

2008 Official Results

The 2008 Iowa Senior Olympics attracted over 600 participants from 124 different cities around the State of Iowa and 15 additional states across the country. Men and women age 50 and above competed in more than 50 events.

Gold, Silver and Bronze medals were awarded to winners from Iowa as well as out-of-state athletes who placed in the overall top three in the event. Out-of-state athletes are marked in the results with a (#) before their rank. Athletes are awarded based on rank and age as well as residence.

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Athletes and Friends Contributions

Thank you for your contributions to the 2008 lowa Senior Olympics.

Athlete and friends support totaled over \$2100!

Iowa Senior Olympians – strong bodies/warm hearts.

<u>Up to \$1000</u>	Roger Anderson	Phyllis O'Daniels
Ed Failor, Sr.	Keith Baker	Ralph Pantoga
	Michael Berndt	Adolph Peschke
<u>Up to \$250</u>	Jim Bowman	Ron Peterson
Alvin Ravenscroft	Marvin Burton	Neil Reynolds
Norm Robinson	Carolyn	Robert Rinehart
Dan Teran	Christiansen	Sara Rippentrop
	William Collins	Cheryl Sander
<u>Up to \$50</u>	Tarry Cory	Fritz Schemmel
Jim Beary	Wally Czarny	Alan Schenck
Rodney Brock	Veronica Demmel	Randal Schuh
Jerry Holbrook	Howard Dewell	Ray Schumann
Paul Jackson	Jason Douglas	Frances Sharon
James Kite	Carroll Edwards	Michael Sharon
Don Paulin	Marty Feeney	Glenda Sharp
Charles Poague	Carolyn Foster	Beverly Shelton
Mike Schaumburg	Ray Graves	Bernie Taylor
Paul Stoll	Mike Hale	Harold Templeman
	Gene Hegwood	Don Utsinger
<u>Up to \$25</u>	Mindy Kralicek	Stanley Whelchel
James Adams	Virginia Lane	Dorothy Whitehead
Bertha Aldrich	Dale Melcher	Emily Whittle
Jerry Anderson	Alex Meyer	Steve Wilson

BADMINTON

SINGLES		MEN		
Age Cat.	Name	Place	City	State
50-54	Iowa Top 3			
	Mahmud Iqbal	1 st	Johnston	IA
	Overall Top 3			
	#Rajeev Trehan	1 st	Lawrence	KS
	Mahmud Iqbal	$2^{\rm nd}$	Johnston	IA
55-59	Iowa Top 3			
	No entries			
	Overall Top 3			
	#Ben Desmond	1 st	Kearney	NE
60-64	Iowa Top 3			
	Randal Schuh	1 st	Fort Dodge	IA
	Overall Top 3			
	#Dave Waggoner	1 st	Kearney	NE
	Randal Schuh	2^{nd}	Fort Dodge	IA
	#Jon Benedict	3 rd	Fayetteville	AR
70-74	Iowa Top 3			
	Carroll Marty	1^{st}	Ames	IA
	Overall Top 3	. at		
	#Robert McFarland	1 st	Grand Island	
	Carroll Marty	2 nd	Ames	IA
	#John McGinty	3 rd	Indianapolis	IN
80-84	Iowa Top 3	-4		
	George Beran	1 st	Ames	IA
	Overall Top 3			
	George Beran	1 st	Ames	IA
SINGLES		WOMEN		
Age Cat.	Name	Place	City	State
50-54	Iowa Top 3	4.51		T.
	Anne Stark	1 st	Nevada	IA

	Overall Top 3 Anne Stark #Susan Anderson	1 st 2 nd	Nevada Tucson	IA AZ
60-64	Iowa Top 3 No entries			
	Overall Top 3 #Carolyn Foster #Normimah Benedict	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	St Paul Fayetteville	MN AR
70-74	Iowa Top 3 Dawn McDonald	1 st	Ames	IA
	Overall Top 3 Dawn McDonald	1 st	Ames	IA
75-79	Iowa Top 3 Jan Beran	1 st	Ames	IA
	Overall Top 3 Jan Beran	1 st	Ames	IA
	_			
DOUBLES	8	MEN		
DOUBLES Age Cat.	Name	MEN Place	City	State
_			City Johnston/Lawrence	State IA/KS
Age Cat.	Name Iowa Top 3	Place	-	
Age Cat.	Name Iowa Top 3 Iqbal/Trehan Overall Top 3	Place 1 st	Johnston/Lawrence	IA/KS
Age Cat. 50-54	Iowa Top 3 Iqbal/Trehan Overall Top 3 Iqbal/Trehan Iowa Top 3	Place 1 st	Johnston/Lawrence	IA/KS
Age Cat. 50-54	Iowa Top 3 Iqbal/Trehan Overall Top 3 Iqbal/Trehan Iowa Top 3 No entries Overall Top 3	Place 1 st 1 st	Johnston/Lawrence Johnston/Lawrence	IA/KS

70-74	Iowa Top 3 Elgin/McFarland	1 st	WDM/Grand Island	IA/NE
	Overall Top 3			
	Elgin/McFarland	1^{st}	WDM/Grand Island	IA/NE
	#Marciniak/McGinty	$2^{\rm nd}$	Dyer/Indianapolis	IN/IN

DOUBLES

WOMEN

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3 Beran/Stark	1 st	Ames/Nevada	IA/IA
	Overall Top 3 Beran/Stark	1 st	Ames/Nevada	IA/IA
60-64	Iowa Top 3 No entries			
	Overall Top 3 #Benedict/Foster	1 st	Fayetteville/St Paul	AR/NE

MIXED DOUBLES

Age Cat.	Name	Place	City	State
50-54	<u>Iowa Top 3</u>			
	Stark/Wicks	1 st	Nevada/Boone	IA/IA
	Stark/Trehan	2 nd	Nevada/Lawrence	IA/KS
	Overall Top 3			
	Stark/Wicks	1 st	Nevada/Boone	IA/IA
	#Anderson/Anderson	2 nd	Tucson/Tucson	AZ/AZ
	Stark/Trehan	3 rd	Nevada/Lawrence	IA/KS
60-64	Iowa Top 3 No entries			
	Overall Top 3 #Foster/McFarland #Benedict/Benedict	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	St Paul/Grand Island Fayettevle/Fayettevle	
70-74	Iowa Top 3 Elgin/McDonald	1 st	WDM/Ames	IA/IA
	Overall Top 3 Elgin/McDonald	1 st	WDM/Ames	IA/IA

75-79	<u>Iowa Top 3</u> Beran/Beran	1 st	Ames/Ames	IA/IA
	Overall Top 3 Beran/Beran	1 st	Ames/Ames	IA/IA

BASKETBALL

AROUND-THE-WORLD		ME	N		
Age Cat.	Name	Sco	re/Place	City	State
50-54	Iowa Top 3				
	Jay Cimburek	9	1 st	Grimes	IA
	Mike Schwake	9	1^{st}	Nevada	IA
	Greg Palmersheim	8	2^{nd}	Des Moines	IA
	Bob Nelson	4	3 rd	WDM	IA
	Overall Top 3				
	Jay Cimburek	9	1^{st}	Grimes	IA
	Mike Schwake	9	1^{st}	Nevada	IA
	Greg Palmersheim	8	2^{nd}	Des Moines	IA
	Gary Shank	7	3 rd	Mohmouth	IA
55-59	<u>Iowa Top 3</u>				
	Dennis Posekany	9	1 st	Cedar Rapids	IA
	Michael Berkey	7	2 nd	Le Grand	IA
	Overall Top 3				
	Dennis Posekany	9	1^{st}	Cedar Rapids	IA
	Michael Berkey	7	2^{nd}	Le Grand	IA
	#Ben Desmond	4	3 rd	Kearney	NE
60-64	<u>Iowa Top 3</u>				
	Ron Peterson	11	1^{st}	Waukee	IA
	Michael Seyfer	10	2^{nd}	Cedar Rapids	IA
	Gary Mueggenberg	8	3 rd	Urbandale	IA
	Overall Top 3				
	Ron Peterson	11	1^{st}	Waukee	IA
	#Robert Kranz	11	1 st	Kapaa	HI
	Michael Seyfer	10	2^{nd}	Cedar Rapids	IA
	Gary Mueggenberg	8	$3^{\rm rd}$	Urbandale	IA

65-69	<u>Iowa Top 3</u>				
	Frank Perez	10	1^{st}	WDM	IA
	Phil Miller	9	2^{nd}	Conrad	IA
	James Polito	6	$3^{\rm rd}$	Des Moines	IA
	Overall Top 3				
	Frank Perez	10	1 st	WDM	IA
	Phil Miller	9	2^{nd}	Conrad	IA
	#Michael McNamee	7	$3^{\rm rd}$	Alton	IL
70-74	Iowa Top 3				
	Fred Bankus	7	1^{st}	Pella	IA
	George Long	7	1^{st}	Urbandale	IA
	Richard Anderson	7	2^{nd}	WDM	IA
	Jerry Triplett	7	2^{nd}	Winterset	IA
	Richard Baskerville	6	$3^{\rm rd}$	WDM	IA
	Ken Clark	6	$3^{\rm rd}$	Urbandale	IA
	2201 014111	Ü		O TO MITO MITO	
	Overall Top 3				
	#Ernie Kucera	13	1^{st}	Bellevue	NE
	#John McGinty	11	2^{nd}	Indianapolis	IN
	#Wesley Pearce	11	2^{nd}	Lincoln	NE
	#David Easterla	8	$3^{\rm rd}$	Maryville	MO
	"Buvia Bustella	O		ividi y viiic	1,10
75-79	Iowa Top 3				
	Bill Park	9	1^{st}	Muscatine	IA
	Tom Little	8	2^{nd}	Knoxville	IA
	Ralph Scott	7	3^{rd}	WDM	IA
	Turpii 2000	•		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Overall Top 3				
	Bill Park	9	1^{st}	Muscatine	IA
	Tom Little	8	2^{nd}	Knoxville	IA
	Ralph Scott	7	$3^{\rm rd}$	WDM	IA
	1				
80-84	Iowa Top 3				
	Stan Aldinger	12	1^{st}	Iowa City	IA
	Robert Thompson	12	2^{nd}	Des Moines	IA
	Darrell Mitchell	9	$3^{\rm rd}$	Marshalltown	IA
	Overall Top 3				
	Stan Aldinger	12	1^{st}	Iowa City	IA
	Robert Thompson	12	2^{nd}	Des Moines	IA
	Darrell Mitchell	9	$3^{\rm rd}$	Marshalltown	IA

85-89 <u>Iowa Top 3</u> No Entries

Overall Top 3

#Howard Dewell 9 1st Quincy IL

AROUND-THE-WORLD WOMEN

AROUND-THE-WORLD		WO	INIEN		
Age Cat.	Name	Sco	re/Place	City	State
50-54	Iowa Top 3 Rita Leitzinger Nancy Campbell Karla Honn	12 8 7	1 st 2 nd 3 rd	Norwalk WDM Waukon	IA IA IA
	Overall Top 3 Rita Leitzinger Nancy Campbell Karla Honn	12 8 7	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Norwalk WDM Waukon	IA IA IA
55-59	Iowa Top 3 Jacki Kragel Roberta Blakeman Irene Nelson	8 5 5	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Waukee Altoona Des Moines	IA IA IA
	Overall Top 3 Jacki Kragel Roberta Blakeman Irene Nelson	8 5 5	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Waukee Altoona Des Moines	IA IA IA
60-64	Iowa Top 3 Barb McPherson Brenda Brock	9 7	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Lansing Adel	IA IA
	Overall Top 3 Barb McPherson Brenda Brock	9 7	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Lansing Adel	IA IA
65-69	Iowa Top 3 Linda Toerper Emily Whittle Jean Minahan	8 8 4	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Cedar Rapids Altoona Des Moines	IA IA IA
	Overall Top 3 #Rosie Melichar Linda Toerper Emily Whittle	12 8 8	1^{st} 1^{st} 2^{nd}	Aurora Cedar Rapids Altoona	CO IA IA

Name	^	re/Place	City	Stat
IROW	ME	.N		
#Alice Purdes	6	3 ^{ru}	Madison	IL
Carolyn Dodd			Des Moines	IA
Overall Top 3 Glendoris Caswell	8	1 st	Des Moines	IA
Nancy Baker	2	3 ^{ra}	Clive	IA
Carolyn Dodd			Des Moines	IA
Iowa Top 3 Glendoris Caswell	8	1 st	Des Moines	IA
Carol Linderman	2	$3^{\rm rd}$	Clive	IA
Ruth Little	5		Knoxville	IA
Overall Top 3 Vi Darsee	9	1 st	Clive	IA
Carol Linderman	2	3^{rd}	Clive	IA
Ruth Little		_	Knoxville	IA
Vi Darsee	9		Clive	IA
<u>Iowa Top 3</u>				
	Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Carol Linderman Iowa Top 3 Glendoris Caswell Carolyn Dodd Nancy Baker Overall Top 3 Glendoris Caswell Carolyn Dodd HAlice Purdes	Vi Darsee Ruth Little Carol Linderman 2 Overall Top 3 Vi Darsee Ruth Little Carol Linderman 2 Iowa Top 3 Glendoris Caswell Carolyn Dodd Nancy Baker Overall Top 3 Glendoris Caswell Carolyn Dodd Nancy Baker Overall Top 3 Glendoris Caswell Carolyn Dodd Alice Purdes ME	Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Carol Linderman 9 1st 2nd 2rd Overall Top 3 Vi Darsee Ruth Little 5 2nd Carol Linderman 2 3rd Iowa Top 3 Glendoris Caswell Carolyn Dodd Nancy Baker Overall Top 3 Glendoris Caswell Carolyn Dodd Nancy Baker Overall Top 3 Glendoris Caswell Carolyn Dodd Alice Purdes NEN	Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Sound Carol Linderman Overall Top 3 Glendoris Caswell Carol Linderman Rowa Top 3 Glendoris Caswell Rowa Top 3 Glendoris Caswell Rowa Top 3 Glendoris Caswell Rowa Top 3 Rowa Top 4 Rowa Top 5 Rowa Top 4 R

Age Cat.	Name	Scor	e/Place	City	State
50-54	Iowa Top 3				
	Mike Schwake	14	1^{st}	Nevada	IA
	Greg Palmersheim	11	2^{nd}	Des Moines	IA
	Jay Cimburek	11	3 rd	Grimes	IA
	Overall Top 3				
	Mike Schwake	13	1^{st}	Nevada	IA
	#Garry Pirch	12	2^{nd}	Rich Hill	MO
	Greg Palmersheim	11	2^{nd}	Des Moines	IA
55-59	Iowa Top 3				
	Michael Berkey	12	1^{st}	Le Grand	IA
	Dennis Posekany	12	2^{nd}	Cedar Rapids	IA
	Overall Top 3				
	Michael Berkey	12	1^{st}	Le Grand	IA
	Dennis Posekany	12	2^{nd}	Cedar Rapids	IA
	#Ben Desmond	10	3 rd	Kearney	NE
60-64	Iowa Top 3				
	Dennis Davis	13	1^{st}	Adel	IA
	Michael Seyfer	13	1^{st}	Cedar Rapids	IA
	Ron Peterson	13	2^{nd}	Waukee	IA

	Tarry Cory	12	3 rd	Clive	IA
	Overall Top 3 Dennis Davis Michael Seyfer #Bob Stepaniak Ron Peterson	13 13 13 13	1 st 1 st 2 nd 3 rd	Adel Cedar Rapids Fairbault Waukee	IA IA MN IA
65-69	Iowa Top 3 Phil Miller Wayne Hugen Frank Perez	10 10 9	1 st 2 nd 3 rd	Conrad Des Moines WDM	IA IA IA
	Overall Top 3 #Michael McNamee Phil Miller Wayne Hugen	12 10 10	1 st 1 st 2 nd	Alton Conrad Des Moines	IL IA IA
70-74	Iowa Top 3 George Long Richard Anderson Fred Bankus	13 10 8	1 st 2 nd 3 rd	Urbandale WDM Pella	IA IA IA
	Overall Top 3 #Ernie Kucera George Long #Raymond Boland	15 13 12	1 st 2 nd 3 rd	Bellevue Urbandale Deerfield	NE IA WI
75-79	Iowa Top 3 John Kane Bill Park Ralph Scott Tom Little	11 10 10 8	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Boone Muscatine WDM Knoxville	IA IA IA
	Overall Top 3 John Kane Bill Park Ralph Scott Tom Little	11 10 10 8	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Boone Muscatine WDM Knoxville	IA IA IA
80-84	Iowa Top 3 Robert Thompson Stan Aldinger Keith Baker Jack Nicholson	10 8 7 7	1 st 2 nd 3 rd 3 rd	Des Moines Iowa City Clive WDM	IA IA IA

	Overall Top 3				
	Robert Thompson	10	1 st	Des Moines	IA
	Stan Aldinger	8	2^{nd}	Iowa City	IA
	Keith Baker	7	$3^{\rm rd}$	Clive	ΙA
	Jack Nicholson	7	3 rd	WDM	IA
85-89	Iowa Top 3				
	No Entries				
	Overall Top 3				
	#Howard Dewell	7	1^{st}	Quincy	IL

FREE THROW

WOMEN

Age Cat.	Name	Sco	re/Place	City	State
50-54	Iowa Top 3				
	Rita Leitzinger	8	1^{st}	Norwalk	IA
	Karla Honn	7	2^{nd}	Waukon	IA
	Cheryl Sander	6	3 rd	Altoona	IA
	Overall Top 3				
	Rita Leitzinger	8	1^{st}	Norwalk	IA
	Karla Honn	7	2^{nd}	Waukon	IA
	Cheryl Sander	6	3 rd	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Jacki Kragel	9	1^{st}	Waukee	IA
	Roberta Blakeman	6	2^{nd}	Altoona	IA
	Irene Nelson	1	$3^{\rm rd}$	Des Moines	IA
	Overall Top 3				
	Jacki Kragel	9	1^{st}	Waukee	IA
	Roberta Blakeman	6	2^{nd}	Altoona	IA
	Irene Nelson	1	$3^{\rm rd}$	Des Moines	IA
60-64	Iowa Top 3				
	Barb McPherson	5	1 st	Lansing	IA
	Overall Top 3				
	Barb McPherson	5	1 st	Lansing	IA
65-69	Iowa Top 3				
	Jean Minahan	9	1^{st}	Des Moines	IA
	Emily Whittle	9	2^{nd}	Altoona	IA
	Linda Toerper	7	$3^{\rm rd}$	Cedar Rapids	IA
	<u>.</u>				

Overall Top 3				
#Rosie Melichar	13	1^{st}	Aurora	CO
Jean Minahan	9	$2^{\rm nd}$	Des Moines	IA
Emily Whittle	9	3^{rd}	Altoona	IA
Iowa Top 3				
	8	1 st	Clive	ΙA
				IA
Carol Linderman	2	3^{rd}	Clive	IA
Overall Top 3				
Vi Darsee	8		Clive	IA
Ruth Little	6		Knoxville	IA
Carol Linderman	2	$3^{\rm rd}$	Clive	IA
#Barbara Gardner	2	3^{rd}	Lawson	MO
Iowa Top 3				
	6	1 st	Clive	IA
•				IA
Carolyn Dodd	3	3^{rd}	Des Moines	IA
•				
Overall Top 3				
Nancy Baker	6	1^{st}	Clive	IA
#Alice Purdes	5	2^{nd}	Madison	IL
Glendoris Caswell	4	3^{rd}	Des Moines	IA
	#Rosie Melichar Jean Minahan Emily Whittle Lowa Top 3 Vi Darsee Ruth Little Carol Linderman Overall Top 3 Vi Darsee Ruth Little Carol Linderman #Barbara Gardner Lowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Overall Top 3 Nancy Baker #Alice Purdes	#Rosie Melichar Jean Minahan Emily Whittle 9 Iowa Top 3	#Rosie Melichar Jean Minahan Fmily Whittle Iowa Top 3 Vi Darsee Ruth Little Carol Linderman End Top 3 Vi Darsee Ruth Little Carol Linderman Iowa Top 3 Vi Darsee Ruth Little Carol Linderman Iowa Top 3 Vi Darsee Ruth Little Carol Linderman Iowa Top 3 Vi Darsee Ruth Little Carol Linderman Iowa Top 3 Rancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd Iowa Top 3 Iowa Top 4 Iowa	#Rosie Melichar Jean Minahan Jean Moines Jover Moines Jover Moines Moine

BOCCE BALL

SINGLES MEN

Age Cat.	Name	Place	City	State
60-64	Iowa Top 3 Ron Peterson	1 st	Waukee	IA
	Richard Rounds	2^{nd}	Boone	IA
	Overall Top 3 Ron Peterson Richard Rounds	$\begin{matrix}1^{st}\\2^{nd}\end{matrix}$	Waukee Boone	IA IA
65-69	<u>Iowa Top 3</u> Wayne Hugen	1 st	Des Moines	IA
	Overall Top 3 Wayne Hugen	1 st	Des Moines	IA

70-74	Iowa Top 3 Ronald Kolbe Fred Bankus	1^{st} 2^{nd}	Sac City Pella	IA IA
	Overall Top 3 Ronald Kolbe Fred Bankus	1^{st} 2^{nd}	Sac City Pella	IA IA
80-84	Iowa Top 3 Frank Sechovec	1 st	WDM	IA
	Overall Top 3 Frank Sechovec	1 st	WDM	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	Iowa Top 3 Irene Nelson	1 st	Des Moines	IA
	Overall Top 3 Irene Nelson	1 st	Des Moines	IA
65-69	Iowa Top 3 Lois Kolbe	1 st	Sac City	IA
	Overall Top 3 Lois Kolbe	1 st	Sac City	IA
70-74	<u>Iowa Top 3</u> Wyline Gardner	1 st	Des Moines	IA
	Overall Top 3 #Barbara Gardner Wyline Gardner	1 st 2 nd	Lawson Des Moines	MO IA

BOWLING

SINGLES

MEN

Age Cat.	Name	Score	Place	City	State
55-59	Iowa Top 3 No Entries				
	Overall Top 3 #Thomas DeGeare	556	1 st	Wentzville	MO

60-64	Iowa Top 3 Marvin Burton Jerry Coughlin	694 561	1 st 2 nd	Des Moines IA Marshalltown IA
	Jerry Kersey	540	$3^{\rm rd}$	Harvey IA
	Jerry Kersey	340	3	Harvey IA
	Overall Top 3			
	Marvin Burton	694	1 st	Des Moines IA
	Jerry Coughlin	561	2^{nd}	Marshalltown IA
	Jerry Kersey	540	3^{rd}	Harvey IA
65-69	Iowa Top 3			
03-07	Mike Schaumburg	635	1 st	WDM IA
	James Polito	600	2^{nd}	Des Moines IA
	Jarrett Griffith	560	$\frac{1}{3}$ rd	Sioux City IA
			_	220 22 22 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
	Overall Top 3			
	Mike Schaumburg	635	1 st	WDM IA
	James Polito	600	2 nd	Des Moines IA
	Jarrett Griffith	560	$3^{\rm rd}$	Sioux City IA
70-74	Iowa Top 3			
, , , ,	Larry Favourite	613	1^{st}	Solon IA
	James Smith	474	2^{nd}	Maxwell IA
	Gordon Nell	443	$3^{\rm rd}$	WDM IA
	Overall Top 3	610	4 St	
	Larry Favourite	613	1^{st} 2^{nd}	Solon IA
	James Smith	474	3^{rd}	Maxwell IA
	Gordon Nell	443	3	WDM IA
75-79	Iowa Top 3			
	William Shukers	544	1 st	Cedar Rapids IA
	0 11 77 0			
	Overall Top 3	5 1 1	1 st	Cadan Danida IA
	William Shukers	544	1	Cedar Rapids IA
80-84	<u>Iowa Top 3</u>			
	Arnold Geske	480	1^{st}	Boone IA
	Darrell Mitchell	459	2^{nd}	Marshalltown IA
	Bud Peterson	454	$3^{\rm rd}$	Galva IA
	Overall Top 2			
	Overall Top 3 Arnold Geske	480	1 st	Boone IA
	Darrell Mitchell	459	2^{nd}	Marshalltown IA
	Bud Peterson	459 454	$3^{\rm rd}$	Galva IA
	Dua I Cicison	コ ノゴ	5	Julyu IA

