IA/IA
	Beran/Benedict	2 nd	Ames/Fayetteville	IA/AR
	Rounds/Schuh	3 rd	Boone/Fort Dodge	IA/IA
	<u>Overall Top 3</u>			
	Davis/Wicks	1 st	Adel/Boone	IA/IA
	Beran/Benedict	2 nd	Ames/Fayetteville	IA/AR
	Rounds/Schuh	3 rd	Boone/Fort Dodge	IA/IA

70-74	<u>Iowa Top 3</u> Elgin/McFarland	1 st	WDM/Grand Island	IA/NE
	<u>Overall Top 3</u> Elgin/McFarland	1 st	WDM/Grand Island	IA/NE
	#Marciniak/McGinty	2 nd	Dyer/Indianapolis	IN/IN

DOUBLES

WOMEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u> Beran/Stark	1 st	Ames/Nevada	IA/IA
	<u>Overall Top 3</u> Beran/Stark	1 st	Ames/Nevada	IA/IA
60-64	<u>Iowa Top 3</u> No entries			
	<u>Overall Top 3</u> #Benedict/Foster	1 st	Fayetteville/St Paul	AR/NE

MIXED DOUBLES

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u> Stark/Wicks	1 st	Nevada/Boone	IA/IA
	Stark/Trehan	2 nd	Nevada/Lawrence	IA/KS
	<u>Overall Top 3</u> Stark/Wicks	1 st	Nevada/Boone	IA/IA
	#Anderson/Anderson	2 nd	Tucson/Tucson	AZ/AZ
	Stark/Trehan	3 rd	Nevada/Lawrence	IA/KS
60-64	<u>Iowa Top 3</u> No entries			
	<u>Overall Top 3</u> #Foster/McFarland	1 st	St Paul/Grand Island	NE/NE
	#Benedict/Benedict	2 nd	Fayetteville/Fayetteville	AR/AR
70-74	<u>Iowa Top 3</u> Elgin/McDonald	1 st	WDM/Ames	IA/IA
	<u>Overall Top 3</u> Elgin/McDonald	1 st	WDM/Ames	IA/IA

75-79	<u>Iowa Top 3</u> Beran/Beran	1 st	Ames/Ames	IA/IA
	<u>Overall Top 3</u> Beran/Beran	1 st	Ames/Ames	IA/IA

BASKETBALL

AROUND-THE-WORLD

MEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Jay Cimburek	9 1 st	Grimes	IA
	Mike Schwake	9 1 st	Nevada	IA
	Greg Palmersheim	8 2 nd	Des Moines	IA
	Bob Nelson	4 3 rd	WDM	IA
	<u>Overall Top 3</u>			
	Jay Cimburek	9 1 st	Grimes	IA
	Mike Schwake	9 1 st	Nevada	IA
	Greg Palmersheim	8 2 nd	Des Moines	IA
	Gary Shank	7 3 rd	Mohmouth	IA
55-59	<u>Iowa Top 3</u>			
	Dennis Posekany	9 1 st	Cedar Rapids	IA
	Michael Berkey	7 2 nd	Le Grand	IA
	<u>Overall Top 3</u>			
	Dennis Posekany	9 1 st	Cedar Rapids	IA
	Michael Berkey	7 2 nd	Le Grand	IA
	#Ben Desmond	4 3 rd	Kearney	NE
60-64	<u>Iowa Top 3</u>			
	Ron Peterson	11 1 st	Waukee	IA
	Michael Seyfer	10 2 nd	Cedar Rapids	IA
	Gary Mueggenberg	8 3 rd	Urbandale	IA
	<u>Overall Top 3</u>			
	Ron Peterson	11 1 st	Waukee	IA
	#Robert Kranz	11 1 st	Kapaa	HI
	Michael Seyfer	10 2 nd	Cedar Rapids	IA
	Gary Mueggenberg	8 3 rd	Urbandale	IA

65-69	<u>Iowa Top 3</u>				
	Frank Perez	10	1 st	WDM	IA
	Phil Miller	9	2 nd	Conrad	IA
	James Polito	6	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Frank Perez	10	1 st	WDM	IA
	Phil Miller	9	2 nd	Conrad	IA
	#Michael McNamee	7	3 rd	Alton	IL
70-74	<u>Iowa Top 3</u>				
	Fred Bankus	7	1 st	Pella	IA
	George Long	7	1 st	Urbandale	IA
	Richard Anderson	7	2 nd	WDM	IA
	Jerry Triplett	7	2 nd	Winterset	IA
	Richard Baskerville	6	3 rd	WDM	IA
	Ken Clark	6	3 rd	Urbandale	IA
	<u>Overall Top 3</u>				
	#Ernie Kucera	13	1 st	Bellevue	NE
	#John McGinty	11	2 nd	Indianapolis	IN
	#Wesley Pearce	11	2 nd	Lincoln	NE
	#David Easterla	8	3 rd	Maryville	MO
75-79	<u>Iowa Top 3</u>				
	Bill Park	9	1 st	Muscatine	IA
	Tom Little	8	2 nd	Knoxville	IA
	Ralph Scott	7	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Bill Park	9	1 st	Muscatine	IA
	Tom Little	8	2 nd	Knoxville	IA
	Ralph Scott	7	3 rd	WDM	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	12	1 st	Iowa City	IA
	Robert Thompson	12	2 nd	Des Moines	IA
	Darrell Mitchell	9	3 rd	Marshalltown	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	12	1 st	Iowa City	IA
	Robert Thompson	12	2 nd	Des Moines	IA
	Darrell Mitchell	9	3 rd	Marshalltown	IA

85-89 Iowa Top 3
No Entries

Overall Top 3

#Howard Dewell 9 1st Quincy IL

AROUND-THE-WORLD

WOMEN

Age Cat.	Name	Score/Place	City	State
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50-54	<u>Iowa Top 3</u>			
	Rita Leitzinger	12 1 st	Norwalk	IA
	Nancy Campbell	8 2 nd	WDM	IA
	Karla Honn	7 3 rd	Waukon	IA

Overall Top 3

	Rita Leitzinger	12 1 st	Norwalk	IA
	Nancy Campbell	8 2 nd	WDM	IA
	Karla Honn	7 3 rd	Waukon	IA

55-59	<u>Iowa Top 3</u>			
	Jacki Kragel	8 1 st	Waukee	IA
	Roberta Blakeman	5 2 nd	Altoona	IA
	Irene Nelson	5 3 rd	Des Moines	IA

Overall Top 3

	Jacki Kragel	8 1 st	Waukee	IA
	Roberta Blakeman	5 2 nd	Altoona	IA
	Irene Nelson	5 3 rd	Des Moines	IA

60-64	<u>Iowa Top 3</u>			
	Barb McPherson	9 1 st	Lansing	IA
	Brenda Brock	7 2 nd	Adel	IA

Overall Top 3

	Barb McPherson	9 1 st	Lansing	IA
	Brenda Brock	7 2 nd	Adel	IA

65-69	<u>Iowa Top 3</u>			
	Linda Toerper	8 1 st	Cedar Rapids	IA
	Emily Whittle	8 2 nd	Altoona	IA
	Jean Minahan	4 3 rd	Des Moines	IA

Overall Top 3

	#Rosie Melichar	12 1 st	Aurora	CO
	Linda Toerper	8 1 st	Cedar Rapids	IA
	Emily Whittle	8 2 nd	Altoona	IA

70-74	<u>Iowa Top 3</u>					
	Vi Darsee	9	1 st	Clive	IA	
	Ruth Little	5	2 nd	Knoxville	IA	
	Carol Linderman	2	3 rd	Clive	IA	

<u>Overall Top 3</u>					
Vi Darsee	9	1 st	Clive	IA	
Ruth Little	5	2 nd	Knoxville	IA	
Carol Linderman	2	3 rd	Clive	IA	

75-79	<u>Iowa Top 3</u>					
	Glendoris Caswell	8	1 st	Des Moines	IA	
	Carolyn Dodd	7	2 nd	Des Moines	IA	
	Nancy Baker	2	3 rd	Clive	IA	

<u>Overall Top 3</u>					
Glendoris Caswell	8	1 st	Des Moines	IA	
Carolyn Dodd	7	2 nd	Des Moines	IA	
#Alice Purdes	6	3 rd	Madison	IL	

FREE THROW

MEN

Age Cat.	Name	Score/Place	City	State	
50-54	<u>Iowa Top 3</u>				
	Mike Schwake	14	1 st	Nevada	IA
	Greg Palmersheim	11	2 nd	Des Moines	IA
	Jay Cimburek	11	3 rd	Grimes	IA
	<u>Overall Top 3</u>				
	Mike Schwake	13	1 st	Nevada	IA
	#Garry Pirch	12	2 nd	Rich Hill	MO
Greg Palmersheim	11	2 nd	Des Moines	IA	
55-59	<u>Iowa Top 3</u>				
	Michael Berkey	12	1 st	Le Grand	IA
	Dennis Posekany	12	2 nd	Cedar Rapids	IA
	<u>Overall Top 3</u>				
	Michael Berkey	12	1 st	Le Grand	IA
	Dennis Posekany	12	2 nd	Cedar Rapids	IA
	#Ben Desmond	10	3 rd	Kearney	NE
60-64	<u>Iowa Top 3</u>				
	Dennis Davis	13	1 st	Adel	IA
	Michael Seyfer	13	1 st	Cedar Rapids	IA
	Ron Peterson	13	2 nd	Waukee	IA

	Tarry Cory	12	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Dennis Davis	13	1 st	Adel	IA
	Michael Seyfer	13	1 st	Cedar Rapids	IA
	#Bob Stepaniak	13	2 nd	Fairbault	MN
	Ron Peterson	13	3 rd	Waukee	IA
65-69	<u>Iowa Top 3</u>				
	Phil Miller	10	1 st	Conrad	IA
	Wayne Hugen	10	2 nd	Des Moines	IA
	Frank Perez	9	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Michael McNamee	12	1 st	Alton	IL
	Phil Miller	10	1 st	Conrad	IA
	Wayne Hugen	10	2 nd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	George Long	13	1 st	Urbandale	IA
	Richard Anderson	10	2 nd	WDM	IA
	Fred Bankus	8	3 rd	Pella	IA
	<u>Overall Top 3</u>				
	#Ernie Kucera	15	1 st	Bellevue	NE
	George Long	13	2 nd	Urbandale	IA
	#Raymond Boland	12	3 rd	Deerfield	WI
75-79	<u>Iowa Top 3</u>				
	John Kane	11	1 st	Boone	IA
	Bill Park	10	2 nd	Muscatine	IA
	Ralph Scott	10	2 nd	WDM	IA
	Tom Little	8	3 rd	Knoxville	IA
	<u>Overall Top 3</u>				
	John Kane	11	1 st	Boone	IA
	Bill Park	10	2 nd	Muscatine	IA
	Ralph Scott	10	2 nd	WDM	IA
	Tom Little	8	3 rd	Knoxville	IA
80-84	<u>Iowa Top 3</u>				
	Robert Thompson	10	1 st	Des Moines	IA
	Stan Aldinger	8	2 nd	Iowa City	IA
	Keith Baker	7	3 rd	Clive	IA
	Jack Nicholson	7	3 rd	WDM	IA

Overall Top 3

Robert Thompson	10	1 st	Des Moines	IA
Stan Aldinger	8	2 nd	Iowa City	IA
Keith Baker	7	3 rd	Clive	IA
Jack Nicholson	7	3 rd	WDM	IA

85-89

Iowa Top 3

No Entries

Overall Top 3

#Howard Dewell	7	1 st	Quincy	IL
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FREE THROW

WOMEN

Age Cat.	Name	Score/Place	City	State
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50-54

Iowa Top 3

Rita Leitzinger	8	1 st	Norwalk	IA
Karla Honn	7	2 nd	Waukon	IA
Cheryl Sander	6	3 rd	Altoona	IA

Overall Top 3

Rita Leitzinger	8	1 st	Norwalk	IA
Karla Honn	7	2 nd	Waukon	IA
Cheryl Sander	6	3 rd	Altoona	IA

55-59

Iowa Top 3

Jacki Kragel	9	1 st	Waukee	IA
Roberta Blakeman	6	2 nd	Altoona	IA
Irene Nelson	1	3 rd	Des Moines	IA

Overall Top 3

Jacki Kragel	9	1 st	Waukee	IA
Roberta Blakeman	6	2 nd	Altoona	IA
Irene Nelson	1	3 rd	Des Moines	IA

60-64

Iowa Top 3

Barb McPherson	5	1 st	Lansing	IA
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Overall Top 3

Barb McPherson	5	1 st	Lansing	IA
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65-69

Iowa Top 3

Jean Minahan	9	1 st	Des Moines	IA
Emily Whittle	9	2 nd	Altoona	IA
Linda Toerper	7	3 rd	Cedar Rapids	IA

	<u>Overall Top 3</u>				
	#Rosie Melichar	13	1 st	Aurora	CO
	Jean Minahan	9	2 nd	Des Moines	IA
	Emily Whittle	9	3 rd	Altoona	IA
70-74	<u>Iowa Top 3</u>				
	Vi Darsee	8	1 st	Clive	IA
	Ruth Little	6	2 nd	Knoxville	IA
	Carol Linderman	2	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Vi Darsee	8	1 st	Clive	IA
	Ruth Little	6	2 nd	Knoxville	IA
	Carol Linderman	2	3 rd	Clive	IA
	#Barbara Gardner	2	3 rd	Lawson	MO
75-79	<u>Iowa Top 3</u>				
	Nancy Baker	6	1 st	Clive	IA
	Glendoris Caswell	4	2 nd	Des Moines	IA
	Carolyn Dodd	3	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Nancy Baker	6	1 st	Clive	IA
	#Alice Purdes	5	2 nd	Madison	IL
	Glendoris Caswell	4	3 rd	Des Moines	IA

BOCCE BALL

SINGLES		MEN		
Age Cat.	Name	Place	City	State
60-64	<u>Iowa Top 3</u>			
	Ron Peterson	1 st	Waukee	IA
	Richard Rounds	2 nd	Boone	IA
	<u>Overall Top 3</u>			
	Ron Peterson	1 st	Waukee	IA
	Richard Rounds	2 nd	Boone	IA
65-69	<u>Iowa Top 3</u>			
	Wayne Hugen	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Wayne Hugen	1 st	Des Moines	IA

70-74	<u>Iowa Top 3</u>			
	Ronald Kolbe	1 st	Sac City	IA
	Fred Bankus	2 nd	Pella	IA
	<u>Overall Top 3</u>			
	Ronald Kolbe	1 st	Sac City	IA
	Fred Bankus	2 nd	Pella	IA
80-84	<u>Iowa Top 3</u>			
	Frank Sechovec	1 st	WDM	IA
	<u>Overall Top 3</u>			
	Frank Sechovec	1 st	WDM	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Irene Nelson	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Irene Nelson	1 st	Des Moines	IA
65-69	<u>Iowa Top 3</u>			
	Lois Kolbe	1 st	Sac City	IA
	<u>Overall Top 3</u>			
	Lois Kolbe	1 st	Sac City	IA
70-74	<u>Iowa Top 3</u>			
	Wylene Gardner	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	#Barbara Gardner	1 st	Lawson	MO
	Wylene Gardner	2 nd	Des Moines	IA

BOWLING

SINGLES

MEN

Age Cat.	Name	Score	Place	City	State
55-59	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Thomas DeGeare	556	1 st	Wentzville	MO

60-64	<u>Iowa Top 3</u>				
	Marvin Burton	694	1 st	Des Moines	IA
	Jerry Coughlin	561	2 nd	Marshalltown	IA
	Jerry Kersey	540	3 rd	Harvey	IA
	<u>Overall Top 3</u>				
	Marvin Burton	694	1 st	Des Moines	IA
Jerry Coughlin	561	2 nd	Marshalltown	IA	
Jerry Kersey	540	3 rd	Harvey	IA	
65-69	<u>Iowa Top 3</u>				
	Mike Schaumburg	635	1 st	WDM	IA
	James Polito	600	2 nd	Des Moines	IA
	Jarrett Griffith	560	3 rd	Sioux City	IA
	<u>Overall Top 3</u>				
	Mike Schaumburg	635	1 st	WDM	IA
James Polito	600	2 nd	Des Moines	IA	
Jarrett Griffith	560	3 rd	Sioux City	IA	
70-74	<u>Iowa Top 3</u>				
	Larry Favourite	613	1 st	Solon	IA
	James Smith	474	2 nd	Maxwell	IA
	Gordon Nell	443	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Larry Favourite	613	1 st	Solon	IA
James Smith	474	2 nd	Maxwell	IA	
Gordon Nell	443	3 rd	WDM	IA	
75-79	<u>Iowa Top 3</u>				
	William Shukers	544	1 st	Cedar Rapids	IA
<u>Overall Top 3</u>					
William Shukers	544	1 st	Cedar Rapids	IA	
80-84	<u>Iowa Top 3</u>				
	Arnold Geske	480	1 st	Boone	IA
	Darrell Mitchell	459	2 nd	Marshalltown	IA
	Bud Peterson	454	3 rd	Galva	IA
	<u>Overall Top 3</u>				
	Arnold Geske	480	1 st	Boone	IA
Darrell Mitchell	459	2 nd	Marshalltown	IA	
Bud Peterson	454	3 rd	Galva	IA	

85-89 Iowa Top 3
 Russell Nelson 514 1st Des Moines IA

Overall Top 3
 Russell Nelson 514 1st Des Moines IA

SINGLES

WOMEN

Age Cat.	Name	Score	Place	City	State
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55-59 Iowa Top 3
 Julie Herdliska 510 1st Norway IA
 Barb Denny 492 2nd Solon IA
 Roberta Blakeman 400 3rd Altoona IA

Overall Top 3
 Julie Herdliska 510 1st Norway IA
 Barb Denny 492 2nd Solon IA
 #Linda DeGeare 452 3rd Wentzville MO

65-69 Iowa Top 3
 No Entries

Overall Top 3
 #Carol Weise 496 1st Sebring FL
 #Charlotte Weisser 487 2nd Lincoln NE

70-74 Iowa Top 3
 Gloria Griffiths 472 1st Sioux City IA
 Charlotte Rutledge 456 2nd Des Moines IA

Overall Top 3
 Gloria Griffiths 472 1st Sioux City IA
 Charlotte Rutledge 456 2nd Des Moines IA
 #Barbara Gardner 411 3rd Lawson MO

75-79 Iowa Top 3
 No Entries

Overall Top 3
 #Alice Purdes 486 1st Madison IL

80-84 Iowa Top 3
 Dorothy Milton 450 1st Des Moines IA

Overall Top 3
 Dorothy Milton 450 1st Des Moines IA

DOUBLES**MEN**

Age Cat.	Name	Score	Place	City	State
55-59	<u>Iowa Top 3</u> Griffith/DeGeare	1044	1 st	Sioux City/Wentzville	IA/MO
	<u>Overall Top 3</u> Griffith/DeGeare	1044	1 st	Sioux City/Wentzville	IA/MO
60-64	<u>Iowa Top 3</u> Kersey/Polito	1226	1 st	Harvey/Des Moines	IA/IA
	Coughlin/Mitchell	1104	2 nd	Marshalltn/Marshalltn	IA/IA
	Burton/Schaumburg	1085	3 rd	Des Moines/WDM	IA/IA
	<u>Overall Top 3</u> Kersey/Polito	1226	1 st	Harvey/Des Moines	IA/IA
	Coughlin/Mitchell	1104	2 nd	Marshalltn/Marshalltn	IA/IA
	Burton/Schaumburg	1085	3 rd	Des Moines/WDM	IA/IA
65-69	<u>Iowa Top 3</u> Huggins/Smith	1206	1 st	Maxwell/Maxwell	IA/IA
	Marley/Weise	1047	2 nd	WDM/Sebring	IA/FL
	<u>Overall Top 3</u> Huggins/Smith	1206	1 st	Maxwell/Maxwell	IA/IA
	Marley/Weise	1047	2 nd	WDM/Sebring	IA/FL
70-74	<u>Iowa Top 3</u> Favourite/Shukers	1052	1 st	Solon/Cedar Rapids	IA/IA
	Bankus/Nelson	847	2 nd	Pella/Cedar Rapids	IA/IA
	<u>Overall Top 3</u> Favourite/Shukers	1052	1 st	Solon/Cedar Rapids	IA/IA
	Bankus/Nelson	847	2 nd	Pella/Cedar Rapids	IA/IA

DOUBLES**WOMEN**

Age Cat.	Name	Score	Place	City	State
55-59	<u>Iowa Top 3</u> Montgomery/Rutledge	982	1 st	Ankeny/Des Moines	IA/IA
	Denny/Herdliska	964	2 nd	Solon/Norway	IA/IA
	Griffiths/DeGeare	892	3 rd	Sioux City/Wentzville	IA/MO
	<u>Overall Top 3</u> Montgomery/Rutledge	982	1 st	Ankeny/Des Moines	IA/IA
	Denny/Herdliska	964	2 nd	Solon/Norway	IA/IA
	Griffiths/DeGeare	892	3 rd	Sioux City/Wentzville	IA/MO

