

2014 Cycling Time Trial Results - 5K

	Medal	Name	City	State	Time	Age	NSG Qualifier
FEMALE	GOLD	Connie Inks	Waterloo	Iowa	08:31.1	50	X
	SILVER	Michelle Stout	Ankeny	Iowa	09:55.5	54	X
	GOLD	Sandra Dunivan	Urbandale	Iowa	10:00.0	55	X
	SILVER	Debra Leehoven	Ankeny	Iowa	12:12.5	56	X
	BRONZE	Rozalyn Boyer	Dallas Center	Iowa	12:38.6	57	X
	GOLD	Deb Hankens	Cherokee	Iowa	10:16.1	63	X
	SILVER	Roberta Blakeman	Altoona	Iowa	11:37.3	64	X
	GOLD	Ann Shuman	West Des Moines	Iowa	11:04.9	71	X
	GOLD	Peter Stevenson	Des Moines	Iowa	08:18.9	50	X
	SILVER	Brad Lones	Urbandale	Iowa	08:38.4	54	X
BRONZE	Curtis Tesch	Waseca	Minnesota	08:39.3	53	X	
BRONZE	Kelly Knutson	Truro	Iowa	08:49.1	54	X	
		Jim Schlick	Ames	Iowa	10:03.7	52	X
		Mike Krapfl	Ames	Iowa	10:55.8	51	
		Scott Sorem	Ames	Iowa	11:04.9	52	
		Terry Krapfl	Indianola	Iowa	11:36.7	50	
GOLD	Dennis Weinbeck	Topeka	Kansas	07:50.2	56	X	
GOLD	John Bregar	West Des Moines	Iowa	09:15.6	57	X	
SILVER	David Ertl	Waukee	Iowa	09:48.7	56	X	
		Federico Torres	Lincoln	Nebraska	09:55.4	58	X
BRONZE	Jeff Woessner	Des Moines	Iowa	10:11.5	56	X	
		Steve Heilskov	Iowa Falls	Iowa	10:55.7	56	X
		Mark Hayes	Rhodes	Iowa	10:56.2	58	
		Jose Torres	Normal	Illinois	11:31.3	56	
GOLD	Mike Bergman	Marshalltown	Iowa	08:12.9	61	X	
SILVER	Doug Reichardt	Des Moines	Iowa	08:33.1	60	X	
BRONZE	Dennis Maurer	Rochester	Minnesota	09:24.4	63	X	
BRONZE	Tony Leehoven	Ankeny	Iowa	09:24.9	63	X	
		Mike Smithmier	Stilwell	Kansas	09:49.7	64	
		Tom Hanthorn	Lincoln	Nebraska	10:01.0	63	
		Bill Knoedel	Urbandale	Iowa	10:10.1	60	X
		Harry Fortney	Kelley	Iowa	10:23.6	64	
		Ross Clarke	Cedar Falls	Iowa	10:27.0	60	
		Steve Lockhart	Clinton	Iowa	10:29.0	62	
GOLD	Lynn Vogt	Ankeny	Iowa	09:12.7	66	X	
SILVER	Paul Black	Des Moines	Iowa	09:21.2	65	X	
BRONZE	Frank Quinlan	Overland Park	Kansas	09:31.0	66	X	
		Hollis Anderson	Lincoln	Nebraska	09:43.6	67	X
		Donavon Hottman	Shawnee	Kansas	09:50.7	66	
BRONZE	Craig Morkert	West Des Moines	Iowa	10:00.5	66	X	
		Earl Hill	Britt	Iowa	11:20.5	68	X
		Richard Westin	Waterloo	Iowa	11:52.7	66	
		David Brown	Des Moines	Iowa	17:36.9	68	
GOLD	Jake Jacobusse	Algona	Iowa	09:30.5	70	X	
SILVER	John Hartwig	Ankeny	Iowa	10:24.1	73	X	
BRONZE	Edward Hwgnr	Des Moines	Iowa	10:34.6	71	X	
		Roger Wertanen	Peterson	Minnesota	11:23.3	74	X
GOLD	Terry Knowles	Topeka	Kansas	11:08.6	76	X	
GOLD	John Keiser	Cedar Falls	Iowa	12:01.6	75	X	
GOLD	Alvin Ravenscroft	Ames	Iowa	15:42.1	80	X	
SILVER	John Christiansen	Clinton	Iowa	17:51.7	82	X	