85-89	lowa Top 3 Russell Nelson	514	1 st	Des Moines	IA
	Overall Top 3 Russell Nelson	514	1 st	Des Moines	IA

SINGLES WOMEN

SINGLES					
Age Cat.	Name	Score	Place	City	State
55-59	Iowa Top 3				
	Julie Herdliska	510	1^{st}	Norway	IA
	Barb Denny	492	$2^{\rm nd}$	Solon	IA
	Roberta Blakeman	400	$3^{\rm rd}$	Altoona	IA
	Overall Top 3				
	Julie Herdliska	510	1^{st}	Norway	IA
	Barb Denny	492	2^{nd}	Solon	IA
	#Linda DeGeare	452	3 rd	Wentzville	MO
65-69	<u>Iowa Top 3</u>				
	No Entries				
	Overall Top 3				
	#Carol Weise	496	1^{st}	Sebring	FL
	#Charlotte Weisser	487	$2^{\rm nd}$	Lincoln	NE
70-74	<u>Iowa Top 3</u>				
70-74	Gloria Griffiths	472	1 st	Sioux City	IA
	Charlotte Rutledge	456	2^{nd}	Des Moines	IA
	chariotte Raticage	150	2	Des Momes	11 1
	Overall Top 3				
	Gloria Griffiths	472	1^{st}	Sioux City	IA
	Charlotte Rutledge	456	2^{nd}	Des Moines	IA
	#Barbara Gardner	411	$3^{\rm rd}$	Lawson	MO
75-79	Iowa Ton 2				
13-19	<u>Iowa Top 3</u> No Entries				
	Overall Top 3				
	#Alice Purdes	486	1 st	Madison	IL
90 9 <i>1</i>	Iowa Top 2				
80-84	<u>Iowa Top 3</u> Dorothy Milton	450	1 st	Des Moines	IA
	Dolothy Militali	430	1	Des Monies	1/1
	Overall Top 3				
	Dorothy Milton	450	1 st	Des Moines	IA
	-				

DOUBLES

MEN

Age Cat.	Name	Score	Place	City	State
55-59	Iowa Top 3 Griffith/DeGeare	1044	1 st	Sioux City/Wentzvill	eIA/MO
	Overall Top 3 Griffith/DeGeare	1044	1 st	Sioux City/Wentzville	eIA/MO
60-64	Iowa Top 3 Kersey/Polito Coughlin/Mitchell Burton/Schaumburg	1226 1104 1085	1 st 2 nd 3 rd	Harvey/Des Moines Marshaltn/Marshaltn Des Moines/WDM	IA/IA IA/IA IA/IA
	Overall Top 3 Kersey/Polito Coughlin/Mitchell Burton/Schaumburg	1226 1104 1085	1 st 2 nd 3 rd	Harvey/Des Moines Marshaltn/Marshaltn Des Moines/WDM	IA/IA IA/IA IA/IA
65-69	Iowa Top 3 Huggins/Smith Marley/Weise	1206 1047	1 st 2 nd	Maxwell/Maxwell WDM/Sebring	IA/IA IA/FL
	Overall Top 3 Huggins/Smith Marley/Weise	1206 1047	1 st 2 nd	Maxwell/Maxwell WDM/Sebring	IA/IA IA/FL
70-74	Iowa Top 3 Favourite/Shukers Bankus/Nelson	1052 847	1 st 2 nd	Solon/Cedar Rapids Pella/Cedar Rapids	IA/IA IA/IA
	Overall Top 3 Favourite/Shukers Bankus/Nelson	1052 847	1 st 2 nd	Solon/Cedar Rapids Pella/Cedar Rapids	IA/IA IA/IA

DOUBLES

WOMEN

Age Cat.	Name	Score	Place	City	State
55-59	Iowa Top 3				
	Montgomery/Rutledg	e 982	1^{st}	Ankeny/Des Moines	IA/IA
	Denny/Herdliska	964	2^{nd}	Solon/Norway	IA/IA
	Griffiths/DeGeare	892	$3^{\rm rd}$	Sioux City/Wentzvill	eIA/MO
	Overall Top 3 Montgomery/Rutledg Denny/Herdliska Griffiths/DeGeare	ge 982 964 892	1 st 2 nd 3 rd	Ankeny/Des Moines Solon/Norway Sioux City/Wentzvill	IA/IA

65-69	<u>Iowa Top 3</u> Milton/Weise	871	1 st	Des Moines/Sebring	IA/FL
	Overall Top 3				
	#Purdes/Weisse	1032	1^{st}	Madison/Lincoln	IL/NE
	Milton/Weise	871	$2^{\rm nd}$	Des Moines/Sebring	IA/FL

MIXED DOUBLES

Age Cat.	Name	Score	Place	e City	State
55-59	Iowa Top 3				
	Herdliska/Shukers	1102	1^{st}	Norway/Cedar Rapid	sIA/IA
	Davidson/Montgome	ry 1004	2^{nd}	Des Moines/Ankeny	IA/IA
	Denny/Favourite	914	3 rd	Solon/Solon	IA/IA
	Overall Top 3				
	Herdliska/Shukers	1102	1^{st}	Norway/Cedar Rapids	IA/IA
	#DeGeare/DeGeare	1013	2^{nd}	Wentzville/Wentzville	MO/MO
	Davidson/Montgome	ry 1004	3 rd	Des Moines/Ankeny	IA/IA
60-64	Iowa Top 3				
	Kersey/Rutledge	1150	1 st	Harvey/Des Moines	IA/IA
	Overall Top 3				
	Kersey/Rutledge	1150	1 st	Harvey/Des Moines	IA/IA
65-69	Iowa Top 3				
	Polito/Purdes	1097	1^{st}	Des Moines/Madison	IA/IL
	Griffiths/Griffiths	923	2^{nd}	Sioux City/Sioux City	IA/IA
	Marley/Milton	880	3 rd	WDM/Des Moines	IA/IA
	Overall Top 3				
	Polito/Purdes	1097	1^{st}	Des Moines/Madison	IA/IL
	#Weisser/Weisser	1090	2^{nd}	Lincoln/Lincoln	NE/NE
	#Weise/Weise	1006	3 rd	Sebring/Sebring	FL/FL
70-74	Iowa Top 3				
	Bankus/Gardner	847	1 st	Pella/Lawson	IA/MO
	Overall Top 3				
	Bankus/Gardner	847	1 st	Pella/Lawson	IA/MO

CYCLING

5K TIME TRIAL

MEN

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3				
	Danny Kruzic	8:20	1^{st}	WDM	IA
	David Ertl	8:56	2^{nd}	Waukee	IA
	Overall Top 3				
	#Dennis Weinbeck	7:38	1 st	Topeka	KS
	Danny Kruzic	8:20	2^{nd}	WDM	IA
	David Ertl	8:56	3 rd	Waukee	IA
55-59	Jowe Ton 2				
33-39	<u>Iowa Top 3</u> Paul Black	8:06	1 st	Des Moines	IA
	Kim Smith		1 1 st		
		8:06	2^{nd}	Des Moines	IA
	David Goetzinger	8:07	$\frac{2}{3^{\text{rd}}}$	Dubuque	IA
	Tony Leehoven	8:22	3	Des Moines	IA
	Overall Top 3				
	Paul Black	8:06	1^{st}	Des Moines	IA
	Kim Smith	8:06	1^{st}	Des Moines	IA
	David Goetzinger	8:07	2^{nd}	Dubuque	IA
	Tony Leehoven	8:22	$\frac{1}{3}$ rd	Des Moines	IA
	,				
60-64	<u>Iowa Top 3</u>				
	Don Utsinger	8:58	1^{st}	Cedar Rapids	IA
	Donald Jacobusse	9:02	$2^{\rm nd}$	Algona	IA
	Terry Hardy	9:22	$3^{\rm rd}$	Clive	IA
	O11 Tr 2				
	Overall Top 3	0.40	1 st	C1	IZ C
	#Donavon Hottman	8:49	2^{nd}	Shawnee	KS
	Don Utsinger	8:58	$3^{\rm rd}$	Cedar Rapids	IA
	Donald Jacobusse	9:02	314	Algona	IA
65-69	<u>Iowa Top 3</u>				
	John Hartwig	9:33	1 st	Ankeny	IA
	James Polito	12:17	2^{nd}	Des Moines	IA
		12.17	_	Des momes	11 1
	Overall Top 3		-4		
	#Arthur Berger	9:30	1^{st}	Shawnee	KS
	John Hartwig	9:33	2^{nd}	Ankeny	IA
	James Polito	12:17	3 rd	Des Moines	IA
70-74	Iowa Top 3				
/ U- / T	No Entries				
	1 to Limites				

	Overall Top 3 #Patrick Bunch #Gary McGregor #Terry Knowles	9:09 9:29 10:24	1 st 2 nd 3 rd	Roeland Park Atchison Topeka	KS KS KS
75-79	Iowa Top 3 James Graham	10:50	1 st	Ames	IA
	Overall Top 3 James Graham	10:50	1 st	Ames	IA
5K TIME	ΓRIAL	W	OMEN		
Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3 Debra Leehoven	10:28	1 st	Des Moines	IA
	Overall Top 3 Debra Leehoven	10:28	1 st	Des Moines	IA
55-59	Iowa Top 3 Roberta Blakeman	10:53	1 st	Altoona	IA
	Overall Top 3 Roberta Blakeman	10:53	1 st	Altoona	IA
60-64	Iowa Top 3 Connie French	10:45	1 st	Forrest City	IA
	Overall Top 3 Connie French	10:45	1 st	Forrest City	IA
65-69	Iowa Top 3 Ann Shuman	10:50	1 st	WDM	IA
	Overall Top 3 Ann Shuman	10:50	1 st	WDM	IA
10K TIME	TRIAL	ME	N		
Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3		- ot		
	Danny Kruzic	15:31	1^{st} 2^{nd}	WDM	IA
	David Ertl	15:37	2	Waukee	IA
	Overall Top 3 #Dennis Weinbeck	13:37	1 st	Topeka	KS

	Danny Kruzic David Ertl	15:31 15:37	$\begin{array}{c} 2^{nd} \\ 3^{rd} \end{array}$	WDM Waukee	IA IA
55-59	Iowa Top 3 Kim West Paul Black David Goetzinger Tony Leehoven	14:32 14:33 14:33 15:16	1 st 2 nd 2 nd 3 rd	Des Moines Des Moines Dubuque Des Moines	IA IA IA
	Overall Top 3 Kim West Paul Black David Goetzinger Tony Leehoven	14:32 14:33 14:33 15:16	1 st 2 nd 2 nd 3 rd	Des Moines Des Moines Dubuque Des Moines	IA IA IA
60-64	Iowa Top 3 Donald Jacobusse Don Utsinger Terry Hardy	15:40 16:45 17:10	1 st 2 nd 3 rd	Algona Cedar Rapids Clive	IA IA IA
	Overall Top 3 Donald Jacobusse #Donavon Hottman Don Utsinger	15:40 15:42 16:45	1 st 2 nd 3 rd	Algona Shawnee Cedar Rapids	IA KS IA
65-69	Iowa Top 3 John Hartwig James Polito	17:20 21:12	1 st 2 nd	Ankeny Des Moines	IA IA
	Overall Top 3 #Arthur Berger John Hartwig James Polito	17:18 17:20 21:12	1 st 2 nd 3 rd	Leawood Ankeny Des Moines	KS IA IA
70-74	Iowa Top 3 No Entries				
	Overall Top 3 #Patrick Bunch #Gary McGregor #Terry Knowles	16:45 17:33 18:30	1 st 2 nd 3 rd	Roeland Park Atchison Topeka	KS KS KS
75-79	Iowa Top 3 James Graham	18:10	1 st	Ames	IA

Overall Top 3				
James Graham	18:10	1^{st}	Ames	IA

10K TIME TRIAL

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u> Debra Leehoven	18:47	1 st	Des Moines	IA
	Overall Top 3 Debra Leehoven	18:47	1 st	Des Moines	IA
55-59	<u>Iowa Top 3</u> Roberta Blakeman	19:24	1 st	Altoona	IA
	Overall Top 3 Roberta Blakeman	19:24	1 st	Altoona	IA
60-64	Iowa Top 3 Connie French	19:07	1 st	Forrest City	IA
	Overall Top 3 Connie French	19:07	1 st	Forrest City	IA
1-69	<u>Iowa Top 3</u> Ann Shuman	18:11	1 st	WDM	IA
	Overall Top 3 Ann Shuman	18:11	1 st	WDM	IA

FOOTBALL

ACCURACY THROW MEN

Age Cat.	Name	Scor	e/Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	80	1^{st}	Altoona	IA
	Greg Palmersheim	60	2^{nd}	Des Moines	IA
	Mike Hale	50	3 rd	Clive	IA
	Overall Top 3				
	#Garry Pirch	90	1^{st}	Rich Hill	MO
	Randy Davis	80	2^{nd}	Altoona	IA
	Greg Palmersheim	60	$3^{\rm rd}$	Des Moines	IA

55-59	Iowa Top 3				
	Craig Rhodes	70	1^{st}	Gilman	IA
	Michael Berkey	20	2 nd	Le Grand	IA
	Dennis Posekany	20	2 nd	Cedar Rapids	IA
	Bruce Schenck	20	2 nd	Glenwood	IA
	Mark Leaman	0	3 rd	Bondurant	IA
	Overall Top 3				
	Craig Rhodes	70	1 st	Gilman	IA
	Michael Berkey	20	2^{nd}	Le Grand	IA
	Dennis Posekany	20	2^{nd}	Cedar Rapids	IA
	Bruce Schenck	20	2 nd	Glenwood	IA
	Mark Leaman	0	3 rd	Bondurant	IA
50.54					
60-64	Iowa Top 3		4 St	WD1.6	T.
	Paul Stoll	60	1 st	WDM	IA
	Ron Peterson	40	2 nd	Waukee	IA
	Gene Hegwood	40	3 rd	Knoxville	IA
	Overall Top 3				
	#Robert Kranz	80	1 st	Kapaa	HI
	#Bob Stepaniak	80	2 nd	Faribault	MN
	Poll Stoll	60	3 rd	WDM	IA
	Ton Ston	00	3	WDWI	IA
65-69	<u>Iowa Top 3</u>				
	Frank Perez	40	1 st	WDM	IA
	Mike Schaumburg	40	2^{nd}	WDM	IA
	Donald Hutchinson	30	3 rd	WDM	IA
	Overall Top 2				
	Overall Top 3	50	1 st	Labarilla	MN
	#Jim Brennen	50		Lakeville	MN
	Frank Perez	40	1 st	WDM	IA
	Mike Schaumburg	40	3 rd	WDM	IA
	#Bill Gribble	40	3 rd	Minneapolis	MN
70-74	Iowa Top 3				
	Franklin Brown	80	1 st	Des Moines	IA
	Fred Bankus	40	2^{nd}	Pella	IA
	Ronald Kolbe	40	2^{nd}	Sac City	IA
	Donald Hutchinson	30	3 rd	WDM	IA
	Donard Hatelmison			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Overall Top 3		. et		
	#Ernie Kucera	110	1 st	Bellevue	NE
	Franklin Brown	80	2 nd	Des Moines	IA
	Fred Bankus	40	3 rd	Tama	IA
	Ronald Kolbe	40	3 rd	Sac City	IA

AUGUN		- 110	· · ·		
ACCUR	ACY THROW	WO	MEN		
	JUIII Davis	U	<i>L</i>	Orbandare	IA
	John Davis	0	2^{nd}	WDM Urbandale	IA
	Overall Top 3 Harold McCollum	10	1 st	WDM	ΙA
	Overell Top 2				
	John Davis	0	2^{nd}	Urbandale	IA
	Harold McCollum	10	1^{st}	WDM	IA
90-94	Iowa Top 3				
	#Howard Dewell	50	1 st	Quincy	IL
	Overall Top 3				
	NO EHUICS				
85-89	<u>Iowa Top 3</u> No Entries				
07.00	T TD 2				
	Darrell Mitchell	10	$3^{\rm rd}$	Marshalltow	n IA
	Edward Failor	30	2^{nd}	WDM	IA
	Stan Aldinger	50	1^{st}	Iowa City	ΙA
	Overall Top 3				
	Darrell Mitchell	10	3 rd	Marshalltow	n IA
	Edward Failor	30	2 nd	WDM	IA
	Stan Aldinger	50	1 st	Iowa City	IA
80-84	<u>Iowa Top 3</u>		. et		
	Ralph Scott	10	3	WDM	IA
	Daniel Teran	20	2 nd 3 rd	WDM	IA
	Jack Behmer	20	2 nd	Clive	IA
	Tom Little	60	1 st	Knoxville	IA
	Overall Top 3	_	. et		
	Ralph Scott	10	3 rd	WDM	IA
	Daniel Teran	20	2^{nd}	WDM	IA
	Jack Behmer	20	2^{nd}	Clive	IA
	Tom Little	60	1^{st}	Knoxville	I/I

Age Cat.	Name	Score/Place	City	State
50-54	Iowa Top 3 Cheryl Sander Nancy Campbell Julie Goldman	$\begin{array}{ccc} 40 & 1^{st} \\ 20 & 2^{nd} \\ 20 & 2^{nd} \end{array}$	Altoona WDM Des Moines	IA IA IA
	Overall Top 3 Cheryl Sander	40 1 st	Altoona	IA

	Nancy Campbell Julie Goldman	20 20	2 nd 2 nd	WDM Des Moines	IA IA
55-59	Iowa Top 3 Roberta Blakeman Jacki Kragel Irene Nelson Cynthia Schenck	50 30 0	1 st 2 nd 3 rd 3 rd	Altoona Waukee Des Moines Glenwood	IA IA IA
	Overall Top 3 Roberta Blakeman Jacki Kragel Irene Nelson Cynthia Schenck	50 30 0 0	1 st 2 nd 3 rd 3 rd	Altoona Waukee Des Moines Glenwood	IA IA IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict	10	1 st	Fayetteville	AR
65-69	Iowa Top 3 Jean Minahan	10	1 st	Des Moines	IA
	Overall Top 3 #Rosie Melichar Jean Minahan	40 10	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Aurora Des Moines	CO IA
70-74	Iowa Top 3 Carol Linderman Wyline Gardner	10 0	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Clive Des Moines	IA IA
	Overall Top 3 #Barbara Gardner Carol Linderman Wyline Gardner	20 10 0	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Lawson Clive Des Moines	MO IA IA
75-79	Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd	0 0 0	1 st 1 st 1 st	Clive Des Moines Des Moines	IA IA IA
	Overall Top 3 #Alice Purdes Nancy Baker Glendoris Caswell	10 0 0	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 2^{nd} \end{matrix}$	Madison Clive Des Moines	IL IA IA

Carolyn Dodd 0 2nd Des Moines IA

DISTANCE THROW MEN

	JE IIIKOW	141111			
Age Cat.	Name	Distance/	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Mike Hale	199'4"	1^{st}	Clive	IA
	Bob Nelson	146'10"	2^{nd}	WDM	IA
	Don Tripp	132'4"	$3^{\rm rd}$	Des Moines	IA
	Bon Impp	132 1	3	Des Momes	11 1
	Overall Top 3				
	Mike Hale	199'4"	1^{st}	Clive	IA
	#Ted Goudge	162'11"	2^{nd}	Maryville	MO
	#Gary Shank	155'1"	$3^{\rm rd}$	Mohmouth	IL
	"Gary Shank	133 1	3	Monnoun	1L
55-59	<u>Iowa Top 3</u>				
	Dennis Posekany	132'5"	1 st	Cedar Rapids	ĪΔ
	Michael Berkey	132'0"	2^{nd}	Le Grand	IA
	Wilchael Berkey	132 0	2	Le Grand	IA
	Overall Top 3				
	Dennis Posekany	132'5"	1^{st}	Cedar Rapids	IA
	Michael Berkey	132'0"	2^{nd}	Le Grand	IA
	Wilchael Berkey	132 0	2	Le Grand	17.1
60-64	Iowa Top 3				
	Tarry Cory	182'11"	1^{st}	Clive	IA
	Marvin Burton	127'7"	2^{nd}	Des Moines	IA
	Paul Stoll	126'11"	$3^{\rm rd}$	WDM	IA
	i dui bioli	120 11	3	WDM	17.1
	Overall Top 3				
	Tarry Cory	182'11"	1^{st}	Clive	IA
	Marvin Burton	127'7"	2^{nd}	Des Moines	IA
	Paul Stoll	126'11"	$3^{\rm rd}$	WDM	IA
	I dui Stoii	120 11	3	WDW	1/1
65-69	Iowa Top 3				
	Frank Perez	115'9"	1^{st}	WDM	IA
	Mike Schaumburg	99'2"	2^{nd}	WDM	IA
	Dale Dewey	84'3"	$3^{\rm rd}$	Des Moines	IA
	Date Dewey	0+ 3	3	Des Momes	17.1
	Overall Top 3				
	#Bill Gribble	123'1"	1^{st}	Minneapolis	MN
	Frank Perez	115'9"	2^{nd}	WDM	IA
	Mike Schaumburg	99'2"	2^{nd}	WDM	IA
	Wirke Schaumourg)) <u>L</u>	2	WDW	IA.
70-74	Iowa Top 3				
	Donald Hutchinson	152'8"	1 st	WDM	IA
	Franklin Brown	111'3"	2^{nd}	Des Moines	IA
	Stanley Welchel	85'0"	$3^{\rm rd}$	Cedar Falls	IA
	Stainey Welchel	65 0	S	Cedai Falis	114

	Julie Goldman Nancy Campbell	81'9" 72'5"	$1^{\rm st} \\ 2^{\rm nd}$	Des Moines WDM	IA IA
Age Cat. 50-54	Name Iowa Top 3	Score/Pla	се	City	State
	CE THROW	WOMEN			
	Harold McCollum	31'1"	3 rd	WDM	IA
	Adolph Peschke	42'5"	2^{nd}	WDM	IA
	John Davis	68'8"	1 st	Urbandale	IA
	Overall Top 3		, st		
	Harold McCollum	31'1"	3 rd	WDM	IA
	Adolph Peschke	42'5"	2^{nd}	WDM	IA
90-94	<u>Iowa Top 3</u> John Davis	68'8"	1 st	Urbandale	IA
	Mick Donahue	47'10"	2^{nd}	WDM	IA
	Overall Top 3 #Howard Dewell	56'2"	1 st	Quincy	IL
85-89	Iowa Top 3 Mick Donahue	47'10"	1 st	WDM	IA
	Edward Failor	90'8"	2^{nd}	WDM	IA
	Overall Top 3 Stan Aldinger	101'8'	1 st	Iowa City	IA
	Stan Aldinger Edward Failor	101'8' 90'8"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Iowa City WDM	IA IA
80-84	Iowa Top 3		_		
	Overall Top 3 Tom Little Daniel Teran Jack Behmer	78'6" 70'10" 65'8"	1 st 2 nd 3 rd	Knoxville WDM Clive	IA IA IA
13-17	Tom Little Daniel Teran Jack Behmer	78'6" 70'10" 65'8"	1 st 2 nd 3 rd	Knoxville WDM Clive	IA IA IA
75-79	Donald Hutchinson #Al Matheis Franklin Brown	152'8" 124'8" 111'3"	1 st 2 nd 3 rd	WDM Kankakee Des Moines	IA IL IA
	Overall Top 3	1.502.022	1 St	MIDM	т л