65-69	<u>Iowa Top 3</u> Milton/Weise	871	1 st	Des Moines/Sebring	IA/FL
	<u>Overall Top 3</u> #Purdes/Weisse	1032	1 st	Madison/Lincoln	IL/NE
	Milton/Weise	871	2 nd	Des Moines/Sebring	IA/FL

MIXED DOUBLES

Age Cat.	Name	Score	Place	City	State
55-59	<u>Iowa Top 3</u> Herdliiska/Shukers	1102	1 st	Norway/Cedar Rapids	IA/IA
	Davidson/Montgomery	1004	2 nd	Des Moines/Ankeny	IA/IA
	Denny/Favourite	914	3 rd	Solon/Solon	IA/IA
	<u>Overall Top 3</u> Herdliiska/Shukers	1102	1 st	Norway/Cedar Rapids	IA/IA
	#DeGeare/DeGeare	1013	2 nd	Wentzville/Wentzville	MO/MO
	Davidson/Montgomery	1004	3 rd	Des Moines/Ankeny	IA/IA
60-64	<u>Iowa Top 3</u> Kersey/Rutledge	1150	1 st	Harvey/Des Moines	IA/IA
	<u>Overall Top 3</u> Kersey/Rutledge	1150	1 st	Harvey/Des Moines	IA/IA
65-69	<u>Iowa Top 3</u> Polito/Purdes	1097	1 st	Des Moines/Madison	IA/IL
	Griffiths/Griffiths	923	2 nd	Sioux City/Sioux City	IA/IA
	Marley/Milton	880	3 rd	WDM/Des Moines	IA/IA
	<u>Overall Top 3</u> Polito/Purdes	1097	1 st	Des Moines/Madison	IA/IL
	#Weisser/Weisser	1090	2 nd	Lincoln/Lincoln	NE/NE
	#Weise/Weise	1006	3 rd	Sebring/Sebring	FL/FL
70-74	<u>Iowa Top 3</u> Bankus/Gardner	847	1 st	Pella/Lawson	IA/MO
	<u>Overall Top 3</u> Bankus/Gardner	847	1 st	Pella/Lawson	IA/MO

CYCLING

5K TIME TRIAL**MEN**

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Danny Kruzic	8:20	1 st	WDM	IA
	David Ertl	8:56	2 nd	Waukee	IA
	<u>Overall Top 3</u>				
	#Dennis Weinbeck	7:38	1 st	Topeka	KS
	Danny Kruzic	8:20	2 nd	WDM	IA
David Ertl	8:56	3 rd	Waukee	IA	
55-59	<u>Iowa Top 3</u>				
	Paul Black	8:06	1 st	Des Moines	IA
	Kim Smith	8:06	1 st	Des Moines	IA
	David Goetzinger	8:07	2 nd	Dubuque	IA
	Tony Leehoven	8:22	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Paul Black	8:06	1 st	Des Moines	IA
	Kim Smith	8:06	1 st	Des Moines	IA
David Goetzinger	8:07	2 nd	Dubuque	IA	
Tony Leehoven	8:22	3 rd	Des Moines	IA	
60-64	<u>Iowa Top 3</u>				
	Don Utsinger	8:58	1 st	Cedar Rapids	IA
	Donald Jacobusse	9:02	2 nd	Algona	IA
	Terry Hardy	9:22	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	#Donavon Hottman	8:49	1 st	Shawnee	KS
Don Utsinger	8:58	2 nd	Cedar Rapids	IA	
Donald Jacobusse	9:02	3 rd	Algona	IA	
65-69	<u>Iowa Top 3</u>				
	John Hartwig	9:33	1 st	Ankeny	IA
	James Polito	12:17	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Arthur Berger	9:30	1 st	Shawnee	KS
	John Hartwig	9:33	2 nd	Ankeny	IA
James Polito	12:17	3 rd	Des Moines	IA	
70-74	<u>Iowa Top 3</u>				
	No Entries				

	<u>Overall Top 3</u>				
	#Patrick Bunch	9:09	1 st	Roeland Park	KS
	#Gary McGregor	9:29	2 nd	Atchison	KS
	#Terry Knowles	10:24	3 rd	Topeka	KS

75-79	<u>Iowa Top 3</u>				
	James Graham	10:50	1 st	Ames	IA

	<u>Overall Top 3</u>				
	James Graham	10:50	1 st	Ames	IA

5K TIME TRIAL

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Debra Leehoven	10:28	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Debra Leehoven	10:28	1 st	Des Moines	IA
55-59	<u>Iowa Top 3</u>				
	Roberta Blakeman	10:53	1 st	Altoona	IA
	<u>Overall Top 3</u>				
	Roberta Blakeman	10:53	1 st	Altoona	IA
60-64	<u>Iowa Top 3</u>				
	Connie French	10:45	1 st	Forrest City	IA
	<u>Overall Top 3</u>				
	Connie French	10:45	1 st	Forrest City	IA
65-69	<u>Iowa Top 3</u>				
	Ann Shuman	10:50	1 st	WDM	IA
	<u>Overall Top 3</u>				
	Ann Shuman	10:50	1 st	WDM	IA

10K TIME TRIAL

MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Danny Kruzic	15:31	1 st	WDM	IA
	David Ertl	15:37	2 nd	Waukee	IA
	<u>Overall Top 3</u>				
	#Dennis Weinbeck	13:37	1 st	Topeka	KS

	Danny Kruzic	15:31	2 nd	WDM	IA
	David Ertl	15:37	3 rd	Waukee	IA
55-59	<u>Iowa Top 3</u>				
	Kim West	14:32	1 st	Des Moines	IA
	Paul Black	14:33	2 nd	Des Moines	IA
	David Goetzinger	14:33	2 nd	Dubuque	IA
	Tony Leehoven	15:16	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Kim West	14:32	1 st	Des Moines	IA
	Paul Black	14:33	2 nd	Des Moines	IA
	David Goetzinger	14:33	2 nd	Dubuque	IA
	Tony Leehoven	15:16	3 rd	Des Moines	IA
60-64	<u>Iowa Top 3</u>				
	Donald Jacobusse	15:40	1 st	Algona	IA
	Don Utsinger	16:45	2 nd	Cedar Rapids	IA
	Terry Hardy	17:10	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Donald Jacobusse	15:40	1 st	Algona	IA
	#Donavon Hottman	15:42	2 nd	Shawnee	KS
	Don Utsinger	16:45	3 rd	Cedar Rapids	IA
65-69	<u>Iowa Top 3</u>				
	John Hartwig	17:20	1 st	Ankeny	IA
	James Polito	21:12	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Arthur Berger	17:18	1 st	Leawood	KS
	John Hartwig	17:20	2 nd	Ankeny	IA
	James Polito	21:12	3 rd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Patrick Bunch	16:45	1 st	Roeland Park	KS
	#Gary McGregor	17:33	2 nd	Atchison	KS
	#Terry Knowles	18:30	3 rd	Topeka	KS
75-79	<u>Iowa Top 3</u>				
	James Graham	18:10	1 st	Ames	IA

Overall Top 3

James Graham 18:10 1st Ames IA

10K TIME TRIAL

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> Debra Leehoven	18:47	1 st	Des Moines	IA
	<u>Overall Top 3</u> Debra Leehoven	18:47	1 st	Des Moines	IA
55-59	<u>Iowa Top 3</u> Roberta Blakeman	19:24	1 st	Altoona	IA
	<u>Overall Top 3</u> Roberta Blakeman	19:24	1 st	Altoona	IA
60-64	<u>Iowa Top 3</u> Connie French	19:07	1 st	Forrest City	IA
	<u>Overall Top 3</u> Connie French	19:07	1 st	Forrest City	IA
1-69	<u>Iowa Top 3</u> Ann Shuman	18:11	1 st	WDM	IA
	<u>Overall Top 3</u> Ann Shuman	18:11	1 st	WDM	IA

FOOTBALL

ACCURACY THROW

MEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u> Randy Davis	80 1 st	Altoona	IA
	Greg Palmersheim	60 2 nd	Des Moines	IA
	Mike Hale	50 3 rd	Clive	IA
	<u>Overall Top 3</u> #Garry Pirch	90 1 st	Rich Hill	MO
	Randy Davis	80 2 nd	Altoona	IA
	Greg Palmersheim	60 3 rd	Des Moines	IA

55-59	<u>Iowa Top 3</u>				
	Craig Rhodes	70	1 st	Gilman	IA
	Michael Berkey	20	2 nd	Le Grand	IA
	Dennis Posekany	20	2 nd	Cedar Rapids	IA
	Bruce Schenck	20	2 nd	Glenwood	IA
	Mark Leaman	0	3 rd	Bondurant	IA
	<u>Overall Top 3</u>				
	Craig Rhodes	70	1 st	Gilman	IA
	Michael Berkey	20	2 nd	Le Grand	IA
	Dennis Posekany	20	2 nd	Cedar Rapids	IA
Bruce Schenck	20	2 nd	Glenwood	IA	
Mark Leaman	0	3 rd	Bondurant	IA	
60-64	<u>Iowa Top 3</u>				
	Paul Stoll	60	1 st	WDM	IA
	Ron Peterson	40	2 nd	Waukee	IA
	Gene Hegwood	40	3 rd	Knoxville	IA
	<u>Overall Top 3</u>				
	#Robert Kranz	80	1 st	Kapaa	HI
	#Bob Stepaniak	80	2 nd	Faribault	MN
Poll Stoll	60	3 rd	WDM	IA	
65-69	<u>Iowa Top 3</u>				
	Frank Perez	40	1 st	WDM	IA
	Mike Schaumburg	40	2 nd	WDM	IA
	Donald Hutchinson	30	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Jim Brennen	50	1 st	Lakeville	MN
	Frank Perez	40	1 st	WDM	IA
	Mike Schaumburg	40	3 rd	WDM	IA
#Bill Gribble	40	3 rd	Minneapolis	MN	
70-74	<u>Iowa Top 3</u>				
	Franklin Brown	80	1 st	Des Moines	IA
	Fred Bankus	40	2 nd	Pella	IA
	Ronald Kolbe	40	2 nd	Sac City	IA
	Donald Hutchinson	30	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Ernie Kucera	110	1 st	Bellevue	NE
	Franklin Brown	80	2 nd	Des Moines	IA
	Fred Bankus	40	3 rd	Tama	IA
	Ronald Kolbe	40	3 rd	Sac City	IA

75-79	<u>Iowa Top 3</u>				
	Tom Little	60	1 st	Knoxville	IA
	Jack Behmer	20	2 nd	Clive	IA
	Daniel Teran	20	2 nd	WDM	IA
	Ralph Scott	10	3 rd	WDM	IA

Overall Top 3

	Tom Little	60	1 st	Knoxville	IA
	Jack Behmer	20	2 nd	Clive	IA
	Daniel Teran	20	2 nd	WDM	IA
	Ralph Scott	10	3 rd	WDM	IA

80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	50	1 st	Iowa City	IA
	Edward Failor	30	2 nd	WDM	IA
	Darrell Mitchell	10	3 rd	Marshalltown	IA

Overall Top 3

	Stan Aldinger	50	1 st	Iowa City	IA
	Edward Failor	30	2 nd	WDM	IA
	Darrell Mitchell	10	3 rd	Marshalltown	IA

85-89	<u>Iowa Top 3</u>				
	No Entries				

Overall Top 3

	#Howard Dewell	50	1 st	Quincy	IL
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90-94	<u>Iowa Top 3</u>				
	Harold McCollum	10	1 st	WDM	IA
	John Davis	0	2 nd	Urbandale	IA

Overall Top 3

	Harold McCollum	10	1 st	WDM	IA
	John Davis	0	2 nd	Urbandale	IA

ACCURACY THROW

WOMEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Cheryl Sander	40 1 st	Altoona	IA
	Nancy Campbell	20 2 nd	WDM	IA
	Julie Goldman	20 2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Cheryl Sander	40 1 st	Altoona	IA

	Nancy Campbell	20	2 nd	WDM	IA
	Julie Goldman	20	2 nd	Des Moines	IA
55-59	<u>Iowa Top 3</u>				
	Roberta Blakeman	50	1 st	Altoona	IA
	Jacki Kragel	30	2 nd	Waukee	IA
	Irene Nelson	0	3 rd	Des Moines	IA
	Cynthia Schenck	0	3 rd	Glenwood	IA
	<u>Overall Top 3</u>				
	Roberta Blakeman	50	1 st	Altoona	IA
	Jacki Kragel	30	2 nd	Waukee	IA
	Irene Nelson	0	3 rd	Des Moines	IA
	Cynthia Schenck	0	3 rd	Glenwood	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Normimah Benedict	10	1 st	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Jean Minahan	10	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	#Rosie Melichar	40	1 st	Aurora	CO
	Jean Minahan	10	2 nd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Carol Linderman	10	1 st	Clive	IA
	Wylene Gardner	0	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Barbara Gardner	20	1 st	Lawson	MO
	Carol Linderman	10	2 nd	Clive	IA
	Wylene Gardner	0	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Nancy Baker	0	1 st	Clive	IA
	Glendoris Caswell	0	1 st	Des Moines	IA
	Carolyn Dodd	0	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	#Alice Purdes	10	1 st	Madison	IL
	Nancy Baker	0	2 nd	Clive	IA
	Glendoris Caswell	0	2 nd	Des Moines	IA

Carolyn Dodd

0 2nd

Des Moines IA

DISTANCE THROW**MEN**

Age Cat.	Name	Distance/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Mike Hale	199'4" 1 st	Clive	IA
	Bob Nelson	146'10" 2 nd	WDM	IA
	Don Tripp	132'4" 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Mike Hale	199'4" 1 st	Clive	IA
	#Ted Goudge	162'11" 2 nd	Maryville	MO
	#Gary Shank	155'1" 3 rd	Mohmouth	IL
55-59	<u>Iowa Top 3</u>			
	Dennis Posekany	132'5" 1 st	Cedar Rapids	IA
	Michael Berkey	132'0" 2 nd	Le Grand	IA
	<u>Overall Top 3</u>			
	Dennis Posekany	132'5" 1 st	Cedar Rapids	IA
	Michael Berkey	132'0" 2 nd	Le Grand	IA
60-64	<u>Iowa Top 3</u>			
	Tarry Cory	182'11" 1 st	Clive	IA
	Marvin Burton	127'7" 2 nd	Des Moines	IA
	Paul Stoll	126'11" 3 rd	WDM	IA
	<u>Overall Top 3</u>			
	Tarry Cory	182'11" 1 st	Clive	IA
	Marvin Burton	127'7" 2 nd	Des Moines	IA
	Paul Stoll	126'11" 3 rd	WDM	IA
65-69	<u>Iowa Top 3</u>			
	Frank Perez	115'9" 1 st	WDM	IA
	Mike Schaumburg	99'2" 2 nd	WDM	IA
	Dale Dewey	84'3" 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	#Bill Gribble	123'1" 1 st	Minneapolis	MN
	Frank Perez	115'9" 2 nd	WDM	IA
	Mike Schaumburg	99'2" 2 nd	WDM	IA
70-74	<u>Iowa Top 3</u>			
	Donald Hutchinson	152'8" 1 st	WDM	IA
	Franklin Brown	111'3" 2 nd	Des Moines	IA
	Stanley Welchel	85'0" 3 rd	Cedar Falls	IA

	<u>Overall Top 3</u>				
	Donald Hutchinson	152'8"	1 st	WDM	IA
	#Al Matheis	124'8"	2 nd	Kankakee	IL
	Franklin Brown	111'3"	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Tom Little	78'6"	1 st	Knoxville	IA
	Daniel Teran	70'10"	2 nd	WDM	IA
	Jack Behmer	65'8"	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Tom Little	78'6"	1 st	Knoxville	IA
	Daniel Teran	70'10"	2 nd	WDM	IA
	Jack Behmer	65'8"	3 rd	Clive	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	101'8"	1 st	Iowa City	IA
	Edward Failor	90'8"	2 nd	WDM	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	101'8"	1 st	Iowa City	IA
	Edward Failor	90'8"	2 nd	WDM	IA
85-89	<u>Iowa Top 3</u>				
	Mick Donahue	47'10"	1 st	WDM	IA
	<u>Overall Top 3</u>				
	#Howard Dewell	56'2"	1 st	Quincy	IL
	Mick Donahue	47'10"	2 nd	WDM	IA
90-94	<u>Iowa Top 3</u>				
	John Davis	68'8"	1 st	Urbandale	IA
	Adolph Peschke	42'5"	2 nd	WDM	IA
	Harold McCollum	31'1"	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	John Davis	68'8"	1 st	Urbandale	IA
	Adolph Peschke	42'5"	2 nd	WDM	IA
	Harold McCollum	31'1"	3 rd	WDM	IA

DISTANCE THROW

WOMEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Julie Goldman	81'9"	1 st	Des Moines IA
	Nancy Campbell	72'5"	2 nd	WDM IA

	Cheryl Sander	59'9"	3 rd	Altoona	IA
	<u>Overall Top 3</u>				
	Julie Goldman	81'9"	1 st	Des Moines	IA
	Nancy Campbell	72'5"	2 nd	WDM	IA
	Cheryl Sander	59'9"	3 rd	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Jacki Kragel	87'0"	1 st	Waukee	IA
	Roberta Blakeman	49'9"	2 nd	Altoona	IA
	Irene Nelson	38'3"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Jacki Kragel	87'0"	1 st	Waukee	IA
	Roberta Blakeman	49'9"	2 nd	Altoona	IA
	Irene Nelson	38'3"	3 rd	Des Moines	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Normimah Benedict	61'3"	1 st	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Jean Minahan	54'6"	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	#Rosie Melichar	57'3"	1 st	Aurora	CO
	Jean Minahan	52'5"	2 nd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Carol Linderman	59'2"	1 st	Clive	IA
	Wylene Gardner	21'10"	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	Carol Linderman	59'2"	1 st	Clive	IA
	#Barbara Gardner	34'0"	2 nd	Lawson	MO
	Wylene Gardner	21'10"	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Carolyn Dodd	36'4"	1 st	Des Moines	IA
	Glendoris Caswell	32'9"	2 nd	Des Moines	IA
	Nancy Baker	23'2"	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Carolyn Dodd	36'4"	1 st	Des Moines	IA

Glendoris Caswell	32'9"	2 nd	Des Moines	IA
#Alice Purdes	30'8"	3 rd	Madison	IL

FIELD GOAL KICK MEN

Age Cat.	Name	Distance/Place	City	State	
50-54	<u>Iowa Top 3</u>				
	Don Tripp	35 Yds 1 st	Des Moines	IA	
	Greg Palmersheim	25 Yds 2 nd	Des Moines	IA	
	Paul Grinvalds	25 Yds 3 rd	WDM	IA	
	<u>Overall Top 3</u>				
	Don Tripp	35 Yds 1 st	Des Moines	IA	
	Greg Palmersheim	25 Yds 2 nd	Des Moines	IA	
	Paul Grinvalds	25 Yds 3 rd	WDM	IA	
	55-59	<u>Iowa Top 3</u>			
		Bruce Schenck	15 Yds 1 st	Glenwood	IA
<u>Overall Top 3</u>					
#Ben Desmond		30 Yds 1 st	Kearney	NE	
Bruce Schenck		15 Yds 1 st	Glenwood	IA	
60-64	<u>Iowa Top 3</u>				
	Steve Roe	35 Yds 1 st	Des Moines	IA	
	Tarry Cory	35 Yds 2 nd	Clive	IA	
	Marty Feeney	25 Yds 3 rd	Pella	IA	
	Paul Stoll	25 Yds 3 rd	WDM	IA	
	<u>Overall Top 3</u>				
	Steve Roe	35 Yds 1 st	Des Moines	IA	
	Tarry Cory	35 Yds 2 nd	Clive	IA	
	Marty Feeney	25 Yds 3 rd	Pella	IA	
	Paul Stoll	25 Yds 3 rd	WDM	IA	
#Robert Kranz	25 Yds 3 rd	Kapaa	HI		
65-69	<u>Iowa Top 3</u>				
	Frank Perez	30 Yds 1 st	WDM	IA	
	<u>Overall Top 3</u>				
Frank Perez	30 Yds 1 st	WDM	IA		
70-74	<u>Iowa Top 3</u>				
	Fred Bankus	25 Yds 1 st	Pella	IA	
	Franklin Brown	15 Yds 2 nd	Des Moines	IA	
	Ronald Kolbe	15 Yds 2 nd	Sac City	IA	

Overall Top 3

Fred Bankus	25 Yds	1 st	Tama	IA
#David Easterla	20 Yds	2 nd	Maryville	MO
#Ernie Kucera	20 Yds	2 nd	Bellevue	NE
#Mario Marciniak	20 Yds	2 nd	Dyer	IN
Franklin Brown	15 Yds	3 rd	Des Moines	IA
Ronald Kolbe	15 Yds	3 rd	Sac City	IA

