

Iowa Senior Games Cycling Time Trial 2019
Results

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial-5K	50-54 Female	Lynn	Banderob	Marion	IA	F	54	10:53	1	Gold
Cycling Time Trial-5K	50-54 Male	Artur	Bobeliewski	Clive	IA	M	51	7:34	1	Gold
Cycling Time Trial-5K	50-54 Male	Troy	Bauer	Dallas Center	IA	M	54	8:34	2	Silver
Cycling Time Trial-5K	50-54 Male	Colton	Keasler	Iowa City	IA	M	54	8:57	3	Bronze
Cycling Time Trial-5K	50-54 Male	Rollin	Banderob	Marion	IA	M	53	10:13		
Cycling Time Trial-5K	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	9:57	1	Gold
Cycling Time Trial-5K	55-59 Female	Ronda	Johnson	Palo	IA	F	58	10:40	2	Silver
Cycling Time Trial-5K	55-59 Male	David	Gannon	West Des Moines	IA	M	57	8:32	1	Gold
Cycling Time Trial-5K	55-59 Male	Lowell	Johnson	Palo	IA	M	59	8:38	2	Silver
Cycling Time Trial-5K	55-59 Male	David	LaMar	Ames	IA	M	58	10:10	3	Bronze
Cycling Time Trial-5K	60-64 Female	Susan	Paulson	Alexandria	MN	F	64	9:47	1	Gold
Cycling Time Trial-5K	60-64 Female	Rozalyn	Boyer	Adel	IA	F	62	11:51	1	Gold
Cycling Time Trial-5K	60-64 Male	Dan	Shaffer	Ely	IA	M	64	7:02	1	Gold
Cycling Time Trial-5K	60-64 Male	kevin	rose	Bettendorf	IA	M	62	7:23	2	Silver
Cycling Time Trial-5K	60-64 Male	Rick	Gladson	Des Moines	IA	M	60	8:08	3	Bronze
Cycling Time Trial-5K	60-64 Male	John	Bregar	Madrid	IA	M	62	8:13		
Cycling Time Trial-5K	60-64 Male	John	Bergman	Urbandale	IA	M	63	10:21		
Cycling Time Trial-5K	65-69 Male	Tom	Hanthorn	Omaha	NE	M	67	9:05	1	Gold
Cycling Time Trial-5K	65-69 Male	Mike	Bergman	Marshalltown	IA	M	66	7:52	1	Gold
Cycling Time Trial-5K	65-69 Male	Rick	Campbell	Grimes	IA	M	65	9:30	2	Silver
Cycling Time Trial-5K	65-69 Male	Greg	Bailey	Oskaloosa	IA	M	65	9:00	3	Bronze
Cycling Time Trial-5K	70-74 Male	Stephen	Penkhus	Mankato	MN	M	74	8:14	1	Gold
Cycling Time Trial-5K	70-74 Male	paul	Black	Des Moines	IA	M	70	8:42	1	Gold
Cycling Time Trial-5K	70-74 Male	Hollis	Anderson	Lincoln	NE	M	72	9:40	3	Bronze
Cycling Time Trial-5K	70-74 Male	Earl	Hill	Britt	IA	M	73	11:07	2	Silver
Cycling Time Trial-5K	70-74 Male	David	Brown	Des Moines	IA	M	73	14:36	3	Bronze
Cycling Time Trial-5K	75-79 Female	Ann	Shuman	West Des Moines	IA	F	76	9:56	1	Gold
Cycling Time Trial-5K	75-79 Male	Jerry	Duerksen	Corydon	IA	M	78	13:35	2	Silver
Cycling Time Trial-5K	75-79 Male	John	Hartwig	Ankeny	IA	M	78	9:13	1	Gold
Cycling Time Trial-5K	85-89 Male	Robert	Peterson	Marshalltown	IA	M	89	9:47	1	Gold
Cycling Time Trial-5K	85-89 Male	ALVIN	RAVENS CROFT	AMES	IA	M	86	12:57	2	Silver