State

	Cheryl Sander	59'9"	3 rd	Altoona	IA
	Overall Top 3 Julie Goldman Nancy Campbell Cheryl Sander	81'9" 72'5" 59'9"	1 st 2 nd 3 rd	Des Moines WDM Altoona	IA IA IA
55-59	Iowa Top 3 Jacki Kragel Roberta Blakeman Irene Nelson	87'0" 49'9" 38'3"	1 st 2 nd 3 rd	Waukee Altoona Des Moines	IA IA IA
	Overall Top 3 Jacki Kragel Roberta Blakeman Irene Nelson	87'0" 49'9" 38'3"	1 st 2 nd 3 rd	Waukee Altoona Des Moines	IA IA IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict	61'3"	1 st	Fayetteville	AR
65-69	Iowa Top 3 Jean Minahan	54'6"	1 st	Des Moines	IA
	Overall Top 3 #Rosie Melichar Jean Minahan	57'3" 52'5"	1 st 2 nd	Aurora Des Moines	CO IA
70-74	Iowa Top 3 Carol Linderman Wyline Gardner	59'2" 21'10"	1 st 2 nd	Clive Des Moines	IA IA
	Overall Top 3 Carol Linderman #Barbara Gardner Wyline Gardner	59'2" 34'0" 21'10"	1 st 2 nd 3 rd	Clive Lawson Des Moines	IA MO IA
75-79	Iowa Top 3 Carolyn Dodd Glendoris Caswell Nancy Baker	36'4" 32'9" 23'2"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines Des Moines Clive	IA IA IA
	Overall Top 3 Carolyn Dodd	36'4"	1 st	Des Moines	IA

Glendoris Caswell	32'9"	2^{nd}	Des Moines	IΑ
#Alice Purdes	30'8"	$3^{\rm rd}$	Madison	IL

FIELD GOAL KICK MEN

	JAL RICK	IAITIA				
Age Cat.	Name	Distance/	Place	City	State	
50-54	Iowa Top 3			<u>-</u>		
	Don Tripp	35 Yds	1^{st}	Des Moines	IA	
	Greg Palmersheim	25 Yds	$2^{\rm nd}$	Des Moines	IA	
	Paul Grinvalds	25 Yds	$\frac{1}{3}$ rd	WDM	IA	
	Tuur Olliivulus	20 1 45	5	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
	Overall Top 3					
	Don Tripp	35 Yds	1^{st}	Des Moines	IA	
	Greg Palmersheim	25 Yds	2^{nd}	Des Moines	IA	
	Paul Grinvalds	25 Yds	3^{rd}	WDM	IA IA	
	Paul Gillivalus	23 Tus	3	WDW	IA	
55-59	Iowa Top 2					
33-39	<u>Iowa Top 3</u> Bruce Schenck	15 Yds	1 st	Glenwood	IA	
	Druce Schenck	13 1 us	1	Gleliwood	IA	
	Overall Top 2					
	Overall Top 3	20 V.J.	1 st	V	NIC	
	#Ben Desmond	30 Yds	1 1 st	Kearney	NE	
	Bruce Schenck	15 Yds	1	Glenwood	IA	
CO C1	I T 2					
60-64	Iowa Top 3	25 W.L.	1 st	Dan Malinan	т А	
	Steve Roe	35 Yds	_	Des Moines	IA	
	Tarry Cory	35 Yds	2 nd	Clive	IA	
	Marty Feeney	25 Yds	3^{rd}	Pella	IA	
	Paul Stoll	25 Yds	3^{rd}	WDM	IA	
	0 11 5 2					
	Overall Top 3		. st	5 36 1		
	Steve Roe	35 Yds	1 st	Des Moines	IA	
	Tarry Cory	35 Yds	2 nd	Clive	IA	
	Marty Feeney	25 Yds	3^{rd}	Pella	IA	
	Paul Stoll	25 Yds	3 rd	WDM	IA	
	#Robert Kranz	25 Yds	3 rd	Kapaa	HI	
65-69	<u>Iowa Top 3</u>					
	Frank Perez	30 Yds	1^{st}	WDM	IA	
	Overall Top 3					
	Frank Perez	30 Yds	1^{st}	WDM	IA	
70-74	Iowa Top 3					
	Fred Bankus	25 Yds	1^{st}	Pella	IA	
	Franklin Brown	15 Yds	2^{nd}	Des Moines	IA	
	Ronald Kolbe	15 Yds	2^{nd}	Sac City	IA	
				•		

	Overall Top 3				
	Fred Bankus	25 Yds	1 st	Tama	IA
	#David Easterla	20 Yds	$2^{\rm nd}$	Maryville	MO
	#Ernie Kucera	20 Yds	2^{nd}	Bellevue	NE
	#Mario Marciniak	20 Yds	2^{nd}	Dyer	IN
	Franklin Brown	15 Yds	$3^{\rm rd}$	Des Moines	IA
	Ronald Kolbe	15 Yds	$3^{\rm rd}$	Sac City	IA
75-79	Iowa Top 3 Tom Little	20 Yds	1 st	Knoxville	IA
	Overall Top 3 Tom Little	20 Yds	1 st	Knoxville	IA
80-84	Iowa Top 3 Stan Aldinger	20 Yds	1 st	Iowa City	IA
	Overall Top 3 Stan Aldinger	20 Yds	1 st	Iowa City	IA

FIELD GOAL KICK

WOMEN

Age Cat.	Name	Sc	ore/Place	City	State
50-54	<u>Iowa Top 3</u> Cheryl Sander	15 Yds	1 st	Altoona	IA
	Overall Top 3 Cheryl Sander	15 Yds	1 st	Altoona	IA
70-74	<u>Iowa Top 3</u> Carol Linderman	10 Yds	1 st	Clive	IA
	Overall Top 3 Carol Linderman	10 Yds	1 st	Clive	IA

GOLF

SINGLES

MEN

Age Cat.	Name	Score/Place	City	State
50-54	<u>Iowa Top 3</u>			
	Vernon Delpesce	112 1 st	WDM	IA
	Dan Leach	$116 2^{nd}$	Mitchellville	IA

	Overall Top 3				
	Vernon Delpesce	112	1^{st}	WDM	IA
	Dan Leach	116	2^{nd}	Mitchellville	IA
55-59	<u>Iowa Top 3</u>				
	Jason Douglas	80	1^{st}	Ankeny	IA
	Jerry Page	81	2^{nd}	WDM	IA
	Rick Pittman	83	3^{rd}	Newton	IA
	Overall Top 3		-4		
	Jason Douglas	80	1^{st}	Ankeny	IΑ
	Jerry Page	81	2 nd	WDM	IA
	Rick Pittman	83	3 rd	Newton	IA
60-64	Iowa Top 3				
00-0-	James Kite	78	1 st	Des Moines	IA
	Thomas Szary	78	2 nd	Grinnell	IA
	Mike Cunningham	84	$3^{\rm rd}$	Adel	IA
	Mike Cullingham	04	3	Auei	IA
	Overall Top 3				
	James Kite	78	1^{st}	Des Moines	IA
	Thomas Szary	78	2^{nd}	Grinnell	IA
	Mike Cunningham	84	3 rd	Adel	IA
65-69	Iowa Top 3				
03 07	Tony Denkinger	79	1 st	Johnston	IA
	Richard Lockridge	79	1 st	WDM	IA
	Joe Scheiring	84	2^{nd}	Panora	IA
	Mike Schaumburg	85	$3^{\rm rd}$	WDM	IA
	whice Schaumourg	0.5	3	WDW	IA
	Overall Top 3				
	Tony Denkinger	79	1 st	Johnston	IA
	Richard Lockridge	79	1^{st}	WDM	IA
	#Henry Ryan	79	1 st	Arden Hills	MN
	Joe Scheiring	84	2^{nd}	Panora	IA
	Mike Schaumburg	85	3^{rd}	WDM	IA
	#Jerome Ryan	85	3 rd	Friend	NE
70-74	Iowa Top 3				
, , , ,	Fred Larrison	89	1 st	WDM	IA
	Paul Harrison	92	2^{nd}	Des Moines	IA
	Merlyn Knudsen	95	2^{nd}	Harlan	IA
	1,1011y11 IXIIuusoii	75	_	11411411	11 1
	Overall Top 3	0 =	4 st	A	
	#Robert McFarland	85	1 st	Grand Island	NE
	Fred Larrison	89	2^{nd}	WDM	IA

	Paul Harrison	92	3 rd	Des Moines	IA
75-79	Iowa Top 3 Jim Bowman Dick Petersen Burton Esbeck Richard Schuster	93 96 102 102	1 st 2 nd 3 rd 3 rd	Urbandale WDM Elk Horn WDM	IA IA IA
	Overall Top 3 Jim Bowman Dick Petersen Burton Esbeck Richard Schuster	93 96 102 102	1 st 2 nd 3 rd 3 rd	Urbandale WDM Elk Horn WDM	IA IA IA
80-84	Iowa Top 3 Gene Rosendahl Willis Johnson Stan Aldinger	82 89 90	1 st 2 nd 3 rd	Des Moines Ames Iowa City	IA IA IA
	Overall Top 3 Gene Rosendahl Willis Johnson Stan Aldinger	82 89 90	1 st 2 nd 3 rd	Des Moines Ames Iowa City	IA IA IA
90-94	<u>Iowa Top 3</u> John Davis	91	1 st	Urbandale	IA
	Overall Top 3 John Davis	91	1 st	Urbandale	IA

SINGLES WOMEN

Age Cat.	Name	Score/Place	City	State
55-59	Iowa Top 3 Christine Gray Ann Wolfe	92 1 st 103 2 nd	Story City Des Moines	IA IA
	Overall Top 3 Christine Gray Ann Wolfe	92 1 st 103 2 nd	Story City Des Moines	IA IA
60-64	Iowa Top 3 Carol Charling Karen Rehberg Diane Coop	95 1 st 102 2 nd 108 3 rd	WDM WDM WDM	IA IA IA

	Overall Top 3 Carol Charling Karen Rehberg Diane Coop	95 102 108	1 st 2 nd 3 rd	WDM WDM WDM	IA IA IA
65-69	Iowa Top 3 Ginger Ahern Ellie Radcliff Patricia Yoho	83 105 126	1 st 2 nd 3 rd	Emmetsburg WDM Des Moines	IA IA IA
	Overall Top 3 Ginger Ahern Ellie Radcliff Patricia Yoho	83 105 126	1 st 2 nd 3 rd	Emmetsburg WDM Des Moines	IA IA IA
70-74	Iowa Top 3 Kathy Van Sloun Jane Davis	90 134	1 st 2 nd	Des Moines Urbandale	IA IA
	Iowa Top 3 Kathy Van Sloun Jane Davis #Barbara Gardner	90 134 157	1 st 2 nd 3 rd	Des Moines Urbandale Lawson	IA IA MO
75-79	<u>Iowa Top 3</u> Marge Gengler	144	1 st	Remsen	IA
	Overall Top 3 Marge Gengler	144	1 st	Remsen	IA

HORSESHOES

SINGLES MEN

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3 Greg Palmersheim	1 st	Des Moines	IA
	Overall Top 3 Greg Palmersheim	1 st	Des Moines	IA
55-59	Iowa Top 3 Steve Wacht	1 st	Indianola	IA
	Overall Top 3 Steve Wacht	1 st	Indianola	IA

55-59	Iowa Top 3		,	
SINGLES Age Cat.	Name	WOMEN Place	City	State
CINO: EC		VALCARENT		
	Stan Aldinger	2 nd	Iowa City	IA
	Keith Baker	1 st	Clive	IA
	Overall Top 3			
	Stan Aldinger	$2^{\rm nd}$	Iowa City	IA
	Keith Baker	1 st	Clive	IA
80-84	<u>Iowa Top 3</u>			
	Daniel Teran	1 st	WDM	IA
	Overall Top 3			
75-79	<u>Iowa Top 3</u> Daniel Teran	1 st	WDM	IA
5.5 0		J	Dyoi	11 4
	#Mario Marciniak	3^{rd}	Dyer	IN
	Donald Smith	2^{nd}	Leon	IA
	Overall Top 3 #John McGinty	1 st	Indianapolis	IN
	Franklin Brown	$3^{\rm rd}$	Des Moines	IA
	Ken Clark	$2^{\rm nd}$	Urbandale	IA
70-74	<u>Iowa Top 3</u> Donald Smith	1^{st}	Leon	IA
	Wayne Hugen	$2^{\rm nd}$	Des Moines	IA
	Overall Top 3 Mike Schaumburg	1 st	WDM	IA
	Wayne Hugen	2^{nd}	Des Moines	IA
65-69	<u>Iowa Top 3</u> Mike Schaumburg	1 st .	WDM	IA
	Richard Rounds	3 rd	Boone	IA
	James Kite	2 nd	Des Moines	IA
	Overall Top 3 Ron Peterson	1 st	Waukee	IA
	Richard Rounds	3 rd	Boone	IA
	James Kite	2^{nd}	Des Moines	IA
	Ron Peterson	1 st	Waukee	IA
60-64	Iowa Top 3	. et		

	Irene Nelson	1 st	Des Moines	IA
	Overall Top 3 Irene Nelson	1 st	Des Moines	IA
65-69	Iowa Top 3 No Entries			
	Overall Top 3 #Pat Micheletti	1 st	Blue Springs	МО
70-74	<u>Iowa Top 3</u> Wyline Gardner	1 st	Des Moines	IA
	Overall Top 3 #Barbara Gardner Wyline Gardner	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Lawson Des Moines	MO IA

RACQUETBALL

SINGLES MEN
Age Cat Name Place

Age Cat.	Name	Place	City	State
55-59	Iowa Top 3			
	Dennis Baysinger	1^{st}	Norwalk	IA
	Craig Shutt	$2^{\rm nd}$	Des Moines	IA
	Overall Top 3			
	Dennis Baysinger	1 st	Norwalk	IA
	Craig Shutt	$2^{\rm nd}$	Des Moines	IA
60-64	<u>Iowa Top 3</u>	,		
	Mike Waters	1 st	Atlantic	IA
	Richard Rounds	$2^{\rm nd}$	Boone	IA
	Overall Top 3	,		
	Mike Waters	1 st	Atlantic	IA
	Richard Rounds	2^{nd}	Boone	IA
65-69	<u>Iowa Top 3</u>			
	Dale Dewey	1 st	Des Moines	IA
	Lonnie Barton	2^{nd}	Newton	IA
	Overall Top 3			
	Dale Dewey	1^{st}	Des Moines	IA
	Lonnie Barton	$2^{\rm nd}$	Newton	IA

70-74	Iowa Top 3			
	Carroll Marty	1^{st}	Ames	IA
	Ronald Essing	2^{nd}	Pomeroy	IA
	Overall Top 3 Carroll Marty Ronald Essing	1^{st} 2^{nd}	Ames Pomeroy	IA IA
75-79	<u>Iowa Top 3</u> Leo Kilfoy	1 st	Davenport	IA
	Overall Top 3 Leo Kilfoy	1 st	Davenport	IA
80-84	Iowa Top 3 Gaylord Scandrett	1 st	Ames	IA
	Overall Top 3 Gaylord Scandrett	1 st	Ames	IA
SINGLES		WOMEN		
Age Cat.	Name	Score/Place	City	State

DOUBLES MEN

Age Cat.	Name	Place	City	State
55-59	Iowa Top 3 Shutt/Mitchell	1 st	Grimes/Fort Myers	IA/FL
	Overall Top 3 Shutt/Mitchell	1 st	Grimes/Fort Myers	IA/FL
60-64	Iowa Top 3 Clark/Waters	1 st	Lamoni/Atlantic	IA/IA
	Overall Top 3 Clark/Waters	1 st	Lamoni/Atlantic	IA/IA
70-74	Iowa Top 3 Essing/Micheletti	1 st	Pomeroy/Blue Springs	IA/MO
	Overall Top 3 Essing/Micheletti	1 st	Pomeroy/Blue Springs	IA/MO

Age Cat. Na	ame Pla	ace Cit	y State
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SCRABBLE

SINGLES

Age Cat.	Name	Place	City	State
	Iowa Top 3 J A Selzer	1 st	Des Moines	ΙA
	Kimberly Taylor	2 nd	Des Moines	IA
	Overall Top 3			
	J A Selzer	1^{st}	Des Moines	IA
	#Kirk Troutman	2^{nd}	Ralston	NE
	Kimberly Taylor	$3^{\rm rd}$	Des Moines	IA

SHUFFLEBOARD

SINGLES MEN

Age Cat.	Name	Place	City	State
60-64	<u>Iowa Top 3</u>			
	Richard Rounds	1 st	Boone	IA
	Randall Schuh	2^{nd}	Fort Dodge	IA
	Denny Bane	3 rd	Urbandale	IA
	Overall Top 3			
	Richard Rounds	1 st	Boone	IA
	Randall Schuh	2^{nd}	Fort Dodge	IA
	Denny Bane	$3^{\rm rd}$	Urbandale	IA
65-69	Iowa Top 3			
	Wayne Hugen	1 st	Des Moines	IA
	Overall Top 3			
	Wayne Hugen	1^{st}	Des Moines	IA
	#Larry Weise	2^{nd}	Sebring	FL
	#Dennis Harkins	3 rd	Phoenix	AZ
70-74	Iowa Top 3			
	Robert Rhinehart	1^{st}	Montezuma	IA
	Ken Clark	2^{nd}	Urbandale	IA
	Don Zimmer	2 nd	WDM	IA

	Don Sullivan	3 rd	Des Moines	IA
	Overall Top 3 #Ivan Lam Robert Rhinehart #Mario Marciniak	1^{st} 2^{nd} 3^{rd}	Harrisonburg Montezuma Dyer	VA IA IN
75-79	Iowa Top 3 Jack Behmer Alden Norem Larry Aldrich	1^{st} 2^{nd} 3^{rd}	Clive Des Moines Rowan	IA IA IA
	Overall Top 3 Jack Behmer Alden Norem Larry Aldrich	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Clive Des Moines Rowan	IA IA IA
80-84	Iowa Top 3 Keith Baker	1 st	Clive	IA
	Overall Top 3 Keith Baker	1 st	Clive	IA

SINGLES

WOMEN

Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u> Irene Nelson	1 st	Des Moines	IA
	Overall Top 3 #Betty Bodkin Irene Nelson	1^{st} 2^{nd}	Harrisonburg Des Moines	VA IA
60-64	Iowa Top 3 Ruth Hugen	1 st	Des Moines	IA
	Overall Top 3 Ruth Hugen	1 st	Des Moines	IA
65-69	Iowa Top 3 No Entries			
	Overall Top 3 #Carol Weise #Sallie Harkins #Dolores Gorman	1^{st} 2^{nd} 3^{rd}	Sebring Phoenix Tecumseh	FL AZ KS

70-74	Iowa Top 3 Sharlene Norem Wyline Gardner	1 st 2 nd	Des Moines Des Moines	IA IA
	Overall Top 3 Sharlene Norem Wyline Gardner	$rac{1^{ ext{st}}}{2^{ ext{nd}}}$	Des Moines Des Moines	IA IA
75-79	<u>Iowa Top 3</u> Wilma Aldrich Carolyn Dodd	$\frac{1}{2^{\mathrm{nd}}}^{\mathrm{st}}$	Rowan Des Moines	IA IA
	Overall Top 3 Wilma Aldrich Carolyn Dodd	1^{st} 2^{nd}	Rowan Des Moines	IA IA

DOUBLES

DOORLE	: 5			
Age Cat.	Name	Place	City	State
55-59	<u>Iowa Top 3</u> Rinehart/Nelson Rounds/Rounds	$1^{\text{st}} \\ 2^{\text{nd}}$	Montezuma/Des Moines Boone/Boone	IA/IA IA/IA
	Overall Top 3 #Lam/Bodkin Rinehart/Nelson Rounds/Rounds	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Harrisionburg/Harrisonburg Montezuma/Des Moines Boone/Boone	VA/VA IA/IA IA/IA
60-64	Iowa Top 3 Hugen/Hugen Peterson/Teran Sullivan/Sullivan	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines/Des Moines Waukee/WDM Des Moines/Des Moines	IA/IA IA/IA IA/IA
	Overall Top 3 Hugen/Hugen Peterson/Teran Sullivan/Sullivan	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines/Des Moines Waukee/WDM Des Moines/Des Moines	IA/IA IA/IA IA/IA
65-69	Iowa Top 3 No Entries			
	Overall Top 3 #Harkins/Harkins #Weise/Weise #Gorman/Gorman	1^{st} 2^{nd} 3^{rd}	Phoenix/Phoenix Sebring/Sebring Tecumseh/Tecumseh	AZ/AZ FL/FL MO/MO
70-74	<u>Iowa Top 3</u>			

	Clark/Zimmer Anderson/Gardner	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Urbandale/WDM WDM/Des Moines	IA/IA IA/IA
	Overall Top 3 Clark/Zimmer #Marciniak/McGinty Anderson/Gardner	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Urbandale/WDM Dyer/Indianapolis WDM/Des Moines	IA/IA IN/IN IA/IA
75-79	Iowa Top 3 Aldrich/Aldrich Behmer/Norem	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Rowan/Rowan Clive/Des Moines	IA/IA IA/IA
	Overall Top 3 Aldrich/Aldrich Behmer/Norem	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Rowan/Rowan Clive/Des Moines	IA/IA IA/IA

SOCCER

ACCURACY KICK ME	ACCUR	Y KICK	MEN
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Age Cat.	Name	Scoi	re/Place	City	State
50-54	Iowa Top 3				
	Don Tripp	13	1 st	Des Moines	IA
	Paul Grinvalds	8	2^{nd}	WDM	IA
	Greg Palmersheim	7	3 rd	Des Moines	IA
	Overall Top 3				
	Don Tripp	13	1^{st}	Des Moines	IA
	#Ted Goudge	13	1^{st}	Maryville	MO
	#Garry Pirch	9	2^{nd}	Rich Hill	MO
	Paul Grinvalds	8	3 rd	WDM	IA
55-59	Iowa Top 3				
	Bruce Schenck	17	1 st	Glenwood	IA
	Jim Costello	14	2 nd	Elma	IA
	Overall Top 3				
	Bruce Schenck	17	1 st	Glenwood	IA
	Jim Costello	14	2^{nd}	Elma	IA
60-64	<u>Iowa Top 3</u>				
	Marty Feeney	18	1 st	Pella	IA
	Paul Stoll	16	2^{nd}	WDM	IA
	Tarry Cory	14	3^{rd}	Clive	IA

