Sycieng   Time Trial - SK   55-59 Female   Direction   Ospen   Dupo   IL   F   59   9-37   1   Gold   Cycling   Time Trial - SK   55-59 Female   Direction   Ospen   McNeeby   Ames   IA   F   59   10-05   1   Gold   Cycling   Time Trial - SK   55-59 Female   Ray   Bauer   Daltas Center   IA   F   59   10-04000   2   Silver   Cycling   Time Trial - SK   55-59 Female   Ray   Bauer   Daltas Center   IA   F   58   10-04000   2   Silver   Cycling   Time Trial - SK   50-59 Male   Daltas Center   IA   F   58   10-04000   2   Silver   Cycling   Time Trial - SK   50-59 Male   Daltas Center   IA   IA   F   59   10-04000   2   Silver   Cycling   Time Trial - SK   50-59 Male   Chris   Ramirez   St. Louis   MM   M   54   7-50   1   Gold   Cycling   Time Trial - SK   55-59 Male   Dayd   Burnham   Altonona   IA   M   59   8-37   2   Silver   Cycling   Time Trial - SK   55-59 Male   Dayd   Burnham   Altonona   IA   M   59   8-37   2   Silver   Cycling   Time Trial - SK   50-64 Male   Rick   Glodaton   Des Molnes   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   50-64 Male   Rick   Glodaton   Des Molnes   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   50-65 Male   Rick   Glodaton   Des Molnes   IA   M   64   8-78   2   Silver   Cycling   Time Trial - SK   50-65 Male   Bill   Cycling   Time Trial - SK   50-65 Male   Bill   Cycling   Time Trial - SK   50-65 Male   Dayd   Cycling   Time Trial - SK   50-65 Male   Cycling   Time Trial - SK   Cycling   Time Trial - SK   Cycling   Time Trial											
Cycling   Time Trial - SK   55-95 Female   Bolin   Wollers   Ames   IA   F   59   10-05   3   Gold	Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Speciar   Time Trial - SK   Sp. 59 Female	, ,				· ·		F				
Open						., ,	F	-		1	
Cycling   Time Trial - 5K   50-64 Female   Debra   Irving   Ankeny   A   F   63   9.0000   1.   Gold										2	
Cycling   Time Trial - SK   S5-59 Male   Chris   Ramirez   St. Louis   MO   M   S4   7-59   1. Gold	Cycling   Time Trial - 5K	55-59 Female	Kay	Bauer	Dallas Center	IA	F	58	12:23	3	Bronze
Cycling   Time Trial - SK   S5-59 Male   Chris   Ramirez   St. Louis   MO   M   S4   7-59   1. Gold	Custing   Time Trial EV	CO CA Famala	Dahas	1	A = 1 - = - ·	1.0	-		0.00.00	1	Cald
Cycling   Time Trial - SK   55-59 Male   Cycling   Time Trial - SK   55-59 Male   Dibn   Weiler   Ankery   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   55-59 Male   Boyd   Burnham   Altoona   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   55-59 Male   Boyd   Burnham   Altoona   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   64   7-48   2   Silver   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   64   7-48   2   Silver   Cycling   Time Trial - SK   60-64 Male   Gold   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Gold   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Gold   Gold	Cycling   Time Trial - 5K	60-64 Female	Debra	irving	Ankeny	IA	F	03	9:00:00	1	Gold
Cycling   Time Trial - SK   55-59 Male   Cycling   Time Trial - SK   55-59 Male   Dibn   Weiler   Ankery   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   55-59 Male   Boyd   Burnham   Altoona   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   55-59 Male   Boyd   Burnham   Altoona   IA   M   59   8-57   2   Silver   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   64   7-48   2   Silver   Cycling   Time Trial - SK   60-64 Male   Rick   Glodson   IA   M   64   7-48   2   Silver   Cycling   Time Trial - SK   60-64 Male   Gold   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Gold   Garnon   West Des Mones   IA   M   66   8-57   2   Silver   Cycling   Time Trial - SK   65-69 Male   Gold   Gold	Cucling   Time Trial EV	EO E4 Mala	Chric	Damiroz	C+ Louis	MO	NA	ΕA	7:50	1	Cold
Cycling   Time Trial - SK         55-99 Male (Cycling   Time Trial - SK         55-99 Male (Sycling   Time Trial - SK         55-99 Male (Sycling   Time Trial - SK         60-64 Male (Sycling   Time Trial - SK         60-69 Male (Sycling   Time Trial - SK         65-69 Male (Sycling   Time Trial - SK         70-74 Male (Sycling   Time Trial - SK         65-69 Male (Sycling   Time Trial - SK         70-74 Male (Sycling   Time Trial - SK         75-79 Male (Sycling   Time Trial - SK	Cycling   Time That - 3k	30-34 IVIAIE	CIIIIS	Railinez	St. Louis	IVIO	IVI	54	7.50		Gold
