

2016 Iowa Senior Games Free Throw Results  
Valley High School Fieldhouse, West Des Moines, IA

| Event       | Age Group    | First Name     | Last Name   | City             | State | Gender | Age | Score | Place | Medal  |
|-------------|--------------|----------------|-------------|------------------|-------|--------|-----|-------|-------|--------|
| Free Throws | 50-54 Female | Jody           | Walter      | Des Moines       | IA    | F      | 54  | 15    | 1     | Gold   |
| Free Throws | 50-54 Female | Jacqueline     | Riekema     | West Des Moines  | IA    | F      | 51  | 14    | 2     | Silver |
| Free Throws | 50-54 Female | Rosalind (Roz) | Smith       | Pleasant Hill    | IA    | F      | 53  | 12    | 3     | Bronze |
| Free Throws | 50-54 Female | Sherry         | Adney       | McGregor         | IA    | F      | 51  | 10    |       |        |
| Free Throws | 50-54 Female | Tina           | Hendrix     | Prairie du chien | WI    | F      | 53  | 8     |       |        |
| Free Throws | 50-54 Female | Linda          | MAHR        | Dorchester       | IA    | F      | 53  | 7     |       |        |
| Free Throws | 50-54 Female | Jackie         | Friederich  | Prairie Du Chien | WI    | F      | 54  | 6     |       |        |
|             |              |                |             |                  |       |        |     |       |       |        |
| Free Throws | 50-54 Male   | Davin          | Roberts     | West Des Moines  | IA    | M      | 50  | 11    | 1     | Gold   |
| Free Throws | 50-54 Male   | Jeff           | Miller      | Des Moines       | IA    | M      | 53  | 7     | 2     | Silver |
| Free Throws | 50-54 Male   | Quinn          | Falk        | Bloomfeild       | IA    | M      | 51  | 6     | 3     | Bronze |
|             |              |                |             |                  |       |        |     |       |       |        |
| Free Throws | 55-59 Female | Judy           | Kelly       | Prairie du Chien | WI    | F      | 57  | 11    | 1     | Gold   |
| Free Throws | 55-59 Female | Deb            | Kipper      | Dubuque          | IA    | F      | 56  | 7     | 1     | Gold   |
| Free Throws | 55-59 Female | Janice         | Leinen      | North English    | IA    | F      | 58  | 4     | 2     | Silver |
|             |              |                |             |                  |       |        |     |       |       |        |
| Free Throws | 55-59 Male   | Tim            | Pew         | Des Moines       | IA    | M      | 55  | 12    | 1     | Gold   |
| Free Throws | 55-59 Male   | Brent          | Alexander   | West Des Moines  | IA    | M      | 55  | 10    | 2     | Silver |
| Free Throws | 55-59 Male   | David          | Strege      | Winterset        | IA    | M      | 58  | 10    | 2     | Silver |
| Free Throws | 55-59 Male   | Scott          | Ickes       | Bettendorf       | IA    | M      | 56  | 9     |       |        |
| Free Throws | 55-59 Male   | Jeff           | McLain      | St. Charles      | IA    | M      | 58  | 8     |       |        |
| Free Throws | 55-59 Male   | Jeff           | Pfundheller | Urbandale        | IA    | M      | 55  | 7     |       |        |
| Free Throws | 55-59 Male   | Dennis         | Lehr        | Orion            | IL    | M      | 56  | 7     |       |        |
| Free Throws | 55-59 Male   | Robert         | Klampe      | Des Moines       | IA    | M      | 55  | 5     |       |        |
|             |              |                |             |                  |       |        |     |       |       |        |
| Free Throws | 60-64 Female | Rhonda         | Penquite    | Cumming          | IA    | F      | 60  | 13    | 1     | Gold   |
| Free Throws | 60-64 Female | Rita           | Leitzinger  | Norwalk          | IA    | F      | 61  | 10    | 2     | Silver |
| Free Throws | 60-64 Female | Donna          | Matti       | Eastman          | WI    | F      | 64  | 6     | 3     | Bronze |
| Free Throws | 60-64 Female | Gloria         | Wichman     | Williamsburg     | IA    | F      | 64  | 6     | 3     | Bronze |
| Free Throws | 60-64 Female | Paula          | Schultz     | Indianola        | IA    | F      | 63  | 5     |       |        |
| Free Throws | 60-64 Female | Sue            | Manning     | Monroe           | IA    | F      | 63  | 4     |       |        |
| Free Throws | 60-64 Female | CAROLE         | ROWLAND     | PLEASANTVILLE    | IA    | F      | 64  | 4     |       |        |
| Free Throws | 60-64 Female | Margaret       | Beuter      | Iowa City        | IA    | F      | 62  | 2     |       |        |