75-79

Iowa Top 3

Tom Little	20 Yds	1 st	Knoxville	IA
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Overall Top 3

Tom Little	20 Yds	1 st	Knoxville	IA
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80-84

Iowa Top 3

Stan Aldinger	20 Yds	1 st	Iowa City	IA
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Overall Top 3

Stan Aldinger	20 Yds	1 st	Iowa City	IA
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FIELD GOAL KICK

WOMEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Cheryl Sander	15 Yds	1 st	Altoona IA
	<u>Overall Top 3</u>			
	Cheryl Sander	15 Yds	1 st	Altoona IA
70-74	<u>Iowa Top 3</u>			
	Carol Linderman	10 Yds	1 st	Clive IA
	<u>Overall Top 3</u>			
	Carol Linderman	10 Yds	1 st	Clive IA

GOLF

SINGLES

MEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Vernon Delpesce	112	1 st	WDM IA
	Dan Leach	116	2 nd	Mitchellville IA

	<u>Overall Top 3</u>				
	Vernon Delpesce	112	1 st	WDM	IA
	Dan Leach	116	2 nd	Mitchellville	IA
55-59	<u>Iowa Top 3</u>				
	Jason Douglas	80	1 st	Ankeny	IA
	Jerry Page	81	2 nd	WDM	IA
	Rick Pittman	83	3 rd	Newton	IA
	<u>Overall Top 3</u>				
	Jason Douglas	80	1 st	Ankeny	IA
	Jerry Page	81	2 nd	WDM	IA
	Rick Pittman	83	3 rd	Newton	IA
60-64	<u>Iowa Top 3</u>				
	James Kite	78	1 st	Des Moines	IA
	Thomas Szary	78	2 nd	Grinnell	IA
	Mike Cunningham	84	3 rd	Adel	IA
	<u>Overall Top 3</u>				
	James Kite	78	1 st	Des Moines	IA
	Thomas Szary	78	2 nd	Grinnell	IA
	Mike Cunningham	84	3 rd	Adel	IA
65-69	<u>Iowa Top 3</u>				
	Tony Denkinger	79	1 st	Johnston	IA
	Richard Lockridge	79	1 st	WDM	IA
	Joe Scheiring	84	2 nd	Panora	IA
	Mike Schaumburg	85	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Tony Denkinger	79	1 st	Johnston	IA
	Richard Lockridge	79	1 st	WDM	IA
	#Henry Ryan	79	1 st	Arden Hills	MN
	Joe Scheiring	84	2 nd	Panora	IA
	Mike Schaumburg	85	3 rd	WDM	IA
	#Jerome Ryan	85	3 rd	Friend	NE
70-74	<u>Iowa Top 3</u>				
	Fred Larrison	89	1 st	WDM	IA
	Paul Harrison	92	2 nd	Des Moines	IA
	Merlyn Knudsen	95	2 nd	Harlan	IA
	<u>Overall Top 3</u>				
	#Robert McFarland	85	1 st	Grand Island	NE
	Fred Larrison	89	2 nd	WDM	IA

	Paul Harrison	92	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Jim Bowman	93	1 st	Urbandale	IA
	Dick Petersen	96	2 nd	WDM	IA
	Burton Esbeck	102	3 rd	Elk Horn	IA
	Richard Schuster	102	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Jim Bowman	93	1 st	Urbandale	IA
	Dick Petersen	96	2 nd	WDM	IA
	Burton Esbeck	102	3 rd	Elk Horn	IA
	Richard Schuster	102	3 rd	WDM	IA
80-84	<u>Iowa Top 3</u>				
	Gene Rosendahl	82	1 st	Des Moines	IA
	Willis Johnson	89	2 nd	Ames	IA
	Stan Aldinger	90	3 rd	Iowa City	IA
	<u>Overall Top 3</u>				
	Gene Rosendahl	82	1 st	Des Moines	IA
	Willis Johnson	89	2 nd	Ames	IA
	Stan Aldinger	90	3 rd	Iowa City	IA
90-94	<u>Iowa Top 3</u>				
	John Davis	91	1 st	Urbandale	IA
	<u>Overall Top 3</u>				
	John Davis	91	1 st	Urbandale	IA

SINGLES

WOMEN

Age Cat.	Name	Score/Place	City	State
55-59	<u>Iowa Top 3</u>			
	Christine Gray	92 1 st	Story City	IA
	Ann Wolfe	103 2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Christine Gray	92 1 st	Story City	IA
	Ann Wolfe	103 2 nd	Des Moines	IA
60-64	<u>Iowa Top 3</u>			
	Carol Charling	95 1 st	WDM	IA
	Karen Rehberg	102 2 nd	WDM	IA
	Diane Coop	108 3 rd	WDM	IA

	<u>Overall Top 3</u>				
	Carol Charling	95	1 st	WDM	IA
	Karen Rehberg	102	2 nd	WDM	IA
	Diane Coop	108	3 rd	WDM	IA
65-69	<u>Iowa Top 3</u>				
	Ginger Ahern	83	1 st	Emmetsburg	IA
	Ellie Radcliff	105	2 nd	WDM	IA
	Patricia Yoho	126	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Ginger Ahern	83	1 st	Emmetsburg	IA
	Ellie Radcliff	105	2 nd	WDM	IA
	Patricia Yoho	126	3 rd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Kathy Van Sloun	90	1 st	Des Moines	IA
	Jane Davis	134	2 nd	Urbandale	IA
	<u>Iowa Top 3</u>				
	Kathy Van Sloun	90	1 st	Des Moines	IA
	Jane Davis	134	2 nd	Urbandale	IA
	#Barbara Gardner	157	3 rd	Lawson	MO
75-79	<u>Iowa Top 3</u>				
	Marge Gengler	144	1 st	Remsen	IA
	<u>Overall Top 3</u>				
	Marge Gengler	144	1 st	Remsen	IA

HORSESHOES

SINGLES

MEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Greg Palmersheim	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Greg Palmersheim	1 st	Des Moines	IA
55-59	<u>Iowa Top 3</u>			
	Steve Wacht	1 st	Indianola	IA
	<u>Overall Top 3</u>			
	Steve Wacht	1 st	Indianola	IA

60-64	<u>Iowa Top 3</u>				
	Ron Peterson	1 st	Waukee	IA	
	James Kite	2 nd	Des Moines	IA	
	Richard Rounds	3 rd	Boone	IA	
	<u>Overall Top 3</u>				
	Ron Peterson	1 st	Waukee	IA	
65-69	<u>Iowa Top 3</u>				
	Mike Schaumburg	1 st	WDM	IA	
	Wayne Hugen	2 nd	Des Moines	IA	
	<u>Overall Top 3</u>				
	Mike Schaumburg	1 st	WDM	IA	
	Wayne Hugen	2 nd	Des Moines	IA	
70-74	<u>Iowa Top 3</u>				
	Donald Smith	1 st	Leon	IA	
	Ken Clark	2 nd	Urbandale	IA	
	Franklin Brown	3 rd	Des Moines	IA	
	<u>Overall Top 3</u>				
	#John McGinty	1 st	Indianapolis	IN	
Donald Smith	2 nd	Leon	IA		
#Mario Marciniak	3 rd	Dyer	IN		
75-79	<u>Iowa Top 3</u>				
	Daniel Teran	1 st	WDM	IA	
<u>Overall Top 3</u>					
Daniel Teran	1 st	WDM	IA		
80-84	<u>Iowa Top 3</u>				
	Keith Baker	1 st	Clive	IA	
	Stan Aldinger	2 nd	Iowa City	IA	
	<u>Overall Top 3</u>				
Keith Baker	1 st	Clive	IA		
Stan Aldinger	2 nd	Iowa City	IA		

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			

	Irene Nelson	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Irene Nelson	1 st	Des Moines	IA
65-69	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
	#Pat Micheletti	1 st	Blue Springs	MO
70-74	<u>Iowa Top 3</u>			
	Wylene Gardner	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	#Barbara Gardner	1 st	Lawson	MO
	Wylene Gardner	2 nd	Des Moines	IA

RACQUETBALL

SINGLES

MEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Dennis Baysinger	1 st	Norwalk	IA
	Craig Shutt	2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Dennis Baysinger	1 st	Norwalk	IA
	Craig Shutt	2 nd	Des Moines	IA
60-64	<u>Iowa Top 3</u>			
	Mike Waters	1 st	Atlantic	IA
	Richard Rounds	2 nd	Boone	IA
	<u>Overall Top 3</u>			
	Mike Waters	1 st	Atlantic	IA
	Richard Rounds	2 nd	Boone	IA
65-69	<u>Iowa Top 3</u>			
	Dale Dewey	1 st	Des Moines	IA
	Lonnie Barton	2 nd	Newton	IA
	<u>Overall Top 3</u>			
	Dale Dewey	1 st	Des Moines	IA
	Lonnie Barton	2 nd	Newton	IA

70-74	<u>Iowa Top 3</u>			
	Carroll Marty	1 st	Ames	IA
	Ronald Essing	2 nd	Pomeroy	IA
	<u>Overall Top 3</u>			
	Carroll Marty	1 st	Ames	IA
	Ronald Essing	2 nd	Pomeroy	IA
75-79	<u>Iowa Top 3</u>			
	Leo Kilfoy	1 st	Davenport	IA
	<u>Overall Top 3</u>			
	Leo Kilfoy	1 st	Davenport	IA
80-84	<u>Iowa Top 3</u>			
	Gaylord Scandrett	1 st	Ames	IA
	<u>Overall Top 3</u>			
	Gaylord Scandrett	1 st	Ames	IA

SINGLES

WOMEN

Age Cat.	Name	Score/Place	City	State
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DOUBLES

MEN

Age Cat.	Name	Place	City	State
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55-59	<u>Iowa Top 3</u>			
	Shutt/Mitchell	1 st	Grimes/Fort Myers	IA/FL
	<u>Overall Top 3</u>			
	Shutt/Mitchell	1 st	Grimes/Fort Myers	IA/FL
60-64	<u>Iowa Top 3</u>			
	Clark/Waters	1 st	Lamoni/Atlantic	IA/IA
	<u>Overall Top 3</u>			
	Clark/Waters	1 st	Lamoni/Atlantic	IA/IA
70-74	<u>Iowa Top 3</u>			
	Essing/Micheletti	1 st	Pomeroy/Blue Springs	IA/MO
	<u>Overall Top 3</u>			
	Essing/Micheletti	1 st	Pomeroy/Blue Springs	IA/MO

DOUBLES**WOMEN**

Age Cat.	Name	Place	City	State
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SCRABBLE**SINGLES**

Age Cat.	Name	Place	City	State
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Iowa Top 3

J A Selzer	1 st	Des Moines	IA
Kimberly Taylor	2 nd	Des Moines	IA

Overall Top 3

J A Selzer	1 st	Des Moines	IA
#Kirk Troutman	2 nd	Ralston	NE
Kimberly Taylor	3 rd	Des Moines	IA

SHUFFLEBOARD**SINGLES****MEN**

Age Cat.	Name	Place	City	State
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60-64

Iowa Top 3

Richard Rounds	1 st	Boone	IA
Randall Schuh	2 nd	Fort Dodge	IA
Denny Bane	3 rd	Urbandale	IA

Overall Top 3

Richard Rounds	1 st	Boone	IA
Randall Schuh	2 nd	Fort Dodge	IA
Denny Bane	3 rd	Urbandale	IA

65-69

Iowa Top 3

Wayne Hugen	1 st	Des Moines	IA
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Overall Top 3

Wayne Hugen	1 st	Des Moines	IA
#Larry Weise	2 nd	Sebring	FL
#Dennis Harkins	3 rd	Phoenix	AZ

70-74

Iowa Top 3

Robert Rhinehart	1 st	Montezuma	IA
Ken Clark	2 nd	Urbandale	IA
Don Zimmer	2 nd	WDM	IA

	Don Sullivan	3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	#Ivan Lam	1 st	Harrisonburg	VA
	Robert Rhinehart	2 nd	Montezuma	IA
	#Mario Marciniak	3 rd	Dyer	IN
75-79	<u>Iowa Top 3</u>			
	Jack Behmer	1 st	Clive	IA
	Alden Norem	2 nd	Des Moines	IA
	Larry Aldrich	3 rd	Rowan	IA
	<u>Overall Top 3</u>			
	Jack Behmer	1 st	Clive	IA
	Alden Norem	2 nd	Des Moines	IA
	Larry Aldrich	3 rd	Rowan	IA
80-84	<u>Iowa Top 3</u>			
	Keith Baker	1 st	Clive	IA
	<u>Overall Top 3</u>			
	Keith Baker	1 st	Clive	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Irene Nelson	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	#Betty Bodkin	1 st	Harrisonburg	VA
	Irene Nelson	2 nd	Des Moines	IA
60-64	<u>Iowa Top 3</u>			
	Ruth Hugen	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Ruth Hugen	1 st	Des Moines	IA
65-69	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
	#Carol Weise	1 st	Sebring	FL
	#Sallie Harkins	2 nd	Phoenix	AZ
	#Dolores Gorman	3 rd	Tecumseh	KS

70-74	<u>Iowa Top 3</u>			
	Sharlene Norem	1 st	Des Moines	IA
	Wylene Gardner	2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Sharlene Norem	1 st	Des Moines	IA
	Wylene Gardner	2 nd	Des Moines	IA
75-79	<u>Iowa Top 3</u>			
	Wilma Aldrich	1 st	Rowan	IA
	Carolyn Dodd	2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Wilma Aldrich	1 st	Rowan	IA
	Carolyn Dodd	2 nd	Des Moines	IA

DOUBLES

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Rinehart/Nelson	1 st	Montezuma/Des Moines	IA/IA
	Rounds/Rounds	2 nd	Boone/Boone	IA/IA
	<u>Overall Top 3</u>			
	#Lam/Bodkin	1 st	Harrisonburg/Harrisonburg	VA/VA
	Rinehart/Nelson	2 nd	Montezuma/Des Moines	IA/IA
	Rounds/Rounds	3 rd	Boone/Boone	IA/IA
60-64	<u>Iowa Top 3</u>			
	Hugen/Hugen	1 st	Des Moines/Des Moines	IA/IA
	Peterson/Teran	2 nd	Waukee/WDM	IA/IA
	Sullivan/Sullivan	3 rd	Des Moines/Des Moines	IA/IA
	<u>Overall Top 3</u>			
	Hugen/Hugen	1 st	Des Moines/Des Moines	IA/IA
	Peterson/Teran	2 nd	Waukee/WDM	IA/IA
	Sullivan/Sullivan	3 rd	Des Moines/Des Moines	IA/IA
65-69	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
	#Harkins/Harkins	1 st	Phoenix/Phoenix	AZ/AZ
	#Weise/Weise	2 nd	Sebring/Sebring	FL/FL
	#Gorman/Gorman	3 rd	Tecumseh/Tecumseh	MO/MO
70-74	<u>Iowa Top 3</u>			

Clark/Zimmer	1 st	Urbandale/WDM	IA/IA
Anderson/Gardner	2 nd	WDM/Des Moines	IA/IA

Overall Top 3

Clark/Zimmer	1 st	Urbandale/WDM	IA/IA
#Marciniak/McGinty	2 nd	Dyer/Indianapolis	IN/IN
Anderson/Gardner	3 rd	WDM/Des Moines	IA/IA

75-79

Iowa Top 3

Aldrich/Aldrich	1 st	Rowan/Rowan	IA/IA
Behmer/Norem	2 nd	Clive/Des Moines	IA/IA

Overall Top 3

Aldrich/Aldrich	1 st	Rowan/Rowan	IA/IA
Behmer/Norem	2 nd	Clive/Des Moines	IA/IA

SOCCER

ACCURACY KICK

MEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Don Tripp	13 1 st	Des Moines	IA
	Paul Grinvalds	8 2 nd	WDM	IA
	Greg Palmersheim	7 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Don Tripp	13 1 st	Des Moines	IA
	#Ted Goudge	13 1 st	Maryville	MO
	#Garry Pirch	9 2 nd	Rich Hill	MO
	Paul Grinvalds	8 3 rd	WDM	IA
	55-59	<u>Iowa Top 3</u>		
Bruce Schenck		17 1 st	Glenwood	IA
Jim Costello		14 2 nd	Elma	IA
<u>Overall Top 3</u>				
Bruce Schenck		17 1 st	Glenwood	IA
Jim Costello		14 2 nd	Elma	IA
60-64	<u>Iowa Top 3</u>			
	Marty Feeney	18 1 st	Pella	IA
	Paul Stoll	16 2 nd	WDM	IA
	Tarry Cory	14 3 rd	Clive	IA

	<u>Overall Top 3</u>				
	Marty Feeney	18	1 st	Pella	IA
	Paul Stoll	16	2 nd	WDM	IA
	Tarry Cory	14	3 rd	Clive	IA
	#Bob Stepaniak	14	3 rd	Fairbault	MN
65-69	<u>Iowa Top 3</u>				
	Wayne Hugen	12	1 st	Des Moines	IA
	Dharmvir Bhatnagar	4	2 nd	WDM	IA
	<u>Overall Top 3</u>				
	#Bill Gribble	17	1 st	Minneapolis	MN
	#Jim Brennan	15	2 nd	Lakeville	MN
	Wayne Hugen	12	3 rd	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Ronald Kolbe	18	1 st	Sac City	IA
	Richard Anderson	15	2 nd	WDM	IA
	Ken Clark	11	3 rd	Urbandale	IA
	Don Zimmer	11	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Ronald Kolbe	18	1 st	Sac City	IA
	Richard Anderson	15	2 nd	WDM	IA
	#Mario Marciniak	15	2 nd	Dyer	IN
	#John McGinty	12	3 rd	Indianapolis	IN
75-79	<u>Iowa Top 3</u>				
	Daniel Teran	13	1 st	WDM	IA
	Tom Little	10	2 nd	Knoxville	IA
	<u>Overall Top 3</u>				
	Daniel Teran	13	1 st	WDM	IA
	Tom Little	10	2 nd	Knoxville	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	12	1 st	Iowa City	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	12	1 st	Iowa City	IA
85-89	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Howard Dewell	4	1 st	Quincy	IL

ACCURACY KICK**WOMEN**

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Julie Goldman	9 1 st	Des Moines	IA
	Karla Honn	5 2 nd	Waukon	IA
	<u>Overall Top 3</u>			
	Julie Goldman	9 1 st	Des Moines	IA
	Karla Honn	5 2 nd	Waukon	IA
55-59	<u>Iowa Top 3</u>			
	Cynthia Schenck	5 1 st	Glenwood	IA
	<u>Overall Top 3</u>			
	Cynthia Schenck	5 1 st	Glenwood	IA
65-69	<u>Iowa Top 3</u>			
	Jean Minahan	4 1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Jean Minahan	4 1 st	Des Moines	IA
70-74	<u>Iowa Top 3</u>			
	Ruth Little	8 1 st	Knoxville	IA
	Carol Linderman	5 2 nd	Clive	IA
	Wylene Gardner	1 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Ruth Little	8 1 st	Knoxville	IA
	Carol Linderman	5 2 nd	Clive	IA
	Wylene Gardner	1 3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>			
	Glendoris Caswell	6 1 st	Des Moines	IA
	Carolyn Dodd	4 2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Glendoris Caswell	6 1 st	Des Moines	IA
	Carolyn Dodd	4 2 nd	Des Moines	IA

SOFTBALL**ACCURACY THROW****MEN**

Age Cat.	Name	Score/Place	City	State	
50-54	<u>Iowa Top 3</u>				
	Mike Hale	110 1 st	Clive	IA	
	Greg Palmersheim	70 2 nd	Des Moines	IA	
	Don Tripp	70 3 rd	Des Moines	IA	
	<u>Overall Top 3</u>				
	Mike Hale	110 1 st	Clive	IA	
	Greg Palmersheim	70 2 nd	Des Moines	IA	
	Don Tripp	70 3 rd	Des Moines	IA	
	55-59	<u>Iowa Top 3</u>			
		Craig Rhodes	160 1 st	Gilman	IA
Michael Berkey		100 2 nd	Le Grand	IA	
Dennis Posekany		100 2 nd	Cedar Rapids	IA	
Bruce Schenck		80 3 rd	Glenwood	IA	
<u>Overall Top 3</u>					
Craig Rhodes		160 1 st	Gilman	IA	
Michael Berkey		100 2 nd	Le Grand	IA	
Dennis Posekany		100 2 nd	Cedar Rapids	IA	
Bruce Schenck		80 3 rd	Glenwood	IA	
60-64	<u>Iowa Top 3</u>				
	Denny Bane	120 1 st	Urbandale	IA	
	Ron Peterson	120 1 st	Waukee	IA	
	Marvin Burton	60 2 nd	Des Moines	IA	
	Marty Feeney	60 2 nd	Pella	IA	
	Paul Stoll	50 3 rd	WDM	IA	
	<u>Overall Top 3</u>				
	Denny Bane	120 1 st	Urbandale	IA	
	Ron Peterson	120 1 st	Waukee	IA	
	#Bob Stepaniak	90 2 nd	Fairbault	MN	
Marty Feeney	60 3 rd	Pella	IA		
65-69	<u>Iowa Top 3</u>				
	James Polito	50 1 st	Des Moines	IA	
	Frank Perez	50 2 nd	WDM	IA	
	Mike Schaumburg	40 3 rd	WDM	IA	
	<u>Overall Top 3</u>				
	#Bill Gribble	70 1 st	Minneapolis	MN	
	#Michael McNamee	60 2 nd	Alton	IL	
	#Jim Brennen	50 3 rd	Lakeville	MN	