Cycling   Time Trial - SK         55-99 Male (Cycling   Time Trial - SK         55-99 Male (Sycling   Time Trial - SK         55-99 Male (Sycling   Time Trial - SK         60-64 Male (Sycling   Time Trial - SK         60-69 Male (Sycling   Time Trial - SK         65-69 Male (Sycling   Time Trial - SK         70-74 Male (Sycling   Time Trial - SK         65-69 Male (Sycling   Time Trial - SK         70-74 Male (Sycling   Time Trial - SK         75-79 Male (Sycling   Time Trial - SK	Cycling   Time Trial - 5K	55-59 Male	Trov	Rauer	Dallas Center	IΔ	м	57	7:46	1	Gold
Cycling   Time Trial - 5K         55-59 Male         Boyd         Burham         Altonona         IA         M         56         11:22         3         Bronze           Cycling   Time Trial - 5K         60-64 Male         Lones         Urbandale         IA         M         63         7-743         1         Gold           Cycling   Time Trial - 5K         60-64 Male         Bick         Gload Male         David         Gannon         West Des Moines         IA         M         64         7-748         2         Silver           Cycling   Time Trial - 5K         60-64 Male         David         Gannon         West Des Moines         IA         M         66         8-807         3         Bronze           Cycling   Time Trial - 5K         65-69 Male         Bill         Knoedel         Urbandale         IA         M         66         8-827         2         Silver           Cycling   Time Trial - 5K         65-69 Male         Johnny         Breagar         Madrid         IA         M         66         8-827         2         Silver           Cycling   Time Trial - 5K         70-74 Male         Joe         Robinson         Bondurant         IA         M         72         8-22         1         Gold											
Cycling   Time Trial - 5K			Boyd								Bronze
Cycling   Time Trial - SK   60-64 Male   Nick   Giovanetti   Dupo   IL   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Cycling   Time Trial - SK   65-69 Male   Dohnny   Grand   Dohnny   Grand	-,		/-								
Cycling   Time Trial - SK   60-64 Male   Nick   Giovanetti   Dupo   IL   M   63   7-43   1   Gold   Cycling   Time Trial - SK   60-64 Male   Cycling   Time Trial - SK   65-69 Male   Dohnny   Grand   Dohnny   Grand	Cycling   Time Trial - 5K	60-64 Male	Brad	Lones	Urbandale	IA	м	63	7:43	1	Gold
Cycling   Time Trial - 5K   60-64 Male   20-44   20-	, ,			Giovanetti		IL	М	63	7:43	1	Gold
Cycling   Time Trial - SK   Go-64 Male   David   Gannon   West Des Moines   IA   M   Go   8.07   3   Ronze						IA					
Cycling   Time Trial - SK   S5-69 Male   Bill   Knoedel   Urbandale   IA   M   69   8.26   1   Gold   Cycling   Time Trial - SK   S5-69 Male   Johnny   Bregar   Madrid   IA   M   66   8.57   2   Silver   Cycling   Time Trial - SK   S5-69 Male   Johnny   Bregar   Madrid   IA   M   66   8.57   2   Silver   Cycling   Time Trial - SK   S5-69 Male   Johnny   Bregar   Madrid   IA   M   66   8.57   2   Silver   Cycling   Time Trial - SK   S5-69 Male   John   Waverly   IA   M   67   9.00   3   Bronze   Cycling   Time Trial - SK   70-74 Male   Joe   Robinson   Bondurant   IA   M   72   8.21   1   Gold   Cycling   Time Trial - SK   70-74 Male   Joe   Robinson   Robinson   IA   M   70   8.50   2   Silver   Cycling   Time Trial - SK   70-74 Male   Harry   Fortney   Kelley   IA   M   72   8.50   2   Silver   Cycling   Time Trial - SK   70-74 Male   Harry   Fortney   Kelley   IA   M   72   3   10-13   4     Cycling   Time Trial - SK   75-79 Male   Hollis   Anderson   Ia   M   72   3   10-13   4     Cycling   Time Trial - SK   75-79 Male   Hollis   Anderson   Ia   M   72   3   10-13   4     Cycling   Time Trial - SK   75-79 Male   Hollis   Anderson   Ia   M   72   3   10-13   4     Cycling   Time Trial - SK   75-79 Male   Hollis   Anderson   Ia   M   72   3   10-13   4     Cycling   Time Trial - SK   80-84 Male   John   Hartwig   Ankeny   IA   M   82   10-09   1   Gold   Cycling   Time Trial - SK   80-84 Male   John   Hartwig   Ankeny   IA   M   82   10-09   2   Silver   Cycling   Time Trial - 10K   55-59 Female   Joli   Vollers   Ames   IA   F   59   18:50.35   1   Gold   Cycling   Time Trial - 10K   55-59 Female   Joli   Vollers   Ames   IA   F   59   18:50.35   1   Gold   Cycling   Time Trial - 10K   55-59 Female   Boli   Vollers   Ames   IA   F   59   20:56:35   2   Silver   Cycling   Time Trial - 10K   55-59 Female   Boli   Vollers   Ames   IA   F   59   20:56:35   2   Silver   Cycling   Time Trial - 10K   50-64 Male   Chris   Ramirez   St. Louis   MO   M   54   15:74:77   1   Gold   Cycling   Time Trial - 10K   50-64		60-64 Male	David	Gannon	West Des Moines	IA	М	61	8:07	3	Bronze