	Overall Top 3				
	Marty Feeney	18	1^{st}	Pella	IA
	Paul Stoll	16	2^{nd}	WDM	IA
	Tarry Cory	14	3^{rd}	Clive	IA
	#Bob Stepaniak	14	3 rd	Fairbault	MN
65-69	Iowa Top 3				
	Wayne Hugen	12	1^{st}	Des Moines	IA
	Dharmvir Bhatnagar	4	2 nd	WDM	IA
	Overall Top 3				
	#Bill Gribble	17	1 st	Minnoopolis	MN
	#Jim Brennan		2^{nd}	Minneapolis Lakeville	
		15	3 rd		MN
	Wayne Hugen	12	3	Des Moines	IA
70-74	Iowa Top 3		. at		
	Ronald Kolbe	18	1 st	Sac City	IA
	Richard Anderson	15	2^{nd}	WDM	IA
	Ken Clark	11	$3^{\rm rd}$	Urbandale	IA
	Don Zimmer	11	3 rd	WDM	IA
	Overall Top 3				
	Ronald Kolbe	18	1^{st}	Sac City	IA
	Richard Anderson	15	2^{nd}	WDM	IA
	#Mario Marciniak	15	2^{nd}	Dyer	IN
	#John McGinty	12	3 rd	Indianapolis	IN
75-79	Iowa Top 3				
13-17	Daniel Teran	13	1 st	WDM	IA
	Tom Little	10	2 nd	Knoxville	IA
	Tom Little	10	2	Kiloxville	IA
	Overall Top 3	10	4 St	WD14	T.
	Daniel Teran	13	1 st	WDM	IA
	Tom Little	10	2 nd	Knoxville	IA
80-84	Iowa Top 3				
	Stan Aldinger	12	1 st	Iowa City	IA
	Overall Top 3				
	Stan Aldinger	12	1 st	Iowa City	IA
85-89	Iowa Top 3				
	No Entries				
	Overall Top 3				
	#Howard Dewell	4	1 st	Quincy	IL

Age Cat.	Name	Score/Place	City
50-54	Iowa Top 3		
	Julie Goldman	9 1 st	Des Moines
	Karla Honn	$5 2^{\text{nd}}$	Waukon

WOMEN

State

ACCURACY KICK

J					
50-54	<u>Iowa Top 3</u>				
	Julie Goldman	9	1^{st}	Des Moines	IA
	Karla Honn	5	$2^{\rm nd}$	Waukon	IA
		_			
	Overall Top 3				
	Julie Goldman	9	1 st	Des Moines	IA
	Karla Honn	5	2^{nd}	Waukon	IA
	Kara Homi	3	2	vv aukon	IA.
55-59	<u>Iowa Top 3</u>				
33-37	Cynthia Schenck	5	1 st	Glenwood	IA
	Cylinia Schelick	3	1	Gleliwood	IA
	Overall Top 2				
	Overall Top 3 Cynthia Schenck	5	1 st	Glenwood	IA
	Cylinia Schenck	3	1	Glellwood	IA
65-69	Jawa Tan 2				
03-09	<u>Iowa Top 3</u> Jean Minahan	4	1 st	Das Mainas	IA
	Jean Minanan	4	1	Des Moines	IA
	Overall Top 2				
	Overall Top 3	4	1 st	D. M. S.	TA
	Jean Minahan	4	1	Des Moines	IA
70-74	Jowe Top 2				
70-74	Iowa Top 3 Ruth Little	0	1 st	Knoxville	IA
		8 5	2^{nd}		
	Carol Linderman		3^{rd}	Clive	IA
	Wyline Gardner	1	3.4	Des Moines	IA
	0 11.77 2				
	Overall Top 3	0	1 St	77 '11	T.A.
	Ruth Little	8	1 st	Knoxville	IA
	Carol Linderman	5	2^{nd}	Clive	IA
	Wyline Gardner	1	3^{rd}	Des Moines	IA
75-79	<u>Iowa Top 3</u>		a t		
	Glendoris Caswell	6	1 st	Des Moines	IA
	Carolyn Dodd	4	2^{nd}	Des Moines	IA
	Overall Top 3		a t		
	Glendoris Caswell	6	1 st	Des Moines	IA
	Carolyn Dodd	4	2^{nd}	Des Moines	IA

SOFTBALL

ACCURACY THROW MEN

Age Cat.	Name	Scor	e/Place	City	State
50-54	Iowa Top 3			-	
	Mike Hale	110	1^{st}	Clive	IA
	Greg Palmersheim	70	2^{nd}	Des Moines	IA
	Don Tripp	70	$3^{\rm rd}$	Des Moines	IA
	11				
	Overall Top 3		. st		
	Mike Hale	110	1 st	Clive	IA
	Greg Palmersheim	70	2^{nd}	Des Moines	IA
	Don Tripp	70	3 rd	Des Moines	IA
55-59	<u>Iowa Top 3</u>				
	Craig Rhodes	160	1^{st}	Gilman	IA
	Michael Berkey	100	2^{nd}	Le Grand	IA
	Dennis Posekany	100	2^{nd}	Cedar Rapids	
	Bruce Schenck	80	3^{rd}	Glenwood	IA
	Druce Schenck	80	3	Gleliwood	IA
	Overall Top 3				
	Craig Rhodes	160	1^{st}	Gilman	IA
	Michael Berkey	100	2^{nd}	Le Grand	IA
	Dennis Posekany	100	2^{nd}	Cedar Rapids	IA
	Bruce Schenck	80	3^{rd}	Glenwood	IA
60.64	I T 2				
60-64	Iowa Top 3	120	1 st	Urbandale	IA
	Denny Bane	120	1 1 st		
	Ron Peterson	120		Waukee	IA
	Marvin Burton	60	2 nd	Des Moines	IA
	Marty Feeney	60	2^{nd}	Pella	IA
	Paul Stoll	50	3 rd	WDM	IA
	Overall Top 3				
	Denny Bane	120	1^{st}	Urbandale	IA
	Ron Peterson	120	1 st	Waukee	IA
	#Bob Stepaniak	90	2^{nd}	Fairbault	MN
	Marvin Burton	60	3^{rd}	Des Moines	IA
			3^{rd}	Pella	IA
	Marty Feeney	60	3	rella	IA
65-69	<u>Iowa Top 3</u>				
	James Polito	50	1 st	Des Moines	IA
	Frank Perez	50	2^{nd}	WDM	IA
	Mike Schaumburg	40	3 rd	WDM	IA
	Overall Top 3				
	#Bill Gribble	70	1^{st}	Minnoonalia	MNT
		70	2^{nd}	Minneapolis	MN
	#Michael McNamee	60		Alton	IL
	#Jim Brennen	50	3^{rd}	Lakeville	MN

70-74	Iowa Top 3 Franklin Brown Fred Bankus Donald Hutchinson	110 70 60	1 st 2 nd 3 rd	Des Moines Pella WDM	IA IA IA
	Overall Top 3 Franklin Brown Fred Bankus #John McGinty Donald Hutchinson	110 70 70 60	$\begin{array}{c} 1^{st} \\ 2^{nd} \\ 2^{nd} \\ 3^{rd} \end{array}$	Des Moines Pella Indianapolis WDM	IA IA IN IA
75-79	Iowa Top 3 Tom Little Ralph Scott Daniel Teran	120 90 40	1 st 2 nd 3 rd	Knoxville WDM WDM	IA IA IA
	Overall Top 3 Tom Little Ralph Scott Daniel Teran	120 90 40	1 st 2 nd 3 rd	Knoxville WDM WDM	IA IA IA
80-84	Iowa Top 3 Stan Aldinger Keith Baker Edward Failor Darrell Mitchell	90 70 50 50	1 st 2 nd 3 rd 3 rd	Iowa City Clive WDM Marshalltown	IA IA IA
	Overall Top 3 Stan Aldinger Keith Baker Edward Failor Darrell Mitchell	90 70 50 50	1 st 2 nd 3 rd 3 rd	Iowa City Clive WDM Marshalltown	IA IA IA
85-89	Iowa Top 3 Mick Donahue	20	1 st	WDM	IA
	Overall Top 3 Mick Donahue #Howard Dewell	20 10	1 st 2 nd	WDM Quincy	IA IL
90-94	Iowa Top 3 John Davis Harold McCollum	50 40	1^{st} 2^{nd}	Urbandale WDM	IA IA
	Overall Top 3				

John Davis	50	1 st	Urbandale	IA
Harold McCollum	40	2 nd	WDM	IA

ACCURACY THROW WOMEN

ACCURACY THROW		WOMEN				
Age Cat.	Name	Sco	re/Place	City	State	
50-54	<u>Iowa Top 3</u>					
	Cheryl Sander	80	1^{st}	Altoona	IA	
	Nancy Campbell	80	2^{nd}	WDM	IA	
	Overall Top 3					
	Cheryl Sander	80	1 st	Altoona	IA	
	Nancy Campbell	80	2^{nd}	WDM	IA	
55-59	Iowa Top 3					
33-39	Jacki Kragel	50	1 st	Waukee	IA	
	Roberta Blakeman	30	2^{nd}	Altoona	IA IA	
			3^{rd}			
	Irene Nelson	20	3	Des Moines	IA	
	Overall Top 3		at			
	Jacki Kragel	50	1^{st}	Waukee	IA	
	Roberta Blakeman	30	2^{nd}	Altoona	IA	
	Irene Nelson	20	3 rd	Des Moines	IA	
60-64	<u>Iowa Top 3</u> No Entries					
	Overall Top 3					
	#Normimah Benedict	90	1 st	Fayetteville	AR	
65-69	<u>Iowa Top 3</u>					
05 07	Jean Minahan	50	1 st	Des Moines	IA	
	Overall Top 3					
	#Rosie Melichar	60	1^{st}	Aurora	CO	
	Jean Minahan	50	2^{nd}	Des Moines	IA	
	Jean Minanan	30	2	Des Monies	171	
70-74	<u>Iowa Top 3</u>					
	Carol Linderman	50	1^{st}	Clive	IA	
	Ruth Little	40	2^{nd}	Knoxville	IA	
	Wyline Gardner	10	3 rd	Des Moines	IA	
	Overall Top 3					
	Carol Linderman	50	1^{st}	Clive	IA	
	Ruth Little	40	2^{nd}	Knoxville	IA	
	Wyline Gardner	10	$3^{\rm rd}$	Des Moines	IA	
	#Barbara Gardner	10	3 rd	Lawson	MO	
	Daroura Ouranoi	10	5	Landon	1,10	

75-79	<u>Iowa Top 3</u>				
	Glendoris Caswell	30	1^{st}	Des Moines	IA
	Nancy Baker	20	2^{nd}	Clive	IA
	Carolyn Dodd	20	2^{nd}	Des Moines	IA
	Overall Top 3				
	Glendoris Caswell	30	1st	Des Moines	IA
	Nancy Baker	20	2^{nd}	Clive	IA
	Carolyn Dodd	20	2^{nd}	Des Moines	IA
	#Alice Purdes	10	$3^{\rm rd}$	Madison	IL

DISTANCE THROW

MEN

Age Cat.	Name	Distance/Place		City	State
50-54	Iowa Top 3		·		
	Mike Hale	272'3"	1^{st}	Clive	IA
	Bob Nelson	185'6"	2^{nd}	WDM	IA
	Randy Davis	171'10"	3 rd	Altoona	IA
	Overall Top 3				
	Mike Hale	272'3"	1^{st}	Clive	IA
	Bob Nelson	185'6"	2^{nd}	WDM	IA
	#Ted Goudge	183'9"	3 rd	Maryville	MO
55-59	Iowa Top 3				
	Michael Berkey	186'8"	1^{st}	Le Grand	IA
	Mark Leamen	176'8"	2^{nd}	Bondurant	IA
	Dennis Posekany	149'1"	3 rd	Cedar Rapids	IA
	Overall Top 3				
	Michael Berkey	186'8"	1^{st}	Le Grand	IA
	Mark Leamen	176'8"	2^{nd}	Bondurant	IA
	Dennis Posekany	149'1"	3 rd	Cedar Rapids	IA
60-64	Iowa Top 3				
	Tarry Cory	216'0"	1^{st}	Clive	IA
	Paul Stoll	182'5"	2^{nd}	WDM	IA
	Marvin Burton	169'10"	3^{rd}	Des Moines	IA
	Overall Top 3				
	Tarry Cory	216'0"	1^{st}	Clive	IA
	Paul Stoll	182'5"	2^{nd}	WDM	IA
	Marvin Burton	169'10"	3^{rd}	Des Moines	IA
65-69	Iowa Top 3				
	Frank Perez	153'3"	1 st	WDM	IA

	Mike Schaumburg Dale Dewey	139'3" 118'7"	2^{nd} 3^{rd}	WDM Des Moines	IA IA
	Overall Top 3 #Bill Gribble Frank Perez Mike Schaumburg	165'6" 153'3" 139'3"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Minneapolis WDM WDM	MN IA IA
70-74	Iowa Top 3 Donald Hutchinson Franklin Brown Stanley Whelchel	172'5" 137'0" 103'7"	1 st 2 nd 3 rd	WDM Des Moines Cedar Falls	IA IA IA
	Overall Top 3 Donald Hutchinson #Al Matheis Franklin Brown	172'5" 161'6" 137'0"	1 st 2 nd 3 rd	WDM Kankakee Des Moines	IA IL IA
75-79	Iowa Top 3 Tom Little Daniel Teran Jack Behmer	105'0" 88'2" 85'0"	1 st 2 nd 3 rd	Knoxville WDM Clive	IA IA IA
	Overall Top 3 Tom Little Daniel Teran Jack Behmer	105'0" 88'2" 85'0"	1 st 2 nd 3 rd	Knoxville WDM Clive	IA IA IA
80-84	Iowa Top 3 Stan Aldinger Ed Failor Keith Baker	126'2" 125'0" 70'7"	1 st 2 nd 3 rd	Iowa City WDM Clive	IA IA IA
	Overall Top 3 Stan Aldinger Ed Failor Keith Baker	126'2" 125'0" 70'7"	1 st 2 nd 3 rd	Iowa City WDM Clive	IA IA IA
85-89	Iowa Top 3 Mick Donahue	57'7"	1 st	WDM	IA
	Overall Top 3 #Howard Dewell Mick Donahue	82'9" 57'7"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Quincy WDM	IL IA
90-94	Iowa Top 3				

John Davis	80'0"	1^{st}	Urbandale	IΑ
Adolph Peschke	52'0"	2^{nd}	Des Moines	IA
Harold McCollum	44'7"	$3^{\rm rd}$	WDM	IA
Overall Top 3				
John Davis	80'0"	1^{st}	Urbandale	IA
Adolph Peschke	52'0"	2^{nd}	Des Moines	IA
Harold McCollum	44'7"	$3^{\rm rd}$	WDM	IA

DISTANCE THROW WOMEN

Age Cat.	Name	Distance/Place		City	State
50-54	<u>Iowa Top 3</u>				
	Nancy Campbell	95'3"	1 st	WDM	IA
	Cheryl Sander	65'10"	2 nd	Altoona	IA
	Overall Top 3				
	Nancy Campbell	95'3"	1^{st}	WDM	IA
	Cheryl Sander	65'10"	2^{nd}	Altoona	IA
55-59	Iowa Top 3				
	Jacki Kragel	125'0"	1^{st}	Waukee	IA
	Roberta Blakeman	52'0"	2^{nd}	Altoona	IA
	Irene Nelson	46'5"	3 rd	Des Moines	IA
	Overall Top 3				
	Jacki Kragel	125'0"	1^{st}	Waukee	IA
	Roberta Blakeman	52'0"	2^{nd}	Altoona	IA
	Irene Nelson	46'5"	3^{rd}	Des Moines	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict	83'5"	1 st	Fayetteville	AR
65-69	Iowa Top 3 Jean Minahan	75'0"	1 st	Des Moines	IA
	Overall Top 3 Jean Minahan #Rosie Melichar	75'0'' 74'6''	1 st 2 nd	Des Moines Aurora	IA CO
70-74	Iowa Top 3 Ruth Little Carol Linderman	71'9" 60'0"	1 st 2 nd	Urbandale Clive	IA IA

	Wyline Gardner	39'7"	3 rd	Des Moines	IA
	Overall Top 3 Ruth Little Carol Linderman #Barbara Gardner	71'9" 60'0" 59'5"	$\begin{matrix}1^{\mathrm{st}}\\2^{\mathrm{nd}}\\3^{\mathrm{rd}}\end{matrix}$	Urbandale Clive Lawson	IA IA MO
75-79	Iowa Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd	50'2" 49'7" 46'9"	$\begin{matrix}1^{st}\\2^{nd}\\3^{rd}\end{matrix}$	Clive Des Moines Des Moines	IA IA IA
	Overall Top 3 Nancy Baker Glendoris Caswell Carolyn Dodd	50'2" 49'7" 46'9"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Clive Des Moines Des Moines	IA IA IA

SWIMMING

50 Y	YARD	BA	CKSTROKE	MEN
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Age Cat.	Name	Time/Plac	се	City	State
50-54	Iowa Top 3 Tom Kealy	34.96	1 st	Council Bluff	sIA
	Overall Top 3 Tom Kealy	34.96	1 st	Council Bluff	sIA
55-59	Iowa Top 3 Norman Bower	32.07	1 st	Davenport	IA
	Overall Top 3 Norman Bower	32.07	1 st	Davenport	IA
60-64	Iowa Top 3 Don Utsinger Alan Schenck Marty Feeney	41.96 53.81 58.15	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Cedar Rapids Clarinda Pella	IA IA IA
	Overall Top 3 Don Utsinger Alan Schenck Marty Feeney	41.96 53.81 58.15	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Cedar Rapids Clarinda Pella	IA IA IA
65-69	<u>Iowa Top 3</u>				

No Entries

50-54	Iowa Top 3 Sara Rippentrop	39.13	1 st	Waukee	IA
50 YARD Age Cat.	BACKSTROKE Name	WOMEN Time/Place		City	State
	Donald Huntoon	1:26.90	1 st	Des Moines	IA
85-89	Iowa Top 3 Donald Huntoon Overall Top 3	1:26.90	1 st	Des Moines	IA
	Overall Top 3 Roy McKay Arnold Geske	1:17:23 1:42:72	1 st 2 nd	Des Moines Boone	IA IA
80-84	Iowa Top 3 Roy McKay Arnold Geske	1:17.23 1:42.72	1 st 2 nd	Des Moines Boone	IA IA
	Overall Top 3 #CL Bruce #Lester Demmel #Richard Hekl	1:02.46 1:07.86 1:16.51	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Lake St Louis Omaha Omaha	MO NE NE
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #David Easterla #Mario Marciniak Dale Melcher	52.63 1:03.06 1:05.16	1 st 2 nd 3 rd	Maryville Dyer Fairfield	MO IN IA
70-74	Iowa Top 3 Dale Melcher	1:05.16	1 st	Fairfield	IA
	Overall Top 3 #Michael McNamee	53.83	1 st	Alton	IL

	Overall Top 3 Elaine Wolf	47.94	1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u> Virginia Lane	1:02.28	1 st	Coralville	IA
	Overall Top 3 Virginia Lane	1:02.28	1 st	Coralville	IA
65-69	Iowa Top 3 Jean Minahan	1:07.04	1 st	Des Moines	IA
	Overall Top 3 Jean Minahan	1:07.04	1 st	Des Moines	IA
70-74	Iowa Top 3 Dorothy Whitehead	46.14	1 st	Indianola	IA
	Overall Top 3 Dorothy Whitehead	46.14	1 st	Indianola	IA
80-84	Iowa Top 3 Jodie McKay	1:23.44	1 st	Des Moines	IA
	Overall Top 3 Jodie McKay	1:23.44	1 st	Des Moines	IA

50 YARD BREASTSTROKE MEN

Age Cat.	Name	Time/Plac	се	City	State
55-59	<u>Iowa Top 3</u> Bill Klahn	35.69	1 st	Iowa City	IA
	Overall Top 3 Bill Klahn	35.69	1 st	Iowa City	IA
60-64	Iowa Top 3 Marty Feeney Don Utsinger Alan Schenck	45.03 45.83 49.67	1 st 2 nd 3 rd	Pella Cedar Rapids Clarinda	IA IA IA
	Overall Top 3 Marty Feeney Don Utsinger Alan Schenck	45.03 45.83 49.67	$\begin{matrix}1^{st}\\2^{nd}\\3^{rd}\end{matrix}$	Pella Cedar Rapids Clarinda	IA IA IA

65-69	Iowa Top 3 Ruben Rullan	1:18.28	1 st	Urbandale	IA
	Overall Top 3 #Peter Eisenklam #Michael McNamee Ruben Rullan	45.41 50.73 1:18.28	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Mesa Alton Urbandale	AZ IL IA
70-74	Iowa Top 3 Dale Melcher	1:06.68	1 st	Fairfield	IA
	Overall Top 3 #David Easterla Dale Melcher #Mario Marciniak	49.05 1:06.68 1:15.93	1 st 2 nd 3 rd	Maryville Fairfield Dyer	MO IA IN
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #CL Bruce #Lester Demmel	1:02.78 1:19.27	1 st 2 nd	Lake St Louis Omaha	MO NE
	#Lester Denniner	1.19.27	۷	Omana	NE
	BREASTSTROKE	WOI	_		
50 YARD Age Cat. 65-69			_	City Des Moines	State IA
Age Cat.	BREASTSTROKE Name Lowa Top 3	WOI Time/Place	MEN	City	State
Age Cat.	BREASTSTROKE Name Lowa Top 3 Jean Minahan Overall Top 3	WOI Time/Place 1:20.01	1 st	City Des Moines	State IA
Age Cat. 65-69	BREASTSTROKE Name Lowa Top 3 Jean Minahan Overall Top 3 Jean Minahan Lowa Top 3	WOI Time/Place 1:20.01	1 st	City Des Moines Des Moines	IA IA
Age Cat. 65-69	BREASTSTROKE Name Lowa Top 3 Jean Minahan Overall Top 3 Jean Minahan Lowa Top 3 Glenda Sharp Overall Top 3	WOI Time/Place 1:20.01 1:20.01 1:10.30	1 st 1 st 1 st	City Des Moines Des Moines Cedar Rapids	IA IA
Age Cat. 65-69	BREASTSTROKE Name Iowa Top 3 Jean Minahan Overall Top 3 Jean Minahan Iowa Top 3 Glenda Sharp Overall Top 3 Glenda Sharp Iowa Top 3 Glenda Sharp	WOI Time/Place 1:20.01 1:20.01 1:10.30	1 st 1 st 1 st 1 st	City Des Moines Des Moines Cedar Rapids Cedar Rapids	IA IA IA

Age Cat.	Name	Time/Place		City	State
55-59	Iowa Top 3 Norman Bower	31.32	1 st	Davenport	IA
	Overall Top 3 Norman Bower	31.32	1 st	Davenport	IA
60-64	Iowa Top 3 Alan Schenck	42.38	1 st	Clarinda	IA
	Overall Top 3 Alan Schenck	42.38	1 st	Clarinda	IA
65-69	Iowa Top 3 No Entries				
	Overall Top 3 #Michael McNamee	49.47	1 st	Alton	IL
70-74	Iowa Top 3 No Entries				
	Overall Top 3 #John McGinty	1:23.69	1 st	Indianapolis	IN
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #CL Bruce #Lester Demmel	1:06.42 1:15.16	1 st 2 nd	Lake St Louis Omaha	s MO NE