70-74	<u>Iowa Top 3</u>				
	Franklin Brown	110	1 st	Des Moines	IA
	Fred Bankus	70	2 nd	Pella	IA
	Donald Hutchinson	60	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Franklin Brown	110	1 st	Des Moines	IA
	Fred Bankus	70	2 nd	Pella	IA
	#John McGinty	70	2 nd	Indianapolis	IN
	Donald Hutchinson	60	3 rd	WDM	IA
75-79	<u>Iowa Top 3</u>				
	Tom Little	120	1 st	Knoxville	IA
	Ralph Scott	90	2 nd	WDM	IA
	Daniel Teran	40	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Tom Little	120	1 st	Knoxville	IA
	Ralph Scott	90	2 nd	WDM	IA
	Daniel Teran	40	3 rd	WDM	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	90	1 st	Iowa City	IA
	Keith Baker	70	2 nd	Clive	IA
	Edward Failor	50	3 rd	WDM	IA
	Darrell Mitchell	50	3 rd	Marshalltown	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	90	1 st	Iowa City	IA
	Keith Baker	70	2 nd	Clive	IA
	Edward Failor	50	3 rd	WDM	IA
	Darrell Mitchell	50	3 rd	Marshalltown	IA
85-89	<u>Iowa Top 3</u>				
	Mick Donahue	20	1 st	WDM	IA
	<u>Overall Top 3</u>				
	Mick Donahue	20	1 st	WDM	IA
	#Howard Dewell	10	2 nd	Quincy	IL
90-94	<u>Iowa Top 3</u>				
	John Davis	50	1 st	Urbandale	IA
	Harold McCollum	40	2 nd	WDM	IA
	<u>Overall Top 3</u>				

John Davis	50	1 st	Urbandale	IA
Harold McCollum	40	2 nd	WDM	IA

ACCURACY THROW

WOMEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Cheryl Sander	80 1 st	Altoona	IA
	Nancy Campbell	80 2 nd	WDM	IA
	<u>Overall Top 3</u>			
	Cheryl Sander	80 1 st	Altoona	IA
	Nancy Campbell	80 2 nd	WDM	IA
55-59	<u>Iowa Top 3</u>			
	Jacki Kragel	50 1 st	Waukee	IA
	Roberta Blakeman	30 2 nd	Altoona	IA
	Irene Nelson	20 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Jacki Kragel	50 1 st	Waukee	IA
Roberta Blakeman	30 2 nd	Altoona	IA	
Irene Nelson	20 3 rd	Des Moines	IA	
60-64	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
#Normimah Benedict	90 1 st	Fayetteville	AR	
65-69	<u>Iowa Top 3</u>			
	Jean Minahan	50 1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	#Rosie Melichar	60 1 st	Aurora	CO
Jean Minahan	50 2 nd	Des Moines	IA	
70-74	<u>Iowa Top 3</u>			
	Carol Linderman	50 1 st	Clive	IA
	Ruth Little	40 2 nd	Knoxville	IA
	Wylene Gardner	10 3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Carol Linderman	50 1 st	Clive	IA
	Ruth Little	40 2 nd	Knoxville	IA
	Wylene Gardner	10 3 rd	Des Moines	IA
	#Barbara Gardner	10 3 rd	Lawson	MO

75-79	<u>Iowa Top 3</u>				
	Glendoris Caswell	30	1 st	Des Moines	IA
	Nancy Baker	20	2 nd	Clive	IA
	Carolyn Dodd	20	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	Glendoris Caswell	30	1 st	Des Moines	IA
	Nancy Baker	20	2 nd	Clive	IA
	Carolyn Dodd	20	2 nd	Des Moines	IA
	#Alice Purdes	10	3 rd	Madison	IL

DISTANCE THROW

MEN

Age Cat.	Name	Distance/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Mike Hale	272'3"	1 st	Clive IA
	Bob Nelson	185'6"	2 nd	WDM IA
	Randy Davis	171'10"	3 rd	Altoona IA
	<u>Overall Top 3</u>			
	Mike Hale	272'3"	1 st	Clive IA
	Bob Nelson	185'6"	2 nd	WDM IA
	#Ted Goudge	183'9"	3 rd	Maryville MO
55-59	<u>Iowa Top 3</u>			
	Michael Berkey	186'8"	1 st	Le Grand IA
	Mark Leamen	176'8"	2 nd	Bondurant IA
	Dennis Posekany	149'1"	3 rd	Cedar Rapids IA
	<u>Overall Top 3</u>			
	Michael Berkey	186'8"	1 st	Le Grand IA
	Mark Leamen	176'8"	2 nd	Bondurant IA
	Dennis Posekany	149'1"	3 rd	Cedar Rapids IA
60-64	<u>Iowa Top 3</u>			
	Tarry Cory	216'0"	1 st	Clive IA
	Paul Stoll	182'5"	2 nd	WDM IA
	Marvin Burton	169'10"	3 rd	Des Moines IA
	<u>Overall Top 3</u>			
	Tarry Cory	216'0"	1 st	Clive IA
	Paul Stoll	182'5"	2 nd	WDM IA
	Marvin Burton	169'10"	3 rd	Des Moines IA
65-69	<u>Iowa Top 3</u>			
	Frank Perez	153'3"	1 st	WDM IA

	Mike Schaumburg	139'3"	2 nd	WDM	IA
	Dale Dewey	118'7"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Bill Gribble	165'6"	1 st	Minneapolis	MN
	Frank Perez	153'3"	2 nd	WDM	IA
	Mike Schaumburg	139'3"	3 rd	WDM	IA
70-74	<u>Iowa Top 3</u>				
	Donald Hutchinson	172'5"	1 st	WDM	IA
	Franklin Brown	137'0"	2 nd	Des Moines	IA
	Stanley Whelchel	103'7"	3 rd	Cedar Falls	IA
	<u>Overall Top 3</u>				
	Donald Hutchinson	172'5"	1 st	WDM	IA
	#Al Matheis	161'6"	2 nd	Kankakee	IL
	Franklin Brown	137'0"	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Tom Little	105'0"	1 st	Knoxville	IA
	Daniel Teran	88'2"	2 nd	WDM	IA
	Jack Behmer	85'0"	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Tom Little	105'0"	1 st	Knoxville	IA
	Daniel Teran	88'2"	2 nd	WDM	IA
	Jack Behmer	85'0"	3 rd	Clive	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	126'2"	1 st	Iowa City	IA
	Ed Failor	125'0"	2 nd	WDM	IA
	Keith Baker	70'7"	3 rd	Clive	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	126'2"	1 st	Iowa City	IA
	Ed Failor	125'0"	2 nd	WDM	IA
	Keith Baker	70'7"	3 rd	Clive	IA
85-89	<u>Iowa Top 3</u>				
	Mick Donahue	57'7"	1 st	WDM	IA
	<u>Overall Top 3</u>				
	#Howard Dewell	82'9"	1 st	Quincy	IL
	Mick Donahue	57'7"	2 nd	WDM	IA
90-94	<u>Iowa Top 3</u>				

John Davis	80'0"	1 st	Urbandale	IA
Adolph Peschke	52'0"	2 nd	Des Moines	IA
Harold McCollum	44'7"	3 rd	WDM	IA

Overall Top 3

John Davis	80'0"	1 st	Urbandale	IA
Adolph Peschke	52'0"	2 nd	Des Moines	IA
Harold McCollum	44'7"	3 rd	WDM	IA

DISTANCE THROW

WOMEN

Age Cat.	Name	Distance/Place	City	State
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50-54

Iowa Top 3

Nancy Campbell	95'3"	1 st	WDM	IA
Cheryl Sander	65'10"	2 nd	Altoona	IA

Overall Top 3

Nancy Campbell	95'3"	1 st	WDM	IA
Cheryl Sander	65'10"	2 nd	Altoona	IA

55-59

Iowa Top 3

Jacki Kragel	125'0"	1 st	Waukee	IA
Roberta Blakeman	52'0"	2 nd	Altoona	IA
Irene Nelson	46'5"	3 rd	Des Moines	IA

Overall Top 3

Jacki Kragel	125'0"	1 st	Waukee	IA
Roberta Blakeman	52'0"	2 nd	Altoona	IA
Irene Nelson	46'5"	3 rd	Des Moines	IA

60-64

Iowa Top 3

No Entries

Overall Top 3

#Normimah Benedict	83'5"	1 st	Fayetteville	AR
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65-69

Iowa Top 3

Jean Minahan	75'0"	1 st	Des Moines	IA
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Overall Top 3

Jean Minahan	75'0"	1 st	Des Moines	IA
#Rosie Melichar	74'6"	2 nd	Aurora	CO

70-74

Iowa Top 3

Ruth Little	71'9"	1 st	Urbandale	IA
Carol Linderman	60'0"	2 nd	Clive	IA

	Wylene Gardner	39'7"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Ruth Little	71'9"	1 st	Urbandale	IA
	Carol Linderman	60'0"	2 nd	Clive	IA
	#Barbara Gardner	59'5"	3 rd	Lawson	MO
75-79	<u>Iowa Top 3</u>				
	Nancy Baker	50'2"	1 st	Clive	IA
	Glendoris Caswell	49'7"	2 nd	Des Moines	IA
	Carolyn Dodd	46'9"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Nancy Baker	50'2"	1 st	Clive	IA
	Glendoris Caswell	49'7"	2 nd	Des Moines	IA
	Carolyn Dodd	46'9"	3 rd	Des Moines	IA

SWIMMING

50 YARD BACKSTROKE

MEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Tom Kealy	34.96	1 st	Council Bluffs IA
	<u>Overall Top 3</u>			
	Tom Kealy	34.96	1 st	Council Bluffs IA
55-59	<u>Iowa Top 3</u>			
	Norman Bower	32.07	1 st	Davenport IA
	<u>Overall Top 3</u>			
	Norman Bower	32.07	1 st	Davenport IA
60-64	<u>Iowa Top 3</u>			
	Don Utsinger	41.96	1 st	Cedar Rapids IA
	Alan Schenck	53.81	2 nd	Clarinda IA
	Marty Feeney	58.15	3 rd	Pella IA
	<u>Overall Top 3</u>			
	Don Utsinger	41.96	1 st	Cedar Rapids IA
	Alan Schenck	53.81	2 nd	Clarinda IA
	Marty Feeney	58.15	3 rd	Pella IA
65-69	<u>Iowa Top 3</u>			

No Entries

Overall Top 3

#Michael McNamee 53.83 1st Alton IL

70-74

Iowa Top 3

Dale Melcher 1:05.16 1st Fairfield IA

Overall Top 3

#David Easterla 52.63 1st Maryville MO

#Mario Marciniak 1:03.06 2nd Dyer IN

Dale Melcher 1:05.16 3rd Fairfield IA

75-79

Iowa Top 3

No Entries

Overall Top 3

#CL Bruce 1:02.46 1st Lake St Louis MO

#Lester Demmel 1:07.86 2nd Omaha NE

#Richard Hekl 1:16.51 3rd Omaha NE

80-84

Iowa Top 3

Roy McKay 1:17.23 1st Des Moines IA

Arnold Geske 1:42.72 2nd Boone IA

Overall Top 3

Roy McKay 1:17:23 1st Des Moines IA

Arnold Geske 1:42:72 2nd Boone IA

85-89

Iowa Top 3

Donald Huntoon 1:26.90 1st Des Moines IA

Overall Top 3

Donald Huntoon 1:26.90 1st Des Moines IA

50 YARD BACKSTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
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50-54

Iowa Top 3

Sara Rippentrop 39.13 1st Waukee IA

Overall Top 3

Sara Rippentrop 39.13 1st Waukee IA

#Nance Coggeshall 45.40 2nd Grandview MO

55-59

Iowa Top 3

Elaine Wolf 47.94 1st Urbandale IA

	<u>Overall Top 3</u>				
	Elaine Wolf	47.94	1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u>				
	Virginia Lane	1:02.28	1 st	Coralville	IA
	<u>Overall Top 3</u>				
	Virginia Lane	1:02.28	1 st	Coralville	IA
65-69	<u>Iowa Top 3</u>				
	Jean Minahan	1:07.04	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Jean Minahan	1:07.04	1 st	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Dorothy Whitehead	46.14	1 st	Indianola	IA
	<u>Overall Top 3</u>				
	Dorothy Whitehead	46.14	1 st	Indianola	IA
80-84	<u>Iowa Top 3</u>				
	Jodie McKay	1:23.44	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Jodie McKay	1:23.44	1 st	Des Moines	IA

50 YARD BREASTSTROKE MEN

Age Cat.	Name	Time/Place	City	State
55-59	<u>Iowa Top 3</u>			
	Bill Klahn	35.69	1 st	Iowa City IA
	<u>Overall Top 3</u>			
	Bill Klahn	35.69	1 st	Iowa City IA
60-64	<u>Iowa Top 3</u>			
	Marty Feeney	45.03	1 st	Pella IA
	Don Utsinger	45.83	2 nd	Cedar Rapids IA
	Alan Schenck	49.67	3 rd	Clarinda IA
	<u>Overall Top 3</u>			
	Marty Feeney	45.03	1 st	Pella IA
	Don Utsinger	45.83	2 nd	Cedar Rapids IA
	Alan Schenck	49.67	3 rd	Clarinda IA

65-69	<u>Iowa Top 3</u> Ruben Rullan	1:18.28	1 st	Urbandale	IA
	<u>Overall Top 3</u> #Peter Eisenklam #Michael McNamee Ruben Rullan	45.41 50.73 1:18.28	1 st 2 nd 3 rd	Mesa Alton Urbandale	AZ IL IA
70-74	<u>Iowa Top 3</u> Dale Melcher	1:06.68	1 st	Fairfield	IA
	<u>Overall Top 3</u> #David Easterla Dale Melcher #Mario Marciniak	49.05 1:06.68 1:15.93	1 st 2 nd 3 rd	Maryville Fairfield Dyer	MO IA IN
75-79	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #CL Bruce #Lester Demmel	1:02.78 1:19.27	1 st 2 nd	Lake St Louis Omaha	MO NE

50 YARD BREASTSTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
65-69	<u>Iowa Top 3</u> Jean Minahan	1:20.01	1 st	Des Moines IA
	<u>Overall Top 3</u> Jean Minahan	1:20.01	1 st	Des Moines IA
70-74	<u>Iowa Top 3</u> Glenda Sharp	1:10.30	1 st	Cedar Rapids IA
	<u>Overall Top 3</u> Glenda Sharp	1:10.30	1 st	Cedar Rapids IA
80-84	<u>Iowa Top 3</u> Jodie McKay	1:08.06	1 st	Des Moines IA
	<u>Overall Top 3</u> Jodie McKay	1:08.06	1 st	Des Moines IA

50 YARD BUTTERFLY

MEN

Age Cat.	Name	Time/Place	City	State
55-59	<u>Iowa Top 3</u> Norman Bower	31.32	1 st	Davenport IA
	<u>Overall Top 3</u> Norman Bower	31.32	1 st	Davenport IA
60-64	<u>Iowa Top 3</u> Alan Schenck	42.38	1 st	Clarinda IA
	<u>Overall Top 3</u> Alan Schenck	42.38	1 st	Clarinda IA
65-69	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #Michael McNamee	49.47	1 st	Alton IL
70-74	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #John McGinty	1:23.69	1 st	Indianapolis IN
75-79	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #CL Bruce	1:06.42	1 st	Lake St Louis MO
	#Lester Demmel	1:15.16	2 nd	Omaha NE

50 YARD BUTTERFLY

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u> Debbie Fisk	33.64	1 st	Waukee IA
	Sara Rippentrop	37.68	2 nd	Waukee IA
	<u>Overall Top 3</u> Debbie Fisk	33.64	1 st	Waukee IA
	Sara Rippentrop	37.68	2 nd	Waukee IA
	#Nance Coggeshall	50.38	3 rd	Grandview MO
55-59	<u>Iowa Top 3</u> Elaine Wolf	50.51	1 st	Urbandale IA

	<u>Overall Top 3</u>				
	Elaine Wolf	50.51	1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u>				
	Virginia Lane	1:13.92	1 st	Coralville	IA
	<u>Overall Top 3</u>				
	Virginia Lane	1:13.92	1 st	Coralville	IA

50 YARD FREESTYLE

MEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	William Collins	31.26	1 st	Denver IA
	<u>Overall Top 3</u>			
	William Collins	31.26	1 st	Denver IA
	#Ted Goudge	33.98	2 nd	Maryville MO
55-59	<u>Iowa Top 3</u>			
	Norman Bower	28.15	1 st	Davenport IA
	<u>Overall Top 3</u>			
	Norman Bower	28.15	1 st	Davenport IA
60-64	<u>Iowa Top 3</u>			
	Marty Feeney	32.52	1 st	Pella IA
	Don Utsinger	33.12	2 nd	Cedar Rapids IA
	Alan Schenck	38.57	3 rd	Clarinda IA
	<u>Overall Top 3</u>			
	Marty Feeney	32.52	1 st	Pella IA
	Don Utsinger	33.12	2 nd	Cedar Rapids IA
	Alan Schenck	38.57	3 rd	Clarinda IA
65-69	<u>Iowa Top 3</u>			
	Ruben Rullan	1:15.72	3 rd	Urbandale IA
	<u>Overall Top 3</u>			
	#Peter Eisenklam	36.44	1 st	Mesa AZ
	#Michael McNamee	50.02	2 nd	Alton IL
	Ruben Rullan	1:15.72	3 rd	Urbandale IA
70-74	<u>Iowa Top 3</u>			
	Dale Melcher	46.25	2 nd	Fairfield IA

<u>Overall Top 3</u>					
#David Easterla	41.45	1 st	Maryville	MO	
Dale Melcher	46.25	2 nd	Fairfield	IA	
#Mario Marciniak	47.34	3 rd	Dyer	IN	

75-79 Iowa Top 3
No Entries

<u>Overall Top 3</u>					
#Lester Demmel	53.71	1 st	Omaha	NE	
#Richard Hekl	56.57	2 nd	Omaha	NE	

80-84 Iowa Top 3
Roy McKay 1:02.96 1st Des Moines IA
Arnold Geske 1:17.76 2nd Boone IA

<u>Overall Top 3</u>					
Roy McKay	1:02.96	1 st	Des Moines	IA	
Arnold Geske	1:17.76	2 nd	Boone	IA	

50 YARD FREESTYLE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Debbie Fisk	32.26 1 st	Waukee	IA
	Kathy Weishar	33.52 2 nd	Waukee	IA
	Veronica Demmel	40.39 3 rd	Marshalltown	IA
	<u>Overall Top 3</u>			
	Debbie Fisk	32.26 1 st	Waukee	IA
	Kathy Weishar	33.52 2 nd	Waukee	IA
	Veronica Demmel	40.39 3 rd	Marshalltown	IA
55-59	<u>Iowa Top 3</u>			
	Elaine Wolf	44.82 1 st	Urbandale	IA
	<u>Overall Top 3</u>			
	Elaine Wolf	44.82 1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u>			
	Virginia Lane	49.34 1 st	Coralville	IA
	<u>Overall Top 3</u>			
	Virginia Lane	49.34 1 st	Coralville	IA
65-69	<u>Iowa Top 3</u>			
	Jean Minahan	1:13.29 1 st	Des Moines	IA

Overall Top 3

Jean Minahan 1:13.29 1st Des Moines IA

80-84

Iowa Top 3

Jodie McKay 1:08.11 1st Des Moines IA

Overall Top 3

Jodie McKay 1:08.11 1st Des Moines IA

100 YARD BACKSTROKE

MEN

Age Cat.	Name	Time/Place	City	State
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50-54