****Bold Italics Denotes Record**

2014 Cycling Time Trial Results - 10K

	Medal	Name	City	State	Time	Age	NSG Qualifier
FEMALE	GOLD	Connie Inks	Waterloo	Iowa	<i>15:19.1</i>	50	X
	SILVER	Michelle Stout	Ankeny	Iowa	17:37.5	54	X
	GOLD	Sandra Dunivan	Urbandale	Iowa	<i>17:42.1</i>	55	X
	SILVER	Debra Leehoven	Ankeny	Iowa	21:13.2	56	X
	BRONZE	Rozalyn Boyer	Dallas Center	Iowa	22:02.7	57	X
	GOLD	Deb Hankens	Cherokee	Iowa	<i>18:09.1</i>	63	X
	SILVER	Roberta Blakeman	Altoona	Iowa	19:58.3	64	X
	GOLD	Ann Shuman	West Des Moines	Iowa	<i>19:25.3</i>	71	X
	GOLD	Peter Stevenson	Des Moines	Iowa	15:10.3	50	X
	SILVER	Curtis Tesch	Waseca	Minnesota	15:29.2	53	X
SILVER	Kelly Knutson	Truro	Iowa	15:33.3	54	X	
BRONZE	Brad Lones	Urbandale	Iowa	15:35.0	54	X	
		Jim Schlick	Ames	17:28.3	52	X	
		Mike Krapfl	Ames	19:03.6	51		
		Scott Sorem	Ames	19:23.5	52		
		Terry Krapfl	Indianola	20:22.5	50		
MALE	GOLD	Dennis Weinbeck	Topeka	Kansas	<i>14:07.1</i>	56	X
	GOLD	John Bregar	West Des Moines	Iowa	15:35.7	57	X
	SILVER	David Ertl	Waukee	Iowa	17:22.7	56	X
		Federico Torres	Lincoln	Nebraska	17:33.1	58	X
	BRONZE	Jeff Woessner	Des Moines	Iowa	17:48.0	56	X
		Steve Heilskov	Iowa Falls	Iowa	19:02.2	56	X
		Mark Hayes	Rhodes	Iowa	19:03.1	58	
		Jose Torres	Normal	Illinois	20:35.7	56	
	GOLD	Mike Bergman	Marshalltown	Iowa	<i>14:44.6</i>	61	X
	SILVER	Doug Reichardt	Des Moines	Iowa	15:10.0	60	X
	BRONZE	Tony Leehoven	Ankeny	Iowa	16:40.4	63	X
		Dennis Maurer	Rochester	Minnesota	16:56.4	63	X
		Mike Smithmier	Stilwell	Kansas	17:33.9	64	
		Tom Hanthorn	Lincoln	Nebraska	17:44.6	63	
		Bill Knoedel	Urbandale	Iowa	17:46.3	60	X
		Ross Clarke	Cedar Falls	Iowa	18:04.4	60	
		Steve Lockhart	Clinton	Iowa	18:42.9	62	
		Harry Fortney	Kelley	Iowa	18:46.7	64	
	GOLD	Lynn Vogt	Ankeny	Iowa	16:17.2	66	X
	SILVER	Paul Black	Des Moines	Iowa	16:40.3	65	X
	BRONZE	Frank Quinlan	Overland Park	Kansas	16:46.3	66	X
		Hollis Anderson	Lincoln	Nebraska	17:08.3	67	X
		Donavon Hottman	Shawnee	Kansas	17:25.3	66	
	BRONZE	Craig Morkert	West Des Moines	Iowa	17:44.8	66	X
		Earl Hill	Britt	Iowa	20:04.0	68	X
		Richard Westin	Waterloo	Iowa	20:33.6	66	
		David Brown	Des Moines	Iowa	29:43.5	68	
	GOLD	Jake Jacobusse	Algona	Iowa	<i>17:00.4</i>	70	X
	SILVER	John Hartwig	Ankeny	Iowa	18:19.8	73	X
	BRONZE	Edward Hwagner	Des Moines	Iowa	18:44.6	71	X
	Roger Wertanen	Peterson	Minnesota	19:37.9	74	X	
GOLD	Terry Knowles	Topeka	Kansas	19:44.6	76	X	
GOLD	John Keiser	Cedar Falls	Iowa	20:35.3	75	X	
GOLD	Alvin Ravenscroft	Ames	Iowa	26:04.6	80	X	
SILVER	John Christiansen	Clinton	Iowa	29:43.0	82	X	

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