

2023 Iowa Senior Games
Cycling Time Trial | Results

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	55-59 Female	Christine	Olsen	Dupo	IL	F	59	9:37	1	Gold
Cycling Time Trial - 5K	55-59 Female	Joli	Vollers	Ames	IA	F	59	10:05	1	Gold
Cycling Time Trial - 5K	55-59 Female	Robin	McNeely	Ames	IA	F	59	10:40:00	2	Silver
Cycling Time Trial - 5K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	58	12:23	3	Bronze
Cycling Time Trial - 5K	60-64 Female	Debra	Irving	Ankeny	IA	F	63	9:00:00	1	Gold
Cycling Time Trial - 5K	50-54 Male	Chris	Ramirez	St. Louis	MO	M	54	7:50	1	Gold
Cycling Time Trial - 5K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	57	7:46	1	Gold
Cycling Time Trial - 5K	55-59 Male	John	Weiler	Ankeny	IA	M	59	8:57	2	Silver
Cycling Time Trial - 5K	55-59 Male	Boyd	Burnham	Altoona	IA	M	56	11:22	3	Bronze
Cycling Time Trial - 5K	60-64 Male	Brad	Lones	Urbandale	IA	M	63	7:43	1	Gold
Cycling Time Trial - 5K	60-64 Male	Nick	Giovanetti	Dupo	IL	M	63	7:43	1	Gold
Cycling Time Trial - 5K	60-64 Male	Rick	Gladson	Des Moines	IA	M	64	7:48	2	Silver
Cycling Time Trial - 5K	60-64 Male	David	Gannon	West Des Moines	IA	M	61	8:07	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Bill	Knoedel	Urbandale	IA	M	69	8:26	1	Gold
Cycling Time Trial - 5K	65-69 Male	Johnny	Bregar	Madrid	IA	M	66	8:57	2	Silver
Cycling Time Trial - 5K	65-69 Male	Tim	O'Brien	Waverly	IA	M	67	9:00	3	Bronze
Cycling Time Trial - 5K	65-69 Male	Steve	Heilskov	Iowa Falls	IA	M	65	9:52	4	
Cycling Time Trial - 5K	70-74 Male	Joe	Robinson	Bondurant	IA	M	72	8:21	1	Gold
Cycling Time Trial - 5K	70-74 Male	Mike	Bergman	West Des Moines	IA	M	70	8:50	2	Silver
Cycling Time Trial - 5K	70-74 Male	Dennis	Maurer	Hudson	IA	M	72	9:44	3	Bronze
Cycling Time Trial - 5K	70-74 Male	Harry	Fortney	Kelley	IA	M	73	10:13	4	
Cycling Time Trial - 5K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	78	8:33	1	Gold
Cycling Time Trial - 5K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	76	9:37	2	Silver
Cycling Time Trial - 5K	80-84 Male	John	Hartwig	Ankeny	IA	M	82	10:09	1	Gold
Cycling Time Trial - 5K	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	12:09	2	Silver
Cycling Time Trial - 10K	55-59 Female	Christine	Olsen	Dupo	IL	F	59	18:50:35	1	Gold
Cycling Time Trial - 10K	55-59 Female	Joli	Vollers	Ames	IA	F	59	19:36:49	1	Gold
Cycling Time Trial - 10K	55-59 Female	Robin	McNeely	Ames	IA	F	59	20:56:35	2	Silver
Cycling Time Trial - 10K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	58	24:04:35	3	Bronze
Cycling Time Trial - 10K	60-64 Female	Debra	Irving	Ankeny	IA	F	63	17:19:20	1	Gold
Cycling Time Trial - 10K	50-54 Male	Chris	Ramirez	St. Louis	MO	M	54	15:24:07	1	Gold
Cycling Time Trial - 10K	55-59 Male	Troy	Bauer	Dallas Center	IA	M	57	15:17:17	1	Gold
Cycling Time Trial - 10K	55-59 Male	John	Weiler	Ankeny	IA	M	59	16:57:10	2	Silver
Cycling Time Trial - 10K	55-59 Male	Boyd	Burnham	Altoona	IA	M	56	21:59:17	3	Bronze
Cycling Time Trial - 10K	60-64 Male	Brad	Lones	Urbandale	IA	M	63	15:20:49	1	Gold
Cycling Time Trial - 10K	60-64 Male	Rick	Gladson	Des Moines	IA	M	64	15:32:00	2	Silver
Cycling Time Trial - 10K	60-64 Male	Nick	Giovanetti	Dupo	IL	M	63	15:45:17	3	Bronze
Cycling Time Trial - 10K	60-64 Male	David	Gannon	West Des Moines	IA	M	61	15:49:48	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Bill	Knoedel	Urbandale	IA	M	69	16:28:20	1	Gold
Cycling Time Trial - 10K	65-69 Male	Tim	O'Brien	Waverly	IA	M	67	17:23:20	2	Silver
Cycling Time Trial - 10K	65-69 Male	Johnny	Bregar	Madrid	IA	M	66	17:27:31	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Steve	Heilskov	Iowa Falls	IA	M	65	19:03:10	4	
Cycling Time Trial - 10K	70-74 Male	Mike	Bergman	West Des Moines	IA	M	70	15:06:35	1	Gold
Cycling Time Trial - 10K	70-74 Male	Joe	Robinson	Bondurant	IA	M	72	16:18:38	2	Silver
Cycling Time Trial - 10K	70-74 Male	Dennis	Maurer	Hudson	IA	M	72	19:20:25	3	Bronze
Cycling Time Trial - 10K	70-74 Male	Harry	Fortney	Kelley	IA	M	73	20:11:21	4	
Cycling Time Trial - 10K	75-79 Male	Stephen	Penkhus	Johns Island	SC	M	78	16:44:25	1	Gold
Cycling Time Trial - 10K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	76	19:03:21	2	Silver
Cycling Time Trial - 10K	80-84 Male	John	Hartwig	Ankeny	IA	M	82	19:30:38	1	Gold
Cycling Time Trial - 10K	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	23:42:10	2	Silver