Cycling   Time Trial - SK         65-69 Male         Johnny         Bregar         Madrid         IA         M         66         8.57         2         Siber Cycling   Time Trial - SK         65-69 Male         Tim         Obition         Waverly         IA         M         67         90.0         3         Bronze Cycling   Time Trial - SK         70-74 Male         John Siber Steve         Heliskov         Iowa Falls         IA         M         65         9-52         4           Cycling   Time Trial - SK         70-74 Male         John Siber Steve         Heliskov         Iowa Falls         IA         M         70         8-25         2         3 Ibver Steve           Cycling   Time Trial - SK         70-74 Male         Mike         Bergman         Mest Des Maurer         Hudson         IA         M         72         8-21         1         Gold           Cycling   Time Trial - SK         70-74 Male         Bernson         Pernkhus         Johns Island         SC         M         73         10:13         4           Cycling   Time Trial - SK         75-79 Male         Stephenal         Penkhus         Johns Island         SC         M         78         8:33         1         Gold           Cycling   Time Trial - SK         80-94 Male <td></td>											
Cycling   Time Trial - SK         65-69 Male         Johnny         Bregar         Madrid         IA         M         66         8.57         2         Siber Cycling   Time Trial - SK         65-69 Male         Tim         Obition         Waverly         IA         M         67         90.0         3         Bronze Cycling   Time Trial - SK         70-74 Male         John Siber Steve         Heliskov         Iowa Falls         IA         M         65         9-52         4           Cycling   Time Trial - SK         70-74 Male         John Siber Steve         Heliskov         Iowa Falls         IA         M         70         8-25         2         3 Ibver Steve           Cycling   Time Trial - SK         70-74 Male         Mike         Bergman         Mest Des Maurer         Hudson         IA         M         72         8-21         1         Gold           Cycling   Time Trial - SK         70-74 Male         Bernson         Pernkhus         Johns Island         SC         M         73         10:13         4           Cycling   Time Trial - SK         75-79 Male         Stephenal         Penkhus         Johns Island         SC         M         78         8:33         1         Gold           Cycling   Time Trial - SK         80-94 Male <td>Cycling   Time Trial - 5K</td> <td>65-69 Male</td> <td>Bill</td> <td>Knoedel</td> <td>Urbandale</td> <td>IA</td> <td>M</td> <td>69</td> <td>8:26</td> <td>1</td> <td>Gold</td>	Cycling   Time Trial - 5K	65-69 Male	Bill	Knoedel	Urbandale	IA	M	69	8:26	1	Gold
Cycling   Time Trial - SK   65-69 Male   Steve   Hellskov   Ian   M   G7   9.00   3   8   8   1   1   1   1   1   1   1   1			Johnny			IA	M	66	8:57	2	Silver
Cycling   Time Trial - 5K   65-69 Male   Steve   Heliskov   Nowa Fallis   IA   M   65   9-52   4     Cycling   Time Trial - 5K   70-74 Male   Joe   Robinson   Bondurant   IA   M   72   8-21   1   Gold   Cycling   Time Trial - 5K   70-74 Male   Mike   Bergman   West Des Moines   IA   M   72   8-21   2   Silver   Trial - 5K   70-74 Male   Harry   Fortney   Kelley   IA   M   73   10-13   4			Tim		Waverly	IA	M	67	9:00	3	Bronze
Cycling   Time Trial - SK   70-74 Male   Dennis   Maurer   Hudson   IA   M   70   8:50   2   Silver						IA	M	65	9:52	4	
Cycling   Time Trial - SK   70-74 Male   Dennis   Maurer   Hudson   IA   M   70   8:50   2   Silver											
Cycling   Time Trial - SK         70-74 Male         Dennis         Maurer         Hudson         IA         M         72         9:44         3         Bronze           Cycling   Time Trial - SK         70-74 Male         Harry         Fortney         Kelley         IA         M         73         10:13         4           Cycling   Time Trial - SK         75-79 Male         Hollis         Anderson         Lincoln         NE         M         76         9:37         2         Silver           Cycling   Time Trial - SK         75-79 Male         Hollis         Anderson         Lincoln         NE         M         76         9:37         2         Silver           Cycling   Time Trial - SK         80-84 Male         John         Hartwig         Ankeny         IA         M         81         12:09         1         Gold         Cycling I Time Trial - 10K         55-59 Female         Christine         Oli         Vollers         Ames         IA         F         59         18:50:35         1         Gold         Gold         Cycling I Time Trial - 10K         55-59 Female         Robin         McNeety         Ames         IA         F         59         18:50:35         1         Gold         Gold         Cycling I Time Trial -	Cycling   Time Trial - 5K	70-74 Male	Joe	Robinson	Bondurant	IA	М	72	8:21	1	Gold