Record performances are highlighted in yellow

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|-------------|--------------|----------|-------------|-----------------|----|---|----|----|---|--------|
| Free Throws | 60-64 Female | Neelam   | Bhatnagar   | West Des Moines | IA | F | 61 | 2  |   |        |
| Free Throws | 60-64 Female | Doris    | Garland     | Indianola       | IA | F | 60 | 2  |   |        |
| Free Throws | 60-64 Female | Kathi    | Mitchell    | Canton          | MN | F | 62 | 3  |   |        |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 60-64 Male   | Greg     | Palmersheim | Des Moines      | IA | M | 61 | 14 | 1 | Gold   |
| Free Throws | 60-64 Male   | Randy    | Davis       | Altoona         | IA | M | 60 | 12 | 2 | Silver |
| Free Throws | 60-64 Male   | Brad     | Ewest       | Ankeny          | IA | M | 63 | 10 | 3 | Bronze |
| Free Throws | 60-64 Male   | Dirk     | Thieben     | West Des Moines | IA | M | 60 | 10 | 3 | Bronze |
| Free Throws | 60-64 Male   | Joe      | Bohlke      | Des Moines      | IA | M | 61 | 7  |   |        |
| Free Throws | 60-64 Male   | KIM      | ZESCH       | GILMAN          | IA | M | 64 | 2  |   |        |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 65-69 Female | Pat      | Duer        | Ankeny          | IA | F | 65 | 9  | 1 | Gold   |
| Free Throws | 65-69 Female | Roberta  | Blakeman    | Altoona         | IA | F | 66 | 6  | 2 | Silver |
| Free Throws | 65-69 Female | Michelle | Hillman     | Des Moines      | IA | F | 66 | 4  | 3 | Bronze |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 65-69 Male   | Marvin   | Burton      | Des Moines      | IA | M | 69 | 14 | 1 | Gold   |
| Free Throws | 65-69 Male   | Jim      | Heger       | Des Moines      | IA | M | 69 | 13 | 2 | Silver |
| Free Throws | 65-69 Male   | Denny    | Posekany    | Cedar Rapids    | IA | M | 67 | 13 | 2 | Silver |
| Free Throws | 65-69 Male   | Dale     | Thede       | Urbandale       | IA | M | 65 | 13 | 2 | Silver |
| Free Throws | 65-69 Male   | Lynn     | Isenberger  | Johnston        | IA | M | 66 | 13 |   |        |
| Free Throws | 65-69 Male   | Richard  | Rounds      | Boone           | IA | M | 69 | 4  |   |        |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 70-74 Female | Phyllis  | Weeda       | Des Moines      | IA | F | 72 | 10 | 1 | Gold   |
| Free Throws | 70-74 Female | Jewell   | Chapman     | Waukee          | IA | F | 72 | 7  | 2 | Silver |
| Free Throws | 70-74 Female | Georgia  | Jones       | McGregor        | IA | F | 70 | 7  | 2 | Silver |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 70-74 Male   | Skip     | Hills       | Altoona         | IA | M | 71 | 13 | 1 | Gold   |
| Free Throws | 70-74 Male   | steven   | karlen      | Charles Town    | WV | M | 72 | 13 | 1 | Gold   |
| Free Throws | 70-74 Male   | Ron      | Peterson    | Waukee          | IA | M | 72 | 13 | 1 | Gold   |
| Free Throws | 70-74 Male   | Robert   | Dixon       | Lawrence        | KS | M | 74 | 10 |   |        |
| Free Throws | 70-74 Male   | Charles  | Fenimore    | West Des Moines | IA | M | 72 | 8  | 3 | Bronze |
| Free Throws | 70-74 Male   | Alan     | Schenck     | Clarinda        | IA | M | 70 | 8  | 3 | Bronze |
|             |              |          |             |                 |    |   |    |    |   |        |
| Free Throws | 75-79 Male   | Duane    | Shaw        | Kansas City     | KS | M | 78 | 15 | 1 | Gold   |

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| Free Throws | 75-79 Male   | Gary    | Smidt    | Ankeny          | IA | M | 79 | 12 | 1 | Gold   |
| Free Throws | 75-79 Male   | Don     | Wente    | Clive           | IA | M | 77 | 8  | 2 | Silver |
| Free Throws | 75-79 Male   | Rich    | Hoidahl  | Johnston        | IA | M | 75 | 6  | 3 | Bronze |
| Free Throws | 75-79 Male   | Wilbur  | Veenstra | Pella           | IA | M | 78 | 3  |   |        |
| Free Throws | 75-79 Male   | Ralph   | Pantoga  | West Des Moines | IA | M | 76 | 1  |   |        |
| Free Throws | 75-79 Male   | Ruben   | Rullan   | Urbandale       | IA | M | 75 | 1  |   |        |
|             |              |         |          |                 |    |   |    |    |   |        |
| Free Throws | 80-84 Female | Carolyn | Dodd     | Des Moines      | IA | F | 84 | 7  | 1 | Gold   |
| Free Throws | 80-84 Female | June    | Campbell | Ankeny          | IA | F | 81 | 4  | 2 | Silver |
|             |              |         |          |                 |    |   |    |    |   |        |
| Free Throws | 80-84 Male   | Ed      | Killin   | Des Moines      | IA | M | 80 | 13 | 1 | Gold   |
| Free Throws | 80-84 Male   | Bill    | Park     | Muscatine       | IA | M | 83 | 10 | 2 | Silver |
| Free Throws | 80-84 Male   | Richard | Anderson | West Des Moines | IA | M | 81 | 9  | 3 | Bronze |
| Free Throws | 80-84 Male   | Dick    | Hekl     | Omaha           | NE | M | 83 | 6  |   |        |
|             |              |         |          |                 |    |   |    |    |   |        |
| Free Throws | 85-89 Female | Maria   | Eaton    | West Des Moines | IA | F | 86 | 3  | 1 | Gold   |
|             |              |         |          |                 |    |   |    |    |   |        |
| Free Throws | 85-89 Male   | Bart    | Young    | Indianola       | IA | M | 85 | 11 | 1 | Gold   |

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