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Cycling Time Trial-10K	50-54 Female	Lynn	Banderob	Marion	IA	F	54	20:04	1	Gold
Cycling Time Trial-10K	50-54 Male	Artur	Bobeliewski	Clive	IA	M	51	15:09	1	Gold
Cycling Time Trial-10K	50-54 Male	Troy	Bauer	Dallas Center	IA	M	54	16:03	2	Silver
Cycling Time Trial-10K	50-54 Male	Colton	Keasler	Iowa City	IA	M	54	17:55	3	Bronze
Cycling Time Trial-10K	50-54 Male	Rollin	Banderob	Marion	IA	M	53	18:59		
Cycling Time Trial-10K	55-59 Female	Bobbi	Snodgrass	Indianola	IA	F	57	19:13	1	Gold
Cycling Time Trial-10K	55-59 Female	Ronda	Johnson	Palo	IA	F	58	19:52	2	Silver
Cycling Time Trial-10K	55-59 Male	David	Gannon	West Des Moines	IA	M	57	16:04	1	Gold
Cycling Time Trial-10K	55-59 Male	Lowell	Johnson	Palo	IA	M	59	16:59	2	Silver
Cycling Time Trial-10K	55-59 Male	David	LaMar	Ames	IA	M	58	20:22	3	Bronze
Cycling Time Trial-10K	60-64 Female	Susan	Paulson	Alexandria	MN	F	64	18:19	1	Gold
Cycling Time Trial-10K	60-64 Female	Rozalyn	Boyer	Adel	IA	F	62	22:03	1	Gold
Cycling Time Trial-10K	60-64 Male	Dan	Shaffer	Ely	IA	M	64	13:01	1	Gold
Cycling Time Trial-10K	60-64 Male	kevin	rose	Bettendorf	IA	M	62	14:24	2	Silver
Cycling Time Trial-10K	60-64 Male	Rick	Gladson	Des Moines	IA	M	60	15:40	3	Bronze
Cycling Time Trial-10K	60-64 Male	John	Bregar	Madrid	IA	M	62	16:21		
Cycling Time Trial-10K	60-64 Male	John	Bergman	Urbandale	IA	M	63	19:28		
Cycling Time Trial-10K	65-69 Male	Tom	Hanthorn	Omaha	NE	M	67	17:25	1	Gold
Cycling Time Trial-10K	65-69 Male	Mike	Bergman	Marshalltown	IA	M	66	17:59	1	Gold
Cycling Time Trial-10K	65-69 Male	Rick	Campbell	Grimes	IA	M	65	18:20	2	Silver
Cycling Time Trial-10K	65-69 Male	Greg	Bailey	Oskaloosa	IA	M	65	20:16	3	Bronze
Cycling Time Trial-10K	70-74 Male	Stephen	Penkhus	Mankato	MN	M	74	18:19	1	Gold
Cycling Time Trial-10K	70-74 Male	paul	Black	Des Moines	IA	M	70	17:16	1	Gold
Cycling Time Trial-10K	70-74 Male	Hollis	Anderson	Lincoln	NE	M	72	18:27	3	Bronze
Cycling Time Trial-10K	70-74 Male	Earl	Hill	Britt	IA	M	73	22:08	2	Silver
Cycling Time Trial-10K	70-74 Male	David	Brown	Des Moines	IA	M	73	28:20	3	Bronze
Cycling Time Trial-10K	75-79 Female	Ann	Shuman	West Des Moines	IA	F	76	19:43	1	Gold
Cycling Time Trial-10K	75-79 Male	Jerry	Duerksen	Corydon	IA	M	78	26:06	2	Silver
Cycling Time Trial-10K	75-79 Male	John	Hartwig	Ankeny	IA	M	78	18:04	1	Gold
Cycling Time Trial-10K	85-89 Male	Robert	Peterson	Marshalltown	IA	M	89	19:03	1	Gold
Cycling Time Trial-10K	85-89 Male	ALVIN	RAVENSCROFT	AMES	IA	M	86	24:43	2	Silver