Cycling   Time Trial - 5K         70-74 Male         Harry         Fortney         Kelley         IA         M         73         10-13         4           Cycling   Time Trial - 5K         75-79 Male         Stephen         Penkhus         Johns Island         SC         M         78         8.33         1         Gold           Cycling   Time Trial - 5K         75-79 Male         Hollis         Anderson         Lincoln         NE         M         76         9:37         2         Silver           Cycling   Time Trial - 5K         80-84 Male         John         Hartwig         Ankeny         IA         M         82         10:09         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Christine         Olsen         Dupo         IL         F         59         18:50-55         51         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         18:50-535         2         Silver           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         19:36-35         2         Silver           Cycling   Time Trial	Cycling   Time Trial - 5K	70-74 Male	Mike	Bergman	West Des Moines	IA	М	70	8:50	2	Silver
Cycling   Time Trial - 5K   75-79 Male   Stephen   Penkhus   Johns Island   SC   M   78   8:33   1   Gold	Cycling   Time Trial - 5K	70-74 Male	Dennis	Maurer	Hudson	IA	М	72	9:44	3	Bronze
Cycling   Time Trial - SK         75-79 Male         Hollis         Anderson         Lincoln         NE         M         76         9:37         2         Sliver           Cycling   Time Trial - SK         80-84 Male         John         Hartwig         Ankeny         IA         M         82         10:09         1         Gold           Cycling   Time Trial - SK         80-84 Male         Colin         McBee         West Des Moines         IA         M         81         12:09         2         Sliver           Cycling   Time Trial - 10K         55-59 Female         Christine         Olsen         Dupo         IL         F         59         18:50:35         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         19:36:49         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         18:50:35         2         Sliver           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         53         17:19:20         1         Gold	Cycling   Time Trial - 5K	70-74 Male	Harry	Fortney	Kelley	IA	М	73	10:13	4	
Cycling   Time Trial - SK         75-79 Male         Hollis         Anderson         Lincoln         NE         M         76         9:37         2         Sliver           Cycling   Time Trial - SK         80-84 Male         John         Hartwig         Ankeny         IA         M         82         10:09         1         Gold           Cycling   Time Trial - SK         80-84 Male         Colin         McBee         West Des Moines         IA         M         81         12:09         2         Sliver           Cycling   Time Trial - 10K         55-59 Female         Christine         Olsen         Dupo         IL         F         59         18:50:35         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         19:36:49         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         18:50:35         2         Sliver           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         53         17:19:20         1         Gold											
Cycling   Time Trial - 5K         80-84 Male         John         Hartwig Ankeny         IA         M         82         10:09         1         Gold Cycling   Time Trial - 5K           Cycling   Time Trial - 10K         55-59 Female Cycling   Time Trial - 10K         55-59 Female Joli         Olsen         Dupo         IL         F         59         18:50:35         1         Gold Cycling   Time Trial - 10K         55-59 Female Joli         Vollers Ames         IA         F         59         18:50:35         1         Gold Cycling   Time Trial - 10K         55-59 Female Joli         Vollers Ames         IA         F         59         18:50:35         2         Sliver Gycling   Time Trial - 10K         55-59 Female Robin         McNeely         Ames         IA         F         59         20:36:35         2         Sliver Gycling   Time Trial - 10K         55-59 Female Robin         McNeely         Ames         IA         F         59         20:36:35         2         Sliver Gycling   Time Trial - 10K         50-64 Female Debra         Irving         Ankeny         IA         F         63         17:19:20         1         Gold           Cycling   Time Trial - 10K         50-54 Male Okara         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1		75-79 Male	Stephen	Penkhus	Johns Island		M				Gold