50 YARD BUTTERFLY WOMEN

Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3			-	
	Debbie Fisk	33.64	1^{st}	Waukee	IA
	Sara Rippentrop	37.68	2^{nd}	Waukee	IA
	Overall Top 3				
	Debbie Fisk	33.64	1^{st}	Waukee	IA
	Sara Rippentrop	37.68	2^{nd}	Waukee	IA
	#Nance Coggeshall	50.38	3 rd	Grandview	MO
55-59	Iowa Top 3				
	Elaine Wolf	50.51	1^{st}	Urbandale	IA

	Overall Top 3 Elaine Wolf	50.51	1 st	Urbandale	IA
60-64	Iowa Top 3 Virginia Lane	1:13.92	1 st	Coralville	IA
	Overall Top 3 Virginia Lane	1:13.92	1 st	Coralville	IA
50 YARD	FREESTYLE	MEN			
Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3 William Collins	31.26	1 st	Denver	IA
	Overall Top 3 William Collins #Ted Goudge	31.26 33.98	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Denver Maryville	IA MO
55-59	<u>Iowa Top 3</u> Norman Bower	28.15	1 st	Davenport	IA
	Overall Top 3 Norman Bower	28.15	1 st	Davenport	IA
60-64	Iowa Top 3 Marty Feeney Don Utsinger Alan Schenck	32.52 33.12 38.57	1 st 2 nd 3 rd	Pella Cedar Rapids Clarinda	IA IA IA
	Overall Top 3 Marty Feeney Don Utsinger Alan Schenck	32.52 33.12 38.57	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Pella Cedar Rapids Clarinda	IA IA IA
65-69	Iowa Top 3 Ruben Rullan	1:15.72	3 rd	Urbandale	IA
	Overall Top 3 #Peter Eisenklam #Michael McNamee Ruben Rullan	36.44 50.02 1:15.72	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Mesa Alton Urbandale	AZ IL IA
70-74	Iowa Top 3 Dale Melcher	46.25	2 nd	Fairfield	IA

	Overall Top 3 #David Easterla Dale Melcher #Mario Marciniak	41.45 46.25 47.34	1 st 2 nd 3 rd	Maryville Fairfield Dyer	MO IA IN
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #Lester Demmel #Richard Hekl	53.71 56.57	1 st 2 nd	Omaha Omaha	NE NE
80-84	Iowa Top 3 Roy McKay Arnold Geske	1:02.96 1:17.76	1 st 2 nd	Des Moines Boone	IA IA
	Overall Top 3 Roy McKay Arnold Geske	1:02.96 1:17.76	1 st 2 nd	Des Moines Boone	IA IA
50 YARD	FREESTYLE	WOMEN			
Age Cat.	Name	Time/Place		City	State
50-54	<u>Iowa Top 3</u>				
			-4		
	Debbie Fisk	32.26	1 st	Waukee	IA
	Debbie Fisk Kathy Weishar	33.52	2^{nd}	Waukee	IA
	Debbie Fisk				IA
	Debbie Fisk Kathy Weishar Veronica Demmel	33.52	2^{nd}	Waukee	IA
	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3	33.52 40.39	2 nd 3 rd	Waukee Marshalltown	IA IA
	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk	33.52 40.39 32.26	2 nd 3 rd	Waukee	IA
	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3	33.52 40.39	2 nd 3 rd	Waukee Marshalltown Waukee	IA IA IA
	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk Kathy Weishar Veronica Demmel	33.52 40.39 32.26 33.52	2 nd 3 rd 1 st 2 nd	Waukee Marshalltown Waukee Waukee	IA IA IA
55-59	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk Kathy Weishar	33.52 40.39 32.26 33.52	2 nd 3 rd 1 st 2 nd	Waukee Marshalltown Waukee Waukee	IA IA IA
55-59	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk Kathy Weishar Veronica Demmel Iowa Top 3	33.52 40.39 32.26 33.52 40.39	2 nd 3 rd 1 st 2 nd 3 rd	Waukee Marshalltown Waukee Waukee Marshalltown	IA IA IA IA
55-59 60-64	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk Kathy Weishar Veronica Demmel Iowa Top 3 Elaine Wolf Overall Top 3	33.52 40.39 32.26 33.52 40.39	2 nd 3 rd 1 st 2 nd 3 rd	Waukee Marshalltown Waukee Waukee Marshalltown Urbandale	IA IA IA IA IA
	Debbie Fisk Kathy Weishar Veronica Demmel Overall Top 3 Debbie Fisk Kathy Weishar Veronica Demmel Iowa Top 3 Elaine Wolf Overall Top 3 Elaine Wolf Iowa Top 3 Elaine Wolf	33.52 40.39 32.26 33.52 40.39 44.82	2 nd 3 rd 1 st 2 nd 3 rd 1 st	Waukee Marshalltown Waukee Waukee Marshalltown Urbandale	IA IA IA IA IA

	Overall Top 3 Jean Minahan	1:13.29	1 st	Des Moines	IA
80-84	Iowa Top 3 Jodie McKay	1:08.11	1 st	Des Moines	IA
	Overall Top 3 Jodie McKay	1:08.11	1 st	Des Moines	IA

100 YARD BACKSTROKE MEN

100 TAND DAGNOTHORL		IVILIV			
Age Cat.	Name	Time/Plac	е	City	State
50-54	<u>Iowa Top 3</u>				
	Tom Kealy	1:12.50	1^{st}	Council Bluff	sIA
	William Collins	1:21.03	2^{nd}	Denver	IA
	Overall Top 3				
	Tom Kealy	1:12.50	1^{st}	Council Bluff	sIA
	William Collins	1:21.03	2^{nd}	Denver	IA
55-59	Iowa Top 3				
	Norman Bower	1:13.59	1^{st}	Davenport	IA
	Overall Top 3				
	Norman Bower	1:13.59	1^{st}	Davenport	IA
60-64	<u>Iowa Top 3</u>				
	Don Utsinger	1:36.25	1^{st}	Cedar Rapids	IA
	Alan Schenck	1:42.83	2^{nd}	Clarinda	IA
	Randall Schuh	2:09.74	$3^{\rm rd}$	Fort Dodge	IA
	Overall Top 3				
	Don Utsinger	1:36.25	1 st	Cedar Rapids	IA
	Alan Schenck	1:42.83	2^{nd}	Clarinda	IA
	Randall Schuh	2:09.74	$3^{\rm rd}$	Fort Dodge	IA
65-69	<u>Iowa Top 3</u> No Entries				
	Overall Top 3 #Michael Alton	2:05.01	1 st	Alton	IL
70-74	<u>Iowa Top 3</u> No Entries				

Age Cat.	Name	Time/Place		City	State
	BREASTROKE	MEN			
	- ·r		_		
	Glenda Sharp	2:29.08	2^{nd}	Cedar Rapids	
	Overall Top 3 Dorothy Whitehead	1:42.58	1 st	Indianola	IA
	•			1	
	Glenda Sharp	2:29.08	2^{nd}	Cedar Rapids	
/0-/4	Iowa Top 3 Dorothy Whitehead	1:42.58	1 st	Indianola	IA
70-74	Iowa Ton 3				
	Overall Top 3 Elaine Wolf	1:47.13	1 st	Urbandale	IA
			_	3 - 3	
55-59	Iowa Top 3 Elaine Wolf	1:47.13	1 st	Urbandale	IA
	Overall Top 3 #Nance Coggeshall	1:33.59	1 st	Grandview	МО
30-34	No Entries				
Age Cat. 50-54	Name Iowa Top 3	Time/Place		City	State
	BACKSTROKE	WOMEN			<u> </u>
	Overall Top 3 Donald Huntoon	3:05.37	1 st	Des Moines	IA
	Donald Huntoon	3:05.37	1 st	Des Moines	IA
85-89	Iowa Top 3	2.05.25	ı st	D 14:	T.1
	Overall Top 3 Arnold Geske	3:45.87	1 st	Boone	IA
80-84	Iowa Top 3 Arnold Geske	3:45.87	1 st	Boone	IA
	Overall Top 3 #Richard Hekl	2:41.61	1 st	Omaha	NE
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #David Easterla	2:06.08	1 st	Maryville	МО

50-54	<u>Iowa Top 3</u> Bill Klahn	1:25.35	1 st	Iowa City	IA
		1.23.33	1	iowa City	IA
	Overall Top 3	1 2 7 2 7	4 St	T 01	T.
	Bill Klahn	1:25.35	1 st	Iowa City	IA
60-64	Iowa Top 3				
	Don Utsinger	1:46.18	1^{st}	Cedar Rapids	IA
	Marty Feeney	1:50.11	2^{nd}	Pella	IA
	Alan Schenck	1:57.01	3 rd	Clarinda	IA
	Overall Top 3				
	Don Utsinger	1:46.18	1^{st}	Cedar Rapids	IA
	Marty Feeney	1:50.11	2^{nd}	Pella	IA
	Alan Schenck	1:57.01	3 rd	Clarinda	IA
65-69	Iowa Top 3				
	Ruben Rullan	2:42.06	3 rd	Urbandale	IA
	Overall Top 3				
	#Peter Eisenklam	1:43.21	1^{st}	Mesa	AZ
	#Michael McNamee	2:09.29	2^{nd}	Alton	IL
	Ruben Rullan	2:42.06	3 rd	Urbandale	IA
70-74	Iowa Top 3 No Entries				
	O 11 T 2				
	Overall Top 3	1.50.01	1 st	M:11 -	MO
	#David Easterla	1:59.01	2^{nd}	Maryville	MO
	#John McGinty	3:32.14	2 "	Indianapolis	IN
75-79	Iowa Top 3				
	No Entries				
	Overall Top 3				
	Overall Top 3				
	#CL Bruce	2:49.31	1 st	Lake St Louis	MO
100 YARI		2:49.31 WOMEN	1 st	Lake St Louis	МО
100 YARI	#CL Bruce		1 st	Lake St Louis City	MO State
	#CL Bruce D BREASTROKE	WOMEN	1 st		
Age Cat.	#CL Bruce D BREASTROKE Name	WOMEN	1 st		State
Age Cat.	#CL Bruce D BREASTROKE Name Iowa Top 3 Glenda Sharp Overall Top 3	WOMEN Time/Place 2:55.77	1 st	City Cedar Rapids	State IA
Age Cat.	#CL Bruce D BREASTROKE Name Lowa Top 3 Glenda Sharp	WOMEN Time/Place		City	State IA

	Jodie McKay	2:26.11	1^{st}	Des Moines	IA
	Overall Top 3 Jodie McKay	2:26.11	1 st	Des Moines	IA
100 YARD	BUTTERFLY	MEN			
Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3 Tom Kealy	1:03.76	1 st	Council Bluff	sIA
	Overall Top 3 Tom Kealy	1:03.76	1 st	Council Bluff	sIA
65-69	Iowa Top 3 No Entries				
	Overall Top 3 #Michael McNamee	2:16.89	1 st	Alton	IL
	BUTTERFLY	WOMEN			
Age Cat.	Name	Time/Place		City	State
50-54	No Entries Overall Top 3 #Nance Coggeshall	1:47.65	1 st	Grandview	МО
100 YARD	FREESTYLE	MEN			
Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3 Tom Kealy	57.11	1 st	Council Bluff	sIA
	Overall Top 3 Tom Kealy #Ted Goudge	57.11 1:18.87	1 st 2 nd	Council Bluff Maryville	s IA MO
60-64	Iowa Top 3 Don Utsinger Marty Feeney	1:17.38 1:18.38	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Cedar Rapids Pella	IA IA
	Overall Top 3 Don Utsinger Marty Feeney	1:17.38 1:18.38	1 st 2 nd	Cedar Rapids Pella	IA IA

	Ruben Rullan	2:47.32	1 st	Urbandale	IA
	Overall Top 3 #Michael McNamee Ruben Rullan	1:59.51 2:47.32	1 st 2 nd	Alton Urbandale	IL IA
70-74	Iowa Top 3 Dale Melcher	1:52.34	1 st	Fairfield	IA
	Overall Top 3 #David Easterla Dale Melcher #John McGinty	1:35.67 1:52.34 2:24.33	1 st 2 nd 3 rd	Maryville Fairfield Indianapolis	MO IA IN
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #Lester Demmel #Richard Hekl	1:54.77 2:17.89	1 st 2 nd	Omaha Omaha	NE NE

100 YARD FREESTYLE WOMEN

Age Cat Name Time/Place

100 17(112 1112 2011 22		110111211				
Age Cat.	Name	Time/Place		City	State	
50-54	<u>Iowa Top 3</u>					
	Debbie Fisk	1:13.54	1^{st}	Waukee	IA	
	Kathy Weishar	1:14.73	2^{nd}	Waukee	IA	
	Veronica Demmel	1:29.35	3 rd	Marshalltown	IA	
	Overall Top 3					
	Debbie Fisk	1:13.54	1^{st}	Waukee	IA	
	Kathy Weishar	1:14.73	2^{nd}	Waukee	IA	
	Veronica Demmel	1:29.35	$3^{\rm rd}$	Marshalltown	IA	
	#Nance Coggeshall	1:28.51	3 rd	Grandview	MO	
55-59	Iowa Top 3					
	Elaine Wolf	1:45.01	1^{st}	Urbandale	IA	
	Overall Top 3					
	Elaine Wolf	1:45.01	1^{st}	Urbandale	IA	
70-74	Iowa Top 3					
70 71	Glenda Sharp	2:10.46	1^{st}	Cedar Rapids	IA	
	Overall Top 2					
	Overall Top 3 Glenda Sharp	2:10.46	1 st	Cedar Rapids	IA	
			-		=	

100 YARD IND MEDLEY MEN

TOU TAK	D IND MEDLET	IVIEIN			
Age Cat.	Name	Tim/Place		City	State
50-54	Iowa Top 3				
	Tom Kealy	1:10.82	1 st	Council Bluff	sIA
	Overall Top 3				
	Bruce Schenck	1:36.92	1^{st}	Glenwood	IA
60-64	Jowe Top 2				
00-04	<u>Iowa Top 3</u> Don Utsinger	1:34.55	1 st	Cedar Rapids	IA
	Alan Schenck	1:42.30	2^{nd}	Clarinda	IA
	Overall Top 3				
	Don Utsinger	1:34.55	1^{st}	Cedar Rapids	IA
	Alan Schenck	1:42.30	2^{nd}	Clarinda	IA
65-69	Iowa Top 3				
	No Entries				
	Overall Top 3				
	#Peter Eisenklam	1:42.34	1 st	Mesa	ΑZ
	#Michael McNamee	2:01.11	2^{nd}	Alton	IL
70-74	Iowa Top 3				
/ U ⁻ / T	Dale Melcher	2:28.98	1 st	Fairfield	IA
	Overall Tag 2				
	Overall Top 3 Dale Melcher	2:28.98	1 st	Fairfield	IA
	John McGinty	2:28.98 2:55.70	2^{nd}	Indianapolis	IA IN
	John McGinty	2.33.10	2	maranapons	111
75 70	Iowa Top 2				
75-79	<u>Iowa Top 3</u> No Entries				
	Overall Top 3		, ct		
	#Demmel Lester	2:25.24	1 st	Omaha	NE
	#Richard Hekl	2:50.97	2^{nd}	Omaha	NE
		MOMEN			
100 YAR	D IND MEDLEY	WOMEN			
Age Cat.	Name	Time/Place		City	State
	Name Iowa Top 3	Time/Place	е		
Age Cat.	Name			City Waukee Waukee	State IA IA

	Overall Top 3 Debbie Fisk Sara Rippentrop Kathy Weishar	1:21.93 1:25.27 1:28.80	1 st 2 nd 3 rd	Waukee Waukee Waukee	IA IA IA
55-59	<u>Iowa Top 3</u> Elaine Wolf	1:44.75	1 st	Urbandale	IA
	Overall Top 3 Elaine Wolf	1:44.75	1 st	Urbandale	IA
60-64	<u>Iowa Top 3</u> Virginia Lane	2:03.93	1 st	Coralville	IA
	Overall Top 3 Virginia Lane	2:03.93	1 st	Coralville	IA
70-74	Iowa Top 3 Glenda Sharp	2:40.78	1 st	Cedar Rapids	IA
	Overall Top 3 Glenda Sharp	2:40.78	1 st	Cedar Rapids	IA

200 YARD BACKSTROKE MEN

Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3 Tom Kealy	2:35.12	1 st	Council Bluff	rs IA
	Overall Top 3 Tom Kealy	2:35.12	1 st	Council Bluff	Fs IA
50-59	Iowa Top 3 Norman Bower	2:54.30	1 st	Davenport	IA
	Overall Top 3 Norman Bower	2:54.30	1 st	Davenport	IA
60-64	Iowa Top 3 Alan Schenck	4:42.02	1 st	Clarinda	IA
	Overall Top 3 Alan Schenck	4:42.02	1 st	Clarinda	IA
65-69	Iowa Top 3 No Entries				

50-54					
Age Cat.	Name Iowa Top 3	Time/Plac	e	City	State
	D BREASTROKE	MEN		0.4	0 4 4
	•			•	
	Glenda Sharp	5:31.77	2^{nd}	Cedar Rapids	IA
	Dorothy Whitehead	3:51.77	1^{st}	Indianola	IA
	Overall Top 3				
	Glenda Sharp	5:31.77	2^{nd}	Cedar Rapids	IA
	Dorothy Whitehead	3:51.77	1 st	Indianola	IA
70-74	<u>Iowa Top 3</u>				
	Overall Top 3 #Nance Coggeshall	3:33.59	1 st	Grandview	МО
50-54	Iowa Top 3 No Entries				
Age Cat.	Name	Time/Plac	e	City	State
200 YAR	D BACKSTROKE	WOMEN			
	Donaid Huntoon	0:41.37	1	Des Momes	IA
	Overall Top 3 Donald Huntoon	6:41.57	1 st	Des Moines	IA
85-89	<u>Iowa Top 3</u> Donald Huntoon	6:41.57	1 st	Des Moines	IA
	Overall Top 3 Arnold Geske	7:45.45	1 st	Des Moines	IA
80-84	Iowa Top 3 Arnold Geske	7:45.45	1 st	Des Moines	IA
	#David Easterla #John McGinty	4:54.04 6:28.14	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Maryville Indianapolis	MO IN
	Overall Top 3				
70-74	<u>Iowa Top 3</u> No Entries				
	#Michael McNamee	4:23.23	1^{st}	Alton	IL

 1^{st}

3:21.81

Denver

IA

Iowa Top 3 William Collins

	Overall Top 3 Glenda Sharp OFREESTYLE Name Iowa Top 3 No Entries Overall Top 3 #Ted Goudge Iowa Top 3 Bill Klahn Overall Top 3	6:09.84 6:09.84 MEN Time/Place 3:27.14 2:49.01	1 st 1 st 1 st	Cedar Rapids Cedar Rapids City Maryville Iowa City	
200 YARI Age Cat.	Overall Top 3 Glenda Sharp PREESTYLE Name Iowa Top 3 No Entries Overall Top 3	6:09.84 MEN Time/Place	1 st	Cedar Rapids City	IA State
200 YARI Age Cat.	Overall Top 3 Glenda Sharp PREESTYLE Name Iowa Top 3	6:09.84 MEN		Cedar Rapids	IA
200 YARI Age Cat.	Overall Top 3 Glenda Sharp FREESTYLE Name	6:09.84 MEN		Cedar Rapids	IA
200 YARE	Overall Top 3 Glenda Sharp FREESTYLE	6:09.84 MEN		Cedar Rapids	IA
	Overall Top 3			•	
	Glenda Sharp	6:09.84	1 st	Cedar Rapids	IA
70-74	Iowa Top 3	imio/i laoc		Jity	Jidio
Age Cat.	Name	Time/Place		City	State
200 YARD	#David Easterla BREASTROKE	4:32.51 WOMEN	1 st	Maryville	MO
75-79	Iowa Top 3 No Entries Overall Top 3				
	#Michael McNamee Ruben Rullan	4:30.04 5:40.88	2 nd 3 rd	Alton Urbandale	IL IA
	Overall Top 3 #Peter Eisenklam	3:53.67	1 st	Mesa	AZ
65-69	<u>Iowa Top 3</u> Ruben Rullan	5:40.88	1 st	Urbandale	IA
	Overall Top 3 Bill Klahn	3:25.65	1 st	Iowa City	IA
55-59	<u>Iowa Top 3</u> Bill Klahn	3:25.65	1 st	Iowa City	IA
	William Collins	3:21.81	1^{st}	Denver	IA

60-64	Iowa Top 3				
	Don Utsinger	2:50.52	1^{st}	Cedar Rapids	IA
	Marty Feeney	3:08.41	2^{nd}	Pella	IA
	David Brown	6:47.92	3 rd	Des Moines	IA
	Overall Top 3				
	Don Utsinger	2:50.52	1^{st}	Cedar Rapids	IA
	Marty Feeney	3:08.41	2^{nd}	Pella	IA
	David Brown	6:47.92	3 rd	Des Moines	IA
65-69	Iowa Top 3				
	Ruben Rullan	6:11.43	2^{nd}	Urbandale	IA
	Overall Top 3				
	#Michael McNamee	4:40.86	1^{st}	Alton	IL
	Ruben Rullan	6:11.43	2^{nd}	Urbandale	IA
75-79	Iowa Top 3				
	No Entries				
	Overall Top 3				
	#David Easterla	3:43.61	1^{st}	Maryville	MO

200 YARD FREESTYLE WOMEN

Age Cat.	Name	Time/Plac	e	City	State
50-54	Iowa Top 3				
	Sara Rippentrop	2:47.00	1^{st}	Waukee	IA
	Veronica Demmel	3:31.23	2^{nd}	Marshalltown	IA
	Overall Top 3				
	Sara Rippentrop	2:47.00	1^{st}	Waukee	IA
	Veronica Demmel	3:31.23	2^{nd}	Marshalltown	IA
	#Nance Coggeshall	3:05.33	2^{nd}	Grandview	MO
55-59	<u>Iowa Top 3</u> Elaine Wolf	3:25.21	1 st	Urbandale	IA
	Overall Top 3 Elaine Wolf	3:25.21	1 st	Urbandale	IA
55-59	<u>Iowa Top 3</u> Virginia Lane	4:03.55	1 st	Coralville	IA
	Overall Top 3 Virginia Lane	4:03.55	1 st	Coralville	IA

70-74	Iowa Top 3 Glenda Sharp	5:01.40	1 st	Cedar Rapids IA
	Overall Top 3 Glenda Sharp	5:01.40	1 st	Cedar Rapids IA

200 YARD IND MEDLEY MEN

Age Cat.	Name	Time/Place		City	State
60-64	Iowa Top 3 Alan Schenck	3:39.72	1 st	Clarinda	IA
	Overall Top 3 Alan Schenck	3:39.72	1 st	Clarinda	IA
65-69	Iowa Top 3 No Entries				
	Overall Top 3 #Michael McNamee	3:31.61	1 st	Alton	IL

500 YARD FREESTYLE MEN

	300 17 (1 to 1 to 2 to 2					
Age Cat.	Name	Time/Plac	е	City	State	
55-59	<u>Iowa Top 3</u> Bill Klahn	7:57.64	1 st	Iowa City	IA	
	Overall Top 3 Bill Klahn	7:57.64	1 st	Iowa City	IA	
60-64	Iowa Top 3 Marty Feeney Alan Schenck	9:05.10 10:49.42	$1^{\rm st} \\ 2^{\rm nd}$	Pella Clarinda	IA IA	
	Overall Top 3 Marty Feeney Alan Schenck	9:05.10 10:49.42	$1^{\rm st} \\ 2^{\rm nd}$	Pella Clarinda	IA IA	
65-69	<u>Iowa Top 3</u> Ruben Rullan	16:02.70	3 rd	Urbandale	IA	
	Overall Top 3 #Peter Eisenklam #Michael McNamee Ruben Rullan	9:43.57 11:13.49 16:02.70	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Mesa Alton Urbandale	AZ IL IA	

