

2022 Summer Iowa Senior Games
Cycling Time Trial | Results

| Event | Age Group | First Name | Last Name | City | State | Gender | Result | Place | Medal | Qualified |
|----------------------------|--------------|------------|-----------|-----------------|-------|--------|----------|-------|-------|-----------|
| Cycling Time Trial - 5K | 55-59 Female | Tina | Latham | Wildwood | MO | F | 8:24.13 | 1 | G | X |
| Cycling Time Trial - 5K | 55-59 Female | Christine | Smith | Rochester | MN | F | 9:22.58 | 2 | S | X |
| Cycling Time Trial - 5K | 55-59 Female | Kay | Bauer | Dallas Center | IA | F | 9:54.84 | 1 | G | X |
| Cycling Time Trial - 5K | 55-59 Male | Scott | Wall | Ames | IA | M | 6:44.88 | 1 | G | X |
| Cycling Time Trial - 5K | 55-59 Male | Troy | Bauer | Dallas Center | IA | M | 07:04.7 | 2 | S | X |
| Cycling Time Trial - 5K | 55-59 Male | Frank | Sadilek | Johnson Creek | WI | M | 7:57.6 | 3 | B | X |
| Cycling Time Trial - 5K | 60-64 Female | Debra | Irving | Ankeny | IA | F | 8:16.6 | 1 | G | X |
| Cycling Time Trial - 5K | 60-64 Female | Dessa | Paris | St. Louis | MO | F | 8:18.0 | 2 | S | X |
| Cycling Time Trial - 5K | 60-64 Male | Matthew | Hall | Weston | WI | M | 07:09.7 | 1 | G | X |
| Cycling Time Trial - 5K | 60-64 Male | Rick | Gladson | Des Moines | IA | M | 7:15.14 | 1 | G | X |
| Cycling Time Trial - 5K | 60-64 Male | Brad | Lones | Urbandale | IA | M | 7:23.15 | 2 | S | X |
| Cycling Time Trial - 5K | 60-64 Male | Gregory | Bennett | Versailles | MO | M | 7:21.13 | 3 | B | X |
| Cycling Time Trial - 5K | 60-64 Male | Kent | Lewis | LEES SUMMIT | MO | M | 7:31.18 | 4 | | |
| Cycling Time Trial - 5K | 60-64 Male | Dennis | O'Neel | West Des Moines | IA | M | 08:05.0 | 3 | B | X |
| Cycling Time Trial - 5K | 60-64 Male | Steve | Heilskov | Iowa Falls | IA | M | 8:51.13 | 5 | | |
| Cycling Time Trial - 5K | 65-69 Male | Dan | Shaffer | Ely | IA | M | 6:46.2 | 1 | G | X |
| Cycling Time Trial - 5K | 65-69 Male | Kevin | Rose | BETTENDORF | IA | M | 6:50.38 | 2 | S | X |
| Cycling Time Trial - 5K | 65-69 Male | Tim | OBrien | Waverly | IA | M | 7:34.9 | 3 | B | X |
| Cycling Time Trial - 5K | 65-69 Male | Johnny | Bregar | Madrid | IA | M | 7:35 | | | X |
| Cycling Time Trial - 5K | 65-69 Male | Daniel | McGrail | Cedar Rapids | IA | M | 9:32.15 | | | |
| Cycling Time Trial - 5K | 65-69 Male | Joe | MARTIN | Homer | AK | M | 09:03.8 | | | |
| Cycling Time Trial - 5K | 65-69 Male | Stan | Boyer | Adel | IA | M | 9:56.51 | | | |
| Cycling Time Trial - 5K | 65-69 Female | Susan | Paulson | Alexandria | MN | F | 8:12.0 | 1 | G | X |
| Cycling Time Trial - 5K | 70-74 Male | Thomas | Zoumaras | Des Moines | IA | M | 7:24.45 | 1 | G | X |
| Cycling Time Trial - 5K | 70-74 Male | Joe | Robinson | Bondurant | IA | M | 7:44.55 | 2 | S | X |
| Cycling Time Trial - 5K | 70-74 Male | Al | Cruise | Rolla | MO | M | 08:02.7 | 3 | B | X |
| Cycling Time Trial - 5K | 70-74 Male | Jim | Jenkins | Newton | IA | M | 8:22.6 | 3 | B | X |
| Cycling Time Trial - 5K | 75-79 Male | Stephen | Penkhus | Johns Island | SC | M | 7:37.19 | 1 | G | X |
| Cycling Time Trial - 5K | 75-79 Male | Bill | Earp | Independence | MO | M | 7:50.4 | 2 | S | X |
| Cycling Time Trial - 5K | 75-79 Male | Hollis | Anderson | Lincoln | NE | M | 8:47.18 | 3 | B | X |
| Cycling Time Trial - 5K | 75-79 Male | Earl | Hill | Britt | IA | M | 10:47.33 | 1 | G | X |
| Cycling Time Trial - 5K | 75-79 Male | John | Weber | Creston | IA | M | 13:57.22 | 2 | S | X |
| Cycling Time Trial - 5K | 80-84 Male | John | Hartwig | Ankeny | IA | M | 8:32.65 | 1 | G | X |
| Cycling Time Trial - 5K | 80-84 Male | Colin | McBee | West Des Moines | IA | M | 10:43.28 | 2 | S | X |
| Cycling Time Trial - 10K | 55-59 Female | Tina | Latham | Wildwood | MO | F | 17:47.0 | 1 | G | X |
| Cycling Time Trial - 10K | 55-59 Female | Christine | Smith | Rochester | MN | F | 19:08.4 | 2 | S | X |
| Cycling Time Trial - 10K | 55-59 Female | Kay | Bauer | Dallas Center | IA | F | 23:06.2 | 1 | G | X |
| Cycling Time Trial - 10K | 55-59 Male | Scott | Wall | Ames | IA | M | 14:15.28 | 1 | G | X |
| Cycling Time Trial - 10K | 55-59 Male | Troy | Bauer | Dallas Center | IA | M | 15:45.47 | 2 | S | X |
| Cycling Time Trial - 10K | 55-59 Male | Frank | Sadilek | Johnson Creek | WI | M | 17:16.93 | 3 | B | X |
| Cycling Time Trial - 10K | 60-64 Female | Debra | Irving | Ankeny | IA | F | 17:16.32 | 1 | G | X |
| Cycling Time Trial - 10K | 60-64 Female | Dessa | Paris | St. Louis | MO | F | 18:27.82 | 2 | S | X |
| Cycling Time Trial - 10K | 60-64 Male | Matthew | Hall | Weston | WI | M | 15:33.47 | 1 | G | X |
| Cycling Time Trial - 10K | 60-64 Male | Rick | Gladson | Des Moines | IA | M | 15:57.72 | 1 | G | X |
| Cycling Time Trial - 10K | 60-64 Male | Brad | Lones | Urbandale | IA | M | 15:48.65 | 2 | S | X |
| Cycling Time Trial - 10K | 60-64 Male | Gregory | Bennett | Versailles | MO | M | 16:02.8 | 3 | | |
| Cycling Time Trial - 10K | 60-64 Male | Kent | Lewis | LEES SUMMIT | MO | M | 16:09.7 | 4 | | |
| Cycling Time Trial - 10K | 60-64 Male | Dennis | O'Neel | West Des Moines | IA | M | 19:17.0 | 3 | B | X |
| Cycling Time Trial - 10K | 60-64 Male | Steve | Heilskov | Iowa Falls | IA | M | 19:34.1 | 4 | | |
| Cycling Time Trial - 10K | 65-69 Male | Dan | Shaffer | Ely | IA | M | 14:33.86 | 1 | G | X |
| Cycling Time Trial - 10K | 65-69 Male | Kevin | Rose | BETTENDORF | IA | M | 14:36.0 | 2 | S | X |
| Cycling Time Trial - 5K | 65-69 Male | Johnny | Bregar | Madrid | IA | M | 16:41.50 | 3 | B | X |