Cycling   Time Trial - 5K         80-84 Male         Collin         McBee         West Des Moines         IA         M         81         12:09         2         Silver           Cycling   Time Trial - 10K         55-59 Female         Christine         Olsen         Dupo         IL         F         59         18:50:35         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         19:36:49         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Kay         Bauer         Dallas Center         IA         F         59         20:56:35         2         Silver           Cycling   Time Trial - 10K         55-59 Female         Kay         Bauer         Dallas Center         IA         F         58         24:04:35         3         Bronze           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         Troy         Bauer         Dallas Center         IA         M         57         15:17:17         1         Gold	Cycling   Time Trial - 5K	75-79 Male	Hollis	Anderson	Lincoln	NE	M	76	9:37	2	Silver
Cycling   Time Trial - 5K         80-84 Male         Collin         McBee         West Des Moines         IA         M         81         12:09         2         Silver           Cycling   Time Trial - 10K         55-59 Female         Christine         Olsen         Dupo         IL         F         59         18:50:35         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         19:36:49         1         Gold           Cycling   Time Trial - 10K         55-59 Female         Kay         Bauer         Dallas Center         IA         F         59         20:56:35         2         Silver           Cycling   Time Trial - 10K         55-59 Female         Kay         Bauer         Dallas Center         IA         F         58         24:04:35         3         Bronze           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         Troy         Bauer         Dallas Center         IA         M         57         15:17:17         1         Gold											
Cycling   Time Trial - 10K         55-59 Female   Olise         Olyang   Time Trial - 10K         S5-59 Female   Olise         Dupo   IL   F         59   18:50:35   1   Gold   Gol		_		Hartwig							
Cycling   Time Trial - 10K         55-59 Female         Joli         Vollers         Ames         IA         F         59         19:36:49         1         Gold Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         20:36:35         2         Silvier Cycling   Time Trial - 10K         S5-59 Female         Kay         Bauer         Dallas Center         IA         F         58         24:04:35         Bronze           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         63         17:19:20         1         Gold           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         John         Weiler         Ankeny         IA         M         57         15:17:17         1         Gold           Cycling   Time Trial - 10K         55-59 Male         Boyd         Burnham         Altoona         IA         M         59         15:57:10         2         Silver           Cycling   Time Trial - 10K         60-64 Male         Brade<	Cycling   Time Trial - 5K	80-84 Male	Colin	McBee	West Des Moines	IA	M	81	12:09	2	Silver
Cycling   Time Trial - 10K         55-59 Female         Joli         Vollers         Ames         IA         F         59         19:36:49         1         Gold Cycling   Time Trial - 10K         55-59 Female         Robin         McNeely         Ames         IA         F         59         20:36:35         2         Silvier Cycling   Time Trial - 10K         S5-59 Female         Kay         Bauer         Dallas Center         IA         F         58         24:04:35         Bronze           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         63         17:19:20         1         Gold           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         John         Weiler         Ankeny         IA         M         57         15:17:17         1         Gold           Cycling   Time Trial - 10K         55-59 Male         Boyd         Burnham         Altoona         IA         M         59         15:57:10         2         Silver           Cycling   Time Trial - 10K         60-64 Male         Brade<											