70-74	Iowa Top 3 No Entries				
	Overall Top 3 #David Easterla #Mario Marciniak	11:11.13 14:41.46	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Maryville Dyer	MO IN
75-79	Iowa Top 3 No Entries				
	Overall Top 3 #Demmel Lester	11:47.73	1 st	Omaha	NE
500 YARD	FREESTYLE	WOMEN			
Age Cat.	Name	Time/Place		City	State
50-54	Iowa Top 3			y	
	Veronica Demmel	9:27.62	1^{st}	Marshalltown	IA
	O11 T 2				
	Overall Top 3 #Nance Grandview	8:19.95	1 st	Grandview	MO
	Veronica Demmel	9:27.62	2^{nd}	Marshalltown	_
	voromed Bennier	J.27.02	_	Will Shart will	111
55-59	Iowa Top 3 Elaine Wolf	8:56.71	1 st	Urbandale	IA
	Elaine Woll	8:30.71	1	Orbandale	IA
	Overall Top 3		. ct		
	Elaine Wolf	8:56.71	1 st	Urbandale	IA
60-64	Iowa Top 3				
	Virginia Lane	9:39.34	1^{st}	Coralville	IA
	Overall Top 3				
	Virginia Lane	9:39.34	1 st	Coralville	IA
	_				
70-74	Iowa Top 3 Glenda Sharp	13:23.37	1 st	Cedar Rapids	TΛ
	Oronda Sharp	13.43.31	1	Ccuai Kapius	117
	Overall Top 3		at		
	Glenda Sharp	13:23.37	1 st	Cedar Rapids	IA

TABLE TENNIS

SINGLES

MEN

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3			
	Goran Surlan	1^{st}	Des Moines	IA
	Steve Stone	$2^{\rm nd}$	Des Moines	IA
	Randy Davis	$3^{\rm rd}$	Altoona	IA
		-		
	Overall Top 3			
	Goran Surlan	1 st	Des Moines	IA
	Steve Stone	2^{nd}	Des Moines	IA
	Randy Davis	$\frac{2}{3^{\text{rd}}}$	Altoona	IA
	Rundy Davis	3	Tittoona	111
55-59	<u>Iowa Top 3</u>			
33-37	Don Johnston	1^{st}	Grinnell	IA
		2 nd	Eldora	IA IA
	Kirby Leland	<u> </u>	Eluora	IA
	Overall Top 2			
	Overall Top 3	1 st	C 11	т л
	Don Johnston	2^{nd}	Grinnell	IA
	Kirby Leland	2	Eldora	IA
60.64				
60-64	Iowa Top 3	. st	~	
	Greg Eastman	1^{st}	Des Moines	IA
	Richard Rounds	2^{nd}	Boone	IA
	Overall Top 3			
	Greg Eastman	1 st	Des Moines	IA
	Richard Rounds	2^{nd}	Boone	IA
65-69	<u>Iowa Top 3</u>			
	Phil Miller	1^{st}	Conrad	IA
	Bill Harner	$2^{\rm nd}$	Eldora	IA
	Overall Top 3			
	Phil Miller	1^{st}	Conrad	IA
	Bill Harner	$2^{\rm nd}$	Eldora	IA
		_	210010	
70-74	<u>Iowa Top 3</u>			
, , , ,	David Goin	1 st	Jefferson	IA
	Law LeRoy	2^{nd}	WDM	IA
	Warren Reinecke	$3^{\rm rd}$	Grinnell	IA IA
	warren Keniecke	3	Gillileli	IA
	Overall Top 2			
	Overall Top 3	1^{st}	I. 66	TA
	David Goin	2^{nd}	Jefferson	IA
	#Robert McFarland	—	Grand Island	
	Law LeRoy	$2^{\rm nd}$	WDM	IA

	Warren Reinecke	3 rd	Grinnell	IA
75-79	Iowa Top 3 Tom Little Jack Gustafson Bill Park	1 st 2 nd 3 rd	Knoxville Grinnell Muscatine	IA IA IA
	Overall Top 3 Tom Little Jack Gustafson Bill Park	1 st 2 nd 3 rd	Knoxville Grinnell Muscatine	IA IA IA
80-84	Iowa Top 3 Stan Aldinger Stan McElvain	1 st 2 nd	Iowa City Des Moines	IA IA
	Overall Top 3 Stan Aldinger Stan McElvain	1 st 2 nd	Iowa City Des Moines	IA IA
85-89	Iowa Top 3 Jim Thompson	1st	Ames	IA
	Overall Top 3 Jim Thompson	1st	Ames	IA
90-94	Iowa Top 3 Harold McCollum James Noel	1 st 2 nd	WDM WDM	IA IA
	Overall Top 3 Harold McCollum James Noel	1 st 2 nd	WDM WDM	IA IA
SINGLES		WOMEN		
Age Cat.	Name	Place	City	State
55-59	Iowa Top 3 Carol Eldora	1 st	Eldora	IA
	Overall Top 3 Carol Eldora	1 st	Eldora	IA
60-64	<u>Iowa Top 3</u> Kimberly Taylor	1 st	Des Moines	IA

30-34	Iowa Top 3	1 St	DCM/DCM	T A /T A
50-54		FIACE	City	State
DOUBLE Age Cat.	Name	MEN Place	City	State
DOLIBI E	9	MEN		
	Overall Top 3 Eleanor Noel	1 st	WDM	IA
90-94	<u>Iowa Top 3</u> Eleanor Noel	1 st	WDM	IA
	Overall Top 3 Norma McElvain Beverly Shelton	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Des Moines Johnston	IA IA
80-84	Iowa Top 3 Norma McElvain Beverly Shelton	1 st 2 nd	Des Moines Johnston	IA IA
	Overall Top 3 Glendoris Caswell	1 st	Des Moines	IA
75-79	<u>Iowa Top 3</u> Glendoris Caswell	1st	Des Moines	IA
	Overall Top 3 Leah Duerksen Ruth Little Sharlene Norem	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Iowa City Knoxville Des Moines	IA IA IA
70-74	Iowa Top 3 Leah Duerksen Ruth Little Sharlene Norem	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Iowa City Knoxville Des Moines	IA IA IA
	Overall Top 3 #Pat Micheletti Rosemary Fritzjunke	1^{st} 2^{nd}	Blue Springs WDM	MO IA
65-69	<u>Iowa Top 3</u> Rosemary Fritzjunke	1 st	WDM	IA
	Overall Top 3 Kimberly Taylor	1 st	Des Moines	IA

 $\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$

DSM/DSM

Altoona/DSM

IA/IA

IA/IA

Iowa Top 3
Surlan/Stone

Davis/Palmersheim

	Overall Top 3 Surlan/Stone Davis/Palmersheim	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	DSM/DSM Altoona/DSM	IA/IA IA/IA
65-69	<u>Iowa Top 3</u> Harner/Miller	1 st	Eldora/Conrad	IA/IA
	Overall Top 3 Harner/Miller	1 st	Eldora/Conrad	IA/IA
70-74	Iowa Top 3 Gustafson/Reinecke McElvain/Law	1^{st} 2^{nd}	Grinnell/Grinnell DSM/WDM	IA/IA IA/IA
	Overall Top 3 Gustafson/Reinecke McFarland/McFarland McElvain/Law Micheletti/Essing	1^{st} 1^{st} 2^{nd} 2^{nd}	Grinnell/Grinnell Norwalk/Grand Islan Des Moines/WDM Blue Springs/Pomero	IA/IA
90-94	Iowa Top 3 McCollum/McCollum	1 st	Des Moines/WDM	IA/IA
	Overall Top 3 McCollum/McCollum	1 st	Des Moines/WDM	IA/IA
DOUBLES	8	WOMEN		
Age Cat.	Name	Place	City	State
75-79	Iowa Top 3 Caswell/McElvain	1 st	DSM/DSM	IA/IA
	Overall Top 3 Caswell/McElvain	1 st	DSM/DSM	IA/IA
MIXED DO	DUBLES			
Age Cat.	Name	Place	City	State
55-59	Iowa Top 3 Leland/Leland	1 st	Eldora/Eldora	IA/IA
	Overall Top 3 Leland/Leland	1 st	Eldora/Eldora	IA/IA
65-69	Iowa Top 3 No Entries			

	Overall Top 3 Micheletti/Micheletti McFarland/Fritzjunker	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Blue Springs/Blue Springs Grand Island/WDM	MO/MO IA/IA
70-74	Iowa Top 3 Duerksen/Duerksen Little/Little Caswell/Baskerville	1 st 2 nd 3 rd	3	IA/IA IA/IA IA/IA
	Overall Top 3 Duerksen/Duerksen Little/Little Caswell/Baskerville	1 st 2 nd 3 rd	Iowa City/Iowa City Knoxville/Knoxville Des Moines/WDM	IA/IA IA/IA IA/IA
80-84	Iowa Top 3 McElvain/McElvain	1 st	DSM/DSM	IA/IA
	Overall Top 3 McElvain/McElvain	1 st	DSM/DSM	IA/IA
85-89	Iowa Top 3 Thompson/Kimberley	1 st	Ames/Collins	IA/IA
	Overall Top 3 Thompson/Kimberley	1 st	Ames/Collins	IA/IA
90-94	Iowa Top 3 Noel/McCollum	1 st	WDM/WDM	IA/IA
	Overall Top 3 Noel/McCollum	1 st	WDM/WDM	IA/IA

TEAM SPORTS

3 x 3 BASKETBALL

٦,	v.	_	N I	
ľ	W	_	N	

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3 Country Boys	1 st		IA
	Overall Top 3 Country Boys	1 st		IA
55-59	Iowa Top 3 Top Crafters	1 st		IA

	Overall Top 3 Top Crafters	1 st	IA
60-64	Iowa Top 3 McCloud	1^{st}	IA
	Overall Top 3 #ALR Systems of Omaha McCloud #Converse All-Stars	1 st 2 nd 3 rd	NE IA MN
65-69	Iowa Top 3 Iowa All Stars	1 st	IA
	Overall Top 3 #Pikes Whitewater Iowa All Stars #Daubert Butler	1 st 2 nd 3 rd	WI IA NE
70-74	Iowa Top 3 Iowa Silver Streaks	1 st	IA
	Overall Top 3 Iowa Silver Streaks	1 st	IA

3 x 3 BASKETBALL

WOMEN

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3 Triple Threat	1 st		IA
	Overall Top 3 Triple Threat	1 st		IA
60-64	<u>Iowa Top 3</u> Jurassic Sparks	1^{st}		IA
	Overall Top 3 Jurassic Sparks	1 st		IA

GRANNY BASKETBALL

Age Cat.	Name	Place	City	State
	<u>Iowa Top 3</u>			
	SEHARC Hot Pink Grannies	1 st	Des Moines	IA
	NE Iowa Great Dames	2^{nd}	Lansing	IA
	Curvaceous Chicks	3 rd	Center Point	IA

Overall Top 3

SEHARC Hot Pink Grannies	1^{st}	Des Moines	IA
NE Iowa Great Dames	2^{nd}	Lansing	IA
Curvaceous Chicks	3^{rd}	Center Point	IA

SOFTBA	LL			
Age Cat.	Name	Place	City	State
60-64	Iowa Top 3 Salty Dogs	1 st		IA
	Overall Top 3 Salty Dogs	1 st		IA
65-69	<u>Iowa Top 3</u> Iowa-Nebraska 65's	1 st		IA
	Overall Top 3 #Topeka Seniors #Bobby-Steve's Lumberjack Iowa-Nebraska 65's	1st cs 2 nd 3 rd		KS MN IA
70-74	Iowa Top 3 Iowa Tigers	1 st		IA
	Overall Top 3 Iowa Tigers	1 st		IA

VOLLEYBALL

Age Cat.	Name	Place	City	State
50-54	Iowa Top 3 6 Plus 1	1 st		IA
	Overall Top 3 6 Plus 1	1 st		IA
60-64	Iowa Top 3 Salty Dogs	1 st		IA
	Overall Top 3 Salty Dogs	1 st		IA
70-74	<u>Iowa Top 3</u> Iowa 70's	1 st		IA

 1^{st}

IA

TENNIS

SINGLES

Age Cat.	Name	Place	City	State
55-59	Iowa Top 3		J.1.,	Jiuio
33 37	Craig Rhodes	1 st	Gilman	IA
	Bruce Schenck	2 nd	Glenwood	IA
	Jerry Stahlhut	3 rd	Marshalltown	
	Jeffy Stainhut	3	Waishantown	IA
	Overall Top 3			
	Craig Rhodes	1^{st}	Gilman	IA
	Bruce Schenck	$2^{\rm nd}$	Glenwood	IA
	Jerry Stahlhut	3 rd	Marshalltown	
	Ž			
60-64	<u>Iowa Top 3</u>	-		
	Charles Janzen	1 st	WDM	IA
	Larry Lehrkamp	2 nd	Marshalltown	IA
	Gary McCoy	3 rd	Bondurant	IA
	Overell Top 2			
	Overall Top 3	1 st	WDM	T A
	Charles Janzen	2^{nd}	WDM	IA
	Larry Lehrkamp	3 rd	Marshalltown	
	Gary McCoy	3	Bondurant	IA
65-69	Iowa Top 3			
02 0)	Mike Schaumburg	1 st	WDM	IA
	Phil Miller	2 nd	Conrad	IA
	Rich Hoidahl	3 rd	Johnston	IA
	Kien Holdum	3	Johnston	17.1
	Overall Top 3			
	Mike Schaumburg	1 st	WDM	IA
	Phil Miller	2^{nd}	Conrad	IA
	Rich Hoidahl	3 rd	Johnston	IA
7 0. 7 4	T T 2			
70-74	Iowa Top 3	. st	~	
	Bob Cowan	1 st	Clive	IA
	Joe VanArkel	2 nd	Des Moines	IA
	Richard Baskerville	3 rd	WDM	IA
	Overall Top 3			
	Bob Cowan	1 st	Clive	IA
	Joe VanArkel	2 nd	Des Moines	IA IA
	JUC V AIIAIKEI	\angle	Des Mollies	IA

	#Joseph Meuret	3 rd	Kearney	NE
75-79	Iowa Top 3 Bob Evans Ken Fearing	1^{st} 2^{nd}	Des Moines North Liberty	IA IA
	Overall Top 3 #Neil Reynolds Bob Evans Ken Fearing	1 st 2 nd 3 rd	St Joseph Des Moines North Liberty	MO IA IA
80-84	Iowa Top 3 Stan Aldinger Robert Thompson John Milton	1 st 2 nd 3 rd	Iowa City Des Moines Des Moines	IA IA IA
	Overall Top 3 Stan Aldinger Robert Thompson John Milton	1 st 2 nd 3 rd	Iowa City Des Moines Des Moines	IA IA IA
85-89	Iowa Top 3 No Entries			
	Overall Top 3 #Howard Dewell	1 st	Quincy	IL
90-94	Iowa Top 3 Harold McCollum	1 st	WDM	IA
	Overall Top 3 Harold McCollum	1 st	WDM	IA

SINGLES WOMEN

Age Cat.	Name	Place	City	State
60-64	<u>Iowa Top 3</u> Karen Mann	1 st	Urbandale	IA
	Overall Top 3 Karen Mann	1^{st}	Urbandale	IA
70-74	<u>Iowa Top 3</u> Vi Darsee	1 st	Clive	IA
	Overall Top 3			

	Vi Darsee	1 st	Clive	IA
80-84	Iowa Top 3 Beverly Shelton	1 st	Johnston	IA
	Overall Top 3 Beverly Shelton	1 st	Johnston	IA
DOUBLE	S	MEN		
Age Cat.	Name	Place	e City	State
55-59	Iowa Top 3 Berkey/Rhodes Olson/Schenck Gehring/Miller Overall Top 3 Berkey/Rhodes Olson/Schenck	1 st 2 nd 3 rd	Le Grand/Gilman Ankeny/Glenwood Eldora/Conrad Le Grand/Gilman Ankeny/Glenwood	IA/IA IA/IA IA/IA IA/IA
	Gehring/Miller	3 rd	Eldora/Conrad	IA/IA
60-64	Iowa Top 3 Kite/Schaumburg Burke/Davis Overall Top 3 Kite/Schaumburg Burke/Davis	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$ $\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Des Moines/WDM Sioux City/Adel Des Moines/WDM Sioux City/Adel	IA/IA IA/IA IA/IA
65-69	Iowa Top 3 No Entries Overall Top 3 Johnson/McConaughey	1 st	Belton/Raymore	MO/MO
70-74	Iowa Top 3 Evans/VanArkel Baskerville/Templeman	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Des Moines/Des Moines WDM/WDM	IA/IA IA/IA
	Overall Top 3 #Marciniak/McGinty Evans/VanArkel Baskerville/Templeman	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Dyer/Indianapolis Des Moines/Des Moines WDM/WDM	IN/IN IA/IA IA/IA
75-79	Iowa Top 3 Aldinger/Fearing	1 st	Iowa City/North Liberty	IA/IA

	Overall Top 3 Aldinger/Fearing	1 st	Iowa City/North Liberty	IA/IA
80-84	Iowa Top 3 Dragstedt/Thompson McCollum/Milton	1 st 2 nd	Des Moines/Des Moines WDM/Des Moines	IA/IA IA/IA
	Overall Top 3 Dragstedt/Thompson McCollum/Milton	1^{st} 2^{nd}	Des Moines/Des Moines WDM/Des Moines	IA/IA IA/IA

DOUBLES WOMEN

Age Cat.	Name	Place	City	State
75-79	Iowa Top 3 Shelton/True	1 st	Johnston/Des Mo	ines IA/IA
	Overall Top 3 Shelton/True	1 st	Johnston/Des Mo	ines IA/IA

MIXED DOUBLES

Age Cat.	Name	Place	City	State
55-59	Iowa Top 3 Schenck/Schenck	1 st	Glenwood/Glenwood	IA/IA
	Overall Top 3 Schenck/Schenck	1 st	Glenwood/Glenwood	IA/IA
60-64	<u>Iowa Top</u> 3 Taylor/Taylor	1 st	Thayer/Des Moines	IA/IA
	Overall Top 3 Taylor/Taylor	1 st	Thayer/Des Moines	IA/IA
80-84	<u>Iowa Top 3</u> Shelton/Thompson	1 st	Johnston/Des Moines	IA/IA
	Overall Top 3 Shelton/Thompson	1 st	Johnston/Des Moines	IA/IA

TRACK AND FIELD

DISCUS MEN

Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3				
	Lyle Schwartz	126'11.0"	1^{st}	Jewell	IA
	Paul Grinvalds	108'1.0"	2^{nd}	WDM	IA
	Bob Nelson	75'1.0'	3^{rd}	WDM	IA
	Overall Top 3				
	Lyle Schwartz	126'11.0"	1^{st}	Jewell	IA
	#Ted Goudge	124'0.5"	2^{nd}	Maryville	MO
	Paul Grinvalds	108'1.0"	3^{rd}	WDM	IA
55.50	I T 2				
55-59	Iowa Top 3	7014 011	4 St	G 16	T.
	Don Jessen	58'1.0"	1 st	Colfax	IA
	Overall Top 3				
	Don Jessen	58'1.0"	1^{st}	Colfax	IA
60-64	<u>Iowa Top 3</u>				
00 0.	Jim Kelly	114'0.0"	1 st	Pleasant Hill	IA
	Ron Peterson	90'5.0"	2^{nd}	Waukee	IA
	Greg Eastman	87°2.5°°	$3^{\rm rd}$	Des Moines	IA
	Greg Eastman	07 2.3	3	Des Momes	IA
	Overall Top 3	4440.00	4 St	51	T.1
	Jim Kelly	114'0.0"	1 st	Pleasant Hill	IA
	#Robert Kranz	109'8.5"	2^{nd}	Kapaa	HI
	Ron Peterson	90'5.0"	3 rd	Waukee	IA
65-69	Iowa Top 3				
	Ron Wheeler	92'6.0"	1 st	Cedar Falls	IA
	Overall Top 3				
	#Ralph Check	116'4.0"	1 st	Endicott	NE
	#Alex Meyer	99'11.0"	2^{nd}	Scribner	NE NE
	#Jerry Moseke	97'9.0"	3^{rd}	Omaha	NE NE
	#Jelly Moseke	91 9.0	3	Omana	NE
70-74	Iowa Top 3		. st		
	Stanley Whelchel	93'9.5"	1 st	Cedar Falls	IA
	Ronald Kolbe	52'3.0"	2^{nd}	Sac City	IA
	Richard Anderson	50'0.0"	3 rd	WDM	IA
	Overall Top 3				
	#Al Salmon	106'11.0"	1^{st}	Liberty	MO
	Stanley Whelchel	93'9.5"	2^{nd}	Cedar Falls	IA
	#Dave Arndt	88'5.0"	3^{rd}	DeForest	WI
5. 5.					
75-79	<u>Iowa Top 3</u>				

	Otto Welfring Donald Huffman Bill Park	103'8.5" 80'9.5" 69'9.5"	1 st 2 nd 3 rd	Marshalltown Pella Muscatine	IA IA IA
	Overall Top 3 Otto Welfring Donald Huffman #C L Bruce	103'8.5" 80'9.5" 77'5.0"	1 st 2 nd 3 rd	Marshalltown Pella Lake St Louis	IA
80-84	Iowa Top 3 Dick Mulkern Edward Failor Keith Baker	93'6.0" 72'0.0" 58'3.25"	1 st 2 nd 3 rd	Sheffield WDM Clive	IA IA IA
	Overall Top 3 Dick Mulkern Edward Failor Keith Baker	93'6.0" 72'0.0" 58'3.25"	1 st 2 nd 3 rd	Sheffield WDM Clive	IA IA IA
85-89	Iowa Top 3 No Entries				
	Overall Top 3 #Howard Dewell	067'9.5"	1 st	Quincy	IL
90-94	Iowa Top 3 Adolph Peschke	033'1.0"	1 st	WDM	IA
	Overall Top 3 Adolph Peschke	033'1.0"	1 st	WDM	IA

DISCUS WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Cheryl Sander	46'9.5"	1 st	Altoona	IA
	Overall Top 3				
	Cheryl Sander	46'9.5"	1 st	Altoona	IA
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	72'1.0"	1 st	Hastings	IA
	Martha Green	50'1.0"	$2^{\rm nd}$	Des Moines	IA
	Marcia Leeper	49'6.0"	3 rd	Urbandale	IA
	Overall Top 3				
	Kay Glynn	72'1.0"	1 st	Hastings	IA

	Martha Green Marcia Leeper	50'1.0" 49'6.0"	$2^{nd} \\ 3^{rd}$	Des Moines Urbandale	IA IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Joyce Hopgood #Normimah Benedict	63'5.0" 41'1.0"	1 st 2 nd	Russellville Fayetteville	AR AR
65-69	Iowa Top 3 Rosemary Fritzjunker	29'6.0"	1 st	WDM	IA
	Overall Top 3 Rosemary Fritzjunker	29'6.0"	1 st	WDM	IA
70-74	Iowa Top 3 Bertha Aldrich	059'7.0"	1 st	Des Moines	IA
	Overall Top 3 Bertha Aldrich	059'7.0"	1 st	Des Moines	IA
75-79	Iowa Top 3 Carolyn Dodd Nancy Baker Glendoris Caswell	32'11.0" 32'7'9.5" 26'2.5"	1 st 2 nd 3 rd	Des Moines Clive Des Moines	IA IA IA
	Overall Top 3 Carolyn Dodd Nancy Baker Glendoris Caswell	32'11.0" 32'7'9.5" 26'2.5"	1 st 2 nd 3 rd	Des Moines Clive Des Moines	IA IA IA