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|----------------------------|--------------|---------|----------|-----------------|----|---|----------|---|---|---|
| Cycling Time Trial - 10K | 65-69 Male | Tim | O'Brien | Waverly | IA | M | 18:42.9 | | | |
| Cycling Time Trial - 10K | 65-69 Male | Daniel | McGrail | Cedar Rapids | IA | M | 20:54.68 | | | |
| Cycling Time Trial - 10K | 65-69 Male | Stan | Boyer | Adel | IA | M | 21:26.82 | | | |
| Cycling Time Trial - 10K | 65-69 Male | Joe | MARTIN | Homer | AK | M | 22:01.6 | | | |
| | | | | | | | | | | |
| Cycling Time Trial - 10K | 65-69 Female | Susan | Paulson | Alexandria | MN | F | 18:7.72 | 1 | G | X |
| | | | | | | | | | | |
| Cycling Time Trial - 10K | 70-74 Male | Joe | Robinson | Bondurant | IA | M | 16:43.40 | 1 | G | X |
| Cycling Time Trial - 10K | 70-74 Male | Al | Cruise | Rolla | MO | M | 17:24.93 | 2 | S | X |
| Cycling Time Trial - 10K | 70-74 Male | Jim | Jenkins | Newton | IA | M | 17:51.82 | 2 | S | X |
| Cycling Time Trial - 10K | 70-74 Male | Thomas | Zoumaras | Des Moines | IA | M | 32:08.8 | 3 | B | X |
| | | | | | | | | | | |
| Cycling Time Trial - 10K | 75-79 Male | Stephen | Penkhus | Johns Island | SC | M | 16:27.50 | 1 | G | X |
| Cycling Time Trial - 10K | 75-79 Male | Bill | Earp | Independence | MO | M | 17:05.2 | 2 | S | X |
| Cycling Time Trial - 10K | 75-79 Male | Hollis | Anderson | Lincoln | NE | M | 19:32.72 | 3 | B | X |
| Cycling Time Trial - 10K | 75-79 Male | Earl | Hill | Britt | IA | M | 25:28.3 | 1 | G | X |
| Cycling Time Trial - 10K | 75-79 Male | John | Weber | Creston | IA | M | 31:15.68 | 2 | S | X |
| | | | | | | | | | | |
| Cycling Time Trial - 10K | 80-84 Male | John | Hartwig | Ankeny | IA | M | 19:10.15 | 1 | G | X |
| Cycling Time Trial - 10K | 80-84 Male | Colin | McBee | West Des Moines | IA | M | 24:44.57 | 2 | S | X |