Cycling   Time Trial - 10K         55-59 Female Robin         McNeely Ames         IA         F         59         20:56:35         2 Silver Cycling   Time Trial - 10K           Cycling   Time Trial - 10K         55-59 Female Robin         Ray         Bauer         Dallas Center         IA         F         58         24:04:35         3 Bronze           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         63         17:19:20         1         Gold           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         John         Weiler         Ankeny         IA         M         57         15:17:17         1         Gold           Cycling   Time Trial - 10K         55-59 Male         John         Weiler         Ankeny         IA         M         59         16:57:10         2         Silver           Cycling   Time Trial - 10K         60-64 Male         Brad         Lones         Urbandale         IA         M         63         15:20:49         1         Gold           Cycling   Time Trial - 1							F				
Cycling   Time Trial - 10K         55-59 Female         Kay         Bauer         Dallas Center         IA         F         58         24:04:35         3         Bronze           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         58         24:04:35         3         Bronze           Cycling   Time Trial - 10K         60-64 Female         Debra         Irving         Ankeny         IA         F         63         17:19:20         1         Gold           Cycling   Time Trial - 10K         50-54 Male         Chris         Ramirez         St. Louis         MO         M         54         15:24:07         1         Gold           Cycling   Time Trial - 10K         55-59 Male         Troy         Bauer         Dallas Center         IA         M         59         16:57:10         2         Silver           Cycling   Time Trial - 10K         55-59 Male         Boyd         Burnham         Altoona         IA         M         56         21:59:17         3         Bronze           Cycling   Time Trial - 10K         60-64 Male         Rrad         Lones         Urbandale         IA         M         64         15:49:17         3         Bronze <td></td> <td>_</td> <td></td> <td></td> <td></td> <td></td> <td>F</td> <td></td> <td></td> <td></td> <td></td>		_					F				
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Cycling   Time Trial - 10K         55-59 Male         Troy         Bauer         Dallas Center         IA         M         57         15:17:17         1         Gold           Cycling   Time Trial - 10K         55-59 Male         John         Weiler         Ankeny         IA         M         59         16:57:10         2         Silver           Cycling   Time Trial - 10K         55-59 Male         Boyd         Burnham         Altoona         IA         M         56         21:59:17         3         Bronze           Cycling   Time Trial - 10K         60-64 Male         Rick         Gladson         Des Moines         IA         M         63         15:20:49         1         Gold           Cycling   Time Trial - 10K         60-64 Male         Nick         Giovanetti         Dupo         IL         M         63         15:20:49         3         Bronze           Cycling   Time Trial - 10K         60-64 Male         David         Gannon         West Des Moines         IA         M         61         15:49:48         3         Bronze           Cycling   Time Trial - 10K         65-69 Male         Bill         Knoedel         Urbandale         IA         M         69         16:28:20         1         Gold <td>Cultural Time Tital 10K</td> <td>50.54.84.1.</td> <td>Cl. d.</td> <td>D</td> <td>Ct. Lo. 1</td> <td>140</td> <td></td> <td>- F.A</td> <td>45.24.07</td> <td>_</td> <td>Cald</td>	Cultural Time Tital 10K	50.54.84.1.	Cl. d.	D	Ct. Lo. 1	140		- F.A	45.24.07	_	Cald
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Cycling   Time Trial - 10K         80-84 Male         Colin         McBee         West Des Moines         IA         M         81 23:42:10         2 Silver		80-84 Male	John	Hartwig	Ankeny	IA	M	82	19:30:38	1	Gold
	Cycling   Time Trial - 10K	80-84 Male	Colin	McBee	West Des Moines	IA	М	81	23:42:10	2	Silver