Iowa Top 3

Tom Kealy 1:12.50 1st Council Bluffs IA

William Collins 1:21.03 2nd Denver IA

Overall Top 3

Tom Kealy 1:12.50 1st Council Bluffs IA

William Collins 1:21.03 2nd Denver IA

55-59

Iowa Top 3

Norman Bower 1:13.59 1st Davenport IA

Overall Top 3

Norman Bower 1:13.59 1st Davenport IA

60-64

Iowa Top 3

Don Utsinger 1:36.25 1st Cedar Rapids IA

Alan Schenck 1:42.83 2nd Clarinda IA

Randall Schuh 2:09.74 3rd Fort Dodge IA

Overall Top 3

Don Utsinger 1:36.25 1st Cedar Rapids IA

Alan Schenck 1:42.83 2nd Clarinda IA

Randall Schuh 2:09.74 3rd Fort Dodge IA

65-69

Iowa Top 3

No Entries

Overall Top 3

#Michael Alton 2:05.01 1st Alton IL

70-74

Iowa Top 3

No Entries

	<u>Overall Top 3</u> #David Easterla	2:06.08	1 st	Maryville	MO
75-79	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Richard Hekl	2:41.61	1 st	Omaha	NE
80-84	<u>Iowa Top 3</u> Arnold Geske	3:45.87	1 st	Boone	IA
	<u>Overall Top 3</u> Arnold Geske	3:45.87	1 st	Boone	IA
85-89	<u>Iowa Top 3</u> Donald Huntoon	3:05.37	1 st	Des Moines	IA
	<u>Overall Top 3</u> Donald Huntoon	3:05.37	1 st	Des Moines	IA

100 YARD BACKSTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #Nance Coggeshall	1:33.59	1 st	Grandview MO
55-59	<u>Iowa Top 3</u> Elaine Wolf	1:47.13	1 st	Urbandale IA
	<u>Overall Top 3</u> Elaine Wolf	1:47.13	1 st	Urbandale IA
70-74	<u>Iowa Top 3</u> Dorothy Whitehead Glenda Sharp	1:42.58 2:29.08	1 st 2 nd	Indianola IA Cedar Rapids IA
	<u>Overall Top 3</u> Dorothy Whitehead Glenda Sharp	1:42.58 2:29.08	1 st 2 nd	Indianola IA Cedar Rapids IA

100 YARD BREASTROKE

MEN

Age Cat.	Name	Time/Place	City	State
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50-54	<u>Iowa Top 3</u> Bill Klahn	1:25.35	1 st	Iowa City	IA
	<u>Overall Top 3</u> Bill Klahn	1:25.35	1 st	Iowa City	IA
60-64	<u>Iowa Top 3</u> Don Utsinger Marty Feeney Alan Schenck	1:46.18 1:50.11 1:57.01	1 st 2 nd 3 rd	Cedar Rapids Pella Clarinda	IA IA IA
	<u>Overall Top 3</u> Don Utsinger Marty Feeney Alan Schenck	1:46.18 1:50.11 1:57.01	1 st 2 nd 3 rd	Cedar Rapids Pella Clarinda	IA IA IA
65-69	<u>Iowa Top 3</u> Ruben Rullan	2:42.06	3 rd	Urbandale	IA
	<u>Overall Top 3</u> #Peter Eisenklam #Michael McNamee Ruben Rullan	1:43.21 2:09.29 2:42.06	1 st 2 nd 3 rd	Mesa Alton Urbandale	AZ IL IA
70-74	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #David Easterla #John McGinty	1:59.01 3:32.14	1 st 2 nd	Maryville Indianapolis	MO IN
75-79	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #CL Bruce	2:49.31	1 st	Lake St Louis	MO

100 YARD BREASTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
70-74	<u>Iowa Top 3</u> Glenda Sharp	2:55.77	1 st	Cedar Rapids IA
	<u>Overall Top 3</u> Glenda Sharp	2:55.77	1 st	Cedar Rapids IA
80-84	<u>Iowa Top 3</u>			

Jodie McKay 2:26.11 1st Des Moines IA

Overall Top 3

Jodie McKay 2:26.11 1st Des Moines IA

100 YARD BUTTERFLY

MEN

Age Cat.	Name	Time/Place	City	State
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50-54 Iowa Top 3
Tom Kealy 1:03.76 1st Council Bluffs IA

Overall Top 3

Tom Kealy 1:03.76 1st Council Bluffs IA

65-69 Iowa Top 3
No Entries

Overall Top 3

#Michael McNamee 2:16.89 1st Alton IL

100 YARD BUTTERFLY

WOMEN

Age Cat.	Name	Time/Place	City	State
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50-54 Iowa Top 3
No Entries

Overall Top 3

#Nance Coggeshall 1:47.65 1st Grandview MO

100 YARD FREESTYLE

MEN

Age Cat.	Name	Time/Place	City	State
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50-54 Iowa Top 3
Tom Kealy 57.11 1st Council Bluffs IA

Overall Top 3

Tom Kealy 57.11 1st Council Bluffs IA
#Ted Goudge 1:18.87 2nd Maryville MO

60-64 Iowa Top 3
Don Utsinger 1:17.38 1st Cedar Rapids IA
Marty Feeney 1:18.38 2nd Pella IA

Overall Top 3

Don Utsinger 1:17.38 1st Cedar Rapids IA
Marty Feeney 1:18.38 2nd Pella IA

65-69 Iowa Top 3

	Ruben Rullan	2:47.32	1 st	Urbandale	IA
	<u>Overall Top 3</u>				
	#Michael McNamee	1:59.51	1 st	Alton	IL
	Ruben Rullan	2:47.32	2 nd	Urbandale	IA
70-74	<u>Iowa Top 3</u>				
	Dale Melcher	1:52.34	1 st	Fairfield	IA
	<u>Overall Top 3</u>				
	#David Easterla	1:35.67	1 st	Maryville	MO
	Dale Melcher	1:52.34	2 nd	Fairfield	IA
	#John McGinty	2:24.33	3 rd	Indianapolis	IN
75-79	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Lester Demmel	1:54.77	1 st	Omaha	NE
	#Richard Hekl	2:17.89	2 nd	Omaha	NE

100 YARD FREESTYLE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Debbie Fisk	1:13.54	1 st	Waukee IA
	Kathy Weishar	1:14.73	2 nd	Waukee IA
	Veronica Demmel	1:29.35	3 rd	Marshalltown IA
	<u>Overall Top 3</u>			
	Debbie Fisk	1:13.54	1 st	Waukee IA
	Kathy Weishar	1:14.73	2 nd	Waukee IA
	Veronica Demmel	1:29.35	3 rd	Marshalltown IA
	#Nance Coggeshall	1:28.51	3 rd	Grandview MO
55-59	<u>Iowa Top 3</u>			
	Elaine Wolf	1:45.01	1 st	Urbandale IA
	<u>Overall Top 3</u>			
	Elaine Wolf	1:45.01	1 st	Urbandale IA
70-74	<u>Iowa Top 3</u>			
	Glenda Sharp	2:10.46	1 st	Cedar Rapids IA
	<u>Overall Top 3</u>			
	Glenda Sharp	2:10.46	1 st	Cedar Rapids IA

100 YARD IND MEDLEY**MEN**

Age Cat.	Name	Tim/Place	City	State
50-54	<u>Iowa Top 3</u> Tom Kealy	1:10.82	1 st	Council Bluffs IA
	<u>Overall Top 3</u> Bruce Schenck	1:36.92	1 st	Glenwood IA
60-64	<u>Iowa Top 3</u> Don Utsinger Alan Schenck	1:34.55 1:42.30	1 st 2 nd	Cedar Rapids IA Clarinda IA
	<u>Overall Top 3</u> Don Utsinger Alan Schenck	1:34.55 1:42.30	1 st 2 nd	Cedar Rapids IA Clarinda IA
65-69	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #Peter Eisenklam #Michael McNamee	1:42.34 2:01.11	1 st 2 nd	Mesa AZ Alton IL
70-74	<u>Iowa Top 3</u> Dale Melcher	2:28.98	1 st	Fairfield IA
	<u>Overall Top 3</u> Dale Melcher John McGinty	2:28.98 2:55.70	1 st 2 nd	Fairfield IA Indianapolis IN
75-79	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #Demmel Lester #Richard Hekl	2:25.24 2:50.97	1 st 2 nd	Omaha NE Omaha NE

100 YARD IND MEDLEY**WOMEN**

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u> Debbie Fisk Sara Rippentrop Kathy Weishar	1:21.93 1:25.27 1:28.80	1 st 2 nd 3 rd	Waukee IA Waukee IA Waukee IA

	<u>Overall Top 3</u>				
	Debbie Fisk	1:21.93	1 st	Waukee	IA
	Sara Rippentrop	1:25.27	2 nd	Waukee	IA
	Kathy Weishar	1:28.80	3 rd	Waukee	IA
55-59	<u>Iowa Top 3</u>				
	Elaine Wolf	1:44.75	1 st	Urbandale	IA
	<u>Overall Top 3</u>				
	Elaine Wolf	1:44.75	1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u>				
	Virginia Lane	2:03.93	1 st	Coralville	IA
	<u>Overall Top 3</u>				
	Virginia Lane	2:03.93	1 st	Coralville	IA
70-74	<u>Iowa Top 3</u>				
	Glenda Sharp	2:40.78	1 st	Cedar Rapids	IA
	<u>Overall Top 3</u>				
	Glenda Sharp	2:40.78	1 st	Cedar Rapids	IA

200 YARD BACKSTROKE

MEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Tom Kealy	2:35.12	1 st	Council Bluffs IA
	<u>Overall Top 3</u>			
	Tom Kealy	2:35.12	1 st	Council Bluffs IA
50-59	<u>Iowa Top 3</u>			
	Norman Bower	2:54.30	1 st	Davenport IA
	<u>Overall Top 3</u>			
	Norman Bower	2:54.30	1 st	Davenport IA
60-64	<u>Iowa Top 3</u>			
	Alan Schenck	4:42.02	1 st	Clarinda IA
	<u>Overall Top 3</u>			
	Alan Schenck	4:42.02	1 st	Clarinda IA
65-69	<u>Iowa Top 3</u>			
	No Entries			

	<u>Overall Top 3</u>				
	#Michael McNamee	4:23.23	1 st	Alton	IL
70-74	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#David Easterla	4:54.04	1 st	Maryville	MO
	#John McGinty	6:28.14	2 nd	Indianapolis	IN
80-84	<u>Iowa Top 3</u>				
	Arnold Geske	7:45.45	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Arnold Geske	7:45.45	1 st	Des Moines	IA
85-89	<u>Iowa Top 3</u>				
	Donald Huntoon	6:41.57	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Donald Huntoon	6:41.57	1 st	Des Moines	IA

200 YARD BACKSTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
	#Nance Coggeshall	3:33.59	1 st	Grandview MO
70-74	<u>Iowa Top 3</u>			
	Dorothy Whitehead	3:51.77	1 st	Indianola IA
	Glenda Sharp	5:31.77	2 nd	Cedar Rapids IA
	<u>Overall Top 3</u>			
	Dorothy Whitehead	3:51.77	1 st	Indianola IA
	Glenda Sharp	5:31.77	2 nd	Cedar Rapids IA

200 YARD BREASTROKE

MEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	William Collins	3:21.81	1 st	Denver IA

	<u>Overall Top 3</u>				
	William Collins	3:21.81	1 st	Denver	IA
55-59	<u>Iowa Top 3</u>				
	Bill Klahn	3:25.65	1 st	Iowa City	IA
	<u>Overall Top 3</u>				
	Bill Klahn	3:25.65	1 st	Iowa City	IA
65-69	<u>Iowa Top 3</u>				
	Ruben Rullan	5:40.88	1 st	Urbandale	IA
	<u>Overall Top 3</u>				
	#Peter Eisenklam	3:53.67	1 st	Mesa	AZ
	#Michael McNamee	4:30.04	2 nd	Alton	IL
	Ruben Rullan	5:40.88	3 rd	Urbandale	IA
75-79	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#David Easterla	4:32.51	1 st	Maryville	MO

200 YARD BREASTROKE

WOMEN

Age Cat.	Name	Time/Place	City	State
70-74	<u>Iowa Top 3</u>			
	Glenda Sharp	6:09.84	1 st	Cedar Rapids IA
	<u>Overall Top 3</u>			
	Glenda Sharp	6:09.84	1 st	Cedar Rapids IA

200 YARD FREESTYLE

MEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	No Entries			
	<u>Overall Top 3</u>			
	#Ted Goudge	3:27.14	1 st	Maryville MO
55-59	<u>Iowa Top 3</u>			
	Bill Klahn	2:49.01	1 st	Iowa City IA
	<u>Overall Top 3</u>			
	Bill Klahn	2:49.01	1 st	Iowa City IA

60-64	<u>Iowa Top 3</u>				
	Don Utsinger	2:50.52	1 st	Cedar Rapids	IA
	Marty Feeney	3:08.41	2 nd	Pella	IA
	David Brown	6:47.92	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Don Utsinger	2:50.52	1 st	Cedar Rapids	IA
	Marty Feeney	3:08.41	2 nd	Pella	IA
	David Brown	6:47.92	3 rd	Des Moines	IA
65-69	<u>Iowa Top 3</u>				
	Ruben Rullan	6:11.43	2 nd	Urbandale	IA
	<u>Overall Top 3</u>				
	#Michael McNamee	4:40.86	1 st	Alton	IL
	Ruben Rullan	6:11.43	2 nd	Urbandale	IA
75-79	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#David Easterla	3:43.61	1 st	Maryville	MO

200 YARD FREESTYLE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Sara Rippentrop	2:47.00	1 st	Waukee IA
	Veronica Demmel	3:31.23	2 nd	Marshalltown IA
	<u>Overall Top 3</u>			
	Sara Rippentrop	2:47.00	1 st	Waukee IA
	Veronica Demmel	3:31.23	2 nd	Marshalltown IA
	#Nance Coggeshall	3:05.33	2 nd	Grandview MO
55-59	<u>Iowa Top 3</u>			
	Elaine Wolf	3:25.21	1 st	Urbandale IA
	<u>Overall Top 3</u>			
	Elaine Wolf	3:25.21	1 st	Urbandale IA
55-59	<u>Iowa Top 3</u>			
	Virginia Lane	4:03.55	1 st	Coralville IA
	<u>Overall Top 3</u>			
	Virginia Lane	4:03.55	1 st	Coralville IA

70-74	<u>Iowa Top 3</u> Glenda Sharp	5:01.40	1 st	Cedar Rapids	IA
	<u>Overall Top 3</u> Glenda Sharp	5:01.40	1 st	Cedar Rapids	IA

200 YARD IND MEDLEY

MEN

Age Cat.	Name	Time/Place	City	State	
60-64	<u>Iowa Top 3</u> Alan Schenck	3:39.72	1 st	Clarinda	IA
	<u>Overall Top 3</u> Alan Schenck	3:39.72	1 st	Clarinda	IA
65-69	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Michael McNamee	3:31.61	1 st	Alton	IL

500 YARD FREESTYLE

MEN

Age Cat.	Name	Time/Place	City	State	
55-59	<u>Iowa Top 3</u> Bill Klahn	7:57.64	1 st	Iowa City	IA
	<u>Overall Top 3</u> Bill Klahn	7:57.64	1 st	Iowa City	IA
60-64	<u>Iowa Top 3</u> Marty Feeney Alan Schenck	9:05.10 10:49.42	1 st 2 nd	Pella Clarinda	IA IA
	<u>Overall Top 3</u> Marty Feeney Alan Schenck	9:05.10 10:49.42	1 st 2 nd	Pella Clarinda	IA IA
65-69	<u>Iowa Top 3</u> Ruben Rullan	16:02.70	3 rd	Urbandale	IA
	<u>Overall Top 3</u> #Peter Eisenklam #Michael McNamee Ruben Rullan	9:43.57 11:13.49 16:02.70	1 st 2 nd 3 rd	Mesa Alton Urbandale	AZ IL IA

70-74	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#David Easterla	11:11.13	1 st	Maryville	MO
	#Mario Marciniak	14:41.46	2 nd	Dyer	IN
75-79	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#Demmel Lester	11:47.73	1 st	Omaha	NE

500 YARD FREESTYLE

WOMEN

Age Cat.	Name	Time/Place	City	State
50-54	<u>Iowa Top 3</u> Veronica Demmel	9:27.62	1 st	Marshalltown IA
	<u>Overall Top 3</u>			
	#Nance Grandview	8:19.95	1 st	Grandview MO
	Veronica Demmel	9:27.62	2 nd	Marshalltown IA
55-59	<u>Iowa Top 3</u> Elaine Wolf	8:56.71	1 st	Urbandale IA
	<u>Overall Top 3</u>			
	Elaine Wolf	8:56.71	1 st	Urbandale IA
60-64	<u>Iowa Top 3</u> Virginia Lane	9:39.34	1 st	Coralville IA
	<u>Overall Top 3</u>			
	Virginia Lane	9:39.34	1 st	Coralville IA
70-74	<u>Iowa Top 3</u> Glenda Sharp	13:23.37	1 st	Cedar Rapids IA
	<u>Overall Top 3</u>			
	Glenda Sharp	13:23.37	1 st	Cedar Rapids IA

TABLE TENNIS

SINGLES**MEN**

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Goran Surlan	1 st	Des Moines	IA
	Steve Stone	2 nd	Des Moines	IA
	Randy Davis	3 rd	Altoona	IA
	<u>Overall Top 3</u>			
	Goran Surlan	1 st	Des Moines	IA
Steve Stone	2 nd	Des Moines	IA	
Randy Davis	3 rd	Altoona	IA	
55-59	<u>Iowa Top 3</u>			
	Don Johnston	1 st	Grinnell	IA
	Kirby Leland	2 nd	Eldora	IA
	<u>Overall Top 3</u>			
	Don Johnston	1 st	Grinnell	IA
	Kirby Leland	2 nd	Eldora	IA
60-64	<u>Iowa Top 3</u>			
	Greg Eastman	1 st	Des Moines	IA
	Richard Rounds	2 nd	Boone	IA
	<u>Overall Top 3</u>			
	Greg Eastman	1 st	Des Moines	IA
	Richard Rounds	2 nd	Boone	IA
65-69	<u>Iowa Top 3</u>			
	Phil Miller	1 st	Conrad	IA
	Bill Harner	2 nd	Eldora	IA
	<u>Overall Top 3</u>			
	Phil Miller	1 st	Conrad	IA
	Bill Harner	2 nd	Eldora	IA
70-74	<u>Iowa Top 3</u>			
	David Goin	1 st	Jefferson	IA
	Law LeRoy	2 nd	WDM	IA
	Warren Reinecke	3 rd	Grinnell	IA
	<u>Overall Top 3</u>			
	David Goin	1 st	Jefferson	IA
#Robert McFarland	2 nd	Grand Island	NE	
Law LeRoy	2 nd	WDM	IA	

	Warren Reinecke	3 rd	Grinnell	IA
75-79	<u>Iowa Top 3</u>			
	Tom Little	1 st	Knoxville	IA
	Jack Gustafson	2 nd	Grinnell	IA
	Bill Park	3 rd	Muscatine	IA
	<u>Overall Top 3</u>			
	Tom Little	1 st	Knoxville	IA
	Jack Gustafson	2 nd	Grinnell	IA
	Bill Park	3 rd	Muscatine	IA
80-84	<u>Iowa Top 3</u>			
	Stan Aldinger	1 st	Iowa City	IA
	Stan McElvain	2 nd	Des Moines	IA
	<u>Overall Top 3</u>			
	Stan Aldinger	1 st	Iowa City	IA
	Stan McElvain	2 nd	Des Moines	IA
85-89	<u>Iowa Top 3</u>			
	Jim Thompson	1 st	Ames	IA
	<u>Overall Top 3</u>			
	Jim Thompson	1 st	Ames	IA
90-94	<u>Iowa Top 3</u>			
	Harold McCollum	1 st	WDM	IA
	James Noel	2 nd	WDM	IA
	<u>Overall Top 3</u>			
	Harold McCollum	1 st	WDM	IA
	James Noel	2 nd	WDM	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Carol Eldora	1 st	Eldora	IA
	<u>Overall Top 3</u>			
	Carol Eldora	1 st	Eldora	IA
60-64	<u>Iowa Top 3</u>			
	Kimberly Taylor	1 st	Des Moines	IA

	<u>Overall Top 3</u>			
	Kimberly Taylor	1 st	Des Moines	IA
65-69	<u>Iowa Top 3</u>			
	Rosemary Fritzjunke	1 st	WDM	IA
	<u>Overall Top 3</u>			
	#Pat Micheletti	1 st	Blue Springs	MO
	Rosemary Fritzjunke	2 nd	WDM	IA
70-74	<u>Iowa Top 3</u>			
	Leah Duerksen	1 st	Iowa City	IA
	Ruth Little	2 nd	Knoxville	IA
	Sharlene Norem	3 rd	Des Moines	IA
	<u>Overall Top 3</u>			
	Leah Duerksen	1 st	Iowa City	IA
	Ruth Little	2 nd	Knoxville	IA
	Sharlene Norem	3 rd	Des Moines	IA
75-79	<u>Iowa Top 3</u>			
	Glendoris Caswell	1 st	Des Moines	IA
	<u>Overall Top 3</u>			
	Glendoris Caswell	1 st	Des Moines	IA
80-84	<u>Iowa Top 3</u>			
	Norma McElvain	1 st	Des Moines	IA
	Beverly Shelton	2 nd	Johnston	IA
	<u>Overall Top 3</u>			
	Norma McElvain	1 st	Des Moines	IA
	Beverly Shelton	2 nd	Johnston	IA
90-94	<u>Iowa Top 3</u>			
	Eleanor Noel	1 st	WDM	IA
	<u>Overall Top 3</u>			
	Eleanor Noel	1 st	WDM	IA