HIGH JUMP

Age Cat.	Name	Height	Place	City	State
50-54	Iowa Top 3 Randy Davis Joseph Bohlke	4'2" 4'0"	1 st 2 nd	Altoona Des Moines	IA IA
	Overall Top 3 Randy Davis Joseph Bohlke	4'2" 4'0"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Altoona Des Moines	IA IA
60-64	Iowa Top 3 Tarry Cory Ron Peterson Marty Feeney	4'4" 4'0" 3'10"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Clive Waukee Pella	IA IA IA

	Overall Top 3 Tarry Cory Ron Peterson Marty Feeney #Jon Benedict	4'4" 4'0" 3'10" 3'10"	$\begin{matrix}1^{st}\\2^{nd}\\3^{rd}\\3^{rd}\end{matrix}$	Clive Waukee Pella Fayetteville	IA IA IA AR
65-69	Iowa Top 3 Les Lane Rich Hoidahl Frank Perez	4'6" 3'8" 3'2"	$\begin{matrix}1^{st}\\2^{nd}\\3^{rd}\end{matrix}$	Carlisle Johnston WDM	IA IA IA
	Overall Top 3 Les Lane #Alex Meyer Rich Hoidahl	4'6" 3'10" 3'8"	$\begin{matrix}1^{st}\\2^{nd}\\3^{rd}\end{matrix}$	Carlisle Scribner Johnston	IA NE IA
70-74	Iowa Top 3 No Entries				
	Overall Top 3 #Martin Tangora	3'4"	1 st	Chicago	IL
80-84	Iowa Top 3 Stan Aldinger Ed Failor	3'8" 3'2"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Iowa City WDM	IA IA
	Overall Top 3 Stan Aldinger Ed Failor	3'8" 3'2"	1 st 2 nd	Iowa City WDM	IA IA

HIGH JUMP

WOMEN

• • •	••••	• • •	- -		
Age Cat.	Name	Height	Place	City	State
55-59	<u>Iowa Top 3</u> Kay Glynn	4'4"	1 st	Hastings	IA
	Overall Top 3 Kay Glynn	4'4"	1 st	Hastings	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict	3'2"	1 st	Fayetteville	AR

LONG JUMP – RUNNING MEN

	MIP - RUMMING	IVICI			
Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3				
	Randy Davis	11'0.00"	1^{st}	Altoona	IA
	Joseph Bohlke	9'8.00"	2^{nd}	Des Moines	IA
	•				
	Overall Top 3				
	#Michael Berndt	13'6.00"	1^{st}	Madison	WI
	Randy Davis	11'0.00"	$2^{\rm nd}$	Altoona	IA
	Joseph Bohlke	9'8.00"	$3^{\rm rd}$	Des Moines	IA
	1				
55-59	<u>Iowa Top 3</u>				
	No Entries				
	Overall Top 3				
	#Marvin Ripp	11'5.00"	1 st	Madison	WI
	11				
60-64	Iowa Top 3				
	Tarry Cory	14'3.00"	1^{st}	Clive	IA
	Ron Peterson	11'7.00"	$2^{\rm nd}$	Waukee	IA
	Marty Feeney	9'3.00"	$3^{\rm rd}$	Pella	IA
	, ,				
	Overall Top 3				
	Tarry Cory	14'3.00"	1 st	Clive	IA
	Ron Peterson	11'7.00"	$2^{\rm nd}$	Waukee	IA
	Marty Feeney	9'3.00"	$3^{\rm rd}$	Pella	IA
	, ,				
65-69	Iowa Top 3				
	Les Lane	13'5.00"	1 st	Carlisle	IA
	Rich Hoidahl	11'7.00"	2^{nd}	Johnston	IA
	Dharmvir Bhatnagar	9'4.00"	$3^{\rm rd}$	WDM	IA
	C				
	Overall Top 3				
	Les Lane	13'5.00"	1 st	Carlisle	IA
	#Alex Meyer	11'7.50"	2^{nd}	Scribner	NE
	Rich Hoidahl	11'7.00"	$3^{\rm rd}$	Johnston	IA
70-74	Iowa Top 3				
	Don Zimmer	10'2.00"	1^{st}	WDM	IA
	Carroll Marty	9'8.00"	2^{nd}	Ames	IA
	Ken Clark	8'0.00"	$3^{\rm rd}$	Urbandale	IA
	Overall Top 3				
	#Wendall Roehrs	11'5.00"	1^{st}	Warrenton	MO
	#Jerry Anderson	10'9.00"	2^{nd}	Ellsworth	WI
	#Martin Tangora	10'9.00"	2^{nd}	Chicago	IL
	C			2	

	Don Zimmer	10'2.00"	3 rd	WDM	IA
75-79	Iowa Top 3 Bill Park Daniel Teran Ralph Scott	9'2.00" 7'9.00" 5'5.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Muscatine WDM WDM	IA IA IA
	Overall Top 3 Bill Park Daniel Teran Ralph Scott	9'2.00" 7'9.00" 5'5.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Muscatine WDM WDM	IA IA IA
80-84	Iowa Top 3 Stan Aldinger	8'2.00"	1 st	Iowa City	IA
	Overall Top 3 Stan Aldinger	8'2.00"	1 st	Iowa City	IA

LONG JUMP – RUNNING WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3 No Entries				
	Overall Top 3 #Victoria Daniel	8'8.00"	1 st	Appleton	WI
55-59	<u>Iowa Top 3</u> Kay Glynn	14'4.00"	1 st	Hastings	IA
	Overall Top 3 Kay Glynn	14'4.00"	1 st	Hastings	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Neva Weisskopf #Normimah Benedict	9'9.00" 9'1.00"	1 st 2 nd	Lehigh Acres Fayetteville	FL AR

LONG JUMP – STANDING MEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	7'1.00"	1^{st}	Altoona	IA
	Joseph Bohlke	6'11.00"	$2^{\rm nd}$	Des Moines	IA

	Overall Top 3 #Michael Berndt	8'3.00"	1 st	Madison	WI
	#Willie Markmann	7'7.50"	2^{nd}	Bennington	NE
	Randy Davis	7'1.00"	1 st	Altoona	IA
55-59	Iowa Top 3 Steve Siegel	8'0.75"	1 st	Urbandale	IA
	Overall Top 3 Steve Siegel #Marvin Ripp	8'0.75" 6'10.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Urbandale Middleton	IA WI
60-64	Iowa Top 3				
	Tarry Cory	8'2.00"	1^{st}	Clive	IA
	Marty Feeney	7'4.00"	2 nd	Pella	IA
	Ron Peterson	6'11.25"	3 rd	Waukee	IA
	Overall Top 3				
	Tarry Cory	8'2.00"	1^{st}	Clive	IA
	Marty Feeney	7'4.00"	2^{nd}	Pella	IA
	Ron Peterson	6'11.25"	3 rd	Waukee	IA
65-69	Iowa Top 3				
	Les Lane	7'11.00"	1^{st}	Carlisle	IA
	Frank Perez	6'9.00"	2^{nd}	WDM	IA
	Rich Hoidahl	6'6.50"	3 rd	Johnston	IA
	Overall Top 3				
	Les Lane	7'11.00"	1^{st}	Carlisle	IA
	Frank Perez	6'9.00"	2^{nd}	WDM	IA
	Rich Hoidahl	6'6.50"	3 rd	Johnston	IA
70-74	Iowa Top 3				
	Carroll Marty	6'6.00"	1 st .	Ames	IA
	Don Zimmer	6'3.00"	2 nd	WDM	IA
	Richard Anderson	5'9.25"	3 rd	WDM	IA
	Overall Top 3		. et		
	#Wendall Roehrs	7'2.00"	1 st	Warrenton	MO
	#Jerry Anderson	6'7.75"	2 nd	Ellsworth	WI
	Carroll Marty	6'6.00"	3 rd	Ames	IA
75-79	Iowa Top 3		. st		
	Bill Park	6'11.75"	1 st	Muscatine	IA
	Tom Novak	6'2.75"	2 nd	Cedar Rapids	IA
	Daniel Teran	5'4.50"	3 rd	WDM	IA

	Overall Top 3			
	Bill Park	6'11.75"	1^{st}	Muscatine IA
	Tom Novak	6'2.75"	$2^{\rm nd}$	Cedar Rapids IA
	Daniel Teran	5'4.50"	3 rd	WDM IA
80-84	Iowa Top 3			
	Darrell Mitchell	6'2.00"	1^{st}	Marshalltown IA
	Ed Failor	5'2.75"	2^{nd}	WDM IA
	Overall Top 3			
	Darrell Mitchell	6'2.00"	1^{st}	Marshalltown IA
	Ed Failor	5'2.75"	2^{nd}	WDM IA

LONG JUMP – STANDING WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3 No Entries				
	Overall Top 3 #Victoria Daniel	8'0.00"	1 st	Appleton	WI
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict #Neva Weisskopf	6'2.50" 5'9.00"	1 st 2 nd	Fayetteville Lehigh Acres	WI FL

LONG JUMP – TRIPLE MEN

Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3				
	Paul Grinvalds	32'9.50"	1^{st}	WDM	IA
	Joseph Bohlke	18'10.50"	2^{nd}	Des Moines	IA
	Randy Davis	17'6.25"	3 rd	Altoona	IA
	Overall Top 3				
	Paul Grinvalds	32'9.50"	1^{st}	WDM	IA
	Joseph Bohlke	18'10.50"	2^{nd}	Des Moines	IA
	Randy Davis	17'6.25"	3 rd	Altoona	IA
60-64	Iowa Top 3				
	Ron Peterson	22'10.50"	1^{st}	Waukee	IA
	Marty Feeney	17'8.00"	2^{nd}	Pella	IA
	Overall Top 3				

	Ron Peterson #Jon Benedict Marty Feeney	22'10.50" 20'4.25" 17'8.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Waukee Fayetteville Pella	IA AR IA
65-69	Iowa Top 3 Rich Hoidahl	20'3.50"	1 st	Johnston	IA
	Overall Top 3 Rich Hoidahl #Alex Meyer	20'3.50" 19'6.50"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Johnston Scribner	IA NE
70-74	Iowa Top 3 Franklin Brown Carroll Marty Ken Clark	22'0.00" 21'2.00" 15'9.00"	1 st 2 nd 3 rd	Des Moines Ames Urbandale	IA IA IA
	Overall Top 3 #Wendall Roehrs #Martin Tangora Franklin Brown	22'7.75" 22'5.00" 22'0.00"	1 st 2 nd 1 st	Warrenton Chicago Des Moines	MO IL IA

LONG JUMP – TRIPLE WOMEN

Age Cat.	Name	Distance	Place	City	State
55-59	<u>Iowa Top 3</u> Kay Glynn	26'11.50"	1 st	Hastings	IA
	Overall Top 3 Kay Glynn	26'11.50"	1 st	Hastings	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict #Neva Weisskopf	t 21'1.00" 17'3.50"	1^{st} 2^{nd}	Fayetteville Lehigh Acres	AR FL

RACE WALK – 1500 METER MEN

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3				
	Greg Palmersheim	10:08	1^{st}	Des Moines	IA
	Randy Davis	10:24	2^{nd}	Altoona	IA
	Joseph Bohlke	10:30	3^{rd}	Des Moines	IA
	Overall Top 3				
	#Willie Markmann	9:02.00	1^{st}	Bennington	NE
	Greg Palmersheim	10:08	2^{nd}	Des Moines	IA

	Randy Davis	10:24	3 rd	Altoona	IA
55-59	Iowa Top 3 Robert Shires Steve Wacht	8:56 10:08	1^{st} 2^{nd}	Des Moines Indianola	IA IA
	Overall Top 3 Robert Shires #Brent Bohlen Steve Wacht	8:56 10:06 10:08	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines Springfield Indianola	IA IL IA
60-64	Iowa Top 3 Randall Schuh	10:08	1 st	Fort Dodge	IA
	Overall Top 3 Randall Schuh #Jon Benedict	10:08 11:42	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Fort Dodge Fayetteville	IA AR
65-69	Iowa Top 3 Gary O'Daniels Tom Kirkwood Dharmvir Bhatnagar	9:21 9:22 10:33	1 st 2 nd 3 rd	Creston Cedar Rapids WDM	IA IA IA
	Overall Top 3 Gary O'Daniels Tom Kirkwood Dharmvir Bhatnagar	9:21 9:22 10:33	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Creston Dyersville WDM	IA IA IA
70-74	Iowa Top 3 Franklin Brown Carroll Marty Jerry Triplett	10:45 10:46 11:36	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines Ames Winterset	IA IA IA
	Overall Top 3 Franklin Brown Carroll Marty #John McGinty	10:45 10:46 10:34	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Des Moines Ames Indianapolis	IA IA IN
75-79	Iowa Top 3 Tom Novak Charles Poague	11:43 16:20	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Cedar Rapids WDM	IA IA
	Overall Top 3 #Fred Adams Tom Novak Charles Poague	10:46 11:43 16:20	1 st 2 nd 3 rd	Liberty Cedar Rapids WDM	MO IA IA

Iowa Top 3
No Entries 90-94

Overall Top 3 #Thomas Young 15:13 1st Overland Park KS

RACE WALK - 1500 METER WOMEN

RACE WALK - 1500 METER			WOMEN			
Age Cat.	Name	Time	Place	City	State	
55-59	Iowa Top 3 No Entries					
	Overall Top 3 #Donna Janusheske	11:19	1 st	Sparta	WI	
60-64	Iowa Top 3 Faith Rulapaugh	11:00	1 st	Oelwein	IA	
	Overall Top 3 Faith Rulapaugh #Normimah Benedict	11:00 12:20	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Oelwein Fayetteville	IA AR	
65-69	Iowa Top 3 Phyllis O'Daniels	13:43	1 st	Creston	IA	
	Overall Top 3 Phyllis O'Daniels	13:43	1 st	Creston	IA	
70-74	Iowa Top 3 Bertha Aldrich	11:36	1 st	Alden	IA	
	Overall Top 3 Bertha Aldrich	11:36	1 st	Alden	IA	
75-79	Iowa Top 3 Carolyn Dodd	13:36	1 st	Des Moines	IA	
	Overall Top 3 Carolyn Dodd	13:36	1 st	Des Moines	IA	
80-84	Iowa Top 3 Gene McClaran	15:40	1 st	Des Moines	IA	
	Overall Top 3 Gene McClaran	15:40	1 st	Des Moines	IA	

RACE WALK - 5000 METER MEN

Age Cat.	Name	Time	Place	City	State
55-59	Iowa Top 3				
	Robert Shires	32:51	1^{st}	Des Moines	IA
	Overall Top 3				
	Robert Shires	32:51	1 st	Des Moines	IA
	#Brent Bohlen	33:38	2^{nd}	Springfield	IL
	"Blent Bonien	33.30	2	Springricia	IL.
60-64	<u>Iowa Top 3</u>				
	Randall Schuh	40:24	1 st	Fort Dodge	IA
	David Brown	58:03	2^{nd}	Des Moines	IA
	Overall Top 3				
	#Jon Benedict	38:24	1 st	Fayetteville	AR
	Randall Schuh	40:24	2^{nd}	Fort Dodge	IA
	David Brown	58:03	$3^{\rm rd}$	Des Moines	IA
	Buvia Brown	20.02	3	Des ividines	
65-69	<u>Iowa Top 3</u>		-4		
	Gary O'Daniels	33:36	1^{st}	Creston	IA
	Tom Kirkwood	33:39	2^{nd}	Dyersville	IA
	Dharmvir Bhatnagar	38:16	3 rd	WDM	IA
	<u>Iowa Top 3</u>				
	Gary O'Daniels	33:36	1^{st}	Creston	IA
	Tom Kirkwood	33:39	$2^{\rm nd}$	Dyersville	IA
	Dharmvir Bhatnagar	38:16	3 rd	WDM	IA
70.74	Laws Tan 2				
70-74	Iowa Top 3	26.40	1 st	Dan Maina	TA
	Franklin Brown	36:48	2^{nd}	Des Moines	IA
	Jerry Triplett	40:06	3^{rd}	Winterset	IA
	Ronald Kolbe	52:03	3	Sac City	IA
	Overall Top 3				
	Franklin Brown	36:48	1^{st}	Des Moines	IA
	Jerry Triplett	40:06	2^{nd}	Winterset	IA
	Ronald Kolbe	52:03	3 rd	Sac City	IA
75-79	<u>Iowa Top 3</u>				
	No Entries				
	Overall Top 3				
	#Fred Adams	38:09	1^{st}	Liberty	MO
90-94	<u>Iowa Top 3</u>				
	No Entries				

Overall Top 3 #Thomas Young 50:44 1st

Overland Park KS

RACE V	NAIK -	- 5000	METER	WOMEN
		JUUU		

Age Cat.	Name	Time	Place	City	State
60-64	Iowa Top 3 Faith Rulapaugh	38:40	1 st	Oelwein	IA
	Overall Top 3 Faith Rulapaugh	38:40	1 st	Oelwein	IA
70-74	<u>Iowa Top 3</u> Bertha Aldrich	33:43	1 st	Alden	IA
	Overall Top 3 Bertha Aldrich	33:43	1 st	Alden	IA
80-84	Iowa Top 3 Gene McClaran	51:41	1 st	Des Moines	IA
	Overall Top 3 Gene McClaran	51:41	1 st	Des Moines	IA

ROAD RACE – 5K

Age Cat.	Name	Time	Place	City	State
55-59	Iowa Top 3 Jack Sandmeier	23:11	1 st	Knoxville	IA
	Overall Top 3 Jack Sandmeier	23:11	1 st	Knoxville	IA
60-64	Iowa Top 3 Gary Patton David Brown	18:53 53:04	1 st 2 nd	Rock Rapids Des Moines	IA IA
	Overall Top 3 Gary Patton David Brown	18:53 53:04	1 st 2 nd	Rock Rapids Des Moines	IA IA
65-69	<u>Iowa Top 3</u> Ruben Rullan	32:21	1 st	Urbandale	IA
	Overall Top 3 Ruben Rullan	32:21	1 st	Urbandale	IA

70-74	<u>Iowa Top 3</u> Jerry Triplett	27:15	1 st	Winterset	IA
	Gerald Hendrickson	30:17	2^{nd}	Cedar Falls	IA
	Overall Top 3				
	Jerry Triplett	27:15	1 st	Winterset	IA
	Gerald Hendrickson	30:17	2 nd	Cedar Falls	IA
75-79	<u>Iowa Top 3</u>				
	Alvin Ravenscroft	29:19	1 st	Ames	IA
	Overall Top 3				
	Alvin Ravenscroft	29:19	1 st	Ames	IA
ROAD RA	CE – 5K	WO	MEN		
Age Cat.	Name	Time	Place	City	State
				•	
	CE – 10K	ME			
Age Cat.	Name	Time	Place	City	State
60-64	Iowa Top 3	45.50	1 St	D 14.	T A
	Roy Ney	45:53	1^{st} 2^{nd}	Des Moines	IA
	Joe Keefer	49:38	2	Des Moines	IA
	Overall Top 3				
	Roy Ney	45:53	1^{st} .	Des Moines	IA
	Joe Keefer	49:38	2^{nd}	Des Moines	IA
70-74	<u>Iowa Top 3</u>				
	Gerald Hendrickson	1:06:37	1 st	Cedar Falls	IA
	Overall Top 3				
	Gerald Hendrickson	1:06:37	1 st	Cedar Falls	IA
ROADRA	ACE – 10K	WO	MEN		
Age Cat.	Name	Time	Place	City	State
rigo outi	Italiio	111110	1 1400	Oity	Otato
SHOT PU	т	ME	N		
Age Cat.	Name	Distance	Place	City	State
50-54	Iowa Top 3	Distance	1 1400	Oity	Otate
JU JT	Joseph Bohlke	29'5.75"	1 st	Des Moines	IA
	Overall Top 2				
	Overall Top 3 #Ted Goudge	38'8.25"	1 st	Maryville	IA
	#Gary Shank	34'4.00"	2^{nd}	Mohmouth	IL IL
	#Garry Pirch	31'0.00"	3^{rd}	Rich Hill	MO
	"Garry Files	31 0.00	J	Kicii IIIII	1410

55-59	Iowa Top 3 Bruce Schenck Duane Cooling Steve Wacht	30'0.25" 29'8.00" 29'2.75"	1 st 2 nd 3 rd	Glenwood Gilman Indianola	IA IA IA
	Overall Top 3 Bruce Schenck Duane Cooling Steve Wacht	30'0.25" 29'8.00" 29'2.75"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Glenwood Gilman Indianola	IA IA IA
60-64	Iowa Top 3 Jim Kelly Greg Eastman Alan Schenck	36'4.75" 32'7.50" 31'1.50"	1 st 2 nd 3 rd	Pleasant Hill Des Moines Clarinda	IA IA IA
	Overall Top 3 Jim Kelly Greg Eastman Alan Schenck	36'4.75" 32'7.50" 31'1.50"	1 st 2 nd 3 rd	Pleasant Hill Des Moines Clarinda	IA IA IA
65-69	Iowa Top 3 Ron Wheeler Dale Dewey	30'1.00" 21'11.50"	1 st 2 nd	Cedar Falls Des Moines	IA IA
	Overall Top 3 #Ralph Check #Alex Meyer Ron Wheeler	36'2.25" 32'10.50" 30'1.00"	1 st 2 nd 3 rd	Endicott Scribner Cedar Falls	NE NE IA
70-74	Iowa Top 3 Carroll Marty Stanley Whelchel Richard Anderson	31'1.00" 30'7.50" 30'6.00"	1^{st} 2^{nd} 3^{rd}	Ames Cedar Falls WDM	IA IA IA
	Overall Top 3 #Al Salmon #Dave Arndt #Jerry Anderson	40'9.00" 32'8.75" 32'0.25"	1 st 2 nd 3 rd	Liberty DeForest Ellsworth	MO WI WI
75-79	Iowa Top 3 Otto Welfring Donald Huffman Wayne Marty	32'0.50" 28'8.25" 27'7.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Marshalltown Pella Le Mars	IA IA IA
	Overall Top 3				

	Otto Welfring C L Bruce Donald Huffman	32'0.50" 30'5.00" 28'8.25"	1st 2nd 3rd	Marshalltown Lake St Louis Pella	
80-84	Iowa Top 3 Dick Mulkern Edward Failor	31'2.75" 25'10.50"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Sheffield Muscatine	IA IA
	Overall Top 3 Dick Mulkern Edward Failor	31'2.75" 25'10.50"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Sheffield Muscatine	IA IA
85-89	Iowa Top 3 Mick Donahue	18'9.75"	1 st	WDM	IA
	Overall Top 3 #Howard Dewell Mick Donahue	24'2.00" 18'9.75"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Quincy WDM	IA IA
90-94	Iowa Top 3 Adolph Peschke	15'4.75"	1 st	WDM	IA
	Overall Top 3 Adolph Peschke	15'4.75"	1 st	WDM	IA

