

2016 Iowa Senior Games Road Race Results  
Clive Running Festival, Clive, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Time	Place	Medal	NSGA Qualifier
Road Race - 5K	50-54 Female	Joleen	Henning	Ankeny	IA	F	53	0:28:14	1	Gold	X
Road Race - 5K	50-54 Female	Monica	Ryan-Rausch	Fairfax	IA	F	52	0:33:31	2	Silver	X
Road Race - 5K	55-59 Female	Kathy	Ford	Clive	IA	F	59	0:34:45	1	Gold	X
Road Race - 5K	55-59 Male	Dan	Bonthius	Iowa City	IA	M	56	0:18:22	1	Gold	X
Road Race - 5K	55-59 Male	David	Robertson	Iowa City	IA	M	59	0:20:56	2	Silver	X
Road Race - 5K	55-59 Male	Rick	Scharff	West Des Moines	IA	M	55	0:21:50	3	Bronze	X
Road Race - 5K	55-59 Male	Patrick	Weepie	Altoona	IA	M	55	0:31:35	4		X
Road Race - 5K	60-64 Male	Tim	Murphy	Iowa City	IA	M	64	0:20:46	1	Gold	X
Road Race - 5K	60-64 Male	Gary	Reeder	Delhi	IA	M	62	0:27:03	2	Silver	X
Road Race - 5K	65-69 Male	Sam	Fisher	Boone	IA	M	68	0:25:27	1	Gold	X
Road Race - 5K	65-69 Male	Roy	Ney	Des Moines	IA	M	68	0:28:02	2	Silver	X
Road Race - 5K	65-69 Male	Michael	Walag	Des Moines	IA	M	65	0:28:58	3	Bronze	X
Road Race - 5K	65-69 Male	Dave	Zimmerman	Clive	IA	M	67	0:36:20	4		X
Road Race - 5K	70-74 Female	Joni	Bemis	Urbandale	IA	F	72	0:29:55	1	Gold	X
Road Race - 5K	70-74 Male	Doug	Brandt	Mound	MN	M	74	0:30:21	1	Gold	X
Road Race - 5K	75-79 Male	David	Hoffman	Ames	IA	M	78	0:31:55	1	Gold	X
Road Race - 5K	75-79 Male	Ruben	Rullan	Urbandale	IA	M	75	0:36:44	2	Silver	X
Road Race - 5K	75-79 Male	Wilbur	Veenstra	Pella	IA	M	78	0:40:40	3	Bronze	X
Road Race - 5K	80-84 Male	ALVIN	RAVENS CROFT	AMES	IA	M	83	0:40:45	1	Gold	X
Road Race - 10K	50-54 Female	Monica	Ryan-Rausch	Fairfax	IA	F	52	1:08:56	1	Gold	X
Road Race - 10K	50-54 Male	Scott	Thomas	Indianola	IA	M	53	0:49:40	1	Gold	X
Road Race - 10K	50-54 Male	David	May	Ames	IA	M	52	0:54:07	2	Silver	X

Record performances are highlighted in yellow

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Road Race - 10K	50-54 Male	Wayne	Ostergaard	Des Moines	IA	M	53	0:57:30	3	Bronze	X
Road Race - 10K	55-59 Female	LuAnn	Ostergaard	Des Moines	IA	F	58	1:00:14	1	Gold	X
Road Race - 10K	55-59 Female	Kathy	Ford	Clive	IA	F	59	1:15:05	2	Silver	X
Road Race - 10K	55-59 Male	Rick	Scharff	West Des Moines	IA	M	55	0:44:28	1	Gold	X
Road Race - 10K	55-59 Male	Patrick	Weepie	Altoona	IA	M	55	1:05:14	2	Silver	X
Road Race - 10K	60-64 Male	Gary	Reeder	Delhi	IA	M	62	0:55:58	1	Gold	X
Road Race - 10K	60-64 Male	Joe	Munoz	Windsor heights	IA	M	63	1:06:41	2	Silver	X
Road Race - 10K	65-69 Male	Sam	Fisher	Boone	IA	M	68	0:50:12	1	Gold	X
Road Race - 10K	65-69 Male	Roy	Ney	Des Moines	IA	M	68	0:57:13	2	Silver	X
Road Race - 10K	70-74 Male	Doug	Brandt	Mound	MN	M	74	1:00:04	1	Gold	X
Road Race - 10K	75-79 Male	David	Hoffman	Ames	IA	M	78	1:05:47	1	Gold	X

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