DOUBLES

MEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Surlan/Stone	1 st	DSM/DSM	IA/IA
	Davis/Palmersheim	2 nd	Altoona/DSM	IA/IA

	<u>Overall Top 3</u>			
	Surlan/Stone	1 st	DSM/DSM	IA/IA
	Davis/Palmersheim	2 nd	Altoona/DSM	IA/IA
65-69	<u>Iowa Top 3</u>			
	Harner/Miller	1 st	Eldora/Conrad	IA/IA
	<u>Overall Top 3</u>			
	Harner/Miller	1 st	Eldora/Conrad	IA/IA
70-74	<u>Iowa Top 3</u>			
	Gustafson/Reinecke	1 st	Grinnell/Grinnell	IA/IA
	McElvain/Law	2 nd	DSM/WDM	IA/IA
	<u>Overall Top 3</u>			
	Gustafson/Reinecke	1 st	Grinnell/Grinnell	IA/IA
	McFarland/McFarland	1 st	Norwalk/Grand Island	IA/NE
	McElvain/Law	2 nd	Des Moines/WDM	IA/IA
	Micheletti/Essing	2 nd	Blue Springs/Pomeroy	MO/IA
90-94	<u>Iowa Top 3</u>			
	McCollum/McCollum	1 st	Des Moines/WDM	IA/IA
	<u>Overall Top 3</u>			
	McCollum/McCollum	1 st	Des Moines/WDM	IA/IA

DOUBLES

WOMEN

Age Cat.	Name	Place	City	State
75-79	<u>Iowa Top 3</u>			
	Caswell/McElvain	1 st	DSM/DSM	IA/IA
	<u>Overall Top 3</u>			
	Caswell/McElvain	1 st	DSM/DSM	IA/IA

MIXED DOUBLES

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Leland/Leland	1 st	Eldora/Eldora	IA/IA
	<u>Overall Top 3</u>			
	Leland/Leland	1 st	Eldora/Eldora	IA/IA
65-69	<u>Iowa Top 3</u>			
	No Entries			

	<u>Overall Top 3</u>			
	Micheletti/Micheletti	1 st	Blue Springs/Blue Springs	MO/MO
	McFarland/Fritzjunker	2 nd	Grand Island/WDM	IA/IA
70-74	<u>Iowa Top 3</u>			
	Duerksen/Duerksen	1 st	Iowa City/Iowa City	IA/IA
	Little/Little	2 nd	Knoxville/Knoxville	IA/IA
	Caswell/Baskerville	3 rd	Des Moines/WDM	IA/IA
	<u>Overall Top 3</u>			
	Duerksen/Duerksen	1 st	Iowa City/Iowa City	IA/IA
	Little/Little	2 nd	Knoxville/Knoxville	IA/IA
	Caswell/Baskerville	3 rd	Des Moines/WDM	IA/IA
80-84	<u>Iowa Top 3</u>			
	McElvain/McElvain	1 st	DSM/DSM	IA/IA
	<u>Overall Top 3</u>			
	McElvain/McElvain	1 st	DSM/DSM	IA/IA
85-89	<u>Iowa Top 3</u>			
	Thompson/Kimberley	1 st	Ames/Collins	IA/IA
	<u>Overall Top 3</u>			
	Thompson/Kimberley	1 st	Ames/Collins	IA/IA
90-94	<u>Iowa Top 3</u>			
	Noel/McCollum	1 st	WDM/WDM	IA/IA
	<u>Overall Top 3</u>			
	Noel/McCollum	1 st	WDM/WDM	IA/IA

TEAM SPORTS

3 x 3 BASKETBALL

MEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Country Boys	1 st		IA
	<u>Overall Top 3</u>			
	Country Boys	1 st		IA
55-59	<u>Iowa Top 3</u>			
	Top Crafters	1 st		IA

	<u>Overall Top 3</u> Top Crafters	1 st	IA
60-64	<u>Iowa Top 3</u> McCloud	1 st	IA
	<u>Overall Top 3</u> #ALR Systems of Omaha McCloud #Converse All-Stars	1 st 2 nd 3 rd	NE IA MN
65-69	<u>Iowa Top 3</u> Iowa All Stars	1 st	IA
	<u>Overall Top 3</u> #Pikes Whitewater Iowa All Stars #Daubert Butler	1 st 2 nd 3 rd	WI IA NE
70-74	<u>Iowa Top 3</u> Iowa Silver Streaks	1 st	IA
	<u>Overall Top 3</u> Iowa Silver Streaks	1 st	IA

3 x 3 BASKETBALL

WOMEN

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u> Triple Threat	1 st		IA
	<u>Overall Top 3</u> Triple Threat	1 st		IA
60-64	<u>Iowa Top 3</u> Jurassic Sparks	1 st		IA
	<u>Overall Top 3</u> Jurassic Sparks	1 st		IA

GRANNY BASKETBALL

Age Cat.	Name	Place	City	State
	<u>Iowa Top 3</u> SEHARC Hot Pink Grannies	1 st	Des Moines	IA
	NE Iowa Great Dames	2 nd	Lansing	IA
	Curvaceous Chicks	3 rd	Center Point	IA

Overall Top 3

SEHARC Hot Pink Grannies	1 st	Des Moines	IA
NE Iowa Great Dames	2 nd	Lansing	IA
Curvaceous Chicks	3 rd	Center Point	IA

SOFTBALL

Age Cat.	Name	Place	City	State
60-64	<u>Iowa Top 3</u>			
	Salty Dogs	1 st		IA
	<u>Overall Top 3</u>			
	Salty Dogs	1 st		IA
65-69	<u>Iowa Top 3</u>			
	Iowa-Nebraska 65's	1 st		IA
	<u>Overall Top 3</u>			
	#Topeka Seniors	1 st		KS
	#Bobby-Steve's Lumberjacks	2 nd		MN
	Iowa-Nebraska 65's	3 rd		IA
70-74	<u>Iowa Top 3</u>			
	Iowa Tigers	1 st		IA
	<u>Overall Top 3</u>			
	Iowa Tigers	1 st		IA

VOLLEYBALL

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	6 Plus 1	1 st		IA
	<u>Overall Top 3</u>			
	6 Plus 1	1 st		IA
60-64	<u>Iowa Top 3</u>			
	Salty Dogs	1 st		IA
	<u>Overall Top 3</u>			
	Salty Dogs	1 st		IA
70-74	<u>Iowa Top 3</u>			
	Iowa 70's	1 st		IA

Overall Top 3
Iowa 70's

1st

IA

TENNIS

SINGLES

MEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u>			
	Craig Rhodes	1 st	Gilman	IA
	Bruce Schenck	2 nd	Glenwood	IA
	Jerry Stahlhut	3 rd	Marshalltown	IA
	<u>Overall Top 3</u>			
	Craig Rhodes	1 st	Gilman	IA
Bruce Schenck	2 nd	Glenwood	IA	
Jerry Stahlhut	3 rd	Marshalltown	IA	
60-64	<u>Iowa Top 3</u>			
	Charles Janzen	1 st	WDM	IA
	Larry Lehrkamp	2 nd	Marshalltown	IA
	Gary McCoy	3 rd	Bondurant	IA
	<u>Overall Top 3</u>			
	Charles Janzen	1 st	WDM	IA
Larry Lehrkamp	2 nd	Marshalltown	IA	
Gary McCoy	3 rd	Bondurant	IA	
65-69	<u>Iowa Top 3</u>			
	Mike Schaumburg	1 st	WDM	IA
	Phil Miller	2 nd	Conrad	IA
	Rich Hoidahl	3 rd	Johnston	IA
	<u>Overall Top 3</u>			
	Mike Schaumburg	1 st	WDM	IA
Phil Miller	2 nd	Conrad	IA	
Rich Hoidahl	3 rd	Johnston	IA	
70-74	<u>Iowa Top 3</u>			
	Bob Cowan	1 st	Clive	IA
	Joe VanArkel	2 nd	Des Moines	IA
	Richard Baskerville	3 rd	WDM	IA
	<u>Overall Top 3</u>			
	Bob Cowan	1 st	Clive	IA
Joe VanArkel	2 nd	Des Moines	IA	

	#Joseph Meuret	3 rd	Kearney	NE
75-79	<u>Iowa Top 3</u> Bob Evans Ken Fearing	1 st 2 nd	Des Moines North Liberty	IA IA
	<u>Overall Top 3</u> #Neil Reynolds Bob Evans Ken Fearing	1 st 2 nd 3 rd	St Joseph Des Moines North Liberty	MO IA IA
80-84	<u>Iowa Top 3</u> Stan Aldinger Robert Thompson John Milton	1 st 2 nd 3 rd	Iowa City Des Moines Des Moines	IA IA IA
	<u>Overall Top 3</u> Stan Aldinger Robert Thompson John Milton	1 st 2 nd 3 rd	Iowa City Des Moines Des Moines	IA IA IA
85-89	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> #Howard Dewell	1 st	Quincy	IL
90-94	<u>Iowa Top 3</u> Harold McCollum	1 st	WDM	IA
	<u>Overall Top 3</u> Harold McCollum	1 st	WDM	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
60-64	<u>Iowa Top 3</u> Karen Mann	1 st	Urbandale	IA
	<u>Overall Top 3</u> Karen Mann	1 st	Urbandale	IA
70-74	<u>Iowa Top 3</u> Vi Darsee	1 st	Clive	IA
	<u>Overall Top 3</u>			

	Vi Darsee	1 st	Clive	IA
80-84	<u>Iowa Top 3</u> Beverly Shelton	1 st	Johnston	IA
	<u>Overall Top 3</u> Beverly Shelton	1 st	Johnston	IA

DOUBLES

MEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u> Berkey/Rhodes	1 st	Le Grand/Gilman	IA/IA
	Olson/Schenck	2 nd	Ankeny/Glenwood	IA/IA
	Gehring/Miller	3 rd	Eldora/Conrad	IA/IA
	<u>Overall Top 3</u> Berkey/Rhodes	1 st	Le Grand/Gilman	IA/IA
	Olson/Schenck	2 nd	Ankeny/Glenwood	IA/IA
	Gehring/Miller	3 rd	Eldora/Conrad	IA/IA
60-64	<u>Iowa Top 3</u> Kite/Schaumburg	1 st	Des Moines/WDM	IA/IA
	Burke/Davis	2 nd	Sioux City/Adel	IA/IA
	<u>Overall Top 3</u> Kite/Schaumburg	1 st	Des Moines/WDM	IA/IA
	Burke/Davis	2 nd	Sioux City/Adel	IA/IA
65-69	<u>Iowa Top 3</u> No Entries			
	<u>Overall Top 3</u> Johnson/McConaughey	1 st	Belton/Raymore	MO/MO
70-74	<u>Iowa Top 3</u> Evans/VanArkel	1 st	Des Moines/Des Moines	IA/IA
	Baskerville/Templeman	2 nd	WDM/WDM	IA/IA
	<u>Overall Top 3</u> #Marciniak/McGinty	1 st	Dyer/Indianapolis	IN/IN
	Evans/VanArkel	2 nd	Des Moines/Des Moines	IA/IA
	Baskerville/Templeman	3 rd	WDM/WDM	IA/IA
75-79	<u>Iowa Top 3</u> Aldinger/Fearing	1 st	Iowa City/North Liberty	IA/IA

	<u>Overall Top 3</u> Aldinger/Fearing	1 st	Iowa City/North Liberty	IA/IA
80-84	<u>Iowa Top 3</u> Dragstedt/Thompson McCollum/Milton	1 st 2 nd	Des Moines/Des Moines WDM/Des Moines	IA/IA IA/IA
	<u>Overall Top 3</u> Dragstedt/Thompson McCollum/Milton	1 st 2 nd	Des Moines/Des Moines WDM/Des Moines	IA/IA IA/IA

DOUBLES

WOMEN

Age Cat.	Name	Place	City	State
75-79	<u>Iowa Top 3</u> Shelton/True	1 st	Johnston/Des Moines	IA/IA
	<u>Overall Top 3</u> Shelton/True	1 st	Johnston/Des Moines	IA/IA

MIXED DOUBLES

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u> Schenck/Schenck	1 st	Glenwood/Glenwood	IA/IA
	<u>Overall Top 3</u> Schenck/Schenck	1 st	Glenwood/Glenwood	IA/IA
60-64	<u>Iowa Top 3</u> Taylor/Taylor	1 st	Thayer/Des Moines	IA/IA
	<u>Overall Top 3</u> Taylor/Taylor	1 st	Thayer/Des Moines	IA/IA
80-84	<u>Iowa Top 3</u> Shelton/Thompson	1 st	Johnston/Des Moines	IA/IA
	<u>Overall Top 3</u> Shelton/Thompson	1 st	Johnston/Des Moines	IA/IA

TRACK AND FIELD

DISCUS

MEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Lyle Schwartz	126'11.0"	1 st	Jewell	IA
	Paul Grinvalds	108'1.0"	2 nd	WDM	IA
	Bob Nelson	75'1.0'	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Lyle Schwartz	126'11.0"	1 st	Jewell	IA
	#Ted Goudge	124'0.5"	2 nd	Maryville	MO
	Paul Grinvalds	108'1.0"	3 rd	WDM	IA
55-59	<u>Iowa Top 3</u>				
	Don Jessen	58'1.0"	1 st	Colfax	IA
	<u>Overall Top 3</u>				
	Don Jessen	58'1.0"	1 st	Colfax	IA
60-64	<u>Iowa Top 3</u>				
	Jim Kelly	114'0.0"	1 st	Pleasant Hill	IA
	Ron Peterson	90'5.0"	2 nd	Waukee	IA
	Greg Eastman	87'2.5"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Jim Kelly	114'0.0"	1 st	Pleasant Hill	IA
	#Robert Kranz	109'8.5"	2 nd	Kapaa	HI
	Ron Peterson	90'5.0"	3 rd	Waukee	IA
65-69	<u>Iowa Top 3</u>				
	Ron Wheeler	92'6.0"	1 st	Cedar Falls	IA
	<u>Overall Top 3</u>				
	#Ralph Check	116'4.0"	1 st	Endicott	NE
	#Alex Meyer	99'11.0"	2 nd	Scribner	NE
	#Jerry Moseke	97'9.0"	3 rd	Omaha	NE
70-74	<u>Iowa Top 3</u>				
	Stanley Whelchel	93'9.5"	1 st	Cedar Falls	IA
	Ronald Kolbe	52'3.0"	2 nd	Sac City	IA
	Richard Anderson	50'0.0"	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Al Salmon	106'11.0"	1 st	Liberty	MO
	Stanley Whelchel	93'9.5"	2 nd	Cedar Falls	IA
	#Dave Arndt	88'5.0"	3 rd	DeForest	WI
75-79	<u>Iowa Top 3</u>				

Otto Welfring	103'8.5"	1 st	Marshalltown	IA
Donald Huffman	80'9.5"	2 nd	Pella	IA
Bill Park	69'9.5"	3 rd	Muscatine	IA

Overall Top 3

Otto Welfring	103'8.5"	1 st	Marshalltown	IA
Donald Huffman	80'9.5"	2 nd	Pella	IA
#C L Bruce	77'5.0"	3 rd	Lake St Louis	MO

80-84

Iowa Top 3

Dick Mulkern	93'6.0"	1 st	Sheffield	IA
Edward Failor	72'0.0"	2 nd	WDM	IA
Keith Baker	58'3.25"	3 rd	Clive	IA

Overall Top 3

Dick Mulkern	93'6.0"	1 st	Sheffield	IA
Edward Failor	72'0.0"	2 nd	WDM	IA
Keith Baker	58'3.25"	3 rd	Clive	IA

85-89

Iowa Top 3

No Entries

Overall Top 3

#Howard Dewell	067'9.5"	1 st	Quincy	IL
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90-94

Iowa Top 3

Adolph Peschke	033'1.0"	1 st	WDM	IA
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Overall Top 3

Adolph Peschke	033'1.0"	1 st	WDM	IA
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DISCUS

WOMEN

Age Cat.	Name	Distance	Place	City	State
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50-54

Iowa Top 3

Cheryl Sander	46'9.5"	1 st	Altoona	IA
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Overall Top 3

Cheryl Sander	46'9.5"	1 st	Altoona	IA
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55-59

Iowa Top 3

Kay Glynn	72'1.0"	1 st	Hastings	IA
Martha Green	50'1.0"	2 nd	Des Moines	IA
Marcia Leeper	49'6.0"	3 rd	Urbandale	IA

Overall Top 3

Kay Glynn	72'1.0"	1 st	Hastings	IA
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	Martha Green	50'1.0"	2 nd	Des Moines	IA
	Marcia Leeper	49'6.0"	3 rd	Urbandale	IA
60-64	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#Joyce Hopgood	63'5.0"	1 st	Russellville	AR
	#Normimah Benedict	41'1.0"	2 nd	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Rosemary Fritzjunker	29'6.0"	1 st	WDM	IA
	<u>Overall Top 3</u>				
	Rosemary Fritzjunker	29'6.0"	1 st	WDM	IA
70-74	<u>Iowa Top 3</u>				
	Bertha Aldrich	059'7.0"	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Bertha Aldrich	059'7.0"	1 st	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Carolyn Dodd	32'11.0"	1 st	Des Moines	IA
	Nancy Baker	32'7'9.5"	2 nd	Clive	IA
	Glendoris Caswell	26'2.5"	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Carolyn Dodd	32'11.0"	1 st	Des Moines	IA
	Nancy Baker	32'7'9.5"	2 nd	Clive	IA
	Glendoris Caswell	26'2.5"	3 rd	Des Moines	IA

HIGH JUMP MEN

Age Cat.	Name	Height	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	4'2"	1 st	Altoona	IA
	Joseph Bohlke	4'0"	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	Randy Davis	4'2"	1 st	Altoona	IA
	Joseph Bohlke	4'0"	2 nd	Des Moines	IA
60-64	<u>Iowa Top 3</u>				
	Tarry Cory	4'4"	1 st	Clive	IA
	Ron Peterson	4'0"	2 nd	Waukee	IA
	Marty Feeney	3'10"	3 rd	Pella	IA

	<u>Overall Top 3</u>				
	Tarry Cory	4'4"	1 st	Clive	IA
	Ron Peterson	4'0"	2 nd	Waukee	IA
	Marty Feeney	3'10"	3 rd	Pella	IA
	#Jon Benedict	3'10"	3 rd	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Les Lane	4'6"	1 st	Carlisle	IA
	Rich Hoidahl	3'8"	2 nd	Johnston	IA
	Frank Perez	3'2"	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Les Lane	4'6"	1 st	Carlisle	IA
	#Alex Meyer	3'10"	2 nd	Scribner	NE
	Rich Hoidahl	3'8"	3 rd	Johnston	IA
70-74	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Martin Tangora	3'4"	1 st	Chicago	IL
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	3'8"	1 st	Iowa City	IA
	Ed Failor	3'2"	2 nd	WDM	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	3'8"	1 st	Iowa City	IA
	Ed Failor	3'2"	2 nd	WDM	IA

HIGH JUMP

WOMEN

Age Cat.	Name	Height	Place	City	State
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	4'4"	1 st	Hastings	IA
	<u>Overall Top 3</u>				
	Kay Glynn	4'4"	1 st	Hastings	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Normimah Benedict	3'2"	1 st	Fayetteville	AR

LONG JUMP – RUNNING MEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	11'0.00"	1 st	Altoona	IA
	Joseph Bohlke	9'8.00"	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Michael Berndt	13'6.00"	1 st	Madison	WI
	Randy Davis	11'0.00"	2 nd	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Marvin Ripp	11'5.00"	1 st	Madison	WI
	<u>Iowa Top 3</u>				
	Tarry Cory	14'3.00"	1 st	Clive	IA
Ron Peterson	11'7.00"	2 nd	Waukee	IA	
Marty Feeny	9'3.00"	3 rd	Pella	IA	
60-64	<u>Overall Top 3</u>				
	Tarry Cory	14'3.00"	1 st	Clive	IA
	Ron Peterson	11'7.00"	2 nd	Waukee	IA
	Marty Feeny	9'3.00"	3 rd	Pella	IA
	<u>Iowa Top 3</u>				
	Les Lane	13'5.00"	1 st	Carlisle	IA
Rich Hoidahl	11'7.00"	2 nd	Johnston	IA	
Dharmvir Bhatnagar	9'4.00"	3 rd	WDM	IA	
65-69	<u>Overall Top 3</u>				
	Les Lane	13'5.00"	1 st	Carlisle	IA
	#Alex Meyer	11'7.50"	2 nd	Scribner	NE
	Rich Hoidahl	11'7.00"	3 rd	Johnston	IA
	<u>Iowa Top 3</u>				
	Don Zimmer	10'2.00"	1 st	WDM	IA
Carroll Marty	9'8.00"	2 nd	Ames	IA	
Ken Clark	8'0.00"	3 rd	Urbandale	IA	
70-74	<u>Overall Top 3</u>				
	#Wendall Roehrs	11'5.00"	1 st	Warrenton	MO
	#Jerry Anderson	10'9.00"	2 nd	Ellsworth	WI
	#Martin Tangora	10'9.00"	2 nd	Chicago	IL