SHOT PUT WOMEN

Age Cat.	Name	Distance	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Cheryl Sander	23'5.25"	1 st	Altoona	IA
	Overall Top 3		. et		
	Cheryl Sander	23'5.25"	1 st	Altoona	IA
55-59	Iowa Top 3				
	Kay Glynn	29'0.25"	1^{st}	Hastings	IA
	Martha Green	23'2.50"	$2^{\rm nd}$	Des Moines	IA
	Marcia Leeper	22'9.75"	3 rd	Urbandale	IA
	Overall Top 3				
	Kay Glynn	29'0.25"	1^{st}	Hastings	IA
	Martha Green	23'2.50"	2^{nd}	Des Moines	IA
	Marcia Leeper	22'9.75"	3 rd	Urbandale	IA
60-64	Iowa Top 3 No Entries				

	Overall Top 3 #Joyce Hopgood #Normimah Benedict	20'9.50" 18'11.00"	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Russellville Fayetteville	AR AR
65-69	Iowa Top 3 Rosemary Fritzjunker Lois Kolbe	17'5.00" 7'4.50"	1 st 2 nd	WDM Sac City	IA IA
	Overall Top 3 Rosemary Fritzjunker #Charlotte Weisser Lois Kolbe	17'5.00" 14'11.50" 7'4.50"	1 st 2 nd 3 rd	WDM Lincoln Sac City	IA NE IA
70-74	Iowa Top 3 Bertha Aldrich	21'4.75"	1 st	Alden	IA
	Overall Top 3 Bertha Aldrich	21'4.75"	1 st	Alden	IA
75-79	Iowa Top 3 Carolyn Dodd Nancy Baker	15'9.75" 15'6.50"	1 st 2 nd	Des Moines Clive	IA IA
	Overall Top 3 Carolyn Dodd Nancy Baker #Alice Purdes	15'9.75" 15'6.50" 12'1.50"	1 st 2 nd 3 rd	Des Moines Clive Madison	IA IA IL
80-84	Iowa Top 3 Ernestine Davis	12'4.75"	1 st	Des Moines	IA
	Overall Top 3 Ernestine Davis	12'4.75"	1 st	Des Moines	IA

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3			_	
	Mike Hale	6.66	1^{st}	Clive	IA
	Paul Grinvalds	6.75	2^{nd}	WDM	IA
	Mark Cooper	7.18	$3^{\rm rd}$	Des Moines	IA
	Overall Top 3				
	Mike Hale	6.66	1^{st}	Clive	IA
	Paul Grinvalds	6.75	2^{nd}	WDM	IA
	Mark Cooper	7.18	$3^{\rm rd}$	Des Moines	IA

55-59	Iowa Top 3 Mark Leamen	7.34	1 st	Bondurant	IA
	Overall Top 3 Mark Leamen	7.34	1 st	Bondurant	IA
	Mark Leamen	7.34	1	Dondurant	IA
60-64	Iowa Top 3	7.64	1 st	M Amana	IA
	Daniel Weisskopf		2 nd		
	Gene Hegwood	7.85	3^{rd}	Knoxville	IA
	Denny Bane	8.38	3	Urbandale	IA
	Overall Top 3		-		
	Daniel Weisskopf	7.64	1 st	M Amana	IA
	#Johnnie Hopgood	7.78	2^{nd}	Russellville	AR
	Gene Hegwood	7.85	3 rd	Knoxville	IA
65-69	Iowa Top 3				
	Les Lane	7.60	1^{st}	Carlisle	IA
	Rich Hoidahl	8.13	2^{nd}	Johnston	IA
	Frank Perez	8.18	$\frac{1}{3}$ rd	WDM	IA
	1 1um 1 0102	0.10	J	W D W	111
	Overall Top 3				
	Les Lane	7.60	1 st	Carlisle	IA
	#James Snook	7.78	2^{nd}	Overland Park	KS
	Rich Hoidahl	8.13	3 rd	Johnston	IA
70-74	Iowa Top 3				
	Mike Murphy	8.44	1^{st}	Blue Grass	IA
	Don Zimmer	8.50	2^{nd}	WDM	IA
	Richard Anderson	10.66	3 rd	WDM	IA
	Tricinara i macrison	10.00		,, <u>D</u> 1,1	
	Overall Top 3	7.40	1 St	Wanantan	MO
	#Wendall Roehrs	7.49	1^{st} 2^{nd}	Warrenton	MO
	#Jerry Anderson	8.13		Ellsworth	WI
	Mike Murphy	8.44	3 rd	Blue Grass	IA
75-79	Iowa Top 3		,		
	Tom Little	8.75	1 st	Knoxville	IA
	Tom Novak	8.81	2^{nd}	Cedar Rapids	IA
	Bill Park	8.89	3 rd	Muscatine	IA
	Overall Top 3				
	Tom Little	8.75	1 st	Knoxville	IA
	Tom Novak	8.81	2 nd	Cedar Rapids	IA
	Bill Park	8.89	3 rd	Muscatine	IA
		2.07	-		-

80-84	Iowa Top 3 Melvin Larsen	8.34	1 st	Ames	IA
	Overall Top 3 Melvin Larsen	8.34	1 st	Ames	IA
85-89	Iowa Top 3 No Entries				
	Overall Top 3 #Howard Dewell	12.56	1 st	Quincy	IL
90-94	Iowa Top 3 Adolph Peschke	23.56	1 st	Des Moines	IA
	Overall Top 3 Adolph Peschke	23.56	1 st	Des Moines	IA

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3			-	
	Paula Sandmeier	8.31	1^{st}	Knoxville	IA
	Julie Goldman	9.44	2 nd	Des Moines	IA
	Overall Top 3				
	Paula Sandmeier	8.31	1^{st}	Knoxville	IA
	#Victoria Daniel	8.43	2^{nd}	Appleton	WI
	Julie Goldman	9.44	3 rd	Des Moines	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3		, et		
	#Normimah Benedict		1 st	Fayetteville	AR
	#Joyce Hopgood	10.50	2^{nd}	Russellville	AR
70-74	Iowa Top 3		, et		
	Carol Linderman	9.97	1^{st}	Clive	IA
	Overall Top 3				
	Carol Linderman	9.97	1 st	Clive	IA
75-79	<u>Iowa Top 3</u>				
	Carolyn Dodd	12.40	1^{st}	Des Moines	IA
	Overall Top 3				

	Carolyn Dodd #Alice Purdes	12.40 19.91	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Des Moines Madison	IA IL
80-84	<u>Iowa Top 3</u> Ernestine Davis	19.90	1 st	Des Moines	IA
	Overall Top 3 Ernestine Davis	19.90	1 st	Des Moines	IA

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3				
	Paul Grinvalds	13.00	1^{st}	WDM	IA
	Mark Cooper	13.25	2^{nd}	Des Moines	IA
	Randy Davis	14.41	$3^{\rm rd}$	Altoona	IA
	Overall Top 3				
	Paul Grinvalds	13.00	1^{st}	WDM	IA
	Mark Cooper	13.25	2^{nd}	Des Moines	IA
	#Willie Markmann	13.41	$3^{\rm rd}$	Bennington	NE
55-59	Iowa Top 3				
	Roger Johnson	13.21	1^{st}	Le Claire	IA
	Mark Leaman	13.72	2^{nd}	Bondurant	IA
	Steve Siegel	14.75	3^{rd}	Urbandale	IA
	Overall Top 3				
	Roger Johnson	13.21	1^{st}	Le Claire	IA
	Mark Leaman	13.72	2^{nd}	Bondurant	IA
	#Marvin Ripp	14.47	3^{rd}	Middleton	WI
60-64	Iowa Top 3				
	Daniel Weisskopf	13.94	1^{st}	M Amana	IA
	Gene Hegwood	14.60	2^{nd}	Knoxville	IA
	David Brown	28.91	3^{rd}	Des Moines	IA
	Overall Top 3				
	Daniel Weisskopf	13.94	1^{st}	M Amana	IA
	Gene Hegwood	14.60	$2^{\rm nd}$	Knoxville	IA
	David Brown	28.91	3^{rd}	Des Moines	IA
65-69	Iowa Top 3				
	Les Lane	13.65	1^{st}	Carlisle	IA
	Rich Hoidahl	15.59	2^{nd}	Johnston	IA
	Tom Kirkwood	16.72	$3^{\rm rd}$	Dyersville	IA
				<i>y</i>	

	Overall Top 3				
	Les Lane	13.65	1^{st}	Carlisle	IA
	Rich Hoidahl	15.59	2^{nd}	Johnston	IA
	#Alex Meyer	15.59	2^{nd}	Scribner	NE
	Tom Kirkwood	16.72	$3^{\rm rd}$	Dyersville	IA
	Tom Kirkwood	10.72	3	Dycisvine	1/1
70-74	Iowa Top 3				
	Don Zimmer	15.66	1 st	WDM	IA
	Mike Murphy	16.19	2^{nd}	Blue Grass	IA
	Carroll Marty	16.78	3 rd	Ames	IA
	O11 T 2				
	Overall Top 3	1456	1 st	Wannantan	MO
	#Wendall Roehrs	14.56	2^{nd}	Warrenton	MO
	#Jerry Anderson	15.41	-	Ellsworth	WI
	Don Zimmer	15.66	1 st	WDM	IA
75-79	Iowa Top 3				
	Tom Novak	16.66	1^{st}	Cedar Rapids	IA
	Daniel Teran	17.28	$2^{\rm nd}$	WDM	IA
	Bill Park	17.90	$3^{\rm rd}$	Muscatine	IA
	2111 1 WILL	17.70	· ·	1.10000000	
	Overall Top 3				
	Tom Novak	16.66	1^{st}	Cedar Rapids	IA
	Daniel Teran	17.28	2^{nd}	WDM	IA
	Bill Park	17.90	$3^{\rm rd}$	Muscatine	IA
80-84	Iowa Top 3				
00-0 -1	Melvin Larsen	15.52	1^{st}	Ames	IA
		18.96	2^{nd}	Iowa City	IA
	Stan Aldinger	16.90	2	iowa City	IA
	Overall Top 3				
	William Melville	14.94	1^{st}	Platteville	WI
	Melvin Larsen	15.52	$2^{\rm nd}$	Ames	IA
	Stan Aldinger	18.96	$3^{\rm rd}$	Iowa City	IA
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Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3 No Entries				
	Overall Top 3		at		
	#Victoria Daniel	16.53	1^{st}	Appleton	WI
55.50	I T 2				
55-59	Iowa Top 3	1 / / 1	1 st	TT	т А
	Kay Glynn	14.41	1	Hastings	IA

	Overall Top 3 Kay Glynn	14.41	1 st	Hastings	IA
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Normimah Benedict #Neva Weisskopf	15.54 16.63	1 st 2 nd	Fayetteville Lehigh Acres	AR FL
70-74	Iowa Top 3 Carol Linderman	18.53	1 st	Clive	IA
	Overall Top 3 Carol Linderman	18.53	1 st	Clive	IA

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3				<u>'</u>
	Paul Grinvalds	26.18	1 st	WDM	IA
	Mike Hale	26.88	2^{nd}	Clive	IA
	John Barron	28.00	3 rd	Guttenberg	IA
	Overall Top 3				
	Paul Grinvalds	26.18	1 st	WDM	IA
	Mike Hale	26.88	2^{nd}	Clive	IA
	John Barron	28.00	3 rd	Guttenberg	IA
55-59	Iowa Top 3				
	Roger Johnson	28.87	1 st	Le Claire	IA
	Jack Sandmeier	34.78	2 nd	Knoxville	IA
	Overall Top 3				
	Roger Johnson	28.87	1 st	Le Claire	IA
	Jack Sandmeier	34.78	2 nd	Knoxville	IA
60-64	<u>Iowa Top 3</u>				
	Daniel Weisskopf	32.50	1 st	M Amana	IA
	Overall Top 3				
	Daniel Weisskopf	32.50	1 st	M Amana	IA
	#Johnnie Hopgood	33.41	2 nd	Russellville	AR
65-69	<u>Iowa Top 3</u>				
05 07	Les Lane	29.28	1 st	Carlisle	IA
	Rich Hoidahl	34.81	2^{nd}	Johnston	IA
	Mon Holdani	3 r.01	∠	Joiniston	14 1

	Overall Top 3		at		
	Les Lane	29.28	1 st	Carlisle	IA
	#Howard Weisser	31.22	2 nd	Lincoln	NE
	#James Snook	31.50	3 rd	Overland Park	KS
70-74	Iowa Top 3				
	Carroll Marty	40.87	1 st	Ames	IA
	Overall Top 3				
	#Wendall Roehrs	32.16	1^{st}	Warrenton	MO
	#Martin Tangora	33.88	2^{nd}	Chicago	IL
	Carroll Marty	40.87	3^{rd}	Ames	IA
75-79	<u>Iowa Top 3</u>				
75 75	Tom Novak	39.94	1 st	Cedar Rapids	IA
	Wayne Marty	40.46	2 nd	Le Mars	IA
	Overall Top 3				
	Tom Novak	39.94	1 st	Cedar Rapids	ĪΑ
	Wayne Marty	40.46	2 nd	Le Mars	IA
80-84	<u>Iowa Top 3</u>				
00 01	Melvin Larson	36.41	1 st	Ames	IA
	Overall Top 3				
	#William Melville	34.22	1 st	Platteville	WI
	Melvin Larson	34.16	2 nd	Ames	IA
	Weivin Larson	54.10	2	Times	17.1
200 METE	R DASH	WON	ΛEN		
Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Paula Sandmeier	41.32	1 st	Knoxville	IA

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Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3			-	
	Paula Sandmeier	41.32	1^{st}	Knoxville	IA
	Overall Top 3				
	#Victoria Daniel	37.09	1^{st}	Appleton	WI
	Paula Sandmeier	41.32	2^{nd}	Knoxville	IA
55-59	<u>Iowa Top 3</u>				
	Kay Glynn	31.29	1^{st}	Hastings	IA
	Overall Top 3				
	Kay Glynn	31.29	1^{st}	Hastings	IA
60-64	Iowa Top 3				
	No Entries				

	Overall Top 3 #Normimah Benedict #Joyce Hopgood	37.20 48.12	1 st 2 nd	Fayetteville Russellville	AR AR
70-74	Iowa Top 3 Carol Linderman	55.96	1 st	Clive	IA
	Overall Top 3 Carol Linderman	55.96	1 st	Clive	IA
75-79	Iowa Top 3 Carolyn Dodd	1:13.00	1 st	Des Moines	IA
	Overall Top 3 Carolyn Dodd	1:13.00	1 st	Des Moines	IA
80-84	Iowa Top 3 Ernestine Davis	1:41.38	1 st	Des Moines	IA
	Overall Top 3 Ernestine Davis	1:41.38	1 st	Des Moines	IA

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	Randy Davis	1:05.78	1^{st}	Altoona	IA
	Bill Oliver	1:06.00	2 nd	Cedar Rapids	IA
	Overall Top 3				
	Randy Davis	1:08.06	1^{st}	Altoona	IA
	Bill Oliver	1:06.00	2 nd	Cedar Rapids	IA
55-59	<u>Iowa Top 3</u>				
	Roger Johnson	1:05.35	1^{st}	Le Claire	IA
	Mark Leamen	1:13.84	2^{nd}	Bondurant	IA
	Overall Top 3				
	Roger Johnson	1:05.35	1^{st}	Le Claire	IA
	#Marvin Ripp	1:08.38	2^{nd}	Middleton	WI
	Mark Leamen	1:13.84	3 rd	Bondurant	IA
60-64	Iowa Top 3				
	Gary Patton	1:07.31	1 st	Rock Rapids	IA
	Joe Keefer	1:17.69	2^{nd}	Des Moines	IA
	Ron Peterson	1:23.22	3 rd	Waukee	IA

	Overall Top 3 Gary Patton Joe Keefer Ron Peterson	1:07.31 1:17.69 1:23.22	1 st 2 nd 3 rd	Rock Rapids Des Moines Waukee	IA IA IA
65-69	Iowa Top 3 Tom Kirwood Rich Hoidahl	1:22.34 1:27.34	1 st 2 nd	Dyersville Johnston	IA IA
	Overall Top 3 #J Abels Tom Kirwood #Alex Meyer	1:06.62 1:22.34 1:25.81	1 st 2 nd 3 rd	Papillion Dyersville Scribner	NE IA NE
70-74	Iowa Top 3 Franklin Brown Don Zimmer	1:30.25 2:01.43	1 st 2 nd	Des Moines WDM	IA IA
	Overall Top 3 #Wendall Roehrs Franklin Brown Don Zimmer	1:20.10 1:30.25 2:01.43	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Warrenton Des Moines WDM	MO IA IA
75-79	<u>Iowa Top 3</u> Tom Novak	1:39.22	1 st	Cedar Rapids	IA
	Overall Top 3 Tom Novak	1:39.22	1 st	Cedar Rapids	IA
80-84	Iowa Top 3 Darrell Mitchell	1:26.09	1 st	Marshalltown	IA
	Overall Top 3 Darrell Mitchell	1:26.09	1 st	Marshalltown	IA

WOMEN

Age Cat.	Name	Time	Place	City	State	
50-54	Iowa Top 3 No Entries					_
	Overall Top 3 #Victoria Daniel	1:28.60	1 st	Appleton	WI	
60-64	<u>Iowa Top 3</u> No Entries					

	Overall Top 3 #Neva Weisskopf #Normimah Benedict	1:36.71 2:08.65	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Lehigh Acres Fayetteville	FL AR
65-69	<u>Iowa Top 3</u> Helen James	1:38.19	1 st	Decorah	IA
	Overall Top 3 Helen James	1:38.19	1 st	Decorah	IA
70-74	Iowa Top 3 Betty Hoff Carol Linderman	1:39.22 2:24.92	1 st 2 nd	Decorah Clive	IA IA
	Overall Top 3 Betty Hoff Carol Linderman	1:39.22 2:24.92	1^{st} 2^{nd}	Decorah Clive	IA IA

Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	John Anderson	2:24.09	1 st	Huxley	IA
	Bill Oliver	2:30.91	2^{nd}	Cedar Rapids	IA
	Randy Davis	2:41.35	$3^{\rm rd}$	Altoona	IA
	Overall Top 3				
	John Anderson	2:24.09	1 st	Huxley	IA
	Bill Oliver	2:30.91	$2^{\rm nd}$	Cedar Rapids	IA
	Randy Davis	2:41.35	3 rd	Altoona	IA
55-59	Iowa Top 3				
	Steve Wacht	3:10.43	1 st	Indianola	IA
	Jack Sandmeier	3:14.65	2^{nd}	Knoxville	IA
	Overall Top 3				
	Steve Wacht	3:10.43	1 st	Indianola	IA
	Jack Sandmeier	3:14.65	2^{nd}	Knoxville	IA
60-64	Iowa Top 3				
	Gary Patton	2:31.18	1^{st}	Rock Rapids	IA
	Joe Keefer	3:08.78	$2^{\rm nd}$	Des Moines	IA
	Denny Adair	4:42.88	3 rd	Osceola	IA
	Overall Top 3				
	Gary Patton	2:31.18	1^{st}	Rock Rapids	IA

	Joe Keefer #David Williams	3:08.78 3:24.85	2 nd 3 rd	Des Moines St Paul	IA MN
65-69	Iowa Top 3 Tom Kirkwood Ruben Rullan	3:05.84 3:55.64	$\begin{matrix} 1^{st} \\ 2^{nd} \end{matrix}$	Dyersville Urbandale	IA IA
	Overall Top 3 #Howard Weisser Tom Kirkwood #Alex Meyer	3:02.08 3:05.84 3:34.00	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Lincoln Dyersville Scribner	NE IA NE
70-74	Iowa Top 3 Jerry Triplett Franklin Brown	3:50.05 4:00.43	1^{st} 2^{nd}	Winterset Des Moines	IA IA
	Overall Top 3 Jerry Triplett Franklin Brown	3:50.05 4:00.43	1 st 2 nd	Winterset Des Moines	IA IA
75-79	Iowa Top 3 Tom Novak Alvin Ravenscroft Wayne Marty	3:13.00 3:59.00 4:58.00	1 st 2 nd 3 rd	Cedar Rapids Ames Le Mars	IA IA IA
	Overall Top 3 Tom Novak Alvin Ravenscroft Wayne Marty	3:13.00 3:59.00 4:58.00	$\begin{matrix} 1^{st} \\ 2^{nd} \\ 3^{rd} \end{matrix}$	Cedar Rapids Ames Le Mars	IA IA IA

WOMEN

Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3 Paula Sandmeier	3:46.72	1 st	Knoxville	IA
	Overall Top 3 #Victoria Daniel Paula Sandmeier	3:24.00 3:46.72	2^{st}	Appleton Knoxville	WI IA
65-69	<u>Iowa Top 3</u> Helen James	3:50.59	1 st	Decorah	IA
	Overall Top 3 Helen James	3:50.59	1 st	Decorah	IA
70-74	Iowa Top 3				

Betty Hoff	4:04.37	1 st	Decorah	IA
Overall Top 3 Betty Hoff	4:04.37	1 st	Decorah	IA

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Age Cat.	Name	Time	Place	City	State
50-54	<u>Iowa Top 3</u>				
	John Anderson	4:59.00	1^{st}	Huxley	IA
	Bill Oliver	5:02.00	$2^{\rm nd}$	Cedar Rapids	IA
	Randy Davis	5:38.00	3 rd	Altoona	IA
	Overall Top 3				
	John Anderson	4:59.00	1^{st}	Huxley	IA
	Bill Oliver	5:02.00	2^{nd}	Cedar Rapids	
	Randy Davis	5:38.00	3^{rd}	Altoona	IA
60-64	Joygo Top 2				
00-04	<u>Iowa Top 3</u> Gary Patton	5:15.00	1^{st}	Dook Donide	IA
	•		2^{nd}	Rock Rapids Des Moines	
	Roy Ney	6:06.00	3^{rd}		IA
	Joe Keefer	6:17.00	3	Des Moines	IA
	Overall Top 3				
	Gary Patton	5:15.00	1 st	Rock Rapids	IA
	Roy Ney	6:06.00	2^{nd}	Des Moines	IA
	Joe Keefer	6:17.00	3 rd	Des Moines	IA
65-69	Iowa Top 3				
	Tom Kirkwood	6:13.00	1^{st}	Dyersville	IA
	Overall Top 3				
	#J Abels	5:35.00	1^{st}	Papillion	NE
	Tom Kirkwood	6:13.00	2^{nd}	Dyersville	IA
			3^{rd}	Scribner	
	#Alex Meyer	7:29.00	3	Scribner	NE
70-74	Iowa Top 3				
	Ronald Kolbe	14:47.00	1 st	Sac City	IA
	Overall Top 3				
	Ronald Kolbe	14:47.00	1^{st}	Sac City	IA
55.5 0	. m î			-	
75-79	<u>Iowa Top 3</u> Tom Novak	9.01.00	1 st	Cadan Danida	TΛ
	10III INOVAK	8:01.00	1	Cedar Rapids	1A
	Overall Top 3				
	Tom Novak	8:01.00	1^{st}	Cedar Rapids	IA

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Age Cat.	Name	Time	Place	City	State
50-54	Iowa Top 3 No Entries				
	Overall Top 3 #Victoria Daniel	7:29.00	1 st	Appleton	WI
60-64	Iowa Top 3 No Entries				
	Overall Top 3 #Neva Weisskopf	8:04.00	1 st	Lehigh Acres	FL
65-69	Iowa Top 3 Helen James	7:52.00	1 st	Decorah	IA
	Overall Top 3 Helen James	7:52.00	1 st	Decorah	IA