	Don Zimmer	10'2.00"	3 rd	WDM	IA
75-79	<u>Iowa Top 3</u>				
	Bill Park	9'2.00"	1 st	Muscatine	IA
	Daniel Teran	7'9.00"	2 nd	WDM	IA
	Ralph Scott	5'5.00"	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Bill Park	9'2.00"	1 st	Muscatine	IA
	Daniel Teran	7'9.00"	2 nd	WDM	IA
	Ralph Scott	5'5.00"	3 rd	WDM	IA
80-84	<u>Iowa Top 3</u>				
	Stan Aldinger	8'2.00"	1 st	Iowa City	IA
	<u>Overall Top 3</u>				
	Stan Aldinger	8'2.00"	1 st	Iowa City	IA

LONG JUMP – RUNNING WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#Victoria Daniel	8'8.00"	1 st	Appleton	WI
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	14'4.00"	1 st	Hastings	IA
	<u>Overall Top 3</u>				
	Kay Glynn	14'4.00"	1 st	Hastings	IA
60-64	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#Neva Weisskopf	9'9.00"	1 st	Lehigh Acres	FL
	#Normimah Benedict	9'1.00"	2 nd	Fayetteville	AR

LONG JUMP – STANDING MEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	7'1.00"	1 st	Altoona	IA
	Joseph Bohlke	6'11.00"	2 nd	Des Moines	IA

	<u>Overall Top 3</u>				
	#Michael Berndt	8'3.00"	1 st	Madison	WI
	#Willie Markmann	7'7.50"	2 nd	Bennington	NE
	Randy Davis	7'1.00"	1 st	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Steve Siegel	8'0.75"	1 st	Urbandale	IA
	<u>Overall Top 3</u>				
	Steve Siegel	8'0.75"	1 st	Urbandale	IA
	#Marvin Ripp	6'10.00"	2 nd	Middleton	WI
60-64	<u>Iowa Top 3</u>				
	Tarry Cory	8'2.00"	1 st	Clive	IA
	Marty Feeney	7'4.00"	2 nd	Pella	IA
	Ron Peterson	6'11.25"	3 rd	Waukee	IA
	<u>Overall Top 3</u>				
	Tarry Cory	8'2.00"	1 st	Clive	IA
	Marty Feeney	7'4.00"	2 nd	Pella	IA
	Ron Peterson	6'11.25"	3 rd	Waukee	IA
65-69	<u>Iowa Top 3</u>				
	Les Lane	7'11.00"	1 st	Carlisle	IA
	Frank Perez	6'9.00"	2 nd	WDM	IA
	Rich Hoidahl	6'6.50"	3 rd	Johnston	IA
	<u>Overall Top 3</u>				
	Les Lane	7'11.00"	1 st	Carlisle	IA
	Frank Perez	6'9.00"	2 nd	WDM	IA
	Rich Hoidahl	6'6.50"	3 rd	Johnston	IA
70-74	<u>Iowa Top 3</u>				
	Carroll Marty	6'6.00"	1 st	Ames	IA
	Don Zimmer	6'3.00"	2 nd	WDM	IA
	Richard Anderson	5'9.25"	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	7'2.00"	1 st	Warrenton	MO
	#Jerry Anderson	6'7.75"	2 nd	Ellsworth	WI
	Carroll Marty	6'6.00"	3 rd	Ames	IA
75-79	<u>Iowa Top 3</u>				
	Bill Park	6'11.75"	1 st	Muscatine	IA
	Tom Novak	6'2.75"	2 nd	Cedar Rapids	IA
	Daniel Teran	5'4.50"	3 rd	WDM	IA

Overall Top 3

Bill Park	6'11.75"	1 st	Muscatine	IA
Tom Novak	6'2.75"	2 nd	Cedar Rapids	IA
Daniel Teran	5'4.50"	3 rd	WDM	IA

80-84

Iowa Top 3

Darrell Mitchell	6'2.00"	1 st	Marshalltown	IA
Ed Failor	5'2.75"	2 nd	WDM	IA

Overall Top 3

Darrell Mitchell	6'2.00"	1 st	Marshalltown	IA
Ed Failor	5'2.75"	2 nd	WDM	IA

LONG JUMP – STANDING WOMEN

Age Cat.	Name	Distance	Place	City	State
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50-54

Iowa Top 3

No Entries

Overall Top 3

#Victoria Daniel	8'0.00"	1 st	Appleton	WI
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60-64

Iowa Top 3

No Entries

Overall Top 3

#Normimah Benedict	6'2.50"	1 st	Fayetteville	WI
#Neva Weisskopf	5'9.00"	2 nd	Lehigh Acres	FL

LONG JUMP – TRIPLE MEN

Age Cat.	Name	Distance	Place	City	State
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50-54

Iowa Top 3

Paul Grinvalds	32'9.50"	1 st	WDM	IA
Joseph Bohlke	18'10.50"	2 nd	Des Moines	IA
Randy Davis	17'6.25"	3 rd	Altoona	IA

Overall Top 3

Paul Grinvalds	32'9.50"	1 st	WDM	IA
Joseph Bohlke	18'10.50"	2 nd	Des Moines	IA
Randy Davis	17'6.25"	3 rd	Altoona	IA

60-64

Iowa Top 3

Ron Peterson	22'10.50"	1 st	Waukee	IA
Marty Feeney	17'8.00"	2 nd	Pella	IA

Overall Top 3

	Ron Peterson	22'10.50"	1 st	Waukee	IA
	#Jon Benedict	20'4.25"	2 nd	Fayetteville	AR
	Marty Feeney	17'8.00"	3 rd	Pella	IA
65-69	<u>Iowa Top 3</u>				
	Rich Hoidahl	20'3.50"	1 st	Johnston	IA
	<u>Overall Top 3</u>				
	Rich Hoidahl	20'3.50"	1 st	Johnston	IA
	#Alex Meyer	19'6.50"	2 nd	Scribner	NE
70-74	<u>Iowa Top 3</u>				
	Franklin Brown	22'0.00"	1 st	Des Moines	IA
	Carroll Marty	21'2.00"	2 nd	Ames	IA
	Ken Clark	15'9.00"	3 rd	Urbandale	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	22'7.75"	1 st	Warrenton	MO
	#Martin Tangora	22'5.00"	2 nd	Chicago	IL
	Franklin Brown	22'0.00"	1 st	Des Moines	IA

LONG JUMP – TRIPLE WOMEN

Age Cat.	Name	Distance	Place	City	State
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	26'11.50"	1 st	Hastings	IA
	<u>Overall Top 3</u>				
	Kay Glynn	26'11.50"	1 st	Hastings	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Normimah Benedict	21'1.00"	1 st	Fayetteville	AR
	#Neva Weisskopf	17'3.50"	2 nd	Lehigh Acres	FL

RACE WALK – 1500 METER MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Greg Palmersheim	10:08	1 st	Des Moines	IA
	Randy Davis	10:24	2 nd	Altoona	IA
	Joseph Bohlke	10:30	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Willie Markmann	9:02.00	1 st	Bennington	NE
	Greg Palmersheim	10:08	2 nd	Des Moines	IA

	Randy Davis	10:24	3 rd	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Robert Shires	8:56	1 st	Des Moines	IA
	Steve Wacht	10:08	2 nd	Indianola	IA
	<u>Overall Top 3</u>				
	Robert Shires	8:56	1 st	Des Moines	IA
	#Brent Bohlen	10:06	2 nd	Springfield	IL
	Steve Wacht	10:08	3 rd	Indianola	IA
60-64	<u>Iowa Top 3</u>				
	Randall Schuh	10:08	1 st	Fort Dodge	IA
	<u>Overall Top 3</u>				
	Randall Schuh	10:08	1 st	Fort Dodge	IA
	#Jon Benedict	11:42	2 nd	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Gary O'Daniels	9:21	1 st	Creston	IA
	Tom Kirkwood	9:22	2 nd	Cedar Rapids	IA
	Dharmvir Bhatnagar	10:33	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Gary O'Daniels	9:21	1 st	Creston	IA
	Tom Kirkwood	9:22	2 nd	Dyersville	IA
	Dharmvir Bhatnagar	10:33	3 rd	WDM	IA
70-74	<u>Iowa Top 3</u>				
	Franklin Brown	10:45	1 st	Des Moines	IA
	Carroll Marty	10:46	2 nd	Ames	IA
	Jerry Triplett	11:36	3 rd	Winterset	IA
	<u>Overall Top 3</u>				
	Franklin Brown	10:45	1 st	Des Moines	IA
	Carroll Marty	10:46	2 nd	Ames	IA
	#John McGinty	10:34	3 rd	Indianapolis	IN
75-79	<u>Iowa Top 3</u>				
	Tom Novak	11:43	1 st	Cedar Rapids	IA
	Charles Poague	16:20	2 nd	WDM	IA
	<u>Overall Top 3</u>				
	#Fred Adams	10:46	1 st	Liberty	MO
	Tom Novak	11:43	2 nd	Cedar Rapids	IA
	Charles Poague	16:20	3 rd	WDM	IA

90-94 Iowa Top 3
No Entries

Overall Top 3
#Thomas Young 15:13 1st Overland Park KS

RACE WALK – 1500 METER WOMEN

Age Cat.	Name	Time	Place	City	State
55-59	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Donna Janusheske	11:19	1 st	Sparta	WI
60-64	<u>Iowa Top 3</u> Faith Rulapaugh	11:00	1 st	Oelwein	IA
	<u>Overall Top 3</u> Faith Rulapaugh	11:00	1 st	Oelwein	IA
	#Normimah Benedict	12:20	2 nd	Fayetteville	AR
65-69	<u>Iowa Top 3</u> Phyllis O'Daniels	13:43	1 st	Creston	IA
	<u>Overall Top 3</u> Phyllis O'Daniels	13:43	1 st	Creston	IA
70-74	<u>Iowa Top 3</u> Bertha Aldrich	11:36	1 st	Alden	IA
	<u>Overall Top 3</u> Bertha Aldrich	11:36	1 st	Alden	IA
75-79	<u>Iowa Top 3</u> Carolyn Dodd	13:36	1 st	Des Moines	IA
	<u>Overall Top 3</u> Carolyn Dodd	13:36	1 st	Des Moines	IA
80-84	<u>Iowa Top 3</u> Gene McClaran	15:40	1 st	Des Moines	IA
	<u>Overall Top 3</u> Gene McClaran	15:40	1 st	Des Moines	IA

RACE WALK – 5000 METER MEN

Age Cat.	Name	Time	Place	City	State
55-59	<u>Iowa Top 3</u>				
	Robert Shires	32:51	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Robert Shires	32:51	1 st	Des Moines	IA
	#Brent Bohlen	33:38	2 nd	Springfield	IL
60-64	<u>Iowa Top 3</u>				
	Randall Schuh	40:24	1 st	Fort Dodge	IA
	David Brown	58:03	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	#Jon Benedict	38:24	1 st	Fayetteville	AR
	Randall Schuh	40:24	2 nd	Fort Dodge	IA
	David Brown	58:03	3 rd	Des Moines	IA
65-69	<u>Iowa Top 3</u>				
	Gary O'Daniels	33:36	1 st	Creston	IA
	Tom Kirkwood	33:39	2 nd	Dyersville	IA
	Dharmvir Bhatnagar	38:16	3 rd	WDM	IA
	<u>Iowa Top 3</u>				
	Gary O'Daniels	33:36	1 st	Creston	IA
	Tom Kirkwood	33:39	2 nd	Dyersville	IA
	Dharmvir Bhatnagar	38:16	3 rd	WDM	IA
70-74	<u>Iowa Top 3</u>				
	Franklin Brown	36:48	1 st	Des Moines	IA
	Jerry Triplett	40:06	2 nd	Winterset	IA
	Ronald Kolbe	52:03	3 rd	Sac City	IA
	<u>Overall Top 3</u>				
	Franklin Brown	36:48	1 st	Des Moines	IA
	Jerry Triplett	40:06	2 nd	Winterset	IA
	Ronald Kolbe	52:03	3 rd	Sac City	IA
75-79	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Fred Adams	38:09	1 st	Liberty	MO
90-94	<u>Iowa Top 3</u>				
	No Entries				

Overall Top 3
 #Thomas Young 50:44 1st Overland Park KS

RACE WALK – 5000 METER WOMEN

Age Cat.	Name	Time	Place	City	State
60-64	<u>Iowa Top 3</u> Faith Rulapaugh	38:40	1 st	Oelwein	IA
	<u>Overall Top 3</u> Faith Rulapaugh	38:40	1 st	Oelwein	IA
70-74	<u>Iowa Top 3</u> Bertha Aldrich	33:43	1 st	Alden	IA
	<u>Overall Top 3</u> Bertha Aldrich	33:43	1 st	Alden	IA
80-84	<u>Iowa Top 3</u> Gene McClaran	51:41	1 st	Des Moines	IA
	<u>Overall Top 3</u> Gene McClaran	51:41	1 st	Des Moines	IA

ROAD RACE – 5K MEN

Age Cat.	Name	Time	Place	City	State
55-59	<u>Iowa Top 3</u> Jack Sandmeier	23:11	1 st	Knoxville	IA
	<u>Overall Top 3</u> Jack Sandmeier	23:11	1 st	Knoxville	IA
60-64	<u>Iowa Top 3</u> Gary Patton	18:53	1 st	Rock Rapids	IA
	David Brown	53:04	2 nd	Des Moines	IA
	<u>Overall Top 3</u> Gary Patton	18:53	1 st	Rock Rapids	IA
	David Brown	53:04	2 nd	Des Moines	IA
65-69	<u>Iowa Top 3</u> Ruben Rullan	32:21	1 st	Urbandale	IA
	<u>Overall Top 3</u> Ruben Rullan	32:21	1 st	Urbandale	IA

70-74	<u>Iowa Top 3</u>				
	Jerry Triplett	27:15	1 st	Winterset	IA
	Gerald Hendrickson	30:17	2 nd	Cedar Falls	IA

	<u>Overall Top 3</u>				
	Jerry Triplett	27:15	1 st	Winterset	IA
	Gerald Hendrickson	30:17	2 nd	Cedar Falls	IA

75-79	<u>Iowa Top 3</u>				
	Alvin Ravenscroft	29:19	1 st	Ames	IA

	<u>Overall Top 3</u>				
	Alvin Ravenscroft	29:19	1 st	Ames	IA

ROAD RACE – 5K WOMEN

Age Cat.	Name	Time	Place	City	State
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ROAD RACE – 10K MEN

Age Cat.	Name	Time	Place	City	State
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60-64	<u>Iowa Top 3</u>				
	Roy Ney	45:53	1 st	Des Moines	IA
	Joe Keefer	49:38	2 nd	Des Moines	IA

	<u>Overall Top 3</u>				
	Roy Ney	45:53	1 st	Des Moines	IA
	Joe Keefer	49:38	2 nd	Des Moines	IA

70-74	<u>Iowa Top 3</u>				
	Gerald Hendrickson	1:06:37	1 st	Cedar Falls	IA

	<u>Overall Top 3</u>				
	Gerald Hendrickson	1:06:37	1 st	Cedar Falls	IA

ROAD RACE – 10K WOMEN

Age Cat.	Name	Time	Place	City	State
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SHOT PUT MEN

Age Cat.	Name	Distance	Place	City	State
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50-54	<u>Iowa Top 3</u>				
	Joseph Bohlke	29'5.75"	1 st	Des Moines	IA

	<u>Overall Top 3</u>				
	#Ted Goudge	38'8.25"	1 st	Maryville	IA
	#Gary Shank	34'4.00"	2 nd	Mohmouth	IL
	#Garry Pirch	31'0.00"	3 rd	Rich Hill	MO

55-59	<u>Iowa Top 3</u>					
	Bruce Schenck	30'0.25"	1 st	Glenwood	IA	
	Duane Cooling	29'8.00"	2 nd	Gilman	IA	
	Steve Wacht	29'2.75"	3 rd	Indianola	IA	
	<u>Overall Top 3</u>					
	Bruce Schenck	30'0.25"	1 st	Glenwood	IA	
	Duane Cooling	29'8.00"	2 nd	Gilman	IA	
	Steve Wacht	29'2.75"	3 rd	Indianola	IA	
60-64	<u>Iowa Top 3</u>					
	Jim Kelly	36'4.75"	1 st	Pleasant Hill	IA	
	Greg Eastman	32'7.50"	2 nd	Des Moines	IA	
	Alan Schenck	31'1.50"	3 rd	Clarinda	IA	
	<u>Overall Top 3</u>					
	Jim Kelly	36'4.75"	1 st	Pleasant Hill	IA	
	Greg Eastman	32'7.50"	2 nd	Des Moines	IA	
	Alan Schenck	31'1.50"	3 rd	Clarinda	IA	
65-69	<u>Iowa Top 3</u>					
	Ron Wheeler	30'1.00"	1 st	Cedar Falls	IA	
	Dale Dewey	21'11.50"	2 nd	Des Moines	IA	
	<u>Overall Top 3</u>					
	#Ralph Check	36'2.25"	1 st	Endicott	NE	
	#Alex Meyer	32'10.50"	2 nd	Scribner	NE	
	Ron Wheeler	30'1.00"	3 rd	Cedar Falls	IA	
70-74	<u>Iowa Top 3</u>					
	Carroll Marty	31'1.00"	1 st	Ames	IA	
	Stanley Whelchel	30'7.50"	2 nd	Cedar Falls	IA	
	Richard Anderson	30'6.00"	3 rd	WDM	IA	
	<u>Overall Top 3</u>					
	#Al Salmon	40'9.00"	1 st	Liberty	MO	
	#Dave Arndt	32'8.75"	2 nd	DeForest	WI	
	#Jerry Anderson	32'0.25"	3 rd	Ellsworth	WI	
75-79	<u>Iowa Top 3</u>					
	Otto Welfring	32'0.50"	1 st	Marshalltown	IA	
	Donald Huffman	28'8.25"	2 nd	Pella	IA	
	Wayne Marty	27'7.00"	3 rd	Le Mars	IA	
	<u>Overall Top 3</u>					

	Otto Welfring	32'0.50"	1 st	Marshalltown	IA
	C L Bruce	30'5.00"	2 nd	Lake St Louis	MO
	Donald Huffman	28'8.25"	3 rd	Pella	IA
80-84	<u>Iowa Top 3</u>				
	Dick Mulkern	31'2.75"	1 st	Sheffield	IA
	Edward Failor	25'10.50"	2 nd	Muscatine	IA
	<u>Overall Top 3</u>				
	Dick Mulkern	31'2.75"	1 st	Sheffield	IA
	Edward Failor	25'10.50"	2 nd	Muscatine	IA
85-89	<u>Iowa Top 3</u>				
	Mick Donahue	18'9.75"	1 st	WDM	IA
	<u>Overall Top 3</u>				
	#Howard Dewell	24'2.00"	1 st	Quincy	IA
	Mick Donahue	18'9.75"	2 nd	WDM	IA
90-94	<u>Iowa Top 3</u>				
	Adolph Peschke	15'4.75"	1 st	WDM	IA
	<u>Overall Top 3</u>				
	Adolph Peschke	15'4.75"	1 st	WDM	IA

SHOT PUT

WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Cheryl Sander	23'5.25"	1 st	Altoona	IA
	<u>Overall Top 3</u>				
	Cheryl Sander	23'5.25"	1 st	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	29'0.25"	1 st	Hastings	IA
	Martha Green	23'2.50"	2 nd	Des Moines	IA
	Marcia Leeper	22'9.75"	3 rd	Urbandale	IA
	<u>Overall Top 3</u>				
	Kay Glynn	29'0.25"	1 st	Hastings	IA
	Martha Green	23'2.50"	2 nd	Des Moines	IA
	Marcia Leeper	22'9.75"	3 rd	Urbandale	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				

	<u>Overall Top 3</u>				
	#Joyce Hopgood	20'9.50"	1 st	Russellville	AR
	#Normimah Benedict	18'11.00"	2 nd	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Rosemary Fritzjunker	17'5.00"	1 st	WDM	IA
	Lois Kolbe	7'4.50"	2 nd	Sac City	IA
	<u>Overall Top 3</u>				
	Rosemary Fritzjunker	17'5.00"	1 st	WDM	IA
	#Charlotte Weisser	14'11.50"	2 nd	Lincoln	NE
	Lois Kolbe	7'4.50"	3 rd	Sac City	IA
70-74	<u>Iowa Top 3</u>				
	Bertha Aldrich	21'4.75"	1 st	Alden	IA
	<u>Overall Top 3</u>				
	Bertha Aldrich	21'4.75"	1 st	Alden	IA
75-79	<u>Iowa Top 3</u>				
	Carolyn Dodd	15'9.75"	1 st	Des Moines	IA
	Nancy Baker	15'6.50"	2 nd	Clive	IA
	<u>Overall Top 3</u>				
	Carolyn Dodd	15'9.75"	1 st	Des Moines	IA
	Nancy Baker	15'6.50"	2 nd	Clive	IA
	#Alice Purdes	12'1.50"	3 rd	Madison	IL
80-84	<u>Iowa Top 3</u>				
	Ernestine Davis	12'4.75"	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Ernestine Davis	12'4.75"	1 st	Des Moines	IA

50 METER DASH

MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Mike Hale	6.66	1 st	Clive	IA
	Paul Grinvalds	6.75	2 nd	WDM	IA
	Mark Cooper	7.18	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Mike Hale	6.66	1 st	Clive	IA
	Paul Grinvalds	6.75	2 nd	WDM	IA
	Mark Cooper	7.18	3 rd	Des Moines	IA

55-59	<u>Iowa Top 3</u>				
	Mark Leamen	7.34	1 st	Bondurant	IA
	<u>Overall Top 3</u>				
	Mark Leamen	7.34	1 st	Bondurant	IA
60-64	<u>Iowa Top 3</u>				
	Daniel Weisskopf	7.64	1 st	M Amana	IA
	Gene Hegwood	7.85	2 nd	Knoxville	IA
	Denny Bane	8.38	3 rd	Urbandale	IA
	<u>Overall Top 3</u>				
	Daniel Weisskopf	7.64	1 st	M Amana	IA
	#Johnnie Hopgood	7.78	2 nd	Russellville	AR
	Gene Hegwood	7.85	3 rd	Knoxville	IA
65-69	<u>Iowa Top 3</u>				
	Les Lane	7.60	1 st	Carlisle	IA
	Rich Hoidahl	8.13	2 nd	Johnston	IA
	Frank Perez	8.18	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	Les Lane	7.60	1 st	Carlisle	IA
	#James Snook	7.78	2 nd	Overland Park	KS
	Rich Hoidahl	8.13	3 rd	Johnston	IA
70-74	<u>Iowa Top 3</u>				
	Mike Murphy	8.44	1 st	Blue Grass	IA
	Don Zimmer	8.50	2 nd	WDM	IA
	Richard Anderson	10.66	3 rd	WDM	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	7.49	1 st	Warrenton	MO
	#Jerry Anderson	8.13	2 nd	Ellsworth	WI
	Mike Murphy	8.44	3 rd	Blue Grass	IA
75-79	<u>Iowa Top 3</u>				
	Tom Little	8.75	1 st	Knoxville	IA
	Tom Novak	8.81	2 nd	Cedar Rapids	IA
	Bill Park	8.89	3 rd	Muscatine	IA
	<u>Overall Top 3</u>				
	Tom Little	8.75	1 st	Knoxville	IA
	Tom Novak	8.81	2 nd	Cedar Rapids	IA
	Bill Park	8.89	3 rd	Muscatine	IA

80-84	<u>Iowa Top 3</u> Melvin Larsen	8.34	1 st	Ames	IA
	<u>Overall Top 3</u> Melvin Larsen	8.34	1 st	Ames	IA
85-89	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Howard Dewell	12.56	1 st	Quincy	IL
90-94	<u>Iowa Top 3</u> Adolph Peschke	23.56	1 st	Des Moines	IA
	<u>Overall Top 3</u> Adolph Peschke	23.56	1 st	Des Moines	IA

50 METER DASH

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> Paula Sandmeier	8.31	1 st	Knoxville	IA
	Julie Goldman	9.44	2 nd	Des Moines	IA
	<u>Overall Top 3</u> Paula Sandmeier	8.31	1 st	Knoxville	IA
	#Victoria Daniel	8.43	2 nd	Appleton	WI
	Julie Goldman	9.44	3 rd	Des Moines	IA
60-64	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Normimah Benedict	8.28	1 st	Fayetteville	AR
	#Joyce Hopgood	10.50	2 nd	Russellville	AR
70-74	<u>Iowa Top 3</u> Carol Linderman	9.97	1 st	Clive	IA
	<u>Overall Top 3</u> Carol Linderman	9.97	1 st	Clive	IA
75-79	<u>Iowa Top 3</u> Carolyn Dodd	12.40	1 st	Des Moines	IA
	<u>Overall Top 3</u>				

	Carolyn Dodd	12.40	1 st	Des Moines	IA
	#Alice Purdes	19.91	2 nd	Madison	IL
80-84	<u>Iowa Top 3</u>				
	Ernestine Davis	19.90	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Ernestine Davis	19.90	1 st	Des Moines	IA

100 METER DASH MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Paul Grinvalds	13.00	1 st	WDM	IA
	Mark Cooper	13.25	2 nd	Des Moines	IA
	Randy Davis	14.41	3 rd	Altoona	IA
	<u>Overall Top 3</u>				
	Paul Grinvalds	13.00	1 st	WDM	IA
	Mark Cooper	13.25	2 nd	Des Moines	IA
	#Willie Markmann	13.41	3 rd	Bennington	NE
55-59	<u>Iowa Top 3</u>				
	Roger Johnson	13.21	1 st	Le Claire	IA
	Mark Leaman	13.72	2 nd	Bondurant	IA
	Steve Siegel	14.75	3 rd	Urbandale	IA
	<u>Overall Top 3</u>				
	Roger Johnson	13.21	1 st	Le Claire	IA
	Mark Leaman	13.72	2 nd	Bondurant	IA
	#Marvin Ripp	14.47	3 rd	Middleton	WI
60-64	<u>Iowa Top 3</u>				
	Daniel Weisskopf	13.94	1 st	M Amana	IA
	Gene Hegwood	14.60	2 nd	Knoxville	IA
	David Brown	28.91	3 rd	Des Moines	IA
	<u>Overall Top 3</u>				
	Daniel Weisskopf	13.94	1 st	M Amana	IA
	Gene Hegwood	14.60	2 nd	Knoxville	IA
	David Brown	28.91	3 rd	Des Moines	IA
65-69	<u>Iowa Top 3</u>				
	Les Lane	13.65	1 st	Carlisle	IA
	Rich Hoidahl	15.59	2 nd	Johnston	IA
	Tom Kirkwood	16.72	3 rd	Dyersville	IA

	<u>Overall Top 3</u>				
	Les Lane	13.65	1 st	Carlisle	IA
	Rich Hoidahl	15.59	2 nd	Johnston	IA
	#Alex Meyer	15.59	2 nd	Scribner	NE
	Tom Kirkwood	16.72	3 rd	Dyersville	IA
70-74	<u>Iowa Top 3</u>				
	Don Zimmer	15.66	1 st	WDM	IA
	Mike Murphy	16.19	2 nd	Blue Grass	IA
	Carroll Marty	16.78	3 rd	Ames	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	14.56	1 st	Warrenton	MO
	#Jerry Anderson	15.41	2 nd	Ellsworth	WI
	Don Zimmer	15.66	1 st	WDM	IA
75-79	<u>Iowa Top 3</u>				
	Tom Novak	16.66	1 st	Cedar Rapids	IA
	Daniel Teran	17.28	2 nd	WDM	IA
	Bill Park	17.90	3 rd	Muscatine	IA
	<u>Overall Top 3</u>				
	Tom Novak	16.66	1 st	Cedar Rapids	IA
	Daniel Teran	17.28	2 nd	WDM	IA
	Bill Park	17.90	3 rd	Muscatine	IA
80-84	<u>Iowa Top 3</u>				
	Melvin Larsen	15.52	1 st	Ames	IA
	Stan Aldinger	18.96	2 nd	Iowa City	IA
	<u>Overall Top 3</u>				
	William Melville	14.94	1 st	Platteville	WI
	Melvin Larsen	15.52	2 nd	Ames	IA
	Stan Aldinger	18.96	3 rd	Iowa City	IA

100 METER DASH

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u>				
	#Victoria Daniel	16.53	1 st	Appleton	WI
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	14.41	1 st	Hastings	IA

	<u>Overall Top 3</u>				
	Kay Glynn	14.41	1 st	Hastings	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				
	<u>Overall Top 3</u>				
	#Normimah Benedict	15.54	1 st	Fayetteville	AR
	#Neva Weisskopf	16.63	2 nd	Lehigh Acres	FL
70-74	<u>Iowa Top 3</u>				
	Carol Linderman	18.53	1 st	Clive	IA
	<u>Overall Top 3</u>				
	Carol Linderman	18.53	1 st	Clive	IA

200 METER DASH MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Paul Grinvalds	26.18	1 st	WDM	IA
	Mike Hale	26.88	2 nd	Clive	IA
	John Barron	28.00	3 rd	Guttenberg	IA
	<u>Overall Top 3</u>				
	Paul Grinvalds	26.18	1 st	WDM	IA
	Mike Hale	26.88	2 nd	Clive	IA
	John Barron	28.00	3 rd	Guttenberg	IA
55-59	<u>Iowa Top 3</u>				
	Roger Johnson	28.87	1 st	Le Claire	IA
	Jack Sandmeier	34.78	2 nd	Knoxville	IA
	<u>Overall Top 3</u>				
	Roger Johnson	28.87	1 st	Le Claire	IA
	Jack Sandmeier	34.78	2 nd	Knoxville	IA
60-64	<u>Iowa Top 3</u>				
	Daniel Weisskopf	32.50	1 st	M Amana	IA
	<u>Overall Top 3</u>				
	Daniel Weisskopf	32.50	1 st	M Amana	IA
	#Johnnie Hopgood	33.41	2 nd	Russellville	AR
65-69	<u>Iowa Top 3</u>				
	Les Lane	29.28	1 st	Carlisle	IA
	Rich Hoidahl	34.81	2 nd	Johnston	IA

	<u>Overall Top 3</u>				
	Les Lane	29.28	1 st	Carlisle	IA
	#Howard Weisser	31.22	2 nd	Lincoln	NE
	#James Snook	31.50	3 rd	Overland Park	KS
70-74	<u>Iowa Top 3</u>				
	Carroll Marty	40.87	1 st	Ames	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	32.16	1 st	Warrenton	MO
	#Martin Tangora	33.88	2 nd	Chicago	IL
	Carroll Marty	40.87	3 rd	Ames	IA
75-79	<u>Iowa Top 3</u>				
	Tom Novak	39.94	1 st	Cedar Rapids	IA
	Wayne Marty	40.46	2 nd	Le Mars	IA
	<u>Overall Top 3</u>				
	Tom Novak	39.94	1 st	Cedar Rapids	IA
	Wayne Marty	40.46	2 nd	Le Mars	IA
80-84	<u>Iowa Top 3</u>				
	Melvin Larson	36.41	1 st	Ames	IA
	<u>Overall Top 3</u>				
	#William Melville	34.22	1 st	Platteville	WI
	Melvin Larson	34.16	2 nd	Ames	IA

200 METER DASH

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Paula Sandmeier	41.32	1 st	Knoxville	IA
	<u>Overall Top 3</u>				
	#Victoria Daniel	37.09	1 st	Appleton	WI
	Paula Sandmeier	41.32	2 nd	Knoxville	IA
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	31.29	1 st	Hastings	IA
	<u>Overall Top 3</u>				
	Kay Glynn	31.29	1 st	Hastings	IA
60-64	<u>Iowa Top 3</u>				
	No Entries				

	<u>Overall Top 3</u>				
	#Normimah Benedict	37.20	1 st	Fayetteville	AR
	#Joyce Hopgood	48.12	2 nd	Russellville	AR
70-74	<u>Iowa Top 3</u>				
	Carol Linderman	55.96	1 st	Clive	IA
	<u>Overall Top 3</u>				
	Carol Linderman	55.96	1 st	Clive	IA
75-79	<u>Iowa Top 3</u>				
	Carolyn Dodd	1:13.00	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Carolyn Dodd	1:13.00	1 st	Des Moines	IA
80-84	<u>Iowa Top 3</u>				
	Ernestine Davis	1:41.38	1 st	Des Moines	IA
	<u>Overall Top 3</u>				
	Ernestine Davis	1:41.38	1 st	Des Moines	IA

400 METER RUN MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	1:05.78	1 st	Altoona	IA
	Bill Oliver	1:06.00	2 nd	Cedar Rapids	IA
	<u>Overall Top 3</u>				
	Randy Davis	1:08.06	1 st	Altoona	IA
	Bill Oliver	1:06.00	2 nd	Cedar Rapids	IA
55-59	<u>Iowa Top 3</u>				
	Roger Johnson	1:05.35	1 st	Le Claire	IA
	Mark Leamen	1:13.84	2 nd	Bondurant	IA
	<u>Overall Top 3</u>				
	Roger Johnson	1:05.35	1 st	Le Claire	IA
	#Marvin Ripp	1:08.38	2 nd	Middleton	WI
	Mark Leamen	1:13.84	3 rd	Bondurant	IA
60-64	<u>Iowa Top 3</u>				
	Gary Patton	1:07.31	1 st	Rock Rapids	IA
	Joe Keefer	1:17.69	2 nd	Des Moines	IA
	Ron Peterson	1:23.22	3 rd	Waukee	IA

	<u>Overall Top 3</u>				
	Gary Patton	1:07.31	1 st	Rock Rapids	IA
	Joe Keefer	1:17.69	2 nd	Des Moines	IA
	Ron Peterson	1:23.22	3 rd	Waukee	IA
65-69	<u>Iowa Top 3</u>				
	Tom Kirwood	1:22.34	1 st	Dyersville	IA
	Rich Hoidahl	1:27.34	2 nd	Johnston	IA
	<u>Overall Top 3</u>				
	#J Abels	1:06.62	1 st	Papillion	NE
	Tom Kirwood	1:22.34	2 nd	Dyersville	IA
	#Alex Meyer	1:25.81	3 rd	Scribner	NE
70-74	<u>Iowa Top 3</u>				
	Franklin Brown	1:30.25	1 st	Des Moines	IA
	Don Zimmer	2:01.43	2 nd	WDM	IA
	<u>Overall Top 3</u>				
	#Wendall Roehrs	1:20.10	1 st	Warrenton	MO
	Franklin Brown	1:30.25	2 nd	Des Moines	IA
	Don Zimmer	2:01.43	3 rd	WDM	IA
75-79	<u>Iowa Top 3</u>				
	Tom Novak	1:39.22	1 st	Cedar Rapids	IA
	<u>Overall Top 3</u>				
	Tom Novak	1:39.22	1 st	Cedar Rapids	IA
80-84	<u>Iowa Top 3</u>				
	Darrell Mitchell	1:26.09	1 st	Marshalltown	IA
	<u>Overall Top 3</u>				
	Darrell Mitchell	1:26.09	1 st	Marshalltown	IA

400 METER RUN

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Victoria Daniel	1:28.60	1 st	Appleton	WI
60-64	<u>Iowa Top 3</u> No Entries				

	<u>Overall Top 3</u>				
	#Neva Weisskopf	1:36.71	1 st	Lehigh Acres	FL
	#Normimah Benedict	2:08.65	2 nd	Fayetteville	AR
65-69	<u>Iowa Top 3</u>				
	Helen James	1:38.19	1 st	Decorah	IA
	<u>Overall Top 3</u>				
	Helen James	1:38.19	1 st	Decorah	IA
70-74	<u>Iowa Top 3</u>				
	Betty Hoff	1:39.22	1 st	Decorah	IA
	Carol Linderman	2:24.92	2 nd	Clive	IA
	<u>Overall Top 3</u>				
	Betty Hoff	1:39.22	1 st	Decorah	IA
	Carol Linderman	2:24.92	2 nd	Clive	IA

800 METER RUN MEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	John Anderson	2:24.09	1 st	Huxley	IA
	Bill Oliver	2:30.91	2 nd	Cedar Rapids	IA
	Randy Davis	2:41.35	3 rd	Altoona	IA
	<u>Overall Top 3</u>				
	John Anderson	2:24.09	1 st	Huxley	IA
	Bill Oliver	2:30.91	2 nd	Cedar Rapids	IA
	Randy Davis	2:41.35	3 rd	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Steve Wacht	3:10.43	1 st	Indianola	IA
	Jack Sandmeier	3:14.65	2 nd	Knoxville	IA
	<u>Overall Top 3</u>				
	Steve Wacht	3:10.43	1 st	Indianola	IA
	Jack Sandmeier	3:14.65	2 nd	Knoxville	IA
60-64	<u>Iowa Top 3</u>				
	Gary Patton	2:31.18	1 st	Rock Rapids	IA
	Joe Keefer	3:08.78	2 nd	Des Moines	IA
	Denny Adair	4:42.88	3 rd	Osceola	IA
	<u>Overall Top 3</u>				
	Gary Patton	2:31.18	1 st	Rock Rapids	IA

	Joe Keefer	3:08.78	2 nd	Des Moines	IA
	#David Williams	3:24.85	3 rd	St Paul	MN
65-69	<u>Iowa Top 3</u>				
	Tom Kirkwood	3:05.84	1 st	Dyersville	IA
	Ruben Rullan	3:55.64	2 nd	Urbandale	IA
	<u>Overall Top 3</u>				
	#Howard Weisser	3:02.08	1 st	Lincoln	NE
	Tom Kirkwood	3:05.84	2 nd	Dyersville	IA
	#Alex Meyer	3:34.00	3 rd	Scribner	NE
70-74	<u>Iowa Top 3</u>				
	Jerry Triplett	3:50.05	1 st	Winterset	IA
	Franklin Brown	4:00.43	2 nd	Des Moines	IA
	<u>Overall Top 3</u>				
	Jerry Triplett	3:50.05	1 st	Winterset	IA
	Franklin Brown	4:00.43	2 nd	Des Moines	IA
75-79	<u>Iowa Top 3</u>				
	Tom Novak	3:13.00	1 st	Cedar Rapids	IA
	Alvin Ravenscroft	3:59.00	2 nd	Ames	IA
	Wayne Marty	4:58.00	3 rd	Le Mars	IA
	<u>Overall Top 3</u>				
	Tom Novak	3:13.00	1 st	Cedar Rapids	IA
	Alvin Ravenscroft	3:59.00	2 nd	Ames	IA
	Wayne Marty	4:58.00	3 rd	Le Mars	IA

800 METER RUN

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Paula Sandmeier	3:46.72	1 st	Knoxville	IA
	<u>Overall Top 3</u>				
	#Victoria Daniel	3:24.00	1 st	Appleton	WI
	Paula Sandmeier	3:46.72	2 nd	Knoxville	IA
65-69	<u>Iowa Top 3</u>				
	Helen James	3:50.59	1 st	Decorah	IA
	<u>Overall Top 3</u>				
	Helen James	3:50.59	1 st	Decorah	IA
70-74	<u>Iowa Top 3</u>				

Betty Hoff 4:04.37 1st Decorah IA

Overall Top 3

Betty Hoff 4:04.37 1st Decorah IA

1500 METER RUN MEN

Age Cat.	Name	Time	Place	City	State
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50-54

Iowa Top 3

John Anderson 4:59.00 1st Huxley IA

Bill Oliver 5:02.00 2nd Cedar Rapids IA

Randy Davis 5:38.00 3rd Altoona IA

Overall Top 3

John Anderson 4:59.00 1st Huxley IA

Bill Oliver 5:02.00 2nd Cedar Rapids IA

Randy Davis 5:38.00 3rd Altoona IA

60-64

Iowa Top 3

Gary Patton 5:15.00 1st Rock Rapids IA

Roy Ney 6:06.00 2nd Des Moines IA

Joe Keefer 6:17.00 3rd Des Moines IA

Overall Top 3

Gary Patton 5:15.00 1st Rock Rapids IA

Roy Ney 6:06.00 2nd Des Moines IA

Joe Keefer 6:17.00 3rd Des Moines IA

65-69

Iowa Top 3

Tom Kirkwood 6:13.00 1st Dyersville IA

Overall Top 3

#J Abels 5:35.00 1st Papillion NE

Tom Kirkwood 6:13.00 2nd Dyersville IA

#Alex Meyer 7:29.00 3rd Scribner NE

70-74

Iowa Top 3

Ronald Kolbe 14:47.00 1st Sac City IA

Overall Top 3

Ronald Kolbe 14:47.00 1st Sac City IA

75-79

Iowa Top 3

Tom Novak 8:01.00 1st Cedar Rapids IA

Overall Top 3

Tom Novak 8:01.00 1st Cedar Rapids IA

1500 METER RUN**WOMEN**

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Victoria Daniel	7:29.00	1 st	Appleton	WI
60-64	<u>Iowa Top 3</u> No Entries				
	<u>Overall Top 3</u> #Neva Weisskopf	8:04.00	1 st	Lehigh Acres	FL
65-69	<u>Iowa Top 3</u> Helen James	7:52.00	1 st	Decorah	IA
	<u>Overall Top 3</u> Helen James	7:52.00	1 st	Decorah	IA